

Form **990-PF**
 Department of the Treasury
 Internal Revenue Service

**Return of Private Foundation
 or Section 4947(a)(1) Trust Treated as Private Foundation**

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 ▶ Go to www.irs.gov/Form990PF for instructions and the latest information.

OMB No. 1545-0052
2019
Open to Public Inspection

For calendar year 2019, or tax year beginning 07-01-2019, and ending 06-30-2020

Name of foundation The Mental Wellness Foundation Inc		A Employer identification number 52-2287352	
Number and street (or P.O. box number if mail is not delivered to street address) 8171 Maple Lawn Blvd	Room/suite	B Telephone number (see instructions) (240) 295-1600	
City or town, state or province, country, and ZIP or foreign postal code Fulton, MD 20759		C If exemption application is pending, check here <input type="checkbox"/>	
G Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		D 1. Foreign organizations, check here..... <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation ... <input type="checkbox"/>	
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>	
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) ▶ \$ <u>18,238,601</u>		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>	
J Accounting method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d) must be on cash basis.)			

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions).)</small>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received (attach schedule)	376,580			
	2 Check <input type="checkbox"/> if the foundation is not required to attach Sch. B				
	3 Interest on savings and temporary cash investments	29,479	29,479		
	4 Dividends and interest from securities	227,815	227,815		
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	317,667			
	b Gross sales price for all assets on line 6a	1,809,493			
	7 Capital gain net income (from Part IV, line 2)		317,667		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less: Cost of goods sold					
c Gross profit or (loss) (attach schedule)	0				
11 Other income (attach schedule)	1,051	1,051			
12 Total. Add lines 1 through 11	952,592	576,012			
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc.				
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees (attach schedule)	14,719	14,665		54
	b Accounting fees (attach schedule)	16,397	9,561		6,836
	c Other professional fees (attach schedule)	0			
	17 Interest				
	18 Taxes (attach schedule) (see instructions)	10,000			
	19 Depreciation (attach schedule) and depletion	0			
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule)	23,310	22,976		334
	24 Total operating and administrative expenses. Add lines 13 through 23	64,426	47,202		7,224
	25 Contributions, gifts, grants paid	975,000			975,000
26 Total expenses and disbursements. Add lines 24 and 25	1,039,426	47,202		982,224	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	-86,834				
b Net investment income (if negative, enter -0-)		528,810			
c Adjusted net income (if negative, enter -0-)					

Part II Balance Sheets Attached schedules and amounts in the description column should be for end-of-year amounts only. (See instructions.)

		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash—non-interest-bearing			
	2 Savings and temporary cash investments	9,610	294,094	294,094
	3 Accounts receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	4 Pledges receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)		0	
	7 Other notes and loans receivable (attach schedule) ▶ _____ Less: allowance for doubtful accounts ▶ _____		0	
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments—U.S. and state government obligations (attach schedule)	177,484	256,312	256,312
	b Investments—corporate stock (attach schedule)	17,550,309	16,066,785	16,066,785
	c Investments—corporate bonds (attach schedule)	615,411	360,911	360,911
	11 Investments—land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____		0	
	12 Investments—mortgage loans			
	13 Investments—other (attach schedule)	1,272,336	1,260,499	1,260,499
	14 Land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____		0	
15 Other assets (describe ▶ _____)	0	0	0	
16 Total assets (to be completed by all filers—see the instructions. Also, see page 1, item I)	19,625,150	18,238,601	18,238,601	
Liabilities	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons		0	
	21 Mortgages and other notes payable (attach schedule).		0	
	22 Other liabilities (describe ▶ _____)	0	0	
	23 Total liabilities (add lines 17 through 22)		0	
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 24, 25, 29 and 30.			
	24 Net assets without donor restrictions	19,625,150	18,238,601	
	25 Net assets with donor restrictions			
	Foundations that do not follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 26 through 30.			
	26 Capital stock, trust principal, or current funds			
	27 Paid-in or capital surplus, or land, bldg., and equipment fund			
	28 Retained earnings, accumulated income, endowment, or other funds			
29 Total net assets or fund balances (see instructions)	19,625,150	18,238,601		
30 Total liabilities and net assets/fund balances (see instructions) .	19,625,150	18,238,601		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year—Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	19,625,150
2 Enter amount from Part I, line 27a	2	-86,834
3 Other increases not included in line 2 (itemize) ▶ _____	3	
4 Add lines 1, 2, and 3	4	19,538,316
5 Decreases not included in line 2 (itemize) ▶ _____	5	1,299,715
6 Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 29 .	6	18,238,601

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1 a See Attached	P	2013-03-06	2020-06-22
b See Attached	P	2018-12-18	2020-06-03
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 1,304,481	0	998,838	305,643
b 505,012	0	492,988	12,024
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a 0	0	0	305,643
b 0	0	0	12,024
c			
d			
e			

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	317,667
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8	{	3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No
 If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2018	780,667	18,260,005	0.042753
2017	153,752	15,736,215	0.009771
2016	35,768	4,340,993	0.008240
2015	39,490	3,936,445	0.010032
2014	211,939	4,158,565	0.050964
2 Total of line 1, column (d)			2 0.121760
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years			3 0.024352
4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5			4 19,664,225
5 Multiply line 4 by line 3			5 478,863
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 5,288
7 Add lines 5 and 6			7 484,151
8 Enter qualifying distributions from Part XII, line 4			8 982,224

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

Table with 11 rows for excise tax calculation. Includes questions about exempt foundations, tax under section 511, and tax due. Total amount owed is 11,949.

Part VII-A Statements Regarding Activities

Table with 10 rows for activity statements. Includes questions about political campaigns, political expenditures, and state reporting. Includes Yes/No columns.

Part VII-A Statements Regarding Activities (continued)

11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions.
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address N/A
14 The books are in care of Realty Investment Co Inc Telephone no. (240) 295-1600
Located at 8171 Maple Lawn Blvd Fulton MD ZIP+4 20759
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 -check here and enter the amount of tax-exempt interest received or accrued during the year. 15
16 At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes", enter the name of the foreign country

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.
1a During the year did the foundation (either directly or indirectly):
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions. Organizations relying on a current notice regarding disaster assistance check here.
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019?
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):
a At the end of tax year 2019, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2019? If "Yes," list the years 20, 20, 20, 20
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement-see instructions.)
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. 20, 20, 20, 20
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?
b If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period?(Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2019.)
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over \$50,000 for professional services. ▶		0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 None None None	0
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount	
1 None None None	0	
2		
All other program-related investments. See instructions.		
3		
Total. Add lines 1 through 3 ▶		0

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities.	1a	19,623,065
b	Average of monthly cash balances.	1b	340,615
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	19,963,680
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	
3	Subtract line 2 from line 1d.	3	19,963,680
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	299,455
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	19,664,225
6	Minimum investment return. Enter 5% of line 5.	6	983,211

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	983,211
2a	Tax on investment income for 2019 from Part VI, line 5.	2a	5,288
b	Income tax for 2019. (This does not include the tax from Part VI.).	2b	
c	Add lines 2a and 2b.	2c	5,288
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	977,923
4	Recoveries of amounts treated as qualifying distributions.	4	
5	Add lines 3 and 4.	5	977,923
6	Deduction from distributable amount (see instructions).	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	977,923

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	982,224
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	982,224
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions.	5	5,288
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	976,936

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				977,923
2 Undistributed income, if any, as of the end of 2019:				
a Enter amount for 2018 only.			893,223	
b Total for prior years: 20____, 20____, 20____				
3 Excess distributions carryover, if any, to 2019:				
a From 2014.	0			
b From 2015.	0			
c From 2016.	0			
d From 2017.	0			
e From 2018.	0			
f Total of lines 3a through e.	0			
4 Qualifying distributions for 2019 from Part XII, line 4: ▶ \$ <u>982,224</u>				
a Applied to 2018, but not more than line 2a			893,223	
b Applied to undistributed income of prior years (Election required—see instructions).				
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2019 distributable amount.				89,001
e Remaining amount distributed out of corpus	0			
5 Excess distributions carryover applied to 2019. (If an amount appears in column (d), the same amount must be shown in column (a).)				
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0			
b Prior years' undistributed income. Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.				
d Subtract line 6c from line 6b. Taxable amount—see instructions		0		
e Undistributed income for 2018. Subtract line 4a from line 2a. Taxable amount—see instructions			0	
f Undistributed income for 2019. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020				888,922
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).				
8 Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions).	0			
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a	0			
10 Analysis of line 9:				
a Excess from 2015.	0			
b Excess from 2016.	0			
c Excess from 2017.	0			
d Excess from 2018.	0			
e Excess from 2019.	0			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling. ▶

b Check box to indicate whether the organization is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed

	Tax year				(e) Total
	(a) 2019	(b) 2018	(c) 2017	(d) 2016	
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					

3 Complete 3a, b, or c for the alternative test relied upon:

a "Assets" alternative test—enter:

(1) Value of all assets

(2) Value of assets qualifying under section 4942(j)(3)(B)(i)

b "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed. . .

c "Support" alternative test—enter:

(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)

(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii).

(3) Largest amount of support from an exempt organization

(4) Gross investment income

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year—see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).) See Additional Data Table

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.
None

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. to individuals or organizations under other conditions, complete items 2a, b, c, and d. See instructions

a The name, address, and telephone number or email address of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV **Supplementary Information** (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a Paid during the year See Attached See Attached See Attached, MD 20759		0	See Attached	975,000
Total ▶ 3a				975,000
b Approved for future payment See Attached See Attached See Attached, MD 20759		See Att	See Attached	80,000
Total ▶ 3b				80,000

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation				
(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Barbara Bainum 8171 Maple Lawn BlvdFulton, MD 20759	President/Chair 0.50	0	0	0
Christine A Shreve 8171 Maple Lawn BlvdFulton, MD 20759	Sec/Treas 0.50	0	0	0
Wilfried Busse 8171 Maple Lawn BlvdFulton, MD 20759	Director 0.50	0	0	0
Scott Renschler 8171 Maple Lawn BlvdFulton, MD 20759	Director 0.50	0	0	0
Katherine Renschler 8171 Maple Lawn BlvdFulton, MD 20759	Director 0.50	0	0	0
Todd Renschler 8171 Maple Lawn BlvdFulton, MD 20759	Director 0.50	0	0	0
Amanda Renschler 8171 Maple Lawn Blvd 375 Fulton, MD 20759	Director 0.50	0	0	0

Form 990PF Part XV Line 1a - List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000).

See Attached
Barbara Bainum Wilfried Busse Realt
Contributed 2 of the total contribu
Directors Barbara Bainum and Scott
Todd Renschler is a stockholder of
Treasurer is President and a Direct

TY 2019 Accounting Fees Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Realty Investment Co, Inc Accounting Services	12,283	9,561		2,722
Violeta Walker Accounting Services	4,114			4,114

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2019 Gain/Loss from Sale of Other Assets Schedule

Name: The Mental Wellness Foundation Inc

EIN: 52-2287352

Gain Loss Sale Other Assets Schedule

Name	Date Acquired	How Acquired	Date Sold	Purchaser Name	Gross Sales Price	Basis	Basis Method	Sales Expenses	Total (net)	Accumulated Depreciation
					1,809,493	1,491,826			317,667	

TY 2019 Investments Corporate Bonds Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**Investments Corporate Bonds Schedule**

Name of Bond	End of Year Book Value	End of Year Fair Market Value
Chevy Chase Trust - See Attached Details	360,911	360,911

TY 2019 Investments Corporate Stock Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**Investments Corporation Stock Schedule**

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Chevy Chase Trust - See Attached Details	16,066,785	16,066,785

TY 2019 Investments Government Obligations Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**US Government Securities - End
of Year Book Value:****US Government Securities - End
of Year Fair Market Value:****State & Local Government
Securities - End of Year Book
Value:**

256,312

**State & Local Government
Securities - End of Year Fair
Market Value:**

256,312

TY 2019 Investments - Other Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**Investments Other Schedule 2**

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
Vanguard Mutual Funds		1,201,958	1,201,958
Chevy Chase Trust Mutual Funds		58,541	58,541

TY 2019 Legal Fees Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Caplin & Drysdale Legal	54			54
Venable LLC Legal	14,665	14,665		

TY 2019 Other Decreases Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352

Description	Amount
Change in unrealized loss on investment	1,299,715

TY 2019 Other Expenses Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Investment Fees	22,976	22,976		
Domain Name	156			156
Tax Software	131			131
Telephone	47			47

TY 2019 Other Income Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352**Other Income Schedule**

Description	Revenue And Expenses Per Books	Net Investment Income	Adjusted Net Income
Other Income	1,051	1,051	

TY 2019 Taxes Schedule**Name:** The Mental Wellness Foundation Inc**EIN:** 52-2287352

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Excise Tax	10,000			

Schedule B
(Form 990, 990-EZ,
or 990-PF)
Department of the Treasury
Internal Revenue Service

Schedule of Contributors
▶ Attach to Form 990, 990-EZ, or 990-PF.
▶ Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047
2019

Name of the organization
The Mental Wellness Foundation Inc

Employer identification number
52-2287352

Organization type (check one):

Filers of:

Section:

Form 990 or 990-EZ

- 501(c)() (enter number) organization
- 4947(a)(1) nonexempt charitable trust **not** treated as a private foundation
- 527 political organization

Form 990-PF

- 501(c)(3) exempt private foundation
- 4947(a)(1) nonexempt charitable trust treated as a private foundation
- 501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.
Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

- For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or other property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

- For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33¹/₃% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h, or (ii) Form 990-EZ, line 1. Complete Parts I and II.
- For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.
- For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year ▶ \$ _____

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

Name of organization
The Mental Wellness Foundation Inc

Employer identification number
52-2287352

Part I

Contributors (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	Jane Bainum 8171 Maple Lawn Blvd Suite 375 Fulton, MD 20759	\$ 376,580	<input checked="" type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)
		\$	<input type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)
		\$	<input type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)
		\$	<input type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)
		\$	<input type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)
		\$	<input type="checkbox"/> Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash (Complete Part II for noncash contributions.)

Name of organization
The Mental Wellness Foundation Inc

Employer identification number
52-2287352

Part II Noncash Property

(a) No. from Part I	(b) Description of noncash property given <small>(see instructions). Use duplicate copies of Part II if additional space is needed.</small>	(c) FMV (or estimate) <small>(See instructions)</small>	(d) Date received
-	_____ _____ _____	_____ \$	_____
-	_____ _____ _____	_____ \$	_____
-	_____ _____ _____	_____ \$	_____
-	_____ _____ _____	_____ \$	_____
-	_____ _____ _____	_____ \$	_____

Name of organization
The Mental Wellness Foundation Inc

Employer identification number

52-2287352

Part III Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this information once. See instructions.) ▶ \$ _____
Use duplicate copies of Part III if additional space is needed.

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	_____ _____	_____ _____	_____ _____
(e) Transfer of gift			
Transferee's name, address, and ZIP 4		Relationship of transferor to transferee	
_____ _____		_____ _____	

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	_____ _____	_____ _____	_____ _____
(e) Transfer of gift			
Transferee's name, address, and ZIP 4		Relationship of transferor to transferee	
_____ _____		_____ _____	

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	_____ _____	_____ _____	_____ _____
(e) Transfer of gift			
Transferee's name, address, and ZIP 4		Relationship of transferor to transferee	
_____ _____		_____ _____	

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	_____ _____	_____ _____	_____ _____
(e) Transfer of gift			
Transferee's name, address, and ZIP 4		Relationship of transferor to transferee	
_____ _____		_____ _____	

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF - July 1, 2019- June 30, 2020
Part XV, Line 3 (a)
Grants and Contributions paid during the year

SCHEDULE 2

Recipient Name	Recipient Address	Status of Recipient	Purpose of Grant	Amount
Denise Louie Education Center	1930 Sixth Avenue South #401 Seattle, WA 98134	501(c)(3)	Early Education	\$ 60,000.00
Downtown Emergency Service Center	515 Third Ave Seattle, WA 98104	501(c)(3)	Housing Assistance	\$ 50,000.00
Equal Rights Advocacy Inc	1170 Market Street Suite 700 San Francisco, CA 94102	501(c)(3)	Social Justice	\$ 30,000.00
Family Works	1501 N 45th Street Seattle, WA 98103	501(c)(3)	Life Skills for people with cognitive disabilities	\$ 20,000.00
FareStart	700 Virginia Street Seattle, WA 98101	501(c)(3)	Hunger Assistance	\$ 12,500.00
Help A Mother Out	101 Broadway, Suite 250 Oakland, CA 94607	501(c)(3)	Infant Assistance	\$ 30,000.00
Homeless Prenatal Program	2500 18th Street San Francisco, CA 94110	501(c)(3)	Infant Assistance	\$ 30,000.00
House DC	PO Box 30958 Washington, DC 20030	501(c)(3)	Education	\$ 22,500.00
Johns Hopkins University	615 N Wolfe Street, E2132 Baltimore, MD 21205	501(c)(3)	Medical Research	\$ 100,000.00
Legal Aid Bureau Inc	500 E Lexington Street Baltimore, MD 21202	501(c)(3)	Social Justice	\$ 75,000.00
Mary's Place	PO Box 1711 Seattle, WA 98111	501(c)(3)	Housing Assistance	\$ 50,000.00

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF - July 1, 2019- June 30, 2020
Part XV, Line 3 (a)
Grants and Contributions paid during the year

SCHEDULE 2

Recipient Name	Recipient Address	Status of Recipient	Purpose of Grant	Amount
Men Can Stop Rape	1130 6th Street NW Washington DC 20001	501(c)(3)	Operating Support	\$ 10,000.00
Mercy Housing Northwest	6930 Martin Luther King Jr Way, S. Seattle, WA 98118	501(c)(3)	Housing Assistance	\$ 50,000.00
Nurse Family Partnership	1900 Grant Street 4th Floor Denver CO 80203	501(c)(3)	Infant nurse programs	\$ 30,000.00
Philanthropy Northwest	2101 Fourth Avenue, Suite 650 Seattle, WA 98121	501(c)(3)	Food Fund	\$ 12,500.00
Plymouth Housing Group	2113 Third Avenue Seattle, WA 98121	501(c)(3)	Housing Assistance	\$ 50,000.00
The Pro Bono Counseling Project	110 West Road, Suite 202 Baltimore, MD 21204	501(c)(3)	Mental Health	\$ 90,000.00
Project Drawdown	3450 Sacramento Street #506 San Francisco, CA 94118	501(c)(3)	Climate change solutions	\$ 50,000.00
Restore A Child Inc	9672 Sandpiper Lane West Palm Beach, FL 33411	501(c)(3)	Basic Needs for Orphans and underprivileged children	\$ 60,000.00
San Francisco Marin Food Bank	2550 Kerner Boulevard San Rafael, CA 94901	501(c)(3)	Food Bank	\$ 12,500.00
Solid Ground Washington	1501 North 45th Street Seattle, WA 98103	501(c)(3)	Housing Assistance	\$ 20,000.00

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF - July 1, 2019- June 30, 2020
Part XV, Line 3 (a)
Grants and Contributions paid during the year

SCHEDULE 2

Recipient Name	Recipient Address	Status of Recipient	Purpose of Grant	Amount
Success Academy	95 Pine Street, Floor 6 New York, NY 10005	501(c)(3)	Education	\$ 25,000.00
Turning the Page	323 11th Street NE Washington, DC 20002	501(c)(3)	Parent Engagement	\$ 10,000.00
University of Maryland College Park Foundation	1308 East Benjamin Building College Park MD 20742	501(c)(3)	Early Childhood Intervention	\$ 32,500.00
Water for People	100 E. Tennessee Ave Denver, CO 80209	501(c)(3)	Clean Water Access programs	\$ 12,500.00
Wu Yee Children's Services	827 Broadway Street San Francisco, CA 94133	501(c)(3)	Early Education	\$ 30,000.00
			TOTAL GRANTS	\$ 975,000.00

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF - July 1, 2019- June 30, 2020
Part XV, Line 3 (b)
Approved for future payment

SCHEDULE 3

Recipient Name	Recipient Address	Status of Recipient	Purpose of Grant	Amount
Solid Ground Washington	1501 North 45th Street Seattle, WA 98103	501(c)(3)	Housing Assistance	\$ 40,000.00
Family Works	1501 N 45th Street Seattle, WA 98103	501(c)(3)	Life Skills for people with cognitive disabilities	\$ 40,000.00
TOTAL FUTURE GRANTS				\$ 80,000.00