

Form **990-PF**Department of the Treasury
Internal Revenue Service**Return of Private Foundation**

or Section 4947(a)(1) Trust Treated as Private Foundation

Do not enter social security numbers on this form as it may be made public

Go to www.irs.gov/Form990PF for instructions and the latest information

OMB No 1545-0047

2019

Open to Public Inspection

For calendar year 2019 or tax year beginning

06/01, 2019, and ending

05/31, 2020

Name of foundation

GLEN & CYNTHIA POST FDN-IXIS

A Employer identification number

58-6463580

Number and street (or P O box number if mail is not delivered to street address)

Room/suite

B Telephone number (see instructions)

888-866-3275

114 W 47TH ST, NY8-114-07-07 AFT

City or town, state or province, country, and ZIP or foreign postal code

NEW YORK, NY 10036-1510

G Check all that apply:

☐ Initial return☐ Initial return of a former public charity☐ Final return☐ Amended return☒ Address change☐ Name change

H Check type of organization:

☒ Section 501(c)(3) exempt private foundation☐ Section 4947(a)(1) nonexempt charitable trust☐ Other taxable private foundation

I Fair market value of all assets at

end of year (from Part II, col. (c), line

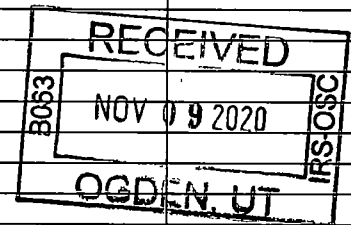
16) \$ 4,293,044.

J Accounting method: ☒ Cash ☐ Accrual☐ Other (specify)

(Part I, column (d), must be on cash basis)

C If exemption application is pending, check here ☐D 1 Foreign organizations, check here ☐2 Foreign organizations meeting the 85% test, check here and attach computation ☐E If private foundation status was terminated under section 507(b)(1)(A), check here ☐F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐**Part I Analysis of Revenue and Expenses** (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))

	(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received (attach schedule)	255,800.			
2 Check ☐ if the foundation is not required to attach Sch. B.				
3 Interest on savings and temporary cash investments.				
4 Dividends and interest from securities	124,881.	123,920.		STMT 1
5a Gross rents				
b Net rental income or (loss)				
6a Net gain or (loss) from sale of assets not on line 10	461,792.			
b Gross sales price for all assets on line 6a	2,230,168.			
7 Capital gain net income (from Part IV, line 2)		461,792.		
8 Net short-term capital gain				
9 Income modifications				
10a Gross sales less returns and allowances				
b Less Cost of goods sold				
c Gross profit or (loss) (attach schedule)				
11 Other income (attach schedule)	160.			STMT 2
12 Total. Add lines 1 through 11	842,633.	585,712.		
13 Compensation of officers, directors, trustees, etc.				
14 Other employee salaries and wages		NONE	NONE	
15 Pension plans, employee benefits		NONE	NONE	
16a Legal fees (attach schedule)				
b Accounting fees (attach schedule)				
c Other professional fees (attach schedule)	50,672.	30,403.		20,269.
17 Interest				
18 Taxes (attach schedule) (see instructions)	2,192.	2,192.		
19 Depreciation (attach schedule) and depletion				
20 Occupancy				
21 Travel, conferences, and meetings		NONE	NONE	
22 Printing and publications		NONE	NONE	
23 Other expenses (attach schedule)	596.			596.
24 Total operating and administrative expenses. Add lines 13 through 23.	53,460.	32,595.	NONE	20,865.
25 Contributions, gifts, grants paid	286,514.			286,514.
26 Total expenses and disbursements. Add lines 24 and 25	339,974.	32,595.	NONE	307,379.
27 Subtract line 26 from line 12				
a Excess of revenue over expenses and disbursements	502,659.			
b Net investment income (if negative, enter -0-)		553,117.		
c Adjusted net income (if negative, enter -0-)				

SCANNED NOV 02 2021
Operating and Administrative Expenses

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			
		Beginning of year (a) Book Value	End of year (b) Book Value (c) Fair Market Value		
Assets	1	Cash - non-interest-bearing	18,998.	1,076.	1,076.
	2	Savings and temporary cash investments	49,436.	60,527.	60,527.
	3	Accounts receivable ▶			
		Less allowance for doubtful accounts ▶			
	4	Pledges receivable ▶			
		Less allowance for doubtful accounts ▶			
	5	Grants receivable			
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7	Other notes and loans receivable (attach schedule) ▶			
		Less allowance for doubtful accounts ▶	NONE		
	8	Inventories for sale or use			
	9	Prepaid expenses and deferred charges			
	10a	Investments - U S and state government obligations (attach schedule)	148,439.	184,314.	228,748.
	b	Investments - corporate stock (attach schedule)	2,053,046.	2,218,874.	2,595,578.
	c	Investments - corporate bonds (attach schedule)	678,109.	703,853.	756,636.
	Liabilities	11	Investments - land, buildings, and equipment basis		
		Less accumulated depreciation (attach schedule) ▶			
12		Investments - mortgage loans			
13		Investments - other (attach schedule)	642,400.	701,003.	650,479.
14		Land, buildings, and equipment basis			
		Less accumulated depreciation (attach schedule) ▶			
15		Other assets (describe ▶)			
16		Total assets (to be completed by all filers - see the instructions Also, see page 1, item I)	3,590,428.	3,869,647.	4,293,044.
17		Accounts payable and accrued expenses			
18		Grants payable			
Net Assets or Fund Balances	19	Deferred revenue			
	20	Loans from officers, directors, trustees, and other disqualified persons.			
	21	Mortgages and other notes payable (attach schedule)			
	22	Other liabilities (describe ▶)			
23	Total liabilities (add lines 17 through 22)		NONE		
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here ▶ ☐				
	Foundations that do not follow FASB ASC 958, check here ▶ ☒				
	24	Net assets without donor restrictions			
	25	Net assets with donor restrictions			
	26	Capital stock, trust principal, or current funds	3,590,428.	3,869,647.	
	27	Paid-in or capital surplus, or land, bldg, and equipment fund.			
	28	Retained earnings, accumulated income, endowment, or other funds			
	29	Total net assets or fund balances (see instructions)	3,590,428.	3,869,647.	
30	Total liabilities and net assets/fund balances (see instructions)	3,590,428.	3,869,647.		

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	3,590,428.
2	Enter amount from Part I, line 27a	2	502,659.
3	Other increases not included in line 2 (itemize) ▶	3	
4	Add lines 1, 2, and 3	4	4,093,087.
5	Decreases not included in line 2 (itemize) ▶	5	223,440.
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 29	6	3,869,647.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)			(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo, day, yr)	(d) Date sold (mo, day, yr)
1 a PUBLICLY TRADED SECURITIES					
b					
c					
d					
e					
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)		
a 2,230,168.		1,767,728.	462,440.		
b					
c					
d					
e					
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(i) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))		
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any			
a			462,440.		
b					
c					
d					
e					
2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }			2	461,792.	
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6). If gain, also enter in Part I, line 8, column (c). See instructions If (loss), enter -0- in Part I, line 8			3		

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation doesn't qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries			
(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2018	188,506.	4,076,278.	0.046245
2017	118,768.	4,142,798.	0.028669
2016	204,123.	3,843,802.	0.053104
2015	222,460.	3,743,435.	0.059427
2014	114,280.	3,932,901.	0.029057
2 Total of line 1, column (d)			2 0.216502
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years			3 0.043300
4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5			4 4,205,332.
5 Multiply line 4 by line 3.			5 182,091.
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 5,531.
7 Add lines 5 and 6			7 187,622.
8 Enter qualifying distributions from Part XII, line 4 If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.			8 307,379.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1			
Date of ruling or determination letter _____ (attach copy of letter if necessary - see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b		1	5,531.
c All other domestic foundations enter 2% of line 27b Exempt foreign organizations, enter 4% of Part I, line 12, col (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		2	NONE
3 Add lines 1 and 2		3	5,531.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		4	NONE
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	5,531.
6 Credits/Payments			
a 2019 estimated tax payments and 2018 overpayment credited to 2019	6a	2,064.	
b Exempt foreign organizations - tax withheld at source	6b	NONE	
c Tax paid with application for extension of time to file (Form 8868)	6c	NONE	
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	2,064.	
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	3,467.	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10		
11 Enter the amount of line 10 to be Credited to 2020 estimated tax ☐ NONE Refunded ☐	11		

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition		X
If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation ☐ \$ (2) On foundation managers ☐ \$		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS?		X
If "Yes," attach a detailed description of the activities		
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year?		X
If "Yes," attach the statement required by General Instruction T		
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered. See instructions ☐ GA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2019 or the tax year beginning in 2019? See the instructions for Part XIV. If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

Part VII-A Statements Regarding Activities (continued)

	Yes	No
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule See instructions		X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement See instructions		X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address <u>N/A</u>	X	
14 The books are in care of <u>SEE STATEMENT 23</u> Telephone no <u></u> Located at <u></u> ZIP+4 <u></u>		
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here and enter the amount of tax-exempt interest received or accrued during the year		15
16 At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for FinCEN Form 114 If "Yes," enter the name of the foreign country <u></u>		X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year, did the foundation (either directly or indirectly) (1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☐ Yes ☒ No (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No (6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) ☐ Yes ☒ No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions Organizations relying on a current notice regarding disaster assistance, check here ☐	1b	
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)) - a At the end of tax year 2019, did the foundation have any undistributed income (Part XIII, lines 6d and 6e) for tax year(s) beginning before 2019? ☐ Yes ☒ No If "Yes," list the years <u></u> - b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions) - c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here <u></u>	2b	
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No		
b If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Form 4720, Schedule C, to determine if the foundation had excess business holdings in 2019)	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?	4b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

	Yes	No
5a During the year, did the foundation pay or incur any amount to:		
(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes	☒ No
(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	☐ Yes	☒ No
(3) Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes	☒ No
(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions	☐ Yes	☒ No
(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes	☒ No
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions		
Organizations relying on a current notice regarding disaster assistance, check here	☐	
c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	☐ Yes	☐ No
If "Yes," attach the statement required by Regulations section 53.4945-5(d)		
6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	☐ Yes	☒ No
b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		☒
If "Yes" to 6b, file Form 8870		
7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	☐ Yes	☒ No
b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?		
8 Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?	☐ Yes	☒ No

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**1 List all officers, directors, trustees, and foundation managers and their compensation. See instructions.**

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
GLEN F POST III	TRUSTEE			
198 NAOMI DRIVE, FARMERVILLE, LA 71241	1	-0-	-0-	-0-
CYNTHIA S POST	TRUSTEE			
198 NAOMI DRIVE, FARMERVILLE, LA 71241	1	-0-	-0-	-0-

2 Compensation of five highest-paid employees (other than those included on line 1 - see instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE		NONE	NONE	NONE

Total number of other employees paid over \$50,000 NONE

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Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors *(continued)*

3 Five highest-paid independent contractors for professional services. See instructions. If none, enter "NONE."

[illegible]

Total number of others receiving over \$50,000 for professional services	▶	NONE
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Part IX-A	Summary of Direct Charitable Activities
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List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.		Expenses
1	NONE	
2		
3		
4		

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 <u>NONE</u>	
2	
All other program-related investments See instructions	
3 <u>NONE</u>	
Total. Add lines 1 through 3	

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	4,186,201.
b	Average of monthly cash balances	1b	83,172.
c	Fair market value of all other assets (see instructions).	1c	NONE
d	Total (add lines 1a, b, and c)	1d	4,269,373.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	
2	Acquisition indebtedness applicable to line 1 assets	2	NONE
3	Subtract line 2 from line 1d.	3	4,269,373.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	64,041.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	4,205,332.
6	Minimum investment return. Enter 5% of line 5	6	210,267.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	210,267.
2a	Tax on investment income for 2019 from Part VI, line 5	2a	5,531.
b	Income tax for 2019 (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b.	2c	5,531.
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	204,736.
4	Recoveries of amounts treated as qualifying distributions.	4	NONE
5	Add lines 3 and 4	5	204,736.
6	Deduction from distributable amount (see instructions).	6	NONE
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	204,736.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26.	1a	307,379.
b	Program-related investments - total from Part IX-B.	1b	
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	NONE
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	NONE
b	Cash distribution test (attach the required schedule)	3b	NONE
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	307,379.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions.	5	5,531.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	301,848.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				204,736.
2 Undistributed income, if any, as of the end of 2019				
a Enter amount for 2018 only.			NONE	
b Total for prior years 20____, 20____, 20____		NONE		
3 Excess distributions carryover, if any, to 2019				
a From 2014	NONE			
b From 2015	19,014.			
c From 2016	16,437.			
d From 2017	NONE			
e From 2018	NONE			
f Total of lines 3a through e	35,451.			
4 Qualifying distributions for 2019 from Part XII, line 4 ▶ \$ 307,379.				
a Applied to 2018, but not more than line 2a . . .			NONE	
b Applied to undistributed income of prior years (Election required - see instructions)		NONE		
c Treated as distributions out of corpus (Election required - see instructions)	NONE			
d Applied to 2019 distributable amount				204,736.
e Remaining amount distributed out of corpus. . .	102,643.			
5 Excess distributions carryover applied to 2019 (If an amount appears in column (d), the same amount must be shown in column (a))	NONE			NONE
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	138,094.			
b Prior years' undistributed income Subtract line 4b from line 2b.		NONE		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		NONE		
d Subtract line 6c from line 6b Taxable amount - see instructions		NONE		
e Undistributed income for 2018 Subtract line 4a from line 2a Taxable amount - see instructions			NONE	
f Undistributed income for 2019 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2020				NONE
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	NONE			
8 Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions) . . .	NONE			
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a	138,094.			
10 Analysis of line 9				
a Excess from 2015 . . .	19,014.			
b Excess from 2016 . . .	16,437.			
c Excess from 2017 . . .	NONE			
d Excess from 2018 . . .	NONE			
e Excess from 2019 . . .	102,643.			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

~~NOT APPLICABLE~~

- 1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling

- | | | | | |
|---|--|--|---------------|------------|
| b Check box to indicate whether the foundation is a private operating foundation described in section | | | 4942(j)(3) or | 4942(j)(5) |
|---|--|--|---------------|------------|

- 2a** Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed.

[illegible]

- b** 85% of line 2a

- C** Qualifying distributions from Part XII, line 4, for each year listed . . .

- d** Amounts included in line 2c not used directly for active conduct of exempt activities

- e** Qualifying distributions made directly for active conduct of exempt activities Subtract line 2d from line 2c

- 3** Complete 3a, b, or c for the alternative test relied upon . . .

- a "Assets" alternative test - enter**

- (1) Value of all assets-
(2) Value of assets qualifying
under section
4942(j)(3)(B)(i).

- b** "Endowment" alternative test—enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed.

- C** "Support" alternative test - enter

- (1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)

- (2) Support from general public and 5 or more exempt organizations as provided in section 4942 (i)(3)(B)(iii)

- (3) Largest amount of support from an exempt organization. . . .

- (4) Gross investment income .**

Part XV **Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year - see instructions.)**

1 Information Regarding Foundation Managers:

- a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2))

N/A

- b** List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

N/A

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☒ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc., to individuals or organizations under other conditions, complete items 2a, b, c, and d. See instructions.

- a** The name, address, and telephone number or email address of the person to whom applications should be addressed:

- b** The form in which applications should be submitted and information and materials they should include.

- c Any submission deadlines:**

- d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV Supplementary Information (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a Paid during the year				
WEST LAUREL CHURCH OF CHRIST SALINAS 145 GRIFFIN STREET SALINAS CA 93901	N/A	PC	UNRESTRICTED GENERAL SUPPORT	18,720.
SOUTHERN CENTER FOR CHILDREN AND FAMILIES 622 RIVERSIDE DRIVE MONROE LA 71201	N/A	PC	UNRESTRICTED GENERAL SUPPORT	227,105.
UNION CHRISTIAN ACADEMY 110 W HILL STREET FARMERVILLE LA 71241	N/A	PC	SCHOLARSHIPS	40,689.
Total			3a	286,514.
b Approved for future payment				
Total			3b	

Part XVII Information Regarding Transfers to and Transactions and Relationships With Noncharitable Exempt Organizations

- | | | Yes | No |
|----|--|-------|----|
| 1. | Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) (other than section 501(c)(3) organizations) or in section 527, relating to political organizations? | | |
| a | Transfers from the reporting foundation to a noncharitable exempt organization of: | | |
| | (1) Cash | 1a(1) | X |
| | (2) Other assets | 1a(2) | X |
| b | Other transactions: | | |
| | (1) Sales of assets to a noncharitable exempt organization | 1b(1) | X |
| | (2) Purchases of assets from a noncharitable exempt organization | 1b(2) | X |
| | (3) Rental of facilities, equipment, or other assets | 1b(3) | X |
| | (4) Reimbursement arrangements | 1b(4) | X |
| | (5) Loans or loan guarantees | 1b(5) | X |
| | (6) Performance of services or membership or fundraising solicitations | 1b(6) | X |
| c | Sharing of facilities, equipment, mailing lists, other assets, or paid employees | 1c | X |
| d | If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received. | | |

[illegible]

- 2a** Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No
- b** If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

**(Sign
Here)**

▶ Glen J Post, III
Signature of officer or trustee

09/29/2020
Date

► TRUSTEE
Title

May the IRS discuss this return with the preparer shown below? See instructions ☒ Yes ☐ No

GLEN F POST III

Print/Type preparer's name	
----------------------------	--

Preparer's signature

Karen / Keri

Date

09/29/2020

Check ☐ if self-employed

PTIN	
------	--

P00146417

**Paid
Preparer
Use Only**

Firm's name ► BANK OF AMERICA

Firm's address ► P O BOX 1802
PROVIDENCE,

02901-1802

Firm's EIN	▶ 94-1687665
------------	--------------

Phone no. 888-866-3275

Schedule of Contributors

OMB No 1545-0047

2019

▶ Attach to Form 990, Form 990-EZ, or Form 990-PF.
▶ Go to www.irs.gov/Form990 for the latest information.

Name of the organization

Employer identification number

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

Organization type (check one):

Filers of:

Section:

Form 990 or 990-EZ

☐

501(c)() (enter number) organization

☐

4947(a)(1) nonexempt charitable trust **not** treated as a private foundation

☐

527 political organization

Form 990-PF

☒

501(c)(3) exempt private foundation

☐

4947(a)(1) nonexempt charitable trust treated as a private foundation

☐

501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.

Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

☒

For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

☐

For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.

☐

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.

☐

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year. ▶ \$

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

Name of organization

GLEN & CYNTHIA POST FDN-IXIS

Employer identification number

58-6463580

Part I Contributors (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	GLEN AND CYTHIA POST 198 NAOMI DRIVE FARMERVILLE, LA 71241-4700	\$ 255,800.	Person ☒ Payroll ☐ Noncash ☒ (Complete Part II for noncash contributions)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)

Employer identification number

58-6463580

[illegible]

FORM 990PF, PART I - DIVIDENDS AND INTEREST FROM SECURITIES

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME
-----	-----	-----
USGI REPORTED AS NONQUALIFIED DIVIDENDS	481.	481.
FOREIGN DIVIDENDS	20,092.	20,092.
NONDIVIDEND DISTRIBUTIONS	961.	
DOMESTIC DIVIDENDS	41,471.	41,471.
OTHER INTEREST	19,320.	19,320.
FOREIGN INTEREST	5,006.	5,006.
U.S. GOVERNMENT INTEREST (FEDERAL TAXABLE	3,900.	3,900.
BOND PREMIUM AMORTIZATION-OTHER INTEREST	-998.	-998.
BOND PREMIUM AMORTIZATION-U.S. GOVERNMENT	-210.	-210.
BOND PREMIUM AMORTIZATION - FOREIGN INTE	-655.	-655.
NONQUALIFIED FOREIGN DIVIDENDS	326.	326.
NONQUALIFIED DOMESTIC DIVIDENDS	33,607.	33,607.
SECTION 199A DIVIDENDS	932.	932.
ACCRUED MARKET DISCOUNT	648.	648.
	-----	-----
TOTAL	124,881.	123,920.
	=====	=====

FORM 990PF, PART I - OTHER INCOME
=====

DESCRIPTION -----	REVENUE AND EXPENSES PER BOOKS -----
FEDERAL TAX REFUND	160.

TOTALS	160.
	=====

FORM 990PF, PART I - OTHER PROFESSIONAL FEES
=====

DESCRIPTION -----	REVENUE AND EXPENSES PER BOOKS -----	NET INVESTMENT INCOME -----	CHARITABLE PURPOSES -----
INVESTMT MNGMNT FEES (NON-DED	50,672.	30,403.	20,269.
TOTALS	50,672.	30,403.	20,269.
	=====	=====	=====

FORM 990PF, PART I - TAXES
=====

DESCRIPTION -----	REVENUE AND EXPENSES PER BOOKS -----	NET INVESTMENT INCOME -----
FOREIGN TAXES	2,189.	2,189.
FOREIGN TAXES ON NONQUALIFIED	3.	3.
	-----	-----
TOTALS	2,192.	2,192.
	=====	=====

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART I - OTHER EXPENSES
=====

DESCRIPTION -----	REVENUE AND EXPENSES PER BOOKS -----	CHARITABLE PURPOSES -----
OTHER EXPENSE (NON-DEDUCTIBLE)	596.	596.
TOTALS	----- 596. =====	----- 596. =====

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - U.S. AND STATE OBLIGATIONS
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
31359MGK3 FEDERAL NATL MTG ASS			
912810QQ4 US TREASURY BOND	19,087.	12,821.	15,517.
912810RK6 US TREASURY BOND	23,118.	26,163.	33,380.
912810RM2 US TREASURY BOND	14,740.	14,037.	17,266.
912810RS9 US TREASURY BOND	29,863.	22,881.	29,539.
912810RU4 US TREASURY BOND	14,108.	14,350.	17,362.
912810RY6 US TREASURY BOND	23,305.	25,274.	33,259.
912810SF6 US TREASURY BOND	24,218.	24,698.	32,666.
912828Z94 US TREASURY NOTE		34,445.	40,025.
		9,645.	9,734.
	-----	-----	-----
TOTALS	148,439.	184,314.	228,748.
	=====	=====	=====

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ----
023135106 AMAZON COM INC	8,822.	7,748.	75,711.
025816109 AMERICAN EXPRESS COM	5,944.		
20441A102 COMPANHIA DE SANEAME	1,324.	1,902.	2,919.
244199105 DEERE & CO	13,949.	19,244.	29,055.
30303M102 FACEBOOK INC	7,791.	7,914.	63,700.
416515104 HARTFORD FINL SVCS G	11,317.	13,654.	10,568.
466313103 JABIL CIRCUIT INC	6,060.		
61174X109 MONSTER BEVERAGE SHS	10,474.	11,366.	37,825.
512807108 LAM RESH CORP COM	4,592.	3,265.	10,399.
560877300 MAKITA CORP ADR NEW	6,105.	5,689.	6,033.
56585A102 MARATHON PETROLEUM C	13,777.		
65336K103 NEXSTAR BROADCASTING	8,295.		
68389X105 ORACLE CORP	41,850.	38,925.	43,661.
715684106 TELEKOMUNIKASI IND-A	2,838.	2,838.	2,925.
744320102 PRUDENTIAL FINANCIAL	18,036.	15,586.	9,571.
744573106 PUBLIC SERVICE ENTER	7,771.	10,524.	11,535.
87612E106 TARGET CORP	12,783.	5,836.	12,478.
904767704 UNILEVER PLC AMER SH	5,960.	6,848.	5,891.
92339V100 VEREIT INC	8,902.	12,432.	8,713.
92343V104 VERIZON COMMUNICATIO	23,983.	26,229.	28,747.
FHB903208 FRAC MARRIOTT INTL I	2.	2.	5.
G5960L103 MEDTRONIC PLC SHS	20,111.	17,118.	16,759.
N97284108 YANDEX N V CL A	3,563.		
02079K107 ALPHABET INC SHS	7,241.	7,697.	31,436.
045387107 ASSA ABLOY AB ADR	8,368.	3,642.	3,771.
172967424 CITIGROUP INC	35,731.	29,868.	22,757.
191216100 COCA-COLA CO USD	19,395.		
234062206 DAIWA HOUSE IND LTD	5,595.	3,907.	3,640.
38141G104 GOLDMAN SACHS GROUP	15,133.	19,106.	20,042.

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
493267108 KEYCORP NEW COM	7,271.	7,271.	7,750.
64828T201 NEW RESIDENTIAL INVT	7,229.		
742718109 PROCTER & GAMBLE CO	20,845.		
750236101 RADIAN GROUP INC	2,615.		
76680R206 RINGCENTRAL INC	1,030.		
874039100 TAIWAN SEMICONDUCTOR	4,387.	6,657.	12,432.
92220P105 VARIAN MED SYS INC	8,472.	3,958.	7,162.
92840M102 VISTRA ENERGY CORP	7,533.		
055622104 BP P L C SPONS ADR	22,153.	15,368.	9,557.
88032Q109 TENCENT HOLDINGS LTD	8,997.	9,795.	12,602.
907818108 UNION PACIFIC CORP	8,149.		
988498101 YUM! BRANDS INC	9,441.	8,547.	14,805.
G0751N103 ATLANTICA YIELD PLC	5,870.		
G1151C101 ACCENTURE PLC SHS	6,887.	4,985.	8,065.
N53745100 LYONDELLBASELL INDUS	18,695.	17,024.	11,094.
174610105 CITIZENS FINANCIAL G	19,781.	18,815.	13,351.
194162103 COLGATE PALMOLIVE CO	19,319.	17,099.	17,576.
20449X401 COMPASS GROUP PLC	3,816.	4,029.	3,390.
23355L106 DXC TECHNOLOGY CO	6,841.		
23636T100 DANONE-SPONS	22,188.		
29446M102 EQUINOR ASA	3,966.	3,966.	3,283.
30161N101 EXELON CORP	23,894.	22,535.	20,649.
302130109 EXPEDITORS INTL WASH	16,116.	13,961.	25,431.
59410T106 CIE GENERALE DES	5,384.		
594918104 MICROSOFT CORP COM	12,606.	11,961.	46,362.
670100205 NOVO NORDISK A/S ADR	25,094.	7,628.	11,737.
688239201 OSHKOSH TRUCK CORP	3,373.		
693656100 PVH CORP	6,428.		
695263103 PACWEST BANCORP	4,938.		

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
717081103 PFIZER INC	23,604.	36,223.	35,899.
75886F107 REGENERON PHARMACEUT	29,339.	25,526.	43,510.
806857108 SCHLUMBERGER LTD	27,098.	28,145.	7,905.
855244109 STARBUCKS CORP	24,227.	14,598.	19,420.
977874205 WOLTERS KLUWER N V S	4,131.	2,423.	5,063.
98850P109 YUM CHINA HOLDINGS I	7,546.	5,838.	10,241.
01609W102 ALIBABA GROUP HOLDIN	24,202.	22,644.	58,691.
02079K305 ALPHABET INC SHS	7,264.	7,720.	31,537.
02376R102 AMERICAN AIRLS GROUP	13,300.		
031162100 AMGEN INC	30,418.	9,635.	12,404.
05541J103 BB SEGURIDADE PARTIC	4,042.	3,905.	2,659.
125896100 CMS ENERGY CORP	7,761.		
126650100 CVS HEALTH CORP	20,393.	24,579.	22,884.
927320101 VINCI SA	4,197.	2,836.	3,896.
G29183103 EATON CORP PLC	9,292.		
G3198U102 ESSENT GROUP LTD	2,207.		
000375204 ABB LTD		7,328.	7,196.
00206R102 AT&T INC	38,295.	31,332.	27,095.
018581108 ALLIANCE DATA SYS CO	5,122.		
03076C106 AMERIPRISE FINANCIAL	7,316.	13,487.	17,649.
032654105 ANALOG DEVICES INC	3,550.		
03524A108 ANHEUSER-BUSCH INBEV	10,159.		
05722G100 BAKER HUGHES INC REG	5,886.		
136375102 CANADIAN NATIONAL RA	3,602.	2,842.	3,786.
166764100 CHEVRONTXACO CORP	19,723.		
369550108 GENERAL DYNAMICS COR		16,403.	14,683.
372303206 GENMAB A/S SHS	2,264.	2,264.	3,474.
37940X102 GLOBAL PMTS INC	3,896.		
45104G104 ICICI BANK LTD	7,032.	3,495.	3,289.

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
478160104 JOHNSON & JOHNSON CO	35,627.		
521865204 LEAR CORP SHS	8,256.		
49338L103 KEYSIGHT TECHNOLOGIE	4,797.		
501044101 KROGER CO/THE	9,511.	14,845.	18,724.
58933Y105 MERCK AND CO INC SHS	7,899.		
69351T106 PPL CORP	19,306.	18,379.	16,317.
74733V100 QEP RESOURCES INC SH	8,156.		
78392U105 RYOHI KEIKAKU CO LT	4,822.	4,794.	3,371.
786584102 SAFRAN SA-UNSPON	8,438.	8,438.	7,191.
902973304 US BANCORP DEL	9,072.		
90348R102 UBISOFT ENTERTAINMEN	3,427.		
92826C839 VISA INC	10,261.	10,687.	70,091.
G0408V102 AON PLC	5,636.		
00373L102 ABN AMRO GROUP	5,669.		
023608102 AMEREN CORP	7,577.		
052769106 AUTODESK INC COM	8,163.	7,744.	49,229.
053611109 AVERY DENNISON CORP	2,283.		
088606108 BHP GROUP LTD	3,977.	2,775.	4,239.
163731102 CHEMICAL FINL CORP	8,986.		
204319107 CIE FINANCIERE RICHE	3,953.		
23304Y100 DBS GROUP HOLDINGS L	4,979.	3,746.	3,721.
375916103 GILDAN ACTIVEWEAR IN	3,439.		
37733W105 GLAXOSMITHKLINE PLC	13,573.	13,680.	12,115.
485785109 KASIKORNBANK PCL-UNS	2,711.		
M22465104 CHECK POINT SOFTWARE	5,012.		
N22035104 CONSTELLUM HOLDCO B	2,956.		
03852U106 ARAMARK HLDGS CORP	5,945.		
127190304 CACI INTERNATIONAL I	4,395.		
17275R102 CISCO SYSTEMS INC	35,092.	18,412.	24,723.

GLEN & CYNTHIA POST FDN-IXIS

58-6463580

FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
23283R100 CYRUSONE INC	4,128.		
30040W108 EVERSOURCE ENERGY CO	8,022.		
302491303 F M C CORP COM NEW	5,757.		
31620M106 FIDELITY NATL INFO S	6,015.		
62476L207 MR PRICE GROUP LTD	3,178.	2,604.	1,370.
631103108 NASDAQ STOCK MARKET	3,937.		
651229106 NEWELL BRANDS INC		8,523.	5,694.
759351604 REINSURANCE GROUP AME	4,661.		
759530108 RELX PLC	8,026.		
87944W105 TELENOR ASA	6,171.	8,026.	8,617.
902494103 TYSON FOODS INC	14,685.	6,930.	5,407.
913017109 UNITED TECHNOLOGIES	12,226.	14,204.	13,947.
92939U106 WEC ENERGY GROUP INC	7,748.		
958102105 WESTERN DIGITAL CORP	10,742.	10,742.	6,611.
98212B103 WPX ENERGY INC	3,925.		
14040H105 CAPITAL ONE FINANCIA	25,348.	12,864.	9,730.
142795202 CARLSBERG A/S	4,795.	4,125.	4,753.
80104Q208 SANLAM LTD SP ADR	3,876.	2,841.	1,990.
803054204 SAP AKTIENGESELLSCHA	9,411.	10,223.	14,091.
49446R109 KIMCO REALTY CORP	9,316.	10,800.	6,188.
72341E304 PING AN INSURANCE GR	8,432.	8,990.	8,723.
756568101 RED ELECTRICA CORP U	4,696.		
780259206 ROYAL DUTCH SHELL PL	12,706.		
81761R109 SERVICEMASTER GLOBAL	1,141.		
867224107 SUNCOR ENERGY INC	8,847.	8,847.	4,571.
87165B103 SYNCHRONY FINL COM	3,692.		
887389104 TIMKEN CO	3,062.		
G0684D107 ATHENE HLDG LTD	2,997.		
G0772R208 BANK OF N T BUTTERFI	7,367.		

GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE STOCK
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
G6700G107 NVENT ELEC PLC REG S	1,908.		
053015103 AUTOMATIC DATA PROCE	2,758.	2,608.	8,789.
15135B101 CENTENE CORP DEL	4,141.		
156782104 CERNER CORP	18,330.	15,946.	20,558.
212015101 CONTINENTAL RESOURCE	4,032.		
518613203 LAUREATE EDUCATION I	3,621.		
552848103 MGIC INVT CORP WIS C	2,384.		
66987V109 NOVARTIS AG SPNSRD A	23,097.	30,370.	34,622.
718172109 PHILIP MORRIS INTL I	24,427.		
747525103 QUALCOMM INC	26,508.	17,174.	21,110.
783513203 RYANAIR HOLDINGS PLC	5,642.	5,642.	4,378.
485537401 KAO CORP SHS	3,889.	5,693.	6,243.
74435K204 PRUDENTIAL PLC ADR	11,399.	5,614.	4,006.
784117103 SEI INVESTMENTS CO	9,279.	9,081.	18,923.
79588J102 SAMPO OYJ	8,061.	8,061.	5,923.
86562M209 SUMITOMO MITSUI FINA	8,257.	8,257.	5,547.
91529Y106 UNUM GROUP	9,140.	9,140.	5,106.
228368106 CROWN HLDGS INC *PP*	6,583.		
303075105 FACTSET RESEARCH SYS	6,972.	5,800.	19,066.
31680Q104 58 COM INC CL A	4,822.	5,341.	3,265.
337738108 FISERV INC COM	4,079.		
363576109 GALLAGHER ARTHUR J &	5,504.		
443510607 HUBBELL INC SHS	3,622.		
46266C105 IQVIA HLDGS INC	5,157.		
46625H100 J P MORGAN CHASE & C	23,746.	22,294.	34,837.
577933104 MAXIMUS INC	4,983.		
73278L105 POOL CORPORATION	2,699.		
80105N105 SANOFI-SYNTHELABO	8,443.	9,251.	10,264.
04962A105 ATOS ORIGN SA UNSP	1,969.		

GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE STOCK
=====

DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
86959X107 SUZUKI MOTOR CORP	4,730.		
971375126 WILLSCOT CORP	5,455.	5,604.	4,155.
G0177J108 ALLERGAN PLC	21,296.		
038336103 APTARGROUP INC	3,921.		
95040Q104 WELLTOWER INC	9,279.		
099502106 BOOZ ALLEN HAMILTON	5,675.		
256677105 DOLLAR GENERAL CORP	4,620.		
30034W106 EVERGY INC	9,015.		
G0176J109 ALLEGION PLC SHS	5,149.		
20030N101 COMCAST CORP NEW CL	23,750.		
21036P108 CONSTELLATION BRANDS	8,076.		
216648402 COOPER CO INC NEW	3,885.		
37045V100 GENERAL MOTORS CO	16,132.	8,210.	5,978.
375558103 GILEAD SCIENCES INC	7,003.	12,107.	14,321.
74340W103 PROLOGIS INC	6,052.	11,229.	14,274.
775109200 ROGERS COMMUNICATION	3,914.		
92852T201 VIVENDI SHS UNSP ADR	7,646.	9,470.	8,239.
03990B101 ARES MGMT CORP REG S	5,283.		
086516101 BEST BUY INC COM	5,715.		
109696104 BRINKS CO	7,130.		
149123101 CATERPILLAR INC	18,970.		
40052P107 GRUPO FINANCIERO BAN	4,333.	10,802.	9,610.
447011107 HUNTSMAN CORP	8,408.	5,809.	2,852.
67066G104 NVIDIA CORP	18,788.	8,408.	5,227.
83417Q105 SOLARWINDS CORP	6,343.	19,025.	43,667.
G51502105 JOHNSON CTLS INTL PL	7,182.		
020002101 ALLSTATE CORP COM	7,347.	12,473.	9,674.
109194100 BRIGHT HORIZONS FAMI	1,721.		
285512109 ELECTRONIC ARTS	4,740.		

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FORM 990PF, PART II - CORPORATE STOCK

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DESCRIPTION	BEGINNING BOOK VALUE	ENDING BOOK VALUE	ENDING FMV
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500458401 KOMATSU LTD NEW	6,145.		
780249108 KONINKLIJKE DSM NV A	3,935.	4,518.	5,133.
780259107 ROYAL DUTCH SHELL PL	25,744.	22,141.	11,354.
83569C102 SONOVA HOLD AG UNSPO	4,059.		
65558R109 NORDEA BANK ABP SHS	7,408.	6,309.	4,067.
955306105 WEST PHARMACEUTICAL	2,941.		
031100100 AMETEK INC NEW	4,089.		
12514G108 CDW CORP	2,337.		
40434L105 HP INC	15,464.	13,273.	9,765.
436440101 HOLOGIC INC	4,698.		
54338V101 LONZA GROUP AG	3,091.	5,429.	8,176.
62482R107 MR COOPER GROUP INC	5,100.		
92532W103 VERSUM MATERIALS LLC	1,489.		
928254101 VIRTU FINL INC SHS	6,890.		
928662501 VOLKSWAGEN AG	7,685.	8,859.	7,501.
29286D105 ENGIE SA	3,004.	10,055.	8,551.
H01301128 ALCON SA ACT NOM	3,173.	1,647.	1,843.
31502A303 FERGUSON NEWCO PLC	5,063.	3,339.	3,929.
032095101 AMPHENOL CORP		17,921.	15,836.
04247X102 ARMSTRONG WORLD INDU		20,152.	14,927.
064058100 BANK OF NEW YORK MEL		7,338.	8,103.
115637209 BROWN-FORMAN CORP		14,551.	13,977.
12508E101 CDK GLOBAL INC		9,462.	6,604.
513272104 LAMB WESTON HOLDINGS		11,877.	7,808.
55261F104 M&T BANK CORP		17,930.	11,411.
69367U105 BANK MANDIRI PERSERO		3,099.	2,094.
737446104 POST HOLDINGS INC SH		13,753.	11,057.
00130H105 AES CORP/VA		18,399.	15,725.
012653101 ALBEMARLE CORP		8,319.	10,177.

GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE STOCK
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
02005N100 ALLY FINANCIAL INC		16,038.	8,999.
05565A202 BNP PARIBAS SA		5,703.	3,696.
09215C105 BLACK KNIGHT HOLDCO		13,450.	15,704.
G8060N102 SENSATA TECHNOLOGIES		10,900.	7,415.
021244207 ALSTOM SA-UNSPON ADR		2,303.	1,816.
036752103 ANTHEM INC		7,659.	7,941.
40416M105 HD SUPPLY HLDGS INC		12,993.	10,306.
433578507 HITACHI LTD ADR 10 C		8,530.	7,381.
177376100 CITRIX SYSTEMS INC		19,201.	24,736.
29362U104 ENTEGRIS INC		19,759.	23,233.
485170302 KANSAS CITY SOUTHERN		4,735.	6,021.
654445303 NINTENDO LTD ADR		8,612.	8,948.
771195104 ROCHE HLDG LTD SPONS		32,933.	37,845.
911363109 UNITED RENTALS INC		7,444.	8,333.
91913Y100 VALERO ENERGY CORP		9,647.	6,531.
494368103 KIMBERLY-CLARK CORP		29,454.	29,844.
49456B101 KINDER MORGAN INC/DE		2,373.	3,539.
110122108 BRISTOL-MYERS SQUIBB		16,287.	15,408.
60786M105 MOELIS & CO		12,790.	12,813.
82455C101 SHIMANO INC		2,787.	2,822.
824551105 SHIN-ETSU CHEMICAL C		4,526.	5,365.
858119100 STEEL DYNAMICS INC		6,317.	6,640.
79466L302 SALESFORCE COM INC		35,209.	40,901.
87161C501 SYNOVUS FINANCIAL CO		10,945.	5,853.
929160109 VULCAN MATERIALS CO		17,384.	13,323.
98138H101 WORKDAY INC CL A		11,232.	15,225.
881575302 TESCO PLC SPONSORED		6,326.	5,795.
G0403H108 AON PLC REG SHS		4,712.	8,666.
009126202 AIR LIQUIDE ADR		3,312.	3,249.

GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE STOCK
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
256746108 DOLLAR TREE INC	11,275.		12,234.
058498106 BALL CORP	7,143.		7,554.
097023105 BOEING CO/THE	30,800.		29,899.
35137L105 FOX CORP	12,424.		9,801.
418056107 HASBRO INC	12,424.		8,748.
74144T108 T ROWE PRICE GROUP I	10,039.		9,309.
862121100 STORE CAPITAL CORP	15,215.		7,833.
92556H206 VIACOMCBS INC CL B	19,388.		10,702.
254687106 WALT DISNEY CO/THE	19,914.		19,941.
26876F102 ENN ENERGY HOLDINGS	5,252.		5,721.
29265W207 ENEL SPA	7,592.		6,963.
452327109 ILLUMINA INC	13,513.		17,789.
458140100 INTEL CORPORATION	34,441.		37,695.
46120E602 INTUITIVE SURGICAL I	11,291.		12,761.
651587107 NEWMARKET CORP	14,476.		13,520.
83088M102 SKYWORKS SOLUTIONS I	20,036.		19,085.
925458101 VESTAS WIND SYTS AS	2,620.		3,294.
92936U109 WP CAREY INC	9,251.		9,046.
00766T100 AECOM TECH CORP	8,075.		8,374.
428263107 HEXAGON AB	3,319.		3,111.
679580100 OLD DOMINION FREIGHT	21,116.		26,861.
G0750C108 AXALTA COATING SYSTE	10,866.		8,089.
G5494J103 LINDE PLC REG SHS	2,486.		3,237.
G97822103 PERRIGO CO PLC	12,195.		12,707.
01973R101 ALLISON TRANSMISSION	10,036.		7,808.
02209S103 ALTRIA GROUP INC	31,577.		26,398.
05278C107 AUTOHOME INC SHS	1,867.		1,846.
07724U103 BEIERSDORF AG	5,387.		4,779.
143130102 CARMAX INC	15,900.		15,409.

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FORM 990PF, PART II - CORPORATE STOCK
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
172908105 CINTAS CORP		18,942.	16,613.
23331A109 DR HORTON INC		11,111.	11,668.
247361702 DELTA AIR LINES INC		15,365.	6,681.
477143101 JETBLUE AWYS CORP		8,392.	4,360.
499180107 KNORR-BREMSE AG		3,595.	3,588.
017175100 ALLEGHANY CORP DEL		18,264.	11,801.
217204106 COPART INC		18,565.	17,252.
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TOTALS	2,053,046.	2,218,874.	2,595,578.
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GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE BONDS
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
031162CP3 AMGEN INC	13,515.	13,628.	14,503.
126408HE6 CSX CORP	14,624.	13,678.	14,950.
46647PAH9 JPMORGAN CHASE & CO	15,086.	14,089.	15,018.
581557BJ3 MCKESSON CORP	15,004.	13,064.	14,721.
80283LAN3 SANTANDER UK PLC	14,018.		
91324PAR3 UNITEDHEALTH GROUP	10,714.	10,415.	14,132.
026874CY1 AMERICAN INTL GROUP	14,083.	14,133.	15,346.
036752AG8 ANTHEM INC	15,060.	14,131.	16,253.
3137A8PP7 FHLMC MULTIFAMI CMO	17,985.		
404280AK5 HSBC HOLDINGS PLC	13,560.	12,246.	12,431.
822582AD4 SHELL INTERNATIONAL	14,178.	12,979.	15,348.
494550BS4 KINDER MORGAN ENER P	14,093.	13,126.	14,040.
68389XBC8 ORACLE CORP	13,400.	12,526.	14,145.
686330AH4 ORIX CORP	14,868.	13,867.	14,479.
126650CX6 CVS HEALTH CORP		14,018.	14,860.
14040HBT1 CAPITAL ONE FINANCIA	14,948.	15,015.	15,608.
172967KJ9 CITIGROUP INC	13,016.	14,110.	15,685.
20030NBX8 COMCAST CORP	12,974.	14,006.	15,067.
94974BGA2 WELLS FARGO & COMPAN	14,181.		
961214DQ3 WESTPAC BANKING CORP	14,959.	13,971.	14,524.
3137ABFH9 FHLMC MULTIFAMI CMO	16,702.	15,680.	15,374.
00206RCN0 AT&T INC	13,351.	14,397.	16,196.
035242AM8 ANHEUSER-BUSCH INBEV	14,808.	12,664.	13,445.
30219GAM0 EXPRESS SCRIPTS HOLD	14,607.	12,446.	13,375.
06367TJX9 BANK OF MONTREAL	14,829.	13,849.	14,240.
29379VBD4 ENTERPRISE PRODUCTS	14,029.		
37045XBT2 GENERAL MOTORS FINL	15,422.	13,304.	13,005.
459200HF1 IBM CORP	14,734.	12,190.	15,177.
925524AX8 VIACOM INC	13,208.		

GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - CORPORATE BONDS
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
92857WAQ3 VODAFONE GROUP PLC	13,589.	12,894.	15,977.
87165BAB9 SYNCHRONY FINANCIAL	5,002.		
05565QCP1 BP CAPITAL MARKETS P	13,546.	14,499.	15,316.
06406HCS6 BANK OF NEW YORK MEL	14,075.	13,110.	14,348.
29273RBD0 ENERGY TRANSFER PART	13,719.	12,817.	13,637.
78012KCB1 USD ROYAL BK CANADA	14,022.		
24422ETL3 JOHN DEERE CAPITAL C	12,930.	13,944.	14,459.
92343VEP5 VERIZON COMMUNICATIO	13,898.	14,955.	14,973.
913017DB2 UNITED TECHNOLOGIES	14,907.	2,045.	2,171.
05574LFY9 BNP PARIBAS	13,801.	14,826.	16,105.
38141GVM3 GOLDMAN SACHS GROUP	14,016.		
25152R5F6 USD DEUTSCHE BANK AG	6,789.	7,803.	8,023.
855244AQ2 STARBUCKS CORP	13,399.	14,412.	15,619.
037833AZ3 APPLE INC	14,131.	13,315.	15,147.
126650CL2 CVS HEALTH CORP	14,012.		
747525AF0 QUALCOMM INC	13,749.	14,880.	16,678.
00287YAQ2 ABBVIE INC	13,518.	13,613.	15,423.
26441CAN5 DUKE ENERGY CORP	14,277.	14,281.	15,358.
61746BDQ6 MORGAN STANLEY	14,253.	15,264.	16,422.
26884LAE9 EQT CORP	14,452.		
927804FU3 VIRGINIA ELEC & POWE	14,068.	15,102.	16,585.
025816BS7 AMERICAN EXPRESS CO		16,734.	17,052.
86787EBE6 SUNTRUST BANK		7,095.	7,287.
023135BF2 AMAZON.COM INC		13,868.	14,700.
21685WDD6 USD RABOBANK UTRECHT		15,462.	15,799.
67066GAF1 NVIDIA CORP		15,969.	16,440.
064159MK9 USD BANK NOVA SCOTIA		15,895.	16,128.
30231GBH4 EXXON MOBIL CORPORAT		12,672.	13,117.
94974BGH7 WELLS FARGO & COMPAN		12,074.	12,844.

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FORM 990PF, PART II - CORPORATE BONDS
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DESCRIPTION -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
09247XAQ4 BLACKROCK INC		16,485.	17,170.
458140BH2 INTEL CORP		16,343.	17,156.
80282KAW6 SANTANDER HOLDINGS U		15,380.	15,572.
38148LAE6 GOLDMAN SACHS GROUP		14,584.	15,208.
TOTALS	678,109.	703,853.	756,636.
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GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART II - OTHER INVESTMENTS
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DESCRIPTION -----	COST/ FMV C OR F -----	BEGINNING BOOK VALUE -----	ENDING BOOK VALUE -----	ENDING FMV ---
543495741 LOOMIS SAYLES SECURI	C	642,400.	701,003.	650,479.
TOTALS		642,400.	701,003.	650,479.
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FORM 990PF, PART III - OTHER DECREASES IN NET WORTH OR FUND BALANCES

DESCRIPTION -----	AMOUNT -----
CONTRIBUTION FMV/BASIS	202,119.
PRIOR YEAR DISTRIBUTION	20,000.
TIMING DIFFERENCE	1,321.

TOTAL	223,440.
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GLEN & CYNTHIA POST FDN-IXIS

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FORM 990PF, PART VII-A, LINE 14 - BOOKS ARE IN THE CARE OF
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NAME: BANK OF AMERICA, N.A.

ADDRESS: 114 WEST 47TH STREET, NY8-114-07-07
NEW YORK, NY 10036-1510

TELEPHONE NUMBER: (888)866-3275

STATEMENT 23