

Form **990-PF**  
 Department of the Treasury  
 Internal Revenue Service

**Return of Private Foundation**  
**or Section 4947(a)(1) Trust Treated as Private Foundation**

▶ **Do not enter social security numbers on this form as it may be made public.**  
 ▶ **Go to [www.irs.gov/Form990PF](http://www.irs.gov/Form990PF) for instructions and the latest information.**

OMB No. 1545-0052  
**2019**  
**Open to Public Inspection**

**For calendar year 2019, or tax year beginning 01-01-2019, and ending 12-31-2019**

Name of foundation The Mental Insight Foundation		<b>A Employer identification number</b> 94-3256579	
Number and street (or P.O. box number if mail is not delivered to street address) 538 Broadway Suite A	Room/suite	<b>B Telephone number</b> (see instructions) (707) 938-8248	
City or town, state or province, country, and ZIP or foreign postal code Sonoma, CA 95476		<b>C</b> If exemption application is pending, check here <input type="checkbox"/>	
<b>G</b> Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		<b>D 1.</b> Foreign organizations, check here..... <input type="checkbox"/> <b>2.</b> Foreign organizations meeting the 85% test, check here and attach computation ... <input type="checkbox"/>	
<b>H</b> Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		<b>E</b> If private foundation status was terminated under section 507(b)(1)(A), check here ..... <input type="checkbox"/>	
<b>I</b> Fair market value of all assets at end of year (from Part II, col. (c), line 16) ▶ \$ <u>21,040,332</u>		<b>J</b> Accounting method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ <i>(Part I, column (d) must be on cash basis.)</i>	
		<b>F</b> If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ..... <input type="checkbox"/>	

<b>Part I Analysis of Revenue and Expenses</b> <i>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions).)</i>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
<b>Revenue</b>	<b>1</b> Contributions, gifts, grants, etc., received (attach schedule)				
	<b>2</b> Check <input checked="" type="checkbox"/> if the foundation is <b>not</b> required to attach Sch. B				
	<b>3</b> Interest on savings and temporary cash investments	89,214	89,214		
	<b>4</b> Dividends and interest from securities	398,720	398,720		
	<b>5a</b> Gross rents				
	<b>b</b> Net rental income or (loss)				
	<b>6a</b> Net gain or (loss) from sale of assets not on line 10	539,007			
	<b>b</b> Gross sales price for all assets on line 6a	12,237,935			
	<b>7</b> Capital gain net income (from Part IV, line 2)		539,007		
	<b>8</b> Net short-term capital gain				
	<b>9</b> Income modifications				
	<b>10a</b> Gross sales less returns and allowances				
<b>b</b> Less: Cost of goods sold					
<b>c</b> Gross profit or (loss) (attach schedule)					
<b>11</b> Other income (attach schedule)	48,823	27,137			
<b>12 Total.</b> Add lines 1 through 11	1,075,764	1,054,078			
<b>Operating and Administrative Expenses</b>	<b>13</b> Compensation of officers, directors, trustees, etc.	66,764	6,676		60,088
	<b>14</b> Other employee salaries and wages				
	<b>15</b> Pension plans, employee benefits				
	<b>16a</b> Legal fees (attach schedule)	206			206
	<b>b</b> Accounting fees (attach schedule)	60,016	13,168		46,848
	<b>c</b> Other professional fees (attach schedule)				
	<b>17</b> Interest				
	<b>18</b> Taxes (attach schedule) (see instructions)	34,761	24,761		
	<b>19</b> Depreciation (attach schedule) and depletion				
	<b>20</b> Occupancy				
	<b>21</b> Travel, conferences, and meetings	18,819			18,819
	<b>22</b> Printing and publications				
	<b>23</b> Other expenses (attach schedule)	589,531	200,103		389,428
	<b>24 Total operating and administrative expenses.</b> Add lines 13 through 23	770,097	244,708		515,389
	<b>25</b> Contributions, gifts, grants paid	1,949,000			1,949,000
<b>26 Total expenses and disbursements.</b> Add lines 24 and 25	2,719,097	244,708		2,464,389	
<b>27</b> Subtract line 26 from line 12:					
<b>a Excess of revenue over expenses and disbursements</b>	-1,643,333				
<b>b Net investment income</b> (if negative, enter -0-)		809,370			
<b>c Adjusted net income</b> (if negative, enter -0-)					

<b>Part II Balance Sheets</b> Attached schedules and amounts in the description column should be for end-of-year amounts only. (See instructions.)		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
<b>Assets</b>	<b>1</b> Cash—non-interest-bearing . . . . .			
	<b>2</b> Savings and temporary cash investments . . . . .	533,578	317,481	317,481
	<b>3</b> Accounts receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	<b>4</b> Pledges receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	<b>5</b> Grants receivable . . . . .			
	<b>6</b> Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions) . . . . .			
	<b>7</b> Other notes and loans receivable (attach schedule) ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	<b>8</b> Inventories for sale or use . . . . .			
	<b>9</b> Prepaid expenses and deferred charges . . . . .			
	<b>10a</b> Investments—U.S. and state government obligations (attach schedule)			
	<b>b</b> Investments—corporate stock (attach schedule) . . . . .	16,670,998	19,406,888	19,406,888
	<b>c</b> Investments—corporate bonds (attach schedule) . . . . .			
	<b>11</b> Investments—land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____			
	<b>12</b> Investments—mortgage loans . . . . .			
	<b>13</b> Investments—other (attach schedule) . . . . .	1,214,459	1,186,482	1,186,482
	<b>14</b> Land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____			
<b>15</b> Other assets (describe ▶ _____)	☞ 195,831	☞ 129,481	☞ 129,481	
<b>16 Total assets</b> (to be completed by all filers—see the instructions. Also, see page 1, item I)	18,614,866	21,040,332	21,040,332	
<b>Liabilities</b>	<b>17</b> Accounts payable and accrued expenses . . . . .	58,652	70,219	
	<b>18</b> Grants payable . . . . .			
	<b>19</b> Deferred revenue . . . . .			
	<b>20</b> Loans from officers, directors, trustees, and other disqualified persons			
	<b>21</b> Mortgages and other notes payable (attach schedule) . . . . .			
	<b>22</b> Other liabilities (describe ▶ _____)	☞ 1,240,000	☞ 2,250,002	
	<b>23 Total liabilities</b> (add lines 17 through 22)	1,298,652	2,320,221	
<b>Net Assets or Fund Balances</b>	<b>Foundations that follow FASB ASC 958, check here</b> ▶ <input type="checkbox"/> <b>and complete lines 24, 25, 29 and 30.</b>			
	<b>24</b> Net assets without donor restrictions . . . . .			
	<b>25</b> Net assets with donor restrictions . . . . .			
	<b>Foundations that do not follow FASB ASC 958, check here</b> ▶ <input checked="" type="checkbox"/> <b>and complete lines 26 through 30.</b>			
	<b>26</b> Capital stock, trust principal, or current funds . . . . .	6,250,000	6,250,000	
	<b>27</b> Paid-in or capital surplus, or land, bldg., and equipment fund			
	<b>28</b> Retained earnings, accumulated income, endowment, or other funds	11,066,214	12,470,111	
<b>29 Total net assets or fund balances</b> (see instructions) . . . . .	17,316,214	18,720,111		
<b>30 Total liabilities and net assets/fund balances</b> (see instructions) .	18,614,866	21,040,332		

<b>Part III Analysis of Changes in Net Assets or Fund Balances</b>		
<b>1</b> Total net assets or fund balances at beginning of year—Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return) . . . . .	<b>1</b>	17,316,214
<b>2</b> Enter amount from Part I, line 27a . . . . .	<b>2</b>	-1,643,333
<b>3</b> Other increases not included in line 2 (itemize) ▶ _____ ☞	<b>3</b>	3,309,110
<b>4</b> Add lines 1, 2, and 3 . . . . .	<b>4</b>	18,981,991
<b>5</b> Decreases not included in line 2 (itemize) ▶ _____ ☞	<b>5</b>	261,880
<b>6</b> Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 29 .	<b>6</b>	18,720,111

**Part IV Capital Gains and Losses for Tax on Investment Income**

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)		(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
<b>1a</b> See Additional Data Table				
<b>b</b>				
<b>c</b>				
<b>d</b>				
<b>e</b>				
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)	
<b>a</b> See Additional Data Table				
<b>b</b>				
<b>c</b>				
<b>d</b>				
<b>e</b>				
(i) F.M.V. as of 12/31/69			(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69				
			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))	
<b>a</b> See Additional Data Table				
<b>b</b>				
<b>c</b>				
<b>d</b>				
<b>e</b>				
<b>2</b> Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }			<b>2</b> 539,007
<b>3</b> Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8	{ If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8 }			<b>3</b> -24,424

**Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income**

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?  Yes  No  
 If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

**1** Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2018	1,533,358	21,572,670	0.07108
2017	3,430,768	23,181,182	0.14800
2016	3,254,108	24,225,709	0.13433
2015	2,531,404	25,635,337	0.09875
2014	2,589,572	25,385,514	0.10201
<b>2</b> Total of line 1, column (d)			<b>2</b> 0.554159
<b>3</b> Average distribution ratio for the 5-year base period—divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years			<b>3</b> 0.110832
<b>4</b> Enter the net value of noncharitable-use assets for 2019 from Part X, line 5			<b>4</b> 19,353,502
<b>5</b> Multiply line 4 by line 3			<b>5</b> 2,144,987
<b>6</b> Enter 1% of net investment income (1% of Part I, line 27b)			<b>6</b> 8,094
<b>7</b> Add lines 5 and 6			<b>7</b> 2,153,081
<b>8</b> Enter qualifying distributions from Part XII, line 4			<b>8</b> 2,464,389

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

**Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)**

<b>1a</b>	Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary—see instructions)		
<b>b</b>	Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b . . . . .	<b>1</b>	8,094
<b>c</b>	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)		
<b>2</b>	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	<b>2</b>	
<b>3</b>	Add lines 1 and 2. . . . .	<b>3</b>	8,094
<b>4</b>	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	<b>4</b>	
<b>5</b>	<b>Tax based on investment income.</b> Subtract line 4 from line 3. If zero or less, enter -0- . . . . .	<b>5</b>	8,094
<b>6</b>	Credits/Payments:		
<b>a</b>	2019 estimated tax payments and 2018 overpayment credited to 2019	<b>6a</b>	31,454
<b>b</b>	Exempt foreign organizations—tax withheld at source . . . . .	<b>6b</b>	
<b>c</b>	Tax paid with application for extension of time to file (Form 8868) . . . . .	<b>6c</b>	
<b>d</b>	Backup withholding erroneously withheld . . . . .	<b>6d</b>	
<b>7</b>	Total credits and payments. Add lines 6a through 6d. . . . .	<b>7</b>	31,454
<b>8</b>	Enter any <b>penalty</b> for underpayment of estimated tax. Check here <input checked="" type="checkbox"/> if Form 2220 is attached.	<b>8</b>	
<b>9</b>	<b>Tax due.</b> If the total of lines 5 and 8 is more than line 7, enter <b>amount owed</b> . . . . . ▶	<b>9</b>	
<b>10</b>	<b>Overpayment.</b> If line 7 is more than the total of lines 5 and 8, enter the <b>amount overpaid</b> . . . . . ▶	<b>10</b>	23,360
<b>11</b>	Enter the amount of line 10 to be: <b>Credited to 2020 estimated tax</b> ▶ 23,360 <b>Refunded</b> ▶	<b>11</b>	

**Part VII-A Statements Regarding Activities**

	Yes	No
<b>1a</b> During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign? . . . . .		No
<b>b</b> Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? (see Instructions for definition). . . . . <i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.</i>		No
<b>c</b> Did the foundation file <b>Form 1120-POL</b> for this year? . . . . .		No
<b>d</b> Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: <b>(1)</b> On the foundation. ▶ \$ _____ <b>(2)</b> On foundation managers. ▶ \$ _____		
<b>e</b> Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. ▶ \$ _____		
<b>2</b> Has the foundation engaged in any activities that have not previously been reported to the IRS? . . . . . <i>If "Yes," attach a detailed description of the activities.</i>		No
<b>3</b> Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes</i> . . . . .		No
<b>4a</b> Did the foundation have unrelated business gross income of \$1,000 or more during the year? . . . . .	Yes	
<b>b</b> If "Yes," has it filed a tax return on <b>Form 990-T</b> for this year? . . . . .	Yes	
<b>5</b> Was there a liquidation, termination, dissolution, or substantial contraction during the year? . . . . . <i>If "Yes," attach the statement required by General Instruction T.</i>		No
<b>6</b> Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument? . . . . .	Yes	
<b>7</b> Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col. (c), and Part XV.</i> . . . . .	Yes	
<b>8a</b> Enter the states to which the foundation reports or with which it is registered (see instructions) ▶ CA _____		
<b>b</b> If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation .</i>	Yes	
<b>9</b> Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2019 or the taxable year beginning in 2019? See the instructions for Part XIV. <i>If "Yes," complete Part XIV</i> . . . . .		No
<b>10</b> Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses.</i> . . . . .		No

**Part VII-A Statements Regarding Activities** (continued)

<b>11</b>	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions. . . . .		<b>No</b>
<b>12</b>	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions . . . . .		<b>No</b>
<b>13</b>	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ▶ <u>N/A</u>	<b>Yes</b>	
<b>14</b>	The books are in care of ▶ <u>Virginia Hubbell</u> Telephone no. ▶ <u>(707) 938-8248</u>		
	Located at ▶ <u>538 Broadway Suite A Sonoma CA</u> ZIP+4 ▶ <u>95476</u>		
<b>15</b>	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of <b>Form 1041</b> —check here . . . . . ▶ <input type="checkbox"/> and enter the amount of tax-exempt interest received or accrued during the year . . . . . ▶ <b>15</b>		
<b>16</b>	At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? . . . . . See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes", enter the name of the foreign country ▶	<b>Yes</b>	<b>No</b>

**Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required**

**File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.**

		<b>Yes</b>	<b>No</b>
<b>1a</b>	During the year did the foundation (either directly or indirectly):		
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
	(6) Agree to pay money or property to a government official? ( <b>Exception.</b> Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b>	If any answer is "Yes" to 1a(1)–(6), did <b>any</b> of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions . . . . . Organizations relying on a current notice regarding disaster assistance check here. ▶ <input type="checkbox"/>	<b>1b</b>	<b>No</b>
<b>c</b>	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019? . . . . .	<b>1c</b>	<b>No</b>
<b>2</b>	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
<b>a</b>	At the end of tax year 2019, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2019? . . . . . If "Yes," list the years ▶ 20____, 20____, 20____, 20____ <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b>	Are there any years listed in 2a for which the foundation is <b>not</b> applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to <b>all</b> years listed, answer "No" and attach statement—see instructions.) . . . . .	<b>2b</b>	
<b>c</b>	If the provisions of section 4942(a)(2) are being applied to <b>any</b> of the years listed in 2a, list the years here. ▶ 20____, 20____, 20____, 20____		
<b>3a</b>	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b>	If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period?(Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2019.) . . . . .	<b>3b</b>	
<b>4a</b>	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	<b>4a</b>	<b>No</b>
<b>b</b>	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?	<b>4b</b>	<b>No</b>



**Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**

<b>3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".</b>		
(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
Virginia Hubbell Associates 538 Broadway Suite A Sonoma, CA 95476	Foundation Mgmt.	386,040
<b>Total</b> number of others receiving over \$50,000 for professional services. . . . . ▶		

**Part IX-A Summary of Direct Charitable Activities**

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
<b>1</b> None	0
<b>2</b> _____	
<b>3</b> _____	
<b>4</b> _____	

**Part IX-B Summary of Program-Related Investments (see instructions)**

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
<b>1</b> _____	
<b>2</b> _____	
All other program-related investments. See instructions.	
<b>3</b> _____	
<b>Total.</b> Add lines 1 through 3 . . . . . ▶	

**Part X Minimum Investment Return** (All domestic foundations must complete this part. Foreign foundations, see instructions.)

<b>1</b>	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
<b>a</b>	Average monthly fair market value of securities. . . . .	<b>1a</b>	18,038,943
<b>b</b>	Average of monthly cash balances. . . . .	<b>1b</b>	425,530
<b>c</b>	Fair market value of all other assets (see instructions). . . . .	<b>1c</b>	1,183,752
<b>d</b>	<b>Total</b> (add lines 1a, b, and c). . . . .	<b>1d</b>	19,648,225
<b>e</b>	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation). . . . .	<b>1e</b>	0
<b>2</b>	Acquisition indebtedness applicable to line 1 assets. . . . .	<b>2</b>	
<b>3</b>	Subtract line 2 from line 1d. . . . .	<b>3</b>	19,648,225
<b>4</b>	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions). . . . .	<b>4</b>	294,723
<b>5</b>	<b>Net value of noncharitable-use assets.</b> Subtract line 4 from line 3. Enter here and on Part V, line 4	<b>5</b>	19,353,502
<b>6</b>	<b>Minimum investment return.</b> Enter 5% of line 5. . . . .	<b>6</b>	967,675

**Part XI Distributable Amount** (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here  and do not complete this part.)

<b>1</b>	Minimum investment return from Part X, line 6. . . . .	<b>1</b>	967,675
<b>2a</b>	Tax on investment income for 2019 from Part VI, line 5. . . . .	<b>2a</b>	8,094
<b>b</b>	Income tax for 2019. (This does not include the tax from Part VI.). . . . .	<b>2b</b>	
<b>c</b>	Add lines 2a and 2b. . . . .	<b>2c</b>	8,094
<b>3</b>	Distributable amount before adjustments. Subtract line 2c from line 1. . . . .	<b>3</b>	959,581
<b>4</b>	Recoveries of amounts treated as qualifying distributions. . . . .	<b>4</b>	
<b>5</b>	Add lines 3 and 4. . . . .	<b>5</b>	959,581
<b>6</b>	Deduction from distributable amount (see instructions). . . . .	<b>6</b>	
<b>7</b>	<b>Distributable amount</b> as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1. . . . .	<b>7</b>	959,581

**Part XII Qualifying Distributions** (see instructions)

<b>1</b>	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
<b>a</b>	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26. . . . .	<b>1a</b>	2,464,389
<b>b</b>	Program-related investments—total from Part IX-B. . . . .	<b>1b</b>	
<b>2</b>	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes. . . . .	<b>2</b>	
<b>3</b>	Amounts set aside for specific charitable projects that satisfy the:		
<b>a</b>	Suitability test (prior IRS approval required). . . . .	<b>3a</b>	
<b>b</b>	Cash distribution test (attach the required schedule). . . . .	<b>3b</b>	
<b>4</b>	<b>Qualifying distributions.</b> Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	<b>4</b>	2,464,389
<b>5</b>	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions. . . . .	<b>5</b>	8,094
<b>6</b>	<b>Adjusted qualifying distributions.</b> Subtract line 5 from line 4. . . . .	<b>6</b>	2,456,295

**Note:** The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

**Part XIII Undistributed Income** (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
<b>1</b> Distributable amount for 2019 from Part XI, line 7				959,581
<b>2</b> Undistributed income, if any, as of the end of 2019:				
<b>a</b> Enter amount for 2018 only. . . . .				
<b>b</b> Total for prior years: 20___, 20___, 20___				
<b>3</b> Excess distributions carryover, if any, to 2019:				
<b>a</b> From 2014. . . . .	1,339,552			
<b>b</b> From 2015. . . . .	1,609,918			
<b>c</b> From 2016. . . . .	2,045,833			
<b>d</b> From 2017. . . . .	2,308,975			
<b>e</b> From 2018. . . . .	482,907			
<b>f</b> <b>Total</b> of lines 3a through e. . . . .	7,787,185			
<b>4</b> Qualifying distributions for 2019 from Part XII, line 4: ▶ \$ _____ 2,464,389				
<b>a</b> Applied to 2018, but not more than line 2a				
<b>b</b> Applied to undistributed income of prior years (Election required—see instructions). . . . .				
<b>c</b> Treated as distributions out of corpus (Election required—see instructions). . . . .	0			
<b>d</b> Applied to 2019 distributable amount. . . . .				959,581
<b>e</b> Remaining amount distributed out of corpus	1,504,808			
<b>5</b> Excess distributions carryover applied to 2019. (If an amount appears in column (d), the same amount must be shown in column (a).)				
<b>6</b> <b>Enter the net total of each column as indicated below:</b>				
<b>a</b> Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	9,291,993			
<b>b</b> Prior years' undistributed income. Subtract line 4b from line 2b . . . . .				
<b>c</b> Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed. . . . .				
<b>d</b> Subtract line 6c from line 6b. Taxable amount—see instructions . . . . .				
<b>e</b> Undistributed income for 2018. Subtract line 4a from line 2a. Taxable amount—see instructions . . . . .				
<b>f</b> Undistributed income for 2019. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020 . . . . .				0
<b>7</b> Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions). . . . .				
<b>8</b> Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions). . . . .	1,339,552			
<b>9</b> <b>Excess distributions carryover to 2020.</b> Subtract lines 7 and 8 from line 6a . . . . .	7,952,441			
<b>10</b> Analysis of line 9:				
<b>a</b> Excess from 2015. . . . .	1,609,918			
<b>b</b> Excess from 2016. . . . .	2,045,833			
<b>c</b> Excess from 2017. . . . .	2,308,975			
<b>d</b> Excess from 2018. . . . .	482,907			
<b>e</b> Excess from 2019. . . . .	1,504,808			

**Part XIV Private Operating Foundations** (see instructions and Part VII-A, question 9)

**1a** If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling. . . . . ▶

**b** Check box to indicate whether the organization is a private operating foundation described in section  4942(j)(3) or  4942(j)(5)

**2a** Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed . . . . .

	Tax year	Prior 3 years			(e) Total
	(a) 2019	(b) 2018	(c) 2017	(d) 2016	
<b>b</b> 85% of line 2a . . . . .					
<b>c</b> Qualifying distributions from Part XII, line 4 for each year listed . . . . .					
<b>d</b> Amounts included in line 2c not used directly for active conduct of exempt activities . . . . .					
<b>e</b> Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c . . . . .					
<b>3</b> Complete 3a, b, or c for the alternative test relied upon:					
<b>a</b> "Assets" alternative test—enter:					
<b>(1)</b> Value of all assets . . . . .					
<b>(2)</b> Value of assets qualifying under section 4942(j)(3)(B)(i)					
<b>b</b> "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed. . . . .					
<b>c</b> "Support" alternative test—enter:					
<b>(1)</b> Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties) . . . . .					
<b>(2)</b> Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii). . . . .					
<b>(3)</b> Largest amount of support from an exempt organization					
<b>(4)</b> Gross investment income					

**Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year—see instructions.)**

**1 Information Regarding Foundation Managers:**

**a** List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

**b** List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

**2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:**

Check here  if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. to individuals or organizations under other conditions, complete items 2a, b, c, and d. See instructions

**a** The name, address, and telephone number or e-mail address of the person to whom applications should be addressed:

Board of Directors  
538 Broadway Suite A  
Sonoma, CA 95476  
(707) 938-8248

**b** The form in which applications should be submitted and information and materials they should include:

Written Application

**c** Any submission deadlines:

None

**d** Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

See Statement

**Part XV** Supplementary Information (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i> See Additional Data Table				
<b>Total</b> . . . . .			▶ <b>3a</b>	1,949,000
<b>b</b> <i>Approved for future payment</i>				
<b>Total</b> . . . . .			▶ <b>3b</b>	





**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d**

List and describe the kind(s) of property sold (e.g., real estate, <b>(a)</b> 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	<b>(b)</b> How acquired P—Purchase D—Donation	<b>(c)</b> Date acquired (mo., day, yr.)	<b>(d)</b> Date sold (mo., day, yr.)
Private Equity Core Fund III, LP per K-1	P	2019-01-01	2019-01-01
Private Equity Core Fund III, LP per K-1	P	2001-01-01	2019-01-01
Kimpton Group Holding, LLC	P	2001-01-01	2019-01-01
Private Equity Core Fund V, LP per K-1	P	2019-01-01	2019-01-01
Private Equity Core Fund V, LP per K-1	P	2001-01-01	2019-01-01
UBS 10236	P	2019-01-01	2019-01-01
UBS 10236	P	2001-01-01	2019-01-01
UBS 01171	P	2019-01-01	2019-01-01
UBS 01171	P	2001-01-01	2019-01-01
UBS 10234	P	2019-01-01	2019-01-01

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h**

<b>(e)</b> Gross sales price	<b>(f)</b> Depreciation allowed (or allowable)	<b>(g)</b> Cost or other basis plus expense of sale	<b>(h)</b> Gain or (loss) (e) plus (f) minus (g)
		2,438	-2,438
159,185			159,185
117,238			117,238
		1,435	-1,435
49,903			49,903
334,123		326,106	8,017
866,248		770,034	96,214
223,765		222,102	1,663
1,372,199		1,123,410	248,789
1,881,114		1,853,473	27,641

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l**

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			<b>(l)</b> Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
<b>(i)</b> F.M.V. as of 12/31/69	<b>(j)</b> Adjusted basis as of 12/31/69	<b>(k)</b> Excess of col. (i) over col. (j), if any	
			-2,438
			159,185
			117,238
			-1,435
			49,903
			8,017
			96,214
			1,663
			248,789
			27,641

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d**

List and describe the kind(s) of property sold (e.g., real estate, (a) 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
UBS 10234	P	2001-01-01	2019-01-01
UBS 10127	P	2019-01-01	2019-01-01
UBS 10127	P	2001-01-01	2019-01-01
UBS 10235	P	2019-01-01	2019-01-01
UBS 10235	P	2001-01-01	2019-01-01
UBS 12511	P	2019-01-01	2019-01-01
UBS 12511	P	2001-01-01	2019-01-01
UBS 10128	P	2019-01-01	2019-01-01
UBS 10128	P	2001-01-01	2019-01-01
UBS 14446	P	2019-01-01	2019-01-01

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h**

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
995,789		1,042,536	-46,747
866,443		865,909	534
947,723		878,764	68,959
393,552		389,088	4,464
1,210,068		1,197,677	12,391
364,378		428,531	-64,153
1,512,296		1,747,511	-235,215
342,804		343,291	-487
94,196		94,391	-195
67,704		65,934	1,770

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l**

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
			-46,747
			534
			68,959
			4,464
			12,391
			-64,153
			-235,215
			-487
			-195
			1,770

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d**

List and describe the kind(s) of property sold (e.g., real estate, <b>(a)</b> 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	<b>(b)</b> How acquired P—Purchase D—Donation	<b>(c)</b> Date acquired (mo., day, yr.)	<b>(d)</b> Date sold (mo., day, yr.)
UBS 14446	P	2001-01-01	2019-01-01
Capital Gain Dividends			

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h**

<b>(e)</b> Gross sales price	Depreciation allowed <b>(f)</b> (or allowable)	Cost or other basis <b>(g)</b> plus expense of sale	Gain or (loss) <b>(h)</b> (e) plus (f) minus (g)
390,379		346,298	44,081
			48,828

**Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l**

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			<b>(l)</b> Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
<b>(i)</b> F.M.V. as of 12/31/69	<b>(j)</b> Adjusted basis as of 12/31/69	<b>(k)</b> Excess of col. (i) over col. (j), if any	
			44,081

**Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation**

<b>(a)</b> Name and address	Title, and average hours per week <b>(b)</b> devoted to position	<b>(c)</b> Compensation (If not paid, enter -0-)	<b>(d)</b> Contributions to employee benefit plans and deferred compensation	Expense account, <b>(e)</b> other allowances
David Herskovits 43 S Portland Ave Brooklyn, NY 11217	President 1.00	0		
Robert P Bunje 349 Sailfish Isle Foster City, CA 94404	Treasurer 8.00	33,382		
Isabelle Kimpton 101 Cedar Drive 24 Incline Village, NV 89451	Secretary 1.00	0		
Barry Bunshoft 1 Market St 20th Floor San Francisco, CA 94105	Director 8.00	33,382		
Jennifer Catherine Egan 43 South Portland Ave Brooklyn, NY 11217	Director 1.00	0		
Laura Kimpton 218 Linnie Canal Venice, CA 90291	Director 1.00	0		
Kay Kimpton Walker 2620 Jackson San Francisco, CA 94115	Chair-Audit Com 1.00	0		

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Hoffman Institute 223 San Anselmo Ste 4 San Anselmo, CA 94901	None	PC	CHARITABLE	50,000
SF Art Institute 135 Van Ness Ave San Francisco, CA 94102	None	PC	CHARITABLE	10,000
Marin Humane Society 171 Bel Marin Keys Blvd Novato, CA 94949	None	PC	charitable	30,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Theater et al Inc5-39 49th Ave Long Island, NY 11101	none	PC	charitable	50,000
Earth Island Institute 300 Broadway Suite 28 San Francisco, CA 94133	None	PC	charitable	100,000
Friends of Palm Springs Animal Shel 4575 E Mesquite Ave Palm Springs, CA 92264	None	PC	charitable	20,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Farm Sanctuary Inc PO Box 150 Watkins Glen, NY 14891	None	PC	Charitable	15,000
Forever Free Horse Rescue 78450 Avenue 41 Bermuda Dunes, CA 92203	None	PC	Charitable	30,000
Sky's the Limit Fund 510A Valley Way Milpitas, CA 95035	None	PC	Charitable	45,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Ocean Foundation 1320 19th St NW 5th Floor Washington, DC 20036	None	PC	Charitable	30,000
Riverkeeper20 Secor Road Ossining, NY 10562	None	PC	Charitable	50,000
Farmer-Veteran Coalition 508 2nd St 206 Davis, CA 95616	None	PC	Charitable	50,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Home for Contemp Theatre Art 145 6th Ave New York, NY 10013	None	PC	Charitable	5,000
Institute for Integrative Health 1407 Fleet St Baltimore, MD 21231	None	PC	Charitable	120,000
Raw Art Works 37 Central Square 2 Lynn, MA 01901	None	PC	Charitable	30,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Redford Center PO Box 29144 San Francisco, CA 94129	None	PC	Charitable	30,000
Spirit Rock Meditation Center 5000 Sir Francis Drake Blvd Woodacre, CA 94973	None	PC	Charitable	225,000
UCSF Foundation 1545 Divisadero St San Francisco, CA 94115	None	PC	Charitable	150,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Carbon Cycle Institute 245 Kentucky St Ste D Petaluma, CA 94952	None	PC	Charitable	60,000
A Host of People - Miami Fund 40 NW 3rd Street Ste 305 Miami, FL 33128	None	PC	Charitable	20,000
Alliance of Resident TheatresNY 520 Eighth Ave 119 New York, NY 10018	None	PC	Charitable	5,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Buran Theatre-FracAtlas248 W 35th St New York, NY 10001	None	PC	Charitable	1,000
Clean Ocean Action Inc 18 Hartshorne Dr Suite 2 Highlands, NJ 07732	None	PC	Charitable	50,000
Clubbed Thumb Inc 440 Lafayette St 4th Floor New York, NY 10003	None	PC	Charitable	30,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Collected Objects Inc 100 Newell St Apt 2R Brooklyn, NY 11222	None	PC	Charitable	2,000
Crossing Jamaica Avenue Inc 1205 Lexington Ave 2C New York, NY 10028	None	PC	Charitable	1,000
Great Small Works Inc 315 West 86th St Suite 4E New York, NY 10024	None	PC	Charitable	1,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Jack Arts Inc 248 W 35th St New York, NY 10001	None	PC	Charitable	15,000
McLean Hospital Corporation 115 Mill St Belmont, MA 02478	None	PC	Charitable	30,000
My Stuff Bags Foundation 5347 Sterling Center Dr Westlake Village, CA 91361	None	PC	Charitable	30,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
New Yiddish Repertory Theater Inc 33 51 Street B2 Weehawken, NJ 07086	None	PC	Charitable	3,000
Regeneration Project 369 Pine St 700 San Francisco, CA 94104	None	PC	Charitable	50,000
Signal-Return Inc 1345 Division St 102 Detroit, MI 48207	None	PC	Charitable	15,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Stand1410 Danzig Plaza Concord, CA 94520	None	PC	Charitable	100,000
Talking Band Inc93 Mercer St New York, NY 10012	None	PC	Charitable	3,000
5 Gyres Institute5792 W Jefferson Blvd Los Angeles, CA 90016	None	PC	charitable	30,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
CA Institute Yiddish-Yung Yiddish 333 Washington Blvd 118 Marina Del Rey, CA 90292	None	PC	charitable	3,000
Friends of the Children Inc 245 Russell St Ste 22 Hadley, MA 01035	None	PC	charitable	30,000
Immediate Medium Inc 525 Grand St Brooklyn, NY 11211	None	PC	charitable	1,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Ketamine Research Foundation 6 Crest Road San Anselmo, CA 94960	None	PC	charitable	85,000
Performance Zone Inc 75 Maiden Lane Suite 906 New York, NY 10038	None	PC	charitable	38,500
Soho Think Tank Inc 154 Christopher St Ste 1E New York, NY 10014	None	PC	charitable	2,500
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Coalition for Homeless Inc 89 Chambers St New York, NY 10038	None	PC	charitable	30,000
Massachusetts Coalition for Homeles 73 Buffum St Lynn, MA 01902	None	PC	Charitable	30,000
Fractured Atlas Inc 248 West 35th Street 10th Floor New York, NY 10001	None	PC	Charitable	11,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
FEAST Inc PO Box 2154 Palm Harbor, FL 34682	None	PC	Charitable	30,000
Pioneer Works Art Foundation 159 Pioneer Street Brooklyn, NY 11231	None	PC	Charitable	15,000
Algalita Marine Research and Educat 148 N Marina Dr Long Beach, CA 90803	None	PC	Charitable	20,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Animal Samaritans 42150 Jackson St 106 Indio, CA 92203	None	PC	Charitable	5,000
Do It For The Love360 Grand Ave 350 Oakland, CA 94610	None	PC	Charitable	15,000
Environmental Education Group Inc 2828 Cochran St 177 Simi Valley, CA 93065	None	PC	Charitable	15,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Flux Foundation 1176 Park Pacifica Ave Pacifica, CA 94044	None	PC	Charitable	10,000
Grey Muzzle Organization 14460 Falls of Neuse Road Raleigh, NC 27614	None	PC	Charitable	15,000
Humane League PO Box 10476 Rockville, MD 20849	None	PC	Charitable	15,000
<b>Total . . . . . ▶ 3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Mint Theater Company Inc 412 W 42nd St New York, NY 10036	None	PC	Charitable	15,000
Plastics Oceans Foundation 4709-1 College Acres Wilmington, NC 28403	None	PC	Charitable	25,000
Portland Experimental Theatre Ensem 3520 SE Yamhill St Portland, OR 97214	None	PC	Charitable	1,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a</b> <i>Paid during the year</i>				
Protect Our Winters 4676 Broadway Street Boulder, CO 80304	None	PC	Charitable	30,000
Springboard for the Arts 262 University Ave W St Paul, MN 55103	None	PC	Charitable	1,000
Upstream Policy Institute Inc PO Box 1352 Damariscotta, ME 04543	None	PC	Charitable	20,000
<b>Total . . . . .</b> ▶ <b>3a</b>				1,949,000

**Form 990PF Part XVI-A Line 11 - Other revenue:**

Enter gross amounts unless otherwise indicated.	Unrelated business income		Excluded by section 512, 513, or 514		<b>(e)</b> Related or exempt function income (See the instructions.)
<b>11</b> Other revenue:	<b>(a)</b> Business code	<b>(b)</b> Amount	<b>(c)</b> Exclusion code	<b>(d)</b> Amount	
<b>a</b> Other Income-UBS 14446	721110		18	297	
<b>b</b> Private Equity Core Fd. 3	900099	10,408	18	19,438	
<b>c</b> Private Equity Core Fd. 5	900099	8,198	18	1,336	
<b>d</b> Maveron Equity Ptnrs.			18		
<b>e</b> Wash Sales			18	7,130	
<b>f</b> Accrued Market Discount			18	-1,064	
<b>g</b> State Tax Refund	900099	3,080	18		

**TY 2019 Accounting Fees Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Category</b>	<b>Amount</b>	<b>Net Investment Income</b>	<b>Adjusted Net Income</b>	<b>Disbursements for Charitable Purposes</b>
	60,016	13,168	0	46,848

## TY 2019 General Explanation Attachment

**Name:** The Mental Insight Foundation

**EIN:** 94-3256579

**Software ID:** 19009920

**Software Version:** 2019v5.0

### General Explanation Attachment

Identifier	Return Reference	Explanation	
1		General Explanation Supplemental Information for Form 990-PF	PART XV, LINE 2 dDistributions in the form of grants or loans only to organizations(i.e. the foundation has no plans to make grants or award scholarshipsto individuals) exempt from federal income tax under IRC Section501(c)(3) and classified as public charities under Section 509(a)(1), (2), or (3) and other organizations exclusively for charitable,scientific or educational purposes.The specific charitable focus of the Foundation's grants initiallyw ill be assisting individuals to develop healthier mental attitudes,and promoting meaningful insights into the human mind and the natureof human relationships. The Foundation's early grants w ill attempt toaddress the lack of research w ith respect to the therapeutic effectsof meditation. In addition to funding these treatments, theFoundation w ill make grants to researchers w ho w ill study the effectson participants' brainw aves. Special emphasis w ill be given to thestudy of depressive states, alternatives to medication, and the impactof meditation on stressful lives.

**TY 2019 Legal Fees Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Category</b>	<b>Amount</b>	<b>Net Investment Income</b>	<b>Adjusted Net Income</b>	<b>Disbursements for Charitable Purposes</b>
Legal Fees	206	0	0	206

**TY 2019 Other Assets Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0**Other Assets Schedule**

Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value
Accrued Security Income		10,043	10,043
Prepaid Expense		3,285	3,285
Prepaid Income Tax	195,831	116,153	116,153

**TY 2019 Other Decreases Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Description</b>	<b>Amount</b>
NT Private Equity Core Fund III book to tax	144,642
Kimpton Group Holding, LLC book to tax	117,238

**TY 2019 Other Expenses Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
NT Private Equity Fund III Deductions	11,957	11,957		
NT Private Equity Fund V Deductions	23,841	23,841		
UBS Management Fees	164,305	164,305		
Foundation Administration	386,040			386,040
Administrative	166			166
Insurance	3,222			3,222

**TY 2019 Other Income Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0**Other Income Schedule**

Description	Revenue And Expenses Per Books	Net Investment Income	Adjusted Net Income
Private Equity Core Fd. 3	29,846	19,438	
Private Equity Core Fd. 5	9,534	1,336	
Wash Sales	7,130	7,130	
State Tax Refund	3,080		
Other Income-UBS 14446	297	297	
Accrued Market Discount	-1,064	-1,064	

**TY 2019 Other Increases Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Description</b>	<b>Amount</b>
NT Private Equity Core Fund V Book to Tax	109,519
Prior period basis adjustment - no tax effect	804,348

**TY 2019 Other Liabilities Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Description</b>	<b>Beginning of Year - Book Value</b>	<b>End of Year - Book Value</b>
Donations Payable	1,240,000	290,000
Grants in Transit		1,960,002

**TY 2019 Taxes Schedule****Name:** The Mental Insight Foundation**EIN:** 94-3256579**Software ID:** 19009920**Software Version:** 2019v5.0

<b>Category</b>	<b>Amount</b>	<b>Net Investment Income</b>	<b>Adjusted Net Income</b>	<b>Disbursements for Charitable Purposes</b>
Federal Tax	10,000			
Foreign Taxes	24,761	24,761		