

Form 990-PF

Return of Private Foundation

or Section 4947(a)(1) Trust Treated as Private Foundation

OMB No 1545-0047

2019

Department of the Treasury Internal Revenue Service

Do not enter social security numbers on this form as it may be made public. Go to www.irs.gov/Form990PF for instructions and the latest information

1912

Open to Public Inspection

For calendar year 2019 or tax year beginning , and ending

Name of foundation: THE HELM FOUNDATION, INC.
Employer identification number: 76-0419884
Telephone number: (713) 333-2641
Fair market value of all assets at end of year: \$6,841,533
Accounting method: Cash

Table with 5 columns: (a) Revenue and expenses per books, (b) Net investment income, (c) Adjusted net income, (d) Disbursements for charitable purposes. Rows include Contributions, Dividends, Net gain/loss, Other income, and Total expenses.

SCANNED MAY 05 2021

Received in JAN 0 2021 06 Batching Ogden and Administrative Expenses

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year		
				(a) Book Value	(b) Book Value	(c) Fair Market Value	
Assets	1	Cash - non-interest-bearing		195,594.	135,244.	135,244.	
	2	Savings and temporary cash investments		546,064.	550,887.	550,887.	
	3	Accounts receivable ▶	5,125.				
		Less: allowance for doubtful accounts ▶		4,235.	5,125.	5,125.	
	4	Pledges receivable ▶					
		Less: allowance for doubtful accounts ▶					
	5	Grants receivable					
	6	Receivables due from officers, directors, trustees, and other disqualified persons					
	7	Other notes and loans receivable ▶					
		Less: allowance for doubtful accounts ▶					
	8	Inventories for sale or use					
	9	Prepaid expenses and deferred charges					
	10a	Investments - U.S. and state government obligations					
		b Investments - corporate stock	STMT 7		3,687,389.	3,593,757.	4,033,450.
		c Investments - corporate bonds	STMT 8		1,464,444.	1,576,326.	1,568,519.
	11	Investments - land, buildings, and equipment basis ▶					
	Less: accumulated depreciation ▶						
12	Investments - mortgage loans						
13	Investments - other	STMT 9		940,168.	420,346.	548,308.	
14	Land, buildings, and equipment basis ▶	11,759.					
	Less: accumulated depreciation	STMT 10 ▶	11,759.				
15	Other assets (describe ▶)						
16	<b>Total assets</b> (to be completed by all filers - see the instructions. Also, see page 1, item I)			6,837,894.	6,281,685.	6,841,533.	
Liabilities	17	Accounts payable and accrued expenses					
	18	Grants payable					
	19	Deferred revenue					
	20	Loans from officers, directors, trustees, and other disqualified persons					
	21	Mortgages and other notes payable					
	22	Other liabilities (describe ▶)					
23	<b>Total liabilities</b> (add lines 17 through 22)			0.	0.		
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here ▶ <input type="checkbox"/>						
	and complete lines 24, 25, 29, and 30.						
	24	Net assets without donor restrictions					
	25	Net assets with donor restrictions					
	Foundations that do not follow FASB ASC 958, check here ▶ <input checked="" type="checkbox"/>						
	and complete lines 26 through 30.						
	26	Capital stock, trust principal, or current funds			0.	0.	
	27	Paid-in or capital surplus, or land, bldg., and equipment fund			0.	0.	
28	Retained earnings, accumulated income, endowment, or other funds			6,837,894.	6,281,685.		
29	<b>Total net assets or fund balances</b>			6,837,894.	6,281,685.		
30	<b>Total liabilities and net assets/fund balances</b>			6,837,894.	6,281,685.		

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	6,837,894.
2	Enter amount from Part I, line 27a	2	-556,209.
3	Other increases not included in line 2 (itemize) ▶	3	0.
4	Add lines 1, 2, and 3	4	6,281,685.
5	Decreases not included in line 2 (itemize) ▶	5	0.
6	<b>Total net assets or fund balances at end of year</b> (line 4 minus line 5) - Part II, column (b), line 29	6	6,281,685.

**Part IV Capital Gains and Losses for Tax on Investment Income**

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse, or common stock, 200 shs. MLC Co.)		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr)	(d) Date sold (mo., day, yr)	
1a					
b SEE ATTACHED STATEMENTS					
c					
d					
e					
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) ((e) plus (f) minus (g))		
a					
b					
c					
d					
e	1,883,382.	2,009,569.	-126,187.		
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69				(l) Gains (Col. (h) gain minus col (k), but not less than -0-) or Losses (from col. (h))	
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col (j), if any			
a					
b					
c					
d					
e			-126,187.		
2 Capital gain net income or (net capital loss)		{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7             }		2	-126,187.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8		{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7             }		3	N/A

**Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income**

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

Yes  No

If "Yes," the foundation doesn't qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col. (c))
2018	434,356.	7,141,322.	.060823
2017	330,608.	7,213,855.	.045830
2016	290,750.	6,967,064.	.041732
2015	435,146.	7,576,549.	.057433
2014	476,859.	8,850,417.	.053880
2 Total of line 1, column (d)			2 .259698
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years			3 .051940
4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5			4 6,598,493.
5 Multiply line 4 by line 3			5 342,726.
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 0.
7 Add lines 5 and 6			7 342,726.
8 Enter qualifying distributions from Part XII, line 4			8 322,291.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

**Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)**

1a	Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter. _____ (attach copy of letter if necessary-see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input type="checkbox"/> and enter 1% of Part I, line 27b	1	0.
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations, enter 4% of Part I, line 12, col. (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)	2	0.
3	Add lines 1 and 2	3	0.
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)	4	0.
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	0.
6	Credits/Payments.		
a	2019 estimated tax payments and 2018 overpayment credited to 2019	6a	3,008.
b	Exempt foreign organizations - tax withheld at source	6b	0.
c	Tax paid with application for extension of time to file (Form 8868)	6c	0.
d	Backup withholding erroneously withheld	6d	0.
7	Total credits and payments. Add lines 6a through 6d	7	3,008.
8	Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached	8	0.
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	3,008.
11	Enter the amount of line 10 to be Credited to 2020 estimated tax <input type="checkbox"/> 3,008.   Refunded <input type="checkbox"/>	11	0.

**Part VII-A Statements Regarding Activities**

	Yes	No
1a		X
1b		X
1c		X
2		X
3		X
4a	X	
4b	X	
5		X
6	X	
7	X	
8a		
8b	X	
9		X
10		X

**Part VII-A Statements Regarding Activities** (continued)

	Yes	No
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions		X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions		X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► N/A	X	
14 The books are in care of ► MICAH MANAGEMENT LLC Telephone no. ► 713 333 2641 Located at ► 2901 WILCREST DR., SUITE 217, HOUSTON, TX ZIP+4 ► 77042		
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here and enter the amount of tax-exempt interest received or accrued during the year ► 15 N/A		
16 At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes," enter the name of the foreign country ►		X

**Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required**

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year, did the foundation (either directly or indirectly): (1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions. Organizations relying on a current notice regarding disaster assistance, check here ► <input type="checkbox"/>	1b	X
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)): a At the end of tax year 2019, did the foundation have any undistributed income (Part XIII, lines 6d and 6e) for tax year(s) beginning before 2019? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," list the years ► _____, _____, _____ b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions) N/A c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ► _____, _____, _____	2b	
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No b If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Form 4720, Schedule C, to determine if the foundation had excess business holdings in 2019.) N/A	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?	4b	X

**Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required** (continued)

		Yes	No
<b>5a</b> During the year, did the foundation pay or incur any amount to			
(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Provide a grant to an individual for travel, study, or other similar purposes?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b> If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions Organizations relying on a current notice regarding disaster assistance, check here	N/A ▶ <input type="checkbox"/>	5b	
<b>c</b> If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? If "Yes," attach the statement required by Regulations section 53.4945-5(d)	N/A <input type="checkbox"/> Yes <input type="checkbox"/> No		
<b>6a</b> Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b> Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If "Yes" to 6b, file Form 8870.	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	6b	X
<b>7a</b> At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b> If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?	N/A	7b	
<b>8</b> Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		

**Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**

**1 List all officers, directors, trustees, and foundation managers and their compensation.**

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
GLORA BEE HELM 2901 WILCREST DR., SUITE 217 HOUSTON, TX 77042	DIR/CHAIRMAN 0.00	0.	0.	0.
CYRUS VARD HELM 2901 WILCREST DR., SUITE 217 HOUSTON, TX 77042	DIR/PRESIDENT 5.00	0.	10,777.	0.
SUSAN HELM 2901 WILCREST DR., SUITE 217 HOUSTON, TX 77042	DIR/SECRETARY 5.00	0.	10,777.	0.

**2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."**

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

**Total number of other employees paid over \$50,000** ▶ 0

**Part VIII** Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

**3** Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
MICAHA MANAGEMENT LLC 2901 WILCREST DRIVE #217, HOUSTON, TX 77042	FOUNDATION MANAGEMENT	282,850.

Total number of others receiving over \$50,000 for professional services ▶ 0

**Part IX-A** Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc	Expenses
1 N/A	
2	
3	
4	

**Part IX-B** Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
All other program-related investments. See instructions	
3	

Total. Add lines 1 through 3 ▶ 0.

**Part X** Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes.		
a	Average monthly fair market value of securities	1a	5,360,810.
b	Average of monthly cash balances	1b	778,564.
c	Fair market value of all other assets	1c	559,604.
d	Total (add lines 1a, b, and c)	1d	6,698,978.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	6,698,978.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	100,485.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	6,598,493.
6	Minimum investment return. Enter 5% of line 5	6	329,925.

**Part XI** Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here  and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	329,925.
2a	Tax on investment income for 2019 from Part VI, line 5	2a	
b	Income tax for 2019. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	0.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	329,925.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	329,925.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	329,925.

**Part XII** Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	322,291.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8; and Part XIII, line 4	4	322,291.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	0.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	322,291.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

**Part XIII Undistributed Income** (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				329,925.
2 Undistributed income, if any, as of the end of 2019				
a Enter amount for 2018 only			265,410.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2019:				
a From 2014				
b From 2015				
c From 2016				
d From 2017				
e From 2018				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2019 from Part XII, line 4 ▶ \$ 322,291.				
a Applied to 2018, but not more than line 2a			265,410.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2019 distributable amount				56,881.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2019 (If an amount appears in column (d), the same amount must be shown in column (a))	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2018. Subtract line 4a from line 2a Taxable amount - see instr			0.	
f Undistributed income for 2019 Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020				273,044.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	0.			
8 Excess distributions carryover from 2014 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9.				
a Excess from 2015				
b Excess from 2016				
c Excess from 2017				
d Excess from 2018				
e Excess from 2019				

**Part XIV Private Operating Foundations** (see instructions and Part VII-A, question 9) N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling ▶ \_\_\_\_\_  
 b Check box to indicate whether the foundation is a private operating foundation described in section  4942(j)(3) or  4942(j)(5)

	Tax year		Prior 3 years		(e) Total
	(a) 2019	(b) 2018	(c) 2017	(d) 2016	
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4, for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a "Assets" alternative test - enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6, for each year listed					
c "Support" alternative test - enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

**Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see instructions.)**

1 **Information Regarding Foundation Managers:**  
 a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

NONE

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

NONE

2 **Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:**  
 Check here  if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc., to individuals or organizations under other conditions, complete items 2a, b, c, and d

a The name, address, and telephone number or email address of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

**Part XV** Supplementary Information *(continued)*

<b>3 Grants and Contributions Paid During the Year or Approved for Future Payment</b>				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<b>a Paid during the year</b>				
CLUB OUTREACH MINISTRIES INC 1401 MCKINNEY STE 1900 HOUSTON, TX 77010	N/A	SEC. 501(C)(3)	EDUCATION	5,000.
COVENANT HOUSE 1111 LOVETT BLVD. HOUSTON, TX 70006	N/A	SEC. 501(C)(3)	GENERAL FUND	10,000.
DUKE UNIVERSITY BOX 90581 DURHAM, NC 27708	N/A	SEC. 501(C)(3)	EDUCATION	25,000.
HOUSTON AUDOBON SOCIETY 440 WILCHESTER BLVD HOUSTON, TX 77079	N/A	SEC. 501(C)(3)	GENERAL FUND	5,000.
MARBRIDGE FOUNDATION P.O. BOX 2250 MANCHACA, TX 78652	N/A	SEC. 501(C)(3)	GENERAL FUND	10,000.
<b>Total</b>	<b>SEE CONTINUATION SHEET(S)</b>			<b>169,000.</b>
<b>b Approved for future payment</b>				
NONE				
<b>Total</b>				
				<b>0.</b>





**Part IV** Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a FR XI-E ONSHORE AIV, LP (CAP GAIN) #90	P		
b FR XI OFFSHORE AIV, LP (CAP LOSS) #90	P		
c FIRST RESERVE FUND XI, LP (CAP LOSS) #90	P		
d FIRST RESERVE FUND XI, LP (CAP LOSS) #90	P		
e FR XI-E ONSHORE AIV, LP (CAP GAIN) #264	P		
f FR XI OFFSHORE AIV, LP (CAP LOSS) #264	P		
g FIRST RESERVE FUND XI, LP (CAP LOSS) #264	P		
h FIRST RESERVE FUND XI, LP (CAP LOSS) #264	P		
i FR XII-A BRAVO AIV, LP (CAP LOSS)	P		
j FR XII-A BRAVO AIV, LP (SECTION 1231)	P		
k FR XII-A CHARLIE AIV, LP (CAP GAIN)	P		
l FR XII-A CHARLIE AIV, LP (CAP LOSS)	P		
m FR XII-A PARALLEL VEHICLE, LP (CAP LOSS)	P		
n FR XIII CHARLIE AIV, LP (CAP LOSS)	P		
o FR XIII CHARLIE AIV, LP (CAP LOSS)	P		

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 5,342.			5,342.
b		13.	-13.
c		4,070.	-4,070.
d		1,245.	-1,245.
e 2,594.			2,594.
f		6.	-6.
g		1,980.	-1,980.
h		606.	-606.
i		17,482.	-17,482.
j 6,298.			6,298.
k 4,799.			4,799.
l		7,433.	-7,433.
m		62,487.	-62,487.
n		2,212.	-2,212.
o		1,036.	-1,036.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			5,342.
b			-13.
c			-4,070.
d			-1,245.
e			2,594.
f			-6.
g			-1,980.
h			-606.
i			-17,482.
j			6,298.
k			4,799.
l			-7,433.
m			-62,487.
n			-2,212.
o			-1,036.

2 Capital gain net income or (net capital loss) ... { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8	3	.

**Part IV** Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs MLC Co	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a FR XIII CHARLIE AIV, LP (SECTION 1231)	P		
b INVESCO EXCHNG TRADED FD	P	10/23/18	01/24/19
c ISHS TR ASIA 50 ETF	P	10/23/18	09/09/19
d ISHS TR IBOXX HI YD	P	05/06/19	06/06/19
e ANADARKO PETE CORP NOTE	P	07/22/13	03/15/19
f INVESCO EXCHNG TRADED FD	P	05/05/15	01/24/19
g ISHS CORE S&P SMALL CAP	P	10/27/14	05/07/19
h ISHS TR IBOXX HI YD ETF	P	04/19/18	06/06/19
i ROCKIES EXPRESS PIPELINE LLC	P	05/12/14	01/15/19
j RYDER SYS MTN BE CALL	P	01/22/14	02/26/19
k SPDR S&P 500 ETF TRUST	P	02/27/15	08/15/19
l SPDR SERIES TRUST BLOOMBERG	P	09/02/14	04/22/19
m SPDR SERIES TRST BLOMBRG BRC	P	06/25/14	04/22/19
n VANGUAD INTL EQUITY INDEX	P	09/09/16	11/01/19
o LITIGATION PROCEEDS	P		

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 403.			403.
b 40,473.		40,255.	218.
c 88,648.		83,910.	4,738.
d 125,320.		126,383.	-1,063.
e 330,000.		430,158.	-100,158.
f 105,230.		117,138.	-11,908.
g 94,436.		64,815.	29,621.
h 192,866.		193,691.	-825.
i 110,000.		113,998.	-3,998.
j 116,000.		115,008.	992.
k 80,538.		54,451.	26,087.
l 39,785.		42,729.	-2,944.
m 240,038.		266,950.	-26,912.
n 288,292.		261,513.	26,779.
o 43.			43.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			403.
b			218.
c			4,738.
d			-1,063.
e			-100,158.
f			11,908.
g			29,621.
h			-825.
i			-3,998.
j			992.
k			26,087.
l			-2,944.
m			-26,912.
n			26,779.
o			43.

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8	3	

THE HELM FOUNDATION, INC.

**Part IV** Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a CAPITAL GAINS DIVIDENDS			
b			
c			
d			
e			
f			
g			
h			
i			
j			
k			
l			
m			
n			
o			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 12,277.			12,277.
b			
c			
d			
e			
f			
g			
h			
i			
j			
k			
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Losses (from col (h)) Gains (excess of col (h) gain over col (k), but not less than "-0-")
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			12,277.
b			
c			
d			
e			
f			
g			
h			
i			
j			
k			
l			
m			
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	-126,187.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	N/A

**Part XV** Supplementary Information

**3 Grants and Contributions Paid During the Year (Continuation)**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
QUILLIAN CENTER 3663 WESTCENTER DR HOUSTON, TX 77042	N/A	SEC. 501(C)(3)	RELIGIOUS	5,000.
ST. ROSE OF LIMA SCHOOL 3600 BRINKMAN HOUSTON, TX 77018	N/A	SEC. 501(C)(3)	GENERAL FUND	5,000.
ST. STEPHEN'S EPISCOPAL SCHOOL 6500 ST. STEPHEN'S DRIVE AUSTIN, TX 78746	N/A	SEC. 501(C)(3)	EDUCATION	48,000.
STRATEGIC GLOBAL MISSIONS 3611 CAT SPRINGS LANE MISSOURI CITY, TX 77459	N/A	SEC. 501(C)(3)	GENERAL FUND	5,000.
THE SAMARITAN CENTER 17555 EL CAMINO REAL HOUSTON, TX 77058	N/A	SEC. 501(C)(3)	GENERAL FUND	30,000.
TOMAGWA MINISTRIES, INC. 455 SCHOOL STREET, SUITE 30 TOMBALL, TX 77375	N/A	SEC. 501(C)(3)	GENERAL FUND	15,000.
POSITIVE BLACK MALE ASSOCIATION HOUSTON PO BOX 38388 HOUSTON, TX 77238	N/A	SEC. 501(C)(3)	GENERAL FUND	5,000.
CHRISTIAN ALLIANCE 4129 TELEPHONE RD HOUSTON, TX 77087	N/A	SEC. 501(C)(3)	GENERAL FUND	1,000.
<b>Total from continuation sheets</b>				<b>114,000.</b>

FORM 990-PF	DIVIDENDS AND INTEREST FROM SECURITIES			STATEMENT	1
SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	(A) REVENUE PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME
FIDELITY #670 (CAPITAL GAIN DISTRIBUTIONS)	12,277.	12,277.	0.	0.	
FIDELITY #670 (DIVIDENDS)	129,139.	0.	129,139.	129,139.	
FIDELITY #670 (INTEREST FROM SECURITIES)	51,589.	0.	51,589.	51,589.	
FIRST RESERVE FUND XI, LP #264	64.	0.	64.	64.	
FIRST RESERVE FUND XI, LP #90	132.	0.	132.	132.	
FR XI-E ONSHORE AIV, LP #264	1.	0.	1.	1.	
FR XI-E ONSHORE AIV, LP #90	1.	0.	1.	1.	
FR XII-A BRAVO AIV, LP	25.	0.	25.	25.	
FR XII-A CHARLIE AIV, LP	322.	0.	322.	322.	
FR XII-A PARALLEL VEHICLE, LP	39.	0.	39.	39.	
FR XIII CHARLIE AIV, LP	1,302.	0.	1,302.	1,302.	
FR XIII FOXTROT AIV, LP	109.	0.	109.	109.	
TO PART I, LINE 4	195,000.	12,277.	182,723.	182,723.	

FORM 990-PF	OTHER INCOME		STATEMENT	2
DESCRIPTION	(A) REVENUE PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME	
FIRST RESERVE FUND XI, LP #264	40.	40.		
FIRST RESERVE FUND XI, LP #90	83.	83.		
FR XII-A BRAVO AIV, LP	0.	0.		
FR XII-A CHARLIE AIV, LP	8,124.	8,124.		
FIRST RESERVE FUND XI, LP #90 (UBTI)	-6,720.	0.		
FIRST RESERVE FUND XI, LP #264 (UBTI)	-3,269.	0.		

FR XII-A ALPHA AIV, LP (UBTI)	71.	0.
FR XII-A CHARLIE AIV, LP (UBTI)	-6,637.	0.
FR XII-A BRAVO AIV, LP (UBTI)	2,073.	0.
FR XII-A CHARLIE AIV, LP (ROYALTIES)	30.	30.
FR XIII CHARLIE AIV, LP	27,462.	27,462.
FR XIII CHARLIE AIV, LP (UBTI)	-45,403.	0.
FIRST RESERVE FUND XIII, LP	48.	48.
<b>TOTAL TO FORM 990-PF, PART I, LINE 11</b>	<b>-24,098.</b>	<b>35,787.</b>

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	10,888.	9,799.		1,089.
TO FORM 990-PF, PG 1, LN 16B	10,888.	9,799.		1,089.

FORM 990-PF OTHER PROFESSIONAL FEES STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
MANAGEMENT FEE	282,850.	141,425.		141,425.
FIRST RESERVE FUND XI #90	144.	144.		0.
FIDELITY #670	40,551.	40,551.		0.
FIRST RESERVE FUND XI #264	70.	70.		0.
FR XII-A ALPHA AIV, LP	389.	389.		0.
FR XII-A BRAVO AIV, LP	800.	800.		0.
FR XI-E ONSHORE AIV #264	19.	19.		0.
FR XI OFFSHORE AIV, LP #264	21.	21.		0.
FR XII-A CHARLIE AIV, LP	2,154.	2,154.		0.
FR XII-A PBF AIV, LP	226.	226.		0.
FR XI-E ONSHORE AIV #90	39.	39.		0.
FR XI OFFSHORE AIV, LP #90	43.	43.		0.
FR XII-A PARALLEL VEHICLE, LP	1,403.	1,403.		0.
FIRST RESERVE FUND XIII, LP	1,327.	1,327.		0.
FR XIII CHARLIE AIV, LP	2,603.	2,603.		0.
FR XIII FOXTROT AIV, LP	775.	775.		0.
<b>TO FORM 990-PF, PG 1, LN 16C</b>	<b>333,414.</b>	<b>191,989.</b>		<b>141,425.</b>

FORM 990-PF	TAXES			STATEMENT 5
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FIDELITY #670-FOREIGN TAX	3,885.	3,885.		0.
FR XII-A BRAVO AIV, LP - FOREIGN TAX	1,704.	0.		0.
PROPERTY TAX	98.	98.		0.
ESTIMATED TAX DEPOSIT - FORM 990PF	1,000.	0.		0.
TO FORM 990-PF, PG 1, LN 18	6,687.	3,983.		0.

FORM 990-PF	OTHER EXPENSES			STATEMENT 6
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FIRST RESERVE FUND XI, LP #264	67.	67.		0.
FIRST RESERVE FUND XI, LP #264 (NDE)	26.	0.		0.
FIRST RESERVE FUND XI, LP #90	136.	136.		0.
FIRST RESERVE FUND XI, LP #90 (NDE)	53.	0.		0.
FR XII-A CHARLIE AIV, LP	6,509.	6,509.		0.
FR XII-A CHARLIE AIV, LP (NDE)	13.	0.		0.
FR XII-A PARALLEL VEHICLE, LP	113.	113.		0.
FR XII-A BRAVO AIV, LP	1.	1.		0.
FR XII-A ALPHA AIV, LP	3.	3.		0.
FIRST RESERVE FUND XIII, LP	532.	532.		0.
FR XIII CHARLIE AIV, LP	25,230.	25,230.		0.
FR XIII CHARLIE AIV, LP (NDE)	235.	0.		0.
FR XIII FOXTROT AIV, LP	43.	43.		0.
FIRST RESERVE FUND XI, LP #90 (SEC 1231 LOSS)	130.	130.		0.
FR XII-A ALPHA AIV, LP (SEC 1231 LOSS)	262.	262.		0.
FR XII-A CHARLIE AIV, LP (SEC 1231 LOSS)	7,157.	7,157.		0.
FIRST RESERVE FUND XI, LP #264 (SEC 1231 LOSS)	63.	63.		0.
TO FORM 990-PF, PG 1, LN 23	40,573.	40,246.		0.

FORM 990-PF

CORPORATE STOCK

STATEMENT 7

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
INVESCO OPPENHEIMER INTL SMALL MID CO	170,252.	155,400.
COLUMBIA EMERGING MARKETS	168,351.	183,518.
FRANKLIN CONVERTIBLE SECURITIES	115,216.	117,580.
ISHS INC MSCI FRNTR 100 ETF	185,978.	163,890.
ISHS INC MSCI CDA ETF	165,291.	179,340.
ISHS MSCI EUROZONE ETF	79,173.	83,840.
ISHS LATIN AMERICA 40 ETF	74,792.	74,734.
ISHS CORE S&P SMALL CAP	443,964.	565,233.
ISHS TR INTL SEL DIV ETF	173,135.	161,136.
ISHS MSCI SINGAPORE ETF	100,067.	99,409.
ISHS MORTGAGE REAL ESTATE ETF	147,827.	128,024.
SPDR S&P ETF TRUST UNIT	557,317.	858,401.
VANECK VECTORS ETF TRUST LOW CARBN	67,001.	82,110.
VANGUARD INTL EQUITY INDEX FUND INC	276,707.	313,424.
WISDOMTREE TR US MIDCAP DIVID	413,934.	432,515.
VANGUARD REAL ESTATE ETF	236,704.	260,925.
BANK OF AMERICA CORP	152,287.	149,650.
BARCLAYS PLC ADR	23,775.	12,376.
PETROLEO BRASILEIRO SA PETROBRAS	16,556.	6,727.
WELLS FARGO CO NEW COM	25,430.	5,218.
TOTAL TO FORM 990-PF, PART II, LINE 10B	3,593,757.	4,033,450.

FORM 990-PF

CORPORATE BONDS

STATEMENT 8

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
EATON VANCE HIGH INCOME OPPT	102,457.	103,853.
JPMORGAN GLOBAL BOND OPPORTUNITIES	288,969.	293,985.
VANGUARD HI YIELD CORPORATE ADMIRAL	100,436.	101,406.
ISHS TRUST 1-3 YR TREASURY BOND ETF	61,563.	61,357.
ISHS TR IBOXX HI YD ETF	217,621.	222,928.
ALLERGAN INC NOTE CALL MAKE WHOLE	312,010.	302,574.
LIMITED BRANDS INC NOTE CALL	192,960.	178,075.
FEDEX CORP NOTE CALL MAKE WHOLE	300,310.	304,341.
TOTAL TO FORM 990-PF, PART II, LINE 10C	1,576,326.	1,568,519.

FORM 990-PF	OTHER INVESTMENTS	STATEMENT 9	
DESCRIPTION	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
FIRST RESERVE XI	FMV	80,669.	60,750.
FIRST RESERVE XII	FMV	106,379.	161,652.
FIRST RESERVE XIII	FMV	233,298.	325,906.
TOTAL TO FORM 990-PF, PART II, LINE 13		420,346.	548,308.

FORM 990-PF	DEPRECIATION OF ASSETS NOT HELD FOR INVESTMENT	STATEMENT 10	
DESCRIPTION	COST OR OTHER BASIS	ACCUMULATED DEPRECIATION	BOOK VALUE
DESK, CHAIR AND CREDENZA	4,558.	4,558.	0.
OFFICE FURNITURE	7,201.	7,201.	0.
TOTAL TO FM 990-PF, PART II, LN 14	11,759.	11,759.	0.

