

Form **990-PF****Return of Private Foundation**

or Section 4947(a)(1) Trust Treated as Private Foundation

Department of the Treasury
Internal Revenue Service

- ▶ Do not enter social security numbers on this form as it may be made public.
▶ Go to www.irs.gov/Form990PF for instructions and the latest information.

2019

Open to Public Inspection

For calendar year 2019 or tax year beginning

, 2019, and ending

, 20

Name of foundation

THE MARJORIE MERRIWEATHER POST FOUNDATION

A Employer identification number

52-6054705

Number and street (or P O box number if mail is not delivered to street address)

Room/suite

B Telephone number (see instructions)

C/O ETON ADV., 5915 FARRINGTON RD.

202

(919) 442-1545

City or town, state or province, country, and ZIP or foreign postal code

CHAPEL HILL, NC 27517

G Check all that apply

Initial return

Initial return of a former public charity

Final return

Amended return

Address change

Name change

H Check type of organization

☒ Section 501(c)(3) exempt private foundation☐ Section 4947(a)(1) nonexempt charitable trust☐ Other taxable private foundation

I Fair market value of all assets at

end of year (from Part II, col (c), line

16) ▶ \$ 5,939,303.

J Accounting method

☒ Cash ☐ Accrual☐ Other (specify)

(Part I, column (d), must be on cash basis)

C If exemption application is pending, check here. ☐D 1 Foreign organizations, check here. ☐2 Foreign organizations meeting the 85% test, check here and attach computation ☐E If private foundation status was terminated under section 507(b)(1)(A), check here. ☐F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here. ☐**Part I Analysis of Revenue and Expenses** (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))

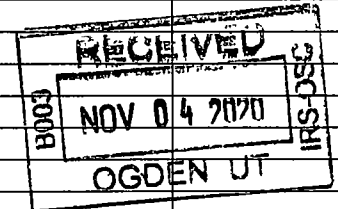
(a) Revenue and expenses per books

(b) Net investment income

(c) Adjusted net income

(d) Disbursements for charitable purposes (cash basis only)

Revenue	1	Contributions, gifts, grants, etc., received (attach schedule)				
	2	Check ☒ if the foundation is not required to attach Sch. B.				
	3	Interest on savings and temporary cash investments				
	4	Dividends and interest from securities	135,626.	135,616.		
	5a	Gross rents				
	b	Net rental income or (loss)				
	6a	Net gain or (loss) from sale of assets not on line 10	58,441.			
	b	Gross sales price for all assets on line 6a	1,153,392.			
	7	Capital gain net income (from Part IV, line 2)		58,347.		
	8	Net short-term capital gain				
	9	Income modifications				
	10a	Gross sales less returns and allowances				
b	Less: Cost of goods sold					
c	Gross profit or (loss) (attach schedule)					
11	Other income (attach schedule) ATCH. 1	36,860.	11,702.			
12	Total. Add lines 1 through 11	230,927.	205,665.			
Operating and Administrative Expenses	13	Compensation of officers, directors, trustees, etc.	0.			
	14	Other employee salaries and wages				
	15	Pension plans, employee benefits				
	16a	Legal fees (attach schedule)				
	b	Accounting fees (attach schedule) ATCH. 2	44,298.	22,149.		22,149.
	c	Other professional fees (attach schedule) [3]	56,072.	50,465.		5,607.
	17	Interest				
	18	Taxes (attach schedule) (see instructions) [4]	6,193.	2,943.		
	19	Depreciation (attach schedule) and depletion				
	20	Occupancy				
	21	Travel, conferences, and meetings				
	22	Printing and publications				
	23	Other expenses (attach schedule) ATCH. 5	51,703.	17,631.		993.
	24	Total operating and administrative expenses. Add lines 13 through 23.	158,266.	93,188.		28,749.
	25	Contributions, gifts, grants paid	281,034.			281,017.
26	Total expenses and disbursements. Add lines 24 and 25	439,300.	93,188.	0.	309,766.	
27	Subtract line 26 from line 12					
a	Excess of revenue over expenses and disbursements	-208,373.				
b	Net investment income (if negative, enter -0-)		112,477.			
c	Adjusted net income (if negative, enter -0-)					



Part II Balance Sheets

Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)

		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing			
	2 Savings and temporary cash investments	444,845.	84,513.	84,513.
	3 Accounts receivable ▶			
	Less allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less allowance for doubtful accounts ▶			
	5 Grants receivable.			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7 Other notes and loans receivable (attach schedule) ▶			
	Less allowance for doubtful accounts ▶			
	8 Inventories for sale or use.			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations (attach schedule).			
	b Investments - corporate stock (attach schedule)			
	c Investments - corporate bonds (attach schedule).			
	11 Investments - land, buildings, and equipment basis			
Less accumulated depreciation (attach schedule) ▶				
12 Investments - mortgage loans				
13 Investments - other (attach schedule) ATCH. 6	5,207,116.	5,850,906.	5,850,906.	
14 Land, buildings, and equipment basis				
Less accumulated depreciation (attach schedule) ▶				
15 Other assets (describe ▶ ATCH 7)	4,030.	3,884.	3,884.	
16 Total assets (to be completed by all filers - see the instructions Also, see page 1, item I)	5,655,991.	5,939,303.	5,939,303.	
Liabilities	17 Accounts payable and accrued expenses			
	18 Grants payable.			
	19 Deferred revenue.			
	20 Loans from officers, directors, trustees, and other disqualified persons.			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe ▶)			
	23 Total liabilities (add lines 17 through 22)	0.	0.	
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here ▶ ☒ and complete lines 24, 25, 29, and 30.			
	24 Net assets without donor restrictions	5,655,991.	5,939,303.	
	25 Net assets with donor restrictions			
	Foundations that do not follow FASB ASC 958, check here ▶ ☐ and complete lines 26 through 30.			
	26 Capital stock, trust principal, or current funds			
	27 Paid-in or capital surplus, or land, bldg, and equipment fund.			
	28 Retained earnings, accumulated income, endowment, or other funds			
	29 Total net assets or fund balances (see instructions).	5,655,991.	5,939,303.	
	30 Total liabilities and net assets/fund balances (see instructions)	5,655,991.	5,939,303.	

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	5,655,991.
2 Enter amount from Part I, line 27a	2	-208,373.
3 Other increases not included in line 2 (itemize) ▶ ATCH 8	3	491,685.
4 Add lines 1, 2, and 3	4	5,939,303.
5 Decreases not included in line 2 (itemize) ▶	5	
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 29	6	5,939,303.

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Part IV Capital Gains and Losses for Tax on Investment Income(a) List and describe the kind(s) of property sold (for example, real estate,
2-story brick warehouse, or common stock, 200 shs MLC Co)(b) How
acquired
P - Purchase
D - Donation(c) Date acquired
(mo, day, yr)(d) Date sold
(mo, day, yr)**1 a** SEE PART IV SCHEDULE**b****c****d****e**

(e) Gross sales price

(f) Depreciation allowed
(or allowable)(g) Cost or other basis
plus expense of sale(h) Gain or (loss)
((e) plus (f) minus (g))**a****b****c****d****e**

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) Gains (Col (h) gain minus
col (k), but not less than -0-) or
Losses (from col (h))

(i) FMV as of 12/31/69

(j) Adjusted basis
as of 12/31/69(k) Excess of col (i)
over col (j), if any**a****b****c****d****e****2** Capital gain net income or (net capital loss){ If gain, also enter in Part I, line 7
If (loss), enter -0- in Part I, line 7 }**2**

58,347.

3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6)If gain, also enter in Part I, line 8, column (c) See instructions If (loss), enter -0- in
Part I, line 8 }**3**

0.

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation doesn't qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see the instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2018	318,418.	6,142,949.	0.051835
2017	255,881.	6,115,378.	0.041842
2016	254,779.	5,832,570.	0.043682
2015	302,325.	6,142,355.	0.049220
2014	335,574.	6,599,306.	0.050850

2 Total of line 1, column (d)**2**

0.237429

3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5 0, or by
the number of years the foundation has been in existence if less than 5 years**3**

0.047486

4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5**4**

5,907,637.

5 Multiply line 4 by line 3.**5**

280,530.

6 Enter 1% of net investment income (1% of Part I, line 27b).**6**

1,125.

7 Add lines 5 and 6.**7**

281,655.

8 Enter qualifying distributions from Part XII, line 4.**8**

309,766.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the
Part VI instructions

3

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1			
Date of ruling or determination letter _____ (attach copy of letter if necessary - see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b		1	1,125.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations, enter 4% of Part I, line 12, col (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		2	
3 Add lines 1 and 2		3	1,125.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	1,125.
6 Credits/Payments			
a 2019 estimated tax payments and 2018 overpayment credited to 2019	6a	7,278.	
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	7,278.	
8 Enter any penalty for underpayment of estimated tax. Check here ☒ if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9		
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	6,153.	
11 Enter the amount of line 10 to be Credited to 2020 estimated tax ☐ Refunded ☒	11		

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation ☐ \$ _____ (2) On foundation managers ☐ \$ _____		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ _____		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?	X	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by <i>General Instruction T</i>		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered. See instructions ☐ DC, _____		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by <i>General Instruction G</i> ? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2019 or the tax year beginning in 2019? See the instructions for Part XIV. If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

Part VII-A Statements Regarding Activities (continued)

	Yes	No
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule See instructions	11	X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement See instructions.	12	X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ▶ N/A	13	X
14 The books are in care of ▶ W. JACKSON PARHAM, JR. Telephone no ▶ 919-442-1545 Located at ▶ ATTACHMENT 9 ZIP+4 ▶ 27517		
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here and enter the amount of tax-exempt interest received or accrued during the year ▶ 15		
16 At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for FinCEN Form 114 If "Yes," enter the name of the foreign country ▶	16	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year, did the foundation (either directly or indirectly) (1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☒ Yes ☐ No (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No (6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) ☐ Yes ☒ No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions Organizations relying on a current notice regarding disaster assistance, check here ▶ ☐	1b	X
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))		
a At the end of tax year 2019, did the foundation have any undistributed income (Part XIII, lines 6d and 6e) for tax year(s) beginning before 2019? ☐ Yes ☒ No If "Yes," list the years ▶		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions)	2b	
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ▶		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No		
b If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Form 4720, Schedule C, to determine if the foundation had excess business holdings in 2019)	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?	4b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

		Yes	No
5a	During the year, did the foundation pay or incur any amount to		
(1)	Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes	☒ No
(2)	Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	☐ Yes	☒ No
(3)	Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes	☒ No
(4)	Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions	☐ Yes	☒ No
(5)	Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes	☒ No
b	If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions.		
	Organizations relying on a current notice regarding disaster assistance, check here		
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	☐ Yes	☐ No
	If "Yes," attach the statement required by Regulations section 53.4945-5(d)		
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	☐ Yes	☒ No
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		
	If "Yes" to 6b, file Form 8870		
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	☐ Yes	☒ No
b	If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?		
8	Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?	☐ Yes	☒ No

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**1 List all officers, directors, trustees, and foundation managers and their compensation. See instructions.**

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
ATCH 10		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1 - see instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000.

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**3 Five highest-paid independent contractors for professional services. See instructions. If none, enter "NONE."**

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
ATCH 11		56,072.

Total number of others receiving over \$50,000 for professional services ▶

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2

	Amount
1 N/A	
2 N/A	
All other program-related investments See instructions	
3 NONE	
Total. Add lines 1 through 3 ▶	

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities	1a	5,093,143.
b	Average of monthly cash balances	1b	318,662.
c	Fair market value of all other assets (see instructions)	1c	585,796.
d	Total (add lines 1a, b, and c)	1d	5,997,601.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	
2	Acquisition indebtedness applicable to line 1 assets	2	
3	Subtract line 2 from line 1d	3	5,997,601.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	89,964.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	5,907,637.
6	Minimum investment return. Enter 5% of line 5	6	295,382.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	295,382.
2a	Tax on investment income for 2019 from Part VI, line 5	2a	1,125.
b	Income tax for 2019 (This does not include the tax from Part VI)	2b	
c	Add lines 2a and 2b	2c	1,125.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	294,257.
4	Recoveries of amounts treated as qualifying distributions	4	
5	Add lines 3 and 4	5	294,257.
6	Deduction from distributable amount (see instructions)	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	294,257.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	309,766.
b	Program-related investments - total from Part IX-B	1b	
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	309,766.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions	5	1,125.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	308,641.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				294,257.
2 Undistributed income, if any, as of the end of 2019				
a Enter amount for 2018 only.				
b Total for prior years 20 17, 20 16, 20 15				
3 Excess distributions carryover, if any, to 2019				
a From 2014				
b From 2015				
c From 2016				
d From 2017				
e From 2018 8,887.				
f Total of lines 3a through e	8,887.			
4 Qualifying distributions for 2019 from Part XII, line 4 ▶ \$ 309,766.				
a Applied to 2018, but not more than line 2a				
b Applied to undistributed income of prior years (Election required - see instructions).				
c Treated as distributions out of corpus (Election required - see instructions)				
d Applied to 2019 distributable amount.				294,257.
e Remaining amount distributed out of corpus.	15,509.			
5 Excess distributions carryover applied to 2019 (If an amount appears in column (d), the same amount must be shown in column (a))				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	24,396.			
b Prior years' undistributed income Subtract line 4b from line 2b.				
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed				
d Subtract line 6c from line 6b Taxable amount - see instructions				
e Undistributed income for 2018 Subtract line 4a from line 2a Taxable amount - see instructions				
f Undistributed income for 2019 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2020.				
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)				
8 Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions)				
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a	24,396.			
10 Analysis of line 9				
a Excess from 2015				
b Excess from 2016				
c Excess from 2017				
d Excess from 2018 8,887.				
e Excess from 2019 15,509.				

Part XV Supplementary Information *(continued)***3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a Paid during the year				
ATCH 13				
Total			3a	281,034.
b Approved for future payment				
Total			3b	

Enter gross amounts unless otherwise indicated

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

▼

Explain below how each activity for which income is reported in column (e) of Part XVI-A contributed importantly to the accomplishment of the foundation's exempt purposes (other than by providing funds for such purposes) (See instructions)

FORM 990-PF - PART IV
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME

Kind of Property		Description				P or D	Date acquired	Date sold
Gross sale price less expenses of sale	Depreciation allowed/ allowable	Cost or other basis	FMV as of 12/31/69	Adj basis as of 12/31/69	Excess of FMV over adj basis		Gain or (loss)	
		TOTAL SHORT-TERM COMMON TRUST FUND AND PARTNERSHIP, S CORPORATION, AND OTHER ESTATES OR TRUST GAIN OR LOSS					432.	
		TOTAL LONG-TERM COMMON TRUST FUND AND PARTNERSHIP, S CORPORATION, AND OTHER ESTATES OR TRUST GAIN OR LOSS					-1,496.	
		TOTAL CAPITAL GAIN DISTRIBUTIONS					43,895.	
652,112.		S/T CAPITAL LOSSES FROM PUBLICLY TRADED 649,685.				P	VARIOUS 2,427.	VARIOUS
458,449.		L/T CAPITAL GAINS FROM PUBLICLY TRADED S 445,360.				P	VARIOUS 13,089.	VARIOUS
TOTAL GAIN(LOSS)							<u>58,347.</u>	

ATTACHMENT 1FORM 990PF, PART I - OTHER INCOME

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME
ORDINARY INCOME, INVESTMENT IN PSHIPS	11,702.	11,702.
ORDINARY INCOME, UBTI - INV IN PSHIPS	25,158.	
TOTALS	36,860.	11,702.

ATTACHMENT 2FORM 990PF, PART I - ACCOUNTING FEES

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME	ADJUSTED NET INCOME	CHARITABLE PURPOSES
AUDITING & TAX SERVICES	44,298.	22,149.		22,149.
TOTALS	<u>44,298.</u>	<u>22,149.</u>		<u>22,149.</u>

ATTACHMENT 3FORM 990PF, PART I - OTHER PROFESSIONAL FEES

<u>DESCRIPTION</u>	<u>REVENUE AND EXPENSES PER BOOKS</u>	<u>NET INVESTMENT INCOME</u>	<u>CHARITABLE PURPOSES</u>
ETON ADVISORY FEES	56,072.	50,465.	5,607.
TOTALS	<u>56,072.</u>	<u>50,465.</u>	<u>5,607.</u>

ATTACHMENT 4FORM 990PF, PART I - TAXES

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME
FOREIGN TAXES	2,943.	2,943.
STATE UBIT	250.	
FEDERAL EXCISE TAX	3,000.	
TOTALS	<u>6,193.</u>	<u>2,943.</u>

ATTACHMENT 5FORM 990PF, PART I - OTHER EXPENSES

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME	CHARITABLE PURPOSES
NONDEDUCTIBLE EXPENSE (CREDIT)	356.		
MISC PARTNERSHIP EXPENSES UBTI	26.		
PTE SECTION 59(E)(2)	32,647.		
OTHER PARTNERSHIP EXPENSES	14,389.	14,389.	
PTE INVESTMENT INT UBTI	50.		
OTHER EXPENSES	1,987.	994.	993.
INVESTMENT EXPENSES	2,248.	2,248.	
TOTALS	51,703.	17,631.	993.

FORM 990PF, PART II - OTHER INVESTMENTSATTACHMENT 6

<u>DESCRIPTION</u>	<u>ENDING BOOK VALUE</u>	<u>ENDING FMV</u>
SEE ATTACHED SCHED FOR DETAIL OF EQUITY MUTUAL FUNDS	3,341,451.	3,341,451.
SEE ATTACHED SCHED FOR DETAIL OF FIXED INCOME INVESTMENTS	1,927,543.	1,927,543.
PARTNERSHIPS		
PLEXUS FD IV-A LP	100,431.	100,431.
KAYNE ANDRSN ENERGY FD VII LP	149,219.	149,219.
ACCOLADE PARTNERS VI LP	138,915.	138,915.
BW GAS & CONVENIENCE OFFSHR	142,989.	142,989.
BW GAS & CONVENIENCE OFFSH II	50,358.	50,358.
TOTALS	<u>5,850,906.</u>	<u>5,850,906.</u>

THE MARJORIE MERRIWEATHER POST FOUNDATION
LIST OF INVESTMENTS
DECEMBER 31, 2019

	SHARES	MARKET
CASH AND CASH EQUIVALENTS		\$ 84,512.82
EQUITY MUTUAL FUNDS		
Lazard International Equity	9,013.796	\$ 167,746.74
Artisan Mid Cap Value Fund	7,048.110	132,574.95
Vanguard Mid-Cap Index Fund	677.904	149,586.30
Pear Tree Polaris Foreign Value Small Cap Fund	10,186.214	147,903.83
Vanguard Small-Cap Index Fund	1,870.399	148,453.57
The Arbitrage Fund- I	5,108.975	68,204.82
Harding Loevner Institutional	5,683.103	128,324.47
Harding Loevner Frontier Emerging Markets	5,735.340	45,882.72
Evermore Global Value Fund	7,527.123	108,014.22
Allianzgi Structural Return Fund	4,652.444	73,973.86
Parametric Volatility Risk Premium Defensive Fund	17,533.133	209,345.61
Otter Creek Long/ Short Opportunity Fund	16,587.894	202,206.43
Stone Ridge Reinsurance Risk P	12,306.577	95,868.23
Third Ave Real Estate Value Fund	893.353	22,592.90
Touchstone Sands Capital Institutional Growth Fund	5,901.820	131,787.64
Vanguard Instl Index FD Sh Ben INT	3,177.430	922,185.51
Vanguard Ftse All World Ex US Index Fund	14,744.035	492,303.33
Versus Capital Multi-Manager Real Estate Income Fund LLC	1,377.681	39,139.92
Ishares Comex Gold Trust	236.000	3,422.00
Calamos Market Neutral Income Fund	3,901.873	51,933.93
		\$ 3,341,450.98
ROC - NOTE A		
PART II, LINE 13		\$ 3,341,450.98
CORP OBLIGATIONS & FIXED INCOME MUTUAL FUNDS		
Lord Abbett Ultra Short Bond Fund	55,930.783	560,985.75
Prudential Short- Term Corp Bond	25,221.114	280,963.21
Abbey Capital Futures Strategy Fund	4,795.061	52,218.21
Vanguard Short-Term Inflation Protected Securities	11,385.455	281,106.88
Versus Capital Real Assets Fund	441.490	11,399.27
Doubleline Total Return Bond Fund I	52,183.465	554,710.23
Guggenheim Macro Opportunities	7,235.118	186,159.59
	1,927,543.140	1,927,543.14
ROC - NOTE A		
PART II, LINE 13		\$ 1,927,543.14

FORM 990PF, PART II - OTHER ASSETSATTACHMENT 7

<u>DESCRIPTION</u>	<u>ENDING BOOK VALUE</u>	<u>ENDING FMV</u>
DUE FROM BROKER	3,884.	3,884.
TOTALS	<u>3,884.</u>	<u>3,884.</u>

ATTACHMENT 8FORM 990PF, PART III - OTHER INCREASES IN NET WORTH OR FUND BALANCESDESCRIPTIONAMOUNT

UNREALIZED GAINS ON INVESTMENTS

491,685.

TOTAL

491,685.

ATTACHMENT 9FORM 990PF, PART VII-A, LINE 14 - LOCATION OF BOOKS

C/O ETON ADV. GR. LLC 5915 FARRINGTON RD CHAPEL HILL, NC

THE MARJORIE MERRIWEATHER POST FOUNDATION 2019 FORM 990-PF
 FORM 990PF, PART VIII - LIST OF OFFICERS, DIRECTORS, AND TRUSTEES

52-6054705

ATTACHMENT 10

CONTRIBUTIONS
 TO EMPLOYEE
 BENEFIT PLANS

EXPENSE ACCT
 AND OTHER
 ALLOWANCES

TITLE AND AVERAGE HOURS PER
 WEEK DEVOTED TO POSITION

NAME AND ADDRESS

VICE CHAIRMAN

SPOTTSWOOD P. DUDLEY
 C/O ETON ADV., 5915 FARRINGTON RD.
 202
 CHAPEL HILL, NC 27517

VICE CHAIRMAN

HENRY A. DUDLEY, JR.
 C/O ETON ADV., 5915 FARRINGTON RD.
 202
 CHAPEL HILL, NC 27517

CHAIRPERSON

NINA CRAIG RUMBOUGH
 C/O ETON ADV., 5915 FARRINGTON RD.
 202
 CHAPEL HILL, NC 27517

TRUSTEE

ELLEN MACNEILLE CHARLES
 C/O ETON ADV., 5915 FARRINGTON RD.
 202
 CHAPEL HILL, NC 27517

TRUSTEE

GEORGE D. IVERSON
 C/O ETON ADV., 5915 FARRINGTON RD.
 202
 CHAPEL HILL, NC 27517

COMPENSATION

NAME AND ADDRESS	TITLE AND AVERAGE HOURS PER WEEK DEVOTED TO POSITION	COMPENSATION	ATTACHMENT 10 (CONT'D)	
			CONTRIBUTIONS TO EMPLOYEE BENEFIT PLANS	EXPENSE ACCT AND OTHER ALLOWANCES
DEXTER BLACKWELL C/O ETON ADV., 5915 FARRINGTON RD. 202 CHAPEL HILL, NC 27517 MR. BLACKWELL IS WITH ETON ADVISORS GROUP, LLC. THIS FIRM PROVIDES INVESTMENT AND ADMINISTRATIVE SERVICES TO THE FOUNDATION. THE FEES PAID ARE REASONABLE AND COMMENSURATE WITH THE SERVICES PROVIDED. (SEE ATCH 3)	SECRETARY			
GRAND TOTALS			0.	0.

990PF, PART VIII- COMPENSATION OF THE FIVE HIGHEST PAID PROFESSIONALSATTACHMENT 11

<u>NAME AND ADDRESS</u>	<u>TYPE OF SERVICE</u>	<u>COMPENSATION</u>
ETON ADVISORS GROUP, LLC 5915 FARRINGTON ROAD SUITE 202 CHAPEL HILL, NC 27517 INVESTMENT ADVISORY SERVICES	INVESTMENT ADVISORY	56,072.
TOTAL COMPENSATION		<u>56,072.</u>

ATTACHMENT 12FORM 990PF, PART XV - NAME, ADDRESS AND PHONE FOR APPLICATIONS

W. JACKSON PARHAM, JR. C/O ETON ADV.
5915 FARRINGTON ROAD, #202
CHAPEL HILL, NC 27517
919-442-1545

FORM 990PF, PART XV - GRANTS AND CONTRIBUTIONS PAID DURING THE YEARATTACHMENT 13

RECIPIENT NAME AND ADDRESS	RELATIONSHIP TO SUBSTANTIAL CONTRIBUTOR AND		PURPOSE OF GRANT OR CONTRIBUTION	AMOUNT
	FOUNDATION	STATUS OF RECIPIENT		
GRANTS DISBURSED	NONE		ALL ORGANIZATIONS ARE 509 (A) (1) OR (2) PUBLIC CHARITIES (PC). SEE ATTACHMENT FOR DETAILS.	281,000.
CHAR CONTRIBUTIONS FROM PTE-UBTI	PC		SEE ATTACHMENT FOR DETAILS.	17.
CHAR CONTRIBUTIONS FROM PTE	PC		SEE ATTACHMENT FOR DETAILS.	17.
TOTAL CONTRIBUTIONS PAID				<u>281,034.</u>

The Marjorie Merriweather Post Foundation
 EIN: 52-6054705
 Grant Disbursements - 2019
 990-PF PART XV, LINE 3a

Amount	FALL	SPRING	Name	Purpose of Grants	Address	Status
12,000	5,000	7,000	American Museum of Natural History - Center for Biodiversity	For the Center of Biodiversity and Conservation (CBC)	American Museum of Natural History, Attn: Ms Kimberly Thompson-Almanzor, Central Park West at 79th Street, New York, NY 10024-5192	PC
15,200	10,200	5,000	Avon Old Farms School	Kevin Driscoll Scholarship Fund	Avon Old Farms School Attn: Peter Evans, 500 Old Farms Road, Avon, CT 06001	PC
18,000	10,000	8,000	Dickenson College	McAndrews Fund		
115,000	40,000	75,000	Hillwood Museum and Garden Foundation	For General Fund - Mid Century Master The Photography of Alfred Eisenstadt (65K) & War and Pieces (\$10K), Natural Beauties Exhibition (\$40K)	Hillwood Museum & Gardens Foundation, Attn: Kate Marker, 4155 Linnean Avenue NW, Washington, DC 20008	PC
16,600	10,100	6,500	Hillwood Museum and Garden Foundation	Operating Funds	Hillwood Museum & Gardens Foundation, Attn: Kate Marker, 4155 Linnean Avenue NW, Washington, DC 20008	PC
3,000		3,000	Holton Arms School	Annual Fund		
15,100	10,100	5,000	Landon School	Annual Fund		
13,200	10,200	3,000	Lowcountry Food Bank	to support the Beaufort, SC area needs	2864 Azalea Dr, North Charleston, SC 29405	PC
5,000	5,000		Princeton University	Annual Fund	Princeton University Princeton, NJ	PC
8,200	5,200	3,000	SOME, Inc - So Others Might Eat	General Fund	SOME, Inc (So Others Might Eat), Attn: Linda Parisi, 08544 USA	PC
5,000	5,000		Thomas Fitz School Yard	General Fund	71 O Street NW, Washington, DC 20001	PC
16,600	10,100	6,500	Tudor Place Foundation	General Fund	1644 31st Street NW Washington DC 20007	PC
20,000	10,000	10,000	University of Virginia Law School Foundation	To support the Henry A. Dudley Scholarship Program	University of Virginia School of Law, Attn: Ms Helen Snyder, 580 Massie Road, Charlottesville, VA 22903	PC
15,100	10,100	5,000	University of Virginia McIntire School of Commerce Foundation	To support scholarships	McIntire School of Commerce, Attn: Dean Carl Zeithaml, University of Virginia, Rouse Robertson Hall, P O Box 400173, Charlottesville, VA 22903	PC
3,000		3,000	Wings World Quest	To provide operating funds		PC
281,000	141,000	140,000				

FORM 990-PF, PART XVI-A - ANALYSIS OF OTHER REVENUEATTACHMENT 14

DESCRIPTION	BUSINESS CODE	EXCLUSION		RELATED OR EXEMPT FUNCTION INCOME
		AMOUNT	CODE	
ORDINARY INCOME (LOSS) - INVESTMENT IN PARTNERSHIPS	900099	25,158.	14	11,702.
TOTALS		<u>25,158.</u>		<u>11,702.</u>