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2019

OMB No. 1545-0052

## **Return of Private Foundation**

Department of the Treasury Internal Revenue Service

Form 990-PF

or Section 4947(a)(1) Trust Treated as Private Foundation

▶ Do not enter social security numbers on this form as it may be made public.
 ▶ Go to <u>www.irs.gov/Form990PF</u> for instructions and the latest information.

Open to Public Inspection

For	caler	ndar year 2019, or tax year	r beginning 01-01-20	)19 , aı	nd en	ding 12-31-	2019	
		indation IDATION FOR A HEALTHY HIGH POINT				A Employer ide	entification numbe	r
						46-2174223		
		l street (or P.O. box number if mail is n TH MAIN STREET NO 2-B	not delivered to street address)	Room/suite		<b>B</b> Telephone nu	mber (see instructio	ns)
		, state or province, country, and ZIP of , NC 27260	r foreign postal code			<b>C</b> If exemption	application is pendin	g, check here
G Ch	neck al	I that apply:   Initial return	☐ Initial return of a	former public charity		<b>D 1.</b> Foreign org	ganizations, check he	ere
		☐ Final return	Amended return				ganizations meeting	
		Address chan	nge 🔲 Name change			,	k here and attach co	· -
	,		501(c)(3) exempt private	foundation			ındation status was t n 507(b)(1)(A), chec	
		4947(a)(1) nonexempt charitabl		e private foundation				
		ret value of all assets at end rom Part II, col. (c),		☐ Cash ☑ Accru	ıal		tion is in a 60-montl n 507(b)(1)(B), chec	
		<b>&gt;</b> \$ <u>56,032,039</u>	☐ Other (specify) (Part I, column (d) must	be on cash basis.)			. , , , , ,	
Da	rt I	Analysis of Revenue and		· ·	T			(d) Dishursements
ΓG	LT	of amounts in columns (b), (c), and	•	(a) Revenue and expenses per	(ь)		(c) Adjusted net	(d) Disbursements for charitable
		equal the amounts in column (a) (se	ee instructions).)	books		income	income	purposes (cash basis only)
	1	Contributions, gifts, grants, etc., schedule)	, received (attach	60,720				
	2	Check ▶ ☐ if the foundation is	not required to attach	357,25				
	_							
	3	Interest on savings and tempora	•					
	4	Dividends and interest from secu	urities	1,427,343	<u> </u>	1,427,343		
	5a b	Gross rents						
Revenue	6a	Net gain or (loss) from sale of as	ssets not on line 10	-16,730				
	b	Gross sales price for all assets o		13,733				
eve		·	237,118					
~	7	Capital gain net income (from Pa	· · · · · ·			0		
	8 9	Net short-term capital gain .  Income modifications						
	10a	Gross sales less returns and allo	wances					
	b	Less: Cost of goods sold	· ·					
	С	Gross profit or (loss) (attach sch	nedule)					
	11	Other income (attach schedule)						
	12	Total. Add lines 1 through 11		1,471,333	:	1,427,343		
	13	Compensation of officers, director	ors, trustees, etc.	168,775		16,878		151,898
	14	Other employee salaries and wa	ges	95,954		9,595		86,358
es G	15	Pension plans, employee benefit		30,149	1	3,015		27,497
ens	16a	Legal fees (attach schedule) .		260		26		234
Expenses	b	Accounting fees (attach schedule	•	42,015		23,674		23,585
ve E	С	Other professional fees (attach s	,	204,972	-	147,688		57,284
Administrative	17	Interest		<b>45.</b> 176,348		36 475		15,924
<u>₹</u>	18	Taxes (attach schedule) (see ins	•			26,475		13,924
Ē	19 20	Depreciation (attach schedule) a Occupancy	•	12,195 6,159		616		5,543
Ad	21	Travel, conferences, and meeting		28,647	-	705		27,781
n L	22	Printing and publications	_	5,055	-	506		4,572
Operating and	23	Other expenses (attach schedule		90,905		5,592		88,637
atii	24	Total operating and administ	rative expenses.					
ber		Add lines 13 through 23		861,434	L	234,770		489,313
0	25	Contributions, gifts, grants paid		900,568				1,539,200
	26	<b>Total expenses and disburses</b> 25	ments. Add lines 24 and	1,762,002		234,770		2,028,513
	27	Subtract line 26 from line 12:		1,702,002		254,770		2,020,313
	а	Excess of revenue over exper	nses and	200.000				
	b	disbursements Net investment income (if neg	gative, enter -0-)	-290,669		1,192,573		
	С	Adjusted net income (if negat				_,,		
				•				

4,400

33,043,678

18,849,016

22,567

56,032,039

3,258

250,000

105,142

358,400

55,673,639

55,673,639

56,032,039

1

2

3

4

5

6

48,272,876

-290,669

7,691,432

55,673,639

55,673,639

Form **990-PF** (2019)

456

25,092,984

18,809,598

34,761

49,160,893

13,017

875,000

888.017

48,272,876

48,272,876

49,160,893

12,763

9

9

4,400

33,043,678

18,849,016

22,567

56,032,039

456

Receivables due from officers, directors, trustees, and other

Other notes and loans receivable (attach schedule)

Less: allowance for doubtful accounts ▶ Inventories for sale or use . . .

Investments—mortgage loans . . . .

Land, buildings, and equipment: basis

instructions. Also, see page 1, item I) Accounts payable and accrued expenses .

and complete lines 24, 25, 29 and 30.

Net assets without donor restrictions . . .

Net assets with donor restrictions . . .

and complete lines 26 through 30.

of-year figure reported on prior year's return)

Add lines 1, 2, and 3 . . . . . . .

Decreases not included in line 2 (itemize) ▶

Other increases not included in line 2 (itemize)

Enter amount from Part I, line 27a

Other assets (describe > \_

Other liabilities (describe -\_

Grants payable

Prepaid expenses and deferred charges . . .

Investments—corporate bonds (attach schedule) .

Investments—land, buildings, and equipment: basis ▶ Less: accumulated depreciation (attach schedule)

Investments—other (attach schedule) . . . . . .

Less: accumulated depreciation (attach schedule) ▶ 87,010

Loans from officers, directors, trustees, and other disqualified persons Mortgages and other notes payable (attach schedule). . . . .

Total liabilities(add lines 17 through 22) . . . . . . . . .

Foundations that do not follow FASB ASC 958, check here 🕨 🗀

Retained earnings, accumulated income, endowment, or other funds

Total net assets or fund balances (see instructions) . . . . .

Total liabilities and net assets/fund balances (see instructions) .

Analysis of Changes in Net Assets or Fund Balances

Total net assets or fund balances at beginning of year-Part II, column (a), line 29 (must agree with end-

Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 29

Foundations that follow FASB ASC 958, check here

Capital stock, trust principal, or current funds . . . .

Paid-in or capital surplus, or land, bldg., and equipment fund

Total assets (to be completed by all filers—see the

disqualified persons (attach schedule) (see instructions) . . . . .

Investments—U.S. and state government obligations (attach schedule) 

	4
	5
	6
	7
ts	8

9

10a

b

C 11

12

13

14

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16

17

18

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21

22 23

24

25

28

30

Part III

2

3

Liabilities

**Fund Balances** 

ō 26

Assets 27

Net 29

Page **3** 

	be the kind(s) of property sold (e.g., arehouse; or common stock, 200 sha		(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1 a PUBLICLY TRADED SEC	JRITIES				
<b>b</b> CAPITAL GAINS DIVIDE	NDS		Р		
C					
d					
e					
(e) Gross sales price	<b>(f)</b> Depreciation allowed (or allowable)	Cost or	(g) other basis ense of sale	Gain o (e) plus (f	h) r (loss) ) minus (g)
a			253,848		-253,848
<b>b</b> 2	37,118				237,118
c					
d					
<u>e</u>					
Complete only for asset	s showing gain in column (h) and ow (j) Adjusted basis as of 12/31/69	Excess	on 12/31/69 (k) s of col. (i) l. (j), if any	Gains (Col. ( col. (k), but not	l) h) gain minus less than -0-) or om col.(h))
a			,		-253,848
b					237,118
C					
d					
e					
If gain, also enter in P in Part I, line 8	gain or (loss) as defined in sections art I, line 8, column (c) (see instructi	ons). If (loss), enter -0	}	3	-16,730
	Under Section 4940(e) for Reprivate foundations subject to the sec				
If section 4940(d)(2) applies, Was the foundation liable for t If "Yes," the foundation does r	leave this part blank. he section 4942 tax on the distributa ot qualify under section 4940(e). Do	ble amount of any yea not complete this part	r in the base period $r$	? Y	es 🗸 No
	mount in each column for each year;	see instructions before	making any entrie		
(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitab	ole-use assets	<b>(d)</b> Distribution rati (col. (b) divided by c	
2018	2,468,901		48,383,181		0.051028
2017	2,671,037		48,106,118		0.055524
2016	2,577,824		45,635,910		0.056487
2015	956,612		45,050,601		0.021234
2014	783,899		33,367,731	1	0.023493
2 Total of line 1, column	• •		2		0.207766
number of years the fou	o for the 5-year base period—divide ndation has been in existence if less oncharitable-use assets for 2019 fron	than 5 years	.0, or by the 4		0.041553 49,373,990
<b>5</b> Multiply line 4 by line 3			5		2,051,637
<b>6</b> Enter 1% of net investm	nent income (1% of Part I, line 27b)		6		11,926
			7		2,063,563
	tions from Part XII, line 4 , reater than line 7, check the box in Pa			g a 1% tax rate. Se	2,028,513 e the Part VI

	990-F1 (2019)		- 4-20.14	<b>—</b> • • • • • • • • • • • • • • • • • • •	,		P	age (
श्च		ing Activities for Which	Form 4720 May Be	Required (continued)	<i>)</i>			
ā	During the year did the foundation p	·					Yes	No
	(1) Carry on propaganda, or otherw	ise attempt to influence legisl	ation (section 4945(e))?	☐ Yes ि	<b>✓</b> No			
	(2) Influence the outcome of any sp	ecific public election (see sect	tion 4955); or to carry					
	on, directly or indirectly, any vot	er registration drive?		· · 🗌 Yes 🛭	✓ No			
	(3) Provide a grant to an individual	for travel, study, or other sim	ilar purposes?	☐ Yes ☐	▼ No			
	(4) Provide a grant to an organization	on other than a charitable, etc	, organization described		<u> </u>			
	in section 4945(d)(4)(A)? See in	structions		· · □ v [	✓ No			
	(5) Provide for any purpose other th	an religious, charitable, scien	tific, literary, or	· · L Yes	<b>⊻</b> No			
	educational purposes, or for the	prevention of cruelty to childr	en or animals?		<del></del>			
b	If any answer is "Yes" to $5a(1)-(5)$ ,	•		Ceptions described in	<b>⊻</b> No			
	Regulations section 53.4945 or in a	•		•		5b		
	Organizations relying on a current no			_	t			
_	If the answer is "Yes" to question 5a				ШΙ			
	tax because it maintained expenditu	• • •	•		_			
	If "Yes," attach the statement requir			' '	_ No			
	•	· -						
ìа	Did the foundation, during the year,	, , ,						
	a personal benefit contract?			⊔ Yes L	<b>✓</b> No			
b	Did the foundation, during the year,	pay premiums, directly or ind	lirectly, on a personal be	nefit contract?		6b		No
	If "Yes" to 6b, file Form 8870.							
'a	At any time during the tax year, was	the foundation a party to a p	prohibited tax shelter tra	nsaction? Yes	✓ No			
b	If "Yes", did the foundation receive a	any proceeds or have any net	income attributable to the			7b		
3	Is the foundation subject to the sect	ion 4960 tax on payment(s) o	of more than \$1,000,000	in remuneration or				
	excess parachute payment during th	e year?		· · 🗌 Yes	<b>√</b> N° [			
	Information About O	fficers, Directors, Trust	tees. Foundation Ma			ees.		
Pai	t VIIII and Contractors	, 2,	,		,	,,		
1	List all officers, directors, trustee	s. foundation managers ar	nd their compensation	See instructions				
	List an officers, an ectors, trustee	(b) Title, and average	(c) Compensation (If	(d) Contributions to	1,,	_		
	(a) Name and address	hours per week	not paid, enter	employee benefit plans a			ise acci	
		devoted to position	-0-)	deferred compensation	י ו	iller ai	lowanic	.63
ee A	Additional Data Table							
2	Compensation of five highest-pai	d employees (other than t	l hose included on line :	l—see instructions). If ⊢	none, er	ter "l	NONE.	71
	<b>, , ,</b>			(d) Contributions to	1			
a)	Name and address of each employee [	paid (b) Title, and average hours per week	(c) Compensation	employee benefit			se acco	
	more than \$50,000	devoted to position	(c) compensation	plans and deferred	otl	ner all	owance	es
				compensation				
ONI	<u> </u>							
					$\perp$			
nt2	I number of other employees paid ove	r \$50 000.						
Jid	Hamber of other employees paid over		<del></del>		Farr	~ QQ(	0-PF (	2010
					LOL	□ プラし	5-PF (	Z019

Form 990-PF (2019)		Page <b>7</b>
Part VIII Information About Officers, Directors, Trus and Contractors (continued)	stees, Foundation Managers, Highly Paid E	imployees,
3 Five highest-paid independent contractors for professiona	Il services (see instructions). If none, enter "NO	NE".
(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
STERLING CAPITAL MANAGEMENT	INVM'T MGMT/CUSTDN	103,570
4350 CONGRESS STREET STE 1000 CHARLOTTE, NC 28209		
Total number of others receiving over \$50,000 for professional service	es	0
Part IX-A Summary of Direct Charitable Activities		
List the foundation's four largest direct charitable activities during the tax year. In organizations and other beneficiaries served, conferences convened, research papers		Expenses
2		
3		
4		
Part IX-B Summary of Program-Related Investments	s (see instructions)	
Describe the two largest program-related investments made by the foundation		Amount
1		
2		
All other program-related investments. See instructions.		
3		
Total. Add lines 1 through 3		0
		Form <b>990-PF</b> (2019)

Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for

2a |

2b

organizations check here 

and do not complete this part.)

Tax on investment income for 2019 from Part VI, line 5. . . . . .

Income tax for 2019. (This does not include the tax from Part VI.). . .

Qualifying Distributions (see instructions)

Amounts set aside for specific charitable projects that satisfy the:

the section 4940(e) reduction of tax in those years.

Distributable amount before adjustments. Subtract line 2c from line 1. . . . . . . . . . . . . . . .

Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1. . .

Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26. . . . . . . . . . . .

Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4

income. Enter 1% of Part I, line 27b. See instructions.

Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:

Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc.,

Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment

Page 8

2,468,700

23,851

13.632

2,444,849

2,458,481

2,458,481

2,028,513

2.028.513

2.028.513

Form 990-PF (2019)

2c

3

4

5

6

7

1a

1b

2

3a 3b

4

5

Form 990-PF (2019)

Part XI

1

2a

3

4

5

6

1

2

3

4

5

Part XII

	(a)	(b)	(c)	(d)
	Corpus	Years prior to 2018	2018	2019
1 Distributable amount for 2019 from Part XI, line 7				2,458,481
2 Undistributed income, if any, as of the end of 2019:				
a Enter amount for 2018 only			518,590	
<b>b</b> Total for prior years: 20, 20, 20		0		
<b>3</b> Excess distributions carryover, if any, to 2019:				_
a From 2014				
<b>b</b> From 2015				
c From 2016		1		

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1,509,923

948,558

Form **990-PF** (2019)

518,590

From 2017. . e From 2018. . . . . f Total of lines 3a through e. . . . . . .

4 Qualifying distributions for 2019 from Part XII, line 4: ▶ \$ a Applied to 2018, but not more than line 2a

6 Enter the net total of each column as

7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions) . . . . . . . . . 8 Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions) . . .

9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a . . .

10 Analysis of line 9: a Excess from 2015. **b** Excess from 2016. . c Excess from 2017. . d Excess from 2018. . e Excess from 2019. .

a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5 **b** Prior years' undistributed income. Subtract line 4b from line 2b . . . . . . c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed. . . . . . **d** Subtract line 6c from line 6b. Taxable amount —see instructions . . . . . . . . . . e Undistributed income for 2018. Subtract line 4a from line 2a. Taxable amount—see instructions . . . . . . . f Undistributed income for 2019. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020 . . . . . .

indicated below:

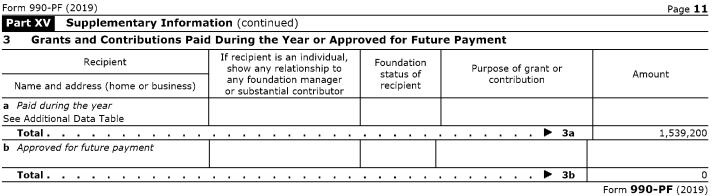
**b** Applied to undistributed income of prior years (Election required—see instructions). . . . . c Treated as distributions out of corpus (Election required—see instructions). . . . . . . .

**d** Applied to 2019 distributable amount. . . . . e Remaining amount distributed out of corpus **5** Excess distributions carryover applied to 2019. (If an amount appears in column (d), the

same amount must be shown in column (a).)

SEE HTTP://WWW.HEALTHYHIGHPOINT.ORG/GRANTMAKING/

ori	n 990-PF (2019)					Page <b>10</b>
1	Part XIV Private Operating Found	l <b>ations</b> (see instr	uctions and Part \	/II-A, question 9)		
La	If the foundation has received a ruling or de foundation, and the ruling is effective for 20			erating		
b	Check box to indicate whether the organizat	ion is a private oper	rating foundation des	scribed in section $ \Box $	] 4942(j)(3) or □	] 4942(j)(5)
2a	Enter the lesser of the adjusted net	Tax year	(e) Total			
	income from Part I or the minimum investment return from Part X for each year listed	(a) 2019	<b>(b)</b> 2018	(c) 2017	(d) 2016	(e) Total
b	85% of line 2a					
С	Qualifying distributions from Part XII, line 4 for each year listed					
d	Amounts included in line 2c not used directly for active conduct of exempt activities					
е	Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
	Complete 3a, b, or c for the alternative test relied upon:					
а	"Assets" alternative test—enter:					
	<ul><li>(1) Value of all assets</li><li>(2) Value of assets qualifying under section 4942(j)(3)(B)(i)</li></ul>					
b	"Endowment" alternative test— enter 2/3 of minimum investment return shown in					
c	Part X, line 6 for each year listed "Support" alternative test—enter:					
-	(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
	(2) Support from general public and 5 or more exempt organizations as provided in					
	section 4942(j)(3)(B)(iii) (3) Largest amount of support from an exempt organization					
	(4) Gross investment income					
De	Supplementary Information	(Complete this	part only if the	foundation had	\$5,000 or more i	in
	assets at any time during th		tructions.)			
а	<b>Information Regarding Foundation Man</b> List any managers of the foundation who have before the close of any tax year (but only if	e contributed more				n
b	List any managers of the foundation who ow			, , ,	arge portion of the	
<u> </u>	ownership of a partnership or other entity)  Information Regarding Contribution, Gr					
	Check here ▶ ☐ if the foundation only make unsolicited requests for funds. If the foundation other conditions, complete items 2a, b, c, a	es contributions to tion makes gifts, gr	preselected charitab ants, etc. to individu	le organizations and	does not accept under	
a	The name, address, and telephone number	or e-mail address of	f the person to whon	n applications should	l be addressed:	
	WHITNEY DAVIS 501 NORTH MAIN STREET SUITE 2-B HIGH POINT, NC 27260 (336) 822-7740 INFO@HEALTHYHIGHPOINT.ORG					
b	The form in which applications should be su	bmitted and informa	ation and materials t	hey should include:		
	SEE HTTP://WWW.HEALTHYHIGHPOINT.ORG	G/GRANTMAKING/				
С	Any submission deadlines: SEE HTTP://WWW.HEALTHYHIGHPOINT.ORG	G/GRANTMAKING/				
d	Any restrictions or limitations on awards, su factors:		cal areas, charitable	fields, kinds of instit	utions, or other	



nter gross	s amounts unless otherwise indicated.	Unrelated b	usiness income	Excluded by section	n 512, 513, or 514	(e) Related or exemp
_	n service revenue:	(a) Business code	<b>(b)</b> Amount	(c) Exclusion code	<b>(d)</b> Amount	function income (See instructions.)
<b>2</b> Membe	and contracts from government agencies ership dues and assessments					
	nds and interest from securities			14	1,427,343	
	ntal income or (loss) from real estate: -financed property.					
<b>b</b> Not d <b>6</b> Net rer	lebt-financed property.  ntal income or (loss) from personal property nvestment income.					
<b>8</b> Gain or invento	r (loss) from sales of assets other than			18	-16,730	
0 Gross	come or (loss) from special events: profit or (loss) from sales of inventory revenue: a					
d						
	ral. Add columns (b), (d), and (e).		0		1,410,613	
3 Total. (See we Part XV:	Add columns (b), (d), and (e).  Add line 12, columns (b), (d), and (e).  orksheet in line 13 instructions to verify calcu  Relationship of Activities to th	lations.)			3	1,410,613
(See w	orksheet in line 13 instructions to verify calcu	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work (See Work)  Sine No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See work XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61
(See we Part XV: Line No.	orksheet in line 13 instructions to verify calcu  Relationship of Activities to the  Explain below how each activity for which the accomplishment of the foundation's ex	lations.)  le Accomplisi income is report	hment of Exem	<b>pt Purposes</b> f Part XVI-A contribu	ited importantly to	1,410,61

Part XVII	Information Regarding Transfers To and Transactions and Relationships With Noncharital Exempt Organizations	ble	
	Exempt organizations		
L Did the organ	nization directly or indirectly engage in any of the following with any other organization described in section 501		

	art XVI	Exempt Orgai	nizations										
1	Did the o	organization directly or er than section 501(c)(3	indirectly enga ) organizations	ge in a	any of the n section !	following with a 527, relating to	any poli	other organizatio itical organization	n described in sect s?	ion 501		Yes	No
а	Transfers	s from the reporting fo	ındation to a n	oncha	ritable exe	empt organizatio	on c	of:					
	<b>(1)</b> Cas	h									1a(1)		No
	(2) Oth	er assets	r assets								1a(2)		No
b	Other tra	ansactions:	sactions:										
			of assets to a noncharitable exempt organization.								<b>1</b> b(1)		No
		chases of assets from a					•				1b(2)		No
		ital of facilities, equipm					•			1	1b(3)		No
		mbursement arrangeme								- t	1b(4)		No
		ns or loan guarantees.									1b(5)		No
		ormance of services or of facilities, equipment,								•	1b(6) 1c		No No
	-	swer to any of the abov			•					market v			NO
u		ods, other assets, or s											
	in any tra	ansaction or sharing ar	rangement, sh	ow in	column (d	<b>i)</b> the value of the	he q	goods, other asse	ts, or services rece	eived.			
(م)	Line No.	(b) Amount involved	l (a) Name of	noncha	ritable ever	mpt organization	ı	(d) Description of	transfers, transaction	s and shar	ing arras	aaman	+c
(a)	Line No.	(b) Amount involved	(C) Name of	ПОПСП	aritable exel	inpt organization		(d) Description of	transiers, transaction	s, and snai	ing arrai	igenien	LS
2a	Is the fo	undation directly or ind	irectly affiliated	d with,	, or relate	d to, one or mor	e t	ax-exempt organi	zations	_	_		
	described	d in section 501(c) (oth	er than sectior	า 501(	c)(3)) or i	in section 527? .			⊔`	Yes 🛂	No		
b	If "Yes,"	complete the following											
		(a) Name of organiza	tion		(E	<b>b)</b> Type of organiza	ation	n e	(c) Descriptio	n of relatio	nship		
	Un	der penalties of perjury	. I declare tha	t I hav	ve examin	ed this return, ir	nclu	uding accompanyi	na schedules and s	statement	s. and t	o the l	best
	of	my knowledge and beli	ef, it is true, co										
c:		ich preparer has any k	nowledge.			I							
	gn	*****				2020-09-04		*****		May th return	e IRS dis	scuss th	is
П€	ere									with th	e prepar	er show	/n
		Signature of officer or	trustee			Date		Title		below	str.) 🔽	l., _	1
								T		(see in	str.) 💌	Yes ∟	NO
		Print/Type prepare	r's name	Prepa	arer's Sigr	nature		Date		PTIN			
					_				Check if self-		P00054	246	
		GREGORY W HAY	rES					2020-09-04	employed ▶ 🏻		1 0005 1	210	
Pa	id							2020 05 07					
	epare	I II II 3 Hallic F	ORE STEPHEN	S TILL	ER LLC			1		Firm's EI	N F F P	.06735	24
Us	e Onl									THINS EL	.IV - 30-	00/35	4
		Firm's address >	1960 SATELLIT	E BLV	D SUITE 3	3600							
			DULUTH, GA 3	0097						Phone no	o. (770)	995-8	3800
			*										

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation (a) Name and address Title, and average (c) Compensation (If (d) Expense account, not paid, enter (e) other allowances hours per week Contributions to (b) devoted to position -0-) employee benefit plans and deferred compensation JAMES KEEVER O O DIRECTOR, CHAIR 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 LEAH PRICE O O n DIRECTOR, VICE CHAIR/TREAS 501 NORTH MAIN STREET STE 2-B 1.00 HIGH POINT, NC 27260 SHERI LIM DO DIRECTOR, SECRETARY 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 M TINA MARKANDA CEO, EXECUTIVE 168,775 19,193 0 DIRECTOR 501 NORTH MAIN STREET STE 2-B 40.00 HIGH POINT, NC 27260 JAMES HOEKSTRA MD DIRECTOR 0 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 TYLER COVINGTON DIRECTOR 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 MATT JOBE 0 DIRECTOR 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 STEPHANIE JOHNSON 0 0 0 DIRECTOR 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 JEFFREY S MILLER DIRECTOR 0 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 KAY MILLER DIRECTOR 0 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 JEREMY MOSELEY DIRECTOR 0 0 O 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 LINDA TAYLOR MD DIRECTOR 0 0 0 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 **REV DR FRANK THOMAS** DIRECTOR 0 0 ٥ 1.00 501 NORTH MAIN STREET STE 2-B HIGH POINT, NC 27260 ELLIOTT WILLIAMS MD DIRECTOR 0 0 0 1.00 501 NORTH MAIN STREET STE 2-B

HIGH POINT, NC 27260

If recipient is an individual, Foundation Purpose of grant or Recipient Amount contribution show any relationship to status of any foundation manager recipient Name and address (home or business) or substantial contributor a Paid during the year A SIMPLE GESTURE GREENSBORO INC. NONE PC TO SUPPORT OUR MARKETING 9,500 3825 W MARKET STREET STE 101 BUDGET AND INCREASE OUR NUMBER OF DONORS FROM 500 GREENSBORO, NC 27408 TO 1,000. TO ASSIST WITH CONTINUED CHILDREN'S HOME SOCIETY OF NORTH NONE PC. 65,000 SUPPORT OF THE PARTNERING CAROLINA INC PO BOX 14608 FOR HEALTHY PARENTING GREENSBORO, NC 27415 PROGRAM CHILDREN'S HOME SOCIETY OF NORTH PC TO ASSIST WITH A CONTINUUM 25,000 NONE CAROLINA INC OF TEEN PREGNANCY PO BOX 14608 PREVENTION SERVICES.

▶ 3a

1,539,200

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

GREENSBORO, NC 27415

Recipient If recipient is an individual, Foundation Purpose of grant or Amount show any relationship to status of contribution any foundation manager recipient Name and address (home or business) or substantial contributor a Paid during the year

NONE

COMMUNITY CLINIC OF HIGH POINT

779 N MAIN STREET HIGH POINT, NC 27262			SUPPORT	
FAMILY SERVICE OF THE PIEDMONT INC 901 BONNER DRIVE	NONE	PC	TO CONTINUE ASSISTANCE WITH THE INTEGRATED CARE PROGRAM	200,000

PC

TO ASSIST WITH OPERATIONAL

124,000

901 BONNER DRIVE JAMESTOWN, NC 27281		PROGRAM	
FAMILY SERVICE OF THE PIEDMONT INC 901 BONNER DRIVE	NONE	TO ASSIST WITH CONTINUED SUPPORT OF THE HOSPITAL DIVERSION AND TRANSITIONAL	84,500

FAMILY SERVICE OF THE PIEDMONT INC 901 BONNER DRIVE JAMESTOWN, NC 27281	NONE	PC	TO ASSIST WITH CONTINUED SUPPORT OF THE HOSPITAL DIVERSION AND TRANSITIONAL SERVICES PROGRAM	84,500
Total			<b>&gt;</b> 3a	1,539,200

### Recipient If recipient is an individual, Foundation Purpose of grant or Amount show any relationship to contribution status of any foundation manager recipient Name and address (home or business) or substantial contributor a Paid during the year GUILFORD CHILD DEVELOPMENT NONE PC TO ASSIST WITH SUPPORT OF 58,400 1200 ARLINGTON STREET THE NURSE-FAMILY GREENSBORO, NC 27406 PARTNERSHIP PROGRAM

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

GUILFORD COUNTY DHHS DIVISION OF PUBLIC HEALTH 1203 MAPLE STREET 3RD FLOOR GREENSBORO, NC 27405	NONE	GOV	TO MAINTAIN FUNDING FOR OUR NURSE POSITION WITHIN GUILFORD FAMILY CONNECTS, TARGETING ZIP CODES WITH THE GREATEST HEALTH DISPARITIES FOR FAMILIES.	91,800
GUILFORD NON-PROFIT CONSORTIUMCOMMMUNITY FOUNDATION OF GREATER GREENSBORO 330 S GREENE ST 100 GREENSBORO, NC 27401	NONE	PC	TO ASSIST WITH STRENGTHENING NON-PROFIT ORGANIZATIONS THROUGH GENERAL OPERATING SUPPORT.	18,000

▶ 3a

1,539,200

Total . .

Recipient Purpose of grant or Amount If recipient is an individual, Foundation show any relationship to status of contribution any foundation manager recipient Name and address (home or business) or substantial contributor a Paid during the year HIGH POINT REGIONAL HEALTH NONE PC. TO ASSIST IN ENHANCING 625,000 FOUNDATION CLINICAL PROGRAMS AT HIGH 601 N ELM STREET POINT REGIONAL HEALTH HIGH POINT, NC 27261

•				
MENTAL HEALTH ASSOCIATES OF THE TRIAD PO BOX 56693 HIGH POINT, NC 27262	NONE	PC	TO EXPAND THE COURT SERVICES PROGRAM	100,000
NC MEDASSIST 4428 TAGGART CREEK ROAD SUITE 101 CHARLOTTE, NC 28208	NONE	PC	TO PROVIDE BEHAVIORAL HEALTH MEDICATION TO HIGH POINT RESIDENTS	9,500

Total . .

1,539,200

Recipient If recipient is an individual, show any relationship to any foundation manager or substantial contributor

Amount Purpose of grant or contribution

Purpose of grant or contribution

recipient

Purpose of grant or contribution

a Paid during the year

NONE

READY FOR SCHOOL READY FOR LIFE

Total .

1416 YANCEYVILLE ST GREENSBORO, NC 27405			SUPPORT	
SHIFT NC3710 UNIVERSITY DRIVE DURHAM, NC 27707	NONE	PC	TO ASSIST WITH CONTINUED SUPPORT OF THE HEALTHY BEGINNINGS INITIATIVE	88,500

PC

TO PROVIDE OPERATIONAL

За

25,000

1,539,200

DURHAM, NC 27707			SUPPORT OF THE HEALTHY BEGINNINGS INITIATIVE	·
SOUTHWEST RENEWAL FOUNDATION OF HIGH POINT PO BOX 778 HIGH POINT, NC 27261	NONE	PC	TO ASSIST WITH BUILDING CAPACITY SUPPORT	5,000

Recipient If recipient is an individual, show any relationship to any foundation manager or substantial contributor

Rame and address (home or business)

If recipient is an individual, show any relationship to any foundation manager or substantial contributor

Total .

a Paid during the year				
YWCA HIGH POINT112 GATEWOOD AVE HIGH POINT, NC 27262	NONE	PC	TO ASSIST WITH STAFF EDUCATION AND TRAINING	10,000

1,539,200

efile GRAPHIC print - DO NOT PROCESS   As Filed Data - DLN: 93491269000010  TY 2019 Accounting Fees Schedule							
		THE FOUNDA 46-2174223	TION FOR A HE	EALTHY HIGH POIN	Т		
Category	Am	ount Ne	t Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes		

15,675

7,999

21,062

2,523

31,350

10,665

ACCOUNTING - AUDIT & TAX

ACCOUNTING - BOOKKEEPING

efile GRAPHIC print - DO NOT PROCESS	As Filed Data -	
TY 2019 Investments Corporat	o Rondo Scho	dulo

DLN: 93491269000010

Name: THE FOUNDATION FOR A HEALTHY HIGH POINT

**EIN**: 46-2174223

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Investments Corporate Bonds Schedule				
Name of Bond	End of Year Book Value	End of Year Fair Market Value		
DODGE & COX INCOME FD COM	4,848,289	4,848,289		
DOUBLELINE FDS TR TTL RTN BD I	3,647,444	3,647,444		
FIDELTY L/T TRSRY BD-INS PRM	1,209,836	1,209,836		
METROPOLITAN WEST FDS TOTAL RET CL I	3,186,158	3,186,158		
NEUBERGER BERMAN INCOME FDS NE	1,838,339	1,838,339		
PGIM TOTAL RETURN BD-R6	3,465,863	3,465,863		
PIMCO REAL RETURN FUND-INST FUND	653,087	653,087		

# **TY 2019 Investments Corporate Stock Schedule**

Name: THE FOUNDATION FOR A HEALTHY HIGH POINT

**EIN:** 46-2174223

**Investments Corporation Stock Schedule** 

Name of Stock	End of Year Book Value	End of Year Fair Market Value
ABB LTD SPONSORED ADR	112,056	112,056
ADIDAS AG ADR	49,120	49,120
ADOBE INC	114,774	114,774
AIA GROUP LTD SPONSORED ADR	90,117	90,117
AIR LIQUIDE ADR	28,247	28,247
AKZO NOBEL NV SPONSORED ADR	66,404	66,404
ALCON INC	50,234	50,234
ALLEGION PUB LTD CO	68,248	68,248
ALFA LAVAL AB-UNSPON ADR	33,491	33,491
ALIBABA GROUP HOLDING-SP ADR	189,193	189,193
ALLIANZ SE SP ADR 1/10 SH	82,395	82,395
ALPHABET INC-CL A	92,418	92,418
ALPHABET INC-CL C	92,254	92,254
AMADEUS IT HOLDINGS	39,878	39,878
AMAZON COM INC COM	194,023	194,023
AMBEV SA-ADR	41,358	41,358
AMERICAN EXPRESS CO	15,188	15,188
AMERIPRISE FINL INC COM	66,799	66,799
AMGEN INC COM	135,240	135,240
ANSYS INC PA	82,886	82,886
ASTRAZENECA PLC SPONSORED ADR	69,156	69,156
ATLAS COPCO AB SP ADR A NEW	82,095	82,095
AUTODESK INC COM	140,163	140,163
AUTOMATIC DATA PROCESSING INC COM	31,372	31,372
AVIVA PLC - SPON ADR	55,676	55,676
BAIDU INC SPON ADR REP A	127,411	127,411
BANCO BILBAO VIZCAYA ARGENTARI SPONSORED ADR	58,579	58,579
BANK OF AMERICA CORPORATION COM	82,697	82,697
BARCLAYS PLC ADR	100,093	100,093
BASF SE SPONSORED ADR	143,035	143,035

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
BAYER A G SPONSORED ADR	69,121	69,121
BNP PARIBAS SPONSORED ADR	89,605	89,605
BOK FINL CORP COM NEW	33,736	33,736
BP PLC SPONSORED ADR	85,745	85,745
BRITISH AMERN TOB PLC SPONSORED ADR	107,424	107,424
CABOT OIL AND GAS	57,401	57,401
CAIXABANK- UNSPON ADR	46,765	46,765
CANADIAN IMPRL BK COMM COM	24,877	24,877
CANADIAN NATL RY CO COM	53,004	53,004
CAPITAL ONE FINL CORP COM	51,764	51,764
CARREFOUR SA	44,329	44,329
CERNER CORP COM	67,005	67,005
CHECK POINT SOFTWARE TECH LTD ORD	78,116	78,116
CHINA MOBILE LIMITED SPONSORED ADR	136,828	136,828
CHUBB LTD	48,877	48,877
CHUGAI PHARMACEUTIC	51,756	51,756
CISCO SYS INC COM	79,949	79,949
COLGATE PALMOLIVE CO COM	53,833	53,833
COMMERCE BANCSHARES, INC.	37,639	37,639
COMPAGNIE FIN RICHEMONTAG SWI ADR	26,464	26,464
CULLEN FROST BANKERS INC COM	32,072	32,072
DANAHER CORP	93,009	93,009
DANONE SPONSORED ADR	128,564	128,564
DASSAULT SYSTEMS	56,095	56,095
DBS GROUP HLDGS LTD SPONSORED ADR	71,290	71,290
DEERE & CO COM	80,046	80,046
DENTSU INC	25,150	25,150
DEUTSCHE POST AG SPONSORED ADR	67,190	67,190
DIEGO PLC	50,863	50,863
EAST JAPAN RAILWAY CO ADR	45,992	45,992

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
EAST WEST BANCORP INC	34,431	34,431
ENCANA CORP COM	68,727	68,727
EPIROC AB	32,861	32,861
EQUITY LIFESTYLE PPTYS INC COM	39,278	39,278
EXPEDITORS INTL WASH INC COM	84,184	84,184
FACEBOOK INC-A	188,830	188,830
FACTSET RESEARCH SYSTEMS INC CT	53,392	53,392
FANUC CORPORATION ADR	131,211	131,211
FEDERATED MDT SM CAP GR-R6	898,723	898,723
FOMENTO ECONOMICO MEXICANO SAB	41,112	41,112
FUCHS PETROLUB SE-PREF ADR	28,402	28,402
GENERAL DYNAMICS CORP COM	49,378	49,378
GILDAN ACTIVEWEAR INC COM	19,313	19,313
HALLIBURTON CO COM	24,666	24,666
HDFC BANK LTD ADR REPS 3 SHS	34,030	34,030
HOME DEPOT INC COM	63,985	63,985
HSBC HLDGS PLC SPON ADR NEW	59,730	59,730
ICICI BK LTD ADR	47,322	47,322
INFINEON TECHNOLOGIES AG SPONSORED ADR	117,113	117,113
ING GROEP N V SPONSORED ADR	46,055	46,055
INVESCO OPPENHEIMER DEVELOP	1,896,557	1,896,557
ISHARES MSCI EAFE SMALL CAP	1,520,878	1,520,878
ITAU UNIBANCO HLDG SA SPON ADR REP PFD	30,067	30,067
JOHNSON CONTROLS INTL PLC	54,836	54,836
JOHNSON MATTHEY PLC	33,974	33,974
JPMORGAN CHASE & CO COM	54,227	54,227
KDDI CORP ADR	62,233	62,233
KOMATSU LTD SPON ADR NEW	21,345	21,345
KUBOTA CORP-SPONS ADR	40,738	40,738
LAZARD FDS INC EMERG MKT INST	1,827,886	1,827,886

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
LENNAR CORP - B SHS	983	983
LENNAR CORP-A	52,498	52,498
LINDE PLC	138,385	138,385
LLOYDS BANKING GROUP PLC SPONSORED ADR	28,009	28,009
LONZA GROUP AG ADR	49,130	49,130
LOREAL	76,219	76,219
LUKOIL PJSC	48,171	48,171
MANULIFE FINL CORP COM	38,997	38,997
MARTIN MARIETTA MATLS INC COM	69,071	69,071
MEDTRONIC PLC	65,461	65,461
MERCK & CO INC NEW COM	38,199	38,199
MICRO FOCUS INTL-SPN ADR	26,910	26,910
MICROCHIP TECHNOLOGY INC COM	71,628	71,628
MICROSOFT CORP WA	245,224	245,224
MITSUBISHI UFJ FINL-SPON ADR	31,565	31,565
MONSTER BEVERAGE CORP	106,065	106,065
MORGAN STANLEY GLOBAL	1,726,931	1,726,931
MURATA MANUFACTURING COMPANY LTD	21,277	21,277
NESTLE SA-SPONS ADR	113,507	113,507
NOVARTIS AG-SPONSORED ADR	188,338	188,338
NOVO-NORDISK A S ADR	89,251	89,251
NOVOZYMES A/S-UNSPONS ADR	24,094	24,094
NVIDIA CORP	90,591	90,591
ORACLE CORP COM	139,761	139,761
OSHKOSH CORP	70,609	70,609
PARKER HANNIFIN CORP COM	65,039	65,039
PAYPAL HOLDINGS INC	72,798	72,798
PHILLIPS 66 COM	66,623	66,623
PING AN INSURANCE GROUP COMPANY OF CHINA LIMITED	47,398	47,398
PIONEER NAT RES CO COM	35,572	35,572

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
PPG INDS INC COM	67,679	67,679
PROCTER & GAMBLE CO COM	99,545	99,545
PRUDENTIAL PLC ADR	85,245	85,245
QUALCOMM INC COM	107,817	107,817
REGENERON PHARMACEUTICALS COM	94,245	94,245
RELX PLC	39,169	39,169
RIO TINTO PLC	26,118	26,118
ROCHE HLDG LTD SPONSORED ADR	238,456	238,456
ROLLS ROYCE HOLDINGS PLC SPONSORED ADR	88,808	88,808
ROYAL DUTCH SHELL PLC SPON ADR B	125,937	125,937
RYANAIR HOLDINGS PLC	58,611	58,611
SAP SE SPON ADR	198,037	198,037
SASOL LTD SPONSORED ADR	15,192	15,192
SCHLUMBERGER LTD	81,606	81,606
SCHNEIDER ELECTRIC SA	36,031	36,031
SEI INVESTMENTS CO COM	73,338	73,338
SGS SA	27,733	27,733
SIEMENS AG	112,960	112,960
SINOPHARM GROUP CO	19,497	19,497
SK TELECOM LTD SPONSORED ADR	74,368	74,368
SONOVA HLDG AG ADR	39,801	39,801
SONY CORP ADR NEW	66,164	66,164
SSE PLC-SPN ADR	54,560	54,560
STARBUCKS CORP COM	71,039	71,039
SUMITOMO MITSUI FINL GROUP INC SPONSORED ADR	44,097	44,097
SUN COMMUNITIES INC COM	42,478	42,478
SYMRISE AG-UNSPON ADR	43,433	43,433
SYSMEX CORP ADR	33,724	33,724
TAIWAN SEMICONDUCTOR MFG LTD SPONSORED ADR	127,820	127,820
TAKEDA PHARMACEUTICAL CO LTD SPONSORED ADR	148,764	148,764

**Investments Corporation Stock Schedule** 

Name of Stock	End of Year Book Value	End of Year Fair Market Value
TENCENT HOLDINGS LIMITED LTD	38,757	38,757
THE COCA-COLA CO	145,958	145,958
TOTAL S A	81,402	81,402
TOUCHSTONE FDS GROUP TR MDCAP VAL	1,247,322	1,247,322
TOUCHSTONE MID CAP GROW-INST	3,082,851	3,082,851
TWITTER INC	43,780	43,780
TYSON FOODS INC INC	58,903	58,903
UNICHARM CORP	25,336	25,336
UNICREDIT SPA-ADR	143,303	143,303
UNILEVER N V N Y SHS NEW	50,507	50,507
UNILEVER PLC-SPONSORED ADR	34,645	34,645
VANGUARD FTSE DEVELOPED ETF	2,190,090	2,190,090
VANGUARD S&P 500 ETF	5,813,653	5,813,653
VARIAN MED SYS INC COM	31,952	31,952
VIRTUS QUALITY SMALL-CAP-I	1,227,958	1,227,958
VISA INC COM CL A	220,219	220,219
VODAFONE GROUP PLC-SP ADR	62,223	62,223
VOLKSWAGEN A G	164,872	164,872
WEIBO CORP-SPON ADR	35,022	35,022
YANDEX NV-A	34,662	34,662
YUM CHINA HOLDINGS INC	42,009	42,009
YUM! BRANDS INC	53,085	53,085

efile GRAPHIC print - DO NOT PROCES	SS As Filed Data	-	DLI	N: 93491269000010
TY 2019 Legal Fees Schedu	ule			
Nan	me: THE FOUND/	ATION FOR A HEAL	LTHY HIGH POINT	,
E:	<b>IN:</b> 46-2174223	ı		
Category	Amount	Net Investment	Adjusted Net	Disbursements
Category	Amount	Income	Income	for Charitable Purposes
LEGAL FEES	260	26		234

TV 2019 Other Assets Schedule		

efile GRAPHIC print - DO NOT PROCESS | As Filed Data -

DLN: 93491269000010

Name: THE FOUNDATION FOR A HEALTHY HIGH POINT EIN: 46-2174223

Other Assets Schedule						
Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value			
REFUNDABLE DEPOSITS	456	456	456			
FEDERAL NET INVESTMENT EXCISE TAX RECEIVABLE	1,780	0	0			
DEFERRED FEDERAL NIL EXCISE TAX BENEFIT	10.527	n	0			

efile GRAPHIC print - DO NOT PROCESS	As Filed Data -	ta - DLN: 93491269000010				
TY 2019 Other Expenses Schedule						
Name: THE FOUNDATION FOR A HEALTHY HIGH POINT						
EIN:	46-2174223					
Other Expenses Schedule						
Description	Revenue and Expenses per	Net Investment Income	Adjusted Net Income	Disbursements for Charitable		

MEMBERSHIPS

SPONSORSHIPS & SPONSORED EVENTS

TRAINING & DEVELOPMENT

Other Expenses benedule	1	1		
Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbur Ch Pu
	Expenses per	Income	1 1	

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
OFFICE SUPPLIES & EXPENSE	7,544	754		6,728

	Books		Purposes
OFFICE SUPPLIES & EXPENSE	7,544	754	6,728
INFORMATION TECHNOLOGY & TELEPHONE	18,505	1,851	21,255
INSURANCE	8,816	882	7,934

	,		,
INFORMATION TECHNOLOGY & TELEPHONE	18,505	1,851	21,255
INSURANCE	8,816	882	7,934
COMMUNITY DEVELOPMENT, COMMUNICATIONS & PUBLIC RELATIONS	12,097	0	12,097

INSURANCE	8,816	882	7,934
COMMUNITY DEVELOPMENT, COMMUNICATIONS & PUBLIC RELATIONS	12,097	0	12,097
MISC/OTHER	6,172	617	5,555

9,900

11,488

1115-014-41-02	0,010	""	,,,,,,
COMMUNITY DEVELOPMENT, COMMUNICATIONS & PUBLIC RELATIONS	12,097	0	12,097
MISC/OTHER	6,172	617	5,555
NFP ASSOCIATION/ORGANIZATION DUES &	13,757	77	13,680

9,900

14,114

1,411

Description			Amount	
<b>EIN:</b> 46-2174223				
Manici	THE TOUNDAT	ION FOR A HEALITH HIGH FO	21111	
Name: THE FOUNDATION FOR A HEALTHY HIGH POINT				
TY 2019 Other Increases Schedule				
efile GRAPHIC print - DO NOT PROCESS	As Filed Data -		DLN: 93491269000010	

7,691,432

UNREALIZED APPRECIATION IN THE INVESTMENT PORTFOLIO

efile GRAPHIC print - DO NOT PROCESS	As Filed Data -		D	LN: 93491269000010
TY 2019 Other Liabilities Sche	dule			
Name:	THE FOUNDAT	ΓΙΟΝ FOR A F	HEALTHY HIGH POIN	Т
<b>EIN:</b> 46-2174223				
Descriptio	n 		Beginning of Year - Book Value	End of Year - Book Value
FEDERAL NET INVESTMENT EXCISE TAX	PAYABLE		0	5,656

99,486

DEFERRED FEDERAL NET INVESTMENT EXCISE TAX PAYABLE

efile GRAPHIC print - DO NOT PROCESS   As Filed Data - DLN: 93491269000010					
TY 2019 Other Profession	TY 2019 Other Professional Fees Schedule				
Na Na	me: THE FOUND	ATION FOR A HEAL	LTHY HIGH POINT		
<b>EIN:</b> 46-2174223					
Category Amount Net Investment Adjusted Net Disbursement Income Income For Charitable Purposes					
INVESTMENT CUSTODIAN/CONSULTING/MANAGEMENT	153,080	142,434		10,646	

254

5,000

2,542

5,000

44,350

PAYROLL & RETIREMENT SERVICES

PROGRAM RELATED CONSULTING

INVESTMENT SERVICES

SERVICES

2,288

44,350

efile GRAPHIC print - DO NOT PROCESS	As Filed Data	-	DL	N: 93491269000010	
TY 2019 Taxes Schedule					
Name:	THE FOUND	ATION FOR A HEAL	LTHY HIGH POINT		
EIN:	46-2174223				
Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes	
PAYROLL TAXES	17,693	1,769		15,924	
FEDERAL NII EXCISE TAX	23,936	0		0	
DEFERRED FEDERAL NII EXCISE TAX	110,013	0		0	
FOREIGN INVESTMENT TAXES	24,706	24,706		0	

efile GRAPHIC print - DC	NOT PROCESS As Filed Data	-		DLN: 93491269000010		
Schedule B (Form 990, 990-EZ,	Sched	dule of Contributors		OMB No. 1545-0047		
or 990-PF) Department of the Treasury Internal Revenue Service	► Attach to Form 990, 990-EZ, or 990-PF. For the latest information.			2019		
Name of the organization THE FOUNDATION FOR A H	EALTHY HIGH POINT		Employer i	identification number		
Organization type (chec	k one):		46-2174223	3		
	,					
Filers of:	Section:					
Form 990 or 990-EZ	501(c)( ) (enter number	) organization				
	☐ 4947(a)(1) nonexempt ch	4947(a)(1) nonexempt charitable trust <b>not</b> treated as a private foundation				
	☐ 527 political organization					
Form 990-PF	<b>☑</b> 501(c)(3) exempt private	foundation				
	4947(a)(1) nonexempt charitable trust treated as a private foundation					
	☐ 501(c)(3) taxable private foundation					
	ion filing Form 990, 990-EZ, or 990 property) from any one contributor.					
Special Rules						
under sections 50 received from any	on described in section 501(c)(3) fil 9(a)(1) and 170(b)(1)(A)(vi), that cl one contributor, during the year, to 1h, or (ii) Form 990-EZ, line 1. Co	necked Schedule A (Form 990 otal contributions of the greater	or 990-EZ), Part II, line 13	, 16a, or 16b, and that		
during the year, to	on described in section 501(c)(7), (a tal contributions of more than \$1,0 ne prevention of cruelty to children	00 exclusively for religious, cha	aritable, scientific, literary,			
during the year, co If this box is check purpose. Don't co	on described in section 501(c)(7), (contributions exclusively for religious ked, enter here the total contribution mplete any of the parts unless the le, etc., contributions totaling \$5,00	s, charitable, etc., purposes, buns that were received during the General Rule applies to this or	ut no such contributions tot ne year for an e <i>xclusively</i> r rganization because it rece	taled more than \$1,000. religious, charitable, etc., eived <i>nonexclusively</i>		
990-EZ, or 990-PF), but it	that isn't covered by the General I must answer "No" on Part IV, line rt I, line 2, to certify that it doesn't r	2, of its Form 990; or check th	e box on line H of its Form			
For Paperwork Reduction Ac	t Notice, see the Instructions	Cat. No. 30613X	Schedule B (Form 99	0, 990-EZ, or 990-PF) (2019)		

for Form 990, 990-EZ, or 990-PF.

Schedule B (Form 990, 990-EZ, or 990-PF) (2019) Page 2 Name of organization **Employer identification number** THE FOUNDATION FOR A HEALTHY HIGH POINT 46-2174223 Part I Contributors (see instructions). Use duplicate copies of Part I if additional space is needed. Contributors (c) (a) (b) (d) No. **Total contributions** Type of contribution Name, address, and ZIP + 4 WAKE FOREST UNIVERSITY BAPTIST MEDICAL CENTER OF WAKE Person **FOREST** Payroll MEDICAL CENTER BOULEVARD \$ 60,720 Noncash WINSTONSALEM, NC 27157 (Complete Part II for noncash contributions.) (d) (a) (b) (c) No. Name, address, and ZIP + 4 **Total contributions** Type of contribution Person **Payroll** \$ Noncash (Complete Part II for noncash contributions.) (a) (b) (c) (d) **Total contributions** No. Name, address, and ZIP + 4 Type of contribution Person **Payroll** \$ Noncash (Complete Part II for noncash contributions.) (a) (b) (c) (d) **Total contributions** No. Name, address, and ZIP + 4 Type of contribution Person Payroll \$ Noncash (Complete Part II for noncash contributions.) (c) (d) (a) (b) Name, address, and ZIP + 4 **Total contributions** No. Type of contribution Person Payroll Noncash (Complete Part II for noncash contributions.) (a) (b) (c) (d) No. Name, address, and ZIP + 4 **Total contributions** Type of contribution Person **Payroll** \$ Noncash

(Complete Part II for noncash

Schedule	B (Form 990, 990-EZ, or 990-PF) (2019)		Page <b>4</b>
	rganization DATION FOR A HEALTHY HIGH POINT		Employer identification number 46-2174223
Part III	Exclusively religious, charitable, etc., contribution than \$1,000 for the year from any one contribute organizations completing Part III, enter the total the year. (Enter this information once. See instruction of the description of the description of the year.)	r. Complete columns (a) thr of exclusively religious, cha ctions.) ► \$	
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift Transferee's name, address, and ZIP 4 Relations		elationship of transferor to transferee
(a) No. from	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
Part I		(e) Transfer of gift	
	Transferee's name, address, and ZIP 4		elationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	c) Use of gift	(d) Description of how gift is held
	Transferee's name, address, and ZIP 4	(e) Transfer of gift Re	elationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	c) Use of gift	(d) Description of how gift is held
	Transferee's name, address, and ZIP 4	(e) Transfer of gift Re	elationship of transferor to transferee
			Schedule B (Form 990, 990-EZ, or 990-PF) (2019)