

For calendar year 2019, or tax year beginning 01-01-2019, and ending 12-31-2019

Name of foundation Mid-Iowa Health Foundation		A Employer identification number 42-1235348	
Number and street (or P.O. box number if mail is not delivered to street address) 3900 Ingersoll Ave No 104		Room/suite	
City or town, state or province, country, and ZIP or foreign postal code Des Moines, IA 503123535		B Telephone number (see instructions) (515) 277-6411	
G Check all that apply: ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☐ Name change		C If exemption application is pending, check here ☐ D 1. Foreign organizations, check here..... ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ... ☐ E If private foundation status was terminated under section 507(b)(1)(A), check here ☐ F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐	
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation			
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) ▶ \$ 17,138,896		J Accounting method: ☐ Cash ☒ Accrual ☐ Other (specify) _____ (Part I, column (d) must be on cash basis.)	

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions).)		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received (attach schedule)	370,000			
	2 Check ☐ if the foundation is not required to attach Sch. B				
	3 Interest on savings and temporary cash investments	3,987	3,987		
	4 Dividends and interest from securities	312,689	312,689		
	5a Gross rents				
	b Net rental income or (loss) _____				
	6a Net gain or (loss) from sale of assets not on line 10 	1,693,394			
	b Gross sales price for all assets on line 6a _____ 13,230,572				
	7 Capital gain net income (from Part IV, line 2)		1,693,776		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances _____				
Operating and Administrative Expenses	b Less: Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)				
	12 Total. Add lines 1 through 11	2,380,070	2,010,452		
	13 Compensation of officers, directors, trustees, etc.	118,915	9,513		109,402
	14 Other employee salaries and wages	88,739	0		88,739
	15 Pension plans, employee benefits	41,426	1,415		40,101
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule) 	14,900	0		14,900
	c Other professional fees (attach schedule) 	100,829	70,961		29,868
	17 Interest				
	18 Taxes (attach schedule) (see instructions) 	25,509	6,286		0
	19 Depreciation (attach schedule) and depletion				
	20 Occupancy	28,363	0		28,363
	21 Travel, conferences, and meetings	49,590	0		49,590
	22 Printing and publications	5,776	0		5,776
	23 Other expenses (attach schedule) 	55,769	0		34,169
	24 Total operating and administrative expenses. Add lines 13 through 23	529,816	88,175		400,908
	25 Contributions, gifts, grants paid	688,975			784,635
	26 Total expenses and disbursements. Add lines 24 and 25	1,218,791	88,175		1,185,543
	27 Subtract line 26 from line 12:				
	a Excess of revenue over expenses and disbursements	1,161,279			
	b Net investment income (if negative, enter -0-)		1,922,277		
	c Adjusted net income (if negative, enter -0-)				

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only. (See instructions.)		
		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash—non-interest-bearing			
	2 Savings and temporary cash investments	407,250	366,940	366,940
	3 Accounts receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	4 Pledges receivable ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	5 Grants receivable	5,500		
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7 Other notes and loans receivable (attach schedule) ▶ _____ Less: allowance for doubtful accounts ▶ _____			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges	8,836	12,785	12,785
	10a Investments—U.S. and state government obligations (attach schedule)			
	b Investments—corporate stock (attach schedule)	6,578,841	11,601,798	11,601,798
	c Investments—corporate bonds (attach schedule)			
	11 Investments—land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____			
	12 Investments—mortgage loans			
	13 Investments—other (attach schedule)	7,496,073	5,157,373	5,157,373
	14 Land, buildings, and equipment: basis ▶ _____ Less: accumulated depreciation (attach schedule) ▶ _____	382	0	0
15 Other assets (describe ▶ _____)				
16 Total assets (to be completed by all filers—see the instructions. Also, see page 1, item I)	14,496,882	17,138,896	17,138,896	
Liabilities	17 Accounts payable and accrued expenses	17,528	16,466	
	18 Grants payable	180,000	84,340	
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe ▶ _____)	100	21,700	
	23 Total liabilities (add lines 17 through 22)	197,628	122,506	
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here ▶ ☒ and complete lines 24, 25, 29 and 30.			
	24 Net assets without donor restrictions	14,299,254	17,016,390	
	25 Net assets with donor restrictions			
	Foundations that do not follow FASB ASC 958, check here ▶ ☐ and complete lines 26 through 30.			
	26 Capital stock, trust principal, or current funds			
	27 Paid-in or capital surplus, or land, bldg., and equipment fund			
	28 Retained earnings, accumulated income, endowment, or other funds			
	29 Total net assets or fund balances (see instructions)	14,299,254	17,016,390	
30 Total liabilities and net assets/fund balances (see instructions) .	14,496,882	17,138,896		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year—Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	14,299,254
2 Enter amount from Part I, line 27a	2	1,161,279
3 Other increases not included in line 2 (itemize) ▶ _____	3	1,555,857
4 Add lines 1, 2, and 3	4	17,016,390
5 Decreases not included in line 2 (itemize) ▶ _____	5	0
6 Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 29 .	6	17,016,390

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1 a Publicly Traded Securities/Funds			
b Capital Gains Dividends	P		
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 13,092,999		11,536,796	1,556,203
b 137,573			137,573
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			1,556,203
b			137,573
c			
d			
e			

2 Capital gain net income or (net capital loss)	2	1,693,776
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8	3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2018	907,546	16,035,933	0.056595
2017	992,723	15,181,753	0.065389
2016	813,117	14,103,070	0.057655
2015	808,963	15,268,779	0.052982
2014	757,514	15,699,162	0.048252

2 Total of line 1, column (d)	2	0.280873
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5.0, or by the number of years the foundation has been in existence if less than 5 years	3	0.056175
4 Enter the net value of noncharitable-use assets for 2019 from Part X, line 5	4	15,830,186
5 Multiply line 4 by line 3	5	889,261
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	19,223
7 Add lines 5 and 6	7	908,484
8 Enter qualifying distributions from Part XII, line 4	8	1,185,543

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary—see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b	1	19,223
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0
3	Add lines 1 and 2.	3	19,223
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	19,223
6	Credits/Payments:		
a	2019 estimated tax payments and 2018 overpayment credited to 2019	6a	13,519
b	Exempt foreign organizations—tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	6,000
d	Backup withholding erroneously withheld	6d	0
7	Total credits and payments. Add lines 6a through 6d.	7	19,519
8	Enter any penalty for underpayment of estimated tax. Check here ☒ if Form 2220 is attached.	8	209
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed ▶	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid ▶	10	87
11	Enter the amount of line 10 to be: Credited to 2020 estimated tax ▶ 87 Refunded ▶	11	0

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		No
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? (see Instructions for definition). <i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.</i>		No
c Did the foundation file Form 1120-POL for this year?		No
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. ▶ \$ 0 (2) On foundation managers. ▶ \$ 0		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. ▶ \$ 0		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If "Yes," attach a detailed description of the activities.</i>		No
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes</i>		No
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		No
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If "Yes," attach the statement required by General Instruction T.</i>		No
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	Yes	
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col. (c), and Part XV.</i>	Yes	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ▶ IA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation .</i>	Yes	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2019 or the taxable year beginning in 2019? See the instructions for Part XIV. <i>If "Yes," complete Part XIV</i>		No
10 Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses.</i>		No

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions.	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions	12		No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► <u>www.midiowahealth.org</u>	13	Yes	
14	The books are in care of ► <u>Suzanne Mineck</u> Telephone no. ► <u>(515) 277-6411</u>			

Located at ► 3900 Ingersoll Ave Suite 104 Des Moines IA ZIP+4 ► 503123535

15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —check here	☐		
	and enter the amount of tax-exempt interest received or accrued during the year	► 15		
16	At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?	16	Yes	No
	See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes", enter the name of the foreign country ►			

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

		Yes	No
1a	During the year did the foundation (either directly or indirectly):		
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No		
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No		
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No		
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No		
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No		
	(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) ☐ Yes ☒ No		
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions	1b	No
	Organizations relying on a current notice regarding disaster assistance check here. ► ☐		
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2019?	1c	No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a	At the end of tax year 2019, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2019? ☐ Yes ☒ No		
	If "Yes," list the years ► 20____, 20____, 20____, 20____		
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions.)	2b	
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ► 20____, 20____, 20____, 20____		
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No		
b	If "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2019.)	3b	
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2019?	4b	No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

		Yes	No
5a	During the year did the foundation pay or incur any amount to:		
(1)	Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes ☒ No	
(2)	Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?	☐ Yes ☒ No	
(3)	Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes ☒ No	
(4)	Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions.	☐ Yes ☒ No	
(5)	Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes ☒ No	
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions		5b
	Organizations relying on a current notice regarding disaster assistance check here. 	☐	
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? If "Yes," attach the statement required by Regulations section 53.4945–5(d).	☐ Yes ☐ No	
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	☐ Yes ☒ No	
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If "Yes" to 6b, file Form 8870.		6b No
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	☐ Yes ☒ No	
b	If "Yes", did the foundation receive any proceeds or have any net income attributable to the transaction?		7b
8	Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment during the year?	☐ Yes ☒ No	

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation. See instructions				
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Additional Data Table				
2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."				
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Denise Swartz 3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312	Program Officer 40.00	88,739	6,142	0
Total number of other employees paid over \$50,000. 				0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)
3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over \$50,000 for professional services. ►		0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1	
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3 ►	0

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities.	1a	15,637,156
b	Average of monthly cash balances.	1b	434,099
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	16,071,255
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	16,071,255
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	241,069
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	15,830,186
6	Minimum investment return. Enter 5% of line 5.	6	791,509

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	791,509
2a	Tax on investment income for 2019 from Part VI, line 5.	2a	19,223
b	Income tax for 2019. (This does not include the tax from Part VI.).	2b	
c	Add lines 2a and 2b.	2c	19,223
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	772,286
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	772,286
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	772,286

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	1,185,543
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	1,185,543
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions.	5	19,223
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	1,166,320

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI, line 7				772,286
2 Undistributed income, if any, as of the end of 2019:				
a Enter amount for 2018 only.			0	
b Total for prior years: 20____, 20____, 20____		0		
3 Excess distributions carryover, if any, to 2019:				
a From 2014.				
b From 2015. 62,190				
c From 2016. 115,461				
d From 2017. 257,589				
e From 2018. 132,787				
f Total of lines 3a through e.	568,027			
4 Qualifying distributions for 2019 from Part XII, line 4: ► \$ 1,185,543				
a Applied to 2018, but not more than line 2a			0	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2019 distributable amount.				772,286
e Remaining amount distributed out of corpus	413,257			
5 Excess distributions carryover applied to 2019. (If an amount appears in column (d), the same amount must be shown in column (a).)	0			0
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	981,284			
b Prior years' undistributed income. Subtract line 4b from line 2b.		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0		
d Subtract line 6c from line 6b. Taxable amount—see instructions.		0		
e Undistributed income for 2018. Subtract line 4a from line 2a. Taxable amount—see instructions.			0	
f Undistributed income for 2019. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2020.				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2014 not applied on line 5 or line 7 (see instructions). . . .	0			
9 Excess distributions carryover to 2020. Subtract lines 7 and 8 from line 6a.	981,284			
10 Analysis of line 9:				
a Excess from 2015. 62,190				
b Excess from 2016. 115,461				
c Excess from 2017. 257,589				
d Excess from 2018. 132,787				
e Excess from 2019. 413,257				

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2019, enter the date of the ruling. ▶

b Check box to indicate whether the organization is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed

	Tax year	Prior 3 years			(e) Total
	(a) 2019	(b) 2018	(c) 2017	(d) 2016	
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a "Assets" alternative test—enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed.					
c "Support" alternative test—enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii).					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year—see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☐ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. to individuals or organizations under other conditions, complete items 2a, b, c, and d. See instructions

a The name, address, and telephone number or e-mail address of the person to whom applications should be addressed:

Suzanne Mineck
3900 Ingersoll Ave Suite 104
Des Moines, IA 503123535
(515) 277-6411

b The form in which applications should be submitted and information and materials they should include:

Please contact Denise Swartz or Suzanne Mineck at 515-277-6411 or go to the Mid-Iowa Health Foundation website at www.midiowahealth.org to learn more about the grant process and how to apply. Non-profit organizations may apply for a grant through the competitive application process. Contact Denise or Suzanne to discuss your ideas for addressing the HealthConnect Innovation Grants priority.

c Any submission deadlines:

See the website for application deadlines.

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Proposals are not considered for: for-profit entities, individuals, scholarships, conference registration fees, programs supporting religious activities, general operations or special camps, capital campaigns, endowment campaigns, debt reduction, or fundraising events.

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i> See Additional Data Table				
Total			▶ 3a	784,635
b <i>Approved for future payment</i> See Additional Data Table				
Total			▶ 3b	84,340

Enter gross amounts unless otherwise indicated.

Enter gross amounts unless otherwise indicated.	Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions.)
	(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1 Program service revenue:					
a _____					
b _____					
c _____					
d _____					
e _____					
f _____					
g Fees and contracts from government agencies					
2 Membership dues and assessments. . . .					
3 Interest on savings and temporary cash investments			14	3,987	
4 Dividends and interest from securities. . . .			14	312,689	
5 Net rental income or (loss) from real estate:					
a Debt-financed property.					
b Not debt-financed property.					
6 Net rental income or (loss) from personal property					
7 Other investment income.					
8 Gain or (loss) from sales of assets other than inventory			18	1,693,394	
9 Net income or (loss) from special events:					
10 Gross profit or (loss) from sales of inventory					
11 Other revenue: a _____					
b _____					
c _____					
d _____					
e _____					
12 Subtotal. Add columns (b), (d), and (e). .		0		2,010,070	0
13 Total. Add line 12, columns (b), (d), and (e). (See worksheet in line 13 instructions to verify calculations.)			13		2,010,070

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

[illegible]

Part XVII

- | | | | |
|--|--|------------|-----------|
| | | Yes | No |
|--|--|------------|-----------|

--	--	--

- | | | |
|-------|--|----|
| 1a(1) | | No |
| 1a(2) | | No |

--	--	--

- | | | |
|--------------|--|-----------|
| 1b(1) | | No |
| 1b(2) | | No |
| 1b(3) | | No |
| 1b(4) | | No |
| 1b(5) | | No |
| 1b(6) | | No |

1c		No
----	--	----

value
ue

[illegible]

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations

described in section 501(c) (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

Title

(see instr.) ☒ Yes ☐ No

Paid Preparer Use Only	Lyle D Reichter CPA CMA	2020-05-20	
	Firm's name ► Corwin Reichter & Company PC		Firm's EIN ► 42-1046003

P00065165

2020-05-20

Firm's EIN ▶ 42-1046003

Phone no. (515) 309-0215

West Des Moines, IA 502665821

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation

(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Kelly Grossman	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Rob Barron	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Hayley L Harvey	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Joseph Jones	Secretary-Treasurer 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Libby Jacobs	Chair 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Buck Olsen	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Tammy Gentry	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Judith Vogel	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Suzanne Mineck	President 40.00	118,915	8,324	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Izaah Knox	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Chris Cook	Vice Chair 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Carrie Clogg	Director 1.00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Blank Children's Hospital 1200 Pleasant Street Des Moines, IA 50309		PC	Improve children's mental health and well being in Iowa	15,000
Blank Children's Hospital 1215 Pleasant Street Des Moines, IA 50309		PC	Funding analysis for children's behavioral health in Iowa	3,000
Child and Family Policy Center 505 Fifth Ave Ste 404 Des Moines, IA 50309		PC	Improving access to & quality of care for low-income children	15,000
Total ► 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
City of Des Moines 1551 E Martin Luther King Jr Pkwy Des Moines, IA 50317		GOV	Evelyn K Davis Park basketball court lights	40,000
City of Des Moines2309 Euclid Ave Des Moines, IA 50310		GOV	Civil and human rights symposium	1,000
Coalition for Family & Children's Services of Iowa 1111 Ninth St Ste 235 Des Moines, IA 50314		PC	Engage thought leaders & leadership teams to prepare for Family First	40,000
Total ► 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Iowa ACEs 360 continuum of health systems change	15,000
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Iowa ACEs 360 social emotional learning activities organizational capacity expansion	50,000
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Capital Crossroads - Midpoint Review	2,500
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Transportation gap analysis/collaborative support	10,000
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Iowa ACEs 360 assistance for trauma informed child welfare & juvenile detention	2,750
Community Youth Concepts 1446 Martin Luther King Jr Pkwy Des Moines, IA 50314		PC	uVoice	24,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Des Moines Public Schools 2100 Fleur Drive Des Moines, IA 50321		PC	DMPS School Climate and Culture Summit	1,000
Dorothy's HousePO Box 57672 Des Moines, IA 50317		PC	Safe place for survivors of sex trafficking & sexual exploitation	2,500
Drake University2507 University Ave Des Moines, IA 50311		PC	Integrating medical & dental health care	1,500
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Eat Greater Des Moines 501 SW 7th St Ste G2 Des Moines, IA 50309		PC	Expand access to healthy food through systemic collaboration & innovation	15,000
EveryStep1111 Ninth St Ste 320 Des Moines, IA 50314		PC	Prenatal family engagement project, Nine2Thrive	15,000
Foundations Inc 701 East Gate Drive Suite 300 Mt Laurel, NJ 08054		PC	Leveraging Medicaid to support a key social determinant of health, children's asthma, by funding home assessment and housing remediation	15,000
Total ► 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Grantmakers in Health 1130 Connecticut Ave Ste 700 Washington, DC 20036		PC	Technical Assistance	2,875
Healthy Birth Day IncPO Box 71093 Clive, IA 50325		PC	Decreasing toxic stress by linking stillbirth prevention & protection efforts	15,000
Healthy Birth Day IncPO Box 71093 Clive, IA 50325		PC	Reducing racial disparities that persist in birth outcomes	15,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Iowa Coalition for Collective Change 950 Office Park Road 127 West Des Moines, IA 50266		PC	Building a coalition of providers who are committed to improving access and quality for the most at-risk pregnant and parenting families.	15,000
Iowa Department of Human Services 1305 E Walnut St Des Moines, IA 50319		GOV	Support implementation of Iowa Children's Behavioral Health System Universal Screening	50,000
Iowa Healthiest State Initiative 301 Grand Ave Des Moines, IA 50309		PC	Make it OK	20,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Iowa Public Health Association 501 SW 7th St Ste G Des Moines, IA 50309		PC	Vaccination partners advocacy network	15,000
Iowa Public Radio 2111 Grand Ave Ste 100 Des Moines, IA 50312		PC	Hire a Full Time Health Reporter	60,000
Iowa Western Community College 2700 College Rd Council Bluffs, IA 51503		PC	Mini-Grant	500
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Latinas Latinos Al Exito Inc PO Box 93531 Des Moines, IA 50393		PC	Improving lives of Latino youth	15,000
Latinas Latinos Al Exito Inc PO Box 93531 Des Moines, IA 50393		PC	Impact of immigration policies on the health & wellbeing of Latinx families in Iowa	15,000
Mercy Hospital Medical Foundation 411 Laurel St Ste 2250 Des Moines, IA 50314		PC	Pediatric community health worker	36,510
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Orchard Place2116 Grand Avenue Des Moines, IA 50312		PC	2019 TIC Conference	1,000
Planned Parenthood of the Heartland 818 5th Ave Ste 200 Des Moines, IA 50309		PC	Peer education community input project	10,000
Please Pass the LovePO Box 93873 Des Moines, IA 50393		PC	State-wide school mental health systems work	6,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Polk County Continuum of Care 505 5th Ave Ste 1000 Des Moines, IA 50309		GOV	Ending Youth Homelessness	39,000
Polk County Housing Trust Fund 505 5th Ave Ste 1000 Des Moines, IA 50309		PC	Undesign the red line	2,500
Primary Health Care Inc 1200 University Ave Ste 200 Des Moines, IA 50314		PC	Community health worker integration in Monroe Elementary School	15,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Proteus Inc1221 Center St Ste 16 Des Moines, IA 50309		PC	Care coordination for farmworker families	15,000
Street Collective506 E 6th St Des Moines, IA 50309		PC	Increase physical activity & safer streets - encourage walking, biking	15,000
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314		PC	ACEs Prenatal Development and Collaboration	60,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314		PC	Obesity prevention & promotion of healthy habits for kids and families in Iowa	15,000
United Way of Story County 315 Clark Ave Ames, IA 50010		PC	Impact of the climat of school & out of school programs on chronic absenteeism & engagement	15,000
Urban Dreams601 Forest Ave Des Moines, IA 50314		PC	Barbershop Books project	12,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
USCRI Des Moines 1200 University Ave Ste 205 Des Moines, IA 50314		PC	A platform to promote health equity for new Iowan children	10,000
Young Women's Resource Center 818 5th Ave Des Moines, IA 50309		PC	Exploring racial trauma & pursuing racial equity	25,000
Youth Emergency Services & Shelter of Iowa 918 SE 11th St Des Moines, IA 50309		PC	Mini-Grant	1,000
Total ▶ 3a				784,635

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Youth Policy Institute of Iowa 6200 Aurora Ste 206E Des Moines, IA 50322		PC	Prevent homelessness for youth aging out of foster care	15,000
Total  3a				784,635

TY 2019 Accounting Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Accounting and tax services	14,900	0		14,900

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2019 Gain/Loss from Sale of Other Assets Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Gain Loss Sale Other Assets Schedule

Name	Date Acquired	How Acquired	Date Sold	Purchaser Name	Gross Sales Price	Basis	Basis Method	Sales Expenses	Total (net)	Accumulated Depreciation
Disposal of Furn & Equip Under \$5,000		Purchased	2019-01					0	-382	19,394

TY 2019 Investments Corporate Stock Schedule

Name: Mid-Iowa Health Foundation
EIN: 42- 1235348

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
58.Com Inc	15,147	15,147
ABB Ltd	30,474	30,474
ABBVIE Inc.	34,531	34,531
Accenture PLC	33,059	33,059
Addidas AG-Spons ADR	21,164	21,164
Adobe Systems Inc.	57,717	57,717
AECOM	10,049	10,049
AES Corp	8,736	8,736
Agree Realty Corp	28,349	28,349
Air Liquide ADR	11,501	11,501
Airbus SE	22,565	22,565
Alcon Inc	5,544	5,544
Alibaba Group	68,084	68,084
Allergan PLC	13,000	13,000
Allstate Corp	31,598	31,598
Ally Financial Inc	9,229	9,229
Alphabet Inc.	48,218	48,218
Alphabet Inc.	49,470	49,470
Altice USA Inc	19,493	19,493
Altria Group Inc	24,256	24,256
Amazon Com Inc	97,936	97,936
Ambarella Inc	30,341	30,341
AMC Networks Inc	6,123	6,123
American Electric Power Inc	10,113	10,113
American Express Company	14,441	14,441
American Tower Corp REIT	27,119	27,119
American Woodmark Corp	43,999	43,999
Ameriprise Financial Inc.	17,824	17,824
Amgen Inc	30,857	30,857
AMN Healthcare Services	53,400	53,400

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Angiodynamics Inc	18,155	18,155
Anthem Inc	30,505	30,505
Aon Plc	44,574	44,574
Apple Inc	95,436	95,436
Applied Materials Inc	3,235	3,235
Argo Group Intl	32,349	32,349
Assa Abloy Ab	23,465	23,465
Astrazeneca PLC	35,251	35,251
Atlantic UN Bankshares Corp	46,149	46,149
Autozone Inc	13,104	13,104
Axalta Coating Systems Ltd	11,157	11,157
Balchem Corp	36,892	36,892
Ball Corp	9,248	9,248
Bank of America Corp	89,670	89,670
Barnes Group Inc	36,247	36,247
BB Seguridade Participacoes S/A	18,479	18,479
Beiersdorf AG	18,610	18,610
Benchmark Electronics Inc	32,608	32,608
Berry Global Group Inc	1,852	1,852
BHP Billiton Ltd	17,452	17,452
Big Lots Inc	25,532	25,532
Biogen Inc	11,276	11,276
BNP Paribas ADR	16,715	16,715
Boeing Co	34,205	34,205
Boot Barn Holdings Inc	22,977	22,977
Boston Scientific Corp	8,637	8,637
Bristol Myers Squibb Co	33,957	33,957
Bristol-Myers RTS	81	81
Broadcom Inc	22,437	22,437
C T S Corporation	25,058	25,058

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Cabot Oil & Gas	3,430	3,430
CACI Intl Inc	47,498	47,498
Calamp Corp	14,495	14,495
Callon Petroleum Co	33,375	33,375
Canadian National Ry Co	14,020	14,020
Carlisle Companies Inc	16,831	16,831
Carlsberg As-B	19,185	19,185
Carolina Financial Corp	36,529	36,529
Carpenter Technology Corp	28,673	28,673
CF Industries Holdings Inc	18,141	18,141
Chesapeake Utilities	22,520	22,520
Chevron Corporation	75,680	75,680
Chipotle Mexican Grill	19,254	19,254
CIA Saneamento Basico	10,987	10,987
Cisco Systems Inc	24,220	24,220
CIT Group	7,711	7,711
Citigroup Inc	72,141	72,141
Citizens Financial Grp Inc	18,518	18,518
Columbia Banking System	24,899	24,899
Comcast Corp	66,241	66,241
Compass Group PLC	15,237	15,237
ConocoPhillips	28,288	28,288
Constellatin Brands Inc	9,298	9,298
Costco Whosale Corp	33,801	33,801
Coupa Software Inc	9,799	9,799
Credit Acceptance Corp Michigan	8,404	8,404
Crown Holdings Inc	16,829	16,829
CSX Corp	15,485	15,485
Cummins Inc	14,854	14,854
CVR Energy Inc	4,124	4,124

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Daiwa House Ind Ltd	21,807	21,807
Danaher Corp	18,111	18,111
Davita Inc	18,682	18,682
Dbs Group Holdings	22,917	22,917
Delta Air Lines Inc	14,445	14,445
Dexcom Inc	13,781	13,781
Discover Financial	18,576	18,576
Disney Walt Company	28,637	28,637
Domitar Corp New	7,419	7,419
Dorman Products Inc	42,100	42,100
Dupont De Nemours Inc	8,410	8,410
Easterly Government Properties Inc	51,874	51,874
Ebay Inc	19,463	19,463
Edwards Lifescience Corp	13,764	13,764
Eli Lilly & Co	9,332	9,332
Emcor Group Inc	10,701	10,701
Engie Spon ADR	29,138	29,138
ENN Energy Hldgs Ltd ADR	18,581	18,581
Entergy Corp New	17,012	17,012
EOG Resources Inc	5,277	5,277
Equinor ASA	15,490	15,490
Essex Property Trust Inc	18,653	18,653
Exact Sciences Corp	9,525	9,525
Exelon Corporation	45,453	45,453
Exlservice Holdings Inc	41,468	41,468
Expedia Inc	5,731	5,731
Extra Space Storage Inc	16,265	16,265
Facebook Inc	59,523	59,523
Ferguson Plc	15,471	15,471
Firstenergy Corp	4,228	4,228

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Fleetcor Technologies Inc	35,102	35,102
FNF Group	16,145	16,145
Forward Air Corp	49,525	49,525
Franklin Electric Inc	40,468	40,468
FTI Consulting Inc	16,046	16,046
G-III Apparel Group Ltd	35,678	35,678
General Mills Inc	14,193	14,193
General Motors Co	7,320	7,320
Genmab A/S Spon ADR	8,932	8,932
Getty Realty Corp	22,023	22,023
Gilead Sciences Inc	29,371	29,371
Goldman Sachs US Large Cap Equity ETF	1,362,080	1,362,080
Granite Construction Co	23,686	23,686
Great Western Bancorp Inc	31,509	31,509
Grupo Financiero Banorte Sab	18,568	18,568
Guardant Health Inc	6,017	6,017
Herbalife Nutrition Ltd	20,403	20,403
Hitachi Ltd ADR	19,334	19,334
Hollyfrontier Corp	16,481	16,481
Hologic Inc	11,591	11,591
Home Depot Inc	17,470	17,470
Hunstman Corp	13,095	13,095
ICF International Inc	33,808	33,808
Icici Bank Ltd	19,677	19,677
Illumina Inc	25,876	25,876
Integra Lifesciences Holdings Corporation	47,149	47,149
Intuitive Surgical Inc	27,193	27,193
Invitation Homes Inc	16,364	16,364
IQVIA Holdings Inc	15,451	15,451
Ishares Core MSCI ETF	668,123	668,123

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Ishares Core S&P 500 ETF	1,540,885	1,540,885
Ishares Core MSCI Emerging Mkts ETF	505,989	505,989
Jazz Pharmaceuticals PLC	20,153	20,153
Johnson & Johnson	24,069	24,069
JPMorgan Chase & Co	14,079	14,079
K.Force Inc	34,182	34,182
KAO Corp	24,406	24,406
Kasikornbank Pub Co Ltd	8,261	8,261
KBR Inc	11,560	11,560
Kering SA	33,530	33,530
Komatsu Ltd Spon ADR	18,775	18,775
Koninklijke DSM NV ADR	18,148	18,148
LA-Z-Boy Inc	22,634	22,634
LAM Research Corp	23,977	23,977
Lauder Estee Cos Inc	26,437	26,437
Lear Corp	6,311	6,311
Leidos Holdings Inc	17,816	17,816
LHC Group LLC	60,201	60,201
Littlefuse Inc	34,051	34,051
Lonza Group Ag	19,889	19,889
LTC Properties Inc REIT	32,772	32,772
Lululemon Athletica Inc	34,287	34,287
M T S Systems Corp	34,389	34,389
Makita Corporation ADR	20,569	20,569
Marcus & Millichap Inc	40,305	40,305
Marriott Intl Inc	18,323	18,323
Mastec Inc	17,387	17,387
Mastercard Inc	74,050	74,050
Matador Resources Co	34,035	34,035
McKesson Corporation	10,374	10,374

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Medpace Holdings Inc	26,647	26,647
Medtronic PLC	48,443	48,443
Mercantile Bk Corp	22,538	22,538
Methode Electronics	32,031	32,031
Metlife Inc	9,328	9,328
MIcron Technology Inc	3,818	3,818
Microsoft Corp	94,620	94,620
Mid-Amer Apt Communities REIT	4,483	4,483
Moelis & Co	10,055	10,055
Molson Coors Brewing Co	5,282	5,282
Movado Group Inc	18,566	18,566
Mowi ASA Spon ADR	16,677	16,677
Mr Price Group Ltd	8,033	8,033
Mylan NV	5,126	5,126
Netflix Com Inc	50,153	50,153
Nextar Media Group Inc	71,171	71,171
Nike Inc	42,044	42,044
Nintendo Ltd ADR	23,253	23,253
Nordea Bank Ab	21,234	21,234
Northrop Grumman Corp	30,269	30,269
Novartis Ag	51,890	51,890
NRG Energy Inc	18,842	18,842
Nvidia Corp	43,530	43,530
NXP Semiconductors NV	37,160	37,160
OGE Energy Corp	10,717	10,717
Old Natl Bancorp IND	43,750	43,750
Omnicell Inc	37,346	37,346
Omnicom Group	9,641	9,641
Onto Innovation Inc	24,628	24,628
Oracle Corporation	32,954	32,954

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Paramount Grp Inc	20,393	20,393
Paypal Holdings Inc	17,307	17,307
PBF Energy Inc	3,639	3,639
PC Connection Inc	32,428	32,428
Perusahaan Perseroan Persero Pt	13,138	13,138
Phillips 66	25,959	25,959
Pilgrims Pride Corp	19,793	19,793
Ping An Insurance	34,082	34,082
Popular Inc	19,681	19,681
Primerica Inc	17,887	17,887
Proctor & Gamble Co	38,469	38,469
Progressive Corp Ohio	12,668	12,668
Prudential PLC	34,205	34,205
PT Bank Mandiri Persero TBK	7,615	7,615
Pulte Group Inc	19,516	19,516
Qualcomm Inc	45,703	45,703
Red Electrica Corporacion	11,035	11,035
Regions Financial Corp	21,141	21,141
Relx Plc Adr	33,230	33,230
Royal Dutch Shell Plc	43,055	43,055
Ryanair holdings Plc	18,310	18,310
Ryohin Keikaku Co	17,770	17,770
S&P Global Inc	20,479	20,479
Safran SA	64,244	64,244
Salesforce.com	66,845	66,845
Sampo Oyja-a	24,984	24,984
Sanlam Ltd	12,326	12,326
Sanofi ADR	36,596	36,596
SAP SE	47,834	47,834
Selective Ins Group Inc	40,418	40,418

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Sensient Technologies	32,781	32,781
Servicenow Inc	20,892	20,892
Shin-Etsu Chemical ADR	20,433	20,433
Shopify Inc	21,867	21,867
Silicon Motion Technology ADR	27,688	27,688
Sinclair Broadcast Group Inc	16,137	16,137
Sirius XM Holdings Inc	3,308	3,308
South St Corp	45,630	45,630
Southern Company	2,484	2,484
Splunk Inc	23,963	23,963
Square Inc	8,133	8,133
Starbucks corp	42,729	42,729
STD Motor Products	37,413	37,413
Stifel Financial Corp	48,641	48,641
Store Capital Corp	9,571	9,571
Sumitomo Mitsui Finl Group Inc	23,853	23,853
Suncor Energy Inc	30,078	30,078
Suzuki Motor Corp ADR	13,005	13,005
Sykes Enterprises Inc	37,397	37,397
Taiwan Semiconductor Mfg Co	48,455	48,455
Target corp	12,308	12,308
Telenor Asa-Ads	22,867	22,867
Tencent Holdings Ltd	36,680	36,680
Tesco PLC Spon ADR	21,345	21,345
Tesla Inc	35,140	35,140
Tetra Tech Inc	60,743	60,743
Toll Brothers	7,309	7,309
Travelers Cos Inc	44,920	44,920
Twilio Inc	8,354	8,354
Tyson Foods Inc	19,574	19,574

Investments Corporation Stock Schedule

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Uber Technologies Inc	9,368	9,368
UMB Financial Corp	20,661	20,661
Unilever Plc	21,667	21,667
Union Pacific Corp	17,356	17,356
United Airlines Holdings Inc	18,587	18,587
United Bankshares Inc W VA	47,552	47,552
United Rentals Inc	12,841	12,841
United Technologies Corp	7,488	7,488
Unitedhealth Group Inc	21,755	21,755
Unitil Corp	22,812	22,812
Universal Display Corp	4,740	4,740
US Bancorp	13,518	13,518
Valero Energy Corp	25,005	25,005
Varex Imaging Corp	20,241	20,241
Verizon Communications	51,330	51,330
Vertex Pharmaceuticals Inc	16,859	16,859
Vestas Wind Systems	11,313	11,313
Vinci SA	15,915	15,915
Visa Inc	62,947	62,947
Vistra Energy Corp	17,036	17,036
Vivendi SA	30,108	30,108
Volkswagen AG	33,991	33,991
Voya Financial Inc	19,331	19,331
Walgreens Boots Alliance Inc	21,167	21,167
WalMart Stores Inc	4,041	4,041
Wolters Kluwer NV	23,371	23,371
Workday Inc	18,254	18,254
Xilinx Inc	11,732	11,732
Idacorp Inc	49,662	49,662

TY 2019 Investments - Other Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348**Investments Other Schedule 2**

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
Delaware Group Global & Intl Fds Emerging Mkts Fd	FMV	710,109	710,109
Eaton Vance Ser II Income Fund boston	FMV	484,481	484,481
Lazard Fds Inc Lazard Developing Mkts Equity Port	FMV	708,807	708,807
Metropolitan West Total Return Bd Fd	FMV	1,741,315	1,741,315
PGIM Jennison Mid-Cap Growth fd	FMV	506,252	506,252
Pimco Fds Pac invt Mgmt Ser Emerging Mkts Bd Fd	FMV	486,596	486,596
Touchstone Fds Grp Mid Cap Value Fund	FMV	519,813	519,813

TY 2019 Other Expenses Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Dues & Subscriptions	1,225	0		1,225
Insurance	5,056	0		5,056
Office Expense	17,922	0		17,922
Telephone	2,745	0		2,745
Information Technology	7,221	0		7,221
Deferred Excise Taxes	21,600	0		0

TY 2019 Other Increases Schedule

Name: Mid-Iowa Health Foundation
EIN: 42-1235348

Description	Amount
Unrealized Gains (losses) on Investments	1,555,857

TY 2019 Other Liabilities Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Description	Beginning of Year - Book Value	End of Year - Book Value
Deferred Federal Excise Tax	100	21,700

TY 2019 Other Professional Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Consulting	29,868	0		29,868
Investment fees	70,961	70,961		0

TY 2019 Taxes Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Federal Excise Tax	19,223	0		0
Foreign taxes	6,286	6,286		0

Schedule B (Form 990, 990-EZ, or 990-PF) Department of the Treasury Internal Revenue Service	Schedule of Contributors ▶ Attach to Form 990, 990-EZ, or 990-PF. ▶ Go to www.irs.gov/Form990 for the latest information.	OMB No. 1545-0047 2019
Name of the organization Mid-Iowa Health Foundation		Employer identification number 42-1235348

Organization type (check one):

Filers of:	Section:
Form 990 or 990-EZ	☐ 501(c)() (enter number) organization
	☐ 4947(a)(1) nonexempt charitable trust not treated as a private foundation
	☐ 527 political organization
Form 990-PF	☒ 501(c)(3) exempt private foundation
	☐ 4947(a)(1) nonexempt charitable trust treated as a private foundation
	☐ 501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.
Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

☒ For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or other property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

☐ For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33¹/₃% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h, or (ii) Form 990-EZ, line 1. Complete Parts I and II.

☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.

☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year ▶ \$ _____

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

Name of organization
Mid-Iowa Health Foundation

Employer identification number
42-1235348

Part I

Contributors (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	Seafam Corporation 1122 4th Street SW Calgary, AB T2R 1M1 CA	\$ 330,000	☒ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
2	Wells Fargo Bank 2840 Ingersoll Ave Des Moines, IA 50312	\$ 40,000	☒ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
.		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
.		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
.		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
.		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
.		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)

Name of organization Mid-Iowa Health Foundation	Employer identification number 42-1235348
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Part II Noncash Property			
(a) No. from Part I	(b) Description of noncash property given (see instructions). Use duplicate copies of Part II if additional space is needed.	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	

Name of organization Mid-Iowa Health Foundation	Employer identification number 42-1235348
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Part III	Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this information once. See instructions.) ▶ \$ _____ Use duplicate copies of Part III if additional space is needed.
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(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee