EXTENDED TO NOVEMBER 16, 20 Return of Private Foundation

or Section 4947(a)(1) Trust Treated as Private Foundation

Form **990-PF**

Department of the Treasury Internal Revenue Service

➤ Do not enter social security numbers on this form as it may be made public
➤ Go to www.irs.gov/Form990PF for instructions and the latest information

For	calendar year 2019 or tax year beginning	, a	nd ending	·	
Nai	me of foundation			A Employer identification	number
	THE CRUNCH FOUNDATION INC.			16-1499992	1
	mber and street (or P O box number if mail is not delivered to street	address)	Room/suite	B Telephone number	
	00 SOUTH STATE STREET		l	(315)473-4	
	y or town, state or province, country, and ZIP or foreign po SYRACUSE, NY 13202–3015	ostal code		C If exemption application is p	iending, check here
G	Check all that apply. Initial return	Initial return of a former pu	olic charity	D 1 Foreign organizations	s, check here
	Final return	Amended return		2 5	050/ 44
	Address change	Name change		2 Foreign organizations me check here and attach co	emputation
Н (Check type of organization: \mathbf{X} Section 501(c)(3) ex		AU	E If private foundation sta	tus was terminated
<u>L.</u>	1.7.1	Other taxable private foundation	<u> </u>	under section 507(b)(1))(A), check here
	air market value of all assets at end of year J Accounting	-	Accrual	F If the foundation is in a	
	rom Part II, col (c), line 16)	her (specify) nn (d), must be on cash basis)		under section 507(b)(1))(B), check here
					(4)
	Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))	(a) Revenue and (b) Nexpenses per books	let investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
	1 Contributions, gifts, grants, etc., received	41,190.			
	2 Chock X If the foundation is not required to attach Schi B	_			
2	3 Interest on savings and temporary cash investments	5.	, 5.		STATEMENT 1
7	4 Dividends and interest from securities			1	1
Y	5a Gross rents				
,	b Net rental income or (loss)				•
ē	68 Not gain or (loce) from sale of assets not on line 10 B. Gross sales price for all				1
Revenue	assets on line Ga Capital gain net income (from Part IV, line 2)		0.		
æ	8 Net short-term capital gain		-	<u> </u>	
Š	9 Income modifications				•
	10a and allowances				
SCANNED	b Leas Cost of goods sold				
m	c Gross profit or (loss)				
	11 Other income	14,123.	<u> </u>		STATEMENT 2
<u>5</u> —	12 Total Add lines 1 through 11	55,318.	5.	14,123.	
	13 Compensation of officers, directors, trustees, etc	0.	0.	0.	0.
⊃ .૭	14 Other employee salaries and wages15 Pension plans, employee benefits		=1.75	 	
_ (n		REC	EIVED		
3034	b Accounting fees	0	ID G	Ø	
FXDense	c Other professional fees	S NOV	2020	91	
ve E	17 Interest		,	<u> </u>	
rati	18 Taxes STMT 3	25 OGD	EN UTO	0.	0.
nist.	19 Depreciation and depletion			 -	
Ē	20 Occupancy				
Ă	21 Travel, conferences, and meetings				
an	22 Printing and publications	14 225		14 100	
	23 Other expenses STMT 4	14,325.	0.	14,123.	0.
Operating and Administrative	24 Total operating and administrative expenses Add lines 13 through 23	14,350.	0.	. 14,123.	0.
Ö	expenses Add lines 13 through 23 25 Contributions, gifts, grants paid	39,742.		14,163.	39,742
	26 Total expenses and disbursements	33,134			33,132
	Add lines 24 and 25	54,092.	0.	14,123.	39,742
	27 Subtract line 26 from line 12				33,7.12
	Excess of revenue over expenses and disbursements	1,226.			
	b Net investment income (if negative, enter -0-)		5.		
	C Adjusted net income (if negative, enter -0-)			0.	

923501 12-17-19 LHA For Paperwork Reduction Act Notice, see instructions

P	<u>art</u>	Balance Sheets Attached schedules and amounts in the description column should be for end-of-year amounts only	(a) Book Value	(b) Book Value	(c) Fair Market Value
	1	Cash - non-interest-bearing			
ļ		Savings and temporary cash investments	1,421.	2,647.	2,647.
ĺ		Accounts receivable ▶			
		Less: allowance for doubtful accounts ▶			
	4	Pledges receivable ▶			
		Less allowance for doubtful accounts ▶			
	5	Grants receivable			
	6	Receivables due from officers, directors, trustees, and other			
		disqualified persons			
	7	Other notes and loans receivable			
		Less allowance for doubtful accounts			
ış	8	Inventories for sale or use			
Assets	9	Prepaid expenses and deferred charges			
Ÿ	10a	Investments - U S. and state government obligations			
	Ь	Investments - corporate stock			
	C	Investments - corporate bonds			
	11	Investments - land, buildings, and equipment basis			
		Less accumulated depreciation			
	12	Investments - mortgage loans			····
	13	Investments - other			
	14	Land, buildings, and equipment: basis ▶	·		}
		Less accumulated depreciation		<u></u>	
	15	Other assets (describe)			
	16	Total assets (to be completed by all filers - see the			
		instructions. Also, see page 1, item 1)	1,421.	2,647.	2,647.
	17	Accounts payable and accrued expenses			
	18	Grants payable			
es	19	Deferred revenue			
Liabilities	20	Loans from officers, directors, trustees, and other disqualified persons			
lat	21	Mortgages and other notes payable		•	
_	22	Other liabilities (describe)			1
		Tabel Lab Little Load lines 17 through 20)	0.	0.	1
_	23	Total liabilities (add lines 17 through 22) Foundations that follow FASB ASC 958, check here	0.	<u> </u>	
۰,		and complete lines 24, 25, 29, and 30			
nces	24	Net assets without donor restrictions			
ılan	25	Net assets with donor restrictions			
Ä	23	Foundations that do not follow FASB ASC 958, check here ► 🗶			
Š		and complete lines 26 through 30			
F	26	Capital stock, trust principal, or current funds	1,421.	2,647.	
ţş	27	Paid-in or capital surplus, or land, bldg , and equipment fund	0.	0.	
Net Assets or Fund Bala	28	Retained earnings, accumulated income, endowment, or other funds	0.	0.	
¥	29	Total net assets or fund balances	1,421.	2,647.	
ž					1
	30	Total liabilities and net assets/fund balances	1,421.	2,647.	1
P	art	Analysis of Changes in Net Assets or Fund Ba	alances	=•	
_		I net assets or fund balances at beginning of year - Part II, column (a), line 2	99		
		st agree with end-of-year figure reported on prior year's return)		1	1.421.
		r amount from Part I, line 27a		2	1,421. 1,226.
		ir increases not included in line 2 (itemize)		3	0.
		lines 1, 2, and 3		4	2,647.
		reases not included in line 2 (itemize)		5	0.
		I net assets or fund balances at end of year (line 4 minus line 5) - Part II, col	lumn (b), line 29	6	2,647.
_					5 000 DE (0040)

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)				`P-	low acquired - Purchase - Donation		Date acquired no , day, yr)	(d) Date sold (mo , day, yr.)	
1a									
	ONE				 		 -		
d					-				
е									
(e) Gross sales price	(f) D	epreciation allowed (or allowable)		t or other basis opense of sale				(h) Gain or (loss) plus (f) minus	(g))
<u> </u>	<u> </u>								
c c									
d		**							
e	<u> </u>								
Complete only for assets show			i		\longrightarrow	(ıns (Col. (h) gaın , but not less tha	
(ı) FMV as of 12/31/69	()	as of 12/31/69	(k) Exc	cess of col. (1)				osses (from col (
a	_	·							
c c	-								
d									
e						· 		•	
2 Capital gain net income or (net o	capital loss)	$\begin{cases} \text{If gain, also enter} \\ \text{If (loss), enter -0} \end{cases}$	r in Part I, line 7 - in Part I, line	7 7	}	2			
Net short-term capital gain or (li If gain, also enter in Part I, line (3, column (c	ned in sections 1222(5) ar			}	3			
If (loss), enter -0- in Part I, line [Part V] Qualification	under S	ection 4940(e) for	Reduced	Tax on Net	t Inv	estment l	ncon	ne	
(For optional use by domestic priva									,
If section 4940(d)(2) applies, leave	this part bla	ınk							
Was the foundation liable for the se	ection 4942	tax on the distributable an			riod?				Yes X No
If "Yes," the foundation doesn't qua 1 Enter the appropriate amount in					entries				
(a) Base period years		(b)	· · ·	<u>~</u> _	(c)			Dietri	(d) bution ratio
Calendar year (or tax year begin	ning in)	Adjusted qualifying dis		Net value of no	onchar	ritable-use assi			vided by col (c))
2018			9,249.			3,13			6.145913
2017 2016			5,082. 3,718.			$\frac{4,01}{1,47}$			3.755478 9.306649
2015			2,314.	·		1,77			12.550056
2014			1,252.				29.		6.90730
2 Total of line 1, column (d)								2	38,66540
3 Average distribution ratio for th the foundation has been in exis			on line 2 by 5 (), or by the numb	per of y	years		3	7.73308
4 Enter the net value of noncharit	able-use as:	sets for 2019 from Part X,	line 5					4	4,046
5 Multiply line 4 by line 3							-	5	31,288
6 Enter 1% of net investment inc	ome (1% of	Part I, line 27b)						6	0
7 Add lines 5 and 6								7	31,288
8 Enter qualifying distributions fr	om Part XII,	line 4						8	39,742
If line 8 is equal to or greater th	ian line 7, ch	eck the box in Part VI, line	e 1b, and comp	lete that part usi	ng a 1	% tax rate			

Form 990-PF (2019) THE CRUNCH FOUNDATION INC. 16-1499992 Page 4 Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions) 1a Exempt operating foundations described in section 4940(d)(2), check here \(\bigcup \) and enter "N/A" on line 1. ___ (attach copy of letter if necessary-see instructions) Date of ruling or determination letter 0. b Domestic foundations that meet the section 4940(e) requirements in Part V, check here X and enter 1% 1 of Part I, line 27b c All other domestic foundations enter 2% of line 27b Exempt foreign organizations, enter 4% of Part I, line 12, col. (b) 0. 2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-) 2 0. 3 0. 4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-) Tax based on investment income Subtract line 4 from line 3. If zero or less, enter -0-5 0. 6 Credits/Payments a 2019 estimated tax payments and 2018 overpayment credited to 2019 6a 0 b Exempt foreign organizations - tax withheld at source 6b c Tax paid with application for extension of time to file (Form 8868) 6с 0. d Backup withholding erroneously withheld 6d 0. 7 7 Total credits and payments Add lines 6a through 6d 0. 8 Enter any penalty for underpayment of estimated tax. Check here L if Form 2220 is attached 8 9 Tax due if the total of lines 5 and 8 is more than line 7, enter amount owed 0. 9 10 Overpayment If line 7 is more than the total of lines 5 and 8, enter the amount overpaid 10 Enter the amount of line 10 to be Credited to 2020 estimated tax Refunded 11 Part VII-A Statements Regarding Activities Yes No 1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in X any political campaign? 1a X b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition 1b If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities X c Did the foundation file Form 1120-POL for this year? 1c d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year. (1) On the foundation. > \$ ___ 0 . (2) On foundation managers. > \$ e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. > \$ X 2 2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities 3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes X 4a Did the foundation have unrelated business gross income of \$1,000 or more during the year? 4a b If "Yes," has it filed a tax return on Form 990-T for this year? N/A 4b 5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? X 5 If "Yes," attach the statement required by General Instruction T 6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either By language in the governing instrument, or By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law Х 6 remain in the governing instrument? 7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV X 7 8a Enter the states to which the foundation reports or with which it is registered. See instructions NY b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) Х of each state as required by General Instruction G? If "No," attach explanation 8ь 9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2019 or the tax year beginning in 2019? See the instructions for Part XIV If "Yes," complete Part XIV 10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses 10

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Pe	III VII-A Statements negarding Activities (continued)	1	Yes	N _a
	At any time divine the user did the foundation dispaths or indirectly give a controlled entity within the manning of		165	No
11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of	1,		v
40	section 512(b)(13)? If "Yes," attach schedule See instructions	11		<u> </u>
12		10		v
40	If "Yes," attach statement. See instructions	12	X	X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application?	13		
44	Website address ► N/A The books are in care of ► VANCE LEDERMAN Telephone no. ► (315)	173	_ 1 1	11
14	The books are in care of ► VANCE LEDERMAN Located at ► 800 SOUTH STATE STREET, SYRACUSE, NY Telephone no. ► (315)			
45		3202	-30	13
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here and enter the amount of tax-exempt interest received or accrued during the year 15	N	/A	
40		14	Yes	No
10	At any time during calendar year 2019, did the foundation have an interest in or a signature or other authority over a bank,	16	163	X
	securities, or other financial account in a foreign country? See the instructions for expectations and files requirements for EnCEN Form 114. If "Yes " noter the name of the	10		
	See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes," enter the name of the			
Ps	foreign country ► art VII-B Statements Regarding Activities for Which Form 4720 May Be Required	<u> </u>	l	<u></u>
1 6		-	Yes	No
4.	File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.		165	140
18	in During the year, did the foundation (either directly or indirectly) (1) Engage in the sale or exchange, or leasing of property with a disqualified person? Yes X No			i
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disgulalified person? Yes X No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? Yes X No			
		ļ.		
	(6) Agree to pay money or property to a government official? (Exception Check "No"	ļ		
	If the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days)	İ		
C	olf any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53 4941(d)-3 or in a current notice regarding disaster assistance? See instructions N/A	15	 -	
	· · · · · · · · · · · · · · · · · · ·	1b		
_	Organizations relying on a current notice regarding disaster assistance, check here Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected	İ		
C		12		X
•	before the first day of the tax year beginning in 2019? Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation	1c	<u> </u>	<u> </u>
2	defined in section 4942(j)(3) or 4942(j)(5))	Î		
	a At the end of tax year 2019, did the foundation have any undistributed income (Part XIII, lines	1		
č	6d and 6e) for tax year(s) beginning before 2019? Yes X No	ľ		
		ŀ		
,	If "Yes," list the years \(\bigsim_\) are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect			
•	valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach		1	
	statement - see instructions.) N/A	2b		
	of the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here.			
3:	a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time	ļ		
0.	during the year?	l		
	b if "Yes," did it have excess business holdings in 2019 as a result of (1) any purchase by the foundation or disqualified persons after			
•	May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose			
	of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Form 4720,	ľ	İ	
	Schedule C, to determine if the foundation had excess business holdings in 2019-) N/A	3b		
4:	a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	 	Х
	b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that			<u> </u>
	had not been removed from jeopardy before the first day of the tax year beginning in 2019?	4b		X
		orm 99 ()-PF	

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Form 990-PF (2019) . THE CRUNCH FOUNDATION IN Part VII-B Statements Regarding Activities for Which I			16-14999 ued)	92	Page €
5a During the year, did the foundation pay or incur any amount to				Ye	s No
(1) Carry on propaganda, or otherwise attempt to influence legislation (section	n 4945(e))?	☐ Ye	s X No		
(2) Influence the outcome of any specific public election (see section 4955), of				}	
any voter registration drive?	• • •		s X No		
(3) Provide a grant to an individual for travel, study, or other similar purposes	37	Ye	s X No		
(4) Provide a grant to an organization other than a charitable, etc., organization					
4945(d)(4)(A)? See instructions		☐ Ye	s X No		
(5) Provide for any purpose other than religious, charitable, scientific, literary,	, or educational purposes, or f				
the prevention of cruelty to children or animals?	,, -		s X No		1
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify uni	der the exceptions described				
section 53 4945 or in a current notice regarding disaster assistance? See instr	•	J	N/A	5b	
Organizations relying on a current notice regarding disaster assistance, check					T
c If the answer is "Yes" to question 5a(4), does the foundation claim exemption f		ined			
expenditure responsibility for the grant?		I/A 🗌 Ye	s No	ŀ	
If "Yes," attach the statement required by Regulations section 53 4945-5(d)		•			
6a Did the foundation, during the year, receive any funds, directly or indirectly, to	pay premiums on				
a personal benefit contract?	F-9 F	Ye	es X No	İ	
b Did the foundation, during the year, pay premiums, directly or indirectly, on a p	personal benefit contract?			6b	X
If "Yes" to 6b, file Form 8870			-		
7a At any time during the tax year, was the foundation a party to a prohibited tax s	shelter transaction?	Ye	es X No	İ	
b If "Yes," did the foundation receive any proceeds or have any net income attribu			N/A	7b	
8 Is the foundation subject to the section 4960 tax on payment(s) of more than S		г			
excess parachute payment(s) during the year?	, , ,		s X No		-
Part VIII Information About Officers, Directors, Trust	tees, Foundation Ma				
Paid Employees, and Contractors		3 , 3 .	•		
1 List all officers, directors, trustees, and foundation managers and t	their compensation.				
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) E accour allov	xpense nt, other vances
VANCE LEDERMAN	TREASURER		·		
4929 CORNISH HEIGHTS PARKWAY	1				
SYRACUSE, NY 13215	2.00	0.	0.		0.
HOWARD DOLGON	DIRECTOR				
700 EISENHOWER PLACE]				
EAST MEADOW, NY 11554	2.00	0.	0.		0.
ALAN TAYLOR	DIRECTOR				
7226 MONTRICO DRIVE					
BOCA RATON, FL 33433	2.00	0.	0.	.	0.
	_				
2 Compensation of five highest-paid employees (other than those inc		enter "NONE."		<u> </u>	
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	accou	xpense nt, other vances
NONE					
-					-
	1		1		
-					
·	1				
				<u> </u>	
	1				
				1	
	1				
Total number of other employees paid over \$50,000			>		C
					_

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0.

Total. Add lines 1 through 3

ĮP,	art X Minimum Investment Return (All domestic foundations must complete this part. Foreign for	oundations, see	instructions)
1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities	1a	<u>0.</u>
b	Average of monthly cash balances	_1b	<u>0.</u> 4,108.
C	Fair market value of all other assets	1c	•
d	Total (add lines 1a, b, and c)	1d	4,108.
е	Reduction claimed for blockage or other factors reported on lines 1a and		
	1c (attach detailed explanation)) .	
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	4,108.
4	Cash deemed held for charitable activities Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	62.
5	Net value of noncharitable-use assets Subtract line 4 from line 3. Enter here and on Part V, line 4	5	4,046.
6	Minimum investment return Enter 5% of line 5	6	202.
I.	art 'XII Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations foreign organizations, check here and do not complete this part.)	and certain	
1	Minimum investment return from Part X, line 6	1	202.
2a	Tax on investment income for 2019 from Part VI, line 5		
b	Income tax for 2019 (This does not include the tax from Part VI)		
C	Add lines 2a and 2b	2c	0.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	202.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	202.
6	Deduction from distributable amount (see instructions)	6	0.
7_	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	202.
ĮP.	art'XII) Qualifying Distributions (see instructions)		
1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes.		
а	Expenses, contributions, gifts, etc - total from Part I, column (d), line 26	1a	39,7 42. 0.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	·
4	Qualifying distributions Add lines 1a through 3b Enter here and on Part V, line 8, and Part XIII, line 4	4	39,742.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment		_
	income Enter 1% of Part I, line 27b	5	0.
6	Adjusted qualifying distributions Subtract line 5 from line 4	6	39,742.
	Note: The amount on line 6 will be used in Part V. column (b), in subsequent years when calculating whether the foundation	on qualifies for the	section

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4940(e) reduction of tax in those years

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2018	(c) 2018	(d) 2019
1 Distributable amount for 2019 from Part XI,				
line 7				202.
2 Undistributed income, if any, as of the end of 2019			_	1
a Enter amount for 2018 only			0.	
b Total for prior years		0.		
3 Excess distributions carryover, if any, to 2019				
a From 2014 11, 171.				
b From 2015 22, 225.				
c From 2016 13,644.				
	81,013.			
f Total of lines 3a through e	01,013.			
4 Qualifying distributions for 2019 from Part XII, line 4: ►\$ 39,742.				
			0.	
a Applied to 2018, but not more than line 2a			0.	i
b Applied to undistributed income of prior		0.		;
years (Election required - see instructions)		U .		
c Treated as distributions out of corpus	o .	ı		ļ .
(Election required - see instructions)				202
d Applied to 2019 distributable amount	20 540		<u> </u>	202.
e Remaining amount distributed out of corpus	39,540.		,	
5 Excess distributions carryover applied to 2019 (If an amount appears in column (d), the same amount must be shown in column (a) }	0.			0.
6 Enter the net total of each column as indicated below				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	120,553.			
b Prior years' undistributed income. Subtract				
line 4b from line 2b		<u> </u>		
c Enter the amount of prior years'				
undistributed income for which a notice of				
deficiency has been issued, or on which the section 4942(a) tax has been previously				
assessed		0.		
d Subtract line 6c from line 6b Taxable				
amount - see instructions		0.		
e Undistributed income for 2018. Subtract line				
4a from line 2a Taxable amount - see instr			0.	
f Undistributed income for 2019 Subtract				
lines 4d and 5 from line 1. This amount must			1	
be distributed in 2020				0.
7 Amounts treated as distributions out of				
corpus to satisfy requirements imposed by		1		
section 170(b)(1)(F) or 4942(g)(3) (Election				
may be required - see instructions)	0.			
8 Excess distributions carryover from 2014				
not applied on line 5 or line 7	11,171 <u>.</u>			
9 Excess distributions carryover to 2020				
Subtract lines 7 and 8 from line 6a	109,382.	<u> </u>	<u> </u>	
10 Analysis of line 9				
a Excess from 2015 22,225.				
b Excess from 2016 13,644.				
c Excess from 2017 14,881.				
d Excess from 2018 19, 092.				
e Excess from 2019 39,540.				

	NCH FOUNDAT			16-14	99992 Page 10
Part XIV Private Operating F			I-A, question 9)	N/A	
1 a If the foundation has received a ruling of		·			
foundation, and the ruling is effective fo		=	▶		
b Check box to indicate whether the found	dation is a private operation	g foundation described		4942(j)(3) or 49	42(_J)(5)
2 a Enter the lesser of the adjusted net	Tax year		Prior 3 years		
income from Part I or the minimum	(a) 2019	(b) 2018	(c) 2017	(d) 2016	(e) Total
investment return from Part X for					
each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII,					
line 4, for each year listed					
d Amounts included in line 2c not				-	
used directly for active conduct of					
exempt activities	······		<i>f</i>		
e Qualifying distributions made directly					
for active conduct of exempt activities.			al ^l		
Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon					
a "Assets" alternative test - enter					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter		<i></i>			
2/3 of minimum investment return					
shown in Part X, line 6, for each year					
listed	- -	/			i
c "Support" alternative test - enter					
(1) Total support other than gross					
investment income (interest, dividends, rents, payments on					
securities loans (section					
512(a)(5)), or royalties)					
(2) Support from general public					
and 5 or more exempt					
organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from					
an exempt organization	1 / .				
(4) Gross investment income	7			****	
Part XV Supplementary Info	ormation (Comple	te this part only	if the foundatio	n had \$5,000 or mo	ore in assets
at any time during					
1 Information Regarding Foundation	on Managers:				
a List any managers of the foundation wi	ho have contributed more	than 2% of the total con	tributions received by th	e foundation before the clo	se of any tax
year (but only if they have contributed	more than \$5,000). (See s	ection 507(d)(2).)			
NONE					
b List any managers of the foundation wi	ho own 10% or more of th	e stock of a corporation	(or an equally large por	tion of the ownership of a p	artnership or
other entity) of which the foundation ha			, , , , , , , , , , , , , , , , , , , ,	, ,	,
NONE					
2 Information Regarding Contribute	tion Grant Gift Loan	Scholarship etc. P	rograms:		
Check here ► X if the foundation				not accept unsolicited requ	ests for funds. If
the foundation makes gifts, grants, etc					0010 101 101100 11
a The name, address, and telephone num					
a The hame, address, and telephone hun	ilbei oi eiliali addiess oi li	ie person to whom appr	cations should be addit	,336u	
				•	
b The form in which applications should	he submitted and informa	tion and materials they s	should include	17	
2 The lefth in Whieli applications should	So Submitted and impirite				
c Any submission deadlines					
d Any control on a first-time of a second	do quab as bu assessible	nl aroon, obsertable fields	kinde of institutions =	r other factors	
d Any restrictions or limitations on award	us, such as by geographic	ai areas, charitadie tielos	, KIHUS UI INSULUTIONS, O	i other actors	

Supplementary Information (continued) Part XV 3 Grants and Contributions Paid During the Year or Approved for Future Payment If recipient is an individual, show any relationship to any foundation manager or substantial contributor Recipient Foundation status of Purpose of grant or contribution Amount Name and address (home or business) recipient a Paid during the year SEE ATTACHED STATEMENT N/A VARIOUS CHARITABLE PURPOSES AND MISSIONS STREET CITY, NY 13202 39,742. **▶** 3a 39 742 Total **b** Approved for future payment NONE Total

Part XVI-A **Analysis of Income-Producing Activities**

Enter gross	amounts unless otherwise indicated	Unrelate	ed business income		ded by section 512, 513, or 514	(e)
·		(a) Business	(b) Amount	(C) Exclu- sion	(d) Amount	Related or exempt function income
1 Progran	n service revenue	code		code	741100111	
					-	
	_		<u> </u>			
a				 		
e						· <u></u>
n Food	and contracts from government agencies			ļ		
•	rship dues and assessments					-
	on savings and temporary cash					
investr				14	5.	
	ds and interest from securities				3.	
•	tal income or (loss) from real estate					i
	t-financed property					
	debt-financed property					
	tal income or (loss) from personal					
propert						
	y ivestment income					<u> </u>
	(loss) from sales of assets other		<u>. </u>			
than in						
	ome or (loss) from special events					
	profit or (loss) from sales of inventory					
11 Other re	•					
				ĺ		
e					1=1	
12 Subtota	Al Add columns (b), (d), and (e)		0.		5.	0.
	Add line 12, columns (b), (d), and (e)	-			13	5.
	sheet in line 13 instructions to verify calculations)					
Part X	VI-B Relationship of Activities to	the Acc	omplishment of Ex	cemp	t Purposes	
Line No	Explain below how each activity for which incor					mnlichment of
Tille No	the foundation's exempt purposes (other than it			COMM	buted importantly to the accor	nphannent of
3	INTEREST EARNED ON CASH			LA	TER DISTRIBUT	ED TO TAX
-	EXEMPT CHARITABLE ORGAN					
		•				
						 _
923621 12-	17-19					Form 990-PF (2019)

THE CRUNCH FOUNDATION INC.

	20000	<u> </u>		1	. =				3
<u>Part</u>	XVIII	Information Re Exempt Organ		sfers to a	nd Transactions	and Relat	ionships With Nonc	haritable	
1 Dı	d the ora	anization directly or indir		of the following	with any other organiz	ation described	in section 501/c)	Yes	No
	-	section 501(c)(3) organ					111 3000011 30 1(0)		
•		rom the reporting founda	•			3.			
		rom me reporting rounds	ation to a noncharita	ole exempt org	janization of			19/1)	X
•) Cash							1a(1)	X
-) Other a							1a(2)	
	her trans							45/43	v
•	,	of assets to a noncharital	, -					1b(1)	X
•	•	ases of assets from a no		organization				1b(2)	X
•	•	of facilities, equipment,						1b(3)	<u>X</u>
(4) Reimb	ursement arrangements						1b(4)	X
•	•	or loan guarantees						1b(5)	X
-	-	mance of services or me						1b(6)	X
c St	naring of	facilities, equipment, ma	iling lists, other asse	ets, or paid em	ployees			1c	X
		•		-	• •		he fair market value of the goo		
or	services	given by the reporting for	oundation. If the fou	ndation receive	ed less than fair market v	alue in any trar	nsaction or sharing arrangeme	ent, show in	
CC	lumn (d)	the value of the goods,	other assets, or serv	rices received					
a) Line	no (b) Amount involved	(c) Name o	f noncharitable	exempt organization	(d) De	escription of transfers, transactions,	and sharing arrangeme	nts
				N/A					
					¥ .				
							<u> </u>		
		-						-	
			1						
	<u> </u>								
	-								
			-						
			 						
	-	·							
		·			··· - ·				
			 						
			 						
							. L.J		
		dation directly or indirec			or more tax-exempt org	anizations desc	cribed		٦
		501(c) (other than section		ection 5277				Yes X	No
b If	"Yes," co	mplete the following sch			(1) T of		(-) Decembes of color		
		(a) Name of org	janization		(b) Type of organization	on	(c) Description of relat	lionsnip	
		N/A_				_			

		-			<u> </u>				
							nd to the best of my knowledge n preparer has any knowledge	May the IRS discuss	
Sigr	1 1	iler, it is due, conjust, and con	inplete Decidation of p	reparer (other than	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	N		return with the prepared shown below? See in	rer str
Here					109 9/2	2 TR	EASURER	LX Yes ∟	∐ No
	Sign	Rure of officer or trustee	3		Date \	Title		<u> </u>	
		Print/Type preparer's n	ame	Preparer's s	ignature	Date		TIN	
_	_			J	, X M	41	self- employed		
Paic		GREGG A. G	OETTEL	1742	a her sull	<u>10/29</u>		P00311664	
-	oarer	Firm's name ► BOW		MPANY C	PAS PLLC		Firm's EIN ► 20	-1317788	
Use	Only								
		Firm's address ► 12	0 MADISON	N ST -	1700 AXA TO	OWER II			

Phone no 315-234-1100

SYRACUSE, NY 13202

FORM 990-PF INTEREST ON SAVI	NGS AND TE	MPORARY	CASH	INVESTMENTS	STATEMENT 1
SOURCE	REV	A) YENUE BOOKS		(B) INVESTMENT INCOME	(C) ADJUSTED NET INCOME
M&T BANK		5.		5.	5.
TOTAL TO PART I, LINE 3		5.		5.	5.
FORM 990-PF	OTHER	INCOME			STATEMENT 2
DESCRIPTION	_	(A) REVEN PER BO		(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
GROSS INCOME FROM SPECIAL FUNDRAISING EVENTS		1	4,123.	. 0	. 14,123.
TOTAL TO FORM 990-PF, PART I,	LINE 11 =	1	4,123.	0	14,123.
FORM 990-PF	TA	XES			STATEMENT 3
DESCRIPTION	(A) EXPENSES PER BOOKS	NET I	B) NVEST- INCOME		(D) CHARITABLE E PURPOSES
NYS FEE	25	5.	0		0.
TO FORM 990-PF, PG 1, LN 18 =	25	5.	0		0.
FORM 990-PF	OTHER	EXPENSE	S		STATEMENT 4
DESCRIPTION	(A) EXPENSES PER BOOKS	NET I	B) NVEST- INCOME		
BANK SERVICE CHARGES FUND RAISING DINNER EXPENSES	202 14,123		0		0. 3. 0.
TO FORM 990-PF, PG 1, LN 23	14,325	5.	0	. 14,12	3. 0.

FOOTNOTES	STATEMENT 5
SPECIAL FUND RAISING EVENT INCOME - CRUNCH AT YOUR SERVICE DINNER 4/1/19	14,123.
(NET OF CONTRIBUTIONS) EXPENSES - CRUNCH DINNER 4/1/19 ADJUSTED NET INCOME	-14,123. 0.

Form 990-PF Page 11 Part XV Question 3(a)				
NAME OF DONEE/ RECIPIENT	AMOUNT		NAME OF DONEE/ RECIPIENT	AMOUNT
1 Amercan Cancer Society Relay for Life	\$ 122	18	Helping Hounds	533
816 Lawrence StWatertown, NY 13601			6606 Kinne RoadSyracuse, NY 13214	
2 On my Team 16	156	19	Oneida All Sports Booster Club	545
7376 Highbridge Terrace Fayetteville, NY 13066			177 Willow Meadow WayOneida, NY 13421	
3 EDA Booster Club	241	20	Wellhouse Ministries	588
458 So Main StNO Syracuse, NY 13212			185 East Seneca StreetOswego, NY 13126	
4 Kinney Drugs	252	21	Trail Life NY 16·13	009
6333 St Rte 298Syracuse, NY 13057			11 County RTE 35Fulton, NY 13069	
5 Camillus YHA	271	22	Valley YHA	744
Shove Park DriveFairmount, NY 13031			5816 Action StreetEast Syracuse, NY 13057	
6 Watertown YHA	383	23	Expressions Dance Company	925
PO Box 371Watertown, NY 13601			34 So 1st StreetFulton, NY 13069	
7 Vera House	434	24	Advocates .	1,000
723 James St, Syracuse, NY 13203			290 Elwood Davis Rd Suite 101Liverpool NY 13088	
8 Thousand Islands Youth Hockey	485	25	Crohn's and Colitis Foundation	1,000
20709 Russell TractAlexandria Bay, NY 13607			733 Third Ave STEA 510New York, NY 10017	
9 Episcopal Diocese of CNY	141	26	McMahon Ryan Child Advocacy	1,000
1020 7th No StreetLiverpool, NY 13088			601 East Genesee StreetSyracuse, NY 13202	
10 Ogdensburg Honor Society	220	27	Indian River Pop Warner Cheer	1,307
1100 State StreetOgdensburg, NY 13669			32404 Townline RoadPhiladelphia, NY 13673	
11 MS Resources OF CNY	224	28	Center Stage YHA	1,079
6743 Kinne StreetEast Syracuse, NY 13057			4005 Mosley RoadCazenovis, NY 13035	
12 YMCA	250	29	Make A Wish	415
340 Montgomery StSyracuse, NY 13202			7511 Oswego RoadLiverpool, NY 13090	
13 Misfits Animal Rescue	257	30	American Heart Association	1,500
PO Box 1739Cicero, NY 13039			2 S Clinton St Ste 305Syrascuse, NY 13202	
14 West Genesee Athletic Club	307	31	Francis House	1,500
5201 West Genesee StreetCamillus, NY 13031			108 Michaels AvenueSyracuse NY 13208	
15 Mexico Pop Warner	361	32	Prostate Cancer Reasearch Fund	1,918
188 Schilly RoadCentral Square, NY 13036			750 East Adams StreetSyracuse NY 13210	
16 Burn Foundation of CNY	448	33	Food Bank of CNY	5,000
PO Box 11277Syracuse, NY 13218			7066 Interstate Island RoadSyracyse, NY 13209	
17 SCSD Educational Foundation	200	34	Upstate Foundation	15,036
9827 Destiny USA DrSyracuse, NY 13290			500 S Franklin Street Syracuse, NY 13202	

#16-1499992

The Crunch Foundation Inc.

\$ 39,742

TOTAL CONTRIBUTIONS