

Form **990-PF**

OMB No 1545-0052

**Return of Private Foundation
or Section 4947(a)(1) Trust Treated as Private Foundation****2018**Department of the Treasury
Internal Revenue Service

▶ Do not enter social security numbers on this form as it may be made public.
▶ Go to www.irs.gov/Form990PF for instructions and the latest information.

Open to Public Inspection

For calendar year 2018 or tax year beginning 11/01, 2018, and ending 10/31, 2019

Golden Rule Foundation
PO Box 845
Rockport, ME 04856

A Employer identification number
59-9207701

B Telephone number (see instructions)

G Check all that apply ☐ Initial return ☐ Initial return of a former public charity
☐ Final return ☐ Amended return
☐ Address change ☐ Name change

H Check type of organization ☒ Section 501(c)(3) exempt private foundation 04
☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation

I Fair market value of all assets at end of year (from Part II, column (c), line 16)
▶ \$ 3,244,538.

J Accounting method ☒ Cash ☐ Accrual
☐ Other (specify) _____
(Part I, column (d) must be on cash basis)

C If exemption application is pending, check here ☐ 6
D 1 Foreign organizations, check here ☐
2 Foreign organizations meeting the 85% test, check here and attach computation ☐
E If private foundation status was terminated under section 507(b)(1)(A), check here ☐
F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions).)		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received (attach schedule)				
	2 Check ☒ if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	188.	188.	188.	
	4 Dividends and interest from securities	67,782.	67,782.	67,782.	
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	34,303.			
	b Gross sales price for all assets on line 6a 1,565,182.				
	7 Capital gain net income (from Part IV, line 2)		34,303.		
	8 Net short-term capital gain			0.	
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less Cost of goods sold					
c Gross profit or (loss) (attach schedule)					
11 Other income (attach schedule)					
12 Total Add lines 1 through 11	102,273.	102,273.	67,970.		
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc.	28,500.			28,500.
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees (attach schedule) See St 1	1,435.	718.		717.
	b Accounting fees (attach schedule) See St 2	9,925.	4,963.		4,962.
	c Other professional fees (attach schedule)				
	17 Interest				
	18 Taxes (attach schedule) (see instructions) See Stm 3	2,917.	2,917.		
	19 Depreciation (attach schedule) and depletion				
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule) See Statement 4	41,078.	34,868.		6,210.
	24 Total operating and administrative expenses. Add lines 13 through 23 Part XV	83,855.	43,466.		40,389.
	25 Contributions, gifts, grants paid	195,500.			195,500.
26 Total expenses and disbursements. Add lines 24 and 25	279,355.	43,466.	0.	235,889.	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	-177,082.				
b Net investment income (if negative, enter -0-)		58,807.			
c Adjusted net income (if negative, enter -0-)			67,970.		

Part II Balance Sheets		Beginning of year (a) Book Value	End of year	
			(b) Book Value	(c) Fair Market Value
Assets	1 Cash – non-interest-bearing			
	2 Savings and temporary cash investments	217,724.	82,171.	82,171.
	3 Accounts receivable			
	Less: allowance for doubtful accounts			
	4 Pledges receivable			
	Less: allowance for doubtful accounts			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7 Other notes and loans receivable (attach sch)			
	Less: allowance for doubtful accounts			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments – U.S. and state government obligations (attach schedule)			
	b Investments – corporate stock (attach schedule) Statement 5	2,652,027.	2,655,705.	3,162,367.
	c Investments – corporate bonds (attach schedule)			
	11 Investments – land, buildings, and equipment basis			
Liabilities	Less: accumulated depreciation (attach schedule)			
	12 Investments – mortgage loans			
	13 Investments – other (attach schedule)			
	14 Land, buildings, and equipment basis 11,630.			
	Less: accumulated depreciation (attach schedule) See Stmt 6	9,130.	11,630.	
	15 Other assets (describe)	7,603.		
	16 Total assets (to be completed by all filers – see the instructions. Also, see page 1, item I.)	2,886,484.	2,749,506.	3,244,538.
	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
Foundations or Fund Balances	20 Loans from officers, directors, trustees, & other disqualified persons			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe) See Statement 7		40,104.	
	23 Total liabilities (add lines 17 through 22)	0.	40,104.	
Foundations that follow SFAS 117, check here and complete lines 24 through 26, and lines 30 and 31. ☐	24 Unrestricted			
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. ☒			
	27 Capital stock, trust principal, or current funds			
	28 Paid-in or capital surplus, or land, bldg., and equipment fund			
	29 Retained earnings, accumulated income, endowment, or other funds	2,886,484.	2,709,402.	
	30 Total net assets or fund balances (see instructions)	2,886,484.	2,709,402.	
	31 Total liabilities and net assets/fund balances (see instructions)	2,886,484.	2,749,506.	

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year – Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	2,886,484.
2 Enter amount from Part I, line 27a	2	-177,082.
3 Other increases not included in line 2 (itemize)	3	
4 Add lines 1, 2, and 3	4	2,709,402.
5 Decreases not included in line 2 (itemize)	5	
6 Total net assets or fund balances at end of year (line 4 minus line 5) – Part II, column (b), line 30	6	2,709,402.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P — Purchase D — Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a Short-Term Gain/Loss #092- See attached	P	Various	Various
b Short-Term Gain/Loss #734- See attached	P	Various	Various
c Long-Term Gain/Loss #092 - see attached	P	Various	Various
d Long-Term Gain/Loss #734 - see attached	P	Various	Various
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) ((e) plus (f) minus (g))
a 409,720.		410,362.	-642.
b 323,431.		332,945.	-9,514.
c 448,177.		466,788.	-18,611.
d 383,854.		320,784.	63,070.
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
a			-642.
b			-9,514.
c			-18,611.
d			63,070.
e			

2 Capital gain net income or (net capital loss) If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	34,303.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) See instructions If (loss), enter -0- in Part I, line 8 	3	-10,156.

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes☒ No

If 'Yes,' the foundation doesn't qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see the instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2017	203,768.	3,203,144.	0.063615
2016	270,176.	3,212,138.	0.084111
2015	328,681.	3,281,805.	0.100153
2014	344,188.	3,571,636.	0.096367
2013	340,132.	3,732,040.	0.091138

2 Total of line 1, column (d)	2	0.435384
3 Average distribution ratio for the 5-year base period — divide the total on line 2 by 5 0, or by the number of years the foundation has been in existence if less than 5 years	3	0.087077
4 Enter the net value of noncharitable-use assets for 2018 from Part X, line 5	4	3,152,481.
5 Multiply line 4 by line 3	5	274,509.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	588.
7 Add lines 5 and 6	7	275,097.
8 Enter qualifying distributions from Part XII, line 4	8	235,889.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see instructions)

1 a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter 'N/A' on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary – see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b		1	1,176.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		2	0.
3 Add lines 1 and 2		3	1,176.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only, others, enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	1,176.
6 Credits/Payments			
a 2018 estimated tax pmts and 2017 overpayment credited to 2018	6 a	2,800.	
b Exempt foreign organizations – tax withheld at source	6 b		
c Tax paid with application for extension of time to file (Form 8868)	6 c		
d Backup withholding erroneously withheld	6 d		
7 Total credits and payments. Add lines 6a through 6d	7	2,800.	
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	0.	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	1,624.	
11 Enter the amount of line 10 to be Credited to 2019 estimated tax ☐ 1,624. Refunded ☐	11	0.	

Part VII-A Statements Regarding Activities

	Yes	No
1 a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition		X
If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation ▶ \$ 0. (2) On foundation managers ▶ \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ▶ \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If 'Yes,' attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If 'Yes,' attach a conformed copy of the changes		X
4 a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If 'Yes,' has it filed a tax return on Form 990-T for this year?		N/A
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If 'Yes,' attach the statement required by General Instruction T		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If 'Yes,' complete Part II, col (c), and Part XV	X	
8 a Enter the states to which the foundation reports or with which it is registered. See instructions DC		
b If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by <i>General Instruction G</i> ? If 'No,' attach explanation		X
See Statement 8		
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2018 or the tax year beginning in 2018? See the instructions for Part XIV. If 'Yes,' complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If 'Yes,' attach a schedule listing their names and addresses		X

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Part VII-A Statements Regarding Activities (continued)

	Yes	No
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes,' attach schedule See instructions	11	X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If 'Yes,' attach statement See instructions	12	X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address <u>www.goldrule.org</u>	13	X
14 The books are in care of <u>Laurel Frye</u> Telephone no <u>207-236-4104</u> Located at <u>PO Box 658 Camden ME</u> ZIP + 4 <u>04843</u>		
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here and enter the amount of tax-exempt interest received or accrued during the year <u>15</u>	N/A	N/A
16 At any time during calendar year 2018, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for FinCEN Form 114. If 'Yes,' enter the name of the foreign country	16	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.

	Yes	No
1 a During the year, did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	☐ Yes ☒ No	
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	☐ Yes ☒ No	
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	☐ Yes ☒ No	
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	☐ Yes ☒ No	
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	☐ Yes ☒ No	
(6) Agree to pay money or property to a government official? (Exception. Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	☐ Yes ☒ No	
b If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions Organizations relying on a current notice regarding disaster assistance, check here ☐	1 b	N/A
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2018?	1 c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)).		
a At the end of tax year 2018, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2018? If 'Yes,' list the years <u>20</u> , <u>20</u> , <u>20</u> , <u>20</u>	☐ Yes ☒ No	
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer 'No' and attach statement - see instructions)	2 b	N/A
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here <u>20</u> , <u>20</u> , <u>20</u> , <u>20</u>		
3 a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	☐ Yes ☒ No	
b If 'Yes,' did it have excess business holdings in 2018 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2018)	3 b	N/A
4 a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4 a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2018?	4 b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5 a During the year, did the foundation pay or incur any amount to

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?

☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?

☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes?

☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions

☐ Yes ☒ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No

b If any answer is 'Yes' to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions

5 b N/A

Organizations relying on a current notice regarding disaster assistance, check here

☐

c If the answer is 'Yes' to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

N/A ☐ Yes ☐ No

If 'Yes,' attach the statement required by Regulations section 53.4945–5(d)

6 a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?

☐ Yes ☒ No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

6 b X

If 'Yes' to 6b, file Form 8870

7 a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?

☐ Yes ☒ No

b If 'Yes,' did the foundation receive any proceeds or have any net income attributable to the transaction?

N/A

7 b

8 Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?

☐ Yes ☒ No**Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**

1 List all officers, directors, trustees, and foundation managers and their compensation. See instructions.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Statement 9		28,500.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1 – see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
None				

Total number of other employees paid over \$50,000

0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**3** Five highest-paid independent contractors for professional services. See instructions. If none, enter 'NONE.'

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
None		
Total number of others receiving over \$50,000 for professional services		0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2

	Amount
1 N/A	
2	
All other program-related investments See instructions	
3	
Total. Add lines 1 through 3	0.

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1 a	3,050,541.
b	Average of monthly cash balances	1 b	149,947.
c	Fair market value of all other assets (see instructions)	1 c	
d	Total (add lines 1a, b, and c)	1 d	3,200,488.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1 e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	3,200,488.
4	Cash deemed held for charitable activities. Enter 1-1/2% of line 3 (for greater amount, see instructions)	4	48,007.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	3,152,481.
6	Minimum investment return. Enter 5% of line 5	6	157,624.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	157,624.
2a	Tax on investment income for 2018 from Part VI, line 5	2 a	1,176.
b	Income tax for 2018 (This does not include the tax from Part VI)	2 b	
c	Add lines 2a and 2b	2 c	1,176.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	156,448.
4	Recoveries of amounts treated as qualifying distributions	4	
5	Add lines 3 and 4	5	156,448.
6	Deduction from distributable amount (see instructions)	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	156,448.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. — total from Part I, column (d), line 26	1 a	235,889.
b	Program-related investments — total from Part IX-B	1 b	
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3 a	
b	Cash distribution test (attach the required schedule)	3 b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	235,889.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions	5	
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	235,889.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2017	(c) 2017	(d) 2018
1 Distributable amount for 2018 from Part XI, line 7				156,448.
2 Undistributed income, if any, as of the end of 2018				
a Enter amount for 2017 only			0.	
b Total for prior years: 20____, 20____, 20____		0.		
3 Excess distributions carryover, if any, to 2018				
a From 2013	157,032.			
b From 2014	171,214.			
c From 2015	164,933.			
d From 2016	113,751.			
e From 2017	46,410.			
f Total of lines 3a through e	653,340.			
4 Qualifying distributions for 2018 from Part XII, line 4 ▶ \$ 235,889.				
a Applied to 2017, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required – see instructions)		0.		
c Treated as distributions out of corpus (Election required – see instructions)	0.			
d Applied to 2018 distributable amount				156,448.
e Remaining amount distributed out of corpus	79,441.			
5 Excess distributions carryover applied to 2018 (If an amount appears in column (d), the same amount must be shown in column (a))	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	732,781.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount – see instructions		0.		
e Undistributed income for 2017. Subtract line 4a from line 2a. Taxable amount – see instructions			0.	
f Undistributed income for 2018. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2019				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required – see instructions)	0.			
8 Excess distributions carryover from 2013 not applied on line 5 or line 7 (see instructions)	157,032.			
9 Excess distributions carryover to 2019. Subtract lines 7 and 8 from line 6a	575,749.			
10 Analysis of line 9				
a Excess from 2014	171,214.			
b Excess from 2015	164,933.			
c Excess from 2016	113,751.			
d Excess from 2017	46,410.			
e Excess from 2018	79,441.			

BAA

Form 990-PF (2018)

Part XV Supplementary Information (continued)**3** Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
<i>a</i> Paid during the year See Attached List			See Attached	195,500.
Total			3 a	195,500.
<i>b</i> Approved for future payment				
Total			3 b	

Statement 1
Form 990-PF, Part I, Line 16a
Legal Fees

	(a) Expenses Per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes
	\$ 1,435.	\$ 718.		\$ 717.
Total	<u>\$ 1,435.</u>	<u>\$ 718.</u>	<u>\$ 0.</u>	<u>\$ 717.</u>

Statement 2
Form 990-PF, Part I, Line 16b
Accounting Fees

	(a) Expenses per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes
	\$ 9,925.	\$ 4,963.		\$ 4,962.
Total	<u>\$ 9,925.</u>	<u>\$ 4,963.</u>	<u>\$ 0.</u>	<u>\$ 4,962.</u>

Statement 3
Form 990-PF, Part I, Line 18
Taxes

	(a) Expenses per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Federal Tax	\$ 1,403.	\$ 1,403.		
Foreign Taxes	1,514.	1,514.		
Total	<u>\$ 2,917.</u>	<u>\$ 2,917.</u>	<u>\$ 0.</u>	<u>\$ 0.</u>

Statement 4
Form 990-PF, Part I, Line 23
Other Expenses

	(a) Expenses per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Business Entertainment	\$ 150.			\$ 150.
Consultants	1,000.			1,000.
Dues	618.			618.
Insurance	1,219.			1,219.
Investment Advisory Fees	34,868.	\$ 34,868.		
Licenses & Permits	25.			25.
Miscellaneous	423.			423.
Office Supply	1,042.			1,042.
Postage	209.			209.
Website	1,524.			1,524.
Total	<u>\$ 41,078.</u>	<u>\$ 34,868.</u>	<u>\$ 0.</u>	<u>\$ 6,210.</u>

Statement 5
Form 990-PF, Part II, Line 10b
Investments - Corporate Stocks

<u>Corporate Stocks</u>	<u>Valuation Method</u>	<u>Book Value</u>	<u>Fair Market Value</u>
See Attached	Cost	\$ 2,655,705.	\$ 3,162,367.
	Total	<u>\$ 2,655,705.</u>	<u>\$ 3,162,367.</u>

Statement 6
Form 990-PF, Part II, Line 14
Land, Buildings, and Equipment

<u>Category</u>	<u>Basis</u>	<u>Accum. Deprec.</u>	<u>Book Value</u>	<u>Fair Market Value</u>
Machinery and Equipment	\$ 11,630.	\$ 0.	\$ 11,630.	\$ 0.
Total	<u>\$ 11,630.</u>	<u>\$ 0.</u>	<u>\$ 11,630.</u>	<u>\$ 0.</u>

Statement 7
Form 990-PF, Part II, Line 22
Other Liabilities

Unsettled Trades	\$ 40,104.
Total	<u>\$ 40,104.</u>

Statement 8
Form 990-PF, Part VII-A, Line 8b
Copies of Form 990-PF to State Officials

The District of Columbia does not require a copy of Form 990-PF.

Statement 9
Form 990-PF, Part VIII, Line 1
List of Officers, Directors, Trustees, and Key Employees

<u>Name and Address</u>	<u>Title and Average Hours Per Week Devoted</u>	<u>Compensation</u>	<u>Contribution to EBP & DC</u>	<u>Expense Account/ Other</u>
Gareth Evans 2222 Manning Street Philadelphia, PA 19103	Director 1.00	\$ 6,000.	\$ 0.	\$ 0.
Tegan Stephen 8219 Whittington Drive Richmond, VA 23235	Secretary 1.00	6,000.	0.	0.

Statement 9 (continued)
Form 990-PF, Part VIII, Line 1
List of Officers, Directors, Trustees, and Key Employees

<u>Name and Address</u>	<u>Title and Average Hours Per Week Devoted</u>	<u>Compensation</u>	<u>Contri- bution to EBP & DC</u>	<u>Expense Account/ Other</u>
Trevor Evans 192 Washington Park, Apt 1 Brooklyn, NY 11205	Treasurer 1.00	\$ 6,000.	\$ 0.	\$ 0.
Sian Evans 1295 State Street Veazie, ME 04401	Chair 4.00	6,000.	0.	0.
Aidan Stephen 13118 Hadley St Whittier, CA 90601	Director 0	1,500.	0.	0.
Axelle Evans 30 Mayo street Belfast, ME 04915	Director 0	1,500.	0.	0.
Lucie Evans 30 Mayo Street Belfast, ME 04915	Director 0	1,500.	0.	0.
Total		\$ 28,500.	\$ 0.	\$ 0.

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF , Part XV, Line 3

Date Issued	Purpose	Amount
2/18/19	Belfast Area Children's Center We are requesting \$10,000 in order to continue our music maker program with the children at both Belfast Area Children's Center and the Starrett Children's Center. The Starrett center also has a yoga program that especially helps the children with special needs be able to focus some of their energy in a productive, artistic manner that enable them to rein in some of their aggressive behaviors.	1025 Waterville Rd Waldo ME 04915 \$10,000.00
2/18/19	Country Dance & Song Society (CDSS) Grant funds will support Chrissy Fowler's ongoing work in schools and communities, primarily in Midcoast Maine, teaching and leading traditional New England participatory social dance and song with students, families, and community members. In FY 2018-2019, the primary GRF-funded collaborations will be with various PreK-12 schools, including two new (first-time) residencies in rural districts	116 Pleasant Street Suite 345 Easthampton MA 01027 \$2,000.00
2/18/19	Millinocket Memorial Library This proposal is to request \$2,000 to support the Library Centennial Renovation project, a capital project to transform the Millinocket Memorial Library into a state-of-the-art facility for our community.	66 Somerset St. Millinocket ME 04462 \$2,000.00
2/18/19	Northeast Historic Film In this project we will prepare archival moving image material to be presented by the Maine Public Broadcasting Network during Maine's Bicentennial during 2020. The pieces presented will enrich the public's understanding of the value of archival moving images held at NHF, as well as enhance their understanding of the history of the state. Funding is also being sought for operational support.	PO Box 900 85 Main Street Bucksport ME 04614 \$23,000.00
2/18/19	Sweet Tree Arts / Sweetland School Sweet Tree Arts' Sweetland School program is currently collaborating with musicians from the Mid Coast Music Academy developing a program integrating Math and Music. After a successful fall collaborating both learners and teachers are eager to continue this program. The requested funding will allow us to continue this program through the remainder of the school year	4 Church St Hope ME 04847 \$1,000.00

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF, Part XV, Line 3

Date Issued	Purpose	Amount
2/18/19	The Sharing Foundation We are looking to do some ground improvements including redoing the septic system, and adding soil to change the grade of the land to eliminate standing water. These upgrades will allow for a playing field on the Roteang Orphanage Property. We have 68 children living on the property, and over 40 of them are teen-agers. This will be a welcome addition to have a local place to expend energy.	P O Box 600 Concord MA 01742 \$1,000.00
7/15/19	Fractured Atlas American Abstract Artists does not have a 501(c)(3) designation from the IRS. The purpose of the request is to aid in paying for professional accounting and legal fees in order that American Abstract Artists may receive this designation, in paying for ongoing accounting services, and in paying for general support	248 West 35th St 10th Floor New York NY 10001 \$3,000.00
7/15/19	Survival International USA Survival International seeks this grant from the Golden Rule Fund to support our Uncontacted Tribes campaign, which works for the protection of the land and rights of the world's remaining uncontacted indigenous tribes	PO Box 26345 San CA 94126 \$5,500.00
7/15/19	Visual Arts Center of Richmond The Visual Arts Center of Richmond respectfully requests a grant of \$10,000. These funds will be used to support our full range of Community Partnerships Programming for the 2019-20 year. VisArts delivers six distinct partnerships programs: (1) Art After School (2) Make Space (3) Studio S (4) Veterans at VisArts (5) Engage and (6) SAYtogether	1812 W Main Street Richmond VA 23220 \$10,000.00
7/15/19	Anna Julia Cooper Episcopal School We respectfully request that the Golden Rule Foundation consider a grant of \$4,250 to help expand the marketing efforts of AJCES during the 2019-2020 school year. We will require the services of professional photographers, videographers, and graphic designers to produce sharable media pieces. Our staff will also need to purchase new photography equipment and digital media software subscriptions.	2124 N 29th Street Richmond VA 23223 \$4,250.00

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF, Part XV, Line 3

Date Issued	Purpose	Amount
7/15/19	ISSUE Project Room ISSUE Project Room, a performing arts nonprofit, respectfully requests \$13,500 in renewed funding for general operations. With a large-scale capital project underway, a 2019 grant would support ISSUE's ongoing programming, audience development and capacity building for the ultimate reopening of the renovated theater.	140 2nd Avenue, Suite 503 New York NY 10003 \$13,500.00
7/15/19	Community Futures Foundation DBA CBIS Community Brain Injury Services (CBIS) is requesting a grant of \$4,250 from the Golden Rule Foundation to provide support of our growing services. The number of individuals accessing our services has grown at a rate of 15% annually for the last 3 years. A grant of \$4,250 would help CBIS provide the administrative infrastructure and adequate staffing to meet the increasing demand for our services.	681 Hioaks Rd Suite G Richmond VA 23225 \$4,250.00
7/15/19	Environmental Film Festival in the Nation's Capital DCEFF respectfully seeks support for the 2019 Annual Environmental Film Festival, which took place from March 14 - 24, 2019. The largest and longest-running green film festival in the nation, the Festival screened 169 films from 31 countries and attracted an overall audience of 19,948.	1224 M Street, NW Suite 301 Washington DC 20005 \$1,000.00
7/15/19	Hooves for Harmony, Inc The funds requested will keep our program running so that we can continue to serve children in our community that would not otherwise be able to afford this therapy. We have board and vet expenses for our one currently owned horse, Shamrock. We also will continue to lease Tanita and Moon Tunes.	2409 Center Rd Novato CA 94947 \$7,500.00
7/15/19	Gallery Aferro To bring cultural education and aesthetic engagement with contemporary issues to all people equally, and to create an environment where artists can gather and share physical and intellectual resources. We request support for our ambitious annual roster of exhibitions, public events, artist residency program, education offerings, public art and publications as part of our ongoing	73 Market St Newark NJ 07102 \$15,000.00

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF, Part XV, Line 3

Date Issued	Purpose	Amount
7/15/19	Middle East Children's Alliance To support costs for 1) a retreat for Rawa cluster members (from the West Bank, 48, Jerusalem, & Gaza) to evaluate the 2019 grant cycle, launch support & mentoring, initiate new cluster members, & launch the 2020 cycle A 2) community reception directly after will serve as our first open public event, celebrating the 2019 grants, launching the next cycle, & inviting local engagement & support	1101 8th Street Berkeley CA 94710 \$5,000.00
7/15/19	Roulette Intermedium To present 120 performances of experimental music, dance, Intermedia presentations, and other works that merge and extend disciplinary definitions To support artists through commissions, residencies, production support To bring the artists' work to a wide public through presentations in Roulette's theater, through live audio and video streaming and through cable and Internet distribution	30 3rd Avenue, Suite 208 Brooklyn NY 11217 \$5,000.00
7/15/19	Maine Youth Alliance dba The Game Loft The mission of the Game Loft is to promote Positive Youth Development through non-electronic games and community involvement However, games and volunteering are the activity not the outcome. The intervention model is to build resiliency in youth through mentoring. Resilient youth have higher aspirations and more apt to have success in life and less apt to engage in self-destructive behaviors	78A Main St Belfast ME 04915 \$6,000.00
7/15/19	Friends of Urban, Inc. Given the incredible success of the annual Urban Academy winter musical, our school would like to expand our theater department course offerings during the school year Students are eager for more acting and dancing opportunities in our program This grant would enable us to hire a drama teacher during the fall and spring semesters, as well as to continue our musical tradition each January.	344 16th Street Brooklyn NY 11215 \$10,000.00
7/15/19	Maine Youth Alliance dba The Game Loft The Game Loft intervention model is building resiliency in youth through long-term mentoring Our goal is to make mentoring more intentional and build it into every aspect of programming. Training of mentors, both youth and adults, is a high priority An annual mentors retreat is a valuable way of providing instruction and support for mentors Support from the Golden Rule will help with that	78A Main St Belfast ME 04915 \$1,500.00

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF, Part XV, Line 3

Date Issued	Purpose	Amount
7/15/19	Trestle Gallery Trestle Gallery is seeking \$3,000 in general operating support for the upcoming year. These funds will be used to cover the overhead for our core programs, Contemporary Exhibitions, Residencies, and Professional Development. Our priorities will be to pay artist and curator stipends, fair wages for our employees, and rent and maintenance for our spaces.	850 Third Avenue Suite 411 Brooklyn NY 11232 \$3,000.00
7/15/19	Studio Two Three I am writing to request \$10,000 in support for Studio Two Three as we build administrative capacity to serve our community and fulfill our mission of giving people the space, tools and education to find that thing they love and make it.	3300 W Clay St Richmond VA 23230 \$10,000.00
7/15/19	Virginia for Veterans To provide funds to cover the cost of the tournament. Grant to be used for prizes, golf shirts provided to the players, and food for the event.	3701 Huntmaster Ct Henrico VA 23233 \$5,000.00
7/15/19	Art Omi To continue to support the American Dream fellowship at Art Omi. Now in its fifth year, this opportunity for international artists, who have never been to the United States, has proven to be a very beneficial moment for an artist career. We hope you will consider continuing support motivated artists who seek a chance to their American Dream.	55 Fifth Avenue 15 floor New York NY 10003 \$5,000.00
7/15/19	Tiger Strikes Asteroid Tiger Strikes Asteroid requests these funds in order to help fund the approximately 32 exhibitions we will organize at our four locations. These exhibitions will be artist-led and will focus on highlighting the work of underrepresented artists free of market concerns. These exhibitions are a way for us to create space for other artists to meet, exhibit, and think about their work.	20 Saint Johns Place Unit 2 Brooklyn NY 11217 \$2,000.00

Golden Rule Foundation Grant Report 2018 - 2019

#59-9207701 10/31/19 Form 990 PF, Part XV, Line 3

Date Issued	Purpose	Amount
7/15/19	Philadelphia Animal Welfare Society (PAWS) respectfully requests funding to provide veterinary care, spay/neuter, and safe housing for homeless pets. This support will enable us to rescue animals that would otherwise be killed in Philadelphia shelters, give them needed care for illnesses or injuries, and find them loving adoptive homes. Ultimately, it will bring us closer to our goal of a no-kill city, which is very much within reach.	100 N 2nd Street Philadelphia PA 19106 \$40,000.00
Total Foundation Funds Granted:		\$195,500.00

Gain & Loss: Fiscal Report: Oct, 2019

As of 14 26 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-060734-425 Select UMA Corp Account
Prev Close Assets \$1,337,129.58 / Reserved Select

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
TREVOR BURTON EVANS
1295 STATE STREET
VEAZIE ME 04401-6905
(207) 400-0806 (B) | damsian@gmail.com

SHORT TERM GAIN/LOSS

SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS(\$)	WASH SALE LOSS DISALLOWED (\$)	G/L AMOUNT (\$)	HOLDING PERIOD
Abbott Laboratories G/L Amount: \$10.60	1 000	04/27/2018	01/17/2019	59.63	59.63	59.63	-	70.23	-	10.60 short	
Adobe Inc G/L Amount: -\$838.94	20 000	07/12/2019	10/02/2019	307.49	6,149.86	6,149.86	-	5,310.92	-	-838.94 short	
Amer Intl Gp Inc New G/L Amount: -\$284.68	32 000	05/08/2018	02/13/2019	53.03	1,696.92 W	1,696.92	-	1,412.24	284.68	-284.68 short	
Amgen Inc G/L Amount: -\$2,313.24	82 000	11/08/2018	05/13/2019	196.11	16,080.78	16,080.78	-	13,767.54	-	-2,313.24 short	
Apple Inc G/L Amount: \$170.06	42 000	02/25/2019	05/23/2019	175.41	7,367.20	7,367.20	-	7,537.26	-	170.06 short	
Broadcom Inc G/L Amount: \$60.55	6 000	01/30/2019	02/13/2019	270.72	1,624.30	1,624.30	-	1,684.85	-	60.55 short	
Ca Incorporated G/L Amount: \$48.15	1 000	04/27/2018	11/06/2018	34.87	34.87	34.87	-	44.50	-	9.63 short	
SubTotal	4 000	04/27/2018	11/06/2018	34.87	139.48	139.48	-	178.00	-	38.52 short	
Caterpillar Inc G/L Amount: -\$1,588.19	5,000			34.87	174.35	174.35	-	222.50	-	\$48.15	
SubTotal	103 000	07/15/2019	08/02/2019	139.66	14,385.06	14,385.06	-	12,796.87	-	-1,588.19 short	
Chevron Corp G/L Amount: -\$408.95	66 000	02/01/2019	08/06/2019	118.90	7,847.22	7,847.22	-	7,803.05	-	-44.17 short	
SubTotal	48 000	07/15/2019	08/06/2019	125.83	6,039.72	6,039.72	-	5,674.94	-	-364.78 short	
SubTotal	114,000			121.82	13,886.94	13,886.94	-	13,477.99	-	-\$408.95	
Cisco Sys Inc G/L Amount: -\$624.68	3 000	05/28/2019	07/02/2019	54.73	164.20	164.20	-	167.55	-	3.35 short	
SubTotal	76 000	05/28/2019	10/02/2019	54.73	4,159.69	4,159.69	-	3,531.66	-	-628.03 short	
SubTotal	79,000			54.73	4,323.89	4,323.89	-	3,699.21	-	-\$624.68	
Coca Cola Co G/L Amount: \$10.09	138 000	07/16/2019	08/06/2019	51.90	7,162.42	7,162.42	-	7,172.51	-	10.09 short	
Cons Discret Sel Sect Spdr Fd G/L Amount: -\$6,088.08	118 000	07/31/2019	08/15/2019	121.83	14,375.76	14,375.76	-	13,507.20	-	-868.56 short	
SubTotal	136 000	11/07/2018	12/17/2018	109.47	14,887.28	14,887.28	-	13,653.09	-	-1,234.19 short	
SubTotal	229 000	11/07/2018	12/24/2018	109.47	25,067.55	25,067.55	-	21,082.22	-	-3,985.33 short	
SubTotal	483,000			112.49	54,330.59	54,330.59	-	48,242.51	-	-\$6,088.08	
Corteva Inc G/L Amount: -\$192.29	15 667	01/17/2019	06/20/2019	28.83	451.66	451.66	-	420.75	-	-30.91 short	
SubTotal	45 000	04/17/2019	06/20/2019	30.44	1,369.91	1,369.91	-	1,208.53	-	-161.38 short	
SubTotal	60,667			30.03	1,821.57	1,821.57	-	1,629.28	-	-\$192.29	
Costco Wholesale Corp New G/L Amount: \$961.14	21 000	02/25/2019	07/02/2019	218.78	4,594.41	4,594.41	-	5,555.55	-	961.14 short	
Cummins Inc G/L Amount: \$439.16	47 000	03/25/2019	05/07/2019	155.94	7,328.97	7,328.97	-	7,768.13	-	439.16 short	

P - When there is a "P" next to a transaction, this indicates that you have provided the trade history for this transaction, it was not available through Morgan Stanley Smith Barney LLC records. H - Wash sale rules apply to this tax lot. The cost basis has been adjusted to account for disallowed loss of a related wash sale transaction for this covered security W - Wash sale rules apply to this tax lot. Disallowed loss for covered securities will be reported on Form 1099-B for the current tax year. The G/L Amount does not include adjustments for disallowed losses due to wash sales. To take into account the disallowed loss adjustments, add the total Wash Sale Loss Disallowed (\$). I - This tax lot has been marked as inherited. Cost basis, acquisition date and holding period have been adjusted accordingly. G - This tax lot has been marked as a gift. Gift basis rules will apply at the time of sale. A - Information for this transaction reflects your requested adjustments to existing Morgan Stanley Smith Barney LLC trade history B - This adjusted cost figure is for reference purposes only. It is based on the assumption that the deposit note value has not changed since the issuance. This assumption may not apply to you. Please review with your tax advisor on what is the best method for allocating cost basis for your account E - This transaction was executed elsewhere and the securities were later transferred to your Morgan Stanley Smith Barney LLC account. The trade history for this transaction was provided to Morgan Stanley Smith Barney LLC by your prior financial institution M - Options exercise and assignments include options premiums when determining the realized gain and loss. The information provided herein may not include all of your external or manual accounts because tax lot data may not be available.

SHORT TERM GAIN/LOSS

SECURITY	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS (\$)	WASH SALE LOSS DISALLOWED (\$)	GIL AMOUNT (\$)	HOLDING PERIOD
Dollar Tree Inc G/L Amount: \$14.45	4 000	03/26/2018	02/13/2019	94.37	377.49	377.49		391.94			14 45 short
Dow Inc G/L Amount: \$70.23	12 000	04/27/2018	04/15/2019	65.39	784.69	784.69		692.44			-92 25 short
	15 967	01/17/2019	04/15/2019	56.30	882.02	882.02		904.04			22 02 short
Sub Total	27 967			60.24	1,666.71	1,666.71		1,596.48			\$70.23
Edison International G/L Amount: \$71.51	10 000	07/10/2018	07/02/2019	64.94	649.35	649.35		670.72			21 37 short
	30 000	07/11/2018	07/02/2019	65.40	1,962.01	1,962.01		2,012.15			50 14 short
Sub Total	40 000			65.28	2,611.36	2,611.36		2,682.87			\$71.51
Hubbell Inc G/L Amount: \$4.50	27 000	04/27/2018	11/15/2018	105.33	2,843.92	2,843.92		2,839.42			-4 50 short
Huntington Ingalls Industries G/L Amount: \$34.77	38 000	01/15/2019	09/05/2019	197.52	7,505.62	7,505.62		7,540.39			34 77 short
Ill Tool Works Inc G/L Amount: \$47.54	49 000	04/05/2019	05/07/2019	152.23	7,459.13	7,459.13		7,411.59			-47 54 short
Intel Corp G/L Amount: \$1,265.02	134 000	04/12/2018	01/25/2019	52.87	7,084.57	7,084.57		6,259.43			-825 14 short
	192 000	11/08/2018	01/25/2019	48.97	9,403.03	9,403.03		8,968.74			-434 29 short
	40 000	11/08/2018	02/11/2019	48.97	1,958.96	1,958.96		1,952.37			-6 59 short
Sub Total	366 000			50.40	18,446.56	18,446.56		17,180.54			\$1,265.02
Ishares Barclays 1-3 Yr Tsy Bnd G/L Amount: \$648.34	53 000	10/26/2018	07/05/2019	83.17	4,407.98	4,407.98		4,477.35			69 37 short
	423 000	10/26/2018	07/15/2019	83.17	35,180.70	35,180.70		35,759.67			578 97 short
Sub Total	476 000			83.17	39,588.68	39,588.68		40,237.02			\$648.34
Ishares Core S&P 500 Etf G/L Amount: \$197.46	5 000	02/05/2019	02/13/2019	274.99	1,374.95	1,374.95		1,383.40			8 44 short
	81 000	02/05/2019	03/07/2019	274.99	22,274.41	22,274.41		22,463.43			189 02 short
Sub Total	86 000			274.99	23,649.37	23,649.37		23,846.83			\$197.46
Ishares Core U.S. Aggregate G/L Amount: \$33.22	14 000	11/23/2018	02/13/2019	104.72	1,466.02	1,466.02		1,499.24			33 22 short
Ishares Gold Trust G/L Amount: \$264.39	183 000	12/21/2018	07/02/2019	12.08	2,209.73	2,209.73		2,474.12			264 39 short
Ishares Short Treasury Bd Etf G/L Amount: \$5.91	24 000	05/29/2019	07/02/2019	110.56	2,653.44	2,653.44		2,650.98			-2 46 short
	95 000	05/29/2019	07/16/2019	110.56	10,503.20	10,503.20		10,499.75			-3 45 short
Sub Total	119 000			110.56	13,156.64	13,156.64		13,150.73			\$5.91
Ishares 20 Yr Treasu Bond Etf G/L Amount: \$60.27	16 000	05/29/2019	07/02/2019	129.47	2,071.52	2,071.52		2,131.79			60 27 short
Johnson & Johnson G/L Amount: \$27.34	9 000	04/27/2018	12/17/2018	128.31	1,154.82	1,154.82		1,145.04			-9 78 short
	16 000	04/27/2018	12/17/2018	128.32	2,053.18	2,053.18		2,035.62			-17 56 short
Sub Total	25 000			128.32	3,208.00	3,208.00		3,180.66			\$27.34

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SHORT TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	WASH SALE LOSS DISALLOWED (\$)	G/L AMOUNT (\$) HOLDING PERIOD
Lowes Companies Inc G/L Amount: \$12.59									
	1 000	04/27/2018	02/11/2019	84.25	84.25		96.84		12 59 short
Marsh & McLennan Cos Inc G/L Amount: \$97.82									
	13 000	04/27/2018	02/11/2019	82.26	1 069.43	1 069.43	1 167.25		97 82 short
Microsoft Corp G/L Amount: -\$216.53									
	30 000	08/27/2018	12/20/2018	109.24	3 277.17	3 277.17	3 060.64		-216 53 short
Northrop Grumman Corp G/L Amount: \$2,109.53									
	16 000	01/15/2019	02/11/2019	258.44	4 134.98	4 134.98	4 503.89		368 91 short
	17 000	01/15/2019	07/02/2019	258.44	4 393.42	4 393.42	5 486.80		1 093 38 short
	7 000	01/15/2019	07/31/2019	258.44	1 809.05	1 809.05	2 456.28		647 24 short
Sub Total	40 000			258.44	10 337.45	10 337.45	12 446.98		\$2,109.53
Oracle Corp G/L Amount: \$234.02									
	43 000	04/27/2018	02/11/2019	45.80	1 959.28	1 959.28	2 203.30		234 02 short
Quest Diagnostics Inc G/L Amount: \$223.96									
	21 000	01/17/2019	02/11/2019	84.66	1 777.84	1 777.84	1 860.98		83 14 short
	7 000	01/17/2019	09/12/2019	84.66	592.61	592.61	733.43		140 82 short
Sub Total	28 000			84.66	2 370.45	2 370.45	2 594.41		\$223.96
Raytheon Co (New) G/L Amount: \$214.24									
	1 000	04/27/2018	02/11/2019	203.98	203.98 W	203.98	177.30		-26 68 short
	15 000	01/17/2019	02/11/2019	161.24	2 418.54	2 418.54	2 659.46		240 92 short
Sub Total	16 000			163.91	2 622.52	2 622.52	2 836.76		\$214.24
SPDR S&P 500 Etf Trust G/L Amount: -\$1,463.56									
	86 000	12/03/2018	12/10/2018	278.07	23 914.26	23 914.26	22 450.70		-1 463 56 short
Stryker Corp G/L Amount: \$528.77									
	15 000	08/27/2018	02/11/2019	170.64	2 559.64	2 559.64	2 744.59		184 95 short
	10 000	08/27/2018	07/02/2019	170.64	1 706.42	1 706.42	2 050.24		343 82 short
Sub Total	25 000			170.64	4 266.06	4 266.06	4 794.83		\$528.77
Union Pacific Corp G/L Amount: -\$331.67									
	44 000	04/12/2019	08/15/2019	168.75	7 424.91	7 424.91	7 093.24		-331 67 short
Verizon Communications G/L Amount: \$149.39									
	44 000	02/13/2019	07/02/2019	54.71	2 407.02	2 407.02	2 558.41		149 39 short
Walt Disney Co Hldg Co G/L Amount: -\$651.13									
	44 000	07/05/2019	10/02/2019	142.49	6 269.42	6 269.42	5 619.29		-651 13 short
Short Term Total					333 259.86	333 259.86	323 430.86	\$314.81	-\$9,829.00
LONG TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	WASH SALE LOSS DISALLOWED (\$)	G/L AMOUNT (\$) HOLDING PERIOD
Abbott Laboratories G/L Amount: \$3,014.33									
	31 000	03/27/2017	01/17/2019	44.65	1 384.00	1 384.00	2 177.09		793 09 long
	13 000	03/27/2017	02/11/2019	44.64	580.38	580.38	957.50		377 12 long
	11 000	03/27/2017	02/13/2019	44.65	491.10	491.10	816.22		325 12 long
	38 000	03/27/2017	07/02/2019	44.65	1 696.51	1 696.51	3 215.51		1 519 00 long
Sub Total	93 000			44.65	4 151.99	4 151.99	7 166.32		\$3,014.33
Accenture Plc Ireland CIA G/L Amount: \$2,266.70									

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Gain & Loss: Fiscal Report: Oct, 2019

As of 14 26 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-060734-425 Select UMA Corp Account

LONG TERM GAIN/LOSS										
SECURITY ▲	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS(\$)	WASH SALE LOSS DISALLOWED (\$)	GIL AMOUNT (\$), HOLDING PERIOD
	22,000	04/13/2018	07/02/2019	150.77	3,316.87	3,316.87		4,143.34		826.47 long
	7,000	03/28/2017	10/02/2019	120.96	846.74	846.74		1,288.37		441.63 long
	30,000	04/13/2018	10/02/2019	150.77	4,523.01	4,523.01		5,521.61		998.60 long
Sub Total	59,000			147.23	8,686.62	8,686.62		10,953.32		\$2,266.70
Allstate Corp										
	19,000	07/20/2015	07/02/2019	67.88	1,289.67	1,289.67		1,952.58		662.91 long
	2,000	04/27/2018	07/02/2019	98.05	196.10	196.10		205.54		9.44 long
Sub Total	21,000			70.75	1,485.77	1,485.77		2,158.12		\$672.35
Alphabet Inc C L C										
	1,000	10/17/2017	02/13/2019	990.08	990.08	990.08		1,127.80		137.72 long
Amer Intl Gp Inc New										
	87,000	05/08/2018	07/02/2019	53.03	4,613.49	4,613.49		4,671.37		57.88 long
At&T Inc										
	92,000	07/20/2015	07/02/2019	34.84	3,204.83	3,204.83		3,112.72		-92.11 long
Bb & T Corp										
	25,000	07/20/2015	02/13/2019	41.33	1,033.21	1,033.21		1,261.62		228.41 long
Berkshire Hathaway C L B New										
	9,000	10/17/2017	02/13/2019	186.63	1,679.65	1,679.65		1,858.26		178.61 long
Ca Incorporated										
	413,000	07/20/2015	11/06/2018	30.51	12,599.51	12,599.51		18,378.50		5,778.99 long
	28,000	07/27/2015	11/06/2018	28.82	806.88	806.88		1,246.00		439.12 long
Sub Total	441,000			30.40	13,406.39	13,406.39		19,624.50		\$6,218.11
Cardinal Health Inc										
	52,000	07/20/2015	02/11/2019	-86.64	4,505.51	4,505.51		2,758.05		-1,747.46 long
Charles Schwab New										
	152,000	07/25/2018	08/06/2019	52.68	8,007.60	8,007.60		5,923.07		-2,084.53 long
Cigna Corp										
	0.067	07/29/2014	12/21/2018	182.24	12.21	12.21		12.82		0.61 cash in lieu
Cisco Sys Inc										
	55,000	07/20/2015	02/11/2019	28.01	1,540.40	1,540.40		2,608.07		1,067.67 long
Corteva Inc										
	0.667	07/20/2015	06/03/2019	23.93	15.96	15.96		18.10		2.14 cash in lieu
	77,508	07/20/2015	06/20/2019	23.92	1,854.14	1,854.14		2,081.56		227.42 long
	6,825	07/27/2015	06/20/2019	22.89	156.23	156.23		183.30		27.07 long
	12,000	04/27/2018	06/20/2019	33.49	401.84	401.84		322.27		-79.57 long
Sub Total	97,000			25.03	2,428.17	2,428.17		2,805.23		\$177.06
Costco Wholesale Corp New										
	13,000	08/28/2012	02/11/2019	96.99	1,260.87	1,260.87		2,703.84		1,442.97 long
Cvs Health Corp Com										
	4,000	10/28/2015	02/13/2019	102.64	410.55	410.55		271.09		-139.46 long
	10,000	10/28/2015	02/13/2019	102.64	1,026.37	1,026.37		677.71		-348.66 long
Sub Total	14,000			102.64	1,436.92	1,436.92		948.80		\$488.12
Dollar Tree Inc										

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LONG TERM GAIN/LOSS											
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS(\$)	WASH SALE LOSS DISALLOWED (\$)	GIL AMOUNT (\$)	HOLDING PERIOD
	8 000	09/07/2017	02/13/2019	83.28	666.25	666.25		783.89		117.64	long
	2 000	09/11/2017	02/13/2019	83.25	166.50	166.50		195.97		29.47	long
	25 000	09/11/2017	07/02/2019	83.25	2,081.23	2,081.23		2,724.43		643.20	long
Sub Total	35,000			83.26	2,913.98	2,913.98		3,704.29		\$790.31	
Dow Inc [GIL Amount: \$948.14]											
	0 667	07/20/2015	04/02/2019	46.72	31.16	31.16		38.89		7.73	cash in lieu
	77 508	07/20/2015	04/15/2019	46.72	3,620.79	3,620.79		4,472.47		851.68	long
	6 825	07/27/2015	04/15/2019	44.70	305.10	305.10		393.83		88.73	long
Sub Total	85,000			46.55	3,957.05	3,957.05		4,905.19		\$948.14	
Dupont De Nemours Inc [GIL Amount: \$2.29]											
	0 667	07/20/2015	06/03/2019	68.56	45.73	45.73		48.02		2.29	cash in lieu
Equity Residential [GIL Amount: \$849.21]											
	59 000	01/18/2017	02/11/2019	63.77	3,762.15	3,762.15		4,332.62		570.47	long
	27 000	01/20/2017	02/11/2019	63.11	1,703.99	1,703.99		1,982.73		278.74	long
Sub Total	86 000			63.56	5,466.14	5,466.14		6,315.35		\$849.21	
Express Scripts Hldg Co [GIL Amount: \$3,364.37]											
	27 000	07/29/2014	12/21/2018	0.98	26.39	26.39		19.09		-7.30	long
	108 000	07/20/2015	12/21/2018	1.33	143.73	143.73		76.34		-67.39	long
	33 000	07/20/2015	12/21/2018	1.33	43.91	43.91		23.33		-20.58	long
	87 000	03/27/2017	12/21/2018	0.94	81.39	81.39		61.49		-19.90	long
	27 000	07/29/2014	12/21/2018	22.10	596.60	596.60		1,297.16		700.56	long
	108 000	07/20/2015	12/21/2018	46.11	4,979.87	4,979.87		5,188.66		208.79	long
	33 000	07/20/2015	12/21/2018	46.10	1,521.34	1,521.34		1,585.43		64.09	long
	87 000	03/27/2017	12/21/2018	19.24	1,673.65	1,673.65		4,179.75		2,506.10	long
Sub Total	510,000			17.78	9,066.88	9,066.88		12,431.25		\$3,364.37	
Halliburton Co [GIL Amount: \$471.60]											
	48 000	07/20/2015	02/13/2019	40.97	1,966.46	1,966.46		1,494.86		-471.60	long
Home Depot Inc [GIL Amount: \$4,363.45]											
	1 000	11/15/2016	02/11/2019	125.15	125.15	125.15		183.42		58.27	long
	12 000	10/17/2017	02/11/2019	163.00	1,956.00	1,956.00		2,201.00		245.00	long
	18 000	11/15/2016	07/02/2019	125.15	2,252.63	2,252.63		3,770.01		1,517.38	long
	33 000	11/15/2016	08/14/2019	125.15	4,129.83	4,129.83		6,672.63		2,542.80	long
Sub Total	64,000			132.24	8,463.61	8,463.61		12,827.06		\$4,363.45	
Hubbell Inc [GIL Amount: \$795.40]											
	38 000	10/26/2017	11/14/2018	126.50	4,806.95	4,806.95		4,032.89		-774.06	long
	1 000	10/26/2017	11/15/2018	126.50	126.50	126.50		105.16		-21.34	long
Sub Total	39,000			126.50	4,933.45	4,933.45		4,138.05		\$795.40	
Intuitive Surgical Inc [GIL Amount: \$10,588.36]											
	15 000	07/24/2014	01/25/2019	160.21	2,403.16	2,403.16		7,660.83		5,257.67	long
	2 000	01/25/2016	01/25/2019	187.76	375.51	375.51		1,021.44		645.93	long
	2 000	01/25/2016	12/06/2018	187.76	375.51	375.51		1,018.20		642.69	long
	3 000	08/11/2017	12/06/2018	314.52	943.55	943.55		1,527.29		583.74	long
Sub Total	14,000			187.76	2,628.57	2,628.57		9,066.90		3,438.33	long

59-9207701

Gain & Loss: Fiscal Report: Oct, 2019
As of 14 26 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-060734-425 Select UMA Corp Account

Form 990-PF, Part IV, Line 1
Morgan Stanley

LONG-TERM GAIN/LOSS										
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS(\$)	WASH SALE LOSS DISALLOWED (\$)	GIL AMOUNT (\$): HOLDING PERIOD
Sub Total	36,000			186.84	-6,726.30	-6,726.30		17,294.66		\$10,568.36
Ishares Barclays 1-3 Yr Tsy Bnd [GIL Amount: \$340.41]										
	60,000	01/18/2018	02/11/2019	83.69	5,021.39	5,021.39		5,020.79		-0.60 long
	33,000	01/18/2018	07/02/2019	83.69	2,761.76	2,761.76		2,792.24		30.48 long
	97,000	01/18/2018	07/05/2019	83.69	8,117.91	8,117.91		8,194.39		76.48 long
	268,000	02/06/2018	07/05/2019	83.60	22,406.11	22,406.11		22,640.16		234.05 long
Sub Total	458,000			83.64	38,307.17	38,307.17		38,647.58		\$340.41
Ishares Short-Term Treasury Bnd Etf [GIL Amount: \$131.31]										
	139,000	01/18/2018	02/11/2019	110.37	15,341.29	15,341.29	4.07	15,348.19		6.90 long
	21,000	01/18/2018	02/25/2019	110.37	2,317.74	2,317.74	0.61	2,320.68		2.94 long
	294,000	01/30/2018	02/25/2019	110.34	32,439.87	32,439.87		32,489.51		49.64 long
	27,000	01/30/2018	07/16/2019	110.34	2,979.17	2,979.17		2,984.14		4.97 long
	13,000	01/30/2018	07/31/2019	110.34	1,434.42	1,434.42		1,437.90		3.48 long
	181,000	02/02/2018	07/31/2019	110.26	19,956.61	19,956.61		20,019.99		63.38 long
Sub Total	675,000			110.33	74,469.10	74,469.10	\$4.68	74,600.41		\$131.31
Ishares TIPS Bond Etf [GIL Amount: \$9.07]										
	28,000	03/31/2016	07/02/2019	114.72	3,212.16	3,212.16		3,212.09		-0.07 long
Ishares US Treasury Bond Etf [GIL Amount: \$460.44]										
	504,000	03/31/2016	02/11/2019	25.78	12,993.02	12,993.02		12,524.28		-468.74 long
	368,000	03/31/2016	07/02/2019	25.78	9,486.97	9,486.97		9,495.27		8.30 long
Sub Total	872,000			25.78	22,479.99	22,479.99		22,019.55		\$460.44
Johnson & Johnson [GIL Amount: \$4,107.50]										
	2,000	11/26/2014	02/11/2019	107.09	214.18	214.18		263.28		49.10 long
	11,000	11/26/2014	02/11/2019	107.09	1,177.97	1,177.97		1,448.01		270.04 long
	7,000	07/20/2015	02/11/2019	100.53	703.69	703.69		921.47		217.78 long
	10,000	07/14/2015	05/29/2019	99.82	998.20	998.20		1,290.33		292.13 long
	60,000	07/20/2015	05/29/2019	100.49	6,029.21	6,029.21		7,741.94		1,712.73 long
	38,000	07/20/2015	05/29/2019	100.53	3,820.04	3,820.04		4,903.22		1,083.18 long
	9,000	11/26/2014	12/17/2018	107.09	963.79	963.79		1,145.04		181.25 long
	8,000	11/26/2014	12/17/2018	107.09	856.71	856.71		1,017.81		161.10 long
	6,000	11/26/2014	12/17/2018	107.09	642.53	642.53		763.36		120.83 long
	1,000	03/27/2017	12/17/2018	125.81	125.81	125.81		127.23		1.42 long
	1,000	03/27/2017	12/17/2018	125.79	125.79	125.79		127.23		1.44 long
	3,000	03/30/2017	12/17/2018	124.48	373.43	373.43		381.68		8.25 long
	3,000	03/30/2017	12/17/2018	124.48	373.43	373.43		381.68		8.25 long
Sub Total	159,000			103.18	16,404.78	16,404.78		20,512.28		\$4,107.50
Jpmorgan Chase & Co [GIL Amount: \$685.72]										
	13,000	11/09/2016	07/02/2019	73.30	952.91	952.91		1,477.72		524.81 long
	10,000	10/17/2017	07/02/2019	97.58	975.79	975.79		1,136.70		160.91 long
Sub Total	23,000			83.86	1,928.70	1,928.70		2,614.42		\$685.72
Lowes Companies Inc [GIL Amount: \$1,044.47]										
	35,000	07/20/2015	02/11/2019	67.00	2,345.00	2,345.00		3,389.47		1,044.47 long
Sub Total	35,000			67.00	2,345.00	2,345.00		3,389.47		1,044.47 long
Marathon Oil Co [GIL Amount: \$1,026.25]										

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59-9207701

Gain & Loss: Fiscal Report: Oct, 2019

As of 14 26 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-060734-425 Select UIMA Corp AccountForm 990-PF, Part IV, Line 1
Morgan Stanley

LONG TERM GAIN/LOSS

SECURITY	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS (\$)	WASH SALE LOSS DISALLOWED (\$)	G/L AMOUNT (\$)	HOLDING PERIOD
Marsh & McLennan Cos Inc	130 000	07/20/2015	02/11/2019	23 19	3,015 27	3,015 27	-	1,988 98	-	1,026 29	long
	15 000	07/20/2015	02/11/2019	58 61	879 11	879 11	-	1,346 83	-	467 72	long
	28 000	07/20/2015	07/02/2019	58 61	1,641 00	1,641 00	-	2,846 04	-	1,205 04	long
Sub Total	43 000			58 61	2,520 11	2,520 11	-	4,192 87	-	\$1,672.76	
Mastercard Inc Cl A		07/20/2015									
	6 000	08/13/2014	02/13/2019	76 43	458 58	458 58	-	1,321 44	-	862 86	long
	5 000	08/13/2014	12/07/2018	76 43	382 15	382 15	-	979 01	-	596 86	long
Sub Total	11 000			76 43	840 73	840 73	-	2,300 45	-	\$1,459.72	
Merck & Co Inc New Com		07/20/2015									
	100 000	07/20/2015	01/17/2019	59 01	5,900 51	5,900 51	-	7,502 63	-	1,602 12	long
	21 000	07/20/2015	02/13/2019	59 01	1,239 11	1,239 11	-	1,655 89	-	416 78	long
	24 000	07/20/2015	07/02/2019	59 01	1,416 12	1,416 12	-	2,044 11	-	627 99	long
Sub Total	145 000			59 01	8,555 74	8,555 74	-	11,202 63	-	\$2,646.89	
Microsoft Corp		03/29/2017									
	21 000	03/29/2017	07/02/2019	65 24	1,369 96	1,369 96	-	2,861 96	-	1,492 00	long
	46 000	03/29/2017	12/20/2018	65 24	3,000 86	3,000 86	-	4,692 97	-	1,692 11	long
Sub Total	67 000			65 24	4,370 82	4,370 82	-	7,554 93	-	\$3,184.11	
Mondelez Intl Inc Com		07/20/2015									
	86 000	07/20/2015	02/11/2019	41 19	3,542 74	3,542 74	-	4,037 07	-	494 33	long
	63 000	07/20/2015	07/02/2019	41 19	2,595 26	2,595 26	-	3,457 55	-	862 29	long
Sub Total	149 000			41 20	6,138 00	6,138 00	-	7,494 62	-	\$1,356.62	
Occidental Petroleum Corp De		07/20/2015									
	28 000	07/20/2015	02/13/2019	69 98	1,959 36	1,959 36	-	1,838 23	-	-121 13	long
Oracle Corp		02/01/2017									
	16 000	02/01/2017	02/11/2019	39 84	637 38	637 38	-	819 83	-	182 45	long
	51 000	02/01/2017	07/02/2019	39 84	2,031 67	2,031 67	-	2,982 03	-	950 36	long
Sub Total	67 000			39 84	2,669 05	2,669 05	-	3,801 86	-	\$1,132.81	
Pfizer Inc		07/20/2015									
	58 000	07/20/2015	01/17/2019	35 24	2,043 78	2,043 78	-	2,455 85	-	412 07	long
	46 000	07/20/2015	07/02/2019	35 24	1,620 93	1,620 93	-	2,028 78	-	407 85	long
	4 000	04/27/2018	07/02/2019	37 09	148 35	148 35	-	176 42	-	28 07	long
Sub Total	108 000			35 31	3,813 06	3,813 06	-	4,661 05	-	\$847.99	
Quest Diagnostics Inc		07/20/2015									
	33 000	07/20/2015	07/02/2019	73 09	2,411 88	2,411 88	-	3,395 60	-	983 72	long
	57 000	07/20/2015	09/10/2019	73 09	4,165 97	4,165 97	-	5,956 06	-	1,790 09	long
	56 000	07/20/2015	09/11/2019	73 09	4,092 88	4,092 88	-	5,804 66	-	1,711 78	long
	50 000	07/20/2015	09/12/2019	73 09	3,654 36	3,654 36	-	5,238 76	-	1,584 40	long
Sub Total	196 000			73 09	14,325 09	14,325 09	-	20,395 08	-	\$6,069.99	
Ross Stores Inc		12/06/2017									
	31 000	12/06/2017	02/11/2019	76 97	2,385 92	2,385 92	-	2,915 71	-	529 79	long
Verizon Communications		07/20/2015									
	60 000	07/20/2015	01/17/2019	47 88	2,872 64	2,872 64	-	3,398 66	-	526 02	long

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LONG TERM GAIN/LOSS									
SECURITY	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	WASH SALE COST ADJUST (\$)	PROCEEDS (\$)	WASH SALE LOSS DISALLOWED (\$)
Visa Inc C/A	15,000	01/25/2016	02/11/2019	72.30	1,084.54	1,084.54	-	2,114.12	1,029.58 long
	22,000	01/25/2016	07/02/2019	72.30	1,590.65	1,590.65	-	3,854.80	2,264.15 long
Sub Total	37,000			72.30	2,675.19	2,675.19		5,968.92	\$3,293.73
Waste Mgmt Inc (Delta) G/L Amount: \$4,506.29									
	30,000	07/20/2015	01/17/2019	48.60	1,457.85	1,457.85	-	2,781.24	1,323.39 long
	18,000	07/20/2015	02/13/2019	48.60	874.71	874.71	-	1,773.08	898.37 long
	34,000	07/20/2015	07/02/2019	48.60	1,652.24	1,652.24	-	3,936.77	2,284.53 long
Sub Total	82,000			48.60	3,984.80	3,984.80		8,491.09	\$4,506.29
Long Term Total					321,255.99	321,255.99		\$4,681.52	\$62,597.53
Grand Total					654,515.85	654,515.85		\$786.41	\$52,768.53

The gain and loss information is provided for informational purposes only. It is not a substitute 1099 form (or any other appropriate tax form), and should not be used for tax preparation. Unrealized gain and loss values are estimates and should be independently verified. Morgan Stanley does not provide tax advice. We recommend that you contact your tax advisor to determine the appropriate use of this information. Past performance does not guarantee future returns.

Gain and loss information is calculated based upon uniform standards and does not account for each individual client's particular circumstances such as the existence of hedging transactions or constructive sales. Although we make every effort to adjust the cost basis for securities' capital changes, we do not adjust the cost basis for all events. Contact your Financial Advisor for guidance on particular questions.

For accounts with Choice Select pricing, the commissions paid on your eligible equity and option purchases and sales are applied to the Total Cost on a monthly basis.

With respect to estimated gains and losses for listed equity options, we have taken into account option premiums paid or received and, in respect to multiple purchases and/or sales, calculated cost using an average unit price for all like positions.

External Assets- Certain assets listed in this view are based upon information provided by you, your client or other external sources and are not part of accounts that you manage at Morgan Stanley. Assets not held with Morgan Stanley may not be covered by SIPC protection or by additional protection under Morgan Stanley's excess insurance coverage plans. Morgan Stanley may include information about these external assets in this view solely as a service to you, and Morgan Stanley is not responsible for the accuracy of any information provided by external sources, including but not limited to, your client or another financial institution. You are responsible for ensuring the accuracy of such information.

any financial institution that holds securities is responsible for year-end reporting (Internal Revenue Service (IRS) Form 1099) and separate periodic statements, which may vary from Morgan Stanley's information due to different tax reporting periods.

For Financial Advisors: Certain Gain/(Loss) information in this view is based upon information provided by you, your client or other external sources. Morgan Stanley is not responsible for the accuracy of any information provided by external sources, including but not limited to, your client or another financial institution. You are responsible for ensuring the accuracy of such information.

For clients wishing to make versus purchase sales that information needs to be conveyed at the time of the sale. Unless you tell us otherwise, we use first in first out (FIFO) accounting.

Morgan Stanley & Co. Custodian Type- Morgan Stanley & Co. LLC ("MS & Co.") is an affiliate of Morgan Stanley Smith Barney LLC ("Morgan Stanley Wealth Management") and both are subsidiaries of Morgan Stanley, the financial holding company. MS & Co. values shown on the 3D platform may differ from the values shown in official MS & Co. statements due to, among other things, different reporting methods, delays, market conditions and interruptions. The information shown is approximate and subject to updating, correction and other changes. Information being reported by Morgan Stanley Wealth Management on assets held by other custodians, which are related to Income, Performance, Tax Lots, Total Cost, Target Asset Allocation, Asset Classification and Gain/Loss may differ from that information provided by the custodian. In performance calculations, the inception date will align with the first date on which Morgan Stanley Wealth Management received account information from the custodian. If there are discrepancies between the official MS & Co. account statement and 3D, rely on the official MS & Co. account statement.

Previous Close- Assets held outside of Morgan Stanley Wealth Management have been included in the "Previous Close Assets" calculation for the purposes of providing an aggregated value of the client's total assets currently in view. The calculation of "Previous Close Assets" may not be priced solely as of the previous day's close, as some assets are not refreshed on a daily basis.

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59-9207701

Gain & Loss: Fiscal Report: Oct, 2019

As of 14 25 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-061092-425 Select UMA Corp Account
Prev Close Assets \$1,862,416.73 / Reserved Select

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
TREVOR EVANS
1295 STATE STREET
VEAZIE ME 04401-6905
(207) 400-0806 (B) | damian@gmail.com

Form 990-PF, Part IV, Line 1
Morgan Stanley

SHORT TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	G/L AMOUNT (\$)	HOLDING PERIOD
Alcon Inc [G/L Amount: \$0.08]	0 200	11/05/2018	04/09/2019	54.45	10.89	10.89	10.81	-0.08 cash in lieu	
Booking Holdings Inc [G/L Amount: \$318.91]	12 000	01/24/2019	03/26/2019	1,797.60	21,571.21	21,571.21	21,252.30	-318.91 short	
Bunzl Plc New [G/L Amount: \$8.26]	9 000	09/14/2018	12/03/2018	32.28	290.53	290.53	282.27	-8.26 short	
Comerica Inc [G/L Amount: \$61.61]	6 000	04/15/2019	07/19/2019	79.03	474.20	474.20	412.59	-61.61 short	
Coteclog Inc [G/L Amount: \$192.94]	80 000	04/15/2019	10/24/2019	41.05	3,283.66	3,283.66	3,231.59	-52.07 short	
	132 000	04/16/2019	10/24/2019	41.29	5,449.98	5,449.98	5,332.13	-117.85 short	
	4 000	09/25/2019	10/24/2019	46.15	184.60	184.60	161.58	-23.02 short	
Sub Total	216 000			41.29	8,918.24	8,918.24	8,725.30	-\$192.94	
E-Trade Financial Corp New Com [G/L Amount: \$2,869.18]									
	234 000	07/19/2019	10/01/2019	48.12	11,259.35	11,259.35	8,406.62	-2,852.73 short	
	2 000	09/25/2019	10/01/2019	44.15	88.30	88.30	71.85	-16.45 short	
Sub Total	236 000			48.08	11,347.65	11,347.65	8,478.47	-\$2,869.18	
Eaton Corp Plc Shs [G/L Amount: \$468.73]									
	89 000	06/06/2018	11/05/2018	78.83	7,015.65	7,015.65	6,546.92	-468.73 short	
Ebay Inc [G/L Amount: \$25.18]									
	8 000	04/15/2019	09/26/2019	36.30	290.40	290.40	312.92	22.52 short	
	10 000	09/25/2019	09/26/2019	38.85	388.50	388.50	391.16	2.66 short	
Sub Total	18 000			37.72	678.90	678.90	704.08	\$25.18	
Hang Seng Bank Ltd Spon ADR [G/L Amount: \$94.06]									
	41 000	08/11/2018	12/03/2018	25.89	1,061.64	1,061.64	967.58	-94.06 short	
Sub Total	41 000								
Hidco Bank Ltd ADR [G/L Amount: \$46.98]									
	13 000	01/17/2018	12/03/2018	103.90	1,350.65	1,350.65	1,303.67	-46.98 short	
iShares Short Treasury Bd Etf [G/L Amount: \$389.93]									
	626 000	05/23/2018	03/26/2019	110.35	69,078.97	69,078.97	69,184.62	105.65 short	
	921 000	08/16/2018	03/26/2019	110.38	101,655.38	101,655.38	101,787.59	132.21 short	
	462 000	12/03/2018	03/26/2019	110.28	50,951.62	50,951.62	51,059.58	107.96 short	
	95 000	01/09/2019	03/26/2019	110.37	10,485.15	10,485.15	10,499.26	14.11 short	
Sub Total	2,104 000			110.35	232,171.12	232,171.12	232,531.05	\$359.93	
iShares Short-Term Cor Bnd Etf [G/L Amount: \$444.18]									
	536 000	08/16/2018	03/26/2019	51.97	27,857.80	27,857.80	28,301.98	444.18 short	
iShares 2-10 Yr Treasury Bd Etf [G/L Amount: \$48.83]									
	216 000	08/16/2018	01/09/2019	102.35	22,108.14	22,108.14	22,420.50	312.36 short	
	517 000	08/16/2018	12/03/2018	102.35	52,916.24	52,916.24	52,555.05	-361.19 short	
Sub Total	733 000			102.35	75,024.38	75,024.38	74,975.55	-\$48.83	
Lowes Companies Inc [G/L Amount: \$537.92]									
	14 000	12/14/2018	04/22/2019	94.28	1,319.87	1,319.87	1,591.38	271.51 short	

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Gain & Loss: Fiscal Report: Oct, 2019

As of 14 25 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-061092-425 Select UMA Corp Account

SHORT TERM GAIN/LOSS

SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	GIL AMOUNT (\$)	HOLDING PERIOD
SubTotal	34 000	03/25/2019	04/22/2019	105.83	3,598.38	3,598.38	3,864.79	266.41	short
Nordea Bank Abp Spon Adr GIL Amount: -\$1,205.34	48 000			102.46	4,918.25	4,918.25	5,456.17	\$537.92	
SubTotal	79 000	08/30/2018	07/19/2019	10.84	856.36	856.36	539.59	-316.77	short
Procter & Gamble GIL Amount: \$913.20	221 000	08/31/2018	07/19/2019	10.85	2,398.03	2,398.03	1,509.46	-888.57	short
SubTotal	300 000				3,254.39	3,254.39	2,049.05	-\$1,205.34	
Starbucks Corp Washington GIL Amount: \$2,589.42	32 000	04/30/2018	11/12/2018	72.35	2,315.14	2,315.14	2,982.36	667.22	short
SubTotal	25 000	09/14/2018	11/12/2018	83.36	2,083.99	2,083.99	2,329.97	245.98	short
Ryohin Keikaku Co Ltd Adr GIL Amount: -\$0.83	57 000			77.18	4,399.13	4,399.13	5,312.33	\$913.20	
SubTotal	7 000	04/15/2019	04/16/2019	39.21	274.47	274.47	273.64	-0.83	short
Snap-On Inc GIL Amount: -\$174.22	6 000	01/16/2018	11/05/2018	184.13	1,104.78	1,104.78	930.56	-174.22	short
Starbucks Corp Washington GIL Amount: \$2,589.42	139 000	06/06/2018	04/17/2019	57.02	7,925.63	7,925.63	10,425.13	2,499.50	short
SubTotal	12 000	03/21/2018	12/14/2018	59.25	710.98	710.98	780.90	69.92	short
Short Term Total	151 000			57.20	8,636.61	8,636.61	11,206.03	\$2,569.42	
					410,360.49	410,360.49	409,720.35	-\$640.14	

LONG TERM GAIN/LOSS

SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	GIL AMOUNT (\$)	HOLDING PERIOD
Alibaba Group Hldg Ltd GIL Amount: -\$34.33	2 000	10/12/2017	12/03/2018	181.32	362.63	362.63	328.30	-34.33	long
Alphabet Inc CIA GIL Amount: \$284.52	1 000	10/12/2017	10/28/2019	1,010.51	1,010.51	1,010.51	1,295.03	284.52	long
Ashtead Group Plc Adr GIL Amount: \$2,013.67	41 000	11/10/2016	11/06/2018	71.81	2,944.27	2,944.27	4,027.14	1,082.87	long
SubTotal	14 000	10/12/2017	11/06/2018	100.01	1,400.14	1,400.14	1,375.12	-25.02	long
Biogen Inc Com GIL Amount: -\$5,360.97	83 000	11/10/2016	12/07/2018	71.81	5,960.36	5,960.36	6,916.18	955.82	long
SubTotal	138 000			74.67	10,304.77	10,304.77	12,318.44	\$2,013.67	
British Amer Tob Spon Adr GIL Amount: -\$5,691.35	22 000	03/09/2017	05/10/2019	293.07	6,447.50	6,447.50	4,944.68	-1,502.82	long
SubTotal	7 000	07/26/2017	05/10/2019	296.31	2,074.15	2,074.15	1,573.30	-500.85	long
Charles Schwab New GIL Amount: \$3,830.18	6 000	10/12/2017	05/10/2019	330.71	1,984.27	1,984.27	1,348.55	-635.72	long
SubTotal	12 000	01/16/2018	05/10/2019	340.23	4,082.80	4,082.80	2,697.10	-1,385.70	long
SubTotal	20 000	02/28/2018	05/10/2019	291.55	5,831.04	5,831.04	4,495.16	-1,335.88	long
British Amer Tob Spon Adr GIL Amount: -\$5,691.35	67 000			304.77	20,419.76	20,419.76	15,058.79	-\$5,360.97	
SubTotal	225 000	09/24/2015	11/20/2018	54.02	12,154.17	12,154.17	7,719.47	-4,434.70	long
Charles Schwab New GIL Amount: \$3,830.18	8 000	12/22/2016	11/20/2018	56.07	448.59	448.59	274.47	-174.12	long
SubTotal	36 000	10/12/2017	11/20/2018	64.38	2,317.64	2,317.64	1,235.11	-1,082.53	long
SubTotal	269 000			55.47	14,920.40	14,920.40	9,229.05	-\$5,691.35	

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59-9207701

Gain & Loss: Fiscal Report: Oct, 2019

As of 14 25 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-061092-425 Select UMA Corp Account

Form 990-PF, Part IV, Line 1
Morgan Stanley

LONG-TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	G/L AMOUNT (\$)	HOLDING PERIOD
	106 000	07/22/2015	02/15/2019	35 26	3,737 10	3,737 10	4,876 33	1,139 23 long	
	128 000	01/20/2016	02/15/2019	25 21	3,227 05	3,227 05	5,888 39	2,661 34 long	
	35 000	10/12/2017	02/15/2019	45 16	1,580 50	1,580 50	1,610 11	29 61 long	
Sub Total	269 000			31 76	8,544 65	8,544 65	12,374 83	\$3,830 18	
Cielo Sa Sponsored Adr New [G/L Amount: \$5,288.70]									
	539 000	02/07/2017	11/30/2018	7 35	3,961 87	3,961 87	1,245 77	-2,716 10 long	
	513 000	02/08/2017	11/30/2018	7 33	3,758 28	3,758 28	1,185 68	-2,572 60 long	
Sub Total	1,052 000			7 34	7,720 15	7,720 15	2,431 45	\$5,288 70	
Comerica Inc [G/L Amount: \$108.64]									
	67 000	12/02/2016	07/19/2019	65 43	4,384 11	4,384 11	4,607 22	223 11 long	
	21 000	12/22/2016	07/19/2019	69 04	1,449 82	1,449 82	1,444 06	-5 76 long	
	15 000	10/12/2017	07/19/2019	76 01	1,140 17	1,140 17	1,031 46	-108 71 long	
Sub Total	103 000			67 71	6,974 10	6,974 10	7,082 74	\$108 64	
Compass Group Plc Spd Adr [G/L Amount: \$24.07]									
	15 000	09/28/2016	12/03/2018	20 24	303 53	303 53	327 82	24 29 long	
	1 000	10/12/2017	12/03/2018	22 07	22 07	22 07	21 85	-22 long	
Sub Total	16 000			20 35	325 60	325 60	349 67	\$24 07	
Daiwa House Ind Ltd Adr [G/L Amount: \$85.78]									
	18 000	10/12/2017	12/03/2018	36 29	653 22	653 22	567 44	-85 78 long	
Eaton Corp Plc Shts [G/L Amount: \$3,372.50]									
	103 000	02/09/2016	07/19/2019	47 68	4,911 46	4,911 46	8,229 63	3,318 17 long	
	4 000	12/22/2016	07/19/2019	63 07	252 28	252 28	319 59	67 31 long	
	3 000	10/12/2017	07/19/2019	75 67	227 00	227 00	239 70	12 70 long	
	12 000	10/12/2017	11/05/2018	75 67	908 01	908 01	882 73	-25 28 long	
Sub Total	122 000			51 63	6,298 75	6,298 75	9,671 65	\$3,372 90	
Ebay Inc [G/L Amount: \$1,401.72]									
	126 000	10/28/2016	09/26/2019	28 97	3,650 03	3,650 03	4,928 59	1,278 56 long	
	13 000	10/12/2017	09/26/2019	38 16	496 04	496 04	508 50	12 46 long	
	106 000	01/17/2018	09/26/2019	38 07	4,035 58	4,035 58	4,146 28	110 70 long	
Sub Total	245 000			33 39	8,181 65	8,181 65	9,583 37	\$1,401 72	
Hexagon Ab Adr [G/L Amount: \$20.03]									
	20 000	10/12/2017	12/03/2018	50 39	1,007 80	1,007 80	1,027 83	20 03 long	
Invesco Fundll High Yieldcor [G/L Amount: \$841.75]									
	1,628 000	10/11/2017	03/26/2019	19 14	31,154 71	31,154 71	30,312 96	-841 75 long	
Ilevia Holdings Inc [G/L Amount: \$434.44]									
	15 000	10/12/2017	12/03/2018	98 25	1,473 68	1,473 68	1,908 12	434 44 long	
Shares Interim Term Cor Bk Etf [G/L Amount: \$1,642.14]									
	707 000	10/12/2017	01/09/2019	55 02	38,896 06	38,896 06	37,272 76	-1,623 30 long	
	1,652 000	10/11/2017	03/26/2019	55 01	90,873 96	90,873 96	90,858 98	-14 98 long	
	237 000	10/12/2017	03/26/2019	55 02	13,038 71	13,038 71	13,034 85	-3 86 long	
Sub Total	2,596 000			55 01	142,808 73	142,808 73	141,166 59	\$1,642 14	
Israel Disc Bk Ltd Adr [G/L Amount: \$201.48]									
	25 000	10/12/2017	12/03/2018	26 50	662 50	662 50	863 98	201 48 long	

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59-9207701

Gain & Loss: Fiscal Report: Oct, 2019

As of 14:25 PM EST, 11/21/2019

THE GOLDEN RULE FOUNDATION
C/O SIAN EVANS &
129-061092-425 Select UMA Corp Account

Form 990-PF, Part IV, Line 1
Morgan Stanley

LONG TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	G/L AMOUNT (\$)	HOLDING PERIOD
Julius Baer Group Ltd Un-Adr	751 000	03/13/2017	02/14/2019	9.81	7,369.41	7,369.41	5,918.10	-1,451.31 long	
	84 000	10/12/2017	02/14/2019	11.79	990.02	990.02	661.94	-328.08 long	
	46 000	10/12/2017	12/03/2018	11.79	542.16	542.16	375.63	-166.53 long	
Sub Total	881 000			10.10	8,901.59	8,901.59	6,955.67	-\$1,945.92	
Kao Corp	31 000	05/19/2017	12/03/2018	12.34	382.41	382.41	461.27	78.86 long	
Motorola Solutions Inc	13 000	10/12/2017	12/03/2018	90.13	1,171.63	1,171.63	1,735.74	564.11 long	
Nordea Bank Abn Spon-Adr	725 000	08/14/2017	07/19/2019	12.90	9,355.98	9,355.98	4,951.86	-4,404.12 long	
	108 000	10/12/2017	07/19/2019	13.57	1,465.29	1,465.29	737.65	-727.64 long	
Sub Total	833 000			12.99	10,821.27	10,821.27	5,689.51	-\$5,131.76	
Rsa Insurance Group Plc New	1 346 000	03/02/2018	09/23/2019	8.66	11,659.05	11,659.05	8,687.71	-2,971.34 long	
Ryohin Keikaku Co Ltd Adr	89 000	10/06/2015	04/16/2019	43.22	3,846.90	3,846.90	3,479.12	-367.78 long	
	116 000	07/11/2016	04/16/2019	44.66	5,180.68	5,180.68	4,534.59	-646.09 long	
	15 000	10/12/2017	04/16/2019	58.97	884.55	884.55	596.37	-288.18 long	
Sub Total	220 000			45.06	9,912.13	9,912.13	8,600.08	-\$1,312.05	
Sampo Oyj Unispon-Adr	349 000	09/30/2015	10/17/2019	24.09	8,405.73	8,405.73	6,944.50	-1,461.23 long	
	1 000	10/08/2015	10/17/2019	25.07	25.07	25.07	19.90	-5.17 long	
	47 000	10/12/2017	10/17/2019	27.07	1,272.17	1,272.17	935.22	-336.95 long	
	81 000	01/18/2018	10/17/2019	29.21	2,365.90	2,365.90	1,611.76	-754.14 long	
Sub Total	478 000			25.25	12,068.87	12,068.87	9,511.38	-\$2,557.49	
Schlumberger Ltd	57 000	07/22/2015	09/20/2019	85.76	4,888.57	4,888.57	2,131.42	-2,757.15 long	
	143 000	03/29/2016	09/20/2019	72.91	10,426.27	10,426.27	5,347.26	-5,079.01 long	
	3 000	10/12/2017	09/20/2019	67.27	201.80	201.80	112.18	-89.62 long	
	28 000	10/12/2017	09/20/2019	67.29	1,884.09	1,884.09	1,047.02	-837.07 long	
Sub Total	231 000			75.33	17,400.73	17,400.73	8,637.88	-\$8,762.85	
Shire Plc Adr	13 000	10/27/2015	12/17/2018	224.81	2,922.55	2,922.55	2,206.79	-715.76 long	
	25 000	01/12/2016	12/17/2018	176.46	4,411.41	4,411.41	4,243.83	-167.58 long	
	14 000	10/12/2017	12/17/2018	152.27	2,131.73	2,131.73	2,376.54	244.81 long	
Sub Total	52 000			182.03	9,465.69	9,465.69	8,827.16	-\$638.53	
Snap-On Inc	61 000	06/30/2016	11/05/2018	157.32	9,596.63	9,596.63	9,460.69	-135.94 long	
	2 000	10/12/2017	11/05/2018	152.04	304.08	304.08	310.19	6.11 long	
Sub Total	63 000			157.15	9,900.71	9,900.71	9,770.88	-\$129.83	
Starbucks Corp Washington	44 000	03/21/2018	04/17/2019	59.25	2,606.91	2,606.91	3,300.04	693.13 long	

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LONG TERM GAIN/LOSS									
SECURITY A	QUANTITY	DATE ACQUIRED	DATE SOLD	UNIT COST (\$)	TOTAL COST (\$)	ADJUSTED COST (\$)	PROCEEDS (\$)	GIL AMOUNT (\$)	HOLDING PERIOD
SubTotal	99,000	11/03/2017	12/14/2018	56.10	5,553.89	5,553.89	6,442.41	888.52 long	
United Technologies Corp G/L Amount: \$781.57	143,000			57.07	8,160.80	8,160.80	9,742.45	\$1,581.65	
SubTotal	64,000	04/20/2016	01/11/2019	105.88	6,776.18	6,776.18	6,965.06	188.88 long	
SubTotal	21,000	04/20/2016	11/05/2018	105.88	2,223.43	2,223.43	2,664.17	440.74 long	
SubTotal	18,000	10/12/2017	11/05/2018	118.42	2,131.62	2,131.62	2,283.57	151.95 long	
SubTotal	103,000			108.07	11,131.23	11,131.23	11,912.80	\$781.57	
Vanguard Mortgage-Backed Sec G/L Amount: \$1,759.18									
SubTotal	696,000	10/11/2017	01/09/2019	52.81	36,754.92	36,754.92	35,850.56	-904.36 long	
SubTotal	694,000	10/12/2017	01/09/2019	52.82	34,541.99	34,541.99	33,687.17	-854.82 long	
SubTotal	1,350,000			52.81	71,296.91	71,296.91	69,537.73	\$1,759.18	
Weibull Inc. G/L Amount: \$1,998.46									
SubTotal	380,000	10/11/2016	01/11/2019	16.16	6,141.63	6,141.63	4,594.41	-1,547.22 long	
SubTotal	62,000	10/11/2016	11/06/2018	16.16	1,002.06	1,002.06	850.84	-151.22 long	
SubTotal	36,000	10/12/2017	11/06/2018	22.06	794.05	794.05	494.03	-300.02 long	
SubTotal	478,000			16.61	7,937.74	7,937.74	5,939.28	\$1,998.46	
Worldpay, Inc C/A G/L Amount: \$12,842.90									
SubTotal	79,000	06/17/2016	04/12/2019	53.11	4,196.04	4,196.04	8,966.03	4,769.99 long	
SubTotal	58,000	07/29/2016	04/12/2019	55.07	3,194.11	3,194.11	6,582.65	3,388.54 long	
SubTotal	65,000	07/06/2017	04/12/2019	59.89	3,892.75	3,892.75	7,377.11	3,484.36 long	
SubTotal	24,000	10/12/2017	04/12/2019	70.60	1,694.38	1,694.38	2,723.86	1,029.48 long	
SubTotal	11,000	10/12/2017	12/03/2018	70.60	776.59	776.59	947.12	170.53 long	
SubTotal	237,000			58.03	13,753.87	13,753.87	26,596.77	\$12,842.90	
Long Term Total					466,788.24	466,788.24	448,176.55	\$18,611.69	
Grand Total					877,148.73	877,148.73	857,896.90	\$19,251.83	

The gain and loss information is provided for informational purposes only, is not a substitute 1099 form (or any other appropriate tax form), and should not be used for tax preparation. Unrealized gain and loss values are estimates and should be independently verified. Morgan Stanley does not provide tax advice. We recommend that you contact your tax advisor to determine the appropriate use of this information. Past performance does not guarantee future returns. Gain and loss information is calculated based upon uniform standards and does not account for each individual client's particular circumstances such as the existence of hedging transactions or constructive sales. Although we make every effort to adjust the cost basis for securities' capital changes, we do not adjust the cost basis for all events. Contact your Financial Advisor for guidance on particular questions.

For accounts with Choice Select pricing, the commissions paid on your eligible equity and option purchases and sales are applied to the Total Cost on a monthly basis. With respect to estimated gains and losses for listed equity options, we have taken into account option premiums paid or received and, in respect to multiple purchases and/or sales, calculated cost using an average unit price for all like positions. External Assets: Certain assets listed in this view are based upon information provided by you, your client or other external sources and are not part of accounts that you manage at Morgan Stanley. Assets not held with Morgan Stanley may not be covered by SIPC protection or by additional protection under Morgan Stanley's excess insurance coverage plans. Morgan Stanley may include information about these external assets in this view solely as a service to you, and Morgan Stanley is not responsible for the accuracy of any information provided by external sources, including but not limited to, your client or another financial institution. You are responsible for ensuring the accuracy of such information. Generally, any financial institution that holds securities is responsible for year-end reporting (Internal Revenue Service (IRS) Form 1099) and separate periodic statements, which may vary from Morgan Stanley's information due to different tax reporting periods.

For Financial Advisors: Certain Gain/(Loss) information in this view is based upon information provided by you, your client or other external sources. Morgan Stanley is not responsible for the accuracy of any information provided by external sources, including but not limited to, you, your client or another financial institution. You are responsible for ensuring the accuracy of such information.

For clients wishing to make versus purchase sales that information needs to be conveyed at the time of the sale. Unless you tell us otherwise, we use first in first out (FIFO) accounting. Morgan Stanley & Co. Custodian Type: Morgan Stanley & Co. LLC ("MS & Co.") is an affiliate of Morgan Stanley Wealth Management ("MSWM") and both are subsidiaries of Morgan Stanley, the financial holding company. MS & Co. values shown on the 3D platform may differ from the values shown in official MS & Co. statements due to, among other things, different reponing methods, delays, market conditions and interruptions. The information shown is approximate and subject to updating, correction and other changes. Information being reported by Morgan Stanley Wealth Management on assets held by other custodians, which are related to Income, Performance, Tax Lots, Total Cost, Target Asset Allocation, Asset Classification and Gain/Loss may differ from that information provided by the custodian. In performance calculations, the inception date will align with the first date on which Morgan Stanley Wealth Management received account information from the custodian. If there are discrepancies between the official MS & Co. account statement and 3D, rely on the official MS & Co. account statement.

Previous Close: Assets held outside of Morgan Stanley Wealth Management have been included in the "Previous Close Assets" calculation for the purposes of providing an aggregated value of the client's total assets currently in view. The

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Golden Rule Foundation
59-9207701

Name	Book Value 10/31/2018	Change	Book Value 10/31/2019
Common Stock			
Accenture PLC	0 00	11,113 61	11,113 61
Abbott Laboratories	13,453 13	(4,211 62)	9,241 51
Accenture PLC	13,404 16	(8,686 62)	4,717 54
Accenture PLC	15,058 02	0 00	15,058 02
Adobe Inc	0 00	8,302.31	8,302 31
AIA Group LTD	10,977 56	229 54	11,207 10
Alcon Inc	0 00	6,515 55	6,515 55
Alibaba Group	7,372 46	(362 63)	7,009 83
Allstate	12,957 01	(1,485 77)	11,471 24
Alphabet Cl A	17,566 40	(1,010.51)	16,555 89
Alphabet Cl C	11,063 32	(990.08)	10,073.24
Amer Intl Gp Inc	14,211 69	1,521 98	15,733 67
Anheuser Busch	14,688 62	5,181 64	19,870 26
Aon Plc Shs	11,429 01	388 22	11,817 23
Archer Daniels	19,264 09	0 00	19,264 09
Ashtead Group	10,304 77	(10,304.77)	0 00
Assa Abloy	9,260 22	0 00	9,260 22
AT&T Inc	20,875 56	(3,204 83)	17,670 73
Bank of NY Mellon	14,700 65	0.00	14,700 65
BB&T	15,870 11	(1,033 21)	14,836.90
Berkshire Hathaway	14,319 06	(1,679 65)	12,639 41
Biogen Inc Com	20,419 76	(20,419 76)	0.00
Boston Scientific	0 00	15,393 84	15,393 84
British Amer Tob	14,920 40	(14,920 40)	0.00
Broadcom Inc	0 00	17,365 13	17,365.13
Bunzl Plc New	13,208 16	(82 45)	13,125 71
CA Inc	13,580 74	(13,580 74)	0 00
Cae Inc	8,205 71	1,825 72	10,031.43
Canadian Natural Res	11,080 09	3,297 40	14,377 49
Cardinal Health Inc	29,736.01	(4,505 51)	25,230 50
Charles Schwab	8,007 60	(8,007 60)	0 00
Cheese Cake Factory	0 00	7,065 32	7,065 32
Cigna Corp	0 00	18,038 22	18,038 22
Cisco	12,155 12	6,505 32	18,660 44
Cisco	7,233 90	98 66	7,332 56
Clorox	0 00	7,177.77	7,177.77
Coca Cola	22,359 43	0 00	22,359 43
Coca Cola Europeam	10,363 50	0 00	10,363 50
Comerica	6,974 10	(6,974 10)	0 00
Compass Group	13,090.11	(325 60)	12,764 51
Conagra Brands Inc	0 00	17,771 17	17,771 17
Conocophillips	14,339 23	0.00	14,339.23
Costco Wholesale	7,505 86	926 94	8,432 80
CVS Health Corp Com	25,604.13	(1,436 92)	24,167 21
Daiwa House	11,484 50	(452 61)	11,031 89
Diageo PLC	16,162 73	6,273 57	22,436 30
Dollar General	0.00	11,133.13	11,133 13
Dollar Tree	16,651.17	(3,291 47)	13,359 70
Dupont	14,128.48	5,140.84	19,269 32
Eaton Corp	13,753 96	(13,753 96)	0 00
Ebay Inc	8,181 65	(8,181.65)	0 00
Edison International	17,956 54	(2,611 36)	15,345 18
Equity Residential	20,601 20	(5,466.14)	15,135.06
Envist Holdings Corp	0 00	11,164 98	11,164 98
epiroc Aktiebolag ADR	0 00	11,064 04	11,064.04
Express Scripts Hldg	20,374 56	(20,374.56)	0 00
Freeport-McMoran	0 00	7,586 99	7,586 99
General Dynamics	0 00	7,296.49	7,296 49
Graco Inc	7,910 48	0 00	7,910 48
Halliburton Co	16,510 10	5,244.27	21,754 37
Hang Seng Bank	17,254 34	(1,061 64)	16,192 70
HDFC Bank Ltd	12,004 07	(1,350 65)	10,653 42

Golden Rule Foundation
59-9207701

Name	Book Value 10/31/2018	Change	Book Value 10/31/2019
Hexagon Ab Adr	11,017 10	(1,007 80)	10,009 30
Home Depot	16,583 61	(8,463 61)	8,120 00
Honeywell	14,610 38	14.25	14,624 63
Hubbell Inc	7,777 37	(7,777 37)	0 00
Intercontinental Exchange	14,296 98	744.66	15,041 64
Intel Corp	15,355 25	(2,921 77)	12,433 48
Intuitive Surgical Inc	6,726 30	7,631 62	14,357 92
Iqvia Holdings	13,855.49	(1,473.68)	12,381.81
Israel Disc	9,001.12	93 60	9,094 72
Johnson & Johnson	24,018.18	6,031.65	30,049 83
Johnson & Johnson	33,156.90	(19,612 78)	13,544 12
JPMorgan Chase	11,164 64	(1,928 70)	9,235 94
Kao Corp Spons	10,708 89	(382 41)	10,326 48
Kimberly Clark Corp	0 00	14,953 17	14,953 17
Lowe's Companies	14,891 25	(2,429.25)	12,462 00
Lowe's Companies	0 00	13,659 43	13,659 43
Marathon Oil Co	24,819 65	(3,015 27)	21,804 38
Marsh & McLennan Cos	13,670 00	(3,589 54)	10,080 46
Mastercard Inc	3,439 33	(840 73)	2,598 60
McDonald's Corp	0 00	20,183.28	20,183 28
Merck	19,116 05	(8,555 74)	10,560.31
Microsoft	11,105.51	(7,647.99)	3,457.52
Microsoft	13,082 99	415 85	13,498 84
Mondelez Intl Inc	19,244.60	(6,138.00)	13,106.60
Motorola	10,398 05	4,239.09	14,637 14
Nordea Nk Sweden	14,075 66	(14,075 66)	0 00
Northrop Grumman	12,894 68	4,134.98	17,029 66
Novartis Ag Adr	0 00	17,880 10	17,880 10
NXP Semiconductors	0 00	11,000 25	11,000 25
Occidental Petroleum	20,442 19	(1,959 36)	18,482 83
Oracle	16,549.44	(4,638 33)	11,911 11
Oversea-Chinese Bkg Corp	16,758 12	878.38	17,636 50
Palo Alto Networks	0.00	10,959 47	10,959 47
Pfizer	17,661 44	(3,813 06)	13,848.38
Procter & Gamble	18,506.99	(3,783 73)	14,723 26
Prudential PLC	16,777.90	856 06	17,633 96
PTC Inc Com	0 00	17,913 92	17,913 92
Quest Diagnostics	14,325 09	(14,325 09)	0.00
Raytheon Co	9,181 43	9,677.58	18,859 01
Relx NV Sponsored	15,199 76	700 83	15,900 59
Rockwell Automation	8,622 58	6,430 46	15,053 04
Ross Stores Inc	14,832.53	(2,385 92)	12,446 61
RSA Insurance Group	11,659 05	(11,659 05)	0 00
Ryohin Keikau	9,912 13	(9,912 13)	0 00
S&P Global Inc	9,329 48	253 67	9,583 15
Sampo Oyj	12,068 87	(12,068 87)	0 00
Sanlam Ltd	12,635.35	0 00	12,635 35
Schlumberger	17,400 73	(17,400 73)	0.00
Shire PLC	9,465.69	(9,465 69)	0 00
Snap-On	11,005 49	(11,005 49)	0 00
Starbucks	16,797 41	(16,797.41)	0 00
Stryker Corp	8,190 84	3,534 82	11,725 66
Symrise	9,313 04	0.00	9,313.04
Sysco Corp	0 00	7,820 07	7,820 07
Taiwan Semi	6,950 32	0 00	6,950 32
Tencent Hldgs	8,633 80	(8,633 80)	0 00
Technopro Holdings Inc	0 00	10,761.88	10,761.88
Tencent Holdings Inc	0 00	14,687 29	14,687 29
Texas Instruments	0 00	15,066 36	15,066 36
Thermo Fisher Scientific	16,140 48	565.94	16,706 42
Toronto Dom Bk New	15,449.85	286.48	15,736.33
Ubisoft	10,950 52	500.78	11,451.30
Unilever	19,056 44	6,552 54	25,608.98

Golden Rule Foundation
59-9207701

Name	Book Value 10/31/2018	Change	Book Value 10/31/2019
United Technologies	11,131.23	(11,131.23)	0.00
Verizon Communications	18,613.13	10,495.23	29,108.36
Visa Inc	12,437.58	0.00	12,437.58
Visa Inc	7,752.36	(2,675.19)	5,077.17
Walgreens	0.00	16,198.44	16,198.44
Walt Disney	0.00	7,598.49	7,598.49
Waste Mgmt Inc	11,274.06	(3,984.80)	7,289.26
Weir Group PLC	7,346.38	417.23	7,763.61
Welbilt Inc	7,937.74	(7,937.74)	0.00
Wolters Kluwer	14,803.26	70.47	14,873.73
Worldpay Inc	13,753.87	(13,753.87)	0.00
Yamaha	9,550.52	5,876.04	15,426.56
Zoetis Inc	10,702.39	0.00	10,702.39
Total Common Stock	1,522,662.93	25,748.41	1,548,411.34
Exchange-Traded Funds			
Invesco Fundtl High	67,439.46	(30,811.87)	36,627.59
Ishares 20+ Yr Treasury	0.00	32,553.06	32,553.06
Ishares 3-7 Yr Treasury	173,180.43	(173,180.43)	0.00
Ishares 7-10 Yr Treasury	0.00	173,630.98	173,630.98
Ishares Barclay 1-3Yr	77,895.85	(77,895.85)	0.00
Ishares Barclay 1-3Yr	0.00	354,658.19	354,658.19
Ishares Core S&P 500	0.00	35,948.13	35,948.13
Ishares Core US Aggreg	16,012.98	12,235.20	28,248.18
Ishares Gold Trust	0.00	18,178.86	18,178.86
Ishares Interm Credit	142,808.73	(142,808.73)	0.00
Ishares Short Treasury	124,854.00	(24,031.71)	100,822.29
Ishares Short Treasury	170,734.35	(170,734.35)	0.00
Ishares Short-Term Bond	69,332.65	69,967.76	139,300.41
Ishares Tips Bond Etf	38,257.66	(3,212.16)	35,045.50
Ishares US Treasury	152,384.96	(14,134.83)	138,250.13
Vanguard Mortgage	71,296.91	(71,296.91)	0.00
Vanguard Real Estate	0.00	14,030.39	14,030.39
Total Ex-Traded Funds	1,104,197.98	3,095.73	1,107,293.71
Grand Total	2,626,860.91	28,844.14	2,655,705.05