Click on the question-mark icons to display help windows.
The information provided will enable you to file a more complete return and reduce the chances the IRS has to contact you.

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Form 990-EZ

Short Form
Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

▶ Do not enter social security numbers on this form as it may be made public.

▶ Go to *www.irs.gov/Form990EZ* for instructions and the latest information.

OMB No. 1545-1150

2018

Open to Public Inspection

Department of the Treasury
Internal Revenue Service

A For the 2018 calendar year, or tax year beginning JANUARY 1 , 2018, and ending DECEMBER 31 , 20 18

B Check if applicable
- ☐ Address change
- ☐ Name change
- ☐ Initial return
- ☐ Final return/terminated
- ☐ Amended return
- ☐ Application pending

C Name of organization
Conscious Connections Foundation

Number and street (or P.O. box, if mail is not delivered to street address) | Room/suite
PO BOX 342

City or town, state or province, country, and ZIP or foreign postal code
SPOKANE, WA 99210-0342 03

D Employer identification number
47-160219 0

E Telephone number
509-499-3320

F Group Exemption Number ▶

G Accounting Method: ☐ Cash ☑ Accrual ☐ Other (specify) ▶

I Website: ▶ www.consciousconnectionsfoundation.org

J Tax-exempt status (check only one) – ☑ 501(c)(3) ☐ 501(c) ( ) ◀ (insert no.) ☐ 4947(a)(1) or ☐ 527

H Check ▶ ☐ if the organization is not required to attach Schedule B (Form 990, 990-EZ, or 990-PF).

K Form of organization: ☑ Corporation ☐ Trust ☐ Association ☐ Other

L Add lines 5b, 6c, and 7b to line 9 to determine gross receipts. If gross receipts are $200,000 or more, or if total assets (Part II, column (B)) are $500,000 or more, file Form 990 instead of Form 990-EZ . . . . . ▶ $ 85,051.00

Part I **Revenue, Expenses, and Changes in Net Assets or Fund Balances** (see the instructions for Part I)

Check if the organization used Schedule O to respond to any question in this Part I . . . . . ☑

Revenue	1	Contributions, gifts, grants, and similar amounts received		1	85,032.00
	2	Program service revenue including government fees and contracts		2	0
	3	Membership dues and assessments		3	0
	4	Investment income		4	19.00
	5a	Gross amount from sale of assets other than inventory	5a 0		
	b	Less: cost or other basis and sales expenses	5b 0		
	c	Gain or (loss) from sale of assets other than inventory (Subtract line 5b from line 5a)		5c	0
	6	Gaming and fundraising events:			
	a	Gross income from gaming (attach Schedule G if greater than $15,000)	6a 0		
	b	Gross income from fundraising events (not including $ _____ of contributions from fundraising events reported on line 1) (attach Schedule G if the sum of such gross income and contributions exceeds $15,000)	6b 0		
	c	Less: direct expenses from gaming and fundraising events	6c 0		
	d	Net income or (loss) from gaming and fundraising events (add lines 6a and 6b and subtract line 6c)		6d	0
	7a	Gross sales of inventory, less returns and allowances	7a 0		
	b	Less: cost of goods sold	7b 0		
	c	Gross profit or (loss) from sales of inventory (Subtract line 7b from line 7a)		7c	0
	8	Other revenue (describe in Schedule O)		8	0
	9	**Total revenue.** Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8 ▶		9	85,051.00
Expenses	10	Grants and similar amounts paid (list in Schedule O)		10	66,277.00
	11	Benefits paid to or for members		11	0
	12	Salaries, other compensation, and employee benefits		12	0
	13	Professional fees and other payments to independent contractors		13	200.00
	14	Occupancy, rent, utilities, and maintenance		14	0
	15	Printing, publications, postage, and shipping		15	59.00
	16	Other expenses (describe in Schedule O)		16	1,367.00
	17	**Total expenses.** Add lines 10 through 16 ▶		17	67,903.00
Net Assets	18	Excess or (deficit) for the year (Subtract line 17 from line 9)		18	17,148.00
	19	Net assets or fund balances at beginning of year (from line 27, column (A)) (must agree with end-of-year figure reported on prior year's return)		19	128,194.00
	20	Other changes in net assets or fund balances (explain in Schedule O)		20	0
	21	Net assets or fund balances at end of year. Combine lines 18 through 20 ▶		21	145,342.00

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Part II Balance Sheets (see the instructions for Part II)

Check if the organization used Schedule O to respond to any question in this Part II . . . . . ☑

		(A) Beginning of year		(B) End of year
22	Cash, savings, and investments	128,194.00	22	145,342.00
23	Land and buildings	0	23	0
24	Other assets (describe in Schedule O)	0	24	0
25	**Total assets**	128,194.00	25	145,342.00
26	**Total liabilities** (describe in Schedule O)	0	26	0
27	**Net assets or fund balances** (line 27 of column (B) **must** agree with line 21)	128,194.00	27	145,342.00

Part III Statement of Program Service Accomplishments (see the instructions for Part III)

Check if the organization used Schedule O to respond to any question in this Part III . . ☑

What is the organization's primary exempt purpose? **See Schedule O**

Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. In a clear and concise manner, describe the services provided, the number of persons benefited, and other relevant information for each program title.

Expenses (Required for section 501(c)(3) and 501(c)(4) organizations; optional for others.)

28 **Keeping Girls in School-Power of 5 educational stipends (grades K-10), College Scholarships (grades 11-12) mentoring & program assistant (see Schedule O)**

(Grants $ 29,000.00) If this amount includes foreign grants, check here . . . . ▶ ☑ 28a 29,000.00

29 **Earthquake Relief- Earthquake resilient weaving workshop built for artisan weavers who lost their homes, looms and livelihoods (see Schedule O)**

(Grants $ 15,500) If this amount includes foreign grants, check here . . . . ▶ ☑ 29a 15,500.00

30 **Menstrual Hygiene Education and Reusable Sanitary pad kit production for girls and women in urban and rural Nepal (see Schedule O)**

(Grants $ 13,032.00) If this amount includes foreign grants, check here . . . . ▶ ☑ 30a 13,032.00

31 Other program services (describe in Schedule O) . . . . . .

(Grants $ 8745.00) If this amount includes foreign grants, check here . . . . ▶ ☑ 31a 8,745.00

32 **Total program service expenses** (add lines 28a through 31a) . . . . . ▶ 32 66,277.00

Part IV List of Officers, Directors, Trustees, and Key Employees (list each one even if not compensated—see the instructions for Part IV)

Check if the organization used Schedule O to respond to any question in this Part IV . . . . . ☐

(a) Name and title	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC) (if not paid, enter -0-)	(d) Health benefits, contributions to employee benefit plans, and deferred compensation	(e) Estimated amount of other compensation
Denise Attwood **Chair/President**	5	0	0	0
Cameron Conner **Co-Vice Chair/Vice President**	1	0	0	0
Austin Zimmerman **Secretary**	3	0	0	0
Saskia Peck **Treasurer**	1	0	0	0
James Conner **Co-Vice Chair/Vice President**	1	0	0	0
Martha Newell **Board Member**	1	0	0	0
Kimberly Maynard **Board Member**	1	0	0	0
Colleen Cahill **Board Member/web designer**	2	0	0	0

BOA

Part V **Other Information** (Note the Schedule A and personal benefit contract statement requirements in the instructions for Part V.) Check if the organization used Schedule O to respond to any question in this Part V . ☐

			Yes	No
33	Did the organization engage in any significant activity not previously reported to the IRS? If "Yes," provide a detailed description of each activity in Schedule O	33		✔
34	Were any significant changes made to the organizing or governing documents? If "Yes," attach a conformed copy of the amended documents if they reflect a change to the organization's name. Otherwise, explain the change on Schedule O. See instructions	34		✔
35a	Did the organization have unrelated business gross income of $1,000 or more during the year from business activities (such as those reported on lines 2, 6a, and 7a, among others)?	35a		✔
b	If "Yes" to line 35a, has the organization filed a Form 990-T for the year? If "No," provide an explanation in Schedule O	35b		
c	Was the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization subject to section 6033(e) notice, reporting, and proxy tax requirements during the year? If "Yes," complete Schedule C, Part III	35c		✔
36	Did the organization undergo a liquidation, dissolution, termination, or significant disposition of net assets during the year? If "Yes," complete applicable parts of Schedule N	36		✔
37a	Enter amount of political expenditures, direct or indirect, as described in the instructions ▶ 37a 0			
b	Did the organization file **Form 1120-POL** for this year?	37b		✔
38a	Did the organization borrow from, or make any loans to, any officer, director, trustee, or key employee or were any such loans made in a prior year and still outstanding at the end of the tax year covered by this return?	38a		✔
b	If "Yes," complete Schedule L, Part II and enter the total amount involved 38b			
39	Section 501(c)(7) organizations. Enter:			
a	Initiation fees and capital contributions included on line 9 39a			
b	Gross receipts, included on line 9, for public use of club facilities 39b			
40a	Section 501(c)(3) organizations. Enter amount of tax imposed on the organization during the year under: section 4911 ▶ 0 ; section 4912 ▶ 0 ; section 4955 ▶ 0			
b	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in any section 4958 excess benefit transaction during the year, or did it engage in an excess benefit transaction in a prior year that has not been reported on any of its prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	40b		✔
c	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax imposed on organization managers or disqualified persons during the year under sections 4912, 4955, and 4958 ▶ 0			
d	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax on line 40c reimbursed by the organization ▶ 0			
e	All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter transaction? If "Yes," complete Form 8886-T	40e		✔
41	List the states with which a copy of this return is filed ▶ **Washington**			
42a	The organization's books are in care of ▶ **Denise Attwood** Telephone no. ▶ **509-499-3320** Located at ▶ **13212 South Austin Road, Spokane, WA** ZIP + 4 ▶ **99224-8257**			
b	At any time during the calendar year, did the organization have an interest in or a signature or other authority over a financial account in a foreign country (such as a bank account, securities account, or other financial account)? If "Yes," enter the name of the foreign country ▶ See the instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).	42b		✔
c	At any time during the calendar year, did the organization maintain an office outside the United States? If "Yes," enter the name of the foreign country ▶	42c		✔
43	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-EZ in lieu of **Form 1041**—Check here ▶ ☐ and enter the amount of tax-exempt interest received or accrued during the tax year ▶ 43			
			Yes	No
44a	Did the organization maintain any donor advised funds during the year? If "Yes," Form 990 must be completed instead of Form 990-EZ	44a		✔
b	Did the organization operate one or more hospital facilities during the year? If "Yes," Form 990 must be completed instead of Form 990-EZ	44b		✔
c	Did the organization receive any payments for indoor tanning services during the year?	44c		✔
d	If "Yes" to line 44c, has the organization filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O	44d		
45a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	45a		✔
b	Did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," Form 990 and Schedule R may need to be completed instead of Form 990-EZ. See instructions	45b		✔

		Yes	No
46	Did the organization engage, directly or indirectly, in political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	46	✔

Part VI **Section 501(c)(3) Organizations Only**

All section 501(c)(3) organizations must answer questions 47–49b and 52, and complete the tables for lines 50 and 51.

Check if the organization used Schedule O to respond to any question in this Part VI . . . . . ☐

			Yes	No
47	Did the organization engage in lobbying activities or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II	47		✔
48	Is the organization a school as described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	48		✔
49a	Did the organization make any transfers to an exempt non-charitable related organization?	49a		✔
b	If "Yes," was the related organization a section 527 organization?	49b		

50 Complete this table for the organization's five highest compensated employees (other than officers, directors, trustees, and key employees) who each received more than $100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and title of each employee	(b) Average hours per week devoted to position	(c) Reportable compensation (Forms W-2/1099-MISC)	(d) Health benefits, contributions to employee benefit plans, and deferred compensation	(e) Estimated amount of other compensation
none	none			

f Total number of other employees paid over $100,000 . . . . ▶ none

51 Complete this table for the organization's five highest compensated independent contractors who each received more than $100,000 of compensation from the organization. If there is none, enter "None."

(a) Name and business address of each independent contractor	(b) Type of service	(c) Compensation
none	none	

d Total number of other independent contractors each receiving over $100,000 . . ▶ none

52 Did the organization complete Schedule A? **Note:** All section 501(c)(3) organizations must attach a completed Schedule A . . . . . ▶ ☑ Yes ☐ No

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here

Denise Attwood — Signature of officer — Date: 5/13/2019

Denise Attwood Chair/President — Type or print name and title

Paid Preparer Use Only

Print/Type preparer's name	Preparer's signature	Date	Check ☐ if self-employed	PTIN

Firm's name ▶ | Firm's EIN ▶

Firm's address ▶ | Phone no.

May the IRS discuss this return with the preparer shown above? See instructions . . . . . ▶ ☐ Yes ☐ No

SCHEDULE A (Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ Attach to Form 990 or Form 990-EZ.

▶ Go to *www.irs.gov/Form990* for instructions and the latest information.

OMB No. 1545-0047

2018

Open to Public Inspection

Name of the organization	Employer identification number
Conscious Connections Foundation	47-1602190

Part I Reason for Public Charity Status (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

07

1 ☐ A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**

2 ☐ A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E (Form 990 or 990-EZ).)

3 ☐ A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**

4 ☐ A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state:

5 ☐ An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II.)

6 ☐ A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**

7 ☑ An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II.)

8 ☐ A community trust described in **section 170(b)(1)(A)(vi).** (Complete Part II.)

9 ☐ An agricultural research organization described in **section 170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university:

10 ☐ An organization that normally receives: (1) more than 33⅓% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33⅓% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2).** (Complete Part III.)

11 ☐ An organization organized and operated exclusively to test for public safety. See **section 509(a)(4).**

12 ☐ An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2).** See **section 509(a)(3).** Check the box in lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.

a ☐ **Type I.** A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**

b ☐ **Type II.** A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**

c ☐ **Type III functionally integrated.** A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**

d ☐ **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**

e ☐ Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.

f Enter the number of supported organizations . . . . . ☐

g Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1–10 above (see instructions))	(iv) Is the organization listed in your governing document? Yes	(iv) No	(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
(A)						
(B)						
(C)						
(D)						
(E)						
Total						

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Calendar year (or fiscal year beginning in) ▶	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.") . . .	46,632.00	41,570.00	39,448.00	54,864.00	85,031.00	267,545.00
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf . . .	0	0	0	0	0	0
3 The value of services or facilities furnished by a governmental unit to the organization without charge	0	0	0	0	0	0
4 **Total.** Add lines 1 through 3	46,632.00	41,570.00	39,449.00	54,864.00	85,031.00	267,545.00
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6 **Public support.** Subtract line 5 from line 4						267,545.00

Section B. Total Support

Calendar year (or fiscal year beginning in) ▶	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
7 Amounts from line 4	46,632.00	41,570.00	39,449.00	54,864.00	85,031.00	267,545.00
8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	.24	0	0	.04	2.76	3.00
9 Net income from unrelated business activities, whether or not the business is regularly carried on			255.00	55.00	16.55	327.00
10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)		172,422.00	17,233.00	55.00	0	189,655.00
11 **Total support.** Add lines 7 through 10						457,530.00
12 Gross receipts from related activities, etc. (see instructions)					12	457,530.00

13 **First five years.** If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here** . . . . . ▶ ☑

Section C. Computation of Public Support Percentage

14 Public support percentage for 2018 (line 6, column (f) divided by line 11, column (f)) . . . . 14 %

15 Public support percentage from 2017 Schedule A, Part II, line 14 . . . . . 15 %

16a **33⅓% support test—2018.** If the organization did not check the box on line 13, and line 14 is 33⅓% or more, check this box and **stop here.** The organization qualifies as a publicly supported organization . . . . . ▶ ☐

b **33⅓% support test—2017.** If the organization did not check a box on line 13 or 16a, and line 15 is 33⅓% or more, check this box and **stop here.** The organization qualifies as a publicly supported organization . . . . . ▶ ☐

17a **10%-facts-and-circumstances test—2018.** If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here.** Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization . . . . . ▶ ☐

b **10%-facts-and-circumstances test—2017.** If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here.** Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization . . . . . ▶ ☐

18 **Private foundation.** If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions . . . . . ▶ ☐

Part III Support Schedule for Organizations Described in Section 509(a)(2)
(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Calendar year (or fiscal year beginning in) ▶	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 The value of services or facilities furnished by a governmental unit to the organization without charge						
6 **Total.** Add lines 1 through 5						
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of $5,000 or 1% of the amount on line 13 for the year						
c Add lines 7a and 7b						
8 **Public support.** (Subtract line 7c from line 6.)						

Section B. Total Support

Calendar year (or fiscal year beginning in) ▶	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
9 Amounts from line 6						
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources						
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
c Add lines 10a and 10b						
11 Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						
12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
13 **Total support.** (Add lines 9, 10c, 11, and 12.)						

14 **First five years.** If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here** ▶ ☐

Section C. Computation of Public Support Percentage

15	Public support percentage for 2018 (line 8, column (f), divided by line 13, column (f))	15	%
16	Public support percentage from 2017 Schedule A, Part III, line 15	16	%

Section D. Computation of Investment Income Percentage

17	Investment income percentage for **2018** (line 10c, column (f), divided by line 13, column (f))	17	%
18	Investment income percentage from **2017** Schedule A, Part III, line 17	18	%

19a **33⅓% support tests—2018.** If the organization did not check the box on line 14, and line 15 is more than 33⅓%, and line 17 is not more than 33⅓%, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶ ☐

b **33⅓% support tests—2017.** If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33⅓%, and line 18 is not more than 33⅓%, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶ ☐

20 **Private foundation.** If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions ▶ ☐

Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked 12a of Part I, complete Sections A and B. If you checked 12b of Part I, complete Sections A and C. If you checked 12c of Part I, complete Sections A, D, and E. If you checked 12d of Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

			Yes	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents? *If "No," describe in* ***Part VI*** *how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.*	1		
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? *If "Yes," explain in* ***Part VI*** *how the organization determined that the supported organization was described in section 509(a)(1) or (2).*	2		
3a	Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? *If "Yes," answer (b) and (c) below.*	3a		
b	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? *If "Yes," describe in* ***Part VI*** *when and how the organization made the determination.*	3b		
c	Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? *If "Yes," explain in* ***Part VI*** *what controls the organization put in place to ensure such use.*	3c		
4a	Was any supported organization not organized in the United States ("foreign supported organization")? *If "Yes," and if you checked 12a or 12b in Part I, answer (b) and (c) below.*	4a		
b	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? *If "Yes," describe in* ***Part VI*** *how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.*	4b		
c	Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? *If "Yes," explain in* ***Part VI*** *what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.*	4c		
5a	Did the organization add, substitute, or remove any supported organizations during the tax year? *If "Yes," answer (b) and (c) below (if applicable). Also, provide detail in* ***Part VI****, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).*	5a		
b	**Type I or Type II only.** Was any added or substituted supported organization part of a class already designated in the organization's organizing document?	5b		
c	**Substitutions only.** Was the substitution the result of an event beyond the organization's control?	5c		
6	Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? *If "Yes," provide detail in* ***Part VI.***	6		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? *If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).*	7		
8	Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? *If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).*	8		
9a	Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? *If "Yes," provide detail in* ***Part VI.***	9a		
b	Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? *If "Yes," provide detail in* ***Part VI.***	9b		
c	Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? *If "Yes," provide detail in* ***Part VI.***	9c		
10a	Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? *If "Yes," answer 10b below.*	10a		
b	Did the organization have any excess business holdings in the tax year? *(Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)*	10b		

Part IV Supporting Organizations *(continued)*

			Yes	No
11	Has the organization accepted a gift or contribution from any of the following persons?			
a	A person who directly or indirectly controls, either alone or together with persons described in (b) and (c) below, the governing body of a supported organization?	11a		
b	A family member of a person described in (a) above?	11b		
c	A 35% controlled entity of a person described in (a) or (b) above? *If "Yes" to a, b, or c, provide detail in* ***Part VI.***	11c		

Section B. Type I Supporting Organizations

			Yes	No
1	Did the directors, trustees, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's directors or trustees at all times during the tax year? *If "No," describe in* ***Part VI*** *how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove directors or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.*	1		
2	Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? *If "Yes," explain in* ***Part VI*** *how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.*	2		

Section C. Type II Supporting Organizations

			Yes	No
1	Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? *If "No," describe in* ***Part VI*** *how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).*	1		

Section D. All Type III Supporting Organizations

			Yes	No
1	Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?	1		
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? *If "No," explain in* ***Part VI*** *how the organization maintained a close and continuous working relationship with the supported organization(s).*	2		
3	By reason of the relationship described in (2), did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? *If "Yes," describe in* ***Part VI*** *the role the organization's supported organizations played in this regard.*	3		

Section E. Type III Functionally Integrated Supporting Organizations

1 *Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (****see instructions****).*

a ☐ The organization satisfied the Activities Test. *Complete* ***line 2*** *below.*

b ☐ The organization is the parent of each of its supported organizations. *Complete* ***line 3*** *below.*

c ☐ The organization supported a governmental entity. *Describe in* ***Part VI*** *how you supported a government entity (see instructions).*

			Yes	No
2	Activities Test. ***Answer (a) and (b) below.***			
a	Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? *If "Yes," then in* ***Part VI identify those supported organizations and explain*** *how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.*	2a		
b	Did the activities described in (a) constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? *If "Yes," explain in* ***Part VI*** *the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.*	2b		
3	Parent of Supported Organizations. ***Answer (a) and (b) below.***			
a	Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? *Provide details in* ***Part VI.***	3a		
b	Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? *If "Yes," describe in* ***Part VI*** *the role played by the organization in this regard.*	3b		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations

1 ☐ Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). **See instructions.** All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

Section A—Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1 Net short-term capital gain	1		
2 Recoveries of prior-year distributions	2		
3 Other gross income (see instructions)	3		
4 Add lines 1 through 3.	4		
5 Depreciation and depletion	5		
6 Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6		
7 Other expenses (see instructions)	7		
8 **Adjusted Net Income** (subtract lines 5, 6, and 7 from line 4)	8		

Section B—Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1 Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):			
a Average monthly value of securities	1a		
b Average monthly cash balances	1b		
c Fair market value of other non-exempt-use assets	1c		
d **Total** (add lines 1a, 1b, and 1c)	1d		
e **Discount** claimed for blockage or other factors (explain in detail in **Part VI**):			
2 Acquisition indebtedness applicable to non-exempt-use assets	2		
3 Subtract line 2 from line 1d.	3		
4 Cash deemed held for exempt use. Enter 1-1/2% of line 3 (for greater amount, see instructions).	4		
5 Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6 Multiply line 5 by .035.	6		
7 Recoveries of prior-year distributions	7		
8 **Minimum Asset Amount** (add line 7 to line 6)	8		

Section C—Distributable Amount			Current Year
1 Adjusted net income for prior year (from Section A, line 8, Column A)	1		
2 Enter 85% of line 1.	2		
3 Minimum asset amount for prior year (from Section B, line 8, Column A)	3		
4 Enter greater of line 2 or line 3.	4		
5 Income tax imposed in prior year	5		
6 **Distributable Amount.** Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6		

7 ☐ Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions).

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations *(continued)*

Section D—Distributions		**Current Year**
1	Amounts paid to supported organizations to accomplish exempt purposes	
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	
4	Amounts paid to acquire exempt-use assets	
5	Qualified set-aside amounts (prior IRS approval required)	
6	Other distributions (describe in **Part VI**). See instructions.	
7	**Total annual distributions.** Add lines 1 through 6.	
8	Distributions to attentive supported organizations to which the organization is responsive (provide details in **Part VI**). See instructions.	
9	Distributable amount for 2018 from Section C, line 6	
10	Line 8 amount divided by line 9 amount	

Section E—Distribution Allocations (see instructions)		**(i) Excess Distributions**	**(ii) Underdistributions Pre-2018**	**(iii) Distributable Amount for 2018**
1	Distributable amount for 2018 from Section C, line 6			
2	Underdistributions, if any, for years prior to 2018 (reasonable cause required—explain in **Part VI**). See instructions.			
3	Excess distributions carryover, if any, to 2018			
a	From 2013			
b	From 2014			
c	From 2015			
d	From 2016			
e	From 2017			
f	**Total** of lines 3a through e			
g	Applied to underdistributions of prior years			
h	Applied to 2018 distributable amount			
i	Carryover from 2013 not applied (see instructions)			
j	Remainder. Subtract lines 3g, 3h, and 3i from 3f.			
4	Distributions for 2018 from Section D, line 7: $			
a	Applied to underdistributions of prior years			
b	Applied to 2018 distributable amount			
c	Remainder. Subtract lines 4a and 4b from 4.			
5	Remaining underdistributions for years prior to 2018, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in **Part VI.** See instructions.			
6	Remaining underdistributions for 2018. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in **Part VI.** See instructions.			
7	**Excess distributions carryover to 2019.** Add lines 3j and 4c.			
8	Breakdown of line 7:			
a	Excess from 2014 . . .			
b	Excess from 2015 . . .			
c	Excess from 2016 . . .			
d	Excess from 2017 . . .			
e	Excess from 2018 . . .			

Part VI **Supplemental Information.** Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)

Part II Section B, Line 10: Other Income

CCF was established in September of 2014 for the purposes of providing educational stipends, scholarships, health care, economic skills

development for marginalized individuals and their families in Nepal. Our expectation was to raise between $30,000 to $40,000 a year for

the programs, including the Deurali Community Service Center Baseri Clinic that was built in 2010. On April 25, 2015 Nepal

experienced a 7 9 magnitude earthquake which affected every program that CCF was involved with. The Deurali Community Service Center

Baseri Clinic was completely destroyed. CCF was immediately identified as a reliable and trusted source for earthquake relief because

of the founders 30 years of connections to Nepal. The clinic had to be rebuilt and much relief work had to be done. Because of our

trusted and valuable relationships in Nepal we were able to receive donations and distribute them widely for relief. We were also able to

rebuild the Baseri Clinic by March of 2016. Please see www.consciousconnectionsfoundation.org/nepalearthquakerelief/ for more

detailed information about our earthquake relief work from 2015-2018.

The total in line 10(b) 2015 are the funds specifically donated for earthquake relief in 2015 ($172,422.00)

The total in line 10(c) 2016 are funds specifically donated for earthquake relief in 2016 ($17,233.00)

The total in line 10(d) 2017 are funds specifically donated for earthquake relief in 2017 ($55.00)

In 2017 and 2018 CCF was no longer soliciting funds for earthquake relief but continued to use the funds earlier donated to complete

earthquake related projects.

SCHEDULE O (Form 990 or 990-EZ)	**Supplemental Information to Form 990 or 990-EZ**	OMB No. 1545-0047
Department of the Treasury Internal Revenue Service	Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information. ▶ Attach to Form 990 or 990-EZ. ▶ Go to *www.irs.gov/Form990* for the latest information.	2018 Open to Public Inspection

Name of the organization	Employer identification number
Conscious Connections Foundation	47-160219

Short Form Part I Line 10: Grants and Similar amounts paid-$66,277.00 (for full descriptions of programs see Part III)

1.Power of 5 Child Educational Stipends-$25,000.00

2. Deurali Community Service Center (aka Baseri Clinic) salaries for staff & repairs- $3545.00

3. Girl's Higher Education Class 11/12 Scholarships-$2,000.00

4. Girls Education Program Administrator/Mentor- $2,000.00

5. Ghatbesi Girl's Higher Education Class 11/12 Scholarships- $5,200.00

6. Girl's & Women's Menstrual Hygiene Education programs- $13,032.00

7. Earthquake relief building-$15,500

Short Form Part I Line 16: Other expenses- $1367.00

1. Website expenses- $396.00

2. Bank, Credit Card and Brokerage Fees-$881.00

3. Corporate Filing Fees- $90.00

Short Form Part II Line 22A-Cash Savings and Investments at the beginning of 2018- $128,194.00

The breakdown of the 2018 starting funds are as follows:

RESTRICTED FUNDS:

1. Baseri Clinic funds donated for sole use of maintenance, salaries and normal operating expenses- $25,268.79

2. Earthquake/disaster relief funds- $73,303.79 total (divided as follows)

a. Baseri clinic rebuild- $15,191.91

b. General earthquake/disaster relief funds-$41,015.24

c. Artisan earthquake relief funds- $17,096.64

3. Power of 5 Child educational stipends-$2,369.34

4. Girl's Higher Education Class 11/12 Scholarships-$1,547.47

5. Girl's Education Administrator/Mentor-$1,050.00

6. Girl's & Women's Menstrual Hygiene Education programs- $481.29

7. Ghatbesi Girl's Higher Education Class 11/12 Scholarships- $2,291.76

8. Solar light purchase-$16.00

Name of the organization: Conscious Connections Foundation

Employer identification number: 47-160291

NON-RESTRICTED FUNDS:

1. General Fund-$21,865.76

Short Form Part II Line 22B-Cash Savings and Investments at the end of 2018-$145,342.00

The breakdown of the 2018 ending funds are as follows: RESTRICTED FUNDS

1. Baseri Clinic funds donated for sole use of maintenance, salaries and normal operating expenses- $22,625.79

2. Earthquake/disaster relief funds- $45,422.89 (divided as follows)

a. Baseri Clinic Rebuild-$14,771.91

b. General earthquake/disaster relief funds-$30,650.98

c. Artisan earthquake relief funds- $0.00

3. Power of 5 Child educational stipends-$8,748.40

4. Girl's Higher Education Class 11/12 Scholarships- $815.87

5. Girl's Education Administrator/Mentor- $50.00

6. Girl's & Women's Menstrual Hygiene Education programs-$0.00

7. Ghatbesi Girl's Higher Education Class 11/12 Scholarships-$1737.76

8. Solar light purchases-$16.00

NON-RESTRICTED FUNDS:

1. General Fund-$65,925.23

Short Form Part III Statement of Program Service Accomplishments

CCF's primary exempt purpose is to raise funds to provide educational stipends and scholarships, health care, economic skills

development and facilities improvement to marginalized individuals and their families in Nepal.

CCF's three largest program areas are:

Line 28 Keeping Girls in School-Power of 5 educational Stipends (grades K-10) College Scholarships (grades 11/12) and Mentoring/

Program Assistant- $29,000 Grant.

Impact in 2018-117 (K-10) children in need were able to stay in school for one more year ($14,040 in stipends) End of the year awards

ceremony and celebration held for children and parents ($360), $10,600 reserve set aside for future stability of the program. Three need and

merit based girl scholars were awarded scholarships to attend class 11/12 (College in Nepal). 120 students and their parents gained

access to a college educated female administrative assistant who provides educational resources and mentoring to those who have

little knowledge of how to navigate the educational system.

SCHEDULE O (Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

▶ Attach to Form 990 or 990-EZ.
▶ Go to *www.irs.gov/Form990* for the latest information.

OMB No. 1545-0047

2018

Open to Public Inspection

Name of the organization
Conscious Connections Foundation

Employer identification number
47-160219

Grantee: Association For Craft Producers, a registered Nepali Non-profit

Grantee Address: GPO Box 3701 Ravi Bhawan Mode, Kathmandu, Nepal Phone 977-1-427-5108

Executive Director: Ms. Meera Bhatteral, Social Program Director: Ms. Revita Shrestra, Assistant: Ms. Prastuti Dhakal

CCF understands the positive change that comes from empowering women and educating their daughters in Nepal. We have seen a lack of infrastructural support for women who are often the sole income earners for their entire extended families and the impact that this has had on their daughters, many of whom are taken out of school due to lack of sufficient finances. The longer a girl is able to stay in school the longer she remaines unmarried and the more choice she has in life. Around the world, girls face complex physical, cultural and financial barriers in accessing education. As a girl grows older the fight to get an education becomes even harder. Her family must have the ability to pay school fees and be willing to do so. The stipend program that CCF funds through ACP allows women to keep their daughters in school without drawing resources from the family and it has become one of the most valued social benefit programs for women working there.

Every year CCF raises funds and makes grants to ACP to strengthen their educational stipend program. ACP administers the fund to families that are struggling to keep their girls in school. The family receives the stipend and in return provides monthly evidence of the girls attendance and progress in school. If the child is struggling the administrative assistant helps to provide the family with resources. The result from this stipend is that girls are staying in school. Now the goal is to expand the program so that each child is given the chance to have the stipend for their entire 10 classes if need be This has required CCF to make a 6 year commitment to raise $25,000/year so that a fund for the future stability of the program can be established while the program slowly expands. Although CCF's focus is on keeping girls in school ACP does not want to leave boys in need out of the picture so some funding is allowed to go to boys as long as the girls in each family are enrolled first.

The Girls Higher Education (class 11/12) stipend is a merit and need based scholarship program CCF started in 2015 to encourage girls to continue on to college (11/12 class in Nepal). This program provides 3 scholarships to outstanding girl scholars who have come out of the Power of 5 program and demonstrate the ability to continue on with their education. The top scholar is provided with a $1000 scholarship and the 2nd and 3rd place recipients each receive a $500 scholarship. The emphasis of the scholarship is to give it to the the most outstanding girl scholars with the greatest need but all applicants must have passed their Student leaving Certificate exams with distinction (80%).

Since 2015 the Higher Education Scholarships have benefited 15 girls, some of whom have now gone on to University. The girls who receive the college scholarships also act as examples and mentors to younger girls in the Power of 5 program.

Name of the organization: Conscious Connections Foundation

Employer identification number: 47-160219

The funds granted for ACP to hire a mentor/program assistant came from the need for ACP to have more attention focused on the girls receiving the Power of 5 stipends and the College scholarships. Many of the girls involved in these programs live in families where many of the women and sometimes the men have very little schooling, if any at all. The difficulty for the girls and their families then is that no one is familiar with navigating the educational system, scheduling time for homework, completing homework and finding resources for future learning. ACP uses the funds provided by CCF to hire a college educated young woman who can be a resource for the girls and their families as well as help CCF to understand how the program is performing. Prastuti Dhakal is the current assistant and loves helping the girls. Her reporting has also helped CCF bring more current information to our donors as well.

Line 29 Earthquake Relief-Earthquake resilient weaving workshop build for weavers who lost their homes, looms and livlihood in the April 25, 2015 earthquake- $15,500 Grant

Impact- 20 women weavers in the Kirtipur Weaving Group had their homes rendered uninhabitable by the April 25, 2015 earthquake. All of those women had woven fabrics for 30 years, for much needed income, in their homes. When the earthquake struck they lost their looms and their source of income. CCF raised funds to construct an earthquake resilient building that would allow these women a safe, central place to weave so that they could continue to provide income for their families. This building also provides a safe gathering spot for the community in case of future earthquakes or natural disasters.

Grantee: Association For Craft Producers, a registered Nepali Non-profit

Grantee Address: GPO Box 3701 Ravi Bhawan Mode, Kathmandu, Nepal Phone 977-1-427-5108

Executive Director: Ms. Meera Bhatteral, Social Program Director: Ms. Revita Shrestra,

Part of CCF's mission is to raise funds to provide economic skills development and facilities improvement to marginalized individuals and families in Nepal. We understand how vital women artisan's incomes are to their families and to women's empowerment. When CCF was approached by ACP to provide funding for a building that would allow these women weavers to have a safe space and return to work we felt that was completely within our scope. The building is a 750 square foot area built with earthquake resilient construction and is situated on land close to where the women live. The building was completed in the October of 2018 and the weavers are back to work and happy. This project is complete.

Line 30 Menstrual Hygiene Education and Reusable Sanitary pad kit production for girls and women in urban and rural Nepal-$13,032 grant

Impact: 4 women trained in reusable menstrual pad kit production, 1 woman fully employed by CCF's purchases of 800 kits. 26 women and 1 man trained as Menstrual Hygiene Management trainers. 8 trainings held where 280 rural women and girls and 5 men and 181 urban women and girls were educated in menstrual hygiene and received reusable menstrual hygiene kits for their own use. 483 reusable kits menstrual kits were distributed to low income women and girls for their own use and 98 menstrupedia comics books were distributed to libraries and schools.

SCHEDULE O (Form 990 or 990-EZ)	**Supplemental Information to Form 990 or 990-EZ**	OMB No. 1545-0047
Department of the Treasury Internal Revenue Service	Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information. ▶ Attach to Form 990 or 990-EZ. ▶ Go to *www.irs.gov/Form990* for the latest information.	2018 Open to Public Inspection

Name of the organization	Employer identification number
Conscious Connections Foundation	47-160219

Grantee: Kesang Yudron, Menstrual Hygiene Management Facilitator for Mahila Napkins and Menstrual Hygiene Trainings

Grantee Address: Bhagwang Bahal, Thamel-29, PO Box 10452 Kathmandu, Nepal kyudron@gmail.com

CCF does not maintain an office in Nepal and must rely on local, trusted contacts to provide the facilitation required to organize both

quality menstrual hygiene trainings and the production of quality reusable menstrual hygiene products CCF founders have known Kesang

since her birth and over the past few years have recognized her passion for providing Nepali women with menstrual hygiene education, training and

employment. In early 2018 CCF approached Kesang to help set up a small skills training program and workshop for 4 underprivileged

women to train them in sewing quality reusable menstrual hygiene kits (each kit containing 2 shields, 5 liners and a carrying bag). CCF planned to fund

menstrual hygiene trainings for the girls receiving the Power of 5 educational stipends and also provide them with reusable menstrual pad

kits so that they could remain in school when they had their periods. Therefore it made sense for CCF to fund women to make those kits in

Nepal After the workshop and trainings were completed Kesang formed Mahila Napkins to provide full time employment for one of the women to produce

menstrual pad kits. CCF purchased 800 kits from Mahila Napkins to distrubute in the upcoming trainings that CCF was funding.

Kesang then organized with the Radha Paudel foundation a 3 day Menstrual Hygiene leadership training for 26 women and 1 man, identified

as community leaders from 6 different districts of Nepal. From this initial 3 day training 7 other 1/2 day trainings were organized and led by

those trained at the initial 3 day training as well as by trainers from the Radha Paudel foundation. These trainings took place in the rural

villages of Sertung, Borang and Lapa and in the urban areas of Kathmandu and Nepalgunj. 18 girls receiving the Power of 5 educational

stipends and their mothers received trainings and reusable kits and 2 women from ACP , including the assistant/mentor of the Power of 5, received

the 3 day leadership training. In total 493 women and girls were trained in Menstrual Hygiene Management and 483 kits were distributed.

Everyone involved was so appreciative of the opening of the dialogue on menstruation and the chance to have reliable menstrual products

They are now excited to reach out to other women to help dispel myths surrounding menstruation and allow women more access to work

and school. There will be an evaluation of these trainings and kits distributed as well as future MHM trainings and kit production in 2019.

Line 31 Other Programs and Services-$8745 Granted as outlined below

1. Ghatbesi Girls Higher Education Program (class 11/12)- $5200 Grant

Grantee: Jageshwor Secondary School, Gorkha District, Bhimsen VDC, Ward 8, Ghatbesi-Mahadevtar Nepal

Impact- 20 girl scholars from class 10 were given $120 scholarships to pay for class 11 college tuition at Jageshwor Secondary School

6 girls from graduating class 11 were given $100 scholarships for class 12 college tuition at Jageshwor Secondary School in Ghatbesi Nepal and

1 exceptional and need based girl scholar was given a $600 scholarship for class 12 in Kathmandu. The primary K-3 school was granted $1600

Name of the organization: Conscious Connections Foundation

Employer identification number: 47-160219

to fund one additional classroom teacher .

CCF started the funding of college tuition in the rural village of Ghatbesi because the community demonstrated commitment to education of all castes and both girls and boys, but many had no financial ability to pay for girls to go on to college (class 11/12 in Nepal). CCF's wanted to provide the opportunity for girls who were interested to go on to college. The community asked that all of the graduating girls be given the opportunity since they were all from low caste families and the parents all agreed to give them time for their studies. This is a pilot project and will be evaluated to see how the girls and their community respond to the opportunity. In 2019 we plan to bring Menstrual Hygiene Training to these girls and one of their high school teachers was one of the women trained in CCF's 3 day Menstrual Hygiene Training in Kathmandu. She is excited to bring this type of education to the all of the high school students as well as to the community of Ghatbesi.

2. Deurali Community Service Center (aka Baseri Clinic) salaries- $3125 grant, repairs to clinic building $420 grant

Impact: In 2018 approximately 10 people per day visited the clinic for primary health care concerns- approximately 3000 people per year. 3 local women were employed and received well paid salaries. 7 remote villages in Nepal were provided access to primary health care, and pre-natal and maternal health care.

Grantee: Deurali Community Service Center (aka Baseri Clinic, Dhadagaun, Dhading District, Nepal

Grantee Address: Dhadagaun, Baseri VDC, Dhading District Nepal

Administrator: Dhan Bahadur Gurung, Deurali Community Service Center Board Treasurer, gurungdhanee@hotmail.com

The Deurali Community Service Center's Baseri Clinic is located in the remote village of Dhadagaun, Nepal. The clinic was established to provide basic healthcare in an area where it was desparately needed. It is operated by a village non-profit board that is registered with the Nepali government. Since 2014 CCF has been responsible for the staff salaries and buildings of the clinic. In 2015 the clinic was formally recognized as a "model clinic" by the government of Nepal and DCSC entered into a public/private arrangement with the government and now the government pays a portion of the salaries and CCF pays the rest. CCF also pays for the maintenance of the buildings. In 2018 the clinic had 3 dedicated women staff. Maya Gurung, an Associate Nurse Midwife on call 24/7 for birthing and maternity issues, Basanti Ghale, a Certified Medical Assistant working 10-3 treating primary care issues such as diarrhea, coughs, dehydration, boils, fevers, ringworm and some burns and Sita Ghale who is responsible for cleaning, opening, closing and general staff and patient needs.

The $420 grant to the DCSC was to fix some flooding issues at the clinic during the monsoons. This money was used to create some temporary drainage ditches to move water away from the sides of the clinic walls and was a temporary fix until more permanent work could be done to the sides of the clinic walls to permanently resolve the flooding issue.