Form **990**

Return of Organization Exempt From Income Tax

OMB No 1545-0047

Department of the Treasury

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2018

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► Go to www.irs.gov/Form990 for instructions and the latest information.	$)/\!\!/$	1
Do not enter social security numbers on this form as it may be made public	Κ1	/

Open to Public Inspection

		de Service								
<u>A</u>	For the	2018 cale	endar year, or tax year begin			2018, and 6	ending			, 20
В	Check if	applicable	C Name of organization USAN	A TRUE HEAD	LTH FOUNDA'	rion				er identification number
	Address	change	Doing business as					2	27-38	59228
	Name ch	ange	Number and street (or P O bo	x if mail is not delive	ered to street addre	ss) Roo	om/suite	E	Telepho	ne number
	Initial reti	urn	3838 W PARKWAY BI	_VD			_	8	01-9	54-7100
	Final retur	n/terminated	City or town, state or province	, country, and ZIP o	r foreign postal cod	le				
П	Amended	d return	SALT LAKE CITY, U	JT 84120				G	Gross re	eceipts \$ 1,972,294
$\overline{\sqcap}$			F Name and address of principal	officer BRTAN	PAIII		,	H(a) Is this a grou	p return for	subordinates? Yes X No
			3838 W PARKWAY BI				_			s included? Yes No
	Tay-ever	npt status			sert no)	Y1)or Da	4 3			a list (see instructions)
÷		_	USANAFOUNDATION.O		•	(77	H(c) Group e	xemption	number ▶
K				ssociation Othe	r >	L Year of f	formation			of legal domicile UT
_	art I	Summ		- Cinc	1	L Toda of t	omation.	2010	,	or legal domicile of
			escribe the organization's	mission or most	t consticant act	witios:				
ø.	1	-	_		_					D CHILDREN AND
Activities & Governance			REACH THEIR FULLEST POTE							
Ë			AND ADMINISTRATIVE COSTS							
Š			nis box ▶ ☐ if the organiza				seu oi i	nore man z	1 1	115 1161 455615
Ö			of voting members of the		•	-			3	3
ဖွ			of independent voting mer	_			-		4	2
/itie	1		mber of individuals employ	-	•	v, line 2a)			5	0
ફ			mber of volunteers (estima						6	1,500
ď			related business revenue fr		• •	2			7a	
	<u>b</u>	Net unre	lated business taxable inco	ome from Form	990-T, line 38	· ·		<u> </u>	7b	
_					1114	М	L	Prior Year		Current Year
7 <u>e</u>			tions and grants (Part VIII,		. ['. '. '.	' .' .	· L	1,978	,943	1,912,693
Revenue		-	service revenue (Part VIII,			•	·		0	0
, Š	10	Investme	ent income (Part VIII, colum	nn (A), lines 3, 4	, and 7d) .				(93	(225)
, <u>"</u>	11	Other rev	venue (Part VIII, column (A)), lines 5, 6d, 8c	, 9c, 10c, and	11e) .	. L		,659	49,530
5—	12	Total rev	enue—add lines 8 through	11 (must equal F	Part VIII, column	n (A), line 12	2)	2,069	,509	1,961,998
))	13	Grants a	nd sımılar amounts paıd (P	Part IX, column (A), lines 1–3).			2,025	,676	1,918,120
ζ.	14	Benefits	paid to or for members (Pa	art IX, column (A	A), line 4) .				0	0
S	15	Salaries,	other compensation, emplo	yee benefits (Pai	rt IX, column (A)	, lines 5–10))		0	0
Expenses	16a	Profession	onal fundraising fees (Part	IX, column (A),	line 11e)				0	0
, e	b	Total fun	draising expenses (Part IX	, column (D), lın	e 25) >					
"	17	Other ex	penses (Part IX, column (A), lines 11a–11d	l, 11f–24e) .		· 🗀	71	, 373	3,984
			penses. Add lines 13-17 (m			line 25)	ת ה	2,097	,049	1,922,104
7	19	Revenue	less expenses Subtract li	ne 18 from line	12K=0:-	• • • • •		(27	,540	39,894
- 6						30:00	'신 Beg	inning of Curr		End of Year
Net Assets or Fund Balances	20	Total ass	sets (Part X, line 16)		1.400725	2019) :	31	1,061	, 355	1,101,360
Ass	21		oilities (Part X, line 26)	🗗	N		.:1		0	0
E SE	22		ts or fund balances. Subtr	act line 21 from	line 2027.5	177		1,061	, 355	1,101,360
	art II		ture Block	L-						
			ury, I declare that I have examined	this return, includin	g accompanying so	chedules and	statemer	its, and to the	best of r	my knowledge and belief, it is
			lete Declaration of preparer (other							
		1 4	with						3 - NO	V-2019
Sig	gn	Sign	nature of officer					Date		<u> </u>
He		BR	IAN PAUL, PRESIDEN	T						
			e or print name and title							
		Print/Ty	pe preparer's name	Preparer's sig	nature		Date	··· ··· · · · ·	Chask [PTIN
Pa		_ ^						}	Check [self-emp	
	epare		name ►					Firm's	EIN ▶	• 1
Us	e Only				 			Phone		
M =	v the IP		address ► s this return with the prepa	arer shown abou	/e? (see instruc	tions)			: NU	. Yes No
_	<u> </u>					, (ioiia) .		· · ·	47	Form 990 (2018)
FOI	raperw	ork Redu	iction Act Notice, see the se	parate instruction	ms.		¬()-	_	4	roin 330 (2018)

(Code) (Expenses \$	including gr	rants of \$) (Revenue \$)
				·	
Other prog	ram services (Describe in Sch	edule O.)			<u> </u>
(Expenses	\$ including gr	ants of \$) (Revenue \$)	
Total progr	am service expenses ▶				1,921,6

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Part IV	Cha	cklist o	S Dag	اممونيي	Sahad	
	CHE	CRUSE	JI REC	iuirea	ocnea	uies

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)?	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3		X
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II	4		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5		
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		x
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II .	7		Х
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8		X
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9		<u>x</u>
10	Did the organization, directly or through a related organization, hold assets in temporarily restricted endowments, permanent endowments, or quasi-endowments? If "Yes," complete Schedule D, Part V .	10		X
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VIII, IX, or X as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI	11a		_ <u>X</u>
b	Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		_X_
С	Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		<u>X</u>
d	Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d	Х	
e	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		X
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f		_ <u>X</u> _
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII	12a		_ <u>X</u> _
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		_ <u>X</u> _
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		_ <u>X</u> _
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		<u>X</u>
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV.	14b	Х	
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? If "Yes," complete Schedule F, Parts II and IV	15	Х	
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I (see instructions)	17		X
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18	Х	
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III	19		X
20 a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		X
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II.	21	Х	
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Part	Checklist of Required Schedules (continued)			
			Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		Х
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete Schedule J.	23	Х	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b	24a		V
b	through 24d and complete Schedule K. If "No," go to line 25a Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24a		X
	Did the organization maintain an escrow account other than a refunding escrow at any time during the year	240		^
С	to defease any tax-exempt bonds?	24c		Х
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		Х
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		Х
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b		Х
26	Did the organization report any amount on Part X, line 5, 6, or 22 for receivables from or payables to any current or former officers, directors, trustees, key employees, highest compensated employees, or disqualified persons? If "Yes," complete Schedule L, Part II	26		X
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part III.	27		X
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions):			
а	A current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28a		Χ
b	A family member of a current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28b		X
	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? If "Yes," complete Schedule L, Part IV	28c		Х
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29	Χ_	
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>	30		Х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32		X
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301 7701-3? If "Yes," complete Schedule R, Part I	33		Х
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1	34	X	
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		X
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		Х
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If "Yes," complete Schedule R, Part V, line 2	36		Х
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		Х
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? Note . All Form 990 filers are required to complete Schedule O	38	X	
Part				_
	Check if Schedule O contains a response or note to any line in this Part V	· ·	Yes	No
1a	Enter the number reported in Box 3 of Form 1096 Enter -0- if not applicable			
b	Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable . Did the organization comply with backup withholding rules for reportable payments to vendors and			
С	reportable gaming (gambling) within backup withholding rules for reportable payments to vendors and	1c		
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rari	Statements Regarding Other IRS Filings and Tax Compliance (continued)			
	Establish south as of southern southern as Fam. W.O. Tappens that of Wang and T		Yes	No
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax			ĺ
L	Statements, filed for the calendar year ending with or within the year covered by this return 2a 0			
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b		 - -
2-	Note. If the sum of lines 1a and 2a is greater than 250, you may be required to <i>e-file</i> (see instructions).			
3a	Did the organization have unrelated business gross income of \$1,000 or more during the year? If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation in Schedule O	3a 3b		X
b	·	30		├
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		х
ь	If "Yes," enter the name of the foreign country:			-
-	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).			
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		Х
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		X
С	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c		
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the			
	organization solicit any contributions that were not tax deductible as charitable contributions?	6a		_x
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or	_		
	gifts were not tax deductible?	6b		
7	Organizations that may receive deductible contributions under section 170(c).			
а	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods			
	and services provided to the payor?	7a		X
Ь	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		<u> </u>
С	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was	_		١,,
	required to file Form 8282?	7c		_X
d	If "Yes," indicate the number of Forms 8282 filed during the year	70	—	X
e f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7e 7f		X
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g		_^_
9 h	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7h		
8	Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained by the	 		
•	sponsoring organization have excess business holdings at any time during the year?	8		
9	Sponsoring organizations maintaining donor advised funds.			
а	Did the sponsoring organization make any taxable distributions under section 4966?	9a		
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	9b		
10	Section 501(c)(7) organizations. Enter			
а	Initiation fees and capital contributions included on Part VIII, line 12	j		
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities . 10b			
11	Section 501(c)(12) organizations. Enter			
а	Gross income from members or shareholders	1		
b	Gross income from other sources (Do not net amounts due or paid to other sources			
12-	against amounts due or received from them.)	422		
12a b	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041? If "Yes," enter the amount of tax-exempt interest received or accrued during the year 12b	12a		
13	Section 501(c)(29) qualified nonprofit health insurance issuers.			
a	Is the organization licensed to issue qualified health plans in more than one state?	13a		——
•	Note. See the instructions for additional information the organization must report on Schedule O		1	
b	Enter the amount of reserves the organization is required to maintain by the states in which			
_	the organization is licensed to issue qualified health plans		ļ	
С	Enter the amount of reserves on hand			
14a	Did the organization receive any payments for indoor tanning services during the tax year?	14a		X
b	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O	14b		
15	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or			
	excess parachute payment(s) during the year?	15		<u>X</u>
	If "Yes," see instructions and file Form 4720, Schedule N.			
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income?	16		<u>X</u>
	If "Yes." complete Form 4720, Schedule Q.	. I		

Part	Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. S.			
	Check if Schedule O contains a response or note to any line in this Part VI	,cc	otract.	. X
Secti	on A. Governing Body and Management	• •	<u>·</u>	. (43)
			Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year 1a 3			
	If there are material differences in voting rights among members of the governing body, or	1		
	if the governing body delegated broad authority to an executive committee or similar	Ì		
	committee, explain in Schedule O			'
b	Enter the number of voting members included in line 1a, above, who are independent .			
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?	2		X
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, or trustees, or key employees to a management company or other person?	3		Х
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4		Х
5	Did the organization become aware during the year of a significant diversion of the organization's assets? .	5		Х
6	Did the organization have members or stockholders?	6		Х
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	7a		Х
b	Are any governance decisions of the organization reserved to (or subject to approval by) members,			<u> </u>
-	stockholders, or persons other than the governing body?	7b		Х
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:			
а	The governing body?	8a	<u>X</u>	
b	Each committee with authority to act on behalf of the governing body?	8b		Х
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses in Schedule O.	9	X	! !
Secti	on B. Policies (This Section B requests information about policies not required by the Internal Reven	ue C	ode.))
			Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	10a		Х
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	10b		
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	<u>X</u> _	
b	Describe in Schedule O the process, if any, used by the organization to review this Form 990			
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a	<u>X</u> _	
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	<u>X</u>	
С	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes,"			
	describe in Schedule O how this was done	12c	<u>X</u>	
13	Did the organization have a written whistleblower policy?	13	<u>X</u> _	
14	Did the organization have a written document retention and destruction policy?	14	<u> </u>	
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?			
a	The organization's CEO, Executive Director, or top management official	15a		Х
b	Other officers or key employees of the organization	15b	—	X
10-	If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions).			
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?	16a		X
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the			
	organization's exempt status with respect to such arrangements?	16b		
Section	on C. Disclosure			
17	List the states with which a copy of this Form 990 is required to be filed ► UTAH			
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A if applicable), 990, and 990-T (3)s only) available for public inspection. Indicate how you made these available Check all that apply. Own website Other (explain in Schedule O)	(Sec	tion 5	501(c)
19	Describe in Schedule O whether (and if so, how) the organization made its governing documents, conflict of interesting the control of the conflict of the conf	erest	oolicy	, and
	financial statements available to the public during the tax year.		·	
20	State the name, address, and telephone number of the person who possesses the organization's books and rec	cords	>	

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Form 990 (2018)

Part VII	Compensation of Officers, D	Directors, Tri	ustees, Key	Employees, I	Highest Co	ompensated I	Employees,	and
	Independent Contractors							

Check if Schedule O contains a response or note to any line in this Part VII

Section A.	Officers, Directors,	Trustees, Ke	y Employees,	and Highest	Compensated	Employees

- 1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid
 - · List all of the organization's current key employees, if any. See instructions for definition of "key employee"
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's former directors or trustees that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations

List persons in the following order, individual trustees or directors, institutional trustees; officers; key employees, highest compensated employees, and former such persons.

Check this box if neither the organization no	r any relate	d org	anız	atic	n c	ompe	ensa	ited any currer	t officer, director	r, or trustee
(A) Name and Title	(B) Average hours per week (list any	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)					n an tee)	(D) Reportable compensation from	(E) Reportable compensation from related	(F) Estimated amount of other
	hours for related organizations below dotted line)		Institutional trustee	Officer	Key employee	Highest compensated employee	Former	the organization (W-2/1099-MISC)	organizations (W-2/1099-MISC)	compensation from the organization and related organizations
(1) JOSHUA FOUKAS BOARD PRESIDENT	1.0	Х						0	0	0
(2) DENIS WAITLEY DIRECTOR	0.5	Х			_			0	0	0
(3) DAVID GREGERSEN DIRECTOR	0.5	Х						0	0	0
(4) BRIAN PAUL PRESIDENT	40.0			Х			_	0	692,800	18,755
(5)										
(6)										
(8)										
(9)										
(10)		_								
(11)										
(12)										
(13)										
(14)										

Part	VII Section A. Officers, Directors, Trus	tees, Key E	mplo	yees	s, aı	nd F	lighe	st C	ompensated E	mployees	(continu	ued)		
					•	C)			1					
	(A)	(B)	(do n	ot ch		ition more	than o	one	(D)	(E)		(F	·)	
	Name and title	Average hours per	box,	unles	s pe	rson	ıs both	n an	Reportable compensation	Reportat compensatio		Estim amou		
		week (list any				_	or/trusi		from	related		oth	er	
		hours for related	d d	nstiti	Officer	éye	lighe mplo	Former	the organization	organizati (W-2/1099-I		comper from		
		organizations	dual	tion	<u>\</u>	gmpl	st co	ष	(W-2/1099-MISC)			organi	zation	
		below dotted line)	Individual trustee or director	altr		Key employee	omp					and re organiz		
			ee e	Institutional trustee		"	Highest compensated employee							
				æ			ē							
(15)														
(16)														
(17)													<u> </u>	
(18)														
(19)									<u> </u>					
							-	_	-		_			
				_				<u> </u>				-		
						-								
									-					
(23)														
(24)														
(25)														•
1b	Sub-total	<u>. </u>		1				▶	0	692,	800		18,7	755
C	Total from continuation sheets to Part													
d	Total (add lines 1b and 1c)	. <u></u> .						▶_	0	692,	800		18,7	755
2	Total number of individuals (including but reportable compensation from the organi		to th	ose	lıst	ed a	above	e) w	ho received mo	ore than \$1	00,000	of		0
	reportable compensation from the organi	Zationi								_		Τ,	Yes I	No
3	Did the organization list any former of employee on line 1a? If "Yes," complete a							emp	loyee, or high	est compe	ensated	3		V
4	For any individual listed on line 1a, is the							n a	nd other comp	 oncation fr	om the			<u>X</u>
4	organization and related organizations	greater tha	an \$1	50.0	000	10e1	"Ye	s."	complete Sch	edule J fo	on such	, (1868)	T III	
	ındıvıdual			,				-,				4	X	
5	Did any person listed on line 1a receive of for services rendered to the organization?									ation or inc	dıvıdua	5		X
Section	on B. Independent Contractors	<u> 70</u> 0,												<u></u>
1	Complete this table for your five highest of compensation from the organization. Replyear												ı's tax	
	(A) Name and business add	ress							(B) Description of se	ervices		(C) Compensat	ion	
							_							
2	Total number of independent contracto	•	-					th	ose listed abo	ve) who		_		Ī

Par	t VIII	Statement of Revenue			<u> </u>		
		Check if Schedule O contains a r	esponse or note to			· · · · · ·	
				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514
its	1a	Federated campaigns 1	a				
irar our	b	Membership dues 1	b				
s, G	С	Fundraising events 1	С				1
Gift	d	Related organizations 1	d				
si ii	е	· 5 (· · · /	e	}			1
atio er S	f	All other contributions, gifts, grants,					
Contributions, Gifts, Grants and Other Similar Amounts		\ <u></u>	If 1,912,693				
o E	9	Noncash contributions included in lines 1a–1f	\$ 366,278	1 012 603			i
	h	Total. Add lines 1a–1f .	Business Code	1,912,693			
Program Service Revenue	2a		Busiliess Code				
Şe.	b		···				
e S	C						
ēς	d						
E	e						
gra	f	All other program service revenue .					
<u> </u>	g	Total. Add lines 2a–2f		0			
	3	Investment income (including div	vidends, interest,				
		· · · · · · · · · · · · · · · · · · ·	· · · · •	40			40
	4	Income from investment of tax-exemp	t bond proceeds ►				
	5	Royalties	(II) Personal				
	6-	<u> </u>	(II) Personal				
	6a	Gross rents Less. rental expenses					
	C	Rental income or (loss)	0 0				
	d	Net rental income or (loss)		0			
	7a	Gross amount from sales of (i) Securities	(II) Other				
	' "	assets other than inventory 10,00	30				
	ь	Less cost or other basis					
		and sales expenses 10,29	95				
	С	Gain or (loss) . (26	65) 0				
	d	Net gain or (loss)		(265)			(265)
Other Revenue	8a	Gross income from fundraising events (not including \$					
er Re		of contributions reported on line 1c). See Part IV, line 18	a 49,530				
ਰੋ		Less. direct expenses .	b				
		Net income or (loss) from fundraising Gross income from gaming activities See Part IV, line 19		49,530			49,530
	h	Less: direct expenses .	b				
		Net income or (loss) from gaming a		0			
		Gross sales of inventory, les returns and allowances	s	5			
	b	Less: cost of goods sold	b				
	С	Net income or (loss) from sales of it	nventory . 🕨	0		····	
		Miscellaneous Revenue	Business Code				
	11a		-				
	b		-		_		
	С	All all	-				<u> </u>
Ì	d	All other revenue					
	e 12	Total. Add lines 11a–11d .	· · •	0			40.305
	12	Total revenue. See instructions	. , ▶	1,961,998			49,305

Part IX Statement of Functional Expenses

Section	on $501(c)(3)$ and $501(c)(4)$ organizations must con			s must complete co	lumn (A)
	Check if Schedule O contains a respon			<u> </u>	<u> </u>
	ot include amounts reported on lines 6b, 7b, b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to domestic organizations				
	and domestic governments See Part IV, line 21	896,247	896,247		
2	Grants and other assistance to domestic individuals. See Part IV, line 22	0	0		
3	Grants and other assistance to foreign				
	organizations, foreign governments, and foreign			ĺ	
_	individuals. See Part IV, lines 15 and 16	1,021,873	1,021,873		
4 5	Benefits paid to or for members Compensation of current officers, directors,				<u>,,</u>
3	trustees, and key employees			İ	
6	Compensation not included above, to disqualified				
Ū	persons (as defined under section 4958(f)(1)) and				
	persons described in section 4958(c)(3)(B)				
7	Other salaries and wages				
8	Pension plan accruals and contributions (include				
	section 401(k) and 403(b) employer contributions)				<u></u>
9	Other employee benefits				
10	Payroll taxes				
11	Fees for services (non-employees):				
a b	Management	-			
c	Accounting				
ď	Lobbying				
е	Professional fundraising services See Part IV, line 17				
f	Investment management fees			_	
g	Other (If line 11g amount exceeds 10% of line 25, column				
	(A) amount, list line 11g expenses on Schedule O)				<u> </u>
12	Advertising and promotion	3.5		1.5	
13 14	Office expenses	15		15	· · · · · · · · · · · · · · · · · · ·
15	Royalties			· · · · · · · · · · · · · · · · · · ·	
16	Occupancy				
17	Travel	3,500	3,500		
18	Payments of travel or entertainment expenses		j		
	for any federal, state, or local public officials				
19	Conferences, conventions, and meetings .				
20	Interest				
21 22	Payments to affiliates			_	<u> </u>
23	Insurance				
24	Other expenses Itemize expenses not covered				
	above (List miscellaneous expenses in line 24e If				
	line 24e amount exceeds 10% of line 25, column				1
	(A) amount, list line 24e expenses on Schedule O)				
a					
b					
c d					
a e	All other expenses	469		469	
25	Total functional expenses. Add lines 1 through 24e	1,922,104	1,921,620	484	
26	Joint costs. Complete this line only if the				
	organization reported in column (B) joint costs from a combined educational campaign and	ľ	1	1	
	fundraising solicitation Check here				
	following SOP 98-2 (ASC 958-720)				

Form 990 (2018) Part X Balance Sheet Check if Schedule O contains a response or note to any line in this Part X (A) (B) End of year Beginning of year Cash—non-interest-bearing 1,050,113 957,569 1 1,058 2 2 1,084 Savings and temporary cash investments . . . 3 Pledges and grants receivable, net . 3 4 4 Accounts receivable, net Loans and other receivables from current and former officers, directors, trustees, key employees, and highest compensated employees. Complete Part II of Schedule L. 5 Loans and other receivables from other disqualified persons (as defined under section 6 4958(f)(1)), persons described in section 4958(c)(3)(B), and contributing employers and sponsoring organizations of section 501(c)(9) voluntary employees' beneficiary organizations (see instructions) Complete Part II of Schedule L 6 Notes and loans receivable, net 7 8 8 Inventories for sale or use Prepaid expenses and deferred charges 9 10a Land, buildings, and equipment cost or other basis Complete Part VI of Schedule D 10a 10b **b** Less, accumulated depreciation . . 10c Investments—publicly traded securities 10,184 11 11 12 Investments—other securities. See Part IV, line 11 12 13 Investments—program-related See Part IV, line 11... 13 14 14 142,70715 Other assets. See Part IV, line 11 . . . 15 16 Total assets. Add lines 1 through 15 (must equal line 34) 1,061,355 16 1,101,360 17 Accounts payable and accrued expenses . . . 17 18 Grants payable 18 19 19 Deferred revenue . Tax-exempt bond liabilities . . . 20 20 21 21 Escrow or custodial account liability Complete Part IV of Schedule D . 22 Loans and other payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons. Complete Part II of Schedule L 23 Secured mortgages and notes payable to unrelated third parties . . . 23 24 Unsecured notes and loans payable to unrelated third parties . . 24 25 Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X of Schedule D 25 26 Total liabilities. Add lines 17 through 25 26 Organizations that follow SFAS 117 (ASC 958), check here ▶ □ and Net Assets or Fund Balances complete lines 27 through 29, and lines 33 and 34. Unrestricted net assets 27 27 28 28 Temporarily restricted net assets . 29 29 Permanently restricted net assets. Organizations that do not follow SFAS 117 (ASC 958), check here ▶ □ and complete lines 30 through 34.

30

31

32

33

Capital stock or trust principal, or current funds

Total liabilities and net assets/fund balances .

Total net assets or fund balances

Paid-in or capital surplus, or land, building, or equipment fund

Retained earnings, endowment, accumulated income, or other funds.

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1,101,360 Form **990** (2018)

1,101,360

1,101,360

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31.

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34

1,061,355

1,061,355

1,061,355

_	4	•
Page		4

Part	XI Reconciliation of Net Assets				
	Check if Schedule O contains a response or note to any line in this Part XI				<u>. </u>
1	Total revenue (must equal Part VIII, column (A), line 12)	1		<u>,</u> 961	
2	Total expenses (must equal Part IX, column (A), line 25)	2	1	,922	<u>, 104</u>
3	Revenue less expenses Subtract line 2 from line 1	3		39	<u>,894</u>
4	Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))	4	1	<u>,061</u>	<u>, 355</u>
5	Net unrealized gains (losses) on investments	5		,	111
6	Donated services and use of facilities	6	_		
7	Investment expenses	7			
8	Prior period adjustments	8			
9	Other changes in net assets or fund balances (explain in Schedule O)	9			
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line				
	33, column (B))	10	1	<u>, 101</u>	<u>, 360</u>
Part	XII Financial Statements and Reporting				_
	Check if Schedule O contains a response or note to any line in this Part XII		•	 T	$\perp \sqcup$
				Yes	No
1	Accounting method used to prepare the Form 990 🗵 Cash 🔲 Accrual 🔲 Other		-		1
	If the organization changed its method of accounting from a prior year or checked "Other," exp	olain i	n		
_	Schedule O.		. 2a	-	اــــا
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?			+	X
	If "Yes," check a box below to indicate whether the financial statements for the year were comp	oiled c	or		
	reviewed on a separate basis, consolidated basis, or both:				
	Separate basis Consolidated basis Both consolidated and separate basis		. 2b	-	X
b	Were the organization's financial statements audited by an independent accountant?	, 			 ^
	If "Yes," check a box below to indicate whether the financial statements for the year were audite	a on	a		
	separate basis, consolidated basis, or both: Separate basis Consolidated basis Both consolidated and separate basis				
	-	orosak		 	
С	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for over of the audit, review, or compilation of its financial statements and selection of an independent account				
	If the organization changed either its oversight process or selection process during the tax year, ex			+	
	Schedule O.	piaii i	"		
22	As a result of a federal award, was the organization required to undergo an audit or audits as set	forth i	, 		
Ja	the Single Audit Act and OMB Circular A-133?	iortii i	'' 3a		X
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not under	 rao th		 	
J	required audit or audits, explain why in Schedule O and describe any steps taken to undergo such at		് ∣зь		
	to quantum and a second of the		Fo	rm 990	(2018)

SCHEDULE A (Form 990 or 990-EZ)

Department of the Treasury

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust. ▶ Attach to Form 990 or Form 990-EZ.

▶ Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047 2018

Open to Public Inspection

Internal Revenue Service

Employer identification number

Name of the organization 27-3859228 USANA TRUE HEALTH FOUNDATION Reason for Public Charity Status (All organizations must complete this part) See instructions. The organization is not a private foundation because it is, (For lines 1 through 12, check only one box.) A church, convention of churches, or association of churches described in section 170(b)(1)(A)(i). A school described in section 170(b)(1)(A)(ii). (Attach Schedule E (Form 990 or 990-EZ).) A hospital or a cooperative hospital service organization described in section 170(b)(1)(A)(iii). ☐ A medical research organization operated in conjunction with a hospital described in section 170(b)(1)(A)(iii). Enter the hospital's name, city, and state. An organization operated for the benefit of a college or university owned or operated by a governmental unit described in section 170(b)(1)(A)(iv). (Complete Part II) A federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v). X An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in section 170(b)(1)(A)(vi). (Complete Part II.) ☐ A community trust described in section 170(b)(1)(A)(vi). (Complete Part II) An agricultural research organization described in section 170(b)(1)(A)(ix) operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university An organization that normally receives (1) more than 331/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33½% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See section 509(a)(2). (Complete Part III) An organization organized and operated exclusively to test for public safety See section 509(a)(4). An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2). See section 509(a)(3). Check the box in lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization You must complete Part IV, Sections A and B. Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having b control or management of the supporting organization vested in the same persons that control or manage the supported organization(s) You must complete Part IV, Sections A and C. Type III functionally integrated. A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions) You must complete Part IV, Sections A, D, and E. Type III non-functionally integrated. A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions) You must complete Part IV, Sections A and D, and Part V. Check this box if the organization received a written determination from the IRS that it is a Type I, Type III, Type III functionally integrated, or Type III non-functionally integrated supporting organization. Enter the number of supported organizations. Provide the following information about the supported organization(s) (II) EIN (iii) Type of organization (iv) is the organization (v) Amount of monetary (vi) Amount of (i) Name of supported organization listed in your governing (described on lines 1-10 other support (see support (see document? above (see instructions)) instructions) instructions) Yes No (A) (B) (C) (D) (E)

Total

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III If the organization fails to qualify under the tests listed below, please complete Part III.)

Secti	on A. Public Support						
Calen	dar year (or fiscal year beginning in)	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants")	1 760 077		206 402	0.005.700	1 060 000	0.000.000
_		1,760,077	1,687,718	2,306,483	2,085,788	1,962,223	9,802,289
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf.						
3	The value of services or facilities furnished by a governmental unit to the organization without charge						
4	Total. Add lines 1 through 3	1,760,077	1,687,718	2,306,483	2,085,788	1,962,223	9,802,289
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f).						4,382,096
6	Public support. Subtract line 5 from line 4						5,420,193
	on B. Total Support	<u> </u>		L	L		07:207230
Calen	dar year (or fiscal year beginning in)	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
7	Amounts from line 4	1,760,077					9,802,289
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	12	0	0	0		52
9	Net income from unrelated business activities, whether or not the business is regularly carried on						
10	Other income Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
11	Total support. Add lines 7 through 10						9,802,341
12	Gross receipts from related activities, etc					12	
13	First five years. If the Form 990 is for the			d, third, fourth	, or fifth tax ye	ear as a sectio	n 501(c)(3)
	organization, check this box and stop he			<u> </u>		<u> </u>	<u> </u>
	on C. Computation of Public Support						
14	,, ,			1, column (f))		14	55.29 %
15	Public support percentage from 2017 Scl					15	59.28 %
16a	331/3% support test—2018. If the organ box and stop here. The organization qua						
L	, ,	•		•			23
b	331/3% support test—2017. If the organithis box and stop here. The organization	qualifies as a p	publicly suppo	rted organizatı	on		. ▶ 🗆
17a	10%-facts-and-circumstances test—26 10% or more, and if the organization me Part VI how the organization meets the "organization	eets the "facts-	-and-circumsta	ances" test, ch	neck this box a	and stop here.	Explain in
b	10%-facts-and-circumstances test—20 15 is 10% or more, and if the organization resupported organization	ation meets the meets the "fact	e "facts-and-d ts-and-circums	circumstances"	' test, check t	this box and son the son qualifies as	stop here.
18	Private foundation . If the organization di instructions						

Schedule A (Form 990 or 990-EZ) 2018

Part	III Support Schedule for Organiza						
	(Complete only if you checked the						nder Part II
	If the organization fails to qualify	under the te	sts listed belo	ow, please co	omplete Part	1)	
	on A. Public Support	(-) 004.4	(h) 2015	(=) 2016	(4) 2047	(5) 2019	//D Total
Calen 1	dar year (or fiscal year beginning in) ► Gifts, grants, contributions, and membership fees	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	/ (f) Total
'	received (Do not include any "unusual grants")						1
2	Gross receipts from admissions, merchandise						
	sold or services performed, or facilities						
	furnished in any activity that is related to the organization's tax-exempt purpose						
3	Gross receipts from activities that are not an						
	unrelated trade or business under section 513						
4	Tax revenues levied for the					/	
	organization's benefit and either paid to	\setminus			/		
	or expended on its behalf						
5	The value of services or facilities				/		
	furnished by a governmental unit to the				/		
_	organization without charge		_		 / 		
6 7a	Total. Add lines 1 through 5. Amounts included on lines 1, 2, and 3	· · · · · ·			/	-	
ı a	received from disqualified persons			/			
b	Amounts included on lines 2 and 3						
	received from other than disqualified						
	persons that exceed the greater of \$5,000						
	or 1% of the amount on line 13 for the year						
С	Add lines 7a and 7b			Χ			
8	Public support. (Subtract line 7c from		/	(\			
<u> </u>	line 6.)	l					
	on B. Total Support dar year (or fiscal year beginning in)	(a) 2014	(b) 2015	(c) 2016	(d) 2017	(e) 2018	(f) Total
Galen 9	Amounts from line 6	(a) 2014	(0) 2913	(6) 20 10	(u) 2017	(e) 2010	(i) rotai
10a	Gross income from interest, dividends,						•
	payments received on securities loans, rents,						•
	royalties, and income from similar sources		/				
b	Unrelated business taxable income (less	/	ſ				
	section 511 taxes) from businesses	/					
	acquired after June 30, 1975						
С	Add lines 10a and 10b				\longrightarrow		
11	Net income from unrelated business	/			l N		
	activities not included in line 10b, whether or not the business is regularly carried on	/					
12	Other income Do not include gain or	 				$\overline{}$	
12	loss from the sale of capital assets	/					
	(Explain in Part VI)	Y	`				
13	Total support. (Add lines 9, 10c, 11/						
	and 12) /						
14	First five years. If the Form 990 is for the		n's first, secon	d, third, fourth	n, or fifth tax ye	ear as a section	\ \ -
	organization, check this box and stop he			<u> </u>		• • • •	<u> </u>
	on C. Computation of Public Support Public support percentage for 2018 (line			12 column (f))		15	-\ %
15 16	Public support percentage for 2016 (line a Public support percentage from 2017 Sci					16	// // //
	on D. Computation of Investment In			<u> </u>		1	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
17	Investment income percentage for 2018 (y line 13, colu	ımn (f))	17	\ %
18	Investment income percentage from 2017	7 Schedule A,	Part III, line 17			18	\%
19a	331/3% support tests—201/8. If the organ	ization did not	check the box	c on line 14, a			
	17 is not more than 331/3%, check this box	-	-				
b	331/3% support tests—2017. If the organiz	zation did not c	heck a box on	line 14 or line	19a, and line 16	is more than	$33^{1}/3\%$, and \int_{1}^{1}
	line 18 is not more than 331/3%, check this						_
20	Private foundation of the organization de	a not check a	nov on line 14	TUANTIUM	CDECK INS DOX	and see insifi	iciions 🗩 🗀

Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I If you checked 12a of Part I, complete Sections A and B If you checked 12b of Part I, complete Sections A and C If you checked 12c of Part I, complete Sections A, D, and E If you checked 12d of Part I, complete Sections A and D, and complete Part V)

Secti	on A. All Supporting Organizations		Vac	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.		163	
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2)	1 2		
3a	Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer (b) and (c) below	3a		
b	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in Part VI when and how the organization made the determination	3b		
С	Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use	3c		
4a	Was any supported organization not organized in the United States ("foreign supported organization")? If "Yes," and if you checked 12a or 12b in Part I, answer (b) and (c) below	4a		
b	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations	4b		
С	Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes	4c		
5a	Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer (b) and (c) below (if applicable) Also, provide detail in Part VI , including (i) the names and EIN numbers of the supported organizations added, substituted, or removed, (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action, and (iv) how the action was accomplished (such as by amendment to the organizing document)	5a		
b	Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?	5b		
6	Substitutions only. Was the substitution the result of an event beyond the organization's control? Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI.	5c		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).	7		
8	Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ)	8		
9a	Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI .	9a		
b	Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes," provide detail in Part VI .	9b		
С	Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI .	9c		
10a	Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated			
b	supporting organizations)? If "Yes," answer 10b below. Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings)	10a 10b		

Part	Supporting Organizations (continued)			
			Yes	No
11	Has the organization accepted a gift or contribution from any of the following persons?	ł		
а	A person who directly or indirectly controls, either alone or together with persons described in (b) and (c) below, the governing body of a supported organization?	11a		
b	A family member of a person described in (a) above?	11b		
	A 35% controlled entity of a person described in (a) or (b) above? If "Yes" to a, b, or c, provide detail in Part VI.	11c	 	
	on B. Type I Supporting Organizations	10	<u> </u>	<u> </u>
			Yes	No
1	Did the directors, trustees, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's directors or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove directors or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year	1		
2	Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization	2		
Secti	on C. Type II Supporting Organizations		L	L
			Yes	No
1	Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s)	1		
Secti	on D. All Type III Supporting Organizations			
1	Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax		Yes	No
	year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?			
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s)	2		
3	By reason of the relationship described in (2), did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's supported organizations played in this regard	3		
Secti	on E. Type III Functionally Integrated Supporting Organizations			
1 a b c	Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see in the organization satisfied the Activities Test. Complete line 2 below. The organization is the parent of each of its supported organizations. Complete line 3 below. The organization supported a governmental ontity. Describe in Part VI how you supported a government entity (
2	Activities Test. Answer (a) and (b) below.		Yes	
a	Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities			
b	Did the activities described in (a) constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement	2b		
3	Parent of Supported Organizations Answer (a) and (b) below.			
а	Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? <i>Provide details in Part VI.</i>			
b	Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? If "Yes," describe in Part VI the role played by the organization in this regard	3b		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Org			
1 Check here if the organization satisfied the Integral Part Test as a qualifying instructions. All other Type III non-functionally integrated supporting organ			
Section A—Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1 Net short-term capital gain	1		
2 Recoveries of prior-year distributions	2		
3 Other gross income (see instructions)	3		
4 Add lines 1 through 3.	4		
5 Depreciation and depletion	5	<u>-</u>	
6 Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6		
7 Other expenses (see instructions)	7		
8 Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8		100
Section B—Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year).			
a Average monthly value of securities	1a	<u> </u>	
b Average monthly cash balances			
c Fair market value of other non-exempt-use assets		<u> </u>	
d Total (add lines 1a, 1b, and 1c)			
e Discount claimed for blockage or other factors (explain in detail in Part VI)			
2 Acquisition indebtedness applicable to non-exempt-use assets	2		
3 Subtract line 2 from line 1d	3		
4 Cash deemed held for exempt use. Enter 1-1/2% of line 3 (for greater amount, see instructions)	4		
5 Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6 Multiply line 5 by .035	6		
7 Recoveries of pnor-year distributions	7	-	
8 Minimum Asset Amount (add line 7 to line 6)	8		
Section C—Distributable Amount			Current Year
1 Adjusted net income for prior year (from Section A, line 8, Column A)	1		
2 Enter 85% of line 1.	2		
3 Minimum asset amount for pnor year (from Section B, line 8, Column A)	3		
4 Enter greater of line 2 or line 3	4	1	
5 Income tax imposed in prior year	5		
6 Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6		
 7 Check here if the current year is the organization's first as a non-functionall instructions) 	y int	egrated Type III supporti	ng organization (see

Part	V Type III Non-Functionally Integrated 509(a)(3	3) Supporting Organ	izations (continued)	
Sect	ion D—Distributions	Current Year		
1	Amounts paid to supported organizations to accomplish			
2	Amounts paid to perform activity that directly furthers exe organizations, in excess of income from activity	orted		
3	Administrative expenses paid to accomplish exempt purp	oses of supported orga	nızations	
4	Amounts paid to acquire exempt-use assets			
5	Qualified set-aside amounts (prior IRS approval required)			
6	Other distributions (describe in Part VI) See instructions			
7	Total annual distributions. Add lines 1 through 6.			
8	Distributions to attentive supported organizations to whice (provide details in Part VI). See instructions.	h the organization is res	sponsive	
9	Distributable amount for 2018 from Section C, line 6			
10	Line 8 amount divided by line 9 amount			
Secti	on E—Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2018	(iii) Distributable Amount for 2018
1	Distributable amount for 2018 from Section C, line 6			
2	Underdistributions, if any, for years prior to 2018 (reasonable cause required—explain in Part VI) See instructions.			
3	Excess distributions carryover, if any, to 2018			
	From 2013	4 10 A A STREET A STREET A STREET STREET STREET		
b	From 2014			
С	From 2015			
d	From 2016			
е	From 2017			
f	<u> </u>		· · · · · · · · · · · · · · · · · · ·	
g	Applied to underdistributions of prior years			
<u>h</u>				
<u>i</u>	Carryover from 2013 not applied (see instructions)		 	
j_	Remainder. Subtract lines 3g, 3h, and 3i from 3f.		<u></u>	
4	Distributions for 2018 from Section D, line 7:			
			······································	
	Applied to underdistributions of prior years	, va avb v	~~~	
	Applied to 2018 distributable amount Remainder Subtract lines 4a and 4b from 4			
5	Remaining underdistributions for years prior to 2018, if any Subtract lines 3g and 4a from line 2. For result greater than zero, explain in Part VI . See instructions.		0	
6	Remaining underdistributions for 2018. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in Part VI . See instructions			0
7	Excess distributions carryover to 2019. Add lines 3j and 4c	0		
8	Breakdown of line 7			,
а	Excess from 2014			
b	Excess from 2015 .			. 1
С	Excess from 2016			
d	Excess from 2017 .			.,
е	Excess from 2018			···

Supplemental Information. Provide the explanations required by Part II, line 10, Part II, line 17a or 17b, Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c, Part IV, Section B, lines 1 and 2, Part IV, Section C, line 1, Part IV, Section D, lines 2 and 3, Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b, Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8, and Part V, Section E, lines 2, 5, and 6 Also complete this part for any additional information (See instructions)
PART I - REASON FOR PUBLIC CHARITY STATUS
LINE 7 HAS BEEN SELECTED SINCE THE ORGANIZATION QUALIFIES AS A PUBLIC CHARITY UNDER IRC
SECTION 170(b)(1)(A)(v1) AS CONFIRMED BY AN EXEMPTION LETTER PROVIDED BY THE IRS.
ALTHOUGH NOT SELECTED ON PART I, LINE 10, THE ORGANIZATION ALSO QUALIFIES AS A PUBLIC
CHARITY UNDER IRC SECTION 509(a)(2) BECAUSE IT RECEIVES NOT MORE THAN 33 1/3 SUPPORT
FROM GROSS INVESTMENT INCOME AND UNRELATED BUSINESS INCOME.
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SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements

► Complete if the organization answered "Yes" on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.

► Attach to Form 990.

▶ Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No 1545-0047

2018

Open to Public Inspection

Name o	f the organization		Employer identification number
USAN	A TRUE HEALTH FOUNDATION		27-3859228
Par	Organizations Maintaining Donor Ac Complete if the organization answered		
		(a) Donor advised funds	(b) Funds and other accounts
1	Total number at end of year		
2	Aggregate value of contributions to (during year)		
3	Aggregate value of grants from (during year) .		
4	Aggregate value at end of year		
5	Did the organization inform all donors and donor funds are the organization's property, subject to	or advisors in writing that the assets he the organization's exclusive legal contro	eld in donor advised
6	Did the organization inform all grantees, donors, only for charitable purposes and not for the ben	and donor advisors in writing that grainefit of the donor or donor advisor, or f	nt funds can be used or any other purpose
Par	Conservation Easements.	"Vos" on Form 900 Part IV line 7	
	Complete if the organization answered Purpose(s) of conservation easements held by the		
1	Preservation of land for public use (e.g., recre Protection of natural habitat Preservation of open space	ation or education) Preservation o	f a historically important land area f a certified historic structure
2	Complete lines 2a through 2d if the organization leasement on the last day of the tax year	held a qualified conservation contribution	on in the form of a conservation The conservation Held at the End of the Tax Year
а	Total number of conservation easements .		. 2a
b	Total acreage restricted by conservation easeme	nts	2b
С	Number of conservation easements on a certified		. 2c
d	Number of conservation easements included in historic structure listed in the National Register		on a . 2d
3	Number of conservation easements modified, tratax year ►	nsferred, released, extinguished, or teri	minated by the organization during the
4 5	Number of states where property subject to cons Does the organization have a written policy reviolations, and enforcement of the conservation of	egarding the periodic monitoring, ins	
6	Staff and volunteer hours devoted to monitoring, insp		g conservation easements during the year
7	Amount of expenses incurred in monitoring, inspect \$\$\$	ing, handling of violations, and enforcing	conservation easements during the year
8	Does each conservation easement reported on lin and section 170(h)(4)(B)(ii)?	e 2(d) above satisfy the requirements of .	f section 170(h)(4)(B)(i) Yes No
9	In Part XIII, describe how the organization reports balance sheet, and include, if applicable, the text organization's accounting for conservation easen	of the footnote to the organization's fir nents	nancial statements that describes the
Part	Organizations Maintaining Collection Complete if the organization answered		
1a	If the organization elected, as permitted under S works of art, historical treasures, or other similar public service, provide, in Part XIII, the text of the	ar assets held for public exhibition, ed	ducation, or research in furtherance of
b	If the organization elected, as permitted under works of art, historical treasures, or other similar public service, provide the following amounts related to the service of the service o	ar assets held for public exhibition, educating to these items:	ducation, or research in furtherance of
	(i) Revenue included on Form 990, Part VIII, line (ii) Assets included in Form 990, Part X . If the organization received or held works of an	1	• \$
	(ii) Assets included in Form 990, Part X .		► \$
2	following amounts required to be reported under	SFAS 116 (ASC 958) relating to these r	tems:
а	Revenue included on Form 990, Part VIII, line 1		> \$
b	Assets included in Form 990, Part X	<u> </u>	▶ \$

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Pag	ne.	

	Treasures, or Other Similar Assets (continued)
3 Using the organization's acquisition, accession, and other records, che collection items (check all that apply).	eck any of the following that are a significant use of its
a ☐ Public exhibition d ☐ Loai	n or exchange programs
	er
c Preservation for future generations	
4 Provide a description of the organization's collections and explain how XIII.	they further the organization's exempt purpose in Part
5 During the year, did the organization solicit or receive donations of art assets to be sold to raise funds rather than to be maintained as part of the control of the	
Part IV Escrow and Custodial Arrangements.	
Complete if the organization answered "Yes" on Form 990,	Part IV, line 9, or reported an amount on Form
990, Part X, line 21.	
1a Is the organization an agent, trustee, custodian or other intermediary included on Form 990, Part X?	
b If "Yes," explain the arrangement in Part XIII and complete the following	ee ae
b in res, explain the arrangement in rait Am and complete the following	Amount
c Beginning balance	1c
d Additions during the year	10
	1e
e Distributions during the yearf Ending balance	1f
2a Did the organization include an amount on Form 990, Part X, line 21, forb If "Yes," explain the arrangement in Part XIII Check here if the explanation	
Part V Endowment Funds.	of has been provided on Fart XIII
Complete if the organization answered "Yes" on Form 990,	Part IV line 10
(a) Current year (b) Prior year	(c) Two years back (d) Three years back (e) Four years back
4. December of control	(c) the years been (c) three years been (c) to be years
b Contributions	
c Net investment earnings, gains, and	
losses	
d Grants or scholarships	
e Other expenditures for facilities and programs	
f Administrative expenses	
g End of year balance	
2 Provide the estimated percentage of the current year end balance (line 1	g, column (a)) held as:
a Board designated or quasi-endowment ▶%	
b Permanent endowment ► %	
c Temporarily restricted endowment ▶ %	
The percentages on lines 2a, 2b, and 2c should equal 100%.	
3a Are there endowment funds not in the possession of the organization th	hat are held and administered for the
organization by	Yes No
(i) unrelated organizations	
(ii) related organizations	
b If "Yes" on line 3a(ii), are the related organizations listed as required on S	
4 Describe in Part XIII the intended uses of the organization's endowment	funds
Part VI Land, Buildings, and Equipment.	
Complete if the organization answered "Yes" on Form 990,	Part IV, line 11a See Form 990, Part X, line 10.
	or other basis (c) Accumulated (d) Book value (other)
1a Land	
b Buildings	
c Leasehold improvements	
d Equipment	
e Other	
Total. Add lines 1a through 1e (Column (d) must equal Form 990, Part X, colum	nn (B), line 10c) .

Part VII	Investments—Other Securities				
	Complete if the organization ansi	wered "Yes" on For		e 11b. See Form	990, Part X, line 12
	(a) Description of security or category (including name of security)	,	(b) Book value		hod of valuation -of-year market value
(1) Financial	denvatives				
(2) Closely-h	neld equity interests				
(3) Other					
(A)		i			
(B)					
(C)					
(D)					
(E)					
(F)					
(G)					
(H)	15 - 200 Park - 100 Park				
	b) must equal Form 990, Part X, col (B) line 12)			·	<u></u>
Part VIII	Investments—Program Related		n 000 Port IV line	110 Soo Form	000 Port V line 12
	Complete if the organization answ	wered tes on For			
	(a) Description of investment		(b) Book value		hod of valuation -of-year market value
(1)					<u> </u>
(2)				-	
(3)					
(4)				 	
(5)					
(6)					
(7)			-		
(8)					
				_	
(9)					
Total (Column (I	b) must equal Form 990, Part X, col (B) line 13) ▶				
	Other Assets.				
Total (Column (I		vered "Yes" on Forn	n 990, Part IV, line	e 11d. See Form	
Total (Column (I	Other Assets. Complete if the organization answ	vered "Yes" on Form	n 990, Part IV, line	e 11d. See Form	(b) Book value
Total (Column (I	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	
Total (Column (I Part IX (1) VITAMI	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
Total (Column (I Part IX (1) VITAMI (2) (3)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAM: (2) (3) (4)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5) (6)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5) (6) (7) (8)	Other Assets. Complete if the organization answ		n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9)	Other Assets. Complete if the organization answards) Description	n 990, Part IV, line		(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Columnation of the columnation of the	Other Assets. Complete if the organization answards (aINS) mn (b) must equal Form 990, Part X, co) Description	n 990, Part IV, line	e 11d. See Form	(b) Book value
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9)	Other Assets. Complete if the organization answards (a) INS mn (b) must equal Form 990, Part X, co	Description Discription Discription		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Columnation of the columnation of the	Other Assets. Complete if the organization answard (a INS mn (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization answard (b) must equal Form 990, Part X, complete if the organization and (b) must equal Form 990, Part X, complete if the organization and (b) must equal Form 990, Part X, complete if the organization and (b) must equal Form 990, Part X, complete if the organization and (b) must equal Form 990, Part X, complet	Description Discription Discription		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Column (in part X)	Other Assets. Complete if the organization answard (a INS mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organization answard (b) ine 25.	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Column (in the column (in the	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	Description Discription Discription		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Columation of the column of the col	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
Total (Column (I) Part IX (1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Column (I) Federal in (2)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Colume Part X 1. (1) Federal in (2) (3)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Colume Part X 1. (1) Federal in (2) (3) (4)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Colume Part X 1. (1) Federal in (2) (3) (4) (5)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Colume Part X 1. (1) Federal in (2) (3) (4) (5) (6)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
(1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Colume Part X 1. (1) Federal in (2) (3) (4) (5) (6) (7)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
Total (Column (I) Part IX (1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Column (I) Federal in (I)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707
Total (Column (I) Part IX (1) VITAMI (2) (3) (4) (5) (6) (7) (8) (9) Total. (Column (I) Federal in (I) (I) Federal in (I)	Other Assets. Complete if the organization answard (a INS) mn (b) must equal Form 990, Part X, complete if the organization answard (a Institute of the organiz	DI (B) line 15) vered "Yes" on Form		•	(b) Book value 142,707

organization's liability for uncertain tax positions under FIN 48 (ASC 740) Check here if the text of the footnote has been provided in Part XIII

Part			r Return.	
	Complete if the organization answered "Yes" on Form 990,	Part IV, line 12a		
1	Total revenue, gains, and other support per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:			
а	Net unrealized gains (losses) on investments	2a		
b	Donated services and use of facilities	2b		
С	Recoveries of prior year grants	2c		
d	Other (Describe in Part XIII)	2d		
е	Add lines 2a through 2d		2e	
3	Subtract line 2e from line 1		3	
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1			
а	Investment expenses not included on Form 990, Part VIII, line 7b .	4a	_	
b	Other (Describe in Part XIII)	4b	<u> </u>	
_	Add lines 4a and 4b		4c	
5	Total revenue Add lines 3 and 4c. (This must equal Form 990, Part I, line		5	
Part			er Return.	
	Complete if the organization answered "Yes" on Form 990,	Part IV, line 12a		
1	Total expenses and losses per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part IX, line 25	1 0 1		
a	Donated services and use of facilities	2a	-	
b	Prior year adjustments	2b	╡ ┃	
C	Other losses	2c 2d	-	
d	Other (Describe in Part XIII.)	20		
е 3			3	
4	Amounts included on Form 990, Part IX, line 25, but not on line 1		-	
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
	Other (Describe in Part XIII)	4b	-	
n			·——	
b	· · · · · · · · · · · · · · · · · · ·		4c	
	Add lines 4a and 4b	e 18).	4c 5	
c	Add lines 4a and 4b	e 18)	4c 5	
c 5 Part	Add lines 4a and 4b		5	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line Supplemental Information.	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line
c 5 Part Provid	Add lines 4a and 4b. Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line XIII Supplemental Information. e the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and	d 4, Part IV, lines 1b and 2	5 2b, Part V, line 4, Part X	i, line

Schedule D (For	m 990) 2018	Page 5
Part XIII	Supplemental Information (continued)	
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SCHEDULE F (Form 990)

Statement of Activities Outside the United States

OMB No 1545-0047

2018

Open to Public

Department of the Treasury Internal Revenue Service Name of the organization

► Complete if the organization answered "Yes" on Form 990, Part IV, line 14b, 15, or 16. ► Attach to Form 990.

► Go to www.irs.gov/Form990 for instructions and the latest information.

Inspection

Employer identification number

USANA TRUE HEALTH FOUNDA	TION			27-385	9228
General Information Form 990, Part IV, line		ies Outside	the United States. Con	nplete if the organization a	answered "Yes" or
1 For grantmakers. Does the other assistance, the grant award the grants or assistance.	ees' eligibilit				⊠ Yes □ No
2 For grantmakers. Describe outside the United States.		-			d other assistance
3 Activities per Region (The fo	llowing Part	l, line 3 table c	an be duplicated if addition	nal space is needed.)	
(a) Region	(b) Number of offices in the region	(c) Number of employees, agents, and independent contractors in the region	(d) Activities conducted in the region (by type) (such as, fundraising, program services, investments, grants to recipients located in the region)	(e) If activity listed in (d) is a program service, describe specific type of service(s) in the region	(f) Total expenditures for and investments in the region
(1) EAST ASIA & THE PACIFIC	0	0	GRANTMAKING	N/A	281,180
(2) CENTRAL AMERICA & THE CARIBBEAN	0	0	GRANTMAKING	N/A	115,000
(3) RUSSIA & NEIGHBORING STATES	0	0	GRANTMAKING	N/A	60,000
(4) SUB-SAHARAN AFRICA	0	0	GRANTMAKING	N/A	98,111
(5) SOUTH AMERICA	0	0	GRANTMAKING	N/A	5,000
(6) VARIOUS	0	0	GRANTMAKING	N/A	462,582
(7)					
(8)					_
(9)					
(10)					
(11)					
(12)					
(13)					
(14)					
(15)					
(16)					
(17)	_				
3a Sub-total	0	0			1,021,873
b Total from continuation sheets to Part I		<u></u>			2,004,013
c Totals (add lines 3a and 3b)	0	0			1,021,873

Schedule F (Form 990) 2018

Grants and Other Assistance to Organizations or Entities Outside the United States. Complete if the organization answered "Yes" on Form 990, Part IV, line 15, for any recipient who received more than \$5,000. Part II can be duplicated if additional space is needed. Part II

						-			
-	(a) Name of organization	(b) IRS code section and EIN (if applicable)	(c) Region	(d) Purpose of grant	(e) Amount of cash grant	(f) Manner of cash disbursement	(g) Amount of noncash assistance	(h) Description of noncash assistance	(I) Method of valuation (book, FMV, appraisal, other)
<u> </u>			EAST ASIA & THE PACIFIC	SEE PART V	7,900	ACH.	A/N		
(2)			SUB-SAHARAN AFRICA	SEE PART V	98,111	ACH	N/A		
(3)			EAST ASIA & THE PACIFIC	SEE PART V	11,280	ACH	N/A		
4)			EAST ASIA & THE PACIFIC	SEE PART V	162,000	ACH	N/A		
(5)			CENTRAL AMERICA & THE CARIBBEAN	SEE PART V	20,000	АСН	A/N		
(9)			EAST ASIA & THE PACIFIC	SEE PART V	15,000	ACH	N/A		
<u> </u>			CENTRAL AMERICA	SEE PART V	92, 000	ACH	N/A		
(8)			RUSSIA & NEIGHBORING STATES	SEE PART V	000'09	ACH	A/N		
(6)			EAST ASIA & THE PACIFIC	SEE PART V	85,000	ACH	N/A		
(10)			SOUTH AMERICA	SEE PART V	5,000	АСН	N/A		
(11)			VARIOUS	SEE PART V	239,011	ACH	223,571	SEE PART V	FMV
(12)									
(13)									
<u>+</u>									
(15)									
(16)									
7	Enter total nuby the IRS, or	mber of recipie for which the	Enter total number of recipient organizations listed above the by the IRS, or for which the grantee or counsel has provided		t are recognized as charities by the fia section 501(c)(3) equivalency letter	s by the foreign coun ncy letter	itry, recognized as ta	x-exempt ▼	e

Schedule F (Form 990) 2018

Enter total number of other organizations or entities

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Schedule F (I	Schedule F (Form 990) 2018
Part III	art III Grants and Other Assistance to Individuals Outside the United States. Complete if the organization answered "Yes" on Form 990, Part IV, line 16.
	Part III can be duplicated if additional space is needed.

e (a)) 2018
(h) Method of valuation (book, FMV, appraisal, other)					!														Schedule F (Form 990) 2018
(g) Description of noncash assistance																			Sch
(f) Amount of noncash assistance																			
(e) Manner of cash disbursement													•						
(d) Amount of cash grant																			
(c) Number of recipients																			
(b) Region																			
(a) Type of grant or assistance	(1)	(2)	(3)	(4)	(5)	(9)	(2)	(8)	(6)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	

Part	IV Foreign Forms		
1	Was the organization a U.S. transferor of property to a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 926, Return by a U.S. Transferor of Property to a Foreign Corporation (see Instructions for Form 926)	☐ Yes	X No
2	Did the organization have an interest in a foreign trust during the tax year? If "Yes," the organization may be required to separately file Form 3520, Annual Return To Report Transactions With Foreign Trusts and Receipt of Certain Foreign Gifts, and/or Form 3520-A, Annual Information Return of Foreign Trust With a U.S Owner (see Instructions for Forms 3520 and 3520-A, don't file with Form 990)	☐ Yes	X No
3	Did the organization have an ownership interest in a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 5471, Information Return of U.S. Persons With Respect To Certain Foreign Corporations (see Instructions for Form 5471)	☐ Yes	⊠ No
4	Was the organization a direct or indirect shareholder of a passive foreign investment company or a qualified electing fund during the tax year? If "Yes," the organization may be required to file Form 8621, Information Return by a Shareholder of a Passive Foreign Investment Company or Qualified Electing Fund (see Instructions for Form 8621)	☐ Yes	⊠ No
5	Did the organization have an ownership interest in a foreign partnership during the tax year? If "Yes," the organization may be required to file Form 8865, Return of U.S. Persons With Respect to Certain Foreign Partnerships (see Instructions for Form 8865)	☐ Yes	⊠ No

Did the organization have any operations in or related to any boycotting countries during the tax year? If "Yes," the organization may be required to separately file Form 5713, International Boycott Report (see Instructions for Form 5713, don't file with Form 990).

☐ Yes

X No

Part V

Supplemental Information

Provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region), Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c) (estimated number of recipients), as applicable Also complete this part to provide any additional information. See instructions

PART I, LINE 2 - PROCEDURES FOR MONITORING USE OF GRANT FUNDS OUTSIDE OF THE U.S.
USANA TRUE HEALTH FOUNDATION ("UTHF") PROVIDES ORGANIZATIONS WITH PROGRAM-SPECIFIC GRANTS. UTHF MAY SUPPORT
ORGANIZATIONS ON A REGULAR BASIS OR ACCORDING TO NEED. ORGANIZATIONS THAT RECEIVE GRANTS FROM UTHE ON A REGULAR
BASIS ARE REQUIRED TO PROVIDE QUARTERLY REPORTS DETAILING THE USE OF FUNDS. EACH REPORT MUST BE REVIEWED AND
APPROVED BY UTHE BEFORE ADDITIONAL GRANTS WILL BE GIVEN TO THAT ORGANIZATION. BEFORE UTHE PROVIDES GRANTS
ACCORDING TO NEED (E.G. DISASTER RELIEF), IT CONTACTS THE APPROPRIATE ORGANIZATION TO DETERMINE THE NEEDS OF A
SPECIFIC LOCATION. UTHF ISSUES GRANTS TO ADDRESS THOSE SPECIFIC NEEDS. THE RECEIVING ORGANIZATION IS REQUIRED TO
REPORT BACK REGARDING THE USE OF THE FUNDS PROVIDED USING THESE MONITORING PROCEDURES, UTHE ENSURES EVERY DOLLAR
GRANTED SPECIFICALLY FULFILLS UTHF'S MISSION.
PART II - METHOD OF ACCOUNTING
THE GRANTS LISTED ON PART II ARE REPORTED ACCORDING TO THE CASH METHOD OF ACCOUNTING.
PART II, LINE (1)(D) - PURPOSE OF GRANT
TO PROVIDE MRES (MEALS READY TO EAT) AND WATER FOR EARTHQUAKE AND TSUNAMI VICTIMS.
PART II, LINE (2)(D) - PURPOSE OF GRANT
TO PROVIDE EMERGENCY FOOD AND RESOURCES FOR CHILDREN AND WOMEN WHO HAVE SUFFERED HUNGER, POVERTY, AND ABUSE.
PART II, LINE (3)(D) - PURPOSE OF GRANT
TO PROVIDE MEALS FOR FAMILIES IN NEED.
PART II, LINE (4)(D) - PURPOSE OF GRANT
TO PROVIDE MEALS FOR ORPHAN CHILDREN.
PART II, LINE (5)(D) - PURPOSE OF GRANT
TO PROVIDE FOOD, WATER, HYGIENE PRODUCTS, AND TRANSPORTATION AS DISASTER RELIEF FOLLOWING A VOLCANIC ERUPTION.
PART II, LINE (6)(D) - PURPOSE OF GRANT
TO PROVIDE FOOD AND BABY FORMULA AS DISASTER RELIEF FOLLOWING AN EARTHQUAKE.
PART II, LINE (7)(D)- (11)D - PURPOSE OF GRANT
TO PROVIDE MEALS FOR FAMILIES IN NEED.
PART II, LINE (11)(H) - DESCRIPTION OF NONCASH ASSISTANCE
TO PROVIDE USANIMALS CHILDREN'S VITAMINS TO THE 1)SOUTH AMERICA AND 2)CENTRAL AMERICA AND THE CARIBBEAN REGIONS.

SCHEDULE G (Form 990 or 990-EZ)

Department of the Treasury

Internal Revenue Service

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered "Yes" on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a

► Attach to Form 990 or Form 990-EZ

▶ Go to www irs.gov/Form990 for instructions and the latest information.

OMB No 1545-0047

2018

Open to Bublic

Open to Public Inspection

Name	of the organization		<u> </u>			Employer identifi	cation number
USA	NA TRUE HEALTH FOUNDATI	ON				27-3859228	}
Par	Fundraising Activities. Form 990-EZ filers are r				vered "Yes" on	Form 990, Part IV,	line 17.
1	Indicate whether the organization	on raised funds	through any	of the follo	owing activities. C	heck all that apply	
а	☐ Mail solicitations		e [Solicitat	ion of non-govern	ment grants	
b	☐ Internet and email solicitation	ns	f [Solicitat	ion of governmen	t grants	
С	☐ Phone solicitations		g [Special	fundraising events	S	
d	☐ In-person solicitations						
2a	Did the organization have a writ	tten or oral agre	ement with	any individ	dual (including off	cers, directors, trust	ees,
	or key employees listed in Form	ı 990, Part VIĪ) o	r entity in c	onnection	with professional	fundraising services	? Yes No
b	If "Yes," list the 10 highest paid compensated at least \$5,000 by			draisers) pi	ursuant to agreen	nents under which th	ne fundraiser is to be
	(i) Name and address of individual or entity (fundraiser)	(II) Activity	custody c	draiser have or control of outlons?	(IV) Gross receipts from activity	(v) Amount paid to (or retained by) fundraiser listed in	(vi) Amount paid to (or retained by) organization
			Yes	No		col (i)	
1							
2							
3			 				
4			 				
					-		
6					-	<u> </u>	
7				-			
			<u></u>				
8							
9							
10							
Total			<u> </u>				
3	List all states in which the orga	· · · · · · · · · · · · · · · · · · ·	torod or lic	oneod to s	olicit contribution	s or has been notific	nd it is exempt from
J	registration or licensing	iilization is regis	itered of itc	ensed to s	onch contribution	s of flas been flotting	ed it is exempt from
				·			
							
				·			

Schedule G (Form 990 or 990-EZ) 2018				Page 2
Part II	Fundraising Events. Conthan \$15,000 of fundraising gross receipts greater that	ng event contributions			
		(a) Event #1	(b) Event #2	(c) Other events	(d) Total events
		5K RUN/WALK	N/A	NONE (total number)	(add col (a) through col (c))

a			(a) Event #1 5K RUN/WALK (event type)	(b) Event #2 N/A (event type)	(c) Other events NONE (total number)	(d) Total events (add col (a) through col (c))
Revenue	1	Gross receipts	49,530			49,530
œ	2	Less: Contributions .				
	3	Gross income (line 1 minus line 2)	49,530			49,530
	4	Cash prizes				0
	5	Noncash prizes .				0
enses	6	Rent/facility costs .				0
Direct Expenses	7	Food and beverages				0
Direc	8	Entertainment				0
	9	Other direct expenses				0
	10 11	Direct expense summary. Ad Net income summary. Subtra				49,530
Pa	rt III	Gaming. Complete if the \$15,000 on Form 990-E2	e organization answe		990, Part IV, line 19,	
Revenue			(a) Bingo	(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col (a) through col (c))
Re	1_	Gross revenue				
ses	2	Cash prizes				
Direct Expenses	3	Noncash prizes				
Oirect	4	Rent/facility costs				
	5	Other direct expenses .		<u> </u>		
	6	Volunteer labor	☐ Yes % ☐ No	☐ Yes % ☐ No	☐ Yes % ☐ No	
	7	Direct expense summary. Ad-	d lines 2 through 5 in co	olumn (d) .	•	
	8	Net gaming income summary	Subtract line 7 from li	ne 1, column (d)	<u> ▶</u>	<u></u>
	a Is	nter the state(s) in which the org the organization licensed to co "No," explain.		s in each of these states		· Yes No
10a		ere any of the organization's ga "Yes," explain.	amıng licenses revoked	, suspended, or termina		? . Yes No

Schedu	ule G (Form 990 or 990-EZ) 2018		Page 3
11	Does the organization conduct gaming activities with nonmembers?	☐ Yes	□No
12	Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed to administer charitable gaming?	☐ Yes	□No
13	Indicate the percentage of gaming activity conducted in:		
а	The organization's facility		%
b			%
14	Enter the name and address of the person who prepares the organization's gaming/special events books and records		
	Name ►		
	Address ▶	·	
15a	Does the organization have a contract with a third party from whom the organization receives gaming revenue?	∏ Yes	ПМо
b	revenue?		
С	If "Yes," enter name and address of the third party.		
	Name ►		
	Address ►		
16	Gaming manager information.		
	Name ▶		
	Gaming manager compensation ▶ \$		
	Description of services provided ▶		
	☐ Director/officer ☐ Employee ☐ Independent contractor		
17	Mandatory distributions		
а	Is the organization required under state law to make charitable distributions from the gaming proceeds to		
		☐ Yes	☐ No
b	Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year > \$		
Part	Supplemental Information. Provide the explanations required by Part I, line 2b, columns (iii Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide any additional See instructions.		
			 -
	······································		
		·	

SCHEDULE 1 (Form 990)

Department of the Treasury Internal Revenue Service

Name of the organization

Part I

Governments, and Individuals in the United States Grants and Other Assistance to Organizations,

Complete if the organization answered "Yes" on Form 990, Part IV, line 21 or 22.

► Go to www.irs.gov/Form990 for the latest information. ► Attach to Form 990.

%01	Open to Public

OMB No 1545-0047

Employer identification number 27-3859228

Does the organization maintain records to substantiate the amount of the grants or assistance, the grantees' eligibility for the grants or assistance, and General Information on Grants and Assistance JSANA TRUE HEALTH FOUNDATION

Grants and Other Assistance to Domestic Organizations and Domestic Governments. Complete if the organization answered "Yes" on Form 990, Part IV, line 21, for any recipient that received more than \$5,000. Part II can be duplicated if additional space is needed. °N □ ⊠Yes Describe in Part IV the organization's procedures for monitoring the use of grant funds in the United States the selection criteria used to award the grants or assistance? Part II

1 (a) Name and address of organization or government	(p) EIN	(c) IRC section (if applicable)	(d) Amount of cash grant	(e) Amount of non- cash assistance	(f) Method of valuation (book, FMV, appraisal, other)	(g) Description of noncash assistance	(h) Purpose of grant or assistance
(1) INTERNATIONAL RELIEF TEAMS SAN DIEGO, CA	33-0412751	501(C)(3)	006 '88	N/A			SEE PART IV
(2) CHILDREN'S HUNGER FUND SYLMAR, CA	95-4335462	501(C)(3)	1,392,001	223,571	FMV	VITAMINS	SEE PART IV
(3)CONVOY OF HOPE SPRINGFIELD, MO	68-0051386	501 (C) (3)	20,000	A/N			SEE PART IV
(4) KIDSEAT FOUNDATION MURRAY, UT	47-4920675	501 (C) (3)	24,258	A/N			SEE PART IV
(5) NEIGHBORHOOD HOUSE ASSOCIATION SALT LAKE CITY, UT	87-0212462	501(C)(3)	30,000	A/N			SEE PART IV
(9)							
(2)							
(8)							
(6)							
(10)				:			
(11)							
(12)							
2 Enter total number of section 501(c)(3) and government organizations listed in the line 1 table	n 501(c)(3) and go	vernment organiza	itions listed in the	ine 1 table			5
	organizations liste	d in the line 1 table	a)				0
For Paperwork Reduction Act Notice, see the Instructions for Form 990.	, see the Instructio	ns for Form 990.					Schedule I (Form 990) (2018)

Part III	Grants and Other Assistance to Domestic Individuals. Complete if the organization answered "Yes" on Form 990, Part IV, line 22. Part III can be duplicated if additional space is needed.	mestic Individu a space is needed	als. Complete if the 1.	organization answ	ered "Yes" on Form 990,	Part IV, line 22.
	(a) Type of grant or assistance	(b) Number of recipients	(c) Amount of cash grant	(d) Amount of noncash assistance	(e) Method of valuation (book, FMV, appraisal, other)	(f) Description of noncash assistance
-						
7						
က						
4						
5						
9				:		
-						
Part IV	Supplemental Information. Provide the information required in Part I, line 2, Part III, column (b); and any other additional information.	the information r	equired in Part I, lin	e 2, Part III, columr	(b); and any other addit	onal information.
PART 1,	PART 1, LINE 2 - PROCEDURES FOR MONITORING USE OF GRANT FUNDS IN THE UNITED STATES	TORING USE O	F GRANT FUNDS	IN THE UNITED S		
USANA T	USANA TRUE HEALTH FOUNDATION ("UTHF") PROVIDES ORGANIZATIONS WITH PROGRAM-SPECIFIC GRANTS. UTHF MAY SUPPORT) PROVIDES O	RGANIZATIONS W	TH PROGRAM-SPE	CIFIC GRANTS. UTHE	MAY SUPPORT
ORGANIZ	ORGANIZATIONS ON A REGULAR BASIS OR ACCORDING	ACCORDING TO	NEED. ORGANIZA	ATIONS THAT REC	EIVE GRANTS FROM U	TO NEED. ORGANIZATIONS THAT RECEIVE GRANTS FROM UTHF ON A REGULAR BASIS
ARE REQ	ARE REQUIRED TO PROVIDE QUARTERLY REPORTS DETAILING THE USE OF FUNDS. EACH REPORT MUST BE REVIEWED AND APPROVED BY UTHF	PORTS DETAIL	ING THE USE OF	FUNDS. EACH RE	PORT MUST BE REVIE	WED AND APPROVED BY UTHF

CONTINUED ON NEXT PAGE.

UTHF ISSUES GRANTS TO ADDRESS THOSE SPECIFIC NEEDS. THE RECEIVING ORGANIZATION IS REQUIRED TO REPORT BACK REGARDING THE

(E.G. DISASTER RELIEF), IT CONTACTS THE APPROPRIATE ORGANIZATION TO DETERMINE THE NEEDS OF A SPECIFIC LOCATION.

BEFORE ADDITIONAL GRANTS WILL BE GIVEN TO THAT ORGANIZATION. BEFORE UTHF PROVIDES GRANTS ACCORDING TO NEED

USE OF THE FUNDS PROVIDED. USING THESE MONITORING PROCEDURES, UTHF ENSURES EVERY DOLLAR GRANTED SPECIFICALLY FULFILLS

UTHF'S MISSION.

Schedule 1 (Form 990) (2018)

	non a condo municipan a como un tra t	inononi oi oondo				
	(a) Type of grant or assistance	(b) Number of recipients	(c) Amount of cash grant	(d) Amount of noncash assistance	(e) Method of valuation (book, FMV, appraisal, other)	(f) Description of noncash assistance
-						
7						
က						
4						
r.						
9						
7						
Part IV	Part IV Supplemental Information. Provide the information required in Part I, line 2; Part III, column (b); and any other additional information.	the information re	equired in Part I, lin	e 2; Part III, column	(b); and any other additi	onal information.

PART II, 1(1)(H) - PURPOSE OF GRANT OR ASSISTANCE

EVACUEES IN FLORIDA FOLLOWING HURRICANE MICHAEL. OF THE TOTAL CASH GRANT, \$7,900 WAS USED TO PROVIDE ASSISTANCE IN A FOREIGN COUNTRY (TO PROVIDE FOOD AND BABY FORMULA AS DISASTER RELIEF FOLLOWING AN EARTHQUAKE) AND IS ALSO LISTED ON TO PROVIDE MRES (MEALS READY TO EAT) FOR EVACUEES IN NORTH CAROLINA DURING A HURRICANE, AND TO PROVIDE MRES FOR SCHEDULE F, STATEMENT OF ACTIVITIES OUTSIDE THE U.S.

PART II, 1(2)(H) - PURPOSE OF GRANT OR ASSISTANCE

ORGANIZATION WHEN DISTRIBUTING SUPPLIES, AND TRAIN THE MERCY NETWORK. OF THE TOTAL CASH GRANTS LISTED, \$681,011 WAS USED THE PURPOSE OF THE GRANTS USED IN THE U.S. WAS TO PROVIDE FOOD TO CHILDREN IN NEED, SPONSOR TRUCKS USED BY THE DONEE TO PROVIDE ASSISTANCE IN FOREIGN COUNTRIES AND ARE ALSO LISTED ON SCHEDULE F, STATEMENT OF ACTIVITIES OUTSIDE THE U.S. THE PURPOSE OF THE GRANTS USED IN FOREIGN LOCATIONS WAS TO PROVIDE FOOD TO CHILDREN AND FAMILIES IN NEED AND TO PROVIDE FOOD, WATER, AND BABY FORMULA AS RELIEF FROM NATURAL DISASTERS. ALL NON-CASH ASSISTANCE WAS USED IN FOREIGN LOCATIONS. ć

Part

CLASSES (f) Description of noncash assistance PRODUCE AND COOKING/NUTRITION Supplemental Information. Provide the information required in Part I, line 2; Part III, column (b); and any other additional information. Grants and Other Assistance to Domestic Individuals. Complete if the organization answered "Yes" on Form 990, Part IV, line 22. Part III can be duplicated if additional space is needed TO PROVIDE FOOD KITS FOR PEOPLE LIVING IN POVERTY IN PUERTO RICO FOLLOWING THE HURRICANES OF 2017. (e) Method of valuation (book, FMV, appraisal, other) TO PROVIDE HUNGRY CHILDREN IN THE SALT LAKE VALLEY WITH YEAR-ROUND ACCESS TO FRESH - PURPOSE OF GRANT OR ASSISTANCE (d) Amount of noncash assistance PART II, 1(4)(H) - PURPOSE OF GRANT OR ASSISTANCE TO PROVIDE FOOD FOR HUNGRY CHILDREN WITHIN THE SALT LAKE VALLEY. (c) Amount of cash grant PART II, 1(3)(H) - PURPOSE OF GRANT OR ASSISTANCE (b) Number of recipients (a) Type of grant or assistance PART II, 1(5)(H) Part IV ~ S 9 က

Schedule I (Form 990) (2018)

SCHEDULE J (Form 990)

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

▶ Complete if the organization answered "Yes" on Form 990, Part IV, line 23.

▶ Attach to Form 990.

▶ Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No 1545-0047 2018

Open to Public Inspection

Department of the Treasury Internal Revenue Service Name of the organization

Employer identification number

USAN	A TRUE HEALTH FOUNDATION 27-3859228			
Part	Questions Regarding Compensation		_	
			Yes	No
1a	Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990, Part VII, Section A, line 1a Complete Part III to provide any relevant information regarding these items			
	☐ First-class or charter travel ☐ Housing allowance or residence for personal use			}
	☐ Travel for companions ☐ Payments for business use of personal residence			İ
	☐ Tax indemnification and gross-up payments ☐ Health or social club dues or initiation fees			
	☐ Discretionary spending account ☐ Personal services (such as, maid, chauffeur, chef)	1		1
b	If any of the boxes on line 1a are checked, did the organization follow a written policy regarding payment			
	or reimbursement or provision of all of the expenses described above? If "No," complete Part III to	}		ł
	explain	1b		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors, trustees, and officers, including the CEO/Executive Director, regarding the items checked on line 1a?	2		
3	Indicate which, if any, of the following the filing organization used to establish the compensation of the organization's CEO/Executive Director Check all that apply Do not check any boxes for methods used by a related organization to establish compensation of the CEO/Executive Director, but explain in Part III.			
	☐ Compensation committee ☐ Written employment contract			
	☐ Independent compensation consultant ☐ Compensation survey or study			
	☐ Form 990 of other organizations ☐ Approval by the board or compensation committee			
4	During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing organization or a related organization			
а	Receive a severance payment or change-of-control payment?	4a		Χ
b	Participate in, or receive payment from, a supplemental nonqualified retirement plan?	4b		Х
С	Participate in, or receive payment from, an equity-based compensation arrangement?	4c	X	
	If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.	'		
5	Only section 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5–9. For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the revenues of.			
а	The organization?	5a		X
	Any related organization?	5b		X
_	If "Yes" on line 5a or 5b, describe in Part III.			
6	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any			
	compensation contingent on the net earnings of.			
а	The organization?	6a		Χ
b	Any related organization?	6b		Х
	If "Yes" on line 6a or 6b, describe in Part III.			
7	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments not described on lines 5 and 6? If "Yes," describe in Part III	7		Х
8	Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject			
	to the initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe			
	ın Part III	8		Х
9	If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in Regulations section 53.4958-6(c)?	9		

Schedule J (Form 990) 2018

Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed Part II

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that aren't listed on Form 990, Part VII.

Note: The sum of columns (BXI)—(III) for each listed individual must equal the total amount of Form 990. Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

NOTE: THE SUIT OF COUNTY OF EACH INSECTION OF W-2 and/or 1099-MISC compensation (a) applicable Column (b) and (c) amounts for that manning and the suit of the sui	במר במר	(B) Breakdown of	(B) Breakdown of W-2 and/or 1099-MISC compensation	SC compensation	(All, Occion A, III)	a, applicable	(-) and (-)	TO THAT HAININGS
					(C) Ketirement and	(D) Nontaxable	(E) Total of columns	(r) Compensation
(A) Name and Title		(I) Base compensation	(ii) Bonus & incentive compensation	(III) Other reportable	compensation	Denemics		as deferred on prior
				compensation				
	<u>e</u>	0		0	0	0	0	0
1 BRIAN PAUL, PRESIDENT	(ii)	142,425	548,499	1,87	18,755	20,893	732,448	0
	(i)							
2	(ii)							
	(E)							
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Schedule J (Form 990) 2018 Page 3
일 그
PART I, LINE 3 - METHOD TO DETERMIND COMPENSATION
COMPENSATION OF THE ORGANIZATION'S CEO/PRESIDENT WAS DETERMINED BY USANA HEALTH SCIENCES, INC., A RELATED ORGANIZATION
USING A COMPENSATION SURVEY OR STUDY.
PART I, LINE 4C - EQUITY-BASED COMPENSATION
BRIAN PAUL RECEIVED \$496,352 IN EQUITY-BASED COMPENSATION FROM USANA HEALTH SCIENCES, INC., A RELATED ORGANIZATION.
SEE USANA HEALTH SCIENCES, INC.'S EQUITY COMPENSATION PLAN (A PUBLIC DOCUMENT) FOR DETAILS.
Schodule ((Form adn) 2018

SCHEDULE M (Form 990)

Noncash Contributions

OMB No 1545-0047

Open to Public . Inspection

Department of the Treasury Internal Revenue Service

► Complete if the organizations answered "Yes" on Form 990, Part IV, lines 29 or 30.

► Attach to Form 990.

► Go to www.irs.gov/Form990 for instructions and the latest information.

Name o	of the organization			1	Employer (dentification ni	ımber		
	A TRUE HEALTH FOUNDATIO	N			27-3859	9228			
Par	Types of Property								
		(a) Check if applicable	(b) Number of contributions or items contributed	(c) Noncash cont amounts repo Form 990, Part V	rted on	Method noncash co			
1	Art—Works of art								
2	Art—Historical treasures .								
3	Art—Fractional interests								
4	Books and publications .					<u></u>			
5	Clothing and household goods								
6	Cars and other vehicles .								
7	Boats and planes								
8	Intellectual property								
9	Securities—Publicly traded .								
10	Securities—Closely held stock								
11	Securities—Partnership, LLC, or trust interests								
12	Securities—Miscellaneous					-			
13	Qualified conservation contribution—Historic								
	structures]							
14	Qualified conservation contribution—Other								
15	Real estate—Residential								
16	Real estate—Commercial								
17	Real estate—Other								
18	Collectibles								
19	Food inventory								
20	Drugs and medical supplies .								
21	Taxidermy								
22	Historical artifacts				-		-		
23	Scientific specimens			_					
24	Archeological artifacts								
25	Other ► (VITAMINS)	X	23,724		366,278	FAIR MAI	RKET	VAL	UE
26	Other ► ()								
27	Other ► ()			-					
28	Other ► (-					
29	Number of Forms 8283 received	by the ord	panization during the tax v	ear for contribu	tions for				
	which the organization completed					29			С
	·			-				Yes	No
30a	During the year, did the organiza	tion receive	by contribution any prope	erty reported in F	Part I. lines	1 through			
•••	28, that it must hold for at least t						l		_
	to be used for exempt purposes					, , ,	30a		Х
b	If "Yes," describe the arrangemen		. .						Γ
31	Does the organization have a contributions?	gift accep		es the review of	of any no	onstandard	31	X	
22-				o to collect pro-			⊢	_^	
32a		e third part · ·		s to soncit, proc 			32a		X
b	If "Yes," describe in Part II								
33	If the organization didn't report an	amount in	column (c) for a type of pro	perty for which c	oiumn (a) i	s cnecked	1 8		1 '

describe in Part II.

Part II	Supplemental Information. Provide the information required by Part I, lines 30b, 32b, and 33, and whether the organization is reporting in Part I, column (b), the number of contributions, the number of items received, or a combination of both. Also complete this part for any additional information.
PART I,	COLUMN (B) - NUMBER OF CONTRIBUTIONS OR ITEMS CONTRIBUTED
LINE 25	- OTHERVITAMINS - NUMBER OF ITEMS CONTRIBUTED; REPRESENTS 1) BOTTLES OF
USANIMA	LS VITAMINS PURCHASED BY USANA DISTRIBUTORS AT FAIR MARKET VALUE AND DONATED
TO THE	ORGANIZATION, AND 2) BOTTLES OF USANIMALS DONATED BY USANA HEALTH SCIENCES, INC.
AS PART	OF A MATCHING PROGRAM.
	······································
	
	······································

SCHEDULE O (Form 990 or 990-EZ)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information. ► Attach to Form 990 or 990-EZ.

Department of the Treasury Internal Revenue Service

2018 Open to Public

OMB No 1545-0047

► Go to www.irs.gov/Form990 for the latest information. **Inspection** Name of the organization Employer identification number 27-3859228 USANA TRUE HEALTH FOUNDATION FORM 990, PART III, LINE 1 - ORGANIZATION'S MISSION THE MISSION OF THE USANA TRUE HEALTH FOUNDATION ("UTHF") IS TO ENSURE THAT IMPOVERISHED CHILDREN AND FAMILIES REACH THEIR FULLEST POTENTIAL BY PROVIDING FOOD AND NUTRITION. FORM 990, PART VI, LINE 8B - DOCUMENTATION OF MEETINGS WITH COMMITTEES THE ORGANIZATION DID NOT HAVE ANY COMMITTEES DURING 2018 FORM 990, PART VI, LINE 9 - OFFICERS AND DIRECTORS WHO CANNOT BE REACHED AT THE CORPORATION'S MAILING ADDRESS DAVID GREGERSEN - 12128 S RIVER VISTA DRIVE, RIVERTON UT 84065 FORM 990, PART VI, LINE 11B - FORM 990 REVIEW PROCESS FORM 990 IS PREPARED BY THE TAX DEPARTMENT OF USANA HEALTH SCIENCES, INC. ("USANA") AND REVIEWED BY BRIAN PAUL, UTHF PRESIDENT, AND THE LEGAL DEPARTMENT OF USANA. A COPY OF THE FORM 990 IS PROVIDED TO EACH MEMBER OF THE BOARD PRIOR TO FILING WITH THE IRS. FORM 990, PART VI, LINE 12C - ENFORCEMENT OF CONFLICT OF INTEREST POLICY PER THE CONFLICT OF INTEREST POLICY CONTAINED IN THE BYLAWS, EACH DIRECTOR, PRINCIPAL OFFICER, AND MEMBER OF A COMMITTEE WITH GOVERNING BOARD DELEGATED POWERS MUST ANNUALLY SIGN A STATEMENT WHICH AFFIRMS HE OR SHE (A) HAS RECEIVED A COPY OF THE CONFLICT OF INTEREST POLICY, (B) HAS READ AND UNDERSTANDS THE POLICY, (C) HAS AGREED TO COMPLY WITH THE POLICY, AND (D) UNDERSTANDS THE CORPORATION IS CHARITABLE AND IN ORDER TO MAINTAIN ITS FEDERAL TAX EXEMPTION IT MUST ENGAGE PRIMARILY IN ACTIVITIES WHICH ACCOMPLISH ONE OR MORE OF ITS TAX EXEMPT PURPOSES. IN THE EVENT OF AN ACTUAL OR POSSIBLE CONFLICT OF INTEREST, THE DIRECTOR, OFFICER, OR COMMITTEE MEMBER INVOLVED MUST SELF REPORT THE CONFLICT TO THE BOARD.

Name of the organization	Employer identification number 27-3859228
USANA TRUE HEALTH FOUNDATION	21-3859228
FORM 990, PART VI, LINE 19 - DOCUMENTS MADE AVAILABLE TO THE PUBLIC	
THE ORGANIZATION MADE ITS GOVERNING DOCUMENTS, CONFLICT OF INTEREST	POLICY, AND FINANCIAL
STATEMENTS AVAILABLE TO THE PUBLIC IN 2018. ALL DOCUMENTS ARE AVAILABLE	ABLE UPON REQUEST.
FORM 990, PART VIII	
USANA HEALTH SCIENCES, INC. ("USANA") PAYS FOR ALL OVERHEAD AND ADMI	NISTRATIVE COSTS OF
UTHF. THESE EXPENSES ARE NOT REPORTED ON PART VIII. EXPENSES FOR 203	8 WERE AS FOLLOWS:
ADVERTISING AND PROMOTION \$ 28,195	
OFFICE EXPENSES 17,332	
INFORMATION TECHNOLOGY 8,767	······
TRAVEL 30,968	
CONFERENCES, CONVENTIONS, AND MEETINGS 11,634	
INSURANCE 148	
DUES AND SUBSCRIPTIONS 116	
MEALS AND ENTERTAINMENT 2,709	
GIFTS 545	
SMALL EQUIPMENT 4,954	
5K EXPENSES 22,063	······
ALL OTHER EXPENSES 4,125	······
TOTAL \$ 131,556	
USANA ALSO REIMBURSED UTHF FOR THE \$3,500 IN TRAVEL EXPENSES SHOWN I	N COLUMN B, LINE 17
AND WILL REIMBURSE UTHF FOR EXPENSES IN COLUMN C IN 2019.	·
	•
······	•

SCHEDULE R (Form 990) Department of the Treasury Internal Revenue Service Name of the organization USANA TRUE HEALTH FOUNDATION

Part

2

9

Related Organizations and Unrelated Partnerships

► Complete if the organization answered "Yes" on Form 990, Part IV, line 33, 34, 35b, 36, or 37.

► Attach to Form 990.

► Go to www.irs.gov/Form990 for instructions and the latest information.

Identification of Disregarded Entities. Complete if the organization answered "Yes" on Form 990, Part IV, line 33.

Open to Public

OMB No 1545-0047

Employer identification number

27-3859228

(g) Section 512(b)(13) controlled entity? Schedule R (Form 990) 2018 ž (f) Direct controlling Identification of Related Tax-Exempt Organizations. Complete if the organization answered "Yes" on Form 990, Part IV, line 34, because it had entity Yes (f)
Direct controlling
entity (e) End-of-year assets Public charity status (if section 501(c)(3)) (d) Total income (d) Exempt Code section (c)
Legal domicile (state
or foreign country) (c) Legal domicile (state or foreign country) (b) Primary activity (b) Primary activity one or more related tax-exempt organizations during the tax year. For Paperwork Reduction Act Notice, see the Instructions for Form 990. (a)Name, address, and EIN (if applicable) of disregarded entity (a)Name, address, and EIN of related organization (5) Part II (9) (3) 8 **æ** £ 4 Đ 9

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(I) Section 512(b)(13) controlled Schedule R (Form 990) 2018 (k) Percentage ŝ ownership \times on Form 990, Part IV, Identification of Related Organizations Taxable as a Partnership. Complete if the organization answered "Yes" on Form 990, Part IV, line 34, because it had one or more related organizations treated as a partnership during the tax year. Yes (J) General or managing partner? ŝ (h) Percentage ownership N/A Yes (i)
Code V—UBI
amount in box 20
of Schedule K-1
(Form 1065) (g) Share of end-of-year assets N/A Identification of Related Organizations Taxable as a Corporation or Trust. Complete if the organization answered "Yes" line 34, because it had one or more related organizations treated as a corporation or trust during the tax year. (h) Disproportionate allocations? ž (f) Share of total income N/A Yes (g) Share of end-ofyear assets (e)
Type of entity
(C corp, S corp, or trust) (f) Share of total income Ö (d)
Direct controlling
entity excluded from tax under sections 512—514) (e)
Predominant
income (related,
unrelated, N/A (c)
Legal domicile
(state or foreign country) (d)
Direct controlling
entity UTAH PRODUCTS SALES OF (b) Primary activity (c) Legal domicile (state or foreign country) DIRECT HEALTH (b) Primary activity (1) USANA HEALTH SCIENCES, INC., 87-0500306 (a)
Name, address, and EIN of related organization 3838 W PARKWAY BLVD, SLC, UT 84120 (a) Name, address, and EIN of (1) related organization (7) Part III Part IV ව 9 9 € 2 9 € 9 9 \mathbf{E} 2

Transactions With Related Organizations. Complete of the organization answered "Yes" on Form 990, Part IV, line 34, 35b, or 36 Part V

Note: Complete line 1 if any entity is listed in Parts II, III, or IV of this schedule.				<u>\</u>	Yes No
1 During the tax year, did the organization engage in any of the following transactions with one or more related organizations listed in Parts II-IV?	r more related orgar	nizations listed in Part	ts II-IV?		
a Receipt of (i) interest, (ii) annuities, (iii) royalties, or (iv) rent from a controlled entity				1a	×
b Gift, grant, or capital contribution to related organization(s)				1b	×
c Gift, grant, or capital contribution from related organization(s)			•	10	×
d Loans or loan quarantees to or for related organization(s)	•			╄-	×
				1e	: ×
f Dividends from related organization(s)			•	#	×
g Sale of assets to related organization(s)				1a	×
			•	ا د	×
i Exchange of assets with related organization(s)		•		ij	×
j Lease of facilities, equipment, or other assets to related organization(s)				1	×
k Lease of facilities, equipment, or other assets from related organization(s)				+	×
l Performance of services or membership or fundraising solicitations for related organization(s)				=	×
m Performance of services or membership or fundraising solicitations by related organization(s)			•	1m	×
n Sharing of facilities, equipment, mailing lists, or other assets with related organization(s)					×
				10	×
				1p	×
q Reimbursement paid by related organization(s) for expenses		•		1q	×
					<u> </u>
				7-	×
ر پ				18	×
2 If the answer to any of the above is "Yes," see the instructions for information on who must con	nplete this line, incl	complete this line, including covered relationships and transaction thresholds.	nships and transaction	on thres	holds.
(a) Name of related organization	(b) Transaction	(c) Amount involved	(d) Method of determining amount involved	g amount ı	nvolved
	(c e) 2(c)				
(1)					
(2)					
(3)					
(4)					
(5)					
(9)					
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Unrelated Organizations Taxable as a Partnership. Complete if the organization answered "Yes" on Form 990, Part IV, line 37. Part VI

Provide the following information for each entity taxed as a partnership through which the organization conducted more than five percent of its activities (measured by total assets or gross revenue) that was not a related organization. See instructions regarding exclusion for certain investment partnerships.

age	<u>o.</u>																		2018
(k) Percentage	ownersnip																		Schedule R (Form 990) 2018
(J) General or	managing partner?	No																	R (For
		Yes														<u></u>			hedule
(I) Code V—UBI	of Schedule K-1 (Form 1065)																		S
(h) Disproportionate	. Sugili	No																	
Disprop		Yes										ü			·				
(g) Share of	end-or-year assets		<u> </u>	i															
(f) Share of	total income																		
(e) Are all partners	section 501(c)(3) organizations?	Š																	
(e Are all p	sec 501(organiz	Yes																	
(d) Predominant	income (related, unrelated, excluded from tax under	sections 512—514)															:		:
(c) Legal domicile																			
(b) Primary activity																			
(a) (b) (c) (d) (e) (f) (g) (g) Name, address, and EIN of entity Primary activity Legal domicile Predominant Are all partners Share of Share of																			
			(£)	(2)	(3)	(4)	(5)	(9)	(2)	(8)	(6)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	

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	Supplemental Information. Provide additional information for responses to questions on Schedule R. See instructions	
Part VII	Provide additional information for responses to questions on Schedule R. See instructions	
	•	
		••••
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••••••		