

For calendar year 2018, or tax year beginning 01-01-2018, and ending 12-31-2018

Name of foundation NORTHERN VIRGINIA HEALTH FOUNDATION		A Employer identification number 20-4062932	
Number and street (or P O box number if mail is not delivered to street address) 2000 DUKE STREET NO 300		Room/suite	B Telephone number (see instructions) (703) 486-5691
City or town, state or province, country, and ZIP or foreign postal code ALEXANDRIA, VA 22314		C If exemption application is pending, check here <input type="checkbox"/>	
G Check all that apply <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input checked="" type="checkbox"/> Address change <input type="checkbox"/> Name change		D 1. Foreign organizations, check here <input type="checkbox"/> 2 Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>	
H Check type of organization <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>	
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 31,125,480	J Accounting method <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) <u>(Part I, column (d) must be on cash basis)</u>	F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>	

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))</small>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc , received (attach schedule)				
	2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	94,859	94,859		
	4 Dividends and interest from securities	1,010,084	1,010,084		
	5a Gross rents				
	b Net rental income or (loss) _____				
	6a Net gain or (loss) from sale of assets not on line 10 _____	617,879			
	b Gross sales price for all assets on line 6a _____				
	7 Capital gain net income (from Part IV, line 2)		617,879		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances _____				
Operating and Administrative Expenses	b Less Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)	32,715	0		
	12 Total. Add lines 1 through 11	1,755,537	1,722,822		
	13 Compensation of officers, directors, trustees, etc	207,044	8,282		198,762
	14 Other employee salaries and wages	180,094	0		175,012
	15 Pension plans, employee benefits	86,614	3,465		83,149
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule)	52,957	12,239		38,718
	c Other professional fees (attach schedule)	252,703	131,885		120,818
	17 Interest				
	18 Taxes (attach schedule) (see instructions)	18,000	0		0
	19 Depreciation (attach schedule) and depletion	778	0		
	20 Occupancy	99,532	0		99,532
	21 Travel, conferences, and meetings	42,943	0		42,943
	22 Printing and publications	999	0		999
	23 Other expenses (attach schedule)	140,609	0		140,188
	24 Total operating and administrative expenses. Add lines 13 through 23	1,082,273	155,871		900,121
	25 Contributions, gifts, grants paid	1,565,000			1,565,000
	26 Total expenses and disbursements. Add lines 24 and 25	2,647,273	155,871		2,465,121
	27 Subtract line 26 from line 12				
	a Excess of revenue over expenses and disbursements	-891,736			
	b Net investment income (if negative, enter -0-)		1,566,951		
c Adjusted net income (if negative, enter -0-)					

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			
		Beginning of year (a) Book Value	End of year (b) Book Value (c) Fair Market Value		
Assets	1	Cash—non-interest-bearing			
	2	Savings and temporary cash investments	1,701,763	1,404,674	1,404,674
	3	Accounts receivable ▶ _____ Less allowance for doubtful accounts ▶ _____			
	4	Pledges receivable ▶ _____ Less allowance for doubtful accounts ▶ _____			
	5	Grants receivable			
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7	Other notes and loans receivable (attach schedule) ▶ _____ Less allowance for doubtful accounts ▶ _____			
	8	Inventories for sale or use			
	9	Prepaid expenses and deferred charges	22,244	20,129	20,129
	10a	Investments—U S and state government obligations (attach schedule)			
	b	Investments—corporate stock (attach schedule)	19,418,800	19,278,305	19,278,305
	c	Investments—corporate bonds (attach schedule)	8,838,301	3,752,215	3,752,215
	11	Investments—land, buildings, and equipment basis ▶ _____ Less accumulated depreciation (attach schedule) ▶ _____			
	12	Investments—mortgage loans			
	13	Investments—other (attach schedule)	5,190,044	6,525,085	6,525,085
	14	Land, buildings, and equipment basis ▶ _____ 7,245 Less accumulated depreciation (attach schedule) ▶ _____ 6,250	1,773	995	995
15	Other assets (describe ▶ _____)	140,738	144,077	144,077	
16	Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	35,313,663	31,125,480	31,125,480	
Liabilities	17	Accounts payable and accrued expenses	40,114	45,618	
	18	Grants payable			
	19	Deferred revenue			
	20	Loans from officers, directors, trustees, and other disqualified persons			
	21	Mortgages and other notes payable (attach schedule)			
	22	Other liabilities (describe ▶ _____)	197,765	168,389	
	23	Total liabilities (add lines 17 through 22)	237,879	214,007	
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here <input checked="" type="checkbox"/> and complete lines 24 through 26 and lines 30 and 31.				
	24	Unrestricted	35,075,784	30,911,473	
	25	Temporarily restricted			
	26	Permanently restricted			
	Foundations that do not follow SFAS 117, check here <input type="checkbox"/> and complete lines 27 through 31.				
	27	Capital stock, trust principal, or current funds			
	28	Paid-in or capital surplus, or land, bldg , and equipment fund			
	29	Retained earnings, accumulated income, endowment, or other funds			
30	Total net assets or fund balances (see instructions)	35,075,784	30,911,473		
31	Total liabilities and net assets/fund balances (see instructions) .	35,313,663	31,125,480		

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year—Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	35,075,784
2	Enter amount from Part I, line 27a	2	-891,736
3	Other increases not included in line 2 (itemize) ▶ _____	3	0
4	Add lines 1, 2, and 3	4	34,184,048
5	Decreases not included in line 2 (itemize) ▶ _____	5	3,272,575
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 30 .	6	30,911,473

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1 a PUBLICLY TRADED SECURITIES			
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 9,759,720		9,141,841	617,879
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
a			617,879
b			
c			
d			
e			

2 Capital gain net income or (net capital loss) <div style="float: right; font-size: small;"> { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 </div>	2	617,879
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see instructions) If (loss), enter -0- in Part I, line 8	3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐

Yes

☒

No

If "Yes," the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2017	2,032,389	33,526,758	0 060620
2016	2,079,377	35,950,715	0 057840
2015	1,908,495	33,868,176	0 056351
2014	2,013,699	35,364,388	0 056941
2013	1,642,855	33,626,642	0 048856

2 Total of line 1, column (d)	2	0 280608
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5 0, or by the number of years the foundation has been in existence if less than 5 years	3	0 056122
4 Enter the net value of noncharitable-use assets for 2018 from Part X, line 5	4	33,876,820
5 Multiply line 4 by line 3	5	1,901,235
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	15,670
7 Add lines 5 and 6	7	1,916,905
8 Enter qualifying distributions from Part XII, line 4	8	2,465,121

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary—see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b	1	15,670
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0
3	Add lines 1 and 2.	3	15,670
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	15,670
6	Credits/Payments		
a	2018 estimated tax payments and 2017 overpayment credited to 2018	6a	15,209
b	Exempt foreign organizations—tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	5,000
d	Backup withholding erroneously withheld	6d	0
7	Total credits and payments. Add lines 6a through 6d.	7	20,209
8	Enter any penalty for underpayment of estimated tax. Check here <input checked="" type="checkbox"/> if Form 2220 is attached	8	0
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	4,539
11	Enter the amount of line 10 to be Credited to 2019 estimated tax <input type="checkbox"/> 4,539 Refunded <input type="checkbox"/>	11	0

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?	1a	No
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? (see Instructions for definition). <i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities</i>	1b	No
c Did the foundation file Form 1120-POL for this year?	1c	No
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation <input type="checkbox"/> \$ 0 (2) On foundation managers <input type="checkbox"/> \$ 0		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers <input type="checkbox"/> \$ 0		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If "Yes," attach a detailed description of the activities</i>	2	No
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes</i>	3	No
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	No
b If "Yes," has it filed a tax return on Form 990-T for this year?	4b	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If "Yes," attach the statement required by General Instruction T</i>	5	No
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	Yes
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col (c), and Part XV</i>	7	Yes
8a Enter the states to which the foundation reports or with which it is registered (see instructions) <input type="checkbox"/> VA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation</i> .	8b	Yes
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2018 or the taxable year beginning in 2018? See the instructions for Part XIV. <i>If "Yes," complete Part XIV</i>	9	No
10 Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses</i>	10	No

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions.	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions.	12		No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ▶ N/A	13	Yes	
14	The books are in care of ▶ THE FOUNDATION Telephone no ▶ (703) 486-5691			

Located at **▶** 2000 DUKE STREET 300 ALEXANDRIA VA ZIP+4 **▶** 22314

15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —check here ▶ <input type="checkbox"/>			
	and enter the amount of tax-exempt interest received or accrued during the year ▶ 15			
16	At any time during calendar year 2018, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?	16	Yes	No
	See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes", enter the name of the foreign country ▶			

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

1a	During the year did the foundation (either directly or indirectly)		Yes	No
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
	(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days). <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions. <input type="checkbox"/>	1b		No
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2018? <input type="checkbox"/>	1c		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))			
a	At the end of tax year 2018, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2018? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
	If "Yes," list the years ▶ 20____, 20____, 20____, 20____			
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions).	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ▶ 20____, 20____, 20____, 20____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
b	If "Yes," did it have excess business holdings in 2018 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2018).	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2018?	4b		No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a	During the year did the foundation pay or incur any amount to		Yes	No
(1)	Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2)	Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3)	Provide a grant to an individual for travel, study, or other similar purposes?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4)	Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions.	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5)	Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions.		5b	
c	Organizations relying on a current notice regarding disaster assistance check here.	<input checked="" type="checkbox"/>		
	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
	If "Yes," attach the statement required by Regulations section 53.4945–5(d)			
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	6b	No
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?			
	If "Yes" to 6b, file Form 8870			
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	7b	
b	If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?			
8	Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment during the year?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation. See instructions				
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Additional Data Table				
2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."				
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
PATRICIA RODGERS	PROGRAM OFFICER	116,299	19,158	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314	40 00			
SONIA SEGARRA LAW	EXEC ADMIN ASSIST	58,350	15,090	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314	40 00			
Total number of other employees paid over \$50,000.				0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)
3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
BURNES 7910 WOODMONT AVENUE SUITE 700 BETHESDA, MD 20814	COMMUNICATIONS	83,783
ROSEN SAPPERSTEIN & FRIEDLANDER LLC (RS&F) 205 YORK ROAD TOWSON, MD 21204	TECHNICAL ASSISTANCE	70,000

Total number of others receiving over \$50,000 for professional services. **0**

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1	
2	
All other program-related investments. See instructions.	

Total. Add lines 1 through 3. **0**

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities.	1a	33,922,246
b	Average of monthly cash balances.	1b	470,465
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	34,392,711
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	34,392,711
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	515,891
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	33,876,820
6	Minimum investment return. Enter 5% of line 5.	6	1,693,841

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	1,693,841
2a	Tax on investment income for 2018 from Part VI, line 5.	2a	15,670
b	Income tax for 2018 (This does not include the tax from Part VI).	2b	745
c	Add lines 2a and 2b.	2c	16,415
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	1,677,426
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	1,677,426
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	1,677,426

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	2,465,121
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	2,465,121
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b. See instructions.	5	15,670
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	2,449,451

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2017	(c) 2017	(d) 2018
1 Distributable amount for 2018 from Part XI, line 7				1,677,426
2 Undistributed income, if any, as of the end of 2018				
a Enter amount for 2017 only.			118,794	
b Total for prior years 20____, 20____, 20____		0		
3 Excess distributions carryover, if any, to 2018				
a From 2013.				
b From 2014.				
c From 2015.				
d From 2016.				
e From 2017.				
f Total of lines 3a through e.	0			
4 Qualifying distributions for 2018 from Part XII, line 4 ▶ \$ <u>2,465,121</u>				
a Applied to 2017, but not more than line 2a			118,794	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2018 distributable amount.				1,677,426
e Remaining amount distributed out of corpus	668,901			
5 Excess distributions carryover applied to 2018 (If an amount appears in column (d), the same amount must be shown in column (a))	0			0
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	668,901			
b Prior years' undistributed income Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0		
d Subtract line 6c from line 6b Taxable amount—see instructions		0		
e Undistributed income for 2017 Subtract line 4a from line 2a Taxable amount—see instructions			0	
f Undistributed income for 2018 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2019				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2013 not applied on line 5 or line 7 (see instructions).	0			
9 Excess distributions carryover to 2019. Subtract lines 7 and 8 from line 6a	668,901			
10 Analysis of line 9				
a Excess from 2014.				
b Excess from 2015.				
c Excess from 2016.				
d Excess from 2017.				
e Excess from 2018.	668,901			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2018, enter the date of the ruling. ▶

b Check box to indicate whether the organization is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

	Tax year	Prior 3 years			(e) Total
	(a) 2018	(b) 2017	(c) 2016	(d) 2015	
2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon					
a "Assets" alternative test—enter					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed.					
c "Support" alternative test—enter					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii).					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year—see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☒ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. to individuals or organizations under other conditions, complete items 2a, b, c, and d. See instructions.

a The name, address, and telephone number or email address of the person to whom applications should be addressed

b The form in which applications should be submitted and information and materials they should include

c Any submission deadlines

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i> See Additional Data Table				
Total			▶ 3a	
b <i>Approved for future payment</i>				
Total			▶ 3b	

Enter gross amounts unless otherwise indicated

13 Total. Add line 12, columns (b), (d), and (e).	13	1,755,537
--	-----------	------------------

(See worksheet in line 13 instructions to verify calculations)

[illegible]

Part XVII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

1 Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?		Yes	No
a Transfers from the reporting foundation to a noncharitable exempt organization of			
(1) Cash.	1a(1)		No
(2) Other assets.	1a(2)		No
b Other transactions			
(1) Sales of assets to a noncharitable exempt organization.	1b(1)		No
(2) Purchases of assets from a noncharitable exempt organization.	1b(2)		No
(3) Rental of facilities, equipment, or other assets.	1b(3)		No
(4) Reimbursement arrangements.	1b(4)		No
(5) Loans or loan guarantees.	1b(5)		No
(6) Performance of services or membership or fundraising solicitations.	1b(6)		No
c Sharing of facilities, equipment, mailing lists, other assets, or paid employees.	1c		No
d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.			

(a) Line No	(b) Amount involved	(c) Name of noncharitable exempt organization	(d) Description of transfers, transactions, and sharing arrangements

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

Sign Here	*****	2019-10-16	*****	May the IRS discuss this return with the preparer shown below? (see instr)? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Signature of officer or trustee	Date	Title	

Paid Preparer Use Only	Print/Type preparer's name	Preparer's Signature	Date	Check if self-employed <input type="checkbox"/>	PTIN
	FRANK H SMITH				P00639053
	Firm's name ▶ MARCUM LLP				Firm's EIN ▶ 11-1986323
	Firm's address ▶ 1899 L STREET NW WASHINGTON, DC 20036				Phone no (202) 227-4000

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation				
(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
LISA KAPLOWITZ MD MSHA	CHAIRMAN 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
JANE WOODS	VICE CHAIR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
JEFF SCHRAGG	TREASURER 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
GLORIA ADDO-AYENSU MD MPH	DIRECTOR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
ILKA CHAVEZ	DIRECTOR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
JUDY FEDER PHD	DIRECTOR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
JEANNE FRANKLIN ESQ	DIRECTOR (LEFT DURING 2018) 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
MARSHA LILLIE-BLANTON MNS DRPH	DIRECTOR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
DAVID SPECK	DIRECTOR 1 00	0	0	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				
PATRICIA N MATHEWS	PRES AND CEO 40 00	207,044	28,050	0
2000 DUKE STREET SUITE 300 ALEXANDRIA, VA 22314				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
ARCADIA FOOD INC 9000 RICHMOND HIGHWAY ALEXANDRIA, VA 22309		PUBLIC CHARITY	PLANNING GRANT PHASE III	75,000
ARLINGTON FREE CLINIC 2921 11TH ST SOUTH ARLINGTON, VA 22204		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	223,350
ARLINGTON PEDIATRIC CENTER 601 S CARLIN SPRINGS ARLINGTON, VA 22204		PUBLIC CHARITY	GENERAL MEDICAID EXPANSION	123,350
Total ► 3a				1,565,000


Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
CONSUMER HEALTH FOUNDATION 1400 16TH ST NW SUITE 710 WASHINGTON, DC 20036		PUBLIC CHARITY	STRATEGIC PARTNERSHIP	32,500
GR PRINCE WILLIAM COMM HEALTH CTR 4379 RIDGEWOOD CTR DR 102 WOODBIDGE, VA 22192		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	140,000
HEALTHWORKS FOR NORTHERN VIRGINIA 163 FORT EVANS RD NE LEESBURG, VA 20176		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	124,700
Total ▶ 3a				1,565,000

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NEIGHBORHOOD HEALTH 6677 RICHMOND HIGHWAY ALEXANDRIA, VA 22014		PUBLIC CHARITY	OPERATING MEDICAID EXPANSION	140,000
NORTHERN VIRGINIA DENTAL CLINIC 8221 WILLOW OAKS CORPORATE DRIVE SUITE 405 FAIRFAX, VA 22031		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000
NORTHERN VIRGINIA FAMILY SERVICES 10455 WHITE GRANITE DR OAKTON, VA 22124		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000
Total ► 3a				1,565,000

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NOVA SCRIPTSCENTRAL INC 6400 ARLINGTON BLVD SUITE 120 FALLS CHURCH, VA 22042		PUBLIC CHARITY	GENERAL OPERATING SUPPORT	100,000
PATHWAY HOMES 10201 FAIRFAX BLVD 200 FAIRFAX, VA 22030		PUBLIC CHARITY	UPSTREAM	48,000
REAL FOOD FOR KIDSP BOX 1521 GREAT FALLS, VA 22055		PUBLIC CHARITY	UPSTREAM	75,000
Total ▶ 3a				1,565,000

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
STOP CHILD ABUSE NOW(SCAN)OF NORTHERN VA 205 S WHITING STREET SUITE 205 ALEXANDRIA, VA 22304		PUBLIC CHARITY	UPSTREAM	75,000
WASHINGTON REGIONAL ASSOC OF GRANTMAKERS 1400 16TH ST NW SUITE 740 WASHINGTON, DC 20036		PUBLIC CHARITY	STRATEGIC PARTNERSHIP	7,500
GEORGE MASON FOUNDATION 4400 UNIVERSITY DRIVE MS 1A3 FAIRFAX, VA 22030		PUBLIC CHARITY	EDUCATION	100,000
Total ▶ 3a				1,565,000

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
VIRGINIA HEALTHCARE FOUNDATION 707 EAST MAIN STREET SUITE 1350 RICHMOND, VA 23219		PUBLIC CHARITY	MEDICAL WORKSHOPS	15,600
GREATER WASHINGTON COMMUNITY FOUNDATION 1325 G ST NW WASHINGTON, DC 20005		PUBLIC CHARITY	STRATEGIC PARTNERSHIP	25,000
CAMPAGNA CENTER 418 S WASHINGTON STREET ALEXANDRIA, VA 22314		PUBLIC CHARITY	DEMONSTRATION	30,000
Total ▶ 3a				1,565,000

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
UNITED COMMUNITY 7511 FORDSON ROAD ALEXANDRIA, VA 22306		PUBLIC CHARITY	DEMONSTRATION	30,000
Total  3a				1,565,000

TY 2018 Accounting Fees Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
ACCOUNTING FEES	52,957	12,239		38,718

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2018 Depreciation Schedule

Name: NORTHERN VIRGINIA HEALTH FOUNDATION

EIN: 20-4062932

Depreciation Schedule

Description of Property	Date Acquired	Cost or Other Basis	Prior Years' Depreciation	Computation Method	Rate / Life (# of years)	Current Year's Depreciation Expense	Net Investment Income	Adjusted Net Income	Cost of Goods Sold Not Included
COMPUTER EQUIPMENT	2013-04-29	4,134	3,859	SL	5 000000000000	275	0		
EQUIPMENT	2012-11-01	597	597	SL	5 000000000000	0	0		
COMPUTER EQUIPMENT	2015-04-28	1,368	731	SL	5 000000000000	274	0		
COMPUTER EQUIPMENT	2016-09-27	1,146	285	SL	5 000000000000	229	0		

TY 2018 Investments Corporate Bonds Schedule

Name: NORTHERN VIRGINIA HEALTH FOUNDATION

EIN: 20-4062932

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
HARBOR HIGH YIELD BOND-RET ISIN US4115123790 SEDOL 2DLQ6W0	832,523	832,523
DOUBLELINE TOTL RET BND-I	606,490	606,490
PIMCO SHORT-TERM FD-INSTL	273,594	273,594
VINTAGE 2017 PRIVATE INVESTMENTS, OFFSHORE (\$1 - 4.99MM)	197,285	197,285
PEG SECONDARY PRIVATE EQUITY INVESTORS OFFSHORE SPECIAL, L.P	112,365	112,365
CLAYTON, DUBILIER & RICE (CD&R) FUND 8, LP (OFFSHORE INVESTORS)	111,411	111,411
BANK OF AMERICA CORP VAR RT 07/21/2023 DTD 07/21/2017	53,330	53,330
GOLDMAN SACHS GROUP INC 3.000% 04/26/2022 DTD 01/26/2017	47,389	47,389
WELLS FARGO & COMPANY 3.450% 02/13/2023 DTD 02/13/2013	41,064	41,064
BP CAP MARKETS AMER 3.224% 04/14/2024 DTD 12/14/2018	38,959	38,959
ORACLE CORP 2.400% 09/15/2023 DTD 07/07/2016	38,312	38,312
APPLE INC 3.450% 05/06/2024 DTD 05/06/2014	35,125	35,125
METLIFE INC 4.368% 09/15/2023 DTD 09/10/2013	30,832	30,832
MEDTRONIC INC 3.125% 03/15/2022 DTD 03/19/2012	29,863	29,863
CANADIAN IMPERIAL BANK 2.700% 02/02/2021 DTD 02/02/2018	29,707	29,707
SHELL INTERNATIONAL FIN 3.250% 05/11/2025 DTD 05/11/2015	29,541	29,541
MORGAN STANLEY 3.700% 10/23/2024 DTD 10/20/2014	29,480	29,480
SUMITOMO MITSUI FINL GRP 2.058% 07/14/2021 DTD 07/14/2016	29,029	29,029
BB&T CORPORATION MTN 2.850% 10/26/2024 DTD 10/26/2017	27,799	27,799
HSBC HOLDINGS PLC 4.875% JAN 14 2022 DTD 11/17/2011	25,810	25,810

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
NBCUNIVERSAL MEDIA LLC 4 3/8% APR 01 2021 DTD 04/01/2011	25,607	25,607
RABOBANK NEDERLAND NOTES 4 1/2% JAN 11 2021 DTD 01/11/2011	25,573	25,573
PNC FUNDING CORP SR NOTES 5 1/8% FEB 08 2020 DTD 02/08/2010	25,521	25,521
BERKSHIRE HATHAWAY INC 2.750% 03/15/2023 DTD 03/15/2016	24,404	24,404
VINTAGE 2018 PRIVATE INVESTMENTS, OFFSHORE (LESS THAN \$1MM)	22,697	22,697
GOLDMAN SACHS GROUP INC 4.000% 03/03/2024 DTD 03/03/2014	21,678	21,678
PUB SVC CO 3.7% 06/15/2028 DTD 06/21/2018	20,208	20,208
TOTAL CAPITAL INTL SA 3.750% 04/10/2024 DTD 01/15/2014	20,183	20,183
IN MI PWR SR NTS 3.85% 05/15/2028 DTD 05/02/2018	20,076	20,076
MEAD JOHNSON NUTRITION C 3.000% 11/15/2020 DTD 11/03/2015	19,931	19,931
BANK OF NY MELLON CORP MTN 2.600% 08/17/2020 DTD 08/17/2015	19,859	19,859
PROGRESS ENERGY CAROLINA 2.8% MAY 15 2022 DTD 05/18/2012	19,702	19,702
MITSUBISHI UFJ FIN GRP 2.998% 02/22/2022 DTD 02/22/2017	19,694	19,694
MORGAN STANLEY MTN 3.875% 01/27/2026 DTD 01/27/2016	19,470	19,470
ORIX CORP 3.700% 07/18/2027 DTD 07/18/2017	19,266	19,266
ANHEUSER-BUSCH INBEV FIN 3.650% 02/01/2026 DTD 01/25/2016	18,825	18,825
REALTY INCOME CORP 3.000% 01/15/2027 DTD 10/12/2016	18,563	18,563
LLOYDS TSB BANK PLC 6 3/8% JAN 21 2021 DTD 01/21/2011	15,834	15,834
ONCOR ELECTRIC DELIVERY 2.950% 04/01/2025 DTD 10/22/2015	15,560	15,560
PRUDENTIAL FINANCIAL INC 5 3/8% JUN 21 2020 DTD 06/21/2010	15,453	15,453

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
MUFG AMERICAS HLDGS CORP 3.000% 02/10/2025 DTD 02/10/2015	15,323	15,323
LOWE'S COMPANIES INC 3.8% NOV 15 2021 DTD 11/23/2011	15,131	15,131
UNITEDHEALTH GROUP INC 3 3/8% NOV 15 2021 DTD 11/10/2011	15,083	15,083
GENERAL ELEC CAP CORP NOTES 4 5/8% JAN 07 2021 DTD 01/07/2011	15,029	15,029
SIERRA PACIFIC POWER CO 3.375% 08/15/2023 DTD 08/15/2013	14,960	14,960
GILEAD SCIENCES INC 3.700% 04/01/2024 DTD 03/07/2014	14,944	14,944
STATE STREET CORP 3.550% 08/18/2025 DTD 08/18/2015	14,944	14,944
BURLINGTN NORTH SANTA FE 3.000% 03/15/2023 DTD 03/12/2013	14,867	14,867
MORGAN STANLEY 4.000% 07/23/2025 DTD 07/23/2015	14,778	14,778
JOHN DEERE CAPITAL CORP MTN 2 3/4% MAR 15 2022 DTD 02/27/2012	14,753	14,753
ABB FINANCE USA INC 2.875% MAY 08 2022 DTD 05/08/2012	14,745	14,745
APPLE INC 2.850% 05/11/2024 DTD 05/11/2017	14,603	14,603
WELLS FARGO & COMPANY MTN 2.625% 07/22/2022 DTD 07/24/2017	14,443	14,443
WESTPAC BNKG CORP SR NTS 2.85% 05/13/2026 DTD 05/13/2016	13,919	13,919
BALTIMORE GAS & ELECTRIC 2.400% 08/15/2026 DTD 08/18/2016	13,700	13,700
ENTERGY LOUISIANA LLC 5.590% 10/01/2024 DTD 10/02/2009	11,064	11,064
GENERAL ELEC CAP CORP 3.15% SEP 07 2022 DTD 09/07/2012	10,380	10,380
CONS EDISON CO O SR NTS 4.0% 12/01/2028 DTD 11/30/2018	10,268	10,268
HOME DEPOT INC SR NTS 3.9% 12/06/2028 DTD 12/06/2018	10,183	10,183
OCCIDENTAL PETROLEUM COR 4.1% FEB 01 2021 DTD 12/16/2010	10,166	10,166

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
NUCOR CORP 4.000% 08/01/2023 DTD 07/29/2013	10,136	10,136
US BANCORP MTN 3.700% 01/30/2024 DTD 01/30/2014	10,135	10,135
HSBC HOLDINGS PLC 4% MAR 30 2022 DTD 03/30/2012	10,117	10,117
SIMON PROPERTY GROUP LP 3.750% 02/01/2024 DTD 01/21/2014	10,029	10,029
VIRGINIA ELEC & POWER CO 3.450% 02/15/2024 DTD 02/07/2014	9,981	9,981
AMERIPRISE FINANCIAL INC 3.700% 10/15/2024 DTD 09/18/2014	9,973	9,973
ALLSTATE CORP 3.150% 06/15/2023 DTD 06/07/2013	9,969	9,969
INVESCO FINANCE PLC 4.000% 01/30/2024 DTD 11/12/2013	9,964	9,964
CME GROUP INC 3% SEP 15 2022 DTD 09/10/2012	9,952	9,952
FIFTH THIRD BANCORP 2.875% 07/27/2020 DTD 07/27/2015	9,938	9,938
DOMINION GAS HLDGS LLC 3.600% 12/15/2024 DTD 12/08/2014	9,915	9,915
CITIGROUP INC 3.750% 06/16/2024 DTD 06/16/2014	9,909	9,909
US BANCORP MTN 2.95% JUL 15 2022 DTD 07/23/2012	9,850	9,850
BANK OF NOVA SCOTIA 2.450% 03/22/2021 DTD 03/22/2016	9,821	9,821
AVALONBAY COMMUNITIES 3.450% 06/01/2025 DTD 05/13/2015	9,821	9,821
ERP OPERATING LP 3.375% 06/01/2025 DTD 05/14/2015	9,807	9,807
SIMON PROPERTY GROUP LP 3.375% 10/01/2024 DTD 09/10/2014	9,782	9,782
COMCAST CORP 3.375% 02/15/2025 DTD 08/12/2014	9,781	9,781
WESTPAC BANKING CORP 2.100% 05/13/2021 DTD 05/13/2016	9,737	9,737
STATE STREET CORP VAR RT 05/15/2023 DTD 05/15/2017	9,727	9,727

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
ALABAMA POWER CO 2.450% 03/30/2022 DTD 03/03/2017	9,723	9,723
NUTRIEN LTD 3.625% 03/15/2024 DTD 04/10/2018	9,697	9,697
CITIGROUP INC VAR RT 07/24/2023 DTD 07/24/2017	9,669	9,669
AMERICAN EXPRESS CO 2.500% 08/01/2022 DTD 08/01/2017	9,638	9,638
ABBVIE INC 2.850% 05/14/2023 DTD 05/12/2016	9,619	9,619
ALTRIA GROUP INC 2.85% AUG 09 2022 DTD 08/09/2012	9,589	9,589
AVALONBAY COMMUNITIES MTN 3.200% 01/15/2028 DTD 11/15/2017	9,481	9,481
TEXAS INSTRUMENTS INC 2.900% 11/03/2027 DTD 11/03/2017	9,462	9,462
EDISON INTERNATIONAL 4.125% 03/15/2028 DTD 03/13/2018	9,448	9,448
CITIGROUP INC 3.200% 10/21/2026 DTD 10/21/2016	9,200	9,200
CENTERPOINT ENER HOUSTON 3.000% 02/01/2027 DTD 01/12/2017	8,574	8,574
QUALCOMM INC 3.250% 05/20/2027 DTD 05/26/2017	8,357	8,357
LINCOLN NATIONAL CORP 4.000% 09/01/2023 DTD 08/16/2013	7,123	7,123
SAN DIEGO G & E 2.500% 05/15/2026 DTD 05/19/2016	6,480	6,480
BOEING CO 7 1/4% JUN 15 2025 DTD 7/7/93	6,079	6,079
BANK OF AMERICA CORP MTN 3.300% 01/11/2023 DTD 01/11/2013	5,900	5,900
PROLOGIS LP 4.250% 08/15/2023 DTD 08/15/2013	5,153	5,153
MANULIFE FINANCIAL CORP 4.9% SEP 17 2020 DTD 09/17/2010	5,128	5,128
NUTRIEN LTD 4.875% 03/30/2020 DTD 04/10/2018	5,085	5,085
BLACKROCK INC 3.500% 03/18/2024 DTD 03/18/2014	5,044	5,044

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
MANULIFE FINANCIAL CORP 4.150% 03/04/2026 DTD 03/04/2016	5,043	5,043
POTOMAC ELECTRIC POWER 3.600% 03/15/2024 DTD 03/18/2014	5,030	5,030
PRUDENTIAL FINANCIAL INC MTN 3.878% 03/27/2028 DTD 03/27/2018	5,016	5,016
TRANS-CANADA PIPELINES 3.750% 10/16/2023 DTD 10/07/2013	4,977	4,977
STRYKER CORP 3.375% 05/15/2024 DTD 05/01/2014	4,968	4,968
MARSH & MCLENNAN COS INC 3.300% 03/14/2023 DTD 03/14/2016	4,936	4,936
ERP OPERATING LP 3.000% 04/15/2023 DTD 04/10/2013	4,910	4,910
PRECISION CASTPARTS CORP 3.250% 06/15/2025 DTD 06/10/2015	4,905	4,905
DETROIT EDISON COMPANY 2.65% JUN 15 2022 DTD 06/22/2012	4,873	4,873
EXXON MOBIL CORPORATION 3.043% 03/01/2026 DTD 03/03/2016	4,870	4,870
STRYKER CORP 3.375% 11/01/2025 DTD 10/29/2015	4,827	4,827
ENTERGY LOUISIANA LLC 3.120% 09/01/2027 DTD 05/23/2017	4,763	4,763
ERP OPERATING LP 2.850% 11/01/2026 DTD 10/12/2016	4,672	4,672
PACIFIC GAS & ELECTRIC 3.300% 03/15/2027 DTD 03/10/2017	4,109	4,109
ENTERGY ARKANSAS INC 3.050% 06/01/2023 DTD 05/30/2013	3,949	3,949
BANK OF AMERICA CORP MTN VAR RT 01/20/2023 DTD 01/20/2017	3,936	3,936
UNITEDHEALTH GROUP INC 2.950% 10/15/2027 DTD 10/25/2017	2,829	2,829
PACIFIC GAS & ELECTRIC 3.850% 11/15/2023 DTD 11/12/2013	2,680	2,680
ARCHER DANIELS MIDLAND C 4.479% MAR 01 2021 DTD 03/01/2011	2,062	2,062
COMCAST CORP 3.95% 10/15/2025 DTD 10/05/2018	2,019	2,019

Investments Corporate Bonds Schedule

Name of Bond	End of Year Book Value	End of Year Fair Market Value
PRINCIPAL FINANCIAL GROU 3.125% 05/15/2023 DTD 11/16/2012	1,971	1,971
STATE STREET CORP 3.100% 05/15/2023 DTD 05/15/2013	1,962	1,962
GOLDMAN SACHS GROUP INC 4.250% 10/21/2025 DTD 10/21/2015	1,913	1,913
COMCAST CORP 3.150% 03/01/2026 DTD 02/23/2016	1,911	1,911
STATOIL ASA 2.900% 11/08/2020 DTD 11/08/2013	996	996

TY 2018 Investments Corporate Stock Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932**Investments Corporation Stock Schedule**

Name of Stock	End of Year Book Value	End of Year Fair Market Value
VANGUARD INDEX FDS S&P 500 ETF SH	4,403,389	4,403,389
SPDR S&P 500 ETF TRUST	3,872,011	3,872,011
ISHARES RUSSELL MIDCAP INDEX FUND	2,217,840	2,217,840
MFS INTL VALUE-R6	1,237,726	1,237,726
ISHARES MSCI EAFEINTL INDEX FD CL K	1,177,946	1,177,946
ISHARES BARCLAYS TIPS BOND FUND	1,171,530	1,171,530
JPMORGAN GL RES ENH IDX-R6	833,423	833,423
DODGE & COX INCOME FD	596,516	596,516
ISHARES GOLD TRUST	579,719	579,719
AQR MANAGED FUTURES STR-R6	561,760	561,760
CRM LONG/SHORT OPPORTUNITIES FUND	562,346	562,346
JH II STRAT INC OPPORT-R6	548,415	548,415
VANGUARD FTSE EMERGING MARKET	536,772	536,772
DODGE & COX INTL STOCK FD	380,952	380,952
T ROWE PR OVERSEAS STOCK-I	304,671	304,671
MFS EMERGING MKTS DEBT FD R6	293,289	293,289

TY 2018 Investments - Other Schedule

Name: NORTHERN VIRGINIA HEALTH FOUNDATION

EIN: 20-4062932

Investments Other Schedule 2

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
VINTAGE 2013 PRIVATE INVESTMENTS, OFFSHORE	FMV	965,129	965,129
1992 MULTI-STRATEGY FUND CORPORATION CLASS C NEW ISSUES INELIGIBLE (S0708)	FMV	917,746	917,746
COATUE OFFSHORE FUND, LTD. CLASS B SUB-CLASS E TRANCHE 4R (NEW ISSUES INELIG)	FMV	817,900	817,900
ISHARES MSCI ALL COUNTRY ASI	FMV	759,010	759,010
VINTAGE 2015 PRIVATE INVESTMENTS, OFFSHORE (LESS THAN \$1M)	FMV	651,745	651,745
BCP VI PRIVATE INVESTORS OFFSHORE,LP	FMV	516,763	516,763
VINTAGE 2014 PRIVATE INVESTMENTS, OFFSHORE	FMV	507,491	507,491
ISHARES INC MSCI JAPAN NEW	FMV	338,753	338,753
SILVER LAKE PARTNERS III PRIVATE INVESTORS OFFSHORE LP	FMV	301,473	301,473
JPMORGAN BETABUILDERS CANADA ETF	FMV	244,120	244,120
XTRACKERS MSCI JAPAN HEDGED EQUITY ETF	FMV	239,376	239,376
J C FLOWERS II PRIVATE INVESTORS OFFSHORE L P (OFFSHORE)	FMV	100,707	100,707
AP EUROPE VII (APAX) PRIVATE INVESTORS OFFSHORE LP COMMITMENT EXPRESSED IN E	FMV	91,031	91,031
BLACKSTONE GSO PRIVATE INVESTORS, L.P. (OFFSHORE)	FMV	60,730	60,730
JPM FLEMING EUROPEAN PROPERTY FUND (US INVESTOR) - 'C' FEEDER	FMV	6,210	6,210
JP MORGAN ALTERNATIVE PROPERTY FUND DOMESTIC 1 L.P - UNIT BALANCE AND ESTIMA	FMV	5,889	5,889
CCMP CAPITAL INVESTORS (CAYMAN) II, L.P.	FMV	1,012	1,012

**TY 2018 Land, Etc.
Schedule****Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932

Category / Item	Cost / Other Basis	Accumulated Depreciation	Book Value	End of Year Fair Market Value
COMPUTER EQUIPMENT	4,134	4,134	0	
EQUIPMENT	597	597	0	
COMPUTER EQUIPMENT	1,368	1,005	363	
COMPUTER EQUIPMENT	1,146	514	632	

TY 2018 Other Assets Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932**Other Assets Schedule**

Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value
SECURITY DEPOSIT	10,800	10,800	10,800
PREPAID INCOME AND EXCISE TAXES	3,205	3,205	3,205
DEFERRED COMPENSATION	126,733	130,072	130,072

TY 2018 Other Decreases Schedule

Name: NORTHERN VIRGINIA HEALTH FOUNDATION

EIN: 20-4062932

Description	Amount
UNREALIZED LOSS ON INVESTMENTS	3,272,575

TY 2018 Other Expenses Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
DUES	16,126	0		16,126
OFFICE SUPPLIES	4,301	0		3,880
TECHNOLOGY MAINTENANCE	5,296	0		5,296
SUBSCRIPTIONS	3,049	0		3,049
POSTAGE AND DELIVERY	1,644	0		1,644
INSURANCE	1,200	0		1,200
COMMUNICATIONS AND REPORTS	64,099	0		64,099
REGISTRATION FEES	25	0		25
RESEARCH	44,869	0		44,869

TY 2018 Other Income Schedule

Name: NORTHERN VIRGINIA HEALTH FOUNDATION

EIN: 20-4062932

Other Income Schedule

Description	Revenue And Expenses Per Books	Net Investment Income	Adjusted Net Income
PROVISION FOR DEFERRRED EXCISE TAXES	32,715		32,715

TY 2018 Other Liabilities Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932

Description	Beginning of Year - Book Value	End of Year - Book Value
DEFERRED COMPENSATION	126,733	130,072
DEFERRED TAX LIABILITY	71,032	38,317

TY 2018 Other Professional Fees Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
INVESTMENT FEES	131,885	131,885		0
RETIREMENT FEES	1,378	0		1,378
TECHNICAL ASSISTANCE	75,550	0		75,550
CONSULTANTS	40,000	0		40,000
PAYROLL SERVICES	2,390	0		2,390
STRATEGIC PLANNING	1,500	0		1,500

TY 2018 Taxes Schedule**Name:** NORTHERN VIRGINIA HEALTH FOUNDATION**EIN:** 20-4062932

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
INCOME AND EXCISE TAXES	18,000	0		0