

For calendar year 2017, or tax year beginning 11-01-2017, and ending 10-31-2018

Name of foundation POTOMAC HEALTH FOUNDATION		A Employer identification number 52-1340920	
Number and street (or P O box number if mail is not delivered to street address) 2296 OPITZ BOULEVARD NO 200		Room/suite	
City or town, state or province, country, and ZIP or foreign postal code WOODBIDGE, VA 22191		B Telephone number (see instructions) (703) 523-0620	
G Check all that apply ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☐ Name change		D 1. Foreign organizations, check here 2 Foreign organizations meeting the 85% test, check here and attach computation	
H Check type of organization ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here	
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 107,675,103		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here	
J Accounting method ☐ Cash ☒ Accrual ☐ Other (specify) (Part I, column (d) must be on cash basis)			

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc , received (attach schedule)	4,090			
	2 Check ☒ If the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	335	335		
	4 Dividends and interest from securities	4,238,072	4,521,409		
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	1,988,727			
	b Gross sales price for all assets on line 6a	22,779,362			
	7 Capital gain net income (from Part IV, line 2)		1,988,727		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
Operating and Administrative Expenses	b Less Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)				
	12 Total. Add lines 1 through 11	6,231,224	6,510,471		
	13 Compensation of officers, directors, trustees, etc	132,945	19,942		113,003
	14 Other employee salaries and wages	157,587	0		113,115
	15 Pension plans, employee benefits	61,012	4,188		56,824
	16a Legal fees (attach schedule)	3,576	0		3,080
	b Accounting fees (attach schedule)	51,326	0		46,806
	c Other professional fees (attach schedule)	638,635	596,085		78,550
	17 Interest				
	18 Taxes (attach schedule) (see instructions)	66,877	0		0
	19 Depreciation (attach schedule) and depletion	3,142	0		
	20 Occupancy	32,525	0		0
	21 Travel, conferences, and meetings	21,929	0		21,929
	22 Printing and publications				
	23 Other expenses (attach schedule)	64,622	50,472		28,112
	24 Total operating and administrative expenses. Add lines 13 through 23	1,234,176	670,687		461,419
	25 Contributions, gifts, grants paid	4,598,812			5,159,651
	26 Total expenses and disbursements. Add lines 24 and 25	5,832,988	670,687		5,621,070
	27 Subtract line 26 from line 12				
	a Excess of revenue over expenses and disbursements	398,236			
	b Net investment income (if negative, enter -0-)		5,839,784		
	c Adjusted net income(if negative, enter -0-)				

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value			
Assets	1	Cash—non-interest-bearing					
	2	Savings and temporary cash investments	84,797	66,997	66,997		
	3	Accounts receivable ▶ <u>70,477</u>					
		Less allowance for doubtful accounts ▶ _____	60,475	70,477	70,477		
	4	Pledges receivable ▶ <u>142,521</u>					
		Less allowance for doubtful accounts ▶ _____	228,858	142,521	142,521		
	5	Grants receivable					
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)					
	7	Other notes and loans receivable (attach schedule) ▶ _____					
		Less allowance for doubtful accounts ▶ _____					
	8	Inventories for sale or use					
	9	Prepaid expenses and deferred charges	43,656	57,558	57,558		
	10a	Investments—U S and state government obligations (attach schedule)					
	b	Investments—corporate stock (attach schedule)	51,290,946	45,492,289	45,492,289		
	c	Investments—corporate bonds (attach schedule)	42,002,461	41,951,154	41,951,154		
	11	Investments—land, buildings, and equipment basis ▶ _____					
	Less accumulated depreciation (attach schedule) ▶ _____						
12	Investments—mortgage loans						
13	Investments—other (attach schedule)	17,968,993	19,887,722	19,887,722			
14	Land, buildings, and equipment basis ▶ <u>47,098</u>						
	Less accumulated depreciation (attach schedule) ▶ <u>40,713</u>	6,077	6,385	6,385			
15	Other assets (describe ▶ _____)						
16	Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	111,686,263	107,675,103	107,675,103			
Liabilities	17	Accounts payable and accrued expenses	192,253	209,270			
	18	Grants payable	1,451,944	891,105			
	19	Deferred revenue					
	20	Loans from officers, directors, trustees, and other disqualified persons					
	21	Mortgages and other notes payable (attach schedule)					
	22	Other liabilities (describe ▶ _____)	186,590	151,526			
	23	Total liabilities (add lines 17 through 22)	1,830,787	1,251,901			
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ ☒ and complete lines 24 through 26 and lines 30 and 31.						
	24	Unrestricted	109,855,476	106,423,202			
	25	Temporarily restricted					
	26	Permanently restricted					
	Foundations that do not follow SFAS 117, check here ▶ ☐ and complete lines 27 through 31.						
	27	Capital stock, trust principal, or current funds					
	28	Paid-in or capital surplus, or land, bldg , and equipment fund					
	29	Retained earnings, accumulated income, endowment, or other funds					
	30	Total net assets or fund balances (see instructions)	109,855,476	106,423,202			
31	Total liabilities and net assets/fund balances (see instructions) .	111,686,263	107,675,103				

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year—Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	109,855,476
2	Enter amount from Part I, line 27a	2	398,236
3	Other increases not included in line 2 (itemize) ▶ _____	3	0
4	Add lines 1, 2, and 3	4	110,253,712
5	Decreases not included in line 2 (itemize) ▶ _____	5	3,830,510
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 30 .	6	106,423,202

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1a See Additional Data Table			
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a See Additional Data Table			
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
a See Additional Data Table			
b			
c			
d			
e			

2 Capital gain net income or (net capital loss)	If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	1,988,727
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see instructions) If (loss), enter -0- in Part I, line 8		3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?



Yes



No

If "Yes," the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2016	4,850,615	106,530,115	0 045533
2015	5,247,271	98,321,142	0 053369
2014	4,980,260	100,254,131	0 049676
2013	4,672,707	100,774,355	0 046368
2012	4,370,054	95,756,146	0 045637
2 Total of line 1, column (d)			2 0 240583
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years			3 0 048117
4 Enter the net value of noncharitable-use assets for 2017 from Part X, line 5			4 110,334,651
5 Multiply line 4 by line 3			5 5,308,972
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 58,398
7 Add lines 5 and 6			7 5,367,370
8 Enter qualifying distributions from Part XII, line 4			8 5,621,070

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary—see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b	1	58,398
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0
3	Add lines 1 and 2.	3	58,398
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	58,398
6	Credits/Payments		
a	2017 estimated tax payments and 2016 overpayment credited to 2017	6a	68,459
b	Exempt foreign organizations—tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	
d	Backup withholding erroneously withheld	6d	0
7	Total credits and payments. Add lines 6a through 6d.	7	68,459
8	Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8	0
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	10,061
11	Enter the amount of line 10 to be Credited to 2018 estimated tax ☐ 10,061 Refunded ☐	11	0

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?	1a	No
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see Instructions for definition)? <i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities</i>	1b	No
c Did the foundation file Form 1120-POL for this year?	1c	No
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation ☐ \$ 0 (2) On foundation managers ☐ \$ 0		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ 0		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If "Yes," attach a detailed description of the activities</i>	2	No
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes</i>	3	No
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	No
b If "Yes," has it filed a tax return on Form 990-T for this year?	4b	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If "Yes," attach the statement required by General Instruction T</i>	5	No
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	Yes
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col (c), and Part XV</i>	7	Yes
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ☐ VA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation</i> .	8b	Yes
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2017 or the taxable year beginning in 2017 (see instructions for Part XIV)? <i>If "Yes," complete Part XIV</i>	9	No
10 Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses</i>	10	No

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions).	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)	12		No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address WWW.POTOMACHEALTHFOUNDATION.ORG	13	Yes	
14	The books are in care of SUSIE LEE Telephone no (703) 523-0620			

Located at **2296 OPITZ BOULEVARD SUITE 200 WOODBRIDGE VA**ZIP+4 **22191**

15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —Check here ☐ and enter the amount of tax-exempt interest received or accrued during the year 15			
16	At any time during calendar year 2017, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). If "Yes," enter the name of the foreign country ▶	16	Yes	No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required**File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.**

1a	During the year did the foundation (either directly or indirectly)		Yes	No
(1)	Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No			
(2)	Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No			
(3)	Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No			
(4)	Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No			
(5)	Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No			
(6)	Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days). ☐ Yes ☒ No			
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? ☐ Organizations relying on a current notice regarding disaster assistance check here. ☐	1b		No
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2017? ☐	1c		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))			
a	At the end of tax year 2017, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2017? ☐ Yes ☒ No If "Yes," list the years ▶ 20____, 20____, 20____, 20____			
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions). ☐	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ▶ 20____, 20____, 20____, 20____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No			
b	If "Yes," did it have excess business holdings in 2017 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2017). ☐	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2017?	4b		No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (Continued)

5a	During the year did the foundation pay or incur any amount to			
	(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes ☒ No		
	(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	☐ Yes ☒ No		
	(3) Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes ☒ No		
	(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? (see instructions).	☐ Yes ☒ No		
	(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes ☒ No		
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?	5b		
	Organizations relying on a current notice regarding disaster assistance check here. 			
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?			
	<i>If "Yes," attach the statement required by Regulations section 53.4945–5(d)</i>	☐ Yes ☐ No		
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?			
	b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	6b		No
	<i>If "Yes" to 6b, file Form 8870</i>			
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?			
	b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?	7b		

Part VIII

Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1

List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
See Additional Data Table				

2

Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	Title, and average hours per week (b) devoted to position	(c) Compensation	Contributions to employee benefit plans and deferred compensation (d)	Expense account, (e) other allowances
TIMOTHY MCCUE 2296 OPITZ BLVD SUITE 200 WOODBIDGE, VA 22191	DIRECTOR OF GRANTS P 40 00	113,115	23,754	1,029

Total number of other employees paid over \$50,000. ▶

0

3

Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
SEI GLOBAL INSTITUTIONAL GROUP 1 FREEDOM VALLEY DRIVE OAKS, PA 19456	INVESTMENT MANAGEMENT	596,085
COMMUNITY HEALTH SOLUTIONS INC 9603 GAYTON ROAD SUITE 201 HENRICO, VA 23238	CONSULTING SERVICES FOR MANAGING THE MENTAL HEALTH GRANTEE COHORT COLLABORAT	54,000

Total number of others receiving over \$50,000 for professional services. ▶

0

Part IX-A

Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc	Expenses
1	
2	
3	
4	

Part IX-B

Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1	
2	
All other program-related investments See instructions	
3	

Total. Add lines 1 through 3 ▶

0

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities.	1a	111,878,118
b	Average of monthly cash balances.	1b	136,756
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	112,014,874
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	112,014,874
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	1,680,223
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4.	5	110,334,651
6	Minimum investment return. Enter 5% of line 5.	6	5,516,733

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	5,516,733
2a	Tax on investment income for 2017 from Part VI, line 5.	2a	58,398
b	Income tax for 2017 (This does not include the tax from Part VI).	2b	
c	Add lines 2a and 2b.	2c	58,398
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	5,458,335
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	5,458,335
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	5,458,335

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	5,621,070
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4.	4	5,621,070
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions).	5	58,398
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	5,562,672

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2016	(c) 2016	(d) 2017
1 Distributable amount for 2017 from Part XI, line 7				5,458,335
2 Undistributed income, if any, as of the end of 2017				
a Enter amount for 2016 only.			4,867,945	
b Total for prior years 20____, 20____, 20____		0		
3 Excess distributions carryover, if any, to 2017				
a From 2012.				
b From 2013.				
c From 2014.				
d From 2015.				
e From 2016.				
f Total of lines 3a through e.	0			
4 Qualifying distributions for 2017 from Part XII, line 4 ▶ \$ <u>5,621,070</u>				
a Applied to 2016, but not more than line 2a			4,867,945	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2017 distributable amount.				753,125
e Remaining amount distributed out of corpus	0			
5 Excess distributions carryover applied to 2017 (If an amount appears in column (d), the same amount must be shown in column (a))	0			0
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	0			
b Prior years' undistributed income Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0		
d Subtract line 6c from line 6b Taxable amount—see instructions		0		
e Undistributed income for 2016 Subtract line 4a from line 2a Taxable amount—see instructions			0	
f Undistributed income for 2017 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2018				4,705,210
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2012 not applied on line 5 or line 7 (see instructions).	0			
9 Excess distributions carryover to 2018. Subtract lines 7 and 8 from line 6a	0			
10 Analysis of line 9				
a Excess from 2013.				
b Excess from 2014.				
c Excess from 2015.				
d Excess from 2016.				
e Excess from 2017.				

Part XIV

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2017, enter the date of the ruling.	☐ 4942(j)(3) or ☐ 4942(j)(5)				
b Check box to indicate whether the organization is a private operating foundation described in section					
2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed	Tax year	Prior 3 years			(e) Total
	(a) 2017	(b) 2016	(c) 2015	(d) 2014	
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon					
a "Assets" alternative test—enter					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed. . . .					
c "Support" alternative test—enter					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii). . . .					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☐ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number or e-mail address of the person to whom applications should be addressed

TIMOTHY MCCUE
2296 OPITZ BOULEVARD SUITE 200
WOODBIDGE, VA 22191
(703) 523-0630
TIMOTHY@POTOMACHEALTHFOUNDATION.ORG

b The form in which applications should be submitted and information and materials they should include

LETTER OF INTENT TO INCLUDE NARRATIVE AND BUDGET PLAN, COMPLETED AND SUBMITTED ONLINE

c Any submission deadlines

JANUARY 25, 2019

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

THE FOUNDATION AWARDS GRANTS TO TAX-EXEMPT ORGANIZATIONS THAT SERVE INDIVIDUALS IN EASTERN PRINCE WILLIAM COUNTY, LORTON, NORTH STAFFORD IN VIRGINIA. PROJECTS MUST WORK TOWARD IMPROVING THE HEALTH OF THE COMMUNITY. PROJECTS ARE FUNDED FOR A 12 MONTH PERIOD. THE FOUNDATION DOES NOT FUND SPONSORSHIPS, INCLUDING FUNDRAISING EVENTS, ENDOWMENTS, LOBBYING, DIRECT SUPPORT TO INDIVIDUALS, PROGRAMS OF RELIGIOUS, FRATERNAL, ATHLETIC, OR VETERANS GROUPS WHEN THE PRIMARY BENEFICIARIES OF SUCH UNDERTAKINGS WOULD BE THEIR MEMBERS EXCLUSIVELY, GRANTS TO RETIRE ANY FORM OF DEBT, SCIENTIFIC RESEARCH GRANTS, AND INDIRECT COST PERCENTAGES.

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i> See Additional Data Table				
Total			▶ 3a	5,159,651
b <i>Approved for future payment</i> See Additional Data Table				
Total			▶ 3b	891,105

Enter gross amounts unless otherwise indicated

Enter gross amounts unless otherwise indicated		Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions)
		(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1	Program service revenue					
a	_____					
b	_____					
c	_____					
d	_____					
e	_____					
f	_____					
g	Fees and contracts from government agencies					
2	Membership dues and assessments.					
3	Interest on savings and temporary cash investments			14	335	
4	Dividends and interest from securities.			14	4,238,072	
5	Net rental income or (loss) from real estate					
a	Debt-financed property.					
b	Not debt-financed property.					
6	Net rental income or (loss) from personal property					
7	Other investment income.					
8	Gain or (loss) from sales of assets other than inventory			18	1,988,727	
9	Net income or (loss) from special events					
10	Gross profit or (loss) from sales of inventory					
11	Other revenue a _____					
b	_____					
c	_____					
d	_____					
e	_____					
12	Subtotal Add columns (b), (d), and (e).		0		6,227,134	0
13	Total. Add line 12, columns (b), (d), and (e).			13		6,227,134

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes[illegible]

Part XVII

		Yes	No
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--	--	--

1a(1)	No
--------------	-----------

1a(2)	No
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1b(1)	No
--------------	-----------

1b(2)		No
--------------	--	-----------

1b(3)		No
--------------	--	-----------

1b(4)		No
--------------	--	-----------

1b(5)	No
--------------	-----------

1b(6)		No
--------------	--	-----------

1c		No
----	--	----

value
ue[illegible]

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations

described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.
--

Sign Here ***** Signature of officer or trustee	2019-03-11 Date	***** Title
---	-------------------------------------	---------------------------------

May the IRS discuss this return with the preparer shown below

(see instr)? ☒ **Yes** ☐ **No**

May the IRS discuss this return with the preparer shown below

(see instr)? ☒ Yes ☐ No

Paid Preparer Use Only	Print/Type preparer's name	Preparer's Signature	Date	Check if self-employed ☐	PTIN P01316131
	Firm's name ▶ CLIFTONLARSONALLEN LLP				Firm's EIN ▶ 41-0746749
	Firm's address ▶ 901 N GLEBE ROAD SUITE 200 ARLINGTON, VA 22203				Phone no (571) 227-9500

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
SEI CORE PROPERTY FUND, LLC	P		
8 82 UNITS OF GOVERNMENT FUND (SEOXX)			
56,609 73 UNITS OF GOVERNMENT FUND (SEOXX)			
39 722 UNITS OF SEI LARGE CAP INDEX FUND (LCIAX)			
655 717 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			
300 586 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			
295 327 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
252 104 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
313 081 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			
131 134 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	Depreciation allowed (f) (or allowable)	Cost or other basis (g) plus expense of sale	Gain or (loss) (h) (e) plus (f) minus (g)
			0
9		9	0
56,610		56,610	0
7,768		7,113	655
6,741		6,758	-17
4,139		3,431	708
3,627		2,575	1,052
2,602		2,703	-101
2,602		2,565	37
2,602		2,223	379

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	Adjusted basis (j) as of 12/31/69	Excess of col (i) (k) over col (j), if any	
			0
			0
			0
			655
			-17
			708
			1,052
			-101
			37
			379

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
109 499 UNITS OF SEI SMALL CAP FUND (SLPAX)			
134 964 UNITS OF U S MANAGED VOL FUND (SVYAX)			
257 296 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			
170 251 UNITS OF HIGH YIELD BOND FUND (SGYAX)			
134 975 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
56,083 82 UNITS OF GOVERNMENT FUND (SEOXX)			
143,844 78 UNITS OF GOVERNMENT FUND (SEOXX)			
14,398 878 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
20,020 02 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
43,029 37 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
2,089		1,418	671
2,089		1,631	458
2,089		2,313	-224
1,537		1,537	0
1,537		1,175	362
56,084		56,084	0
143,845		143,845	0
143,845		143,832	13
200,000		199,982	18
429,863		429,824	39

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			671
			458
			-224
			0
			362
			0
			0
			13
			18
			39

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1,210,689 31 UNITS OF GOVERNMENT FUND (SEOXX)			
1,210,689 31 UNITS OF GOVERNMENT FUND (SEOXX)			
14,114 115 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
391,860 37 UNITS OF GOVERNMENT FUND (SEOXX)			
391,860 37 UNITS OF GOVERNMENT FUND (SEOXX)			
88 81 UNITS OF GOVERNMENT FUND (SEOXX)			
850,695 16 UNITS OF GOVERNMENT FUND (SEOXX)			
40,425 33 UNITS OF GOVERNMENT FUND (SEOXX)			
53,793 37 UNITS OF GOVERNMENT FUND (SEOXX)			
2,104 208 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
1,210,689		1,210,689	0
1,210,689		1,210,689	0
141,000		140,992	8
391,860		391,860	0
391,860		391,860	0
89		89	0
850,695		850,695	0
40,425		40,425	0
53,793		53,793	0
21,000		21,020	-20

[illegible]

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
230,979 48 UNITS OF GOVERNMENT FUND (SEOXX)			
1 15 UNITS OF GOVERNMENT FUND (SEOXX)			
52,628 4 UNITS OF GOVERNMENT FUND (SEOXX)			
145,583 91 UNITS OF GOVERNMENT FUND (SEOXX)			
14,602 198 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
101,959 911 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
48,147 77 UNITS OF GOVERNMENT FUND (SEOXX)			
54 313 UNITS OFSEI LARGE CAP INDEX FUND (LCIAX)			
948 774 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			
416 664 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	Depreciation allowed (f) (or allowable)	Cost or other basis (g) plus expense of sale	Gain or (loss) (h) (e) plus (f) minus (g)
230,979		230,979	0
1		1	0
52,629		52,629	0
145,584		145,584	0
145,584		145,860	-276
1,016,540		1,018,465	-1,925
48,148		48,148	0
10,952		9,726	1,226
9,507		9,778	-271
5,837		4,756	1,081

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(I) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	Adjusted basis (j) as of 12/31/69	Excess of col (i) (k) over col (j), if any	
			0
			0
			0
			0
			-276
			-1,925
			0
			1,226
			-271
			1,081

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
424 811 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
351 462 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
443 147 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			
185 129 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
164 061 UNITS OF SEI SMALL CAP FUND (SLPAX)			
203 49 UNITS OFU S MANAGED VOL FUND (SVYAX)			
368 777 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			
243 892 UNITS OF HIGH YIELD BOND FUND (SGYAX)			
182 507 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
20,060 181 UNITS OFSEI ULTRA SH DURATION BD FD (SUSAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
5,115		3,703	1,412
3,669		3,769	-100
3,669		3,630	39
3,669		3,138	531
2,947		2,125	822
2,947		2,460	487
2,947		3,315	-368
2,168		2,203	-35
2,168		1,588	580
200,000		200,372	-372

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			1,412
			-100
			39
			531
			822
			487
			-368
			-35
			580
			-372

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
135 992 UNITS OF SEI LARGE CAP INDEX FUND (LCIAX)			
2,319 763 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			
1,026 809 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			
1,056 212 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
861 803 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
1,082 193 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			
464 598 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
404 735 UNITS OF SEI SMALL CAP FUND (SLPAX)			
505 919 UNITS OF U S MANAGED VOL FUND (SVYAX)			
906 2 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
26,778		24,353	2,425
23,244		23,908	-664
14,273		11,719	2,554
12,506		9,208	3,298
8,971		9,242	-271
8,971		8,865	106
8,971		7,874	1,097
7,204		5,243	1,961
7,204		6,115	1,089
7,204		8,145	-941

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			2,425
			-664
			2,554
			3,298
			-271
			106
			1,097
			1,961
			1,089
			-941

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
601 051 UNITS OF HIGH YIELD BOND FUND (SGYAX)			
445 857 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
52,847 67 UNITS OF GOVERNMENT FUND (SEOXX)			
291,195 25 UNITS OFGOVERNMENT FUND (SEOXX)			
101 119 UNITS OF SEI LARGE CAP INDEX FUND (LCIAX)			
1,722 054 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			
757 576 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			
767 946 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
657 371 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
803 898 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
5,301		5,428	-127
5,301		3,880	1,421
52,848		52,848	0
291,195		291,195	0
19,700		18,108	1,592
17,100		17,748	-648
10,500		8,647	1,853
9,200		6,695	2,505
6,600		7,049	-449
6,600		6,585	15

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			-127
			1,421
			0
			0
			1,592
			-648
			1,853
			2,505
			-449
			15

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
338 115 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
298 255 UNITS OF SEI SMALL CAP FUND (SLPAX)			
371 669 UNITS OF U S MANAGED VOL FUND (SVYAX)			
660 025 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			
441 176 UNITS OF HIGH YIELD BOND FUND (SGYAX)			
339 13 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
53,414 96 UNITS OF GOVERNMENT FUND (SEOXX)			
147,445 55 UNITS OF GOVERNMENT FUND (SEOXX)			
14,803 771 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
252,783 529 UNITS OF SEI SMALL CAP FUND (SLPAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
6,600		5,731	869
5,300		3,864	1,436
5,300		4,492	808
5,300		5,932	-632
3,900		3,984	-84
3,900		2,951	949
53,415		53,415	0
147,446		147,446	0
147,446		147,819	-373
4,742,219		3,274,623	1,467,596

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			869
			1,436
			808
			-632
			-84
			949
			0
			0
			-373
			1,467,596

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
34,085 711 UNITS OFSEI WORLD EQUITY EX-US FUND (WEUSX)			
9,703 298 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
16,392 712 UNITS OFSEI EMERGING MRKTS EQ-A (SMQFX)			
1,705 007 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
210,695 06 UNITS OF GOVERNMENT FUND (SEOXX)			
56,338 2 UNITS OF GOVERNMENT FUND (SEOXX)			
60,190 302 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
70,004 548 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
15,865 964 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
27 UNITS OF GOVERNMENT FUND (SEOXX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
469,701		389,035	80,666
192,417		164,462	27,955
183,762		142,667	41,095
20,545		14,863	5,682
210,695		210,695	0
56,338		56,338	0
599,495		600,987	-1,492
697,245		698,980	-1,735
158,025		158,417	-392
27		27	0

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			80,666
			27,955
			41,095
			5,682
			0
			0
			-1,492
			-1,735
			-392
			0

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
55,406 79 UNITS OF GOVERNMENT FUND (SEOXX)			
122,500 UNITS OF GOVERNMENT FUND (SEOXX)			
147,029 47 UNITS OFGOVERNMENT FUND (SEOXX)			
27,290 16 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
58,173 47 UNITS OF GOVERNMENT FUND (SEOXX)			
20,060 18 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
60,558 476 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
148,296 24 UNITS OF GOVERNMENT FUND (SEOXX)			
14,874 246 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
3,099 92 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
55,407		55,407	0
122,500		122,500	0
147,030		147,030	0
271,810		272,421	-611
58,174		58,174	0
200,000		200,235	-235
603,768		604,476	-708
148,296		148,296	0
148,296		148,470	-174
30,906		30,942	-36

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(I) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			0
			0
			0
			-611
			0
			-235
			-708
			0
			-174
			-36

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d			
List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
3,938 404 UNITS OF SEI LARGE CAP INDEX FUND (LCIAX)			
68,537 074 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			
31,343 284 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			
29,183 188 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
29,763 247 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
32,077 764 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			
12,680 115 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
13,847 159 UNITS OFU S MANAGED VOL FUND (SVYAX)			
26,302 729 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			
17,567 567 UNITS OF HIGH YIELD BOND FUND (SGYAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	Depreciation allowed (f) (or allowable)	Cost or other basis (g) plus expense of sale	Gain or (loss) (h) (e) plus (f) minus (g)
844,000		706,004	137,996
684,000		705,396	-21,396
420,000		357,734	62,266
368,000		254,405	113,595
264,000		316,738	-52,738
264,000		262,817	1,183
264,000		214,916	49,084
212,000		169,062	42,938
212,000		235,962	-23,962
156,000		158,449	-2,449

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	Adjusted basis (j) as of 12/31/69	Excess of col (i) (k) over col (j), if any	
			137,996
			-21,396
			62,266
			113,595
			-52,738
			1,183
			49,084
			42,938
			-23,962
			-2,449

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
15,189 874 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
9,181 872 UNITS OF SEI EXTENDED MKT INDEX-A (SMXAX)			
62,588 94 UNITS OF GOVERNMENT FUND (SEOXX)			
57,110 2 UNITS OF GOVERNMENT FUND (SEOXX)			
71,603 274 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
197,693 04 UNITS OF GOVERNMENT FUND (SEOXX)			
12,751 003 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
19,079 217 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			
103 839 UNITS OF SEI LARGE CAP INDEX FUND (LCIAX)			
1,744 898 UNITS OF SEI CORE FIXED INCOME FUND (SCOAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
156,000		132,198	23,802
156,000		146,431	9,569
62,589		62,589	0
57,110		57,110	0
713,169		714,037	-868
197,693		197,693	0
127,000		127,148	-148
190,029		190,250	-221
21,100		18,614	2,486
17,100		17,959	-859

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			23,802
			9,569
			0
			0
			-868
			0
			-148
			-221
			2,486
			-859

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
829 384 UNITS OF SEI WORLD EQUITY EX-US FUND (WEUSX)			
747 36 UNITS OF SEI GLOBAL MGD VOLATILITY FD (SGMAX)			
722 101 UNITS OF EMERGING MRKTS DEBT FUND (SEDAX)			
806 846 UNITS OF SEI OPPORTUNISTIC INC FD-A (ENIAX)			
328 195 UNITS OF SEI DYNAMIC ASSET ALLOC FUND (SDLAX)			
354 515 UNITS OF U S MANAGED VOL FUND (SVYAX)			
650 307 UNITS OF SEI MULTI ASSET REAL RETURN (SEIAX)			
443 182 UNITS OF SEI HIGH YIELD BOND FUND (SGYAX)			
406 674 UNITS OF SEI EMERGING MRKTS EQ-A (SMQFX)			
255 236 UNITS OF SEI EXTENDED MKT INDEX-A (SMXAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	Depreciation allowed (f) (or allowable)	Cost or other basis (g) plus expense of sale	Gain or (loss) (h) (e) plus (f) minus (g)
10,500		9,466	1,034
9,200		6,515	2,685
6,600		7,685	-1,085
6,600		6,611	-11
6,600		5,563	1,037
5,300		4,328	972
5,300		5,834	-534
3,900		3,997	-97
3,900		3,539	361
3,900		4,070	-170

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	Adjusted basis (j) as of 12/31/69	Excess of col (i) (k) over col (j), if any	
			1,034
			2,685
			-1,085
			-11
			1,037
			972
			-534
			-97
			361
			-170

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

List and describe the kind(s) of property sold (e g , real estate, (a) 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1,004 017 UNITS OF SEI ULTRA SH DURATION BD FD (SUSAX)			

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
10,000		10,012	-12

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			-12

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation				
(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
MARION M WALL	CHAIR 4 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
CAROL S SHAPIRO MD	VICE-CHAIR 4 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
R MICHAEL SORENSEN	TREASURER 3 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
WAYNE MALLARD	SECRETARY 2 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
HOWARD L GREENHOUSE	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
SARAH PITKIN PHD	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
WILLIAM M MOSS	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
CARLOS CASTRO	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
SAM HILL EDD	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
MEGAN PERRY	DIRECTOR 1 00	0	0	0
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				
SUSIE LEE	EXECUTIVE DIRECTOR 40 00	132,945	27,918	788
2296 OPITZ BOULEVARD SUITE 200 WOODBIDGE, VA 22191				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
ACTION IN COMMUNITY THROUGH SERVICE 3900 ACTS LANE DUMFRIES, VA 22026	NONE	PC	COMPREHENSIVE CASE MANAGEMENT SYSTEM	12,400
ACTION IN COMMUNITY THROUGH SERVICE 3900 ACTS LANE DUMFRIES, VA 22026	NONE	PC	BEHAVIORAL HEALTH TREATMENT FOR HOMELESS CLIENTS	80,822
ACTION IN COMMUNITY THROUGH SERVICE 3900 ACTS LANE DUMFRIES, VA 22026	NONE	PC	INTEGRATED CASE MANAGEMENT SYSTEM PHASE TWO	26,200
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
BRAIN INJURY SERVICES 8136 OLD KEENE MILL ROAD SPRINGFIELD, VA 22152	NONE	PC	CREST COLLABORATIVE REHABILITATION TO ENHANCE STROKE TREATMENT	73,624
CATALOGUE FOR PHILANTHROPY GREATER WASHINGTON 10 G STREET NE SUITE 600 WASHINGTON DC, DC 20002	NONE	PC	LEARNING COMMONS	10,000
CENTER FOR NONPROFIT ADVANCEMENT 1666 K STREET NW SUITE 440 WASHINGTON DC, DC 20006	NONE	PC	RECURRING IN-PERSON TRAININGS	25,000
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
CHANGE IN ACTION INC 128884 HARBOR DRIVE SUITE 203 WOODBIDGE, VA 22192	NONE	PC	BEHAVIORAL MANAGEMENT FOR TRAUMATIC EXPOSURE	50,460
COALITION FOR HUMAN SERVICES PO BOX 3111 MANASSAS, VA 20110	NONE	PC	RACISM SERIES	5,000
CONSUMER HEALTH FOUNDATION 1400 16TH STREET NW SUITE 710 WASHINGTON, DC 20036	NONE	PC	REGIONAL PRIMARY CARE COALITION	9,200
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
CONSUMER HEALTH FOUNDATION 1400 16TH STREET NW SUITE 710 WASHINGTON, DC 20036	NONE	PC	REGIONAL PRIMARY CARE COALITION	16,594
COURT APPOINTED SPECIAL ADVOCATES 9384 FORESTWOOD LANE SUITE C MANASSAS, VA 20110	NONE	PC	FACILITY RENOVATION	50,000
EMPOWERHOUSEPO BOX 1007 FREDRICKSBURG, VA 22402	NONE	PC	INTERPERSONAL VIOLENCE HEALTHCARE PARTNERSHIP PROGRAM	25,255
Total ► 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
GEORGE MASON UNIVERSITY 10900 UNIVERSITY BOULEVARD MS 4E5 MANASSAS, VA 20110	NONE	PC	A FAMILY-BASED EMPOWERMENT PROGRAM TO TARGET EARLY TREATMENT FOR CHILDHOOD OBESITY IN LOW INCOME LATINO COMMUNITIES	46,987
GEORGE MASON UNIVERSITY 10900 UNIVERSITY BOULEVARD MS 4E5 MANASSAS, VA 20110	NONE	PC	MIDDLE SCHOOL ACHIEVES (ADVANCING HEALTHCARE INITIATIVES FOR UNDERSERVED STUDENTS)	99,899
GEORGE MASON UNIVERSITY 10900 UNIVERSITY BOULEVARD MS 4E5 MANASSAS, VA 20110	NONE	PC	POISED (PRECISION OUTREACH INTERVENTION, SCREENING, SURVEILLANCE AND EXERCISE FOR FALLS PREVENTION IN DIABETES) PRINCE WILLIAM	84,164
Total  3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
GEORGE MASON UNIVERSITY 10900 UNIVERSITY BOULEVARD MS 4E5 MANASSAS, VA 20110	NONE	PC	A FAMILY-BASED EMPOWERMENT PROGRAM TO TARGET EARLY TREATMENT FOR CHILDHOOD OBESITY IN LOW INCOME LATINO COMMUNITIES	89,023
GEORGE MASON UNIVERSITY 10900 UNIVERSITY BOULEVARD MS 4E5 MANASSAS, VA 20110	NONE	PC	HARM REDUCTION APPROACH TO THE COMMUNITY OPIOID CRISIS	66,547
GEORGE WASHINGTON REGIONAL COMMISSION 406 PRINCESS ANNE STREET FREDRICKSBURG, VA 22402	NONE	PC	FRESH FOOD ACCESS FOR COMMUNITY HEALTH	19,094
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER 4379 RIDGEWOOD CENTER DRIVE SUITE 102 WOODBIDGE, VA 22192	NONE	PC	GENERAL OPERATING SUPPORT	135,000
GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER 4379 RIDGEWOOD CENTER DRIVE SUITE 102 WOODBIDGE, VA 22192	NONE	PC	BRIDGING THE BEHAVIORAL HEALTH GAP - GPWCHC/GMU PRECEPTORSHIP PIPELINE	105,000
GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER 4379 RIDGEWOOD CENTER DRIVE SUITE 102 WOODBIDGE, VA 22192	NONE	PC	MAKE A CHANGE (MAC) GANG TATTOO REMOVAL PROGRAM	22,400
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER 4379 RIDGEWOOD CENTER DRIVE SUITE 102 WOODBIDGE, VA 22192	NONE	PC	LATINO MENTAL HEALTH AWARENESS AND OUTREACH	25,000
INOVA HEALTH CARE SERVICES 2740 PROSPERITY AVENUE SUITE 200 FAIRFAX, VA 22031	NONE	PC	EXPANDING BEHAVIORAL HEALTH SERVICE CAPACITY IN PRINCE WILLIAM COUNTY	116,343
LEADERSHIP PRINCE WILLIAM 9720 CAPITAL COURT SUITE 204 MANASSAS, VA 20110	NONE	PC	SCHOLARSHIP FUND	16,500
Total ► 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
LLOYD F MOSS FREE CLINIC 1301 SAM PERRY BOULEVARD FREDERICKSBURG, VA 22401	NONE	PC	GENERAL OPERATING SUPPORT	139,500
LLOYD F MOSS FREE CLINIC 1301 SAM PERRY BOULEVARD FREDERICKSBURG, VA 22401	NONE	PC	MEDICAID EXPANSION READINESS PROJECT	9,500
NATIONAL CAPITAL POISON CENTER 3201 NEW MEXICO AVENUE SUITE 310 WASHINGTON, DC 20016	NONE	PC	WEBPOISONCONTROL ENHANCEMENT OF AN ON-LINE PROTOTYPE TRIAGE APPLICATION TO INCREASE ACCESS TO POISON CONTROL SERVICES AND MINIMIZE INJURY FROM POISONINGS	78,402
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NATIONAL CAPITAL POISON CENTER 3201 NEW MEXICO AVENUE SUITE 310 WASHINGTON, DC 20016	NONE	PC	GENERAL OPERATING SUPPORT	54,000
NATIONAL COALITION OF 100 BLACK WOMEN PO BOX 1166 DUMFRIES, VA 22026	NONE	PC	DIABETES AWARENESS PROJECT	39,200
NATIONAL COALITION OF 100 BLACK WOMEN PO BOX 1166 DUMFRIES, VA 22026	NONE	PC	RESPONDING & PROTECTING (RAP) MIDDLE SCHOOL STUDENTS AND PARENTS	100,800
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NORTHERN VIRGINIA FAMILY SERVICE 10455 WHITE GRANITE DRIVE SUITE 100 OAKTON, VA 22124	NONE	PC	MENTAL HEALTH FOR FAMILIES WITH CHILDREN	26,352
NORTHERN VIRGINIA FAMILY SERVICE 10455 WHITE GRANITE DRIVE SUITE 100 OAKTON, VA 22124	NONE	PC	IMPROVING NUTRITION FOR LOW-INCOME FAMILIES	64,512
NORTHERN VIRGINIA FAMILY SERVICE 10455 WHITE GRANITE DRIVE SUITE 100 OAKTON, VA 22124	NONE	PC	GENERAL OPERATING SUPPORT	31,500
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NORTHERN VIRGINIA FAMILY SERVICE 10455 WHITE GRANITE DRIVE SUITE 100 OAKTON, VA 22124	NONE	PC	MENTAL HEALTH FOR FAMILIES WITH CHILDREN	87,100
NOVA SCRIPTSCENTRAL INC 6400 ARLINGTON BOULEVARD SUITE 120 FALLS CHURCH, VA 22042	NONE	PC	GENERAL OPERATING SUPPORT	199,269
NOVA SCRIPTSCENTRAL INC 6400 ARLINGTON BOULEVARD SUITE 120 FALLS CHURCH, VA 22042	NONE	PC	NSC EXPANSION PROJECT CO-LOCATION AT GMU COMMUNITY RESOURCE CENTER	92,000
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
NUEVA VIDA INC 5225 WISCONSIN AVENUE NW SUITE 503 WASHINGTON, DC 20015	NONE	PC	INCREASING CANCER PREVENTION AND IMPROVING CONTINUITY OF CARE TO UNDERSERVED LATINAS IN PWC	38,997
NUEVA VIDA INC 5225 WISCONSIN AVENUE NW SUITE 503 WASHINGTON, DC 20015	NONE	PC	INCREASING CANCER PREVENTION AND IMPROVING CONTINUITY OF CARE TO UNDERSERVED LATINAS IN PWC	68,211
PATHWAY HOMES 10201 FAIRFAX BOULEVARD FAIRFAX, VA 22030	NONE	PC	MAP	5,000
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
PATHWAY HOMES 10201 FAIRFAX BOULEVARD FAIRFAX, VA 22030	NONE	PC	PERMANENT SUPPORTIVE HOUSING FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESSES	50,000
PATHWAY HOMES 10201 FAIRFAX BOULEVARD FAIRFAX, VA 22030	NONE	PC	PERMANENT SUPPORTIVE HOUSING FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESSES	105,000
POSTPARTUM SUPPORT VIRGINIA PO BOX 7521 ARLINGTON, VA 22207	NONE	PC	SUPPORT FOR WOMEN EXPERIENCING POSTPARTUM DEPRESSION	17,500
Total 				5,159,651
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
POTOMAC AND RAPPAHANNOCK TRANSPORTATION COMMISSION 14700 POTOMAC MILLS ROAD WOODBIDGE, VA 22192	NONE	PC	MOBILITY ON DEMAND STUDY	20,000
PRINCE WILLIAM AREA AGENCY ON AGING 5 COUNTY COMPLEX COURT SUITE 240 PRINCE WILLIAM, VA 22192	NONE	PC	NO WRONG DOOR EXPANDED CAPACITY	115,000
PRINCE WILLIAM AREA FREE CLINIC 13900 CHURCH HILL DRIVE WOODBIDGE, VA 22191	NONE	PC	PWAFc NAVIGATION	19,786
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
PRINCE WILLIAM AREA FREE CLINIC 13900 CHURCH HILL DRIVE WOODBIDGE, VA 22191	NONE	PC	IMPROVING PATIENT CARE WITH ELECTRONIC HEALTH RECORDS	16,000
PRINCE WILLIAM AREA FREE CLINIC 13900 CHURCH HILL DRIVE WOODBIDGE, VA 22191	NONE	PC	GENERAL OPERATING SUPPORT	171,026
PRINCE WILLIAM AREA FREE CLINIC 13900 CHURCH HILL DRIVE WOODBIDGE, VA 22191	NONE	PC	TRAINING AND DEVELOPMENT FOR THE PWAFC'S FUTURE	25,000
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
PRINCE WILLIAM AREA FREE CLINIC 13900 CHURCH HILL DRIVE WOODBIDGE, VA 22191	NONE	PC	GENERAL OPERATING SUPPORT	190,029
PRINCE WILLIAM CHAMBER OF COMMERCE 9720 CAPITAL COURT SUITE 203 MANASSAS, VA 20110	NONE	PC	PARTNERING WITH BUSINESS SERIES	5,000
PRINCE WILLIAM DROP-IN CENTER 13184 CENTERPOINTE WAY WOODBIDGE, VA 22192	NONE	PC	OUTREACH & EDUCATION	30,800
Total ▶ 3a				5,159,651

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
PROJECT MEND-A-HOUSE INC 9500 TECHNOLOGY DRIVE SUITE 101 MANASSAS, VA 20110	NONE	PC	PREVENTING HEALTH COMPLICATIONS THROUGH PARTICIPATION IN THE STANFORD CHRONIC DISEASE SELF-MANAGEMENT PROGRAM (CDSMP) AND THE DIABETES SELF-MANAGEMENT PROGRAM (DSMP)	16,000
RX PARTNERSHIP 2924 EMERYWOOD PARKWAY SUITE 300 RICHMOND, VA 23294	NONE	PC	RXP ACCESS TO MEDICATION PROGRAM (AMP)	20,000
RX PARTNERSHIP 2924 EMERYWOOD PARKWAY SUITE 300 RICHMOND, VA 23294	NONE	PC	GENERAL OPERATING SUPPORT	22,500
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
SCAN OF NORTHERN VIRGINIA 205 S WHITING STREET SUITE 205 ALEXANDRIA, VA 22304	NONE	PC	SAFE BABIES AND CHILD ABUSE PREVENTION	10,000
SCAN OF NORTHERN VIRGINIA 205 S WHITING STREET SUITE 205 ALEXANDRIA, VA 22304	NONE	PC	IMMIGRANT FAMILY REUNIFICATION BUILDING RESILIENT YOUTH AND FAMILIES	73,725
SEMPER K9 ASSISTANCE DOGS 14867 PRESTIGE DRIVE WOODBIDGE, VA 22193	NONE	PC	FAMILY INTEGRATION PROGRAM	7,500
Total ► 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
SENTARA NORTHERN VIRGINIA MEDICAL CENTER 2300 OPITZ BOULEVARD WOODBIDGE, VA 22191	NONE	PC	IN-PERSON INTERPRETER	80,520
SENTARA NORTHERN VIRGINIA MEDICAL CENTER 2300 OPITZ BOULEVARD WOODBIDGE, VA 22191	NONE	PC	SNVMC DIABETES PREVENTION PROGRAM	24,512
SENTARA NORTHERN VIRGINIA MEDICAL CENTER 2300 OPITZ BOULEVARD WOODBIDGE, VA 22191	NONE	PC	GENERAL OPERATING SUPPORT	135,000
Total ▶ 3a				5,159,651

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Name and address (home or business)				
a <i>Paid during the year</i>				
SENTARA NORTHERN VIRGINIA MEDICAL CENTER 2300 OPITZ BOULEVARD WOODBIDGE, VA 22191	NONE	PC	IN-PERSON INTERPRETER	140,910
SENTARA NORTHERN VIRGINIA MEDICAL CENTER 2300 OPITZ BOULEVARD WOODBIDGE, VA 22191	NONE	PC	CANCER RESOURCE CENTER	125,000
STAFFORD SCHOOLS HEAD START 610 GAYLE STREET FALMOUTH, VA 22405	NONE	PC	SATAFFORD CHILDREN'S INSURANCE OUTREACH PROGRAM	5,797
Total 				5,159,651
3a				

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Name and address (home or business)				
a <i>Paid during the year</i>				
STAFFORD SCHOOLS HEAD START 610 GAYLE STREET FALMOUTH, VA 22405	NONE	PC	STAFFORD CHILDREN'S HEALTH INSURANCE OUTREACH PROGRAM	10,144
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	COMPLETION OF THERAPEUTIC SERVICES	32,000
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	VOSAC III	26,532
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	COMPLETION OF THERAPEUTIC SERVICES	55,300
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	VOSAC III	67,725
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	INCREASE AGENCY CAPACITY TO BETTER SERVE PERSONS WHO ARE DUALY DIAGNOSED (DD/MH)	35,000
Total ► 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
THE ARC OF GREATER PRINCE WILLIAMINSIGHT INC 13505 HILLENDALE DRIVE DALE CITY, VA 22193	NONE	PC	IT CAPACITY BUILDING	195,300
THE DOORWAYS612 E MARSHALL SREET RICHMOND, VA 23219	NONE	PC	PATIENT AND FAMILY ACCESS PROGRAM	15,200
THE DOORWAYS612 E MARSHALL SREET RICHMOND, VA 23219	NONE	PC	PATIENT AND FAMILY ACCESS PROGRAM	26,600
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
THE HOUSE INC14001 CROWN COURT WOODBIDGE, VA 22193	NONE	PC	PROJECT PLAY	76,000
THE HOUSE INC14001 CROWN COURT WOODBIDGE, VA 22193	NONE	PC	THE OFFICE ON YOUTH MENTAL HEALTH AND WELLNESS	50,800
THE HOUSE INC14001 CROWN COURT WOODBIDGE, VA 22193	NONE	PC	THE OFFICE ON YOUTH MENTAL HEALTH AND WELLNESS	88,900
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
VIRGINIA CENTER FOR HEALTH INNOVATION 3831 WESTERRE PARKWAY SUITE C HENRICO, VA 23233	NONE	PC	POTOMAC PRIMARY CARE COLLABORATIVE	59,811
VIRGINIA CENTER FOR HEALTH INNOVATION 3831 WESTERRE PARKWAY SUITE C HENRICO, VA 23233	NONE	PC	HEALTHY MINDS, HEALTHY CHILDREN	127,716
VIRGINIA COMMUNITY FOOD CONNECTIONS (GWRC) 1287 CENTRAL PARK BOULEVARD FREDERICKSBURG, VA 22401	NONE	PC	FRESH FOOD ACCESS FOR COMMUNITY HEALTH	32,763
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
VIRGINIA FOUNDATION FOR COMMUNITY COLLEGE EDUCATION 101 N 14TH STREET RICHMOND, VA 23219	NONE	PC	POTOMAC HEALTH FOUNDATION FELLOWS PROGRAM	50,000
VIRGINIA FOUNDATION FOR COMMUNITY COLLEGE EDUCATION 101 N 14TH STREET RICHMOND, VA 23219	NONE	PC	POTOMAC HEALTH FOUNDATION FELLOWS PROGRAM	87,500
VIRGINIA HEALTH CARE FOUNDATION 707 E MAIN STREET RICHMOND, VA 23219	NONE	PC	SIGN UP NOW CLASSES	27,300
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
VOICES FOR VIRGINIA'S CHILDREN 701 E FRANKLIN STREET SUITE 807 RICHMOND, VA 23219	NONE	PC	CAMPAIGN FOR CHILDREN'S MENTAL HEALTH	18,000
VOICES FOR VIRGINIA'S CHILDREN 701 E FRANKLIN STREET SUITE 807 RICHMOND, VA 23219	NONE	PC	CAMPAIGN FOR CHILDREN'S MENTAL HEALTH	42,000
WORKHOUSE ARTS FOUNDATION INC 9518 WORKHOUSE WAY LORTON, VA 22079	NONE	PC	WORKHOUSE ARTS CENTER - MILITARY IN THE ARTS INITIATIVE	51,100
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
YOUNG INVINCIBLES1411 K STREET NW WASHINGTON, DC 20005	NONE	PC	HEALTHY YOUNG AMERICA- NORTHERN VIRGINIA CAMPAIGN	40,000
YOUNG INVINCIBLES1411 K STREET NW WASHINGTON, DC 20005	NONE	PC	HEALTHY YOUNG AMERICA- NORTHERN VIRGINIA CAMPAIGN	87,500
YOUTH FOR TOMORROW 11835 HAZEL CIRCLE DRIVE BRISTOW, VA 20136	NONE	PC	YFT MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR THE UNDERSERVED	80,000
Total ▶ 3a				5,159,651

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Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
YOUTH FOR TOMORROW 11835 HAZEL CIRCLE DRIVE BRISTOW, VA 20136	NONE	PC	YFT MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR THE UNDERSERVED	105,000
Total 				5,159,651
3a				

TY 2017 Accounting Fees Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920**Accounting Fees Schedule**

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
ACCOUNTING	51,326	0		46,806

TY 2017 Investments Corporate Bonds Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920**Investments Corporate Bonds Schedule**

Name of Bond	End of Year Book Value	End of Year Fair Market Value
SEI U.S. MANAGED VOL FUND SVYAX SHARES 314677.268	4,663,517	4,663,517
SIIT MULTI ASSET REAL RETURN FUND ENIAX SHARES 562858.962	4,514,129	4,514,129
SEI CORE FIXED INCOME FUND #285 SCOAX SHARES 1462243.009	14,329,981	14,329,981
SEI INSTITUTIONAL INVESTMENT TRUST HIGH YIELD BOND FUND SGYAX SHARES 379513.	3,316,948	3,316,948
SEI SIIT OPPORTUNISTIC INCOME FD-A SEIAX SHARES 687302.922	5,622,138	5,622,138
SIIT EMERGING MARKETS DEBT FUND SEDAX SHARES 581383.376	5,238,264	5,238,264
SIIT ULTRA SHORT DURATION BOND FUND SUSAX SHARES 428761.517	4,266,177	4,266,177

TY 2017 Investments Corporate Stock Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Name of Stock	End of Year Book Value	End of Year Fair Market Value
SEI DYNAMIC ASSET ALLOC. FUND SDLAX SHARES 284033.243	5,592,615	5,592,615
SEI LARGE CAP FUND SLCAX SHARES 89872.084	17,903,418	17,903,418
SEI EXTENDED MKT INDEX-A SMXAX SHARES 208435.682	3,126,535	3,126,535
SEI EMERGING MRKTS EQ-A SMQFX SHARES 298312.282	2,819,051	2,819,051
SEI GLOBAL MGD VOLATILITY FD SGMAX SHARES 651749.262	8,105,846	8,105,846
SEI WORLD EQUITY EX-US FUND WEUSX SHARES 652119.515	7,944,824	7,944,824

TY 2017 Investments - Other Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920**Investments Other Schedule 2**

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
SEI CORE PROPERTY FUND LP SHARES 6569.866	FMV	15,141,921	15,141,921
SEI SPECIAL SITUATIONS FUND LTD SHARES 2903.787	FMV	4,302,601	4,302,601
SEI GPA IV PRIVATE EQUITY FUND (GLOBAL PRIVATE ASSETS) SHARES 443200.14	FMV	443,200	443,200

**TY 2017 Land, Etc.
Schedule****Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Category / Item	Cost / Other Basis	Accumulated Depreciation	Book Value	End of Year Fair Market Value
FURNITURE, EQUIPMENT AND TECHNOLOGY	47,098	40,713	6,385	6,385

TY 2017 Legal Fees Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
LEGAL	3,576	0		3,080

TY 2017 Other Decreases Schedule

Name: POTOMAC HEALTH FOUNDATION

EIN: 52-1340920

Description	Amount
UNREALIZED LOSS	3,830,510

TY 2017 Other Expenses Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
PROFESSIONAL DEVELOPMENT	34,094	0		43,948
TECH EXPENSE	17,847	0		19,514
OTHER EXPENSE	10,474	53		-37,557
INSURANCE	2,207	0		2,207
SEI CORE PROPERTY FUND, LP OTHER DEDUCTIONS	0	50,419		0

TY 2017 Other Liabilities Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Description	Beginning of Year - Book Value	End of Year - Book Value
DUE TO RELATED PARTY	24,686	27,927
DEFERRED TAX LIABILITY	161,904	123,599

TY 2017 Other Professional Fees Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
INVESTMENT MANAGEMENT FEES	596,085	596,085		0
CONSULTANT FEES	42,550	0		78,550

TY 2017 Taxes Schedule**Name:** POTOMAC HEALTH FOUNDATION**EIN:** 52-1340920

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
EXCISE TAX	66,877	0		0