

For calendar year 2017, or tax year beginning 01-01-2017, and ending 12-31-2017

Name of foundation Mid-Iowa Health Foundation		A Employer identification number 42-1235348	
Number and street (or P O box number if mail is not delivered to street address) 3900 Ingersoll Ave No 104		Room/suite	
City or town, state or province, country, and ZIP or foreign postal code Des Moines, IA 503123535		B Telephone number (see instructions) (515) 277-6411	
G Check all that apply ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☐ Name change		D 1. Foreign organizations, check here 2 Foreign organizations meeting the 85% test, check here and attach computation	
H Check type of organization ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here	
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 16,414,575		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here	
J Accounting method ☐ Cash ☒ Accrual ☐ Other (specify) (Part I, column (d) must be on cash basis)			

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc , received (attach schedule)	175,000			
	2 Check ☐ if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	619	619		
	4 Dividends and interest from securities . . .	258,947	258,947		
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	1,019,890			
	b Gross sales price for all assets on line 6a 6,505,390				
	7 Capital gain net income (from Part IV, line 2) . . .		1,019,890		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
Operating and Administrative Expenses	b Less Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)				
	12 Total. Add lines 1 through 11	1,454,456	1,279,456		
	13 Compensation of officers, directors, trustees, etc	108,897	8,712		99,822
	14 Other employee salaries and wages	81,640	0		81,640
	15 Pension plans, employee benefits	37,199	1,297		35,902
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule)	13,585	0		13,585
	c Other professional fees (attach schedule)	90,541	67,249		23,292
	17 Interest				
	18 Taxes (attach schedule) (see instructions) . . .	16,485	4,508		0
	19 Depreciation (attach schedule) and depletion . . .	850	0		
	20 Occupancy	14,006	0		14,006
	21 Travel, conferences, and meetings	28,154	0		28,154
	22 Printing and publications	12,285	0		12,285
	23 Other expenses (attach schedule)	22,188	0		17,288
	24 Total operating and administrative expenses. Add lines 13 through 23	425,830	81,766		325,974
	25 Contributions, gifts, grants paid	756,226			678,726
	26 Total expenses and disbursements. Add lines 24 and 25	1,182,056	81,766		1,004,700
	27 Subtract line 26 from line 12				
	a Excess of revenue over expenses and disbursements	272,400			
	b Net investment income (if negative, enter -0-)		1,197,690		
	c Adjusted net income(if negative, enter -0-)				

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value			
Assets	1	Cash—non-interest-bearing	10,031				
	2	Savings and temporary cash investments	207,550	238,970	238,970		
	3	Accounts receivable ▶ _____ Less allowance for doubtful accounts ▶ _____					
	4	Pledges receivable ▶ _____ Less allowance for doubtful accounts ▶ _____					
	5	Grants receivable					
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)					
	7	Other notes and loans receivable (attach schedule) ▶ _____ Less allowance for doubtful accounts ▶ _____					
	8	Inventories for sale or use					
	9	Prepaid expenses and deferred charges	8,028	13,038	13,038		
	10a	Investments—U S and state government obligations (attach schedule)					
	b	Investments—corporate stock (attach schedule)	6,061,046 	7,161,639	7,161,639		
	c	Investments—corporate bonds (attach schedule)					
	11	Investments—land, buildings, and equipment basis ▶ _____ Less accumulated depreciation (attach schedule) ▶ _____					
	12	Investments—mortgage loans					
	13	Investments—other (attach schedule)	8,241,184 	8,999,713	8,999,713		
	14	Land, buildings, and equipment basis ▶ _____ 19,776 Less accumulated depreciation (attach schedule) ▶ _____ 18,561	2,065 	1,215	1,215		
15	Other assets (describe ▶ _____)	 7,918 	0 	0			
16	Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	14,537,822	16,414,575	16,414,575			
Liabilities	17	Accounts payable and accrued expenses	2,947	10,536			
	18	Grants payable		77,500			
	19	Deferred revenue					
	20	Loans from officers, directors, trustees, and other disqualified persons					
	21	Mortgages and other notes payable (attach schedule)					
	22	Other liabilities (describe ▶ _____)	 20,200 	25,100			
	23	Total liabilities (add lines 17 through 22)	23,147	113,136			
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ☒ and complete lines 24 through 26 and lines 30 and 31.						
	24	Unrestricted	14,514,675	16,301,439			
	25	Temporarily restricted					
	26	Permanently restricted					
	Foundations that do not follow SFAS 117, check here ☐ and complete lines 27 through 31.						
	27	Capital stock, trust principal, or current funds					
	28	Paid-in or capital surplus, or land, bldg , and equipment fund					
	29	Retained earnings, accumulated income, endowment, or other funds					
	30	Total net assets or fund balances (see instructions)	14,514,675	16,301,439			
31	Total liabilities and net assets/fund balances (see instructions) .	14,537,822	16,414,575				

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year—Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	14,514,675
2	Enter amount from Part I, line 27a	2	272,400
3	Other increases not included in line 2 (itemize) ▶ _____ 	3	1,514,364
4	Add lines 1, 2, and 3	4	16,301,439
5	Decreases not included in line 2 (itemize) ▶ _____	5	0
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 30 .	6	16,301,439

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day , yr)	(d) Date sold (mo , day , yr)
1 a Publicly traded securities			
b Capital Gains Dividends	P		
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 6,179,791		5,485,500	694,291
b 325,599			325,599
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
a			694,291
b			325,599
c			
d			
e			

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	1,019,890
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see instructions) If (loss), enter -0- in Part I, line 8		3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?



Yes



No

If "Yes," the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2016	813,117	14,103,070	0 057655
2015	808,963	15,268,779	0 052982
2014	757,514	15,699,162	0 048252
2013	739,076	14,580,962	0 050688
2012	744,380	13,648,124	0 054541

2 Total of line 1, column (d)	2	0 264118
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0 052824
4 Enter the net value of noncharitable-use assets for 2017 from Part X, line 5	4	15,181,753
5 Multiply line 4 by line 3	5	801,961
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	11,977
7 Add lines 5 and 6	7	813,938
8 Enter qualifying distributions from Part XII, line 4	8	1,004,700

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary—see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b	1	11,977
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0
3	Add lines 1 and 2.	3	11,977
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	11,977
6	Credits/Payments		
a	2017 estimated tax payments and 2016 overpayment credited to 2017	6a	7,918
b	Exempt foreign organizations—tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	
d	Backup withholding erroneously withheld	6d	0
7	Total credits and payments. Add lines 6a through 6d.	7	15,018
8	Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8	0
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	3,041
11	Enter the amount of line 10 to be Credited to 2018 estimated tax ☐ 3,041 Refunded ☐	11	0

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?	1a	No
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see Instructions for definition)? <i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities</i>	1b	No
c Did the foundation file Form 1120-POL for this year?	1c	No
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation ☐ \$ 0 (2) On foundation managers ☐ \$ 0		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ 0		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If "Yes," attach a detailed description of the activities</i>	2	No
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes</i>	3	No
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	No
b If "Yes," has it filed a tax return on Form 990-T for this year?	4b	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If "Yes," attach the statement required by General Instruction T</i>	5	No
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	Yes
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col (c), and Part XV</i>	7	Yes
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ☐ IA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation</i> .	8b	Yes
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2017 or the taxable year beginning in 2017 (see instructions for Part XIV)? <i>If "Yes," complete Part XIV</i>	9	No
10 Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses</i>	10	No

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions).	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)	12	Yes	
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address www.midiowahealth.org	13	Yes	
14	The books are in care of Suzanne Mineck Telephone no (515) 277-6411			

Located at **3900 Ingersoll Ave Suite 104 Des Moines IA** ZIP+4 **503123535**

15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —Check here ☐ and enter the amount of tax-exempt interest received or accrued during the year 15			
16	At any time during calendar year 2017, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). If "Yes," enter the name of the foreign country ▶	16	Yes	No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

1a	During the year did the foundation (either directly or indirectly)		Yes	No
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No			
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No			
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No			
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No			
	(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days). ☐ Yes ☒ No			
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? ☐ Organizations relying on a current notice regarding disaster assistance check here. ☐	1b		No
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2017? ☐	1c		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))			
a	At the end of tax year 2017, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2017? ☐ Yes ☒ No If "Yes," list the years ▶ 20____, 20____, 20____, 20____			
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions). ☐	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ▶ 20____, 20____, 20____, 20____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No			
b	If "Yes," did it have excess business holdings in 2017 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2017). ☐	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2017?	4b		No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (Continued)

5a	During the year did the foundation pay or incur any amount to				
	(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes ☒ No			
	(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	☐ Yes ☒ No			
	(3) Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes ☒ No			
	(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? (see instructions).	☐ Yes ☒ No			
	(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes ☒ No			
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?		5b		
	Organizations relying on a current notice regarding disaster assistance check here.	☐			
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	☐ Yes ☐ No			
	<i>If "Yes," attach the statement required by Regulations section 53.4945–5(d)</i>				
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	☐ Yes ☒ No			
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		6b	No	
	<i>If "Yes" to 6b, file Form 8870</i>				
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	☐ Yes ☒ No			
b	If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?		7b		

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
See Additional Data Table				

2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	Title, and average hours per week (b) devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Denise Swartz 3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312	Program Officer 40 00	84,120	5,888	0

Total number of other employees paid over \$50,000. **0**

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services. **0**

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc	Expenses
1	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1	
2	
All other program-related investments See instructions	
3	

Total. Add lines 1 through 3 **0**

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities.	1a	15,154,023
b	Average of monthly cash balances.	1b	258,924
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	15,412,947
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	15,412,947
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	231,194
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4.	5	15,181,753
6	Minimum investment return. Enter 5% of line 5.	6	759,088

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	759,088
2a	Tax on investment income for 2017 from Part VI, line 5.	2a	11,977
b	Income tax for 2017 (This does not include the tax from Part VI).	2b	
c	Add lines 2a and 2b.	2c	11,977
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	747,111
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	747,111
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	747,111

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	1,004,700
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4.	4	1,004,700
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions).	5	11,977
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	992,723

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2016	(c) 2016	(d) 2017
1 Distributable amount for 2017 from Part XI, line 7				747,111
2 Undistributed income, if any, as of the end of 2017				
a Enter amount for 2016 only.			0	
b Total for prior years 20____, 20____, 20____		0		
3 Excess distributions carryover, if any, to 2017				
a From 2012.	94,556			
b From 2013.	29,745			
c From 2014.				
d From 2015.	62,190			
e From 2016.	115,461			
f Total of lines 3a through e.	301,952			
4 Qualifying distributions for 2017 from Part XII, line 4 ▶ \$ <u>1,004,700</u>				
a Applied to 2016, but not more than line 2a			0	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2017 distributable amount.				747,111
e Remaining amount distributed out of corpus	257,589			
5 Excess distributions carryover applied to 2017 (If an amount appears in column (d), the same amount must be shown in column (a))	0			0
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	559,541			
b Prior years' undistributed income Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0		
d Subtract line 6c from line 6b Taxable amount—see instructions		0		
e Undistributed income for 2016 Subtract line 4a from line 2a Taxable amount—see instructions			0	
f Undistributed income for 2017 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2018				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2012 not applied on line 5 or line 7 (see instructions).	94,556			
9 Excess distributions carryover to 2018. Subtract lines 7 and 8 from line 6a	464,985			
10 Analysis of line 9				
a Excess from 2013.	29,745			
b Excess from 2014.				
c Excess from 2015.	62,190			
d Excess from 2016.	115,461			
e Excess from 2017.	257,589			

Part XIV

- | | |
|----------------|--|
| Part XV | Supplementary Information (Complete this part only if the organization had \$5,000 or more in assets at any time during the year—see instructions.) |
|----------------|--|

Part XV

- 2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:**

Check here ☐ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

- | | |
|---|--|
| <p>a The name, address, and telephone number or e-mail address of the person to whom applications should be addressed</p> <p>Suzanne Mineck
3900 Ingersoll Ave Suite 104
Des Moines, IA 503123535
(515) 277-6411</p> | |
| <p>b The form in which applications should be submitted and information and materials they should include</p> <p>Please contact Denise Swartz or Suzanne Mineck at 515-277-6411 or go to the Mid-Iowa Health Foundation website at www.midiowahealth.org to learn more about the grant process and how to apply. Non-profit organizations may apply for a grant through the competitive application process. Contact Denise or Suzanne to discuss your ideas for addressing the HealthConnect Innovation Grants priority.</p> | |
| <p>c Any submission deadlines</p> <p>See the website for application deadlines</p> | |
| <p>d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors</p> <p>Proposals are not considered for for-profit entities, individuals, scholarships, conference registration fees, programs supporting religious activities, general operations or special camps, capital campaigns, endowment campaigns, debt reduction, or fundraising events</p> | |

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a <i>Paid during the year</i> See Additional Data Table				
Total			3a	678,726
b <i>Approved for future payment</i> de Beaumont Foundation Inc 7501 Wisconsin Ave Ste 1310e Bethesda, MD 20814		PF	BUILD Health Challenge 2 0	77,500
Total			3b	77,500

Enter gross amounts unless otherwise indicated

Enter gross amounts unless otherwise indicated		Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions)
		(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1	Program service revenue					
a	_____					
b	_____					
c	_____					
d	_____					
e	_____					
f	_____					
g	Fees and contracts from government agencies					
2	Membership dues and assessments.					
3	Interest on savings and temporary cash investments			14	619	
4	Dividends and interest from securities.			14	258,947	
5	Net rental income or (loss) from real estate					
a	Debt-financed property.					
b	Not debt-financed property.					
6	Net rental income or (loss) from personal property					
7	Other investment income.					
8	Gain or (loss) from sales of assets other than inventory			18	1,019,890	
9	Net income or (loss) from special events					
10	Gross profit or (loss) from sales of inventory					
11	Other revenue a _____					
b	_____					
c	_____					
d	_____					
e	_____					
12	Subtotal Add columns (b), (d), and (e).		0		1,279,456	0
13	Total. Add line 12, columns (b), (d), and (e).			13		1,279,456

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes[illegible]

Part XVII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

1 Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?		Yes	No
a Transfers from the reporting foundation to a noncharitable exempt organization of			
(1) Cash.	1a(1)		No
(2) Other assets.	1a(2)		No
b Other transactions			
(1) Sales of assets to a noncharitable exempt organization.	1b(1)		No
(2) Purchases of assets from a noncharitable exempt organization.	1b(2)		No
(3) Rental of facilities, equipment, or other assets.	1b(3)		No
(4) Reimbursement arrangements.	1b(4)		No
(5) Loans or loan guarantees.	1b(5)		No
(6) Performance of services or membership or fundraising solicitations.	1b(6)		No
c Sharing of facilities, equipment, mailing lists, other assets, or paid employees.	1c		No
d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.			

(a) Line No	(b) Amount involved	(c) Name of noncharitable exempt organization	(d) Description of transfers, transactions, and sharing arrangements

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Sign Here	Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.		
	***** Signature of officer or trustee	2018-05-29 Date	***** Title

May the IRS discuss this return with the preparer shown below
 (see instr.)? ☒ Yes ☐ No

Paid Preparer Use Only	Print/Type preparer's name	Preparer's Signature	Date	Check if self-employed ☐	PTIN
	Lyle D Reichter CPA CMA		2018-05-29		P00065165
	Firm's name ▶ Corwin Reichter & Company PC				Firm's EIN ▶ 42-1046003
Firm's address ▶ 1055 Jordan Creek Pkwy Ste 120 West Des Moines, IA 502665821					Phone no (515) 309-0215

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation				
(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Kelly Grossman	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Cheryl Harding	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Hayley L Harvey	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Joseph Jones	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Libby Jacobs	Vice-Chair 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Matthew McGarvey	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Nolden Gentry	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Rob Hayes	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Suzanne Mineck	President 40 00	111,897	7,833	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Teree Caldwell-Johnson	Chair 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Chns Cook	Secretary/Treasurer 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
AMOS - A Mid-Iowa Organizing Strategy 3829 Grand Avenue Des Moines, IA 50309		PC	Invest Relationships, Invest Communités, Invest Health	40,000
Blank Children's Hospital 1200 Pleasant Street Des Moines, IA 50309		PC	Improve children's mental health and well being in Iowa	29,167
Blank Children's Hospital 1215 Pleasant Street Des Moines, IA 50309		PC	Blank Children's Hospital Foster Care Clinic	50,000
Child and Family Policy Center 505 Fifth Ave Ste 404 Des Moines, IA 50309		PC	Child health Policy Development, Knowledge Sharing and Convening	9,140
Child and Family Policy Center 505 Fifth Ave Ste 404 Des Moines, IA 50309		PC	Make sure that children in Iowa have access to high-quality healthcare that provides them with the n	29,167
Total ► 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Children and Families of Iowa 1111 University Ave Des Moines, IA 50314		PC	Substance Abuse Resource Education	2,000
City of Des Moines 602 Robert D Ray Drive Des Moines, IA 50309		NC	Civil & Human Rights Symposium Health Track sponsorship	1,500
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	MIHF Foundation Committee Advised Fund	10,000
Community Foundation of Greater Des Moines 1915 Grand Avenue Des Moines, IA 50309		POF	Navigating through disruption non-profit ED & board convening	700
Community Housing Initiatives 14 West 21st St Ste 3 Spencer, IA 51301		PC	Fuel Up First Breakfast Program	15,000
Total ► 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Community Youth Concepts 1446 Martin Luther King Jr Pkwy Des Moines, IA 50314		PC	uVoice	20,000
de Beaumont Foundation Inc 7501 Wisconsin Ave Ste 1310e Bethesda, MD 20814		PF	BUILD Health Challenge 2 0	77,500
Delta Dental of Iowa Foundation 9000 Northpark Dr Johnston, IA 50131		PC	Dental Innovation Initiative convening	4,000
Des Moines Public Schools 2100 Fleur Drive Des Moines, IA 50321		PC	Scavo Full Service High School - Trauma Informed Care	23,000
Des Moines Public Schools 2100 Fleur Drive Des Moines, IA 50321		PC	School Climate and Culture Symposium Health Track sponsorship	1,000
Total ▶ 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Des Moines University3200 Grand Ave Des Moines, IA 50312		PC	Innovation in Mental Health Education	50,000
EyesOpenIowa 4000 Westown Pkwy Ste 204 West Des Moines, IA 50266		PC	Implementing Sexual health Policies & Programs in Schools to Improve Student Health Outcomes	40,000
Grantmakers in Health 1130 Connecticut Ave Ste 700 Washington, DC 20036		PC	Technical Assistance	2,875
Iowa Arts in Education aka ArtForceIowa 1111 University Ave Des Moines, IA 50314		PC	ArtForce Iowa	500
Iowa Council of Foundations 2500 Fleur Drive Des Moines, IA 50321			GEO grantee/funder convening sponsorship	759
Total ► 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Iowa Homeless Youth Centers 612 Locust St Des Moines, IA 50309		PC	Ending Youth Homelessness in Polk County	50,000
Kids First Law Center 420 6th Street SE Ste 160 Cedar Rapids, IA 52401		PC	Creating Stability for Children of High-Conflict Divorce	25,000
Latinas Latinos Al Exito Inc PO box 93531 Des Moines, IA 50393		PC	Advocate for more inclusive policies in schools to address mental health of Latino students	29,167
Orchard Place2116 Grand Avenue Des Moines, IA 50312		PC	Trauma Informed Care	500
Planned Parenthood of the Heartland 818 5th Ave Ste 200 Des Moines, IA 50309		PC	Health Education Collaborative	18,000
Total ▶ 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Polk County Housing Trust Fund 505 5th Ave Ste 1000 Des Moines, IA 50309		PC	A "housing vaccine" for pediatric asthma	29,167
This is My Brave Inc 43300-116 Southern Walk Plaza 652 Broadlands, VA 20148		PC	Mental Health Anti-Stigma event sponsorship	750
Tides Foundation1014 Torney Ave San Francisco, CA 94129		PC	Strengthening early warning and response systems for surveillance, developmental screening, and foll	29,167
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314		PC	Vision to Learn	5,000
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314		PC	ACEs Prenatal and Pediatric Project	5,000
Total ► 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314		PC	Technical Assistance for Trauma Informed Services for Youth in Polk County Detention	9,500
VNS of Iowa1111 Ninth St Ste 320 Des Moines, IA 50314		PC	Navigator Media Support	5,000
VNS of Iowa1111 Ninth St Ste 320 Des Moines, IA 50314		PC	Medicaid Modernization Stakeholders Convening	5,000
Young Women's Resource Center 818 5th Ave Des Moines, IA 50309		PC	Youth Resiliency Matters	2,000
Young Women's Resource Center 818 5th Ave Des Moines, IA 50309		PC	Youth Resiliency Matters	30,000
Total ► 3a				678,726

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Youth Policy Institute of Iowa 6200 Aurora Ste 206E Des Moines, IA 50322		PC	Housing asfety and stability for youth aging out of foster care	29,167
Total 				678,726
3a				

TY 2017 Accounting Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348**Accounting Fees Schedule**

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Accounting and tax services	13,585	0		13,585

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2017 Depreciation Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Description of Property	Date Acquired	Cost or Other Basis	Prior Years' Depreciation	Computation Method	Rate / Life (# of years)	Current Year's Depreciation Expense	Net Investment Income	Adjusted Net Income	Cost of Goods Sold Not Included
FILE CABINET	1993-09-01	429	429	SL	7 000000000000	0	0		
CONFERENCE TABLE	1995-08-25	1,408	1,408	SL	7 000000000000	0	0		
FILE CABINET	1998-08-03	114	114	SL	10 000000000000	0	0		
OFFICE FURNITURE	2000-05-04	1,081	1,081	SL	10 000000000000	0	0		
FURNITURE	2002-06-04	468	468	SL	10 000000000000	0	0		
FURNITURE	2004-04-01	2,587	2,587	SL	10 000000000000	0	0		
FURNITURE	2004-05-06	1,577	1,577	SL	10 000000000000	0	0		
FURNITURE	2004-09-01	372	372	SL	10 000000000000	0	0		
FURNITURE	2004-09-01	152	152	SL	10 000000000000	0	0		
Computer Printer	2006-02-14	1,978	1,978	SL	5 000000000000	0	0		
Office Furniture	2006-11-27	3,156	3,156	SL	10 000000000000	0	0		
OFFICE FURNITURE	2007-05-07	520	503	SL	10 000000000000	17	0		
Lanier Copier/Printer	2011-10-18	1,399	1,399	SL	5 000000000000	0	0		
SentrySafe 4-Drawer Fire-Safe file cabinet	2013-08-22	742	247	SL	10 000000000000	74	0		
Optiplex 9020 minitower	2013-12-19	1,605	963	SL	5 000000000000	321	0		
Optiplex 9020 minitower	2014-02-11	2,188	1,277	SL	5 000000000000	438	0		

TY 2017 Investments Corporate Stock Schedule

Name: Mid-Iowa Health Foundation
EIN: 42-1235348

Name of Stock	End of Year Book Value	End of Year Fair Market Value
ABB Ltd	12,096	12,096
ABBVIE Inc.	69,051	69,051
ABN AMPRO Group	12,264	12,264
Accenture PLC	33,986	33,986
Activision Blizzard Inc.	37,612	37,612
Adidas	5,989	5,989
Adobe Systems Inc.	79,909	79,909
AES Corp	21,530	21,530
AGNC Investment Corp	7,531	7,531
Albermarle Corp	39,902	39,902
Alcoa Corp	9,104	9,104
Alexion Pharmaceuticals Inc	21,167	21,167
Alibaba Group	138,978	138,978
Allergan PLC	24,700	24,700
Alliance Global Group Inc.	10,075	10,075
Allstate Corp	48,690	48,690
Alphabet Inc.	68,471	68,471
Alphabet Inc.	69,062	69,062
Amazon Com Inc	135,658	135,658
Ameriprise Financial Inc.	25,420	25,420
Amgen Inc	50,257	50,257
Andeavor	23,097	23,097
Anheuser Busche Inbev	25,212	25,212
Anthem Inc	35,326	35,326
Aon Plc	23,450	23,450
Apple Inc	192,584	192,584
Applied Materials Inc	47,286	47,286
Archer-Daniels-Midland Co	19,359	19,359
Ashtead Group PLC	16,103	16,103
Assa Abloy Ab	29,814	29,814

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Assured Guaranty Ltd	17,680	17,680
AT&T Inc	2,061	2,061
Baker Hughes	14,744	14,744
Bank of America Corp	113,740	113,740
Baxter International Inc	10,019	10,019
BB Seguridade Participacoes S/A	16,188	16,188
Best Buy Co Inc	24,238	24,238
BHP Billiton Ltd	30,583	30,583
Biomarin Pharmaceutical Inc	33,706	33,706
Boeing Co	129,760	129,760
Brandywine Realty Trust	18,681	18,681
Bristol Myers Squibb	54,784	54,784
British Amern Tob Plc	36,643	36,643
Broadcom Ltd	66,794	66,794
Burlington Stores Inc	18,454	18,454
Cabot Corporation	5,173	5,173
Cadence Design Systems Inc	20,994	20,994
Canadian National Ry Co	15,262	15,262
Capital One Financial Corp	2,689	2,689
Carlsberg As-B	25,477	25,477
Caterpillar Inc	90,293	90,293
CBRE Group Inc	21,915	21,915
CBS Corp	5,900	5,900
Celgene Corp	43,727	43,727
Centene Corp	19,772	19,772
Centerpoint Energy Inc	23,992	23,992
Charter Communications Inc	74,583	74,583
Chevron Corporation	19,029	19,029
Chimera Invt Corp	20,014	20,014
CIA Saneamento Basico	11,276	11,276

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Cielo SA	18,740	18,740
CIT Group	20,726	20,726
Citigroup Inc	98,221	98,221
Comcast Corp	34,643	34,643
Comerica Inc	12,067	12,067
Compagnie Financiere Richemont SA	16,254	16,254
Compass Group PLC	27,092	27,092
Conagra Brands Inc	18,571	18,571
Concho Resources Inc	45,817	45,817
ConocoPhillips	27,116	27,116
Continental Ag	21,606	21,606
Convatec Group Plc	7,155	7,155
Copa Holdings Sa	15,149	15,149
Costco Whosale Corp	52,672	52,672
Crown Castle International Corp	15,541	15,541
Cummins Inc	21,727	21,727
CVS Health Corporation	10,875	10,875
Daiwa House Ind Ltd	38,807	38,807
Dbs Group Holdings	21,801	21,801
Deere & Co	6,730	6,730
Delta Air Lines Inc	34,664	34,664
Deutsche Post Ag	16,369	16,369
Devon Energy Corp	26,579	26,579
Discover Financial	24,153	24,153
Disney Walt Company	20,534	20,534
Dxc Technology Co	20,404	20,404
Edison Intl	1,771	1,771
Electronic Arts Inc	8,405	8,405
Energizer Holdings Inc	17,657	17,657
Equity Commonwealth	18,550	18,550

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Everest RE Group Ltd	18,807	18,807
Exelon Corporation	17,892	17,892
Express Scripts Holding Co	33,215	33,215
Exxon Mobil Corp	11,877	11,877
Facebook Inc	126,522	126,522
Fanuc Corp	11,900	11,900
Fedex Corporation	47,912	47,912
Ferguson Plc	20,384	20,384
First Solar Inc	11,681	11,681
Fleetcor Technologies Inc	36,947	36,947
General Motors Co	30,415	30,415
GEO Grp Inc	7,269	7,269
Gilead Sciences Inc	44,560	44,560
Goldman Sachs Group Inc	81,778	81,778
Halliburton Company	19,988	19,988
Hollyfrontier Corp	24,125	24,125
Home Depot Inc	68,610	68,610
Hospitality Properties	7,343	7,343
HP Inc	54,773	54,773
Humana Inc	53,335	53,335
Hunstman Corp	25,101	25,101
İcici Bank Ltd	19,129	19,129
Illumina Inc	35,395	35,395
Industria De Diseno Textile Inditex Sa	8,936	8,936
Jacobs Engineering Group	5,607	5,607
JPMorgan Chase & Co	60,100	60,100
KAO Corp	12,366	12,366
Kasikornbank Pub Co Ltd	15,737	15,737
Kddi Corp	12,878	12,878
Kering SA	37,515	37,515

Name of Stock	End of Year Book Value	End of Year Fair Market Value
KOC Holdings	9,479	9,479
LAM Research Corp	14,173	14,173
Lauder Estee Cos Inc	46,570	46,570
Lincoln Natl Corp	20,217	20,217
Madison Square Garden Co	8,223	8,223
Makita Corporation ADR	32,932	32,932
Manpowergroup Inc	22,195	22,195
Marathon Oil Corp	3,640	3,640
Marathon Petroleum corp	32,000	32,000
Marriott Intl Inc	62,707	62,707
Mastercard Inc	98,687	98,687
McDonalds Corp	65,406	65,406
McKesson Corporation	13,412	13,412
MDU Resources Group inc	16,639	16,639
Medtronic PLC	30,443	30,443
Metlife Inc	6,573	6,573
Michael Kors holdings Ltd	3,525	3,525
Michelin	20,263	20,263
Microsoft Corp	120,526	120,526
Monster Beverage Corp	45,252	45,252
Morgan Stanley & Co	36,414	36,414
Mr Price Group Ltd	15,915	15,915
MSCI Inc	23,663	23,663
Netapp Inc	13,885	13,885
Netflix Com Inc	86,382	86,382
Newmont Mining Corp	4,127	4,127
Nextera Energy Inc	24,678	24,678
Nordea Bank Ab	15,646	15,646
Novartix Ag	33,164	33,164
NRG Energy Inc	20,762	20,762

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Nu Skin Enterprises Inc	23,881	23,881
Nvidia Corp	53,987	53,987
Occidental Pete Corp	11,933	11,933
Packaging Corp Of America	12,778	12,778
Parker-Hannifin Corp	46,702	46,702
Paypal Holdings Inc	51,460	51,460
Pepsico Incorporated	5,396	5,396
Perusahaan Perseroan Persero Pt	28,676	28,676
Pfizer Incorporated	39,045	39,045
Piedmont Office Realty Tr inc	17,335	17,335
Pilgrims Pride Corp	21,183	21,183
Ping An Insurance	11,155	11,155
Pnc Financial Services Group	70,414	70,414
Portland General Electric	20,374	20,374
Priceline Group Inc	36,493	36,493
Proctor & Gamble Co	16,814	16,814
Progressive Corp Ohio	27,935	27,935
Prudential Financial Inc	18,512	18,512
Prudential PLC	44,128	44,128
PVH Corp	10,977	10,977
Realogy Holdings Corp	1,855	1,855
Red Electrica Corporacion	19,762	19,762
Red Hat Inc	44,437	44,437
Regions Financial Corp	16,226	16,226
Relx Plc Adr	21,567	21,567
Renaissance RE Holding Ltd	7,410	7,410
Rockwell Automation Inc	17,672	17,672
Royal Dutch Shell Plc	33,955	33,955
Ryanair holdings Plc	18,650	18,650
Ryohin Keikaku Co	33,293	33,293

Name of Stock	End of Year Book Value	End of Year Fair Market Value
S&P Global Inc	7,115	7,115
Safran SA	11,407	11,407
Salesforce.com	73,708	73,708
Sampo Oyja-a	29,646	29,646
Sanlam Ltd	19,333	19,333
SAP SE	38,989	38,989
Shire Plc	29,473	29,473
Sirius XM Holdings Inc	20,647	20,647
Skyworks Solutions Inc	5,982	5,982
Sony Corp	17,575	17,575
Spirit Aerosystems Hld	4,188	4,188
Splunk Inc	25,929	25,929
Statoil ASA	22,213	22,213
Steel Dynamics Inc	22,859	22,859
Sumitomo Mitsui Finl Group Inc	27,043	27,043
Suncor Energy Inc	22,913	22,913
Synovus Financial Corp	20,710	20,710
Taiwan Semiconductor Mfg Co	44,686	44,686
Take-Two Interactive Software inc	2,745	2,745
Technipfmc Plc	21,353	21,353
Telenor Asa-Ads	18,673	18,673
Tencent Holdings Ltd	100,829	100,829
Teradyne Incorporated	9,546	9,546
Tesla Motors Inc	46,080	46,080
Texas Instruments Inc	41,463	41,463
Tiffany & Co	8,420	8,420
Tokyo Electron Ltd	22,576	22,576
Toll Brothers	23,434	23,434
Torchmark Corp	16,509	16,509
Turkcell Iletisim Hizmetleri	27,224	27,224

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Two Hbrs Invt Corp	3,480	3,480
Tyson Foods Inc	26,429	26,429
UGI Corp	3,005	3,005
Unilever Plc	31,433	31,433
United Rentals Inc	18,051	18,051
Unitedhealth Group Inc	48,942	48,942
Valeo	29,233	29,233
Velero Energy corp	67,370	67,370
Verisign Inc	8,011	8,011
Vertex Pharmaceuticals Inc	28,623	28,623
Vinci SA	29,478	29,478
Visa Inc	95,663	95,663
Vmware inc	19,675	19,675
Wal-Mart Stores Inc	60,040	60,040
Walgreens Boots Alliance Inc	4,430	4,430
Wellcare Health Plans Inc	22,927	22,927
Wells Fargo & Co	21,781	21,781
Western Digital Corp	9,385	9,385
Willis Towers Watson Pub Ltd Co	15,672	15,672
Wolters Kluwer NV	30,317	30,317
Workday Inc	37,339	37,339
Wyndham Worldwide Corp	14,600	14,600
Yandex NV	16,637	16,637

TY 2017 Investments - Other Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Investments Other Schedule 2

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
Invesco Global Real Estate	FMV	812,613	812,613
Deutsche Secs Tr Enhanced Commodity Strat	FMV	325,908	325,908
Arbitrage Fd	FMV	33,219	33,219
AQR Fds Managed Futures Strategy Fd	FMV	29,732	29,732
Fundvantage Tr Gotham Absolute Return Fd	FMV	49,632	49,632
Delaware Group Global & Intl Fds Emerging Mkts Fd	FMV	630,075	630,075
Eaton Vance Mutual fds Trust Global Macro Abslt Return	FMV	66,907	66,907
Eaton Vance Ser II Income Fund boston	FMV	468,574	468,574
John Hancock Fds II Global Absolute Return Strat Gd	FMV	72,358	72,358
American Funds New World Fund	FMV	327,852	327,852
Janus Henderson Fds Flexible Bd Fd	FMV	1,563,268	1,563,268
John Hancock Fds II Absolute Return Currency fd	FMV	57,612	57,612
Lazard Fds Inc Lazard Developing Mkts Equity Port	FMV	654,914	654,914
Principal Fds Inc Global Multi Strategy Fd	FMV	48,159	48,159
Blackrock Funds Global Long/Short Cr Fd	FMV	42,920	42,920
Pimco Fds Pac invt Mgmt Ser Emerging Mkts Bd Fd	FMV	466,625	466,625
Prudential Jennison Mid-Cap Growth fd	FMV	658,951	658,951
Boston Partners Long/Short Research fund	FMV	49,165	49,165
Sterling Capital Fds Sterling Cap Stratton Small Cp Value Fd	FMV	972,432	972,432
Touchstone Fds Grp Mid Cap Value Fund	FMV	651,409	651,409
Artisan Fds Artisan Small Cap Fd	FMV	987,557	987,557
Natixix Fds Tr II ASG Managed Futures Strategy Fd	FMV	29,831	29,831

TY 2017 Land, Etc. Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Category / Item	Cost / Other Basis	Accumulated Depreciation	Book Value	End of Year Fair Market Value
FILE CABINET	429	429	0	
CONFERENCE TABLE	1,408	1,408	0	
FILE CABINET	114	114	0	
OFFICE FURNITURE	1,081	1,081	0	
FURNITURE	468	468	0	
FURNITURE	2,587	2,587	0	
FURNITURE	1,577	1,577	0	
FURNITURE	372	372	0	
FURNITURE	152	152	0	
Computer Printer	1,978	1,978	0	
Office Furniture	3,156	3,156	0	
OFFICE FURNITURE	520	520	0	
Lanier Copier/Printer	1,399	1,399	0	
SentrySafe 4-Drawer Fire-Safe file cabinet	742	321	421	
Optiplex 9020 minitower	1,605	1,284	321	
Optiplex 9020 minitower	2,188	1,715	473	

TY 2017 Other Assets Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Other Assets Schedule

Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value
Refundable federal excise tax	7,918	0	0

TY 2017 Other Expenses Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Dues & Subscriptions	1,245	0		1,245
Insurance	4,558	0		4,558
Office Expense	1,287	0		1,287
Telephone	2,597	0		2,597
Information Technology	7,601	0		7,601
Deferred Excise Taxes	4,900	0		0

TY 2017 Other Increases Schedule

Name: Mid-Iowa Health Foundation
EIN: 42-1235348

Description	Amount
Unrealized Gains (losses) on Investments	1,514,364

TY 2017 Other Liabilities Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Description	Beginning of Year - Book Value	End of Year - Book Value
Deferred Federal Excise Tax	20,200	25,100

TY 2017 Other Professional Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Consulting	23,292	0		23,292
Investment fees	67,249	67,249		0

TY 2017 Taxes Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Federal Excise Tax	11,977	0		0
Foreign taxes	4,508	4,508		0

Schedule B (Form 990, 990-EZ, or 990-PF) Department of the Treasury Internal Revenue Service	Schedule of Contributors ▶ Attach to Form 990, 990-EZ, or 990-PF ▶ Information about Schedule B (Form 990, 990-EZ, or 990-PF) and its instructions is at <u>www.irs.gov/form990</u>	OMB No 1545-0047 2017
	Name of the organization Mid-Iowa Health Foundation	Employer identification number 42-1235348

Organization type (check one)

Filers of:	Section:
Form 990 or 990-EZ	☐ 501(c)() (enter number) organization
	☐ 4947(a)(1) nonexempt charitable trust not treated as a private foundation
	☐ 527 political organization
Form 990-PF	☒ 501(c)(3) exempt private foundation
	☐ 4947(a)(1) nonexempt charitable trust treated as a private foundation
	☐ 501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.
Note. Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions

General Rule

☒ For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or other property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

☐ For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33¹/₃% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h, or (ii) Form 990-EZ, line 1. Complete Parts I and II.

☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.

☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year. . . . ▶ \$ _____

Caution. An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990, or check the box on line H of its Form 990-EZ or on its Form 990PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

Name of organization Mid-Iowa Health Foundation	Employer identification number 42-1235348
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Part I Contributors (See instructions) Use duplicate copies of Part I if additional space is needed			
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	Seafam Corporation 1122 4th Street SW Calgary, ABT2R 1M1 CA	\$ 175,000	Person ☒ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)
-		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions)

Part II **Noncash Property** (See instructions) Use duplicate copies of Part II if additional space is needed

Schedule B (Form 990, 990-EZ, or 990-PF) (2017)

Name of organization Mid-Iowa Health Foundation	Employer identification number 42-1235348
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Part III	Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this information once. See instructions.) ► \$ _____ Use duplicate copies of Part III if additional space is needed
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(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4		Relationship of transferor to transferee