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For calendar year 2016, or tax year beginning 01-01-2016, and ending 12-31-2016

Name of foundation Mid-Iowa Health Foundation		A Employer identification number 42-1235348	
Number and street (or P O box number if mail is not delivered to street address) 3900 Ingersoll Ave No 104		Room/suite	
City or town, state or province, country, and ZIP or foreign postal code Des Moines, IA 503123535		B Telephone number (see instructions) (515) 277-6411	
G Check all that apply ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☐ Name change		D 1. Foreign organizations, check here 2. Foreign organizations meeting the 85% test, check here and attach computation	
H Check type of organization ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here	
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 14,537,822		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here	
J Accounting method ☐ Cash ☒ Accrual ☐ Other (specify) (Part I, column (d) must be on cash basis)			

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc , received (attach schedule)				
	2 Check ☒ if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	137	137		
	4 Dividends and interest from securities	230,406	230,406		
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	224,289			
	b Gross sales price for all assets on line 6a	7,858,930			
	7 Capital gain net income (from Part IV, line 2)		224,289		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
Operating and Administrative Expenses	b Less Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)				
	12 Total. Add lines 1 through 11	454,832	454,832		
	13 Compensation of officers, directors, trustees, etc	113,897	9,112		104,785
	14 Other employee salaries and wages	86,920	0		86,920
	15 Pension plans, employee benefits	38,195	1,356		36,839
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule)	12,800	0		12,800
	c Other professional fees (attach schedule)	67,611	64,611		3,000
	17 Interest				
	18 Taxes (attach schedule) (see instructions)	8,560	4,811		0
	19 Depreciation (attach schedule) and depletion	1,403	0		
	20 Occupancy	15,601	0		0
	21 Travel, conferences, and meetings	13,379	0		0
	22 Printing and publications	7,899	0		0
	23 Other expenses (attach schedule)	31,284	0		21,431
	24 Total operating and administrative expenses. Add lines 13 through 23	397,549	79,890		265,775
	25 Contributions, gifts, grants paid	511,091			551,091
	26 Total expenses and disbursements. Add lines 24 and 25	908,640	79,890		816,866
	27 Subtract line 26 from line 12				
	a Excess of revenue over expenses and disbursements	-453,808			
	b Net investment income (if negative, enter -0-)		374,942		
c Adjusted net income(if negative, enter -0-)					

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value			
Assets	1	Cash—non-interest-bearing	10,031	10,031	10,031		
	2	Savings and temporary cash investments	246,046	207,550	207,550		
	3	Accounts receivable ▶ _____ Less allowance for doubtful accounts ▶ _____					
	4	Pledges receivable ▶ _____ Less allowance for doubtful accounts ▶ _____					
	5	Grants receivable					
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)					
	7	Other notes and loans receivable (attach schedule) ▶ _____ Less allowance for doubtful accounts ▶ _____					
	8	Inventories for sale or use					
	9	Prepaid expenses and deferred charges	7,750	8,028	8,028		
	10a	Investments—U S and state government obligations (attach schedule)					
	b	Investments—corporate stock (attach schedule)	5,243,612	6,061,046	6,061,046		
	c	Investments—corporate bonds (attach schedule)					
	11	Investments—land, buildings, and equipment basis ▶ _____ Less accumulated depreciation (attach schedule) ▶ _____					
	12	Investments—mortgage loans					
	13	Investments—other (attach schedule)	9,037,315	8,241,184	8,241,184		
	14	Land, buildings, and equipment basis ▶ _____ 19,776 Less accumulated depreciation (attach schedule) ▶ 17,711	3,469	2,065	2,065		
15	Other assets (describe ▶ _____)	11,667	7,918	7,918			
16	Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	14,559,890	14,537,822	14,537,822			
Liabilities	17	Accounts payable and accrued expenses	22,554	2,947			
	18	Grants payable	40,000				
	19	Deferred revenue					
	20	Loans from officers, directors, trustees, and other disqualified persons					
	21	Mortgages and other notes payable (attach schedule)					
	22	Other liabilities (describe ▶ _____)	10,400	20,200			
	23	Total liabilities (add lines 17 through 22)	72,954	23,147			
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ☒ and complete lines 24 through 26 and lines 30 and 31.						
	24	Unrestricted	14,486,936	14,514,675			
	25	Temporarily restricted					
	26	Permanently restricted					
	Foundations that do not follow SFAS 117, check here ☐ and complete lines 27 through 31.						
	27	Capital stock, trust principal, or current funds					
	28	Paid-in or capital surplus, or land, bldg , and equipment fund					
	29	Retained earnings, accumulated income, endowment, or other funds					
	30	Total net assets or fund balances (see instructions)	14,486,936	14,514,675			
31	Total liabilities and net assets/fund balances (see instructions) .	14,559,890	14,537,822				

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year—Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	14,486,936
2	Enter amount from Part I, line 27a	2	-453,808
3	Other increases not included in line 2 (itemize) ▶ _____	3	481,547
4	Add lines 1, 2, and 3	4	14,514,675
5	Decreases not included in line 2 (itemize) ▶ _____	5	0
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 30 .	6	14,514,675

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1 a Wells Fargo Advisors			
b Capital Gains Dividends	P		
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 7,775,859		7,634,641	141,218
b 83,071			83,071
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
a			141,218
b			83,071
c			
d			
e			

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	224,289
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see instructions) If (loss), enter -0- in Part I, line 8		3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2015	808,963	15,268,779	0 052982
2014	757,514	15,699,162	0 048252
2013	739,076	14,580,962	0 050688
2012	744,380	13,648,124	0 054541
2011	684,715	13,896,275	0 049273

2 Total of line 1, column (d)	2	0 255736
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0 051147
4 Enter the net value of noncharitable-use assets for 2016 from Part X, line 5	4	14,103,070
5 Multiply line 4 by line 3	5	721,330
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	3,749
7 Add lines 5 and 6	7	725,079
8 Enter qualifying distributions from Part XII, line 4	8	816,866

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary—see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b	1	3,749
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col (b)		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0
3	Add lines 1 and 2.	3	3,749
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	3,749
6	Credits/Payments		
a	2016 estimated tax payments and 2015 overpayment credited to 2016	6a	11,667
b	Exempt foreign organizations—tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	
d	Backup withholding erroneously withheld	6d	
7	Total credits and payments. Add lines 6a through 6d.	7	11,667
8	Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8	
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	7,918
11	Enter the amount of line 10 to be Credited to 2017 estimated tax ☐ 7,918 Refunded ☐	11	0

Part VII-A Statements Regarding Activities

1a	During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?	1a	Yes	No
b	Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see Instructions for definition)? If the answer is "Yes" to 1a or 1b , attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities	1b		No
c	Did the foundation file Form 1120-POL for this year?	1c		No
d	Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year (1) On the foundation ☐ \$ 0 (2) On foundation managers ☐ \$ 0			
e	Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ 0			
2	Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities	2		No
3	Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes	3		No
4a	Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a		No
b	If "Yes," has it filed a tax return on Form 990-T for this year?	4b		
5	Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T	5		No
6	Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	Yes	
7	Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col (c), and Part XV	7	Yes	
8a	Enter the states to which the foundation reports or with which it is registered (see instructions) ☐ IA			
b	If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation .	8b	Yes	
9	Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2016 or the taxable year beginning in 2016 (see instructions for Part XIV)? If "Yes," complete Part XIV	9		No
10	Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses	10		No

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions).	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)	12		No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► <u>www.midiowahealth.org</u>	13	Yes	
14	The books are in care of ► <u>Suzanne Mineck</u> Telephone no ► <u>(515) 277-6411</u>			

Located at ► 3900 Ingersoll Ave Suite 104 Des Moines IA ZIP+4 ► 503123535

15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —Check here	☐		
	and enter the amount of tax-exempt interest received or accrued during the year	► 15		
16	At any time during calendar year 2016, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?	16	Yes	No
	See instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR) If "Yes," enter the name of the foreign country ►			

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

1a	During the year did the foundation (either directly or indirectly)		Yes	No
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No			
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No			
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No			
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No			
	(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days). ☐ Yes ☒ No			
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)?	1b		No
	Organizations relying on a current notice regarding disaster assistance check here.			
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2016?	1c		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))			
a	At the end of tax year 2016, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2016?		☐ Yes ☒ No	
	If "Yes," list the years ► 20____, 20____, 20____, 20____			
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions)	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ► 20____, 20____, 20____, 20____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?		☐ Yes ☒ No	
b	If "Yes," did it have excess business holdings in 2016 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2016)	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2016?	4b		No

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (Continued)

5a During the year did the foundation pay or incur any amount to (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? ☐ Yes ☒ No (2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? ☐ Yes ☒ No (3) Provide a grant to an individual for travel, study, or other similar purposes? ☐ Yes ☒ No (4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? (see instructions). ☐ Yes ☒ No (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? ☐ Yes ☒ No			
b If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? ☐ Yes ☒ No			5b
c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? ☐ Yes ☐ No <i>If "Yes," attach the statement required by Regulations section 53.4945–5(d)</i>			
6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? ☐ Yes ☒ No			
b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? ☐ Yes ☒ No <i>If "Yes" to 6b, file Form 8870</i>			6b No
7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? ☐ Yes ☒ No			
b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? ☐ Yes ☒ No			7b

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).				
(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
See Additional Data Table				
2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."				
(a) Name and address of each employee paid more than \$50,000	Title, and average hours per week (b) devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Denise Swartz 3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312	Program Officer 40 00	87,620	6,343	0
Total number of other employees paid over \$50,000.				0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors *(continued)*

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over \$50,000 for professional services.		0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1	
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3	0

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a	Average monthly fair market value of securities.	1a	14,115,152
b	Average of monthly cash balances.	1b	202,686
c	Fair market value of all other assets (see instructions).	1c	0
d	Total (add lines 1a, b, and c).	1d	14,317,838
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	14,317,838
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	214,768
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	14,103,070
6	Minimum investment return. Enter 5% of line 5.	6	705,154

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	705,154
2a	Tax on investment income for 2016 from Part VI, line 5.	2a	3,749
b	Income tax for 2016 (This does not include the tax from Part VI).	2b	
c	Add lines 2a and 2b.	2c	3,749
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	701,405
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	701,405
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1.	7	701,405

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	816,866
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	816,866
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions).	5	3,749
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	813,117

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2015	(c) 2015	(d) 2016
1 Distributable amount for 2016 from Part XI, line 7				701,405
2 Undistributed income, if any, as of the end of 2016				
a Enter amount for 2015 only.			0	
b Total for prior years 20____, 20____, 20____		0		
3 Excess distributions carryover, if any, to 2016				
a From 2011. 2,038				
b From 2012. 94,556				
c From 2013. 29,745				
d From 2014.				
e From 2015. 62,190				
f Total of lines 3a through e.	188,529			
4 Qualifying distributions for 2016 from Part XII, line 4 ▶ \$ 816,866				
a Applied to 2015, but not more than line 2a			0	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2016 distributable amount.				701,405
e Remaining amount distributed out of corpus	115,461			
5 Excess distributions carryover applied to 2016 (If an amount appears in column (d), the same amount must be shown in column (a))	0			0
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	303,990			
b Prior years' undistributed income Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0		
d Subtract line 6c from line 6b Taxable amount—see instructions		0		
e Undistributed income for 2015 Subtract line 4a from line 2a Taxable amount—see instructions			0	
f Undistributed income for 2016 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2017				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2011 not applied on line 5 or line 7 (see instructions).	2,038			
9 Excess distributions carryover to 2017. Subtract lines 7 and 8 from line 6a	301,952			
10 Analysis of line 9				
a Excess from 2012. 94,556				
b Excess from 2013. 29,745				
c Excess from 2014.				
d Excess from 2015. 62,190				
e Excess from 2016. 115,461				

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2016, enter the date of the ruling. ▶

b Check box to indicate whether the organization is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed

	Tax year	Prior 3 years			(e) Total
	(a) 2016	(b) 2015	(c) 2014	(d) 2013	
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon					
a "Assets" alternative test—enter					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed. . .					
c "Support" alternative test—enter					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii).					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the organization had \$5,000 or more in assets at any time during the year—see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☐ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d

a The name, address, and telephone number or e-mail address of the person to whom applications should be addressed

Suzanne Mineck
3900 Ingersoll Ave Suite 104
Des Moines, IA 503123535
(515) 277-6411

b The form in which applications should be submitted and information and materials they should include

Please contact Denise Swartz or Suzanne Mineck at 515-277-6411 or go to the Mid-Iowa Health Foundation website at www.midiowahealth.org to learn more about the grant process and how to apply. Non-profit organizations may apply for a grant through the competitive application process. Contact Denise or Suzanne to discuss your ideas for addressing the HealthConnect Innovation Grants priority

c Any submission deadlines

See the website for application deadlines

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

Proposals are not considered for for-profit entities, individuals, scholarships, conference registration fees, programs supporting religious activities, general operations or special camps, capital campaigns, endowment campaigns, debt reduction, or fundraising events

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i> See Additional Data Table				
Total			3a	551,091
b <i>Approved for future payment</i>				
Total			3b	0

Enter gross amounts unless otherwise indicated

Enter gross amounts unless otherwise indicated	Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions)
	(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1 Program service revenue					
a _____					
b _____					
c _____					
d _____					
e _____					
f _____					
g Fees and contracts from government agencies					
2 Membership dues and assessments.					
3 Interest on savings and temporary cash investments			14	137	
4 Dividends and interest from securities.			14	230,406	
5 Net rental income or (loss) from real estate					
a Debt-financed property.					
b Not debt-financed property.					
6 Net rental income or (loss) from personal property					
7 Other investment income.					
8 Gain or (loss) from sales of assets other than inventory			18	224,289	
9 Net income or (loss) from special events					
10 Gross profit or (loss) from sales of inventory					
11 Other revenue a _____					
b _____					
c _____					
d _____					
e _____					
12 Subtotal Add columns (b), (d), and (e).		0		454,832	0
13 Total. Add line 12, columns (b), (d), and (e).			13		454,832

(See worksheet in line 13 instructions to verify calculations)

Part XVI-B	Relationship of Activities to the Accomplishment of Exempt Purposes

[illegible]

Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

- [illegible]

- | | | | |
|------------------|--|------------|-------|
| Sign Here | Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge. | | |
| | ***** | 2017-05-17 | ***** |
| | Signature of officer or trustee | Date | Title |

May the IRS discuss this return with the preparer shown below (see instr.)? ☒ **Yes** ☐ **No**

Paid Preparer Use Only	Print/Type preparer's name	Preparer's Signature	Date	Check if self-employed ☐	PTIN
	Lyle D Reichter CPA CMA		2017-05-16		P00065165
	Firm's name ▶ Corwin Reichter & Company PC				Firm's EIN ▶ 42-1046003
	Firm's address ▶ 1055 Jordan Creek Pkwy Ste 120 West Des Moines, IA 502665821				Phone no (515) 309-0215

Form 990PF Part VIII Line 1 - List all officers, directors, trustees, foundation managers and their compensation

(a) Name and address	Title, and average hours per week (b) devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	Expense account, (e) other allowances
Becky Miles-Polka	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Cheryl Harding	Secretary/Treasurer 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Hayley L Harvey	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Judith Vogel	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Libby Jacobs	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Matthew McGarvey	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Nolden Gentry	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Rob Hayes	Chair 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Scott L Wilson	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Suzanne Mineck	President 40 00	116,897	7,973	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Teree Caldwell-Johnson	Vice-Chair 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				
Chris Cook	Director 1 00	0	0	0
3900 Ingersoll Avenue Ste 104 Des Moines, IA 50312				

Form 990FP Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
Ankeny Mental Health Ministry co Ankeny First United Methodist Church 206 SW Walnut St Ankeny, IA 50023			Suicide Prevention Symposium	2,500
Blank Children's Hospital 1215 Pleasant Street Des Moines, IA 50309			Blank Children's Hospital Foster Care Clinic	9,516
Bridges of Iowa Inc 1211 Vine St West Des Moines, IA 50265			Director Designated Grant	250
Broadlawns Medical Center Foundation 1801 Hickman Road Des Moines, IA 50314			Director Designated Grant	500
Catholic Council for Social Concern Inc 601 Grand Ave Des Moines, IA 50309			Community Outreach Program/Spanish-Language Counseling	20,000
Child and Family Policy Center 505 5th Ave Ste 404 Des Moines, IA 50309			Facilitative Leadership Around Child Health and Well-Being in Iowa	20,000
Child and Family Policy Center 505 5th Ave Ste 404 Des Moines, IA 50309			Kids Action Agenda Planning and Facilitation	5,700
Community Youth Concepts 1446 Martin Luther King Jr Parkway Des Moines, IA 50314			uVoice Youth Philanthropy Board	30,000
Dallas County Hospital Foundation 610 10th Street Perry, IA 50220			Hispanic/Latino Health Education & Community Outreach Program	25,000
Des Moines Area Religious Council 1435 Mulberry Street Des Moines, IA 50309			DMARC Childhood Nutrition Food Assistance Project	15,500
Des Moines Health Center 1111 Ninth St Ste 190 Des Moines, IA 50314			Nolden Gentry Dental Clinic	25,000
EMBARC 2309 Euclid Avenue Des Moines, IA 50310			Refugee Health Navigator Project	10,000
Eyerly Ball CMHS 945 19th St Des Moines, IA 50314			Improving Client Quality of Life	5,000
Grantmakers in Health 1130 Connecticut Ave NW Ste 700 Washington, DC 20036			Technical Assistance	2,875
Greater Des Moines Community Foundation 1915 Grand Avenue Des Moines, IA 50309			Ignite Innovation Challenge	5,000
Total ► 3a				551,091

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
Homes of Oakridge Human Services 1236 Oakridge Drive Des Moines, IA 50314			Director Designated Grant	750
Homes of Oakridge Human Services 1236 Oakridge Drive Des Moines, IA 50314			Director Designated Grant	500
Iowa Caregivers 1231 8th Street Ste 236 West Des Moines, IA 50265			Mouth Care Matters Oral Health Specialty for Direct Care Workers	20,000
Iowa Chronic Care Consortium 5550 Wild Rose Lane Ste 400 West Des Moines, IA 50266			Patient Engagement for Outcomes Focused Healthcare Skills Development for the Front Line Healthcare	20,000
Iowa Healthiest State Initiative 301 Grand Avenue Des Moines, IA 50309			Healthiest State/DMPs/Americorps Garden	1,000
Kiwanis Club of Des Moines Foundation 505 5th Ave Ste 302 Des Moines, IA 50309			Wil Blechman Conference	500
Orchard Place 2116 Grand Avenue Des Moines, IA 50312			Mental health Crisis Services for Youth Planning Grant	50,000
Polk County Housing Trust Fund 108 3rd St Suite 350 Des Moines, IA 50309			Affordable Housing Week Symposium & Bus Tour	500
Prevent Child Abuse Iowa 505 5th Ave Ste 900 Des Moines, IA 50309			Building Systems and Communities Responsive to Childhood Trauma	40,000
Prevent Child Abuse Iowa 505 5th Ave Ste 900 Des Moines, IA 50309			Building Systems and Communities Responsive to Childhood Trauma	10,000
Primary Health Care Inc 9943 Hickman Road Ste 105 Urbandale, IA 50322			PHC/CISS Nurse Care Manager Program	35,000
The Directors Council 501 Grand Ave Des Moines, IA 50309			Youth Violence Prevention	5,000
Tori's Angels Foundation 4677 Panorma Drive Panora, IA 50216			Director Designated Grant	500
United Way of Central Iowa 1111 Ninth St Ste 100 Des Moines, IA 50314			Central Iowa ACEs 360 Learning Expansion	15,500
USCRI - Des Moines 1200 University Ave Ste 205 Des Moines, IA 50314			The USCRI - Des Moines Refugee Wellness Program	25,000
Total ►				551,091
3a				

Form 990PF Part XV Line 3 - Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a <i>Paid during the year</i>				
Visiting Nurse Services of Iowa 1111 Ninth St Ste 230 Des Moines, IA 50314			Iowa Health Link Collaboration - Medicaid Modernization Stakeholder Group	20,000
Visiting Nurse Services of Iowa 1111 Ninth St Ste 320 Des Moines, IA 50314			Scavo Clinic Shuttle	5,000
Visiting Nurse Services of Iowa 1111 Ninth St Ste 320 Des Moines, IA 50314			Iowa Health Link Collaboration - Medicaid Modernization Stakeholder Group	2,000
WesleyLife 5508 NW 88th St Johnston, IA 50310			WesleyLife Public Health Nursing Program	25,000
Young Women's Resource Center 818 5th Avenue Des Moines, IA 50309			Youth Resiliency Matters	50,000
Youth Emergency Services & Shelter 918 SE 11th Street Des Moines, IA 50309			Commitment to Trauma Informed Care and Sanctuary	47,500
Youth Homes of Mid-America 7225 NW 58th Street Johnston, IA 50131			Director Designated Grant	500
Total ► 3a				551,091

TY 2016 Accounting Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Audit and Tax Preparation Fees	6,200	0		6,200
Accounting fees	6,600	0		6,600

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2016 Depreciation Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Description of Property	Date Acquired	Cost or Other Basis	Prior Years' Depreciation	Computation Method	Rate / Life (# of years)	Current Year's Depreciation Expense	Net Investment Income	Adjusted Net Income	Cost of Goods Sold Not Included
FILE CABINET	1993-09-01	429	429	SL	7 000000000000	0	0		
CONFERENCE TABLE	1995-08-25	1,408	1,408	SL	7 000000000000	0	0		
FILE CABINET	1998-08-03	114	114	SL	10 000000000000	0	0		
OFFICE FURNITURE	2000-05-04	1,081	1,081	SL	10 000000000000	0	0		
FURNITURE	2002-06-04	468	468	SL	10 000000000000	0	0		
FURNITURE	2004-04-01	2,587	2,587	SL	10 000000000000	0	0		
FURNITURE	2004-05-06	1,577	1,577	SL	10 000000000000	0	0		
FURNITURE	2004-09-01	372	372	SL	10 000000000000	0	0		
FURNITURE	2004-09-01	152	152	SL	10 000000000000	0	0		
Computer Pnnter	2006-02-14	1,978	1,978	SL	5 000000000000	0	0		
Office Furniture	2006-11-27	3,156	2,870	SL	10 000000000000	286	0		
OFFICE FURNITURE	2007-05-07	520	451	SL	10 000000000000	52	0		
Lanier Copier/Pnnter	2011-10-18	1,399	1,167	SL	5 000000000000	232	0		
SentrySafe 4-Drawer Fire-Safe file cabinet	2013-08-22	742	173	SL	10 000000000000	74	0		
Optiplex 9020 minitower	2013-12-19	1,605	642	SL	5 000000000000	321	0		
Optiplex 9020 minitower	2014-02-11	2,188	839	SL	5 000000000000	438	0		

TY 2016 Investments Corporate Stock Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Name of Stock	End of Year Book Value	End of Year Fair Market Value
Total Corporate Stocks Owned	6,061,046	6,061,046

TY 2016 Investments - Other Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
Total Mutual Funds	FMV	8,241,184	8,241,184

TY 2016 Land, Etc. Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Category / Item	Cost / Other Basis	Accumulated Depreciation	Book Value	End of Year Fair Market Value
FILE CABINET	429	429	0	
CONFERENCE TABLE	1,408	1,408	0	
FILE CABINET	114	114	0	
OFFICE FURNITURE	1,081	1,081	0	
FURNITURE	468	468	0	
FURNITURE	2,587	2,587	0	
FURNITURE	1,577	1,577	0	
FURNITURE	372	372	0	
FURNITURE	152	152	0	
Computer Printer	1,978	1,978	0	
Office Furniture	3,156	3,156	0	
OFFICE FURNITURE	520	503	17	
Lanier Copier/Printer	1,399	1,399	0	
SentrySafe 4-Drawer Fire-Safe file cabinet	742	247	495	
Optiplex 9020 minitower	1,605	963	642	
Optiplex 9020 minitower	2,188	1,277	911	

TY 2016 Other Assets Schedule

Name: Mid-Iowa Health Foundation

EIN: 42-1235348

Other Assets Schedule

Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value
Refundable federal excise tax	11,667	7,918	7,918

TY 2016 Other Expenses Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348**Other Expenses Schedule**

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Dues & Subscriptions	1,693	0		1,693
Insurance	1,272	0		1,272
Office Expense	518	0		518
Telephone	2,663	0		2,663
Information Technology	15,338	0		15,285
Deferred Excise Taxes	9,800	0		0

TY 2016 Other Increases Schedule

Name: Mid-Iowa Health Foundation
EIN: 42-1235348

Description	Amount
Unrealized Gains (losses) on Investments	481,547

TY 2016 Other Liabilities Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Description	Beginning of Year - Book Value	End of Year - Book Value
Deferred Federal Excise Tax	10,400	20,200

TY 2016 Other Professional Fees Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Consulting	3,000	0		3,000
Investment fees	64,611	64,611		0

TY 2016 Taxes Schedule**Name:** Mid-Iowa Health Foundation**EIN:** 42-1235348

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Federal Excise Tax	3,749	0		0
Foreign taxes	4,811	4,811		0