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Form 990-PF

Department of the Treasury
Internal Revenue Service

Return of Private Foundation

or Section 4947(a)(1) Trust Treated as Private Foundation

Do not enter social security numbers on this form as it may be made public.

Information about Form 990-PF and its separate instructions is at www.irs.gov/form990pf.

OMB No 1545-0052

2015

Open to Public Inspection

For calendar year 2015 or tax year beginning

, and ending

Name of foundation

THE SPRINGMEYER FOUNDATION

A Employer identification number

76-0664848

Number and street (or P.O. box number if mail is not delivered to street address)

6231 SUGAR HILL

Room/suite

B Telephone number

713-529-3000

City or town, state or province, country, and ZIP or foreign postal code

HOUSTON, TX 77057

C If exemption application is pending, check here ☐

G Check all that apply:

☐ Initial return☐ Initial return of a former public charity☐ Final return☐ Amended return☐ Address change☐ Name changeD 1. Foreign organizations, check here ☐2. Foreign organizations meeting the 85% test, check here and attach computation ☐

H Check type of organization:

☒ Section 501(c)(3) exempt private foundation☐ Section 4947(a)(1) nonexempt charitable trust☐ Other taxable private foundationE If private foundation status was terminated under section 507(b)(1)(A), check here ☐

I Fair market value of all assets at end of year

(from Part II, col (c), line 16)

\$ 5,136,175.

J Accounting method:

☒ Cash☐ Accrual☐ Other (specify)F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

(Part I, column (d) must be on cash basis.)

Part I Analysis of Revenue and Expenses

(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)

(a) Revenue and expenses per books

(b) Net investment income

(c) Adjusted net income

(d) Disbursements for charitable purposes (cash basis only)

1 Contributions, gifts, grants, etc., received

197,945.

2 Check ☐ if the foundation is not required to attach Sch. B

3 Interest on savings and temporary cash investments

4 Dividends and interest from securities

109,553.

109,553.

STATEMENT 2

5a Gross rents

b Net rental income or (loss)

6a Net gain or (loss) from sale of assets not on line 10

1,071,661.

STATEMENT 1

b Gross sales price for all assets on line 6a 3,589,141.

7 Capital gain net income (from Part IV, line 2)

1,373,804.

8 Net short-term capital gain

9 Income modifications

Gross sales less returns and allowances

10a Less Cost of goods sold

c Gross profit or (loss)

11 Other income

1,379,159.

1,483,357.

0.

12 Total. Add lines 1 through 11

13 Compensation of officers, directors, trustees, etc

0.

0.

0.

0.

14 Other employee salaries and wages

15 Pension plans; employee benefits

16a Legal fees

b Accounting fees

STMT 3

7,815.

3,907.

0.

3,908.

c Other professional fees

STMT 4

13,145.

13,145.

0.

0.

17 Interest

18 Taxes

STMT 5

4,304.

304.

0.

0.

19 Depreciation and depletion

20 Occupancy

21 Travel, conferences, and meetings

22 Printing and publications

23 Other expenses

STMT 6

2,233.

0.

0.

0.

24 Total operating and administrative expenses. Add lines 13 through 23

27,497.

17,356.

0.

3,908.

25 Contributions, gifts, grants paid

86,549.

86,549.

26 Total expenses and disbursements

Add lines 24 and 25

114,046.

17,356.

0.

90,457.

27 Subtract line 26 from line 12:

a Excess of revenue over expenses and disbursements

1,265,113.

b Net investment income (if negative, enter -0-)

1,466,001.

c Adjusted net income (if negative, enter -0-)

0.

523501
11-24-15

LHA For Paperwork Reduction Act Notice, see instructions

certified
1 Article # 7011 2000 0002 3753 9785
2015.05000 THE SPRINGMEYER FOUNDATION 8MD3XK-1

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14281114 252420 8MD3XK

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value		
Assets	1 Cash - non-interest-bearing					
	2 Savings and temporary cash investments			213,395.	1,463,796.	1,463,796.
	3 Accounts receivable ▶					
	Less: allowance for doubtful accounts ▶					
	4 Pledges receivable ▶					
	Less: allowance for doubtful accounts ▶					
	5 Grants receivable					
	6 Receivables due from officers, directors, trustees, and other disqualified persons					
	7 Other notes and loans receivable ▶					
	Less: allowance for doubtful accounts ▶					
	8 Inventories for sale or use					
	9 Prepaid expenses and deferred charges					
	10a Investments - U.S. and state government obligations STMT 7			0.	490,388.	490,874.
	b Investments - corporate stock STMT 8			3,331,173.	2,855,497.	3,181,505.
	c Investments - corporate bonds					
	11 Investments - land, buildings, and equipment basis ▶					
Less: accumulated depreciation ▶						
12 Investments - mortgage loans						
13 Investments - other						
14 Land, buildings, and equipment: basis ▶						
Less: accumulated depreciation ▶						
15 Other assets (describe ▶)						
16 Total assets (to be completed by all filers - see the instructions. Also, see page 1, item i)			3,544,568.	4,809,681.	5,136,175.	
Liabilities	17 Accounts payable and accrued expenses					
	18 Grants payable					
	19 Deferred revenue					
	20 Loans from officers, directors, trustees, and other disqualified persons					
	21 Mortgages and other notes payable					
	22 Other liabilities (describe ▶)					
23 Total liabilities (add lines 17 through 22)			0.	0.		
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. ▶ ☐					
	24 Unrestricted					
	25 Temporarily restricted					
	26 Permanently restricted					
	Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. ▶ ☒					
	27 Capital stock, trust principal, or current funds			0.	0.	
	28 Paid-in or capital surplus, or land, bldg., and equipment fund			9,349,443.	9,547,388.	
	29 Retained earnings, accumulated income, endowment, or other funds			-5,804,875.	-4,737,707.	
	30 Total net assets or fund balances			3,544,568.	4,809,681.	
31 Total liabilities and net assets/fund balances			3,544,568.	4,809,681.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,544,568.
2 Enter amount from Part I, line 27a	2	1,265,113.
3 Other increases not included in line 2 (itemize) ▶	3	0.
4 Add lines 1, 2, and 3	4	4,809,681.
5 Decreases not included in line 2 (itemize) ▶	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	4,809,681.

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Part IV Capital Gains and Losses for Tax on Investment Income**SEE ATTACHED STATEMENT**

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a			
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e	3,589,141.	2,215,337.	1,373,804.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
a			
b			
c			
d			
e			1,373,804.

2 Capital gain net income or (net capital loss)	If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	1,373,804.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8		3	-27,750.

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2014	110,285.	4,526,282.	.024365
2013	787,359.	4,177,136.	.188493
2012	476,588.	2,445,919.	.194850
2011	84,815.	1,377,934.	.061552
2010	118,240.	1,289,309.	.091708

2 Total of line 1, column (d)	2	.560968
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	.112194
4 Enter the net value of noncharitable-use assets for 2015 from Part X, line 5	4	4,898,244.
5 Multiply line 4 by line 3	5	549,554.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	14,660.
7 Add lines 5 and 6	7	564,214.
8 Enter qualifying distributions from Part XII, line 4	8	90,457.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate.
See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b		1	29,320.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0.
3 Add lines 1 and 2		3	29,320.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	29,320.
6 Credits/Payments:			
a 2015 estimated tax payments and 2014 overpayment credited to 2015	6a	4,072.	
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c	33,000.	
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	37,072.	
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9		
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	7,752.	
11 Enter the amount of line 10 to be: Credited to 2016 estimated tax ☐ 7,752. Refunded ☐ 0.	11	0.	

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for the definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		X
1c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities.		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T.		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?		
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) <u>TX</u>		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2015 or the taxable year beginning in 2015 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

N/A

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Part VII-A Statements Regarding Activities (continued)

	Yes	No
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)		X
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)		X
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application?	X	

Website address **▶ N/A**

14 The books are in care of **▶ JEFF SPRINGMEYER** Telephone no. **▶ 713-529-3000**
 Located at **▶ 1740 WESTHEIMER, SUITE 200,, HOUSTON, TX** ZIP+4 **▶ 77098**

15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here ☐
 and enter the amount of tax-exempt interest received or accrued during the year **▶ 15** **N/A**

16 At any time during calendar year 2015, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? **▶ 16** **Yes** **No**
 See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes," enter the name of the foreign country **▶**

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No		
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No		
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No		
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☐ Yes ☒ No		
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No		
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) ☐ Yes ☒ No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? N/A	1b	
Organizations relying on a current notice regarding disaster assistance check here ▶ ☐		
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2015?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2015, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2015? ☐ Yes ☒ No		
If "Yes," list the years ▶ _____ , _____ , _____		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.) N/A	2b	
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ▶ _____ , _____ , _____		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No		
b If "Yes," did it have excess business holdings in 2015 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2015.) N/A	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2015?	4b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)**5a** During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?

☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?

☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes?

☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? (see instructions)

☐ Yes ☒ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No**b** If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?

N/A

5b

Organizations relying on a current notice regarding disaster assistance check here

☒**c** If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

N/A

☐ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?☐ Yes ☒ No**b** Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

6b

X

If "Yes" to 6b, file Form 8870.

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?☐ Yes ☒ No**b** If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?

N/A

7b

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**1** List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
JEFF N. SPRINGMEYER 6231 SUGAR HILL DRIVE HOUSTON, TX 77057	PRES, TREAS 1.00	0.	0.	0.
AMIE J. SPRINGMEYER 6231 SUGAR HILL DRIVE HOUSTON, TX 77057	VP, SECR 1.00	0.	0.	0.
CRAIG R. SPRINGMEYER 2905 NORTH POINT SHREVEPORT, LA 71106	DIRECTOR 1.00	0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

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Part X**Minimum Investment Return** (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a Average monthly fair market value of securities	1a	4,384,450.
b Average of monthly cash balances	1b	588,387.
c Fair market value of all other assets	1c	
d Total (add lines 1a, b, and c)	1d	4,972,837.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	4,972,837.
4 Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	74,593.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	4,898,244.
6 Minimum investment return. Enter 5% of line 5	6	244,912.

Part XI**Distributable Amount** (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	244,912.
2a Tax on investment income for 2015 from Part VI, line 5	2a	29,320.
b Income tax for 2015. (This does not include the tax from Part VI.)	2b	
c Add lines 2a and 2b	2c	29,320.
3 Distributable amount before adjustments. Subtract line 2c from line 1	3	215,592.
4 Recoveries of amounts treated as qualifying distributions	4	0.
5 Add lines 3 and 4	5	215,592.
6 Deduction from distributable amount (see instructions)	6	0.
7 Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	215,592.

Part XII**Qualifying Distributions** (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	90,457.
b Program-related investments - total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	90,457.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	0.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	90,457.

Note The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2014	(c) 2014	(d) 2015
1 Distributable amount for 2015 from Part XI, line 7				215,592.
2 Undistributed income, if any, as of the end of 2015				
a Enter amount for 2014 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2015:				
a From 2010	54,137.			
b From 2011	16,656.			
c From 2012	356,704.			
d From 2013	581,370.			
e From 2014				
f Total of lines 3a through e	1,008,867.			
4 Qualifying distributions for 2015 from Part XII, line 4: ► \$	90,457.			
a Applied to 2014, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2015 distributable amount				90,457.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2015 (If an amount appears in column (d), the same amount must be shown in column (a))	125,135.			125,135.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	883,732.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2014. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2015. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2016				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	0.			
8 Excess distributions carryover from 2010 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2016. Subtract lines 7 and 8 from line 6a	883,732.			
10 Analysis of line 9:				
a Excess from 2011				
b Excess from 2012	302,362.			
c Excess from 2013	581,370.			
d Excess from 2014				
e Excess from 2015				

N/A

- ☐ 4942(j)(3) or ☐ 4942(j)(5)

- (4) Gross investment income

[illegible]

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
BE A RESOURCE FOR CPS KIDS 6300 CHIMNEY ROCK HOUSTON, TX 77081	NONE	PUBLIC	GENERAL SUPPORT	1,000.
BO'S PLACE 10050 BUFFALO SPEEDWAY HOUSTON, TX 77054	NONE	PUBLIC	GENERAL SUPPORT	2,500.
CAMPANILE CHARITIES INC 3838 WEST LAKESHORE DRIVE BATON ROUGE, LA 70808	NONE	PUBLIC	GENERAL SUPPORT	200.
CAMPUS CRUSADE FOR CHRIST P.O. BOX 628222 ORLANDO, FL 32862-8222	NONE	PUBLIC	GENERAL SUPPORT	1,000.
CASA DE ESPERANZA BUILDING HOPE FOR CHILDREN P.O. BOX 66581 HOUSTON, TX 77266-6581	NONE	PUBLIC	GENERAL SUPPORT	2,600.
Total			SEE CONTINUATION SHEET(S) ▶ 3a	86,549.
b Approved for future payment				
NONE				
Total			▶ 3b	0.

Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

- | | Yes | No |
|-------|-----|----|
| 1a(1) | | X |
| 1a(2) | | X |
| 1b(1) | | X |
| 1b(2) | | X |
| 1b(3) | | X |
| 1b(4) | | X |
| 1b(5) | | X |
| 1b(6) | | X |
| 1c | | X |

[illegible]

☐ Yes ☒ No

(a) Name of organization	(b) Type of organization	(c) Description of relationship
N/A		

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

	11/15/16	
Signature of officer or trustee	Date	Title

May the IRS discuss this return with the preparer shown below (see instr)?

☒ Yes ☐ No

Print/type preparer's name VICTOR E. HARRIS	Preparer's Signature 	Date 11/14/16	Check ☐ if self-employed	PTIN P00025194
Firm's name ▶ WERLEIN & HARRIS, PC			Firm's EIN ▶ 74-1907314	
Firm's address ▶ 3355 W. ALABAMA, SUITE 900 HOUSTON, TX 77098			Phone no. 713-961-5544	

Form **990-PF** (2015)

Schedule B(Form 990, 990-EZ,
or 990-PF)Department of the Treasury
Internal Revenue Service**Schedule of Contributors**

▶ Attach to Form 990, Form 990-EZ, or Form 990-PF.

▶ Information about Schedule B (Form 990, 990-EZ, or 990-PF) and
its instructions is at www.irs.gov/form990.

OMB No. 1545-0047

2015

Name of the organization

THE SPRINGMEYER FOUNDATION

Employer identification number

76-0664848

Organization type (check one)

Filers of:

Section:

Form 990 or 990-EZ

☐ 501(c)() (enter number) organization☐ 4947(a)(1) nonexempt charitable trust **not** treated as a private foundation☐ 527 political organization

Form 990-PF

☒ 501(c)(3) exempt private foundation☐ 4947(a)(1) nonexempt charitable trust treated as a private foundation☐ 501(c)(3) taxable private foundationCheck if your organization is covered by the **General Rule** or a **Special Rule**.**Note.** Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.**General Rule**

- ☒ For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

- ☐ For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h, or (ii) Form 990-EZ, line 1. Complete Parts I and II.
- ☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.
- ☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Do not complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year. ▶ \$ _____

Caution. An organization that is not covered by the General Rule and/or the Special Rules does not file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990, or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it does not meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990, 990-EZ, or 990-PF. Schedule B (Form 990, 990-EZ, or 990-PF) (2015)

Name of organization

Employer identification number

THE SPRINGMEYER FOUNDATION

76-0664848

Part I**Contributors** (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	JEFF & AMIE SPRINGMEYER 6231 SUGAR HILL HOUSTON, TX 77057	\$ 197,945.	Person ☒ Payroll ☐ Noncash ☒ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)
		\$	Person ☐ Payroll ☐ Noncash ☐ (Complete Part II for noncash contributions.)

Employer identification number

76-0664848

Part II

[illegible]

Name of organization

Employer identification number

THE SPRINGMEYER FOUNDATION

76-0664848

Part III

Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year (Enter this info once) ▶ \$

Use duplicate copies of Part III if additional space is needed

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee
	(e) Transfer of gift		
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee
	(e) Transfer of gift		
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee
	(e) Transfer of gift		
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee
	(e) Transfer of gift		
	Transferee's name, address, and ZIP + 4		Relationship of transferor to transferee

THE SPRINGMEYER FOUNDATION

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a	AVALON CORE EQUITY - SEE STATMENT 16			
b	PICKS ACCOUNT - SEE STATEMENT 17			
c	HIGH GRADE TAXABLE - SEE STATEMENT 18			
d	EQUITY INCOME ACCOUNT - SEE STATEMENT 19			
e	SMID CAP EQUITY - SEE STATEMENT 20			
f	INTERNATIONAL EQUITY INCOME - SEE STATEMENT 21			
g	CAPITAL GAINS DIVIDENDS			
h				
i				
j				
k				
l				
m				
n				
o				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a	788,157.	581,894.	206,263.
b	2,436,277.	1,263,801.	1,172,476.
c	106,177.	106,694.	-517.
d	93,581.	86,164.	7,417.
e	142,381.	154,144.	-11,763.
f	22,488.	22,640.	-152.
g	80.		80.
h			
i			
j			
k			
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			206,263.
b			1,172,476.
c			-517.
d			7,417.
e			-11,763.
f			-152.
g			80.
h			
i			
j			
k			
l			
m			
n			
o			

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	1,373,804.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8	}	3	0.

Part XV Supplementary Information**3 Grants and Contributions Paid During the Year (Continuation)**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
COVENANT HOUSE TEXAS 1111 LOVETT BLVD HOUSTON, TX 77006	NONE	PUBLIC	GENERAL SUPPORT	10,000.
GREAT COMMISSION MINISTRIES 11002 LAKE HART DRIVE, STE 100 ORLANDO, FL 32832	NONE	PUBLIC	GENERAL SUPPORT	3,000.
LSU ALUMNI ASSOCIATION 3838 WEST LAKESHORE DRIVE BATON ROUGE, LA 70808	NONE	PUBLIC	GENERAL SUPPORT	1,000.
MD ANDERSON CANCER CENTER P.O. BOX 301439 HOUSTON, TX 77230-1439	NONE	PUBLIC	GENERAL SUPPORT	1,150.
NATIONAL MULTIPLE SCLEROSIS SOCIETY 8111 N. STADIUM DRIVE, SUITE 100 HOUSTON, TX 77054	NONE	PUBLIC	GENERAL SUPPORT	750.
RIVER OAKS BAPTIST SCHOOL 2300 WILLOWICK HOUSTON, TX 77027	NONE	PUBLIC	GENERAL SUPPORT	1,500.
SOUTHERN TEXAS PGA FOUNDATION 21604 CYPRESSWOOD DR SPRING, TX 77373	NONE	PUBLIC	GENERAL SUPPORT	1,000.
ST. MARTIN'S EPISCOPAL PRESCHOOL 717 SAGE RD HOUSTON, TX 77056	NONE	PUBLIC	GENERAL SUPPORT	1,500.
THE JOY SCHOOL ONE CHELSEA BLVD HOUSTON, TX 77006	NONE	PUBLIC	GENERAL SUPPORT	2,500.
THE KINKAID SCHOOL 201 KINKAID SCHOOL DRIVE HOUSTON, TX 77024	NONE	PUBLIC	GENERAL SUPPORT	1,500.
Total from continuation sheets				79,249.

Part XV Supplementary Information**3 Grants and Contributions Paid During the Year (Continuation)**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
THE RISE SCHOOL OF HOUSTON 5618 H MARK CROSSWELL, JR. STREET HOUSTON, TX 77021	NONE	PUBLIC	GENERAL SUPPORT	1,000.
TIGER ATHLETIC FOUNDATION P.O. BOX 60049 NEW ORLEANS, LA 70160-9949	NONE	PUBLIC	GENERAL SUPPORT	25,137.
YOUNG LIFE P.O. BOX 2520 COLORADO SPRINGS, CO 80901	NONE	PUBLIC	GENERAL SUPPORT	2,400.
SOCIETY OF EXPLORATION GEOPHYSICISTS FOUNDATION P.O. BOX 702740 TULSA, OK 74170	NONE	PUBLIC	GENERAL SUPPORT	5,000.
LOCAL INFANT FORMULA FOR EMERGENCIES/HOUSTON 2002 S. WAYSIDE DRIVE, SUITE 113 HOUSTON, TX 77023	NONE	PUBLIC	GENERAL SUPPORT	1,000.
LSU FOUNDATION 3838 WEST LAKESHORE DRIVE BATON ROUGE, LA 70808	NONE	PUBLIC	GENERAL SUPPORT	5,250.
THE FRIENDS OF DREW WEBB 6348 MERCER STREET HOUSTON, TX 77005	NONE	PUBLIC	GENERAL SUPPORT	1,000.
HIS PRINT MINISTRIES 8523 OLD QUARRY DRIVE SUGAR LAND, TX 77479	NONE	PUBLIC	GENERAL SUPPORT	500.
NICK FINNEGAN COUNSELING CENTER 2714 JOANEL HOUSTON, TX 77027	NONE	PUBLIC	GENERAL SUPPORT	2,680.
THE INFLAMMATORY BREAST CANCER FOUNDATION 1415 S. VOSS ROAD #110-162 HOUSTON, TX 77057	NONE	PUBLIC	GENERAL SUPPORT	5,000.
Total from continuation sheets				

Part XV. Supplementary Information**3 Grants and Contributions Paid During the Year (Continuation)**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
ST. KEVORK ARMENIAN CHURCH 3211 SYNOTT ROAD HOUSTON, TX 77082	NONE	PUBLIC	GENERAL SUPPORT	100.
OUR LADY OF GUADALUPE CATHOLIC CHURCH 2405 NAVIGATION BLVD HOUSTON, TX 77003	NONE	PUBLIC	GENERAL SUPPORT	100.
BROADMOOR UNITED METHODIST CHURCH 3715 YOUREE DRIVE SHREVEPORT, LA 71105	NONE	PUBLIC	GENERAL SUPPORT	100.
MEMORIAL PARK CONSERVANCY 7575 NORTH PICNIC LANE HOUSTON, TX 77007	NONE	PUBLIC	GENERAL SUPPORT	500.
MEMORIAL ASSISTANCE MINISTRIES 1625 BLALOCK ROAD HOUSTON, TX 77080	NONE	PUBLIC	GENERAL SUPPORT	2,500.
WEST UNIVERSITY METHODIST CHURCH 3611 WEST UNIVERSITY BLVD. HOUSTON, TX 77005	NONE	PUBLIC	GENERAL SUPPORT	792.
FUND FOR TEACHERS 2000 POST OAK BLVD. #110 HOUSTON, TX 77056	NONE	PUBLIC	GENERAL SUPPORT	1,440.
TEXAS CHILDREN'S HOSPITAL P.O. BOX 300630 HOUSTON, TX 77230-1439	NONE	PUBLIC	GENERAL SUPPORT	500.
HOUSTON LIVESTOCK SHOW & RODEO P.O. BOX 20070 HOUSTON, TX 77225	NONE	PUBLIC	GENERAL SUPPORT	350.
Total from continuation sheets				

FORM 990-PF

GAIN OR (LOSS) FROM SALE OF ASSETS

STATEMENT 1

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
AVALON CORE EQUITY - SEE STATMENT 16					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
788,157.	583,306.	0.	0.	204,851.	

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
PICKS ACCOUNT - SEE STATEMENT 17					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
2,436,277.	1,560,971.	0.	0.	875,306.	

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
HIGH GRADE TAXABLE - SEE STATEMENT 18					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
106,177.	106,694.	0.	0.	-517.	

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
EQUITY INCOME ACCOUNT - SEE STATEMENT 19					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
93,581.	89,725.	0.	0.	3,856.	

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
SMID CAP EQUITY - SEE STATEMENT 20					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
142,381.	154,144.	0.	0.	-11,763.	

(A) DESCRIPTION OF PROPERTY	MANNER ACQUIRED		DATE ACQUIRED		DATE SOLD
INTERNATIONAL EQUITY INCOME - SEE STATEMENT 21					
(B) GROSS SALES PRICE	(C) COST OR OTHER BASIS	(D) EXPENSE OF SALE	(E) DEPREC.	(F) GAIN OR LOSS	
22,488.	22,640.	0.	0.	-152.	

CAPITAL GAINS DIVIDENDS FROM PART IV	80.
TOTAL TO FORM 990-PF, PART I, LINE 6A	1,071,661.

FORM 990-PF	DIVIDENDS AND INTEREST FROM SECURITIES			STATEMENT 2	
SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
MERRELL LYNCH	109,633.	80.	109,553.	109,553.	0.
TO PART I, LINE 4	109,633.	80.	109,553.	109,553.	0.

FORM 990-PF	ACCOUNTING FEES			STATEMENT 3
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	7,815.	3,907.	0.	3,908.
TO FORM 990-PF, PG 1, LN 16B	7,815.	3,907.	0.	3,908.

FORM 990-PF

OTHER PROFESSIONAL FEES

STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INVESTMENT EXPENSE	13,145.	13,145.	0.	0.
TO FORM 990-PF, PG 1, LN 16C	13,145.	13,145.	0.	0.

FORM 990-PF

TAXES

STATEMENT 5

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FEDERAL EXCISE TAX	4,000.	0.	0.	0.
FOREIGN TAX	304.	304.	0.	0.
TO FORM 990-PF, PG 1, LN 18	4,304.	304.	0.	0.

FORM 990-PF

OTHER EXPENSES

STATEMENT 6

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
MUNI-BOND AMORTIZATION	2,233.	0.	0.	0.
TO FORM 990-PF, PG 1, LN 23	2,233.	0.	0.	0.

FORM 990-PF	U.S. AND STATE/CITY GOVERNMENT OBLIGATIONS			STATEMENT 7
DESCRIPTION	U.S. GOV'T	OTHER GOV'T	BOOK VALUE	FAIR MARKET VALUE
HIGH GRADE TAXABLE - SEE STATEMENT 10	X		490,388.	490,874.
TOTAL U.S. GOVERNMENT OBLIGATIONS			490,388.	490,874.
TOTAL STATE AND MUNICIPAL GOVERNMENT OBLIGATIONS				
TOTAL TO FORM 990-PF, PART II, LINE 10A			490,388.	490,874.

FORM 990-PF	CORPORATE STOCK		STATEMENT 8
DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE	
CORE EQUITY ACCOUNT - SEE STATEMENT 11	557,694.	687,677.	
PICKS ACCOUNT - SEE STATEMENT 12	726,886.	843,328.	
EQUITY INCOME ACCT - SEE STATEMENT 13	909,984.	989,088.	
SMID CAP EQUITY - SEE STATEMENT 14	294,377.	290,654.	
INTERNATIONAL EQUITY INCOME - SEE STATEMENT 15	366,556.	370,758.	
TOTAL TO FORM 990-PF, PART II, LINE 10B	2,855,497.	3,181,505.	

FORM 990-PF	PART XV - LINE 1A LIST OF FOUNDATION MANAGERS	STATEMENT 9
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NAME OF MANAGER

JEFF N. SPRINGMEYER
AMIE J. SPRINGMEYER

Avalon Advisors, LLC
VALUATION REPORT
December 31, 2015
SPRINGMEYER FOUNDATION - HIGH GRADE TAXABLE

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
CORPORATE BONDS													
12181ay0	12181ay0	BURLINGTON NORTHN SANTA FE CP	10,000	106.87	10,687	10,559	105.17	10,517	-170.20	-41.82	1.0	565	5.37
713448cw6	713448cw6	5.650% Due 05-01-17	10,000	100.14	10,014	10,012	100.15	10,015	1.20	3.54	1.0	112	1.12
369663e4	369663e4	PEPSICO INC	10,000	111.05	11,105	10,980	110.23	11,023	-82.10	42.52	1.1	630	5.72
071813ay5	071813ay5	1.125% Due 07-17-17	10,000	108.67	10,867	10,771	107.55	10,755	-112.20	-16.17	1.1	537	5.00
58013meq3	58013meq3	6.300% Due 05-15-18	10,000	99.60	9,960	9,963	99.25	9,925	-35.70	-38.90	1.0	187	1.89
68389XAG0	68389XAG0	BAXTER INTL INC	10,000	110.88	11,088	11,003	109.98	10,998	-90.50	-5.56	1.1	500	4.55
458140aq3	458140aq3	5.375% Due 06-01-18	10,000	100.94	10,094	10,088	101.37	10,137	43.00	48.64	1.0	245	2.42
857477as2	857477as2	MCDONALDS CORP MED TERM NT BE	10,000	100.94	10,094	10,088	101.02	10,102	8.80	14.36	1.0	255	2.52
										-437.70	6.61	0.1	3.032
GOVERNMENT BONDS													
912828sj0	912828sj0	1.875% Due 05-29-19	3,700	100.08	3,703	3,703	100.04	3,701	-1.45	-1.36	0.4	32	0.87
912828wh9	912828wh9	ORACLE CORP	3,800	100.00	3,800	3,800	99.96	3,798	-1.78	-1.78	0.4	33	0.88
912828sy7	912828sy7	5.000% Due 07-08-19	7,500	99.76	7,482	7,483	99.56	7,467	-15.35	-16.36	0.7	47	0.63
912828d49	912828d49	INTEL CORP	3,400	99.87	3,396	3,396	99.80	3,393	-2.25	-2.35	0.3	30	0.88
912828nw6	912828nw6	2.450% Due 07-29-20	3,400	101.56	3,453	3,452	101.41	3,448	-5.29	-4.11	0.3	64	1.85
912828uac	912828uac	STATE STR CORP	7,500	99.38	7,453	7,457	99.17	7,438	-15.48	-18.75	0.7	47	0.63
912828g79	912828g79	2.550% Due 08-18-20	3,700	99.99	3,700	3,700	99.89	3,696	-3.75	-3.76	0.4	37	1.00

Avalon Advisors, LLC
VALUATION REPORT
December 31, 2015

SPRINGMEYER FOUNDATION - HIGH GRADE TAXABLE

Security Symbol	Cusp	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
912828ur9	912828ur9	UNITED STATES TREAS NTS 0.750% Due 02-28-18	2,900	99.30	2,880	2,880	99.18	2,876	-3.50	-3.85	0.3	22	0.76
912828j68	912828j68	UNITED STATES TREAS NTS 1.000% Due 03-15-18	2,900	99.80	2,894	2,894	99.68	2,891	-3.50	-3.60	0.3	29	1.00
912828xa3	912828xa3	UNITED STATES TREAS NTS 1.000% Due 05-15-18	2,900	99.67	2,890	2,891	99.55	2,887	-3.27	-3.43	0.3	29	1.00
912828ve7	912828ve7	UNITED STATES TREAS NTS 1.000% Due 05-31-18	2,900	99.65	2,890	2,890	99.49	2,885	-4.65	-4.81	0.3	29	1.01
912828k82	912828k82	UNITED STATES TREAS NTS 1.000% Due 08-15-18	2,700	99.49	2,686	2,686	99.40	2,684	-2.41	-2.60	0.3	27	1.01
912828re2	912828re2	UNITED STATES TREAS NTS 1.500% Due 08-31-18	2,700	100.83	2,722	2,722	100.66	2,718	-4.43	-4.12	0.3	40	1.49
912828m64	912828m64	UNITED STATES TREAS NTS 1.250% Due 11-15-18	3,100	99.99	3,100	3,100	99.89	3,097	-3.14	-3.14	0.3	39	1.25
912828n9	912828n9	UNITED STATES TREAS NTS 1.375% Due 11-30-18	3,100	100.38	3,112	3,112	100.21	3,107	-5.33	-5.18	0.3	43	1.37
912828c24	912828c24	UNITED STATES TREAS NTS 1.500% Due 02-28-19	5,300	100.73	5,339	5,336	100.32	5,317	-22.05	-19.61	0.5	79	1.50
912828sh4	912828sh4	UNITED STATES TREAS NTS 1.375% Due 02-28-19	2,500	100.12	2,503	2,503	99.97	2,499	-3.80	-3.77	0.2	34	1.38
912828kq2	912828kq2	UNITED STATES TREAS NTS 3.125% Due 05-15-19	2,400	105.82	2,540	2,538	105.50	2,532	-7.69	-6.15	0.3	75	2.96
912828w10	912828w10	UNITED STATES TREAS NTS 1.500% Due 05-31-19	5,100	100.56	5,128	5,127	100.09	5,105	-23.65	-21.93	0.5	76	1.50
912828j7	912828j7	UNITED STATES TREAS NTS 3.625% Due 08-15-19	2,700	107.76	2,909	2,907	107.37	2,899	-10.55	-8.41	0.3	98	3.38
912828m0	912828m0	UNITED STATES TREAS NTS 1.000% Due 08-31-19	2,700	98.35	2,655	2,656	98.08	2,648	-7.26	-7.71	0.3	27	1.02
912828ly4	912828ly4	UNITED STATES TREAS NTS 3.375% Due 11-15-19	2,500	107.16	2,679	2,677	106.83	2,671	-8.37	-6.67	0.3	84	3.16
912828ub4	912828ub4	UNITED STATES TREAS NTS 1.000% Due 11-30-19	2,500	98.04	2,451	2,451	97.79	2,445	-6.15	-6.62	0.2	25	1.02
912828mp2	912828mp2	UNITED STATES TREAS NTS 3.625% Due 02-15-20	2,600	108.31	2,816	2,814	107.91	2,806	-10.37	-8.44	0.3	94	3.36
912828uq1	912828uq1	UNITED STATES TREAS NTS 1.250% Due 02-29-20	2,600	98.70	2,566	2,566	98.39	2,558	-8.01	-8.31	0.3	32	1.27
912828nd8	912828nd8	UNITED STATES TREAS NTS 3.500% Due 05-15-20	2,500	107.93	2,698	2,697	107.55	2,689	-9.66	-8.00	0.3	87	3.25
912828vf4	912828vf4	UNITED STATES TREAS NTS 1.375% Due 05-31-20	2,500	98.91	2,473	2,473	98.60	2,465	-7.61	-7.84	0.2	34	1.39

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912828m3	912828m3	UNITED STATES TREAS NTS 2 625% Due 08-15-20	2,700	104.31	2,816	2,815	103.92	2,806	-10.44	-9.52	0.3	71	2.53
912828vv9	912828vv9	UNITED STATES TREAS NTS 2 125% Due 08-31-20	2,700	102.01	2,754	2,754	101.65	2,745	-9.69	-9.26	0.3	57	2.09
912828wc0	912828wc0	UNITED STATES TREAS NTS 1 750% Due 10-31-20	2,400	100.23	2,406	2,406	99.84	2,396	-9.37	-9.33	0.2	42	1.75
912828pc8	912828pc8	UNITED STATES TREAS NTS 2 625% Due 11-15-20	2,400	104.32	2,504	2,503	103.95	2,495	-9.08	-8.30	0.2	63	2.53
912828px2	912828px2	UNITED STATES TREAS NTS 3 625% Due 02-15-21	1,700	109.22	1,857	1,856	108.73	1,848	-8.43	-7.32	0.2	62	3.33
912828b90	912828b90	UNITED STATES TREAS NTS 2 000% Due 02-28-21	1,700	101.24	1,721	1,721	100.86	1,715	-6.50	-6.35	0.2	34	1.98
912828qn3	912828qn3	UNITED STATES TREAS NTS 3 125% Due 05-15-21	1,600	106.86	1,710	1,709	106.35	1,702	-8.18	-7.44	0.2	50	2.94
912828wn6	912828wn6	UNITED STATES TREAS NTS 2 000% Due 05-31-21	1,600	101.11	1,618	1,618	100.68	1,611	-6.87	-6.76	0.2	32	1.99
912828rc6	912828rc6	UNITED STATES TREAS NTS 2 125% Due 08-15-21	1,600	101.68	1,627	1,627	101.21	1,619	-7.50	-7.33	0.2	34	2.10
912828d72	912828d72	UNITED STATES TREAS NTS 2 000% Due 08-31-21	1,600	100.93	1,615	1,615	100.47	1,608	-7.31	-7.21	0.2	32	1.99
912828f96	912828f96	UNITED STATES TREAS NTS 2 000% Due 10-31-21	1,900	100.78	1,915	1,915	100.31	1,906	-8.82	-8.73	0.2	38	1.99
912828tr3	912828tr3	UNITED STATES TREAS NTS 2 000% Due 11-15-21	1,900	100.81	1,915	1,915	100.29	1,906	-9.79	-9.70	0.2	38	1.99
912828h86	912828h86	UNITED STATES TREAS NTS 1 500% Due 01-31-22	1,500	97.68	1,465	1,465	97.23	1,459	-6.67	-6.88	0.1	22	1.54
912828j43	912828j43	UNITED STATES TREAS NTS 1 750% Due 02-28-22	1,500	99.05	1,486	1,486	98.62	1,479	-6.49	-6.57	0.1	26	1.77
912828sv3	912828sv3	UNITED STATES TREAS NTS 1 750% Due 05-15-22	1,400	98.91	1,385	1,385	98.36	1,377	-7.72	-7.80	0.1	24	1.78
912828xd7	912828xd7	UNITED STATES TREAS NTS 1 875% Due 05-31-22	1,400	99.59	1,394	1,394	99.07	1,387	-7.21	-7.24	0.1	26	1.89
912828tj9	912828tj9	UNITED STATES TREAS NTS 1 625% Due 08-15-22	3,400	98.00	3,332	3,334	97.40	3,312	-20.46	-22.12	0.3	55	1.67
912828i24	912828i24	UNITED STATES TREAS NTS 1 875% Due 08-31-22	1,600	99.39	1,590	1,590	98.87	1,582	-8.30	-8.35	0.2	30	1.90
912828ty6	912828ty6	UNITED STATES TREAS NTS 1 625% Due 11-15-22	1,500	97.66	1,465	1,465	97.14	1,457	-7.68	-7.86	0.1	24	1.67
912828m80	912828m80	UNITED STATES TREAS NTS 2 000% Due 11-30-22	1,500	100.06	1,501	1,501	99.48	1,492	-8.60	-8.60	0.1	30	2.01

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912828un8	912828un8	UNITED STATES TREAS NTS 2.000% Due 02-15-23	1,700	100.02	1,700	1,700	99.42	1,690	-10.29	-10.29	0.2	34	2.01
912828vb3	912828vb3	UNITED STATES TREAS NTS 1.750% Due 05-15-23	2,600	98.01	2,548	2,550	97.43	2,533	-15.28	-16.45	0.3	45	1.80
912828vs6	912828vs6	UNITED STATES TREAS NTS 2.500% Due 08-15-23	1,800	103.27	1,859	1,859	102.60	1,847	-12.09	-11.81	0.2	45	2.44
912828we6	912828we6	UNITED STATES TREAS NTS 2.750% Due 11-15-23	1,300	105.05	1,366	1,365	104.36	1,357	-8.99	-8.70	0.1	36	2.64
912828w66	912828w66	UNITED STATES TREAS NTS 2.750% Due 02-15-24	1,300	104.89	1,364	1,363	104.16	1,354	-9.55	-9.28	0.1	36	2.64
912828wj5	912828wj5	UNITED STATES TREAS NTS 2.500% Due 05-15-24	1,300	102.86	1,337	1,337	102.18	1,328	-8.78	-8.62	0.1	32	2.45
912828d56	912828d56	UNITED STATES TREAS NTS 2.375% Due 08-15-24	2,700	101.80	2,749	2,748	101.08	2,729	-19.39	-18.46	0.3	64	2.35
912828g38	912828g38	UNITED STATES TREAS NTS 2.250% Due 11-15-24	1,500	100.64	1,510	1,510	99.95	1,499	-10.31	-10.28	0.1	34	2.25
912828j27	912828j27	UNITED STATES TREAS NTS 2.000% Due 02-15-25	3,200	98.39	3,148	3,149	97.77	3,129	-19.64	-20.58	0.3	64	2.05
912828xb1	912828xb1	UNITED STATES TREAS NTS 2.125% Due 05-15-25	1,300	99.41	1,292	1,292	98.73	1,283	-8.88	-8.91	0.1	28	2.15
912828k74	912828k74	UNITED STATES TREAS NTS 2.000% Due 08-15-25	1,500	98.27	1,474	1,474	97.54	1,463	-11.01	-11.11	0.1	30	2.05
912828m56	912828m56	UNITED STATES TREAS NTS 2.250% Due 11-15-25	500	100.57	503	503	99.81	499	-3.80	-3.80	0.0	11	2.25
						151,844			-513.91	-503.59	15.2	2,547	1.68

TAXABLE MUNICIPAL BONDS

41981cmj6	41981cmj6	HAWAII ST HWY REV 1.200% Due 01-01-17	10,000	100.36	10,036	10,027	100.22	10,022	-13.80	-5.38	1.0	120	1.20
13063bfq0	13063bfq0	CALIFORNIA ST 5.750% Due 03-01-17	10,000	106.80	10,680	10,537	105.35	10,535	-145.00	-2.07	1.1	575	5.46
454624s24	454624s24	INDIANA BD BK REV 3.820% Due 08-01-17	10,000	103.81	10,381	10,319	103.04	10,304	-76.60	-14.69	1.0	382	3.71
68608udp8	68608udp8	OREGON ST FOR ISSUES DTD PRIOR	10,000	100.96	10,096	10,080	100.62	10,062	-33.90	-18.26	1.0	149	1.48
662903ku6	662903ku6	1.487% Due 08-01-17 NORTH TEX MUN WTR DIST TEX WTR	10,000	105.86	10,586	10,494	105.03	10,503	-82.50	8.80	1.0	436	4.15

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602366lm6	602366lm6	MILWAUKEE WIS 4 100% Due 02-01-18	10,000	106.76	10,676	10,589	105.94	10,594	-82.00	4.81	1.1	410	3.87
917535aj5	917535aj5	UTAH ST RECAPITALIZATION REV 4 190% Due 07-01-18	10,000	106.71	10,671	10,598	106.45	10,645	-26.30	46.68	1.1	419	3.94
373384rq1	373384rq1	GO BDS 2 970% Due 10-01-18	10,000	103.91	10,391	10,352	103.54	10,354	-36.10	2.83	1.0	297	2.87
234667jd6	234667jd6	DALLAS CNTY TEX HOSP DIST 4 448% Due 08-15-19	10,000	109.25	10,925	10,854	109.26	10,926	1.50	72.32	1.1	445	4.07
9151375n9	9151375n9	UNIVERSITY TEX UNIV REVS 3 305% Due 08-15-19	10,000	104.86	10,486	10,448	104.66	10,466	-19.20	17.97	1.0	330	3.16
517705ag4	517705ag4	LAS VEGAS NEV CTFS PARTN 6 084% Due 09-01-19	10,000	113.80	11,380	11,276	113.59	11,359	-20.80	82.75	1.1	608	5.36
837551wb8	837551wb8	SOUTH DAKOTA ST BLDG AUTH REV 2 100% Due 09-01-19	10,000	100.76	10,076	10,070	101.04	10,104	28.90	34.63	1.0	210	2.08
34153prp5	34153prp5	FLORIDA ST BRD ED PUB ED 4 650% Due 06-01-20	10,000	109.32	10,932	10,874	109.08	10,908	-23.80	34.35	1.1	465	4.26
613741ex1	613741ex1	MONTGOMERY CNTY VA ECONOMIC DE 2 950% Due 06-01-20	10,000	103.24	10,324	10,304	104.03	10,403	78.70	99.09	1.0	295	2.84
283734ms7	283734ms7	EL PASO TEX 4 781% Due 08-15-20	10,000	109.58	10,958	10,901	110.84	11,084	126.60	183.51	1.1	478	4.31
79560caf6	79560caf6	SALT LAKE CITY UTAH REDEV AGY 4 161% Due 04-01-21	10,000	107.35	10,735	10,697	106.93	10,693	-42.70	-4.29	1.1	416	3.89
76886pf62	76886pf62	RIVERSIDE CALIF CMNTY COLLEGE 3 158% Due 08-01-21	10,000	103.91	10,391	10,371	103.99	10,399	8.50	27.81	1.0	316	3.04
159195rx6	159195rx6	CHANNELVIEW TEX INDPT SCH DIST 4 509% Due 08-15-21	10,000	110.32	11,032	10,982	109.91	10,991	-41.10	9.32	1.1	451	4.10
783186ng0	783186ng0	RUTGERS ST UNIV N J 4 376% Due 05-01-22	10,000	107.33	10,733	10,701	106.43	10,643	-89.10	-57.97	1.1	438	4.11
442331vf8	442331vf8	HOUSTON TEX 3 393% Due 03-01-23	10,000	103.89	10,389	10,375	104.49	10,449	59.40	74.08	1.0	339	3.25
8821173a0	8821173a0	TEXAS A & M UNIV PERM UNIV FD 2 500% Due 07-01-23	10,000	98.25	9,825	9,832	99.19	9,919	93.40	87.11	1.0	250	2.52
212204ez0	212204ez0	CONTRA COSTA CALIF CMNTY COLLE 5 882% Due 08-01-25	10,000	115.61	11,561	11,520	117.88	11,788	227.10	267.64	1.2	588	4.99

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181012bm6	181012bm6	CLARK CNTY NEV SALES & EXCISE	10,000	112.04	11,204	11,180	112.62	11,262	57.15	81.41	1.1	590	5.24
13063bnt5	13063bnt5	5 900% Due 07-01-27 CALIFORNIA ST	10,000	117.12	11,712	11,706	116.56	11,656	-56.20	-49.38	1.2	651	5.58
		6 509% Due 04-01-39									0.3		
TOTAL					256,179	255,088		440,874	-107.85	983.05	25.9	9,659	3.77
					491,933	440,388			-1,059.46	486.07	100.0	15,999	1.60

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COMMON STOCK													
Energy													
Integrated Oil & Gas													
xom	30231g102	EXXON MOBIL CORPORATION CMN	310	86.14	26,702	26,702	77.95	24,164	-2,537.64	-2,537.64	3.5	905	3.75
oxy	674599105	OCCIDENTAL PETROLEUM CORP CMN	191	71.87	13,727	13,727	67.61	12,914	-813.09	-813.09	1.8	550	4.26
					40,429	40,429		37,078	-3,350.73	-3,350.73	5.3	1,455	3.92
Oil & Gas Exploration & Production													
apc	032511107	ANADARKO PETROLEUM CORP CMN	113	76.38	8,630	8,630	48.58	5,490	-3,140.88	-3,140.88	0.8	122	2.22
eog	26875p101	EOG RESOURCES INC CMN	253	83.12	21,029	21,029	70.79	17,910	-3,118.70	-3,118.70	2.6	170	0.95
nfx	651290108	NEWFIELD EXPLORATION CO CMN	176	40.61	7,148	7,148	32.56	5,731	-1,417.31	-1,417.31	0.8	0	0.00
					36,807	36,807		29,130	-7,676.89	-7,676.89	4.2	292	1.00
Oilfield Services & Machinery													
sib	806857108	SCHLUMBERGER LTD CMN	114	91.30	10,408	10,408	69.75	7,951	-2,456.71	-2,456.71	1.1	228	2.87
wfr	648833100	WEATHERFORD INTERNATIONAL PLC	561	13.73	7,701	7,701	8.39	4,707	-2,994.04	-2,994.04	0.7	0	0.00
					18,109	18,109		12,658	-5,450.75	-5,450.75	1.8	228	1.80
					95,345	95,345		78,866	-16,478.36	-16,478.36	11.3	1,975	2.50
Materials													
Materials													
dow	260543103	DOW CHEMICAL CO CMN	175	50.55	8,846	8,846	51.48	9,009	162.70	162.70	1.3	294	3.26
					8,846	8,846		9,009	162.70	162.70	1.3	294	3.26
Industrials													
Capital Goods													
ba	097023105	BOEING COMPANY CMN	52	131.82	6,855	6,855	144.59	7,519	663.79	663.79	1.1	227	3.02
ge	369604103	GENERAL ELECTRIC CO CMN	382	30.21	11,541	11,541	31.15	11,899	358.39	358.39	1.7	340	2.86
hon	438516106	HONEYWELL INTL INC CMN	105	74.46	7,818	7,818	103.57	10,875	3,057.06	3,057.06	1.6	250	2.30
itw	452308109	ILLINOIS TOOL WORKS CMN	77	58.99	4,542	4,542	92.68	7,136	2,594.31	2,594.31	1.0	169	2.37
					30,756	30,756		37,429	6,673.55	6,673.55	5.3	986	2.63

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Scientific Instruments													
imo	883556102	THERMO FISHER SCIENTIFIC INC C	82	84.71	6,946	6,946	141.85	11,632	4,685.35	4,685.35	1.7	49	0.42
Transportation													
fdx	31428A106	FEDEX CORP CMN	45	148.00	6,660	6,660	148.99	6,705	44.73	44.73	1.0	45	0.67
jblu	477143101	JETBLUE AIRWAYS CORPORATION CM	278	10.45	2,906	2,906	22.65	6,297	3,391.13	3,391.13	0.9	0	0.00
luu	844741108	SOUTHWEST AIRLINES CO CMN	243	17.84	4,336	4,336	43.06	10,464	6,127.48	6,127.48	1.5	58	0.56
unp	907818108	UNION PACIFIC CORP CMN	89	56.19	5,001	5,001	78.20	6,960	1,958.91	1,958.91	1.0	196	2.81
					18,902	18,902		30,425	11,522.26	11,522.26	4.3	299	0.98
					56,604	56,604		79,486	22,881.16	22,881.16	11.4	1,334	1.68
Consumer Discretionary													
Consumer Services													
sbux	855244109	STARBUCKS CORP CMN	126	41.43	5,220	5,220	60.03	7,564	2,343.35	2,343.35	1.1	81	1.07
Restaurants & Fast Food													
mcd	580135101	MC DONALDS CORP CMN	145	99.23	14,389	14,389	118.14	17,130	2,741.48	2,741.48	2.4	493	2.88
Media													
cmcsa	20030n101	COMCAST CORPORATION CMN CLASS	216	35.98	7,772	7,772	56.43	12,189	4,416.82	4,416.82	1.7	216	1.77
dis	254687106	WALT DISNEY COMPANY (THE) CMN	134	80.30	10,760	10,760	105.08	14,081	3,320.70	3,320.70	2.0	190	1.35
					18,532	18,532		26,270	7,737.52	7,737.52	3.8	406	1.55
Retailing													
bbx	086516101	BEST BUY CO INC CMN SERIES	183	36.76	6,726	6,726	30.45	5,572	-1,154.10	-1,154.10	0.8	124	2.23
tgt	87612e106	TARGET CORPORATION CMN	94	76.18	7,161	7,161	72.61	6,825	-335.73	-335.73	1.0	211	3.08
hd	437076102	THE HOME DEPOT INC CMN	125	85.19	10,649	10,649	132.25	16,531	5,882.28	5,882.28	2.4	295	1.78
					24,536	24,536		28,929	4,392.44	4,392.44	4.1	630	2.18
					62,678	62,678		79,893	17,214.80	17,214.80	11.4	1,610	2.02
Consumer Staples													
Food & Staples Retailing													
cost	22160K105	COSTCO WHOLESALE CORPORATION C	65	123.33	8,017	8,017	161.50	10,497	2,480.82	2,480.82	1.5	426	4.06
cvs	126650100	CVS HEALTH CORP CMN	120	45.78	5,493	5,493	97.77	11,732	6,239.19	6,239.19	1.7	204	1.74

Avalon Advisors, LLC
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THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
mdlz 609207105		MONDELEZ INTERNATIONAL INC C	179	26.03	4,659	4,659	44.84	8,026	3,366.99	3,366.99	1.1	107	1.34
wmt 931142103		WALMART STORES INC CMN	40	54.17	2,167	2,167	61.30	2,452	285.20	285.20	0.4	77	3.13
wba 931427108		WALGREENS BOOTS ALLIANCE INC	123	37.70	4,637	4,637	83.15	10,474	5,837.46	5,837.46	1.5	161	1.53
					24,973	24,973		43,182	18,209.66	18,209.66	6.2	975	2.26
Food, Beverage & Tobacco													
ko 191216100		COCA-COLA COMPANY (THE) CMN	151	35.98	5,433	5,433	42.96	6,487	1,053.92	1,053.92	0.9	199	3.07
pep 713448108		PEPSICO INC CMN	60	68.04	4,082	4,082	99.92	5,995	1,912.86	1,912.86	0.9	169	2.81
					9,515	9,515		12,482	2,966.78	2,966.78	1.8	368	2.95
Household & Personal Products													
pg 742718109		PROCTER & GAMBLE COMPANY (THE)	98	69.57	6,818	6,818	79.41	7,782	964.07	964.07	1.1	252	3.24
					41,306	41,306		63,447	22,140.51	22,140.51	9.1	1,595	2.51
Health Care													
Pharmaceuticals & Biotechnology													
agn 601771108		ALLERGAN PLC CMN	41	144.00	5,904	5,904	312.50	12,812	6,908.50	6,908.50	1.8	0	0.00
lly 532457108		ELI LILLY & CO CMN	132	58.23	7,686	7,686	84.26	11,122	3,436.12	3,436.12	1.6	264	2.37
jnj 478160104		JOHNSON & JOHNSON CMN	123	71.41	8,784	8,784	102.72	12,635	3,850.91	3,850.91	1.8	369	2.92
					22,374	22,374		36,569	14,195.52	14,195.52	5.2	633	1.73
Diversified Healthcare													
abr 002824100		ABBOTT LABORATORIES CMN	106	26.34	2,792	2,792	44.91	4,760	1,968.01	1,968.01	0.7	95	2.00
myl n59465109		MYLAN NV CMN	195	57.70	11,252	11,252	54.07	10,544	-708.07	-708.07	1.5	0	0.00
					14,044	14,044		15,304	1,259.95	1,259.95	2.2	95	0.62
Biotechnology													
alks g01767105		ALKERMES PLC CMN	188	39.80	7,483	7,483	79.38	14,923	7,440.50	7,440.50	2.1	0	0.00
amgn 031162100		AMGEN INC CMN	70	96.55	6,758	6,758	162.33	11,363	4,604.75	4,604.75	1.6	280	2.46
celg 151020104		CELGENE CORPORATION CMN	87	35.42	3,082	3,082	119.76	10,419	7,337.15	7,337.15	1.5	0	0.00
gild 375538103		GILEAD SCIENCES CMN	124	29.45	3,652	3,652	101.19	12,548	8,895.30	8,895.30	1.8	160	1.27
					20,976	20,976		49,253	28,277.70	28,277.70	7.0	440	0.89
Pharmaceuticals													
mrk 58933y105		MERCK & CO INC CMN	199	51.12	10,172	10,172	52.82	10,511	339.24	339.24	1.5	352	3.35

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THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

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Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss (Adjusted)	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
pfe	717081103	PFIZER INC CMN	223	29.90	6,669	6,669	32.28	7,198	529.67	529.67	1.0	236	3.28
					16,841	16,841		17,710	868.91	868.91	2.5	589	3.32
					74,234	74,234		118,836	44,602.09	44,602.09	17.0	1,757	1.48
Financials													
Banks													
bac	060505104	BANK OF AMERICA CORP CMN	403	18.16	7,318	7,318	16.83	6,782	-535.18	-535.18	1.0	81	1.19
key	493267108	KEYCORP CMN	493	14.58	7,188	7,188	13.19	6,503	-685.27	-685.27	0.9	108	1.67
stl	867914103	SUNTRUST BANKS INC \$1.00 PAR C	116	42.96	4,983	4,983	42.84	4,969	-13.70	-13.70	0.7	111	2.24
usb	902973304	U S BANCORP CMN	167	27.65	4,618	4,618	42.67	7,126	2,508.31	2,508.31	1.0	164	2.30
wfc	949746101	WELLS FARGO & CO (NEW) CMN	324	43.07	13,954	13,954	54.36	17,613	3,658.50	3,658.50	2.5	478	2.71
					38,060	38,060		42,993	4,932.66	4,932.66	6.1	942	2.19
Diversified Financials													
blk	09247x101	BLACKROCK INC CMN	20	287.98	5,760	5,760	340.52	6,810	1,050.76	1,050.76	1.0	174	2.56
c	172967424	CITIGROUP INC CMN	124	44.02	5,458	5,458	51.75	6,417	958.86	958.86	0.9	25	0.39
gs	38141g104	GOLDMAN SACHS GROUP INC (THE)	58	175.87	10,200	10,200	180.23	10,453	252.96	252.96	1.5	151	1.44
jpm	46625h100	JPMORGAN CHASE & CO CMN	283	59.54	16,849	16,849	66.03	18,686	1,837.16	1,837.16	2.7	498	2.67
ms	617446448	MORGAN STANLEY CMN	250	35.25	8,813	8,813	31.81	7,952	-860.30	-860.30	1.1	137	1.73
					47,080	47,080		50,320	3,239.45	3,239.45	7.2	986	1.96
Insurance													
brk b	084670702	BERKSHIRE HATHAWAY INC CLASS	67	79.92	5,355	5,355	132.04	8,847	3,491.98	3,491.98	1.3	0	0.00
Real Estate													
fcpt	350861109	FOUR CORNERS PROPERTY TRUST IN	22	22.21	489	489	24.16	532	43.01	43.01	0.1	0	0.00
Non-Classified													
ice	45866f104	INTERCONTINENTAL EXCHANGE INC	31	228.49	7,083	7,083	256.26	7,944	860.80	860.80	1.1	93	1.17
					98,067	98,067		110,635	12,567.89	12,567.89	15.8	2,021	1.83
Information Technology													
v	92826c839	Credit Card Payment & Processing VISA INC CMN CLASS A	97	62.41	6,054	6,054	77.55	7,522	1,468.26	1,468.26	1.1	48	0.64

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THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
Software & Services													
csh	192446102	COGNIZANT TECHNOLOGY SOLUTIONS	128	54.05	6,919	6,919	60.02	7,683	763.84	763.84	1.1	0	0.00
msft	594918104	MICROSOFT CORPORATION CMN	326	38.34	12,498	12,498	55.48	18,086	5,588.29	5,588.29	2.6	421	2.33
orcl	68389x105	ORACLE CORPORATION CMN	213	42.73	9,102	9,102	36.53	7,781	-1,321.57	-1,321.57	1.1	128	1.64
					28,519	28,519		33,550	5,030.56	5,030.56	4.8	548	1.63
Internet Content													
googl	02079k305	ALPHABET INC CMN CLASS A	31	613.62	19,022	19,022	778.01	24,118	5,096.15	5,096.15	3.4	0	0.00
fb	30303m102	FACEBOOK INC CMN CLASS A	199	96.96	19,294	19,294	104.66	20,827	1,533.00	1,533.00	3.0	0	0.00
					38,317	38,317		44,946	6,629.15	6,629.15	6.4	0	0.00
Technology Hardware & Equipment													
aapl	037833100	APPLE INC CMN	313	71.60	22,412	22,412	105.26	32,946	10,534.06	10,534.06	4.7	651	1.98
csc	17275r102	CISCO SYSTEMS INC CMN	392	24.69	9,680	9,680	27.15	10,645	964.43	964.43	1.5	329	3.09
					32,093	32,093		43,591	11,498.49	11,498.49	6.2	980	2.25
Semiconductors & Semiconductor Equipment													
intc	458140100	INTEL CORPORATION CMN	186	29.56	5,498	5,498	34.45	6,408	909.41	909.41	0.9	170	2.66
Data Processing and Outsourced Services													
ma	57636q104	MASTERCARD INCORPORATED CMN CL	118	85.86	10,132	10,132	97.36	11,488	1,356.57	1,356.57	1.6	76	0.66
					120,613	120,613		147,505	26,892.42	26,892.42	21.1	1,823	1.24
					557,694	557,694		687,677	129,983.21	129,983.21	98.2	12,408	1.80
TOTAL													

THE SPRINGMEYER FOUNDATION

76-0664848
STATEMENT 12FORM 990PF, PART II - CORPORATE STOCK

PICKS ACCOUNT	# OF SHARES	ENDING BOOK VALUE	ENDING FMV
AT&T CORP	664	22,267	22,848
ABBVIE INC	144	4,620	8,531
ALTRIA GROUP INC	518	16,198	30,153
BOK FINANCIAL CORP NEW	10,000	538,500	597,900
CARE CAP PROPERTIES	184	5,969	5,625
CHEVRON CORPORATION	151	16,318	13,584
GENERAL ELECTRIC CO	711	14,679	22,148
INTERNATIONAL PAPER CO	222	8,629	8,369
JPMORGAN CHASE & CO	166	7,210	10,961
KIMBERLY CLARK	88	7,051	11,202
ELI LILLY & CO	247	12,092	20,812
LOCKHEED MARTIN CORP	49	4,525	10,640
MCDONALDS CORP	78	6,899	9,215
MERCK & CO INC	124	5,097	6,550
NATIONAL RETAIL PROPERTIES INC	223	6,829	8,931
PFIZER INC	486	12,157	15,688
PHILIP MORRIS INTL INC	213	17,768	18,725
VERIZON COMMUNICATIONS	464	20,077	21,446
		726,886	843,328

STATEMENT 12

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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
COMMON STOCK													
Energy													
Integrated Oil & Gas													
cvx	166764100	CHEVRON CORPORATION CMN	167	90.40	15,097	15,097	89.96	15,023	-73.60	-73.60	1.5	703	4.68
xom	30231g102	EXXON MOBIL CORPORATION CMN	272	73.20	19,911	19,911	77.95	21,202	1,290.91	1,290.91	2.1	794	3.75
oxy	674599105	OCCIDENTAL PETROLEUM CORP CMN	112	66.38	7,435	7,435	67.61	7,572	137.42	137.42	0.8	323	4.26
rdsb	780259107	ROYAL DUTCH SHELL PLC SPONSORED ADR CMN SE	160	50.16	8,026	8,026	46.04	7,366	-659.63	-659.63	0.7	602	8.17
Oil & Gas Exploration & Production													
cop	20825e104	CONOCOPHILLIPS CMN	287	44.39	12,741	12,741	46.69	51,164	695.10	695.10	5.1	2,421	4.73
Oilfield Services & Machinery													
slb	806857108	SCHLUMBERGER LTD CMN	104	74.46	7,744	7,744	69.75	7,254	-489.70	-489.70	0.7	208	2.87
Oil & Gas Storage & Transportation													
wmb	969457100	THE WILLIAMS COMPANIES INC. CMN	315	44.09	13,888	13,888	25.70	8,095	-5,792.77	-5,792.77	0.8	806	9.96
Materials													
Materials													
dow	260543103	DOW CHEMICAL CO CMN	138	41.76	5,763	5,763	51.48	7,104	1,341.32	1,341.32	0.7	232	3.26
Industrials													
Capital Goods													
ba	097023105	BOEING COMPANY CMN	86	130.17	11,194	11,194	144.59	12,435	1,240.39	1,240.39	1.2	375	3.02
ge	369604103	GENERAL ELECTRIC CO CMN	904	16.72	15,116	15,116	31.15	28,160	13,043.34	13,043.34	2.8	805	2.86
lmt	539830109	LOCKHEED MARTIN CORPORATION CMN	73	109.91	8,023	8,023	217.15	15,852	7,828.76	7,828.76	1.6	482	3.04
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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
Commercial Services & Supplies													
rsf	760759100	REPUBLIC SVCS INC COM	198	41.00	8,118	8,118	43.99	8,710	592.50	592.50	0.9	222	2.55
wm	941061109	WASTE MANAGEMENT INC CMN	160	49.96	7,993	7,993	53.37	8,539	545.88	545.88	0.9	240	2.81
					16,111	16,111		17,249	1,138.38	1,138.38	1.7	462	2.68
Transportation													
ups	911312106	UNITED PARCEL SERVICE INC CLASS B COMMON	82	97.22	7,972	7,972	96.23	7,891	-80.98	-80.98	0.8	239	3.03
Building & Construction													
mic	55608B105	MACQUARIE INFRASTRUCTURE CORP	118	76.38	9,013	9,013	72.60	8,567	-446.46	-446.46	0.9	533	6.23
					67,430	67,430		90,153	22,723.43	22,723.43	9.0	2,896	3.21
Consumer Discretionary													
Consumer Durables & Apparel													
leg	524660107	LEGGETT & PLATT INC COM	209	42.96	8,978	8,978	42.02	8,782	-196.20	-196.20	0.9	259	2.95
mat	577081102	MATTEL INC COM	311	25.56	7,948	7,948	27.17	8,450	501.90	501.90	0.8	448	5.30
					16,926	16,926		17,232	305.70	305.70	1.7	707	4.10
Restaurants & Fast Food													
mcd	580135101	MCDONALDS CORP CMN	133	59.09	7,859	7,859	118.14	15,713	7,853.56	7,853.56	1.6	452	2.88
Media													
viab	92553p201	VIACOM INC CL B	250	43.83	10,959	10,959	41.16	10,290	-668.53	-668.53	1.0	300	2.92
Retailing													
gme	36467w109	GAMESTOP CORP NEW CL A	224	35.43	7,936	7,936	28.04	6,281	-1,654.73	-1,654.73	0.6	246	3.92
gpc	372460105	GENUINE PARTS CO CMN	91	83.89	7,634	7,634	85.89	7,816	182.02	182.02	0.8	209	2.68
					15,570	15,570		14,097	-1,472.71	-1,472.71	1.4	456	3.23
					51,314	51,314		57,332	6,018.02	6,018.02	5.8	1,915	3.34
Consumer Staples													
Food & Staples Retailing													
wmt	931142103	WAL MART STORES INC CMN	118	66.07	7,796	7,796	61.30	7,233	-562.86	-562.86	0.7	227	3.13
Food, Beverage & Tobacco													
mo	02209s103	ALTRIA GROUP INC CMN	3,460	33.57	116,168	116,168	58.21	201,407	85,238.67	85,238.67	20.2	7,197	3.57

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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

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ko	191216100	COCA-COLA COMPANY (THE) CMN	264	31.84	8,406	8,406	42.96	11,341	2,935.69	2,935.69	1.1	348	3.07
gis	370334104	GENERAL MILLS INC CMN	172	57.38	9,870	9,870	57.66	9,918	47.51	47.51	1.0	261	2.64
pep	713448108	PEPSICO INC CMN	202	92.47	18,678	18,678	99.92	20,184	1,505.44	1,505.44	2.0	568	2.81
pm	718172109	PHILIP MORRIS INTL INC CMN	240	49.55	11,892	11,892	87.91	21,098	9,206.31	9,206.31	2.1	960	4.55
rai	761713106	REYNOLDS AMERICAN INC CMN	1,118	30.70	34,323	34,323	46.15	51,596	17,272.87	17,272.87	5.2	2,996	5.81
					199,337	199,337		315,543	116,206.49	116,206.49	31.7	12,331	3.91
Household & Personal Products													
kmb	494368103	KIMBERLY CLARK CORP CMN	99	67.41	6,674	6,674	127.30	12,603	5,929.14	5,929.14	1.3	348	2.77
pg	742718109	PROCTER & GAMBLE COMPANY (THE)	186	71.94	13,380	13,380	79.41	14,770	1,389.80	1,389.80	1.5	479	3.24
					20,054	20,054		27,373	7,318.94	7,318.94	2.7	827	3.02
					227,187	227,187		350,150	122,962.57	122,962.57	35.1	13,384	3.82
Health Care													
Pharmaceuticals & Biotechnology													
jnj	478160104	JOHNSON & JOHNSON CMN	79	93.30	7,370	7,370	102.72	8,115	744.51	744.51	0.8	237	2.92
Pharmaceuticals													
abbv	00287y109	ABBVIE INC CMN	162	27.14	4,396	4,396	59.24	9,597	5,200.49	5,200.49	1.0	369	3.85
mrk	58933y105	MERCK & CO INC CMN	139	33.98	4,723	4,723	52.82	7,342	2,618.87	2,618.87	0.7	246	3.35
pfe	717081103	PFIZER INC CMN	547	18.14	9,920	9,920	32.28	17,657	7,736.84	7,736.84	1.8	580	3.28
					19,040	19,040		34,596	15,556.20	15,556.20	3.5	1,195	3.45
					26,410	26,410		42,711	16,300.71	16,300.71	4.3	1,432	3.35
Financials													
Consumer Services													
lamr	512816109	LAMAR ADVERTISING CO CL A	170	53.33	9,066	9,066	59.98	10,197	1,130.26	1,130.26	1.0	462	4.53
Banks													
bbt	054937107	BB&T CORPORATION CMN	200	36.01	7,203	7,203	37.81	7,562	359.04	359.04	0.8	216	2.86
pbet	712704105	PEOPLES UNITED FINL INC COM	614	15.53	9,537	9,537	16.15	9,916	379.31	379.31	1.0	405	4.09
wfc	949746101	WELLS FARGO & CO (NEW) CMN	223	51.87	11,567	11,567	54.36	12,122	555.13	555.13	1.2	329	2.71
					28,307	28,307		29,600	1,293.48	1,293.48	3.0	950	3.21
Diversified Financials													
jpm	46625h100	JPMORGAN CHASE & CO CMN	187	25.56	4,781	4,781	66.03	12,348	7,567.01	7,567.01	1.2	329	2.67

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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

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Insurance													
cinf	172062101	CINCINNATI FINL CORP COM	146	52.54	7,670	7,670	59.17	8,639	968.50	968.50	0.9	269	3.11
Real Estate													
dlr	253868103	DIGITAL RLTY TR INC COM	153	63.29	9,683	9,683	75.62	11,570	1,887.20	1,887.20	1.2	520	4.50
epr	26884u109	EPR PPTYS COM SH BEN INT	134	52.06	6,976	6,976	58.45	7,832	856.58	856.58	0.8	486	6.21
maa	59522j103	MID-AMER APT CMNTYS COM	95	86.00	8,170	8,170	90.81	8,627	457.38	457.38	0.9	277	3.22
nnn	637417106	NATIONAL RETAIL PROPERTIES INC CMN	252	25.03	6,307	6,307	40.05	10,093	3,786.00	3,786.00	1.0	423	4.19
spg	828806109	SIMON PPTY GROUP NEW COM	63	181.54	11,437	11,437	194.44	12,250	812.50	812.50	1.2	403	3.29
wn	948741103	WEINGARTEN REALTY INVS (SBI) CMN	235	32.60	7,662	7,662	34.58	8,126	464.36	464.36	0.8	324	3.99
					50,234	50,234		58,498	8,264.02	8,264.02	5.9	2,435	4.16
					100,058	100,058		119,281	19,223.27	19,223.27	12.0	4,445	3.73
Information Technology													
Software & Services													
msft	594918104	MICROSOFT CORPORATION CMN	417	43.23	18,028	18,028	55.48	23,135	5,107.53	5,107.53	2.3	538	2.33
Technology Hardware & Equipment													
cscq	17275r102	CISCO SYSTEMS INC. CMN	425	25.66	10,907	10,907	27.15	11,541	633.47	633.47	1.2	357	3.09
stx	g7945ml07	SEAGATE TECHNOLOGY PLC SHS	227	35.72	8,108	8,108	36.66	8,322	213.55	213.55	0.8	390	4.69
					19,016	19,016		19,863	847.02	847.02	2.0	747	3.76
Semiconductors & Semiconductor Equipment													
intc	458140100	INTEL CORPORATION CMN	454	27.72	12,584	12,584	34.45	15,640	3,056.15	3,056.15	1.6	415	2.66
mxim	57772k101	MAXIM INTEGRATED PRODUCTS INC	259	32.26	8,356	8,356	38.00	9,842	1,486.21	1,486.21	1.0	290	2.95
					20,940	20,940		25,482	4,542.36	4,542.36	2.6	705	2.77
Data Processing and Outsourced Services													
payx	704326107	PAYCHEX INC COM	194	46.07	8,937	8,937	52.89	10,261	1,323.20	1,323.20	1.0	289	2.82
					66,921	66,921		78,741	11,820.11	11,820.11	7.9	2,280	2.90
Telecommunication Services													
t	00206r102	AT&T INC CMN	747	28.69	21,428	21,428	34.41	25,704	4,275.92	4,275.92	2.6	1,404	5.46

Avalon Advisors, LLC
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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

Security Symbol	Cusip	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
vz	97343v104	523	37.06	19,383	19,383	46.22	24,173	4,790.12	4,790.12	2.4	1,151	4.76
VERIZON COMMUNICATIONS INC. CMN												
				40,811	40,811		49,877	9,066.04	9,066.04	5.0	2,555	5.12
				40,811	40,811		49,877	9,066.04	9,066.04	5.0	2,555	5.12
Utilities												
Utilities												
cp	15189f107	636	18.03	11,467	11,467	18.36	11,677	209.68	209.68	1.2	604	5.17
CENTERPOINT ENERGY INC CMN												
cms	125896100	224	34.98	7,834	7,834	36.08	8,082	247.44	247.44	0.8	242	2.99
d	25746u109	205	70.05	14,361	14,361	67.64	13,866	-494.86	-494.86	1.4	531	3.83
DOMINION RESOURCES INC CMN												
duk	26441c204	265	71.23	18,877	18,877	71.39	18,918	41.64	41.64	1.9	839	4.43
DUKE ENERGY CORPORATION CMN												
nee	65339f101	102	99.81	10,181	10,181	103.89	10,597	415.96	415.96	1.1	314	2.96
NEXTERA ENERGY INC COM												
				62,720	62,720		63,140	419.86	419.86	6.3	2,530	4.01
				62,720	62,720		63,140	419.86	419.86	6.3	2,530	4.01
Fixed Income ETFs												
ETFs - US Fixed Income												
hyg	464288513	130	85.27	11,086	11,086	80.58	10,475	-610.21	-610.21	1.1	661	6.31
ISHARES IBOXX \$ HIGH YIELD CORPORATE BOND												
lqd	464287242	100	115.18	11,518	11,518	114.01	11,401	-116.68	-116.68	1.1	387	3.39
iBoxx Inv. Grade Corp Bond iShares ETF												
				22,603	22,603		21,876	-726.89	-726.89	2.2	1,048	4.79
				22,603	22,603		21,876	-726.89	-726.89	2.2	1,048	4.79
Preferred Stock												
pft	464288687	390	38.79	15,130	15,130	38.85	15,151	21.52	21.52	1.5	1,487	9.82
ISHARES U S PREFERRED STOCK ETF												
				15,130	15,130		15,151	21.52	21.52	1.5	1,487	9.82
				771,190	771,190		975,431	204,241.62	204,241.62	97.9	38,478	3.94
PREFERRED STOCK												
all_pe	020002879	71	26.50	1,881	1,881	27.75	1,970	88.83	88.83	0.2	118	5.97
ALL STATE 6.625% 12/31/49 PFD												

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SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
bac_pw	060505344	BANK OF AMERICAN PFD 6.625%	105	25.65	2,694	2,694	26.74	2,808	114.10	114.10	0.3	174	6.19
cof_pc	14040h600	CAPITAL ONE FINL C 6.25%	108	25.13	2,714	2,714	26.45	2,857	143.30	143.30	0.3	169	5.91
gs_pi	38145G209	GOLDMAN SACHS 5.95% 12/31/49 PFD	77	25.01	1,926	1,926	26.19	2,017	90.79	90.79	0.2	115	5.68
jpm_pb	48127a161	JPMORGAN CHASE & CO DEP SHS RP PFD T	72	26.56	1,912	1,912	27.48	1,979	66.48	66.48	0.2	121	6.10
jpm_pd	48126e750	JPMORGAN CHASE & CO DEPT/400 PFD O	80	24.09	1,927	1,927	25.33	2,026	99.20	99.20	0.2	110	5.43
					13,054	13,054		13,656	602.70	602.70	1.4	805	5.90
					13,054	13,054		13,656	602.70	602.70	1.4	805	5.90
					13,054	13,054		13,656	602.70	602.70	1.4	805	5.90

Book Basis Adjustment
TOTAL

125,741
909,984
909,984
989,088

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SPRINGMEYER FOUNDATION - SMID CAP EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
COMMON STOCK													
Energy													
Oil & Gas Exploration & Production													
fang	25278x109	DIAMONDBACK ENERGY INC	77	63.29	4,874	4,874	66.90	5,151	277.61	277.61	1.4	0	0.00
syte	87164p103	SYNERGY RESOURCES	495	9.93	4,916	4,916	8.52	4,217	-698.35	-698.35	1.2	0	0.00
					9,789	9,789		9,369	-420.74	-420.74	2.6	0	0.00
					9,789	9,789		9,369	-420.74	-420.74	2.6	0	0.00
Materials													
Materials													
bery	08579w103	BERRY PLASTICS GRP INC COM	153	37.08	5,673	5,673	36.18	5,536	-137.30	-137.30	1.5	0	0.00
Non-Classified													
bepc	057665200	BALCHEM CORP COM	61	57.99	3,537	3,537	60.80	3,709	171.69	171.69	1.0	16	0.43
					9,210	9,210		9,244	34.39	34.39	2.6	16	0.17
Industrials													
Commercial Services & Supplies													
al	00912X302	AIR LEASE CORP CL A	168	31.47	5,286	5,286	33.48	5,625	338.24	338.24	1.6	20	0.36
hds	40416m105	HD SUPPLY HLDGS INC COM	196	31.22	6,120	6,120	30.03	5,886	-234.16	-234.16	1.6	0	0.00
asgn	682159108	ON ASSIGNMENT INC COM	107	45.04	4,819	4,819	44.95	4,810	-9.81	-9.81	1.3	0	0.00
vrsk	92345y106	VERISK ANALYTICS INC CL A	76	73.66	5,598	5,598	76.88	5,843	244.72	244.72	1.6	0	0.00
wcn	941033100	WASTE CONNECTIONS INC	115	47.30	5,440	5,440	56.32	6,477	1,037.16	1,037.16	1.8	53	0.82
		CMN			27,264	27,264		28,640	1,376.15	1,376.15	8.0	73	0.26
Transportation													
jblu	477143101	JETBLUE AIRWAYS CORPORATION CM	222	24.08	5,346	5,346	22.65	5,028	-317.85	-317.85	1.4	0	0.00
va	92765x208	VIRGIN AMERICA	238	37.44	8,910	8,910	36.01	8,570	-339.63	-339.63	2.4	0	0.00
					14,256	14,256		13,599	-657.48	-657.48	3.8	0	0.00
Consumer Durables & Apparel													
fbhs	34964c106	FORTUNE BRANDS HOME & COM	118	47.90	5,652	5,652	55.50	6,549	897.10	897.10	1.8	57	0.86
					47,172	47,172		48,788	1,615.77	1,615.77	13.6	130	0.27

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SPRINGMEYER FOUNDATION - SMID CAP EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
Consumer Discretionary													
Automobiles & Components													
maro	610236101	MONRO MUFFLER BRAKE COM	83	68.19	5,659	5,659	66.22	5,496	-163.17	-163.17	1.5	37	0.66
Consumer Durables & Apparel													
mat	577081102	MATTEL INC COM	204	26.33	5,370	5,370	27.17	5,543	172.20	172.20	1.5	294	5.30
Consumer Services													
serv	81761r109	SERVICEMASTER GLOBAL HOLDINGS INC	95	38.09	3,619	3,619	39.24	3,728	108.97	108.97	1.0	0	0.00
Media													
smi	811065101	SCRIPPS NETWORKS INTER CL A COM	110	51.66	5,682	5,682	55.21	6,073	390.79	390.79	1.7	66	1.09
Retailing													
aap	00751y106	ADVANCE AUTO PARTS INC COM	24	149.90	3,598	3,598	150.51	3,612	14.58	14.58	1.0	6	0.16
fian	351793104	FRANCESCAS HLDGS CORP COM	326	16.19	5,278	5,278	17.41	5,676	397.72	397.72	1.6	0	0.00
gme	36467w109	GAMESTOP CORP NEW CL A	198	37.95	7,513	7,513	28.04	5,552	-1,961.23	-1,961.23	1.5	218	3.92
					16,389	16,389		14,840	-1,548.93	-1,548.93	4.1	224	1.51
					36,720	36,720		35,680	-1,040.14	-1,040.14	9.9	620	1.74
Consumer Staples													
Food & Staples Retailing													
bgs	05508r106	B & G FOODS INC NEW COM	176	36.27	6,383	6,383	35.02	6,164	-219.55	-219.55	1.7	232	3.77
Household & Personal Products													
chd	171340102	CHURCH & DWIGHT INC COM	69	85.10	5,872	5,872	84.88	5,857	-15.46	-15.46	1.6	92	1.58
					12,255	12,255		12,020	-235.01	-235.01	3.3	325	2.70
Health Care													
Health Care Equipment & Services													
achc	00404a109	ACADIA HEALTHCARE	60	70.86	4,251	4,251	62.46	3,748	-503.80	-503.80	1.0	0	0.00
evhc	29413u103	ENVISION HLTHCR HLDGS COM	139	39.94	5,552	5,552	25.97	3,610	-1,942.24	-1,942.24	1.0	0	0.00
tumh	87817a107	TEAM HEALTH HOLDINGS I COM	146	59.21	8,644	8,644	43.89	6,408	-2,236.01	-2,236.01	1.8	0	0.00
					18,447	18,447		13,765	-4,682.05	-4,682.05	3.8	0	0.00

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SPRINGMEYER FOUNDATION - SMID CAP EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
Pharmaceuticals & Biotechnology													
agn	g0177j108	ALLERGAN PLC CMN	19	296.12	5,626	5,626	312.50	5,937	311.22	311.22	1.6	0	0.00
iclr	g4705a100	ICON PLC	103	76.11	7,840	7,840	77.70	8,003	163.34	163.34	2.2	0	0.00
					13,466	13,466		13,941	474.56	474.56	3.9	0	0.00
Biotechnology													
gild	375558103	GILEAD SCIENCES CMN	55	104.29	5,736	5,736	101.19	5,565	-170.28	-170.28	1.5	71	1.27
Pharmaceuticals													
jazz	G50871105	JAZZ PHARMACEUTICALS PLC CMN	41	139.45	5,717	5,717	140.56	5,763	45.48	45.48	1.6	0	0.00
					43,367	43,367		39,034	-4,332.29	-4,332.29	10.8	71	0.18
Financials													
Commercial Services & Supplies													
mom	617700109	MORNINGSTAR	46	82.33	3,787	3,787	80.41	3,699	-88.23	-88.23	1.0	35	0.95
Banks													
bxs	059692103	BANCORPSOUTH INC COM	141	26.67	3,760	3,760	23.99	3,383	-377.46	-377.46	0.9	28	0.83
chfc	163731102	CHEMICAL FINANCIAL CORPORATION	158	36.14	5,711	5,711	34.27	5,415	-296.04	-296.04	1.5	152	2.80
isbc	461461101	INVESTORS BANCORP INC	399	11.78	4,700	4,700	12.44	4,964	263.98	263.98	1.4	80	1.61
pvlb	742962103	PRIVATEBANCORP INC COM	165	36.64	6,046	6,046	41.02	6,768	722.15	722.15	1.9	7	0.10
umpq	904214103	UNPQUA HLDGS CORP COM	334	16.12	5,384	5,384	15.90	5,311	-73.90	-73.90	1.5	200	3.77
wal	957638109	WESTERN ALLIANCE BNCP COM	214	30.04	6,429	6,429	35.86	7,674	1,245.13	1,245.13	2.1	0	0.00
					32,030	32,030		33,514	1,483.86	1,483.86	9.3	467	1.39
Diversified Financials													
ecpg	292534102	ENCORE CAP GROUP INC COM	249	39.02	9,717	9,717	29.08	7,241	-2,476.05	-2,476.05	2.0	0	0.00
fnb	302520101	FNB CORP COM	422	12.46	5,258	5,258	13.34	5,629	371.14	371.14	1.6	203	3.60
praa	69354n106	PRA GROUP INC	75	53.32	3,999	3,999	34.69	2,602	-1,397.23	-1,397.23	0.7	0	0.00
					18,974	18,974		15,472	-3,502.14	-3,502.14	4.3	203	1.31
Real Estate													
maa	59322j103	MID-AMER APT CMNTYS COM	66	86.05	5,679	5,679	90.81	5,993	314.03	314.03	1.7	193	3.22
Non-Classified													
cor	21870q105	CORESITE	96	49.29	4,732	4,732	56.72	5,445	713.37	713.37	1.5	204	3.74

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SPRINGMEYER FOUNDATION - SMID CAP EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
cown	223622101	COWEN GROUP A	853	4.92	4,199	4,199	3.83	3,267	-932.23	-932.23	0.9	0	0.00
					8,931	8,931		8,712	-218.86	-218.86	2.4	204	2.34
					69,402	69,402		67,390	-2,011.34	-2,011.34	18.7	1,100	1.63
Information Technology													
Credit Card Payment & Processing													
mxl	57776100	MAXLINEAR INC - CLASS A	229	15.93	3,649	3,649	14.73	3,373	-275.65	-275.65	0.9	0	0.00
Software & Services													
jcom	48123v102	J2 GLOBAL COMMUNICATIONS INCCM	113	68.35	7,724	7,724	82.32	9,302	1,578.23	1,578.23	2.6	132	1.42
nuan	67020y100	NUANCE COMMUNICATIONS COM	277	20.31	5,626	5,626	19.89	5,510	-116.81	-116.81	1.5	0	0.00
					13,350	13,350		14,812	1,461.42	1,461.42	4.1	132	0.89
Technology Hardware & Equipment													
im	457153104	INGRAM MICRO INC CL A	212	27.10	5,744	5,744	30.38	6,441	696.38	696.38	1.8	0	0.00
jnpr	48203r104	JUNIPER NETWORKS INC	179	31.22	5,588	5,588	27.60	4,940	-647.23	-647.23	1.4	0	0.00
ted	878237106	TECH DATA CORP COM	81	67.02	5,429	5,429	66.38	5,377	-52.08	-52.08	1.5	0	0.00
					16,761	16,761		16,758	-2.93	-2.93	4.7	0	0.00
Semiconductors & Semiconductor Equipment													
fm	g33231100	FABRINET	352	22.81	8,028	8,028	23.82	8,385	356.99	356.99	2.3	0	0.00
Data Processing and Outsourced Services													
ft	339041105	FLEETCOR TECHNOLOGIES COM	40	147.40	5,896	5,896	142.93	5,717	-178.96	-178.96	1.6	0	0.00
Non-Classified													
hawk	09238e104	BLACKHAWK NETWORKS HOLDINGS INC	171	41.07	7,022	7,022	44.21	7,560	537.43	537.43	2.1	0	0.00
					54,706	54,706		56,604	1,898.30	1,898.30	15.7	132	0.23
Utilities													
wt	03836w103	AQUA AMERICA INC COM	197	28.62	5,639	5,639	29.80	5,871	231.55	231.55	1.6	120	2.04

Avalon Advisors, LLC
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SPRINGMEYER FOUNDATION - SMID CAP EQUITY

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
lg 505597104		LACLEDE GROUP INC COM	112	54.62	6,118	6,118	59.41	6,654	536.20	536.20	1.8	206	3.10
					11,757	11,757		12,525	767.75	767.75	3.5	326	2.60
					11,757	11,757		12,525	767.75	767.75	3.5	326	2.60
TOTAL					294,377	294,377		290,654	-3,723.31	-3,723.31	80.7	2,720	0.94

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SPRINGMEYER FOUNDATION - INTERNATIONAL EQUITY INCOME (ADR)

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
COMMON STOCK													
Energy													
Energy	tot 89151e109	TOTAL SA SPONSORED ADR CMN	275	42.83	11,780	11,780	44.95	12,361	581.63	581.63	3.2	738	5.97
Oil & Gas Storage & Transportation													
enb 29250n105		ENBRIDGE INC COM	195	38.29	7,466	7,466	33.19	6,472	-994.17	-994.17	1.7	278	4.30
					19,246	19,246		18,833	-412.54	-412.54	4.9	1,016	5.39
Materials													
Materials	basf 055262505	BASF SE SPONSORED ADR	60	76.74	4,604	4,604	76.01	4,561	-43.50	-43.50	1.2	163	3.58
					4,604	4,604		4,561	-43.50	-43.50	1.2	163	3.58
Industrials													
Capital Goods	frvy 315437103	FERROVIAL SA-UNSPONSORED ADR	284	23.09	6,558	6,558	23.07	6,552	-6.41	-6.41	1.7	168	2.56
	phg 500472303	PHILIPS ELECTRONICS (KONINKLIJKE)	275	24.77	6,812	6,812	25.45	6,999	186.40	186.40	1.8	255	3.64
	sieg 826197501	SIEMENS A G SPONSORED ADR	65	94.95	6,172	6,172	96.17	6,251	79.52	79.52	1.6	179	2.87
					19,542	19,542		19,802	259.52	259.52	5.2	601	3.04
Commercial Services & Supplies	jmhly 471115402	JARDINE MATHESON HLDGS ADR	90	47.26	4,254	4,254	48.28	4,345	91.52	91.52	1.1	119	2.74
Transportation													
atasy 048173108		ATLANTIA SPA ADR	785	13.23	10,389	10,389	13.20	10,362	-26.94	-26.94	2.7	233	2.25
japsy 471038109		JAPAN AIRLINES LTD	475	17.45	8,287	8,287	18.17	8,631	344.05	344.05	2.3	154	1.78
					18,676	18,676		18,993	317.11	317.11	5.0	387	2.04
Aerospace/Defense Products & Services													
baesy 05523r107		BAE SYSTEMS PLCSPONSORED ADR C	290	27.01	7,834	7,834	29.45	8,542	708.15	708.15	2.2	373	4.36
					50,306	50,306		51,682	1,376.30	1,376.30	13.6	1,480	2.86

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SPRINGMEYER FOUNDATION - INTERNATIONAL EQUITY INCOME (ADR)

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est Annual Income	Div. Yield
Consumer Discretionary													
Automobiles & Components													
dday	233825108	DAIMLER AG SPONSORED ADR	160	76.21	12,193	12,193	83.68	13,389	1,195.30	1,195.30	3.5	364	2.72
nary	654744408	NISSAN MOTORS SPONSORED ADR	595	17.53	10,431	10,431	20.98	12,486	2,055.27	2,055.27	3.3	294	2.36
					22,624	22,624		25,875	3,250.57	3,250.57	6.8	659	2.54
Retailing													
maky	570912105	MARKS AND SPENCER P L C SPONSO	555	15.40	8,546	8,546	13.35	7,412	-1,134.07	-1,134.07	1.9	288	3.88
Homebuilders													
skhsy	816078307	SEKISUI HOUSE LTD SPONSORED ADR	620	15.03	9,319	9,319	16.87	10,459	1,140.40	1,140.40	2.7	212	2.02
					40,489	40,489		43,746	3,256.90	3,256.90	11.5	1,158	2.65
Consumer Staples													
Food & Staples Retailing													
fyty	30706U107	FAMILYMART CO LTD-UNSP ADR	95	45.32	4,305	4,305	46.06	4,376	70.30	70.30	1.1	84	1.92
Food, Beverage & Tobacco													
bt	110448107	BRITISH AMERICAN TOBACCO PLCSP	140	106.80	14,952	14,952	110.45	15,463	511.10	511.10	4.1	675	4.36
nsrgy	641069406	NESTLE S A REP RG SH ADR	115	73.13	8,410	8,410	74.42	8,558	148.35	148.35	2.2	178	2.08
ul	904767704	UNILEVER PLC (NEW)SPONSORED ADR	270	39.96	10,788	10,788	43.12	11,642	854.10	854.10	3.1	392	3.37
					34,150	34,150		35,664	1,513.55	1,513.55	9.4	1,245	3.49
					38,456	38,456		40,039	1,583.85	1,583.85	10.5	1,329	3.32
Health Care													
Pharmaceuticals & Biotechnology													
azn	046353108	ASTRAZENECA PLC SPONSORED ADR	129	32.01	4,129	4,129	33.95	4,380	250.28	250.28	1.2	361	8.25
gsk	37733w105	GLAXOSMITHKLINE PLC SPONSORED ADR CMN	145	39.65	5,749	5,749	40.35	5,851	101.85	101.85	1.5	384	6.57
nvs	66987v109	NOVARTIS AG-ADR	120	94.09	11,291	11,291	86.04	10,325	-965.82	-965.82	2.7	281	2.72
rhhby	771195104	ROCHE HOLDING AG ADR	215	33.28	7,156	7,156	34.47	7,411	254.95	254.95	1.9	197	2.65
snv	80105n105	SANOFI	210	48.10	10,101	10,101	42.65	8,956	-1,144.05	-1,144.05	2.4	278	3.10

Avalon Advisors, LLC

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SPRINGMEYER FOUNDATION - INTERNATIONAL EQUITY INCOME (ADR)

Security Symbol	Cusip	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
tkpyy	874060205	330	24.12	7,960	7,960	25.03	8,260	300.30	300.30	2.2	219	2.65
				46,385	46,385		45,183	-1,202.49	-1,202.49	11.9	1,720	3.81
				46,385	46,385		45,183	-1,202.49	-1,202.49	11.9	1,720	3.81
Financials												
Banks												
bbaa	05946k101	785	8.91	6,995	6,995	7.33	5,754	-1,241.24	-1,241.24	1.5	257	4.47
dseej	234064301	1,295	6.71	8,690	8,690	6.08	7,874	-815.95	-815.95	2.1	250	3.18
dbdsy	23304y100	85	48.54	4,126	4,126	46.69	3,969	-156.62	-156.62	1.0	153	3.85
ncbay	65557A206	655	11.33	7,423	7,423	11.13	7,290	-133.00	-133.00	1.9	358	4.91
smfig	86562m209	1,120	7.68	8,597	8,597	7.59	8,501	-96.45	-96.45	2.2	242	2.85
wbk	961214301	215	20.73	4,458	4,458	24.23	5,209	751.80	751.80	1.4	341	6.55
				40,289	40,289		38,597	-1,691.46	-1,691.46	10.1	1,602	4.15
Diversified Financials												
abdnj	00300a104	590	9.47	5,585	5,585	8.47	4,997	-587.50	-587.50	1.3	308	6.16
dbosy	251542106	805	8.54	6,875	6,875	8.75	7,044	168.90	168.90	1.9	124	1.77
				12,460	12,460		12,041	-418.60	-418.60	3.2	432	3.59
Insurance												
azsey	018805101	730	15.55	11,354	11,354	17.62	12,863	1,508.40	1,508.40	3.4	414	3.22
axaly	054536107	265	24.27	6,432	6,432	27.31	7,238	806.10	806.10	1.9	247	3.41
murgy	626188106	310	18.61	5,769	5,769	19.98	6,195	426.45	426.45	1.6	213	3.44
				23,555	23,555		26,296	2,740.95	2,740.95	6.9	874	3.32
Real Estate												
biley	110828100	445	12.95	5,764	5,764	11.90	5,295	-468.95	-468.95	1.4	134	2.52
swray	870794302	335	10.69	3,580	3,580	11.33	3,796	215.20	215.20	1.0	157	4.13

Avalon Advisors, LLC
VALUATION REPORT
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SPRINGMEYER FOUNDATION - INTERNATIONAL EQUITY INCOME (ADR)

Security Symbol	Cusip	Security	Quantity	Unit Cost	Total Cost	Total Adjusted Cost (Adjusted)	Current Market Price	Current Market Value	Unrealized Gain/Loss	Unrealized Gain/Loss (Adjusted)	Pct. Assets	Est. Annual Income	Div. Yield
unrdy	904587102	UNIBAIL-RODAMCO SE-UNSP ADR	200	25.65	5,130	5,130	25.44	5,089	-40.63	-40.63	1.3	273	5.36
					14,474	14,474		14,180	-294.38	-294.38	3.7	563	3.97
					90,778	90,778		91,115	336.51	336.51	23.9	3,471	3.81
Information Technology													
Technology Hardware & Equipment													
enc	294821608	ERICSSON LM TEL CL B ADRSEK 10 NEW	635	9.56	6,070	6,070	9.61	6,102	31.88	31.88	1.6	161	2.64
					6,070	6,070		6,102	31.88	31.88	1.6	161	2.64
Telecommunication Services													
Telecommunication Services													
bee	055346760	BCE INC COM NEW	222	41.00	9,101	9,101	38.62	8,574	-527.40	-527.40	2.3	484	5.64
chl	16941m109	CHINA MOBILE HONG KONG SPONSORED ADR	129	59.55	7,682	7,682	56.33	7,267	-415.02	-415.02	1.9	236	3.25
dom	62942m201	NTT DOCOMO INC SPONS ADR	490	19.60	9,602	9,602	20.50	10,045	443.20	443.20	2.6	246	2.45
sgapy	829297304	SINGAPORE TELECOMM LTD SPON ADR NEW06	265	26.13	6,923	6,923	25.75	6,824	-99.55	-99.55	1.8	337	4.93
scmwy	871013108	SWISSCOM/AMERICAN DEPOSITARY SH	85	51.92	4,413	4,413	50.03	4,253	-160.75	-160.75	1.1	178	4.18
tef	879382208	TELEFONICA S A ADR	625	13.17	8,228	8,228	11.06	6,912	-1,315.63	-1,315.63	1.8	455	6.58
					45,949	45,949		43,874	-2,075.15	-2,075.15	11.5	1,935	4.41
					45,949	45,949		43,874	-2,075.15	-2,075.15	11.5	1,935	4.41
Utilities													
Utilities													
bip	G16252101	BROOKFIELD INFRASTRUCTURE PA	145	38.68	5,608	5,608	37.91	5,497	-111.50	-111.50	1.4	307	5.59
ngg	636274300	NATIONAL GRID PLC SPON ADR NEW	125	65.65	8,206	8,206	69.54	8,692	486.75	486.75	2.3	432	4.96
teziy	88088L103	TERNA SPA - UNSPONSORED ADR	740	14.13	10,459	10,459	15.45	11,433	974.47	974.47	3.0	315	2.76
TOTAL													
					24,273	24,273		25,622	1,349.72	1,349.72	6.7	1,054	4.11
					24,273	24,273		25,622	1,349.72	1,349.72	6.7	1,054	4.11
					366,556	366,556		370,758	4,201.47	4,201.47	97.4	13,487	3.64

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
10-03-2013	01-08-2015	200	VERIZON COMMUNICATIONS INC. CMN	9,403.92		9,393.55		(10.37)
01-30-2012	01-08-2015	172	GENERAL ELECTRIC CO CMN	3,237.33		4,160.28		922.95
08-21-2012	01-08-2015	356	GENERAL ELECTRIC CO CMN	7,473.58		8,610.80		1,137.22
11-13-2012	01-30-2015	133	CAPITAL ONE FINANCIAL CORP CMN	7,689.18		9,824.09		2,134.91
11-07-2012	02-27-2015	241	MYLAN INC CMN	6,162.08		13,905.97		7,743.89
10-16-2014	02-27-2015	92	MYLAN INC CMN	4,434.15		5,308.50	874.35	
11-07-2014	03-05-2015	48	TESLA MTRS INC COM	11,523.31		9,682.66	(1,840.65)	
09-22-2011	03-11-2015	88	ABBVIE INC. CMN	2,312.76		4,927.10		2,614.34
01-11-2012	03-11-2015	94	ABBVIE INC. CMN	2,712.79		5,263.04		2,550.25
11-06-2012	03-18-2015	190	INTEL CORPORATION CMN	4,156.76		5,789.72		1,632.96
10-03-2013	03-18-2015	89	INTEL CORPORATION CMN	2,014.30		2,712.03		697.73
11-16-2010	03-18-2015	202	MICROSOFT CORPORATION CMN	5,216.29		8,369.89		3,153.60
10-11-2013	03-26-2015	537	APPLIED MATERIALS INC CMN	9,703.80		12,085.76		2,381.96
09-04-1991	04-14-2015	39	PHILIP MORRIS INTL INC CMN	500.09		3,022.94		2,522.85
10-04-2013	04-14-2015	67	PHILIP MORRIS INTL INC CMN	5,832.35		5,193.26		(639.09)
09-11-2012	04-17-2015	368	BANK OF AMERICA CORP CMN	3,244.54		5,719.90		2,475.36
11-06-2012	04-17-2015	293	BANK OF AMERICA CORP CMN	2,910.78		4,554.16		1,643.38
12-05-2014	04-17-2015	154	BANK OF AMERICA CORP CMN	2,711.14		2,393.65	(317.49)	
10-10-2014	07-08-2015	1	CHEMOURS CO COM	9.75		7.82	(1.93)	

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
10-10-2014	07-22-2015	163	E I DU PONT DE NEMOURS AND CO CMN	10,433.04		9,643.91	(789.13)	
11-05-2014	07-22-2015	85	E I DU PONT DE NEMOURS AND CO CMN	5,633.02		5,029.04	(603.98)	
12-29-2009	07-23-2015	49	UNITED TECHNOLOGIES CORP CMN	3,450.58		4,968.13		1,517.55
10-03-2013	07-23-2015	78	UNITED TECHNOLOGIES CORP CMN	8,091.99		7,908.44	(183.55)	
10-03-2013	07-24-2015	29	AMAZON COM INC CMN	9,176.86		16,140.65		6,963.79
07-28-2011	07-24-2015	147	VISA INC. CMN CLASS A	3,251.49		11,125.03		7,873.54
11-07-2014	07-24-2015	350	STARBUCKS CORP CMN	13,628.87		20,177.89	6,549.02	
11-12-2014	08-25-2015	245	WHOLE FOODS MARKET INC CMN	11,632.11		7,991.51	(3,640.60)	
11-13-2014	08-25-2015	141	TWITTER INC COM	5,795.93		3,549.10	(2,246.83)	
01-08-2015	08-25-2015	171	TWITTER INC COM	6,543.21		4,304.22	(2,238.99)	
03-11-2015	08-25-2015	77	TWITTER INC COM	3,565.31		1,938.16	(1,627.15)	
12-29-2009	08-25-2015	50	CHEVRON CORPORATION CMN	3,869.50		3,635.04		(234.46)
09-14-2011	08-25-2015	73	CHEVRON CORPORATION CMN	7,050.01		5,307.16		(1,742.85)
10-15-2014	08-25-2015	70	CHEVRON CORPORATION CMN	7,594.08		5,089.06	(2,505.02)	
11-04-2014	08-25-2015	25	CHEVRON CORPORATION CMN	2,877.85		1,817.52	(1,060.33)	
10-10-2014	08-27-2015	32	CHEMOURS CO COM	519.95		300.30	(219.65)	
11-05-2014	08-27-2015	17	CHEMOURS CO COM	285.99		159.53	(126.46)	
01-08-2015	10-27-2015	38	VALEANT PHARMACEUTICALS INTL C	5,771.98		4,229.20	(1,542.78)	
09-17-2012	11-05-2015	13	HCA HOLDINGS INC CMN	412.24		882.30		470.06
09-21-2012	11-05-2015	94	HCA HOLDINGS INC. CMN	3,072.30		6,379.68		3,307.38

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
10-04-2012	11-05-2015	40	HCA HOLDINGS INC. CMN	1,301.29		2,714.76		1,413.47
10-04-2012	11-05-2015	13	HCA HOLDINGS INC. CMN	422.92		886.23		463.31
10-08-2013	11-05-2015	44	HCA HOLDINGS INC. CMN	2,021.42		2,999.54		978.12
11-12-2014	11-06-2015	183	LULULEMON ATHLETICA IN COM	8,195.66		9,402.65	1,206.99	
11-12-2014	11-06-2015	51	LULULEMON ATHLETICA IN COM	2,284.04		2,613.54	329.50	
11-12-2014	11-06-2015	31	LULULEMON ATHLETICA IN COM	1,388.34		1,584.00	195.66	
08-25-2015	11-17-2015	49	DARDEN RESTAURANTS INC COM	2,978.23		2,664.51	(313.72)	
08-25-2015	11-17-2015	67	DARDEN RESTAURANTS INC COM	4,072.28		3,635.02	(437.26)	
02-03-2014	11-17-2015	166	JETBLUE AIRWAYS CORPORATION CM	1,436.23		4,222.79		2,786.56
02-03-2014	11-17-2015	545	JETBLUE AIRWAYS CORPORATION CM	4,715.34		13,755.65		9,040.31
02-03-2014	11-17-2015	101	JETBLUE AIRWAYS CORPORATION CM	873.85		2,519.45		1,645.60
02-03-2014	11-18-2015	42	JETBLUE AIRWAYS CORPORATION CM	363.38		1,043.78		680.40
02-03-2014	11-18-2015	83	JETBLUE AIRWAYS CORPORATION CM	718.12		2,063.62		1,345.50
05-20-2014	11-18-2015	7	JETBLUE AIRWAYS CORPORATION CM	62.22		174.04		111.82
05-20-2014	11-18-2015	186	JETBLUE AIRWAYS CORPORATION CM	1,653.22		4,614.51		2,961.29
08-25-2015	11-24-2015	1	FOUR CORNERS PROPERTY TRUST IN	14.80		13.10	(1.70)	
07-24-2015	12-16-2015	104	MC DONALDS CORP CMN	10,052.63		12,206.31	2,153.68	

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

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From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
03-25-2011	12-16-2015	15	COCA-COLA COMPANY (THE) CMN	490.13		650.86		160.73
07-29-2011	12-16-2015	92	COCA-COLA COMPANY (THE) CMN	3,158.61		3,991.95		833.34
10-25-2012	12-16-2015	70	PROCTER & GAMBLE COMPANY (THE)	4,917.33		5,611.79		694.46
08-31-2015	12-16-2015	130	BEST BUY CO INC CMN SERIES	4,759.67		3,943.63	(816.04)	
02-15-2012	12-16-2015	153	COMCAST CORPORATION CMN CLASS	4,412.76		8,894.75		4,481.99
12-29-2009	12-16-2015	89	THE HOME DEPOT INC. CMN	2,606.81		11,698.83		9,092.02
11-07-2014	12-16-2015	36	STARBUCKS CORP. CMN	1,401.83		2,158.52		756.69
11-20-2014	12-16-2015	54	STARBUCKS CORP. CMN	2,112.86		3,237.78		1,124.92
02-20-2015	12-16-2015	66	TARGET CORPORATION CMN	5,027.99		4,858.83	(169.16)	
10-03-2013	12-16-2015	95	WALT DISNEY COMPANY (THE) CMN	6,095.89		10,642.65		4,546.76
10-16-2014	12-16-2015	46	COSTCO WHOLESALE CORPORATION C	5,673.34		7,424.72		1,751.38
02-08-2012	12-16-2015	85	CVS HEALTH CORP CMN	3,731.72		8,195.54		4,463.82
12-20-2012	12-16-2015	128	MONDELEZ INTERNATIONAL INC. C	3,331.84		5,664.53		2,332.69
07-29-2011	12-16-2015	43	PEPSICO INC CMN	2,752.50		4,298.63		1,546.13
12-19-2012	12-16-2015	91	WALGREENS BOOTS ALLIANCE INC.	3,430.33		7,628.38		4,198.05
08-12-2015	12-16-2015	81	ANADARKO PETROLEUM CORP CMN	6,115.64		3,853.09	(2,262.55)	
01-11-2012	12-16-2015	100	EOG RESOURCES INC CMN	5,203.81		7,642.41		2,438.60
11-04-2014	12-16-2015	53	EOG RESOURCES INC CMN	4,767.42		4,050.48		(716.94)

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
12-12-2014	12-16-2015	28	EOG RESOURCES INC CMN	2,455.06		2,139.87		(315.19)
06-17-2008	12-16-2015	47	EXXON MOBIL CORPORATION CMN	4,162.62		3,688.02		(474.60)
12-29-2009	12-16-2015	87	EXXON MOBIL CORPORATION CMN	6,004.74		6,826.76		822.02
01-21-2010	12-16-2015	86	EXXON MOBIL CORPORATION CMN	5,765.21		6,748.30		983.09
11-18-2015	12-16-2015	125	NEWFIELD EXPLORATION CO. CMN	5,089.86		4,269.42	(820.44)	
07-23-2015	12-16-2015	136	OCCIDENTAL PETROLEUM CORP CMN	9,429.53		9,222.34	(207.19)	
08-06-2013	12-16-2015	400	WEATHERFORD INTERNATIONAL PLC	5,776.16		3,616.93		(2,159.23)
07-24-2015	12-16-2015	287	BANK OF AMERICA CORP CMN	5,211.35		4,991.86	(219.49)	
01-11-2012	12-16-2015	50	BERKSHIRE HATHAWAY INC. CLASS	3,879.06		6,711.37		2,832.31
02-03-2014	12-16-2015	15	BLACKROCK INC. CMN	4,319.73		4,868.46		548.73
10-25-2012	12-16-2015	73	CITIGROUP INC. CMN	2,734.07		3,828.05		1,093.98
11-06-2012	12-16-2015	15	CITIGROUP INC CMN	575.74		786.58		210.84
08-25-2015	12-16-2015	16	FOUR CORNERS PROPERTY TRUST IN	355.28		343.35	(11.93)	
06-13-2014	12-16-2015	40	GOLDMAN SACHS GROUP INC (THE)	6,643.94		7,305.86		661.91
03-11-2015	12-16-2015	21	INTERCONTINENTAL EXCHANGE INC	4,798.34		5,207.48	409.14	
03-18-2015	12-16-2015	351	KEYCORP CMN	5,137.17		4,585.73	(551.44)	
11-06-2014	12-16-2015	178	MORGAN STANLEY CMN	6,274.71		5,830.28		(444.43)
03-18-2015	12-16-2015	82	SUNTRUST BANKS INC \$1.00 PAR C	3,522.56		3,528.39	5.83	
07-29-2011	12-16-2015	120	U.S. BANCORP CMN	3,150.05		5,238.50		2,088.45
09-22-2011	12-16-2015	76	ABBOTT LABORATORIES CMN	1,841.91		3,447.29		1,605.38

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
12-13-2012	12-16-2015	104	ALKERMES PLC CMN	1,959.46		7,741.88		5,782.42
12-14-2012	12-16-2015	30	ALKERMES PLC CMN	568.03		2,233.23		1,665.20
10-01-2013	12-16-2015	30	ALLERGAN PLC CMN	4,320.00		9,133.93		4,813.93
09-10-2012	12-16-2015	50	AMGEN INC. CMN	4,201.69		8,168.84		3,967.15
09-23-2011	12-16-2015	50	CELGENE CORPORATION CMN	1,560.91		5,641.89		4,080.98
01-11-2012	12-16-2015	13	CELGENE CORPORATION CMN	460.52		1,466.89		1,006.37
02-19-2014	12-16-2015	94	ELI LILLY & CO CMN	5,409.39		8,038.73		2,629.34
08-28-2012	12-16-2015	80	GILEAD SCIENCES CMN	2,314.19		8,162.25		5,848.06
09-05-2012	12-16-2015	8	GILEAD SCIENCES CMN	235.63		816.22		580.59
02-27-2015	12-16-2015	138	MYLAN NV CMN	7,962.75		7,383.48	(579.27)	
11-28-2012	12-16-2015	59	THERMO FISHER SCIENTIFIC INC C	3,671.85		8,199.66		4,527.81
06-20-2014	12-16-2015	31	FEDEX CORP CMN	4,587.87		4,541.41		(46.46)
07-25-2012	12-16-2015	74	HONEYWELL INTL INC CMN	4,234.26		7,604.84		3,370.58
08-28-2012	12-16-2015	56	ILLINOIS TOOL WORKS CMN	3,327.65		5,183.82		1,856.17
03-20-2014	12-16-2015	90	JETBLUE AIRWAYS CORPORATION CM	799.95		2,069.74		1,269.79
06-11-2014	12-16-2015	107	JETBLUE AIRWAYS CORPORATION CM	1,118.33		2,460.68		1,342.35
10-11-2013	12-16-2015	173	SOUTHWEST AIRLINES CO CMN	2,630.99		7,653.23		5,022.24
01-09-2012	12-16-2015	63	UNION PACIFIC CORP. CMN	3,441.51		4,880.52		1,439.01
08-21-2012	12-16-2015	3	ALPHABET INC CMN CLASS A	1,000.04		2,296.16		1,296.12
08-29-2012	12-16-2015	5	ALPHABET INC. CMN CLASS A	1,719.27		3,826.93		2,107.66
08-31-2012	12-16-2015	6	ALPHABET INC. CMN CLASS A	2,059.32		4,592.31		2,532.99

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
09-07-2012	12-16-2015	2	ALPHABET INC. CMN CLASS A	710.03		1,530.77		820.74
10-08-2013	12-16-2015	6	ALPHABET INC CMN CLASS A	2,564.72		4,592.32		2,027.60
07-29-2011	12-16-2015	35	APPLE INC CMN	1,965.61		3,835.74		1,870.13
08-08-2011	12-16-2015	126	APPLE INC. CMN	6,524.48		13,808.66		7,284.18
01-18-2012	12-16-2015	58	APPLE INC. CMN	3,541.76		6,356.37		2,814.61
01-09-2015	12-16-2015	90	COGNIZANT TECHNOLOGY SOLUTIONS	4,864.73		5,533.99	669.26	
11-07-2014	12-16-2015	140	FACEBOOK INC CMN CLASS A	10,540.44		14,688.52		4,148.08
11-06-2014	12-16-2015	83	MASTERCARD INCORPORATED CMN CL	7,126.69		8,214.35		1,087.66
12-31-2012	12-16-2015	24	ORACLE CORPORATION CMN	798.72		924.14		125.42
02-14-2014	12-16-2015	120	ORACLE CORPORATION CMN	4,586.66		4,620.72		34.06
05-20-2014	12-16-2015	7	ORACLE CORPORATION CMN	293.95		269.54		(24.41)
07-28-2011	12-16-2015	5	VISA INC. CMN CLASS A	110.59		391.24		280.65
11-06-2014	12-16-2015	63	VISA INC. CMN CLASS A	3,932.04		4,929.66		997.62
12-29-2009	12-16-2015	29	WAL MART STORES INC CMN	1,570.93		1,747.63		176.70
10-03-2013	12-16-2015	80	SCHLUMBERGER LTD CMN	7,170.14		5,678.92		(1,491.22)
12-29-2009	12-16-2015	200	JPMORGAN CHASE & CO CMN	8,344.00		13,220.75		4,876.75
01-13-2012	12-16-2015	137	WELLS FARGO & CO (NEW) CMN	3,977.51		7,511.00		3,533.49
02-10-2012	12-16-2015	95	WELLS FARGO & CO (NEW) CMN	2,876.18		5,208.35		2,332.17
12-29-2009	12-16-2015	76	JOHNSON & JOHNSON CMN	4,942.28		7,920.23		2,977.95

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

THE SPRINGMEYER FOUNDATION - AVALON CORE EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
10-25-2012	12-16-2015	12	JOHNSON & JOHNSON CMN	854.32		1,250.56		396.24
03-31-2011	12-16-2015	143	MERCK & CO. INC. CMN	4,747.89		7,630.51		2,882.62
01-11-2012	12-16-2015	152	PFIZER INC. CMN	3,320.06		4,884.40		1,564.34
09-10-2012	12-16-2015	8	PFIZER INC. CMN	194.12		257.07		62.95
11-20-2014	12-16-2015	37	BOEING COMPANY CMN	4,877.51		5,428.17		550.66
12-03-2015	12-16-2015	272	GENERAL ELECTRIC CO CMN	8,219.68		8,278.16	58.48	
12-21-2011	12-16-2015	28	CISCO SYSTEMS INC. CMN	508.80		754.99		246.19
09-10-2012	12-16-2015	76	CISCO SYSTEMS INC. CMN	1,460.39		2,049.27		588.88
12-14-2012	12-16-2015	175	CISCO SYSTEMS INC. CMN	3,487.77		4,718.72		1,230.95
10-03-2013	12-16-2015	133	INTEL CORPORATION CMN	3,010.14		4,638.29		1,628.15
11-16-2010	12-16-2015	60	MICROSOFT CORPORATION CMN	1,549.39		3,317.07		1,767.68
10-03-2013	12-16-2015	172	MICROSOFT CORPORATION CMN	5,793.84		9,508.95		3,715.11
11-14-2014	12-16-2015	124	DOW CHEMICAL CO CMN	6,268.24		6,114.85	(153.39)	
TOTAL GAINS							12,451.92	227,598.75
TOTAL LOSSES							(25,151.18)	(8,636.20)
TOTAL REALIZED GAIN/LOSS							(12,699.26)	218,962.55

206,263.28

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
THE SPRINGMEYER FOUNDATION- PICKS ACCOUNT

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
11-16-2011	07-06-2015	516	KRAFT FOODS GROUP INC CMN	0.00		8,514.00		8,514.00
11-19-2012	07-06-2015	1	KRAFT FOODS GROUP INC CMN	0.00		16.50		16.50
11-16-2011	07-23-2015	1	WESTROCK CO COM	18.48		34.99		16.51
09-22-2011	08-21-2015	555	ABBOTT LABORATORIES CMN	13,451.03		26,633.57		13,182.54
01-11-2012	08-21-2015	303	ABBOTT LABORATORIES CMN	8,063.72		14,540.49		6,476.77
09-22-2011	08-21-2015	552	ABBVIE INC CMN	14,507.06		36,678.17		22,171.11
10-01-2013	08-21-2015	275	ALLERGAN PLC CMN	39,600.00		83,861.71		44,261.71
11-16-2011	08-21-2015	4,054	ALTRIA GROUP INC. CMN	111,889.59		221,870.92		109,981.33
08-08-2011	08-21-2015	938	APPLE INC. CMN	48,571.11		101,708.75		53,137.64
08-28-2011	08-21-2015	294	APPLE INC. CMN	18,353.00		31,878.86		13,525.86
03-24-2011	08-21-2015	1,526	AT&T INC CMN	43,671.53		51,415.64		7,744.11
11-16-2011	08-21-2015	320	AT&T INC CMN	9,212.61		10,781.78		1,569.17
09-30-2011	08-21-2015	275	BALL CORPORATION CMN	8,665.39		18,665.99		10,000.60
09-11-2012	08-21-2015	3,504	BANK OF AMERICA CORP CMN	30,893.72		57,604.69		26,710.97
02-08-2012	08-21-2015	205	BIOGEN INC	24,497.70		62,723.00		38,225.30
03-31-2011	08-21-2015	1,180	BRISTOL-MYERS SQUIBB COMPANY CMN	31,462.69		73,382.25		41,919.56
08-30-2012	08-21-2015	218	CANADIAN PACIFIC RAILWAY LTD C	17,987.31		30,919.66		12,932.35
09-23-2011	08-21-2015	488	CELGENE CORPORATION CMN	15,234.46		59,681.30		44,446.84
08-03-2010	08-21-2015	287	CHUBB LIMITED	15,223.11		35,391.58		20,168.47
02-15-2012	08-21-2015	1,014	COMCAST CORPORATION CMN	29,245.38		58,423.77		29,178.39
02-16-2012	08-21-2015	907	D.R. HORTON INC. CMN CLASS	13,132.91		28,433.83		15,300.92

Avalon Advisors, LLC REALIZED GAINS AND LOSSES THE SPRINGMEYER FOUNDATION- PICKS ACCOUNT

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
11-16-2011	08-21-2015	711	DR PEPPER SNAPPLE GROUP INC. CMN	25,652.24		56,796.76	31,144.52	
06-14-2012	08-21-2015	439	EBAY INC CMN	7,116.00		11,488.01	4,372.01	
11-16-2011	08-21-2015	888	ELI LILLY & CO CMN	32,730.70		76,351.85	43,621.15	
01-11-2012	08-21-2015	384	EOG RESOURCES INC CMN	19,982.63		28,790.95	8,808.32	
11-16-2011	08-21-2015	1,473	GENERAL ELECTRIC CO CMN	23,534.86		36,796.92	13,262.06	
08-28-2012	08-21-2015	524	GILEAD SCIENCES CMN	15,157.93		56,689.89	41,531.96	
09-05-2012	08-21-2015	504	GILEAD SCIENCES CMN	14,844.66		54,526.15	39,681.49	
11-16-2011	08-21-2015	73	HALYARD HEALTH INC	1,693.55		2,269.52	575.97	
11-16-2011	08-21-2015	1,784	HCP INC COM	66,921.99		72,197.15	5,275.16	
01-10-2011	08-21-2015	652	THE HOME DEPOT INC. CMN	22,428.80		76,786.64	54,357.84	
08-18-2011	08-21-2015	93	INTL BUSINESS MACHINES CORP CMN	15,027.86		14,041.81	(986.05)	
11-16-2011	08-21-2015	608	INTL PAPER CO. CMN	16,798.46		27,256.13	10,457.67	
02-17-2009	08-21-2015	518	JPMORGAN CHASE & CO CMN	11,596.57		33,495.44	21,898.87	
11-16-2011	08-21-2015	404	KIMBERLY CLARK CORP CMN	27,241.75		45,620.86	18,379.11	
11-16-2011	08-21-2015	516	KRAFT HEINZ CO COM	19,098.63		37,894.81	18,796.18	
11-19-2012	08-21-2015	1	KRAFT HEINZ CO COM	44.66		73.44	28.78	
11-16-2011	08-21-2015	470	LOCKHEED MARTIN CORPORATION CMN	35,663.55		97,465.30	61,801.75	
11-16-2011	08-21-2015	963	MARSH & MCLENNAN COS INC	28,774.44		53,996.05	25,221.61	
01-11-2008	08-21-2015	157	MC DONALDS CORP CMN	8,551.57		15,356.88	6,805.31	
03-31-2011	08-21-2015	896	MERCK & CO. INC. CMN	29,748.99		50,771.80	21,022.81	
03-31-2011	08-21-2015	612	MERCK & CO. INC. CMN	20,319.62		34,678.95	14,359.33	
11-30-2011	08-21-2015	589	NATIONAL RETAIL PROPERTIES INC CMN	14,904.13		21,952.45	7,048.32	
12-07-2011	08-21-2015	124	NATIONAL RETAIL PROPERTIES INC CMN	3,150.68		4,621.57	1,470.89	

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
THE SPRINGMEYER FOUNDATION- PICKS ACCOUNT

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
06-14-2012	08-21-2015	439	PAYPAL HLDGS INC COM	10,484.04		15,355.93		4,871.89
11-04-2010	08-21-2015	1,591	PFIZER INC. CMN	27,643.94		54,188.29		26,544.35
11-04-2010	08-21-2015	933	PFIZER INC. CMN	16,211.06		31,777.30		15,566.24
11-16-2011	08-21-2015	139	PFIZER INC. CMN	2,721.61		4,734.24		2,012.63
01-04-2010	08-21-2015	953	PHILIP MORRIS INTL INC CMN	47,221.53		78,211.27		30,989.74
01-13-2011	08-21-2015	423	QUALCOMM INC CMN	21,940.71		24,905.57		2,964.86
07-29-2011	08-21-2015	908	U.S. BANCORP CMN	23,835.36		39,516.43		15,681.07
11-16-2011	08-21-2015	737	VENTAS INC COM	34,034.71		44,661.37		10,626.66
11-16-2011	08-21-2015	18	VERITIV CORP COM	377.30		626.56		249.26
03-24-2011	08-21-2015	840	VERIZON COMMUNICATIONS INC CMN	31,280.68		39,220.81		7,940.13
11-16-2011	08-21-2015	911	VERIZON COMMUNICATIONS INC. CMN	33,396.99		42,535.90		9,138.91
07-28-2011	08-21-2015	1,072	VISA INC CMN CLASS A	23,711.52		77,447.14		53,735.62
10-24-2008	08-21-2015	267	WAL MART STORES INC CMN	13,647.36		17,976.77		4,329.41
11-16-2011	08-21-2015	710	WESTROCK CO COM	22,622.56		42,031.01		19,408.45
11-16-2011	08-25-2015	0	CARE CAP PPTYS INC COM	6.69		8.04		1.35
TOTAL GAINS							0.00	1,173,462.34
TOTAL LOSSES							0.00	(986.05)
TOTAL REALIZED GAIN/LOSS						1,172,476.29	0.00	1,172,476.29

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

SPRINGMEYER FOUNDATION - HIGH GRADE TAXABLE

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
09-08-2015	12-17-2015	3,000	UNITED STATES TREAS NTS	3,045.12	(1.70)	3,021.68	(21.74)	
09-08-2015	12-17-2015	3,600	2 125% Due 06-30-22 UNITED STATES TREAS NTS	3,746.53	(25.60)	3,707.72	(13.21)	
09-08-2015	12-17-2015	3,600	3.250% Due 03-31-17 UNITED STATES TREAS NTS	3,728.11	(24.99)	3,691.41	(11.71)	
09-08-2015	12-17-2015	4,000	3.125% Due 01-31-17 UNITED STATES TREAS NTS	4,019.53	(1.07)	3,989.06	(29.40)	
09-08-2015	12-17-2015	3,800	1.625% Due 06-30-20 UNITED STATES TREAS NTS	3,766.01	3.48	3,751.31	(18.18)	
09-08-2015	12-17-2015	3,700	0.625% Due 04-30-18 UNITED STATES TREAS NTS	3,716.48	(3.42)	3,703.18	(9.88)	
09-08-2015	12-17-2015	3,700	0.875% Due 12-31-16 UNITED STATES TREAS NTS	3,705.06	(1.05)	3,693.79	(10.22)	
09-08-2015	12-17-2015	3,600	0.625% Due 12-31-16 UNITED STATES TREAS NTS	3,671.44	(6.12)	3,648.80	(16.52)	
09-08-2015	12-17-2015	3,600	1.750% Due 10-31-18 UNITED STATES TREAS NTS	3,753.42	(17.99)	3,721.22	(14.21)	
09-08-2015	12-17-2015	3,400	2.750% Due 12-31-17 UNITED STATES TREAS NTS	3,661.11	(26.33)	3,621.53	(13.25)	
09-08-2015	12-17-2015	3,700	3.875% Due 05-15-18 UNITED STATES TREAS NTS	3,704.05	(0.61)	3,688.00	(15.44)	
			0.750% Due 06-30-17					

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - HIGH GRADE TAXABLE

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
09-08-2015	12-17-2015	1,000	UNITED STATES TREAS NTS 1.500% Due 05-31-19	1,007.31	(0.52)	1,001.84	(4.94)	
09-08-2015	12-17-2015	900	UNITED STATES TREAS NTS 1.500% Due 02-28-19	908.30	(0.64)	903.09	(4.57)	
09-08-2015	12-17-2015	5,000	UNITED STATES TREAS NTS 1.375% Due 04-30-20	4,973.63	1.50	4,939.26	(35.87)	
09-08-2015	12-17-2015	2,700	UNITED STATES TREAS NTS 1.625% Due 08-15-22	2,647.69	1.94	2,635.03	(14.59)	
09-08-2015	12-17-2015	4,000	UNITED STATES TREAS NTS 1.250% Due 01-31-20	3,966.09	2.05	3,941.88	(26.26)	
09-08-2015	12-17-2015	5,000	UNITED STATES TREAS NTS 1.375% Due 03-31-20	4,976.56	1.36	4,943.55	(34.37)	
09-08-2015	12-17-2015	2,200	UNITED STATES TREAS NTS 2.375% Due 08-15-24	2,240.65	(1.13)	2,229.39	(10.13)	
09-08-2015	12-17-2015	3,600	UNITED STATES TREAS NTS 2.375% Due 12-31-20	3,733.17	(6.58)	3,705.05	(21.54)	
09-08-2015	12-17-2015	3,000	UNITED STATES TREAS NTS 1.125% Due 04-30-20	2,947.97	2.97	2,933.67	(17.27)	
09-08-2015	12-17-2015	2,400	UNITED STATES TREAS NTS 1.750% Due 05-15-23	2,352.37	1.57	2,343.66	(10.29)	
09-08-2015	12-17-2015	3,700	UNITED STATES TREAS NTS 1.250% Due 11-30-18	3,712.14	(1.01)	3,693.35	(17.78)	

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - HIGH GRADE TAXABLE

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
09-08-2015	12-17-2015	3,600	UNITED STATES TREAS NTS 2.625% Due 04-30-18	3,754.55	(15.83)	3,724.45	(14.27)	
09-08-2015	12-17-2015	3,700	UNITED STATES TREAS NTS 0.875% Due 01-31-17	3,716.04	(3.13)	3,702.17	(10.74)	
09-08-2015	12-17-2015	3,700	UNITED STATES TREAS NTS 1.625% Due 07-31-19	3,740.04	(2.75)	3,717.63	(19.66)	
09-08-2015	12-17-2015	3,600	UNITED STATES TREAS NTS 2.250% Due 11-30-17	3,710.25	(13.43)	3,681.28	(15.54)	
09-08-2015	12-17-2015	4,000	UNITED STATES TREAS NTS 1.375% Due 01-31-20	3,985.00	0.91	3,962.19	(23.72)	
09-08-2015	12-17-2015	2,100	UNITED STATES TREAS NTS 2.000% Due 02-15-25	2,065.30	0.91	2,058.49	(7.72)	
09-08-2015	12-17-2015	3,600	UNITED STATES TREAS NTS 2.500% Due 06-30-17	3,715.88	(17.44)	3,683.25	(15.19)	
09-08-2015	12-17-2015	3,500	UNITED STATES TREAS NTS 2.750% Due 02-28-18	3,654.49	(16.91)	3,624.55	(13.03)	
09-08-2015	12-17-2015	4,500	UNITED STATES TREAS NTS 2.000% Due 02-15-22	4,543.07	(1.73)	4,515.29	(26.05)	
TOTAL GAINS							0.00	0.00
TOTAL LOSSES							(517.26)	0.00
TOTAL REALIZED GAIN/LOSS							(517.26)	0.00

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
11-16-2011	09-03-2015	60	ELI LILLY & CO CMN	2,211.53		4,925.87		2,714.34
11-16-2011	09-09-2015	31	ELI LILLY & CO CMN	1,142.63		2,551.13		1,408.50
08-26-2015	09-09-2015	31	HASBRO INC. CMN	2,259.24		2,357.44	98.20	
11-16-2011	09-16-2015	121	INTL PAPER CO. CMN	3,343.61		4,988.49		1,644.88
08-26-2015	09-22-2015	422	AES CORP CMN	4,890.09		4,425.04	(465.05)	
08-26-2015	09-28-2015	63	CATERPILLAR INC (DELAWARE) CMN	4,640.58		3,979.23	(661.35)	
09-25-2015	09-28-2015	31	CATERPILLAR INC (DELAWARE) CMN	2,015.00		1,958.03	(56.97)	
08-26-2015	10-06-2015	34	REYNOLDS AMERICAN INC. CMN	1,410.82		1,542.76	131.94	
08-26-2015	10-06-2015	44	REYNOLDS AMERICAN INC CMN	1,825.77		1,992.18	166.41	
08-26-2015	10-07-2015	83	REYNOLDS AMERICAN INC. CMN	3,444.07		3,742.71	298.64	
11-16-2011	10-07-2015	52	ELI LILLY & CO CMN	1,916.66		4,363.42		2,446.76
11-16-2011	10-07-2015	8	ELI LILLY & CO CMN	294.87		668.46		373.59
11-16-2011	10-07-2015	31	ELI LILLY & CO CMN	1,142.63		2,590.28		1,447.65
08-26-2015	10-07-2015	1	ELI LILLY & CO CMN	80.46		83.56	3.10	
08-26-2015	10-16-2015	107	EMERSON ELEC CO	4,933.77		4,849.25	(84.52)	
09-25-2015	10-16-2015	22	EMERSON ELEC CO	962.72		997.04	34.32	
09-25-2015	10-16-2015	31	EMERSON ELEC CO	1,356.56		1,397.35	40.79	
08-26-2015	10-28-2015	86	COVANTA HOLDING CORP CMN	1,680.44		1,429.09	(251.35)	
08-26-2015	10-28-2015	64	COVANTA HOLDING CORP CMN	1,250.56		1,093.11	(157.45)	
08-26-2015	10-28-2015	84	COVANTA HOLDING CORP CMN	1,641.36		1,425.54	(215.82)	
08-26-2015	10-28-2015	27	COVANTA HOLDING CORP CMN	527.58		463.11	(64.47)	
09-25-2015	10-28-2015	12	COVANTA HOLDING CORP CMN	219.12		205.83	(13.29)	
09-25-2015	10-28-2015	116	COVANTA HOLDING CORP CMN	2,118.16		1,962.89	(155.27)	

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - EQUITY INCOME ACCOUNT

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
08-26-2015	11-04-2015	71	REYNOLDS AMERICAN INC. CMN	2,946.13		3,261.16	315.03	
08-26-2015	11-30-2015	50	REYNOLDS AMERICAN INC. CMN	2,074.74		2,312.52	237.78	
08-26-2015	11-30-2015	95	REYNOLDS AMERICAN INC. CMN	3,942.01		4,424.12	482.11	
08-26-2015	11-30-2015	66	HASBRO INC. CMN	4,809.98		4,825.95	15.97	
09-25-2015	11-30-2015	19	HASBRO INC. CMN	1,418.92		1,389.29	(29.63)	
09-25-2015	11-30-2015	14	HASBRO INC. CMN	1,045.52		1,024.32	(21.20)	
10-16-2015	11-30-2015	108	QUALCOMM INC CMN	6,429.39		5,225.55	(1,203.84)	
10-16-2015	11-30-2015	27	QUALCOMM INC CMN	1,607.32		1,306.39	(300.93)	
08-26-2015	11-30-2015	257	KINDER MORGAN INC KANS	7,848.78		6,093.66	(1,755.12)	
09-25-2015	11-30-2015	126	KINDER MORGAN INC KANS	3,690.23		2,987.56	(702.67)	
08-26-2015	12-10-2015	114	DOW CHEMICAL CO CMN	4,674.00		6,248.63	1,574.63	
08-26-2015	12-10-2015	9	DOW CHEMICAL CO CMN	369.00		489.73	120.73	
TOTAL GAINS							3,519.65	10,035.72
TOTAL LOSSES							(6,138.93)	0.00
TOTAL REALIZED GAIN/LOSS							(2,619.28)	10,035.72

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

SPRINGMEYER FOUNDATION - SMID CAP EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
08-25-2015	09-02-2015	31	MALLINCKRODT PUB LTD C SHS	2,533.32		2,614.37	81.05	
08-25-2015	09-03-2015	84	HNI CORP COM	3,808.85		3,780.84	(28.01)	
08-25-2015	09-08-2015	12	GILEAD SCIENCES CMN	1,276.20		1,250.02	(26.18)	
08-25-2015	09-09-2015	152	E TRADE FINANCIAL CORP COM	3,806.08		4,137.36	331.28	
08-25-2015	09-15-2015	48	MENS WEARHOUSE INC (THE)CMN	2,664.00		2,312.68	(351.32)	
08-25-2015	09-18-2015	265	REGIONS FINANCIAL CORPORATION CMN	2,402.22		2,375.73	(26.49)	
08-25-2015	09-18-2015	111	REGIONS FINANCIAL CORPORATION CMN	1,006.21		990.01	(16.20)	
08-25-2015	09-22-2015	67	CINEMARK HOLDINGS INC. CMN	2,393.54		2,214.88	(178.66)	
08-25-2015	09-24-2015	193	GRAPHIC PACKAG HLDG CO COM	2,715.12		2,555.27	(159.85)	
08-25-2015	09-24-2015	156	GRAPHIC PACKAG HLDG CO COM	2,194.61		2,065.13	(129.48)	
08-25-2015	09-25-2015	65	AKORN INC COM	2,564.90		2,246.03	(318.87)	
08-25-2015	09-30-2015	519	RITE AID CORP	4,183.03		3,090.84	(1,092.19)	
09-25-2015	09-30-2015	261	RITE AID CORP	1,774.54		1,554.36	(220.18)	
08-25-2015	10-05-2015	118	SWIFT TRANSN CO CL A	2,258.18		1,859.05	(399.13)	
08-25-2015	10-05-2015	27	SWIFT TRANSN CO CL A	516.70		427.97	(88.73)	
09-25-2015	10-05-2015	73	SWIFT TRANSN CO CL A	1,165.08		1,157.12	(7.96)	
08-25-2015	10-06-2015	129	SILICON MOTION TECHNOLOGY	2,982.86		3,614.07	631.21	
09-25-2015	10-06-2015	65	SILICON MOTION TECHNOLOGY	1,723.15		1,821.04	97.89	
08-25-2015	10-07-2015	16	GLOBAL PMTS INC COM	1,717.66		1,967.93	250.27	
08-25-2015	10-14-2015	65	COMMUNITY HLTH SYS NEW COM	3,432.37		2,702.92	(729.45)	
09-25-2015	10-14-2015	32	COMMUNITY HLTH SYS NEW COM	1,429.76		1,330.67	(99.09)	

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - SMID CAP EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
08-25-2015	10-20-2015	0	CALATLANTIC GROUP INC COM	18.39		18.90	0.51	
08-25-2015	10-21-2015	26	GLOBAL PMTS INC COM	2,791.19		3,407.03	615.84	
09-25-2015	10-21-2015	20	GLOBAL PMTS INC COM	2,316.20		2,620.80	304.60	
08-25-2015	10-23-2015	109	GNC HLDGS INC COM CL A	4,951.04		3,791.98	(1,159.06)	
09-25-2015	10-23-2015	54	GNC HLDGS INC COM CL A	2,262.60		1,878.60	(384.00)	
08-25-2015	10-27-2015	26	CINEMARK HOLDINGS INC CMN	928.84		882.71	(46.13)	
08-25-2015	10-27-2015	50	CINEMARK HOLDINGS INC CMN	1,786.22		1,698.24	(87.98)	
09-25-2015	10-27-2015	38	CINEMARK HOLDINGS INC CMN	1,236.52		1,290.66	54.14	
08-25-2015	10-27-2015	60	G-III APPAREL GRP LTD COM	3,900.00		3,187.65	(712.35)	
09-25-2015	10-27-2015	31	G-III APPAREL GRP LTD COM	2,056.85		1,646.96	(409.89)	
08-25-2015	10-28-2015	130	EVERBANK FINL CORP COM	2,552.90		2,396.82	(156.08)	
09-25-2015	10-28-2015	145	EVERBANK FINL CORP COM	2,878.25		2,673.37	(204.88)	
08-25-2015	10-28-2015	160	EVERBANK FINL CORP COM	3,142.03		2,946.77	(195.26)	
08-25-2015	10-30-2015	564	BELLATRIX EXPLORATION COM	832.69		863.25	30.56	
09-25-2015	10-30-2015	282	BELLATRIX EXPLORATION COM	462.48		431.62	(30.86)	
08-25-2015	11-06-2015	118	AARONS INC COM PAR \$0.50	4,360.64		2,934.16	(1,426.48)	
09-25-2015	11-06-2015	59	AARONS INC COM PAR \$0.50	2,214.86		1,467.08	(747.78)	
08-25-2015	11-06-2015	49	WABTEC CORP COM	4,538.87		3,723.91	(814.96)	
09-25-2015	11-06-2015	24	WABTEC CORP COM	2,135.28		1,823.95	(311.33)	

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

SPRINGMEYER FOUNDATION - SMID CAP EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
10-12-2015	11-11-2015	116	BRISTOW GROUP INC COM	3,816.47		3,377.44	(439.03)	
08-25-2015	11-12-2015	47	MAXIMUS INC COM	2,799.32		2,541.40	(257.92)	
09-25-2015	11-12-2015	23	MAXIMUS INC COM	1,421.63		1,243.66	(177.97)	
08-25-2015	11-16-2015	26	ROADRUNNER TRANSN SVCS COM	548.86		267.83	(281.03)	
08-25-2015	11-16-2015	49	DOLLAR TREE INC COM	3,681.86		3,045.78	(636.08)	
09-25-2015	11-16-2015	24	DOLLAR TREE INC COM	1,678.08		1,491.81	(186.27)	
08-25-2015	11-16-2015	83	ROADRUNNER TRANSN SVCS COM	1,752.13		841.14	(910.99)	
09-25-2015	11-16-2015	54	ROADRUNNER TRANSN SVCS COM	1,027.62		547.24	(480.38)	
08-25-2015	11-17-2015	78	DICKS SPORTING GOODS INC	3,746.34		2,818.48	(927.86)	
09-25-2015	11-17-2015	39	DICKS SPORTING GOODS INC	1,925.04		1,409.24	(515.80)	
08-25-2015	11-17-2015	13	JETBLUE AIRWAYS CORPORATION CM	285.74		330.70	44.96	
08-25-2015	11-17-2015	41	JETBLUE AIRWAYS CORPORATION CM	901.18		1,034.83	133.65	
08-25-2015	11-17-2015	7	JETBLUE AIRWAYS CORPORATION CM	153.86		174.61	20.75	
08-25-2015	11-18-2015	3	JETBLUE AIRWAYS CORPORATION CM	65.94		74.55	8.61	
08-25-2015	11-18-2015	7	JETBLUE AIRWAYS CORPORATION CM	153.86		174.03	20.17	
08-25-2015	11-18-2015	15	JETBLUE AIRWAYS CORPORATION CM	329.70		372.14	42.44	
08-25-2015	11-20-2015	50	CORESITE	2,360.14		2,927.49	567.35	
08-25-2015	11-20-2015	268	SYNERGY RESOURCES	2,618.98		3,060.45	441.47	
08-25-2015	12-03-2015	178	MEMORIAL RESOURCE DEV COM	3,303.68		2,815.14	(488.54)	
09-25-2015	12-03-2015	89	MEMORIAL RESOURCE DEV COM	1,598.44		1,407.57	(190.87)	

Avalon Advisors, LLC
REALIZED GAINS AND LOSSES
SPRINGMEYER FOUNDATION - SMID CAP EQUITY

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
08-25-2015	12-08-2015	637	COWEN GROUP A	3,255.07		2,707.45	(547.62)	
08-25-2015	12-09-2015	86	CALATLANTIC GROUP INC COM	3,563.51		3,335.14	(228.37)	
09-25-2015	12-09-2015	44	CALATLANTIC GROUP INC COM	1,877.38		1,695.90	(181.48)	
08-25-2015	12-11-2015	18	TRANSDIGM GROUP INC COM	4,030.92		4,036.16	5.24	
09-25-2015	12-11-2015	8	TRANSDIGM GROUP INC COM	1,792.28		1,793.85	1.57	
08-25-2015	12-15-2015	38	SKYWORKS SOLUTIONS INC	3,126.26		2,970.13	(156.13)	
09-25-2015	12-15-2015	18	SKYWORKS SOLUTIONS INC	1,571.76		1,406.90	(164.86)	
08-25-2015	12-21-2015	72	LGI HOMES INC	1,701.93		1,548.14	(153.79)	
09-25-2015	12-21-2015	37	LGI HOMES INC	1,068.93		795.57	(273.36)	
08-25-2015	12-21-2015	45	HEARTLAND PMT SYS INC COM	2,606.68		4,224.15	1,617.47	
09-25-2015	12-21-2015	23	HEARTLAND PMT SYS INC COM	1,465.79		2,159.01	693.22	
TOTAL GAINS							5,994.25	0.00
TOTAL LOSSES							(17,757.19)	0.00
TOTAL REALIZED GAIN/LOSS							(11,762.94)	0.00

Avalon Advisors, LLC

REALIZED GAINS AND LOSSES

SPRINGMEYER FOUNDATION - INTERNATIONAL EQUITY INCOME (ADR)

From 01-01-15 Through 12-31-15

Open Date	Close Date	Quantity	Security	Cost Basis	Amort. or Accretion	Proceeds	Gain Or Loss	
							Short Term	Long Term
08-24-2015	08-26-2015	140	ROYAL DUTCH SHELL PLC SPONSORED ADR CMN SE	6,948.20		6,940.96	(7.24)	
08-24-2015	08-26-2015	120	TRANSCANADA CORP COM	3,954.53		3,887.58	(66.95)	
08-24-2015	08-27-2015	90	WOODSIDE PETE LTD SPONSORED ADR	1,915.20		2,024.26	109.06	
08-24-2015	09-16-2015	70	JARDINE CYCLE & C-UNSPON ADR	2,777.60		2,873.01	95.41	
08-24-2015	10-21-2015	141	ASTRAZENECA PLC SPONSORED ADR	4,324.63		4,296.95	(27.68)	
08-24-2015	10-21-2015	195	TELEFONICA S.A. ADR	2,698.80		2,444.18	(254.62)	
08-24-2015	12-09-2015	1	FERROVIAL SA-UNSPONSORED ADR	20.71		21.29	0.58	
TOTAL GAINS							205.05	0.00
TOTAL LOSSES							(356.49)	0.00
TOTAL REALIZED GAIN/LOSS						22,488.23	(151.44)	0.00