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Form .990

SCANNED JAN 2

For Paperwork Reduction Act Notice, see the separate instructions. DAA

Department of the Treasury Internal Revenue Service

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

▶ Do not enter Social Security numbers on this form as it may be made public.

Information about Form 990 and its instructions is at www.irs.gov/form990.

2013
Open to Public Inspection

A	For the 2013 c		//01/13 , ar	nd ending 06/3	0/14						
В	Check if applicable	C Name of organization				D En	nployer identification number				
\sqsubseteq	Address change	OMEGA WELLI	NESS GROUP			\dashv ,	0.000000				
Ш	Name change	Doing Business As Number and street (or P O box if mail is not delivered to	to street address)		Room/suite		0-2996363				
	Initial return	44 STORER ROAD	10 311001 4041033/		rtoonpoulo		iopriorio nambor				
	Terminated	City or town, state or province, country, and ZIP or fore	eign postal code								
$\overline{\Box}$	Amended return	BRUNSWICK	ME 04011			G Gross	s receipts \$ 15,150				
		F Name and address of pnncipal officer		<u>-</u>							
	Application pending				H(a) is the	his a group return for subordinates? Yes No					
					H(b) Are	all subordinates	included? Yes No				
						If "No," attach a	list (see instructions)				
<u>, </u>	Tax-exempt status		insert no) 49	47(a)(1) or 527							
<u>J</u>	Website· ▶ V	WW.OMEGAWELLNESS.ORG	_		H(c) Gro	oup exemption nu	mber -				
	Form of organization	X Corporation Trust Association	Other >		L Year of formation	on	M State of legal domicile				
_F		ımmary									
	1	escribe the organization's mission or most sig									
9		PROVIDE COMMUNITY EDUCATION			ro -						
Activities & Governance		TS WHO SEEK A BETTER LIFE: IC'S UNDERSTANDING OF PRE									
Ve		· · ·									
တိ		is box ▶ if the organization discontinued of voting members of the governing body (Pa		disposed of more than	25% OF ILS FIELD	1	3 0				
<u>ಹ</u>		of independent voting members of the govern	•	line 1h)		_	4 0				
ij	li .	nber of individuals employed in calendar year	-			—	5 0				
휹		nber of volunteers (estimate if necessary)	<u></u>	6 0							
4		elated business revenue from Part VIII, colur	nn (C), line 12			_	/a 0				
	i	lated business taxable income from Form 99	• • •				/b 0				
_	1		<u> </u>		Pt	rior Year	Current Year				
<u>a</u>	8 Contribu	tions and grants (Part VIII, line 1h)				12,60	00 15,150				
Revenue	9 Program	service revenue (Part VIII, line 2g)			-		0				
Š	10 Investme	ent income (Part VIII, column (A), lines 3, 4, a	ınd 7d)			0					
ш.	11 Other re	venue (Part VIII, column (A), lines 5, 6d, 8c, 9	•			10.66	0				
_	1	enue – add lines 8 through 11 (must equal P), line 12)		12,60					
	l .	nd similar amounts paid (Part IX, column (A),					0 0				
		paid to or for members (Part IX, column (A),		6 40)		0					
Expenses	15 Salanes,	other compensation, employee benefits (Par					0				
ĕ	h Total fun	onal fundraising fees (Part IX, column (A), line		RECEIV	ドーナ						
X	17 Other ev	draising expenses (Part IX, column (D), line 2 penses (Part IX, column (A), lines 11a–11d, :		. 1.2010,17		38,59	37,309				
	1	penses Add lines 13–17 (must equal Part IX,		8 JAN 1 5 2	2015 61	38,59					
	19 Revenue	less expenses Subtract line 18 from line 12	1 '	S DAIL TO G		-25,99					
58	3 3 3	•	1	OORELI	- Beginning	of Current Yea	r End of Year				
Net Assets or	20 Total ass	sets (Part X, line 16)	L	OGDEN,	ULL	535,56	56 513,407				
T A	21 Total liat	ollities (Part X, line 26)	_				0 0				
		ets or fund balances Subtract line 21 from line	e 20			535,56	56 513,407				
		gnature Block	,								
U tr	Inder penalties of	perjury, I declare that Thave examined this return is properly the Declaration of preparer (other than officer	including accompany	ring schedules and stater	nents, and to the r has any knowler	best of my kno	owledge and belief, it is				
	de, correct, and e	Implete destration of the parent grant gra) is pased on all lines		Thus drift knowled		10/11-				
Qi.	an l	Signatupe of officer					Date / // S				
Sig	ere					•					
	1 1	Type or print name and title									
-		e preparer's name	Preparer's signature		D	ate Cr	neck of PTIN				
Pai	ia ``	INE DARLING	LORRAINE DARL	ING	ا ا)1/06/15 se					
Pre	eparer Firm's na	TODDATATE T DAI	RLING, CP			Firm's EIN	E4 ACORERC				
Us	e Only	26 UNION PARK									
	Firm's ad	. MODOTIAN ME O	4086			Phone no	207-798-4808				
Ma		s this return with the preparer shown above?	(see instructions)			•	X Yes No				

Form **990** (2013)

	OMEGA WELLNESS G		20-2996363	Page 2
	tatement of Program Ser		to this Book III	
	neck if Schedule O contain the the organization's mission	ns a response or note to any line	in this Part III	
		JCATION AND PERSONAL	SUPPORT TO	
		R LIFESTYLE AND TO 1		
PUBLIC'S	S UNDERSTANDING	OF PREVENTITIVE HEAD	TH AND WELLNESS	
2 Did the orga	nızatıon undertake any significant	program services during the year which	were not listed on the	
· ·	90 or 990-EZ?			Yes X No
	cribe these new services on Sche			
3 Did the organiservices?	nization cease conducting, or mai	e significant changes in how it conducts	, any program	Yes X No
	cnbe these changes on Schedule	0		165 45 140
	_	ccomplishments for each of its three larg	gest program services, as measured by	
expenses S	ection 501(c)(3) and 501(c)(4) org	anizations are required to report the am	ount of grants and allocations to others,	
the total exp	enses, and revenue, if any, for ea	ch program service reported		
4a (Code) (Expenses \$	37,309 including grants of \$) (Revenue \$)
		JCATION AND PERSONAL		
		R LIFESTYLE AND TO		
POBLIC	S AWARENESS OF P.	REVENTITIVE HEALTH A	AND WELLINESS.	
4b (Code) (Expenses \$	including grants of \$) (Revenue \$	
<u></u>				,
4c (Code) (Expenses \$	including grants of \$) (Revenue \$,
	am services (Describe in Schedu		·-	
(Expenses		cluding grants of \$ 37,309) (Revenue \$)
4e Total progra	ım service expenses ▶	31,309	<u></u>	Form 990 (2013
				10111 000 (2010

<u>011</u> 11 000 1	20.0		***************************************	
Part IV	·	Checklist	of Required	Schedules
			,	

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1	x	
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)?	2		X
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to			
•	candidates for public office? If "Yes," complete Schedule C, Part I	3		X
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h)			
	election in effect during the tax year? If "Yes," complete Schedule C, Part II	4		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues,		ĺ	
	assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C,			
	Part III	5		X
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors	Ī		
	have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If		l	
	"Yes," complete Schedule D, Part I	6		X
7	Did the organization receive or hold a conservation easement, including easements to preserve open space,	ļ	- 1	
	the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		X
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes,"		}	
	complete Schedule D, Part III	8		X
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a			
	custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or			
	debt negotiation services? If "Yes," complete Schedule D, Part IV	9		X
0	Did the organization, directly or through a related organization, hold assets in temporarily restricted			••
	endowments, permanent endowments, or quasi-endowments? If "Yes," complete Schedule D, Part V	10		X
1	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI,			
	VII, VIII, IX, or X as applicable	- 1	ŧ	
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes,"	44-	x	
_	complete Schedule D, Part VI	11a	^	
b	Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		x
_	Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more—	110		
_ C 	of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		X
d	Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets			
u	reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		X
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		X
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses			-
	the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f		X
2a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete			
	Schedule D, Parts XI and XII	12a		X
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if			
	the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		X
3	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		X
4a		14a		X
þ				
	fundraising, business, investment, and program service activities outside the United States, or aggregate			~-
	foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV	14b		<u> </u>
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or			v
	for any foreign organization? If "Yes," complete Schedule F, Parts II and IV	15		_X_
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other	46		¥
17	assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e2 if "Yes," complete Schedule G, Part I (see instructions)	17		x
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on	- ' '		
.0	Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18		X
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a?	.,		
. •	If "Yes," complete Schedule G, Part III	19		X
20a	in the second se	20a		X
	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
			- 90/	1,0040

Pa	int IV Checklist of Required Schedules (continued)			
			Yes	No
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or			
	government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		X
22	Did the organization report more than \$5,000 of grants or other assistance to individuals in the United States			
	on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		X
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the			
	organization's current and former officers, directors, trustees, key employees, and highest compensated			
	employees? If "Yes," complete Schedule J	23		X
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than			
	\$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b			
	through 24d and complete Schedule K If "No," go to line 25a	24a		X
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
С	Did the organization maintain an escrow account other than a refunding escrow at any time during the year			
	to defease any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25a	Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction			
	with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		X
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior			
	year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ?		1	
	If "Yes," complete Schedule L, Part I	25b		X
26	Did the organization report any amount on Part X, line 5, 6, or 22 for receivables from or payables to any			
	current or former officers, directors, trustees, key employees, highest compensated employees, or			
	disqualified persons? If so, complete Schedule L, Part II	26		X
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee,			
	substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled			
	entity or family member of any of these persons? If "Yes," complete Schedule L, Part III	27		X
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L,			
	Part IV instructions for applicable filing thresholds, conditions, and exceptions)			
а	A current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28a		X
b	A family member of a current or former officer, director, trustee, or key employee? If "Yes," complete	-	-	
	Schedule L, Part IV	28b		х
С	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof)			
	was an officer, director, trustee, or direct or indirect owner? If "Yes," complete Schedule L, Part IV	28c		Х
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		Х
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified			
	conservation contributions? If "Yes," complete Schedule M	30		X
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N,			
	Part I	31	ł	X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes,"			
	complete Schedule N, Part II	32		X
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations			
	sections 301 7701-2 and 301 7701-3? If "Yes," complete Schedule R, Part I	33		Х
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Parts II, III,			
	or IV, and Part V, line 1	34		X
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		X
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a			
	controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable		Ĭ	
	related organization? If "Yes," complete Schedule R, Part V, line 2	36		X
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization	<u></u>		
	and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R,	[
	Part VI	37		x
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and			
	19? Note. All Form 990 filers are required to complete Schedule O	38	X	

	Statements Regarding Other IRS Filings and Tax Compliance			age o
	Check if Schedule O contains a response or note to any line in this Part V			
			Yes	No
1a	Enter the number reported in Box 3 of Form 1096 Enter -0- if not applicable			
b	Enter the number of Forms W-2G included in line 1a Enter -0- if not applicable 1b	_		
С	Did the organization comply with backup withholding rules for reportable payments to vendors and			
	reportable gaming (gambling) winnings to prize winners?	1c		X
2a				
	Statements, filed for the calendar year ending with or within the year covered by this return 2a	-		
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b		ļ
_	Note. If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)			.,
3a	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a	_	X
b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation in Schedule O	3b		\vdash
4a	, , , , , , , , , , , , , , , , , , , ,			
	over, a financial account in a foreign country (such as a bank account, securities account, or other financial	4.		x
	account)? If "Yes," enter the name of the foreign country ▶	4a		
U	See instructions for filing requirements for Form TD F 90-22 1, Report of Foreign Bank and Financial Accounts			
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		x
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		X
c	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c		
6a				
	organization solicit any contributions that were not tax deductible as charitable contributions?	6a		x
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or			
	gifts were not tax deductible?	6b		
7	Organizations that may receive deductible contributions under section 170(c).			
а	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods			
	and services provided to the payor?	7a		
þ	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		
С	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was			-
_	required to file Form 8282?	7c		
	If "Yes," indicate the number of Forms 8282 filed during the year	┦╻╽		
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		<u> </u>
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7f		<u> </u>
g h	If the organization received a contribution of qualified intellectual property, did the organization file a Form 1098-C?	7g 7h		
8	Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting	'''		
•	organizations. Did the supporting organization, or a donor advised fund maintained by a sponsoring			
	organization, have excess business holdings at any time during the year?	8		
9	Sponsoring organizations maintaining donor advised funds.			
а	Did the organization make any taxable distributions under section 4966?	9a		
b	Did the organization make a distribution to a donor, donor advisor, or related person?	9b		
10	Section 501(c)(7) organizations. Enter			
а	Initiation fees and capital contributions included on Part VIII, line 12	-		
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	4		
11	Section 501(c)(12) organizations. Enter			
а	Gross income from members or shareholders 11a	-		
b	Gross income from other sources (Do not net amounts due or paid to other sources			
40.	against amounts due or received from them) 11b	┦,,		
	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041? If "Yes," enter the amount of tax-exempt interest received or accrued during the year 12b	12a		
13	If "Yes," enter the amount of tax-exempt interest received or accrued during the year Section 501(c)(29) qualified nonprofit health insurance issuers.	-[
a	Is the organization licensed to issue qualified health plans in more than one state?	13a		<u> </u>
-	Note. See the instructions for additional information the organization must report on Schedule O			
b	Enter the amount of reserves the organization is required to maintain by the states in which			
	the organization is licensed to issue qualified health plans			
С	Enter the amount of reserves on hand			
14a	Did the organization receive any payments for indoor tanning services during the tax year?	14a		X
b	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O	14b		
DAA	——···	For	ա 99 ((2013)

Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions. X Check if Schedule O contains a response or note to any line in this Part VI Section A. Governing Body and Management Yes No Enter the number of voting members of the governing body at the end of the tax year 1a If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain in Schedule O b Enter the number of voting members included in line 1a, above, who are independent 1b Did any officer, director, trustee, or key employee have a family relationship or a business relationship with X any other officer, director, trustee, or key employee? 2 3 Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, or trustees, or key employees to a management company or other person? 4 Did the organization make any significant changes to its governing documents since the prior Form 990 was filed? 4 Did the organization become aware during the year of a significant diversion of the organization's assets? 5 6 6 Did the organization have members or stockholders? 7a Did the organization have members, stockholders, or other persons who had the power to elect or appoint X one or more members of the governing body? 7a b Are any governance decisions of the organization reserved to (or subject to approval by) members, X stockholders, or persons other than the governing body? 7b 8 Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following The governing body? 8a X Each committee with authority to act on behalf of the governing body? 8b Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at X the organization's mailing address? If "Yes," provide the names and addresses in Schedule O Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code) No 10a Did the organization have local chapters, branches, or affiliates? 10a If "Yes." did the organization have written policies and procedures governing the activities of such chapters. affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes? 10b X 11a Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form? 11a b Describe in Schedule O the process, if any, used by the organization to review this Form 990 Did the organization have a written conflict of interest policy? If "No," go to line 13 X 12a 12a X b Were officers, directors, or trustees, and key employees required to disclose annually interests that could give use to conflicts? 12b Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe in Schedule O how this was done 12c 13 Did the organization have a written whistleblower policy? 13 14 Did the organization have a written document retention and destruction policy? 14 15 Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision? The organization's CEO, Executive Director, or top management official 15a Other officers or key employees of the organization 15b If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions) 16a Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement X with a taxable entity during the year? 16a b If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements? 16b Section C. Disclosure 17 List the states with which a copy of this Form 990 is required to be filed ▶ None 18 Section 6104 requires an organization to make its Forms 1023 (or 1024 if applicable), 990, and 990-T (Section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply Own website Another's website X Upon request Other (explain in Schedule O) 19 Describe in Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year 20 State the name, physical address, and telephone number of the person who possesses the books and records of the organization > LORRAINE dARLING, CPA 26 UNION PARK **TOPSHAM** ΜE 04086

			•	
Form 990 (2013)	OMEGA	WELLNESS	GROUP	

20-2996363

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Part VII	Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensation	ed Employees, and
	Independent Contractors	• •

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year
- List all of the organization's current officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation Enter -0- in columns (D), (E), and (F) if no compensation was paid
 - List all of the organization's current key employees, if any See instructions for definition of "key employee"
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations. List persons in the following order individual trustees or directors, institutional trustees, officers, key employees, highest compensated employees, and former such persons

Check this box if neither the organization nor any related organizations compensated any current officer, director, or trustee

(A) Name and Title	(B) Average hours per week (list any hours for		x, unle ficer a	Pos check ess pe nd a d	rson ı	than o s both r/truste	an e)	(D) Reportable compensation from the organization	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the
	related organizations below dotted line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	(W-2/1099-MISC)	(W-2 1033-MIGC)	organization and related organizations
(1) DR. TIMOTHY HOWE										.
	0.00								_	
MED ADVISORY	0.00	X	<u> </u>	_	<u> </u>	 		0	0	0
(2) ADRIANNA CROOKER				1						
	0.00			_		-	-			
BOARD MEMBER	- 0.00 ⁻	X		<u> </u>	<u> </u>	 		0	0	0
(3) JIM HOWARD		ŀ								
	0.00	l				[
BOARD MEMBER	0.00	X	<u> </u>	L.	_	<u> </u>		0	0	0
(4) SHERYL MCWILLIAM								1		
	0.00								_	
BOARD MEMBER	0.00	X	_	<u> </u>	_			0	0	0
(5) THEODORE CROOKER										
	0.00							_		
PRESIDENT	0.00		<u> </u>	X	_	<u> </u>		0	0	0
(6) STEVEN JOHNSON						ļ				
	0.00			l					_	
SECRETARY/TR	0.00	1	\vdash	X	_	-		0	0	0
(7)				!						
(8)					<u> </u>					
(9)										
(10)										
(11)										

-	(A) Name and title	(B) Average hours per week (list any hours for	bo of	x, unle ficer a	Pos check ess pe nd a d	more rson ı	than or s both a r/truste	an e)	(D) Reportable compensation from the organization	(E) Reportable compensation from related organizations (W-2/1099-MISC)	e cor	(F) stimated mount of other npensation the	•	
		related organizations below dotted line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	(W-2/1099-MISC)	(or aı	ganizatio id relate anization	i i	
(12)														
(13)														
(14)								_						_
(15)														
(16)														_
(17)														—
(18)														
(19)						-		-					_	
1b c d	Sub-total Total from continuation she Total (add lines 1b and 1c)	ets to Part VII, S	ectio	on A	L	<u> </u>		> > >						_
2	Total number of individuals (in reportable compensation from	cluding but not ling the organization	nited ▶	to th	ose	liste	d abo	ve)	who received more than \$1	00,000 in		Ι¥	es N	No No
3	Did the organization list any for employee on line 1a? If "Yes,"	complete Schedi	ule J	for s	uch i	ındıv	idual					3		X
4	For any individual listed on line organization and related organization and related organization	nizations greater t	han s	\$150	,000	? If "	Yes,"	cor	mplete Schedule J for such			4	:	<u>x</u> _
5	Did any person listed on line 1 for services rendered to the or	rganization? If "Ye								dividual —		5	:	<u>x</u> _
Sect 1	ion B. Independent Contractor Complete this table for your fix compensation from the organi	e highest compe	nsate	ed in	depe	nde	nt cor	ntrac	ctors that received more that	in \$100,000 of the organization's tax year				
	Name an	(A) d business address							Descri	(B) otion of services		Comp	(C) ensation	
														—
													 -	—
			-									•		—
2	Total number of independent received more than \$100,000	contractors (inclu of compensation	dıng from	but r	ot lir orga	nited nizat	l to th	ose	listed above) who	0				
DAA												Form	990 c	201:

Form 990 (2013) OMEGA WELLNESS GROUP 20-2996363 Page 9 Part VIII Statement of Revenue Check if Schedule O contains a response or note to any line in this Part VIII (D) Revenue excluded from tax (A) Total revenue (C) Unrelated exempt function business 512-514 revenue 1a Federated campaigns 1a **b** Membership dues 1b c Fundraising events 1c 1d d Related organizations Government grants (contributions) 1e All other contributions, gifts, grants, and similar amounts not included above 1f 15,150 g Noncash contributions included in lines 1a-1f 15,150 h Total. Add lines 1a-1f Program Service Revenue Busn. Code b C f All other program service revenue g Total. Add lines 2a-2f Investment income (including dividends, interest, and other similar amounts) Income from investment of tax-exempt bond proceeds Royalties (ı) Real (II) Personal 6a Gross rents b Less rental exps Rental inc or (loss) Net rental income or (loss) Gross amount from (i) Secunties (II) Other sales of assets other than inventor Less cost or other basis & sales exps c Gain or (loss) ▶ d Net gain or (loss) 8a Gross income from fundraising events Other Revenue (not including \$ of contributions reported on line 1c) See Part IV, line 18 b Less direct expenses c Net income or (loss) from fundraising events 9a Gross income from gaming activities See Part IV, line 19 b Less direct expenses c Net income or (loss) from gaming activities 10a Gross sales of inventory, less returns and allowances b Less cost of goods sold b c Net income or (loss) from sales of inventory Miscellaneous Revenue Busn Code

15,150

0

0

11a b

All other revenue

Total. Add lines 11a-11d

Total revenue. See instructions

Part IX Statement of Functional Expenses

Secti	on 501(c)(3) and 501(c)(4) organizations must co Check if Schedule O contains a respo			ete column (A)	X
Do n	ot include amounts reported on lines 6b,	(A) Total expenses	(B) Program service	(C) Management and	(D) Fundraising
7b, 8	b, 9b, and 10b of Part VIII.	i otal ozpoliada	expenses	general expenses	expenses
1	Grants and other assistance to governments and				
	organizations in the U.S. See Part IV, line 21				
2	Grants and other assistance to individuals in				
	the U.S. See Part IV, line 22				***************************************
3	Grants and other assistance to governments,				
	organizations, and individuals outside the				
	U S See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors,				
_	trustees, and key employees				
6	Compensation not included above, to disqualified				
	persons (as defined under section 4958(f)(1)) and				
_	persons described in section 4958(c)(3)(B)				
7	Other salaries and wages				
8	Pension plan accruals and contributions (include				
_	section 401(k) and 403(b) employer contributions)				
9	Other employee benefits				
10	Payroll taxes				
11	Fees for services (non-employees)				
a	Management				
b	Legal	791	791		
C	Accounting	791	191		
d	Lobbying Professional fundraising converse. See Bart IV. line 17.				
e f	Professional fundraising services See Part IV, line 17 Investment management fees				
	Other (If line 11g amount exceeds 10% of line 25, column				-
g	(A) amount, list line 11g expenses on Schedule O)	21,545	21,545		
12	Advertising and promotion				
13	Office expenses				
14	Information technology		-		
15	Royalties				
16	Occupancy	-,			
17	Travel				
18	Payments of travel or entertainment expenses				
-	for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	*			-
20	Interest				
21	Payments to affiliates				
22	Depreciation, depletion, and amortization	14,973	14,973	-	
23	Insurance				
24	Other expenses Itemize expenses not covered				
	above (List miscellaneous expenses in line 24e If				
	line 24e amount exceeds 10% of line 25, column				
	(A) amount, list line 24e expenses on Schedule O)				
а					
b					
C					
d					
е	All other expenses	25 222	A		_
25	Total functional expenses. Add lines 1 through 24e	37,309	37,309	.0	0
26	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here if following SOP 98-2 (ASC 958-720)				

Part X

Check if Schedule O contains a response or note to any line in this Part X (A) (B) Beginning of year End of year 7,975 789 Cash-non-interest bearing 2 2 Savings and temporary cash investments Pledges and grants receivable, net 3 847 847 4 Accounts receivable, net Loans and other receivables from current and former officers, directors, trustees, key employees, and highest compensated employees Complete Part II of Schedule L 6 Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), persons described in section 4958(c)(3)(B), and contributing employers and sponsoring organizations of section 501(c)(9) voluntary employees' beneficiary organizations (see instructions) Complete Part II of Schedule L 6 Notes and loans receivable, net 7 8 Inventories for sale or use 16,751 16,751 9 Prepaid expenses and deferred charges 10a Land, buildings, and equipment cost or 481,224 other basis Complete Part VI of Schedule D 10a 50,357 441,257 430,867 10b 10c b Less accumulated depreciation 11 11 Investments—publicly traded securities 12 Investments-other securities See Part IV. line 11 13 13 Investments-program-related See Part IV, line 11 40,280 44,863 14 Intangible assets 23,873 23,873 15 15 Other assets See Part IV, line 11 535,566 513,407 16 16 Total assets. Add lines 1 through 15 (must equal line 34) Accounts payable and accrued expenses 17 17 18 18 Grants payable 19 Deferred revenue 19 20 20 Tax-exempt bond liabilities 21 21--Escrow or custodial account liability. Complete Part IV of Schedule D. 22 Loans and other payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons Complete Part II of Schedule L 22 23 23 Secured mortgages and notes payable to unrelated third parties Unsecured notes and loans payable to unrelated third parties 24 Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24) Complete Part X of Schedule D 25 0 0 26 Total liabilities. Add lines 17 through 25 X and Organizations that follow SFAS 117 (ASC 958), check here ▶ Net Assets or Fund Balances complete lines 27 through 29, and lines 33 and 34. 535,566 513,407 27 27 Unrestricted net assets 28 Temporanly restricted net assets 28 29 29 Permanently restricted net assets Organizations that do not follow SFAS 117 (ASC 958), check here ▶ and complete lines 30 through 34. 30 30 Capital stock or trust principal, or current funds 31 Paid-in or capital surplus, or land, building, or equipment fund 31 32 Retained earnings, endowment, accumulated income, or other funds 32 <u>535,566</u> 513,407 33 Total net assets or fund balances 33 535,566 513,407 Total liabilities and net assets/fund balances

Form 990 (2013)

SCHEDULE A

(Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service Name of the organization

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ Attach to Form 990 or Form 990-EZ.

▶ Information about Schedule A (Form 990 or 990-EZ) and its instructions is at www.irs.gov/form990.

OMB No 1545-0047

Open to Public Inspection

OMEGA WELLNESS GROUP

Employer Identification number 20-2996363

Pi	art I	Reaso	on for Public Charity S	Status (All organizations r	nust co	mplete t	his pai	rt.) See	instru	uctions	S			
he	orgar	nization is not a	private foundation because	it is. (For lines 1 through 11, che	ck only or	ne box)								
1		A church, con	vention of churches, or associ	ciation of churches described in	section 1	70(b)(1)(/	A)(i).							
2	П	A school desc	inbed in section 170(b)(1)(A)(ii). (Attach Schedule E)										
3	П			organization described in section	on 170(b)	(1)(A)(iii)								
4	П	•	•	n conjunction with a hospital des				(A)(iii).	Enter th	e hospi	tal's name.			
		city, and state	•				- (- / ()				•			
5	\Box	•		a college or university owned or	operated	hy a gove	rnmenta	l unit de	scribed	ın				
·	Щ	•	b)(1)(A)(iv). (Complete Part I		opo.u.ou	-, - g								
6					tion 170/	h)/1)/A)/ _\	Α.							
7	H	A federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v). An organization that normally receives a substantial part of its support from a governmental unit or from the general public												
•	Ш	•												
۰		described in section 170(b)(1)(A)(vi). (Complete Part II) A community trust described in section 170(b)(1)(A)(vi). (Complete Part II)												
8	X	_		more than 33 1/3% of its suppor		atabutions	mombo	archin fo	oc and	arose				
9	A													
	receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses													
		• • • • • •	•				i tax) ii	oni busii	100000					
40	\Box	•	•	1975 See section 509(a)(2) . (-		-\/4\							
10	H	•	•	clusively to test for public safety		-		00504 011	tho					
11				clusively for the benefit of, to per diorganizations described in sect						tion				
				e type of supporting organization										
		— <u>`</u> —```		· —		•	ا انتخارا ا	_		n function	on ally unto grat	ad		
_	a Type I Type III C Type III—Functionally integrated Type III—Non-functionally integrated													
e	By checking this box, I certify that the organization is not controlled directly or indirectly by one or more disqualified persons other than foundation managers and other than one or more publicly supported organizations described in section 509(a)(1)													
		or section 509	=	than one of more publicly suppo	inted Organ	inzations (icaci ibc	a III 300t	1011 000	(4)(1)				
			· · · ·	mination from the IRS that it is a	Type I Ty	nell or T	vna III s	- unnortin	 n	-				
-	_	=	check this box	illiation from the into that it is a	Type I, Ty	pe 11, 01 1	ype iii s	apportir	9					
_		-		on accepted any gift or contribution	on from a	ny of the								
g		_		in accepted any girt or contribution	on nom a	ny or the								
		following per		trols, either alone or together wi	th nerson	e describe	d in (ii) s	nd				Yes	No	
			v, the governing body of the s	· · · · · · · · · · · · · · · · · · ·	in person.	3 describe	u III (II) e	1110			11g(i)	1.03	1	
		• •	member of a person describe	•							11g(ii)	 	1	
		• •	ontrolled entity of a person de	• •							11g(iii	_	1	
h			ollowing information about the	,, ,,							[118(11	а	ı	
<u>h</u>	II) Nam	e of supported		(III) Type of organization	(iv) Is the	organization	(v) Did v	ou notify	(vi)	s the	(vii) Amount	of mon	etany	
,		ganization	(li) EIN	(described on lines 1–9	1 ' '	sted in your		nization in	organizat	ion in col	sup		otal y	
				above or IRC section	governing	document?		of your port?		zed in the				
				(see instructions))	Yes	No	Yes	No	Yes	No				
(A)					† · · · ·	"								
~,			1											
(B)					†									
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(C)					†	 								
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(E)														
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For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Schedule A (Form 990 or 990-EZ) 2013

Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III.)

Sec	tion A. Public Support								
Caler	dar year (or fiscal year beginning in) ▶	(a) 2009	(b) 2010	(c) 2011	(d) 2012	(e) 2013	(f) Total		
1	Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants")					_			
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf								
3	The value of services or facilities furnished by a governmental unit to the organization without charge								
4	Total. Add lines 1 through 3								
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)								
6	Public support. Subtract line 5 from line 4						- <u>-</u>		
Sec	tion B. Total Support				_				
Caler	dar year (or fiscal year beginning in)	(a) 2009	(b) 2010	(c) 2011	(d) 2012	(e) 2013	(f) Total		
7	Amounts from line 4								
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources								
9	Net income from unrelated business activities, whether or not the business is regularly carried on								
10	Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV)	.			. –				
11	Total support. Add lines 7 through 10								
12	Gross receipts from related activities, etc. (see instructions)				12			
13	First five years. If the Form 990 is for the o	organization's first,	second, third, four	rth, or fifth tax year a	is a section 501(c)((3)			
	organization, check this box and stop here						•		
Sec	tion C. Computation of Public Su	pport Percent	age		· · · · · · · · · · · · · · · · · · ·				
14	Public support percentage for 2013 (line 6,	column (f) divided	by line 11, column	(f))		14	%		
15	Public support percentage from 2012 Schei	· · · · · ·				15	%		
16a	33 1/3% support test—2013. If the organic	zation did not chec	k the box on line 1	3, and line 14 is 33	1/3% or more, chee	ck this	_		
	box and stop here. The organization qualif	•					▶ _		
b	33 1/3% support test—2012. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more,								
	check this box and stop here. The organization	•		•					
17a	10%-facts-and-circumstances test—2013. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is								
	10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here. Explain in								
	Part IV how the organization meets the "fac	ts-and-circumstand	ces" test. The orga	anization qualifies as	a publicly supporte	ed			
	organization								
þ	10%-facts-and-circumstances test—2012. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line								
	15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here.								
	Explain in Part IV how the organization mee	ets the "tacts-and-c	rcumstances" tes	t The organization (qualities as a public	ay	_		
	supported organization						▶		
40	••	4-61	. l	47 47- 1 :	46 6		_		
18	Private foundation. If the organization did instructions	not check a box or	n line 13, 16a, 16b	, 17a, or 17b, check	this box and see				

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 9 of Part I or if the organization failed to qualify under Part II If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	tion A. Public Support			· •					
Calen	dar year (or fiscal year beginning in)	(a) 2009	(b) 2010	(c) 2011	(d) 2012	(e) 2013	(f) Total		
1	Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants")	66,781	11,150	2,337	12,600	15,150	108,018		
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose		120				120		
3	Gross receipts from activities that are not an unrelated trade or business under section 513								
4	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf		:						
5	The value of services or facilities furnished by a governmental unit to the organization without charge								
6	Total. Add lines 1 through 5	66,781	11,270	2,337	12,600	15,150	108,138		
7a	Amounts included on lines 1, 2, and 3 received from disqualified persons								
b	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year								
с 8	Add lines 7a and 7b Public support (Subtract line 7c from line 6)								
Sec	tion B. Total Support	I I					108,138		
	ndar year (or fiscal year beginning in)	(a) 2009	(b) 2010	(c) 2011	(d) 2012	(e) 2013	(f) Total		
9	Amounts from line 6	66,781	11,270		12,600	15,150	108,138		
10a	Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources		·						
b	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975								
С	Add lines 10a and 10b		_						
11	Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						4-VETV		
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV)								
13	Total support. (Add lines 9, 10c, 11, and 12)	66,781	11,270	2,337	12,600	15,150	108,138		
14	First five years. If the Form 990 is for the						100,130		
	organization, check this box and stop here	•	,	,		-,	▶ [
Sec	tion C. Computation of Public Su	pport Percent	age						
15	Public support percentage for 2013 (line 8,	column (f) divided b	y line 13, column	(f))		15	100.00%		
16	Public support percentage from 2012 Sche	dule A, Part III, line	15	·		16	100.00%		
Sec	tion D. Computation of Investme								
17	Investment income percentage for 2013 (li			column (f))		17	<u>%</u>		
18	Investment income percentage from 2012					18	<u>%</u>		
19a	33 1/3% support tests—2013. If the orga						► X		
h									
U	b 33 1/3% support tests—2012. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3%, and line 18 is not more than 33 1/3%, check this box and stop here . The organization qualifies as a publicly supported organization								
20	Private foundation. If the organization did		-	•			•		

Schedule A (Form 990 or 990-EZ) 2013 OMEGA WELLNESS GROUP 20-2996363 F

Part IV Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; and Part III, line 12 Also complete this part for any additional information. (See instructions).

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements

Complete if the organization answered "Yes," to Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.

► Attach to Form 990.

▶ Information about Schedule D (Form 990) and its instructions is at www.irs.gov/form990.

2013
Open to Public Inspection

Name of the organization **Employer Identification number** OMEGA WELLNESS GROUP 20-2996363 Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Part I Complete if the organization answered "Yes" to Form 990, Part IV, line 6. (a) Donor advised funds (b) Funds and other accounts Total number at end of year 2 Aggregate contributions to (during year) Aggregate grants from (during year) Aggregate value at end of year Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds are the organization's property, subject to the organization's exclusive legal control? Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for chantable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit? Part II Conservation Easements. Complete if the organization answered "Yes" to Form 990, Part IV, line 7. Purpose(s) of conservation easements held by the organization (check all that apply) Preservation of land for public use (e.g., recreation or education) Preservation of an historically important land area Preservation of a certified historic structure Protection of natural habitat Preservation of open space Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year Held at the End of the Tax Year 2a Total number of conservation easements 2b b Total acreage restricted by conservation easements c Number of conservation easements on a certified historic structure included in (a) 2c d Number of conservation easements included in (c) acquired after 8/17/06, and not on a historic structure listed in the National Register 2d Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the Number of states where property subject to conservation easement is located Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds? Staff and volunteer hours devoted to monitoring, inspecting, and enforcing conservation easements during the year Amount of expenses incurred in monitoring, inspecting, and enforcing conservation easements during the year Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B) Yes No (i) and section 170(h)(4)(B)(ii)? In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement, and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements Organizations Maintaining Collections of Art. Historical Treasures, or Other Similar Assets. Part III Complete if the organization answered "Yes" to Form 990, Part IV, line 8 1a If the organization elected, as permitted under SFAS 116 (ASC 958), not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide, in Part XIII, the text of the footnote to its financial statements that describes these items b If the organization elected, as permitted under SFAS 116 (ASC 958), to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items (i) Revenues included in Form 990, Part VIII, line 1 (ii) Assets included in Form 990, Part X If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under SFAS 116 (ASC 958) relating to these items a Revenues included in Form 990, Part VIII, line 1 Assets included in Form 990, Part X

Description of property	(a) Cost or other basis	(b) Cost or other basis	(c) Accumulated	(d) Book value
	(investment)	(other)	depreciation	
1a Land		259,827		259,827
b Buildings	-	201,513	36,944	164,569
c Leasehold improvements				
d Equipment				
e Other		19,884	13,413	6,471
Total. Add lines 1a through 1e (Column (d) mu	st equal Form 990, Part X, colum	n (B), line 10(c))	•	430,867

(a) Beson value (b) Method of virulation (cot or and dryster mithed value) Financial derivatives Cosely-held equity interests Other (A) (B) (C) (C) (C) (E) (F) (G) (H) (A) (A) (A) (C) (C) (C) (C) (C) (C) (C) (C) (C) (C	Part VII	Investments—Other Securities. Complete if the organization answered "Yes	s" to Form 990. Part IV. line	e 11b. See Form 990, Pa	rt X, line 12.
Francial derivatives Cosely-half equity interests Other (A) (B) (C) (C) (C) (E) (F) (G) (C) (D) (E) (E) (E) (E) (E) (E) (E) (E) (E) (E		(a) Description of security or category		(c) Method of	valuation
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• Sche	dule D (Form 990) 2013 OMEGA WELLNESS GROUP	20-	-2996363	Page 6
	Reconciliation of Revenue per Audited Financial Sta			3-
	Complete if the organization answered "Yes" to Form 99	00, Part IV, line 12a		
1	Total revenue, gains, and other support per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12			
а	Net unrealized gains on investments	2a		
b	Donated services and use of facilities	2b		
С	Recovenes of prior year grants	2c		
d	Other (Describe in Part XIII)	2d		
е	Add lines 2a through 2d		2e	
3	Subtract line 2e from line 1	()	3	
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1			
а	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII)	4b		
С	Add lines 4a and 4b		4c	
_ 5	Total revenue Add lines 3 and 4c. (This must equal Form 990, Part I, line 12)		5	
Pa	#t XII Reconciliation of Expenses per Audited Financial S	· · · · · · · · · · · · · · · · · · ·	nses per Return.	
	Complete if the organization answered "Yes" to Form 99	90, Part IV, line 12a.		
1	Total expenses and losses per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part IX, line 25	1 1		
а	Donated services and use of facilities			
b	Prior year adjustments	2b		
С	Other losses	2c		
d	Other (Describe in Part XIII)	2d		

Part XIII Supplemental Information

Amounts included on Form 990, Part IX, line 25, but not on line 1 a Investment expenses not included on Form 990, Part VIII, line 7b

Total expenses Add lines 3 and 4c. (This must equal Form 990, Part I, line 18)

Add lines 2a through 2d Subtract line 2e from line 1

b Other (Describe in Part XIII)c Add lines 4a and 4b

Provide the descriptions required for Part II, lines 3, 5, and 9, Part III, lines 1a and 4, Part IV, lines 1b and 2b, Part V, line 4, Part X, line

2, Part XI, lines 2d and 4b, and Part XII, lines 2d and 4b Also complete this part to provide any additional information

2e

4c 5 Part XIII Supplemental Information (continued)

SCHEDULE O (Form 990 or 990-EZ)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

2013

Open to Public Inspection

Department of the Treasury Internal Revenue Service ► Attach to Form 990 or 990-EZ.

▶ Information about Schedule O (Form 990 or 990-EZ) and its instructions is at www.irs.gov/form990.

Name of the organization

OMEGA WELLNESS GROUP

Employer Identification number

20-2996363

Form 990, Part VI, Line 11b - Organization's Process to Review Form 990 DRAFT OF FORM 990 IS PRESENTED TO THE BOARD. THEY REVIEW AND RECOMMEND CHANGES. THE BOARD MUST VOTE TO APPROVE FINAL DOCUMENT.

Form 990, Part VI, Line 12c - Enforcement of Conflicts Policy
Board monitors officers, directors, and key employees for possible
conflicts of interest.

Form 990, Part VI, Line 19 - Governing Documents Disclosure Explanation FORM 990, ALL GOVERNING DOCUMENTS, CONFLICT OF INTEREST POLICY, AND FINANCIAL STATEMENTS ARE AVAILABLE UPON REQUEST BY CONTACTING THE PRESIDENT, THEODORE CROOKER AT 44 STORER ROAD, BRUNSWICK, ME 04011.

Form 990, Part IX, Line 11g - Other Fees for Services
Description

	Progra	am Service	Mgt & (General	Fundra	aising		
BANK FEES	BANK FEES							
	\$	5	\$	0	\$	0		
INSURANCE								
	\$	501	\$	0	\$	0		
TAX & LICE	NSE							
	\$	6,297	\$	0	\$	0		
REPAIRS & MAINTENANCE								
	\$	1,631	\$	0	\$	0		

Name of the organization	Name of the organization					on number
	OMEGA	WELLNESS GROUP	· - · · - · · · · · · · · · · · · · · ·		20-29963	363
POLAND SPR	ING CON	ITRACT				
	\$	10,000	\$	0	\$	0
UTILITIES						
	\$	1,411	\$	0	\$	0
LECTURES						
	\$	1,200	\$	0	\$	0
TECHNOLOGY	FEES					
	\$	500	\$	0	\$	0