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Form

990-PF

Department of the Treasury
Internal Revenue Service

Return of Private Foundation

or Section 4947(a)(1) Trust Treated as Private Foundation

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Information about Form 990-PF and its instructions is at www.irs.gov/form990pf.

OMB No 1545-0052

2013

Open to Public Inspection

For calendar year 2013, or tax year beginning 01-01-2013 , and ending 12-31-2013

Name of foundation THE MANO EN MANO CHARITABLE FOUNDATION		A Employer identification number 74-3016292	
% BETTY GREEN		B Telephone number (see instructions) (713) 266-4131	
Number and street (or P O box number if mail is not delivered to street address) PO Box 55289 Suite		Room/suite	
City or town, state or province, country, and ZIP or foreign postal code HOUSTON, TX 772555289		C If exemption application is pending, check here ☐	
G Check all that apply ☐ Initial return ☐ Final return ☐ Address change ☐ Initial return of a former public charity ☐ Amended return ☐ Name change		D 1. Foreign organizations, check here ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ☐	
H Check type of organization ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here ☐	
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) ☒ \$ 1,813,929	J Accounting method ☒ Cash ☐ Accrual ☐ Other (specify) _____ (Part I, column (d) must be on cash basis.)	F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐	

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc , received (attach schedule)	300			
	2 Check ☒ if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	5,155	5,155		
	4 Dividends and interest from securities.	34,270	34,270		
	5a Gross rents				
	b Net rental income or (loss) _____				
	6a Net gain or (loss) from sale of assets not on line 10	29,017			
	b Gross sales price for all assets on line 6a 1,086,104				
	7 Capital gain net income (from Part IV, line 2) . . .		29,017		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
	b Less Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
Operating and Administrative Expenses	11 Other income (attach schedule)	1,887	5,957		
	12 Total. Add lines 1 through 11	70,629	74,399		
	13 Compensation of officers, directors, trustees, etc	0			
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule)	7,591	0	0	0
	c Other professional fees (attach schedule)	14,953	14,953		
	17 Interest	221			
	18 Taxes (attach schedule) (see instructions)	170	170		
	19 Depreciation (attach schedule) and depletion . . .				
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule)	3,435			
	24 Total operating and administrative expenses. Add lines 13 through 23	26,370	15,123	0	0
	25 Contributions, gifts, grants paid	115,383			115,383
	26 Total expenses and disbursements. Add lines 24 and 25	141,753	15,123	0	115,383
	27 Subtract line 26 from line 12				
	a Excess of revenue over expenses and disbursements	-71,124			
	b Net investment income (if negative, enter -0-)		59,276		
	c Adjusted net income (if negative, enter -0-)				

Part II

Balance Sheets

Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)

		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1	Cash—non-interest-bearing		
	2	Savings and temporary cash investments	791,097	168,446
	3	Accounts receivable ▶ _____ Less allowance for doubtful accounts ▶ _____		
	4	Pledges receivable ▶ _____ Less allowance for doubtful accounts ▶ _____		
	5	Grants receivable		
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)		
	7	Other notes and loans receivable (attach schedule) ▶ _____ Less allowance for doubtful accounts ▶ _____		
	8	Inventories for sale or use		
	9	Prepaid expenses and deferred charges	3,488	1,804
	10a	Investments—U S and state government obligations (attach schedule)		
	b	Investments—corporate stock (attach schedule)	448,049 	802,557
	c	Investments—corporate bonds (attach schedule).	147,322 	54,938
	11	Investments—land, buildings, and equipment basis ▶ _____ Less accumulated depreciation (attach schedule) ▶ _____		
	12	Investments—mortgage loans		
	13	Investments—other (attach schedule)	208,800 	504,578
	14	Land, buildings, and equipment basis ▶ _____ Less accumulated depreciation (attach schedule) ▶ _____		
	15	Other assets (describe ▶ _____)		
	16	Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	1,598,756	1,532,323
Liabilities	17	Accounts payable and accrued expenses	0	392
	18	Grants payable		
	19	Deferred revenue		
	20	Loans from officers, directors, trustees, and other disqualified persons		
	21	Mortgages and other notes payable (attach schedule)		
	22	Other liabilities (describe ▶ _____)		
	23	Total liabilities (add lines 17 through 22)	0	392
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ ☐ and complete lines 24 through 26 and lines 30 and 31.			
	24	Unrestricted		
	25	Temporarily restricted		
	26	Permanently restricted		
	Foundations that do not follow SFAS 117, check here ▶ ☒ and complete lines 27 through 31.			
	27	Capital stock, trust principal, or current funds		
	28	Paid-in or capital surplus, or land, bldg , and equipment fund		
	29	Retained earnings, accumulated income, endowment, or other funds	1,598,756	1,531,931
	30	Total net assets or fund balances (see page 17 of the instructions)	1,598,756	1,531,931
	31	Total liabilities and net assets/fund balances (see page 17 of the instructions)	1,598,756	1,532,323

Part III

Analysis of Changes in Net Assets or Fund Balances

Form 990-PF (2013)

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)		(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
1a	See Additional Data Table			
b				
c				
d				
e				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a See Additional Data Table			
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
a See Additional Data Table			
b			
c			
d			
e			

2	Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	29,017
3	Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see instructions) If (loss), enter -0- in Part I, line 8		3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? ☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see page 18 of the instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col (b) divided by col (c))
2012	118,235	1,289,346	0 091702
2011	135,898	1,208,102	0 112489
2010	59,281	1,223,682	0 048445
2009	70,260	1,854,731	0 037882
2008	114,286	1,892,491	0 060389

2	Total of line 1, column (d).	2	0 350907
3	Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0 070181
4	Enter the net value of noncharitable-use assets for 2013 from Part X, line 5.	4	1,532,452
5	Multiply line 4 by line 3.	5	107,549
6	Enter 1% of net investment income (1% of Part I, line 27b).	6	593
7	Add lines 5 and 6.	7	108,142
8	Enter qualifying distributions from Part XII, line 4.	8	115,383

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See
the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see page 18 of the instructions)		
1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1		
Date of ruling or determination letter _____ (attach copy of letter if necessary—see instructions)		
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b	1	593
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)		
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	
3 Add lines 1 and 2.	3	593
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	593
6 Credits/Payments		
a 2013 estimated tax payments and 2012 overpayment credited to 2013	6a	1,804
b Exempt foreign organizations—tax withheld at source	6b	
c Tax paid with application for extension of time to file (Form 8868)	6c	
d Backup withholding erroneously withheld	6d	
7 Total credits and payments. Add lines 6a through 6d.	7	1,804
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached.	8	
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	1,211
11 Enter the amount of line 10 to be Credited to 2014 estimated tax 1,211 Refunded	11	

Part VII-A Statements Regarding Activities

1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign? 		Yes	No
	1a		No
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see page 19 of the instructions for definition)?	1b		No
<i>If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.</i>			
c Did the foundation file Form 1120-POL for this year?	1c		No
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation ☐ \$ _____ (2) On foundation managers ☐ \$ _____			
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ _____			
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If "Yes," attach a detailed description of the activities.</i>	2		No
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If "Yes," attach a conformed copy of the changes.</i> 	3		No
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	Yes	
b If "Yes," has it filed a tax return on Form 990-T for this year?	4b	Yes	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If "Yes," attach the statement required by General Instruction T.</i> 	5		No
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	Yes	
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If "Yes," complete Part II, col. (c), and Part XV.</i>	7	Yes	
8a Enter the states to which the foundation reports or with which it is registered (see instructions): ☐ TX			
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If "No," attach explanation.</i>	8b	Yes	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2013 or the taxable year beginning in 2013 (see instructions for Part XIV)? <i>If "Yes," complete Part XIV</i>	9		No
10 Did any persons become substantial contributors during the tax year? <i>If "Yes," attach a schedule listing their names and addresses.</i>	10		No

Part VII-A

Statements Regarding Activities *(continued)*

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions).	11		No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)	12		No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application?	13	Yes	
Website address				
14	The books are in care of BETTY GREEN Telephone no (713) 266-4131 Located at PO BOX 55289 HOUSTON TX ZIP+4 772555289			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —Check here and enter the amount of tax-exempt interest received or accrued during the year.	15		
16	At any time during calendar year 2013, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?	16	Yes	No
See instructions for exceptions and filing requirements for Form TD F 90-22.1 If "Yes", enter the name of the foreign country				

Part VII-B

Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.			Yes	No
1a	During the year did the foundation (either directly or indirectly) (1) Engage in the sale or exchange, or leasing of property with a disqualified person? (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? (6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days).			
b	If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 20 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here.	1b		
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2013?	1c		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))			
a	At the end of tax year 2013, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2013? If "Yes," list the years 20 , 20 , 20 , 20			
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions).	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here 20 , 20 , 20 , 20			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?			
b	If "Yes," did it have excess business holdings in 2013 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2013.).	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2013?	4b		No

Part VII-B

Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a	During the year did the foundation pay or incur any amount to			
	(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	☐ Yes	☒ No	
	(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive?	☐ Yes	☒ No	
	(3) Provide a grant to an individual for travel, study, or other similar purposes?	☐ Yes	☒ No	
	(4) Provide a grant to an organization other than a charitable, etc , organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions).	☒ Yes	☐ No	
	(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	☐ Yes	☒ No	
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?	5b		No
	Organizations relying on a current notice regarding disaster assistance check here.			
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?			
	If "Yes," attach the statement required by Regulations section 53.4945–5(d).			
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?			
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	6b		No
	If "Yes" to 6b, file Form 8870.			
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?			
b	If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?	7b		

Part VIII

Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).				
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
MARIO GARCIA	PRESIDENT, director	0	0	0
PO BOX 55289	0			
HOUSTON,TX 772555289				
DOLORES E GARCIA	VP, DIRECTor	0	0	0
PO BOX 55289	0			
HOUSTON,TX 772555289				
LAUREN E GARCIA	director	0	0	0
PO Box 55289	0			
HOUSTON,TX 772555289				
2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."				
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Total number of other employees paid over \$50,000.				

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

Total number of others receiving over \$50,000 for professional services.	▶
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Part IX-B Summary of Program-Related Investments (see instructions)

Total. Add lines 1 through 3

Part X

Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc , purposes		
a	Average monthly fair market value of securities.	1a	848,052
b	Average of monthly cash balances.	1b	172,547
c	Fair market value of all other assets (see instructions).	1c	535,190
d	Total (add lines 1a, b, and c).	1d	1,555,789
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	
2	Acquisition indebtedness applicable to line 1 assets.	2	0
3	Subtract line 2 from line 1d.	3	1,555,789
4	Cash deemed held for charitable activities Enter 1 1/2% of line 3 (for greater amount, see instructions).	4	23,337
5	Net value of noncharitable-use assets. Subtract line 4 from line 3 Enter here and on Part V, line 4	5	1,532,452
6	Minimum investment return. Enter 5% of line 5.	6	76,623

Part XI

Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6.	1	76,623
2a	Tax on investment income for 2013 from Part VI, line 5.	2a	593
b	Income tax for 2013 (This does not include the tax from Part VI).	2b	
c	Add lines 2a and 2b.	2c	593
3	Distributable amount before adjustments Subtract line 2c from line 1.	3	76,030
4	Recoveries of amounts treated as qualifying distributions.	4	
5	Add lines 3 and 4.	5	76,030
6	Deduction from distributable amount (see instructions).	6	
7	Distributable amount as adjusted Subtract line 6 from line 5 Enter here and on Part XIII, line 1.	7	76,030

Part XII

Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc , purposes		
a	Expenses, contributions, gifts, etc —total from Part I, column (d), line 26.	1a	115,383
b	Program-related investments—total from Part IX-B.	1b	0
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc , purposes.	2	0
3	Amounts set aside for specific charitable projects that satisfy the		
a	Suitability test (prior IRS approval required).	3a	0
b	Cash distribution test (attach the required schedule).	3b	0
4	Qualifying distributions. Add lines 1a through 3b Enter here and on Part V, line 8, and Part XIII, line 4	4	115,383
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income Enter 1% of Part I, line 27b (see instructions).	5	593
6	Adjusted qualifying distributions. Subtract line 5 from line 4.	6	114,790
Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years			

Part XIII

Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2012	(c) 2012	(d) 2013
1 Distributable amount for 2013 from Part XI, line 7				76,030
2 Undistributed income, if any, as of the end of 2013				
a Enter amount for 2012 only.			0	
b Total for prior years 2011 , 2010 , 2009		0		
3 Excess distributions carryover, if any, to 2013				
a From 2008.	20,132			
b From 2009.				
c From 2010.				
d From 2011.	75,781			
e From 2012.	54,376			
f Total of lines 3a through e.	150,289			
4 Qualifying distributions for 2013 from Part XII, line 4 ▶ \$ 115,383				
a Applied to 2012, but not more than line 2a			0	
b Applied to undistributed income of prior years (Election required—see instructions).				
c Treated as distributions out of corpus (Election required—see instructions).				
d Applied to 2013 distributable amount.				76,030
e Remaining amount distributed out of corpus	39,353			
5 Excess distributions carryover applied to 2013 (If an amount appears in column (d), the same amount must be shown in column (a).)				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	189,642			
b Prior years' undistributed income Subtract line 4b from line 2b.		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.				
d Subtract line 6c from line 6b Taxable amount—see instructions		0		
e Undistributed income for 2012 Subtract line 4a from line 2a Taxable amount—see instructions			0	
f Undistributed income for 2013 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2014				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions).				
8 Excess distributions carryover from 2008 not applied on line 5 or line 7 (see instructions). . .	20,132			
9 Excess distributions carryover to 2014. Subtract lines 7 and 8 from line 6a	169,510			
10 Analysis of line 9				
a Excess from 2009. . . .				
b Excess from 2010. . . .				
c Excess from 2011. . . .	75,781			
d Excess from 2012. . . .	54,376			
e Excess from 2013. . . .	39,353			

Part XIVPrivate Operating Foundations (see instructions and Part VII-A, question 9)

1a

If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2013, enter the date of the ruling.

b

Check box to indicate whether the organization is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

☐ 4942(j)(3) or ☐ 4942(j)(5)

2a	Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed.	Tax year	Prior 3 years			(e) Total
		(a) 2013	(b) 2012	(c) 2011	(d) 2010	
b	85% of line 2a					
c	Qualifying distributions from Part XII, line 4 for each year listed.					
d	Amounts included in line 2c not used directly for active conduct of exempt activities.					
e	Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c.					
3	Complete 3a, b, or c for the alternative test relied upon					
a	"Assets" alternative test—enter					
	(1) Value of all assets					
	(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b	"Endowment" alternative test— enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed.					
c	"Support" alternative test—enter					
	(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties).					
	(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii).					
	(3) Largest amount of support from an exempt organization					
	(4) Gross investment income					

Part XVSupplementary Information (Complete this part only if the organization had \$5,000 or more in assets at any time during the year—see instructions.)

1

Information Regarding Foundation Managers:

a

List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

b

List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest

2

Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☒ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a

The name, address, and telephone number of the person to whom applications should be addressed

b

The form in which applications should be submitted and information and materials they should include

c

Any submission deadlines

d

Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

Form 990-PF (2013)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Form **990-PF** (2013)

Enter gross amounts unless otherwise indicated

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

Form **990-PF** (2013)

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns a - d

(a) List and describe the kind(s) of property sold (e g , real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo , day, yr)	(d) Date sold (mo , day, yr)
FIDELITY ST CAPITAL	P	2013-01-01	2013-12-31
FIDELITY LT CAPITAL	P	2012-01-01	2013-12-31
600 UNITS APOLLO GLOBAL MANAGEMENT	P	2013-05-08	2013-06-24
500 UNITS THE BLACKSTONE GROUP	P	2013-04-09	2013-06-24
300 UNITS THE BLACKSTONE GROUP	P	2013-05-08	2013-06-24
550 UNITS BREITBURN ENERGY	P	2013-03-01	2013-11-18
300 UNITS BREITBURN ENERGY	P	2013-04-09	2013-11-18
300 UNITS CALUMET SPECIALTY		2013-03-01	2013-08-09
300 UNITS CALUMET SPECIALTY	P	2013-04-09	2013-08-09
150 UNITS CVR PARTNERS	P	2012-10-02	2013-07-19
150 UNITS CVR PARTNERS	P	2011-12-20	2013-07-19
200 UNITS CVR PARTNERS	P	2011-11-14	2013-07-19
400 UNITS CVR PARTNERS	P	2011-07-21	2013-07-19
400 UNITS ENBRIDGE ENERGY PARTNERS	P	2013-08-09	2013-11-19
200 UNITS ENBRIDGE ENERGY PARTNERS	P	2013-10-24	2013-11-19
600 UNITS KKR & COMPANY	P	2013-01-10	2013-06-04
500 UNITS ELLINGTON FINL LLC	P	2012-12-28	2013-09-27
CAPITAL GAIN DIVIDENDS	P		

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns e - h

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
689,908		692,168	-2,260
271,864		238,051	33,813
12,888		15,997	-3,109
9,803		10,094	-291
5,882		6,783	-901
10,214		9,709	505
5,571		5,361	210
8,723		10,874	-2,151
8,723		10,287	-1,564
3,396		3,396	
3,396		3,202	194
4,528		4,493	35
9,057		9,057	
11,698		11,539	159
5,849		5,901	-52
11,307		9,222	2,085
11,298		10,953	345
			515

Form 990PF Part IV - Capital Gains and Losses for Tax on Investment Income - Columns i - l

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h))
(i) F M V as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col (i) over col (j), if any	
			-2,260
			33,813
			-3,109
			-291
			-901
			505
			210
			-2,151
			-1,564
			194
			35
			159
			-52
			2,085
			345

TY 2013 Accounting Fees Schedule

Name: THE MANO EN MANO CHARITABLE FOUNDATION

EIN: 74-3016292

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
ACCOUNTING FEES	7,591			

Note: To capture the full content of this document, please select landscape mode (11" x 8.5") when printing.

TY 2013 Depreciation Schedule

Name: THE MANO EN MANO CHARITABLE FOUNDATION

EIN: 74-3016292

**TY 2013 Investments Corporate
Bonds Schedule**

Name: THE MANO EN MANO CHARITABLE FOUNDATION
EIN: 74-3016292

Name of Bond	End of Year Book Value	End of Year Fair Market Value
FIDELITY INVESTMENTS	54,938	60,838

**TY 2013 Investments Corporate
Stock Schedule**

Name: THE MANO EN MANO CHARITABLE FOUNDATION
EIN: 74-3016292

Name of Stock	End of Year Book Value	End of Year Fair Market Value
FIDELITY -STOCK & MUTUAL FUNDS	802,557	1,016,839

TY 2013 Investments - Land Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

TY 2013 Investments - Other Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
OTHER INVESTMENT-ANNUITY	AT COST	148,811	148,811
INVESTMENTS IN PTPS	AT COST	65,530	105,537
OTHER INVESTMENTS	AT COST	290,237	311,654

TY 2013 Land, Etc. Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

TY 2013 Other Expenses Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
BANK CHARGES	695			
WORK ON WEB-SITE	2,500			
OTHER PTP EXPENSES	3			
PROGRAM EXPENSE	48			
REPAIRS	140			
SUPPLIES	49			

TY 2013 Other Income Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

Description	Revenue And Expenses Per Books	Net Investment Income	Adjusted Net Income
MISCELLANEOUS	99	99	
ORDINARY INCOME FROM PTP's	157	157	
ROYALTY FROM PTP	3	3	
OTHER PORTFOLIO FROM PTP	196	196	
CY UBTI from PTPS	-4,070		
ORDINARY INCOME PTP SALE	5,502	5,502	

TY 2013 Other Increases Schedule**Name:** THE MANO EN MANO CHARITABLE FOUNDATION**EIN:** 74-3016292

Description	Amount
TAX-EXEMPT INTEREST FROM PASS-THRU	280
BASIS DIFFERENCE IN PTPS SOLD (BK>TAX)	4,019

TY 2013 Other Professional Fees Schedule

Name: THE MANO EN MANO CHARITABLE FOUNDATION

EIN: 74-3016292

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
MANAGEMENT SERVICE FEES	14,953	14,953		

TY 2013 Taxes Schedule

Name: THE MANO EN MANO CHARITABLE FOUNDATION

EIN: 74-3016292

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
FEDERAL INCOME TAX	0			
FOREIGN TAX WITHHELD ON DIV	170	170		

THE MANO EN MANO CHARITABLE FOUNDATION
2013 STOCK SALES

Quantity	Description	Date Sold	Date Acquired	Proceeds	Cost	Realized Gain/Loss	Holding Period	Covered/Non - Covered
0	ABS CORP H	12/16/2013	1/31/2013	\$218.90	\$212.33	\$6.57	Short	Non-Covered
0	ABS CORP H	11/15/2013	1/31/2013	\$1,726.11	\$1,674.33	\$51.78	Short	Non-Covered
0	ABS CORP H	10/15/2013	1/31/2013	\$233.48	\$226.48	\$7.00	Short	Non-Covered
0	ABS CORP H	9/16/2013	1/31/2013	\$133.49	\$129.49	\$4.00	Short	Non-Covered
0	ABS CORP H	8/15/2013	1/31/2013	\$558.51	\$541.75	\$16.76	Short	Non-Covered
0	ABS CORP H	7/15/2013	1/31/2013	\$1,618.58	\$1,570.02	\$48.56	Short	Non-Covered
0	ABS CORP H	6/15/2013	1/31/2013	\$257.26	\$249.54	\$7.72	Short	Non-Covered
0	ABS CORP H	5/15/2013	1/31/2013	\$367.25	\$356.23	\$11.02	Short	Non-Covered
0	ABS CORP H	4/15/2013	1/31/2013	\$417.26	\$404.74	\$12.52	Short	Non-Covered
0	ABS CORP H	3/15/2013	1/31/2013	\$494.56	\$479.72	\$14.84	Short	Non-Covered
0	ABS CORP H	2/15/2013	1/31/2013	\$762.29	\$739.42	\$22.87	Short	Non-Covered
250	AMERICAN R	11/18/2013	10/24/2013	\$3,256.73	\$3,351.95	(\$95.22)	Short	Non-Covered
250	AMERICAN R	11/18/2013	10/10/2013	\$3,256.74	\$3,066.95	\$189.79	Short	Non-Covered
600	AMERICAN R	11/18/2013	4/9/2013	\$7,816.17	\$8,843.14	(\$1,026.97)	Short	Non-Covered
750	AMR CORP D	5/21/2013	5/17/2013	\$4,006.85	\$5,055.23	(\$1,048.38)	Short	Non-Covered
2,250.00	AMR CORP D	5/21/2013	5/8/2013	\$12,020.56	\$10,740.45	\$1,280.11	Short	Non-Covered
2,250.00	APOLLO INV	6/3/2013	2/6/2013	\$18,242.11	\$19,197.71	(\$955.60)	Short	Non-Covered
35	APPLE INC	6/21/2013	5/2/2013	\$14,444.83	\$15,629.71	(\$1,184.88)	Short	Non-Covered
175	ATLAS AIR	11/6/2013	5/28/2013	\$6,718.50	\$8,005.63	(\$1,287.13)	Short	Non-Covered
225	ATLAS AIR	11/6/2013	5/17/2013	\$8,638.08	\$10,357.93	(\$1,719.85)	Short	Non-Covered
250	BANK OF AM	10/29/2013	5/17/2013	\$3,530.96	\$3,364.20	\$166.76	Short	Non-Covered
1,250.00	BANK OF AM	10/29/2013	11/21/2012	\$17,654.82	\$12,146.90	\$5,507.92	Short	Non-Covered
625	CISCO SYS	10/8/2013	8/15/2013	\$14,216.52	\$15,311.31	(\$1,094.79)	Short	Non-Covered
300	CORNING IN	10/24/2013	5/28/2013	\$5,089.42	\$4,742.25	\$347.17	Short	Non-Covered
700	CORNING IN	10/24/2013	5/17/2013	\$11,875.33	\$11,135.08	\$740.25	Short	Non-Covered
850	CREXUS INV	2/5/2013	12/28/2012	\$11,290.25	\$10,468.22	\$822.03	Short	Non-Covered
45	ETFS GOLD	3/1/2013	10/2/2012	\$6,981.79	\$7,895.96	(\$914.17)	Short	Non-Covered
212	FACEBOOK I	10/29/2013	8/9/2013	\$10,561.19	\$8,188.18	\$2,373.01	Short	Non-Covered
500	FIRST TR E	11/26/2013	9/17/2013	\$12,272.79	\$12,307.95	(\$35.16)	Short	Non-Covered
500	FIRST TR E	8/9/2013	5/28/2013	\$10,592.41	\$10,968.69	(\$376.28)	Short	Non-Covered
800	FIRST TR E	8/9/2013	5/8/2013	\$16,947.85	\$17,943.59	(\$995.74)	Short	Non-Covered
80.492	FORWARD CR	8/9/2013	Various	\$649.57	\$697.39	(\$47.82)	Short	Non-Covered
400	FREEPORT M	5/20/2013	12/5/2012	\$13,019.95	\$13,003.87	\$16.08	Short	Non-Covered
964.096	GOLDMAN SA	10/24/2013	Various	\$10,722.17	\$10,316.95	\$405.22	Short	Non-Covered
1,746.73	GOLDMAN SA	8/9/2013	Various	\$19,136.57	\$20,025.00	(\$888.43)	Short	Non-Covered
600	HARTFORD F	10/8/2013	5/8/2013	\$18,372.53	\$17,778.39	\$594.14	Short	Non-Covered
35	ISHARES CO	8/27/2013	2/7/2013	\$5,754.50	\$5,298.41	\$456.09	Short	Non-Covered
95	ISHARES CO	8/27/2013	1/9/2013	\$15,619.34	\$13,933.55	\$1,685.79	Short	Non-Covered
118	ISHARES CO	5/31/2013	10/10/2012	\$19,491.93	\$17,933.26	\$1,558.67	Short	Non-Covered
12	ISHARES CO	5/31/2013	1/9/2013	\$1,982.23	\$1,760.03	\$222.20	Short	Non-Covered
250	ISHARES MS	11/26/2013	9/16/2013	\$10,372.21	\$10,407.18	(\$34.97)	Short	Non-Covered
1,500.00	ISHARES MS	5/31/2013	4/25/2013	\$16,329.18	\$17,374.35	(\$1,045.17)	Short	Non-Covered
225	ISHARES U	10/8/2013	4/9/2013	\$4,788.13	\$5,224.17	(\$436.04)	Short	Non-Covered
350	ISHARES U	10/8/2013	1/7/2013	\$7,448.19	\$7,706.61	(\$258.42)	Short	Non-Covered
130	ISHARES U	8/27/2013	10/11/2012	\$9,407.10	\$7,512.71	\$1,894.39	Short	Non-Covered
575	ISHARES U	7/5/2013	1/7/2013	\$12,522.46	\$12,660.85	(\$138.39)	Short	Non-Covered
0	JP MORG N M	5/25/2013	6/18/2012	\$98.83	\$93.39	\$5.44	Short	Non-Covered
0	JP MORG N M	4/25/2013	6/18/2012	\$1,195.24	\$1,129.50	\$65.74	Short	Non-Covered
0	JP MORG N M	3/25/2013	6/18/2012	\$429.04	\$405.44	\$23.60	Short	Non-Covered
0	JP MORG N M	2/25/2013	6/18/2012	\$309.85	\$292.81	\$17.04	Short	Non-Covered
0	JP MORG N M	1/25/2013	6/18/2012	\$1,521.88	\$1,438.18	\$83.70	Short	Non-Covered
155	JPMORGAN C	8/8/2013	1/7/2013	\$8,495.52	\$7,020.60	\$1,474.92	Short	Non-Covered
100	JPMORGAN C	8/8/2013	12/12/2012	\$5,480.98	\$4,303.52	\$1,177.46	Short	Non-Covered
300	LINN CO LL	7/5/2013	5/6/2013	\$7,656.54	\$11,651.65	(\$3,995.11)	Short	Non-Covered
100	LINN CO LL	7/5/2013	4/9/2013	\$2,552.18	\$3,960.33	(\$1,408.15)	Short	Non-Covered
400	LINN CO LL	7/5/2013	11/5/2012	\$10,208.73	\$15,037.14	(\$4,828.41)	Short	Non-Covered
510	MARKET VEC	9/11/2013	8/27/2013	\$13,480.64	\$14,915.38	(\$1,434.74)	Short	Non-Covered
250	MERCK & CO	10/8/2013	6/4/2013	\$11,934.13	\$12,446.35	(\$512.22)	Short	Non-Covered
100	MERCK & CO	2/8/2013	8/7/2012	\$4,096.99	\$4,422.45	(\$325.46)	Short	Non-Covered
200	MERCK & CO	2/8/2013	7/10/2012	\$8,193.99	\$8,272.95	(\$78.96)	Short	Non-Covered
600	MFA FINL I	8/5/2013	4/9/2013	\$4,676.52	\$5,695.29	(\$1,018.77)	Short	Non-Covered
540	MICROSOFT	8/15/2013	5/17/2013	\$17,178.71	\$18,698.91	(\$1,520.20)	Short	Non-Covered
750	MOLYCORP I	10/16/2013	5/8/2013	\$3,970.18	\$4,416.23	(\$446.05)	Short	Non-Covered
1,500.00	MOLYCORP I	10/16/2013	3/1/2013	\$7,940.36	\$8,863.95	(\$923.59)	Short	Non-Covered
625	ORGANOVO H	11/20/2013	8/9/2013	\$5,168.71	\$3,402.35	\$1,766.36	Short	Non-Covered

THE MANO EN MANO CHARITABLE FOUNDATION
2013 STOCK SALES

Quantity	Description	Date Sold	Date Acquired	Proceeds	Cost	Realized Gain/Loss	Holding Period	Covered/Non - Covered
1,000.00	ORGANOVO H	11/19/2013	7/16/2013	\$9,309.68	\$6,670.59	\$2,639.09	Short	Non-Covered
1,000.00	PROSPECT C	6/4/2013	4/9/2013	\$10,225.47	\$10,845.85	(\$620.38)	Short	Non-Covered
220	QUINTILES	11/6/2013	5/17/2013	\$9,663.08	\$10,061.86	(\$398.78)	Short	Non-Covered
250	RYDEX ETF	8/19/2013	4/24/2013	\$15,826.65	\$14,983.02	\$843.63	Short	Non-Covered
150	SPDR SER T	6/24/2013	4/9/2013	\$4,241.79	\$4,385.94	(\$144.15)	Short	Non-Covered
250	SPDR SER T	6/24/2013	10/2/2012	\$7,069.66	\$6,179.68	\$889.98	Short	Non-Covered
400	SPDR SER T	6/24/2013	8/7/2012	\$11,311.46	\$8,790.35	\$2,521.11	Short	Non-Covered
400	SSGA ACTIV	8/9/2013	5/28/2013	\$19,987.98	\$20,106.63	(\$118.65)	Short	Non-Covered
200	STATOIL AS	4/4/2013	5/16/2012	\$4,811.60	\$5,005.75	(\$194.15)	Short	Non-Covered
649,000.00	STRUCTURED	9/25/2013	1/22/2013	\$602.82	\$613.73	(\$10.91)	Short	Non-Covered
0	STRUCTURED	8/25/2013	1/22/2013	\$6,180.56	\$6,087.85	\$92.71	Short	Non-Covered
0	STRUCTURED	7/25/2013	1/22/2013	\$6,496.54	\$6,399.09	\$97.45	Short	Non-Covered
0	STRUCTURED	6/25/2013	1/22/2013	\$2,060.01	\$2,029.11	\$30.90	Short	Non-Covered
0	STRUCTURED	2/25/2013	1/22/2013	\$4,153.23	\$4,090.93	\$62.30	Short	Non-Covered
700	TAIWAN SEM	4/4/2013	2/11/2013	\$11,742.19	\$12,976.65	(\$1,234.46)	Short	Non-Covered
100	UNITED CON	10/10/2013	9/17/2013	\$3,027.38	\$3,280.57	(\$253.19)	Short	Non-Covered
300	UNITED CON	10/10/2013	5/17/2013	\$9,082.13	\$10,409.67	(\$1,327.54)	Short	Non-Covered
430	VANGUARD I	3/1/2013	1/14/2013	\$21,088.96	\$21,482.62	(\$393.66)	Short	Non-Covered
100	WISDOMTREE	6/3/2013	3/1/2013	\$4,523.08	\$4,166.99	\$356.09	Short	Non-Covered
300	WISDOMTREE	6/3/2013	12/28/2012	\$13,569.26	\$10,897.95	\$2,671.31	Short	Non-Covered
200	YUM BRANDS	1/16/2013	12/28/2012	\$13,230.61	\$13,029.13	\$201.48	Short	Non-Covered
80	ZILLOW INC	11/19/2013	10/24/2013	\$6,118.82	\$6,523.14	(\$404.32)	Short	Non-Covered
120	ZILLOW INC	11/19/2013	8/20/2013	\$9,178.22	\$9,746.68	(\$568.46)	Short	Non-Covered
TOTAL SHORT-TERM				\$689,907.85	\$692,168.00	(\$2,260.15)		

Quantity	Description	Date of Sale	Date Acquired	Proceeds	Cost	Realized Gain/Loss	Holding Period	Covered/Non - Covered
300	AT&T INC C	10/10/2013	7/10/2012	\$10,187.01	\$10,657.95	(\$470.94)	Long	Non-Covered
30,000.00	BP CAPITAL	2/7/2013	12/15/2009	\$31,767.85	\$27,785.23	\$3,982.62	Long	Non-Covered
12,000.00	CONSTELLAT	2/7/2013	5/26/2010	\$13,230.00	\$12,259.60	\$970.40	Long	Non-Covered
0	FEDL HOME	12/15/2013	12/10/2004	\$391.31	\$394.73	(\$3.42)	Long	Non-Covered
0	FEDL HOME	12/15/2013	12/14/2004	\$155.61	\$158.72	(\$3.11)	Long	Non-Covered
0	FEDL HOME	12/15/2013	3/9/2009	\$54.57	\$54.57	\$0.00	Long	Non-Covered
0	FEDL HOME	11/15/2013	12/10/2004	\$54.26	\$54.73	(\$0.47)	Long	Non-Covered
0	FEDL HOME	11/15/2013	12/14/2004	\$367.07	\$374.41	(\$7.34)	Long	Non-Covered
0	FEDL HOME	11/15/2013	3/9/2009	\$116.60	\$116.60	\$0.00	Long	Non-Covered
0	FEDL HOME	10/15/2013	12/10/2004	\$148.09	\$149.39	(\$1.30)	Long	Non-Covered
0	FEDL HOME	10/15/2013	12/14/2004	\$294.85	\$300.75	(\$5.90)	Long	Non-Covered
0	FEDL HOME	10/15/2013	3/9/2009	\$89.26	\$89.26	\$0.00	Long	Non-Covered
0	FEDL HOME	9/15/2013	12/10/2004	\$596.86	\$602.08	(\$5.22)	Long	Non-Covered
0	FEDL HOME	9/15/2013	12/14/2004	\$220.82	\$225.24	(\$4.42)	Long	Non-Covered
0	FEDL HOME	9/15/2013	3/9/2009	\$70.34	\$70.34	\$0.00	Long	Non-Covered
0	FEDL HOME	8/15/2013	12/10/2004	\$123.17	\$124.25	(\$1.08)	Long	Non-Covered
0	FEDL HOME	8/15/2013	12/14/2004	\$727.25	\$741.80	(\$14.55)	Long	Non-Covered
0	FEDL HOME	8/15/2013	3/9/2009	\$162.79	\$162.79	\$0.00	Long	Non-Covered
0	FEDL HOME	7/15/2013	12/10/2004	\$414.93	\$418.56	(\$3.63)	Long	Non-Covered
0	FEDL HOME	7/15/2013	12/14/2004	\$734.93	\$749.63	(\$14.70)	Long	Non-Covered
0	FEDL HOME	7/15/2013	3/9/2009	\$71.76	\$71.76	\$0.00	Long	Non-Covered
0	FEDL HOME	6/15/2013	12/10/2004	\$277.39	\$279.82	(\$2.43)	Long	Non-Covered
0	FEDL HOME	6/15/2013	12/14/2004	\$670.49	\$683.90	(\$13.41)	Long	Non-Covered
0	FEDL HOME	6/15/2013	3/9/2009	\$140.09	\$140.09	\$0.00	Long	Non-Covered
0	FEDL HOME	5/15/2013	12/10/2004	\$230.73	\$232.75	(\$2.02)	Long	Non-Covered
0	FEDL HOME	5/15/2013	12/14/2004	\$1,045.74	\$1,066.65	(\$20.91)	Long	Non-Covered
0	FEDL HOME	5/15/2013	3/9/2009	\$146.61	\$146.61	\$0.00	Long	Non-Covered
0	FEDL HOME	4/15/2013	12/10/2004	\$805.71	\$812.76	(\$7.05)	Long	Non-Covered
0	FEDL HOME	4/15/2013	12/14/2004	\$1,068.64	\$1,090.01	(\$21.37)	Long	Non-Covered
0	FEDL HOME	4/15/2013	3/9/2009	\$139.73	\$139.73	\$0.00	Long	Non-Covered
0	FEDL HOME	3/15/2013	12/10/2004	\$339.01	\$341.98	(\$2.97)	Long	Non-Covered
0	FEDL HOME	3/15/2013	12/14/2004	\$649.98	\$662.98	(\$13.00)	Long	Non-Covered
0	FEDL HOME	3/15/2013	3/9/2009	\$222.96	\$222.96	\$0.00	Long	Non-Covered
0	FEDL HOME	2/15/2013	12/10/2004	\$382.64	\$385.99	(\$3.35)	Long	Non-Covered
0	FEDL HOME	2/15/2013	12/14/2004	\$366.06	\$373.38	(\$7.32)	Long	Non-Covered
0	FEDL HOME	2/15/2013	3/9/2009	\$117.07	\$117.07	\$0.00	Long	Non-Covered

THE MANO EN MANO CHARITABLE FOUNDATION
2013 STOCK SALES

Quantity	Description	Date Sold	Date Acquired	Proceeds	Cost	Realized Gain/Loss	Holding Period	Covered/Non - Covered
0	FEDL HOME	1/15/2013	12/10/2004	\$910.90	\$918.87	(\$7.97)	Long	Non-Covered
0	FEDL HOME	1/15/2013	12/14/2004	\$772.28	\$787.73	(\$15.45)	Long	Non-Covered
0	FEDL HOME	1/15/2013	3/9/2009	\$270.49	\$270.49	\$0.00	Long	Non-Covered
0	FIRST HORI	12/25/2013	6/25/2010	\$49.49	\$45.70	\$3.79	Long	Non-Covered
0	FIRST HORI	11/25/2013	6/25/2010	\$73.67	\$68.02	\$5.65	Long	Non-Covered
0	FIRST HORI	10/25/2013	6/25/2010	\$374.95	\$346.21	\$28.74	Long	Non-Covered
0	FIRST HORI	9/25/2013	6/25/2010	\$331.41	\$306.01	\$25.40	Long	Non-Covered
0	FIRST HORI	8/25/2013	6/25/2010	\$58.96	\$54.44	\$4.52	Long	Non-Covered
0	FIRST HORI	7/25/2013	6/25/2010	\$207.38	\$191.48	\$15.90	Long	Non-Covered
0	FIRST HORI	6/25/2013	6/25/2010	\$57.19	\$52.81	\$4.38	Long	Non-Covered
0	FIRST HORI	5/25/2013	6/25/2010	\$55.85	\$51.57	\$4.28	Long	Non-Covered
0	FIRST HORI	4/25/2013	6/25/2010	\$304.16	\$280.85	\$23.31	Long	Non-Covered
0	FIRST HORI	3/25/2013	6/25/2010	\$57.28	\$52.89	\$4.39	Long	Non-Covered
0	FIRST HORI	2/25/2013	6/25/2010	\$135.77	\$125.36	\$10.41	Long	Non-Covered
0	FIRST HORI	1/25/2013	6/25/2010	\$225.03	\$207.78	\$17.25	Long	Non-Covered
35,000.00	FORD MOTOR	2/7/2013	8/24/2011	\$38,325.00	\$33,834.51	\$4,490.49	Long	Non-Covered
2,309.47	FORWARD CR	8/9/2013	Various	\$18,637.42	\$20,009.53	(\$1,372.11)	Long	Non-Covered
1,971.48	GOLDMAN SA	10/24/2013	Various	\$21,925.78	\$21,097.14	\$828.64	Long	Non-Covered
15	GOOGLE INC	11/1/2013	8/13/2012	\$15,415.52	\$9,864.71	\$5,550.81	Long	Non-Covered
250	HEINZ H J	2/14/2013	10/20/2011	\$18,116.65	\$13,117.33	\$4,999.32	Long	Non-Covered
600	ISHARES GO	6/24/2013	12/11/2008	\$7,469.21	\$4,902.70	\$2,566.51	Long	Non-Covered
50	ISHARES RU	11/19/2013	3/1/2012	\$5,458.22	\$4,103.00	\$1,355.22	Long	Non-Covered
150	ISHARES RU	11/19/2013	1/27/2012	\$16,374.65	\$11,956.35	\$4,418.30	Long	Non-Covered
150	ISHARES U	8/15/2013	3/1/2012	\$9,500.83	\$9,060.96	\$439.87	Long	Non-Covered
0	JP MORGAN	12/25/2013	8/31/2009	\$695.54	\$629.25	\$66.29	Long	Non-Covered
0	JP MORGAN	11/25/2013	8/31/2009	\$501.95	\$454.11	\$47.84	Long	Non-Covered
0	JP MORGAN	10/25/2013	8/31/2009	\$321.47	\$290.83	\$30.64	Long	Non-Covered
0	JP MORGAN	9/25/2013	8/31/2009	\$245.95	\$222.51	\$23.44	Long	Non-Covered
0	JP MORGAN	8/25/2013	8/31/2009	\$170.53	\$154.28	\$16.25	Long	Non-Covered
0	JP MORGAN	7/25/2013	8/31/2009	\$412.75	\$373.41	\$39.34	Long	Non-Covered
0	JP MORGAN	6/25/2013	8/31/2009	\$49.13	\$44.45	\$4.68	Long	Non-Covered
0	JP MORGAN	5/25/2013	8/31/2009	\$479.28	\$433.60	\$45.68	Long	Non-Covered
0	JP MORGAN	4/25/2013	8/31/2009	\$582.96	\$527.40	\$55.56	Long	Non-Covered
0	JP MORGAN	3/25/2013	8/31/2009	\$319.38	\$288.94	\$30.44	Long	Non-Covered
0	JP MORGAN	2/25/2013	8/31/2009	\$301.54	\$272.80	\$28.74	Long	Non-Covered
0	JP MORGAN	1/25/2013	8/31/2009	\$412.66	\$373.33	\$39.33	Long	Non-Covered
0	JP MORGAN M	12/25/2013	6/18/2012	\$68.45	\$64.69	\$3.76	Long	Non-Covered
0	JP MORGAN M	11/25/2013	6/18/2012	\$304.47	\$287.72	\$16.75	Long	Non-Covered
0	JP MORGAN M	10/25/2013	6/18/2012	\$69.35	\$65.54	\$3.81	Long	Non-Covered
0	JP MORGAN M	9/25/2013	6/18/2012	\$488.39	\$461.53	\$26.86	Long	Non-Covered
0	JP MORGAN M	8/25/2013	6/18/2012	\$307.92	\$290.98	\$16.94	Long	Non-Covered
0	JP MORGAN M	7/25/2013	6/18/2012	\$165.05	\$155.97	\$9.08	Long	Non-Covered
0	JP MORGAN M	6/25/2013	6/18/2012	\$1,002.77	\$947.62	\$55.15	Long	Non-Covered
300	JPMORGAN C	8/8/2013	8/7/2012	\$16,442.94	\$11,290.92	\$5,152.02	Long	Non-Covered
25,000.00	LB UBS COM	2/15/2013	4/30/2009	\$119.59	\$114.89	\$4.70	Long	Non-Covered
0	LB UBS COM	1/17/2013	4/30/2009	\$69.36	\$66.63	\$2.73	Long	Non-Covered
75	MCDONALDS	12/5/2013	7/21/2011	\$7,152.92	\$6,469.84	\$683.08	Long	Non-Covered
1,000.00	MFA FINL I	8/5/2013	7/10/2012	\$7,794.19	\$8,056.55	(\$262.36)	Long	Non-Covered
0	OPTEUM MTG	12/25/2013	7/30/2009	\$193.80	\$154.80	\$39.00	Long	Non-Covered
0	OPTEUM MTG	11/25/2013	7/30/2009	\$147.52	\$117.83	\$29.69	Long	Non-Covered
0	OPTEUM MTG	10/25/2013	7/30/2009	\$212.19	\$169.49	\$42.70	Long	Non-Covered
0	OPTEUM MTG	9/25/2013	7/30/2009	\$43.48	\$34.73	\$8.75	Long	Non-Covered
0	OPTEUM MTG	8/25/2013	7/30/2009	\$143.98	\$115.00	\$28.98	Long	Non-Covered
0	OPTEUM MTG	7/25/2013	7/30/2009	\$429.52	\$343.08	\$86.44	Long	Non-Covered
0	OPTEUM MTG	6/25/2013	7/30/2009	\$41.61	\$33.24	\$8.37	Long	Non-Covered
0	OPTEUM MTG	5/25/2013	7/30/2009	\$71.41	\$57.04	\$14.37	Long	Non-Covered
0	OPTEUM MTG	4/25/2013	7/30/2009	\$181.36	\$144.86	\$36.50	Long	Non-Covered
0	OPTEUM MTG	3/25/2013	7/30/2009	\$132.76	\$106.04	\$26.72	Long	Non-Covered
0	OPTEUM MTG	2/25/2013	7/30/2009	\$238.62	\$190.60	\$48.02	Long	Non-Covered
0	OPTEUM MTG	1/25/2013	7/30/2009	\$235.95	\$188.47	\$47.48	Long	Non-Covered
400	STATOIL AS	4/4/2013	12/13/2011	\$9,623.20	\$10,092.05	(\$468.85)	Long	Non-Covered
TOTAL LONG-TERM				\$271,864.21	\$238,050.53	\$33,813.68		