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Form **990-PF**

Return of Private Foundation or Section 4947(a)(1) Trust Treated as Private Foundation

OMB No. 1545-0052

Department of the Treasury Internal Revenue Service

► Do not enter Social Security numbers on this form as it may be made public. ► Information about Form 990-PF and its separate instructions is at www.irs.gov/form990pf.

2013

For calendar year 2013, or tax year beginning , 2013, and ending ,								
THE	L & A FOUNDATION	-		A Employer Identification num	nber			
P.O.	BOX 50002		ŀ	52-7240271 B Telephone number (see the	instructions)			
BOIS	E, ID 83705-0002	ļ	208-860-1902					
C Ch	eck all that apply: Initial return	Initial return of a form	nor public should	C If exemption application is	pending, check here			
G CII	Final return	Amended return	ner public charity	D. 1 Farmer areaminghese short				
	Address change	Name change		D 1 Foreign organizations, chec	اسيا			
H		(c)(3) exempt private f	oundation	2 Foreign organizations meet here and attach computation	ing the 85% test, check			
"	Section 4947(a)(1) nonexempt charitable t		private foundation		لسا			
				E If private foundation status under section 507(b)(1)(A)	was terminated			
	arr market value of all assets at end of year J Acc from Part II, column (c), line 16)	ounting method: XC	ash	F If the foundation is in a 60				
► §	625, 367. (Part 1,	column (d) must be or	r cash basis.)	under section 507(b)(1)(B)				
Part	Manalysis of Revenue and			(2) 4 1 1 1	(d) Dishumanana			
	Expenses (The total of amounts in	(a) Revenue and expenses per books	(b) Net investmen income	t (c) Adjusted net income	(d) Disbursements for charitable			
	columns (b), (c), and (d) may not neces- sarily equal the amounts in column (a)	, ,			purposes (cash			
	(see instructions).)				basis only)			
	Contributions, gifts, grants, etc, received (att sch)	Pilitares No Petro Carton Republicant State	公师 2000000000000000000000000000000000000		THE PROPERTY OF			
	2 Ck X if the foundn is not req to att Sch B 3 Interest on savings and temporary	经济部分的			TO THE CONTRACTOR			
	cash investments							
	4 Dividends and interest from securities	12,213.	12,21	3. 12,213.	WWW.Challers.			
	5 a Gross rents	STV STCHT of SEAL MARKETON SATISFACT AND AN	NO CONCENSION AND ADDRESS OF THE PERSON TAX	NECT IN LOCAL PROPERTY OF THE PROPERTY OF THE				
В	or (loss) 6 a Net gain/(loss) from sale of assets not on line 10	40 277						
R E V	b Gross sales price for all 200 /110	40,277.			Per transport de la company			
Ž	assets on line 6a 200, 410. Capital gain net income (from Part IV, line 2)		40,27	7				
Ė N	8 Net short-term capital gain		Parker State of the State of th					
U E	9 Income modifications			l di				
-	10a Gross sales less returns and allowances							
	b Less. Cost of							
	goods sold			an markanamanyan Ter				
	11—Other-income-(attach-schedule)		ANGWETT LEAGUES BY BY MARKET MENTERS AN	95844 1				
	RECEIVED							
	12 Fotal - Add-lines -1-through (1)1	52,490.	52,49	0. 12,213.				
	Compensation of officers, directors, trustees, etc.	0.						
	15 Pension plans, employee benefits				-			
А								
D M	b Accounting lees (attach schedule)							
l N	c Other prof fees (attach sch) . SEE . ST. 1	7,959.	7,95					
PS	17 Interest	33.		3.				
O P E R A T	18 Taxes (attach scheduleXsee instrs) SEE STM 2 19 Depreciation (attach	54.	5	4.	STATE OF THE PROPERTY OF THE PARTY OF THE PA			
RAAT	sch) and depletion							
I Ì N V G E	20 Occupancy							
_	21 Travel, conferences, and meetings 22 Printing and publications							
A E N X D P	23 Other expenses (attach schedule)			_				
A N D E N S E S	SEE STATEMENT 3	2,509.	1,25	5.	1,254.			
S E	24 Total operating and administrative							
Š	expenses. Add lines 13 through 23. 25 Contributions, gifts, grants paid PART. XV.	10,555.	9,30		1,254.			
	1	27,000.	STEED TO STATE	学生 はなるのでは、日本のは、	27,000.			
	Add lines 24 and 25	37 <u>,55</u> 5.	9,30	1. 0.	28,254.			
	27 Subtract line 26 from line 12:			新工程工程工程				
	a Excess of revenue over expenses and disbursements	14,935.						
	b Net investment income (if negative, enter -0-)		43,18	9. 1284274527454244				
	C Adjusted net income (if negative, enter -0-)		day at the same					
DAAE	or Panerwork Reduction Act Notice see ins	tructions		TEE ADEDAL 10/19/13	Form 990 PE (2012)			

Page 2

Par		Balance Sheets Column should be for end-of-year amounts only. (See instructions)	(a) Book Value	(b) Book Value	(c) Fair Market Value
			(a) book value	(b) book value	(C) I all Warket Value
	1	Cash — non-interest-bearing.		14 226	14 006
	2	Savings and temporary cash investments		14,226.	14,226.
	3	Accounts receivable Less: allowance for doubtful accounts			
			NEWFOLDSENSON NEWFOLD SECO		ale-enargement of the service of
	4	Pledges receivable			
	_	Less: allowance for doubtful accounts			
	5	Grants receivable			<u></u>
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)	į		
	7	Other notes and loans receivable (attach sch) >			
A		Less: allowance for doubtful accounts	18.27.25.27.2		
S	8	Inventories for sale or use			
A S S E T	9	Prepaid expenses and deferred charges	-		
Ś	10 a	Investments – U.S. and state government obligations (attach schedule)			
	١,	b Investments — corporate stock (attach schedule).		531,143.	611,141.
		: Investments — corporate stock (attach schedule)		531,143.	011,141.
	1	Investments — land, buildings, and			CONTRACTOR DESCRIPTION OF THE PROPERTY OF THE
	''	equipment: basis			
		Less: accumulated depreciation (attach schedule)			
	12	Investments – mortgage loans			
	13	Investments — other (attach schedule)			•
	14	Land, buildings, and equipment: basis ►		TACOMINA DE PARTICIONES	
		Less: accumulated depreciation (attach schedule)		had destroy and the transfer to the sales	
	15	Other assets (describe ►)			
	16	Total assets (to be completed by all filers — see the instructions. Also, see page 1, item I).	531,223.	545,369.	625,367.
L	17	Accounts payable and accrued expenses	331,223.	343,309.	025,507.
Į	18	Grants payable			
A B	19	Deferred revenue			
- !	20	Loans from officers, directors, trustees, & other disqualified persons			
ī	21	Mortgages and other notes payable (attach schedule)			
Ţ	22	Other liabilities (describe	789.		
Ε					
<u> </u>	23	Total liabilities (add lines 17 through 22)	789.	0.	
		Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31.	}		
ΝF	24	Unrestricted			
N F E U T N	25	Temporarily restricted			
D	26	Permanently restricted			
S B		Foundations that do not follow SFAS 117, check here and complete lines 27 through 31.			
A B A L A	27	Capital stock, trust principal, or current funds			
SN	28	Paid-in or capital surplus, or land, building, and equipment fund			
O E	29	Retained earnings, accumulated income, endowment, or other funds	530,434.	545,369.	
ŔŜ	30	Total net assets or fund balances (see instructions)	530,434.	545,369.	
	31	Total liabilities and net assets/fund balances (see instructions)	E21 222	E 4 E 3 C O	
Par	। स्राप्त	Analysis of Changes in Net Assets or Fund Balanc	531,223.	545,369.	
1	ota end-	I net assets or fund balances at beginning of year — Part II, colu of-year figure reported on prior year's return)	ımn (a), line 30 (must a	gree with 1	530,434.
2	Ente	r amount from Part I, line 27a		2	14,935.
3	Other	increases not included in line 2 (itemize)		3	
4	Auu	mies 1, 2, and 3		4	545,369.
5	Decre	ases not included in line 2 (itemize)		5	
6	Tota	I net assets or fund balances at end of year (line 4 minus line 5)	- Part II, column (b),	ine 30 6	545,369.

TESS.	(a) List and describe	the kind(s) of property sold (e.g., r	eal estate.	(b) How ac		(C) Date acquired	(d) Date sold
	2-story brick warehous	e; or common stock, 200 shares ML	C Company)	`P´ — Purci D — Dona		(month, day, year)	(month, day, year)
	CAPITAL GAIN DIVIDE			P		VARIOUS	VARIOUS
	557 SCH ST US TREAS	. ETF		P		5/10/11	1/10/13
	SCHEDULED			P		VARIOUS	<u>VARIOUS</u>
d							<u> </u>
	(e) Gross sales price	(f) Depreciation allowed	(g) Cost or other bas	SIS		(h) Gain or	(loss)
		(or allowable)	plus expense of sal	е		(e) plus (f) m	
a							12,722.
b				7,954.			190.
d			21.	2,187.			27,365.
e							
		ing gain in column (h) and owned b	v the foundation on 12/31/69	9 —		(I) Gains (Colu	ımn (h)
	(i) Fair Market Value as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of column over column (j), if a	(i)		in minus column (k) 1 -0-) or Losses (fro), but not less
а					-		12,722.
b	······································						190.
			· · · · · · · · · · · · · · · · · · ·				27,365.
d							
		∐	enter in Part I, line 7		T		
2	Capital gain net income or (net	If (loss), en	ter -0- in Part I, line 7		2		40,277.
3		loss) as defined in sections 1222(5)					
		e 8, column (c) (see instructions). If	(loss), enter -0-	•	3		0.
Par		Section 4940(e) for Reduce		ent Incoi	me		
	optional use by domestic private tion 4940(d)(2) applies, leave th	e foundations subject to the section his part blank.	4940(a) tax on net investme	ent income	e.)		
If sec Was If 'Ye	tion 4940(d)(2) applies, leave the the foundation liable for the secs, the foundation does not qual	nis part blank. tion 4942 tax on the distributable ar ify under section 4940(e). Do not co	nount of any year in the bas omplete this part.	se period?		Yes	X No
Was If 'Ye	tion 4940(d)(2) applies, leave the the foundation liable for the secs, the foundation does not qual	nis part blank. tion 4942 tax on the distributable ar	nount of any year in the bas	se period?	ies.	Yes (d) Distribution nn (b) divided t	ratio
Was If 'Ye	the foundation liable for the secs, the foundation does not qual Enter the appropriate amount in Base period years Calendar year (or tax year	tion 4942 tax on the distributable ar ify under section 4940(e). Do not con n each column for each year; see the (b) Adjusted qualifying distributions	nount of any year in the bas omplete this part. he instructions before makin (c) Net value of noncharitable-use ass	g any entr	ies.	(d) Distribution	ratio
Was If 'Ye	tion 4940(d)(2) applies, leave the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in Base period years Calendar year (or tax year beginning in) 2012 2011	tion 4942 tax on the distributable ar ify under section 4940(e). Do not con n each column for each year; see the	nount of any year in the bas omplete this part. he instructions before makin (c) Net value of noncharitable-use ass	se period?	ies.	(d) Distribution	ratio by column (c))
Was If 'Ye	tion 4940(d)(2) applies, leave the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in Base period years Calendar year (or tax year beginning in) 2012 2011 2010	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the harmonic distributions 28,182. 27,328.	nount of any year in the base omplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 583	g any entrests 6,103. 1,286. 7,143.	ies.	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704
Was If 'Ye	the foundation liable for the secs, the foundation does not qual Enter the appropriate amount in the Calendar year (or tax year beginning in) 2012 2011 2010 2009	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the harmonic distributions 28,182. 27,328. 23,365. 31,495.	nount of any year in the base omplete this part. In instructions before making (c) Net value of noncharitable-use ass 566 58.	g any entrests 6,103. 1,286. 7,143. 5,639.	ies.	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853
Was If 'Ye	tion 4940(d)(2) applies, leave the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in Base period years Calendar year (or tax year beginning in) 2012 2011 2010	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the harmonic distributions 28,182. 27,328.	nount of any year in the base omplete this part. In instructions before making (c) Net value of noncharitable-use ass 566 58.	g any entrests 6,103. 1,286. 7,143.	ies.	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704
Was If 'Ye 1	the foundation liable for the secs, the foundation does not qual Enter the appropriate amount in the Calendar year (or tax year beginning in) 2012 2011 2010 2009	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the harmonic distributions 28,182. 27,328. 23,365. 31,495.	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 581 481	g any entrests 6,103. 1,286. 7,143. 5,639.	ies.	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268
If sec Was If 'Ye 1	the foundation liable for the sec s,' the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in Base period years Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the (b) Adjusted qualifying distributions 28,182. 27,328. 23,365. 31,495. 36,416.	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 56 58 54 48 62 otal on line 2 by 5, or by the	g any entrests 6,103. 1,286. 7,143. 5,639.	colur	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853
If sec Was If 'Ye 1	the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in the Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the number of years the sec	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the (b) Adjusted qualifying distributions 28,182. 27,328. 23,365. 31,495. 36,416.	nount of any year in the base omplete this part. It is instructions before making (c) Net value of noncharitable-use ass 560 580 541 480 620 Otal on line 2 by 5, or by the 5 years	g any entrests 6,103. 1,286. 7,143. 5,639.	(colur	(d) Distribution	ratio oy column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268 0.262620
Was If 'Ye 1	the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in the Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the number of years the sec	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the half of the column for each year; see the colu	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 583 541 483 624 Otal on line 2 by 5, or by the 5 years	g any entrests 6,103. 1,286. 7,143. 5,639. 4,970.	(colur	(d) Distribution	ratio oy column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268 0.262620 0.052524 599,974.
Was If 'Ye 1 2 3	the foundation liable for the secs, the foundation does not qual Enter the appropriate amount in the Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the number of years the foundation.	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the (b) Adjusted qualifying distributions 28, 182. 27, 328. 23, 365. 31, 495. 36, 416.	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 583 541 483 624 Otal on line 2 by 5, or by the 5 years	g any entrests 6,103. 1,286. 7,143. 5,639. 4,970.	(colur	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268 0.262620 0.052524 599,974. 31,513.
Was If 'Ye 1 2 3 4 5	the foundation liable for the secs, the foundation does not qual Enter the appropriate amount is (a) Base period years Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the number of years the foundation. Enter the net value of noncharic Multiply line 4 by line 3.	tion 4942 tax on the distributable arify under section 4940(e). Do not con each column for each year; see the (b) Adjusted qualifying distributions 28, 182. 27, 328. 23, 365. 31, 495. 36, 416.	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 583 541 483 624 Otal on line 2 by 5, or by the 5 years	g any entrests 6,103. 1,286. 7,143. 5,639. 4,970.	2 3 4 5	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268 0.262620 0.052524 599,974. 31,513. 432.
Was If 'Ye 1 2 3 4 5	tion 4940(d)(2) applies, leave the foundation liable for the sec s,' the foundation does not qual Enter the appropriate amount in (a) Base period years Calendar year (or tax year beginning in) 2012 2011 2010 2009 2008 Total of line 1, column (d) Average distribution ratio for the number of years the foundation. Enter the net value of noncharical Multiply line 4 by line 3.	tion 4942 tax on the distributable ar ify under section 4940(e). Do not con each column for each year; see the (b) Adjusted qualifying distributions 28,182. 27,328. 23,365. 31,495. 36,416. e 5-year base period — divide the to has been in existence if less than table-use assets for 2013 from Part come (1% of Part I, line 27b).	nount of any year in the basemplete this part. It instructions before making (c) Net value of noncharitable-use ass 560 583 541 483 624 Otal on line 2 by 5, or by the 5 years	g any entrests 6,103. 1,286. 7,143. 5,639. 4,970.	2 3 4 5 6	(d) Distribution	ratio by column (c)) 0.049782 0.047013 0.042704 0.064853 0.058268 0.262620

•							
	990-PF (2013) THE L & A FOUNDATION		52-7	24027	1	F	Page 4
	tivism Excise Tax Based on Investment Income (Section 4940(a), 49		– see ii	nstructi	ons)		
1 a	Exempt operating foundations described in section 4940(d)(2), check here and enter 'l		12.0	罗西			
	Date of ruling or determination letter: (attach copy of letter if necessar	y – see instrs)					
t	Domestic foundations that meet the section 4940(e) requirements in Part V,		- [1			864.
	check here > and enter 1% of Part I, line 27b		ij.				
C	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, I	ine 12, column (b)	1				
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)			2			0.
3	Add lines 1 and 2		[3			864.
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundation	ns only. Others enter -	o-)	4			0.
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, ent	er -0	[5		- {	864.
6	Credits/Payments:		1	震量	25.4		
a	2013 estimated tax pmts and 2012 overpayment credited to 2013	6 a					
	Exempt foreign organizations tax withheld at source	6 b					
	Tax paid with application for extension of time to file (Form 8868)	6 c					
C	Backup withholding erroneously withheld	6 d					36
7		• • • • • • • • • • • • • • • • • • • •		7			0.
8	Enter any penalty for underpayment of estimated tax. Check here if Form 23	220 is attached		8			
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		. •	9			<u>864.</u>
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	1	· -	10			
11 1555	Enter the amount of line 10 to be: Credited to 2014 estimated tax	Refunded	^	11	-		
W-027-00					izvana	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	- N-
1 a	During the tax year, did the foundation attempt to influence any national, state, o participate or intervene in any political campaign?	r local legistation or did	lit		警 1 a	Yes	No
					·- 1 a	<u> </u>	X
t	Did it spend more than \$100 during the year (either directly or indirectly) for politic (see the instructions for definition)?	cal purposes			. 1ь		Х
	If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies or distributed by the foundation in connection with the activities.	of any materials publishe	d				
C	Did the foundation file Form 1120-POL for this year?				. 1 c	Same	X
C	Enter the amount (if any) of tax on political expenditures (section 4955) imposed					P/50.3	观测
	(1) On the foundation ► \$ 0 . (2) On foundation man Enter the reimbursement (if any) paid by the foundation during the year for political exp	agers ►Ş		0			
	foundation managers > \$	enditure tax imposed on					
2	Has the foundation engaged in any activities that have not previously been report	ed to the IRS?			2	and the	X
	If 'Yes,' attach a detailed description of the activities.				17/20	0.000	1
3	Has the foundation made any changes, not previously reported to the IRS, in its govern	ing instrument articles			1		
Ŭ	Has the foundation made any changes, not previously reported to the IRS, in its govern of incorporation, or bylaws, or other similar instruments? If 'Yes,' attach a conformation of the instruments of the	med copy of the change	es		3	TITLE I	X
4 a	Did the foundation have unrelated business gross income of \$1,000 or more during	ng the year?			. 4a		Х
b	If 'Yes,' has it filed a tax return on Form 990-T for this year?				4b	N	/A
5	Was there a liquidation, termination, dissolution, or substantial contraction during the year? \ldots .				5		Х
	If 'Yes,' attach the statement required by General Instruction T.						
6	Are the requirements of section 508(e) (relating to sections 4941 through 4945) sa	atisfied either:					
	By language in the governing instrument, or						
	 By state legislation that effectively amends the governing instrument so that no mand with the state law remain in the governing instrument?	atory directions that conf	lict		. 6	X	
7	Did the foundation have at least \$5,000 in assets at any time during the year? If 'Yes,' complete Part II,					X	\vdash
	Enter the states to which the foundation reports or with which it is registered (see				阿维	(24)	SHEET
	ID	·					翻
ь	If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney Gene	eral					
	(or designate) of each state as required by General Instruction G? If 'No,' attach explanation				8ь	Х	

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Form 990-PF (2013)

Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2013 or the taxable year beginning in 2013 (see instructions for Part XIV)? If 'Yes,' complete Part XIV

Did any persons become substantial contributors during the tax year? If 'Yes,' attach a schedule listing their names and addresses

BAA

	n 990-PF (2013) THE L & A FOUNDATION NAME Statements Regarding Activities (continued)	52-724027	1	Р	age 5
- W	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes', attach schedule (see instructions)		11		х
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified perso advisory privileges? If 'Yes,' attach statement (see instructions)	n had			X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption			X	
14	Website address	no. ► 208-86	50-19	902	~
	Located at P.O. BOX 50002 BOISE ID	83705	 - \T/\T	<u>-</u> -	
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 — Check here and enter the amount of tax-exempt interest received or accrued during the year		. N/. A		∐ N/A
16	At any time during calendar year 2013, did the foundation have an interest in or a signature or other authority or bank, securities, or other financial account in a foreign country?	ver a	16	Yes	No X
	See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If 'Yes,' enter the name of the foreign country	е			
Pa	★VII:B Statements Regarding Activities for Which Form 4720 May Be Required		arcesa)	PARENTS?	J.SEYS.
	File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.		智盛	Yes	No
1 8	a During the year did the foundation (either directly or indirectly):	T. 62.			
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	Yes X No			
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	Yes X No			
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	Yes X No			
		Yes X No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	Yes X No			
	(6) Agree to pay money or property to a government official? (Exception. Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	Yes XNo			
ŧ	If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)?		1 b	N	/A
	Organizations relying on a current notice regarding disaster assistance check here	···· > []			
(Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2013?		1 c		X X
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):				
£	At the end of tax year 2013, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2013?	Yes X No			
ŀ	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a all years listed, answer 'No' and attach statement — see instructions.))(2) to	2 b	N	A A
(If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years he 20, 20, 20, 20	ere.			
3 8	a Did the foundation hold more than a 2% direct or indirect interest in any business	Yes X No			
ŧ	olf 'Yes,' did it have excess business holdings in 2013 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2013.)	· · · · · · · · · · · · · · · · · · ·	3 b	N	/A
4 8	a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?		4 a		Х
i	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2013?		3 4 b		X
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Part VII:B: Statements Regarding Activiti	es for Which Form	4/20 Way Be Req	uirea (continuea)						
5 a During the year did the foundation pay or incu	-								
(1) Carry on propaganda, or otherwise attemp	t to influence legislation	n (section 4945(e))? .	Yes X	No S					
(2) Influence the outcome of any specific publ on, directly or indirectly, any voter registra	c election (see section tion drive?	4955); or to carry	Yes X	No					
(3) Provide a grant to an individual for travel,	(3) Provide a grant to an individual for travel, study, or other similar purposes?								
(4) Provide a grant to an organization other th in section 509(a)(1), (2), or (3), or section	nan a charitable, etc, ord 4940(d)(2)? (see instru	ganization described ictions)	Yes X	No S					
(5) Provide for any purpose other than religious educational purposes, or for the prevention	us, charitable, scientific n of cruelty to children o	, literary, or or animals?	Yes X	No S					
b If any answer is 'Yes' to 5a(1)-(5), did any of the described in Regulations section 53.4945 or in (see instructions)?	the transactions fail to day	qualify under the except ling disaster assistance	tions	5b N/A					
Organizations relying on a current notice regar				J. J. WA					
c If the answer is 'Yes' to question 5a(4), does to tax because it maintained expenditure response	he foundation claim exe sibility for the grant?	emption from the	N/A. Yes	No S					
If 'Yes,' attach the statement required by Regu									
6 a Did the foundation, during the year, receive an on a personal benefit contract?	y funds, directly or indi	rectly, to pay premiums	; ∏Yes [X	No					
b Did the foundation, during the year, pay premi	ums, directly or indirect	tly, on a personal benet	it contract?	6 b X					
If 'Yes' to 6b, file Form 8870.		L'A-d ka., ab-lk-, k							
7a At any time during the tax year, was the found b If 'Yes,' did the foundation receive any proceed				l necoura intercental and manage					
Rant VIII Information About Officers, Di									
and Contractors	,		, , g ,						
1 List all officers, directors, trustees, foundation	n managers and their o	compensation (see inst	ructions).						
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances					
JEFFREY L. ADAMS	TRUSTEE	0.	0.	0.					
PO BOX 9754 BOISE, ID 83707	0								
LAURA L. ADAMS	TRUSTEE	0.	0.	0.					
4236 TERRACE ST. OAKLAND, CA 94611	0								
W. W. LESTER, III 23600 S.W. NEWLAND RD.	TRUSTEE 0	0.	0.	0.					
WILSONVILLE, OR 97070 GARY W. GUNTHER	TRUSTEE	0.	0.	0.					
1900 E. SPRING MEADOW LANE	0	0.	0.						
BOISE, ID 83706									
2 Compensation of five highest-paid employees (of		on line 1 – see instruction	ns). If none, enter 'NONE						
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d)Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances					
NONE									
Total number of other employees paid over \$50,000)			0					
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Form 990-PF (2013) THE L & A FOUNDATION

Form	990-PF (2013) THE L & A FOUNDATION 52-724	10271 Page 7
Par	Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid E and Contractors (continued)	
3	Five highest-paid independent contractors for professional services (see instructions). If none, enter 'NONE.'	
	(a) Name and address of each person paid more than \$50,000 (b) Type of service	(c) Compensation
ON		
Tota	I number of others receiving over \$50,000 for professional services	0
	₩XA Summary of Direct Charitable Activities	
List tl organ	ne foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of izations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1	N/A	
2		
_		
3		
_		· · · · · · · · · · · · · · · · · · ·
4		
Pai	**************************************	
Desc	cribe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
ı	N/A	
	IV/A	
2		
All o	other program-related investments. See instructions.	

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Total. Add lines 1 through 3...

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Form 990-PF (2013) THE L & A FOUNDATION 52-7240271 F

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc, purposes:	1000	
	A Average monthly fair market value of securities		597,486.
	Average of monthly cash balances		11,625.
	Fair market value of all other assets (see instructions)		
	d Total (add lines 1a, b, and c)	1 d	609,111.
	e Reduction claimed for blockage or other factors reported on lines 1a and 1c	200	
	(attach detailed explanation)		
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	609,111.
4	Cash deemed held for charitable activities. Enter 1-1/2% of line 3		
4	(for greater amount, see instructions)	4	9,137.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	11	599,974.
6	Minimum investment return. Enter 5% of line 5		29,999.
Pai	tXI課 Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operations	ting f	oundations
4500	and certain foreign organizations check here ► and do not complete this part.)	9	
1	Minimum investment return from Part X, line 6	1	29,999.
	a Tax on investment income for 2013 from Part VI, line 5 2a 864.		25,555.
	b Income tax for 2013. (This does not include the tax from Part VI.)		
	Add lines 2a and 2b	2c	864.
3			29,135.
4	Recoveries of amounts treated as qualifying distributions		29,133.
5	Add lines 3 and 4.		20 125
6	Deduction from distributable amount (see instructions)		29,135.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1		00 105
			29,135.
Pa	Qualifying Distributions (see instructions)		
1	Amounts paid (including administrative expenses) to accomplish charitable, etc, purposes:		
'	Expenses, contributions, gifts, etc — total from Part I, column (d), line 26	1 a	28,254.
	Program-related investments — total from Part IX-B		20,231.
	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc. purposes	2	-
		250	"
5	Amounts set aside for specific charitable projects that satisfy the: a Suitability test (prior IRS approval required)	3 a	
	Cash distribution test (attach the required schedule)		
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4		28,254.
_	·	 	20,234.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions)	5	
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	28,254.
	Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the for qualifies for the section 4940(e) reduction of tax in those years.	ındatıon	

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RantXIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2012	(c) 2012	(d) 2013
1 Distributable amount for 2013 from Part XI, line 7				29,135.
2 Undistributed income, if any, as of the end of 2013:				25,155.
a Enter amount for 2012 only			26,226.	
b Total for prior years: 20, 20, 20		0.		
3 Excess distributions carryover, if any, to 2013:				
a From 2008				
b From 2009				
c From 2010				
d From 2011				
e From 2012				
f Total of lines 3a through e	V.			
XII, line 4: ► \$ 28,254.				
a Applied to 2012, but not more than line 2a			26,226.	
•		and the section of a sign of a section of the secti		
b Applied to undistributed income of prior years (Election required – see instructions)		0.		
c Treated as distributions out of corpus				
(Election required — see instructions)	0.			
d Applied to 2013 distributable amount		沙里斯克斯姆斯克 斯	的思想的思想	2,028.
e Remaining amount distributed out of corpus	0.		の名をある。	では、対象を表現を表現
5 Excess distributions carryover applied to 2013	0.			0.
(If an amount appears in column (d), the same amount must be shown in column (a).)				
· · · ·				
6 Enter the net total of each column as				
indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency				
has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable				
amount - see instructions		0.		
e Undistributed income for 2012. Subtract line 4a from		新聞母和於		
line 2a. Taxable amount — see instructions			0.	
f Undistributed income for 2013. Subtract lines				
4d and 5 from line 1. This amount must be				
distributed in 2014.				27,107.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed				
by section 170(b)(1)(F) or 4942(g)(3) (see instructions)				
·	0.			
8 Excess distributions carryover from 2008 not applied on line 5 or line 7 (see instructions)	0.			
			では、	
9 Excess distributions carryover to 2014. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2009				
b Excess from 2010				
c Excess from 2011				
d Excess from 2012 .				
e Excess from 2013	自認為自由主義		世界三世	ESEATED TO

Form 990-PF (2013) THE L & A FOUND				52-724027	1 Page 10		
Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9) 1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling							
is effective for 2013, enter the date of the	e ruling			ne ruling ►			
b Check box to indicate whether the found		erating foundation de		4942(j)(3) or	4942(j)(5)		
2a Enter the lesser of the adjusted net income from Part I or the minimum	Tax year		Prior 3 years				
investment return from Part X for each year listed	(a) 2013	(b) 2012	(c) 2011	(d) 2010	(e) Total		
b 85% of line 2a							
c Qualifying distributions from Part XII, line 4 for each year listed							
d Amounts included in line 2c not used directly for active conduct of exempt activities .	·						
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c							
3 Complete 3a, b, or c for the alternative test relied upon:							
a 'Assets' alternative test — enter:							
(1) Value of all assets	·						
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)			~~.				
b 'Endowment' alternative test — enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed							
c 'Support' alternative test - enter:							
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)							
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(III)							
(3) Largest amount of support from an exempt organization							
(4) Gross investment income							
RartXVI Supplementary Information assets at any time during	n (Complete this the year – see in	part only if the structions.)	foundation had	\$5,000 or more	in		
Information Regarding Foundation Man a List any managers of the foundation who had close of any tax year (but only if they had NONE	ave contributed more the	nan 2% of the total co than \$5,000). (See	ontributions received section 507(d)(2).)	by the foundation bef	ore the		
b List any managers of the foundation who or a partnership or other entity) of which th NONE	wn 10% or more of the e foundation has a 1	stock of a corporatio 0% or greater intere	n (or an equally large est.	portion of the owner	ship of		
2 Information Regarding Contribution, Go Check here X if the foundation only requests for funds. If the foundation male complete items 2a, b, c, and d.	makes contributions to	preselected charitabl	e organizations and o	does not accept unsol nizations under othe	icited er conditions,		
a The name, address, and telephone number	or e-mail of the perso	n to whom application	ns should be address	ed:			
b The form in which applications should be	e submitted and infor	mation and materia	Is they should includ	de:			
c Any submission deadlines:				· · · · · · · · · · · · · · · · · · ·			
d Any restrictions or limitations on awards	, such as by geograp	hical areas, charital	ble fields, kınds of ıı	nstitutions, or other	factors:		

Rantix V Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment If recipient is an individual, show any relationship to any foundation manager or substantial contributor Foundation Recipient Purpose of grant or contribution status of recipient Amount Name and address (home or business) a Paid during the year SEE STATEMENT 4 27,000. b Approved for future payment ▶ 3b

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Part XVI-A Analysis of Income-Producing Activities

Ente	er gross amounts unless otherwise indicated.		Unrelated business income E			d by section 512, 513, or 514	(e)	
1	Progr	am service revenue:	(a) Business code	(b) Amount	(c) Exclu- sion code	(d) Amount	Related or exempt function income (See instructions.)	
' a		an service revenue.			code			
- b					 			
c			1		 			
d								
е					 			
f					1	· · · · · · · · · · · · · · · · · · ·		
g	Fees	and contracts from government agencies.	<u> </u>				 	
2		pership dues and assessments						
3	Interest	t on savings and temporary cash investments			ĺ			
4	Divide	ends and interest from securities			14		12,213.	
5	Net re	ental income or (loss) from real estate:						
а	Debt-1	financed property						
b	Not de	ebt-financed property						
6	Net ren	ital income or (loss) from personal property						
7	Other	investment income						
8	Gain or	(loss) from sales of assets other than inventory			18	40,277.		
9	Net in	ncome or (loss) from special events						
10	Gross	profit or (loss) from sales of inventory .						
11	Other	revenue:	建設的		総経路	四年 (1995年)	THE STATE OF	
а								
b								
c		·	<u> </u>					
d					<u> </u>			
е								
12		etal. Add columns (b), (d), and (e)	的重要的	<u> </u>	語語語	40,277.	12,213.	
		Add line 12, columns (b), (d), and (e).				13	52,490.	
(See	works	heet in line 13 instructions to verify calculation	ons.)					
Par	t _i XVI	Ba Relationship of Activities to the	Accompl	ishment of Exemp	t Purpo	oses		
Line	e No. ▼	Explain below how each activity for which in accomplishment of the foundation's exempt	ncome is rep	orted in column (e) of F ther than by providing f	art XVI- junds for	A contributed important	ly to the	
	/A							
IN	/ A							
			· · · · · · · · · · · · · · · · · · ·					
—								
							·· <u>···</u> ·-	
				· · · · · · · · · · · · · · · · · · ·				
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Form 990-PF (2013) THE L & A FOUNDATION 52-7240271 Part XVIII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

de re a Tr (1) (2 b Oi (1) (2 (3) (4 (5)	escribe lating ransfer) Casi) Other ther tra) Sale) Puro) Ren) Ren) Loar) Perf	organization directled in section 501(c) to political organization from the reporting the respective from the reporting the respective from the reporting assets	of the Code (of ations? g foundation to	a noncharitable mpt organizatior ble exempt orga r assets.	exempt organiza	izations) or in	section 527,		1a (1) 1a (2) 1b (1) 1b (2) 1b (3) 1b (4) 1b (5) 1b (6) 1c		X X X X X X X X X X X X X X X X X X X
d If the ar	the an e good ny tran	iswer to any of the s, other assets, or se saction or sharing	above is 'Yes,' ervices given by arrangement, sl	complete the foll the reporting foun how in column (lowing schedule. Idation. If the foun by the value of the	Column (b) s dation received e goods, othe	should always sho i less than fair mai r assets, or servio	ow the fair maket value in ces received	narket valu I.	e of	
(a) Line		(b) Amount involved		of noncharitable exen			ption of transfers, tran			gements	
N/A	$\neg +$		1		. •	(-)	, , , , , , , , , , , , , , , , , , , ,				
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	+										—
					7.72						—
	-										
			_		 .		<u> </u>				
										-	_
d€	escribe	undation directly or in the distribution of th	of the Code (ot	d with, or related the than section	to, one or more ta 501(c)(3)) or in	x-exempt orgai section 527?	nizations		. Yes	XNo)
	(a)	Name of organiza	tion	(b) Type	of organization		(c) Descri	ption of rela	tionship		_
N/A					· · · · · · · · · · · · · · · · · · ·				•		
, ••											_
						 -					—
											
								 			
											
Sign	Under p correct,	penalties of perjury, I declarated and complete. Declarated	are that I have exam on of preparer (other	ined this return, includ than taxpayer) is base	ding accompanying sch ed on all information of	edules and staten which preparer ha	nents, and to the best of as any knowledge	of my knowledge	May the IF	RS discuss	\neg
Here		Carl I			سارنا ترا	WDITC!	ממח		this return	ı with the shown belo	"I
11616	Sign	thus of officer the land	\simeq		3 //4/4 Date	TRUS'	LCC		. (see instru	uctions)?	
	Signe	ture of office or trustee		Indiana.		Title				Yes	No
		Print/Type preparer's n	ame	Preparer's	signature	Date	Chec	xk ∰ ıf	PTIN		
Paid				SELF-I	PREPARED		self-e	employed			NE S
Prepa	rer	Firm's name			ENERGY KESTERS		Firm's Ell	N >			
		Firm's address					The state of the s	morney.	The state of the s		
Use O	шу	-	man all man de la company				ALL DE LEGIS	ZIEDNICH III		72-70-25-110-22	<u>তঙ্গ</u> ন
		1		MATERIAL PROPERTY OF THE PARTY	Propinsi ne propinsi na pr		Phone no	DESCRIPTION OF THE PERSON OF T			
BAA					禁止我们的				Form 990 -	- PF (2013	3)

2013	FEDI	ERAL STA	TEMENT	·S	PAGE 1
CLIENT 70216G	THE L & A FOUNDATION				52-724027 1
5/09/14					03:52PM
STATEMENT 1 FORM 990-PF, PART I, LINE 16C OTHER PROFESSIONAL FEES					
INVESTMENT MANAGEMENT	iotai	(A) EXPENSES PER BOOK \$ 7,95 \$ 7,95	S <u>INCC</u> 9. \$ 7	MENT ADJUSTED ME NET INCOME ,959.	(D) CHARITABLE PURPOSES \$ 0.
STATEMENT 2 FORM 990-PF, PART I, LINE 18 TAXES					
EXCISE TAX	TOTAL	(A) EXPENSES PER BOOK: \$ 5 \$ 5		MENT ADJUSTED	(D) CHARITABLE PURPOSES \$ 0.
STATEMENT 3 FORM 990-PF, PART I, LINE 23 OTHER EXPENSES					
TRUSTEE FEES	TOTAL	(A) EXPENSE: PER BOOK \$ 2,50 \$ 2,50	S INVEST S INC 9. \$ 1	NET (C) MENT ADJUSTED OME NET INCOME ,255. ,255. \$ 0.	(D) CHARITABLE PURPOSES \$ 1,254. \$ 1,254.
STATEMENT 4 FORM 990-PF, PART XV, LINE 3A RECIPIENT PAID DURING THE YEAR					
NAME AND ADDRESS	REL	DONEE ATIONSHIP	FOUND- ATION STATUS	PURPOSE OF GRANT	AMOUNT
RECREATIONAL AVIATION FOUNDATION 1711 W. COLLEGE AVE BOZEMAN, MT 59715	NONE		PUBLIC	GENERAL	\$ 2,500.
IDAHO AVIATION FOUNDATION PO BOX 2016 EAGLE, ID 83616	NONE		PUBLIC	GENERAL	1,000.
LIFE'S KITCHEN PO BOX 6286 BOISE, ID 83707	NONE		PUBLIC	GENERAL	1,500.

. . .

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FEDERAL STATEMENTS

PAGE 2

CLIENT 70216G

THE L & A FOUNDATION

52-7240271 03:52PM

27,000.

TOTAL \$

STATEMENT 4 (CONTINUED) FORM 990-PF, PART XV, LINE 3A RECIPIENT PAID DURING THE YEAR

NAME AND ADDRESS	DONEE RELATIONSHIP	FOUND- ATION STATUS	PURPOSE OF GRANT	AMOUNT
TREASURE VALLEY FAMILY YMCA 1177 W. STATE ST. BOISE, ID 83702	NONE	PUBLIC	PERMANENT ENDOWMENT	\$ 6,500.
INTERFAITH SANCTUARY HOUSING SERVICES PO BOX 9334 BOISE, ID 83707	NONE	PUBLIC	GENERAL	500.
IDAHO HUMANE SOCIETY 4775 DORMAN ST. BOISE, ID 83705	NONE	PUBLIC	GENERAL	1,000.
BOISE RESCUE MISSION PO BOX 1494 BOISE, ID 83701	NONE	PUBLIC	GENERAL	1,500.
LAND TRUST OF THE TREASURE VALLEY PO BOX 106 BOISE, ID 83701	NONE	PUBLIC	GENERAL	5,000.
THE NATURE CONSERVANCY OF IDAHO 116 FIRST AVENUE NORTH HAILEY, ID 83333	NONE	PUB. CHAR	GENERAL	500.
FIRST CONGREGATIONAL CHURCH 2201 WOODLAWN AVE. BOISE, ID 83702	NONE	PUB. CHAR	GENERAL	1,000.
BOISE URBAN GARDEN SCHOOL PO BOX 833 BOISE, ID 83701	NONE	PUB. CHAR	GENERAL	1,000.
ELECTRONIC PRIVACY INFORMATION CENTER 1718 CONNECTICUT AVE. NW, STE 200 WASHINGTON, DC 20009	NONE	PUB. CHAR		2,000.
INTERPLAY/BODY WISDOM 2273 TELEGRAPH AVE. OAKLAND, CA 94612	NONE	PUB. CHAK	. GENERAL 2. GENERAL	2,000.
THE INNOCENCE PROJECT 40 WORTH ST., STE. 701 NEW YORK, NY 10013	NONE	PUB. CHAR	2. GENERAL	1,000.

The L&A Foundation 52-7240271 Form 990-PF

Part II, Line 10(b) - Investments - Corporate Stock (12/31/12)

	Cost	Fair Market <u>Value</u>
492.250 Nuveen S. T. Bond Fund	4,543	4,952
2998.030 Nuveen Core Bond Fund	33,312	35,766
2300.728 Nuveen High Income Bond Fund	20,756	20,960
212.327 T Rowe Price Midcap Growth Fund	13,710	11,990
649.761 T Rowe Price Midcap Value Fund	16,452	15,620
750.000 Ishares MSCI Eafe Index ETF	38,086	42,645
669.000 Ishares MSCI Emerging Markets ETF	22,647	29,670
3079.913 Credit Suisse Comm. Ret. S.T. Co.	26,276	24,732
655.000 Spdr Trust Series 1	86,331	93,279
1456.947 Nuveen Real Estate Sec. Fund	25,265	30,975
798.176 Scout International Fund	24,751	26,619
3135.634 Pimco Total Return Fund	34,415	35,245
2054.015 American Century Equity Income Fund	. 15,569	16,062
771.107 Aberdeen Fds. Emerging Market Fund	10,078	12,230
280.219 American Europacific Growth Fund	10,004	11,531
251.000 Ishares Core S&P Smallcap ETF	17,615	19,603
237.000 Ishares MSCI Eafe Value Index Fund	10,182	11,528
123.000 Midcap/SPDR Trust Series 1 ETF	20,275	22,842
1376.810 Nuveen Largecap Growth Opport. Fund	45,844	49,221
531.234 Vanguard Windsor II Admiral Fund	25,000	27,693
600 SCH St. US TRSR ETF	30,112	30,324
	F24 000	
	531,223	573,487

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Part II, Line 10(b) - Investments - Corporate Stock 12/31/2013

	Cost	Mkt. Value
43 SCH St. US TRSR ETF	2,158	2,174
200 Exelon Corp.	5,895	5,478
170 Kinder Morgan Inc.	6,085	6,120
290.189 Nuveen Short Term Bond Fund	2,678	2,914
603.781 Nuveen Core Bond Fund	7,122	6,847
1608.341 Nuveen High Inc. Bond Fund	14,242	14,523
212.327 T Rowe Price Midcap Growth Fund	13,710	15,453
649.761 T Rowe Price Midcap Value Fund	16,452	19,525
750 Ishares MSCI Eafe Index ETF	38,086	50,321
445 SPDR Trust Series I	58,632	82,187
876.953 Nuveen Real Estate Sec. Fund	14,943	17,276
850.916 Scout International Fund	26,573	31,694
505.338 Ell International Properties I Fund	10,206	9,849
3930.064 Goldman Sachs Comm. Stategy Ins. Fund	22,048	22,283
439.499 Blackrock Emerging Mkts. LS Equity Fund	4,711	4,615
2135.366 Causeway Emerging Mkts. Instl Fund	25,197	24,856
1313.691 Morgan Dempsey Small Micro Cap. Val. Fund	18,142	18,418
335.811 Robeco Boston Partners LS Research Fund	4,712	4,846
2864.613 Pimco Total Return Fund	31,394	30,623
1393.330 American Century Equity Income Fund	10,561	11,955
1693.010 Aberdeen Fds Emerging Market Fund	24,342	24,498
280.219 American Europacific Growth Fund	10,004	13,725
99 Midcap SPDR Trust Series I ETF	16,319	24,176
687.074 Nuveen Largecap Growth Opport. Fund	23,292	28,012
531.234 Vanguard Windsor II Admiral Fund	25,000	34,658
1126.103 Loomis Sayles Abs. Strategy Y Fund	11,726	11,317
1400.144 Oppenheimer Sr. Floating Rate Fund	11,677	11,775
670.763 Fidelity Cap. Trust Capital Apprec. Fund	21,464	24,268
755.408 Neuberger Berman Long Sh. Ins. Fund	8,801	9,609
205 SPDR DJ Wilshire International Fund	8,690	8,446
1882.144 T Rowe Price Intnl. Growth & Income Fund	26,858	29,305
923.810 Driehaus Select Credit Fund	9,423	9,395
	531,143	611,141

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Part IV, Capital Gains & Losses

	Date	Date	Sales		Gain
	Aquired	Sold	Price	Cost	(Loss)
538.636 Nuveen Core Plus Bond Fd.	Var	3/11/2013	6,388	5,936	452
727.829 Nuveen High Inc. Bond Fd.	Var	3/11/2013	6,761	6,833	(72)
202.061 Nuveen Shortterm Bond Fd.	Var	3/11/2013	2,035	1,865	170
271.021 Pimco Total Return Fd	4/27/2011	3/11/2013	3,033	3,020	13
31 Ishares Core S&P Smallcap Fd.	5/23/2012	3/13/2013	2,669	2,176	493
237 Ishares MSCI Eafe Ind. Fd.	1/13/2012	3/13/2013	11,941	10,182	1,759
689.736 Nuveen Largecap Growth Opp.	5/21/2012	3/11/2013	26,479	22,552	3,927
154.269 Nuveen Real Estate Secs I	Var	3/11/2013	3,459	2,927	532
166 SPDR S&P 500 ETF	4/3/2008	3/13/2013	25,743	21,895	3,848
3079.913 Credit Suisse Con Ret ST Co	4/1/2008	8/21/2013	22,884	26,276	(3,392)
660.685 Amer. Cent. Equity Inc. Fd.	4/26/2011	10/7/2013	5,768	5,008	760
150.29 Fidelity Cap Tr-Cap Apprec. Fd	3/15/2013	10/7/2013	5,454	4,809	645
824.899 Nuveen Core Plus Bond Fd.	Var	11/21/2013	9,478	9,074	404
605 ipath Dow Jones UBS Comm. Fd.	8/23/2013	11/25/2013	21,563	23,099	(1,536)
220 Ishares Core S&P Smallcap ETF	5/23/2012	11/25/2013	23,014	15,440	7,574
669 MSCI Emerging Mkts. ETF	Var	11/25/2013	28,318	22,647	5,671
24 Midcap SPDR Trust Series I ETF	1/13/2012	11/29/2013	5,709	3,956	1,753
425.725 Nuveen Real Est. Sec. Fd.	Var	11/21/2013	8,987	7,394	1,593
1040.763 Nuveen Core Plus Bond Fd.	Var	12/13/2013	11,979	11,294	685
44 SPDR 500 ETF	4/3/2008	12/16/2013	7,890	5,804	2,086
			239.552	212.187	<u>27,365</u>