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**Return of Private Foundation  
or Section 4947(a)(1) Trust Treated as Private Foundation**

**2013**

Department of the Treasury  
Internal Revenue Service

▶ Do not enter Social Security numbers on this form as it may be made public.  
▶ Information about Form 990-PF and its separate instructions is at [www.irs.gov/form990pf](http://www.irs.gov/form990pf).

For calendar year 2013, or tax year beginning Jul 1, 2013, and ending Jun 30, 2014

Name of foundation <b>The Mental Wellness Foundation, Inc.</b>		<b>A</b> Employer identification number 52-2287352
Number and street (or P O box number if mail is not delivered to street address) 8171 Maple Lawn Blvd		<b>B</b> Telephone number (see the instructions) (240) 295-1600
Room/suite 375		<b>C</b> If exemption application is pending, check here. <input type="checkbox"/>
City or town, state or province, country, and ZIP or foreign postal code Fulton MD 20759		
<b>G</b> Check all that apply:		<b>D</b> 1 Foreign organizations, check here . . . . . <input type="checkbox"/> 2 Foreign organizations meeting the 85% test, check here and attach computation . . . . . <input type="checkbox"/>
<input type="checkbox"/> Initial return <input type="checkbox"/> Initial Return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		
<b>H</b> Check type of organization:		<b>E</b> If private foundation status was terminated under section 507(b)(1)(A), check here . . . . . <input type="checkbox"/>
<input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		
<b>I</b> Fair market value of all assets at end of year (from Part II, column (c), line 16) \$ 4,219,343.		<b>F</b> If the foundation is in a 60-month termination under section 507(b)(1)(B), check here . . . . . <input type="checkbox"/>
<b>J</b> Accounting method <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d) must be on cash basis)		

<b>Part I Analysis of Revenue and Expenses</b> (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
<b>1</b>	Contributions, gifts, grants, etc. received (att sch) . . . . .				
<b>2</b>	Chk <input checked="" type="checkbox"/> if the foundn is not req to att Sch B				
<b>3</b>	Interest on savings and temporary cash investments . . . . .	29,935.			
<b>4</b>	Dividends and interest from securities . . . . .	76,473.			
<b>5a</b>	Gross rents . . . . .				
<b>b</b>	Net rental income or (loss) . . . . .				
<b>6a</b>	Net gain/(loss) from sale of assets not on line 10	39,358.	2-6a Stmt		
<b>b</b>	Gross sales price for all assets on line 6a . . . . . 1,705,060.				
<b>7</b>	Capital gain net income (from Part IV, line 2) . . . . .		39,358.		
<b>8</b>	Net short-term capital gain . . . . .			0.	
<b>9</b>	Income modifications . . . . .				
<b>10a</b>	Gross sales less returns and allowances . . . . .				
<b>b</b>	Less Cost of goods sold . . . . .				
<b>c</b>	Gross profit/(loss) (att sch) . . . . .				
<b>11</b>	Other income (attach schedule) . . . . .				
<b>12</b>	<b>Total.</b> Add lines 1 through 11. . . . .	145,766.	39,358.	0.	
<b>13</b>	Compensation of officers, directors, trustees, etc . . . . .				
<b>14</b>	Other employee salaries and wages . . . . .				
<b>15</b>	Pension plans, employee benefits . . . . .				
<b>16a</b>	Legal fees (attach schedule) . . . . .				
<b>b</b>	Accounting fees (attach sch) 1-236b Stmt.	9,070.	1,303.		7,767.
<b>c</b>	Other prof fees (attach sch) . . . . .				
<b>17</b>	Interest . . . . .				
<b>18</b>	Taxes (attach schedule) (see instructions)				
<b>19</b>	Depreciation (attach sch) and depletion . . . . .				
<b>20</b>	Occupancy . . . . .				
<b>21</b>	Travel, conferences, and meetings . . . . .				
<b>22</b>	Printing and publications . . . . .				
<b>23</b>	Other expenses (attach schedule) See Line 23 Stmt	21,841.	21,196.		645.
<b>24</b>	<b>Total operating and administrative expenses.</b> Add lines 13 through 23 . . . . .	30,911.	22,499.		8,412.
<b>25</b>	Contributions, gifts, grants paid . . . . .	221,150.			221,150.
<b>26</b>	<b>Total expenses and disbursements.</b> Add lines 24 and 25 . . . . .	252,061.	22,499.		229,562.
<b>27</b>	Subtract line 26 from line 12:				
<b>a</b>	<b>Excess of revenue over expenses and disbursements</b> . . . . .	-106,295.			
<b>b</b>	<b>Net Investment Income</b> (if negative, enter -0-) . . . . .		16,859.		
<b>c</b>	<b>Adjusted net income</b> (if negative, enter -0-) . . . . .			0.	

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ADMINISTRATIVE AND OPERATING EXPENSES

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)			
		Beginning of year	End of year		
		(a) Book Value	(b) Book Value	(c) Fair Market Value	
ASSETS	1	Cash – non-interest-bearing . . . . .			
	2	Savings and temporary cash investments . . . . .	115,582.	106,152.	106,152.
	3	Accounts receivable . . . . . ▶			
		Less: allowance for doubtful accounts ▶			
	4	Pledges receivable . . . . . ▶			
		Less: allowance for doubtful accounts ▶			
	5	Grants receivable . . . . .			
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions) . . . . .			
	7	Other notes and loans receivable (attach sch) . ▶			
		Less: allowance for doubtful accounts ▶			
	8	Inventories for sale or use . . . . .			
	9	Prepaid expenses and deferred charges . . . . .			
	10a	Investments – U.S. and state government obligations (attach schedule) . . . . . L-10a. Stmt . . . . .	184,348.	304,437.	304,437.
	b	Investments – corporate stock (attach schedule) . L-10b. Stmt . . . . .	3,034,717.	3,237,675.	3,237,675.
	c	Investments – corporate bonds (attach schedule) . L-10c. Stmt . . . . .	490,941.	571,079.	571,079.
	11	Investments – land, buildings, and equipment: basis . . . . . ▶			
	Less: accumulated depreciation (attach schedule) . . . . . ▶				
12	Investments – mortgage loans . . . . .				
13	Investments – other (attach schedule) . . . . .				
14	Land, buildings, and equipment: basis ▶				
	Less: accumulated depreciation (attach schedule) . . . . . ▶				
15	Other assets (describe ▶)				
16	<b>Total assets</b> (to be completed by all filers – see the instructions. Also, see page 1, item I). . . . .	3,825,588.	4,219,343.	4,219,343.	
LIABILITIES	17	Accounts payable and accrued expenses . . . . .			
	18	Grants payable . . . . .			
	19	Deferred revenue . . . . .			
	20	Loans from officers, directors, trustees, & other disqualified persons . . . . .			
	21	Mortgages and other notes payable (attach schedule) . . . . .			
	22	Other liabilities (describe ▶)			
	23	<b>Total liabilities</b> (add lines 17 through 22) . . . . .			
NET ASSETS OR FUND BALANCES		<b>Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31.</b> <input checked="" type="checkbox"/>			
	24	Unrestricted . . . . .	3,825,588.	4,219,343.	
	25	Temporarily restricted . . . . .			
	26	Permanently restricted . . . . .			
		<b>Foundations that do not follow SFAS 117, check here and complete lines 27 through 31.</b> <input type="checkbox"/>			
	27	Capital stock, trust principal, or current funds . . . . .			
	28	Paid-in or capital surplus, or land, building, and equipment fund . . . . .			
29	Retained earnings, accumulated income, endowment, or other funds . . . . .				
30	<b>Total net assets or fund balances</b> (see instructions) . . . . .	3,825,588.	4,219,343.		
31	<b>Total liabilities and net assets/fund balances</b> (see instructions) . . . . .	3,825,588.	4,219,343.		

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year – Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return) . . . . .	1	3,825,588.
2	Enter amount from Part I, line 27a . . . . .	2	-106,295.
3	Other increases not included in line 2 (itemize) . . . . . ▶ <u>Change in unrealized gain on investment</u>	3	500,050.
4	Add lines 1, 2, and 3 . . . . .	4	4,219,343.
5	Decreases not included in line 2 (itemize) . . . . . ▶ <u>See Other Decreases Stmt</u>	5	
6	<b>Total net assets or fund balances at end of year</b> (line 4 minus line 5) – Part II, column (b), line 30 . . . . .	6	4,219,343.

**Capital Gains and Losses for Tax on Investment Income**

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shares MLC Company)	(b) How acquired P — Purchase D — Donation	(c) Date acquired (month, day, year)	(d) Date sold (month, day, year)
1 a See Attached Schedule	P	various	various
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 1,705,060.		1,665,702.	39,358.
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(j) Gains (Column (h) gain minus column (k), but not less than -0-) or Losses (from column (h))
(i) Fair Market Value as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of column (i) over column (j), if any	
a			39,358.
b			
c			
d			
e			

2 Capital gain net income or (net capital loss)	[ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 ]	2	39,358.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6)	[ If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8 ]	3	39,358.

**Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income**

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?  Yes  No

If 'Yes,' the foundation does not qualify under section 4940(e). Do not complete this part

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries	(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (column (b) divided by column (c))
	2012	236,420.	3,913,517.	0.060411
	2011	277,316.	4,014,984.	0.069070
	2010	241,872.	4,281,013.	0.056499
	2009	204,184.	4,046,316.	0.050462
	2008	258,986.	3,950,997.	0.065550

2 Total of line 1, column (d)	2	0.301992
3 Average distribution ratio for the 5-year base period — divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0.060398
4 Enter the net value of noncharitable-use assets for 2013 from Part X, line 5.	4	4,062,826.
5 Multiply line 4 by line 3	5	245,387.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	169.
7 Add lines 5 and 6.	7	245,556.
8 Enter qualifying distributions from Part XII, line 4	8	229,562.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions

**Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see instructions)**

1 a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter 'N/A' on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary – see instrs)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input type="checkbox"/> and enter 1% of Part I, line 27b . . . . .		1	337.
c All other domestic foundations enter 2% of line 27b Exempt foreign organizations enter 4% of Part I, line 12, column (b) . . . . .			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only Others enter -0-) . . . . .		2	0.
3 Add lines 1 and 2 . . . . .		3	337.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-) . . . . .		4	0.
5 Tax based on investment income. Subtract line 4 from line 3 If zero or less, enter -0- . . . . .		5	337.
6 Credits/Payments			
a 2013 estimated tax pmts and 2012 overpayment credited to 2013 . . . . .	6 a	5,256.	
b Exempt foreign organizations – tax withheld at source . . . . .	6 b		
c Tax paid with application for extension of time to file (Form 8868) . . . . .	6 c	0.	
d Backup withholding erroneously withheld . . . . .	6 d		
7 Total credits and payments Add lines 6a through 6d . . . . .		7	5,256.
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached . . . . .		8	
9 Tax due If the total of lines 5 and 8 is more than line 7, enter amount owed . . . . .		9	
10 Overpayment If line 7 is more than the total of lines 5 and 8, enter the amount overpaid . . . . .		10	4,919.
11 Enter the amount of line 10 to be Credited to 2014 estimated tax . . . . . 4,919. Refunded . . . . .		11	

**Part VII-A Statements Regarding Activities**

	Yes	No
1 a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign? . . . . .		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see the instructions for definition)? . . . . . <i>If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.</i>		X
c Did the foundation file Form 1120-POL for this year? . . . . .		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation . . . . . \$ _____ (2) On foundation managers . . . . . \$ _____		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers . . . . . \$ _____		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? . . . . . <i>If 'Yes,' attach a detailed description of the activities</i>		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If 'Yes,' attach a conformed copy of the changes</i> . . . . .		X
4 a Did the foundation have unrelated business gross income of \$1,000 or more during the year? . . . . .		X
b If 'Yes,' has it filed a tax return on Form 990-T for this year? . . . . .		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? . . . . . <i>If 'Yes,' attach the statement required by General Instruction T</i>		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument? . . . . .	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If 'Yes,' complete Part II, column (c), and Part XV</i> . . . . .	X	
8 a Enter the states to which the foundation reports or with which it is registered (see instructions) . . . . . MD – Maryland		
b If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If 'No,' attach explanation</i> . . . . .	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2013 or the taxable year beginning in 2013 (see instructions for Part XIV)? <i>If 'Yes,' complete Part XIV</i> . . . . .		X
10 Did any persons become substantial contributors during the tax year? <i>If 'Yes,' attach a schedule listing their names and addresses</i> . . . . .		X

**Part VII-A Statements Regarding Activities (continued)**

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes,' attach schedule (see instructions) . . . . .	11		X
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If 'Yes,' attach statement (see instructions) . . . . .	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? . . . . .	13	X	
Website address . . . . . ▶ N/A				
14	The books are in care of ▶ Realty Investment Co, Inc. Telephone no. ▶ (240) 295-1600 Located at ▶ 8171 Maple Lawn Blvd #375, Fulton MD ZIP + 4 ▶ 20759			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here . . . . . ▶ <input type="checkbox"/> and enter the amount of tax-exempt interest received or accrued during the year . . . . . ▶ 15			
16	At any time during calendar year 2013, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? . . . . .	16		X
See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If 'Yes,' enter the name of the foreign country ▶				

**Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required**

File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.

		Yes	No
<b>1 a</b> During the year did the foundation (either directly or indirectly):			
(1)	Engage in the sale or exchange, or leasing of property with a disqualified person? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2)	Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3)	Furnish goods, services, or facilities to (or accept them from) a disqualified person? . . . . . <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
(4)	Pay compensation to, or pay or reimburse the expenses of, a disqualified person? . . . . . <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
(5)	Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6)	Agree to pay money or property to a government official? ( <b>Exception.</b> Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b>	If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? . . . . .	1 b	X
Organizations relying on a current notice regarding disaster assistance check here . . . . . ▶ <input type="checkbox"/>			
<b>c</b>	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2013? . . . . .	1 c	X
<b>2</b>	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)).		
<b>a</b>	At the end of tax year 2013, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2013? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If 'Yes,' list the years ▶ 20 __ , 20 __ , 20 __ , 20 __		
<b>b</b>	Are there any years listed in 2a for which the foundation is <b>not</b> applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer 'No' and attach statement - see instructions) . . . . .	2 b	
<b>c</b>	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here ▶ 20 __ , 20 __ , 20 __ , 20 __		
<b>3 a</b>	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? . . . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
<b>b</b>	If 'Yes,' did it have excess business holdings in 2013 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2013.) . . . . .	3 b	
<b>4 a</b>	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes? . . . . .	4 a	X
<b>b</b>	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2013? . . . . .	4 b	X

**Statements Regarding Activities for Which Form 4720 May Be Required (continued)**

**5 a** During the year did the foundation pay or incur any amount to:

- (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?. . . . .  Yes  No
- (2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? . . . . .  Yes  No
- (3) Provide a grant to an individual for travel, study, or other similar purposes? . . . . .  Yes  No
- (4) Provide a grant to an organization other than a charitable, etc, organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions) . . . . .  Yes  No
- (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? . . . . .  Yes  No

**b** If any answer is 'Yes' to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? . . . . .  Yes  No

Organizations relying on a current notice regarding disaster assistance check here . . . . .

**c** If the answer is 'Yes' to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? . . . . .  Yes  No  
 If 'Yes,' attach the statement required by Regulations section 53.4945-5(d)

**6 a** Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? . . . . .  Yes  No

**b** Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? . . . . .  Yes  No

If 'Yes' to 6b, file Form 8870

**7 a** At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? . . . . .  Yes  No

**b** If 'Yes,' did the foundation receive any proceeds or have any net income attributable to the transaction? . . . . .  Yes  No

**Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**

**1** List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Barbara Bainum 8171 Maple Lawn Blvd, #375, Fulton MD 20759	President/Chairman 0.50	0.	0.	0.
Christine A. Shreve 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Sec/Treas 0.50	0.	0.	0.
Wilfried Busse 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
See Information about Officers, Directors, Trustees, Etc		0.	0.	0.

**2** Compensation of five highest-paid employees (other than those included on line 1 – see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
None				

Total number of other employees paid over \$50,000 . . . . . None

**Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**

**3 Five highest-paid independent contractors for professional services (see instructions). If none, enter 'NONE.'**

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
None		
-----		
-----		
-----		
-----		
Total number of others receiving over \$50,000 for professional services . . . . .		None

**Summary of Direct Charitable Activities**

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 None	0.
2	
3	
4	

**Summary of Program-Related Investments (see instructions)**

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 None	0.
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3 . . . . .	None

BAA

**Minimum Investment Return** (All domestic foundations must complete this part. Foreign foundations, see instructions.)

<b>1</b>	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc, purposes		
<b>a</b>	Average monthly fair market value of securities . . . . .	<b>1 a</b>	3,975,245.
<b>b</b>	Average of monthly cash balances . . . . .	<b>1 b</b>	149,451.
<b>c</b>	Fair market value of all other assets (see instructions) . . . . .	<b>1 c</b>	0.
<b>d</b>	<b>Total</b> (add lines 1a, b, and c) . . . . .	<b>1 d</b>	4,124,696.
<b>e</b>	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation) . . . . .	<b>1 e</b>	
<b>2</b>	Acquisition indebtedness applicable to line 1 assets . . . . .	<b>2</b>	0.
<b>3</b>	Subtract line 2 from line 1d . . . . .	<b>3</b>	4,124,696.
<b>4</b>	Cash deemed held for charitable activities Enter 1-1/2% of line 3 (for greater amount, see instructions) . . . . .	<b>4</b>	61,870.
<b>5</b>	<b>Net value of noncharitable-use assets.</b> Subtract line 4 from line 3 Enter here and on Part V, line 4 . . . . .	<b>5</b>	4,062,826.
<b>6</b>	<b>Minimum investment return.</b> Enter 5% of line 5 . . . . .	<b>6</b>	203,141.

**Distributable Amount** (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here  and do not complete this part.)

<b>1</b>	Minimum investment return from Part X, line 6 . . . . .	<b>1</b>	203,141.
<b>2 a</b>	Tax on investment income for 2013 from Part VI, line 5 . . . . .	<b>2 a</b>	337.
<b>b</b>	Income tax for 2013 (This does not include the tax from Part VI) . . . . .	<b>2 b</b>	
<b>c</b>	Add lines 2a and 2b . . . . .	<b>2 c</b>	337.
<b>3</b>	Distributable amount before adjustments. Subtract line 2c from line 1 . . . . .	<b>3</b>	202,804.
<b>4</b>	Recoveries of amounts treated as qualifying distributions . . . . .	<b>4</b>	
<b>5</b>	Add lines 3 and 4 . . . . .	<b>5</b>	202,804.
<b>6</b>	Deduction from distributable amount (see instructions) . . . . .	<b>6</b>	
<b>7</b>	<b>Distributable amount</b> as adjusted Subtract line 6 from line 5. Enter here and on Part XIII, line 1 . . . . .	<b>7</b>	202,804.

**Qualifying Distributions** (see instructions)

<b>1</b>	Amounts paid (including administrative expenses) to accomplish charitable, etc, purposes		
<b>a</b>	Expenses, contributions, gifts, etc — total from Part I, column (d), line 26 . . . . .	<b>1 a</b>	229,562.
<b>b</b>	Program-related investments — total from Part IX-B. . . . .	<b>1 b</b>	0.
<b>2</b>	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc, purposes . . . . .	<b>2</b>	
<b>3</b>	Amounts set aside for specific charitable projects that satisfy the		
<b>a</b>	Suitability test (prior IRS approval required) . . . . .	<b>3 a</b>	
<b>b</b>	Cash distribution test (attach the required schedule) . . . . .	<b>3 b</b>	
<b>4</b>	<b>Qualifying distributions.</b> Add lines 1a through 3b Enter here and on Part V, line 8, and Part XIII, line 4 . . . . .	<b>4</b>	229,562.
<b>5</b>	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income Enter 1% of Part I, line 27b (see instructions) . . . . .	<b>5</b>	0.
<b>6</b>	<b>Adjusted qualifying distributions.</b> Subtract line 5 from line 4 . . . . .	<b>6</b>	229,562.

**Note.** The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years

**Part XIII Undistributed Income** (see instructions)

	(a) Corpus	(b) Years prior to 2012	(c) 2012	(d) 2013
<b>1</b> Distributable amount for 2013 from Part XI, line 7 . . . . .				202,804.
<b>2</b> Undistributed income, if any, as of the end of 2013				
<b>a</b> Enter amount for 2012 only . . . . .			38,492.	
<b>b</b> Total for prior years 20__ , 20__ , 20__				
<b>3</b> Excess distributions carryover, if any, to 2013				
<b>a</b> From 2008 . . . . .	0.			
<b>b</b> From 2009 . . . . .	0.			
<b>c</b> From 2010 . . . . .	0.			
<b>d</b> From 2011 . . . . .	0.			
<b>e</b> From 2012 . . . . .	0.			
<b>f</b> Total of lines 3a through e . . . . .	0.			
<b>4</b> Qualifying distributions for 2013 from Part XII, line 4: ▶ \$ 229,562.				
<b>a</b> Applied to 2012, but not more than line 2a . . . . .			38,492.	
<b>b</b> Applied to undistributed income of prior years (Election required — see instructions) . . . . .				
<b>c</b> Treated as distributions out of corpus (Election required — see instructions) . . . . .				
<b>d</b> Applied to 2013 distributable amount . . . . .				191,070.
<b>e</b> Remaining amount distributed out of corpus . . . . .	0.			
<b>5</b> Excess distributions carryover applied to 2013 . . . . . (If an amount appears in column (d), the same amount must be shown in column (a).)				
<b>6</b> Enter the net total of each column as indicated below:				
<b>a</b> Corpus Add lines 3f, 4c, and 4e Subtract line 5 . . . . .	0.			
<b>b</b> Prior years' undistributed income Subtract line 4b from line 2b . . . . .		0.		
<b>c</b> Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed . . . . .				
<b>d</b> Subtract line 6c from line 6b Taxable amount — see instructions . . . . .		0.		
<b>e</b> Undistributed income for 2012 Subtract line 4a from line 2a Taxable amount — see instructions . . . . .			0.	
<b>f</b> Undistributed income for 2013 Subtract lines 4d and 5 from line 1. This amount must be distributed in 2014 . . . . .				11,734.
<b>7</b> Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions) . . . . .				
<b>8</b> Excess distributions carryover from 2008 not applied on line 5 or line 7 (see instructions) . . . . .	0.			
<b>9</b> Excess distributions carryover to 2014. Subtract lines 7 and 8 from line 6a . . . . .	0.			
<b>10</b> Analysis of line 9:				
<b>a</b> Excess from 2009 . . . . .	0.			
<b>b</b> Excess from 2010 . . . . .	0.			
<b>c</b> Excess from 2011 . . . . .	0.			
<b>d</b> Excess from 2012 . . . . .	0.			
<b>e</b> Excess from 2013 . . . . .	0.			

**Private Operating Foundations** (see instructions and Part VII-A, question 9)

N/A

**1 a** If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2013, enter the date of the ruling. . . . .

**b** Check box to indicate whether the foundation is a private operating foundation described in section  4942(j)(3) or  4942(j)(5)

**2 a** Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed . . . . .

	Tax year	Prior 3 years			(e) Total
	(a) 2013	(b) 2012	(c) 2011	(d) 2010	
<b>b</b> 85% of line 2a . . . . .					
<b>c</b> Qualifying distributions from Part XII, line 4 for each year listed . . . . .					
<b>d</b> Amounts included in line 2c not used directly for active conduct of exempt activities . . . . .					
<b>e</b> Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c . . . . .					
<b>3</b> Complete 3a, b, or c for the alternative test relied upon.					
<b>a</b> 'Assets' alternative test — enter					
<b>(1)</b> Value of all assets . . . . .					
<b>(2)</b> Value of assets qualifying under section 4942(j)(3)(B)(i) . . . . .					
<b>b</b> 'Endowment' alternative test — enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed . . . . .					
<b>c</b> 'Support' alternative test — enter					
<b>(1)</b> Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties) . . . . .					
<b>(2)</b> Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(ii) . . . . .					
<b>(3)</b> Largest amount of support from an exempt organization . . . . .					
<b>(4)</b> Gross investment income . . . . .					

**Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year — see instructions.)**

**1 Information Regarding Foundation Managers:**

**a** List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2) )  
See Attached  
See Information Regarding Foundation Managers

**b** List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest  
None

**2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc, Programs:**

Check here  if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d

**a** The name, address, and telephone number or e-mail of the person to whom applications should be addressed

**b** The form in which applications should be submitted and information and materials they should include:

**c** Any submission deadlines:

**d** Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

**Supplementary Information (continued)**

**3. Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
<p><b>a</b> Paid during the year See Attached Schedule 2</p>				221,150.
<p><b>Total</b> . . . . . ▶ <b>3 a</b></p>				221,150.
<p><b>b</b> Approved for future payment</p>				
<p><b>Total</b> . . . . . ▶ <b>3 b</b></p>				





Form 990-PF, Page 1, Part I, Line 23

Line 23 Stmt

Other expenses	Rev/Exp Book	Net Inv Inc	Adj Net Inc	Charity Disb
Investment Fees	21,196.	21,196.		
Domain Name	115.			115.
Dues	500.			500.
Website/Computer License	30.			30.
<b>Total</b>	<u>21,841.</u>	<u>21,196.</u>		<u>645.</u>

Form 990-PF, Page 2, Part III, Line 5

Other Decreases Stmt


Total

Form 990-PF, Page 6, Part VIII, Line 1

Information about Officers, Directors, Trustees, Etc.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Person . . <input checked="" type="checkbox"/> Business . <input type="checkbox"/> Scott Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person . . <input checked="" type="checkbox"/> Business . <input type="checkbox"/> Katherine Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person . . <input checked="" type="checkbox"/> Business . <input type="checkbox"/> Todd Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person . . <input checked="" type="checkbox"/> Business . <input type="checkbox"/> Amanda Renschler 8171 Maple Lawn Blvd #375 Fulton MD 20759	Director 0.50	0.	0.	0.

Total

0.      0.      0.

Form 990-PF, Page 10, Part XV, Line 1a  
**Information Regarding Foundation Managers**

List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See Section 507(d)(2).)

Barbara Bainum; Wilfried Busse; Realty Investment Co, Inc.  
Contributed >2% of the total contributions to the Foundation.  
Barbara Bainum is a stockholder of Realty as well as a Director.  
Todd & Scott Renschler are stockholders of Realty. Ms. Christine Shreve  
(Treasurer) is a Director of Realty.

Form 990-PF, Page 1, Part I  
**Line 16b - Accounting Fees**

Name of Provider	Type of Service Provided	Amount Paid Per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Realty Investment Co, Inc	Accounting Services	7,200.	1,303.		5,897.
Esky Fischer	Accounting Services	1,870.			1,870.
Total		<u>9,070.</u>	<u>1,303.</u>		<u>7,767.</u>

Form 990-PF, Page 2, Part II, Line 10a  
**L-10a Stmt**

Line 10a - Investments - US and State Government Obligations:	End of Year		End of Year	
	State and Local Obligations Book Value	State and Local Obligations FMV	US Government Obligations Book Value	US Government Obligations FMV
Chevy Chase Trust- See Attached	279,436.	279,436.	25,001.	25,001.
Total	<u>279,436.</u>	<u>279,436.</u>	<u>25,001.</u>	<u>25,001.</u>

Form 990-PF, Page 2, Part II, Line 10b  
**L-10b Stmt**

Line 10b - Investments - Corporate Stock:	End of Year	
	Book Value	Fair Market Value
Chevy Chase Trust - See Attached Details	3,237,675.	3,237,675.
Total	<u>3,237,675.</u>	<u>3,237,675.</u>

Form 990-PF, Page 2, Part II, Line 10c

**L- 10c Stmt**

<b>Line 10c - Investments - Corporate Bonds:</b>	<b>End of Year</b>	
	<b>Book Value</b>	<b>Fair Market Value</b>
Chevy Chase Trust - See Attached Details	571,079.	571,079.
<b>Total</b>	<u>571,079.</u>	<u>571,079.</u>

**Supporting Statement of:**

Form 990-PF, p12/Line 3 Column (d)

<b>Description</b>	<b>Amount</b>
Chevy Chase Trust	29,842.
Wells Fargo	10.
Enron - Litigation Settlement	40.
Wyeth - Litigation Settlement	43.
<b>Total</b>	<b><u>29,935.</u></b>

The Mental Wellness Foundation - EIN 52-2287352  
 Form 990-PF 2013  
 Part XV, Line 3 (a)  
 Grants and Contributions paid during the year

SCHEDULE 2

Recipient Name	Recipient Address	Status of Recipient	Purpose of Grant	Amount
Homeless Prenatal Program, Inc	2500 18th Street San Francisco, CA 94110	501(c)(3)	Prenatal support	\$ 20,000.00
Hope House DC	PO Box 60682 Washington, DC 20039	501(c)(3)	Outreach programs for prisoner families	\$ 15,000.00
National Science and Technology Education Partnership	PO Box 9644 McLean, VA 22102	501(c)(3)	Support Study Buddy Program	\$ 10,000.00
Open Arms Perinatal Services	2524 16th Ave South #207A Seattle, WA 98144	501(c)(3)	Perinatal support services	\$ 35,000.00
Pro Bono Counseling Project Inc	110 West Road, Suite 202 Baltimore, MD 21204	501(c)(3)	Counseling support groups	\$ 25,000.00
Solid Ground	1501 North 45th Street Seattle, WA 98103	501(c)(3)	Homeless support programs	\$ 35,000.00
Takoma Academy	8120 Carroll Ave Takoma Park, MD 20912	501(c)(3)	Youth programs	\$ 1,150.00
The Community School, Inc.	337 W 30th Street Baltimore, MD 21211	501(c)(3)	Youth programs	\$ 20,000.00
Tipping Point Community	220 Montgomery Street, Suite 850 San Francisco, CA 94104	501(c)(3)	Outreach programs	\$ 15,000.00
Women Organized to Make Abuse Non Existent, Inc	333 Valencia Street, Suite 450 San Francisco, CA 94103	501(c)(3)	Outreach programs	\$ 35,000.00
Rez Refuge Ministries, Inc	PO Box 2016 Fort Defiance, ZA 86504	501(c)(3)	Outreach programs	\$ 10,000.00
			<b>TOTAL GRANTS</b>	<b>\$ 221,150.00</b>

**Asset Detail**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

**Holdings By Category**

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
<b>Cash &amp; Equivalents</b>						
SEI Daily Income Gov T Fund CL A #36 CUSIP: 783965593	98,838.67	\$1.00	\$98,838.67	\$98,838.67	\$0.00	\$20.06
<b>CASH</b>						
<b>Total Cash &amp; Equivalents</b>			\$98,838.67	\$98,838.67	\$0.00	\$20.06
<b>Equities</b>						
<b>Consumer Discretionary</b>						
McDonalds Corp CUSIP: 580135101	700.00	\$100.74	\$70,518.00	\$67,070.89	\$3,447.11	\$2,268.00
Starbucks Corp CUSIP: 855244109	900.00	\$77.38	\$69,642.00	\$50,537.35	\$19,104.65	\$936.00
TJX Companies CUSIP: 872540109	750.00	\$53.15	\$39,862.50	\$34,145.52	\$5,716.98	\$525.00
V F Corp Com CUSIP: 918204108	600.00	\$63.00	\$37,800.00	\$37,805.93	-\$5.93	\$630.00
Walt Disney Company CUSIP: 254687106	1,000.00	\$85.74	\$85,740.00	\$45,087.50	\$40,652.50	\$860.00
			\$303,562.50	\$234,647.19	\$68,915.31	\$5,219.00
<b>Consumer Staples</b>						
Coca Cola Co CUSIP: 191216100	1,500.00	\$42.36	\$63,540.00	\$58,102.56	\$5,437.44	\$1,830.00
Colgate-Palmolive CUSIP: 194162103	600.00	\$68.18	\$40,908.00	\$32,978.77	\$7,929.23	\$864.00
CVS Caremark Corp CUSIP: 126650100	800.00	\$75.37	\$60,296.00	\$50,326.70	\$9,969.30	\$880.00

**Asset Detail (continued)**

The Mental Wellness Foundation, Inc.  
 EIN 52-2287352  
 Part II  
 Lines 10a, 10b, 10c

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Diageo PLC American Depository Receipt CUSIP: 25243Q205	500.00	\$127.27	\$63,635.00	\$59,342.58	\$4,292.42	\$1,600.02
Nestle SA Sporns Adts CUSIP: 641069406	1,250.00	\$77.67	\$97,087.50	\$88,690.00	\$8,397.50	\$2,208.25
Pepsico Inc CUSIP: 713448108	450.00	\$89.34	\$40,203.00	\$32,563.96	\$7,639.04	\$1,179.00
<hr/>						
<b>Energy</b>			\$365,669.50	\$322,004.57	\$43,664.93	\$8,561.27
Chevron Corporation CUSIP: 166764100	500.00	\$130.55	\$65,275.00	\$58,366.34	\$6,908.66	\$2,140.00
EOG RES Inc CUSIP: 26875P101	300.00	\$116.86	\$35,058.00	\$31,955.97	\$3,102.03	\$150.00
Exxon Mobil Corporation CUSIP: 30231G102	350.00	\$100.68	\$35,238.00	\$32,791.46	\$2,446.54	\$966.00
Range Resources Corp CUSIP: 75281A109	400.00	\$86.95	\$34,780.00	\$36,219.96	-\$1,439.96	\$64.00
Schlumberger LTD CUSIP: 806857108	750.00	\$117.95	\$88,462.50	\$51,006.03	\$37,456.47	\$1,200.00
Spectra Energy Corp WI CUSIP: 847560109	2,000.00	\$42.48	\$84,960.00	\$58,619.43	\$26,340.57	\$2,680.00
Suncor Energy Inc CUSIP: 867224107	1,250.00	\$42.63	\$53,287.50	\$38,271.90	\$15,015.60	\$1,072.50
					\$397,061.00	\$89,829.91
					\$307,231.09	\$8,272.50

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
<i>Financials</i>						
Banco Latinoamericano DE Comercio Exterior, S.A. CUSIP: P16994132	2,400.00	\$29.67	\$71,208.00	\$56,121.18	\$15,086.82	\$3,360.00
Berkshire Hathaway Inc-CI B CUSIP: 084670702	600.00	\$126.56	\$75,936.00	\$59,426.48	\$16,509.52	\$0.00
Health Care REIT Inc Com CUSIP: 42217K106	600.00	\$62.67	\$37,602.00	\$35,248.98	\$2,353.02	\$1,908.00
Oversea-Chinese Banking Corp CUSIP: B0F9V20	4,000.00	\$7.66	\$30,642.12	\$31,836.48	-\$1,194.36	\$1,090.92
PNC Financial Services Group CUSIP: 693475105	400.00	\$89.05	\$35,620.00	\$33,907.96	\$1,712.04	\$768.00
Starwood Property Trust Inc Real Estate Investment Trust CUSIP: 85571B105	2,400.00	\$23.77	\$57,048.00	\$58,580.11	-\$1,532.11	\$4,608.00
US Bancorp CUSIP: 902973304	1,400.00	\$43.32	\$60,648.00	\$49,123.06	\$11,524.94	\$1,372.00
Visa Inc CUSIP: 92826C839	400.00	\$210.71	\$84,284.00	\$52,734.65	\$31,549.35	\$640.00
			\$452,988.12	\$376,978.90	\$76,009.22	\$13,746.92
<i>Healthcare</i>						
Henry Schein Inc CUSIP: 806407102	500.00	\$118.66	\$59,327.50	\$54,981.53	\$4,345.97	\$0.00
Illumina Inc CUSIP: 452327109	75.00	\$178.54	\$13,390.50	\$12,865.07	\$525.43	\$0.00
Johnson & Johnson CUSIP: 478160104	800.00	\$104.62	\$83,696.00	\$56,100.02	\$27,595.98	\$2,240.00

Part II

Lines 10a, 10b, 10c

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Laboratory Corp America Hldgs CUSIP: 50540R409	400.00	\$102.40	\$40,960.00	\$40,308.59	\$651.41	\$0.00
Merck & Co Inc CUSIP: 58933Y105	600.00	\$57.85	\$34,710.00	\$34,193.76	\$516.24	\$1,056.00
Novartis AG Sponsored ADR American Depository Receipt CUSIP: 66987V109	500.00	\$90.53	\$45,265.00	\$36,674.95	\$8,590.05	\$1,169.16
Roche Hldg LTD Sponsored American Depository Receipt CUSIP: 771195104	2,200.00	\$37.30	\$82,060.00	\$62,662.50	\$19,397.50	\$2,485.23
<hr/>						
<i>Industrials</i>			\$359,409.00	\$297,786.42	\$61,622.58	\$6,950.39
Danaher Corp CUSIP: 235851102	600.00	\$78.73	\$47,238.00	\$29,971.39	\$17,266.61	\$240.00
Emerson Electric CUSIP: 291011104	575.00	\$66.36	\$38,157.00	\$31,621.59	\$6,535.41	\$989.00
Kuka AG CUSIP: 5529191	600.00	\$60.54	\$36,326.29	\$33,933.23	\$2,393.06	\$246.45
Siemens A G Sponsored American Depository Receipt CUSIP: 826197501	250.00	\$132.19	\$33,047.50	\$33,258.97	-\$211.47	\$753.25
United Technologies Corp CUSIP: 913017109	400.00	\$115.45	\$46,180.00	\$34,592.05	\$11,587.95	\$944.00
3M Co CUSIP: 88579Y101	325.00	\$143.24	\$46,553.00	\$31,670.98	\$14,882.02	\$1,111.50
<hr/>						
			\$247,501.79	\$195,048.21	\$52,453.58	\$4,284.20

**Asset Detail (continued)**

Part II

Lines 10a, 10b, 10c

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
<i>Information Technology</i>						
Apple Computer CUSIP: 037833100	749.00	\$92.93	\$69,604.57	\$11,781.52	\$57,823.05	\$1,408.12
Google Inc Class C CUSIP: 38259P706	100.00	\$575.28	\$57,528.00	\$31,167.15	\$26,360.85	\$0.00
Google INC-CL A CUSIP: 38259P508	100.00	\$584.67	\$58,467.00	\$31,085.73	\$27,381.27	\$0.00
Microsoft Corp CUSIP: 594918104	1,000.00	\$41.70	\$41,700.00	\$31,439.90	\$10,260.10	\$1,120.00
NVIDIA Corp CUSIP: 67066G104	1,750.00	\$18.54	\$32,445.00	\$33,300.40	-\$855.40	\$595.00
Vanguard Information Technology ETF CUSIP: 92204A702	400.00	\$96.79	\$38,716.00	\$36,683.32	\$2,032.68	\$377.60
			\$298,460.57	\$175,458.02	\$123,002.55	\$3,500.72
<i>Materials</i>						
FMC Corp CUSIP: 302491303	550.00	\$71.19	\$39,154.50	\$33,229.89	\$5,924.61	\$330.00
Praxair Inc CUSIP: 74005P104	500.00	\$132.84	\$66,420.00	\$65,748.20	\$671.80	\$1,300.00
			\$105,574.50	\$98,978.09	\$6,596.41	\$1,630.00
<i>Telecomm Services</i>						
AT & T Inc CUSIP: 00206R102	1,889.00	\$35.36	\$66,795.04	\$63,579.86	\$3,215.18	\$3,475.76

Part II

Lines 10a, 10b, 10c

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Verizon Communications CUSIP: 92343V104	700.00	\$48.93	\$34,251.00	\$34,929.93	-\$678.93	\$1,484.00
<hr/>						
Utilities			\$101,046.04	\$98,509.79	\$2,536.25	\$4,959.76
American Elec Power CUSIP: 025537101	800.00	\$55.77	\$44,616.00	\$37,519.91	\$7,096.09	\$1,600.00
Atmos Energy Corp CUSIP: 049560105	1,250.00	\$53.40	\$66,750.00	\$45,828.22	\$20,921.78	\$1,850.00
<hr/>						
Other Eq Mult Fds & ETFs			\$111,366.00	\$83,348.13	\$28,017.87	\$3,450.00
SPDR S&P 500 ETF Trust CUSIP: 78462F103	2,300.00	\$195.72	\$450,156.00	\$350,198.00	\$99,958.00	\$8,231.70
Tortoise MLP Fund CUSIP: 89148B101	1,500.00	\$29.92	\$44,880.00	\$39,660.15	\$5,219.85	\$2,527.50
<hr/>						
			\$495,036.00	\$389,858.15	\$105,177.85	\$10,759.20

Total Equities \$1,207,676.02  
 \$2,678,848.66  
 \$667,866.46  
 \$7,336.68

Live Job

**Asset Detail (continued)**  
**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
<i>Fixed Income</i>						
<i>Government/Agency</i>						
Federal Home Loan Bank DTD 04/30/2014 Var Cpn 04/30/2019 Callable CUSIP: 3130A1NC8	25,000.00	\$100.01	\$25,001.75 <div style="border: 1px solid black; padding: 2px; display: inline-block;">Line 10a \$25,001.75</div>	\$24,987.50	\$14.25	\$125.00
<i>Municipal</i>						
Wisconsin State HSG & Econ Dev Auth Single Family Housing Revenue DTD 12/18/2007 5.125% 03/01/2024 Callable GO of Auth CUSIP: 97689P6N3	10,000.00	\$102.80	\$10,280.30 <div style="border: 1px solid black; padding: 2px; display: inline-block;">Line 10a \$10,280.30</div>	\$10,402.95	-\$122.65	\$512.50
<i>Corporates/CDs</i>						
Anheuser-Busch Inbev Worldwide DTD 10/16/2009 4.125% 01/15/2015 Non Callable CUSIP: 03523TAM0	20,000.00	\$102.00	\$20,400.40	\$20,503.60	-\$103.20	\$825.00
Fifth Third Bank Medium Term Note DTD 01/31/2005 4.750% 02/01/2015 Non Callable CUSIP: 31677AAA2	20,000.00	\$102.43	\$20,485.00	\$20,752.80	-\$267.80	\$950.00

Lines 10a, 10b, 10c

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Morgan Stanley Medium Term Note DTD 08/31/2011 Var Cpn 08/31/2015 Non Callable CUSIP: 61745EG70	20,000.00	\$102.13	\$20,425.00	\$20,670.00	-\$245.00	\$600.00
Bank of America Corp Medium Term Note DTD 01/11/2013 1.250% 01/11/2016 Non Callable CUSIP: 06051GES4	20,000.00	\$100.75	\$20,150.00	\$19,963.20	\$186.80	\$250.00
Bank of America Corporation DTD 08/14/2006 5.750% 08/15/2016 Non Callable CUSIP: 060505CL6	20,000.00	\$109.11	\$21,821.40	\$21,965.00	-\$143.60	\$1,150.00
Roper Industries Inc DTD 11/21/2012 1.850% 11/15/2017 Non Callable CUSIP: 776696AD8	20,000.00	\$100.83	\$20,166.60	\$19,982.00	\$184.60	\$370.00
Goldman Sachs Group Inc Medium Term Note DTD 02/05/2009 7.500% 02/15/2019 Non Callable CUSIP: 38141EA25	20,000.00	\$122.04	\$24,407.20	\$24,212.60	\$194.60	\$1,500.00
Rensselaer Polytechnic DTD 04/20/2010 5.600% 09/01/2020 Non Callable CUSIP: 76009XAA6	20,000.00	\$114.65	\$22,930.20	\$23,341.40	-\$411.20	\$1,120.00

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Borgwarner Inc DTD 09/16/2010 4.625% 09/15/2020 Non Callable CUSIP: 099724AG1	20,000.00	\$109.07	\$21,814.80	\$21,878.80	-\$64.00	\$925.00
Prologis LP DTD 11/01/2013 3.350% 02/01/2021 Callable CUSIP: 74340XAY7	20,000.00	\$101.46	\$20,291.60	\$19,996.80	\$294.80	\$670.00
Tupperware Corp DTD 12/01/2011 4.750% 06/01/2021 Callable CUSIP: 899896AC8	20,000.00	\$107.95	\$21,589.60	\$20,386.60	\$1,203.00	\$950.00
Bank of America Corp DTD 01/24/2012 5.700% 01/24/2022 Non Callable CUSIP: 06051GEM7	20,000.00	\$116.04	\$23,207.60	\$22,043.40	\$1,164.20	\$1,140.00
Dun & Bradstreet Corp DTD 12/03/2012 4.375% 12/01/2022 Non Callable CUSIP: 26483EAG5	20,000.00	\$102.55	\$20,509.60	\$19,805.40	\$704.20	\$875.00
General Elec Cap Corp Medium Term Note DTD 03/14/2013 Var Cpn 03/15/2023 Non Callable CUSIP: 36966THT2	20,000.00	\$100.25	\$20,049.80	\$20,000.00	\$49.80	\$246.20

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Verizon Communications DTD 09/18/2013 5.150% 09/15/2023 Non Callable CUSIP: 92343VBR4	20,000.00	\$111.91	\$22,381.80	\$21,952.60	\$429.20	\$1,030.00
<b>LIVE IDC</b>						
			\$320,630.60	\$317,454.20	\$3,176.40	\$12,601.20
<i>Taxable Municipal</i> Louisiana Stadium & Expo Louisiana Facilities Revenue DTD 01/30/2013 1.309% 07/01/2015 Non Callable CUSIP: 546410CA7	20,000.00	\$100.63	\$20,125.60	\$20,000.00	\$125.60	\$261.80
Wise Cnty Virginia Indl Dev Pub Development Revenue DTD 12/19/2012 1.700% 02/01/2017 Callable CUSIP: 977229AB9	20,000.00	\$100.05	\$20,009.20	\$19,897.20	\$112.00	\$340.00
Philadelphia Pennsylvania Auth General Obligation DTD 02/03/1999 Zero Cpn 04/15/2017 Non Callable Agc-Icc AMBAC CUSIP: 71781LBJ7	20,000.00	\$94.14	\$18,827.60	\$18,042.47	\$785.13	\$0.00
Atlanta Georgia Dev Auth Higher Education DTD 06/26/2014 2.600% 01/01/2018 Non Callable CUSIP: 04780NHF7	20,000.00	\$99.71	\$19,941.60	\$20,000.00	-\$58.40	\$520.00

Part II

Lines 10a, 10b, 10c

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
New Jersey State Revenue Bond	20,000.00	\$92.05	\$18,409.80	\$17,574.20	\$835.60	\$0.00
DTD 06/30/1997 Zero Cpn 02/15/2018 Non Callable						
Agm CUSIP: 645913AW4						
Strafford Connecticut General Obligation DTD 10/29/2013 3.418% 08/15/2019 Non Callable	20,000.00	\$104.78	\$20,956.60	\$20,000.00	\$956.60	\$683.60
CUSIP: 8628113U8						
District of Columbia Higher Education DTD 04/27/2011 5.741% 10/01/2019 Non Callable	20,000.00	\$107.58	\$21,515.60	\$22,793.00	-\$1,277.40	\$1,148.20
CUSIP: 25483VEA8						
State Public Sch Bldg Pennsylvania Education Revenue DTD 06/30/2014 2.836% 12/01/2019 Non Callable	20,000.00	\$100.48	\$20,095.60	\$20,000.00	\$95.60	\$567.20
Bam CUSIP: 85732TGG1						

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Virginia State HSG Dev Auth Multifamily Housing Revenue DTD 12/22/2011 3.504% 03/01/2020 Callable GO of Auth CUSIP: 92812QW37	20,000.00	\$103.77	\$20,754.80	\$20,628.80	\$126.00	\$700.80
Morris County New Jersey Impt Auth Revenue Bond DTD 12/08/2011 3.585% 06/15/2021 Non Callable Cnty Gtd CUSIP: 618027BK1	20,000.00	\$102.93	\$20,586.80	\$20,080.00	\$506.80	\$717.00
Portland Oregon Urban Renewal Development DTD 05/17/2012 3.723% 06/15/2021 Non Callable CUSIP: 736746XS2	25,000.00	\$102.09	\$25,523.25	\$25,950.00	-\$426.75	\$930.75
Hillsborough County Florida Utility Utilities Revenue DTD 11/16/2010 4.200% 08/01/2022 Callable CUSIP: 432347LH3	20,000.00	\$106.74	\$21,348.60	\$20,275.00	\$1,073.60	\$840.00

Lines 10a, 10b, 10c

**Asset Detail (continued)**

**Statement of Value and Activity**

June 1, 2014 - June 30, 2014

Description	Quantity	Market Price	Market Value	Cost Basis	Unrealized G/L	Est. Annl Income
Battle Creek Michigan General Obligation DTD 12/17/2013 5 000% 05/01/2025 Callable Barn CUSIP: 071365E55	20,000.00	\$105.30	\$21,060.00	\$20,509.41	\$550.59	\$1,000.00
			LIVE 104 \$269,155.05	\$265,750.08	\$3,404.97	\$7,709.35
<i>International Fixed</i> Templeton Global Bond Fund CUSIP: 880208400	1,493.65	\$13.31	\$19,880.51	\$19,985.07	-\$104.56	\$1,085.89
			LIVE 10C \$19,880.51	\$19,985.07	-\$104.56	\$1,085.89
<i>Fixed Inc Multl Fds - Taxable</i> Vanguard Short-Term Investment Grade Fund CUSIP: 922031836	21,408.35	\$10.77	\$230,567.92	\$232,922.84	-\$2,354.92	\$4,559.98
			LIVE 10C \$230,567.92	\$232,922.84	-\$2,354.92	\$4,559.98
<b>Total All Assets</b>			<b>\$4,212,029.82</b>	<b>\$3,550,189.87</b>	<b>\$661,839.95</b>	<b>\$97,947.94</b>

Total Fixed Income \$1,013,719 \$26,593.92

The Mental Wellness Foundation, Inc.

IN 52-2287352

Part IV

Line 1a

ACCT 300# CH302238  
FROM 01/01/2013  
TO 12/31/2013

CHEVY CHASE TRUST COMPANY  
STATEMENT OF CAPITAL GAINS AND LOSSES  
THE MENTAL WELLNESS FNDTN, INC

TRUST YEAR ENDING 12/31/2013

TAX PREPARER 1  
TRUST ADMINISTRATOR 35  
INVESTMENT OFFICER. 107

LEGEND F - FEDERAL S - STATE I - INHERITED  
E - EXEMPT FROM STATE U - ACQ COST UNKNOWN

PROPERTY DESCRIPTION	SHARES	DATE	SALES PRICE	COST BASIS	GAIN/LOSS	TERM	NC
200 0000 SPDR GOLD TRUST - 78		11/07 - MINOR = 63					
SOLD							
ACQ	200 0000			0.00	<del>10.80</del>	LT28	Y
***ADDED***							
5545.2870 VANGUARD S/T INVESTM							
SOLD							
ACQ	5545.2870		14,597.51 +	60332 72	-388.17	ST	
200 0000 SPDR GOLD TRUST - 78							
SOLD							
ACQ	200 0000			0 00	<del>11.15</del>	LT28	Y
***ADDED***							
200 0000 SPDR GOLD TRUST - 78							
SOLD							
ACQ	100 0000		0 * *	15997 00	-2515.01	ST	Y
	100 0000			15371 00	-1889 01	ST	Y
165 0000 ISHARES BARCLAYS TIP							
SOLD							
ACQ	165 0000			20268 60	-1004.50	ST	
1715 2660 JPMORGAN MTGE BACKED							
SOLD							
ACQ	1715 2660		24,760.07 +	20017 15	-240.13	ST	
1996 0080 FEDERATED INST HI YL							
SOLD							
ACQ	1996 0080	002		19980 04	<del>419.16</del>	ST	
300 0000 HEINZ H J CO - 42307							
SOLD							
ACQ	300 0000		39,357.58 *	17807 91	3942.09	ST	
2159 8270 TCW EMERGING MARKETS							
SOLD							
ACQ	2159 8270			19891 65	-712.39	ST	
***FOUND UPDATE*** 02/15/14							
2000 0000 VANGUARD FTSE EMERGI							
SOLD							
ACQ	1700 0000			73713 70	-5841.70	ST	
	300 0000			13346 73	-1369 32	ST	
1000 0000 ORACLE CORPORATION C							
SOLD							
ACQ	100 0000			2867 01	480 97	LT	Y
	100 0000			3292 75	55.28	LT	Y
	100 0000			3103 81	244.17	LT	Y
	250 0000			7967 58	40.38	LT	Y
	50 0000	11/10/2010		1673 99	1432 75	LT	Y
	400 0000	04/08/2013		13391 93	520 13	ST	
5644.4030 VANGUARD S/T INVESTMENT GRADE FD-ADM - 922031836 - MINOR = 66							
SOLD							
ACQ	5644 4030	06/27/2013		60169.34			
		11/16/2012		60169 34	-1241.76	ST	
20000 0000 OREGON ST SCH BRDS							
SOLD							
ACQ	20000 0000	Z-CPN 6/30/13 - 686053AL3 - MINOR = 38		20000 00			
		02/05/2013		20000 00	0.00	ST	Y
1250 0000 VODAFONE GROUP SPONS ADR - 92857W209 - MINOR = 44							
SOLD							
ACQ	1250 0000	07/11/2013		36532 98			
		04/08/2013		36532 98			
450 0000 BHP BILLITON LTD ADR - 088606108 - MINOR = 44							
SOLD							
ACQ	250 0000	07/26/2013		28658 11			
		01/11/2013		15921 17	19162 48	✓ -3241 31	ST
	200 0000	02/27/2013		12736 94	15101 90	✓ -2364 96	ST
500 0000 LINDSAY CORPORATION - 535555106 - MINOR = 43							
SOLD							
ACQ	250 0000	08/14/2013		37623 03			
		12/27/2012		18811 51	19157 48	-345 96	ST
	100 0000	03/21/2013		7524 61	9054 87	-1530 26	ST
	150 0000	04/08/2013		11286 91	12194 98	-908 07	ST
800 0000 POTASH CORP SASK INC - 73755L107 - MINOR = 44							
SOLD							
ACQ	400 0000	08/14/2013		24607 66			
		02/27/2013		12303 83	15955 28	-3651 45	ST
	400.0000	03/21/2013		12303 83	15911 41	-3607 59	ST
600 0000 FRANCO-NEVADA CORP - 351858105 - MINOR = 44							
SOLD							
ACQ	300 0000	08/19/2013		27569 56			
		12/20/2012		13784 78	16753 56	-2968 78	ST
	300 0000	02/27/2013		13784 78	14639 97	-855 18	ST
1800 0000 STANDARD & POORS DEP - 78462F103							
SOLD							
ACQ	1100.0000	08/20/2013		296941 73			
		03/13/2013		181464 39	171082 89	10381 50	ST
	700 0000	02/27/2013		115477 34	106582 00	8895 34	ST
250 0000 V F CORP - 918204108 - MINOR = 43							
SOLD							
ACQ	25 0000	08/27/2013		47166 61			
		06/13/2012		4716.66	3446.91	1269 75	LT
	25 0000	06/26/2012		4716 66	3493.12	1223 54	LT
	25 0000	07/06/2012		4716 66	3340 57	1376 09	LT
	25 0000	08/15/2012		4716 66	3733 99	982 67	LT
	150 0000	02/27/2013		28299 97	23779 50	4520 47	ST
5000 0000 WISCONSIN ST HSG							
SOLD							
ACQ	5000 0000	5.125% 3/01/24 - 97689P6N3 - MINOR = 39		5000 00			
		09/01/2013		5000 00			
		04/30/2013		5000 00	5228 11	✓ -228 11	ST
***CHANGED** 10/23/13 @JS							

*Handwritten notes:*  
 Done  
 YIELD  
 NCA  
 10/23/13

ACCT 300W CH302238  
FROM 01/01/2013  
TO 12/31/2013

CHEVY CHASE TRUST COMPANY  
STATEMENT OF CAPITAL GAINS AND LOSSES  
THE MENTAL WELLNESS FNDTN, INC

TRUST YEAR ENDING 12/31/2013

TAX PREPARER 1  
TRUST ADMINISTRATOR 35  
INVESTMENT OFFICER 107

LEGEND F - FEDERAL S - STATE I - INHERITED  
E - EXEMPT FROM STATE U - ACQ COST UNKNOWN

PROPERTY DESCRIPTION	SHARES	DATE	SALES PRICE	COST BASIS	GAIN/LOSS	TERM	NC
20000 0000 GOLDMAN SACHS		5 250%	10/15/13 - 38141GDQ4 - MINOR = 30				
SOLD		10/15/2013	20000 00				
ACQ	20000.0000	03/01/2013	20000 00	20568 80	✓ -568 80	ST	Y
900 0000 PRICE T ROWE GROUP INC			- 74144T108 - MINOR = 43				
SOLD		11/01/2013	69153 35				
ACQ	250 0000	12/28/2012	19209 26	16147 47	✓ 3061 79	ST	
	200 0000	02/19/2013	15367 41	14758 00	✓ 609 41	ST	
	450.0000	04/08/2013	34576 68	32966 95	✓ 1609 73	ST	
20000 0000 MASSACHUSETTS ST HS		4 050%	12/01/13 - 57586NAW1 - MINOR = 39				
SOLD		12/01/2013	20000 00				
ACQ	20000 0000	07/03/2013	20000 00	20000 00	0 00	ST	Y
20000.0000 CITIGROUP INC		6 000%	12/13/13 - 172967PE6 - MINOR = 30				
SOLD		12/13/2013	20000 00				
ACQ	20000 0000	06/05/2013	20000 00	20556 80	✓ -556 80	ST	Y
TOTALS			1377667 63	1334499 82			

SUMMARY OF CAPITAL GAINS/LOSSES

FEDERAL	SHORT TERM	LONG TERM 28%	LONG TERM	ST WASH SALE	LT WASH SALE	1250 GAIN
NONCOVERED FROM ABOVE	-9897 81	43 18 (A)	48542 92	0.00	0 00	0 00*
COVERED FROM ABOVE	4479 53	0 00	0.00	0 00	0 00	
COMMON TRUST FUND	0 00	0 00	0 00			0 00
CAPITAL GAIN DIV/DIST	183 82 (A)	0 00	1199.08 (A)			0 00
	-5234 46	43 18	49742 00	0 00	0 00	0 00
STATE						
NONCOVERED FROM ABOVE	-9897 81	43 18	48542 92	0 00	0.00	0 00*
COVERED FROM ABOVE	4479 53	0 00	0 00	0 00	0 00	
COMMON TRUST FUND	0 00	0 00	0 00			0 00
CAPITAL GAIN DIV/DIST	183 82	0 00	1199 08			0 00
	-5234.46	43 18	49742 00	0 00	0 00	0 00

\* - 1250 GAIN DETAILED ON TRANS PAGES, NOT ABOVE

CAPITAL LOSS CARRYOVER

FEDERAL	0 00	0 00
MARYLAND	N/A	N/A

Σ(A) = 1,426.08  
 ↓  
 11/13 - 6/30/13  
 7/1/13 - 12/31/13  
 \$411.38  
 \$1,014.70

Sales Cost G/L  
 633,664.42 619,066.91 14,597.51

1,269.75+  
1,223.54+  
1,376.09+  
982.67+

004  
LT

4,852.05\*  
0.\*

14,597.51+  
411.38-

000

14,186.13\*

14,186.13+  
4,852.05-

000

ST

9,334.08\*

411.38+  
1,083.11+  
3,241.31-  
2,364.96-  
345.96+  
345.96-  
345.90-  
1,550.26-  
908.07-  
3,651.45-  
3,607.59-  
2,968.78-  
855.18-  
10,381.5+  
8,895.34+  
1,269.75+  
1,223.54+  
1,376.09+  
982.67+  
4,520.47+  
228.11-  
568.8-  
3,061.79+  
609.41+  
1,609.73+  
556.8-

000

14,597.51\*

4,852.05+LT  
9,334.08+ST  
411.38+ Cap Gain

003

14,597.51\*

ACCT 300W CH302238  
 FROM 01/01/2014  
 TO 06/30/2014

CHEVY CHASE TRUST COMPANY  
 STATEMENT OF CAPITAL GAINS AND LOSSES  
 THE MENTAL WELLNESS FNDTN, INC

TRUST YEAR ENDING 12/31/2014

TAX PREPARER 1  
 TRUST ADMINISTRATOR 35  
 INVESTMENT OFFICER 107

LEGEND F - FEDERAL S - STATE I - INHERITED  
 E - EXEMPT FROM STATE U - ACQ COST UNKNOWN

PROPERTY DESCRIPTION	SHARES	DATE	SALES PRICE	COST BASIS	GAIN/LOSS	TERM	NC
20000 0000 NEW HAMPSHIRE ST HSG 0 625%		1/01/14	- 64469DTU5 - MINOR = 38				
SOLD		01/01/2014	20000 00				
ACQ	20000 0000	03/25/2013	20000.00	20000.00	0 00	ST	Y
20000 0000 GOLDMAN SACHS	5 150%	1/15/14	- 38143UAB7 - MINOR = 30				
SOLD		01/15/2014	20000 00				
ACQ	20000 0000	04/08/2013	20000 00	20676 80	-676 80	ST	Y
200 0000 IBM CORPORATION - 459200101 - MINOR = 31001							
SOLD		01/22/2014	36419 42				
ACQ	100 0000	12/27/2012	18209 71	19098 00	-888 29	LT	
	100 0000	02/27/2013	18209 71	20238 99	-2029 29	ST	
5000 0000 WISCONSIN ST HSG 5 125%		3/01/24	- 97689P6N3 - MINOR = 39				
SOLD		03/01/2014	5000 00				
ACQ	5000 0000	04/30/2013	5000.00	5201.47	-201 47	ST	Y
1700 0000 CEMENTOS PACASMAYO SAA							
ADR - 15126Q109 - MINOR = 44							
SOLD		03/13/2014	15634 68				
ACQ	144 0000	01/18/2013	1324 35	2004.26	-679 91	LT	
	378 0000	01/24/2013	3476 42	5278 99	-1802.57	LT	
	144 0000	01/25/2013	1324 35	2002.24	-677 89	LT	
	1000 0000	02/25/2013	9196 87	14110 90	-4914 03	LT	
	34 0000	01/28/2013	312 69	467 13	-154 44	LT	
1750 0000 CENOVUS ENERGY INC - 15135U109 - MINOR = 44							
SOLD		03/13/2014	46216 65				
ACQ	500.0000	12/20/2012	13204 76	16719.95	-3515 19	LT	
	1250 0000	02/27/2013	33011 89	40162 12	-7150 23	LT	
275 0000 CUMMINS INC - 231021106 - MINOR = 43							
SOLD		03/13/2014	39164 66				
ACQ	125.0000	06/27/2012	17802 12	11298 46	6503 66	LT	Y
	150.0000	02/27/2013	21362 54	17422.35	3940 19	LT	
480 0000 STARWOOD WAYPOINT RESIDENTIAL REIT - 85571W109 - MINOR = 47							
SOLD		03/13/2014	13567 38				
ACQ	480 0000	01/31/2014	13567 38	14409 60	-842 22	ST	
66 0000 CEMENTOS PACASMAYO SAA							
ADR - 15126Q109 - MINOR = 44							
SOLD		03/14/2014	599 53				
ACQ	66 0000	01/28/2013	599 53	906.79	-307 26	LT	
325.0000 CASINO GUICHARD-PERRACHON - 4178419 - MINOR = 44							
SOLD		03/14/2014	36546 00				
ACQ	175 0000	02/05/2013	19678 62	17211 06	2467 56	LT	
	150 0000	02/26/2013	16867 38	15110.20	1757 18	LT	
2000 0000 PACIFIC RUBIALES ENERGY CORPORATION - 69480U206 - MINOR = 44							
SOLD		03/14/2014	31479 29				
ACQ	700 0000	12/21/2012	11017 75	15969 10	-4951 35	LT	
	300 0000	02/15/2013	4721 89	7283 67	-2561 78	LT	
	1000 0000	02/27/2013	15739 65	24162 00	-8422 35	LT	
275.0000 SONOVA HOLDING AG - 7156036 - MINOR = 44							
SOLD		03/14/2014	37090 67				
ACQ	150 0000	12/21/2012	20231.27	16750 77	3480 50	LT	
	125 0000	03/06/2013	16859 40	14764 84	2094 56	LT	
584 0000 CEMENTOS PACASMAYO SAA							
ADR - 15126Q109 - MINOR = 44							
SOLD		03/18/2014	5109 46				
ACQ	154 0000	01/17/2013	1347 36	2064.68	-717 32	LT	
	76 0000	01/22/2013	664 93	1020.58	-355 65	LT	
	67 0000	01/23/2013	586 19	909.21	-323 02	LT	
	82.0000	01/28/2013	717 42	1126 62	-409 20	LT	
	205 0000	01/29/2013	1793 56	2790.56	-997 00	LT	
100 0000 STANDARD & POORS DEP - 78462F103							
SOLD		03/26/2014	18561 75				
ACQ	100 0000	02/27/2013	18561 75	15226 00	3335 75	LT	
20000 0000 ALLY BANK UT CD 0.650%		3/28/14	- 02005QA45 - MINOR = 16				
SOLD		03/28/2014	20000 00				
ACQ	20000 0000	01/09/2013	20000 00	20000 00	0 00	LT	Y
20000.0000 MIAMI-DADE CNTY FL 5.400%		4/01/14	- 59333AHD6 - MINOR = 38				
SOLD		04/01/2014	20000 00				
ACQ	20000.0000	02/20/2013	20000 00	20971 40	-971 40	LT	Y
400 0000 STANDARD & POORS DEP - 78462F103							
SOLD		04/01/2014	75170 38				
ACQ	400.0000	02/27/2013	75170 38	60904 00	14266 38	LT	
2282 4900 RIDGEWORTH SEIX FLOATING-1 - 76628T678 - MINOR = 66							
SOLD		04/24/2014	20588 06				
ACQ	2282 4900	12/18/2012	20588 06	20496.76	91 30	LT	
1200 0000 DOLLAR GENERAL CORP - 256677105 - MINOR = 43							
SOLD		04/25/2014	67191.32				
ACQ	600 0000	08/19/2013	33595 66	32453.94	1141.72	ST	
	600 0000	03/13/2014	33595.66	34799 94	-1204 28	ST	
20000 0000 ENCANA HOLDINGS FIN 5 800%		5/01/14	- 292506AA0 - MINOR = 33				
SOLD		04/28/2014	20000.00				
ACQ	20000 0000	12/10/2013	20000 00	20405 00	-405 00	ST	Y
20000 0000 ENCANA HOLDINGS FIN 5 800%		5/01/14	- 292506AA0 - MINOR = 33				
SOLD		04/28/2014	-20000.00				
ACQ	20000.0000	12/10/2013	-20000.00	-20405.00	405.00	ST	Y
20000.0000 ENCANA HOLDINGS FIN 5 800%		5/01/14	- 292506AA0 - MINOR = 33				
SOLD		04/29/2014	20009.20				
ACQ	20000.0000	12/10/2013	20009 20	20405.00	-395 80	ST	Y
20000.0000 SOUTHERN CO 4 150%		5/15/14	- 842587CE5 - MINOR = 30				
SOLD		05/15/2014	20000.00				
ACQ	20000 0000	08/02/2013	20000 00	20559 80	-559 80	ST	Y

ACCT 300W CH302238  
FROM 01/01/2014  
TO 06/30/2014

CHEVY CHASE TRUST COMPANY  
STATEMENT OF CAPITAL GAINS AND LOSSES  
THE MENTAL WELLNESS FNDTN, INC

TRUST YEAR ENDING 12/31/2014

TAX PREPARER 1  
TRUST ADMINISTRATOR 35  
INVESTMENT OFFICER 107

LEGEND F - FEDERAL S - STATE I - INHERITED  
E - EXEMPT FROM STATE U - ACQ COST UNKNOWN

PROPERTY DESCRIPTION	SHARES	DATE	SALES PRICE	COST BASIS	GAIN/LOSS	TERM	NC
700 0000 MONSANTO CO NEW - 61166W101 - MINOR = 43							
SOLD		05/28/2014	84810 14				
ACQ	50.0000	04/06/2011	6057 87	3488 29	2569 58	LT	Y
	50.0000	04/07/2011	6057 87	3422 21	2635 66	LT	Y
	50.0000	04/19/2011	6057 87	3333 19	2724 68	LT	Y
	50.0000	06/02/2011	6057 87	3443 47	2614 40	LT	Y
	150.0000	02/27/2013	18173 60	15095 77	3077 83	LT	
	350.0000	08/19/2013	42405 06	33396 72	9008 34	ST	
450 0000 SIGMA ALDRICH CORP - 826552101 - MINOR = 43							
SOLD		05/28/2014	44060 24				
ACQ	450.0000	02/27/2013	44060 24	34625 84	9434 40	LT	
1400 0000 SOUTHERN CO - 842587107 - MINOR = 43							
SOLD		05/28/2014	60478 81				
ACQ	400.0000	12/20/2012	17279.66	17347 88	-68 22	LT	
	750.0000	02/27/2013	32399 36	33922 12	-1522 76	LT	
	250.0000	05/01/2013	10799 79	12057 51	-1257 72	LT	
200 0000 PERRIGO CO PLC - G97822103 - MINOR = 44							
SOLD		05/28/2014	27057 09				
ACQ	200.0000	03/13/2014	27057 09	33099 24	-6042 15	ST	
1050 0000 DEVON ENERGY CORPORATION NEW - 25179M103 - MINOR = 43							
SOLD		05/29/2014	77078 90				
ACQ	1050.0000	12/03/2013	77078 90	64459 71	12619 19	ST	
1000 0000 EBAY INC COM - 278642103 - MINOR = 43							
SOLD		05/29/2014	50079 01				
ACQ	375.0000	08/27/2012	18779 63	17620 84	1158 79	LT	Y
	200.0000	02/27/2013	10015 80	10861 97	-846 17	LT	
	425.0000	11/01/2013	21283 58	22125 44	-841 86	ST	
1500 0000 JARDINE STRATEGIC HLDGS LTD - 6472960 - MINOR = 44							
SOLD		05/30/2014	53684 34				
ACQ	500.0000	12/21/2012	17894 78	17761 72	133 06	LT	
	800.0000	03/07/2013	28631 65	31402.27	-2770 62	LT	
	200.0000	04/09/2013	7157 91	7873 74	-715 83	LT	
225 0000 SCHINDLER HOLDING AG - B11TCYO - MINOR = 44							
SOLD		05/30/2014	34286 61				
ACQ	225.0000	03/14/2013	34286 61	33830.45	456 16	LT	
325 0000 GEMALTO NV - B9MS8P5 - MINOR = 44							
SOLD		05/30/2014	35322 77				
ACQ	325.0000	03/19/2014	35322 77	36837 17	-1514 40	ST	
400 0000 DEERE & CO - 244199105 - MINOR = 43							
SOLD		06/25/2014	36189.32				
ACQ	300.0000	03/13/2013	27141 99	27355 11	-213 12	LT	
	100.0000	04/19/2013	9047 33	8360 98	686 35	LT	
TOTALS			1071395 68	1046699 82			

SUMMARY OF CAPITAL GAINS/LOSSES

FEDERAL	SHORT TERM	LONG TERM 28%	LONG TERM	ST WASH SALE	LT WASH SALE	1250 GAIN
NONCOVERED FROM ABOVE	-1833 87	0 00	17235 37	0 00	0 00	0 00*
COVERED FROM ABOVE	10295 05	0 00	-1000 70	0 00	0 00	
COMMON TRUST FUND	0 00	0 00	0 00			0 00
CAPITAL GAIN DIV/DIST	0 00	0 00	64 22			0 00
	8461 18	0 00	16298 89	0 00	0 00	0 00
STATE						
NONCOVERED FROM ABOVE	-1833 87	0 00	17235 37	0 00	0 00	0.00*
COVERED FROM ABOVE	10295 05	0 00	-1000 70	0 00	0 00	
COMMON TRUST FUND	0 00	0 00	0 00			0 00
CAPITAL GAIN DIV/DIST	0 00	0 00	64 22			0.00
	8461 18	0.00	16298 89	0 00	0 00	0 00

\* - 1250 GAIN DETAILED ON TRANS PAGES, NOT ABOVE

CAPITAL LOSS CARRYOVER

FEDERAL

16,298.89+

MARYLAND

8,461.18+

002

24,760.07\*