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Form **990-PF****Return of Private Foundation**

OMB No 1545-0052

or Section 4947(a)(1) Trust Treated as Private Foundation

Department of the Treasury
Internal Revenue Service

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Information about Form 990-PF and its separate instructions is at www.irs.gov/form990pf.

2013

Open to Public Inspection

For calendar year 2013 or tax year beginning

, and ending

Name of foundation THE ANN AND FRANK CAHOUE FOUNDATION			A Employer identification number 30-6192502	
Number and street (or P O box number if mail is not delivered to street address) Room/suite BNY Mellon, N A - P O Box 185			B Telephone number (see instructions) (412) 234-1584	
City or town Pittsburgh	State PA	ZIP code 15230-0185		
Foreign country name Foreign province/state/county Foreign postal code			C If exemption application is pending, check here <input type="checkbox"/>	
G Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change			D 1. Foreign organizations, check here <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>	
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation			E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>	
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 27,824,125			F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>	
J Accounting method <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____				

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received (attach schedule)				
	2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments				
	4 Dividends and interest from securities	548,520	536,322		
	5a Gross rents				
	b Net rental income (or loss)				
	6a Net gain or (loss) from sale of assets not on line 10	59,374			
	b Gross sales price for all assets on line 6a	773,690			
	7 Capital gain net income (from Part IV, line 2)		59,374		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less: Cost of goods sold					
c Gross profit or (loss) (attach schedule)					
11 Other income (attach schedule)	17,832	17,832			
12 Total. Add lines 1 through 11	625,726	613,528	0		
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc.	77,753	46,652		31,101
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees (attach schedule)				
	b Accounting fees (attach schedule)				
	c Other professional fees (attach schedule)				
	17 Interest				
	18 Taxes (attach schedule) (see instructions)	20,238	9,005		
	19 Depreciation (attach schedule) and depletion				
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule)	4,829	4,829		
	24 Total operating and administrative expenses. Add lines 13 through 23	102,820	60,486	0	31,101
	25 Contributions, gifts, grants paid	1,019,856			1,019,856
26 Total expenses and disbursements. Add lines 24 and 25	1,122,676	60,486	0	1,050,957	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	-496,950				
b Net investment income (if negative, enter -0-)		553,042			
c Adjusted net income (if negative, enter -0-)			0		

For Paperwork Reduction Act Notice, see instructions.

Form **990-PF** (2013)

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)		
		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash—non-interest-bearing			
	2 Savings and temporary cash investments	429,623	352,263	352,263
	3 Accounts receivable ▶			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)			
	7 Other notes and loans receivable (attach schedule) ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments—U S and state government obligations (attach schedule)			
	b Investments—corporate stock (attach schedule)			
	c Investments—corporate bonds (attach schedule)			
Liabilities	11 Investments—land, buildings, and equipment basis ▶			
	Less: accumulated depreciation (attach schedule) ▶			
	12 Investments—mortgage loans			
	13 Investments—other (attach schedule)	22,399,541	21,968,770	27,455,211
	14 Land, buildings, and equipment basis ▶			
	Less: accumulated depreciation (attach schedule) ▶			
	15 Other assets (describe ▶)			
	16 Total assets (to be completed by all filers—see the instructions Also, see page 1, item I)	22,829,164	22,321,033	27,807,474
	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe ▶)			
	23 Total liabilities (add lines 17 through 22)	0	0	
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. ▶ <input type="checkbox"/>			
	24 Unrestricted			
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here ▶ <input checked="" type="checkbox"/>			
	27 Capital stock, trust principal, or current funds	22,829,164	22,321,033	
	28 Paid-in or capital surplus, or land, bldg, and equipment fund			
	29 Retained earnings, accumulated income, endowment, or other funds			
	30 Total net assets or fund balances (see instructions)	22,829,164	22,321,033	
	31 Total liabilities and net assets/fund balances (see instructions)	22,829,164	22,321,033	

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year—Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	22,829,164
2	Enter amount from Part I, line 27a	2	-496,950
3	Other increases not included in line 2 (itemize) ▶ See Attached Statement	3	190
4	Add lines 1, 2, and 3	4	22,332,404
5	Decreases not included in line 2 (itemize) ▶ See Attached Statement	5	11,371
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 30	6	22,321,033

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse, or common stock, 200 shs MLC Co.)		(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a See Attached Statement				
b See Attached Statement				
c See Attached Statement				
d See Attached Statement				
e See Attached Statement				
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)	
a			0	
b			0	
c			0	
d			0	
e			0	
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69				
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))	
a			0	
b			0	
c			0	
d			0	
e			0	
2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }			2	59,374
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8 }			3	0

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☒ Yes ☐ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2012	735,692	10,419,701	0.070606
2011			0.000000
2010			0.000000
2009			0.000000
2008			0.000000
2 Total of line 1, column (d)			2 0.070606
3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years			3 0.070606
4 Enter the net value of noncharitable-use assets for 2013 from Part X, line 5			4
5 Multiply line 4 by line 3			5
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 0
7 Add lines 5 and 6			7 0
8 Enter qualifying distributions from Part XII, line 4 If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.			8 0

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary—see instructions)				
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input type="checkbox"/> and enter 1% of Part I, line 27b		1	11,061	
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)				
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0	
3 Add lines 1 and 2		3	11,061	
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4		
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	11,061	
6 Credits/Payments:				
a 2013 estimated tax payments and 2012 overpayment credited to 2013	6a	12,036		
b Exempt foreign organizations—tax withheld at source	6b			
c Tax paid with application for extension of time to file (Form 8868)	6c			
d Backup withholding erroneously withheld	6d			
7 Total credits and payments. Add lines 6a through 6d	7	12,036		
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached	8			
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	0		
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	975		
11 Enter the amount of line 10 to be: Credited to 2014 estimated tax 975 Refunded	11	0		

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see Instructions for the definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation ▶ \$ _____ (2) On foundation managers. ▶ \$ _____		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ▶ \$ _____		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities.		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?	N/A	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T.		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ▶ PA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2013 or the taxable year beginning in 2013 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions).	11		X
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions).	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ▶ N/A	13	X	
14	The books are in care of ▶ BNY MELLON, N.A. Telephone no. ▶ (412) 234-1584 Located at ▶ P.O. BOX 185, PITTSBURGH, PA ZIP+4 ▶ 15230-0185			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041—Check here and enter the amount of tax-exempt interest received or accrued during the year ▶ 15 N/A			
16	At any time during calendar year 2013, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign country ▶	16	Yes	No
				X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is "Yes" to 1a(1)–(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? Organizations relying on a current notice regarding disaster assistance check here ▶ <input type="checkbox"/>	1b	X
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2013?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)).		
a At the end of tax year 2013, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2013? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," list the years ▶ 20____, 20____, 20____, 20____		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions.)	2b	N/A
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ▶ 20____, 20____, 20____, 20____		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If "Yes," did it have excess business holdings in 2013 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2013)	3b	N/A
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2013?	4b	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a	During the year did the foundation pay or incur any amount to			
(1)	Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2)	Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3)	Provide a grant to an individual for travel, study, or other similar purposes?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4)	Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5)	Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	If any answer is "Yes" to 5a(1)–(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?		5b	N/A
	Organizations relying on a current notice regarding disaster assistance check here	<input checked="" type="checkbox"/>		
c	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
	If "Yes," attach the statement required by Regulations section 53.4945–5(d).			
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		6b	X
	If "Yes" to 6b, file Form 8870.			
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?		7b	N/A

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).**

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
BNY Mellon, N.A. P O Box 185 Pittsburgh, PA 15230-0185	TRUSTEE SEE ATTACHED	122,178	NONE	NONE
BNY Mellon, N.A. P O Box 185 Pittsburgh, PA 15230-0185	FEE REIMBURSEMENT	-44,425	N/A	N/A

2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000 ▶ NONE

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE."**

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over \$50,000 for professional services		NONE

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc	Expenses
1 NONE	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 NONE	
2	
All other program-related investments See instructions	
3 NONE	
Total. Add lines 1 through 3	NONE

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	25,791,085
b	Average of monthly cash balances	1b	378,501
c	Fair market value of all other assets (see instructions)	1c	
d	Total (add lines 1a, b, and c)	1d	26,169,586
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	
2	Acquisition indebtedness applicable to line 1 assets	2	
3	Subtract line 2 from line 1d	3	26,169,586
4	Cash deemed held for charitable activities. Enter 1 1/2 % of line 3 (for greater amount, see instructions)	4	392,544
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	25,777,042
6	Minimum investment return. Enter 5% of line 5	6	1,288,852

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	1,288,852
2a	Tax on investment income for 2013 from Part VI, line 5	2a	11,061
b	Income tax for 2013. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	11,061
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	1,277,791
4	Recoveries of amounts treated as qualifying distributions	4	
5	Add lines 3 and 4	5	1,277,791
6	Deduction from distributable amount (see instructions)	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	1,277,791

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26	1a	1,050,957
b	Program-related investments—total from Part IX-B	1b	NONE
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	1,050,957
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions)	5	
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	1,050,957

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2012	(c) 2012	(d) 2013
1 Distributable amount for 2013 from Part XI, line 7				1,277,791
2 Undistributed income, if any, as of the end of 2013:				
a Enter amount for 2012 only			0	
b Total for prior years: 20____, 20____, 20____				
3 Excess distributions carryover, if any, to 2013:				
a From 2008				
b From 2009				
c From 2010				
d From 2011				12,903
e From 2012				229,684
f Total of lines 3a through e	242,587			
4 Qualifying distributions for 2013 from Part XII, line 4: ▶ \$ 1,050,957				
a Applied to 2012, but not more than line 2a				
b Applied to undistributed income of prior years (Election required—see instructions)				
c Treated as distributions out of corpus (Election required—see instructions)				
d Applied to 2013 distributable amount				1,050,957
e Remaining amount distributed out of corpus				
5 Excess distributions carryover applied to 2013. (If an amount appears in column (d), the same amount must be shown in column (a).)	226,834			226,834
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	15,753			
b Prior years' undistributed income. Subtract line 4b from line 2b		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed				
d Subtract line 6c from line 6b. Taxable amount—see instructions				
e Undistributed income for 2012. Subtract line 4a from line 2a. Taxable amount—see instructions			0	
f Undistributed income for 2013. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2014				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions)				
8 Excess distributions carryover from 2008 not applied on line 5 or line 7 (see instructions)				
9 Excess distributions carryover to 2014. Subtract lines 7 and 8 from line 6a	15,753			
10 Analysis of line 9:				
a Excess from 2009				
b Excess from 2010				
c Excess from 2011				
d Excess from 2012				15,753
e Excess from 2013				

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)**N/A**

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2013, enter the date of the ruling

b Check box to indicate whether the foundation is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed

Tax year	Prior 3 years			(e) Total
(a) 2013	(b) 2012	(c) 2011	(d) 2010	
				0
b 85% of line 2a				0
c Qualifying distributions from Part XII, line 4 for each year listed				0
d Amounts included in line 2c not used directly for active conduct of exempt activities				0
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c				0
3 Complete 3a, b, or c for the alternative test relied upon:				
a "Assets" alternative test—enter:				
(1) Value of all assets				0
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)				0
b "Endowment" alternative test—enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed				0
c "Support" alternative test—enter:				
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)				0
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)				0
(3) Largest amount of support from an exempt organization				0
(4) Gross investment income				0

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year—see instructions.)

- 1 Information Regarding Foundation Managers:**
- a** List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2).)

NONE

- b** List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

NONE

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here ☒ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d

- a** The name, address, and telephone number or e-mail address of the person to whom applications should be addressed.

NOT APPLICABLE

- b** The form in which applications should be submitted and information and materials they should include:

NOT APPLICABLE

- c** Any submission deadlines:

NOT APPLICABLE

- d** Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

NOT APPLICABLE

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a <i>Paid during the year</i> See Attached Statement				
Total			▶ 3a	1,019,856
b <i>Approved for future payment</i> NONE				
Total			▶ 3b	NONE

Part XVI-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated.

Enter gross amounts unless otherwise indicated.		Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions)
		(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1	Program service revenue:					
a						
b						
c						
d						
e						
f						
g	Fees and contracts from government agencies					
2	Membership dues and assessments					
3	Interest on savings and temporary cash investments					
4	Dividends and interest from securities			14	548,520	
5	Net rental income or (loss) from real estate:					
a	Debt-financed property					
b	Not debt-financed property					
6	Net rental income or (loss) from personal property					
7	Other investment income					
8	Gain or (loss) from sales of assets other than inventory			18	59,374	
9	Net income or (loss) from special events					
10	Gross profit or (loss) from sales of inventory					
11	Other revenue: a <u>ISHARES OTHER INCOME</u>				17,832	
b						
c						
d						
e						
12	Subtotal. Add columns (b), (d), and (e)		0		625,726	0
13	Total. Add line 12, columns (b), (d), and (e)				13	625,726

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

[illegible]

**Attachment to Form 990-PF Part VIII, Column (b) Title and average hours
per week devoted to position**

As Trustee, BNY Mellon, N.A. provides administrative services such as acting as investment manager for the named organization. These services require numerous individual bank employees' involvement in the activities of the organization and thus cannot be quantified on an hourly basis. Therefore, the Trustee's fees are not based upon an hourly basis but are calculated based upon factors such as the market value of the account and in accordance with our agreement with the client.

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 1 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

THE ANNAPOLIS MARITIME MUSEUM

Street

723 SECOND STREET PO BOX 3088

City

ANNAPOLIS

State

MD

Zip Code

21403

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

THE CALVERT SCHOOL

Street

105 TUSCANY ROAD

City

BALTIMORE

State

MD

Zip Code

21210

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

9,000

Name

THE CATHEDRAL OF MARY OUR QUEEN

Street

5200 NORTH CHARLES STREET

City

BALTIMORE

State

MD

Zip Code

21210

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

NATIONAL SOCIETY OF THE COLONIAL DAMES

Street

1630 LATIMER STREET

City

PHILADELPHIA

State

PA

Zip Code

19103-6308

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

CENTER FOR HOPE

Street

740 ALLEY 1

City

AMBRIDGE

State

PA

Zip Code

15003

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

UNIVERSITY OF PITTSBURGH SCHOOL OF MEDICINE

Street

3811 O'HARA STREET

City

PITTSBURGH

State

PA

Zip Code

15213

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 2 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

BOYS & GIRLS CLUB OF METROPOLITAN BALTIMORE

Street

11 WEST MOUNT VERNON PLACE

City

BALTIMORE

State

MD

Zip Code

21201

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

10,000

Name

ALLEGHENY LAND TRUST

Street

409 BROAD STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

100

Name

CATHOLIC DIOCESE OF PITTSBURGH

Street

111 BOULEVARD OF THE ALLIES

City

PITTSBURGH

State

PA

Zip Code

15222-1618

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

425,000

Name

AMERICAN CANCER SOCIETY, INC.

Street

320 BILMAR DRIVE

City

PITTSBURGH

State

PA

Zip Code

15205-4620

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,000

Name

ANIMAL RESCUE LEAGUE OF WESTERN PA

Street

6620 HAMILTON AVENUE

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,500

Name

CHILDREN'S HOME OF PITTSBURGH

Street

5324 PENN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15224

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 3 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

CAREER DEVELOPMENT CENTER

Street

5743 BARTLETT STREET

City	State	Zip Code	Foreign Country
PITTSBURGH	PA	15217	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			3,250

Name

CARNEGIE MELLON UNIVERSITY

Street

5000 FORBES AVENUE

City	State	Zip Code	Foreign Country
PITTSBURGH	PA	15213	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			5,000

Name

CRISTO REY JESUIT HIGH SCHOOL

Street

420 SOUTH CHESTER STREET

City	State	Zip Code	Foreign Country
BALTIMORE	MD	21231-2729	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			5,000

Name

ALLEGHENY INSTITUTE

Street

305 MT LEBANON BLVD, SUITE 208

City	State	Zip Code	Foreign Country
PITTSBURGH	PA	15234	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			50,500

Name

AMERICAN HEART ASSOCIATION

Street

444 LIBERTY AVENUE, SUITE 1300

City	State	Zip Code	Foreign Country
PITTSBURGH	PA	15222-1207	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			500

Name

AMERICAN RED CROSS

Street

225 BOULEVARD OF THE ALLIES

City	State	Zip Code	Foreign Country
PITTSBURGH	PA	15222	
Relationship	Foundation Status		
NONE	PC		
Purpose of grant/contribution			Amount
GENERAL OPERATIONAL			500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 4 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

CARNEGIE MUSEUMS OF PITTSBURGH

Street

4400 FORBES AVENUE

City

PITTSBURGH

State

PA

Zip Code

15213-4080

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

CHIMBOTE FOUNDATION OF PERU

Street

111 BOULEVARD OF THE ALLIES

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

CURE ALZHEIMER'S FUND

Street

34 WASHINGTON STREET, SUITE 200

City

WELLESLEY HILLS

State

MA

Zip Code

02481

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

WATSON REHABILITATION HOSPITAL

Street

301 CAMP MEETING ROAD

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

DEPAUL SCHOOL FOR HEARING AND SPEECH

Street

6202 ALDER STREET

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

DOMINICAN FRIARS PROVINCE OF ST. JOSEPH

Street

141 EAST 65TH STREET

City

NEW YORK

State

NY

Zip Code

10065

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 5 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

DUQUESNE UNIVERSITY

Street

600 FORBES AVENUE

City

PITTSBURGH

State

PA

Zip Code

15282

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

HERITAGE VALLEY HOSPITAL FOUNDATION

Street

420 ROUSER ROAD, SUITE 102

City

MOON TOWNSHIP

State

PA

Zip Code

15108

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

DERBY ACADEMY

Street

56 BURDITT AVENUE

City

HINGHAM

State

MA

Zip Code

02043

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

100

Name

FRICK ART AND HISTORICAL CENTER

Street

7227 REYNOLDS STREET

City

PITTSBURGH

State

PA

Zip Code

15208

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

100

Name

NORTH HILLS AFFORDABLE HOUSING TASK FORCE

Street

8035 MCKNIGHT ROAD, SUITE 303

City

PITTSBURGH

State

PA

Zip Code

15237

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

15,000

Name

GLADE RUN LUTHERAN SERVICES

Street

P O BOX 70

City

ZELIENOPLE

State

PA

Zip Code

16063

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

18,750

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 6 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

DRESS FOR SUCCESS

Street

332 FIFTH AVENUE, FIFTH FLOOR

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

30,000

Name

FAITH IN ACTION

Street

625 BLACKBURN ROAD

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

250

Name

GREATER PITTSBURGH LITERACY COUNCIL

Street

411 SEVENTH AVENUE, SUITE 550

City

PITTSBURGH

State

PA

Zip Code

15219

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

250

Name

HROTC ALUMNI FUND, INC.

Street

P.O. BOX 282

City

WESTON

State

MA

Zip Code

02493

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

250

Name

ENOCH PRATT FREE LIBRARY

Street

400 CATHEDRAL STREET

City

BALTIMORE

State

MD

Zip Code

21201

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,000

Name

FAMILY AND CHILDREN'S SERVICES OF CENTRAL MARYLAND

Street

4623 FALLS ROAD

City

BALTIMORE

State

MD

Zip Code

21209

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 7 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

FAMILY RESOURCES

Street

141 S HIGHLAND AVENUE, SUITE 201

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,000

Name

GREATER PITTSBURGH COMMUNITY FOOD BANK

Street

1 NORTH LINDEN STREET

City

DUQUESNE

State

PA

Zip Code

15110

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,000

Name

DOMINICAN FRIARS PROVINCE OF ST JOSEPH

Street

141 EAST 65TH STREET

City

NEW YORK

State

NY

Zip Code

10065

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

FRIENDS OF QUAKER VALLEY SCHOOLS

Street

P O BOX 29

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

GARRISON FOREST SCHOOL

Street

300 GARRISON FOREST ROAD

City

OWINGS MILLS

State

MD

Zip Code

21117

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

GATEWAY TO THE ARTS

Street

6101 PENN AVENUE, SUITE 301

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 8 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

GETTYSBURG FOUNDATION

Street

1195 BALTIMORE PIKE

City

GETTYSBURG

State

PA

Zip Code

17325

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

GILDA'S CLUB OF WESTERN PENNSYLVANIA

Street

2816 SMALLMAN STREET

City

PITTSBURGH

State

PA

Zip Code

15222-4722

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

GRACE CENTER FOUNDATION, INC.

Street

431 LAGOON AVENUE

City

NAPLES

State

FL

Zip Code

34108

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,500

Name

GREATER PITTSBURGH COMMUNITY FOOD BANK

Street

1 NORTH LINDEN STREET

City

DUQUESNE

State

PA

Zip Code

15110

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

8,000

Name

KISKIMINETAS SPRINGS SCHOOL

Street

1888 BRETT LANE

City

SALTSBURG

State

PA

Zip Code

15681-8951

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

LAUGHLIN CHILDREN'S CENTER

Street

424 FREDERICK AVENUE

City

SEWICKLEY

State

PA

Zip Code

15143-1523

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 9 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

MANCHESTER BIDWELL CORPORATION

Street

1815 METROPOLITAN STREET

City

PITTSBURGH

State

PA

Zip Code

15233

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

MEALS ON WHEELS

Street

440 LINCOLN AVENUE

City

BELLEVUE

State

PA

Zip Code

15202

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

NATIONAL HEMOPHILIA FOUNDATION OF WESTERN PA

Street

20411 RT. 19, UNIT 14

City

CRANBERRY

State

PA

Zip Code

16066

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

NATIONAL OSTEOPOROSIS FOUNDATION

Street

1150 17TH ST, NW, SUITE 850

City

WASHINGTON

State

DC

Zip Code

20036

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

MARYLAND FAMILY NETWORK

Street

1001 EASTERN AVENUE

City

BALTIMORE

State

MD

Zip Code

21202-4364

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

10,000

Name

MILTON ACADEMY

Street

ALUMNI & DEVELOPMENT OFFICE

City

MILTON

State

MA

Zip Code

02186

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

100

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 10 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

NEIGHBORHOOD ACADEMY

Street

5231 PENN AVENUE, SUITE 200

City

PITTSBURGH

State

PA

Zip Code

15224

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

24,000

Name

OUR LADY OF THE CHESAPEAKE

Street

8325 VENTNOR ROAD

City

PASADENA

State

MD

Zip Code

21122

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

64,500

Name

HISTORICAL SOCIETY OF WESTERN PA

Street

1212 SMALLMAN STREET

City

PITTSBURGH

State

PA

Zip Code

15222-4200

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

44,000

Name

ASSOC FOR THE PRESERVATION OF HISTORIC CONGRESSIONAL CEMETERY

Street

1801 E STREET SOUTHEAST

City

WASHINGTON

State

DC

Zip Code

20003

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

HORTICULTURAL SOCIETY OF WESTERN PA

Street

850 POPLAR STREET

City

PITTSBURGH

State

PA

Zip Code

15220-2828

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

MENDELSSOHN CHOIR OF PITTSBURGH INC.

Street

600 PENN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 11 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

OLDFIELDS SCHOOL, INC.

Street

1500 GLENCOE ROAD

City

SPARKS GLENCOE

State

MD

Zip Code

21152

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

LEMINGTON COMMUNITY SERVICES CORP

Street

1701 LINCOLN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

750

Name

LUTHERAN SENIOR LIFE FOUNDATION

Street

401 SOUTH MAIN STREET

City

ZELIENOPLE

State

PA

Zip Code

16063

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

750

Name

PHIPPS CONSERVATORY AND BOTANICAL GARDENS

Street

ONE SCHENLEY PARK

City

PITTSBURGH

State

PA

Zip Code

15213-3830

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

RAND CORPORATION

Street

4570 FIFTH AVENUE, SUITE 600

City

PITTSBURGH

State

PA

Zip Code

15213

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

SEWICKLEY ACADEMY

Street

315 ACADEMY AVENUE

City

SEWICKLEY

State

DC

Zip Code

20036

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 12 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

SILVER RING THING

Street

238 MOON CLINTON ROAD, SUITE 9

City

MOON TOWNSHIP

State

PA

Zip Code

15108

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

THE SEWICKLEY CEMETERY

Street

P.O. BOX 183

City

SEWICKLEY

State

PA

Zip Code

15143-0183

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

PITTSBURGH CULTURAL TRUST

Street

803 LIBERTY AVENUE

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

SISTERS OF CHARITY OF SETON HILL

Street

144 DEPAUL CENTER ROAD

City

GREENSBURG

State

PA

Zip Code

15601

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

THE SEED FOUNDATION

Street

1776 MASSACHUSETTS AVE, N W. SUITE 600

City

WASHINGTON

State

DC

Zip Code

20036

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,500

Name

SAMARITAN COUNSELING CENTER OF WESTERN PA

Street

414 GRANT STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

3,550

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 13 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

PITTSBURGH SYMPHONY SOCIETY

Street

600 PENN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15222-3259

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

12,600

Name

PAUL'S PLACE

Street

1118 WARD STREET

City

BALTIMORE

State

MD

Zip Code

21230

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,000

Name

SANTA FE SCHOOL FOR THE ARTS

Street

5912 JAGUAR DRIVE

City

SANTA FE

State

NM

Zip Code

87505

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

356

Name

SEWICKLEY COMMUNITY CENTER

Street

15 CHADWICK STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

300

Name

SEWICKLEY VALLEY COMMUNITY FUND

Street

3055 SCOTTISH RITE LANE

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

20,250

Name

SOJOURNER HOUSE

Street

5460 PENN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15206

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

5,500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 14 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

PITTSBURGH ACTION AGAINST RAPE

Street

81 S. 19TH STREET

City

PITTSBURGH

State

PA

Zip Code

15203

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

RIVER CITY BRASS

Street

ONE MELLON CENTER, SUITE 2720

City

PITTSBURGH

State

PA

Zip Code

15219

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

SALTWORKS THEATRE COMPANY

Street

569 N NEVILLE STREET

City

PITTSBURGH

State

PA

Zip Code

15213

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

SEWICKLEY VALLEY HISTORICAL SOCIETY

Street

200 BROAD STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

SEWICKLEY PUBLIC LIBRARY

Street

500 THORN STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

750

Name

ST. JAMES SCHOOL

Street

200 WALNUT STREET

City

SEWICKLEY

State

PA

Zip Code

15143-1529

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

25,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 15 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

SAINT JOSEPH'S HOUSE OF HOSPITALITY

Street

1635 BEDFORD AVENUE

City

PITTSBURGH

State

PA

Zip Code

15219

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

8,000

Name

ST. VINCENT COLLEGE AND SEMINARY

Street

300 FRASER PURCHASE ROAD

City

LATROBE

State

PA

Zip Code

15650-2690

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

24,500

Name

ST. VINCENT MEALS ON WHEELS

Street

2131 WEST THIRD STREET

City

LOS ANGELES

State

CA

Zip Code

90057

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,000

Name

SWEET BRIAR COLLEGE

Street

P.O BOX 1057

City

SWEET BRIAR

State

VA

Zip Code

24595

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

SWEETWATER ART CENTER

Street

200 BROAD STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

400

Name

THREE RIVERS YOUNG PEOPLES ORCHESTRAS

Street

212 NINTH STREET, SUITE 401

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 16 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

UNION AID SOCIETY

Street

601 THORN STREET

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

UNITED WAY OF ALLEGHENY COUNTY

Street

1250 PENN AVENUE, P O BOX 735

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

10,000

Name

UNIVERSITY OF DENVER

Street

P.O BOX 91-585

City

DENVER

State

CO

Zip Code

80291-0585

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

UNIVERSITY OF NEW HAVEN

Street

300 BOSTON POST ROAD

City

WEST HAVEN

State

CT

Zip Code

06516

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

Name

UNIVERSITY OF PGH - M. KATZ GRADUATE SCHOOL OF BUSINESS

Street

372 MERVIS HALL

City

PITTSBURGH

State

PA

Zip Code

15260

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

57,500

Name

VERLAND FOUNDATION

Street

212 IRIS ROAD

City

SEWICKLEY

State

PA

Zip Code

15143-2400

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,500

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 17 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

VILLA ST. JOSEPH

Street

1020 STATE STREET

City

BADEN

State

PA

Zip Code

15005

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,000

Name

VILLANOVA UNIVERSITY

Street

800 LANCASTER AVENUE

City

VILLANOVA

State

PA

Zip Code

19085-1673

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,000

Name

WESTERN PENNSYLVANIA CONSERVANCY

Street

800 WATERFRONT DRIVE

City

PITTSBURGH

State

PA

Zip Code

15222

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

WESTERN PA HUMANE SOCIETY

Street

1101 WESTERN AVENUE

City

PITTSBURGH

State

PA

Zip Code

15233

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,500

Name

WINCHESTER THURSTON

Street

555 MOREWOOD AVENUE

City

PITTSBURGH

State

PA

Zip Code

15213-2899

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

29,000

Name

WORLD AFFAIRS COUNCIL OF PITTSBURGH

Street

2640 ONE MELLON CENTER

City

PITTSBURGH

State

PA

Zip Code

15219-2502

Foreign Country**Relationship**

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

1,000

THE ANN AND FRANK CAHOUE FOUNDATION

30-6192502 Page 18 of 18

Continuation of Part XV, Line 3a (990-PF) - Grants and Contributions Paid During the Year

Recipient(s) paid during the year

Name

WQED PITTSBURGH

Street

4802 FIFTH AVENUE

City

PITTSBURGH

State

PA

Zip Code

15213-2956

Foreign Country

Relationship

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

2,500

Name

YMCA OF SEWICKLEY VALLEY

Street

625 BLACKBURN ROAD

City

SEWICKLEY

State

PA

Zip Code

15143

Foreign Country

Relationship

NONE

Foundation Status

PC

Purpose of grant/contribution

GENERAL OPERATIONAL

Amount

500

Name

Street

City

State

Zip Code

Foreign Country

Relationship

Foundation Status

Purpose of grant/contribution

Amount

Name

Street

City

State

Zip Code

Foreign Country

Relationship

Foundation Status

Purpose of grant/contribution

Amount

Name

Street

City

State

Zip Code

Foreign Country

Relationship

Foundation Status

Purpose of grant/contribution

Amount

Name

Street

City

State

Zip Code

Foreign Country

Relationship

Foundation Status

Purpose of grant/contribution

Amount

Part I, Line 6 (990-PF) - Gain/Loss from Sale of Assets Other Than Inventory

Amount										Totals									
Long Term CG Distributions					Short Term CG Distributions					Capital Gains/Losses					Other sales				
Check "X" to include in Part IV		Description		CUSIP #	Purchaser	Check "X" if Purchaser is a Business	Date Acquired	Acquisition Method	Date Sold	Gross Sales Price	Cost or Other Basis	Valuation Method	Expense of Sale and Cost of Improvements	Depreciation	Adjustments	Net Gain or Loss			
1	X	ISHARES MSCIALL CTRY ASI	484288182				12/14/2012		7/5/2013	17,267	19,178					0	-1,911		
2	X	ISHARES S&P GSCI COMMOD	46428R107				1/4/2011		7/5/2013	18,345	19,559					0	-1,214		
3	X	ISHARES S&P GSCI COMMOD	46428R107				12/14/2012		7/5/2013	3,796	3,875					0	-79		
4	X	POWERSHARES BUYBACK AC	73935X286				12/14/2012		7/5/2013	79,133	65,794					0	13,339		
5	X	T ROWE PRICE HIGH YIELD F	741481105				1/31/2013		7/5/2013	12,030	12,220					0	-190		
6	X	T ROWE PRICE HIGH YIELD F	741481105				2/28/2013		7/5/2013	12,528	12,744					0	-216		
7	X	T ROWE PRICE HIGH YIELD F	741481105				3/28/2013		7/5/2013	12,555	12,880					0	-325		
8	X	T ROWE PRICE HIGH YIELD F	741481105				4/30/2013		7/5/2013	12,397	12,914					0	-517		
9	X	T ROWE PRICE HIGH YIELD F	741481105				5/31/2013		7/5/2013	13,237	13,695					0	-458		
10	X	T ROWE PRICE HIGH YIELD F	741481105				12/31/2012		7/5/2013	7,253	7,285					0	-32		
11	X	DREYFUS US EQUITY FUND-I	86271F727				12/14/2012		7/5/2013	80,000	70,687					0	9,313		
12	X	DREYFUS PRE STRAT INTER	86271F768				12/14/2012		7/5/2013	35,000	35,024					0	-24		
13	X	VANGUARD GROWTH ETF	922908736				12/14/2012		7/5/2013	79,549	70,898					0	8,651		
14	X	ISHARES CORE S&P MID-CAP	464287507				12/14/2012		7/5/2013	64,866	55,355					0	9,511		
15	X	ISHARES RUSSELL 2000 ETF	464287655				12/14/2012		7/5/2013	39,723	33,004					0	6,719		
16	X	ISHARES MSCIALL CTRY ASI	484288182				12/14/2012		7/5/2013	17,806	19,788					0	-1,982		
17	X	BNY MELLON CORP BOND-M	05568M368				10/31/2012		7/5/2013	1,871	1,974					0	-103		
18	X	BNY MELLON CORP BOND-M	05568M368				11/30/2012		7/5/2013	1,976	1,976					0	-102		
19	X	BNY MELLON CORP BOND-M	05568M368				4/30/2013		7/5/2013	3,280	3,478					0	-188		
20	X	BNY MELLON CORP BOND-M	05568M368				12/14/2012		7/5/2013	32,863	34,713					0	-1,750		
21	X	IPATH DOW JONES-JBS CMM	08738C778				12/14/2012		7/5/2013	22,086	25,063					0	-2,977		
22	X	DREYFUS GLOBAL REAL ES	261986582				3/28/2013		7/5/2013	4,498	4,823					0	-325		
23	X	DREYFUS GLOBAL REAL ES	261986582				12/14/2012		7/5/2013	30,502	30,871					0	-369		
24	X	ISHARES CORE S&P 500 ETF	464287200				12/14/2012		7/5/2013	75,121	65,734					0	9,387		
25	X	ISHARES MSCI EMERGING M	464287234				12/14/2012		7/5/2013	34,939	40,397					0	-5,458		
26	X	ISHARES IBOX \$ INVESTME	484287242				12/14/2012		7/5/2013	37,005	39,983					0	-2,978		
27	X	ISHARES S/T GAIN	000000000				1/1/2013		12/31/2013	0	602					0	-602		
28	X	ISHARES S/T GAIN	000000000				11/2010		12/31/2013	8,595	0					0	8,595		

Part I, Line 11 (990-PF) - Other Income

		17,832	17,832	0
Description		Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income
1	ISHARES OTHER INCOME	17,832	17,832	

Part I, Line 18 (990-PF) - Taxes

		20,238	9,005	0	0
Description		Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
1	FOREIGN TAXES PAID	9,005	9,005		
2	ESTIMATED EXCISE PAYMENTS	11,233			

Part I, Line 23 (990-PF) - Other Expenses

		4,829	4,829	0	0
Description		Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
1	ISHARES 2% PORTFOLIO DEDUCTIONS	4,829	4,829		

Part II, Line 13 (990-PF) - Investments - Other

		22,399,541	21,968,770	27,455,211
		Book Value	Book Value	FMV
		Beg of Year	End of Year	End of Year
Asset Description	Basis of Valuation			
1			0	
2 BNY MELLON CORP BOND-M			1,337,405	1,313,980
3 BARCLAYS BK PLC			595,274	549,780
4 DREYFUS PR GL R/E SEC FD CL I			1,207,202	1,241,510
5 ISHARES GSCI COMMODITY-INDEXED			599,810	624,486
6 ISHARES S&P 500 INDEX FUND			1,691,906	2,989,893
7 ISHARES MSCI EMERGING MKTS INDEX F			919,809	1,138,496
8 ISHARES IBOX INVEST GRADE			1,275,122	1,228,663
9 ISHARES TR S&P MIDCAP 400 INDEX FD			1,718,512	2,415,270
10 ISHARES RUSSELL 2000 INDEX FD			1,107,291	1,613,886
11 ISHARES MSCI ASIA EX-JAPAN INDX FD			1,103,019	1,203,788
12 POWERSHARES BUYBACK ACHIEVERS			2,268,988	3,271,064
13 T ROWE PRICE HIGH YIELD FUND INC			2,403,939	2,529,086
14 DREYFUS U S EQUITY FUND-I			2,262,165	2,969,976
15 DREYFUS PRE STRAT INTER ST-R			1,155,139	1,312,363
16 VANGUARD INDEX TR			2,323,189	3,052,970

Part III (990-PF) - Changes in Net Assets or Fund Balances

Line 3 - Other increases not included in Part III, Line 2

1	COST ADJUSTMENT	1	55
2	2011 WASHSALE ADJUSTMENT	2	135
3	Total	3	190

Line 5 - Decreases not included in Part III, Line 2

1	RETURN OF GRANT	1	10,000
2	ISHARES PARTNERSHIP ADJUSTMENT	2	1,371
3	Total	3	11,371

Part IV (990-PF) - Capital Gains and Losses for Tax on Investment Income

Long Term CG Distributions		Short Term CG Distributions		Amount		758,231		0		714,316		43,915		0		0		0		43,915							
Description of Property Sold		CUSIP #		How Acquired		Date Acquired		Date Sold		Gross Sales Price		Depreciation Allowed		Adjustments		Cost or Other Basis Plus Expense of Sale		Gain or Loss		FMV as of 12/31/89		Adjusted Basis as of 12/31/89		Excess of FMV Over Adj Basis		Gains Minus Excess of FMV Over Adjusted Basis or Losses	
1	1 SHARES MSCI ALL CTRY ASIA EX JAP	464288182				12/14/2012	7/5/2013			17,267						18,178		-911		-911		0		0		0	-911
2	1 SHARES S&P GSCI COMMODITY-IND	464288107				1/14/2011	7/5/2013			18,345						19,559		-1,214		-1,214		0		0		0	-1,214
3	1 SHARES S&P GSCI COMMODITY-IND	464288107				12/14/2012	7/5/2013			3,796						3,875		-79		-79		0		0		0	-79
4	1 POWERSHARES BUYBACK ACHIEVERS	73935288				12/14/2012	7/5/2013			76,133						65,764		13,369		13,369		0		0		0	13,369
5	1 T ROWE PRICE HIGH YIELD FD INC	741481105				1/31/2013	7/5/2013			12,030						12,220		-190		-190		0		0		0	-190
6	1 T ROWE PRICE HIGH YIELD FD INC	741481105				2/28/2013	7/5/2013			12,528						12,744		-216		-216		0		0		0	-216
7	1 T ROWE PRICE HIGH YIELD FD INC	741481105				3/28/2013	7/5/2013			12,555						12,880		-325		-325		0		0		0	-325
8	1 T ROWE PRICE HIGH YIELD FD INC	741481105				4/30/2013	7/5/2013			12,397						12,914		-517		-517		0		0		0	-517
9	1 T ROWE PRICE HIGH YIELD FD INC	741481105				5/31/2013	7/5/2013			13,237						13,695		-458		-458		0		0		0	-458
10	1 T ROWE PRICE HIGH YIELD FD INC	741481105				12/31/2012	7/5/2013			7,253						7,285		-32		-32		0		0		0	-32
11	1 DREYFUS US EQUITY FUND-I	86271F727				12/14/2012	7/5/2013			80,000						70,687		9,313		9,313		0		0		0	9,313
12	1 DREYFUS PRE STRAT INTER ST-I	86271F768				12/14/2012	7/5/2013			35,000						35,024		-24		-24		0		0		0	-24
13	1 VANGUARD GROWTH ETF	922808736				12/14/2012	7/5/2013			76,549						70,666		8,883		8,883		0		0		0	8,883
14	1 SHARES CORE S&P MID-CAP ETF	464287507				12/14/2012	7/5/2013			64,866						55,355		9,511		9,511		0		0		0	9,511
15	1 SHARES RUSSELL 2000 ETF	464287655				12/14/2012	7/5/2013			39,723						33,004		6,719		6,719		0		0		0	6,719
16	1 SHARES MSCI ALL CTRY ASIA EX JAP	464288182				12/14/2012	7/5/2013			17,809						18,768		-959		-959		0		0		0	-959
17	1 BNY MELLON CORP BOND-M	05569M368				10/31/2012	7/5/2013			1,871						1,974		-103		-103		0		0		0	-103
18	1 BNY MELLON CORP BOND-M	05569M368				11/30/2012	7/5/2013			1,876						1,978		-102		-102		0		0		0	-102
19	1 BNY MELLON CORP BOND-M	05569M368				4/30/2012	7/5/2013			3,280						3,478		-198		-198		0		0		0	-198
20	1 BNY MELLON CORP BOND-M	05569M368				12/14/2012	7/5/2013			32,963						34,713		-1,750		-1,750		0		0		0	-1,750
21	1 PATH DOW JONES-UBS COMMODITY INDI	06738C778				12/14/2012	7/5/2013			22,088						25,083		-2,995		-2,977		0		0		0	-2,977
22	1 DREYFUS GLOBAL REAL ES SEC-I	281885532				3/28/2013	7/5/2013			4,498						4,623		-125		-125		0		0		0	-125
23	1 DREYFUS GLOBAL REAL ES SEC-I	281885532				12/14/2012	7/5/2013			30,502						30,971		-469		-469		0		0		0	-469
24	1 DREYFUS CORE S&P 500 ETF	464287200				12/14/2012	7/5/2013			75,121						65,734		9,387		9,387		0		0		0	9,387
25	1 SHARES MSCI EMERGING MARKETS E	464287234				12/14/2012	7/5/2013			34,939						40,397		-5,458		-5,458		0		0		0	-5,458
26	1 SHARES BOX 1 INVESTMENT GRADE	464287242				12/14/2012	7/5/2013			37,005						39,683		-2,678		-2,678		0		0		0	-2,678
27	1 SHARES S&P 500	000000000				1/1/2013	12/31/2013			0						802		-802		-802		0		0		0	-802
28	1 SHARES S&P 500	000000000				1/1/2010	12/31/2013			8,595						0		8,595		8,595		0		0		0	8,595

Part VIII, Line 1 (990-PF) - Compensation of Officers, Directors, Trustees and Foundation Managers

77,753												0
Name		Check "X" if Business	Street	City	State	Zip Code	Foreign Country	Title	Avg Hrs Per Week	Compensation	Benefits	Expense Account
1	BNY Mellon, N A		P O Box 185	Pittsburgh	PA	15230-0185		TRUSTEE	SEE ATTAC	122,178	NONE	NONE
2	BNY Mellon, N A		P O Box 185	Pittsburgh	PA	15230-0185		FEE	REIMBURS	-44,425	N/A	N/A

Part VI, Line 6a (990-PF) - Estimated Tax Payments

	Date		Amount
1 Credit from prior year return	12/31/2013	1	803
2 First quarter estimated tax payment		2	
3 Second quarter estimated tax payment	6/11/2013	3	3,744
4 Third quarter estimated tax payment	9/10/2013	4	3,744
5 Fourth quarter estimated tax payment	12/11/2013	5	3,745
6 Other payments		6	
7 Total		7	12,036