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Form **990**

Department of the Treasury
Internal Revenue Service

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

▶ The organization may have to use a copy of this return to satisfy state reporting requirements

OMB No 1545-0047

2012

Open to Public Inspection

A For the 2012 calendar year, or tax year beginning 01-01-2012 , 2012, and ending 12-31-2012

B Check if applicable
- ☐ Address change
- ☐ Name change
- ☐ Initial return
- ☐ Terminated
- ☐ Amended return
- ☐ Application pending

C Name of organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Doing Business As

Number and street (or P O box if mail is not delivered to street address) | Room/suite
1530 YELM HIGHWAY SE

City or town, state or country, and ZIP + 4
OLYMPIA, WA 985014684

D Employer identification number
91-0586473

E Telephone number
(360) 753-6576

G Gross receipts $ 6,733,691

F Name and address of principal officer
MICHAEL WEST
1530 YELM HIGHWAY SE
OLYMPIA, WA 985014684

H(a) Is this a group return for affiliates? ☐ Yes ☑ No

H(b) Are all affiliates included? ☐ Yes ☐ No
If "No," attach a list (see instructions)

H(c) Group exemption number ▶

I Tax-exempt status ☑ 501(c)(3) ☐ 501(c) ( ) ◀ (insert no) ☐ 4947(a)(1) or ☐ 527

J Website: ▶ SOUTHSOUNDYMCA ORG

K Form of organization ☑ Corporation ☐ Trust ☐ Association ☐ Other ▶

L Year of formation 1892

M State of legal domicile WA

Part I Summary

1 Briefly describe the organization's mission or most significant activities
TO PROVIDE YOUTH AND COMMUNITY AN AFFORDABLE AND ACCESSIBLE RESOURCE FOR THE POSITIVE GROWTH AND DEVELOPMENT OF SPIRIT, MIND AND BODY THROUGH RECREATIONAL, HEALTH AND LEADERSHIP PROGRAMS

2 Check this box ▶☐ if the organization discontinued its operations or disposed of more than 25% of its net assets

3	Number of voting members of the governing body (Part VI, line 1a)	**3**	18
4	Number of independent voting members of the governing body (Part VI, line 1b)	**4**	18
5	Total number of individuals employed in calendar year 2012 (Part V, line 2a)	**5**	547
6	Total number of volunteers (estimate if necessary)	**6**	1,322
7a	Total unrelated business revenue from Part VIII, column (C), line 12	**7a**	0
b	Net unrelated business taxable income from Form 990-T, line 34	**7b**	0

		Prior Year	Current Year
8	Contributions and grants (Part VIII, line 1h)	525,433	635,428
9	Program service revenue (Part VIII, line 2g)	6,159,438	5,943,459
10	Investment income (Part VIII, column (A), lines 3, 4, and 7d)	36,134	24,131
11	Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	118,845	100,661
12	Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line 12)	6,839,850	6,703,679
13	Grants and similar amounts paid (Part IX, column (A), lines 1–3)	0	0
14	Benefits paid to or for members (Part IX, column (A), line 4)	0	0
15	Salaries, other compensation, employee benefits (Part IX, column (A), lines 5–10)	4,389,822	4,250,034
16a	Professional fundraising fees (Part IX, column (A), line 11e)	0	0
b	Total fundraising expenses (Part IX, column (D), line 25) ▶14,160		
17	Other expenses (Part IX, column (A), lines 11a–11d, 11f–24e)	2,489,577	2,536,499
18	Total expenses Add lines 13–17 (must equal Part IX, column (A), line 25)	6,879,399	6,786,533
19	Revenue less expenses Subtract line 18 from line 12	-39,549	-82,854

		Beginning of Current Year	End of Year
20	Total assets (Part X, line 16)	14,664,301	14,555,600
21	Total liabilities (Part X, line 26)	4,452,433	4,180,271
22	Net assets or fund balances Subtract line 21 from line 20	10,211,868	10,375,329

Part II Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge

Sign Here

****** | 2013-04-17
Signature of officer | Date

MICHAEL WEST CEO
Type or print name and title

Paid Preparer Use Only

Print/Type preparer's name	Preparer's signature	Date	Check ☐ if self-employed	PTIN
NORMAN R SMITH CPA				P00241319

Firm's name ▶ NR SMITH AND ASSOCIATES PS | Firm's EIN ▶ 91-0959909

Firm's address ▶ 2120 CATON WAY SW
OLYMPIA, WA 985021106 | Phone no (360) 754-9475

May the IRS discuss this return with the preparer shown above? (see instructions) ☑ Yes ☐ No

Part III Statement of Program Service Accomplishments

Check if Schedule O contains a response to any question in this Part III . . . . . ☑

1 Briefly describe the organization's mission

TO PROVIDE YOUTH AND COMMUNITY AN AFFORDABLE AND ACCESSIBLE RESOURCE FOR THE POSITIVE DEVELOPMENT OF SPIRIT, MIND AND BODY THROUGH RECREATIONAL HEALTH AND LEADERSHIP PROGRAMS

2 Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ? . . . . . ☐ Yes ☑ No

If "Yes," describe these new services on Schedule O

3 Did the organization cease conducting, or make significant changes in how it conducts, any program services? . . . . . ☐ Yes ☑ No

If "Yes," describe these changes on Schedule O

4 Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported

4a	(Code)	(Expenses $	2,271,985	including grants of $	) (Revenue $	2,277,269)
	CHILDCARE SEE ATTACHED					
4b	(Code)	(Expenses $	1,734,685	including grants of $	) (Revenue $	2,749,475)
	MEMBERSHIP SEE ATTACHED					
4c	(Code)	(Expenses $	616,068	including grants of $	) (Revenue $	384,109)
	YOUTH SEE ATTACHED					
	(Code)	(Expenses $	960,650	including grants of $	) (Revenue $	532,606)
	SEE ATTACHED					
4d	Other program services (Describe in Schedule O)					
	(Expenses $	960,650	including grants of $		) (Revenue $	532,606)
4e	**Total program service expenses** ▶		5,583,388			

Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? *If "Yes," complete Schedule A*	1	Yes	
2	Is the organization required to complete *Schedule B, Schedule of Contributors* (see instructions)?	2	Yes	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? *If "Yes," complete Schedule C, Part I*	3		No
4	**Section 501(c)(3) organizations.** Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? *If "Yes," complete Schedule C, Part II*	4		No
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? *If "Yes," complete Schedule C, Part III*	5		No
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? *If "Yes," complete Schedule D, Part I*	6		No
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? *If "Yes," complete Schedule D, Part II*	7		No
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? *If "Yes," complete Schedule D, Part III*	8		No
9	Did the organization report an amount in Part X, line 21 for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? *If "Yes," complete Schedule D, Part IV*	9		No
10	Did the organization, directly or through a related organization, hold assets in temporarily restricted endowments, permanent endowments, or quasi-endowments? *If "Yes," complete Schedule D, Part V*	10		No
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X as applicable			
a	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? *If "Yes," complete Schedule D, Part VI.*	11a	Yes	
b	Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? *If "Yes," complete Schedule D, Part VII*	11b		No
c	Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? *If "Yes," complete Schedule D, Part VIII*	11c		No
d	Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? *If "Yes," complete Schedule D, Part IX*	11d	Yes	
e	Did the organization report an amount for other liabilities in Part X, line 25? *If "Yes," complete Schedule D, Part X*	11e	Yes	
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? *If "Yes," complete Schedule D, Part X*	11f		No
12a	Did the organization obtain separate, independent audited financial statements for the tax year? *If "Yes," complete Schedule D, Parts XI and XII*	12a	Yes	
b	Was the organization included in consolidated, independent audited financial statements for the tax year? *If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional*	12b		No
13	Is the organization a school described in section 170(b)(1)(A)(ii)? *If "Yes," complete Schedule E*	13		No
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		No
b	Did the organization have aggregate revenues or expenses of more than $10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at $100,000 or more? *If "Yes," complete Schedule F, Parts I and IV*	14b		No
15	Did the organization report on Part IX, column (A), line 3, more than $5,000 of grants or assistance to any organization or entity located outside the United States? *If "Yes," complete Schedule F, Parts II and IV*	15		No
16	Did the organization report on Part IX, column (A), line 3, more than $5,000 of aggregate grants or assistance to individuals located outside the United States? *If "Yes," complete Schedule F, Parts III and IV*	16		No
17	Did the organization report a total of more than $15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? *If "Yes," complete Schedule G, Part I (see instructions)*	17		No
18	Did the organization report more than $15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? *If "Yes," complete Schedule G, Part II*	18	Yes	
19	Did the organization report more than $15,000 of gross income from gaming activities on Part VIII, line 9a? *If "Yes," complete Schedule G, Part III*	19		No
20a	Did the organization operate one or more hospital facilities? *If "Yes," complete Schedule H*	20a		No
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		

Part IV Checklist of Required Schedules *(continued)*

21	Did the organization report more than $5,000 of grants and other assistance to any government or organization in the United States on Part IX, column (A), line 1? *If "Yes," complete Schedule I, Parts I and II*	**21**		No
22	Did the organization report more than $5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? *If "Yes," complete Schedule I, Parts I and III*	**22**		No
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? *If "Yes," complete Schedule J*	**23**	Yes	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than $100,000 as of the last day of the year, that was issued after December 31, 2002? *If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25*	**24a**		No
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	**24b**		
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	**24c**		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	**24d**		
25a	**Section 501(c)(3) and 501(c)(4) organizations.** Did the organization engage in an excess benefit transaction with a disqualified person during the year? *If "Yes," complete Schedule L, Part I*	**25a**		No
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? *If "Yes," complete Schedule L, Part I*	**25b**		No
26	Was a loan to or by a current or former officer, director, trustee, key employee, highest compensated employee, or disqualified person outstanding as of the end of the organization's tax year? *If "Yes," complete Schedule L, Part II*	**26**		No
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity or family member of any of these persons? *If "Yes," complete Schedule L, Part III*	**27**		No
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions)			
a	A current or former officer, director, trustee, or key employee? *If "Yes," complete Schedule L, Part IV*	**28a**		No
b	A family member of a current or former officer, director, trustee, or key employee? *If "Yes," complete Schedule L, Part IV*	**28b**		No
c	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? *If "Yes," complete Schedule L, Part IV*	**28c**		No
29	Did the organization receive more than $25,000 in non-cash contributions? *If "Yes," complete Schedule M*	**29**		No
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? *If "Yes," complete Schedule M*	**30**		No
31	Did the organization liquidate, terminate, or dissolve and cease operations? *If "Yes," complete Schedule N, Part I*	**31**		No
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? *If "Yes," complete Schedule N, Part II*	**32**		No
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301 7701-2 and 301 7701-3? *If "Yes," complete Schedule R, Part I*	**33**		No
34	Was the organization related to any tax-exempt or taxable entity? *If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1*	**34**		No
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	**35a**		No
b	If 'Yes' to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? *If "Yes," complete Schedule R, Part V, line 2*	**35b**		
36	**Section 501(c)(3) organizations.** Did the organization make any transfers to an exempt non-charitable related organization? *If "Yes," complete Schedule R, Part V, line 2*	**36**		No
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? *If "Yes," complete Schedule R, Part VI*	**37**		No
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? **Note.** All Form 990 filers are required to complete Schedule O	**38**	Yes	

Part V Statements Regarding Other IRS Filings and Tax Compliance

Check if Schedule O contains a response to any question in this Part V . . . . . ☐

				Yes	No
1a	Enter the number reported in Box 3 of Form 1096 Enter -0- if not applicable . .	1a	11		
b	Enter the number of Forms W-2G included in line 1a *Enter -0-* if not applicable	1b	0		
c	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	1c		Yes	
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return	2a	547		
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns? **Note.** If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)	2b		Yes	
3a	Did the organization have unrelated business gross income of $1,000 or more during the year? . . .	3a			No
b	If "Yes," has it filed a Form 990-T for this year? *If "No," provide an explanation in Schedule O*	3b			
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a			No
b	If "Yes," enter the name of the foreign country ▶ _____ See instructions for filing requirements for Form TD F 90-22 1, Report of Foreign Bank and Financial Accounts				
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? . .	5a			No
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b			No
c	If "Yes," to line 5a or 5b, did the organization file Form 8886-T?	5c			
6a	Does the organization have annual gross receipts that are normally greater than $100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions? . . .	6a			No
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6b			
7	**Organizations that may receive deductible contributions under section 170(c).**				
a	Did the organization receive a payment in excess of $75 made partly as a contribution and partly for goods and services provided to the payor?	7a		Yes	
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		Yes	
c	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?	7c			No
d	If "Yes," indicate the number of Forms 8282 filed during the year	7d			
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e			No
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? . .	7f			No
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g			No
h	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7h			No
8	**Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting organizations.** Did the supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess business holdings at any time during the year?	8			No
9	**Sponsoring organizations maintaining donor advised funds.**				
a	Did the organization make any taxable distributions under section 4966?	9a			No
b	Did the organization make a distribution to a donor, donor advisor, or related person?	9b			No
10	**Section 501(c)(7) organizations.** Enter				
a	Initiation fees and capital contributions included on Part VIII, line 12 . . .	10a			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	10b			
11	**Section 501(c)(12) organizations.** Enter				
a	Gross income from members or shareholders	11a			
b	Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them)	11b			
12a	**Section 4947(a)(1) non-exempt charitable trusts.** Is the organization filing Form 990 in lieu of Form 1041?	12a			
b	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	12b			
13	**Section 501(c)(29) qualified nonprofit health insurance issuers.**				
a	Is the organization licensed to issue qualified health plans in more than one state? **Note.** See the instructions for additional information the organization must report on Schedule O	13a			
b	Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans	13b			
c	Enter the amount of reserves on hand	13c			
14a	Did the organization receive any payments for indoor tanning services during the tax year?	14a			No
b	If "Yes," has it filed a Form 720 to report these payments? *If "No," provide an explanation in Schedule O* . .	14b			

Part VI **Governance, Management, and Disclosure** *For each "Yes" response to lines 2 through 7b below, and for a "No" response to lines 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.*

Check if Schedule O contains a response to any question in this Part VI . . . . . ☑

Section A. Governing Body and Management

			Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year **1a** 18			
	If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain in Schedule O			
b	Enter the number of voting members included in line 1a, above, who are independent **1b** 18			
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?	**2**		No
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors or trustees, or key employees to a management company or other person? .	**3**		No
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	**4**		No
5	Did the organization become aware during the year of a significant diversion of the organization's assets? .	**5**		No
6	Did the organization have members or stockholders?	**6**		No
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	**7a**		No
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?	**7b**		No
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following			
a	The governing body?	**8a**	Yes	
b	Each committee with authority to act on behalf of the governing body?	**8b**	Yes	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? *If "Yes," provide the names and addresses in Schedule O*	**9**		No

Section B. Policies (*This Section B requests information about policies not required by the Internal Revenue Code.*)

			Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	**10a**	Yes	
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	**10b**	Yes	
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	**11a**	Yes	
b	Describe in Schedule O the process, if any, used by the organization to review this Form 990			
12a	Did the organization have a written conflict of interest policy? *If "No," go to line 13*	**12a**	Yes	
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	**12b**	Yes	
c	Did the organization regularly and consistently monitor and enforce compliance with the policy? *If "Yes," describe in Schedule O how this was done*	**12c**	Yes	
13	Did the organization have a written whistleblower policy?	**13**	Yes	
14	Did the organization have a written document retention and destruction policy?	**14**	Yes	
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?			
a	The organization's CEO, Executive Director, or top management official	**15a**	Yes	
b	Other officers or key employees of the organization	**15b**	Yes	
	If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions)			
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?	**16a**		No
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?	**16b**		

Section C. Disclosure

17 List the States with which a copy of this Form 990 is required to be filed ▶ WA

18 Section 6104 requires an organization to make its Form 1023 (or 1024 if applicable), 990, and 990-T (501(c)(3)s only) available for public inspection Indicate how you made these available Check all that apply

☐ Own website ☐ Another's website ☑ Upon request ☐ Other (explain in Schedule O)

19 Describe in Schedule O whether (and if so, how), the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year

20 State the name, physical address, and telephone number of the person who possesses the books and records of the organization ▶ COLLEEN OCZKEWICZ 1530 YELM HIGHWAY SE OLYMPIA, WA (360) 753-6576

Part VII **Compensation of Officers, Directors,Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors**

Check if Schedule O contains a response to any question in this Part VII . . . . . ☐

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation Enter -0- in columns (D), (E), and (F) if no compensation was paid
- List all of the organization's **current** key employees, if any See instructions for definition of "key employee "
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than $100,000 from the organization and any related organizations
- List all of the organization's **former** officers, key employees, or highest compensated employees who received more than $100,000 of reportable compensation from the organization and any related organizations
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than $10,000 of reportable compensation from the organization and any related organizations

List persons in the following order individual trustees or directors, institutional trustees, officers, key employees, highest compensated employees, and former such persons

☐ Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee

(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W- 2/1099-MISC)	(E) Reportable compensation from related organizations (W- 2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
(1) LYNN WOFFORD CHAIR	0 00	X		X				0	0	0
(2) STEVE HATTON VICE CHAIR	0 00	X		X				0	0	0
(3) LAURIE BERRYMAN SECRETARY	0 00	X		X				0	0	0
(4) NEIL WOODY TREASURER	0 00	X		X				0	0	0
(5) KIM PUTNAM VICE CHAIR	0 00	X		X				0	0	0
(6) KIMBERLY ELLWANGER BOARD MEMBER	0 00	X						0	0	0
(7) DICK WADLEY BOARD MEMBER	0 00	X						0	0	0
(8) JACE MUNSON BOARD MEMBER	0 00	X						0	0	0
(9) JOHN PARRY BOARD MEMBER	0 00	X						0	0	0
(10) CHRISTINE FLEMING BOARD MEMBER	0 00	X						0	0	0
(11) PAT BERSCHAUER BOARD MEMBER	0 00	X						0	0	0
(12) MARY FURMAN BOARD MEMBER	0 00	X						0	0	0
(13) WENDY HOLDEN BOARD MEMBER	0 00	X						0	0	0
(14) JON JONES BOARD MEMBER	0 00	X						0	0	0
(15) ALLEN T MILLER JR BOARD MEMBER	0 00	X						0	0	0
(16) JERRY SHAW BOARD MEMBER	0 00	X						0	0	0
(17) BILL MCGREGOR BOARD MEMBER	0 00	X						0	0	0

Part VII **Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees** *(continued)*

(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W- 2/1099-MISC)	(E) Reportable compensation from related organizations (W- 2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
(18) RUTH WEIGELT BOARD MEMBER	0 00	X						0	0	0
(19) MICHAEL WEST PRESIDENT/CEO	40 00			X				185,858	0	20,437
(20) COLLEEN OCZKEWICZ CHIEF FINANCIAL OFFICER	40 00			X				39,435	0	1,404
(21) HARRY SUMMERS FORMER CHIEF FINANCIAL OFFICER	40 00			X				46,391	0	4,890
1b Sub-Total										
c Total from continuation sheets to Part VII, Section A										
d Total (add lines 1b and 1c)								271,684	0	26,731

2 Total number of individuals (including but not limited to those listed above) who received more than $100,000 of reportable compensation from the organization ▶ 1

		Yes	No
3 Did the organization list any **former** officer, director or trustee, key employee, or highest compensated employee on line 1a? *If "Yes," complete Schedule J for such individual*	**3**		No
4 For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than $150,000? *If "Yes," complete Schedule J for such individual*	**4**	Yes	
5 Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? *If "Yes," complete Schedule J for such person*	**5**		No

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than $100,000 of compensation from the organization Report compensation for the calendar year ending with or within the organization's tax year

(A) Name and business address	(B) Description of services	(C) Compensation

2 Total number of independent contractors (including but not limited to those listed above) who received more than $100,000 of compensation from the organization ▶ 0

Part VIII Statement of Revenue

Check if Schedule O contains a response to any question in this Part VIII . . . . . ☐

				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512, 513, or 514
Contributions, Gifts, Grants and Other Similar Amounts	1a	Federated campaigns . .	1a 24,629				
	b	Membership dues	1b				
	c	Fundraising events	1c 352,039				
	d	Related organizations . . .	1d				
	e	Government grants (contributions)	1e 143,804				
	f	All other contributions, gifts, grants, and similar amounts not included above	1f 114,956				
	g	Noncash contributions included in lines 1a-1f $					
	h	**Total.** Add lines 1a-1f . . . . . ▶		635,428			
Program Service Revenue			Business Code				
	2a	MEMBERSHIP DUES	900099	2,771,492	2,771,492		
	b	CHILDCARE	900099	2,324,937	2,324,937		
	c	YOUTH	900099	384,109	384,109		
	d	AQUATICS	900099	320,617	320,617		
	e	PHYSICAL EDUCATION	900099	142,304	142,304		
	f	All other program service revenue					
	g	**Total.** Add lines 2a–2f . . . . . ▶		5,943,459			
	3	Investment income (including dividends, interest, and other similar amounts) . . . . . ▶		24,131			24,131
	4	Income from investment of tax-exempt bond proceeds . . ▶					
	5	Royalties . . . . . ▶					
			(i) Real / (ii) Personal				
	6a	Gross rents					
	b	Less rental expenses					
	c	Rental income or (loss)					
	d	Net rental income or (loss) . . . . . ▶					
			(i) Securities / (ii) Other				
	7a	Gross amount from sales of assets other than inventory					
	b	Less cost or other basis and sales expenses					
	c	Gain or (loss)					
	d	Net gain or (loss) . . . . . ▶					
Other Revenue	8a	Gross income from fundraising events (not including $ 352,039 of contributions reported on line 1c) See Part IV, line 18 . . a	0				
	b	Less direct expenses . . . b	30,012				
	c	Net income or (loss) from fundraising events . . ▶		-30,012			-30,012
	9a	Gross income from gaming activities See Part IV, line 19 . . . a					
	b	Less direct expenses . . . b					
	c	Net income or (loss) from gaming activities . . ▶					
	10a	Gross sales of inventory, less returns and allowances . a					
	b	Less cost of goods sold . . b					
	c	Net income or (loss) from sales of inventory . . ▶					
		Miscellaneous Revenue	Business Code				
	11a	SPECIAL EVENTS	900099	78,949			78,949
	b	MISCELLANEOUS INCOME	900099	51,724			51,724
	c						
	d	All other revenue					
	e	**Total.** Add lines 11a–11d . . . . . ▶		130,673			
	12	**Total revenue.** See Instructions . . . . . ▶		6,703,679	5,943,459	0	124,792

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns All other organizations must complete column (A)

Check if Schedule O contains a response to any question in this Part IX . . . . . ☐

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to governments and organizations in the United States See Part IV, line 21				
2 Grants and other assistance to individuals in the United States See Part IV, line 22				
3 Grants and other assistance to governments, organizations, and individuals outside the United States See Part IV, lines 15 and 16				
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	271,684	114,249	144,425	13,010
6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	3,203,869	2,098,905	1,104,885	79
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)				
9 Other employee benefits	390,409	202,739	187,670	
10 Payroll taxes	384,072	258,772	125,067	233
11 Fees for services (non-employees)				
a Management				
b Legal	26,176		26,176	
c Accounting	15,188		15,188	
d Lobbying				
e Professional fundraising services See Part IV, line 17				
f Investment management fees				
g Other (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Schedule O)	980,131	2,552,652	-1,569,874	-2,647
12 Advertising and promotion	56,457	29,613	26,332	512
13 Office expenses				
14 Information technology				
15 Royalties . .				
16 Occupancy	642,751	245,904	396,847	
17 Travel	33,857	17,418	16,439	
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	22,100	7,112	12,015	2,973
20 Interest	231,814		231,814	
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	389,466	22,045	367,421	
23 Insurance	138,559	33,979	104,580	
24 Other expenses Itemize expenses not covered above (List miscellaneous expenses in line 24e If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O)				
a				
b				
c				
d				
e All other expenses				
25 **Total functional expenses.** Add lines 1 through 24e	6,786,533	5,583,388	1,188,985	14,160
26 **Joint costs.** Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation Check here ▶ ☐ if following SOP 98-2 (ASC 958-720)				

Part X Balance Sheet

Check if Schedule O contains a response to any question in this Part X . . . . . ☐

				(A) Beginning of year		(B) End of year
Assets	1	Cash—non-interest-bearing			1	
	2	Savings and temporary cash investments		632,178	2	563,324
	3	Pledges and grants receivable, net			3	
	4	Accounts receivable, net		87,911	4	88,880
	5	Loans and other receivables from current and former officers, directors, trustees, key employees, and highest compensated employees Complete Part II of Schedule L			5	
	6	Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), persons described in section 4958(c)(3)(B), and contributing employers and sponsoring organizations of section 501(c)(9) voluntary employees' beneficiary organizations (see instructions) Complete Part II of Schedule L			6	
	7	Notes and loans receivable, net			7	
	8	Inventories for sale or use		2,886	8	2,627
	9	Prepaid expenses and deferred charges		208,706	9	143,597
	10a	Land, buildings, and equipment cost or other basis Complete Part VI of Schedule D	10a 15,824,426			
	b	Less accumulated depreciation	10b 3,715,626	12,262,848	10c	12,108,800
	11	Investments—publicly traded securities			11	
	12	Investments—other securities See Part IV, line 11			12	
	13	Investments—program-related See Part IV, line 11			13	
	14	Intangible assets			14	
	15	Other assets See Part IV, line 11		1,469,772	15	1,648,372
	16	**Total assets.** Add lines 1 through 15 (must equal line 34)		14,664,301	16	14,555,600
Liabilities	17	Accounts payable and accrued expenses		604,532	17	658,917
	18	Grants payable			18	
	19	Deferred revenue			19	
	20	Tax-exempt bond liabilities			20	
	21	Escrow or custodial account liability Complete Part IV of Schedule D			21	
	22	Loans and other payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons Complete Part II of Schedule L			22	
	23	Secured mortgages and notes payable to unrelated third parties		3,821,550	23	3,496,146
	24	Unsecured notes and loans payable to unrelated third parties			24	
	25	Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24) Complete Part X of Schedule D		26,351	25	25,208
	26	**Total liabilities.** Add lines 17 through 25		4,452,433	26	4,180,271
Net Assets or Fund Balances		**Organizations that follow SFAS 117 (ASC 958), check here ▶ ☑ and complete lines 27 through 29, and lines 33 and 34.**				
	27	Unrestricted net assets		10,211,868	27	10,375,329
	28	Temporarily restricted net assets			28	
	29	Permanently restricted net assets			29	
		Organizations that do not follow SFAS 117 (ASC 958), check here ▶ ☐ and complete lines 30 through 34.				
	30	Capital stock or trust principal, or current funds			30	
	31	Paid-in or capital surplus, or land, building or equipment fund			31	
	32	Retained earnings, endowment, accumulated income, or other funds			32	
	33	Total net assets or fund balances		10,211,868	33	10,375,329
	34	Total liabilities and net assets/fund balances		14,664,301	34	14,555,600

Part XI Reconcilliation of Net Assets

Check if Schedule O contains a response to any question in this Part XI . . . . . ☑

1	Total revenue (must equal Part VIII, column (A), line 12)	1	6,703,679
2	Total expenses (must equal Part IX, column (A), line 25)	2	6,786,533
3	Revenue less expenses Subtract line 2 from line 1	3	-82,854
4	Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))	4	10,211,868
5	Net unrealized gains (losses) on investments	5	47,965
6	Donated services and use of facilities	6	
7	Investment expenses	7	
8	Prior period adjustments	8	
9	Other changes in net assets or fund balances (explain in Schedule O)	9	198,350
10	Net assets or fund balances at end of year Combine lines 3 through 9 (must equal Part X, line 33, column (B))	10	10,375,329

Part XII Financial Statements and Reporting

Check if Schedule O contains a response to any question in this Part XII . . . . . ☑

			Yes	No
1	Accounting method used to prepare the Form 990 ☐ Cash ☑ Accrual ☐ Other _____ If the organization changed its method of accounting from a prior year or checked "Other," explain in Schedule O			
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?	2a		No
	If 'Yes,' check a box below to indicate whether the financial statements for the year were compiled or reviewed on a separate basis, consolidated basis, or both ☐ Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis			
b	Were the organization's financial statements audited by an independent accountant?	2b	Yes	
	If 'Yes,' check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both ☑ Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis			
c	If "Yes," to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant?	2c	Yes	
	If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O			
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	3a		No
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why in Schedule O and describe any steps taken to undergo such audits	3b		

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SCHEDULE A (Form 990 or 990EZ)

Department of the Treasury
Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ **Attach to Form 990 or Form 990-EZ.** ▶ **See separate instructions.**

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Employer identification number
91-0586473

Part I Reason for Public Charity Status (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is (For lines 1 through 11, check only one box)

1 ☐ A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**

2 ☐ A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E)

3 ☐ A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**

4 ☐ A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state _____

5 ☐ An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II)

6 ☐ A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**

7 ☐ An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II)

8 ☐ A community trust described in **section 170(b)(1)(A)(vi)** (Complete Part II)

9 ☑ An organization that normally receives (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See **section 509(a)(2).** (Complete Part III)

10 ☐ An organization organized and operated exclusively to test for public safety See **section 509(a)(4).**

11 ☐ An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2) See **section 509(a)(3).** Check the box that describes the type of supporting organization and complete lines 11e through 11h

a ☐ Type I **b** ☐ Type II **c** ☐ Type III - Functionally integrated **d** ☐ Type III - Non-functionally integrated

e ☐ By checking this box, I certify that the organization is not controlled directly or indirectly by one or more disqualified persons other than foundation managers and other than one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2)

f If the organization received a written determination from the IRS that it is a Type I, Type II, or Type III supporting organization, check this box ☐

g Since August 17, 2006, has the organization accepted any gift or contribution from any of the following persons?

		Yes	No
(i) A person who directly or indirectly controls, either alone or together with persons described in (ii) and (iii) below, the governing body of the supported organization?	**11g(i)**		
(ii) A family member of a person described in (i) above?	**11g(ii)**		
(iii) A 35% controlled entity of a person described in (i) or (ii) above?	**11g(iii)**		

h Provide the following information about the supported organization(s)

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1 - 9 above or IRC section (see instructions))	(iv) Is the organization in col (i) listed in your governing document?		(v) Did you notify the organization in col (i) of your support?		(vi) Is the organization in col (i) organized in the U S ?		(vii) Amount of monetary support
			Yes	No	Yes	No	Yes	No	
Total									

Part II **Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)**
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
1 Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants ")						
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3 The value of services or facilities furnished by a governmental unit to the organization without charge						
4 **Total.** Add lines 1 through 3						
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6 **Public support.** Subtract line 5 from line 4						

Section B. Total Support

Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
7 Amounts from line 4						
8 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources						
9 Net income from unrelated business activities, whether or not the business is regularly carried on						
10 Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV)						
11 **Total support** (Add lines 7 through 10)						

12 Gross receipts from related activities, etc (see instructions) **12**

13 **First five years.** If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a 501(c)(3) organization, check this box and **stop here** . . . . . ▶☐

Section C. Computation of Public Support Percentage

14 Public support percentage for 2012 (line 6, column (f) divided by line 11, column (f)) **14**

15 Public support percentage for 2011 Schedule A, Part II, line 14 **15**

16a **33 1/3% support test—2012.** If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶☐

b **33 1/3% support test—2011.** If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶☐

17a **10%-facts-and-circumstances test—2012.** If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here.** Explain in Part IV how the organization meets the "facts-and-circumstances" test The organization qualifies as a publicly supported organization ▶☐

b **10%-facts-and-circumstances test—2011.** If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here.** Explain in Part IV how the organization meets the "facts-and-circumstances" test The organization qualifies as a publicly supported organization ▶☐

18 **Private foundation.** If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions ▶☐

Part III **Support Schedule for Organizations Described in Section 509(a)(2)**
(Complete only if you checked the box on line 9 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
1 Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants ")	6,863,945	7,547,312	7,057,843	6,684,871	6,592,830	34,746,801
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose	96,444	63,368	119,625	118,845	72,558	470,840
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 The value of services or facilities furnished by a governmental unit to the organization without charge						
6 **Total.** Add lines 1 through 5	6,960,389	7,610,680	7,177,468	6,803,716	6,665,388	35,217,641
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						0
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of $5,000 or 1% of the amount on line 13 for the year						0
c Add lines 7a and 7b						0
8 **Public support** (Subtract line 7c from line 6)						35,217,641

Section B. Total Support

Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
9 Amounts from line 6	6,960,389	7,610,680	7,177,468	6,803,716	6,665,388	35,217,641
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources	74,296	38,410	26,280	36,134	24,131	199,251
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
c Add lines 10a and 10b	74,296	38,410	26,280	36,134	24,131	199,251
11 Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						
12 Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV)						
13 **Total support.** (Add lines 9, 10c, 11, and 12)	7,034,685	7,649,090	7,203,748	6,839,850	6,689,519	35,416,892

14 **First five years.** If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a 501(c)(3) organization, check this box and **stop here** ▶☐

Section C. Computation of Public Support Percentage

15	Public support percentage for 2012 (line 8, column (f) divided by line 13, column (f))	15	99 440 %
16	Public support percentage from 2011 Schedule A, Part III, line 15	16	99 240 %

Section D. Computation of Investment Income Percentage

17	Investment income percentage for **2012** (line 10c, column (f) divided by line 13, column (f))	17	0 560 %
18	Investment income percentage from **2011** Schedule A, Part III, line 17	18	0 760 %

19a **33 1/3% support tests—2012.** If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶☑

b **33 1/3% support tests—2011.** If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3% and line 18 is not more than 33 1/3%, check this box and **stop here.** The organization qualifies as a publicly supported organization ▶☐

20 **Private foundation.** If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions ▶☐

Part IV **Supplemental Information.** Complete this part to provide the explanations required by Part II, line 10; Part II, line 17a or 17b; and Part III, line 12. Also complete this part for any additional information. (See instructions).

Facts And Circumstances Test

Explanation

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SCHEDULE D (Form 990)

Department of the Treasury
Internal Revenue Service

Supplemental Financial Statements

▶ Complete if the organization answered "Yes," to Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b
▶ Attach to Form 990. ▶ See separate instructions.

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Employer identification number
91-0586473

Part I Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Complete if the organization answered "Yes" to Form 990, Part IV, line 6.

		(a) Donor advised funds	(b) Funds and other accounts
1	Total number at end of year		
2	Aggregate contributions to (during year)		
3	Aggregate grants from (during year)		
4	Aggregate value at end of year		

5 Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds are the organization's property, subject to the organization's exclusive legal control? ☐ Yes ☐ No

6 Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit? ☐ Yes ☐ No

Part II Conservation Easements. Complete if the organization answered "Yes" to Form 990, Part IV, line 7.

1 Purpose(s) of conservation easements held by the organization (check all that apply)
☐ Preservation of land for public use (e g , recreation or education) ☐ Preservation of an historically important land area
☐ Protection of natural habitat ☐ Preservation of a certified historic structure
☐ Preservation of open space

2 Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year

		Held at the End of the Year
a	Total number of conservation easements	2a
b	Total acreage restricted by conservation easements	2b
c	Number of conservation easements on a certified historic structure included in (a)	2c
d	Number of conservation easements included in (c) acquired after 8/17/06, and not on a historic structure listed in the National Register	2d

3 Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the tax year ▶ _____

4 Number of states where property subject to conservation easement is located ▶ _____

5 Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds? ☐ Yes ☐ No

6 Staff and volunteer hours devoted to monitoring, inspecting, and enforcing conservation easements during the year ▶ _____

7 Amount of expenses incurred in monitoring, inspecting, and enforcing conservation easements during the year ▶ $ _____

8 Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(i) and section 170(h)(4)(B)(ii)? ☐ Yes ☐ No

9 In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement, and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets. Complete if the organization answered "Yes" to Form 990, Part IV, line 8.

1a If the organization elected, as permitted under SFAS 116 (ASC 958), not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide, in Part XIII, the text of the footnote to its financial statements that describes these items

b If the organization elected, as permitted under SFAS 116 (ASC 958), to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items

(i) Revenues included in Form 990, Part VIII, line 1 ▶ $ _____

(ii) Assets included in Form 990, Part X ▶ $ _____

2 If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under SFAS 116 (ASC 958) relating to these items

a Revenues included in Form 990, Part VIII, line 1 ▶ $ _____

b Assets included in Form 990, Part X ▶ $ _____

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets *(continued)*

3 Using the organization's acquisition, accession, and other records, check any of the following that are a significant use of its collection items (check all that apply)

- a ☐ Public exhibition
- b ☐ Scholarly research
- c ☐ Preservation for future generations
- d ☐ Loan or exchange programs
- e ☐ Other

4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII

5 During the year, did the organization solicit or receive donations of art, historical treasures or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection? ☐ Yes ☐ No

Part IV Escrow and Custodial Arrangements. Complete if the organization answered "Yes" to Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.

1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? ☐ Yes ☐ No

b If "Yes," explain the arrangement in Part XIII and complete the following table

		Amount
c Beginning balance	1c	
d Additions during the year	1d	
e Distributions during the year	1e	
f Ending balance	1f	

2a Did the organization include an amount on Form 990, Part X, line 21? ☐ Yes ☐ No

b If "Yes," explain the arrangement in Part XIII Check here if the explanation has been provided in Part XIII . . . . . ☐

Part V Endowment Funds. Complete if the organization answered "Yes" to Form 990, Part IV, line 10.

	(a) Current year	(b) Prior year	(c) Two years back	(d) Three years back	(e) Four years back
1a Beginning of year balance					
b Contributions					
c Net investment earnings, gains, and losses					
d Grants or scholarships					
e Other expenditures for facilities and programs					
f Administrative expenses					
g End of year balance					

2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as

- a Board designated or quasi-endowment ▶
- b Permanent endowment ▶
- c Temporarily restricted endowment ▶

The percentages in lines 2a, 2b, and 2c should equal 100%

3a Are there endowment funds not in the possession of the organization that are held and administered for the organization by

		Yes	No
(i) unrelated organizations	3a(i)		
(ii) related organizations	3a(ii)		
b If "Yes" to 3a(ii), are the related organizations listed as required on Schedule R?	3b		

4 Describe in Part XIII the intended uses of the organization's endowment funds

Part VI Land, Buildings, and Equipment. See Form 990, Part X, line 10.

Description of property	(a) Cost or other basis (investment)	(b) Cost or other basis (other)	(c) Accumulated depreciation	(d) Book value
1a Land		1,492,200		1,492,200
b Buildings		13,243,448	2,864,327	10,379,121
c Leasehold improvements				
d Equipment		1,088,778	851,299	237,479
e Other				
Total. Add lines 1a through 1e *(Column (d) must equal Form 990, Part X, column (B), line 10(c).)* ▶				12,108,800

Part VII Investments—Other Securities. See Form 990, Part X, line 12.

(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation Cost or end-of-year market value
(1) Financial derivatives		
(2) Closely-held equity interests		
Other		
Total. *(Column (b) must equal Form 990, Part X, col (B) line 12)* ▶		

Part VIII Investments—Program Related. See Form 990, Part X, line 13.

(a) Description of investment type	(b) Book value	(c) Method of valuation Cost or end-of-year market value
Total. *(Column (b) must equal Form 990, Part X, col (B) line 13)* ▶		

Part IX Other Assets. See Form 990, Part X, line 15.

(a) Description	(b) Book value
(1) LONG-TERM INVESTMENTS	1,648,372
Total. *(Column (b) must equal Form 990, Part X, col.(B) line 15.)* . . . . . ▶	1,648,372

Part X Other Liabilities. See Form 990, Part X, line 25.

1 (a) Description of liability	(b) Book value
Federal income taxes	
FUNDS HELD FOR OTHERS	25,208
Total. *(Column (b) must equal Form 990, Part X, col (B) line 25)* ▶	25,208

2. Fin 48 (ASC 740) Footnote In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FIN 48 (ASC 740) Check here if the text of the footnote has been provided in Part XIII ☐

Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue per Return

1	Total revenue, gains, and other support per audited financial statements			1	6,689,519
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12				
a	Net unrealized gains on investments	2a			
b	Donated services and use of facilities	2b			
c	Recoveries of prior year grants	2c			
d	Other (Describe in Part XIII)	2d			
e	Add lines **2a** through **2d**			2e	0
3	Subtract line **2e** from line **1**			3	6,689,519
4	Amounts included on Form 990, Part VIII, line 12, but not on line **1**				
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a			
b	Other (Describe in Part XIII)	4b	14,160		
c	Add lines **4a** and **4b**			4c	14,160
5	Total revenue Add lines **3** and **4c.** (This must equal Form 990, Part I, line 12)			5	6,703,679

Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per Return

1	Total expenses and losses per audited financial statements			1	6,772,373
2	Amounts included on line 1 but not on Form 990, Part IX, line 25				
a	Donated services and use of facilities	2a			
b	Prior year adjustments	2b			
c	Other losses	2c			
d	Other (Describe in Part XIII)	2d			
e	Add lines **2a** through **2d**			2e	0
3	Subtract line **2e** from line **1**			3	6,772,373
4	Amounts included on Form 990, Part IX, line 25, but not on line **1:**				
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a			
b	Other (Describe in Part XIII)	4b	14,160		
c	Add lines **4a** and **4b**			4c	14,160
5	Total expenses Add lines **3** and **4c.** (This must equal Form 990, Part I, line 18)			5	6,786,533

Part XIII Supplemental Information

Complete this part to provide the descriptions required for Part II, lines 3, 5, and 9, Part III, lines 1a and 4, Part IV, lines 1b and 2b, Part V, line 4, Part X, line 2, Part XI, lines 2d and 4b, and Part XII, lines 2d and 4b Also complete this part to provide any additional information

Identifier	Return Reference	Explanation
PART XI, LINE 4B - OTHER ADJUSTMENTS		FUNDRAISING
PART XII, LINE 4B - OTHER ADJUSTMENTS		FUNDRAISING
		FUNDRAISING

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SCHEDULE G (Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered "Yes" to Form 990, Part IV, lines 17, 18, or 19, or if the organization entered more than $15,000 on Form 990-EZ, line 6a. Form 990-EZ filers are not required to complete this part.

▶ **Attach to Form 990 or Form 990-EZ.** ▶ **See separate instructions.**

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Employer identification number
91-0586473

Part I Fundraising Activities. Complete if the organization answered "Yes" to Form 990, Part IV, line 17.

1 Indicate whether the organization raised funds through any of the following activities Check all that apply

a ☐ Mail solicitations
b ☐ Internet and email solicitations
c ☐ Phone solicitations
d ☐ In-person solicitations
e ☐ Solicitation of non-government grants
f ☐ Solicitation of government grants
g ☐ Special fundraising events

2a Did the organization have a written or oral agreement with any individual (including officers, directors, trustees or key employees listed in Form 990, Part VII) or entity in connection with professional fundraising services? ☐ **Yes** ☐ **No**

b If "Yes," list the ten highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least $5,000 by the organization

(i) Name and address of individual or entity (fundraiser)	**(ii)** Activity	**(iii)** Did fundraiser have custody or control of contributions? Yes	No	**(iv)** Gross receipts from activity	**(v)** Amount paid to (or retained by) fundraiser listed in col **(i)**	**(vi)** Amount paid to (or retained by) organization
Total . . . . . ▶						

3 List all states in which the organization is registered or licensed to solicit funds or has been notified it is exempt from registration or licensing

Part II **Fundraising Events.** Complete if the organization answered "Yes" to Form 990, Part IV, line 18, or reported more than $15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than $5,000.

		(a) Event #1 STRONG KIDS CAMPAIGN (event type)	(b) Event #2 (event type)	(c) Other events (total number)	(d) Total events (add col (a) through col (c))
Revenue	1 Gross receipts	352,039			352,039
	2 Less Contributions	352,039			352,039
	3 Gross income (line 1 minus line 2)				
Direct Expenses	4 Cash prizes				
	5 Noncash prizes				
	6 Rent/facility costs				
	7 Food and beverages				
	8 Entertainment				
	9 Other direct expenses	30,012			30,012
	10 Direct expense summary Add lines 4 through 9 in column (d) ▶				(30,012)
	11 Net income summary Combine line 3, column (d), and line 10 ▶				-30,012

Part III **Gaming.** Complete if the organization answered "Yes" to Form 990, Part IV, line 19, or reported more than $15,000 on Form 990-EZ, line 6a.

		(a) Bingo	(b) Pull tabs/Instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col (a) through col (c))
Revenue	1 Gross revenue				
Direct Expenses	2 Cash prizes				
	3 Non-cash prizes				
	4 Rent/facility costs				
	5 Other direct expenses				
	6 Volunteer labor	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	
	7 Direct expense summary Add lines 2 through 5 in column (d) ▶				
	8 Net gaming income summary Combine lines 1 and 7 in column (d) ▶				

9 Enter the state(s) in which the organization operates gaming activities _____

a Is the organization licensed to operate gaming activities in each of these states? ☐ Yes ☐ No

b If "No," explain _____

10a Were any of the organization's gaming licenses revoked, suspended or terminated during the tax year? ☐ Yes ☐ No

b If "Yes," explain _____

Does the organization operate gaming activities with nonmembers? . . . . . ☐ Yes ☐ No

12 Is the organization a grantor, beneficiary or trustee of a trust or a member of a partnership or other entity formed to administer charitable gaming? . . . . . ☐ Yes ☐ No

13 Indicate the percentage of gaming activity operated in

a	The organization's facility	13a	
b	An outside facility	13b	

14 Enter the name and address of the person who prepares the organization's gaming/special events books and records

Name ▶ .....

Address ▶ .....

15a Does the organization have a contract with a third party from whom the organization receives gaming revenue? . . . . . ☐ Yes ☐ No

b If "Yes," enter the amount of gaming revenue received by the organization ▶ $ _____ and the amount of gaming revenue retained by the third party ▶ $ _____

c If "Yes," enter name and address of the third party

Name ▶ .....

Address ▶ .....

16 Gaming manager information

Name ▶ .....

Gaming manager compensation ▶ $ .....

Description of services provided ▶ .....

☐ Director/officer ☐ Employee ☐ Independent contractor

17 Mandatory distributions

a Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license? . . . . . ☐ Yes ☐ No

b Enter the amount of distributions required under state law distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year ▶ $

Part IV Supplemental Information. Complete this part to provide the explanations required by Part I, line 2b, columns (iii) and (v), and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also complete this part to provide any additional information (see instructions).

Identifier	Return Reference	Explanation

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Schedule J (Form 990)

Department of the Treasury
Internal Revenue Service

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

▶ Complete if the organization answered "Yes" to Form 990, Part IV, question 23.

▶ Attach to Form 990. ▶ See separate instructions.

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Employer identification number
91-0586473

Part I Questions Regarding Compensation

			Yes	No
1a	Check the appropiate box(es) if the organization provided any of the following to or for a person listed in Form 990, Part VII, Section A, line 1a Complete Part III to provide any relevant information regarding these items			
	☐ First-class or charter travel	☐ Housing allowance or residence for personal use		
	☐ Travel for companions	☐ Payments for business use of personal residence		
	☐ Tax idemnification and gross-up payments	☐ Health or social club dues or initiation fees		
	☐ Discretionary spending account	☐ Personal services (e g , maid, chauffeur, chef)		
b	If any of the boxes in line 1a are checked, did the organization follow a written policy regarding payment or reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain	**1b**		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all officers, directors, trustees, and the CEO/Executive Director, regarding the items checked in line 1a?	**2**	Yes	
3	Indicate which, if any, of the following the filing organization used to establish the compensation of the organization's CEO/Executive Director Check all that apply Do not check any boxes for methods used by a related organization to establish compensation of the CEO/Executive Director, but explain in Part III			
	☑ Compensation committee	☐ Written employment contract		
	☐ Independent compensation consultant	☐ Compensation survey or study		
	☐ Form 990 of other organizations	☐ Approval by the board or compensation committee		
4	During the year, did any person listed in Form 990, Part VII, Section A, line 1a with respect to the filing organization or a related organization			
a	Receive a severance payment or change-of-control payment?	**4a**		No
b	Participate in, or receive payment from, a supplemental nonqualified retirement plan?	**4b**		No
c	Participate in, or receive payment from, an equity-based compensation arrangement?	**4c**		No
	If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III			
	Only 501(c)(3) and 501(c)(4) organizations only must complete lines 5-9.			
5	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the revenues of			
a	The organization?	**5a**		No
b	Any related organization?	**5b**		No
	If "Yes," to line 5a or 5b, describe in Part III			
6	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the net earnings of			
a	The organization?	**6a**		No
b	Any related organization?	**6b**		No
	If "Yes," to line 6a or 6b, describe in Part III			
7	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization provide any non-fixed payments not described in lines 5 and 6? If "Yes," describe in Part III	**7**		No
8	Were any amounts reported in Form 990, Part VII, paid or accured pursuant to a contract that was subject to the initial contract exception described in Regulations section 53 4958-4(a)(3)? If "Yes," describe in Part III	**8**		No
9	If "Yes" to line 8, did the organization also follow the rebuttable presumption procedure described in Regulations section 53 4958-6(c)?	**9**		

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported in Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii) Do not list any individuals that are not listed on Form 990, Part VII

Note. The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual

(A) Name and Title		(B) Breakdown of W-2 and/or 1099-MISC compensation			(C) Retirement and other deferred compensation	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	(F) Compensation reported as deferred in prior Form 990
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation				
(1)MICHAEL WEST PRESIDENT/CEO	(i) (ii)	185,858 0	0 0	0 0	13,005 0	7,432 0	206,295 0	0 0

Part III Supplemental Information

Complete this part to provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 3, 4a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II
Also complete this part for any additional information

Identifier	Return Reference	Explanation
	PART I, LINE 3	COMPENSATION COMMITTEE PERFORMS STUDY OF EQUITABLE COMPENSATION FOR SIMILAR POSITION

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SCHEDULE O
(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or to provide any additional information.
▶ Attach to Form 990 or 990-EZ.

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
SOUTH SOUND YOUNG MEN'S CHRISTIAN ASSN

Employer identification number
91-0586473

Identifier	Return Reference	Explanation
	FORM 990, PART VI, SECTION B, LINE 11	A COPY OF THE 990 WAS MADE AVAILABLE TO THE GOVERNING BODY FINANCE COMMITTEE TO REVIEW BEFORE IT WAS FILED

Identifier	Return Reference	Explanation
	FORM 990, PART VI, SECTION B, LINE 12C	THE ORGANIZATION MONITORS AND ENFORCES COMPLIANCE WITH ITS CONFLICT OF INTEREST POLICY ON A REGULAR BASIS

Identifier	Return Reference	Explanation
	FORM 990, PART VI, SECTION B, LINE 15	THE ORGANIZATION DETERMINES COMPENSATION OF OFFICERS THROUGH A COMPARABILITY STUDY, APPROVED BY THE GOVERNING BODY

Identifier	Return Reference	Explanation
	FORM 990, PART VI, SECTION C, LINE 19	THESE ITEMS WOULD BE MADE AVAILABLE ON AN INDIVIDUAL BASIS, UPON REQUEST

Identifier	Return Reference	Explanation
OTHER FEES	FORM 990, PART IX, LINE 11G	SUPPLIES PROGRAM SERVICE EXPENSES 442,536 MANAGEMENT AND GENERAL EXPENSES 86,270 FUNDRAISING EXPENSES 9,423 TOTAL EXPENSES 538,229 OTHER PROFESSIONAL EXPENSES PROGRAM SERVICE EXPENSES 77,552 MANAGEMENT AND GENERAL EXPENSES 113,210 FUNDRAISING EXPENSES 2,734 TOTAL EXPENSES 193,496 DUES PROGRAM SERVICE EXPENSES 82,127 MANAGEMENT AND GENERAL EXPENSES 13,910 FUNDRAISING EXPENSES 0 TOTAL EXPENSES 96,037 TELEPHONE PROGRAM SERVICE EXPENSES 24,344 MANAGEMENT AND GENERAL EXPENSES 40,131 FUNDRAISING EXPENSES 0 TOTAL EXPENSES 64,475 EQUIPMENT RENTAL AND REPAIRS PROGRAM SERVICE EXPENSES 6,664 MANAGEMENT AND GENERAL EXPENSES 33,866 FUNDRAISING EXPENSES 0 TOTAL EXPENSES 40,530 POSTAGE PROGRAM SERVICE EXPENSES 10,812 MANAGEMENT AND GENERAL EXPENSES 11,680 FUNDRAISING EXPENSES 1,022 TOTAL EXPENSES 23,514 MISCELLANEOUS PROGRAM SERVICE EXPENSES 672 MANAGEMENT AND GENERAL EXPENSES 9,018 FUNDRAISING EXPENSES 0 TOTAL EXPENSES 9,690 SPECIAL EVENTS PROGRAM SERVICE EXPENSES 0 MANAGEMENT AND GENERAL EXPENSES 0 FUNDRAISING EXPENSES 34,658 TOTAL EXPENSES 34,658 ALLOCATION OF INDIRECT EXPENSES PROGRAM SERVICE EXPENSES 1,907,945 MANAGEMENT AND GENERAL EXPENSES -1,877,959 FUNDRAISING EXPENSES -50,484 TOTAL EXPENSES -20,498

Identifier	Return Reference	Explanation
CHANGES IN NET ASSETS OR FUND BALANCES	FORM 990, PART XI, LINE 9	FAIR VALUE ADJUSTMENT 198,350

Identifier	Return Reference	Explanation
		THE PROCESS HAS NOT CHANGED FROM THE PRIOR YEAR

Identifier	Return Reference	Explanation
	PART III	PAGE 2, PART III STATEMENT OF PROGRAM SERVICE ACCOMPLISHMENTS INTRODUCTION THE SOUTH SOUND YMCA SERVES OUR COMMUNITY BY MEETING THE HEALTH AND SOCIAL SERVICE NEEDS OF FAMILIES AND INDIVIDUALS WE WORK TO HELP PEOPLE DEVELOP VALUES AND BEHAVIORS THAT ARE CONSISTENT WITH CHRISTIAN PRINCIPLES THEY ARE FOR PEOPLE OF ALL FAITHS, RACES, ABILITIES AND INCOMES NO ONE IS TURNED AWAY FOR INABILITY TO PAY IN THE YMCA, A VOLUNTEER BOARD HIRES AND SETS POL ICY FOR ITS CEO, WHO MANAGES THE OPERATION WITH FULL-TIME AND PART-TIME STAFF AND VOLUNTEE R LEADERS OUR YMCA MEETS COMMUNITY NEEDS THROUGH ORGANIZED ACTIVITIES CALLED PROGRAMS, IN YMCA BUILDINGS AND FROM RENTED QUARTERS, DONATED SPACE, STOREFRONTS, PARKS AND PLAYGROUND S YMCAS MEET COMMUNITY NEEDS COUNTYWIDE THERE ARE MANY HUNDREDS OF CORPORATE YMCAS THAT ARE FORMAL MEMBERS OF THE NATIONAL MOVEMENT THE ENTIRE SYSTEM INVITES CREATIVITY AND CHAN GE THROUGH ITS AUTONOMOUS MEMBER YMCAS, ITS DECENTRALIZATION AND ITS LACK OF REGIONAL BOUN DARIES OVER ITS LONG HISTORY, THE YMCA HAS BEEN RENEWED AGAIN AND AGAIN BY THE ACTIONS OF ITS MEMBER ASSOCIATIONS, THEIR PROGRAM INNOVATIONS AND THEIR COMMON SENSE APPROACH YMCAS IN THE UNITED STATES ARE PART OF A WORLDWIDE MOVEMENT, THE WORLD ALLIANCE OF YMCAS IT IS A NON-BINDING ORGANIZATION OF INDEPENDENT YMCA MOVEMENTS FROM MORE THAN 120 COUNTRIES, WI TH HEADQUARTERS IN GENEVA, SWITZERLAND MISSION TO PROVIDE YOUTH AND COMMUNITY AN AFFORDAB LE AND ACCESSIBLE RESOURCE FOR THE POSITIVE GROWTH AND DEVELOPMENT OF MIND, BODY AND SPIRI T THROUGH RECREATIONAL, HEALTH AND LEADERSHIP PROGRAMS PURPOSE THE YMCA IS A MEMBERSHIP A SSOCIATION OF MEN, WOMEN AND CHILDREN OF ALL AGES, ABILITIES, INCOMES, RACES AND RELIGIONS IT IS DEDICATED TO BUILDING HEALTHY BODY, MIND AND SPIRIT OF INDIVIDUALS AND FAMILIES I T PUTS CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT PROMOTE GOOD HEALTH, STRON G FAMILIES, YOUTH LEADERSHIP, COMMUNITY DEVELOPMENT AND INTERNATIONAL UNDERSTANDING GOALS TO PROVIDE OPPORTUNITIES, ENCOURAGEMENT AND SUPPORT FOR INDIVIDUALS TO ENHANCE AND MAINTA IN THEIR COMMITMENT TO MENTAL, PHYSICAL AND SPIRITUAL WELL-BEING, TO PROVIDE OPPORTUNITIES AND SUPPORT FOR FAMILIES TO ENRICH THEIR RELATIONSHIPS THROUGH ACTIVITIES DESIGNED TO EXA MINE AND CLARIFY VALUES, IMPROVE COMMUNICATION AND ENCOURAGE POSITIVE INTERACTION, TO PROV IDE THE ENVIRONMENT, OPPORTUNITY AND ENCOURAGEMENT FOR YOUTH TO DEVELOP SKILLS AND VALUES THAT FOSTER LEADERSHIP, CONFIDENCE, SELF-ESTEEM, SELF-RELIANCE AND MUTUAL RESPECT, TO PROV IDE OPPORTUNITIES AND SUPPORT FOR INDIVIDUALS AND GROUPS TO DEVELOP A SENSE OF CITIZENSHIP THROUGH PROGRAMS THAT MEET IDENTIFIED COMMUNITY NEEDS, TO PROVIDE OPPORTUNITIES AND SUPPO RT FOR INDIVIDUALS TO EXPAND THEIR AWARENESS, INTEREST, RESPECT AND APPRECIATION OF THE VA RIED PEOPLES AND CULTURES OF OUR GLOBAL SOCIETY MEMBERS IN 2012, 46,538 PEOPLE WERE SOUTH SOUND YMCA MEMBERS AND PROGRAM PARTICIPANTS, INCLUDING 19,401 CHILDREN AND TEENS AND 27,1 37 ADULTS OF THESE, 3,913 PEOPLE RECEIVED $541,810 IN FINANCIAL ASSISTANCE VOLUNTEERS IN 2012, 1,322 POLICY AND PROGRAM VOLUNTEERS DONATED 16,457 HOURS TO OUR YMCA DESCRIPTION O F YMCA PROGRAMS AQUATICS LIFELONG ACTIVITY WATER IS AN UNFAMILIAR PLACE FOR PEOPLE WHO TR AVEL MOSTLY ON DRY GROUND BUT SINCE THE PLANET HAS MORE WATER THAN LAND, THERE ARE SWIMMI NG LESSONS TO BE LEARNED AT THE YMCA, LEARNING IS A GREAT DEAL MORE THAN IT MIGHT SEEM I TS TAKING PEOPLE INTO WATER THAT SOME FIND SCARY AT FIRST AND TEACHING THEM NOT ONLY TO SU RVIVE BUT ALSO TO THRIVE AND TO FIND FUN, FITNESS, STRESS RELIEF, ADVENTURE AND LIFELONG E NJOYMENT EVERY YEAR THOUSANDS OF PEOPLE LEARN TO SWIM AT THE YMCA THAT IS A LOT OF SPLAS HING AROUND WITHOUT EVEN BEGINNING TO COUNT THE THOUSANDS MORE WHO ALREADY KNOW HOW TO SWI M AND JOIN THE YMCA TO SWIM LAPS, LOOSEN MUSCLES AND JOINTS WITH AQUATIC EXERCISES, BECOME PART OF SWIM TEAMS, LEARN LIFE GUARDING, AND INTRODUCE BABIES TO THE POOL OR JUST PLAY AR OUND IN THE WATER THE FOCUS ON HEALTHY LIVING FOR ALL AGES HAS ONLY INCREASED INTEREST IN AQUATICS MANY PEOPLE CLAIM THAT SWIMMING IS THE BEST FORM OF EXERCISE FOR YOUNG AND OLD TO KEEP THE BODY FIT AND TRIM WHILE STRENGTHENING THE HEART AND LUNGS WATERS BUOYANCY IS A PARTICULAR PLEASURE FOR PEOPLE TEMPORARILY OR PERMANENTLY DISABLED OUR YMCAS OFFER PROG RAMS SPECIFICALLY FOR SUCH CHILD AND ADULTS WATER CAN OFTEN FREE THEM TO MOVE AROUND WITH OUT SUPPORT AND STRENGTHEN LITTLE-USED MUSCLES SOMETIMES PEOPLE WITH DISABILITIES TAKE PA RT IN REGULAR CLASSES BECAUSE RESPECT FOR OTHERS, REGARDLESS OF AGE OR ABILITY, IS AN UND ERLY ING VALUE FOR ALL YMCA PROGRAMS, THESE CLASSES PROVIDE AN ATMOSPHERE OF ACCEPTANCE THA T IS ITSELF A POSITIVE EXPERIENCE IN RECENT YEARS, YMCA HEALTH AND FITNESS EXPERTS HAVE A DAPTED AEROBIC EXERCISES FOR THE POOL TO CREATE GENTLE-IMPACT AEROBICS WATER ENABLES EXER CISERS TO WORK AT HIGHER INTENSITY WITH LESS IMPACT THAN ON A GYM OR EXERCISE-ROOM FLOOR MANY OLDER EXERCISERS ESPECIALLY LIKE WATER AEROBI

Identifier	Return Reference	Explanation
	PART III	CS FUN FOR THE WHOLE FAMILY MOST PEOPLE COUNT SWIMMING AS A FAMILY AFFAIR AT THE OCEAN, L AKES, RIVERS AND POOLS IT IS OFTEN A FAMILY AFFAIR AT THE YMCA, TOO, WITH SWIMMING TIMES SET-ASIDE JUST FOR FAMILIES WATER SPORTS AND SWIMMING ARE ALSO STANDARD FEATURES AT YMCA CAMPS THE YMCAS INNOVATION AND LEADERSHIP IN AQUATICS STARTED BACK IN 1885, WHEN THE BROO KLYN, NEW YORK YMCA BUILT AN INDOOR POOL OR SWIMMING BATH, AS IT WAS CALLED SWIMMERS ALL DID THE BREASTSTROKE A CANADIAN SWIMMING INSTRUCTOR HIRED BY THE DETROIT YMCA IN 1906 REV OLUTIONIZED TEACHING WITH MASS SWIMMING LESSONS AND DRY-LAND DRILLS AND HE CHANGED THE BA SIC STROKE TO THE CRAWL YMCA PROGRESSIVE SWIMMING INSTRUCTION WAS PIONEERED IN THE 1930S LEARN-TO-SWIM MONTH WAS A FEATURE OF THE 1950S NATIONAL LIFEGUARD TRAINING AND CERTIFICA TION AND A FOCUS ON BRINING PEOPLE WITH DISABILITIES INTO THE POOLS MARKED THE 1970S AERO BICS AND OTHER FITNESS REGIMENS WENT WET IN THE 1980S SAFETY AROUND WATER YMCAS TAKE SAFE TY SERIOUSLY ONLY THOSE TRAINED AND CERTIFIED TO RIGOROUS YMCA SWIMMING STANDARDS TEACH I N YMCA POOLS LESSONS ARE AVAILABLE FOR ALL AGES, ABILITY LEVELS AND INTERESTS BABIES AS YOUNG AS 6 MONTHS CAN ENJOY WATER PLAY WITH THEIR PARENTS IN A PARENT/TOT PROGRAM, WHICH I NCLUDES AN INSTRUCTOR IN THE POOL TO COACH THE ADULTS ON SAFETY SKILLS 3 YEAR OLDS TO 6-Y EAR OLDS CAN TAKE PRE-SWIMMING CLASSES ON THEIR OWN AT THE CORE IS THE CURRENT PROGRESSIV E SWIMMING PROGRAM FOR 6-YEAR-OLDS TO ADULTS BEGINNERS, OR POLLIWOGS, LEARN SIMPLE STROKE S AND PERSONAL SAFETY SKILLS AS THEY GET A FEEL FOR THE WATER THOSE WHO STAY IN SWIM LESS ONS RIGHT UP TO THE MOST ADVANCED LEVELS ARE CHALLENGED TO MASTER VARIOUS SWIM STROKES AND BUILD ENDURANCE WORKING FROM THE OVERALL YMCA PHILOSOPHY OF SELF-DEVELOPMENT, THE INSTRU CTORS USE A PROBLEM-SOLVING, GUIDED DISCOVERY TEACHING APPROACH THE EMPHASIS IS ON LEARNI NG, NOT PASSING OR FAILING MANY YOUNGSTERS AND ADULTS WHO LEARN TO SWIM AT YMCAS BECOME T EACHERS THEMSELVES, WHO GROW IN THEIR OWN LEADERSHIP ABILITIES AS WELL AS SWIMMING SKILLS SELF-ESTEEM GROWS SWIMMING AT THE YMCA IS TAUGHT IN A POSITIVE MANNER TRUSTING, SUPPORTIN G, AND CARING PEOPLE LEARN IN A NON-THREATENING ATMOSPHERE FREE FROM DISCOURAGING CRITICI SM IT MEANS POSITIVE FEEDBACK AND REINFORCEMENT FOR EVEN THE TINIEST GAIN ACCOMPLISHMENT BUILDS CONFIDENCE AND SELF ESTEEM IT WORKS WONDERS AQUATIC ACCOMPLISHMENTS AS RESIDENTS OF THE PUGET SOUND, PEOPLE IN THIS COMMUNITY COULD BE SUBJECT TO TRAUMATIC INCIDENTS AROU ND WATER OUR AQUATIC PROGRAMS HELP PREVENT THAT FROM HAPPENING IN 2012 WE PROVIDED SWIMM ING LESSONS TO 6,017 CHILDREN, YOUTH AND TEENS

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	PART III	CHILD CARE WORK WITHOUT WORRY IN 1980, A GROUP OF YMCA DIRECTORS MET TO DISCUSS THE RAPID LY GROWING NEED FOR CHILDCARE THEY RECOGNIZED THAT THE KINDS OF FAMILIES KIDS WERE GROWIN G UP IN HAD CHANGED MOST HAD BOTH PARENTS ON THE JOB OR A SINGLE PARENT WHO WORKED THAT MEANT SOME KID OF DAY CARE WAS NEEDED TO FILL THE GAPS IT WAS A NATURAL FOR YMCAS THEY H AD BEEN ACTIVE FOR 60 YEARS IN A VARIETY OF PARENT-CHILD ACTIVITIES THEY HAD BEEN INVOLVE D IN CHILD CARE, TOO BEFORE IT WAS EVER CALLED THAT WITH YOUNGSTERS COMING IN AFTER SCHOOL TO YMCA GAME ROOMS, GYMS, POOLS AND CRAFT CLASSES, GETTING TO KNOW YMCA STAFF MEMBERS AND OTHER KIDS THERE IN THE SUMMER THERE WERE DAY CAMPS AND FUN CLUBS ALONG WITH REGULAR RES IDENT SUMMER CAMP ALL OF THIS IS STILL AROUND TODAY, PLUS THERE ARE FORMAL CHILDCARE PROG RAMS TO CREATE ITS BASIC MANUALS, THE YMCA DREW FROM ITS OWN EXPERIENCE AND ADDED THE ADV ICE OF EXPERTS ON CHILD DEVELOPMENT THE RESULT WAS AN ABILITY TO SET UP AT MULTIPLE SITES , WITH DAILY ACTIVITIES MAPPED OUT BY WELL-PREPARED STAFF MEMBERS IN ADDITION TO YMCA TRA INING, MANY YMCA CHILDCARE PROFESSIONALS HAVE ADVANCED DEGREES IN EARLY CHILDHOOD EDUCATIO N, ESPECIALLY THOSE WHO WORK WITH PRESCHOOLERS, INFANTS AND TODDLERS FOCUSES ON FAMILY VA LUES AND INVOLVEMENT NO MATTER HAW MANY HOURS YOUNGSTERS SPEND IN A CHILD CARE SETTING EAC H WEEK, IT IS STILL THE FAMILY THAT IS THE SINGLE MOST IMPORTANT STRUCTURE IN THEIR LIVES GOOD CHILD CARE MUST BE GOOD FAMILY CARE, YMCA CHILD CARE PROGRAMS OFFER WONDERFUL OPPORT UNITIES TO STRENGTHEN FAMILIES, HELPING THEM BETTER COMMUNICATE, WORK AND PLAY TOGETHER, S HARE VALUES, FEEL A SENSE OF COMMUNITY WITH OTHER FAMILIES AND EVEN IMPROVE THEIR ECONOMIC STABILITY CONVENIENT LOCATIONS AND CARING STAFF MEMBERS THE YMCA APPROACH IS CHARACTERIS TICALLY FLEXIBLE OUR CHILDCARE TAKES PLACE IN A VARIETY OF SETTINGS IN THE YMCAS MULTIPUR POSE BUILDINGS AND IN SCHOOL GYMNASIUMS, CAFETERIAS AND PORTABLES THE HIGH STANDARDS FOR THE CARE OF CHILDREN REFLECT THE YMCA MOVEMENTS VALUES AND EXPECTATIONS YMCAS MEET AND OF TEN EXCEED GOVERNMENT LICENSING STANDARDS STAFF MEMBERS ARE WELL PREPARED AND PARTICIPATE IN ONGOING TRAINING THROUGH THE YMCA SYSTEM OF PROGRAM SCHOOLS, TRAINING EVENTS AND CERTI FICATION THEY BELIEVE THEIR PROGRAMS CAN HELP DEVELOP A BETTER LIFE FOR CHILDREN AND FAMI LIES LIKE ALL YMCA PROGRAMS, CHILDCARE IS OPEN TO ALL, WITH FINANCIAL AID AVAILABLE FOR T HOSE UNABLE TO PAY FULL FEES WE PRIDE OURSELVES IN OUR COMMITMENT TO TURN NO ONE AWAY TH E BOTTOM LINE FOR YMCA CHILDCARE IS WHATS BEST FOR THE FAMILY PROVIDING IT IS THE YMCAS W AY OF WORKING TO IMPROVE THE QUALITY OF LIFE FOR THE WHOLE CHILD, THE WHOLE FAMILY AND THE WHOLE COMMUNITY AGE-APPROPRIATE EXPERIENCE FOR YOUNG CHILDREN EARLY CHILDHOOD CENTERS TH E SOUTH SOUND YMCA PROVIDES CARE TO CHILDREN AGES 3 MONTHS TO 5 YEARS AT SOUTH PUGET SOUND COMMUNITY COLLEGE THIS CENTER SERVES THE STUDENTS AND EMPLOYEES OF SOUTH PUGET SOUND COM MUNITY COLLEGE AND THE GENERAL PUBLIC PARENTS CAN CONCENTRATE ON STUDIES KNOWING THEIR CH ILDREN ARE RECEIVING EXCELLENT CARE AT OUR BRANCHES, MOTHERS AND FATHERS CAN TAKE ADVANTA GE OF DROP IN CARE WHILE THEY WORK OUT OR ATTEND A PROGRAM SCHOOL AGE PARENTS WORKDAYS TY PICALLY START EARLIER AND LATER THAN THEIR CHILDRENS SCHOOL DAYS THOSE MORNING AND AFTERN OON TIME GAPS CAN BE EMPTY, EVEN LONELY OR THEY CAN BE FILLED CREATIVELY AND CONSTRUCTIVEL Y CHILDREN CONCENTRATE ON ACADEMICS AT ELEMENTARY SCHOOL, BUT THERE IS SOMETHING ELSE FOR THEM TO LEARN IN YMCA PROGRAMS BEFORE AND AFTER THOSE HOURS YMCA CHILDCARE FOR THESE ELE MENTARY AGED KIDS PROVIDES CHANCES TO EXPRESS INDIVIDUAL TALENTS IN THE ARTS, CRAFTS, GAME S, SPORTS OR OTHER AREAS OF INTEREST, TAKING FULL ADVANTAGE OF YMCA FACILITIES AND CLASSES KIDS FIND OUT WHAT PARTICIPATION AND SUCCESS IS ALL ABOUT IN AN APPROACH THAT SAYS EVERY BODY PLAYS, EVERYBODY WINS EACH DAY THERE IS TIME FOR KIDS TO CALL THEIR OWN AND TIME IS SET ASIDE TO TACKLE HOMEWORK WITH TUTORING AVAILABLE CLOSE COMMUNICATION WITH SCHOOLS IS IMPORTANT MANY PROGRAMS FOR THESE OLDER CHILDREN ALSO INCLUDE FIELD TRIPS TO WIDEN THEIR WORLD YMCA PEOPLE KNOW HOW TO CHALLENGE SCHOOL-AGE CHILDREN AND HOW TO LISTEN TO THEM C HILDREN IN THIS AGE GROUP TYPICALLY ENJOY INTERACTING WITH ALL THE ADULTS INVOLVED, BUT ST AFF ALSO HAS A RESPONSIBILITY TO GIVE FEEDBACK TO PARENTS AS OFTEN AS POSSIBLE DAY CAMPS WHILE HELPFUL FOR WORKING PARENTS, DAY CAMPS ARE AN EXCITING OPPORTUNITY FOR CHILDREN TO E XPERIENCE THE BEST OF YMCA ACTIVITIES DAY CAMPS ARE OFFERED IN THE SPRING, SUMMER, AND WI NTER AND DURING MID-WINTER SCHOOL BREAKS THESE CAMPS OFFER A WIDE VARIETY OF INDOOR AND O UTDOOR ACTIVITIES, INCLUDING SPORTS, OVERNIGHT CAMPING, CRAFTS AND VISITS TO MUSEUMS, ZOOS AND PARKS CHILDCARE ACCOMPLISHMENTS IN MANY INSTANCES, YMCA CHILDCARE ALLOWS PARENTS OF THE CHILDREN TO REMAIN GAINFULLY EMPLOYED, KNOWING THAT THEIR CHILDREN ARE THRIVING IN A S AFE, SUPPORTIVE ENVIRONMENT FOR PARENTS WHO CANNO

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	PART III	T AFFORD THE FULL FEE, CARE IS PROVIDED ON A SLIDING SCALE BASIS WITH THE INCREASED COST OF LIVING IN OR AREA, THERE ARE MORE HOMES WHERE BOTH MOM AND DAD MUST WORK AND MANY SINGL E FAMILIES THAT CRITICALLY NEED THIS SERVICE. IN 2012 THE Y MCA CARED FOR 2,577 CHILDREN AN D PROVIDED $266,073 IN FINANCIAL ASSISTANCE. WE CONTINUE TO REACH OUT TO THE COMMUNITY BY CREATING MORE PROGRAMS AND PROVIDING CHILDCARE IN 28 SCHOOL LOCATIONS, IN OUR EARLY LEARNI NG CENTER AND AT OUR FACILITIES

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	PART III	YMCA OLDER ADULTS A PLACE FOR ALL AGES THE Y, M AND C IN YMCA STAND FOR YOUNG, MENS AND CHRISTIAN AND WHEN THEY BEGAN IN 1844, YMCAS OPENED THE DOOR ONLY TO CHRISTIAN YOUNG MEN IT CERTAINLY IS DIFFERENT TODAY OVER THE YEARS YMCAS KEPT OPENING THEIR DOORS WIDER AND WIDER UNTIL THEY INCLUDED ENTIRE FAMILIES MEN, WOMEN AND CHILDREN OF ALL AGES, RACES AND RELIGIONS THE YMCA HAS BEEN KEEPING PACE WITH MANY FOLKS SINCE THEIR CHILDHOOD THERE IS NO REASON TO SHUT THEM OUT ONCE THEY REACH RETIREMENT YMCAS HAVE FOUND THAT OLDER ADULTS NEED EXERCISE AND THE EXTRA EDGE OF GOOD HEALTH IT PROVIDES TO MEET LIFES CHANGING CHALLENGES THEY WANT A PLACE TO GO, LIKE THE YMCA, THAT THEY CAN DEPEND ON A PLACE WHERE THEY CAN ENRICH THEIR LIVES AND DEVELOP NEW SKILLS, NEW INTERESTS AND NEW FRIENDS BENEFICIAL USE OF TIME LIKE EVERYONE ELSE, OLDER PEOPLE NEED TO CONTINUE HAVING A MISSION IN THEIR LIVES, A SENSE OF DIRECTION AND PURPOSE THEIR LIVES UNDERGO MAJOR CHANGES WITH RETIREMENT, ADDED TO THE NATURAL CHANGES IN FAMILY LIFE THAT COME WITH AGE AT THE SAME TIME, THEY OFTEN HAVE THE ADVANTAGE OF MORE TIME TO SPEND IN CONSTRUCTIVE WAYS, DOING THINGS THEY LIKE TO DO AND FINDING NEW CHALLENGES THE SOUTH SOUND YMCA PLAYS AN IMPORTANT ROLE IN THIS PROCESS BY OFFERING A VARIETY OF OPPORTUNITIES AND ACTIVITIES EXERCISE IS UNIVERSALLY RECOMMENDED REGARDLESS OF AGE, AND MANY SEEK OUT THE YMCA FOR THAT PURPOSE FAVORITES FOR OLDER ADULTS ARE LIGHTER EXERCISES, WATER ACTIVITIES AND WALKING THE HABITS OF ATTENDING REGULAR EXERCISE CLASSES OFTEN LEAD TO CREATION OF SOCIAL CLUBS SOME OF THESE CLUBS HAVE A SINGLE FOCUS, LIKE GETTING TOGETHER TO SWIM, FOR MEALS OR TO TACKLE A COMMUNITY SERVICE PROJECT OTHERS INCLUDE A VARIETY OF ACTIVITIES, SUCH AS CLASSES RANGING FROM CRAFTS TO CURRENT AFFAIRS ALSO POPULAR ARE DAY TRIPS AND CAMPING SOMETIMES OTHER FRIENDS AND FAMILY MEMBERS ARE INVITED NEW FRIENDS ARE IMPORTANT AT EVERY AGE, BUT THE OPPORTUNITY TO MAKE THEM AT THE TIME OF LIFE WHEN MANY PEOPLE EXPERIENCE THE LOSS OF OLD FRIENDS AND FAMILY MEMBERS IS ESPECIALLY VALUABLE OPPORTUNITIES FOR HELPING OTHERS MANY OLDER ADULTS CHOOSE TO OFFER THEIR EXTRA HOURS AND THEIR LIFETIME OF EXPERIENCE TO THEIR YMCAS, VOLUNTEERING IN MANY AREAS, FROM FUNDRAISING TO PROGRAMS YMCAS TAKE CARE TO MATCH THE SKILLS AND INTEREST OF VOLUNTEERS WITH THE VARIOUS PROJECTS THAT ARE AVAILABLE A PARTICULARLY IMPORTANT WAY FOR OLDER MEMBERS TO HELP THEIR YMCAS AND ENRICH THEIR OWN LIVES IS THROUGH INTERACTIONS WITH OUR YOUTH EATING LUNCH WITH CHILDREN IN DAY CARE, SUPERVISING A GROUP OF ELEMENTARY SCHOOL KIDS ON A FIELD TRIP, ASSISTING WITH A YOUTH SWIM CLASS OR SPORTS LEAGUE OR A ADVISING A TEEN CLUB OLDER ADULTS TODAY INVOLVE THEMSELVES IN THE FULL LIFE OF THE YMCA MANY DISCOVER THAT THIS HELPS THEM IN THEIR RELATIONS WITH YOUNGER MEMBERS OF THEIR OWN FAMILIES IMPROVED MOBILITY AND A SENSE OF WELL-BEING JOGGERS DONT GET OFF THE TRACK BECAUSE THEYVE REACHED A CERTAIN AGE NOR DO SWIMMERS THROW IN THE TOWEL IN THE YMCAS FAVORITE HEALTH AND EXERCISE PROGRAMS, ITS SOMETIMES THE OLDER PARTICIPANTS WHO SET THE PACE IF NOT FOR SPEED, BUT FOR DEDICATION TO STAYING FIT THEY ARE AN INSPIRATION TO PEOPLE DECADES YOUNGER WHO CAN SEE HOW EXERCISE HAS HELPED THEM STAY ACTIVE THE SOUTH SOUND YMCA BRANCHES INCLUDED A SPECTRUM OF AGES IN THEIR CLASSES THIS GIVES OLDER ADULTS A RANGE OF PROGRAMS TO CHOOSE FROM AND FIND THE ONES THAT ARE BEST FOR THEM WHILE SOME OLDER PEOPLE JOIN CLASSES WITH ADULTS OF ALL AGES, OTHERS ARE MORE COMFORTABLE WITH PROGRAMS LIMITED TO MEMBERS OF THEIR OWN AGE GROUP ITS A CHOICE WE BELIEVE OLDER ADULTS SHOULD BE ABLE TO MAKE THEMSELVES SOME ARE NEWCOMERS TO THE FITNESS FIELD, PERHAPS FINDING TIME LATER IN LIFE FOR THE EXERCISE THEY HAD ALWAYS MEANT TO DO BUT KEPT PUTTING OFF OTHERS TRY THE YMCA AT THE RECOMMENDATION OF A PHYSICIAN TO HELP DEAL WITH A PHYSICAL PROBLEM YMCA STAFF MEMBERS HELP THEM FIND AN APPROPRIATE PROGRAM, ONE THEYLL ENJOY DURING WORKOUTS AND AT OTHER TIMES BECAUSE OF HOW MUCH BETTER IT MAKES THEM FEEL OLDER ADULT ACCOMPLISHMENTS IN 2012, THE SOUTH SOUND YMCA SERVED 4,814 ADULTS 55 YEARS OF AGE AND OLDER

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	PART III	SPORTS DEVELOPS VALUES STRONGER THAN WINNING COACHES START WITH PLAYERS AT WHATEVER SKILL LEVEL THEY FIND THEM THEY TRY TO WORK WITH EACH PLAYER TO SET GOALS AND EVALUATE PROGRES S IN LIGHT OF PLAYERS OWN STANDARDS NOT THOSE OF THE FASTEST, STRONGEST OR MOST COORDINATE D THE TEACHING COMPONENT IS IMPORTANT PRACTICE SESSIONS INCLUDE A REVIEW OF SKILLS LEARN ED AND THE INTRODUCTION OF NEW ONES PLAYERS HAVE OPPORTUNITIES TO TAKE VARIOUS POSITIONS ON THE TEAM, BECAUSE NO WINNING SCORE MATTERS MORE THAN GIVING THEM ALL THE CHANCE TO STRI VE AND TO STRETCH ONESELF SOME BRANCH YMCAS ALSO SPONSOR COMPETITIVE TEAMS, BACKED UP BY DEVELOPMENTAL INSTRUCTION MOST ARE IN AQUATICS OR GYMNASTICS THE YMCA YOUTH SPORTS PHILO SOPHY CARRIES OVER TO THESE, TOO EVEN WHEN THE GOVERNING BODY FOR A SPORT REQUIRES THAT T IMES AND SCORES BE POSTED AT THE COMPETITION, YMCA COACHES ENCOURAGE PARTICIPANTS TO COMPA RE THEIR MARKS WITH THEIR OWN PAST PERFORMANCE BUILDS SELF-ESTEEM THOSE IN YMCA YOUTH SPO RTS WHO LEARN A GAME WELL AND IMPROVE THEIR LEVELS OF SKILL GENERATE AUTHENTIC FEELINGS OF SELF-ESTEEM VOLUNTEER COACHES, WHO ARE TRAINED AND ADVISED TO AVOID PUT-DOWNS AND HAVE N O TRYOUTS OF CUTS, GUIDE PARTICIPANTS WHATS KEY ABOUT THE VOLUNTEERS, OR COACHES, IS THAT THEY ARE THERE FOR THE YOUNGSTERS BECAUSE THEY WANT TO BE, AND THEY KNOW THE VALUE OF SPO RTS IN A CHILDS DEVELOPMENT MANY ARENT EVEN PARENTS OF THE KIDS WHO PLAY THE YOUNGSTERS LEARN TO BUILD POSITIVE RELATIONSHIPS WITH ADULTS OUTSIDE THEIR HOMES AND SCHOOLS STRENGT HENS FAMILIES THERE IS NOTHING UNUSUAL ABOUT MOMS, DADS, BROTHERS AND SISTERS TURNING OUT TO WATCH THE YOUNGSTERS PLAY OR TO HELP THE TEAM IN SOME WAY THE SOUTH SOUND YMCA HOLDS E VENTS FOR PARENTS AND CHILDREN TO TAKE PART IN TOGETHER THE MORE INVOLVED PARENTS ARE, TH E MORE OPEN THE LINES OF COMMUNICATION BECOME THE PARENTS, IN EFFECT, JOIN THE TEAM AS TH EY LEARN THE VALUES OF THE YMCA APPROACH AND, IT IS HOPED, HELP THEIR CHILDREN TO ACT ON T HOSE VALUES IN MANY ASPECTS OF THEIR LIVES PROMOTES HEALTHY LIFESTYLES THE PLAY THAT DRAW S YOUNGSTERS TO YOUTH SPORTS PROGRAMS CAN BUILD LIFELONG POSITIVE ATTITUDES, HABITS OF HEA LTHY EXERCISE AND GOOD NUTRITION, AND WAYS TO HAVE FUN AS ADULTS THERE IS LITTLE OR NO CO ACHING ON MOST ADULT TEAMS, BUT THE SAME RULES APPLY NO PUT-DOWNS, NO NAME-CALLING, NO PRO FANITY, RESPECT FOR OTHERS AND GIVING EVERYONE A CHANCE TO PLAY LESS OBVIOUS BUT JUST AS IMPORTANT IS AN AWARENESS OF THE OPPORTUNITIES THAT COME WITH BELONGING TO A COMMUNITY ORG ANIZATION YOUNGSTERS, PARENTS AND INDIVIDUAL ADULTS IN YMCA SPORTS OFTEN GET INVOLVED IN OTHER ACTIVITIES, PERHAPS JOINING ANOTHER YMCA PROGRAM THEY CAN ALSO GET A CHANCE TO LEAR N ABOUT HELPING OTHERS THROUGH YMCA SERVICE PROJECTS BEING A WINNER IN LIFE IS PART OF AL L IT IS ABOUT YMCA SPORTS SEEK TO BRING OUT THE BEST IN EVERY PARTICIPANT THE IDEALS ARE HIGH FOR TEAMS AND LEAGUES YMCAS VALUE THE APPROACH THAT SAYS EVERYBODY PLAYS, REGARDLES S OF ABILITY THEY VALUE COOPERATION OVER COMPETITION, FAIR PLAY OVER WINNING AT ANY COST, GOOD FEELING AND GOOD HEALTH OVER A GOOD SCORE, CHARACTER DEVELOPMENT IN YOUNG PEOPLE OVE R DEVELOPING THE NEXT SUPERSTAR THEY VALUE BUILDING SELF-ESTEEM OVER BEATING THE OPPONENT THE YMCA KNOWS THAT WITH SUCH AN APPROACH, EVERYBODY WINS UNDEFEATED IN SPIRIT, MIND AND BODY THESE VALUES COMBINE TO KEEP COMPETITION IN PERSPECTIVE, GIVING EVERYONE THE FUN OF SPORTS WITHOUT FEELINGS OF REJECTION OR FAILURE THIS IS ESPECIALLY IMPORTANT FOR ELEMENT ARY AND MIDDLE SCHOOL KIDS TEACHES COOPERATION AND TEAMWORK YOUNGSTERS IN TEAM SPORTS LEA RN HOW TO WORK IN GROUPS ON AND OFF THE PLAYING FIELDS THEY SEE HOW A TASK CARRIED OUT AT A SINGLE POSITION AFFECTS AN ENTIRE TEAM THEY LEARN THE DISCIPLINE OF HARD WORK, THE NEC ESSITY TO TRUST OTHERS, AND THE ART OF BLENDING THEIR SKILLS WITH OTHERS IN A COMMON PURSU IT ALL OF THIS MAKES A BETTER TEAM HELPING TEAMMATES IMPROVES THE LEVEL OF PLAY SO DOES PAYING ATTENTION WITH EYES AND EARS BEING PART OF THAT BETTER TEAM MEANS THAT RESPONSIBI LITIES AND DECISION-MAKING SKILLS ALSO GROW THE GOAL, OF COURSE, IS FOR EACH AND EVERY TE AM TO IMPROVE AT THE END OF THE SEASON, THERE MAY BE AWARDS FOR PARTICIPATION BUT NOT FOR WIN, PLACE OR SHOW ANOTHER ASPECT OF TEAMWORK IS GETTING ALONG WITH A MIX OF PEOPLE OUR BRANCHES TYPICALLY BRING TOGETHER THOSE FROM A VARIETY OF ECONOMIC LEVELS, ETHNIC BACKGRO UNDS, RELIGIONS AND NEIGHBORHOODS, AS WELL AS THOSE WITH DIFFERENT SKILL LEVELS THEY ALL PLAY TOGETHER AND START TO UNDERSTAND AND APPRECIATE EACH OTHER THE YOUNGSTERS WHO LEARN TO PLAY BY YMCA RULES CAN BECOME WINNERS IN LIFE THEY CAN GROW INTO HEALTHIER AND MORE SE LF-ASSURED, LOVING AND GIVING ADULTS AND PARENTS MEETS THE PHYSICAL AND SOCIAL NEEDS OF K IDS DRIBBLING A BASKETBALL DOWN A COURT OR SPIKING A VOLLEYBALL OVER THE NET THATS HOW A L OT OF GIRLS AND BOYS DEFINE FUN AND GAMES YMCA PEOPLE INVENTED BASKETBALL IN 1891 AND VOL LEYBALL IN 1895 IN THE CENTURY SINCE THEY FIRST W

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	PART III	ERE PLAYED IN YMCA GYMS, THESE TWO GAMES HAVE BECOME POPULAR THE WORLD OVER THEY HAVE NEV ER BELONGED JUST TO THE YMCA BUT TO EVERYONE MOST OF THE NEW THINGS YMCAS DEVELOP THEY GI VE THE WORLD NO CHARGE YOUTH SPORTS ARE OFFERED BY MOST OF THE YMCAS THE SPORTS VARY DE PENDING ON COMMUNITY SIZE AND NEED, AVAILABLE FIELDS AND FACILITIES AND, OF COURSE, POPULA RITY FLAG FOOTBALL, BASEBALL, SOFTBALL, SOCCER, T-BALL, FLOOR HOCKEY, TENNIS, FIELD HOCKE Y, GYMNASTICS AND SWIMMING ARE COMMON, AS WELL AS BASKETBALL AND VOLLEYBALL DEVELOPS SKIL LS THE CLEAR EMPHASIS ON PERSONAL GROWTH DOESNT MEAN THAT THE YMCA ISNT SERIOUS ABOUT TEAC HING THE SKILLS THAT LEAD TO GOOD PLAY ON ITS COURTS AND FIELDS IT IS THROUGH PRACTICE, P ERSISTENCE AND PATIENCE, IN FACT, THAT YOUNGSTERS IMPROVE SKILLS YOUTH ACCOMPLISHMENTS TH E SOUTH SOUND YMCA OFFERS BASKETBALL, VOLLEYBALL, SOCCER, T-BALL, FLAG FOOTBALL, MARTIAL A RTS, GYMNASTICS, TRACK, DANCE, AQUATIC PROGRAMS AND MORE IN 2012, THE YMCA GAVE $23,319 I N DIRECT FINANCIAL ASSISTANCE TO YOUTHS PARTICIPATING IN THESE ACTIVITIES

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	PART III	HEALTH AND WELL BEING GOOD HEALTH PREVENTION IS A KEY WORD FOR HEALTH AT THE YMCA THE YM CA TAKES THE WELLNESS, OR HOLISTIC APPROACH ITS HEALTH AND FITNESS PROGRAMS ARE ORGANIZED AROUND THE PRINCIPLE THAT THERE IS A ONENESS OF BODY, MIND AND SPIRIT ALL OF WHAT THE YM CA DOES IS AIMED AT A LONG AND PRODUCTIVE LIFE AND HAVING FUN LIVING IT THATS THE WAY THE YMCA APPROACHES EXERCISE ITS NOT SOMETHING JUST FOR THE BODY ITS A WAY OF LIFE THAT REQ UIRES EDUCATION IN GOOD NUTRITION, PROPER EXERCISE, AVOIDANCE OF DRUG AND ALCOHOL ABUSE, D EALING WITH STRESS AND STRUCTURING LIFE TO LESSON PROBLEMS POSED BY CHRONIC AILMENTS SUCH AS ARTHRITIS, CANCER AND HEART DISEASE TODAY, EMPHASIS ON PREVENTION STRETCHES FROM THE F IELDS OF MEDICINE TO INSURANCE PEOPLE UNDERSTAND HOW IMPORTANT THEIR DAILY ACTIONS CAN BE FOR LONG-TERM HEALTH THE YMCA IS A MAJOR PROVIDER OF AFFORDABLE HEALTH AND FITNESS PROGR AMS, WITH FINANCIAL AID AVAILABLE IT ENCOURAGES SELF-IMPROVEMENT ITS MEMBERSHIP IS CULTU RALLY DIVERSE, MADE UP OF PEOPLE OF ALL AGES AND ABILITIES YMCA STAFFS ARE WELL TRAINED A ND CERTIFIED WHERE NEEDED YMCA STANDARDS GENERALLY MEET OR EXCEED THOSE REQUIRED BY LOCAL AND STATE LICENSING BOARDS SINCE THE 1880S THE YMCA HAS BEEN A LEADER IN THE FIELD ITS OWN HEALTH AND FITNESS PROFESSIONALS NUMBER IN THE THOUSANDS IT HAS ALSO BEEN A TRAINING GROUND FOR RECREATION AND PHYSICAL EDUCATION PROFESSIONALS OUTSIDE THE YMCA, FOR THE HEALT H CLUB INDUSTRY AND FOR CORPORATE WELLNESS PROGRAMS IT WAS IN 1891 THAT A YMCA PHYSICAL P ROGRAMS LEADER CREATED THE NOW FAMILIAR RED TRIANGLE TO THIS DAY, IT SYMBOLIZES THE ASSOC IATIONS COMMITMENT TO HELPING PEOPLE BUILD HEALTHY LIVES, ALONG WITH THE YMCAS OTHER COMMU NITY SERVICE PROGRAMS BECAUSE HEALTHY EXERCISE HAS BEEN A YMCA STAPLE FOR SO LONG, THE YM CA ALREADY HAD HEALTH AND FITNESS CENTERS IN ALL 50 STATES IN THE 1970S, WHEN THE PURSUIT OF GOOD HEALTH TURNED INTO A NATIONAL PASSION YMCAS ARE STILL LEADERS TODAY, WITH STATE O F THE ART EQUIPMENT AND EXERCISE INNOVATIONS SUCH AS YOUTH FITNESS, CROSS TRAINING AND CLA SSES FOR OLDER ADULTS ALL AGES, ALL ABILITIES, ALL INCOMES THE YMCA APPROACH IS THAT EXER CISE AND HEALTH EDUCATION ARE IMPORTANT AND SHOULD BE PROVIDED FOR PEOPLE OF ALL AGES AND ABILITIES YMCAS LOOK FOR WAYS THAT ALL MEMBERS OF A FAMILY CAN PARTICIPATE IN PHYSICAL AC TIVITY, WHICH HELPS TAKE THE EDGE OFF TENSION AT HOME AND ENCOURAGES OPEN COMMUNICATION Y MCA FAMILY SWIM TIMES ARE DESIGNED TO GIVE PARENTS AND CHILDREN A CHANCE TO PLAY TOGETHER, RELAX AND HAVE FUN OUR YMCA OFFERS SUBSIDIZED MEMBERSHIPS, SO NO ONE HAS TO BE TURNED AW AY FOR INABILITY TO PAY FAMILY MEMBERSHIPS ARE LESS PER PERSON THAN INDIVIDUAL MEMBERS WO ULD BE, WHICH IS FURTHER ENCOURAGEMENT TO BRING EVERY BODY CHILDREN WHO GROW UP IN YMCA PR OGRAMS GET A GOOD BASIC KNOWLEDGE ABOUT HEALTH ISSUES, BUT EVEN BETTER, THEY LEARN ALONG T HE WAY JUST HOW GREAT IT IS TO FEEL GOOD THEY DEVELOP LIFESTYLES THAT INCLUDED TIME FOR F ITNESS AND FUN EVERYONES INVITED THE YMCA IS A COMMUNITY SERVICE FOR ALL A WARM, RELAXED PLACE LED BY VOLUNTEERS AND RUN BY WELL TRAINED AND HELPFUL EMPLOY EES WHO MAINTAIN ITS WHO LESOME ATMOSPHERE IT ENCOURAGES INDEPENDENCE AND SELF-RELIANCE THIS COMBINED WITH ITS OP EN DOOR POLICY HAS LED OUR YMCAS TO BE CENTERS FOR PEOPLE UNDERGOING PHYSICAL THERAPY, THO SE WITH PERMANENT DISABILITIES, THOSE RECOVERING FROM DISEASE AND THOSE SEEKING IMPROVED F LEXIBILITY AND STRENGTH A JOYFUL AND PRODUCTIVE LIFE YMCA HEALTH PROGRAMS, ALONG WITH EXE RCISE AND EDUCATION, GENERALLY INCLUDE A BROADENING OF ONES CIRCLE OF FRIENDS AT EVERY LEV EL OF DEVELOPMENT WE BELIEVE KIDS SHOULD BE KIDS PROVIDING OPPORTUNITIES TO LEARN VARIOU S SPORTS GIVES THEM NOT ONLY FIRST-RATE PHYSICAL EXERCISE BUT ALSO THE CHANCE TO FEEL GOOD ABOUT MASTERING NEW SKILLS AND LEARNING TO COOPERATE WITH OTHERS AS PART OF A TEAM WHEN YOUNGSTERS MOVE TO MIDDLE SCHOOLS, MANY ARE READY TO LEARN MORE ABOUT TAKING CARE OF THEIR BODIES AND IMPROVING THEIR ATHLETIC ABILITIES THIS IS THE TIME WHEN WE WILL ADD DISCUSSI ONS ABOUT HEALTH ISSUES, FROM NUTRITION TO DRUG AWARENESS THERE IS MORE DIVERSITY FOR HIG H SCHOOL YOUTH SOME ARE READY FOR STRENGTH TRAINING WORK FOR SPECIFIC SPORTS OTHER PARTI CIPANTS ARE ATTRACTED TO AEROBICS THE YMCA CONTINUES TO EMPHASIZE VALUES THAT PROMOTE A L IFELONG HEALTHY OUTLOOK AND YMCA INSTRUCTORS, JUST BY BEING WHO THEY ARE, ARE GREAT ROLE MODELS THEY ARE TRAINED, CERTIFIED, DEPENDABLE AND CARING INDEPENDENCE AND LONGEVITY ADU LTS NEED AND RECEIVE THE WIDEST RANGE OF EXERCISE ALTERNATIVES WORKING OUT WITH WEIGHTS O R KEEPING STEP IN AEROBIC DANCE HELPS MANY STAY IN SHAPE OTHERS WANT MORE TO TRAIN FOR AN EVENT, PERHAPS AND SOME WANT LESS JUST THE STRENGTH TO MOVE FROM THE COUCH TO THE JOGGIN G PATH WHATEVER THE GOAL, A YMCA STAFF MEMBER WILL HELP THE INDIVIDUAL DRAW UP A REALISTI C PLAN TO ACHIEVE IT, OFFER ENCOURAGEMENT ALONG THE WAY AND HELP MAP OUT A NEW DIRECTION W HEN THE GOAL IS REACHED THERE IS NO AGE BARRIER T

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	PART III	O FITNESS SOME OLDER PEOPLE WHO HAVE ALWAYS EXERCISED REGULARLY CONTINUE RIGHT ON WITH TH E ACTIVITIES THEY ENJOY, JOINING CLASSES WITH PEOPLE DECADES YOUNGER OTHERS MAY NEED A SL OWER PACE OR A PROGRAM DESIGNED TO DEAL WITH A PARTICULAR PROBLEM, LIKE ARTHRITIS YMCAS R ESPOND WITH SPECIAL CLASSES AND INDIVIDUAL EXERCISE PLANS THE EMPHASIS IS ON HELPING OLDE R ADULTS MAINTAIN THE BEST PHYSICAL CONDITION POSSIBLE, WHICH IN TURN HELPS THEM MAINTAIN INDEPENDENCE NOR DO DISABILITIES FROM ACCIDENT OR DISEASE NECESSARILY LIMIT EXERCISE OPPO RTUNITIES AT THE YMCA AN EXPERT WILL OFTEN WORK WITH STAFF PEOPLE TO DESIGN A SPECIAL PRO GRAM FOR A GROUP WITH A PARTICULAR PROBLEM OFTEN THE YMCA STAFF INTEGRATES PEOPLE WITH DI SABILITIES INTO REGULAR EXERCISE PROGRAMS, PROVIDING SPECIAL HELP WHEN NEEDED

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	PART III	FAMILY GOOD TIMES TOGETHER OPEN TO ALL KINDS OF FAMILIES THE YMCA IS PROUD TO BE A FAMILY ORGANIZATION FAMILY AT THE YMCA INCLUDES ALL THESE AND MORE THE SINGLE DAD OR MOM BRING ING UP KIDS ALONE, TWO PARENTS BOTH WORKING OUTSIDE THE HOME AND THEIR KIDS, THE SINGLE PE RSON OR COUPLE LIVING WITH AND CARING FOR A GRANDPARENT OR OTHER RELATIVE, THE BREADWINNIN G DAD AND HOMEMAKING MOM (OR VICE VERSA) AND KIDS, THE CHILDLESS COUPLE, AND MORE IT REFL ECTS THE FACTS MANY MOTHERS ARE IN THE WORKFORCE MANY CHILDREN ARE RAISED BY A SINGLE PA RENT MANY CHILDREN LIVE IN STEPFAMILIES AMERICANS, RESTLESS BY NATURE, GIVE LITTLE THOUG HT TO MOVING THOUSANDS OF MILES AWAY FROM THEIR EXTENDED FAMILY OF GRANDPARENTS, AUNTS AND UNCLES TO TAKE A NEW JOB OR MAKE A NEW LIFE FEWER AND FEWER FAMILIES HAVE A RELATIVE AT HOME TO WATCH THE KIDS DURING THE DAY SUCH ISOLATION INCREASES PRESSURE ON PARENTS, WHO A RE STRETCHED THIN BETWEEN WORK AND HOME WITHOUT ENOUGH TIME FOR EITHER ONE THEY MAY HAVE TO TAKE CHANCES ON MAKESHIFT ARRANGEMENTS, WHICH CAN OFTEN BREAK DOWN THEY TRY TO BE A GO OD PARENT BUT HAVE FEW PEOPLE TO LEAN ON FOR SUPPORT OUR BRANCH YMCAS FILL THE GAP WHEN T HEY CAN STRENGTHENS FAMILY COMMUNICATION YMCAS ARE ALERT TO THE SPECIAL NEEDS OF FAMILIES AND THEIR INDIVIDUAL MEMBERS STAFF MEMBERS AND VOLUNTEERS ALIKE PAY CLOSE ATTENTION WHEN MEMBERS TALK ABOUT WHATS HAPPENING IN THEIR LIVES AND HOMES TUTORING, COUNSELING, SUPPOR T GROUPS, SEMINARS ALL HELP TO STRENGTHEN FAMILIES THE YMCA GIVES FAMILIES A SAFE, RELIAB LE AND AFFORDABLE PLACE TO GO YMCAS OFFER PROGRAMS THAT COMMIT CHILDREN AND ADULTS TO SET TING ASIDE TIME TO SPEND TOTALLY ABSORBED IN PROJECTS AND FUN TOGETHER MANY OFFER PARENT- CHILD ACTIVITIES, HEALTH PROMOTING EXERCISES FOR FAMILIES AND CLASSES FOR PARENTS WE RESE RVE REGULAR TIME SLOTS ON THEIR SCHEDULES EXPRESSLY FOR FAMILIES TO SWIM, WORK OUT AND PLA Y TOGETHER YMCAS WERE EARLY PROVIDERS OF CHILD CARE FOR THE CHILDREN OF WORKING PARENTS, OFFERING PROGRAMS TO MEET THIS COMMUNITY NEED AT THEIR OWN FACILITIES AND AT SCHOOLS PROG RAMS OUTSIDE A YMCA BUILDING OFFER THE SAME BALANCE OF RECREATIONS, LEARNING AND VALUES DE VELOPMENT THAT COMES TOGETHER IN ALL YMCA PROGRAMS PARENTS CAN BE CONFIDENT THAT THE CARE IS FOR THEIR WHOLE CHILD AND YMCA CHILDCARE INVOLVES PARENTS THROUGH FAMILY ACTIVITIES A ND REGULAR DISCUSSIONS WITH CAREGIVERS IN CHILDCARE, EVERY EFFORT IS MADE TO ASSURE THAT THE YMCA IS NOT A SUBSTITUTE FOR A PARENT BUT INSTEAD WORKS IN WAYS THAT SUPPLEMENT WHAT T HE FAMILY CAN DO SPENDING GOOD TIME WITH THE KIDS YMCAS HAVE DECADES OF SUCCESSFUL PROGRA MS TO BUILD ON IN 1910 THE IDEA OF FATHER AND SON BANQUETS AND CLOSE FELLOWSHIP WAS DEVEL OPED IN PROVIDENCE, RI IT WAS FOLLOWED IN THE 1920S BY THE Y-INDIAN GUIDES IN ST LOUIS THE GENERAL IDEA WAS TO CREATE EVENTS IN WHICH BOTH TOOK PART IT MEANT SETTING ASIDE TIME FOR THEM TO BE TOGETHER MEN AND BOYS, OF COURSE, HAD COME TO THE YMCA FOR EXERCISE AND F ELLOWSHIP LONG BEFORE THEN BUT THESE NEW VENTURES WERE THE FIRST TO INVOLVE FATHERS AND S ONS IN ACTIVITIES PLANNED SPECIFICALLY TO STRENGTHEN THEIR RELATIONSHIPS THE IDEA CONTINU ED TO GROW SOON AFTER WORLD WAR II, MOST YMCAS WELCOMED WOMEN AND GIRLS INTO MEMBERSHIP, AND MOTHER-DAUGHTER PROGRAMS WERE ADDED NOW THERE ARE ALSO MOTHER-SON AND FATHER-DAUGHTER PROGRAMS BRANCH YMCAS ADAPT THESE PROGRAMS, OR CREATE NEW ONES, TO REFLECT THE ADULT-CHI LD COMBINATIONS PRESENT IN THEIR COMMUNITIES YMCAS LEARNED THAT AN IMPORTANT WAY TO HELP CHILDREN AND YOUNG PEOPLE BUILD HEALTHY BODIES, MINDS AND SPIRITS WAS TO HELP THEIR ADULT CAREGIVERS AND ROLE MODELS DO THE SAME FROM THE SIMPLEST SHARED PROJECTS, RESPECT, COMMUN ICATIONS AND SELF-WORTH CAN GROW NOW ALL THROUGH THE COUNTRY YMCAS ARE MEETING FAMILIES N EEDS BY OFFERING EXPERIENCES THAT DRAW ADULTS AND CHILDREN CLOSER TOGETHER IN A SAFE, CARI NG AND WARM ENVIRONMENT A SECOND LOOK AT THOSE YMCA PROGRAM SCHEDULES SHOWS THAT WHETHER LABELED FAMILY OR NOT, MANY ACTIVITIES DO INCLUDE FAMILIES AND CHILDREN IN SOME WAY AFFOR DABLE RECREATION SPLASHING EACH OTHER IN THE POOL DURING FRIDAY NIGHT FAMILY SWIM TIME MIG HT JUST BE THE BEST WAY TO RELAX AND LET THE WEEKS WORK AND WORRIES WASH AWAY A FAMILY NI GHT OF FUN AND GAMES IN THE POOL, GYM OR ELSEWHERE CAN BE A FERTILE TIME FOR GROWTH OTHER RECREATIONAL OPPORTUNITIES ARE IMPORTANT, TOO, FROM MIXED VOLLEYBALL GAMES TO FIELD TRIPS TO LOCAL ATTRACTIONS SOME YMCAS SCHEDULE BIKE HIKES, PICNICS OR TRIPS TO PRO SPORTS EVEN TS THE ONLY BOUNDARIES FOR FAMILY FUN ARE SET BY THE IMAGINATION AND ENTHUSIASM OF THE PA RTICIPANTS SOME FAMILIES VOLUNTEER TOGETHER THEY PLAN AND RUN YMCA EVENTS AND PROGRAMS OTHER FAMILIES OFFER COMMUNITY SERVICES AS VOLUNTEERS FOR A FOOD PANTRY, A RECYCLING CENTE R OR OTHER PROGRAMS THEY MAKE FRIENDS WITH OTHER IN THEIR COMMUNITIES AS THEY WORK AND PL AY TOGETHER, DEVELOPING NEW SKILLS IN COMMUNICATION AND COOPERATION FAMILIES WHO CARE ABO UT THEMSELVES LEARN TO CARE ABOUT OTHER FAMILIES

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	PART III	ANOTHER KIND OF FAMILY YMCAS DONT JUST OFFER PROGRAMS FOR FAMILIES THEY FUNCTION AS FAMIL IES OF A SORT THEMSELVES, INVOLVING ALL MEMBERS IN ACTIVITIES THAT LEAD TO PERSONAL GROWTH AS THEY LEARN, WORK AND LAUGH TOGETHER

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	PART III	TEEN LEADERSHIP SKILLS FOR LIFE DEMOCRACY NEEDS LEADERS FROM AMONG ITS PEOPLE. THEY'RE NEE DED IN COMMUNITIES, FAMILIES, BUSINESS, SCHOOLS, CHURCHES, AND GOVERNMENT IN FACT ALMOST E VERYTHING WE DO TOGETHER. GOOD LEADERS AREN'T BORN TO LEAD, THEY'RE TRAINED FOR IT. AND THAT S THE KIND OF TRAINING THE YMCA DOES WELL FOR CHILDREN AND ADULTS. WE ARE CONSTANTLY FORMI NG GROUPS, BOARDS, CLUBS, MODEL GOVERNMENTS, COMMITTEES AND TEAMS WHERE THOSE OF ALMOST AL L AGES CAN LEARN THE GIVE AND TAKE NEEDED IN WORKING TOWARD A COMMON PURPOSE. THIS IS BASI C TO FAMILY LIFE AND TO CITIZENSHIP. IT PRODUCES PEOPLE WHO CAN ROUSE THE CONSCIENCE OF A COMMUNITY, CONDUCT FAMILY AFFAIRS IN A WAY THAT EVERYONE WINS, OR PERFORM WELL ON THE JOB. WHEN ALL ARE HEARD AND THEIR VIEWS RESPECTED, SELF-CONFIDENCE FLOWERS FOR BOTH THE LEADER S AND THE FOLLOWERS. THE YMCA'S VOLUNTEER LEADERS BRING IT BACK TO ITS ROOTS AS A PLACE WHE RE PEOPLE ASSOCIATE FREELY FOR THE COMMON GOOD. IN THIS RESPECT THE YMCA BECOMES A SCHOOL FOR DEMOCRACY. LEARNING TO GIVE AND TAKE. THERE ARE NEGATIVE MODELS OF LEADERSHIP THAT THE YMCA REJECTS, SUCH AS THE HOSTILE LEADER WHO CONFRONTS AND PUNISHES. THE YMCA MODEL IS POS ITIVE, BASED ON A BELIEF THAT WE ALL ARE WORTHWHILE INDIVIDUALS. THE YMCA BELIEVES THAT MO RE AND BETTER WORK IS PRODUCED BY THOSE WHO ARE LED POSITIVELY AND PRAISED FOR WHAT THEY H AVE DONE WELL, RATHER THAN SCOLDED FOR WHAT THEY MISSED. LEADERSHIP MEANS LEARNING HOW TO GET THINGS DONE ON GROUPS, HOW TO DRAW UP RULES, HOW TO FOLLOW A LEADER AND WHAT TO DO WHE N CALLED UPON TO LEAD. THAT MEANS LEARNING THE ART OF COMPROMISE, SPEAKING IN PUBLIC, ACCE PTING DIFFERENT VIEWS AND SEEKING OUT THINGS THAT UNITE PEOPLE RATHER THAN FOCUSING ON WHA T DIVIDES THEM. THESE TALENTS GIVE RISE TO DECISIONS THAT DRAW SUPPORT AND STRATEGY THAT W ORKS. FOLLOWING THE RIGHT PATH PROGRAMS OFFERED BY THE YMCA TODAY DIFFER AT EACH BRANCH AS EACH MEETS THE PARTICULAR NEED OF ITS COMMUNITY. BUT THE ESSENTIAL COMPONENTS OF TEEN LEA DERSHIP DEVELOPMENT ARE THE SAME. SELF-ESTEEM, PERSONAL HEALTH, EMPLOYMENT SKILLS AND CARE ER GOALS, EDUCATION AND TRAINING AND VOLUNTEER SERVICE. THEY ALL DERIVE FROM THE YMCA'S MIS SION TO BUILD HEALTHY MIND, BODY AND SPIRIT. SKILLS THROUGH PRACTICE. THE SOUTH SOUND YMCA OFFERS A YOUTH AND GOVERNMENT PROGRAM. THOSE TAKING PART LEARN ABOUT STATE GOVERNMENT THRO UGH HANDS-ON ACTIVITIES LIKE DRAFTING AND DEBATING LEGISLATION AND TAKING ON THE ROLES OF ELECTED STATE OFFICIALS. WHETHER THROUGH SPECIALIZED PROGRAMS LIKE THESE OR THROUGH BASIC HEALTH AND EXERCISE, TEENS COMING TO THE YMCA FIND THE OPPORTUNITIES, TRAINING AND ENCOURA GEMENT THEY NEED TO MAKE THE TRANSITION FROM CHILDHOOD TO ADULTHOOD, A TIME OF WONDERFUL G ROWTH. THEY DISCOVER THEIR TALENTS FOR LEADERSHIP AND LEARN HOW TO DEVELOP THEM THROUGH SE RVING OTHERS. LEADERSHIP ACCOMPLISHMENTS. THE SOUTH SOUND YMCA OFFERS PROGRAMS THAT EMPOWER TEENS THROUGH ACTIVITIES AND SERVICES THAT PROVIDE SUPPORT, TRAINING, CHALLENGE AND RECOG NITION. OUR PROGRAMS INCLUDE YOUTH IN GOVERNMENT, LATE NIGHT EVENTS, EARTH SERVICE CORPS, AMERICORP AND FAMILY PRIME TIME, AN INTERGENERATIONAL GET TOGETHER. IN 2012, THE SOUTH SOU ND YMCA HAD 6,257 PERSONS PARTICIPATE IN ITS YOUTH PROGRAMS. COMMUNITY DEVELOPMENT. GOOD P LACES TO LIVE. THROUGH A CENTURY AND A HALF OF GROWTH, THE YMCA HAS CELEBRATED DIVERSITY. P EOPLE OF ALL KINDS COME TOGETHER AT THE YMCA. THEY REACH OUT, BRINGING OTHERS INTO AN ORGA NIZATION WHERE ALL FEEL COMFORTABLE. THE YMCA BECOMES A COMMUNITY IN ITSELF, ONE WHICH HEL PS BUILD CULTURAL AWARENESS AND MEANINGFUL, RESPECTFUL INTERACTION AMONG PEOPLE IN LOCAL N EIGHBORHOODS. LOOK FOR THE MERCHANT, THE TEACHER, THE COMPUTER PROGRAMMER, THE SALESMAN, T HE TRUCK DRIVER AND THE MAYOR ON THE EXERCISE MATS AT A 7 A M. WORKOUT. THEIR COOL-DOWN OF TEN INCLUDES SOME TALK ON HOT TOPICS IN TOWN. LOOK FOR THOSE SAME PEOPLE AT A YMCA BOARD M EETING, MAKING PLANS AND DECISIONS TOGETHER WITH A COMMON PURPOSE. STRENGTHENING THE COMMU NITY AND IMPROVING LIVES. COORDINATED SERVICE. THE YMCA IS A LEADER IN MEETING HEALTH AND S OCIAL SERVICE NEEDS. BUT YMCAS DON'T DO IT ALONE. COLLABORATION IS AT THE HEART OF THEIR CO MMUNITY DEVELOPMENT NETWORK. THE YMCA ACTS AS AN AGENT FOR CHANGE, EITHER CALLED IN TO HEL P OR ORIGINATING AN IDEA AND BUILDING SUPPORT FROM OTHER GROUPS GOVERNMENTAL AND PRIVATE, EDUCATIONAL AND SOCIAL SERVICE. THE MUTUAL DRIVE TO GET THINGS DONE IS MORE IMPORTANT THAN BATTLES OVER TURF OR DOLLARS. COMMUNITY SELF-RELIANCE. YMCAS BEGAN IN ENGLAND IN 1844, AND SEVEN YEARS LATER IN BOSTON, AS ASSOCIATES OF WHAT MIGHT BE CALLED TODAY BORN-AGAIN PROTE STANT YOUNG MEN WHO WERE ANXIOUS TO SAVE THE SOULS OF OTHER YOUNG MEN. THEY WERE WORRIED A BOUT THE TEMPTATIONS FACING THOSE NEWLY ARRIVED FROM FARMS TO WORK IN THE URBAN FACTORIES. BOSTON'S ORIGINAL YMCA CONSTITUTION DEDICATED THE ORGANIZATION TO WORK TO IMPROVE THE SPIR ITUAL AND MENTAL CONDITION OF YOUNG MEN. AS THE YEARS PASSED, THE ORGANIZATION ADDED A SOC IAL MISSION TO ITS ORIGINAL RELIGIOUS PURPOSE. REA

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	PART III	CHING OUT TO THOSE NOT YET SAVED, THE YMCA ESTABLISHED A HABIT EARLY OF OPENING ITS DOORS WIDE. TODAY ITS EVANGELIZING IS GONE, BUT THE YMCAS INCLUSIVENESS HAS BECOME EVEN MORE DIS TINCTIVE. THE YMCA SERVES ALL PEOPLE REGARDLESS OF AGE, GENDER, RELIGION, INCOME OR ABILIT Y. IT KNOWS DIVERSITY IS A SOURCE OF STRENGTH. YMCA COMMUNITY DEVELOPMENT EMPOWERS PEOPLE OF ALL BACKGROUNDS TO TAKE AN ACTIVE PART IN ISSUES THAT AFFECT THEIR LIVES, TO LOOK BEYON D SYMPTOMS AND FIND ROOT CAUSES, AND TO CREATE LASTING SOLUTIONS TOGETHER. THATS COMMUNITY SELF-RELIANCE.