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Form 990 Department of the Treasury Internal Revenue Service	Return of Organization Exempt From Income Tax Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)	OMB No 1545-0047 2012
	The organization may have to use a copy of this return to satisfy state reporting requirements	Open to Public Inspection

A For the 2012 calendar year, or tax year beginning 01-01-2012 , 2012, and ending 12-31-2012

B Check if applicable ☐ Address change ☐ Name change ☐ Initial return ☐ Terminated ☐ Amended return ☐ Application pending	C Name of organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA		D Employer identification number 56-0530015	
	Doing Business As YMCA OF NORTHWEST NORTH CAROLINA			
	Number and street (or P O box if mail is not delivered to street address) 301 N Main St	Room/suite	E Telephone number (336) 777-6232	
	City or town, state or country, and ZIP + 4 Winston Salem, NC 271013890		G Gross receipts \$ 31,327,784	
	F Name and address of principal officer CURTIS HAZELBAKER 301 N Main St Winston Salem, NC 271013890		H(a) Is this a group return for affiliates? ☐ Yes ☒ No H(b) Are all affiliates included? ☐ Yes ☐ No If "No," attach a list (see instructions) H(c) Group exemption number ▶	
I Tax-exempt status ☒ 501(c)(3) ☐ 501(c) () ◀(Insert no) ☐ 4947(a)(1) or ☐ 527				
J Website: ▶ WWW.YMCANWNC.ORG				
K Form of organization ☒ Corporation ☐ Trust ☐ Association ☐ Other ▶			L Year of formation 1888	M State of legal domicile NC

Part I	Summary
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Activities & Governance	1 Briefly describe the organization's mission or most significant activities HELPING PEOPLE REACH THEIR GOD-GIVEN POTENTIAL IN SPIRIT, MIND AND BODY THE Y STRIVES TO STRENGTHEN THE FOUNDATIONS OF THE COMMUNITES WE SERVE THROUGH PROGRAMS AND SERVICES THAT PROMOTE YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY FOR ALL SEE SCHEDULE O FOR DETAILS		
	2 Check this box ☐ if the organization discontinued its operations or disposed of more than 25% of its net assets		
	3 Number of voting members of the governing body (Part VI, line 1a)	3	55
	4 Number of independent voting members of the governing body (Part VI, line 1b)	4	54
	5 Total number of individuals employed in calendar year 2012 (Part V, line 2a)	5	2,346
6 Total number of volunteers (estimate if necessary)	6	3,781	
7a Total unrelated business revenue from Part VIII, column (C), line 12	7a	0	
b Net unrelated business taxable income from Form 990-T, line 34	7b	0	
Revenue	8 Contributions and grants (Part VIII, line 1h)	Prior Year	Current Year
	9 Program service revenue (Part VIII, line 2g)	4,233,967	4,012,406
	10 Investment income (Part VIII, column (A), lines 3, 4, and 7d)	23,148,848	26,630,713
	11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	-43,225	18,938
	12 Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line 12)	231,023	216,521
	12 Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line 12)	27,570,613	30,878,578
Expenses	13 Grants and similar amounts paid (Part IX, column (A), lines 1–3)	1,611,358	2,058,401
	14 Benefits paid to or for members (Part IX, column (A), line 4)	0	0
	15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5–10)	13,849,151	15,625,017
	16a Professional fundraising fees (Part IX, column (A), line 11e)	0	0
	b Total fundraising expenses (Part IX, column (D), line 25) ☒ 655,899		
	17 Other expenses (Part IX, column (A), lines 11a–11d, 11f–24e)	12,601,093	13,651,883
	18 Total expenses Add lines 13–17 (must equal Part IX, column (A), line 25)	28,061,602	31,335,301
	19 Revenue less expenses Subtract line 18 from line 12	-490,989	-456,723
	Net Assets or Fund Balances		Beginning of Current Year
20 Total assets (Part X, line 16)		42,266,643	48,557,981
21 Total liabilities (Part X, line 26)		15,048,088	15,709,822
22 Net assets or fund balances Subtract line 21 from line 20		27,218,555	32,848,159

Part II	Signature Block
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Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here	Signature of officer			2013-05-01	
	CURTIS HAZELBAKER PRESIDENT & CEO			Date	
Paid Preparer Use Only	Print/Type preparer's name David Vogler		Preparer's signature		Date
	Check ☐ if self-employed			PTIN P00187735	
	Firm's name ▶ DIXON HUGHES GOODMAN LLP			Firm's EIN ▶ 56-0747981	
	Firm's address ▶ ONE WEST FOURTH STREET SUITE 700 WINSTON SALEM, NC 27101			Phone no (336) 714-8100	

May the IRS discuss this return with the preparer shown above? (see instructions) ☒ Yes ☐ No

Part III

Statement of Program Service Accomplishments

Check if Schedule O contains a response to any question in this Part III

☐

1

Briefly describe the organization's mission

HELPING PEOPLE REACH THEIR GOD-GIVEN POTENTIAL IN SPIRIT, MIND AND BODY THE Y STRIVES TO STRENGTHEN THE FOUNDATIONS OF THE COMMUNITIES WE SERVE THROUGH PROGRAMS AND SERVICES THAT PROMOTE YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY FOR ALL SEE SCHEDULE O FOR VALUES AND OTHER PERTINENT INFORMATION

2

Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ?

☐ Yes ☒ No

If "Yes," describe these new services on Schedule O

3

Did the organization cease conducting, or make significant changes in how it conducts, any program services?

☐ Yes ☒ No

If "Yes," describe these changes on Schedule O

4

Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported

4a

(Code) (Expenses \$ 17,466,727 including grants of \$ 1,214,552) (Revenue \$ 19,879,394)

HEALTHY LIVING-THE Y IS A LEADING VOICE ON HEALTH AND WELL-BEING WE BRING FAMILIES CLOSER TOGETHER, ENCOURAGE GOOD HEALTH, AND FOSTER CONNECTIONS THROUGH FITNESS, SPORTS, FUN, AND SHARED INTERESTS AS A RESULT, 143,949 PEOPLE IN OUR COMMUNITY RECEIVED THE SUPPORT, GUIDANCE, AND RESOURCES THEY NEED TO ACHIEVE GREATER HEALTH IN SPIRIT, MIND, AND BODY, WHICH IS PARTICULARLY IMPORTANT AS OUR NATION STRUGGLES WITH AN OBESITY CRISIS AND INCREASINGLY HIGH RATES OF PREVENTABLE DISEASES, FAMILIES STRUGGLE WITH WORK/LIFE BALANCE, AND INDIVIDUALS SEARCH FOR PERSONAL FULFILLMENT THE Y IS A PLACE FOR PEOPLE OF ALL AGES TO PURSUE WELLNESS GOALS, WHETHER IT IS YOUNG CHILDREN LEARNING LIFELONG HEALTHY HABITS, ADULTS WORKING TO PREVENT CHRONIC DISEASE THROUGH EXERCISE AND NUTRITION, OR SENIORS MAINTAINING A HIGH QUALITY OF LIFE THROUGH PHYSICAL ACTIVITY AND FRIENDSHIP OUR PROGRAMS ARE ACCESSIBLE, AFFORDABLE, AND OPEN TO ALL FAITHS, BACKGROUNDS, ABILITIES, AND INCOME LEVELS IN 2012, WE PROVIDED \$1,999,751 IN FINANCIAL ASSISTANCE TO PEOPLE WHO OTHERWISE WOULD HAVE FACED ECONOMIC BARRIERS TO PARTICIPATION FOR ADDITIONAL DETAILS, SEE SCHEDULE O

4b

(Code) (Expenses \$ 9,708,494 including grants of \$ 790,275) (Revenue \$ 6,127,957)

YOUTH DEVELOPMENT - OUR YMCA IS COMMITTED TO NURTURING THE POTENTIAL OF EVERY CHILD AND TEEN WE BELIEVE THAT ALL KIDS DESERVE THE OPPORTUNITY TO DISCOVER WHO THEY ARE AND WHAT THEY CAN ACHIEVE THAT'S WHY WE HELP YOUNG PEOPLE CULTIVATE THE VALUES, SKILLS, AND RELATIONSHIPS THAT LEAD TO POSITIVE BEHAVIORS, BETTER HEALTH, AND EDUCATIONAL ACHIEVEMENT OUR YMCA PROGRAMS (SUCH AS CHILD CARE, CAMPING, YOUTH SPORTS, YOUTH AND GOVERNMENT, GRADUATE OUR FUTURE, AQUATICS AND WATER SAFETY, AND BLACK AND LATINO ACHIEVERS) OFFER A RANGE OF EXPERIENCES THAT ENRICH COGNITIVE, SOCIAL, PHYSICAL, AND EMOTIONAL GROWTH EXPENSES INCLUDE SUBSIDIES AND DIRECT FINANCIAL ASSISTANCE THAT MAKE PARTICIPATION POSSIBLE FOR MANY OF THE YOUNG PEOPLE WE ENGAGE FOR ADDITIONAL DETAILS REGARDING THESE CRITICAL PROGRAMS AND THEIR IMPACT, SEE SCHEDULE O

4c

(Code) (Expenses \$ 673,362 including grants of \$ 53,574) (Revenue \$ 623,362)

SOCIAL RESPONSIBILITY - OUR YMCA BELIEVES IN GIVING BACK AND SUPPORTING OUR NEIGHBORS WE HAVE BEEN LISTENING AND RESPONDING TO OUR COMMUNITY'S MOST CRITICAL SOCIAL NEEDS FOR MORE THAN 120 YEARS Y PROGRAMS, SUCH AS OUR LITERACY INITIATIVE, ENGLISH AS A SECOND LANGUAGE, PIONEERING HEALTHIER COMMUNITIES, OUTDOOR EDUCATION, AND PARTNERSHIPS WITH UNDER-SERVED COMMUNITIES ARE EXAMPLES OF HOW WE DELIVER TRAINING, RESOURCES, AND SUPPORT THAT EMPOWER OUR NEIGHBORS TO EFFECT CHANGE, BRIDGE GAPS, AND OVERCOME OBSTACLES IN 2012, WE ENGAGED OVER 10,000 YMCA MEMBERS, PARTICIPANTS, AND VOLUNTEERS IN ACTIVITIES THAT STRENGTHEN OUR COMMUNITY AND PAVE THE WAY FOR FUTURE GENERATIONS TO THRIVE FOR ADDITIONAL DETAILS REGARDING THESE CRITICAL PROGRAMS AND THEIR IMPACT, SEE SCHEDULE O

4d

Other program services (Describe in Schedule O)

(Expenses \$ including grants of \$) (Revenue \$)

4e

Total program service expenses

27,848,583

Part IV Checklist of Required Schedules

	Yes	No
1 Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A 	1 Yes	
2 Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)? 	2 Yes	
3 Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3	No
4 Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II 	4 Yes	
5 Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5	
6 Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6	No
7 Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7	No
8 Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8	No
9 Did the organization report an amount in Part X, line 21 for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9	No
10 Did the organization, directly or through a related organization, hold assets in temporarily restricted endowments, permanent endowments, or quasi-endowments? If "Yes," complete Schedule D, Part V 	10 Yes	
11 If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X as applicable		
a Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI. 	11a Yes	
b Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b	No
c Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c	No
d Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d	No
e Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X 	11e Yes	
f Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X 	11f Yes	
12a Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII 	12a Yes	
b Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b	No
13 Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13	No
14a Did the organization maintain an office, employees, or agents outside of the United States?	14a	No
b Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV	14b	No
15 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or assistance to any organization or entity located outside the United States? If "Yes," complete Schedule F, Parts II and IV 	15 Yes	
16 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or assistance to individuals located outside the United States? If "Yes," complete Schedule F, Parts III and IV	16	No
17 Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I (see instructions)	17	No
18 Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II 	18 Yes	
19 Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III	19	No
20a Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a	No
b If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b	

Part IV

Checklist of Required Schedules (continued)

21	Did the organization report more than \$5,000 of grants and other assistance to any government or organization in the United States on Part IX, column (A), line 1? <i>If "Yes," complete Schedule I, Parts I and II</i>	21	Yes	
22	Did the organization report more than \$5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? <i>If "Yes," complete Schedule I, Parts I and III</i>	22	Yes	
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If "Yes," complete Schedule J</i>	23	Yes	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? <i>If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25</i>	24a		No
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25a	Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? <i>If "Yes," complete Schedule L, Part I</i>	25a		No
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? <i>If "Yes," complete Schedule L, Part I</i>	25b		No
26	Was a loan to or by a current or former officer, director, trustee, key employee, highest compensated employee, or disqualified person outstanding as of the end of the organization's tax year? <i>If "Yes," complete Schedule L, Part II</i>	26		No
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity or family member of any of these persons? <i>If "Yes," complete Schedule L, Part III</i>	27		No
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions)			
a	A current or former officer, director, trustee, or key employee? <i>If "Yes," complete Schedule L, Part IV</i>	28a		No
b	A family member of a current or former officer, director, trustee, or key employee? <i>If "Yes," complete Schedule L, Part IV</i>	28b		No
c	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? <i>If "Yes," complete Schedule L, Part IV</i>	28c	Yes	
29	Did the organization receive more than \$25,000 in non-cash contributions? <i>If "Yes," complete Schedule M</i>	29		No
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>	30		No
31	Did the organization liquidate, terminate, or dissolve and cease operations? <i>If "Yes," complete Schedule N, Part I</i>	31		No
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? <i>If "Yes," complete Schedule N, Part II</i>	32		No
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I</i>	33		No
34	Was the organization related to any tax-exempt or taxable entity? <i>If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1</i>	34		No
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		No
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? <i>If "Yes," complete Schedule R, Part V, line 2</i>	35b		No
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? <i>If "Yes," complete Schedule R, Part V, line 2</i>	36		No
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? <i>If "Yes," complete Schedule R, Part VI</i>	37		No
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? Note. All Form 990 filers are required to complete Schedule O	38	Yes	

Part V

Statements Regarding Other IRS Filings and Tax Compliance

Check if Schedule O contains a response to any question in this Part V

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		Yes	No
1a	Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable.	79	
1b	Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable.	0	
c Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?		1c	Yes
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return.	2a	2,346
b If at least one is reported on line 2a, did the organization file all required federal employment tax returns? Note. If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions).		2b	Yes
3a Did the organization have unrelated business gross income of \$1,000 or more during the year?		3a	No
b If "Yes," has it filed a Form 990-T for this year? If "No," provide an explanation in Schedule O.		3b	
4a At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?		4a	No
b If "Yes," enter the name of the foreign country: See instructions for filing requirements for Form TD F 90-22.1, Report of Foreign Bank and Financial Accounts.			
5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?		5a	No
b Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?		5b	No
c If "Yes," to line 5a or 5b, did the organization file Form 8886-T?		5c	
6a Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions?		6a	No
b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?		6b	
7 Organizations that may receive deductible contributions under section 170(c).			
a Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?		7a	Yes
b If "Yes," did the organization notify the donor of the value of the goods or services provided?		7b	Yes
c Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?		7c	No
d If "Yes," indicate the number of Forms 8282 filed during the year.		7d	
e Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?		7e	No
f Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?		7f	No
g If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?		7g	
h If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?		7h	
8 Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting organizations. Did the supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess business holdings at any time during the year?		8	
9 Sponsoring organizations maintaining donor advised funds.			
a Did the organization make any taxable distributions under section 4966?		9a	
b Did the organization make a distribution to a donor, donor advisor, or related person?		9b	
10 Section 501(c)(7) organizations. Enter			
a Initiation fees and capital contributions included on Part VIII, line 12.		10a	
b Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities.		10b	
11 Section 501(c)(12) organizations. Enter			
a Gross income from members or shareholders.		11a	
b Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them).		11b	
12a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?		12a	
b If "Yes," enter the amount of tax-exempt interest received or accrued during the year.		12b	
13 Section 501(c)(29) qualified nonprofit health insurance issuers.			
a Is the organization licensed to issue qualified health plans in more than one state? Note. See the instructions for additional information the organization must report on Schedule O.		13a	
b Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans.		13b	
c Enter the amount of reserves on hand.		13c	
14a Did the organization receive any payments for indoor tanning services during the tax year?		14a	No
b If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O.		14b	

Part VI

Governance, Management, and Disclosure

For each "Yes" response to lines 2 through 7b below, and for a "No" response to lines 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.

Check if Schedule O contains a response to any question in this Part VI

Section A. Governing Body and Management

		Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year	55	
If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain in Schedule O			
1b	Enter the number of voting members included in line 1a, above, who are independent	54	
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?	2	No
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors or trustees, or key employees to a management company or other person?	3	No
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4	Yes
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5	No
6	Did the organization have members or stockholders?	6	Yes
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	7a	Yes
7b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?	7b	No
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following		
8a	The governing body?	8a	Yes
8b	Each committee with authority to act on behalf of the governing body?	8b	Yes
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses in Schedule O	9	No

Section B. Policies

(This Section B requests information about policies not required by the Internal Revenue Code.)

		Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	10a	Yes
10b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	10b	Yes
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	Yes
11b Describe in Schedule O the process, if any, used by the organization to review this Form 990			
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a	Yes
12b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	Yes
12c	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe in Schedule O how this was done	12c	Yes
13	Did the organization have a written whistleblower policy?	13	Yes
14	Did the organization have a written document retention and destruction policy?	14	Yes
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?		
15a	The organization's CEO, Executive Director, or top management official	15a	Yes
15b	Other officers or key employees of the organization	15b	Yes
If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions)			
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?	16a	No
16b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?	16b	

Section C. Disclosure

17	List the States with which a copy of this Form 990 is required to be filed
18	Section 6104 requires an organization to make its Form 1023 (or 1024 if applicable), 990, and 990-T (501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply. ☐ Own website ☐ Another's website ☒ Upon request ☐ Other (explain in Schedule O)
19	Describe in Schedule O whether (and if so, how), the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year
20	State the name, physical address, and telephone number of the person who possesses the books and records of the organization YMCA of Northwest North Carolina 301 N Main St Ste 1900 Winston Salem, NC (336) 777-6232

Check if Schedule O contains a response to any question in this Part VII ☐

1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.

- List all of the organization's **current** key employees, if any See instructions for definition of "key employee "

- List the organization's five **current** highest compensated employees (other than an officer, director, trustee or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations

- List all of the organization's **former** officers, key employees, or highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations

- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations

List persons in the following order: individual trustees or directors; institutional trustees; officers; key employees; highest compensated employees; and former such persons

☐ Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee

[illegible]

Part VII

1b	Sub-Total			
c	Total from continuation sheets to Part VII, Section A			
d	Total (add lines 1b and 1c)	685,079	0	114,111

2 Total number of individuals (including but not limited to those listed above) who received more than \$100,000 of reportable compensation from the organization: 5

		Yes	No
3	Did the organization list any former officer, director or trustee, key employee, or highest compensated employee on line 1a? <i>If "Yes," complete Schedule J for such individual</i>	3	No
4	For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? <i>If "Yes," complete Schedule J for such individual</i>	4	Yes
5	Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? <i>If "Yes," complete Schedule J for such person</i>	5	No

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization. Report compensation for the calendar year ending with or within the organization's tax year.

(A) Name and business address	(B) Description of services	(C) Compensation
BUDD GROUP PO BOX 890856 CHARLOTTE NC 28289	JANITORIAL & LANDSCAPING SERVICES	991,541
WINSTON SALEM FORSYTH COUNTY SCHOOLS PO BOX 2513 WINSTON SALEM NC 27102	TUTORS FOR GRADUATE OUR FUTURE PROGRAM	543,045
IL LONG CONSTRUCTION CO INC 4117 INDIANA AVENUE WINSTON SALEM NC 27115	CONSTRUCTION SERVICES	447,392
AQUATIC RESOURCE GROUP LLC 8334 PINEVILLE MATTHEWS RD 103-156 CHARLOTTE NC 28226	CONSTRUCTION SERVICES	366,586
DAXKO 600 UNIVERSITY PARK PLACE BIRMINGHAM AL 35209	OPERATIONS & ACCTG SOFTWARE AS A SERVICE	249,624
2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 of compensation from the organization ▶11		

Part VIII

Statement of Revenue

Check if Schedule O contains a response to any question in this Part VIII

				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512, 513, or 514
Contributions, Gifts, Grants and Other Similar Amounts	1a	Federated campaigns . . .	1a	1,425,852			
	b	Membership dues	1b				
	c	Fundraising events	1c	44,595			
	d	Related organizations	1d				
	e	Government grants (contributions)	1e	587,689			
	f	All other contributions, gifts, grants, and similar amounts not included above	1f	1,954,270			
	g	Noncash contributions included in lines 1a-1f \$		22,496			
	h	Total. Add lines 1a-1f					
Program Service Revenue			Business Code				
	2a	HEALTHY LIVING	900099	19,879,394	19,879,394		
	b	YOUTH DEVELOPMENT	900099	6,127,957	6,127,957		
	c	SOCIAL RESPONSIBILITY	900099	623,362	623,362		
	d			0			
	e			0			
	f	All other program service revenue		0	0	0	0
	g	Total. Add lines 2a-2f			26,630,713		
Other Revenue	3	Investment income (including dividends, interest, and other similar amounts)		67,422			67,422
	4	Income from investment of tax-exempt bond proceeds . . .		0			
	5	Royalties		0			
	6a	(i) Real		(ii) Personal			
	b	Less rental expenses					
	c	Rental income or (loss)		0	0		
	d	Net rental income or (loss)			0		
	7a	(i) Securities		(ii) Other			
	b	Less cost or other basis and sales expenses		105,975	51,109		
	c	Gain or (loss)		2,025	-50,509		
	d	Net gain or (loss)			-48,484		-48,484
	8a	Gross income from fundraising events (not including \$ 44,595 of contributions reported on line 1c) See Part IV, line 18			165,158		165,158
	a			417,916			
	b	Less direct expenses		252,758			
	c	Net income or (loss) from fundraising events . . .					
	9a	Gross income from gaming activities See Part IV, line 19			0		
a							
b	Less direct expenses						
c	Net income or (loss) from gaming activities . . .						
10a	Gross sales of inventory, less returns and allowances			51,363		51,363	
a			90,727				
b	Less cost of goods sold		39,364				
c	Net income or (loss) from sales of inventory . . .						
Miscellaneous Revenue		Business Code					
11a				0			
b				0			
c	0			0			
d	All other revenue			0	0	0	0
e	Total. Add lines 11a-11d			0			
12	Total revenue. See Instructions			30,878,578	26,630,713	0	235,459

Part IX

Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response to any question in this Part IX

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.		(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to governments and organizations in the United States. See Part IV, line 21.	8,650	8,650		
2	Grants and other assistance to individuals in the United States. See Part IV, line 22.	2,017,751	2,017,751		
3	Grants and other assistance to governments, organizations, and individuals outside the United States. See Part IV, lines 15 and 16.	32,000	32,000		
4	Benefits paid to or for members.	0	0		
5	Compensation of current officers, directors, trustees, and key employees.	342,614	31,887	224,722	86,005
6	Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B).	0	0	0	0
7	Other salaries and wages.	12,489,517	10,932,242	1,304,151	253,124
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions).	778,265	605,529	144,296	28,440
9	Other employee benefits.	844,616	682,989	139,879	21,748
10	Payroll taxes.	1,170,005	1,019,822	126,041	24,142
11	Fees for services (non-employees):				
a	Management.	0	0	0	0
b	Legal.	9,541	1,716	7,825	0
c	Accounting.	58,384		58,384	0
d	Lobbying.	4,562	4,562	0	0
e	Professional fundraising services. See Part IV, line 17.	0			0
f	Investment management fees.	16,652			16,652
g	Other (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Schedule O).	1,269,179	878,563	390,221	395
12	Advertising and promotion.	533,076	454,801	0	78,275
13	Office expenses.	1,971,401	1,789,367	103,871	78,163
14	Information technology.	358,974	228,374	111,841	18,759
15	Royalties.	0	0	0	0
16	Occupancy.	5,861,056	5,761,928	90,590	8,538
17	Travel.	321,909	266,527	45,857	9,525
18	Payments of travel or entertainment expenses for any federal, state, or local public officials.	0			
19	Conferences, conventions, and meetings.	125,144	79,528	32,738	12,878
20	Interest.	473,794	463,252	86	10,456
21	Payments to affiliates.	280,362	269,605	10,757	0
22	Depreciation, depletion, and amortization.	2,203,956	2,186,890	13,968	3,098
23	Insurance.	120,889	108,715	11,449	725
24	Other expenses. Itemize expenses not covered above (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O):				
a	DUES	35,869	18,854	14,143	2,872
b	VOLUNTEER RECOGNITION	2,821	717	0	2,104
c	RECRUITMENT	4,314	4,314	0	0
d					
e	All other expenses	0	0	0	0
25	Total functional expenses. Add lines 1 through 24e.	31,335,301	27,848,583	2,830,819	655,899
26	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here ☐ if following SOP 98-2 (ASC 958-720).	0			

Part X

Balance Sheet

Check if Schedule O contains a response to any question in this Part X

				(A)		(B)
				Beginning of year		End of year
Assets	1	Cash—non-interest-bearing		6,825	1	34,751
	2	Savings and temporary cash investments		4,720,991	2	5,281,073
	3	Pledges and grants receivable, net		1,143,027	3	899,070
	4	Accounts receivable, net		839,643	4	717,279
	5	Loans and other receivables from current and former officers, directors, trustees, key employees, and highest compensated employees Complete Part II of Schedule L			5	0
	6	Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), persons described in section 4958(c)(3)(B), and contributing employers and sponsoring organizations of section 501(c)(9) voluntary employees' beneficiary organizations (see instructions) Complete Part II of Schedule L			6	0
	7	Notes and loans receivable, net		0	7	0
	8	Inventories for sale or use			8	
	9	Prepaid expenses and deferred charges		311,126	9	469,483
	10a	Land, buildings, and equipment cost or other basis Complete Part VI of Schedule D	10a68,940,217			
	b	Less accumulated depreciation	10b29,664,052	33,520,706	10c	39,276,165
	11	Investments—publicly traded securities		1,597,697	11	1,768,003
	12	Investments—other securities See Part IV, line 11		0	12	0
	13	Investments—program-related See Part IV, line 11		0	13	0
	14	Intangible assets			14	
	15	Other assets See Part IV, line 11		126,628	15	112,157
	16	Total assets. Add lines 1 through 15 (must equal line 34)		42,266,643	16	48,557,981
Liabilities	17	Accounts payable and accrued expenses		1,274,308	17	1,142,678
	18	Grants payable			18	
	19	Deferred revenue		841,260	19	961,610
	20	Tax-exempt bond liabilities		9,650,000	20	9,000,000
	21	Escrow or custodial account liability Complete Part IV of Schedule D			21	
	22	Loans and other payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons Complete Part II of Schedule L			22	0
	23	Secured mortgages and notes payable to unrelated third parties		300,000	23	1,542,448
	24	Unsecured notes and loans payable to unrelated third parties		1,450,000	24	1,675,084
	25	Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24) Complete Part X of Schedule D		1,532,520	25	1,388,002
	26	Total liabilities. Add lines 17 through 25		15,048,088	26	15,709,822
Net Assets or Fund Balances	Organizations that follow SFAS 117 (ASC 958), check here ☒ and complete lines 27 through 29, and lines 33 and 34.					
	27	Unrestricted net assets		25,634,544	27	30,493,834
	28	Temporarily restricted net assets		502,773	28	1,239,811
	29	Permanently restricted net assets		1,081,238	29	1,114,514
	Organizations that do not follow SFAS 117 (ASC 958), check here ☐ and complete lines 30 through 34.					
	30	Capital stock or trust principal, or current funds			30	
	31	Paid-in or capital surplus, or land, building or equipment fund			31	
	32	Retained earnings, endowment, accumulated income, or other funds			32	
	33	Total net assets or fund balances		27,218,555	33	32,848,159
	34	Total liabilities and net assets/fund balances		42,266,643	34	48,557,981

Part XI

Reconciliation of Net Assets

Check if Schedule O contains a response to any question in this Part XI

☒

1	Total revenue (must equal Part VIII, column (A), line 12)	1	30,878,578
2	Total expenses (must equal Part IX, column (A), line 25)	2	31,335,301
3	Revenue less expenses Subtract line 2 from line 1	3	-456,723
4	Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))	4	27,218,555
5	Net unrealized gains (losses) on investments	5	163,932
6	Donated services and use of facilities	6	
7	Investment expenses	7	
8	Prior period adjustments	8	
9	Other changes in net assets or fund balances (explain in Schedule O)	9	5,922,395
10	Net assets or fund balances at end of year Combine lines 3 through 9 (must equal Part X, line 33, column (B))	10	32,848,159

Part XII

Financial Statements and Reporting

Check if Schedule O contains a response to any question in this Part XII

☐

		Yes	No
1	Accounting method used to prepare the Form 990 ☐ Cash ☒ Accrual ☐ Other _____ If the organization changed its method of accounting from a prior year or checked "Other," explain in Schedule O		
2a	Were the organization's financial statements compiled or reviewed by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed on a separate basis, consolidated basis, or both ☐ Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis	2a	No
b	Were the organization's financial statements audited by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both ☐ Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis	2b	Yes
c	If "Yes," to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant? If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O	2c	Yes
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	3a	Yes
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why in Schedule O and describe any steps taken to undergo such audits	3b	Yes

SCHEDULE A
(Form 990 or 990EZ)

Department of the Treasury
Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

► Attach to Form 990 or Form 990-EZ. ► See separate instructions.

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA	Employer identification number 56-0530015
---	--

Part I

Reason for Public Charity Status (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is (For lines 1 through 11, check only one box)

- 1

☐

A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**
- 2

☐

A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E)
- 3

☐

A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**
- 4

☐

A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state _____
- 5

☐

An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II)
- 6

☐

A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**
- 7

☒

An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II)
- 8

☐

A community trust described in **section 170(b)(1)(A)(vi)** (Complete Part II)
- 9

☐

An organization that normally receives (1) more than 33¹/₃% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33¹/₃% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See **section 509(a)(2).** (Complete Part III)
- 10

☐

An organization organized and operated exclusively to test for public safety See **section 509(a)(4).**
- 11

☐

An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2) See **section 509(a)(3).** Check the box that describes the type of supporting organization and complete lines 11e through 11h

a

☐

Type I

b

☐

Type II

c

☐

Type III - Functionally integrated

d

☐

Type III - Non-functionally integrated
- e

☐

By checking this box, I certify that the organization is not controlled directly or indirectly by one or more disqualified persons other than foundation managers and other than one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2)
- f

☐

If the organization received a written determination from the IRS that it is a Type I, Type II, or Type III supporting organization, check this box
- g

☐

Since August 17, 2006, has the organization accepted any gift or contribution from any of the following persons?

(i)

A person who directly or indirectly controls, either alone or together with persons described in (ii) and (iii) below, the governing body of the supported organization?

(ii)

A family member of a person described in (i) above?

(iii)

A 35% controlled entity of a person described in (i) or (ii) above?

h

☐

Provide the following information about the supported organization(s)
- | | Yes | No |
|----------|-----|----|
| 11g(i) | | |
| 11g(ii) | | |
| 11g(iii) | | |
- | (i) Name of supported organization | (ii) EIN | (iii) Type of organization (described on lines 1- 9 above or IRC section (see instructions)) | (iv) Is the organization in col (i) listed in your governing document? | | (v) Did you notify the organization in col (i) of your support? | | (vi) Is the organization in col (i) organized in the U S ? | | (vii) Amount of monetary support |
|------------------------------------|----------|--|--|----|---|----|--|----|----------------------------------|
| | | | Yes | No | Yes | No | Yes | No | |
| | | | | | | | | | |
| | | | | | | | | | |
| Total | | | | | | | | | |
- For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990EZ.

Cat No 11285F

Schedule A (Form 990 or 990-EZ) 2012

Part II

Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)
(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support						
Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
1 Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants.")	4,472,536	5,950,501	3,866,479	4,233,967	4,012,406	22,535,889
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						0
3 The value of services or facilities furnished by a governmental unit to the organization without charge						0
4 Total. Add lines 1 through 3	4,472,536	5,950,501	3,866,479	4,233,967	4,012,406	22,535,889
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						568,316
6 Public support. Subtract line 5 from line 4						21,967,573

Section B. Total Support						
Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
7 Amounts from line 4	4,472,536	5,950,501	3,866,479	4,233,967	4,012,406	22,535,889
8 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources	111,213	86,832	56,515	80,981	67,422	402,963
9 Net income from unrelated business activities, whether or not the business is regularly carried on						0
10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV.)						0
11 Total support (Add lines 7 through 10)						22,938,852
12 Gross receipts from related activities, etc. (see instructions)					12	23,482,684
13 First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a 501(c)(3) organization, check this box and stop here						

Section C. Computation of Public Support Percentage						
14	Public support percentage for 2012 (line 6, column (f) divided by line 11, column (f))	<table><tr><td>14</td><td>95 760 %</td></tr><tr><td>15</td><td>94 350 %</td></tr></table>	14	95 760 %	15	94 350 %
14	95 760 %					
15	94 350 %					
15	Public support percentage for 2011 Schedule A, Part II, line 14					
16a	33 1/3% support test—2012. If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization	☐				
b	33 1/3% support test—2011. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization	☐				
17a	10%-facts-and-circumstances test—2012. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here. Explain in Part IV how the organization meets the "facts-and-circumstances" test The organization qualifies as a publicly supported organization	☐				
b	10%-facts-and-circumstances test—2011. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and stop here. Explain in Part IV how the organization meets the "facts-and-circumstances" test The organization qualifies as a publicly supported organization	☐				
18	Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions	☐				

Part IIISupport Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 9 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support						
Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
1 Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants.")						
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 The value of services or facilities furnished by a governmental unit to the organization without charge						
6 Total. Add lines 1 through 5						
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
c Add lines 7a and 7b						
8 Public support (Subtract line 7c from line 6.)						

Section B. Total Support						
Calendar year (or fiscal year beginning in) ▶	(a) 2008	(b) 2009	(c) 2010	(d) 2011	(e) 2012	(f) Total
9 Amounts from line 6						
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources						
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
c Add lines 10a and 10b						
11 Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						
12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV.)						
13 Total support. (Add lines 9, 10c, 11, and 12.)						
14 First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a 501(c)(3) organization, check this box and stop here ▶						

Section C. Computation of Public Support Percentage			
15 Public support percentage for 2012 (line 8, column (f) divided by line 13, column (f))	15		
16 Public support percentage from 2011 Schedule A, Part III, line 15	16		

Section D. Computation of Investment Income Percentage			
17 Investment income percentage for 2012 (line 10c, column (f) divided by line 13, column (f))	17		
18 Investment income percentage from 2011 Schedule A, Part III, line 17	18		
19a 33 1/3% support tests—2012. If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization ▶			
b 33 1/3% support tests—2011. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3% and line 18 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization ▶			
20 Private foundation. If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions ▶			

Part IV **Supplemental Information.** Complete this part to provide the explanations required by Part II, line 10; Part II, line 17a or 17b; and Part III, line 12. Also complete this part for any additional information. (See instructions).

Facts And Circumstances Test

Explanation
OTHER INCOME, SCHEDULE A, PART II, LINE 10, DESCRIPTION - , COLUMN A - , COLUMN B - , COLUMN C - , COLUMN D - , COLUMN E - , COLUMN F - 0,,

SCHEDULE C

(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Political Campaign and Lobbying Activities

For Organizations Exempt From Income Tax Under section 501(c) and section 527
▶ **Complete if the organization is described below. ▶ Attach to Form 990 or Form 990-EZ.**
▶ **See separate instructions.**

OMB No 1545-0047

2012

Open to Public
Inspection

If the organization answered “Yes” to Form 990, Part IV, Line 3, or Form 990-EZ, Part V, line 46 (Political Campaign Activities), then

- Section 501(c)(3) organizations Complete Parts I-A and B Do not complete Part I-C
- Section 501(c) (other than section 501(c)(3)) organizations Complete Parts I-A and C below Do not complete Part I-B
- Section 527 organizations Complete Part I-A only

If the organization answered “Yes” to Form 990, Part IV, Line 4, or Form 990-EZ, Part VI, line 47 (Lobbying Activities), then

- Section 501(c)(3) organizations that have filed Form 5768 (election under section 501(h)) Complete Part II-A Do not complete Part II-B
- Section 501(c)(3) organizations that have NOT filed Form 5768 (election under section 501(h)) Complete Part II-B Do not complete Part II-A

If the organization answered “Yes” to Form 990, Part IV, Line 5 (Proxy Tax) or Form 990-EZ, Part V, line 35c (Proxy Tax), then

- Section 501(c)(4), (5), or (6) organizations Complete Part III

Name of the organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA	Employer identification number 56-0530015
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Part I-A Complete if the organization is exempt under section 501(c) or is a section 527 organization.

1	Provide a description of the organization’s direct and indirect political campaign activities in Part IV	
2	Political expenditures	▶ \$
3	Volunteer hours	

Part I-B Complete if the organization is exempt under section 501(c)(3).

1	Enter the amount of any excise tax incurred by the organization under section 4955	▶ \$
2	Enter the amount of any excise tax incurred by organization managers under section 4955	▶ \$
3	If the organization incurred a section 4955 tax, did it file Form 4720 for this year?	☐ Yes ☐ No
4a	Was a correction made?	☐ Yes ☐ No
b	If “Yes,” describe in Part IV	

Part I-C Complete if the organization is exempt under section 501(c), except section 501(c)(3).

1	Enter the amount directly expended by the filing organization for section 527 exempt function activities	▶ \$
2	Enter the amount of the filing organization's funds contributed to other organizations for section 527 exempt function activities	▶ \$
3	Total exempt function expenditures Add lines 1 and 2 Enter here and on Form 1120-POL, line 17b	▶ \$
4	Did the filing organization file Form 1120-POL for this year?	☐ Yes ☐ No
5	Enter the names, addresses and employer identification number (EIN) of all section 527 political organizations to which the filing organization made payments For each organization listed, enter the amount paid from the filing organization's funds Also enter the amount of political contributions received that were promptly and directly delivered to a separate political organization, such as a separate segregated fund or a political action committee (PAC) If additional space is needed, provide information in Part IV	

(a) Name	(b) Address	(c) EIN	(d) Amount paid from filing organization's funds If none, enter -0-	(e) Amount of political contributions received and promptly and directly delivered to a separate political organization If none, enter -0-

Part II-A

Complete if the organization is exempt under section 501(c)(3) and filed Form 5768 (election under section 501(h)).

- A
- Check ☐ if the filing organization belongs to an affiliated group (and list in Part IV each affiliated group member's name, address, EIN, expenses, and share of excess lobbying expenditures)
- B
- Check ☐ if the filing organization checked box A and "limited control" provisions apply

Limits on Lobbying Expenditures (The term "expenditures" means amounts paid or incurred.)		(a) Filing organization's totals	(b) Affiliated group totals												
1a Total lobbying expenditures to influence public opinion (grass roots lobbying)															
b Total lobbying expenditures to influence a legislative body (direct lobbying)		4,562													
c Total lobbying expenditures (add lines 1a and 1b)		4,562	0												
d Other exempt purpose expenditures		31,330,739													
e Total exempt purpose expenditures (add lines 1c and 1d)		31,335,301	0												
f Lobbying nontaxable amount Enter the amount from the following table in both columns		1,000,000	0												
<table><tr><td>If the amount on line 1e, column (a) or (b) is:</td><td>The lobbying nontaxable amount is:</td></tr><tr><td>Not over \$500,000</td><td>20% of the amount on line 1e</td></tr><tr><td>Over \$500,000 but not over \$1,000,000</td><td>\$100,000 plus 15% of the excess over \$500,000</td></tr><tr><td>Over \$1,000,000 but not over \$1,500,000</td><td>\$175,000 plus 10% of the excess over \$1,000,000</td></tr><tr><td>Over \$1,500,000 but not over \$17,000,000</td><td>\$225,000 plus 5% of the excess over \$1,500,000</td></tr><tr><td>Over \$17,000,000</td><td>\$1,000,000</td></tr></table>		If the amount on line 1e, column (a) or (b) is:	The lobbying nontaxable amount is:	Not over \$500,000	20% of the amount on line 1e	Over \$500,000 but not over \$1,000,000	\$100,000 plus 15% of the excess over \$500,000	Over \$1,000,000 but not over \$1,500,000	\$175,000 plus 10% of the excess over \$1,000,000	Over \$1,500,000 but not over \$17,000,000	\$225,000 plus 5% of the excess over \$1,500,000	Over \$17,000,000	\$1,000,000		
If the amount on line 1e, column (a) or (b) is:	The lobbying nontaxable amount is:														
Not over \$500,000	20% of the amount on line 1e														
Over \$500,000 but not over \$1,000,000	\$100,000 plus 15% of the excess over \$500,000														
Over \$1,000,000 but not over \$1,500,000	\$175,000 plus 10% of the excess over \$1,000,000														
Over \$1,500,000 but not over \$17,000,000	\$225,000 plus 5% of the excess over \$1,500,000														
Over \$17,000,000	\$1,000,000														
g Grassroots nontaxable amount (enter 25% of line 1f)		250,000	0												
h Subtract line 1g from line 1a If zero or less, enter -0-															
i Subtract line 1f from line 1c If zero or less, enter -0-		0	0												
j If there is an amount other than zero on either line 1h or line 1i, did the organization file Form 4720 reporting section 4911 tax for this year?		☐ Yes ☐ No													

4-Year Averaging Period Under Section 501(h)
(Some organizations that made a section 501(h) election do not have to complete all of the five columns below. See the instructions for lines 2a through 2f on page 4.)

Lobbying Expenditures During 4-Year Averaging Period					
Calendar year (or fiscal year beginning in)	(a) 2009	(b) 2010	(c) 2011	(d) 2012	(e) Total
2a Lobbying nontaxable amount	1,000,000	1,000,000	1,000,000	1,000,000	4,000,000
b Lobbying ceiling amount (150% of line 2a, column(e))					6,000,000
c Total lobbying expenditures			5,054	4,562	9,616
d Grassroots nontaxable amount	250,000	250,000	250,000	250,000	1,000,000
e Grassroots ceiling amount (150% of line 2d, column (e))					1,500,000
f Grassroots lobbying expenditures				0	0

Part II-B

Complete if the organization is exempt under section 501(c)(3) and has NOT filed Form 5768 (election under section 501(h)).

For each "Yes" response to lines 1a through 1i below, provide in Part IV a detailed description of the lobbying activity.		(a)		(b)
		Yes	No	Amount
1	During the year, did the filing organization attempt to influence foreign, national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of			
a	Volunteers?			
b	Paid staff or management (include compensation in expenses reported on lines 1c through 1i)?			
c	Media advertisements?			
d	Mailings to members, legislators, or the public?			
e	Publications, or published or broadcast statements?			
f	Grants to other organizations for lobbying purposes?			
g	Direct contact with legislators, their staffs, government officials, or a legislative body?			
h	Rallies, demonstrations, seminars, conventions, speeches, lectures, or any similar means?			
i	Other activities?			
j	Total. Add lines 1c through 1i.			
2a	Did the activities in line 1 cause the organization to be not described in section 501(c)(3)?			
b	If "Yes," enter the amount of any tax incurred under section 4912.			
c	If "Yes," enter the amount of any tax incurred by organization managers under section 4912.			
d	If the filing organization incurred a section 4912 tax, did it file Form 4720 for this year?			

Part III-A

Complete if the organization is exempt under section 501(c)(4), section 501(c)(5), or section 501(c)(6).

		Yes	No
1	Were substantially all (90% or more) dues received nondeductible by members?	1	
2	Did the organization make only in-house lobbying expenditures of \$2,000 or less?	2	
3	Did the organization agree to carry over lobbying and political expenditures from the prior year?	3	

Part III-B

Complete if the organization is exempt under section 501(c)(4), section 501(c)(5), or section 501(c)(6) and if either (a) BOTH Part III-A, lines 1 and 2, are answered "No" OR (b) Part III-A, line 3, is answered "Yes."

1	Dues, assessments and similar amounts from members	1	
2	Section 162(e) nondeductible lobbying and political expenditures (do not include amounts of political expenses for which the section 527(f) tax was paid).		
a	Current year	2a	
b	Carryover from last year	2b	
c	Total	2c	
3	Aggregate amount reported in section 6033(e)(1)(A) notices of nondeductible section 162(e) dues	3	
4	If notices were sent and the amount on line 2c exceeds the amount on line 3, what portion of the excess does the organization agree to carryover to the reasonable estimate of nondeductible lobbying and political expenditure next year?	4	
5	Taxable amount of lobbying and political expenditures (see instructions)	5	

Part IV

Supplemental Information

Complete this part to provide the descriptions required for Part I-A, line 1, Part I-B, line 4, Part I-C, line 5, Part II-A (affiliated group list), Part II-A, line 2, and Part II-B, line 1. Also, complete this part for any additional information.

Identifier	Return Reference	Explanation
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SCHEDULE D
(Form 990)

Department of the Treasury
Internal Revenue Service

Supplemental Financial Statements

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization

YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA

Employer identification number

56-0530015

Part I

Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Complete if the organization answered "Yes" to Form 990, Part IV, line 6.

	(a) Donor advised funds	(b) Funds and other accounts
1	Total number at end of year	
2	Aggregate contributions to (during year)	
3	Aggregate grants from (during year)	
4	Aggregate value at end of year	
5	Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds are the organization's property, subject to the organization's exclusive legal control? ☐ Yes☐ No	
6	Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit? ☐ Yes☐ No	

Part II

Conservation Easements. Complete if the organization answered "Yes" to Form 990, Part IV, line 7.

1

Purpose(s) of conservation easements held by the organization (check all that apply)

☐ Preservation of land for public use (e g , recreation or education)☐ Preservation of an historically important land area☐ Protection of natural habitat☐ Preservation of a certified historic structure☐ Preservation of open space

2

Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year

	Held at the End of the Year
a	Total number of conservation easements
b	Total acreage restricted by conservation easements
c	Number of conservation easements on a certified historic structure included in (a)
d	Number of conservation easements included in (c) acquired after 8/17/06, and not on a historic structure listed in the National Register

3

Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the tax year ▶_____

4

Number of states where property subject to conservation easement is located ▶_____

5

Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds?

☐ Yes☐ No

6

Staff and volunteer hours devoted to monitoring, inspecting, and enforcing conservation easements during the year ▶_____

7

Amount of expenses incurred in monitoring, inspecting, and enforcing conservation easements during the year ▶\$ _____

8

Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(i) and section 170(h)(4)(B)(ii)?

☐ Yes☐ No

9

In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement, and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements

Part III

Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets. Complete if the organization answered "Yes" to Form 990, Part IV, line 8.

1a

If the organization elected, as permitted under SFAS 116 (ASC 958), not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide, in Part XIII, the text of the footnote to its financial statements that describes these items

b

If the organization elected, as permitted under SFAS 116 (ASC 958), to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items

(i) Revenues included in Form 990, Part VIII, line 1

▶ \$ _____

(ii) Assets included in Form 990, Part X

▶ \$ _____

2

If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under SFAS 116 (ASC 958) relating to these items

a

Revenues included in Form 990, Part VIII, line 1

▶ \$ _____

b

Assets included in Form 990, Part X

▶ \$ _____

For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Cat No 52283D

Schedule D (Form 990) 2012

Part III

Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets (continued)

3

Using the organization's acquisition, accession, and other records, check any of the following that are a significant use of its collection items (check all that apply)

a

☐ Public exhibition

b

☐ Scholarly research

c

☐ Preservation for future generations

d

☐ Loan or exchange programs

e

☐ Other

4

Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII

5

During the year, did the organization solicit or receive donations of art, historical treasures or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection?

☐ Yes

☐ No

Part IV

Escrow and Custodial Arrangements. Complete if the organization answered "Yes" to Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.

1a

Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X?

☐ Yes

☐ No

b

If "Yes," explain the arrangement in Part XIII and complete the following table

	Amount
1c	
1d	
1e	
1f	

2a

Did the organization include an amount on Form 990, Part X, line 21?

☐ Yes

☐ No

b

If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided in Part XIII

☐

Part V

Endowment Funds. Complete if the organization answered "Yes" to Form 990, Part IV, line 10.

	(a)Current year	(b)Prior year	b (c)Two years back	(d)Three years back	(e)Four years back
1a Beginning of year balance	1,567,976	1,643,867	1,521,034	449,503	
b Contributions	36,431	2,240	50	1,014,533	
c Net investment earnings, gains, and losses	220,443	-15,696	146,027	84,551	
d Grants or scholarships	0	0			
e Other expenditures for facilities and programs	33,474	46,979	15,018	23,712	
f Administrative expenses	16,652	15,456	8,226	3,841	
g End of year balance	1,774,724	1,567,976	1,643,867	1,521,034	

2

Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as

a

Board designated or quasi-endowment ▶ 37 310 %

b

Permanent endowment ▶ 62 690 %

c

Temporarily restricted endowment ▶ 0 %

The percentages in lines 2a, 2b, and 2c should equal 100%

3a

Are there endowment funds not in the possession of the organization that are held and administered for the organization by

(i) unrelated organizations

3a(i)

Yes

No

(ii) related organizations

3a(ii)

No

b

If "Yes" to 3a(ii), are the related organizations listed as required on Schedule R?

3b

4

Describe in Part XIII the intended uses of the organization's endowment funds

Part VI

Land, Buildings, and Equipment. See Form 990, Part X, line 10.

Description of property	(a) Cost or other basis (investment)	(b)Cost or other basis (other)	(c) Accumulated depreciation	(d) Book value
1a Land	160,000	5,246,373		5,406,373
b Buildings		45,791,915	17,512,526	28,279,389
c Leasehold improvements		1,602,033	885,668	716,365
d Equipment		5,924,317	5,139,627	784,690
e Other		10,215,579	6,126,231	4,089,348
Total. Add lines 1a through 1e (Column (d) must equal Form 990, Part X, column (B), line 10(c).)				39,276,165

Schedule D (Form 990) 2012

Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue per Return

1	Total revenue, gains, and other support per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12			
a	Net unrealized gains on investments	2a		
b	Donated services and use of facilities	2b		
c	Recoveries of prior year grants	2c		
d	Other (Describe in Part XIII)	2d		
e	Add lines 2a through 2d		2e	
3	Subtract line 2e from line 1		3	
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1			
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII)	4b		
c	Add lines 4a and 4b		4c	
5	Total revenue Add lines 3 and 4c . (This must equal Form 990, Part I, line 12)		5	

Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per Return

1	Total expenses and losses per audited financial statements		1	
2	Amounts included on line 1 but not on Form 990, Part IX, line 25			
a	Donated services and use of facilities	2a		
b	Prior year adjustments	2b		
c	Other losses	2c		
d	Other (Describe in Part XIII)	2d		
e	Add lines 2a through 2d		2e	
3	Subtract line 2e from line 1		3	
4	Amounts included on Form 990, Part IX, line 25, but not on line 1 :			
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII)	4b		
c	Add lines 4a and 4b		4c	
5	Total expenses Add lines 3 and 4c . (This must equal Form 990, Part I, line 18)		5	

Part XIII Supplemental Information

Complete this part to provide the descriptions required for Part II, lines 3, 5, and 9, Part III, lines 1a and 4, Part IV, lines 1b and 2b, Part V, line 4, Part X, line 2, Part XI, lines 2d and 4b, and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

Identifier	Return Reference	Explanation
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Part II **Grants and Other Assistance to Organizations or Entities Outside the United States.** Complete if the organization answered "Yes" to Form 990, Part IV, line 15, for any recipient who received more than \$5,000. Part II can be duplicated if additional space is needed.

[illegible]

2 Enter total number of recipient organizations listed above that are recognized as charities by the foreign country, recognized as tax-exempt by the IRS, or for which the grantee or counsel has provided a section 501(c)(3) equivalency letter ► 1

3 Enter total number of other organizations or entities 0

Part III

(a) Type of grant or assistance	(b) Region	(c) Number of recipients	(d) Amount of cash grant	(e) Manner of cash disbursement	(f) Amount of non-cash assistance	(g) Description of non-cash assistance	(h) Method of valuation (book, FMV, appraisal, other)
---------------------------------	------------	--------------------------	--------------------------	---------------------------------	-----------------------------------	--	---

Part IV Foreign Forms

- 1

Was the organization a U S transferor of property to a foreign corporation during the tax year? *If "Yes," the organization may be required to file Form 926, Return by a U.S. Transferor of Property to a Foreign Corporation (see Instructions for Form 926)*

☐ Yes

☒ No
- 2

Did the organization have an interest in a foreign trust during the tax year? *If "Yes," the organization may be required to file Form 3520, Annual Return to Report Transactions with Foreign Trusts and Receipt of Certain Foreign Gifts, and/or Form 3520-A, Annual Information Return of Foreign Trust With a U.S. Owner (see Instructions for Forms 3520 and 3520-A)*

☐ Yes

☒ No
- 3

Did the organization have an ownership interest in a foreign corporation during the tax year? *If "Yes," the organization may be required to file Form 5471, Information Return of U.S. Persons with Respect to Certain Foreign Corporations. (see Instructions for Form 5471)*

☐ Yes

☒ No
- 4

Was the organization a direct or indirect shareholder of a passive foreign investment company or a qualified electing fund during the tax year? *If "Yes," the organization may be required to file Form 8621, Return by a Shareholder of a Passive Foreign Investment Company or Qualified Electing Fund. (see Instructions for Form 8621)*

☐ Yes

☒ No
- 5

Did the organization have an ownership interest in a foreign partnership during the tax year? *If "Yes," the organization may be required to file Form 8865, Return of U.S. Persons with Respect to Certain Foreign Partnerships. (see Instructions for Form 8865)*

☐ Yes

☒ No
- 6

Did the organization have any operations in or related to any boycotting countries during the tax year? *If "Yes," the organization may be required to file Form 5713, International Boycott Report (see Instructions for Form 5713).*

☐ Yes

☒ No

Supplemental Information
Complete this part to provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region); Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c) (estimated number of recipients), as applicable. Also complete this part to provide any additional information (see instructions).

[illegible]

Part II Fundraising Events. Complete if the organization answered "Yes" to Form 990, Part IV, line 18, or reported more than \$15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than \$5,000.

Revenue			(a) Event #1	(b) Event #2	(c) Other events	(d) Total events	
			<u>MISTLETOE RUN</u>	<u>GOLF TOURNAMENT</u>	<u>24</u>	(add col (a) through	
			(event type)	(event type)	(total number)	col (c))	
1	Gross receipts	. . .	155,736	59,935	246,840	462,511	
2	Less Contributions	. .	0	44,595	0	44,595	
3	Gross income (line 1 minus line 2)	. . .	155,736	15,340	246,840	417,916	
Direct Expenses	4	Cash prizes	. . .	0	0	0	0
	5	Noncash prizes	. .	7,431	4,085	14,136	25,652
	6	Rent/facility costs	. .	10,774	7,485	8,599	26,858
	7	Food and beverages	.	2,576	2,820	20,849	26,245
	8	Entertainment	. . .	275	0	500	775
	9	Other direct expenses	.	59,865	12,449	100,914	173,228
	10	Direct expense summary Add lines 4 through 9 in column (d) ▶					(252,758)
	11	Net income summary Combine line 3, column (d), and line 10 ▶					165,158

Part III Gaming. Complete if the organization answered "Yes" to Form 990, Part IV, line 19, or reported more than \$15,000 on Form 990-EZ, line 6a.

		(a) Bingo	(b) Pull tabs/Instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col (a) through col (c))
Revenue	1	Gross revenue			
	2	Cash prizes			
	3	Non-cash prizes			
	4	Rent/facility costs			
	5	Other direct expenses . . .			
Direct Expenses	6	Volunteer labor			
	7	Direct expense summary Add lines 2 through 5 in column (d) ▶			
	8	Net gaming income summary Combine lines 1 and 7 in column (d) ▶			

9 Enter the state(s) in which the organization operates gaming activities _____

a Is the organization licensed to operate gaming activities in each of these states? ☐ Yes ☐ No

b If "No," explain _____

10a Were any of the organization's gaming licenses revoked, suspended or terminated during the tax year? ☐ Yes ☐ No

b If "Yes," explain _____

Does the organization operate gaming activities with nonmembers? ☐ Yes ☐ No

12 Is the organization a grantor, beneficiary or trustee of a trust or a member of a partnership or other entity formed to administer charitable gaming? ☐ Yes ☐ No

13 Indicate the percentage of gaming activity operated in

a The organization's facility	13a	
b An outside facility	13b	

14 Enter the name and address of the person who prepares the organization's gaming/special events books and records

Name 

Address 

15a Does the organization have a contract with a third party from whom the organization receives gaming revenue? ☐ Yes ☐ No

b If "Yes," enter the amount of gaming revenue received by the organization  \$ _____ and the amount of gaming revenue retained by the third party  \$ _____

c If "Yes," enter name and address of the third party

Name 

Address 

16 Gaming manager information

Name 

Gaming manager compensation  \$

Description of services provided 

☐ Director/officer ☐ Employee ☐ Independent contractor

17 Mandatory distributions

a Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license? ☐ Yes ☐ No

b Enter the amount of distributions required under state law distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year  \$ _____

Part IV Supplemental Information. Complete this part to provide the explanations required by Part I, line 2b, columns (iii) and (v), and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also complete this part to provide any additional information (see instructions).

Identifier	Return Reference	Explanation
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Grants and Other Assistance to Organizations, Governments and Individuals in the United States

2012

Open to Public Inspection

Complete if the organization answered "Yes," to Form 990, Part IV, line 21 or 22.
▶ Attach to Form 990

Employer identification number

56-0530015

Part I General Information on Grants and Assistance

1 Does the organization maintain records to substantiate the amount of the grants or assistance, the grantees' eligibility for the grants or assistance, and the selection criteria used to award the grants or assistance?

☒ Yes ☐ No

2 Describe in Part IV the organization's procedures for monitoring the use of grant funds in the United States

Part II **Grants and Other Assistance to Governments and Organizations in the United States.** Complete if the organization answered "Yes" to Form 990, Part IV, line 21, for any recipient that received more than \$5,000. Part II can be duplicated if additional space is needed.

[illegible]

2 Enter total number of section 501(c)(3) and government organizations listed in the line 1 table **0**

3 Enter total number of other organizations listed in the line 1 table **0**

Part III

Grants and Other Assistance to Individuals in the United States. Complete if the organization answered "Yes" to Form 990, Part IV, line 22.
Part III can be duplicated if additional space is needed.

(a)Type of grant or assistance	(b)Number of recipients	(c)Amount of cash grant	(d)Amount of non-cash assistance	(e)Method of valuation (book, FMV, appraisal, other)	(f)Description of non-cash assistance
(1) FINANCIAL ASSISTANCE FOR MEMBERSHIP AND PROGRAM PARTICIPATION	17717	1,999,751			
(2) BLACK ACHIEVERS COLLEGE SCHOLARSHIPS	8	15,000			
(3) STOKES FAMILY YMCA COLLEGE SCHOLARSHIPS	3	3,000			

Part IV

Supplemental Information.

Complete this part to provide the information required in Part I, line 2, Part III, column (b), and any other additional information

Identifier	Return Reference	Explanation
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Schedule J
(Form 990)

Department of the Treasury
Internal Revenue Service

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

▶ Complete if the organization answered "Yes" to Form 990, Part IV, question 23.

▶ Attach to Form 990. ▶ See separate instructions.

OMB No 1545-0047

2012

Open to Public Inspection

Name of the organization
YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA

Employer identification number
56-0530015

Part I	Questions Regarding Compensation		Yes	No
1a	Check the appropriate box(es) if the organization provided any of the following to or for a person listed in Form 990, Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items. ☐ First-class or charter travel ☐ Housing allowance or residence for personal use ☐ Travel for companions ☐ Payments for business use of personal residence ☐ Tax idemnification and gross-up payments ☐ Health or social club dues or initiation fees ☐ Discretionary spending account ☐ Personal services (e g , maid, chauffeur, chef)			
b	If any of the boxes in line 1a are checked, did the organization follow a written policy regarding payment or reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain	1b		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all officers, directors, trustees, and the CEO/Executive Director, regarding the items checked in line 1a?	2		
3	Indicate which, if any, of the following the filing organization used to establish the compensation of the organization's CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to establish compensation of the CEO/Executive Director, but explain in Part III. ☒ Compensation committee ☐ Written employment contract ☐ Independent compensation consultant ☒ Compensation survey or study ☒ Form 990 of other organizations ☒ Approval by the board or compensation committee			
4	During the year, did any person listed in Form 990, Part VII, Section A, line 1a with respect to the filing organization or a related organization:			
a	Receive a severance payment or change-of-control payment?	4a		No
b	Participate in, or receive payment from, a supplemental nonqualified retirement plan?	4b		No
c	Participate in, or receive payment from, an equity-based compensation arrangement? If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.	4c		No
	Only 501(c)(3) and 501(c)(4) organizations only must complete lines 5-9.			
5	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the revenues of:			
a	The organization?	5a		No
b	Any related organization? If "Yes," to line 5a or 5b, describe in Part III	5b		No
6	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the net earnings of:			
a	The organization?	6a		No
b	Any related organization? If "Yes," to line 6a or 6b, describe in Part III	6b		No
7	For persons listed in Form 990, Part VII, Section A, line 1a, did the organization provide any non-fixed payments not described in lines 5 and 6? If "Yes," describe in Part III	7		No
8	Were any amounts reported in Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III	8		No
9	If "Yes" to line 8, did the organization also follow the rebuttable presumption procedure described in Regulations section 53.4958-6(c)?	9		

Part II

Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported in Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that are not listed on Form 990, Part VII.

Note. The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

(A) Name and Title		(B) Breakdown of W-2 and/or 1099-MISC compensation			(C) Retirement and other deferred compensation	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	(F) Compensation reported as deferred in prior Form 990
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation				
(1)CURTIS HAZELBAKER PRESIDENT/CEO	(i)	205,454	0	9,560	26,735	5,142	246,891	0
	(ii)	0	0	0	0	0	0	0
(2)MARK BACHMAN SENIOR VP/COO	(i)	136,183	0	5,454	17,782	6,510	165,929	0
	(ii)	0	0	0	0	0	0	0

Part III **Supplemental Information**

Complete this part to provide the information, explanation, or descriptions required for Part I, lines 1 a, 1b, 3, 4 a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II
Also complete this part for any additional information

Identifier	Return Reference	Explanation
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Schedule L
(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Transactions with Interested Persons
▶ Complete if the organization answered
"Yes" on Form 990, Part IV, lines 25a, 25b, 26, 27, 28a, 28b, or 28c,
or Form 990-EZ, Part V, line 38a or 40b.
▶ Attach to Form 990 or Form 990-EZ. ▶ See separate instructions.

OMB No 1545-0047
2012
Open to Public Inspection

Name of the organization YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA	Employer identification number 56-0530015
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Part I Excess Benefit Transactions (section 501(c)(3) and section 501(c)(4) organizations only).

Complete if the organization answered "Yes" on Form 990, Part IV, line 25a or 25b, or Form 990-EZ, Part V, line 40b

1	(a) Name of disqualified person	(b) Relationship between disqualified person and organization	(c) Description of transaction	(d) Corrected?	
				Yes	No

2 Enter the amount of tax incurred by organization managers or disqualified persons during the year under section 4958 ▶ \$

3 Enter the amount of tax, if any, on line 2, above, reimbursed by the organization ▶ \$

Part II Loans to and/or From Interested Persons.

Complete if the organization answered "Yes" on Form 990-EZ, Part V, line 38a, or Form 990, Part IV, line 26, or if the organization reported an amount on Form 990, Part X, line 5, 6, or 22

(a) Name of interested person	(b) Relationship with organization	(c) Purpose of loan	(d) Loan to or from the organization?		(e) Original principal amount	(f) Balance due	(g) In default?		(h) Approved by board or committee?	(i) Written agreement?	
			To	From			Yes	No		Yes	No
Total ▶ \$											

Part III Grants or Assistance Benefitting Interested Persons.

Complete if the organization answered "Yes" on Form 990, Part IV, line 27.

(a) Name of interested person	(b) Relationship between interested person and the organization	(c) Amount of assistance	(d) Type of assistance	(e) Purpose of assistance

Part IV

Business Transactions Involving Interested Persons.
Complete if the organization answered "Yes" on Form 990, Part IV, line 28a, 28b, or 28c.

(a) Name of interested person	(b) Relationship between interested person and the organization	(c) Amount of transaction	(d) Description of transaction	(e) Sharing of organization's revenues?	
				Yes	No
(1) BRENT WADDELL	DIRECTOR	206,319	BB&T PROVIDES TREASURY MANAGEMENT SERVICES AND MERCHANT CREDIT CARD SERVICES TO THE YMCA OF NORTHWEST NORTH CAROLINA MR WADDELL IS A KEY EMPLOYEE FOR BB&T		No

Part V

Supplemental Information
Complete this part to provide additional information for responses to questions on Schedule L (see instructions)

Identifier	Return Reference	Explanation
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2012

Open to Public Inspection

SCHEDULE O
(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on
Form 990 or to provide any additional information.
▶ Attach to Form 990 or 990-EZ.

Name of the organization
YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA

Employer identification number
56-0530015

Identifier	Return Reference	Explanation
ORGANIZATION'S MISSION	FORM 990, PART III, LINE 1	MISSION HELPING PEOPLE REACH THEIR GOD-GIVEN POTENTIAL IN SPIRIT, MIND AND BODY AREAS OF FOCUS THE Y STRIVES TO STRENGTHEN THE FOUNDATIONS OF THE COMMUNITIES WE SERVE THROUGH PROGRAMS AND SERVICES THAT PROMOTE YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY FOR ALL VALUES CARING, HONESTY, RESPECT, RESPONSIBILITY, AND FAITH ARE THE VALUES WE STRIVE TO WEAVE INTO EVERY YMCA PROGRAM AND, WE BELIEVE, BUILD THE MORAL AND ETHICAL FOUNDATION FOR LIFE PROFILE THE YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA IS AN ASSOCIATION OF MEN, WOMEN, AND CHILDREN OF ALL AGES, ABILITIES, INCOMES, RACES, AND RELIGIONS, SERVING ALEXANDER, FORSYTH, DAVIE, IREDELL, STOKES, WILKES, AND YADKIN COUNTIES THROUGH THE DEDICATED EFFORTS OF VOLUNTEERS, MEMBERS, AND STAFF, OUR YMCA PROVIDES PROGRAMS THAT PROMOTE YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY THE YMCA OF NORTHWEST NORTH CAROLINA IS COMPRISED OF 13 FACILITY BRANCHES, ONE NON-FACILITY BRANCH, A RESIDENT CAMP, AND AN ADMINISTRATIVE OFFICE MEMBERS THROUGHOUT 2012, THE YMCA OF NORTHWEST NORTH CAROLINA SERVED 105,407 MEMBERS WITH 25,502 UNDER THE AGE OF 18 AND 18,344 OVER THE AGE OF 65 IN ADDITION, 38,542 INDIVIDUALS WERE PROGRAM MEMBERS OF THE YMCA, PARTICIPATING IN CHILD CARE, SUMMER CAMP, SWIM LESSONS, MENTORING PROGRAMS, ETC 71% OF PROGRAM MEMBERS WERE UNDER THE AGE OF 18 APPROXIMATELY 16% OF ALL MEMBERS AND 18 5% OF PROGRAM PARTICIPANTS RECEIVED CHARITABLE FINANCIAL ASSISTANCE VALUED AT \$2 MILLION DONORS 6,714 INDIVIDUALS MADE A CHARITABLE CONTRIBUTION TO THE YMCA'S ANNUAL GIVING CAMPAIGN THE CAMPAIGN RAISED \$1,764,896 IN SUPPORT OF THE Y'S FINANCIAL ASSISTANCE PROGRAM THE TOTAL DOLLARS RAISED INCLUDES SOME SPECIAL EVENTS HELD SPECIFICALLY FOR THE PURPOSE OF THE CAMPAIGN VOLUNTEERS VOLUNTEERS ARE A VITAL PART OF THE SUCCESS OF THE YMCA IN 2012, 3,781 INDIVIDUALS VOLUNTEERED AT THE YMCA IN ROLES AS VARIED AS YOUTH SPORTS COACHES, LITERACY TUTORS, MENTORS TO TEENS, OR BOARD/COMMITTEE MEMBERS VOLUNTEER HOURS GIVEN TO THE YMCA AND THEIR VALUE WERE ESTIMATED TO BE 52,704 HOURS AND \$1 1 MILLION, RESPECTIVELY FINANCIAL ASSISTANCE POLICY THE HEART OF THE YMCA'S MISSION IS TO REACH OUT AND SERVE PEOPLE IN OUR COMMUNITIES WHO ARE IN NEED THE YMCA STRIVES TO TURN NO ONE AWAY DUE TO AN INABILITY TO PAY A PROGRAM OR MEMBERSHIP FEE OUR OPEN DOORS PROGRAM ALLOWS INDIVIDUALS AND FAMILIES TO ACCESS YMCA MEMBERSHIP AND PROGRAMS ON A SLIDING-FEE SCALE THAT IS DESIGNED TO RESPOND TO INDIVIDUAL CIRCUMSTANCES (WHEN A PARENT LOSES HIS/HER JOB, WHEN MEDICAL BILLS BECOME OVERWHELMING, WHEN LIVING ON A FIXED-INCOME, ETC) APPLICATIONS AND AWARDS OF FINANCIAL ASSISTANCE ARE REVIEWED PERIODICALLY TO DETERMINE IF THE SAME LEVEL OF AWARD IS APPROPRIATE, I E HAVE CIRCUMSTANCES CHANGED FOR THE RECIPIENT THE YMCA'S EFFORTS TO STRENGTHEN THE FOUNDATIONS OF THE COMMUNITIES WE SERVE ARE ENHANCED THROUGH COLLABORATIONS WITH OTHER COMMUNITY -SERVING GROUPS, A PARTIAL LIST OF WHICH INCLUDES AMERICAN CANCER SOCIETY AMERICAN RED CROSS BARIUM SPRINGS HOME FOR CHILDREN BIG BROTHERS/BIG SISTERS BOY/GIRL SCOUTS OF AMERICA CANCER SERVICES CHURCHES & PUBLIC LIBRARIES CITY/COUNTY PLANNING CIVITAN INTERNATIONAL COMMUNITY HEALTH DEPARTMENTS DEPARTMENT OF JUVENILE JUSTICE DEPARTMENT OF SOCIAL SERVICES ENRICHMENT CENTER FAMILY SERVICES OF FORSYTH COUNTY FORSYTH TECHNICAL COMMUNITY COLLEGE FORSYTH-STOKES MENTAL HEALTH ASSOC GOODWILL INDUSTRIES HISPANIC LEAGUE OF THE PIEDMONT TRIAD HOLA OF WILKES COUNTY KWANIS INTERNATIONAL LOCAL CHAMBERS OF COMMERCE & BUSINESSES NOVANT HEALTH/FORSYTH MEDICAL CENTER PARKS & RECREATION DEPARTMENTS PARTNERSHIP FOR A DRUG-FREE NC PUBLIC AND PRIVATE SCHOOLS ROTARY INTERNATIONAL SECOND HARVEST FOOD BANK SMART START UNITED FUND OF STOKES COUNTY UNITED FUND OF YADKIN COUNTY UNITED WAY OF ALEXANDER COUNTY UNITED WAY OF DAVIE COUNTY UNITED WAY OF FORSYTH COUNTY UNITED WAY OF IREDELL COUNTY UNITED WAY OF WILKES COUNTY WAKE FOREST BAPTIST HEALTH WAKE FOREST UNIVERSITY WILKES REGIONAL MEDICAL CENTER WINSTON-SALEM POLICE DEPARTMENT WINSTON-SALEM STATE UNIVERSITY

Identifier	Return Reference	Explanation
HEALTHY LIVING	FORM 990, PART III, LINE 4A	1 THE ICONIC AND HISTORIC YMCA TRIANGLE EMPHASIZES THE ONENESS OF SPIRIT, MIND AND BODY YMCA WELLNESS PROGRAMS ACHIEVE THIS UNITY THROUGH PROGRAMS THAT STRESS PROPER EXERCISE, NUTRITION, STRESS MANAGEMENT, AVOIDANCE OF DRUG AND ALCOHOL ABUSE AND HEALTH EDUCATION, AS WELL AS MENTAL AND SPIRITUAL BALANCE 2 YMCA FACILITIES ARE STRUCTURED TO PROVIDE MEMBERS WITH THE OPPORTUNITY TO PARTICIPATE IN A WIDE RANGE OF WELLNESS ACTIVITIES SUCH AS GROUP EXERCISE CLASSES, STRENGTH TRAINING, PERSONAL FITNESS, CYCLING, AQUATIC PROGRAMS AND OTHER FITNESS CLASSES FINDING AN ACTIVITY THAT INTERESTS THE INDIVIDUAL IS A CRITICAL COMPONENT TO BUILDING HEALTHY EXERCISE HABITS THE Y WORKS WITH TRAINED, CARING STAFF TO CONNECT MEMBERS WITH OPTIONS THAT BECOME LIFESTYLE CHOICES TO HELP THEM LIVE HEALTHIER, HAPPIER LIVES 3 GROUP EXERCISE CLASSES ARE A CORNERSTONE OF THE YMCA EXPERIENCE PASSIONATE, ENGAGED INSTRUCTORS HELP MEMBERS DISCOVER A LOVE FOR EXERCISE AND CONTINUE TO CHALLENGE THEMSELVES PHYSICALLY WITH EXPANSIVE CLASS OFFERINGS RANGING FROM YOGA TO BOOT CAMPS AND KICKBOXING, GROUP EXERCISE CLASSES ALLOW MEMBERS TO TRY NEW ACTIVITIES, MEET NEW FRIENDS, AND FIND THE MOTIVATION TO STAY WITH AN EXERCISE PROGRAM 4 LIVESTRONG® AT THE YMCA IS A PHYSICAL ACTIVITY AND WELL-BEING PROGRAM DESIGNED TO HELP ADULT CANCER SURVIVORS ACHIEVE THEIR HOLISTIC HEALTH GOALS THE RESEARCH-BASED, 12-WEEK PROGRAM OFFERS PEOPLE AFFECTED BY CANCER A SUPPORTIVE ENVIRONMENT TO PARTICIPATE IN PHYSICAL ACTIVITIES FOCUSED ON STRENGTHENING THE WHOLE PERSON, AS WELL AS A FREE Y MEMBERSHIP FOR THE SESSION'S DURATION DURING 2012, 127 INDIVIDUALS AT 11 BRANCHES OF THE ASSOCIATION PARTICIPATED IN THE LIVESTRONG AT THE YMCA PROGRAM 5 DURING 2012, THE YMCA OF NORTHWEST NORTH CAROLINA PARTNERED WITH FORSYTH MEDICAL CENTER AND WXII NEWS 12 IN PROVIDING A 16-WEEK FREE PROGRAM TO HELP MAKE HEALTHY LIFESTYLES ACCESSIBLE TO EVEN MORE PEOPLE IN OUR COMMUNITY TRANSFORMATION NATION TRIAD (TNT) WAS LED BY YMCA PERSONAL TRAINERS AND WELLNESS COACHES TO PROVIDE SUPPORT, MOTIVATION, AND INSTRUCTION TO MAKE HEALTHY CHANGES IN EXERCISE AND EATING HABITS DESIGNED FOR PEOPLE WITH 20, 30 OR MORE POUNDS TO LOSE, THE PROGRAM INCLUDED WEEKLY GROUP WORKOUTS AT THE YMCA, WEEKLY WEIGH-INS, DAILY EXERCISE SCHEDULES, NUTRITIONAL INFORMATION FROM THE LOCAL HOSPITAL PARTNER, CHILDCARE DURING NORMAL OPERATING HOURS OF THE Y, AND A FREE T-SHIRT FOR ALL PARTICIPANTS MORE THAN 1,300 PEOPLE IN THE NORTHWEST NORTH CAROLINA COMMUNITY PARTICIPATED IN TNT, LOSING MORE THAN 17,000 POUNDS MANY SMALL GROUPS CONTINUED BEYOND THE 16-WEEK PERIOD TO SERVE AS SUPPORT AND ENCOURAGEMENT FOR EACH OTHER AS A RESULT OF THE RELATIONSHIPS BUILT DURING THE PROGRAM 6 THROUGH YMCA RACES AND TRIATHLON EVENTS OPEN TO THE COMMUNITY AND SUPPORTING FINANCIAL ASSISTANCE SCHOLARSHIPS, THE Y IS ABLE TO APPEAL TO A WIDE RANGE OF PEOPLE TO SET AND ACHIEVE PHYSICAL FITNESS GOALS THE WILKES FAMILY YMCA HOSTS THE ANNUAL BANDITS TRIATHLON FOR ADULTS AND LITTLE BANDITS TRIATHLON FOR CHILDREN THE WILLIAM G WHITE, JR FAMILY YMCA HOSTED THE 29TH ANNUAL YMCA MISTLETOE 5K AND HALF MARATHON IN 2012 THE EVENT DRAWS PARTICIPANTS OF ALL AGES FROM AROUND THE REGION OTHER YMCAS HOSTS COMMUNITY 5K RACES AND ACCOMPANYING TRAINING PROGRAMS 7 DURING 2012, OUR ASSOCIATION CONDUCTED MORE THAN 25 HEALTH FAIRS, SCREENINGS, AND INFORMATION SESSIONS, WORKING WITH FOUR COUNTY HEALTH DEPARTMENTS, THE AMERICAN RED CROSS, THE AMERICAN CANCER SOCIETY, THE AMERICAN DIABETES ASSOCIATION, THE AMERICAN HEART ASSOCIATION, POSITIVE WELLNESS ALLIANCE, ALL LOCAL COLLEGES AND UNIVERSITIES, NC ADOLESCENT PREGNANCY PREVENTION COALITION, NC DIVISION OF CHILD DEVELOPMENT, SMART START OF FORSYTH COUNTY, AREA HOSPITALS AND BUSINESSES TO PROVIDE IMPORTANT WELLNESS INFORMATION TO THE COMMUNITY ADDITIONALLY, OVER 3,500 INDIVIDUALS PARTICIPATED IN HEALTHY KIDS DAY, A FAMILY EVENT HELD AT ALL BRANCHES IN THE ASSOCIATION 8 PACES, PROGRAM FOR ACTIVE CHILDREN EATING SMARTER, WAS ESTABLISHED BY THE YMCA OF NORTHWEST NORTH CAROLINA IN 2004 TO FOCUS ON BOTH PREVENTION OF CHILDHOOD OBESITY IN OUR COMMUNITY AND INTERVENTION FOR CHILDREN DIAGNOSED AS OVERWEIGHT OR OBESE IN 2012, THE PACES PROGRAM TRANSITIONED TO THE HEALTHY, FIT AND STRONG PROGRAM, ADDING EVENING NUTRITION LESSONS FOR FAMILIES AND FAMILY ACTIVITY NIGHTS RECOGNIZING THAT CHILDREN CANNOT BATTLE THIS PROBLEM ALONE, HEALTHY, FIT AND STRONG INCLUDES NUTRITION AND WELLNESS-RELATED EDUCATION AND ACTIVITIES FOR BOTH THE CHILDREN AND THE PARENTS THE PROGRAM IS FOCUSED ON STUDENTS IN SECOND TO FOURTH GRADE AT FIVE SCHOOLS THE YMCA PROVIDES STRUCTURED FITNESS PROGRAMS DURING RECESS FOR THE ENTIRE SCHOOL YEAR FOR MORE THAN 600 CHILDREN EACH CHILD IS ASSESSED FOR FITNESS LEVELS AND NUTRITIONAL HABITS PRE AND POST TESTING IS PERFORMED TO MEASURE THE OUTCOMES OF THE PROGRAM 9 THE YMCA PROVIDES CAROL M WHITE PHYSICAL EDUCATION GRANT (PEP GRANT) PROGRAM TO ALL ELEMENTARY AND MIDDLE SCHOOL STUDENT

Identifier	Return Reference	Explanation
HEALTHY LIVING	FORM 990, PART III, LINE 4A	S IN STOKES COUNTY THE YMCA OF NORTHWEST NORTH CAROLINA STOKES FAMILY YMCA BRANCH COLLABORATES WITH STOKES COUNTY SCHOOLS TO PROVIDE A COMPREHENSIVE APPROACH FOCUSING ON PHYSICAL ACTIVITY AND NUTRITION FOR SCHOOL-AGED YOUTH THESE ACTIVITIES INCLUDE (1) PHYSICAL ACTIVITY TIME THROUGH PACES (PROGRAMMED RECESS WITH NUTRITION EDUCATION) AND INSTANT RECESS (10 MINUTE PHYSICAL ACTIVITY BREAK VIDEOS) (2) EQUIPMENT TO PROVIDE PHYSICAL ACTIVITY PROGRAMMING FOR THE SCHOOLS (3) FACULTY DEVELOPMENT IN NUTRITION AND PHYSICAL ACTIVITY 10 THE YMCA OFFERS "GET ON YOUR WEIGHT", A 12-WEEK WEIGHT MANAGEMENT PROGRAM WITH SMALL TEAM WELLNESS COACHING, REALISTIC WEIGHT LOSS GOAL-SETTING AND NUTRITIONAL CLASSES, IN EVERY BRANCH THE PROGRAM HELPS PARTICIPANTS REACH GOALS THEY FELT THEY COULD NOT ACHIEVE ON THEIR OWN MEMBERS REPORT FEELING MORE CONFIDENT AND BENEFIT FROM HIGHER SELF-ESTEEM AS THIS PROGRAM HELPS GET THEM STARTED ON THE PATH TO A HEALTHIER LIFESTYLE IN 2012, THE PROGRAM HELPED 244 MEN AND WOMEN DEVELOP HEALTHY LIFESTYLE CHANGES 11 EVERY YMCA MEMBER IS OFFERED A FREE WELLNESS ORIENTATION WITH A WELLNESS COACH THE HOUR-LONG SESSIONS ARE AN OPPORTUNITY TO LEARN TO USE UNFAMILIAR EQUIPMENT, FEEL COMFORTABLE IN DIFFERENT AREAS OF THE BUILDINGS AND DISCUSS STRATEGIES TO REACH WELLNESS GOALS THIS ORIENTATION IS THE FIRST POINT OF CONTACT FOR MANY YMCA MEMBERS AND LAYS THE FOUNDATION FOR A SUPPORT SYSTEM AS THEY TAKE FULL ADVANTAGE OF THEIR Y MEMBERSHIP BENEFITS 12 ADULTS SPORTS LEAGUES, RANGING FROM BASKETBALL AND VOLLEYBALL TO KICKBALL AND DODGE BALL, PROVIDE AN OPPORTUNITY FOR ADULTS TO RELIVE THE THRILL OF BEING PART OF A TEAM, EXPAND THEIR SOCIAL NETWORK, AND STAY ACTIVE FRIENDLY COMPETITION IS A TREMENDOUS MOTIVATOR IN HELPING ADULTS FIND AN EXERCISE PROGRAM THAT KEEPS THEM ENGAGED AND EAGER TO RETURN 13 THE STOKES FAMILY BRANCH OFFERS A GRANT-FUNDED OUTREACH PROGRAM THAT EMPHASIZES HEALTH AND PHYSICAL ACTIVITY TO PRESCHOOLERS IN CHILD CARE CENTERS THROUGHOUT STOKES COUNTY A COORDINATOR TRAVELS TO SITES TO DELIVER HEALTH INFORMATION AND PHYSICAL FITNESS TRAINING FOR CHILDREN 2 TO 5 YEARS OLD PARTICIPATION OVER THE COURSE OF THE YEAR INCLUDED 217 CHILDREN AT 11 DIFFERENT SITES AND 18 CLASSROOMS AND 25 TEACHERS 14 PHYSICAL EDUCATION IS A CRITICAL COMPONENT TO HELPING CHILDREN SUCCEED NOT ONLY IN AN ACADEMIC SETTING, BUT ALSO ESTABLISH LIFELONG HEALTHY HABITS THE YADKIN FAMILY YMCA PARTNERS WITH YADKIN COUNTY SCHOOLS FOR STUDENTS TO UTILIZE THE YMCA FACILITY 2 DAYS EACH WEEK FOR PHYSICAL EDUCATION REQUIREMENTS FOR THE SUCCESS ACADEMY AND BOONVILLE ELEMENTARY, SERVING APPROXIMATELY 30 CHILDREN EACH WEEK DURING THE SCHOOL YEAR 15 IN 2012, THE YMCA PROVIDED TRANSPORTATION TO A GROUP OF 12 DEVELOPMENTALLY DISABLED STUDENTS, A TEACHER AND CAREGIVERS FROM THE ENRICHMENT CENTER TO THE WILLIAM G WHITE JR FAMILY YMCA (WGW) TO PARTICIPATE IN GROUP FITNESS CLASSES THESE CLASSES CONSISTED OF ZUMBA, BODY PUMP, AND WATER AEROBICS AN ENRICHMENT CENTER STAFF HAS BEEN TRAINED AND CERTIFIED TO TEACH GROUP EXERCISE CLASSES AT THE ENRICHMENT CENTER TO ADD WELLNESS TO THEIR CURRICULUM ALSO, AN ADDITIONAL DAY EACH MONTH WAS ADDED WHEN TRANSPORTATION IS PROVIDED TO THE STUDENTS SO THAT THEY CAN VOLUNTEER AT WGW THE STUDENTS GREET MEMBERS AS THEY ENTER THE FACILITY TO HELP THE STUDENTS BUILD CONFIDENCE WHEN SPEAKING TO OTHERS AND INCREASE THEIR OVERALL SOCIAL INTERACTION SKILLS 16 IN 2012, THE YMCA CONTINUED ITS PARTNERSHIP WITH THE MILLENNIUM STROKE RECOVERY TEAM IN A STROKE RECOVERY PROGRAM THAT WAS OFFERED AT THREE BRANCHES

Identifier	Return Reference	Explanation
HEALTHY LIVING (CONTINUED)	FORM 990, PART III, LINE 4A	17 THE YMCA PROVIDES NURSERY AND CHILD WATCH SERVICES (CHILDREN AGES 3 MONTHS-5 YEARS) SO THAT PARENTS AND OLDER SIBLINGS MAY PARTICIPATE IN YMCA HEALTH AND WELLNESS ACTIVITIES PARENTS ARE ABLE TO EXERCISE IN ANY AREA OF THE BUILDING INCLUDING FITNESS CENTERS AND POOLS, TAKE GROUP EXERCISE CLASSES, AND SOCIALIZE WITH FRIENDS ALL WITH THE PEACE OF MIND THAT THEIR CHILD IS SAFE AND HAVING FUN WITH Y STAFF THIS TIME ALLOWS PARENTS TO FOCUS ON THEMSELVES SO THEY CAN RETURN TO THEIR FAMILIES REFRESHED AND BETTER EQUIPPED TO SUPPORT THEIR FAMILIES 18 THE AQUATIC ENVIRONMENT OFFERS A MUCH NEEDED DIVERSE CHANGE IN EVERY DAY LIFE FOR THOSE WITH SPECIAL NEEDS IT OPENS UP OPPORTUNITIES AND STRUCTURE FOR THOSE CHALLENGED IN MANY WAYS WE WORK WITH OTHER AGENCIES AND SCHOOLS TO OFFER A SAFE, FUN ENVIRONMENT FOR MENTAL AND PHYSICAL CLASSES IN STRUCTURED SWIMMING FROM AUTISTIC INDIVIDUALS, TO THOSE WITH SIGHT IMPAIRMENT, EVERY ONE IS WELCOMED TO THE AQUATIC ENVIRONMENT TO LEARN AND GROW FROM THEIR EXPERIENCES WE HAVE MANY PARTICIPANTS IN OUR YMCAS THAT ALSO PARTICIPATE IN SPECIAL OLYMPICS AND THE PIEDMONT PLUS SENIOR GAMES 19 WARM WATER RECREATIONAL ACTIVITIES/EXERCISES HELP IMPROVE ACTIVITIES FOR DAILY LIVING AND PROVIDE REHABILITATION ACTIVITY FOR THOSE RECOVERING FROM AUTO ACCIDENTS AND STROKES ACTIVITIES ALSO IMPROVE RANGE OF MOTION AND JOINT MOBILITY FOR PEOPLE WITH ARTHRITIS OR SENIOR CITIZENS WHO WISH TO IMPROVE THEIR LEVEL OF FITNESS AS WELL AS SOCIALIZATION 20 THE OLDER ADULT PROGRAM DEVELOPS SENIORS INTO AN ACTIVE, HEALTH-CONSCIOUS SOCIAL CIRCLE OF FRIENDS AND PARTICIPANTS THIS PROGRAM IS STRUCTURED FOR ACTIVE (OR NOT SO ACTIVE IF THEY SO CHOOSE) OLDER ADULTS ORGANIZED TRIPS ARE PLANNED ON A MONTHLY BASIS FROM SEPTEMBER THROUGH MAY FOR BOTH YMCA MEMBERS AND NON-YMCA MEMBERS THE GROUP IS ENCOURAGED TO ATTEND FREE MONTHLY HEALTH-RELATED WORKSHOPS PRESENTED BY VARIOUS PROFESSIONALS FROM WAKE FOREST BAPTIST HEALTH AND BEST HEALTH FITNESS CLASSES DEVELOPED ESPECIALLY FOR OLDER ADULTS ARE ALSO AVAILABLE DURING 2012, APPROXIMATELY 10,000 SILVERSNEAKERS® AND ACTIVE OLDER ADULT MEMBERS MET NEW FRIENDS AND MAINTAINED THEIR HEALTH AT Y BRANCHES 21 THE N C SENIOR GAMES ARE AN OPPORTUNITY FOR SENIOR CITIZENS TO CONTINUE THEIR PASSION FOR COMPETITION AND ATHLETIC PURSUITS THE Y SUPPORTS SENIORS THROUGH TRAINING PROGRAMS AND REGIONAL COMPETITIONS SO THAT THEY ARE IN THE BEST POSSIBLE SHAPE TO COMPETE THE WILKES FAMILY YMCA IS ALSO INSTRUMENTAL IN THE BLUE RIDGE SENIOR GAMES TO PROVIDE THIS OPPORTUNITY FOR SENIORS IN THEIR COMMUNITY 22 BELIEVING THAT A PART OF HEALTHY LIVING INVOLVES HEALTHY FAMILY RELATIONSHIPS, YMCA ADVENTURE GUIDES IS A PARENT-CHILD PROGRAM DESIGNED TO HELP FOSTER UNDERSTANDING AND COMPANIONSHIP, AND TO STRENGTHEN THE RELATIONSHIP BETWEEN CHILDREN AND THEIR FATHERS PARTICIPANTS JOIN A "CIRCLE" OF OTHER FATHER/CHILD GROUPS AND PARTICIPATE IN GAMES, CAMPING TRIPS, CEREMONIES AND FAMILY ADVENTURES ADVENTURE GUIDE COMPASS POINTS - FAMILY, NATURE, COMMUNITY, FUN AND THE YMCA CHARACTER DEVELOPMENT VALUES - PROVIDE A SENSE OF DIRECTION AND INSPIRATION FOR ACTIVITIES THE IMMEDIATE GAIN OF YMCA ADVENTURE GUIDES IS EVIDENT - SPENDING TIME TOGETHER - BUT THE LONG TERM GAINS ARE EVEN MORE SIGNIFICANT IN THE RELATIONSHIPS BUILT BETWEEN PARENTS AND CHILDREN IN 2012, THIS PROGRAM SERVED 284 FATHERS AND THEIR 401 CHILDREN 23 AQUATIC SAFETY AND LIFEGUARD TRAINING PROVIDES OPPORTUNITIES FOR INDIVIDUALS TO FURTHER DEVELOP AQUATIC SAFETY SKILLS FOR YMCAS, LOCAL POOLS AND HOMEOWNERS' ASSOCIATIONS CLASSES ARE OFFERED THROUGHOUT THE YEAR 24 YMCA PROGRAMS ARE DESIGNED TO ATTRACT PEOPLE OF ALL AGES, ALL ABILITIES AND ALL INCOMES FINANCIAL ASSISTANCE POLICIES HELP ALL PEOPLE GAIN ACCESS TO THE YMCA, REGARDLESS OF INCOME LEVEL DURING TIMES OF FINANCIAL STRUGGLE IS OFTEN WHEN PEOPLE NEED A PLACE TO BELONG, RELIEVE STRESS IN A SUPPORTIVE, HEALTHY ENVIRONMENT, AND MAINTAIN THE BEST POSSIBLE HEALTH OUR FINANCIAL ASSISTANCE PROGRAM ALLOWS THE Y TO ENSURE OUR DOORS ARE ALWAYS OPEN FOR ALL MEMBERS OF OUR COMMUNITY, PARTICULARLY IN TIMES OF NEED

Identifier	Return Reference	Explanation
YOUTH DEVELOPMENT	FORM 990, PART III, LINE 4B	CHILD CARE 1 BEFORE/AFTER AND OUT OF SCHOOL PROGRAMS PROVIDE CHILD CARE FOR CHILDREN 5 - 15 YEARS OF AGE MEETING THE NEEDS OF WORKING PARENTS DURING THE SCHOOL YEAR PROGRAMS INCLUDE SPORTS, GROUP GAMES, VALUES EDUCATION, ASSET DEVELOPMENT, HEALTHY SNACKS AND TUTORING WHILE SERVING APPROXIMATELY 2,400 YOUTH (517 BEFORE SCHOOL AND 1,907 AFTER SCHOOL) AT 36 S CHOO L SITES, 5 YMCA BRANCHES, AND TWO COMMUNITY CENTERS PARENT ADVISORY COMMITTEES AND TH E YMCA MODEL CHILD CARE CURRICULUM HELP GUIDE AND DIRECT THE BEFORE/AFTER SCHOOL CHILD CAR E PROGRAMS 2 THE GOALS OF THE YMCA'S 21ST CENTURY COMMUNITY LEARNING CENTERS' PROGRAM AR E TO PROVIDE A SAFE, STRUCTURED, HEALTHY AFTER-SCHOOL ENVIRONMENT IN TITLE I SCHOOLS FOR A T-RISK ELEMENTARY SCHOOL STUDENTS AND THEIR FAMILIES THAT IS FOCUSED ON ACADEMICS THE TIT LE I SCHOOLS BEING SERVED ARE LOCATED IN NEIGHBORHOODS OR SERVE STUDENTS FROM NEIGHBORHOOD S THAT HAVE MANY OR ALL OF THE RISK FACTORS STATED BELOW (A) LOW ACHIEVEMENT, (B) HIGH PO VERTY, (C) JUVENILE CRIME, (D) HIGH LEVEL OF STUDENTS PERFORMING BELOW GRADE LEVEL, (E) HI GH DROP-OUT RATE, (F) HIGH TEEN PREGNANCY RATES, (G) HIGH STUDENT MOBILITY, (H) UNDER SKIL LED CAREGIVERS, (I) LIMITED ENGLISH PROFICIENCY, AND (J) POOR HEALTH AND NUTRITION PRACTIC ES THE PROGRAMS SERVE THREE ELEMENTARY SCHOOLS FROM 2 45 P M TO 5 45 P M MONDAY THROUGH FRIDAY WITH A CURRENT ENROLLMENT OF OVER 350 STUDENTS, BUT MORE THAN 450 STUDENTS SERVED THROUGHOUT 2012 THE PROGRAM COMPONENTS CONSIST OF HOMEWORK ASSISTANCE AND TUTORING, A HEA LTHY SNACK, PHYSICAL FITNESS, HEALTH EMPHASIS, AND ENRICHMENT THE PROGRAM AIMS TO LOWER T HE ACHIEVEMENT GAP, REDUCE DISCIPLINARY ACTIONS AND INVOLVEMENT IN JUVENILE CRIME, IMPROVE SCHOOL ATTENDANCE, INCREASE PARENTAL INVOLVEMENT, IMPROVE HEALTH AND NUTRITION PRACTICES AND PROVIDE STRONG CHARACTER DEVELOPMENT OPPORTUNITIES 3 IN 2012, THE YMCA PROVIDED A NU TRITIOUS HEALTHY SNACK TO 15 MAINLY AT RISK AFTER SCHOOL CARE SITES OVERALL THE PROGRAM S ERVED APPROXIMATELY 374 CHILDREN THIS PROGRAM WAS POSSIBLE DUE TO FUNDING FROM THE NCDHHS CHILD AND ADULT CARE FOOD PROGRAM IN ADDITION TO THE HEALTHY SNACK, THE KIDS ALSO PARTIC IPATED IN PHYSICAL ACTIVITIES AND HEALTHY LIFESTYLE TUTORING 4 THROUGH COLLABORATION WIT H THE SECOND HARVEST FOOD BANK, WE OPERATE A KIDS CAFE IN THE LEDEARA CREST COMMUNITY KID S CAFE IS AN AFTER SCHOOL PROGRAM WHERE STUDENT S RECEIVE ASSISTANCE WITH HOMEWORK, ENRICHM ENT ACTIVITIES AND A NUTRITIOUS DINNER DURING 2012, THE CAFÃ% SERVED A TOTAL OF 47 STUDEN TS 5 YMCA PROGRAMS ARE DESIGNED TO A HELP CHILDREN REACH THEIR FULL POTENTIAL IN A SAFE, SUPPORTIVE ENVIRONMENT REGARDLESS OF THEIR FAMILY'S CIRCUMSTANCES FINANCIAL ASSISTANCE P OLICIES HELP ALL PEOPLE GAIN ACCESS TO THE YMCA, REGARDLESS OF INCOME LEVEL EDUCATION & L EADERSHIP 1 YMCA SUMMER SUCCESS ACADEMIES ARE SUMMER TUTORING AND SUCCESS SKILLS PROGRAMS OFFERED TO ALL RISING SIXTH GRADERS AND RISING NINTH GRADERS THE TWO WEEK TUTORING PROGR AM SUPPORTS THE MOST ACADEMICALLY AT-RISK YOUTH STUDENTS RECEIVE TUTORING INSTRUCTION FRO M TEACHERS FROM THE SCHOOL IN MATH AND LANGUAGE SKILLS FOR AN HOUR AND A HALF ON EACH SUBJ ECT AND A FREE LUNCH DAILY TUTORING IS SUPPLEMENTED BY HANDS-ON ACTIVITIES SUCH AS SCIENC E EXPERIENCE THAT CONNECT THE LEARNING TO "THE REAL WORLD" AND ENGAGE STUDENTS 2 CAMP HIGH HOPES IS A SUMMER TUTORING CAMP FOR ACADEMICALLY AT-RISK ELEMENTARY STUDENTS IN A SAFE, STRUCTURED ENVIRONMENT THAT REIGNITES A PASSION FOR LEARNING AND PROVIDES THE SUPPLEMENTA RY ATTENTION NEEDED TO SUCCEED THE MAJORITY OF STUDENTS ARE HISPANIC/LATINO STUDENTS WHO ARE BELOW GRADE LEVEL OR OTHERWISE IDENTIFIED BY SCHOOL STAFF AS NEEDING SUPPORT WITHIN T ITLE I SCHOOLS ARE INVITED TO ATTEND FOR CHILDREN WHO ARE ALREADY STRUGGLING WITH ACADEMI CS, SUMMER MONTHS WITHOUT ACADEMIC ENRICHMENT PUTS THEM EVEN FURTHER BEHIND THEIR PEERS C AMP HIGH HOPES WORKS TO CHANGE THAT OUTCOME AND REDUCE SUMMER LEARNING LOSS THE SIX-WEEK PROGRAM IS HELD AT DIGGS LATHAM ELEMENTARY SCHOOL AND THE DAILY SCHEDULE INCLUDES TUTORING , ACADEMIC ENRICHMENT, A PHY SICAL FITNESS COMPONENT, LUNCH AND A HEALTHY SNACK THE CAMP I S FREE, THANKS TO FUNDING FROM THE ANNUAL GIVING CAMPAIGN, THE UNITED WAY OF FORSYTH COUNT Y, AND A 21ST CENTURY COMMUNITY LEARNING CENTER GRANT PARENTS ARE REQUIRED TO ATTEND A WE EKLY WORKSHOP, FACILITATED BY A LICENSED FAMILY THERAPIST, TO GAIN TOOLS TO SUPPORT THEIR CHILDREN AND THEIR EDUCATION FOR THE SUMMER OF 2012, 81% OF PARTICIPANTS MAINTAINED GRADE LEVEL OR IMPROVED IN MATH AND 77% OF PARTICIPANTS MAINTAINED GRADE LEVEL OR IMPROVED IN R EADING 3 OUR YOUTH & GOVERNMENT PROGRAM INTRODUCES LOCAL MIDDLE AND HIGH SCHOOL STUDENTS TO THE LEGISLATIVE PROCESS OF CITY, COUNTY, STATE, NATIONAL, AND INTERNATIONAL GOVERNMENT S THROUGH A HANDS-ON APPROACH PROGRAMS SUCH AS YOUTH LEGISLATURE (CULMINATING WITH A WEEK END TRIP TO THE STATE CAPITAL IN RALEIGH WHERE THE STUDENTS AUTHOR, INTRODUCE AND VOTE TO ACCEPT OR REJECT BILLS OF THEIR OWN CREATION), CON

Identifier	Return Reference	Explanation
YOUTH DEVELOPMENT	FORM 990, PART III, LINE 4B	REFERENCE ON NATIONAL AFFAIRS, AND MODEL UN ENABLE YOUNG PEOPLE TO PREPARE FOR MORAL AND POLITICAL LEADERSHIP THROUGH TRAINING IN THE THEORY AND PRACTICE OF DEVELOPING PUBLIC POLICY STUDENTS SHARPEN THEIR LEADERSHIP SKILLS AND IMPROVE THEIR PROBLEM SOLVING AND CRITICAL THINKING ABILITIES WHILE BECOMING MORE ADEPT AT DEBATING AND PUBLIC SPEAKING IN 2012, 720 STUDENTS FROM MIDDLE AND HIGH SCHOOLS WITHIN OUR ASSOCIATION PARTICIPATED IN THESE PROGRAMS, MANY RETURNING HOME WITH RECOGNITION AWARDS AND HAVING BEEN ELECTED TO A STATE OFFICE BY THEIR PEERS 4 THE BLACK ACHIEVERS PROGRAM GIVES TEENS (9TH- 12TH GRADE) IN FORSYTH COUNTY DIRECT ACCESS TO 35 VOLUNTEER LEADERS (ADULT ACHIEVERS) REPRESENTING BUSINESS AND INDUSTRY, PUBLIC HEALTH AND SAFETY, EDUCATION AND COMMUNITY BASED ORGANIZATIONS OUR VOLUNTEERS SERVE AS ROLE MODELS AND NURTURING FIGURES WHO EMPHASIZE THE IMPORTANCE OF EDUCATION THE PROGRAM PROVIDES CAREER EXPLORATION WITH STUDENT ACHIEVERS WORKING WITH ADULT ACHIEVERS TO LEARN ABOUT DIFFERENT CAREER PATHS - ARCHITECTURE AND ENGINEERING, HEALTH AND MEDICAL, BUSINESS, EDUCATION, COMPUTERS, ETC ADDITIONALLY, COLLEGE PREPARATION IS ENCOURAGED WITH SAT PREPARATION AND COLLEGE TOURS BEING A PART OF THE NINE-MONTH PROGRAM THE GRADUATING TEENS COMPETE FOR COLLEGE SCHOLARSHIPS AND AWARDS IN 2012, 8 SENIORS RECEIVED SCHOLARSHIPS TOTALING \$15,000 THE LATINO ACHIEVERS PROGRAM IS A MENTORING PROGRAM FOR HISPANIC ESL HIGH SCHOOL STUDENTS (GRADES 9-12) THE PROGRAM IS DESIGNED TO ADDRESS THE GROWING DROP-OUT RATE OF HISPANIC STUDENTS IN FORSYTH COUNTY HIGH SCHOOLS THE PROGRAM IS OFFERED AT REYNOLDS, NORTH FORSYTH, WEST FORSYTH, EAST FORSYTH AND PARKLAND MAGNET HIGH SCHOOLS LATINO ACHIEVERS PARTNER WITH HISPANIC AND BILINGUAL PROFESSIONALS (ADULT ACHIEVERS) IN CAREER FIELDS SUCH AS FINANCE, MEDIA/COMMUNICATIONS, BUSINESS, HEALTH/MEDICAL, EDUCATION, AND LAW/GOVERNMENT AND ENCOURAGES ACADEMIC ACHIEVEMENT, SOCIAL DEVELOPMENT AND PERSONAL GROWTH AMONG HISPANIC YOUTH LATINO ACHIEVERS USES A CAREER-BASED CURRICULUM WHERE STUDENTS MEET DURING SCHOOL HOURS TWICE A MONTH, AS WELL AS A DIVERSE CHOICE OF MONTHLY EDUCATIONAL FIELD TRIPS AND AN END-OF-YEAR RECOGNITION BANQUET IN 2012, 417 TEENS GOT A TASTE OF HIGHER EDUCATION AND CAREER OPTIONS WHILE LEARNING THE TOOLS THEY NEED TO SUCCEED THROUGH THESE TWO ACHIEVERS PROGRAMS THE ORIGINAL ACHIEVERS PROGRAM WAS FUNDED BY A FEDERAL GRANT FROM THE DEPARTMENT OF EDUCATION IT IS NOW FUNDED BY UNITED WAY AND ALSO SPONSORED BY THE HISPANIC LEAGUE OF THE PIEDMONT TRIAD 5 LEADER'S CLUB IS A LEADERSHIP TRAINING PROGRAM BASED ON PHYSICAL EDUCATION THAT NOT ONLY HELPS MIDDLE AND HIGH SCHOOL STUDENTS IN THEIR PERSONAL HEALTH AND FITNESS GOALS BUT ALSO ALLOWS THEM TO LEARN HOW TO LEAD OTHERS IN ACHIEVING THEIR FITNESS GOALS VOLUNTEER SERVICE AND COMMUNITY SERVICE ARE KEY COMPONENTS TO THIS TEEN LEADERSHIP PROGRAM PARTICIPANTS ATTEND LECTURES THAT RANGE FROM BUSINESS ETIQUETTE TO PUBLIC SPEAKING THE PROGRAM IS DESIGNED TO FOSTER GOOD CITIZENSHIP, MORAL RESPONSIBILITY AND CIVIC INVOLVEMENT IN 2012, APPROXIMATELY 34 STUDENTS IN TWO COUNTIES PARTICIPATED IN THIS PROGRAM 6 HELPING CHILDREN BECOME STRONG LEADERS FOR THE FUTURE IS A COMMUNITY EFFORT THE YMCA TAKES A PROACTIVE APPROACH TO MENTORSHIP AND LEADERSHIP DEVELOPMENT PROGRAMS AND PROVIDES FINANCIAL ASSISTANCE SO THAT ALL HAVE ACCESS, REGARDLESS OF INCOME LEVEL

Identifier	Return Reference	Explanation
YOUTH DEVELOPMENT (CONTINUED)	FORM 990, PART III, LINE 4B	SWIM, SPORTS & PLAY 1 TEAM SPORTS ARE PROVIDED AT BOTH THE YOUTH AND ADULT LEVELS THE YOUTH BASKETBALL PROGRAM HAD OVER 3,200 BOYS AND GIRLS UNDER THE AGE OF 18 PARTICIPATE AND THEY WERE LED BY OVER 500 VOLUNTEER COACHES EACH YOUNGSTER PLAYED A MINIMUM OF ONE-HALF OF EACH GAME WITH A VALUES SESSION CONDUCTED BEFORE EACH GAME THE PROGRAM COLLABORATES WITH LOCAL SCHOOL SYSTEMS AND CHURCHES IN ORDER TO HAVE ADEQUATE GYM SPACE OTHER TEAM SPORTS INCLUDE YOUTH SOCCER (2,200+), FLAG FOOTBALL (600+), YOUTH BASEBALL (690+), VOLLEYBALL (240+), AND ROLLER & FIELD HOCKEY (30+) WITH ALL YMCA SPORTS, THE INTENT IS FOR THE PARTICIPANTS TO HAVE FUN WHILE LEARNING TO PLAY THE SPORT IN AN ENVIRONMENT THAT PLACES WINNING AS SECONDARY PARENTS AND VOLUNTEERS WORK TOGETHER TO MAKE EACH SEASON SPECIAL FOR EVERY TEAM MEMBER 2 LESSONS IN SWIMMING TEACH AQUATIC SKILLS TO YOUTH AND ADULTS (AGES 6 MONTHS THROUGH SENIOR CITIZENS) SWIMMING IS A LIFE-LONG ACTIVITY THAT IMPROVES HEALTH AND FITNESS IN ADDITION TO TEACHING KIDS AND FAMILIES TO BE SAFE IN AND AROUND WATER AT THE DAVIE FAMILY YMCA, A PARTNERSHIP WITH THE DAVIE COUNTY SCHOOLS AND THE UNITED WAY OF DAVIE COUNTY PROVIDES EVERY 2ND GRADE STUDENT WITH THE OPPORTUNITY TO LEARN HOW TO BE SAFE IN AND AROUND WATER THROUGH THE WATER SAFETY EDUCATION PROGRAM IN 2012, 523 STUDENTS RECEIVED THIS INSTRUCTION AT A VALUE OF OVER \$40,000 3 OVER 150 CHILDREN AND ADULTS OF ALL INCOME LEVELS TOOK PART IN ONE FREE WEEK OF WATER SAFETY AWARENESS/SWIM LESSONS AT THE WILKES FAMILY YMCA ADDITIONALLY, WE PARTNERED WITH THE WILKES COUNTY SCHOOLS' MORE AT FOUR PROGRAM TO PROVIDE SWIM LESSONS FOR 729 PRE-K STUDENTS THESE FREE SERVICES HAVE A VALUE OF OVER \$61,000 AND ARE FUNDED IN PART BY THE UNITED WAY OF WILKES COUNTY (\$22,500) 4 DEVELOPMENTAL AND COMPETITIVE SWIMMING PROVIDES ACTIVITIES FOR SWIMMERS OF ALL AGES FROM FOUR YEARS OLD TO ADULT THROUGH OUR SWIM TEAM, TYDE THIS PROGRAM NOT ONLY IMPROVES PHYSICAL FITNESS AND ENHANCES AQUATIC SKILLS, BUT ALSO TEACHES THE IMPORTANCE OF TEAMWORK, GOAL ORIENTATION AND TIME MANAGEMENT OVER 500 SWIMMERS WERE DIRECTLY INVOLVED WITH OUR YEAR-ROUND YMCA SWIM TEAM WITH AN ADDITIONAL 1500+ AREA SUMMER LEAGUE AND CLUB SWIMMERS INVOLVED IN YMCA SPONSORED COMPETITIVE EVENTS DURING 2012, OUR YMCA SWIMMERS PARTICIPATED IN VARIOUS NATIONAL EVENTS AND GRADUATED ONE SENIOR WHO WILL BE RECEIVING A COLLEGE SCHOLARSHIP FOR HIS SWIMMING EFFORTS YMCA AQUATIC FACILITIES ARE ALSO UTILIZED BY AREA HIGH SCHOOL SWIM TEAMS FOR PRACTICES AND COMPETITIONS 5 SPORTS, SWIMMING AND EXPOSURE TO WATER SAFETY ARE CRITICAL TO CHILDREN'S DEVELOPMENT YMCA PROGRAMS PROVIDE FINANCIAL ASSISTANCE TO HELP ALL PEOPLE GAIN ACCESS TO THE YMCA, REGARDLESS OF INCOME LEVEL CAMPING 1 DAY CAMPING PROVIDES FULL DAY RECREATIONAL, EDUCATIONAL AND/OR SPECIALIZED CHILD CARE FOR YOUTH AGES 5 - 13 (14 AND 15 YEAR-OLDS ENTER OUR COUNSELOR-IN-TRAINING (CIT) PROGRAM TO BECOME SUMMER CAMP COUNSELORS AT AGE 16) MULTIPLE DAY CAMP AND SPORTS CAMP SITES ACROSS 5 COUNTIES PROVIDE A VARIETY OF OPPORTUNITIES DURING THE SUMMER FOR GROUP GAMES, SWIMMING, AND ARTS AND CRAFTS EDUCATIONAL CAMP COLLABORATES WITH LOCAL SCHOOLS AND SUMMER SCHOOL PROGRAMS TO PROVIDE A SUMMER ENRICHMENT PROGRAM SPORTS CAMPS TEACH BASKETBALL, SOCCER, VOLLEYBALL AND GOOD SPORTSMANSHIP SKILLS APPROXIMATELY 900 YOUTH WERE SERVED EACH WEEK 2 RESIDENT CAMPING IS DESIGNED TO HELP CAMPERS ENHANCE THEIR SPIRITUAL AWARENESS, MENTAL DEVELOPMENT, PHYSICAL WELL-BEING, SELF-ESTEEM, SOCIAL GROWTH, AND RESPECT FOR THE ENVIRONMENT IN 2012, SUMMER CAMPER WEEKS (ONE CHILD ATTENDING CAMP FOR ONE WEEK) AT YMCA CAMP HANES TOTALED 2,721 THERE WERE 54 TEENS PARTICIPATING IN LEADERSHIP DEVELOPMENT PROGRAMS, 425 TEEN CAMPERS, 3 INTERNATIONAL CAMP COUNSELORS, AND 259 AMERICAN DIABETIC ASSOCIATION CAMPERS THE GOALS OF THE PROGRAM INCLUDE TEACHING LIFE SKILLS WHILE DEVELOPING AN APPRECIATION OF NATURE AND AN UNDERSTANDING OF POSITIVE GROUP LIVING AND INDEPENDENCE 3 ADVENTURE TRIPS, HORSEBACK RIDING, PAINTBALL AND 5 STAND SKEET SHOOTING PROGRAMS ARE OFFERED DURING SUMMER CAMP SESSIONS TO GIVE MANY YOUTH THEIR FIRST EXPERIENCE EVER WITH CAVING, WHITE WATER RAFTING, HORSES, AND GUN SAFETY IN 2012, 428 CAMPERS PARTICIPATED IN THESE SPECIALTY PROGRAMS WHILE ATTENDING YMCA CAMP HANES 4 THE CAMP EXPERIENCE IS MONUMENTAL TO MANY CHILDREN'S DEVELOPMENT IT BUILDS CONFIDENCE, INDIVIDUALITY AND SELF-ESTEEM THAT STAY WITH THE CHILD FOR THE REST OF THEIR LIFE WITHOUT THE YMCA'S FINANCIAL ASSISTANCE, MANY FAMILIES WOULD NOT BE ABLE TO PROVIDE A CAMP EXPERIENCE FOR CHILDREN

Identifier	Return Reference	Explanation
SOCIAL RESPONSIBILITY	FORM 990, PART III, LINE 4C	1 FINANCIAL ASSISTANCE POLICY THE HEART OF THE YMCA'S MISSION IS TO REACH OUT AND SERVE PEOPLE IN OUR COMMUNITIES WHO ARE IN NEED THE YMCA STRIVES TO TURN NO ONE AWAY DUE TO AN INABILITY TO PAY A PROGRAM OR MEMBERSHIP FEE OUR OPEN DOORS PROGRAM ALLOWS INDIVIDUALS AND FAMILIES TO ACCESS YMCA MEMBERSHIP AND PROGRAMS ON A SLIDING-FEE SCALE THAT IS DESIGNED TO RESPOND TO INDIVIDUAL CIRCUMSTANCES (WHEN A PARENT LOSES HIS/HER JOB, WHEN MEDICAL BILL S BECOME OVERWHELMING, WHEN LIVING ON A FIXED-INCOME, ETC) APPLICATIONS AND AWARDS OF FINANCIAL ASSISTANCE ARE REVIEWED PERIODICALLY TO DETERMINE IF SAME LEVEL OF AWARD IS APPROPRIATE, I E HAVE CIRCUMSTANCES CHANGED FOR THE RECIPIENT DURING 2012, \$1,999,751 OF FINANCIAL ASSISTANCE WAS PROVIDED FOR Y PROGRAMS AND MEMBERSHIP FEES TO 17,717 INDIVIDUALS 2 AT YMCA CAMP HANES, THE OUTDOOR EDUCATION PROGRAM TAKES CLASSROOM LESSONS AND BRINGS THEM TO LIFE WITH EDUCATIONAL, HANDS-ON ACTIVITIES THAT COMPLEMENT THE CURRICULUM BASED ON THE NORTH CAROLINA STATE STANDARD COURSE OF STUDY FOR EDUCATION STUDENTS BEGIN TO UNDERSTAND WHAT THEY'RE LEARNING FROM A TEXTBOOK IN A NEW AND DIFFERENT WAY TIME AT CAMP ALLOWS STUDENTS TO SEE EACH OTHER IN A DIFFERENT SETTING THAT PROMOTES AND ENCOURAGES COOPERATION, TEAMWORK, AND UNDERSTANDING OF THEIR OWN ABILITIES AND POTENTIAL TRAINED PROFESSIONALS FACILITATE THE LEARNING EXPERIENCE THROUGH GROUP WORK, GUIDED DISCOVERY, PARTICIPATORY DISCUSSIONS, AND FUN ACTIVITIES IN 2012, 6,162 STUDENTS FROM 56 SCHOOLS EXPERIENCED THIS HANDS-ON LEARNING AT YMCA CAMP HANES 3 RAISING LITERACY LEVELS IS AN INTEGRAL PART OF OUR MISSION OF "HELPING PEOPLE REACH THEIR GOD-GIVEN POTENTIAL IN SPIRIT, MIND, AND BODY " THE YMCA OF NORTHWEST NORTH CAROLINA PROVIDES ADULT AND FAMILY LITERACY SERVICES AT NO COST TO PARTICIPANTS THROUGH OUR LITERACY INITIATIVE PROGRAM PROGRAM STAFF RECRUIT, TRAIN, AND SUPPORT VOLUNTEERS WHO TUTOR INDIVIDUALS OR SMALL GROUPS OF ADULTS IN 40-HOUR PROGRAMS OF ENGLISH AS A SECOND LANGUAGE AND BASIC READING AND COMPUTER LITERACY DURING 2012, PROGRAM STAFF AND 91 TRAINED VOLUNTEERS TUTORED 162 ADULTS (72 BASIC READING AND 90 ESL) HELPING THEM REACH THEIR GOALS OF ENTERING EMPLOYMENT, JOB TRAINING OR GED PROGRAMS, OR BECOMING MORE INVOLVED IN THEIR CHILDREN'S EDUCATION THE LITERACY INITIATIVE'S EL NIDO FAMILY LITERACY PROGRAM AT THE LEDGES APARTMENTS' CHILDREN CENTER, WITH 14 VOLUNTEERS, PROVIDED HOMEWORK HELP AND LITERACY ENRICHMENT ACTIVITIES FOR 48 PRESCHOOL AND ELEMENTARY CHILDREN 6 HOURS EACH WEEK WHILE 52 PARENTS WERE TAKING ESL CLASSES 4 PIONEERING HEALTHIER COMMUNITIES (PHC) IS A COALITION OF COMMUNITY LEADERS DEDICATED TO CREATING POLICY AND ENVIRONMENTAL CHANGE THAT WILL IMPROVE THE HEALTH AND WELLNESS OF THE COMMUNITY SPEARHEADED BY THE YMCA OF NORTHWEST NORTH CAROLINA, PHC FOCUSES ON PHYSICAL ACTIVITY, THE BUILT ENVIRONMENT AND NUTRITION TO CREATE A HEALTHIER COMMUNITY THE COALITION ENGAGES OVER 40 COMMUNITY LEADERS WITH A DIVERSE RANGE OF EXPERTISE THE PHC COALITION IN WINSTON-SALEM/FORSYTH COUNTY INCLUDES THE MAYOR, A COUNTY COMMISSIONER, A SCHOOL BOARD MEMBER, DIRECTORS AND LEADERSHIP FROM WINSTON-SALEM/FORSYTH COUNTY CITY /COUNTY PLANNING DEPARTMENT, THE DEPARTMENT OF TRANSPORTATION, RECREATION AND PARKS DEPARTMENT, LEADERSHIP FROM WINSTON-SALEM/FORSYTH COUNTY SCHOOLS, PHYSICIANS AND RESEARCHERS FROM THE MAJOR MEDICAL CENTERS, LOCAL BUSINESS LEADERS AND STAFF FROM LOCAL COLLEGES/UNIVERSITIES THIS GROUP HAS HAD SUCCESSES SUCH AS IMPLEMENTING INSTANT RECESS® (A 10-MINUTES PHYSICAL ACTIVITY BREAK) IN ALL LOCAL MIDDLE SCHOOLS, LAUNCHING A WORKSITE WELLNESS PROGRAM FOR THE COMMUNITY, AND CREATING ACCESS FOR WIC AND EBT VOUCHERS (FORMERLY FOOD STAMPS) AT THE LOCAL FARMER'S MARKET THE COALITION HAS ALSO BEEN INVOLVED IN SUPPORTING THE CITY/COUNTY LONG-RANGE PLAN THAT INCLUDES A SECTION ON HEALTH AND WELLNESS CONSIDERATIONS WHEN PLANNING AND ZONING 5 THE JERRY LONG FAMILY YMCA PROVIDES OUTREACH PROGRAMMING TO A LOCAL MOBILE HOME PARK, PEACEHAVEN MOBILE ESTATES, THAT IS LOCATED LESS THAN TWO MILES AWAY FROM THE JERRY LONG FAMILY YMCA THERE ARE MORE THAN 245 MOBILE HOMES WITH CURRENT TENANTS, OF WHICH 65% OF THE FAMILIES ARE HISPANIC OR LATINO, 30% WHITE, 4% AFRICAN AMERICAN, AND 1% ASIAN THE COMMUNITY HAS A SWIMMING POOL, A MULTI-PURPOSE ROOM AND MULTI-USE FIELD THE YMCA HAS DEVELOPED STRONG POSITIVE RELATIONSHIPS WITH THE PROPERTY MANAGER AND MANY OF THE FAMILIES IN THE COMMUNITY THE Y PROVIDES FREE SWIMMING LESSONS WITH FAMILY ACTIVITIES AS WELL A ZUMBA CLASSES THE JLY ALSO PROVIDED THE SALSA, SABOR Y SALUD FAMILY HEALTH AND WELLNESS PROGRAM SPECIFICALLY DESIGNED FOR HISPANIC/LATINO FAMILIES, AND OTHER PROGRAMS AND SERVICES TO THE COMMUNITY 6 DURING 2012, 562 INDIVIDUALS WERE MEMBERS OF THE Y THROUGH THE YMCA MILITARY OUTREACH INITIATIVE BENEFITTING FAMILIES OF ACTIVE AND DEPLOYED SOLDIERS LAUNCHED IN OCTOBER 2008, THE YMCA MILITARY OUTREACH INITIATIVE PROVIDES GOVERNMENT FUNDING FOR ELIGIBLE MILITARY

Identifier	Return Reference	Explanation
SOCIAL RESPONSIBILITY	FORM 990, PART III, LINE 4C	FAMILIES TO RECEIVE FREE MEMBERSHIPS AT FULL-FACILITY Y MCAS IN THEIR COMMUNITIES 7 IN S UPPO RT OF MILITARY FAMILIES, Y MCA CAMP HANES PROVIDES A SPECIALTY CAMP FOR YOUTH FROM FAMI LIES WITH PARENT(S) SERVING IN THE MILITARY THE WEEK LONG TRADITIONAL CAMP ALLOWS CHILDRE N TO EXPERIENCE ADVENTURES IN A SAFE, CARING CAMP ENVIRONMENT ACTIVITIES ENHANCE A CAMPER 'S SELF-ESTEEM, CONFIDENCE, AND SOCIAL SKILLS WHILE PROVIDING A SUPPORTIVE ENVIRONMENT AND SENSE OF CAMARADERIE FOR YOUTH IN MILITARY FAMILIES WHILE AT CAMP, CAMPERS TAKE PART IN EXCITING AND CHALLENGING ACTIVITIES SUCH AS A 200 FOOT WATER SLIDE, ZIP-LINES, SWIMMING, R OPES COURSES, CAMPFIRE PROGRAMS AND MORE THE GOAL IS FOR CAMPERS TO LEAVE WITH A DEEPER U NDERSTANDING OF THEIR OWN POTENTIAL AND A NEW COLLECTION OF LIFE- LONG MEMORIES AND FRIENDS WHILE EXPERIENCING NATURE 8 IN 2012, THE Y MCA OF NORTHWEST NORTH CAROLINA HOSTED THE FA LL CHRISTIAN LEADERSHIP CONFERENCE (CLC) AT CAMP HANES 137 ATTENDEES FROM APPROXIMATELY 1 5 DIFFERENT Y MCAS AND THREE STATES ATTENDED TRAINING WORKSHOPS WITH A CHRISTIAN EMPHASIS I N PROGRAMMING AND FELLOWSHIP CLC IS A LONGSTANDING PROGRAM IN THE Y MCA, AND DUE TO THE MA NY SUCCESSFUL CLCS WE HAVE HOSTED, OUR ASSOCIATION HAS BEEN SELECTED AGAIN TO HOST THE EVE NT IN THE FALL OF 2013 9 THE Y MCA OF NORWEST NORTH CAROLINA HAS STRONG INTERNATIONAL TIE S THROUGH A LONG STANDING RELATIONSHIP WITH THE Y MCA OF THE UKRAINE OUR RELATIONSHIP HAS SUPPORTED STRONG PROGRAMS IN HIV/AIDS EDUCATION, Y OUTH SPORTS, CAMPING AND THE ARTS IN THE UKRAINE ADDITIONALLY , THIS RELATIONSHIP HAS PROVIDED INTERNSHIP OPPORTUNITIES FOR BOTH O RGANIZATIONS, AS WELL AS SERVICE LEARNING CAMPS FOR OUR OWN YOUNG PEOPLE 10 IN RECOGNITI ON OF THE NATIONAL DAY OF PRAYER, EACH OF THE Y MCA FACILITIES HOSTED AN ANNUAL PRAYER BREA KFAST IN MAY THESE EVENTS BROUGHT TOGETHER 643 MEMBERS OF THE COMMUNITIES SERVED TO PRAY , FELLOWSHIP, AND HEAR SPEAKERS AND MUSIC 11 NON-SUMMER CONFERENCE/RETREAT PROGRAMS ARE D ESIGNED TO ALLOW CAMPERS THE SAME OPPORTUNITIES AS A RESIDENT CAMPER EXCEPT ON A SMALLER S CALE OVER A LONG WEEKEND THE CONFERENCE CENTER AT Y MCA CAMP HANES WAS UTILIZED BY OVER 8, 000 INDIVIDUALS THROUGH 77 SEPARATE EVENTS IN 2012

Identifier	Return Reference	Explanation
Delegate broad authority to a committee	Form 990, Part VI, Section A, Line 1a	THE PRESIDENT'S CABINET CONSISTS OF THE ACTING CHIEF VOLUNTEER OFFICER (CVO), CVO-ELECT, TRESURER, SECRETARY, IMMEDIATE PAST CVO, THE CEO AND SUCH OTHER INDIVIDUAL(S) AS MAY BE DESIGNATED BY THE ASSOCIATION BOARD OF DIRECTORS (BOD) FROM TIME TO TIME. THE PRESIDENT'S CABINET HAS THE FULL POWER AND AUTHORITY TO SUPERVISE AND ACT UPON ALL BUSINESS OF THE ASSOCIATION BOARD OF DIRECTORS DURING INTERVALS BETWEEN THE REGULAR MEETINGS OF THE BOD

Identifier	Return Reference	Explanation
Significant changes to organizational documents	Form 990, Part VI, Section A, Line 4	DUING 2012, THE ASSOCIATION BOARD OF DIRECTORS APPROVED CHANGES TO THE BY-LAWS OF THE YMCA OF NORTHWEST NORTH CAROLINA THE CHANGES INCLUDED CLARIFICATIONS ON MEMBERSHIP, REDUCTION OF THE NUMBER OF BOARD MEMBERS FROM 80 TO 30, LIMITATIONS ON TERMS FOR BOARD MEMBERS, CREATION OF A PRESIDENT'S CABINET (REPLACED THE EXECUTIVE COMMITTEE) AND A BRANCH LEADERSHIP COUNCIL THE DUTIES OF OFFICERS WERE CLARIFIED, AS WELL AS, PROVISIONS ADDED ADDRESSING OFFICERS' RESIGNATIONS, REMOVALS, AND SIGNATURE AUTHORITY

Identifier	Return Reference	Explanation
Classes of members or stockholders	Form 990, Part VI, Section A, Line 6	THE YMCA OF NORTHWEST NORTH CAROLINA IS A MEMBERSHIP ASSOCIATION OF MEN, WOMEN, AND CHILDREN OF ALL AGES, ABILITIES, INCOMES, RACES, AND RELIGIONS THE ASSOCIATION IS DEDICATED TO "HELPING PEOPLE REACH THEIR GOD-GIVEN POTENTIAL IN SPIRIT, MIND AND BODY " CHRISTIAN PRINCIPLES ARE PUT INTO PRACTICE THROUGH PROGRAMS THAT PROMOTE HEALTHY LIVING, YOUTH DEVELOPMENT, AND SOCIAL RESPONSIBILITY BY ENROLLING AS YMCA MEMBERS, INDIVIDUALS MAY PARTICIPATE IN THE PROGRAMS DESCRIBED ABOVE AND UTILIZE THE INDOOR AND OUTDOOR FACILITIES OF THE YMCA IN ADDITION, YMCA MEMBERS SERVE AS THE PRIMARY SOURCE OF PROGRAM AND POLICY-MAKING VOLUNTEERS, AS WELL AS, DONORS TO THE ANNUAL FUND-RAISING CAMPAIGN, WHICH SUPPORTS THE YMCA'S FINANCIAL ASSISTANCE PROGRAM OUR BYLAWS CREATE TWO CLASSES OF MEMBERS THE FIRST GROUP INCLUDES ANY PERSON WHO SUPPORTS THE PURPOSE OF THE ORGANIZATION, PAYS MEMBERSHIP FEES AS ESTABLISHED BY THE BOARD OF DIRECTORS, AND ADHERES TO THE MEMBERSHIP POLICIES, PROCEDURES AND THE CODE OF CONDUCT ANY MEMBER IN GOOD STANDING AS JUST DESCRIBED AND AT LEAST 19 YEARS OF AGE IS A VOTING MEMBER AND ENTITLED TO ONE VOTE ON ANY ITEMS OF BUSINESS PROPERLY BROUGHT BEFORE THE MEMBERS FOR CONSIDERATION AT THE ANNUAL MEETING ANY MEMBERSHIP TYPE THAT INCLUDES MORE THAN ONE INDIVIDUAL WHO MEETS THE CRITERIA ABOVE (FAMILY TYPE MEMBERSHIPS) WILL CONSTITUTE ONLY ONE VOTE PER MEMBERSHIP

Identifier	Return Reference	Explanation
Members or stockholders electing members of governing body	Form 990, Part VI, Section A, Line 7a	THE ROLE OF THE VOTING MEMBERS OF THE YMCA OF NORTHWEST NORTH CAROLINA IS TO ELECT THE ASSOCIATION BOARD OF DIRECTORS AT THE ANNUAL MEETING VOTING MEMBERS MAY CAST ONE VOTE ON ANY ITEMS OF BUSINESS PROPERLY BROUGHT BEFORE THE MEMBERS FOR CONSIDERATION AT THE ANNUAL MEETING, INCLUDING ELECTION OF THE GOVERNING BODY NO DECISIONS MADE BY THE GOVERNING BODY ARE SUBJECT TO APPROVAL BY THE MEMBERS

Identifier	Return Reference	Explanation
Review of form 990 by governing body	Form 990, Part VI, Section B, Line 11b	THE AUDIT COMMITTEE REVIEWS AND APPROVES THE FORM 990. UPON APPROVAL, THE RETURN IS PROVIDED TO EACH BOARD MEMBER OF THE ASSOCIATION BOARD OF DIRECTORS PRIOR TO IT BEING FILED WITH THE IRS.

Identifier	Return Reference	Explanation
Conflict of interest policy	Form 990, Part VI, Section B, Line 12c	ANNUAL DISCLOSURES BY DIRECTORS AND EMPLOYEES ARE REVIEWED BY ASSOCIATION OFFICE STAFF AND ANY CONFLICTS OR POTENTIAL CONFLICTS ARE NOTED SO THAT APPROPRIATE ACTION CAN BE TAKEN, E.G. DIRECTORS WOULD BE EXCLUDED FROM APPROVAL VOTES IF PROCESS WOULD INVOLVE A TRANSACTION RELATED TO THEIR CONFLICT OF INTEREST

Identifier	Return Reference	Explanation
Process used to establish compensation of top management official	Form 990, Part VI, Section B, Line 15a	THE EVALUATION AND COMPENSATION COMMITTEE OF THE ASSOCIATION BOARD OF DIRECTORS IS COMPRISED OF THE CHIEF VOLUNTEER OFFICER (CVO), CVO-ELECT, THE IMMEDIATE PAST CVO, THE SECRETARY, AND THE TREASURER. IT IS THE DUTY AND RESPONSIBILITY OF THE EVALUATION AND COMPENSATION COMMITTEE TO APPRAISE THE PERFORMANCE OF THE PRESIDENT/CEO ANNUALLY ON OR ABOUT THE END OF THE FISCAL YEAR AND BASED ON THAT APPRAISAL TO DETERMINE THE PRESIDENT/CEO'S COMPENSATION FOR THE NEXT FISCAL YEAR. DETERMINATION OF THE PRESIDENT/CEO'S COMPENSATION AND REVIEW OF OTHER SENIOR STAFF COMPENSATION SHALL BE MADE AFTER AN EXAMINATION OF COMPARABILITY TO COMPENSATION LEVELS PAID BY SIMILARLY SITUATED ORGANIZATIONS TO ENSURE THAT COMPENSATION IS FAIR AND REASONABLE. THE EVALUATION AND COMPENSATION COMMITTEE SHALL ANNUALLY DOCUMENT COMPARABILITY IN WRITING AND MAINTAIN DOCUMENTATION WITH THE HUMAN RESOURCES DEPARTMENT.

Identifier	Return Reference	Explanation
Process used to establish compensation of other officers/key employees	Form 990, Part VI, Section B, Line 15b	POSITIONS INCLUDED IN COMPENSATION REVIEW AND APPROVAL INCLUDE CEO, COO, CFO, CDO (CHIEF DEVELOPMENT OFFICER), AS WELL AS ALL VICE PRESIDENT POSITIONS (OPERATIONS, MARKETING AND HUMAN RESOURCES)

Identifier	Return Reference	Explanation
Governing documents, conflict of interest policy and financial statements available to the public	Form 990, Part VI, Section C, Line 19	THE GOVERNING DOCUMENTS OF THE YMCA OF NORTHWEST NORTH CAROLINA (ARTICLES OF INCORPORATION, BYLAWS, 501(C)(3) EXEMPTION LETTER) AND THE CONFLICT OF INTEREST POLICY ARE MAINTAINED AT THE ADMINISTRATIVE OFFICES OF THE ORGANIZATION AND ARE AVAILABLE TO THE PUBLIC UPON REQUEST FOR INSPECTION AND/OR TO BE COPIED THE MOST RECENT AUDITED FINANCIAL STATEMENTS OF THE ORGANIZATION ARE AVAILABLE TO THE PUBLIC VIA THE ORGANIZATION'S WEBSITE UNDER THE AREA LABELED "ABOUT US"

Identifier	Return Reference	Explanation
REQUESTING INFORMATION	FORM 990, PART VI, LINE 19	THE WEBSITE FOR THE YMCA OF NORTHWEST NORTH CAROLINA CONTAINS A SECTION LABELED "ABOUT US" WHERE A LINK TO GUIDESTAR IS MAINTAINED AS WELL AS A LINK TO THE CFO'S EMAIL ADDRESS FOR REQUEST OF A COPY OF THE MOST RECENT FORM 990

Identifier	Return Reference	Explanation
Other changes in net assets or fund balances	Form 990 , Part XI, Line 9	CONTRIBUTION FROM MERGER - 5881563, UNREALIZED GAIN ON HEDGING ACTIVITIES - 40832,

Additional Data

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Name: YOUNG MEN'S CHRISTIAN ASSOCIATION OF NORTHWEST NORTH CAROLINA

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC)	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
CHAD NOLAN TRESURER	3 00	X		X				0	0	0
DAVID FAIN CHIEF VOLUNTEER OFFICER	4 00	X		X				0	0	0
JOAN HEALY SECRETARY	3 00	X		X				0	0	0
LINDA WOOD VICE CHAIR/CVO ELECT	3 00	X		X				0	0	0
BILL HAYES DIRECTOR	2 00	X						0	0	0
BILL PHIPPS DIRECTOR	2 00	X						0	0	0
BOB SULLIVAN DIRECTOR	2 00	X						0	0	0
BRAD UNDERDAL DIRECTOR	2 00	X						0	0	0
BRENT WADDELL DIRECTOR	2 00	X						0	0	0
BRIAN HERNDON DIRECTOR	2 00	X						0	0	0
BRIAN MCMILLAN DIRECTOR	2 00	X						0	0	0
CURTIS LEONARD DIRECTOR	2 00	X						0	0	0
CYNTHIA CHARLES DIRECTOR	2 00	X						0	0	0
DAVID C HINTON AUDIT COMMITTEE CHAIR	2 00	X						0	0	0
DAVID R PLYER DIRECTOR	2 00	X						0	0	0
DEBORAH L BEST DIRECTOR	2 00	X						0	0	0
DREW VEACH DIRECTOR	2 00	X						0	0	0
ED CROWDER DIRECTOR	2 00	X						0	0	0
EVELYN MOXLEY DIRECTOR	2 00	X						0	0	0
FRED TRIVETTE FINANCIAL DEVELOPMENT COMMITTEE CHAIR	2 00	X						0	0	0
GARY DUNCAN DIRECTOR	2 00	X						0	0	0
HELEN JENNETT DIRECTOR	2 00	X						0	0	0
HONORABLE CHESTER DAVIS DIRECTOR	2 00	X						0	0	0
J DUDLEY WATTS DIRECTOR	2 00	X						0	0	0
JENNIFER NEEDHAM DIRECTOR	2 00	X						0	0	0

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors										
(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC)	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
JERRY JONES DIRECTOR	2 00	X						0	0	0
JOSH DAILEY DIRECTOR	2 00	X						0	0	0
JUDY SWEGER DIRECTOR	2 00	X						0	0	0
JULIE TOWNSEND DIRECTOR	2 00	X						0	0	0
KEITH KISER DIRECTOR	2 00	X						0	0	0
KEVIN WILLIAMS DIRECTOR	2 00	X						0	0	0
LESLIE HAYES DIRECTOR	2 00	X						0	0	0
LISA FEATHERNGILL DIRECTOR	2 00	X						0	0	0
MARK LAND DIRECTOR	2 00	X						0	0	0
MATT DAYE DIRECTOR	2 00	X						0	0	0
MEGAN BERLINGER DIRECTOR	2 00	X						0	0	0
MICHAEL LISCHKE DIRECTOR	2 00	X						0	0	0
MOLLY KREMIDAS MARKETING COMMITTEE CHAIR	2 00	X						0	0	0
NORMAN POTTER DIRECTOR	2 00	X						0	0	0
PAUL BO FULTON DIRECTOR	2 00	X						0	0	0
PAUL HAMMES HR COMMITTEE CHAIR	2 00	X						0	0	0
PAUL NORBY PROPERTY & RISK COMMITTEE CHAIR	2 00	X						0	0	0
REV DARRYL AARON DIRECTOR	2 00	X						0	0	0
RICK FRENCH DIRECTOR	2 00	X						0	0	0
ROBERT JONES DIRECTOR	2 00	X						0	0	0
ROBERT PARKER DIRECTOR	2 00	X						0	0	0
ROBIN RICHARDS DIRECTOR	2 00	X						0	0	0
ROBIN RJ SPEAKS DIRECTOR	2 00	X						0	0	0
SCOTT CARPENTER DIRECTOR	2 00	X						0	0	0
SHANNON HURLEY DIRECTOR	2 00	X						0	0	0

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors										
(A) Name and Title	(B) Average hours per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC)	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional Trustee	Officer	Key employee	Highest compensated employee	Former			
SUE HENDERSON DIRECTOR	2 00	X						0	0	0
SYLVIA OBERLE DIRECTOR	2 00	X						0	0	0
TIM WHITENER DIRECTOR	2 00	X						0	0	0
TOM MCDANIEL DIRECTOR	2 00	X						0	0	0
WAYNE HOSCH DIRECTOR	2 00	X						0	0	0
CURTIS HAZELBAKER PRESIDENT/CEO	55 00			X				215,014	0	31,877
DONNA V RODGERS SENIOR VP/CFO	55 00			X				123,384	0	20,570
DARRYL HEAD VP OPERATIONS/EXECUTIVE DIRECTOR	55 00					X		101,270	0	19,478
JOAN MARIE BELNAP VP/CHIEF DEVELOPMENT OFFICER	55 00					X		103,774	0	17,894
MARK BACHMAN SENIOR VP/COO	55 00					X		141,637	0	24,292