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Form **990**

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

OMB No 1545-0047

2011

Open to Public Inspection

Form 990 (2011)

Department of the Treasury Internal Revenue Service ▶ The organization may have to use a copy of this return to satisfy state reporting requirements For the 2011 calendar year, or tax year beginning . 2011, and ending C Name of organization Self D Employer identification number Check if applicable (USA) Doing Business As Address change 42-0844679 Number and street (or P O box if mail is not delivered to street address) Room/suite E Telephone number Name change 703 2nd Avenue NW 319-352-4040 Initial return City or town, state or country, and ZIP + 4 Terminated Waverlv IA 50677 Amended return G Gross receipts \$ 257545 F Name and address of principal officer Application pending H(a) Is this a group return for affiliates? Yes No H(b) Are all affiliates included? ☐ Yes ☒ No 501(c)(3) If "No," attach a list (see instructions) 501(c) () ◀ (insert no) ☐ 4947(a)(1) or Tax-exempt status Website: ▶ www.selfhelpinternational.org H(c) Group exemption number ▶ Form of organization 🔲 Corporation 🗌 Trust 🔲 Association 🗍 Other 🏲 L Year of formation 1959 M State of legal domicile IOWa Part I Summarv 1 Briefly describe the organization's mission or most significant activities: Teach farming skills to improve techniques, yields, & diets. Womens micro-credit enterprise program Activities & Governance increases income and empowers women. Infant and preschool nutrition program alleviates malnutrtion. Programs are in Africa & Central America Check this box ▶ ☐ if the organization discontinued its operations or disposed of more than 25% of its net assets 3 Number of voting members of the governing body (Part VI, line 1a). Number of independent voting members of the governing body (Part VI, line 1b) 4 5 Total number of individuals employed in calendar year 2011 (Part V, line 2a) 5 5 Total number of volunteers (estimate if necessary) . . . 76 6 Total unrelated business revenue from Part VIII, solumn (C), line 12 Net unrelated business taxable income from/Form 990=1, line 34 0 Prior Year **Current Year** Contributions and grants (Part VIII, line 1h)/3 308607 146204 9 Program service revenue (Part VIII, line 2g) 0 Investment income (Part VIII, column (A), lines 3, 4, and 7d) 2012 10 (15450 14622 Other revenue (Part VIII, column (A), lines 5, 6d, 8C, 95, 10c, and 11e) (1).

Total revenue—add lines 8 through 11 (must equal Part Alli Column (A). The 12) 54578 11 77352 12 347735 238178 13 180310 Grants and similar amounts paid (Part IX, column (A), lines 1-3 163836 14 Benefits paid to or for members (Part IX, column (A), line 4) 0 85313 15 86899 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10) 16a Professional fundraising fees (Part IX, column (A), line 11e) THE RESIDENCE OF THE PARTY OF T b Total fundraising expenses (Part IX, column (D), line 25) ▶ 17 Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e) 40033 31983 289182 299192 18 Total expenses Add lines 13-17 (must equal Part IX, column (A), line 25) 19 Revenue less expenses. Subtract line 18 from line 12 58553 (61014)**Beginning of Current Year End of Year** 20 Total assets (Part X, line 16) 605175 543851 21 Total liabilities (Part X, line 26) . 310 22 Net assets or fund balances. Subtract line 21 from line 20 604865 543851 Signature Block पूर्वें penalties of penury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge Sign Signature of officer / Here Type or print name and title Print/Type preparer's name Raid Keith Oltrogge self-employed P00556907 Preparer Firm's name ► Keith Oltrogge Firm's EIN ▶ 01-0852927 Use Only Phone no 319-984-5292 Firm's address ► PO Box 310 Denver May the IRS discuss this return with the preparer shown above? (see instructions) ☐ Yes ☐ No

For Paperwork Reduction Act Notice, see the separate instructions.

Form 99	0 (2011)								Page 2
Part l	Ш		of Program Service hedule O contains			is Dort III		_	· <u> </u>	
-	Brief	y describe th	ne organization's mi	ssion:	•					<u>. Ll</u>
	То	allevia	te hunger							
2	prior	Form 990 or		• •				d on the	☐ Yes	⊠ No
3		the organiza	these new services tion cease conduc	ting, or make sig	nificant change		conducts, any		☐ Yes	⊠ No
	lf "Y€	es," describe	these changes on S	Schedule O.						
4	expe	nses Sectio	anization's program n 501(c)(3) and 50 ⁻ tions to others, the t	1(c)(4) organization	s and section	4947(a)(1) tru	sts are required	to repor		
4a	(Cod	е) (Expenses \$	233176 includir	ng grants of \$		0)(Revenue	51	24965)
	Pro	vides t	rm families	l education	to impro	ove farm	ing techn	iques,	incr	ease
	Х.т.е	tus and	improve di	ets.						
4b	(Cod	e:) (Expenses \$	0 includii	ng grants of \$		0) (Revenue	3	0)
	Wom	ens mic develop	ro-credit e ing countri	nterprise es.	increases	income	and empo	wers w	omen	
4c	(Cod	e:) (Expenses \$	0 includii	ng grants of \$		0) (Revenue \$	······································	9903)
	Inf	ant and	preschool	nutrition	program u	ıses QPM	porridge	, barl	еу	
	mal	t and v	itamins to	alleviate	malnutrit	ion.				
									·	
	Otho	r program ca	niose (December :- 1	Sahadula O.						
4d	(Expe	r program se enses \$	rvices (Describe in S includin	Schedule ()) g grants of \$) (R	evenue \$)			
4e	Tota	program se	ervice expenses >	233176	<u> </u>					

Part I	V Checklist of Required Schedules			
			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes,"			
	complete Schedule A	1	X	ļ
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)?	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3		х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? <i>If "Yes," complete Schedule C, Part II</i>	4		х
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C,			
	Part III	5		Х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		x
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		x
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? <i>If "Yes," complete Schedule D, Part III</i>	8		х
9	Did the organization report an amount in Part X, line 21, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9		x
10	Did the organization, directly or through a related organization, hold assets in temporarily restricted	 		
	endowments, permanent endowments, or quasi-endowments? If "Yes," complete Schedule D, Part V	10		х
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VIII, IXI, or X as applicable.	4, 4		
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI	11a	X	-
b	Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b	х	
C	Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII .	11c		x
d	Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		x
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		Х
	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f		х
12 a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI, XII, and XIII	12a	x	
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI, XII, and XIII is optional	12b		х
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13	-	Х
14 a	Did the organization maintain an office, employees, or agents outside of the United States?	14a	x	
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV.	441		
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or assistance to any	14b		<u> </u>
16	organization or entity located outside the United States? <i>If "Yes," complete Schedule F, Parts II and IV</i> . Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or assistance to individuals located outside the United States? <i>If "Yes," complete Schedule F. Bate III and IV</i>	15	X	
17	to individuals located outside the United States? <i>If "Yes," complete Schedule F, Parts III and IV</i> Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on	16		X
18	Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I (see instructions)	17		X
19	Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18	х	-
	If "Yes," complete Schedule G, Part III	19	<u>L</u> _	x
20 a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		Х
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		

Part :	Checklist of Required Schedules (continued)			
			Yes	No
21	Did the organization report more than \$5,000 of grants and other assistance to any government or organization in the United States on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		х
22	Did the organization report more than \$5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		х
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete Schedule J.	23		х
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25	24a		х
b c	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception? Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24b 24c		X
d 25a	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year? Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	24d 25a		x
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b		x
26	Was a loan to or by a current or former officer, director, trustee, key employee, highly compensated employee, or disqualified person outstanding as of the end of the organization's tax year? If "Yes," complete Schedule L, Part II.	26		x
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part III	27		x
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions):			
a b	A current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV A family member of a current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28a 28b		X
С	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? If "Yes," complete Schedule L, Part IV	28c		x
29 30	Did the organization receive more than \$25,000 in non-cash contributions? <i>If "Yes," complete Schedule M</i> Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>	30		х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		х
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32		х
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301 7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I</i>	33		х
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Parts II, III, IV, and V, line 1	34	ļ.,	х
35a b	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a 35b		x
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If "Yes," complete Schedule R, Part V, line 2	36		x
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? <i>If "Yes," complete Schedule R, Part VI</i>			
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11 and 19? Note. All Form 990 filers are required to complete Schedule O	37	x	X

Part	V Statements Regarding Other IRS Filings and Tax Compliance			- 5
	Check if Schedule O contains a response to any question in this Part V		•	
			Yes	No
1a	Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable	1		
b	Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable	4	1	
С	Did the organization comply with backup withholding rules for reportable payments to vendors and		-	
2a	reportable gaming (gambling) winnings to prize winners?	1c	Х	
24	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return 5			
b	Statements, filed for the calendar year ending with or within the year covered by this return 1			٠.
•	Note. If the sum of lines 1a and 2a is greater than 250, you may be required to <i>e-file</i> (see instructions)	2b	Х	-
3a	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a	-	x
b	If "Yes," has it filed a Form 990-T for this year? If "No," provide an explanation in Schedule O	3b		<u> </u>
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority			
	over, a financial account in a foreign country (such as a bank account, securities account, or other financial			
	account)?	4a	x	
b	If "Yes," enter the name of the foreign country: ▶ Ghana and Nicaragua			
	See instructions for filing requirements for Form TD F 90-22 1, Report of Foreign Bank and Financial Accounts.	l	_	ļ
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		х
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b	L	Х
C	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c	ļ	
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the	_		
b	organization solicit any contributions that were not tax deductible?	6a		X
	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?			
7	giπs were not tax deductible? Organizations that may receive deductible contributions under section 170(c).	6b		
·a	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods	•		
	and services provided to the payor?	7a		 X
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		
C	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was	1.2		
	required to file Form 8282?	7c	!	х
d	If "Yes," indicate the number of Forms 8282 filed during the year			
е	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		Х
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7f		Х
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g		
h 8	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7h		
O	Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting			
	organizations. Did the supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess business holdings at any time during the year?		-	ŀ
9	Sponsoring organizations maintaining donor advised funds.	8		
a	Did the organization make any taxable distributions under section 4966?	9a	-	-
b	Did the organization make a distribution to a donor, donor advisor, or related person?	9b		
10	Section 501(c)(7) organizations. Enter:			
а	Initiation fees and capital contributions included on Part VIII, line 12			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities . 10b	1		
11	Section 501(c)(12) organizations. Enter:	1		
a	Gross income from members or shareholders			
b	Gross income from other sources (Do not net amounts due or paid to other sources			
40-	against amounts due or received from them.)	J		
12a	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	12a		
b	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	_		
13	Section 501(c)(29) qualified nonprofit health insurance issuers.			
а	Is the organization licensed to issue qualified health plans in more than one state?	13a		
Ь	Note. See the instructions for additional information the organization must report on Schedule O. Enter the amount of reserves the organization is required to maintain by the states in which			
	the organization is licensed to issue qualified health plans			
С	Enter the amount of security of	4		
14a	Did the organization receive any payments for indoor tanning services during the tax year?	-		
b	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O.	14a		Х
		14b	1	I

Part VI

	response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. S		tructi	
Costi	Check if Schedule O contains a response to any question in this Part VI		<u> </u>	<u> </u>
Secu	on A. Governing Body and management		Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year 1a			
	If there are material differences in voting rights among members of the governing body, or	ł		
	if the governing body delegated broad authority to an executive committee or similar			
	committee, explain in Schedule O			
_	Enter the number of voting members included in line 1a, above, who are independent . 15 15			1
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with			
•	any other officer, director, trustee, or key employee?	2		<u> </u>
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, or trustees, or key employees to a management company or other person?	3		х
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4		$\frac{\hat{x}}{x}$
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		×
6	Did the organization have members or stockholders?	6		Х
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?	7a		x
b	Are any governance decisions of the organization reserved to (or subject to approval by) members,			
	stockholders, or persons other than the governing body?	7b		х
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:			
а	The governing body?	8a	Х	
þ	Each committee with authority to act on behalf of the governing body?	8b	X	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at			
Casti	the organization's mailing address? If "Yes," provide the names and addresses in Schedule O. on B. Policies (This Section B requests information about policies not required by the Internal Reven	9	- 4 - 1	X
Section	on B. Foncies (This Section B requests information about policies not required by the internal Reven	ueC	Yes	No
10a	Did the organization have local chapters, branches, or affiliates?	10a		x
þ	If "Yes," did the organization have written policies and procedures governing the activities of such chapters,			
	affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?	10b		L
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	_X	
b	Describe in Schedule O the process, if any, used by the organization to review this Form 990.			
12a b	Did the organization have a written conflict of interest policy? <i>If "No," go to line 13</i> Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12a 12b	x	
C	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes,"	120		
	describe in Schedule O how this was done	12c	х	
13	Did the organization have a written whistleblower policy?	13	Х	
14	Did the organization have a written document retention and destruction policy?	14	Х	
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?			
а	The organization's CEO, Executive Director, or top management official	15a	Х	
þ	Other officers or key employees of the organization	15b	X	<u> </u>
16a	If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions). Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement			
	with a taxable entity during the year?	16a		х
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its			
	participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?	16b		
Secti	on C. Disclosure			L
17	List the states with which a copy of this Form 990 is required to be filed ▶	· · ·		
18	Section 6104 requires an organization to make its Forms 1023 (or 1024 if applicable), 990, and 990-T (Section	501(c)(3)s	only)
	available for public inspection. Indicate how you made these available. Check all that apply.			
40	Own website Another's website Upon request			
19	Describe in Schedule O whether (and if so, how), the organization made its governing documents, conflict of and financial statements available to the public during the tax year.			olicy,
20	State the name, physical address, and telephone number of the person who possesses the books and records	of the	•	

Form 9	an /2	2011	١

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Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any See instructions for definition of "key employee"
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

List persons in the following order: individual trustees or directors, institutional trustees, officers; key employees; highest compensated employees; and former such persons.

Check this box if neither the organization no	r any relate	d org	anız	_		ompe	ensa	ted any curren	t officer, director	r, or trustee.
(A) Name and Title	(B) Average hours per week	box, office	unles er an	Pos neck ss pe d a d	rson	e than o	n an tee)	(D) Reportable compensation from	(E) Reportable compensation from related	(F) Estimated amount of other
	(describe hours for related organizations in Schedule O)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	the organization (W-2/1099-MISC)	organizations (W-2/1099-MISC)	compensation from the organization and related organizations
(1)Merry Fredrick Ex Dir Waverly IA	40				х	x		48444	0	0
(2) Frances Mueller Pres Waverly IA	1	x		x				0	0	0
(3) Maria Maixner Vice Pres Waverly IA	2	х		х				0	0	0
(4) Fred Strohbehn Secr Reinbeck IA	2	х		x				0	0	0
(5) Philip Hufferd Treas Cedar Falls IA	2	х		х				0	0	0
(6) Jerry Dove Director Janesville IA	1	х						0	0	0
(7) David Fredrick Director Waverly IA	4	х						0	0	0
(8) Rod Hamer Director Cedar Falls IA	1	х						0	0	0
(9) Dale Harpstead Director East Lansing MI	4	х						0	0	0
(10)Gene Novak Director Marion IA	1	х						0	0	0
(11)Mary Jane Oakland Direct Ames IA	or 1	х						0	0	0
(12)Dennis Preslicka Directo Iowa City IA	r 1	х						0	0	0
(13)Bert Schou Director Cedar Falls IA	1	х						0	0	0
(14)Carol Smith Director Perry IA	1	х						0	0	0

(A) Name and title	(B) Average	(C) Position (do not check more than or box, unless person is both					one	(D) Reportable	(E) Reportable	(F) Estimated
	hours per week (describe hours for related organizations in Schedule O)	office or directo				Highest compensated employee		compensation from the organization (W-2/1099-MISC)	compensation from related organizations (W-2/1099-MISC)	other compensation
(15) Nick Taiber Director Cedar Falls IA	2	х						0	0	0
(16) Jon Tehven Director Waverly IA	1	x						0	0	0
(17) James West Director Ames IA	1	х						0	0	0
(18)	-									<u> </u>
(19)										
(20)					 					
(21)				ļ						
(22)										
(23)										
(24)		-	_	_						
(25)			-			_				
						L	>	48444	C	0
c Total from continuation sheets to Part d Total (add lines 1b and 1c)	t VII, Sectio					 	>	48444	C) c
Total number of individuals (including bureportable compensation from the organ	it not limited						e) w	ho received m	ore than \$100,0	000 of
3 Did the organization list any former of employee on line 1a? If "Yes," complete	fficer, direc	ctor, o	or tr uch	uste ind	ee, ıvid	key (ual	emp	oloyee, or high	nest compensa	. 3 1 X
For any individual listed on line 1a, is the organization and related organizations individual		an \$	150,	,000)? /	f "Ye	s, "	complete Sci		
5 Did any person listed on line 1a receive for services rendered to the organization									zation or ındivid 	lual 5 X
Section B. Independent Contractors										
Complete this table for your five highest compensation from the organization. Re year										
(A) Name and business ad	dress							(B) Description of s	services	(C) Compensation
NONE							F			
							İ			
							\vdash			
2 Total number of independent contract received more than \$100,000 of comper	ors (includi	ng bu	ut n organ	ot niza	limit	ted to	o th	nose listed ab	ove) who	ASSESS OF THE PROPERTY OF THE

Pan	THE P	Statement of Revenue				
	•	•	(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512, 513, or 514
ts	1a	Federated campaigns 1a				
Contributions, Gifts, Grants and Other Similar Amounts	b	Membership dues 1b				,
عَ ق	c	Fundraising events 1c				
T A	d	Related organizations . 1d				
ပ္ခု	_	Government grants (contributions) 1e				
Sin	e	All other contributions, gifts, grants,				
iğ e	•					
흡흥		1				
g 3	9	Noncash contributions included in lines 1a-1f: \$	146004			
	<u>h</u>	Total. Add lines 1a–1f	146204			
Program Service Revenue	_	Business Code				
Š	2a					
ž	b					
ξĊ	C					
Ser	d					
Ē	e					
gu	f	All other program service revenue .			• •	
2	g	Total. Add lines 2a–2f	0			
	3	Investment income (including dividends, interest,				
		and other similar amounts) ▶	14622			14622
	4	Income from investment of tax-exempt bond proceeds ▶				
	5	Royalties				
		Royalties			· · · · · · · · · · · · · · · · · · ·	
	6a	Gross rents				
	ь	Less rental expenses				
	c	Rental income or (loss) 0 0				
	d	Net rental income or (loss)	0	-		-
	7a	Gross amount from sales of (i) Securities (ii) Other				-
		assets other than inventory				
	b	Less: cost or other basis				
		and sales expenses .				·
	C	Gain or (loss) . 0 0				
	d	Net gain or (loss)	0			
Other Revenue	8a	Gross income from fundraising events (not including \$ of contributions reported on line 1c) See Part IV, line 18 a 95285				
ţ	b	Less direct expenses b 18614				
0	1	Net income or (loss) from fundraising events	76671			
		Gross income from gaming activities. See Part IV, line 19				
	ь	Less direct expenses b				
	6	Net income or (loss) from gaming activities .	0			
		Gross sales of inventory, less			 	
	'02	returns and allowances a 1434				
	١ ,	<u> </u>				
	b	Less: cost of goods sold b 753 Net income or (loss) from sales of inventory				
		Miscellaneous Revenue Business Code	681	681		
	11a	Misochaneous Mevenine Business Code				
) ia b					
	C	All other reverse				ļ
	d	All other revenue				
	42	Total. Add lines 11a–11d .	0			
	12	Total revenue. See instructions ▶	238178	681		1 14622

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns All other organizations must complete column (A) but are not required to complete columns (B), (C), and (D)

	Check if Schedule O contains a response	se to any question i	in this Part IX		🗆
	not include amounts reported on lines 6b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to governments and organizations in the United States See Part IV, line 21				
2	Grants and other assistance to individuals in the United States See Part IV, line 22				
3	Grants and other assistance to governments, organizations, and individuals outside the United States See Part IV, lines 15 and 16	180310	180310		
4 5	Benefits paid to or for members Compensation of current officers, directors, trustees, and key employees	48444	35929	7267	5248
6	Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				-
7	Other salaries and wages	29500	1884	10910	16706
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	3000		3000	
9 10	Other employee benefits	5955	2893	1383	1679
11 a	Fees for services (non-employees): Management			i	
b c d	Legal	2000		2000	
e f	Professional fundraising services See Part IV, line 17 Investment management fees				
12	Other	6351 5834	146	3169	6351 2519
13 14 15	Office expenses	3634	140	3109	2319
16 17	Occupancy	11900	11894		6
18	Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 20	Conferences, conventions, and meetings .				
21	Interest Payments to affiliates				
22	Depreciation, depletion, and amortization	901		901	····
23	Insurance	477		477	-
24	Other expenses. Itemize expenses not covered above (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)		:		
a	Dues Bank Charges	159		30	129
b	Bank Charges	3123	120	2924	79
c d	Telephone	1238		862	376
e 25	All other expenses Total functional expenses. Add lines 1 through 24e	299192	233176	32923	33093
26	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here if following SOP 98-2 (ASC 958-720)				
	· · · · · · · · · · · · · · · · · · ·				Form 990 (2011)

Part X **Balance Sheet** (B) (A) Beginning of year End of year Cash—non-interest-bearing Savings and temporary cash investments . . Receivables from current and former officers, directors, trustees, key employees, and highest compensated employees. Complete Part II of Schedule L Receivables from other disqualified persons (as defined under section 4958(f)(1)), persons described in section 4958(c)(3)(B), and contributing employers and sponsoring organizations of section 501(c)(9) voluntary employees' beneficiary organizations (see instructions) Assets Notes and loans receivable, net Inventories for sale or use Prepaid expenses and deferred charges . . 10a Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D 10a 10b 7256 10c b Less: accumulated depreciation . . . Investments—other securities. See Part IV, line 11 Investments—program-related. See Part IV, line 11 **15** Total assets. Add lines 1 through 15 (must equal line 34) Accounts payable and accrued expenses Escrow or custodial account liability. Complete Part IV of Schedule D. Payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons. Secured mortgages and notes payable to unrelated third parties Unsecured notes and loans payable to unrelated third parties . Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X Total liabilities. Add lines 17 through 25 310 26 Ō Organizations that follow SFAS 117, check here ▶ 🔯 and complete Net Assets or Fund Balances lines 27 through 29, and lines 33 and 34. <u> 12763</u> Organizations that do not follow SFAS 117, check here ▶ □ and complete lines 30 through 34. Paid-in or capital surplus, or land, building, or equipment fund Retained earnings, endowment, accumulated income, or other funds

Form 99	0 (2011)		Pag	ge 12
Part	Reconciliation of Net Assets Check if Schedule O contains a response to any question in this Part XI		•	
1 2	Total revenue (must equal Part VIII, column (A), line 12)	2	381	192
3 4 5	Revenue less expenses. Subtract line 2 from line 1		•	014) 865
6 Part		5	5438	351
	Check if Schedule O contains a response to any question in this Part XII	• •	Yes	No
1	Accounting method used to prepare the Form 990	100	73.	, , , , , , , , , , , , , , , , , , ,
2a b c	Were the organization's financial statements compiled or reviewed by an independent accountant? Were the organization's financial statements audited by an independent accountant?		х	<u>x</u>
d	If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O. If "Yes" to line 2a or 2b, check a box below to indicate whether the financial statements for the year were issued on a separate basis, consolidated basis, or both:	2c	X	The state of the s
3a	Separate basis, consolidated basis, or both. Separate basis ☐ Consolidated basis ☐ Both consolidated and separate basis As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	3a		ž Geografia X
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why in Schedule O and describe any steps taken to undergo such audits	3b	000	
		Form	390	(2011)

SCHEDULE A

(Form 990 or 990-EZ)

Public Charity Status and Public Support

2011

OMB No 1545-0047

Department of the Treasury Internal Revenue Service

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

▶ Attach to Form 990 or Form 990-EZ. ▶ See separate instructions.

Open to Public Inspection

	f Help Int	ernationa	ol (USA)					12-084	14679	number	
Par			rity Status (All orga	nization	s must c	omplete					
			tion because it is: (Fo						risti uctioi	13.	
1			hes, or association of		•		-	•	i).		
2			170(b)(1)(A)(ii). (Atta					(-/(-/(-/\	- -		
3			spital service organiza		-	section '	170(Ь)(1)	(A)(iii).			
4	A medical rese		on operated in conjunc	ction with	a hospita	al describ	ed in sec	tion 170		iii). Enter f	the
5		on operated for b)(1)(A)(iv). (Con	the benefit of a collec	ge or univ	versity ow	ned or o	perated	by a gov	ernmental	unit desc	ribed in
6			nment or governmenta								
7			receives a substantia)(A)(vi). (Complete Pa		its suppo	rt from a	governm	ental uni	t or from t	the genera	al public
8			n section 170(b)(1)(A)		-	•					
9	receipts from support from	activities related gross investme	receives: (1) more that to its exempt function in the income and unrelater June 30, 1975. See	ons—sub ated bus	ject to ce iness tax	ertain exc able inco	ceptions, ome (les:	and (2) is section	no more t	han 33 1/3	% of its
10	☐ An organization	on organized and	d operated exclusively	to test fo	or public s	safety. Se	e sectio	n 509(a)	(4).		
11			nd operated exclusive								
			licly supported organi								e section
			describes the type of s				•			_	
е		his box, I certify indation manage	Type II c that the organization is and other than one	is not cor		rectly or	indirectly	by one o		squalified	persons
f	If the organiz		a written determinatio	on from t	he IRS t	hat it is	a Type	I, Type I	l, or Type	ell supp	orting
g	•	17, 2006, has t	he organization accep	pted any	gift or co	ntribution	n from an	y of the			
			ndirectly controls, eithody of the supported of			-	ersons d		in (ii) and	11g(i)	Yes No
	(ii) A family m	ember of a pers	on described in (i) abo	ve?						11g(ii)	
	(iii) A 35% cor	ntrolled entity of	a person described in	(i) or (ii) a	above? .					11g(iii)	
h			on about the supporte								<u> </u>
(i)	Name of supported organization	(ii) EIN	(III) Type of organization (described on lines 1–9 above or IRC section (see instructions))	in col (i) li	organization sted in your document?	the organ	rou notify nization in of your port?	organiza	Is the tron in col ized in the S?	(vii) Am supp	
				Yes	No	Yes	No	Yes	No		
(A)											
(B)											
(C)											
(D)										-	
(E)								 			
Total											0
		<u> </u>	<u>L</u>	1	I		<u> </u>	<u> </u>			U

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

	on A. Public Support						
Calen	dar year (or fiscal year beginning in) ▶	(a) 2007	(b) 2008	(c) 2009	(d) 2010	(e) 2011	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")	371278	199479	275834	308607	146204	1301402
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3	The value of services or facilities furnished by a governmental unit to the organization without charge .						
4	Total. Add lines 1 through 3.	371278	199479	275834	308607	146204	1301402
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6	Public support. Subtract line 5 from line 4					A'	1301402
Secti	on B. Total Support						
Calen	dar year (or fiscal year beginning in) ▶	(a) 2007	(b) 2008	(c) 2009	(d) 2010	(e) 2011	(f) Total
7	Amounts from line 4	371278	199479	275834	308607	146204	1301402
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources	16351	11407	9334	10916	14622	62630
9	Net income from unrelated business activities, whether or not the business is regularly carried on						
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV.)		914				914
11	Total support. Add lines 7 through 10						1364946
12	Gross receipts from related activities, etc.					12	87372
13	First five years. If the Form 990 is for the	-			-		
04	organization, check this box and stop he			· · · · ·		• • •	<u> </u>
<u>Secti</u>	on C. Computation of Public Suppor			1 solumn (f)		14	95.34%
15	Public support percentage for 2011 (line 6 Public support percentage from 2010 Sch					15	96.26%
16a	33¹n% support test—2011. If the organi						
	box and stop here. The organization qua						
b	331n% support test—2010. If the organ check this box and stop here. The organ	nization did no	t check a box	on line 13 or	16a, and line		
17a	10%-facts-and-circumstances test—20 10% or more, and if the organization meets the "fact IV how the organization meets the "fact organization".	ets the "facts-a acts-and-circur	nd-circumstan nstances" test.	ces" test, chec	k this box and tion qualifies a	stop here. E	xplain in
b	10%-facts-and-circumstances test—20 15 is 10% or more, and if the organizate Explain in Part IV how the organization management organization in the supported organization in the supported organization in the support organizati	tion meets the neets the "facts	facts-and-cire- and-circumsta-	cumstances" to ances" test. Th	est, check this	box and st qualifies as a	op here.
18	Private foundation. If the organization di instructions						

Part III Support Schedule for Organizations	Described in Section 509(a)(2)

• •					(/(-/			
(Complete only if y	ou checked	the box on	line 9 of Pa	irt I or if th	e organization	failed to qu	alify under	Part II
If the organization	fails to qualit	fy under the	tests lister	helow n	lease complete	Part II)		

	on A. Public Support						
Calen	dar year (or fiscal year beginning in) ▶	(a) 2007	(b) 2008	(c) 2009	(d) 2010	(e) 2011	(f) Total
1	Gifts, grants, contributions, and membership fees						
	received (Do not include any "unusual grants.")			<u> </u>			
2	Gross receipts from admissions, merchandise						
	sold or services performed, or facilities furnished in any activity that is related to the					i	
	organization's tax-exempt purpose						
3	Gross receipts from activities that are not an						
	unrelated trade or business under section 513						
4	Tax revenues levied for the						
	organization's benefit and either paid						
	to or expended on its behalf						
5	The value of services or facilities		1				
	furnished by a governmental unit to the			1			
	organization without charge						
6	Total. Add lines 1 through 5						
7a	Amounts included on lines 1, 2, and 3		_				
	received from disqualified persons .						
b	Amounts included on lines 2 and 3						
	received from other than disqualified						
	persons that exceed the greater of \$5,000						l
	or 1% of the amount on line 13 for the year						
	Add lines 7a and 7b		_				
8	Public support (Subtract line 7c from		į				
	line 6.)					<u> </u>	<u> </u>
	on B. Total Support	(-) 0007	(1.) 0000		() 0040		(0 T-1-1
	dar year (or fiscal year beginning in) ▶	(a) 2007	(b) 2008	(c) 2009	(d) 2010	(e) 2011	(f) Total
9	Amounts from line 6						
10a	Gross income from interest, dividends,				ļ		
	payments received on securities loans, rents, royalties and income from similar sources.						
D	Unrelated business taxable income (less section 511 taxes) from businesses						
	acquired after June 30, 1975						
_	4 1 1 1 1 4 2 1 4 2 1						
11	Net income from unrelated business						· · · · · -
••	activities not included in line 10b, whether						
	or not the business is regularly carried on						
12	Other income. Do not include gain or		 				
'-	loss from the sale of capital assets			•	1		
	(Explain in Part IV.)						1
13	Total support. (Add lines 9, 10c, 11,						
-	and 12.)						
14	First five years. If the Form 990 is for the	le organization	ı's first, secon	third fourth	or fifth tax ve	ar as a section	501(c)(3)
	organization, check this box and stop he						
Secti	on C. Computation of Public Support						
15	Public support percentage for 2011 (line 8			3, column (f))		15	%
16	Public support percentage from 2010 Sch						%
Secti	on D. Computation of Investment Inc	come Perce	ntage				
17	Investment income percentage for 2011 (y line 13, colu	mn (f))	17	%
18	Investment income percentage from 2010	Schedule A.	Part III, line 17			18	<u>%</u>
19a	331/3% support tests—2011. If the organ	ization did not	check the box	on line 14, a	nd line 15 is m	nore than 331/3	%, and line
	17 is not more than 331%, check this box a	and stop here	. The organizatı	on qualifies as	a publicly supp	orted organizati	on
b	331/3% support tests—2010. If the organize	zation did not d	heck a box on	line 14 or line 1	19a, and line 16	s is more than 3	331/3%, and
	line 18 is not more than 331/3%, check this b	oox and stop h	nere. The organ	ization qualifies	as a publicly s	upported organ	ization ► 🗆
20	Private foundation. If the organization di	d not check a	box on line 14,	19a, or 19b, c	heck this box a	and see instruc	tions ► 🗍

	Form 990 or 990-EZ) 2011	Page 4
Part IV	Supplemental Information. Complete this part to provide the explanations required by Part II, line 10; Part II, line 17a or 17b; and Part III, line 12. Also complete this part for any additional information. (See instructions).	
	mod dodono).	
		
	·	
	·	

SCHEDULE D (Form 990)

Supplemental Financial Statements

OMB No 1545-0047

Open to Public

Department of the Treasury Internal Revenue Service

► Complete if the organization answered "Yes," to Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b. ► Attach to Form 990. ► See separate instructions.

Inspection

Name o	the organization		Employer identification number
Self	Help International (USA)		42-0844679
Par	Organizations Maintaining Dono organization answered "Yes" to Fo	or Advised Funds or Other Similar Fu orm 990, Part IV, line 6.	inds or Accounts. Complete if the
		(a) Donor advised funds	(b) Funds and other accounts
1	Total number at end of year		•
2	Aggregate contributions to (during year) .		
3	Aggregate grants from (during year)		
4	Aggregate value at end of year		
5	Did the organization inform all donors and funds are the organization's property, subject		
6	Did the organization inform all grantees, do only for charitable purposes and not for the conferring impermissible private benefit?		for any other purpose
Pari	Conservation Easements. Comp	lete if the organization answered "Yes	" to Form 990, Part IV, line 7.
1	Purpose(s) of conservation easements held t	by the organization (check all that apply).	
	Preservation of land for public use (e.g.,	recreation or education) Preservation	of an historically important land area
	☐ Protection of natural habitat	☐ Preservation	of a certified historic structure
	☐ Preservation of open space		
2	Complete lines 2a through 2d if the organiza	tion held a qualified conservation contribu	tion in the form of a conservation
	easement on the last day of the tax year.		
			Held at the End of the Tax Year
а	Total number of conservation easements .		. 2a
b	Total acreage restricted by conservation eas	ements	2b
C	Number of conservation easements on a cer	tified historic structure included in (a) .	2c
d	Number of conservation easements includ	ed in (c) acquired after 8/17/06, and no	t on a
	historic structure listed in the National Regis	ter	· · 2d
3	Number of conservation easements modified tax year ▶	d, transferred, released, extinguished, or te	erminated by the organization during the
4	Number of states where property subject to	consequation assembnt is legated	
5	Does the organization have a written pol		aspection handling of
•	violations, and enforcement of the conserval		· · · · · · · · · · · · · · · · · · ·
6	Staff and volunteer hours devoted to monito		
		ring, inspecting, and emoroting conservation	in casements during the year
7	Amount of expenses incurred in monitoring, \$\Bigs\\$	inspecting, and enforcing conservation ea	sements during the year
8	Does each conservation easement reported (i) and section 170(h)(4)(B)(ii)?	on line 2(d) above satisfy the requirements	s of section 170(h)(4)(B)
9	In Part XIV, describe how the organization rebalance sheet, and include, if applicable, the organization's accounting for conservation e	e text of the footnote to the organization's teasements	ue and expense statement, and financial statements that describes the
Part	Organizations Maintaining Colle Complete if the organization answ	ections of Art, Historical Treasures, or rered "Yes" to Form 990, Part IV, line 8	or Other Similar Assets.
1a	If the organization elected, as permitted und	der SFAS 116 (ASC 958), not to report in	its revenue statement and balance sheet
	works of art, historical treasures, or other	similar assets held for public exhibition,	education, or research in furtherance of
	public service, provide, in Part XIV, the text of		
b	If the organization elected, as permitted ur works of art, historical treasures, or other public service, provide the following amount	similar assets held for public exhibition,	education, or research in furtherance of
	(i) Revenues included in Form 990, Part VIII	, line 1	> \$
	(i) Revenues included in Form 990, Part VIII, (ii) Assets included in Form 990, Part X. If the organization received or hold works		> \$
2	ii the organization received or field works	of art, historical treasures, or other simil	ar assets for financial gain, provide the
	following amounts required to be reported u	nder SFAS 116 (ASC 958) relating to these	items:
а	Revenues included in Form 990, Part VIII, lin		
b	Assets included in Form 990, Part X		> \$

For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Раг	Organizations Maintaining	Collections of	Art, Historic	al Tro	easures, or O	ther Similar Ass	sets (continued)
3	Using the organization's acquisition, collection items (check all that apply).	accession, and oth					
a	☐ Public exhibition		d 🗌	Loan	or exchange pro	ograms	
b	Scholarly research		e 🗌	Other	r		
C	☐ Preservation for future generatio						
4	Provide a description of the organization XIV.	tion's collections a	ind explain h	ow the	ey further the or	ganızation's exem	pt purpose in Part
5	During the year, did the organization assets to be sold to raise funds rather						
Part	V Escrow and Custodial Arra	ingements. Cor	nplete if the	orgar	•		
	line 9, or reported an amoun		•				
1a	Is the organization an agent, trustee included on Form 990, Part X?					r other assets no	Yes No
b	If "Yes," explain the arrangement in Pa	art XIV and comple	ete the follow	ing tab	ole [.]	An	nount
С	Beginning balance				. 10	2	
d	Additions during the year .						
e	Distributions during the year						
f	Ending balance						
2a	Did the organization include an amour				· · · <u>- ·</u>		☐ Yes ☐ No
b	If "Yes," explain the arrangement in Pa			•			
	Endowment Funds. Comple		ation answe	red "\	Yes" to Form 9	90. Part IV. line	10.
		(a) Current year	(b) Prior yea			(d) Three years back	
1a	Beginning of year balance	70000	700	00	7000		
b	Contributions						
С	Net investment earnings, gains, and						1 ,
	losses	2660	35	29	7317		
d	Grants or scholarships						<u> </u>
e	Other expenditures for facilities and		-	-			
	programs	2660	35	29	7317		ļ.
f	Administrative expenses						
g	End of year balance	70000	700	00	7000		
2	Provide the estimated percentage of the						<u> </u>
а	Board designated or quasi-endowmen	nt ▶	%		(=,,		
b	Permanent endowment ► 10	00%	· -				
C	Temporarily restricted endowment ▶	%					
	The percentages in lines 2a, 2b, and 2		0%.				
3a	Are there endowment funds not in the	possession of the	organization	that a	are held and ad	ministered for the	
	organization by						Yes No
	(i) unrelated organizations						3a(i)
	(ii) related organizations			•			3a(ii)
b	If "Yes" to 3a(iı), are the related organi	izations listed as re	equired on Sc	hedule	eR?		3b
4	Describe in Part XIV the intended uses	s of the organizatio	n's endowme	ent fun	ds.		<u> </u>
Part	VI Land, Buildings, and Equi	pment.See Form	990, Part X	(, line	10.		
	Description of property	(a) Cost or oth (investme		Cost or o		Accumulated lepreciation	(d) Book value
1a	Land						
b	Buildings						,,,, <u>,</u>
С	Leasehold improvements						
d	Equipment	. 7	26620	-		20265	6355
e	Other						
Total.	Add lines 1a through 1e. (Column (d) I	must equal Form 9	90. Part X. co	olumn ((B), line 10(c))		6355

Part VII	Investments—Other Securities	. See Form 990, Part X,	line 12.	
	i) Description of security or category (including name of security)	(b) Book value	(c) Method of valua Cost or end-of-year mai	
(1) Financial	derivatives			
	neld equity interests	40224	FMV 40224	
(3) Other				
(A)	•••••			
(B)				
(C) (D)				
(E)				
(F)				
(G)				
(H)				
(I)				
	(b) must equal Form 990, Part X, col (B) line 12.) ▶	40224		1
Part VIII	Investments—Program Related	J. See Form 990, Part X,	line 13.	
	(a) Description of investment type	(b) Book value	(c) Method of valua Cost or end-of-year mai	
(1)				
(2)				
(3)				
(4)				
(5) (6)				
(7)				
(8)				
(9)				
(10)				
	(b) must equal Form 990, Part X, col (B) line 13.) ▶			
Part IX	Other Assets. See Form 990, Pa			
		1) Description		(b) Book value
	stment in life insurar	nce policy		2019
(2)				
<u>(3)</u> (4)				
(5)				
(6)				
(7)				
(8)				
(9)				
(10)	(A)	1 (2) 1: (2)		
Part X	mm (b) must equal Form 990, Part X, c			2019
1.	Other Liabilities. See Form 990, (a) Description of liability	(b) Book value	T	
	income taxes	(b) Book Value	1	
(2)			1	
(3)			1	
(4)			1	
(5)				
(6)			1	
(7)				
(8)]	
(9)	·			
(10)				
(11)	(h) must a run Farra 200 Part V	· · · · · · · · · · · · · · · · · · ·	1	
2 EINI 40 /A	(b) must equal Form 990, Part X, col (B) line 25)	1		
Organization	SC 740) Footnote. In Part XIV, provide o's liability for uncertain tax positions u	the text of the footnote to f	ine organization's financial stateme	ents that reports the
3. 33. NEGUOI		11461 FIIN 40 (MOC /40).		

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Pane	4

Par	Reconciliation of Change in Net Assets from Form 990 to Audited Fina	ancial Stateme	ents	
1	Total revenue (Form 990, Part VIII, column (A), line 12)		1	238178
2	Total expenses (Form 990, Part IX, column (A), line 25)	.	2	299192
3	Excess or (deficit) for the year. Subtract line 2 from line 1	–	3	(61014
4	· · · · · · · · · · · · · · · · · · ·	[4	
5	Donated services and use of facilities		5	
6	Investment expenses	F	6	
7	Prior period adjustments	F-	7	
8	Other (Describe in Part XIV.)	⊢	8	
9	Total adjustments (net). Add lines 4 through 8) -	9	0
10	Excess or (deficit) for the year per audited financial statements. Combine lines 3 and		10	(61014
	Reconciliation of Revenue per Audited Financial Statements With			
1	Total revenue, gains, and other support per audited financial statements		1	285572
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:	• • •	- 3	
a	Net unrealized gains on investments		10.00	
b	Donated services and use of facilities	28027	1 ' '	
C	Recoveries of prior year grants		1	
d	Other (Describe in Part XIV.)	19367	1	
e	Add lines 2a through 2d	13307	2e	47394
3	Subtract line 2e from line 1		3	238178
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:		1/2	230170
-				
a	- · · · · · · · · · · · · · · · · · · ·		-	
b	· · · · · · · · · · · · · · · · · · ·			0
С 5	Add lines 4a and 4b		4c 5	238178
	XIII Reconciliation of Expenses per Audited Financial Statements With			
	Table and the same of the same	i Exherises he	4	346586
1		• •	5 695	
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:	28027		
a	Donated services and use of facilities	20021	2.25	
b	Prior year adjustments			
C .	Other losses	10267		
đ	Other (Describe in Part XIV)	19367	∤·. 1	47204
e	Add lines 2a through 2d		2e	47394 299192
3	Subtract line 2e from line 1		3	299192
4	Amounts included on Form 990, Part IX, line 25, but not on line 1:		1	
a	Investment expenses not included on Form 990, Part VIII, line 7b . 4a			
b	Other (Describe in Part XIV.)		3 33	0
	Add lines 4a and 4b			000100
5	Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line 18).	· · · · ·	5	299192
	XIV Supplemental Information			
	plete this part to provide the descriptions required for Part II, lines 3, 5, and 9; Part III, I			
	/, line 4, Part X, line 2; Part XI, line 8; Part XII, lines 2d and 4b; and Part XIII, lines 2d ar dditional information.	id 40. Also com	piete this	s part to provide
•		C	•	
Par	t XII, Line 2d and Part XIII, Line 2d are direct	Iunarais	sing e	expenses
.	t /C10C14\			L1
LIId	t were netted with income (\$18614) and cost of g	oous soic	ı nec	<u>Lea</u>
i +	h income (\$753)			
W I L	h income (\$753).			
				•••

Schedule D (Fo	m 990) 2011	Page 5
art XIV	Supplemental Information (continued)	
	•	
		••••••
	······································	
	······································	

SCHEDULE F (Form 990)

Statement of Activities Outside the United States

► Complete if the organization answered "Yes" to Form 990, Part IV, line 14b, 15, or 16. 2011 Open to Public

OMB No 1545-0047

Department of the Treasury Internal Revenue Service

► Attach to Form 990. ► See separate Instructions.

Inspection

	ftheorganization f Help Internation	al (USA)				Employer identification number $42-0844679$	
Part		on Activities C	outside the Un	ited States. Comple	ete if the organi	zation answered "Yes" to	_
1	For grantmakers. Does the or assistance, the grantees' eligit grants or assistance?	rganization mair bility for the gra					,
2	For grantmakers. Describe i assistance outside the United	n Part V the o	rganization's pro	ocedures for monitor	ring the use of	f its grants and other	
3	Activities per Region. (The follo	wing Part I, line	3 table can be o	duplicated if additiona	I space is need	ed.)	
	(a) Region	(b) Number of offices in the region	(c) Number of employees, agents, and independent contractors in region	(d) Activities conducted in	,	l in (d) is (f) Total vice, expenditures for type of and investments	
(1)	Central America and the Carribean Sub-Saharan	1	5	Program Services Program	Training a educatio Training a	n 12865	9
(2)	Sub-Sanaran Africa	1	3	Services	educatio	ł	7
(3)							_
(4)							
(5)							
(6)							
(7)							_
(8)							
(9)							
(10)							
(11)							
(12)							
(13)							
(14)							
(15)							
(16)							_
(17)							_
3a b	Sub-total Total from continuation sheets to Part I		8			23317	<u>6</u>
С	Totals (add lines 3a and 3b)		8			23317	6

Page 2

Schedule F (F	Schedule F (Form 990) 2011
Part II	Grants and Other Assistance to Organizations or Entities Outside the United States. Complete if the organization answered "Yes" to Form 990,
	Part IV, line 15, for any recipient who received more than \$5,000. Check this box if no one recipient received more than \$5,000 • 🕨 🗌
	Part II can be duplicated if additional space is needed.

f (a) Name of organization	(b) IRS code section and EIN (if applicable)	(c) Region	(d) Purpose of grant	(e) Amount of cash grant	(f) Manner of cash disbursement	(g) Amount of non-cash assistance	(h) Description of non-cash assistance	(I) Method of valuation (book, FMV, appraisal, other)
(1)		Central America	General Support	96891	Wire transfer			\$USD
(2)		and Carribean						
(3)		Sub-Saharan Africa	General Support	83419	Wire transfer			susp
(4)								
(5)								
(9)								
(2)								
(8)								
(6)								
(10)								
(11)								
(12)								
(13)								
(14)								
(15)								
(16)								
		1	-					

Enter total number of recipient organizations listed above that are recognized as charities by the foreign country, recognized as tax-exempt by the IRS, or for which the grantee or counsel has provided a section 501(c)(3) equivalency letter

Enter total number of other organizations or entities ო

Schedule F (Form 990) 2011

Page 3

Schedule F (Form 990) 2011

Part III

Grants and Other Assistance to Individuals Outside the United States. Complete if the organization answered "Yes" to Form 990, Part IV, line 16. Part III can be duplicated if additional space is needed.

Schedule F (Form 990) 2011 (h) Method of valuation (book, FMV, appraisal, other) (g) Description of non-cash assistance (f) Amount of non-cash assistance (e) Manner of cash disbursement (d) Amount of cash grant (c) Number of recipients (b) Region (a) Type of grant or assistance Ξ 3 3 € 3 9 3 8 6 (10) 3 (12) (13) 14 (15) (17) (18) (16)

Part IV	Foreign	Forms

	·		
1	Was the organization a U.S. transferor of property to a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 926, Return by a U.S. Transferor of Property to a Foreign Corporation (see Instructions for Form 926)	☐ Yes	X No
2	Did the organization have an interest in a foreign trust during the tax year? If "Yes," the organization may be required to file Form 3520, Annual Return to Report Transactions with Foreign Trusts and Receipt of Certain Foreign Gifts, and/or Form 3520-A, Annual Information Return of Foreign Trust With a U.S. Owner (see Instructions for Forms 3520 and 3520-A)	☐ Yes	⊠ No
3	Did the organization have an ownership interest in a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 5471, Information Return of U.S. Persons With Respect To Certain Foreign Corporations. (see Instructions for Form 5471)	☐ Yes	⊠ No
4	Was the organization a direct or indirect shareholder of a passive foreign investment company or a qualified electing fund during the tax year? If "Yes," the organization may be required to file Form 8621, Information Return by a Shareholder of a Passive Foreign Investment Company or Qualified Electing Fund. (see Instructions for Form 8621)	☐ Yes	⊠ No
5	Did the organization have an ownership interest in a foreign partnership during the tax year? If "Yes," the organization may be required to file Form 8865, Return of U.S. Persons With Respect To Certain Foreign Partnerships. (see Instructions for Form 8865)	☐ Yes	⊠ No
6	Did the organization have any operations in or related to any boycotting countries during the tax year? If "Yes," the organization may be required to file Form 5713, International Boycott Report (see Instructions for Form 5713)	☐ Yes	⊠ No

Part V	Supplemental Information
	Complete this part to provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region); Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c) (estimated number of recipients), as applicable. Also complete this part to provide any additional information (see instructions).
	provide any additional information (see instructions).
	······································

SCHEDULE G (Form 990 or 990-EZ)

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered "Yes" to Form 990, Part IV, lines 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

OMB No 1545-0047 1

Department of the Treasury Internal Revenue Service ► Attach to Form 990 or Form 990-EZ. ► See separate Instructions. Name of the organization Employer identification number Self Help International (USA) 42-0844679 Fundraising Activities. Complete if the organization answered "Yes" to Form 990, Part IV, line 17. Part I Form 990-EZ filers are not required to complete this part. 1 Indicate whether the organization raised funds through any of the following activities. Check all that apply. а ☐ Mail solicitations e Solicitation of non-government grants ☐ Internet and email solicitations b ☐ Solicitation of government grants ☐ Phone solicitations ☐ Special fundraising events d ☐ In-person solicitations Did the organization have a written or oral agreement with any individual (including officers, directors, trustees or key employees listed in Form 990, Part VII) or entity in connection with professional fundraising services? ☐ Yes ☐ No If "Yes," list the ten highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least \$5,000 by the organization. (v) Amount paid to (or retained by) (III) Did fundraiser have custody or control of contributions? (vi) Amount paid to (or retained by) (I) Name and address of individual (iv) Gross receipts (ii) Activity fundraiser listed in col (i) or entity (fundraiser) from activity organization Yes No 10 Total List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

b If "Yes," explain:

	than \$15,000 of fundraisir gross receipts greater tha		(b) Event #2	(c) Other events	
		Auction/Dance (event type)	Golf Tourney (event type)	(total number)	(d) Total events (add col (a) through col (c))
1 2 2	Gross receipts	47099	48186		95285
2	Less Charitable contributions				0
3	Gross income (line 1 minus line 2)	47099	48186		95285
4	Cash prizes				C
5	Noncash prizes	474			474
S2 6	Rent/facility costs	500	500		1000
sesiled to the sesile	Food and beverages	3604	2750		6354
8 8	Entertainment .	900			900
9	Other direct expenses .	2806	7080		9886
10 11	Net income summary Comb	ine line 3, column (d), ai	nd line 10	.	(18614) 76671
	II Caming Complete if the	a organization answer	ed "Yes" to Form 990	Part IV, line 19, or r	
art i	than \$15,000 on Form 9		cu res to roini oso,		еропеа тоге
Part I			(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col (a) through col (c))
	than \$15,000 on Form 9	90-EZ, line 6a	(b) Pull tabs/instant		(d) Total gaming (add
en le se	than \$15,000 on Form 9 Gross revenue	90-EZ, line 6a	(b) Pull tabs/instant		(d) Total gaming (add
enileanu Seesil	than \$15,000 on Form 9 Gross revenue	90-EZ, line 6a	(b) Pull tabs/instant		(d) Total gaming (add
enileanu Seesil	Gross revenue	90-EZ, line 6a	(b) Pull tabs/instant		(d) Total gaming (add
polipapy 1	Gross revenue	90-EZ, line 6a (a) Bingo	(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add
Direct Expenses	than \$15,000 on Form 9 Gross revenue	90-EZ, line 6a	(b) Pull tabs/instant		(d) Total gaming (add
anii sasii ada a a a a a a a a a a a a a a a a a	than \$15,000 on Form 9 Gross revenue	90-EZ, line 6a (a) Bingo Yes % No	(b) Pull tabs/instant bingo/progressive bingo Yes % No	(c) Other gaming	(d) Total gaming (add
sacilect Experience	Gross revenue	90-EZ, line 6a (a) Bingo Yes % No dd lines 2 through 5 in co	(b) Pull tabs/instant bingo/progressive bingo Yes % No	(c) Other gaming	(d) Total gaming (add

10a Were any of the organization's gaming licenses revoked, suspended or terminated during the tax year? .

Yes
No

- ieuu	E G (FOITH 950 0) 550-EZ) 2011		Page 3
11	Does the organization operate gaming activities with nonmembers?	☐ Yes	☐ No
12	Is the organization a grantor, beneficiary or trustee of a trust or a member of a partnership or other entity		
	formed to administer charitable gaming?	☐ Yes	☐ No
13	Indicate the percentage of gaming activity operated in.		
a	The organization's facility		<u>%</u>
4.4	An outside facility		%
14	Enter the name and address of the person who prepares the organization's gaming/special events books and records:		
	Name ►		
	Address ►		,
15a	Does the organization have a contract with a third party from whom the organization receives gaming revenue?	☐ Yes	□No
ь	If "Yes," enter the amount of gaming revenue received by the organization ▶ \$ and the		
	amount of gaming revenue retained by the third party ▶ \$		
C	If "Yes," enter name and address of the third party		
	Name ►		
	Address ▶		
16	Gaming manager information		
	Name ►		
	Gaming manager compensation ▶ \$		
	Description of services provided ▶		
	☐ Director/officer ☐ Employee ☐ Independent contractor		
17	Mandatory distributions		
а	Is the organization required under state law to make charitable distributions from the gaming proceeds to		
	retain the state gaming license?	☐ Yes	☐ No
b	Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year > \$		
Part		ine 2b, mplete th	าเร
		·	
		,	

SCHEDULE O (Form 990 or 990-EZ)

Supplemental Information to Form 990 or 990-EZ

OMB No 1545-0047

Open to Public Inspection

Department of the Treasury

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

► Attach to Form 990 or 990-EZ. Internal Revenue Service Name of the organization Employer identification number International (USA) 42-0844679 Self Help Part VI, section B, 11b - It is presented at a Board meeting. Part VI, section B, 12c - It is monitored and enforced by the Executive Council. Part VI, section B, 15b - Compensation is managed by the Board President's designees. Part VI, section C, 19 - These items are available on our website or upon request at our office.

Name of	f the organiza	tion	(1102)	Employer identification number
Seli	нетр	International	(USA)	42-0844679
	•			
		•••••••••••••••••		
	·	·		
		••••••	······	
	·			
	••••			
		·		
	·			