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Form 990-PF

Department of the Treasury
Internal Revenue ServiceReturn of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation

Note The foundation may be able to use a copy of this return to satisfy state reporting requirements.

OMB No 1545-0052

2011

For calendar year 2011 or tax year beginning

, and ending

Name of foundation TRUST FOR THE MEDITATION PROCESS		A Employer identification number 41-6286503
Number and street (or P O box number if mail is not delivered to street address) 2751 HENNEPIN AVENUE SOUTH	Room/suite 259	B Telephone number 612-825-3116
City or town, state, and ZIP code MINNEAPOLIS, MN 55408		C If exemption application is pending, check here ☐
Check all that apply: ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☐ Name change		D 1. Foreign organizations, check here ☐
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		2 Foreign organizations meeting the 85% test, check here and attach computation ☐
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 4,171,708.	J Accounting method: ☒ Cash ☐ Accrual ☐ Other (specify)	E If private foundation status was terminated under section 507(b)(1)(A), check here ☐
(Part I, column (d) must be on cash basis)		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received	100.		N/A	
	2 Check ☒ if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	57,713.	57,713.		STATEMENT 1
	4 Dividends and interest from securities	97,685.	97,685.		STATEMENT 2
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	139,781.			
	b Gross sales price for all assets on line 6a	822,868.			
	7 Capital gain net income (from Part IV, line 2)		139,781.		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less Cost of goods sold					
c Gross profit or (loss)					
11 Other income	37.	37.		STATEMENT 3	
12 Total. Add lines 1 through 11	295,316.	295,216.			
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc	29,630.	0.		29,630.
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees				
	b Accounting fees	8,350.	4,175.		4,175.
	c Other professional fees	34,942.	34,942.		0.
	17 Interest				
	18 Taxes	8,259.	8,259.		0.
	19 Depreciation and depletion				
	20 Occupancy				
	21 Travel, conferences, and meetings	1,002.	0.		1,002.
	22 Printing and publications				
	23 Other expenses	2,753.	0.		2,753.
	24 Total operating and administrative expenses. Add lines 13 through 23	84,936.	47,376.		37,560.
	25 Contributions, gifts, grants paid	146,950.			146,950.
26 Total expenses and disbursements. Add lines 24 and 25	231,886.	47,376.		184,510.	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	63,430.				
b Net investment income (if negative, enter -0-)		247,840.			
c Adjusted net income (if negative, enter -0-)			N/A		

Part II Balance Sheets

Attached schedules and amounts in the description column should be for end-of-year amounts only

		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing	163,473.	182,574.	182,574.
	2 Savings and temporary cash investments			
	3 Accounts receivable ▶			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations			
	b Investments - corporate stock STMT 8	2,645,206.	2,689,535.	3,181,362.
	c Investments - corporate bonds STMT 9	841,398.	841,398.	807,772.
11 Investments - land, buildings, and equipment: basis ▶				
Less: accumulated depreciation ▶				
12 Investments - mortgage loans				
13 Investments - other				
14 Land, buildings, and equipment: basis ▶				
Less: accumulated depreciation ▶				
15 Other assets (describe ▶)				
16 Total assets (to be completed by all filers)	3,650,077.	3,713,507.	4,171,708.	
Liabilities	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe ▶)			
23 Total liabilities (add lines 17 through 22)	0.	0.		
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ ☐			
	and complete lines 24 through 26 and lines 30 and 31.			
	24 Unrestricted			
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here ▶ ☒			
	and complete lines 27 through 31			
	27 Capital stock, trust principal, or current funds	3,650,077.	3,713,507.	
28 Paid-in or capital surplus, or land, bldg., and equipment fund	0.	0.		
29 Retained earnings, accumulated income, endowment, or other funds	0.	0.		
30 Total net assets or fund balances	3,650,077.	3,713,507.		
31 Total liabilities and net assets/fund balances	3,650,077.	3,713,507.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,650,077.
2 Enter amount from Part I, line 27a	2	63,430.
3 Other increases not included in line 2 (itemize) ▶	3	0.
4 Add lines 1, 2, and 3	4	3,713,507.
5 Decreases not included in line 2 (itemize) ▶	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	3,713,507.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a			
b SEE ATTACHED STATEMENT			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e 822,868.		683,087.	139,781.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
a			
b			
c			
d			
e			139,781.

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	139,781.
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3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8	3	N/A
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Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2010	208,052.	4,043,701.	.051451
2009	166,785.	3,568,758.	.046735
2008	165,491.	4,137,226.	.040000
2007	201,114.	3,953,228.	.050873
2006	165,204.	2,625,395.	.062925

2 Total of line 1, column (d)	2	.251984
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	.050397
4 Enter the net value of noncharitable-use assets for 2011 from Part X, line 5	4	4,365,112.
5 Multiply line 4 by line 3	5	219,989.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	2,478.
7 Add lines 5 and 6	7	222,467.
8 Enter qualifying distributions from Part XII, line 4	8	184,510.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate.
See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)		
b	Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b	1	4,957.
c	All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).		
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0.
3	Add lines 1 and 2	3	4,957.
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0.
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	4,957.
6	Credits/Payments:		
a	2011 estimated tax payments and 2010 overpayment credited to 2011	6a	
b	Exempt foreign organizations - tax withheld at source	6b	
c	Tax paid with application for extension of time to file (Form 8868)	6c	
d	Backup withholding erroneously withheld	6d	
7	Total credits and payments. Add lines 6a through 6d	7	0.
8	Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8	120.
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed SEE STATEMENT 10	9	5,077.
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	
11	Enter the amount of line 10 to be: Credited to 2012 estimated tax Refunded	11	

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities	2	X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes	3	X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	X
b If "Yes," has it filed a tax return on Form 990-T for this year?	4b	
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T	5	X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	X
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col (c), and Part XV	7	X
8a Enter the states to which the foundation reports or with which it is registered (see instructions) MN		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G ? If "No," attach explanation	8b	X
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2011 or the taxable year beginning in 2011 (see instructions for Part XIV)? If "Yes," complete Part XIV	9	X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses	10	X

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Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement (see instructions)	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► WWW.TRUSTFORMEDITATION.ORG	13	X	
14	The books are in care of ► MARTHA BOLINGER Telephone no. ► 612-825-3116 Located at ► 3125 HOLMES AVE S #301, MINNEAPOLIS, MN ZIP+4 ► 55408			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year	15		N/A
16	At any time during calendar year 2011, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign country ►	16		X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	☐ Yes ☒ No	
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	☐ Yes ☒ No	
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	☐ Yes ☒ No	
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	☐ Yes ☒ No	
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	☐ Yes ☒ No	
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	☐ Yes ☒ No	
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see instructions)? Organizations relying on a current notice regarding disaster assistance check here	N/A	1b
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2011?		1c
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2011, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2011? If "Yes," list the years ►	☐ Yes ☒ No	
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.)	N/A	2b
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ►		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	☐ Yes ☒ No	
b If "Yes," did it have excess business holdings in 2011 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2011.)	N/A	3b
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?		4a
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2011?		4b

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?

☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?

☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes?

☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)?

☒ Yes ☐ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations

section 53.4946 or in a current notice regarding disaster assistance (see instructions)?

5b

X

~~Organizations exempt from a current notice regarding disaster assistance check here~~

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

☒ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?

☐ Yes ☒ No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

6b

X

If "Yes" to 6b, file Form 8870.

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?

☐ Yes ☒ No

b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?

N/A

7b

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 13		29,630.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

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Part VIII**Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors** (continued)**3** Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services

0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

	Amount
1 N/A	
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3	0.

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a Average monthly fair market value of securities	1a	4,244,140.
b Average of monthly cash balances	1b	187,446.
c Fair market value of all other assets	1c	
d Total (add lines 1a, b, and c)	1d	4,431,586.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	4,431,586.
4 Cash deemed paid for charitable activities - enter 1% of line 3 (for greater amount, see instructions)	4	66,474.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	4,365,112.
6 Minimum investment return. Enter 5% of line 5	6	218,256.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	218,256.
2a Tax on investment income for 2011 from Part VI, line 5	2a	4,957.
b Income tax for 2011. (This does not include the tax from Part VI.)	2b	
c Add lines 2a and 2b	2c	4,957.
3 Distributable amount before adjustments. Subtract line 2c from line 1	3	213,299.
4 Recoveries of amounts treated as qualifying distributions	4	0.
5 Add lines 3 and 4	5	213,299.
6 Deduction from distributable amount (see instructions)	6	0.
7 Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	213,299.

Part XII Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	184,510.
b Program-related investments - total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	184,510.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	0.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	184,510.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2010	(c) 2010	(d) 2011
1 Distributable amount for 2011 from Part XI, line 7				213,299.
2 Undistributed income, if any, as of the end of 2011				
a Enter amount for 2010 only			1,077.	
b Total for prior years:		0.		
Qualifying distributions for 2011				
b From 2007				
c From 2008				
d From 2009				
e From 2010				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2011 from Part XII, line 4: ▶ \$ 184,510.				
a Applied to 2010, but not more than line 2a			1,077.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2011 distributable amount				183,433.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2011 (If an amount appears in column (d), the same amount must be shown in column (a))	0.			0.
6 Enter the net total of each column as indicated below.				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2010. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2011. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2012				29,866.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2006 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2012. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2007				
b Excess from 2008				
c Excess from 2009				
d Excess from 2010				
e Excess from 2011				

N/A

- ☐ 4942(j)(3) or ☐ 4942(j)(5)

2011.04020 TRUST FOR THE MEDITATION PR 63420 1

Part XV Supplementary Information (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a Paid during the year				
SEE SCHEDULE ATTACHED	NONE		VARIOUS	
VARIOUS				
Total			3a	146,950.
b Approved for future payment				
NONE				
Total			3b	0.

Part XVII

Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

- | | | Yes | No |
|---|--|-------|----|
| 1 | Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations? | | |
| a | Transfers from the reporting foundation to a noncharitable exempt organization of: | | |
| | (1) Cash | 1a(1) | X |
| | (2) Other assets | 1a(2) | X |
| b | Other transactions: | | |
| | (1) Sales of assets to a noncharitable exempt organization | 1b(1) | X |
| | (2) Purchases of assets from a noncharitable exempt organization | 1b(2) | X |
| | (3) Rental of facilities, equipment, or other assets | 1b(3) | X |
| | (4) Loans or loan guarantees | 1b(4) | X |
| | (5) Loans or loan guarantees | 1b(5) | X |
| | (6) Performance of services or membership or fundraising solicitations | 1b(6) | X |
| c | Sharing of facilities, equipment, mailing lists, other assets, or paid employees | 1c | X |
| d | If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received. | | |

[illegible]

- 2a** Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No
- b** If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship
N/A		

and believe it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

Sign Here  **TRUSTEE**

Signature of officer or trustee Date 2/10/12 Title

☒ Yes ☐ No

May the IRS discuss this return with the preparer shown below (see instr)?

☒ Yes	☐ No
---	-----------------------------

**Paid
Preparer
Use Only**

Print/Type preparer's name NANCY S. LEHRMAN	Preparer's signature <i>Nancy Lehrman</i>	Date 3-7-12	Check ☐ if self-employed	PTIN P00160514
Firm's name ▶ LEHRMAN, FLOM & CO., P.L.L.P.			Firm's EIN ▶ 41-0709514	
Firm's address ▶ 600 HIGHWAY 169 SOUTH, SUITE 820 MINNEAPOLIS, MN 55426-1204			Phone no. (952) 546-5306	

TRUST FOR THE MEDITATION PROCESS

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a	RBC WEALTH MGMT - 75059 - ST		VARIOUS	VARIOUS
b	RBC WEALTH MGMT - 75059 - LT		VARIOUS	VARIOUS
c	RBC WEALTH MGMT - 72040 - LT		VARIOUS	VARIOUS
d	RBC WEALTH MGMT - 72052 - ST		VARIOUS	VARIOUS
e	RBC WEALTH MGMT - 72052 - LT		VARIOUS	VARIOUS
f	RBC WEALTH MGMT - 72060 - ST		VARIOUS	VARIOUS
g	RBC WEALTH MGMT - 72060 - LT		VARIOUS	VARIOUS
h	RBC WEALTH MGMT - 72056 - ST		VARIOUS	VARIOUS
i	RBC WEALTH MGMT - 72056 - LT		VARIOUS	VARIOUS

k				
l				
m				
n				
o				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 12,587.		14,564.	<1,977.>
b 129,454.		98,798.	30,656.
c 1,129.		923.	206.
d 23,000.		19,462.	3,538.
e 3,135.		2,088.	1,047.
f 33,464.		44,548.	<11,084.>
g 116,630.		90,838.	25,792.
h 177,220.		194,137.	<16,917.>
i 324,910.		217,729.	107,181.
j 1,339.			1,339.

k			
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			<1,977.>
b			30,656.
c			206.
d			3,538.
e			1,047.
f			<11,084.>
g			25,792.
h			<16,917.>
i			107,181.
j			1,339.
k			
l			
m			
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	139,781.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	N/A

FORM 990-PF . INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
ZIEGLER INVESTMENTS	57,713.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	57,713.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
FIDELITY INVESTMENTS	6.	0.	6.
RBC - ANCHOR CAPITAL	10,549.	0.	10,549.
RBC - AQR	1,598.	45.	1,553.
RBC - HANSBERGER GLOBAL	16,526.	0.	16,526.
RBC - METRO WEST/SCHAFFER CULLEN	31,072.	0.	31,072.
RBC - MONTAG & CALDWELL	13,859.	0.	13,859.
RBC - TEMPLETON	14,712.	1,294.	13,418.
RBC - WENTWORTH HAUSER & VIOLICH	10,702.	0.	10,702.
TOTAL TO FM 990-PF, PART I, LN 4	99,024.	1,339.	97,685.

FORM 990-PF OTHER INCOME STATEMENT 3

DESCRIPTION	(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
RBC WEALTH MGMT 72056 OTHER INV INCOME	37.	37.	
TOTAL TO FORM 990-PF, PART I, LINE 11	37.	37.	

FORM 990-PF . ACCOUNTING FEES STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	8,350.	4,175.		4,175.
TO FORM 990-PF, PG 1, LN 16B	8,350.	4,175.		4,175.

FORM 990-PF OTHER PROFESSIONAL FEES STATEMENT 5

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INVESTMENT ADVISOR	34,942.	34,942.		0.
TO FORM 990-PF, PG 1, LN 16C	34,942.	34,942.		0.

FORM 990-PF TAXES STATEMENT 6

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
EXCISE TAX	5,663.	5,663.		0.
FOREIGN TAXES	2,571.	2,571.		0.
MN FILING FEE	25.	25.		0.
TO FORM 990-PF, PG 1, LN 18	8,259.	8,259.		0.

FORM 990-PF OTHER EXPENSES STATEMENT 7

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
DUES AND SUBSCRIPTIONS	695.	0.		695.
OFFICE SUPPLIES	437.	0.		437.
POSTAGE AND DELIVERY	410.	0.		410.
TELEPHONE	433.	0.		433.
MARKETING	694.	0.		694.

TRUST FOR THE MEDITATION PROCESS

41-6286503

MISCELLANEOUS	84.	0.	84.
TO FORM 990-PF, PG 1, LN 23	2,753.	0.	2,753.

FORM 990-PF	CORPORATE STOCK	STATEMENT	8
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DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
RBC - ANCHOR CAPITAL ADVISORS	219,702.	243,036.
RBC - AQR	219,556.	206,304.
RBC - HANSBERGER GLOBAL INVESTMENTS	426,044.	451,532.
RBC - METROWEST/SCHAFFER CULLEN	710,750.	839,524.
RBC - MONTAG & CALDWELL	640,105.	763,180.
RBC - TEMPLETON	191,398.	208,085.
RBC - WENTWORTH HAUSER & VIOLICH	281,980.	469,701.
TOTAL TO FORM 990-PF, PART II, LINE 10B	2,689,535.	3,181,362.

FORM 990-PF	CORPORATE BONDS	STATEMENT	9
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DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
CHURCH OF THE OPEN DOOR MN	50,000.	50,000.
CLOVER HILL ASSEMBLY OF GOD	50,000.	49,715.
COLONIAL PRESBYTERIAN CHURCH MO	50,000.	50,000.
CORNERSTONE CMNTY CHURCH WILDOMAR	50,006.	50,000.
COVE CHURCH INC MOORSEVILLE	50,006.	49,889.
EAGLE BROOK CHURCH MN	50,000.	49,715.
FAITH COMMUNITY CHURCH MN	50,000.	50,000.
FALLS BAPTIST CHURCH MN	50,000.	50,000.
HOPE CHAPEL KIHEI HAWAII	47,000.	47,000.
JUDSON BAPTIST CHURCH	50,000.	49,715.
LIGHT GLOBAL MISSION CHURCH	96,386.	99,408.
LOOKOUT MOUNTAIN COMMUNITY CHURCH CO	50,000.	15,000.
MACEDONIA BAPTIST CHURCH	50,000.	50,000.
MT ZION CHURCH	50,000.	49,910.
NEW LIFE CHURCH WOODBURY	98,000.	97,420.
TOTAL TO FORM 990-PF, PART II, LINE 10C	841,398.	807,772.

FORM 990-PF PART VIII - LIST OF OFFICERS, DIRECTORS STATEMENT 13
 TRUSTEES AND FOUNDATION MANAGERS

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN- SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
REV WARD BAUMAN [REDACTED] [REDACTED] MN 55321	TRUSTEE 0.00	0.	0.	0.
CAROLE BAKER [REDACTED] MINNEAPOLIS, MN 55416	CHAIR, TRUSTEE 0.00	0.	0.	0.
CHARLES WRIGHT [REDACTED] LITTLE CANADA, MN 55117	INVESTMENTS COMMITTEE, TRUSTEE 0.00	0.	0.	0.
HELEN WELTER [REDACTED] ST MICHAEL, MN 55376	TRUSTEE 0.00	0.	0.	0.
MARY WHITE [REDACTED] ST PAUL, MN 55106	TRUSTEE 0.00	0.	0.	0.
MARTHA BOLINGER [REDACTED] MINNEAPOLIS, MN 55408	DIRECTOR 5.00	29,630.	0.	0.
PAUL TAYLOR [REDACTED] EDINA, MN 55435	TRUSTEE 0.00	0.	0.	0.
DEBORAH CHERNICK [REDACTED] ST PAUL, MN 55116	CHAIR INVESTMENTS, TRUSTEE 0.00	0.	0.	0.
MICHAEL LILJA [REDACTED] EDINA, MN 55435	TRUSTEE 0.00	0.	0.	0.
TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII		29,630.	0.	0.

FORM 990-PF

GRANT APPLICATION SUBMISSION INFORMATION
PART XV, LINES 2A THROUGH 2D

STATEMENT 14

NAME AND ADDRESS OF PERSON TO WHOM APPLICATIONS SHOULD BE SUBMITTED

MARTHA BOLINGER, TRUST FOR THE MEDITATION PROCESS
2751 HENNPIN AVE S #259
~~MINNEAPOLIS, MN 55408~~

TELEPHONE NUMBER

612-825-3116

FORM AND CONTENT OF APPLICATIONS

SEE ATTACHED

ANY SUBMISSION DEADLINES

MAY 1ST OF EACH YEAR

RESTRICTIONS AND LIMITATIONS ON AWARDS

501(C)3 OR FOREIGN EQUIVALENT; PROJECT SHOULD INITIATE, EXPAND, OR ENHANCE THE PRACTICE OF MEDITATION IN THE CHRISTIAN CONTEMPLATIVE TRADITION OR ENCOURAGE DIALOGUE AND COOPERATION AMONG CONTEMPLATIVE TRADITIONS IN ALL RELIGIONS.



RBC Wealth Management

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CONSULTING SOLUTIONS ACCOUNT STATEMENT 2011 ANNUAL STATEMENT

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SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR				REALIZED GAIN/LOSS
Total Realized Gain or Loss		28,679.06				
Short-term		-1,976.91 ✓				
Long-term		30,655.97 ✓				
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS
Short Term						
70.000	AMERICAN CAPITAL AGENCY CORP COMMON STOCK	AGNC	06/08/11	2,144.38	08/23/11	2,028.56
15.000	AON CORP	AON	11/16/10	611.10	06/10/11	757.55
300.000	BOSTON SCIENTIFIC CORP	BSX	03/08/11	2,247.48	08/23/11	1,877.99
30.000	DREAMWORKS ANIMATION SKG INC CL A	DWA	11/16/10	955.80	03/01/11	837.18
60.000	FIRST AMERICAN FINANCIAL CORPORATION	FAF	01/10/11	889.54	08/23/11	877.78
20.000	HAEMONETICS CORP-MASS	HAE	03/14/11	1,275.00	08/23/11	1,219.77
70.000	HUDSON CITY BANCORP INC	HCBK	09/23/10	847.97	08/23/11	385.70
36.000	INVESCO LTD	IVZ	01/18/11	900.27	07/01/11	847.11
47.000	IVANHOE MINES LTD	IVN	01/25/11	1,324.46	11/11/11	957.42
63.000	IVANHOE MINES LTD	IVN	02/08/11	1,812.82	11/11/11	1,283.35
45.000	IVANHOE MINES LTD	IVN	08/23/11	879.75	11/11/11	916.68
5.000	RTS SANOFI CONTINGENT VALUE RT	GCVRZ	05/09/11	11.77	08/23/11	5.14
20.000	SEADRILL LIMITED SHS US LISTED	SDRL	11/05/10	663.98	08/23/11	593.18
Short Term Subtotal				14,564.32 ✓		12,587.41 ✓
						-70.80
						-1,976.91

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
115.000	ACTIVISION BLIZZARD INC	ATVI	07/27/10	1,366.72	08/23/11	1,274.29	-92.43
59.000	ACTIVISION BLIZZARD INC	ATVI	07/27/10	701.19	11/10/11	768.49	67.30
98.000	ACTIVISION BLIZZARD INC	ATVI	08/12/10	1,066.54	11/10/11	1,276.47	209.93
56.000	ALLSTATE CORP	ALL	03/27/09	1,142.08	02/09/11	1,821.43	679.35
43.000	ALLSTATE CORP	ALL	03/27/09	876.95	04/15/11	1,354.47	477.52
7.000	ALLSTATE CORP	ALL	05/08/09	173.88	04/15/11	220.49	46.61
3.000	ALLSTATE CORP	ALL	05/08/09	74.52	05/05/11	101.00	26.48
61.000	ALLSTATE CORP	ALL	06/02/09	1,623.69	05/05/11	2,053.73	430.04
16.000	ALLSTATE CORP	ALL	06/02/09	425.88	08/05/11	421.21	-4.67
92.000	ALLSTATE CORP	ALL	06/15/09	2,275.16	08/05/11	2,421.93	146.77
59.000	AMC NETWORKS INC CL A	AMCX	12/24/08	805.71	07/12/11	2,185.47	1,379.76
55.000	AMEREN CORP	AEE	12/24/08	1,756.23	02/07/11	1,565.81	-190.42
35.000	ANALOG DEVICES INC	ADI	06/12/09	884.80	08/23/11	1,129.77	244.97
150.000	ANNALY CAPITAL MANAGEMENT INC	NLY	12/24/08	2,385.90	08/23/11	2,725.67	339.77
67.000	AON CORP	AON	12/24/08	2,940.63	06/10/11	3,383.73	443.10
10.000	BARCOCK & WILCOX CO NEW	BWC	12/24/08	82.14	08/23/11	207.79	125.65
25.000	BRANDYWINE REALTY TRUST-SBI NEW	BDN	12/24/08	172.73	08/23/11	234.74	62.01
55.000	BROADRIDGE FINANCIAL SOLUTIONS INC	BR	12/24/08	661.65	08/23/11	1,107.12	445.47
401.000	CHIMERA INVESTMENT CORPORATION	CIM	05/28/09	1,321.53	01/18/11	1,652.08	330.55
109.000	CHIMERA INVESTMENT CORPORATION	CIM	05/28/09	359.22	08/23/11	339.27	-19.95
181.000	CHIMERA INVESTMENT CORPORATION	CIM	06/02/09	622.64	08/23/11	563.37	-59.27
140.000	CHIMERA INVESTMENT CORPORATION	CIM	06/03/09	481.78	08/23/11	435.75	-46.03
96.000	CHIMERA INVESTMENT CORPORATION	CIM	06/03/09	330.37	11/16/11	264.51	-65.86



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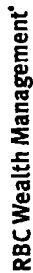
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
24.000	CHIMERA INVESTMENT CORPORATION	CIM	06/03/09	82.59	11/17/11	65.27	-17.32
38.000	CHIMERA INVESTMENT CORPORATION	CIM	06/03/09	130.77	11/18/11	101.70	-29.07
695.000	CHIMERA INVESTMENT CORPORATION	CIM	04/07/10	2,726.76	11/18/11	1,859.99	-866.77
30.000	CHUBB CORP	CB	06/10/09	1,236.06	08/23/11	1,796.66	560.60
30.000	CLOROX CO	CLX	11/09/09	1,839.39	07/20/11	2,238.05	398.66
15.000	CLOROX CO	CLX	11/09/09	919.69	08/23/11	980.08	60.39
30.000	CONSOLIDATED EDISON INC	ED	12/24/08	1,151.37	02/11/11	1,507.21	355.84
25.000	CONSOLIDATED EDISON INC	ED	12/24/08	959.48	08/23/11	1,371.47	411.99
48.000	COVIDIEN PLC	COV	12/24/08	1,708.61	03/30/11	2,504.24	795.63
69.000	COVIDIEN PLC	COV	12/24/08	2,456.12	08/11/11	3,324.22	868.10
128.000	DREAMWORKS ANIMATION SKG INC CL A	DWA	12/24/08	2,944.00	03/01/11	3,571.98	627.98
10.000	ENDURANCE SPECIALTY HOLDINGS LTD	ENH	12/24/08	288.50	08/23/11	347.59	59.09
30.000	ENTERGY CORP NEW	ETR	12/24/08	2,433.90	08/23/11	1,882.16	-551.74
30.000	GENUINE PARTS CO	GPC	12/24/08	1,101.30	08/23/11	1,538.97	437.67
61.000	GENZYME WAIVE DISS & CONTRA CUSIP	372WDR999	12/24/08	4,069.80	05/09/11	4,657.59	587.79
60.000	GENZYME WAIVE DISS & CONTRA CUSIP	372WDR999	03/23/10	3,550.59	05/09/11	4,581.24	1,030.65
60.000	GREAT PLAINS ENERGY INC	GXP	12/24/08	1,123.20	08/23/11	1,097.37	-25.83
45.000	H J HEINZ CO	HNZ	11/16/09	1,899.17	08/23/11	2,267.05	367.88
5.000	HASBRO INC	HAS	12/24/08	146.34	08/23/11	185.89	39.55
40.000	HCP INC	HCP	12/24/08	1,016.80	08/23/11	1,361.17	344.37
38.000	HEALTH CARE REIT INC	HCN	12/24/08	1,484.66	05/27/11	1,978.73	494.07
20.000	HEALTH CARE REIT INC	HCN	12/24/08	781.40	08/23/11	940.78	159.38
139.000	IVANHOE MINES LTD	IVN	12/24/08	303.02	11/11/11	2,831.51	2,528.49

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
75.000	MATTEL INC	MAT	12/24/08	1,136.96	08/23/11	1,852.46	715.50
45.000	MCGRAW HILL COMPANIES INC	MHP	05/19/10	1,311.17	08/23/11	1,709.51	398.34
2.000	MCGRAW HILL COMPANIES INC	MHP	05/19/10	58.27	09/23/11	85.57	27.30
47.000	MCGRAW HILL COMPANIES INC	MHP	06/07/10	1,297.46	09/23/11	2,010.78	713.32
26.000	MCGRAW HILL COMPANIES INC	MHP	06/07/10	717.75	10/27/11	1,146.94	429.19
64.000	MCGRAW HILL COMPANIES INC	MHP	07/06/10	1,772.28	10/27/11	2,823.24	1,050.96
35.000	MCKESSON CORP	MCK	04/07/10	2,325.39	08/23/11	2,613.39	288.00
186.000	MFA FINANCIAL INC	MFA	09/02/09	1,430.43	02/07/11	1,535.08	104.65
116.000	MFA FINANCIAL INC	MFA	09/02/09	892.10	08/23/11	865.35	-26.75
19.000	MFA FINANCIAL INC	MFA	09/25/09	149.44	08/23/11	141.74	-7.70
142.000	MFA FINANCIAL INC	MFA	09/25/09	1,116.83	09/13/11	996.89	-119.94
79.000	MFA FINANCIAL INC	MFA	09/25/09	621.34	10/25/11	535.10	-86.24
297.000	MFA FINANCIAL INC	MFA	11/17/09	2,238.93	10/25/11	2,011.69	-227.24
54.000	MILLICOM INTERNATIONAL CELLULAR S A REG SHS	MIICF	12/24/08	2,264.65	05/25/11	5,714.74	3,450.09
85.000	NEW YORK COMMUNITY BANCORP INC	NYB	12/03/09	1,019.75	08/23/11	1,033.58	13.83
100.000	NISOURCE INC COM	NI	12/24/08	1,056.00	08/23/11	2,037.96	981.96
5.000	OMNICOM GROUP INC	OMC	04/27/10	189.64	08/23/11	189.64	0.00
85.000	PROGRESS ENERGY INC	PGN	12/24/08	3,277.60	08/23/11	4,029.77	752.17
30.000	RANGE RESOURCES CORP	RRC	12/24/08	918.00	08/23/11	1,724.36	806.36
25.000	ROCKWELL COLLINS INC	COL	12/24/08	901.50	08/23/11	1,159.97	258.47
139.000	RTS IVANHOE MINES LTD EXP 01/26/2011	46579N137	12/24/08	19.46	01/10/11	206.61	187.15
30.000	SCANA CORPORATION NEW	SCG	02/10/09	1,030.50	08/23/11	1,168.47	137.97
30.000	SEMPRA ENERGY	SRE	12/24/08	1,190.70	08/23/11	1,486.47	295.77



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
45.000	SPDR GOLD TR GOLD SHS	GLD	12/24/08	3,730.49	08/23/11	8,165.54	4,435.05
50.000	ST JUDE MEDICAL INC	STJ	12/24/08	1,614.50	08/23/11	2,136.45	521.95
29.000	TIME WARNER CABLE INC	TWC	12/24/08	1,767.84	01/14/11	1,899.47	131.63
29.000	TIME WARNER CABLE INC	TWC	12/24/08	1,767.84	03/18/11	1,985.93	218.09
52.000	TIME WARNER CABLE INC	TWC	02/22/10	2,449.65	03/30/11	3,689.60	1,239.95
85.000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	04/30/10	1,547.61	08/15/11	1,501.71	-45.90
20.000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	04/30/10	364.14	08/23/11	301.79	-62.35
50.000	XCEL ENERGY INC	XEL	12/24/08	893.00	08/23/11	1,190.47	297.47
30.000	XEROX CORP	XRK	12/24/08	254.25	08/23/11	223.79	-30.46
15.000	ZIMMER HOLDINGS INC	ZMH	12/24/08	586.80	08/23/11	780.13	193.33
Long Term Subtotal						129,453.70	30,655.97
TOTAL REALIZED GAIN OR LOSS						142,041.11	28,679.06



TRUST FOR MEDITATION PROCESS
TEMPLETON - ADVISOR

SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR							
		206.22							
Total Realized Gain or Loss		0.00							
Short-term		206.22							
Long-term									
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS		
Long Term									
17.520	TEMPLETON GLOBAL BOND FUND ADVISOR CL	TGBAX	12/22/08	194.65	01/26/11	236.00		41.35	
21.567	TEMPLETON GLOBAL BOND FUND ADVISOR CL	TGBAX	12/22/08	239.61	04/26/11	300.00		60.39	
21.972	TEMPLETON GLOBAL BOND FUND ADVISOR CL	TGBAX	12/22/08	244.11	07/26/11	308.05		63.94	
22.034	TEMPLETON GLOBAL BOND FUND ADVISOR CL	TGBAX	12/22/08	244.80	10/18/11	285.34		40.54	
Long Term Subtotal				923.17 ✓		1,129.39 ✓		206.22	
TOTAL REALIZED GAIN OR LOSS				923.17		1,129.39		206.22	



TRUST FOR MEDITATION PROCESS
SCHAFER CULLEN

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
160,000	BRISTOL MYERS SQUIBB CO	BMV	11/29/10	4,033.58	10/04/11	5,042.27	1,008.69
30,000	CHEVRON CORPORATION	CVX	11/29/10	2,426.96	03/29/11	3,183.28	756.32
195,000	GENUINE PARTS CO	GPC	11/29/10	9,334.16	07/26/11	10,656.54	1,322.38
115,000	VERIZON COMMUNICATIONS	VZ	11/29/10	3,667.18	10/04/11	4,118.19	451.01
Short Term Subtotal							3,538.40 ✓
Long Term							
40,000	CONOCOPHILLIPS	COP	12/19/08	2,088.34	03/29/11	3,135.53	1,047.19
Long Term Subtotal							1,047.19 ✓
TOTAL REALIZED GAIN OR LOSS							4,585.59

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

SCHAFER CULLEN CAPITAL MGMT
645 FIFTH AVE
OLYMPIC TOWER 7TH FLOOR
NEWYORK NY 10022



RBC Wealth Management

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SCHEDULE OF REALIZED GAINS AND LOSSES

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
103,000	ESPRIT HOLDINGS LTD HKD SPONSORED ADR	ESPGY	03/29/10	1,645.94	01/14/11	980.54	-665.40
325,000	GRUPO FINANCIERO BANORTE SAB DE CV SPONSORED ADR	GBOOY	09/29/10	6,229.18	07/13/11	7,585.35	1,356.17
92,000	GRUPO FINANCIERO BANORTE SAB DE CV SPONSORED ADR	GBOOY	10/14/10	1,837.38	07/13/11	2,147.24	309.86
124,000	INDUSTRIAL & COMMERCIAL BANK OF CHINA LTD REPRESENTING	IDCBY	11/11/10	N/A	01/14/11	82.43	N/A
452,000	LLOYDS BANKING GROUP PLC SPONSORED ADR	LYG	10/03/11	899.03	11/30/11	696.06	-202.97
166,000	MECHEL OAO SPONSORED ADR	MTL	01/14/11	5,373.10	10/03/11	1,549.16	-3,823.94
120,000	MECHEL OAO SPONSORED ADR	MTL	07/13/11	2,932.62	10/03/11	1,119.88	-1,812.74
87,000	PING AN INSURANCE GROUP CO OF CHINA LTD SPONSORED ADR	PNGAY	01/14/11	1,908.78	12/01/11	1,287.57	-621.21
41,000	PUBLICIS S A NEW SPONSORED ADR	PUBGY	03/19/10	871.19	03/03/11	1,159.04	287.85
351,000	STERILITE INDUSTRIES INDIA LIMITED ADR	SLT	12/22/10	5,517.25	08/30/11	3,894.22	-1,623.03
55,000	SYNGENTA AG SPONSORED ADR	SYT	08/02/10	2,520.09	04/21/11	3,900.11	1,380.02
302,000	USINAS SIDERURGICAS DE MINAS GERAIS SA-(USIMINAS)-	USNZY	04/26/10	5,171.75	01/14/11	3,714.53	-1,457.22
148,000	USINAS SIDERURGICAS DE MINAS GERAIS SA-(USIMINAS)-	USNZY	07/19/10	2,061.04	01/14/11	1,820.37	-240.67

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HANSBERGER IV

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
404.000	VESTAS WIND SYSTEMS AS ADR	VWDY	09/13/10	5,067.38	08/12/11	2,294.67	-2,772.71
217.000	VESTAS WIND SYSTEMS AS ADR	VWDY	03/04/11	2,430.40	08/12/11	1,232.53	-1,197.87
Short Term Subtotal							-11,083.86
Long Term							
63.000	ADIDAS AG SPONSORED ADR	ADDY	12/26/08	1,159.20	10/13/11	2,162.11	1,002.91
46.000	ADIDAS AG SPONSORED ADR	ADDY	12/26/08	846.40	12/08/11	1,525.79	679.39
59.000	AMERICA MOVIL S A B DE C V SPONSORED ADR REPSTG SER L SHS	AMX	12/26/08	924.24	08/12/11	1,396.51	472.27
213.000	AMERICA MOVIL S A B DE C V SPONSORED ADR REPSTG SER L SHS	AMX	12/26/08	3,336.65	10/03/11	4,626.29	1,289.64
7.553	APERAM NEW YORK REGISTRY SHARES	APEY	12/26/08	182.21	02/04/11	283.26	101.05
0.446	APERAM NEW YORK REGISTRY SHARES	APEY	12/26/08	10.77	02/04/11	16.85	6.08
0.755	APERAM NEW YORK REGISTRY SHARES	APEY	05/19/09	23.12	02/04/11	28.33	5.21
0.044	APERAM NEW YORK REGISTRY SHARES	APEY	05/19/09	1.37	02/04/11	1.69	0.32
2.690	APERAM NEW YORK REGISTRY SHARES	APEY	01/19/10	130.77	02/04/11	100.91	-29.86
0.159	APERAM NEW YORK REGISTRY SHARES	APEY	01/19/10	7.73	02/04/11	6.00	-1.73
371.000	BANCO BRADESCO S A SPONSORED ADR REPSTG PFD SHS	BBD	12/26/08	N/A	02/18/11	28.02	N/A B
0.500	BANK OF YOKOHAMA LTD-ADR	BKJY	07/23/09	10.79	12/08/11	9.40	-1.39
30.000	CANADIAN NATIONAL RAILWAY CO	CNI	03/11/10	1,698.22	11/04/11	2,345.35	647.13

44547.56 ✓
33463.70 ✓



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Long Term							
18,000	CANADIAN NATIONAL RAILWAY CO	CNI	03/11/10	1,018.93	11/07/11	1,419.81	400.88
180,000	COMPANHIA ENERGETICA DE MINAS GERAIS CEMIG SPONS ADR	CIG	12/26/08	1,698.76	03/24/11	3,266.94	1,568.18
44,000	CREDICORP LTD	BAP	07/23/09	2,919.67	01/14/11	4,942.34	2,022.67
444,000	DANONE SPONSORED ADR	DANOY	01/20/09	4,821.84	03/03/11	5,578.54	756.70
170,000	DANONE SPONSORED ADR	DANOY	03/09/09	1,485.80	03/03/11	2,135.93	650.13
20,000	DANONE SPONSORED ADR	DANOY	05/19/09	214.00	03/03/11	251.29	37.29
113,000	DANONE SPONSORED ADR	DANOY	12/16/09	1,386.51	03/03/11	1,419.76	33.25
522,000	ERICSSON L M TEL CO ADR CL B SEK 10	ERIC	01/19/10	5,224.70	05/06/11	7,877.34	2,652.64
527,000	ESPRIT HOLDINGS LTD HKD SPONSORED ADR	ESPGY	01/12/10	7,920.81	01/14/11	5,016.95	-2,903.86
34,000	GAZPROM O A O SPONSORED ADR	OGZPY	12/26/08	484.50	04/19/11	1,084.91	600.41
50,000	HENKEL AG AND CO KGAA SPONSORED ADR REPRESENTING	HENOY	12/26/08	1,592.50	02/18/11	3,089.44	1,496.94
119,000	ISHARES TR FTSE CHINA 25 INDEX FUND	FXI	03/11/10	4,896.84	12/08/11	4,318.43	-578.41
125,000	JSC MMC NORILSK ADR CONTRA CUSIP	466992534	12/26/08	800.00	11/03/11	3,825.00	3,025.00
326,000	JSC MMC NORILSK ADR CONTRA CUSIP	466992534	06/11/09	3,716.40	11/03/11	9,975.60	6,259.20
335,000	KINGFISHER PLC ADR US LISTED	KGFHY	02/12/10	2,194.25	12/08/11	2,626.34	432.09
1,587,000	LLOYDS BANKING GROUP PLC SPONSORED ADR	LYG	08/06/10	7,522.04	11/30/11	2,443.92	-5,078.12
57,000	MARUI GROUP CO LTD ADR NEW	MAURY	12/26/08	663.48	08/22/11	947.38	283.90
393,000	MARUI GROUP CO LTD ADR NEW	MAURY	12/26/08	4,574.52	12/05/11	5,692.53	1,118.01

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
30.000	NESTLE SA-SPONSORED ADR REPSTG REGD ORD (SF 10 PAR)	NSRGY	12/26/08	1,140.00	03/24/11	1,712.96	572.96
59.000	NIDEC CORP SPONSORED ADR	NJ	07/31/09	1,068.08	02/25/11	1,363.59	295.51
19.000	OIL CO LUKOIL-SPONSORED ADR	LUKOY	12/26/08	628.90	04/19/11	1,305.84	676.94
206.000	PUBLICIS S A NEW SPONSORED ADR	PUBGY	03/19/10	4,377.18	12/08/11	4,799.70	422.52
60.000	ROCHE HOLDING LTD SPONSORED ADR REPSTG ORD	RHHBY	12/26/08	2,233.50	08/22/11	2,492.08	258.58
180.000	SANDVIK AB-ADR	SDVKY	03/11/10	2,194.56	07/13/11	3,034.74	840.18
26.000	SIEMENS A G SPONSORED ADR	SI	12/26/08	1,849.38	10/03/11	2,279.63	430.25
553.000	STMICROELECTRONICS N V NY REGISTRY SHS	STM	07/15/10	4,829.02	10/03/11	3,436.27	-1,392.75
141.000	STMICROELECTRONICS N V NY REGISTRY SHS	STM	09/03/10	1,003.78	10/03/11	876.16	-127.62
78.000	SUBSEA 7 S A SPONSORED ADR	SUBCY	12/26/08	396.23	11/07/11	1,557.63	1,161.40
132.000	SUMITOMO CORP SPONSORED ADR	SSUMY	12/26/08	1,095.60	02/25/11	1,945.64	850.04
52.000	SUNCOR ENERGY INC NEW	SU	01/28/10	1,660.75	02/25/11	2,342.11	681.36
33.000	SUNCOR ENERGY INC NEW	SU	01/28/10	1,053.94	05/06/11	1,398.89	344.95
39.000	SYNGENTA AG SPONSORED ADR	SYT	12/26/08	1,402.26	02/18/11	2,553.67	1,151.41
56.000	SYNGENTA AG SPONSORED ADR	SYT	12/26/08	2,013.51	04/21/11	3,971.03	1,957.52
60.000	TECK RESOURCES LIMITED SUB VOTING CL B	TCK	01/19/10	2,396.37	07/13/11	3,117.55	721.18
Long Term Subtotal							25,792.35
TOTAL REALIZED GAIN OR LOSS							14,708.49

B - Corporate action is pending for this tax lot; therefore, gain/loss and term are not known. Please contact your Financial Advisor for more information.

90,838.10 ✓
116,630.45 ✓
135,385.66
150,094.15



RBC Wealth Management

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
125.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/05/10	5,619.60	06/17/11	6,748.88	1,129.28
47.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/05/10	2,112.97	07/11/11	2,901.52	788.55
19.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/13/10	859.10	07/11/11	1,172.96	313.86
34.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/13/10	1,537.34	08/23/11	1,686.70	149.36
24.000	AMERISOURCEBERGEN CORP	ABC	06/08/11	907.42	08/23/11	907.42	0.00
57.000	APACHE CORP	APA	12/07/10	6,636.30	06/03/11	6,800.93	164.63
11.000	APACHE CORP	APA	12/07/10	1,280.69	08/23/11	1,081.93	-198.76
4.000	APACHE CORP	APA	12/07/10	465.71	09/13/11	374.25	-91.46
37.000	APACHE CORP	APA	12/10/10	4,238.97	09/13/11	3,461.84	-777.13
35.000	APACHE CORP	APA	12/27/10	4,132.79	09/13/11	3,274.71	-858.08
34.000	APACHE CORP	APA	01/25/11	4,129.49	09/13/11	3,181.15	-948.34
43.000	APACHE CORP	APA	01/27/11	5,048.20	09/13/11	4,023.22	-1,024.98
23.000	BED BATH & BEYOND INC	BBBY	04/12/11	1,243.45	08/23/11	1,211.38	-32.07
79.000	BROADCOM CORP CL A	BRCM	05/19/10	2,524.50	02/02/11	3,401.25	876.75
96.000	BROADCOM CORP CL A	BRCM	05/19/10	3,059.11	04/27/11	3,433.09	373.98
65.000	BROADCOM CORP CL A	BRCM	08/27/10	2,100.58	04/27/11	2,324.49	223.91
67.000	BROADCOM CORP CL A	BRCM	08/27/10	2,165.22	05/11/11	2,276.86	111.64
87.000	BROADCOM CORP CL A	BRCM	09/09/10	2,943.69	05/11/11	2,956.51	12.82
86.000	BROADCOM CORP CL A	BRCM	11/04/10	3,611.37	05/11/11	2,922.53	-688.84
136.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/06/10	5,407.70	03/01/11	5,515.40	107.70

TRUST FOR MEDITATION PROCESS
MONTAG LG



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
61.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/06/10	2,425.51	03/10/11	2,491.33	65.82
44.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/20/10	1,740.93	03/10/11	1,797.03	56.10
65.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/20/10	2,571.83	03/23/11	2,537.71	-34.12
58.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/26/10	2,492.04	03/23/11	2,264.42	-227.62
31.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/26/10	1,331.95	03/30/11	1,187.34	-144.61
80.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	01/21/11	3,688.01	03/30/11	3,064.09	-623.92
125.000	COACH INC	COH	01/06/11	6,600.00	03/18/11	6,238.92	-361.08
37.000	COACH INC	COH	01/06/11	1,953.60	08/11/11	1,941.40	-12.20
56.000	COACH INC	COH	01/26/11	3,021.40	08/11/11	2,938.34	-83.06
30.000	COACH INC	COH	01/26/11	1,618.61	08/18/11	1,400.93	-217.68
60.000	COACH INC	COH	06/17/11	3,586.89	08/18/11	2,801.85	-785.04
410.000	GENERAL ELECTRIC CO	GE	04/18/11	8,128.86	08/11/11	6,316.33	-1,812.53
261.000	GENERAL ELECTRIC CO	GE	04/18/11	5,174.72	08/18/11	4,025.85	-1,148.87
258.000	GENERAL ELECTRIC CO	GE	06/07/11	4,793.38	08/18/11	3,979.57	-813.81
76.000	HALLIBURTON CO	HAL	12/02/10	3,074.87	04/11/11	3,607.01	532.14
37.000	HALLIBURTON CO	HAL	12/02/10	1,496.98	08/23/11	1,431.87	-65.11
55.000	HALLIBURTON CO	HAL	12/02/10	2,225.23	10/18/11	1,875.42	-349.81
75.000	HALLIBURTON CO	HAL	12/07/10	3,075.70	10/18/11	2,557.39	-518.31
8.000	JPMORGAN CHASE & CO	JPM	07/15/10	321.95	07/01/11	329.75	7.80
31.000	JPMORGAN CHASE & CO	JPM	01/05/11	1,378.77	11/29/11	894.19	-484.58
73.000	JPMORGAN CHASE & CO	JPM	01/05/11	3,246.79	12/19/11	2,242.35	-1,004.44
97.000	JPMORGAN CHASE & CO	JPM	01/28/11	4,327.64	12/19/11	2,979.55	-1,348.09

TRUST FOR MEDITATION PROCESS
MONTAG LG



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
98.000	WALT DISNEY CO	DIS	03/23/11	4,120.63	08/10/11	2,998.01	-1,122.62
Short Term Subtotal							
				194,136.63 ✓	08/10/11	177,219.60 ✓	-16,917.03 ✓
Long Term							
45.000	ABBOTT LABORATORIES	ABT	12/24/08	2,249.05	08/23/11	2,249.05	0.00
34.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/13/10	1,537.34	12/14/11	1,911.76	374.42
4.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/19/10	180.82	12/14/11	224.91	44.09
17.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/19/10	768.51	12/16/11	908.63	140.12
7.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/19/10	3,209.64	12/19/11	3,809.87	600.23
25.000	ACCENTURE PLC IRELAND SHS CL A	ACN	11/05/10	1,138.99	12/19/11	1,341.50	202.51
58.000	ALLERGAN INC	AGN	12/24/08	2,090.90	04/28/11	4,602.59	2,511.69
28.000	ALLERGAN INC	AGN	12/24/08	1,009.40	08/23/11	2,089.59	1,080.19
15.000	APPLE INC	AAPL	12/24/08	1,271.34	01/18/11	4,995.79	3,724.45
12.000	APPLE INC	AAPL	12/24/08	1,017.07	07/01/11	4,035.66	3,018.59
9.000	APPLE INC	AAPL	12/24/08	762.80	07/27/11	3,566.67	2,803.87
8.000	APPLE INC	AAPL	12/24/08	678.05	08/18/11	2,942.38	2,264.33
8.000	APPLE INC	AAPL	12/24/08	678.05	08/23/11	2,924.66	2,246.61
7.000	APPLE INC	AAPL	12/24/08	593.29	09/23/11	2,835.62	2,242.33
13.000	APPLE INC	AAPL	12/24/08	1,101.83	10/19/11	5,228.74	4,126.91
2.000	APPLE INC	AAPL	08/12/10	500.64	10/19/11	804.42	303.78
70.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,291.60	02/02/11	3,938.05	2,646.45



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CONSULTING SOLUTIONS ACCOUNT STATEMENT 2011 ANNUAL STATEMENT

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
103.000	JPMORGAN CHASE & CO	JPM	10/04/11	2,940.80	12/19/11	3,163.86	223.06
70.000	KRAFT FOODS INC CL A	KFT	08/26/10	2,057.19	08/23/11	2,356.85	299.66
16.000	MEDCO HEALTH SOLUTIONS INC	MHS	06/07/11	848.30	08/23/11	848.30	0.00
110.000	MERCK & CO INC NEW	MRK	05/14/10	3,618.14	01/24/11	3,722.19	104.05
7.000	MONSANTO CO NEW	MON	08/16/11	476.90	08/23/11	476.90	0.00
29.000	OMNICOM GROUP INC	OMC	03/30/11	1,101.39	08/23/11	1,101.39	0.00
34.000	OMNICOM GROUP INC	OMC	03/30/11	1,655.90	12/14/11	1,438.09	-217.81
64.000	OMNICOM GROUP INC	OMC	03/30/11	3,116.99	12/16/11	2,689.24	-427.75
152.000	ORACLE CORP	ORCL	09/17/10	4,135.71	07/12/11	5,008.89	873.18
63.000	ORACLE CORP	ORCL	09/17/10	1,714.14	08/23/11	1,617.80	-96.34
39.000	ORACLE CORP	ORCL	01/05/11	1,218.53	12/21/11	989.43	-229.10
15.000	VISA INC CL A COMMON STOCK	V	07/01/11	1,305.12	08/23/11	1,235.22	-69.90
129.000	WAL-MART STORES INC	WMT	06/28/10	6,384.35	01/05/11	7,034.91	650.56
224.000	WALGREEN CO	WAG	05/12/11	9,968.74	08/11/11	7,685.38	-2,283.36
20.000	WALGREEN CO	WAG	05/12/11	890.07	08/23/11	691.58	-198.49
64.000	WALGREEN CO	WAG	05/12/11	2,848.21	08/24/11	2,198.16	-650.05
36.000	WALGREEN CO	WAG	05/23/11	1,599.77	08/24/11	1,236.46	-363.31
65.000	WALGREEN CO	WAG	05/23/11	2,888.48	09/28/11	2,167.06	-721.42
99.000	WALGREEN CO	WAG	06/03/11	4,273.85	09/28/11	3,300.59	-973.26
100.000	WALT DISNEY CO	DIS	11/17/10	3,715.51	08/10/11	3,059.19	-656.32
9.000	WALT DISNEY CO	DIS	11/29/10	327.69	08/10/11	275.33	-52.36
110.000	WALT DISNEY CO	DIS	02/24/11	4,630.36	08/10/11	3,365.11	-1,265.25



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
60,000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,107.09	04/11/11	3,245.49	2,138.40
79,000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,457.67	06/02/11	3,669.70	2,212.03
22,000	CAMERON INTERNATIONAL CORPORATION	CAM	06/25/09	630.39	06/02/11	1,021.94	391.55
16,000	CAMERON INTERNATIONAL CORPORATION	CAM	06/25/09	458.47	08/23/11	727.34	268.87
41,000	COCA COLA CO	KO	12/24/08	1,813.78	08/23/11	2,803.11	989.33
14,000	COLGATE PALMOLIVE CO	CL	09/02/09	1,005.78	08/23/11	1,214.89	209.11
62,000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	3,211.23	01/03/11	4,507.03	1,295.80
52,000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	2,693.29	05/05/11	4,174.38	1,481.09
79,000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	4,091.73	06/02/11	6,283.85	2,192.12
5,000	COSTCO WHOLESALE CORP-NEW	COST	02/02/09	226.44	06/02/11	397.71	171.27
18,000	COSTCO WHOLESALE CORP-NEW	COST	02/02/09	815.20	08/23/11	1,353.75	538.55
98,000	EMERSON ELECTRIC CO	EMR	12/24/08	3,274.36	03/01/11	5,762.88	2,488.52
26,000	EMERSON ELECTRIC CO	EMR	12/24/08	868.71	08/23/11	1,134.61	265.90
71,000	EMERSON ELECTRIC CO	EMR	12/24/08	2,372.24	12/23/11	3,254.47	882.23
28,000	EMERSON ELECTRIC CO	EMR	02/04/10	1,268.59	12/23/11	1,283.45	14.86
63,000	FLUOR CORP NEW	FLR	12/24/08	2,721.42	01/05/11	4,119.38	1,397.96
59,000	FLUOR CORP NEW	FLR	12/24/08	2,548.64	04/13/11	3,998.76	1,450.12
71,000	FLUOR CORP NEW	FLR	12/24/08	3,067.00	07/05/11	4,585.00	1,518.00
22,000	FLUOR CORP NEW	FLR	12/24/08	950.34	08/23/11	1,226.47	276.13
43,000	FLUOR CORP NEW	FLR	12/24/08	1,857.48	10/18/11	2,282.48	425.00
28,000	FLUOR CORP NEW	FLR	12/15/09	1,208.04	10/18/11	1,486.27	278.23
4,000	GOOGLE INC CL A	GOOG	12/24/08	1,212.84	08/18/11	2,053.01	840.17

TRUST FOR MEDITATION PROCESS
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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
4.000	GOOGLE INC CL A	GOOG	12/24/08	1,212.84	08/23/11	2,065.24	852.40
39.000	JPMORGAN CHASE & CO	JPM	06/11/09	1,381.03	04/18/11	1,709.60	328.57
85.000	JPMORGAN CHASE & CO	JPM	06/15/09	2,939.12	04/18/11	3,726.05	786.93
50.000	JPMORGAN CHASE & CO	JPM	07/17/09	1,837.99	04/18/11	2,191.80	353.81
38.000	JPMORGAN CHASE & CO	JPM	07/17/09	1,396.87	05/24/11	1,604.86	207.99
77.000	JPMORGAN CHASE & CO	JPM	08/07/09	3,288.24	05/24/11	3,251.94	-36.30
65.000	JPMORGAN CHASE & CO	JPM	12/03/09	2,723.55	05/24/11	2,745.15	21.60
9.000	JPMORGAN CHASE & CO	JPM	12/03/09	377.11	07/01/11	370.96	-6.15
94.000	JPMORGAN CHASE & CO	JPM	12/15/09	3,856.33	07/01/11	3,874.51	18.18
21.000	JPMORGAN CHASE & CO	JPM	07/15/10	845.11	08/23/11	717.97	-127.14
82.000	JPMORGAN CHASE & CO	JPM	07/15/10	3,299.97	11/29/11	2,365.26	-934.71
252.000	JUNIPER NETWORKS	JNPR	12/24/08	4,230.68	01/20/11	8,819.98	4,589.30
60.000	MCDONALDS CORP	MCD	12/24/08	3,671.40	01/07/11	4,449.29	777.89
32.000	MCDONALDS CORP	MCD	12/24/08	1,958.08	08/23/11	2,848.90	890.82
42.000	MCDONALDS CORP	MCD	12/24/08	2,569.98	09/09/11	3,558.43	988.45
464.000	MERCK & CO INC NEW	MRK	12/24/08	7,623.28	01/14/11	15,901.01	8,277.73
164.000	MERCK & CO INC NEW	MRK	12/24/08	2,694.44	01/24/11	5,549.45	2,855.01
136.000	MERCK & CO INC NEW	MRK	11/19/09	4,812.03	01/24/11	4,601.99	-210.04
88.000	MERCK & CO INC NEW	MRK	01/20/10	3,569.80	01/24/11	2,977.76	-592.04
62.000	NIKE INC-CL B	NKE	12/24/08	2,980.11	06/02/11	5,065.15	2,085.04
47.000	NIKE INC-CL B	NKE	12/24/08	2,259.12	07/11/11	4,318.71	2,059.59
17.000	NIKE INC-CL B	NKE	12/24/08	817.13	08/23/11	1,388.53	571.40
45.000	OCCIDENTAL PETE CORP	OXY	12/24/08	2,367.79	01/07/11	4,324.06	1,956.27



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Long Term							
38,000	OCCIDENTAL PETE CORP	OXY	12/24/08	1,999.46	04/11/11	3,857.27	1,857.81
36,000	OCCIDENTAL PETE CORP	OXY	12/24/08	1,894.23	07/11/11	3,686.36	1,792.13
18,000	OCCIDENTAL PETE CORP	OXY	12/24/08	947.11	08/23/11	1,478.49	531.38
1,000	OCCIDENTAL PETE CORP	OXY	02/17/09	52.78	08/23/11	82.14	29.36
50,000	OCCIDENTAL PETE CORP	OXY	02/17/09	2,639.05	08/29/11	4,165.26	1,526.21
1,000	OCCIDENTAL PETE CORP	OXY	06/07/10	79.64	08/29/11	83.31	3.67
68,000	ORACLE CORP	ORCL	09/17/10	1,850.19	12/21/11	1,725.16	-125.03
146,000	ORACLE CORP	ORCL	12/07/10	4,250.94	12/21/11	3,704.02	-546.92
135,000	ORACLE CORP	ORCL	12/10/10	4,025.74	12/21/11	3,424.95	-600.79
101,000	ORACLE CORP	ORCL	12/17/10	3,227.88	12/21/11	2,562.37	-665.51
105,000	PEPSICO INC	PEP	12/24/08	5,719.59	02/10/11	6,633.81	914.22
60,000	PEPSICO INC	PEP	12/24/08	3,268.34	07/21/11	3,929.40	661.06
33,000	PEPSICO INC	PEP	12/24/08	1,797.59	08/23/11	2,082.92	285.33
69,000	PROCTER & GAMBLE CO	PG	12/24/08	4,174.44	03/18/11	4,170.13	-4.31
35,000	PROCTER & GAMBLE CO	PG	05/20/09	1,905.93	03/18/11	2,115.29	209.36
28,000	PROCTER & GAMBLE CO	PG	05/20/09	1,524.75	08/23/11	1,766.21	241.46
12,000	PROCTER & GAMBLE CO	PG	03/04/10	756.94	08/23/11	756.95	0.01
82,000	QUALCOMM INC	QCOM	12/24/08	2,799.35	07/12/11	4,671.73	1,872.38
84,000	QUALCOMM INC	QCOM	12/24/08	2,867.63	08/01/11	4,542.29	1,674.66
45,000	QUALCOMM INC	QCOM	12/24/08	1,536.23	08/23/11	2,127.10	590.87
49,000	SCHLUMBERGER LTD	SLB	12/24/08	1,845.41	02/01/11	4,388.88	2,543.47
42,000	SCHLUMBERGER LTD	SLB	12/24/08	1,581.78	04/11/11	3,773.17	2,191.39
17,000	SCHLUMBERGER LTD	SLB	12/24/08	640.25	07/29/11	1,543.21	902.96
27,000	SCHLUMBERGER LTD	SLB	01/23/09	1,080.09	07/29/11	2,450.98	1,370.89

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
21.000	SCHLUMBERGER LTD	SLB	01/23/09	840.07	08/23/11	1,565.30	725.23
18.000	SCHLUMBERGER LTD	SLB	01/23/09	720.06	08/26/11	1,343.24	623.18
37.000	SCHLUMBERGER LTD	SLB	07/06/09	1,881.16	08/26/11	2,761.11	879.95
74.000	STRYKER CORP	SYK	12/24/08	2,952.30	04/06/11	4,468.64	1,516.34
38.000	STRYKER CORP	SYK	12/24/08	1,516.04	08/23/11	1,725.16	209.12
95.000	TJX COMPANIES INC NEW	TJX	07/17/09	3,318.72	01/04/11	4,154.61	835.89
12.000	TJX COMPANIES INC NEW	TJX	07/30/09	441.40	01/04/11	524.79	83.39
67.000	TJX COMPANIES INC NEW	TJX	07/30/09	2,464.46	06/15/11	3,334.69	870.23
16.000	TJX COMPANIES INC NEW	TJX	08/17/09	561.25	06/15/11	796.34	235.09
30.000	TJX COMPANIES INC NEW	TJX	08/17/09	1,052.34	08/23/11	1,625.36	573.02
63.000	UNITED PARCEL SVC INC CL B	UPS	03/18/10	4,035.63	05/16/11	4,661.49	625.86
57.000	UNITED PARCEL SVC INC CL B	UPS	03/18/10	3,651.29	06/17/11	3,954.46	303.17
9.000	UNITED PARCEL SVC INC CL B	UPS	03/18/10	576.52	08/23/11	566.63	-9.89
21.000	UNITED PARCEL SVC INC CL B	UPS	04/13/10	1,356.51	08/23/11	1,322.13	-34.38
43.000	UNITED PARCEL SVC INC CL B	UPS	04/13/10	2,777.63	09/06/11	2,761.45	-16.18
24.000	UNITED PARCEL SVC INC CL B	UPS	08/30/10	1,544.23	09/06/11	1,541.27	-2.96
18.000	WAL-MART STORES INC	WMT	11/12/09	962.49	01/05/11	981.62	19.13
156.000	WALT DISNEY CO	DIS	07/02/09	3,555.63	05/11/11	6,540.45	2,984.82
2.000	WALT DISNEY CO	DIS	07/02/09	45.59	06/02/11	80.37	34.78
138.000	WALT DISNEY CO	DIS	07/10/09	3,099.47	06/02/11	5,545.59	2,446.12
27.000	WALT DISNEY CO	DIS	01/12/10	835.37	06/02/11	1,085.01	249.64
82.000	WALT DISNEY CO	DIS	01/12/10	2,537.04	07/29/11	3,180.01	642.97



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
64,000	WALT DISNEY CO	DIS	03/04/10	2,075.92	07/29/11	2,481.96	406.04
25,000	WALT DISNEY CO	DIS	03/04/10	810.90	08/10/11	764.80	-46.10
Long Term Subtotal				217,729.41		324,910.34	107,180.93
TOTAL REALIZED GAIN OR LOSS				411,866.04		508,129.94	90,263.90

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

MONTAG & CALDWELL INC
3455 PEACHTREE RD NE
SUITE 1200
ATLANTA GA 30326-4202

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)
Verification of Expenditure Responsibility**

Grantee: Meditation Chretienne du Quebec

**Address: 7400 Boulevard St. Laurent #513
Montreal, Quebec
Canada H2R 2Y1**

Grant Date: 8-16-11

Grant Amount: US\$4,300.00

Grant Purpose: For still and video cameras and reprinting 500 copies of a John Main biography in French

Amounts expended by grantee: US\$4,300.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

Dates of any reports received from grantee: **March 2012**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: August 8, 2012

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Canadian Christian Meditation Community

**Address: 58 Thatcher Drive
Winnipeg, Manitoba
Canada R3T 2LC**

Grant Date: 7-14-2010

Grant Amount: US\$5,215.00

Grant Purpose: For six National Conference Scholarships and two Schools for Teachers.

Amounts expended by grantee: US\$5215.00

(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No .**

Dates of any reports received from grantee: **October 2011 and March 2012.**

Was any verification of the grantee reports deemed necessary? **No.**

If so, state the date and results of such verification:

BY: Martha Bolinger

TITLE: Director DATE: August 8, 2012

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Meditation Chretienne du Quebec

**Address: 7400 Boulevard St. Laurent #513
Montreal, Quebec
Canada H2R 2Y1**

Grant Date: 8-16-11

Grant Amount: US\$4,300.00

Grant Purpose: For still and video cameras and reprinting 500 copies of a John Main biography in French

Amounts expended by grantee: US\$4,300.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

Dates of any reports received from grantee: **March 2012**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: August 8, 2012

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Parkdale Activity Recreation Centre

**Address: 208 Osler St.
Toronto ON
Canada M6N2W1**

Grant Date: 8-16-11

Grant Amount: US\$1,500.00

Grant Purpose: For a three-day retreat for artist-facilitators in the Making Room Project, a drop in center for individuals facing homelessness, addiction, and mental illness.

Amounts expended by grantee: US\$1,500.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

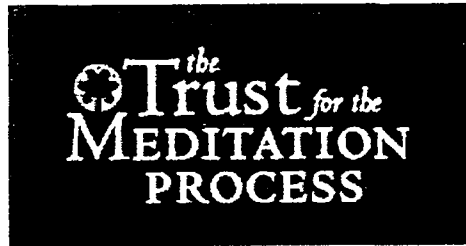
Dates of any reports received from grantee: **March 2012**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: August 8, 2012

This form must be attached to Form 990 until grantee has reported in full on all granted funds.



2751 Hennepin Ave. S. #259
Minneapolis, MN 55408
www.trustformeditation.org

There is no greater need in the church and in the world today, than for the renewed understanding that the call to deep prayer is universal. Unity among Christians as well as.. unity among different races and creeds rests upon our finding the inner principle of unity as a personal experience within our own hearts

John Main

Word into Silence

MISSION

The Trust for the Meditation Process is a charitable foundation encouraging meditation and contemplative practice among Christians. We make grants to nonprofit organizations that reclaim and teach Christian contemplative traditions, that introduce meditation in the Christian community or that further our understanding of contemplative practice in all spiritual traditions.

VISION AND VALUES

We believe contemplative practice transforms the way we see ourselves and our world. It awakens us to the sacredness of all life and to the inner stillness which reveals God's presence in us. It guides us in the process of becoming fully human and develops our capacity for compassionate action in society.

In the spiritual traditions of the West and the East, meditation is an essential way to make us fully present to God, to ourselves and to creation.

In a culture that neglects, even discourages, quiet, inner knowledge, the need to rediscover and value our contemplative traditions is very great. We need their infusion of meaning and balance to counter the relentless pace, stress and materialism of modern life.

We especially need contemplative practice in the Christian community, since that historic tradition is largely unacknowledged and the potential for impact, vast.

GRANT GUIDELINES

Our focus is short-term projects where a small grant can make a credible impact and result in clearly identifiable outcomes. We make 20 to 40 grants annually. Initial awards are typically small – \$3,000 to \$5,000 – and projects funded include:

- Workshops, lectures or retreats
- Sabbaticals, retreats and other time development for contemplative practice leaders.
- Books, supplies and equipment for meditation and spiritual growth centers.
- Efforts to better expand and build the capacity of programs in Christian contemplation and address barriers to practice.
- Research on meditation, East/West meditation dialogue, and meditation curriculum development.
- Publications that effectively spread critical perspectives on meditation.

Because contemplative practice is a worldwide movement, we do not limit grants to the United States. Grants to endowment and capital campaigns are very rare. We do not contribute to annual fundraising or membership appeals.

WHAT WE LOOK FOR

Here are some of the key questions we ask when evaluating a proposal:

Is the project within our mission?

- Does it initiate, expand or enhance meditation instruction, practice or understanding?
- Does it have a Christian audience, draw from Christian contemplative traditions, or further dialogue and cooperation among contemplative traditions in all religions?
- Does the project focus on meditation practice rather than another aspect or method of prayer or spiritual development?

Is it of the highest quality?

- Does it use a recognized teacher, speaker or leader with appropriate training and an extensive personal meditation practice?
- Is the quality of teaching and the meditation experience central to the project?

What kind and level of impact might the project make?

- Does the project have a specific audience in mind as well as specific plans for reaching them?

- Is it reaching new or underserved audiences or audiences where the need is especially great or the potential for impact significant? Possibilities include young people, people facing illness, trauma or loss, people in poverty or in prison, and people dealing with addictions.
- For ongoing meditation groups, is the effort developing a meditation community that might ultimately be self-sustaining?
- Will a small grant such as ours make a significant difference to the project?

~~What is the administrative capacity of the sponsoring organization?~~

- Does the project have the support of the organization's leadership?
- Is the organization sufficiently organized and funded to achieve its goals?
- Where appropriate, has the organization evaluated the project's potential for income generation?
- Does the organization show efforts to evaluate and adapt their work?

HOW TO APPLY

First: review our website at www.trustformeditation.org for full guidelines and representative grants. Then call us or use our on-line inquiry form to briefly describe your project.

We're pleased to help you assess if your project falls within our mission. We can also let you know if the Trust has supported similar projects. If you haven't previously applied to the Trust, we especially encourage you to talk with our staff before submitting a full proposal.

See contact us on our website, www.trustformeditation.org, for our phone number and the online inquiry form.

However, you reach us, we'll want to know a little bit about:

- Your organization and who it serves
- What you want us to fund
- Why the project is important now
- How much it will cost and how much you want the Trust to contribute

Second: if your project meets our guidelines, send a full proposal

The Trust currently awards grants once a year. Grant applications should be postmarked by March 1st. Awards will be announced in August. Applications should follow the Proposal Checklist instructions listed on our website.





Grants Awarded 2011

Alternatives with Education Let's Start Inc. St. Louis MO
\$10,000 for meditation programs in five Missouri correctional facilities

Beth El Synagogue St Louis Park MN
\$2,500 for a lecture by Deepak Chopra

Center for Investigating Healthy Minds, University of Wisconsin Foundation Madison WI
\$5,500 to implement The Kindness Curriculum --a mindfulness-based preschool program -- in two Headstart classrooms

Center for Spirituality and Healing, University of Minnesota Foundation Minneapolis MN
\$5,000 for *Peace through Inner Peace*, a lecture by His Holiness, the Dalai Lama

Christos Center for Spiritual Formation Lino Lakes MN
\$4,000 for faculty honoraria in the contemplative prayer portion of the spiritual direction program

Contemplative Outreach Butler NJ
\$10,000 for ongoing support of a web presence

Dominican University of California San Rafael CA
\$1,000 to furnish a meditation room

Emory University School of Medicine Atlanta GA
\$4,615 for Grady CAMP, a program introducing compassion meditation to African Americans who have recently attempted suicide

Episcopal House of Prayer Collegeville MN
\$7,800 for year one of a two-year outreach initiative

Insight Meditation Center of the Mid-Peninsula Redwood City CA
\$2,000 for audio and video equipment for a new retreat center

International Friendship through the Performing Arts Eagan MN
\$6,935 for a mindfulness program at the Open World Learning Community, a St. Paul public school.

Meditation Chretienne du Quebec Montreal Canada
\$4,300 for still and video cameras and reprinting 500 copies of a John Main biography

Mindful Schools Oakland CA
\$20,000 for a part-time school coordinator

Parkdale Activity Recreation Centre - Making Room Toronto ON
\$1,500 for a three-day retreat for artist-facilitators at a drop in center for individuals facing homelessness, addiction, and mental illness.

Prison Dharma Network Providence, RI
\$20,000 to expand the Path of Freedom program nationally and for year one of a five-year research project in Rhode Island prisons

Shalem Institute for Spiritual Formation Washington DC
\$7,300 to support and expand Christian contemplative practice in Korea and Cuba

Vinland National Center Loretto MN
\$7,500 to expand and evaluate a mindfulness curriculum in the residential chemical health program.

World Community for Christian Meditation – USA Oro Valley AZ
\$27,000 to support the JM Center at Georgetown and for outreach to Christian higher education

TOTAL \$146,950

Application for Extension of Time To File an Exempt Organization Return

OMB No. 1545-1709

► **File a separate application for each return.**

- If you are filing for an **Automatic 3-Month Extension**, complete only **Part I** and check this box ☒ **X**
- If you are filing for an **Additional (Not Automatic) 3-Month Extension**, complete only **Part II** (on page 2 of this form).

Do not complete Part II unless you have already been granted an automatic 3-month extension on a previously filed Form 8868.

Electronic filing (e-file). You can electronically file Form 8868 if you need a 3-month automatic extension of time to file (6 months for a corporation required to file Form 990-T), or an additional (not automatic) 3-month extension of time. You can electronically file Form 8868 to request an extension of time to file any of the forms listed in Part I or Part II with the exception of Form 8870, Information Return for Transfers Associated With Certain Personal Benefit Contracts, which must be sent to the IRS in paper format (see instructions). For more details on the electronic filing of this form, visit www.irs.gov/efile and click on e-file for Charities & Nonprofits.

Part I Automatic 3-Month Extension of Time. Only submit original (no copies needed).

A corporation required to file Form 990-T and requesting an automatic 6-month extension - check this box and complete

Part I only ☐

All other corporations (including 1120-C filers), partnerships, REMICs, and trusts must use Form 7004 to request an extension of time to file income tax returns.

Type or print	Name of exempt organization	Employer identification number
	TRUST FOR THE MEDITATION PROCESS	41-6286503
	Number, street, and room or suite no. If a P.O. box, see instructions 2751 HENNEPIN AVENUE SOUTH, NO. 259	
File by the due date for filing your return. See instructions	City, town or post office, state, and ZIP code. For a foreign address, see instructions. MINNEAPOLIS, MN 55408	

Enter the Return code for the return that this application is for (file a separate application for each return)...

COPY 0 4

Application Is For	Return Code	Application Is For	Return Code
Form 990	01	Form 990-T (corporation)	07
Form 990-BL	02	Form 1041-A	08
Form 990-EZ	03	Form 4720	09
Form 990-PF	04	Form 5227	10
Form 990-T (sec. 401(a) or 408(a) trust)	05	Form 6069	11
Form 990-T (trust other than above)	06	Form 8870	12

MARTHA BOLINGER

- The books are in the care of ► **3125 HOLMES AVE S #301 - MINNEAPOLIS, MN 55408**

Telephone No. ► **612-825-3116**

FAX No. ►

- If the organization does not have an office or place of business in the United States, check this box ☐
- If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) _____ If this is for the whole group, check this box ☐. If it is for part of the group, check this box ☐ and attach a list with the names and EINs of all members the extension is for.

- 1 I request an automatic 3-month (6 months for a corporation required to file Form 990-T) extension of time until **AUGUST 15, 2011**, to file the exempt organization return for the organization named above. The extension is for the organization's return for:
- ☒ calendar year **2010** or
- ☐ tax year beginning _____, and ending _____

- 2 If the tax year entered in line 1 is for less than 12 months, check reason: ☐ Initial return ☐ Final return
- ☐ Change in accounting period

3a If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions.	3a	\$	0.
b If this application is for Form 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit.	3b	\$	0.
c Balance due. Subtract line 3b from line 3a. Include your payment with this form, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions.	3c	\$	0.

Caution. If you are going to make an electronic fund withdrawal with this Form 8868, see Form 8453-EO and Form 8879-EO for payment instructions.

LHA For Paperwork Reduction Act Notice, see Instructions.

Form **8868** (Rev. 1-2011)

• If you are filing for an **Additional (Not Automatic) 3-Month Extension**, complete only **Part II** and check this box ☒ **X**

Note. Only complete Part II if you have already been granted an automatic 3-month extension on a previously filed Form 8868

• If you are filing for an **Automatic 3-Month Extension**, complete only **Part I** (on page 1).

Part II Additional (Not Automatic) 3-Month Extension of Time. Only file the original (no copies needed).

Type or print File by the due date for filing your return. See instructions.	Enter filer's identifying number, see instructions	
	Name of exempt organization or other filer, see instructions	Employer identification number (EIN) or
	TRUST FOR THE MEDITATION PROCESS	☒ 41-6286503
	Number, street, and room or suite no. If a P.O. box, see instructions.	Social security number (SSN)
	2751 HENNEPIN AVENUE SOUTH, NO. 259	☐
	City, town or post office, state, and ZIP code. For a foreign address, see instructions	
	MINNEAPOLIS, MN 55408	

Enter the Return code for the return that this application is for (file a separate application for each return)

04

Application Is For	Return Code	Application Is For	Return Code
Form 990	01		
Form 990-BL	02	Form 1041-A	08
Form 990-EZ	01	Form 4720	09
Form 990-PF	04	Form 5227	10
Form 990-T (sec. 401(a) or 408(a) trust)	05	Form 6069	11
Form 990-T (trust other than above)	06	Form 8870	12

STOP! Do not complete Part II if you were not already granted an automatic 3-month extension on a previously filed Form 8868.

MARTHA BOLINGER

• The books are in the care of **▶ 3125 HOLMES AVE S #301 - MINNEAPOLIS, MN 55408**

Telephone No. **▶ 612-825-3116**

FAX No. **▶**

• If the organization does not have an office or place of business in the United States, check this box ☐

• If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) **▶** ☐. If this is for the whole group, check this box ☐. If it is for part of the group, check this box ☐ and attach a list with the names and EINs of all members the extension is for.

4 I request an additional 3-month extension of time until **NOVEMBER 15, 2012**

5 For calendar year **2011**, or other tax year beginning **▶**, and ending **▶**

6 If the tax year entered in line 5 is for less than 12 months, check reason: ☐ Initial return ☐ Final return

☐ Change in accounting period

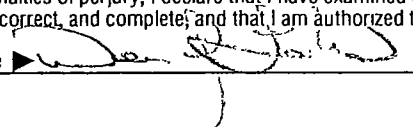
7 State in detail why you need the extension

ALL OF THE INFORMATION NECESSARY TO FILE A TIMELY RETURN IS NOT CURRENTLY AVAILABLE.

8a If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions	8a	\$	0.
b If this application is for Form 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit and any amount paid previously with Form 8868	8b	\$	0.
c Balance due. Subtract line 8b from line 8a. Include your payment with this form, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions	8c	\$	0.

Signature and Verification must be completed for Part II only.

Under penalties of perjury, I declare that I have examined this form, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete; and that I am authorized to prepare this form.

Signature **▶**  Title **▶ CPA**

Date **▶ 8/9/12**

Form 8868 (Rev. 1-2012)