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**Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation**

2010

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements

For calendar year 2010, or tax year beginning Jul 1 , 2010, **and ending** Jun 30 , 2011

G Check all that apply Initial return Initial Return of a former public charity Final return
 Amended return Address change Name change

Name of foundation The Mental Wellness Foundation, Inc.		A Employer identification number 52-2287352
Number and street (or P O box number if mail is not delivered to street address) 8171 Maple Lawn Blvd		B Telephone number (see the instructions) (240) 295-1600
City or town Fulton	Room/suite 375	C If exemption application is pending, check here <input type="checkbox"/> D 1 Foreign organizations, check here <input type="checkbox"/> 2 Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/> E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/> F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>
State ZIP code MD 20759		
H Check type of organization <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		
I Fair market value of all assets at end of year (from Part II, column (c), line 16) \$ 4,365,009.	J Accounting method <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ <i>(Part I, column (d) must be on cash basis)</i>	

	(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Analysis of Revenue and Expenses <i>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see the instructions))</i>				
REVENUE	1 Contributions, gifts, grants, etc, received (att sch)			
	2 Ck <input checked="" type="checkbox"/> if the foundn is not req to att Sch B			
	3 Interest on savings and temporary cash investments	828.	828.	
	4 Dividends and interest from securities	87,744.	87,744.	
	5a Gross rents			
	b Net rental income or (loss)			
	6a Net gain/(loss) from sale of assets not on line 10	140,798.		
	b Gross sales price for all assets on line 6a	2,265,290.		
	7 Capital gain net income (from Part IV, line 2)		140,798.	
	8 Net short-term capital gain			
	9 Income modifications			
	10a Gross sales less returns and allowances			
b Less Cost of goods sold				
c Gross profit/(loss) (att sch)				
11 Other income (attach schedule) Excise Tax Refund	7,949.			
12 Total. Add lines 1 through 11	237,319.	229,370.		
ADMINISTRATIVE EXPENSES	13 Compensation of officers, directors, trustees, etc			
	14 Other employee salaries and wages			
	15 Pension plans, employee benefits			
	16a Legal fees (attach schedule)			
	b Accounting fees (attach sch) L-16b Stmt	4,134.	2,642.	
	c Other prof fees (attach sch) L-16c Stmt	7,213.		7,213.
	17 Interest			
	18 Taxes (attach schedule) (see note) Foreign Tax Withh	43.	43.	
	19 Depreciation (attach sch) and depletion			
	20 Occupancy			
21 Travel, conferences, and meetings	1,199.		1,000.	
22 Printing and publications				
23 Other expenses (attach schedule) See line 23 Stmt	26,443.	24,274.	1,525.	
24 Total operating and administrative expenses. Add lines 13 through 23	39,032.	26,959.	9,738.	
25 Contributions, gifts, grants paid	234,158.		234,158.	
26 Total expenses and disbursements. Add lines 24 and 25	273,190.	26,959.	243,896.	
27 Subtract line 26 from line 12:				
a Excess of revenue over expenses and disbursements	-35,871.			
b Net investment income (if negative, enter -0-)		202,411.		
c Adjusted net income (if negative, enter -0-)				

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)		
		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
ASSETS	1 Cash – non-interest-bearing			
	2 Savings and temporary cash investments	13,517.	118,467.	118,467.
	3 Accounts receivable			
	Less allowance for doubtful accounts			
	4 Pledges receivable			
	Less allowance for doubtful accounts			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see the instructions)			
	7 Other notes and loans receivable (attach sch)			
	Less allowance for doubtful accounts			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments – U.S. and state government obligations (attach schedule)			
	b Investments – corporate stock (attach schedule) L-10b Stmt	3,275,815.	3,838,195.	3,838,195.
	c Investments – corporate bonds (attach schedule) L-10c Stmt	402,008.	408,347.	408,347.
	11 Investments – land, buildings, and equipment basis			
Less accumulated depreciation (attach schedule)				
12 Investments – mortgage loans				
13 Investments – other (attach schedule)				
14 Land, buildings, and equipment basis				
Less: accumulated depreciation (attach schedule)				
15 Other assets (describe)				
16 Total assets (to be completed by all filers – see instructions Also, see page 1, item I)	3,691,340.	4,365,009.	4,365,009.	
LIABILITIES	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, & other disqualified persons			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe)			
	23 Total liabilities (add lines 17 through 22)			
NET ASSETS OR FUND BALANCES	Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. <input checked="" type="checkbox"/>			
	24 Unrestricted	3,691,340.	4,365,009.	
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. <input type="checkbox"/>			
	27 Capital stock, trust principal, or current funds			
	28 Paid-in or capital surplus, or land, building, and equipment fund			
	29 Retained earnings, accumulated income, endowment, or other funds			
30 Total net assets or fund balances (see the instructions)	3,691,340.	4,365,009.		
31 Total liabilities and net assets/fund balances (see the instructions)	3,691,340.	4,365,009.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year – Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,691,340.
2 Enter amount from Part I, line 27a	2	-35,871.
3 Other increases not included in line 2 (itemize) <u>Change in unrealized gain on investment</u>	3	709,540.
4 Add lines 1, 2, and 3	4	4,365,009.
5 Decreases not included in line 2 (itemize) <u>See Other Decreases Stmt</u>	5	
6 Total net assets or fund balances at end of year (line 4 minus line 5) – Part II, column (b), line 30	6	4,365,009.

Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shares MLC Company)	(b) How acquired P — Purchase D — Donation	(c) Date acquired (month, day, year)	(d) Date sold (month, day, year)
1a Bernstein - See Attached Sch 1-publicly held securities	P	various	various
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 2,265,290.		2,124,492.	140,798.
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Column (h) gain minus column (k), but not less than -0-) or Losses (from column (h))
(i) Fair Market Value as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of column (i) over column (j), if any	
a 0.	0.	0.	140,798.
b			
c			
d			
e			

2 Capital gain net income or (net capital loss)	<input type="checkbox"/> If gain, also enter in Part I, line 7 <input type="checkbox"/> If (loss), enter -0- in Part I, line 7	2	140,798.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6)	<input type="checkbox"/> If gain, also enter in Part I, line 8, column (c) (see the instructions). If (loss), enter -0- in Part I, line 8	3	

Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No

If 'Yes,' the foundation does not qualify under section 4940(e) Do not complete this part

1 Enter the appropriate amount in each column for each year, see the instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (column (b) divided by column (c))
2009	204,184.	4,046,316.	0.050462
2008	258,986.	3,950,997.	0.065550
2007	213,106.	5,856,999.	0.036385
2006	213,163.	4,564,617.	0.046699
2005	180,274.	4,241,938.	0.042498

2 Total of line 1, column (d)	2	0.241594
3 Average distribution ratio for the 5-year base period — divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0.048319
4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5	4	4,281,013.
5 Multiply line 4 by line 3	5	206,854.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	2,024.
7 Add lines 5 and 6	7	208,878.
8 Enter qualifying distributions from Part XII, line 4	8	243,896.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see the instructions)

1 a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter 'N/A' on line 1 Date of ruling or determination letter: _____ (attach copy of letter if necessary – see instr.)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b		1	2,024.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, column (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0.
3 Add lines 1 and 2		3	2,024.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	2,024.
6 Credits/Payments			
a 2010 estimated tax pmts and 2009 overpayment credited to 2010	6a	9,000.	
b Exempt foreign organizations – tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d		7	9,000.
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached		8	
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		9	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid		10	6,976.
11 Enter the amount of line 10 to be Credited to 2011 estimated tax <input type="checkbox"/> Refunded <input type="checkbox"/>		11	

Part VII-A Statements Regarding Activities

	Yes	No
1 a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1 b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see the instructions for definition)? <i>If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities</i>		X
1 c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation <input type="checkbox"/> \$ _____ (2) On foundation managers <input type="checkbox"/> \$ _____		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers <input type="checkbox"/> \$ _____		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If 'Yes,' attach a detailed description of the activities</i>		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If 'Yes,' attach a conformed copy of the changes</i>		X
4 a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
4 b If 'Yes,' has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If 'Yes,' attach the statement required by General Instruction T</i>		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If 'Yes,' complete Part II, column (c), and Part XV</i>	X	
8 a Enter the states to which the foundation reports or with which it is registered (see the instructions) <u>MD - Maryland</u>		
b If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? <i>If 'No,' attach explanation</i>	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2010 or the taxable year beginning in 2010 (see instructions for Part XIV)? <i>If 'Yes,' complete Part XIV</i>		X
10 Did any persons become substantial contributors during the tax year? <i>If 'Yes,' attach a schedule listing their names and addresses</i>		X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? Yes No

(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? Yes No

(3) Provide a grant to an individual for travel, study, or other similar purposes? Yes No

(4) Provide a grant to an organization other than a charitable, etc, organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions) Yes No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? Yes No

b If any answer is 'Yes' to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? Yes No

Organizations relying on a current notice regarding disaster assistance check here

c If the answer is 'Yes' to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? Yes No

If 'Yes,' attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? Yes No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? Yes No

If 'Yes' to 6b, file Form 8870

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? Yes No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? Yes No

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	(b) Title and average hours per week devoted to position	(c) Compensation (if not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Barbara Bainum 8171 Maple Lawn Blvd, #375, Fulton MD 20759	President/Chairman 0.50	0.	0.	0.
Christine A. Shreve 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Sec/Treas 0.50	0.	0.	0.
Wilfried Busse 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
See Information about Officers, Directors, Trustees, Etc		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1— see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than \$50,000	(b) Title and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
None				
0				
0				
0				
0				

Total number of other employees paid over \$50,000 None

Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter 'NONE'.

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
None		

Total number of others receiving over \$50,000 for professional services ▶ None

Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 None	
-----	0.
2	

3	

4	

Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 None	
-----	0.
2	

All other program-related investments See instructions	
3	

Total. Add lines 1 through 3 ▶ None

BAA

Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a Average monthly fair market value of securities	1a	4,281,726.
b Average of monthly cash balances	1b	64,480.
c Fair market value of all other assets (see instructions)	1c	0.
d Total (add lines 1a, b, and c)	1d	4,346,206.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	4,346,206.
4 Cash deemed held for charitable activities Enter 1-1/2% of line 3 (for greater amount, see instructions)	4	65,193.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3 Enter here and on Part V, line 4	5	4,281,013.
6 Minimum investment return. Enter 5% of line 5	6	214,051.

Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	214,051.
2a Tax on investment income for 2010 from Part VI, line 5	2a	2,024.
b Income tax for 2010 (This does not include the tax from Part VI)	2b	
c Add lines 2a and 2b	2c	2,024.
3 Distributable amount before adjustments Subtract line 2c from line 1	3	212,027.
4 Recoveries of amounts treated as qualifying distributions	4	
5 Add lines 3 and 4	5	212,027.
6 Deduction from distributable amount (see instructions)	6	
7 Distributable amount as adjusted Subtract line 6 from line 5 Enter here and on Part XIII, line 1	7	212,027.

Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes		
a Expenses, contributions, gifts, etc – total from Part I, column (d), line 26	1a	243,896.
b Program-related investments – total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable etc purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions Add lines 1a through 3b Enter here and on Part V, line 8, and Part XIII, line 4	4	243,896.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income Enter 1% of Part I, line 27b (see instructions)	5	2,024.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	241,872.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2009	(c) 2009	(d) 2010
1 Distributable amount for 2010 from Part XI, line 7				212,027.
2 Undistributed income, if any, as of the end of 2010				
a Enter amount for 2009 only			191,112.	
b Total for prior years: 20____, 20____, 20____				
3 Excess distributions carryover, if any, to 2010				
a From 2005	0.			
b From 2006	0.			
c From 2007	0.			
d From 2008	0.			
e From 2009	0.			
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2010 from Part XII, line 4 ▶ \$ 243,896.				
a Applied to 2009, but not more than line 2a			191,112.	
b Applied to undistributed income of prior years (Election required – see instructions)				
c Treated as distributions out of corpus (Election required – see instructions)				
d Applied to 2010 distributable amount				52,784.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2010 (If an amount appears in column (d), the same amount must be shown in column (a))				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	0.			
b Prior years' undistributed income Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed				
d Subtract line 6c from line 6b Taxable amount – see instructions		0.		
e Undistributed income for 2009. Subtract line 4a from line 2a. Taxable amount – see instructions			0.	
f Undistributed income for 2010. Subtract lines 4d and 5 from line 1 This amount must be distributed in 2011				159,243.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions)				
8 Excess distributions carryover from 2005 not applied on line 5 or line 7 (see instructions)	0.			
9 Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9				
a Excess from 2006	0.			
b Excess from 2007	0.			
c Excess from 2008	0.			
d Excess from 2009	0.			
e Excess from 2010	0.			

Private Operating Foundations (see instructions and Part VII-A, question 9)

N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2010, enter the date of the ruling ▶

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed

Tax year	Prior 3 years			(e) Total
	(a) 2010	(b) 2009	(c) 2008	
b 85% of line 2a				
c Qualifying distributions from Part XII, line 4 for each year listed				
d Amounts included in line 2c not used directly for active conduct of exempt activities				
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c				
3 Complete 3a, b, or c for the alternative test relied upon				
a 'Assets' alternative test – enter				
(1) Value of all assets				
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)				
b 'Endowment' alternative test – enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed				
c 'Support' alternative test – enter.				
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)				
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(ii)				
(3) Largest amount of support from an exempt organization				
(4) Gross investment income				

Supplementary Information (Complete this part only if the organization had \$5,000 or more in assets at any time during the year – see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

See Attached

See Information Regarding Foundation Managers

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest

None

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc, Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d

a The name, address, and telephone number of the person to whom applications should be addressed.

b The form in which applications should be submitted and information and materials they should include

c Any submission deadlines

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a <i>Paid during the year</i> See Attached Schedule 2				234,158.
Total			▶ 3a 234,158.	
b <i>Approved for future payment</i>				
Total			▶ 3b	

Form 990-PF, Page 1, Part I, Line 23

Line 23 Stmt

Other expenses:	Rev/Exp Book	Net Inv Inc	Adj Net Inc	Charity Disb
Investment Fees	24,274.	24,274.		
Delivery/Supplies	186.			186.
Domain name	85.			
Subscriptions/Publications	540.			540.
Website/Computer	846.			700.
Delivery	99.			99.
License	413.			
Total	<u>26,443.</u>	<u>24,274.</u>		<u>1,525.</u>

Form 990-PF, Page 2, Part III, Line 5

Other Decreases Stmt

Total

Form 990-PF, Page 6, Part VIII, Line 1

Information about Officers, Directors, Trustees, Etc.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Scott Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Katherine Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Todd Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Amanda Renschler 8171 Maple Lawn Blvd #375 Fulton MD 20759	Director 0.50	0.	0.	0.

Total

0. 0. 0.

Form 990-PF, Page 10, Part XV, Line 1a

Information Regarding Foundation Managers

List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

Barbara Bainum; Wilfried Busse; Realty Investment Co, Inc.

Contributed >2% of the total contributions to the Foundation.

Barbara Bainum and Todd Renschler are stockholders of Realty as well as Directors.

Scott Renschler is a stockholder of Realty. Ms. Christine Shreve

(Treasurer) is a Director of Realty.

Form 990-PF, Page 1, Part I

Line 16b - Accounting Fees

Name of Provider	Type of Service Provided	Amount Paid Per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
Realty Investment Co	Accounting Services	4,134.	2,642.		
Total		<u>4,134.</u>	<u>2,642.</u>		

Form 990-PF, Page 1, Part I

Line 16c - Other Professional Fees

Name of Provider	Type of Service Provided	Amount Paid Per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
PD-Individual	Admin	382.			382.
Realty Inv Co	Grant Admin	6,831.			6,831.
Total		<u>7,213.</u>			<u>7,213.</u>

Form 990-PF, Page 2, Part II, Line 10b

L-10b Stmt

Line 10b - Investments - Corporate Stock:	End of Year	
	Book Value	Fair Market Value
Alliance Bernstein - See Attached Details	3,838,195.	3,838,195.
Total	<u>3,838,195.</u>	<u>3,838,195.</u>

Form 990-PF, Page 2, Part II, Line 10c

L-10c Stmt

Line 10c - Investments - Corporate Bonds:	End of Year	
	Book Value	Fair Market Value
Alliance Bernstein - See Attached Details	408,347.	408,347.
Total	<u>408,347.</u>	<u>408,347.</u>

Supporting Statement of:

Form 990-PF,p12/Line 3 Column (d)

Description	Amount
Sanford Bernstein	55.
Wachovia Bank, NA	31.
Miscellaneous	742.
Total	<u>828.</u>

Supporting Statement of:

Form 990-PF,p12/Line 4 Column (d)

Description	Amount
Sanford Bernstein	87,744.
Total	<u>87,744.</u>



BERNSTEIN

Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Summary

Description	Amount
Short-Term	\$42,594.14
Long-Term	\$98,178.31
Cash in Lieu ¹	\$25.32
Total	\$140,797.77

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	03/23/2011	06/29/2011	75	MOTOROLA SOLUTIONS INC	\$46.08	\$42.61	\$3,455.92	\$3,195.69	\$260.23
888-84260	10/05/2010	06/23/2011	75	ACCENTURE PLC-CL A	\$55.37	\$44.58	\$4,152.91	\$3,343.78	\$809.13
888-84260	04/27/2011	06/21/2011	75	NEWFIELD EXPLORATION CO	\$64.74	\$69.50	\$4,855.61	\$5,212.31	(\$356.70)
888-84260	03/24/2011	06/21/2011	100	SOUTHWESTERN ENERGY	\$42.09	\$43.18	\$4,208.74	\$4,318.11	(\$109.37)
888-84260	03/23/2011	06/21/2011	100	AT&T INC	\$31.11	\$28.01	\$3,111.00	\$2,800.99	\$310.01
888-84260	03/23/2011	06/21/2011	125	DTE ENERGY COMPANY	\$49.67	\$47.57	\$6,208.99	\$5,946.03	\$262.96
888-84260	03/23/2011	06/21/2011	125	JUNIPER NETWORKS INC	\$30.25	\$39.95	\$3,780.63	\$4,993.23	(\$1,212.60)
888-84260	03/23/2011	06/21/2011	40	WELLPOINT INC	\$79.24	\$66.98	\$3,169.70	\$2,679.05	\$490.65
888-84260	02/22/2011	06/21/2011	50	COMCAST CORP-CL A	\$23.92	\$25.27	\$1,196.13	\$1,263.50	(\$67.37)
888-84260	01/27/2011	06/21/2011	100	COMCAST CORP-CL A	\$23.92	\$23.44	\$2,392.25	\$2,343.84	\$48.41
888-84260	01/21/2011	06/21/2011	50	JUNIPER NETWORKS INC	\$30.25	\$35.10	\$1,512.25	\$1,755.09	(\$242.84)
888-84260	01/07/2011	06/21/2011	125	RELIANCE STEEL & ALUMINUM	\$48.74	\$52.45	\$6,092.23	\$6,556.49	(\$464.26)
888-84260	12/08/2010	06/21/2011	50	PARKER HANNIFIN CORP	\$85.72	\$85.06	\$4,285.90	\$4,252.87	\$33.03
888-84260	11/19/2010	06/21/2011	50	ALLERGAN INC	\$82.73	\$68.51	\$4,136.44	\$3,425.57	\$710.87
888-84260	08/03/2010	06/21/2011	22	GOLDMAN SACHS GROUP INC	\$136.08	\$153.55	\$2,993.66	\$3,378.01	(\$384.35)
888-84260	07/12/2010	06/21/2011	400	COMMERCIAL METALS CO	\$14.35	\$13.34	\$5,738.56	\$5,334.40	\$404.16
888-84260	06/24/2010	06/21/2011	50	JOHNSON & JOHNSON	\$66.68	\$59.51	\$3,333.88	\$2,975.34	\$358.54
888-84260	03/23/2011	06/17/2011	600	SPRINT NEXTEL CORP	\$5.10	\$4.42	\$3,062.82	\$2,649.30	\$413.52
888-84260	12/03/2010	06/10/2011	33	HUNTINGTON INGALLS INDUST-WI	\$36.46	\$35.57	\$1,203.15	\$1,173.73	\$29.42
888-84260	09/09/2010	06/10/2011	25	HUNTINGTON INGALLS INDUST-WI	\$36.46	\$31.93	\$911.47	\$798.32	\$113.15
888-84260	08/03/2010	06/10/2011	25	GOLDMAN SACHS GROUP INC	\$133.97	\$153.55	\$3,349.33	\$3,838.64	(\$489.31)
888-84260	04/27/2011	06/07/2011	25	NEWFIELD EXPLORATION CO	\$70.13	\$69.50	\$1,753.37	\$1,737.44	\$15.93

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2010 - 06/30/2011

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	10/04/2010	06/07/2011	50	NEWFIELD EXPLORATION CO	\$70.13	\$57.09	\$3,506.75	\$2,854.31	\$652.44
888-84260	04/01/2011	06/02/2011	75	CAMERON INTERNATIONAL CORP	\$46.30	\$56.73	\$3,472.26	\$4,254.95	(\$782.69)
888-84260	11/22/2010	06/01/2011	100	SOUTHWESTERN ENERGY	\$42.55	\$37.52	\$4,254.55	\$3,752.01	\$502.54
888-84260	01/07/2011	05/31/2011	325	STEEL DYNAMICS INC	\$17.07	\$18.95	\$5,546.45	\$6,160.21	(\$613.76)
888-84260	02/18/2011	05/27/2011	75	AON CORP	\$51.65	\$52.61	\$3,873.62	\$3,945.88	(\$72.26)
888-84260	10/04/2010	05/26/2011	100	DELL INC	\$15.81	\$12.84	\$1,580.63	\$1,283.97	\$296.66
888-84260	09/03/2010	05/26/2011	300	DELL INC	\$15.81	\$12.54	\$4,741.89	\$3,761.79	\$980.10
888-84260	08/03/2010	05/23/2011	3	GOLDMAN SACHS GROUP INC	\$135.76	\$153.55	\$407.28	\$460.64	(\$53.36)
888-84260	07/27/2010	05/23/2011	22	GOLDMAN SACHS GROUP INC	\$135.76	\$147.77	\$2,986.70	\$3,250.95	(\$264.25)
888-84260	02/18/2011	05/20/2011	150	ARCHER-DANIELS-MIDLAND CO	\$31.36	\$37.69	\$4,703.73	\$5,653.61	(\$949.88)
888-84260	10/05/2010	05/20/2011	200	ARCHER-DANIELS-MIDLAND CO	\$31.36	\$32.16	\$6,271.64	\$6,432.74	(\$161.10)
888-84260	11/23/2010	05/19/2011	25	LIMITED BRANDS INC	\$41.08	\$33.06	\$1,027.01	\$826.48	\$200.53
888-84260	11/03/2010	05/19/2011	50	LIMITED BRANDS INC	\$41.08	\$29.65	\$2,054.01	\$1,482.38	\$571.63
888-84260	01/03/2011	05/18/2011	75	DOW CHEMICAL	\$36.88	\$34.93	\$2,766.33	\$2,619.64	\$146.69
888-84260	12/22/2010	05/18/2011	200	DOW CHEMICAL	\$36.88	\$34.15	\$7,376.88	\$6,830.40	\$546.48
888-84260	06/07/2010	05/18/2011	50	DOW CHEMICAL	\$36.88	\$25.03	\$1,844.22	\$1,251.62	\$592.60
888-84260	03/23/2011	05/13/2011	100	EDISON INTERNATIONAL	\$39.49	\$36.44	\$3,949.24	\$3,644.00	\$305.24
888-84260	11/19/2010	05/13/2011	225	EDISON INTERNATIONAL	\$39.49	\$37.55	\$8,885.79	\$8,448.91	\$436.88
888-84260	07/27/2010	05/13/2011	3	GOLDMAN SACHS GROUP INC	\$140.24	\$147.77	\$420.73	\$443.31	(\$22.58)
888-84260	07/21/2010	05/13/2011	22	GOLDMAN SACHS GROUP INC	\$140.24	\$149.57	\$3,085.38	\$3,290.58	(\$205.20)
888-84260	10/04/2010	05/12/2011	100	MORGAN STANLEY	\$24.47	\$24.57	\$2,447.36	\$2,457.30	(\$9.94)
888-84260	07/21/2010	05/12/2011	28	GOLDMAN SACHS GROUP INC	\$141.93	\$149.57	\$3,974.00	\$4,188.00	(\$214.00)
888-84260	11/19/2010	05/11/2011	50	ALLERGAN INC	\$81.39	\$68.51	\$4,069.41	\$3,425.58	\$643.83
888-84260	01/21/2011	05/05/2011	100	JUNIPER NETWORKS INC	\$37.68	\$35.10	\$3,767.64	\$3,510.17	\$257.47
888-84260	08/23/2010	05/05/2011	75	JUNIPER NETWORKS INC	\$37.68	\$27.23	\$2,825.73	\$2,042.51	\$783.22
888-84260	06/24/2010	05/05/2011	100	JOHNSON & JOHNSON	\$64.97	\$59.51	\$6,497.48	\$5,950.68	\$546.80
888-84260	11/03/2010	05/04/2011	100	SOUTHWESTERN ENERGY	\$42.53	\$35.15	\$4,253.45	\$3,515.15	\$738.30
888-84260	03/23/2011	04/28/2011	50	ROCKWELL AUTOMATION INC	\$89.48	\$90.35	\$4,473.81	\$4,517.33	(\$43.52)
888-84260	01/20/2011	04/28/2011	100	ROCKWELL AUTOMATION INC	\$89.48	\$74.75	\$8,947.62	\$7,475.00	\$1,472.62
888-84260	01/13/2011	04/28/2011	125	ROVI CORP	\$49.11	\$65.78	\$6,138.31	\$8,222.34	(\$2,084.03)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	10/11/2010	04/26/2011	100	CONSTELLATION ENERGY GROUP	\$32.72	\$32.55	\$3,272.19	\$3,254.66	\$17.53
888-84260	05/05/2010	04/26/2011	100	CONSTELLATION ENERGY GROUP	\$32.72	\$35.68	\$3,272.19	\$3,568.08	(\$295.89)
888-84260	10/04/2010	04/19/2011	54	KOHL'S CORP	\$52.29	\$52.37	\$2,823.41	\$2,828.23	(\$4.82)
888-84260	09/01/2010	04/19/2011	221	KOHL'S CORP	\$52.29	\$48.28	\$11,555.08	\$10,670.30	\$884.78
888-84260	04/30/2010	04/19/2011	125	DIRECTV-CLASS A	\$45.97	\$36.68	\$5,746.16	\$4,584.48	\$1,161.68
888-84260	02/18/2011	04/18/2011	25	AON CORP	\$51.52	\$52.61	\$1,287.91	\$1,315.30	(\$27.39)
888-84260	01/20/2011	04/18/2011	175	AON CORP	\$51.52	\$44.78	\$9,015.37	\$7,836.24	\$1,179.13
888-84260	01/03/2011	04/18/2011	25	AON CORP	\$51.52	\$46.18	\$1,287.91	\$1,154.52	\$133.39
888-84260	09/03/2010	04/15/2011	350	DELL INC	\$14.96	\$12.54	\$5,234.74	\$4,388.76	\$845.98
888-84260	08/05/2010	04/15/2011	175	KIMBERLY-CLARK CORP	\$65.56	\$65.28	\$11,472.34	\$11,423.30	\$49.04
888-84260	01/31/2011	04/13/2011	100	HONEYWELL INTERNATIONAL INC	\$57.40	\$55.52	\$5,740.49	\$5,551.74	\$188.75
888-84260	01/03/2011	04/13/2011	100	AON CORP	\$52.45	\$46.18	\$5,245.33	\$4,618.06	\$627.27
888-84260	11/03/2010	04/13/2011	150	LIMITED BRANDS INC	\$37.77	\$29.65	\$5,665.46	\$4,447.16	\$1,218.30
888-84260	02/11/2011	04/12/2011	75	CARNIVAL CORP	\$38.60	\$47.61	\$2,895.13	\$3,570.87	(\$675.74)
888-84260	11/30/2010	04/12/2011	50	EATON CORP	\$52.18	\$48.23	\$2,609.12	\$2,411.42	\$197.70
888-84260	11/26/2010	04/12/2011	50	EATON CORP	\$52.18	\$49.03	\$2,609.12	\$2,451.70	\$157.42
888-84260	11/09/2010	04/12/2011	25	EATON CORP	\$52.18	\$46.58	\$1,304.56	\$1,164.61	\$139.95
888-84260	01/28/2011	04/07/2011	75	HONEYWELL INTERNATIONAL INC	\$58.70	\$55.81	\$4,402.66	\$4,185.41	\$217.25
888-84260	09/01/2010	04/07/2011	10	HONEYWELL INTERNATIONAL INC	\$58.70	\$40.09	\$587.02	\$400.94	\$186.08
888-84260	02/18/2011	04/06/2011	75	MCKESSON CORP	\$78.98	\$80.57	\$5,923.60	\$6,042.68	(\$119.08)
888-84260	09/01/2010	04/06/2011	4	KOHL'S CORP	\$54.34	\$48.28	\$217.37	\$193.13	\$24.24
888-84260	08/30/2010	04/05/2011	125	CAPITAL ONE FINANCIAL CORP	\$51.83	\$38.20	\$6,478.41	\$4,775.62	\$1,702.79
888-84260	10/08/2010	04/04/2011	200	CISCO SYSTEMS INC	\$17.04	\$22.42	\$3,408.52	\$4,483.10	(\$1,074.58)
888-84260	11/05/2010	04/01/2011	150	ALCOA INC	\$17.48	\$13.96	\$2,622.48	\$2,093.37	\$529.11
888-84260	02/17/2011	03/28/2011	75	EMERSON ELECTRIC CO	\$57.50	\$61.85	\$4,312.58	\$4,638.82	(\$326.24)
888-84260	02/09/2011	03/28/2011	100	EMERSON ELECTRIC CO	\$57.50	\$60.95	\$5,750.11	\$6,095.04	(\$344.93)
888-84260	02/01/2011	03/28/2011	125	EMERSON ELECTRIC CO	\$57.50	\$59.37	\$7,187.64	\$7,420.76	(\$233.12)
888-84260	12/13/2010	03/28/2011	50	CARNIVAL CORP	\$38.91	\$43.60	\$1,945.46	\$2,179.87	(\$234.41)
888-84260	12/13/2010	03/28/2011	25	CARNIVAL CORP	\$38.91	\$43.60	\$972.73	\$1,089.93	(\$117.20)
888-84260	10/27/2010	03/28/2011	75	CARNIVAL CORP	\$38.91	\$42.27	\$2,918.18	\$3,170.51	(\$252.33)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	10/18/2010	03/28/2011	100	CARNIVAL CORP	\$38.91	\$39.55	\$3,890.91	\$3,955.12	(\$64.21)
888-84260	10/18/2010	03/28/2011	50	CARNIVAL CORP	\$38.91	\$39.55	\$1,945.45	\$1,977.56	(\$32.11)
888-84260	05/07/2010	03/25/2011	225	COMERICA INC	\$36.83	\$40.26	\$8,286.59	\$9,059.04	(\$772.45)
888-84260	07/09/2010	03/24/2011	25	OCCIDENTAL PETROLEUM CORP	\$99.80	\$81.16	\$2,495.03	\$2,029.05	\$465.98
888-84260	12/02/2010	03/22/2011	50	PARKER HANNIFIN CORP	\$90.40	\$84.00	\$4,520.19	\$4,200.04	\$320.15
888-84260	11/09/2010	03/22/2011	225	EATON CORP	\$52.57	\$46.58	\$11,828.03	\$10,481.48	\$1,346.55
888-84260	11/08/2010	03/22/2011	50	DELTA AIR LINES INC	\$9.98	\$13.99	\$499.20	\$699.62	(\$200.42)
888-84260	10/05/2010	03/22/2011	200	CISCO SYSTEMS INC	\$17.57	\$21.95	\$3,514.62	\$4,389.62	(\$875.00)
888-84260	09/07/2010	03/22/2011	100	STARBUCKS CORP	\$34.92	\$24.81	\$3,492.36	\$2,480.97	\$1,011.39
888-84260	09/01/2010	03/22/2011	65	HONEYWELL INTERNATIONAL INC	\$56.62	\$40.09	\$3,680.50	\$2,606.12	\$1,074.38
888-84260	08/30/2010	03/22/2011	25	CAPITAL ONE FINANCIAL CORP	\$50.77	\$38.21	\$1,269.33	\$955.13	\$314.20
888-84260	08/19/2010	03/22/2011	100	PARKER HANNIFIN CORP	\$90.40	\$63.76	\$9,040.38	\$6,375.84	\$2,664.54
888-84260	08/09/2010	03/22/2011	75	PARKER HANNIFIN CORP	\$90.40	\$64.98	\$6,780.29	\$4,873.45	\$1,906.84
888-84260	05/19/2010	03/22/2011	125	CAPITAL ONE FINANCIAL CORP	\$50.77	\$42.43	\$6,346.65	\$5,303.71	\$1,042.94
888-84260	05/05/2010	03/22/2011	150	CONSTELLATION ENERGY GROUP	\$30.83	\$35.68	\$4,624.79	\$5,352.12	(\$727.33)
888-84260	05/04/2010	03/22/2011	40	EOG RESOURCES INC	\$113.41	\$109.42	\$4,536.44	\$4,376.79	\$159.65
888-84260	04/21/2010	03/22/2011	150	CISCO SYSTEMS INC	\$17.57	\$27.26	\$2,635.97	\$4,089.57	(\$1,453.60)
888-84260	04/21/2010	03/22/2011	75	FORD MOTOR CO	\$14.35	\$14.08	\$1,076.27	\$1,056.02	\$20.25
888-84260	04/21/2010	03/22/2011	50	NEWFIELD EXPLORATION CO	\$75.61	\$53.78	\$3,780.70	\$2,688.77	\$1,091.93
888-84260	04/07/2010	03/22/2011	50	GOODRICH CORP	\$84.04	\$70.40	\$4,201.89	\$3,520.13	\$681.76
888-84260	03/25/2010	03/22/2011	550	DELTA AIR LINES INC	\$9.98	\$14.29	\$5,491.26	\$7,862.09	(\$2,370.83)
888-84260	10/11/2010	03/21/2011	10	CME GROUP INC	\$286.01	\$260.41	\$2,860.14	\$2,604.08	\$256.06
888-84260	06/10/2010	03/21/2011	10	CME GROUP INC	\$286.01	\$295.87	\$2,860.14	\$2,958.71	(\$98.57)
888-84260	05/12/2010	03/18/2011	50	COSTCO WHOLESALE CORP	\$70.47	\$57.86	\$3,523.35	\$2,893.15	\$630.20
888-84260	12/28/2010	03/17/2011	150	VODAFONE GROUP PLC-SP ADR	\$27.73	\$26.57	\$4,159.53	\$3,985.97	\$173.56
888-84260	05/11/2010	03/04/2011	300	FORD MOTOR CO	\$14.46	\$12.40	\$4,337.10	\$3,720.00	\$617.10
888-84260	04/29/2010	03/04/2011	525	FORD MOTOR CO	\$14.46	\$13.58	\$7,589.93	\$7,128.13	\$461.80
888-84260	11/12/2010	03/03/2011	50	DEERE & CO	\$92.67	\$77.70	\$4,633.40	\$3,885.03	\$748.37
888-84260	06/29/2010	03/02/2011	800	FIFTH THIRD BANCORP	\$13.81	\$13.02	\$11,047.20	\$10,412.97	\$634.23
888-84260	09/14/2010	02/23/2011	75	VERTEX PHARMACEUTICALS INC	\$43.92	\$37.23	\$3,293.72	\$2,792.26	\$501.46



BERNSTEIN

Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	07/14/2010	02/23/2011	150	VERTEX PHARMACEUTICALS INC	\$43.92	\$33.84	\$6,587.43	\$5,076.03	\$1,511.40
888-84260	01/26/2011	02/18/2011	14	NETFLIX INC	\$232.10	\$183.61	\$3,249.37	\$2,570.53	\$678.84
888-84260	01/26/2011	02/17/2011	1	NETFLIX INC	\$235.64	\$183.61	\$235.64	\$183.61	\$52.03
888-84260	01/25/2011	02/17/2011	15	NETFLIX INC	\$235.64	\$184.25	\$3,534.53	\$2,763.76	\$770.77
888-84260	10/28/2010	02/17/2011	175	CLIFFS NATURAL RESOURCES INC	\$99.85	\$63.86	\$17,473.42	\$11,175.08	\$6,298.34
888-84260	09/02/2010	02/17/2011	130	MICROSOFT CORP	\$27.16	\$23.90	\$3,530.85	\$3,106.86	\$423.99
888-84260	09/01/2010	02/17/2011	25	HONEYWELL INTERNATIONAL INC	\$57.42	\$40.09	\$1,435.53	\$1,002.35	\$433.18
888-84260	08/16/2010	02/17/2011	125	HONEYWELL INTERNATIONAL INC	\$57.42	\$41.22	\$7,177.68	\$5,152.73	\$2,024.95
888-84260	07/07/2010	02/17/2011	195	MICROSOFT CORP	\$27.16	\$23.86	\$5,296.28	\$4,653.52	\$642.76
888-84260	06/22/2010	02/17/2011	300	SARA LEE CORP	\$17.14	\$14.94	\$5,141.16	\$4,481.85	\$659.31
888-84260	05/21/2010	02/17/2011	450	SARA LEE CORP	\$17.14	\$14.46	\$7,711.74	\$6,508.53	\$1,203.21
888-84260	01/25/2011	02/16/2011	40	NETFLIX INC	\$239.42	\$184.25	\$9,576.94	\$7,370.02	\$2,206.92
888-84260	11/01/2010	02/16/2011	50	DEERE & CO	\$95.61	\$77.17	\$4,780.47	\$3,858.51	\$921.96
888-84260	10/01/2010	02/16/2011	25	DEERE & CO	\$95.61	\$68.74	\$2,390.24	\$1,718.42	\$671.82
888-84260	10/26/2010	02/15/2011	125	NVIDIA CORP	\$22.75	\$11.94	\$2,843.91	\$1,492.81	\$1,351.10
888-84260	10/01/2010	02/15/2011	25	DEERE & CO	\$93.45	\$68.74	\$2,336.23	\$1,718.43	\$617.80
888-84260	09/21/2010	02/15/2011	25	DEERE & CO	\$93.45	\$73.01	\$2,336.23	\$1,825.26	\$510.97
888-84260	04/22/2010	02/14/2011	50	PEPSICO INC	\$63.28	\$64.85	\$3,163.93	\$3,242.45	(\$78.52)
888-84260	04/29/2010	02/11/2011	75	FORD MOTOR CO	\$16.08	\$13.58	\$1,206.35	\$1,018.31	\$188.04
888-84260	10/26/2010	02/10/2011	200	NVIDIA CORP	\$22.95	\$11.94	\$4,590.42	\$2,388.50	\$2,201.92
888-84260	09/21/2010	02/07/2011	50	DEERE & CO	\$94.33	\$73.01	\$4,716.30	\$3,650.53	\$1,065.77
888-84260	12/15/2010	02/03/2011	50	POTASH CORP OF SASKATCHEWAN	\$182.15	\$139.43	\$9,107.49	\$6,971.43	\$2,136.06
888-84260	10/20/2010	02/02/2011	75	SOUTHWESTERN ENERGY	\$39.01	\$34.61	\$2,925.44	\$2,595.67	\$329.77
888-84260	06/02/2010	02/02/2011	206	COMCAST CORP-CL A	\$23.11	\$18.34	\$4,760.68	\$3,777.52	\$983.16
888-84260	11/08/2010	02/01/2011	50	AGRIUM INC	\$90.52	\$84.90	\$4,525.75	\$4,244.89	\$280.86
888-84260	08/11/2010	02/01/2011	75	AGRIUM INC	\$90.52	\$64.02	\$6,788.63	\$4,801.55	\$1,987.08
888-84260	04/12/2010	02/01/2011	150	MICROSOFT CORP	\$27.92	\$30.38	\$4,188.39	\$4,557.12	(\$368.73)
888-84260	04/01/2010	02/01/2011	25	MICROSOFT CORP	\$27.92	\$29.14	\$698.07	\$728.46	(\$30.39)
888-84260	02/01/2010	02/01/2011	200	FORD MOTOR CO	\$16.15	\$11.09	\$3,229.72	\$2,218.70	\$1,011.02



BERNSTEIN

Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	08/31/2010	01/31/2011	35	CF INDUSTRIES HOLDINGS INC	\$134.93	\$92.02	\$4,722.56	\$3,220.53	\$1,502.03
888-84260	08/05/2010	01/31/2011	75	CF INDUSTRIES HOLDINGS INC	\$134.93	\$86.16	\$10,119.78	\$6,461.85	\$3,657.93
888-84260	04/23/2010	01/31/2011	800	SAFEWAY INC	\$20.68	\$26.73	\$16,540.48	\$21,384.88	(\$4,844.40)
888-84260	10/20/2010	01/28/2011	75	SOUTHWESTERN ENERGY	\$39.24	\$34.61	\$2,943.32	\$2,595.68	\$347.64
888-84260	05/10/2010	01/28/2011	50	TARGET CORP	\$54.46	\$56.67	\$2,722.88	\$2,833.55	(\$110.67)
888-84260	10/26/2010	01/26/2011	175	NVIDIA CORP	\$24.66	\$11.94	\$4,315.99	\$2,089.94	\$2,226.05
888-84260	08/19/2010	01/25/2011	25	FREEMPORT-MCMORAN COPPER	\$105.46	\$72.84	\$2,636.43	\$1,821.11	\$815.32
888-84260	02/11/2010	01/25/2011	175	GAP INC/THE	\$19.98	\$20.14	\$3,497.20	\$3,523.92	(\$26.72)
888-84260	04/01/2010	01/21/2011	75	MICROSOFT CORP	\$28.10	\$29.14	\$2,107.79	\$2,185.37	(\$77.58)
888-84260	03/29/2010	01/21/2011	100	MICROSOFT CORP	\$28.10	\$29.67	\$2,810.38	\$2,967.10	(\$156.72)
888-84260	08/19/2010	01/20/2011	25	FREEMPORT-MCMORAN COPPER	\$109.80	\$72.84	\$2,744.95	\$1,821.12	\$923.83
888-84260	06/22/2010	01/20/2011	125	CABLEVISION SYS CORP	\$33.99	\$25.18	\$4,248.14	\$3,147.00	\$1,101.14
888-84260	04/27/2010	01/20/2011	50	CABLEVISION SYS CORP	\$33.99	\$26.41	\$1,699.25	\$1,320.52	\$378.73
888-84260	10/20/2010	01/18/2011	75	SOUTHWESTERN ENERGY	\$39.04	\$34.61	\$2,928.07	\$2,595.68	\$332.39
888-84260	07/07/2010	01/14/2011	80	MICROSOFT CORP	\$28.05	\$23.86	\$2,244.23	\$1,909.14	\$335.09
888-84260	04/12/2010	01/14/2011	150	MICROSOFT CORP	\$28.05	\$30.38	\$4,207.94	\$4,557.12	(\$349.18)
888-84260	08/19/2010	01/03/2011	25	FREEMPORT-MCMORAN COPPER	\$122.01	\$72.84	\$3,050.17	\$1,821.11	\$1,229.06
888-84260	05/05/2010	12/30/2010	75	HEWLETT-PACKARD CO	\$42.32	\$50.94	\$3,174.31	\$3,820.20	(\$645.89)
888-84260	08/03/2010	12/22/2010	125	HESS CORP	\$76.22	\$55.96	\$9,527.10	\$6,995.33	\$2,531.77
888-84260	04/27/2010	12/22/2010	275	CABLEVISION SYS CORP	\$34.43	\$26.41	\$9,468.66	\$7,262.89	\$2,205.77
888-84260	01/27/2010	12/21/2010	75	COVDIEN PLC	\$45.67	\$50.75	\$3,424.97	\$3,806.21	(\$381.24)
888-84260	01/27/2010	12/14/2010	50	COVDIEN PLC	\$45.09	\$50.75	\$2,254.37	\$2,537.48	(\$283.11)
888-84260	01/21/2010	12/14/2010	25	COVDIEN PLC	\$45.09	\$51.39	\$1,127.18	\$1,284.68	(\$157.50)
888-84260	10/05/2010	12/13/2010	150	ARCHER-DANIELS-MIDLAND CO	\$30.84	\$32.16	\$4,625.84	\$4,824.56	(\$198.72)
888-84260	07/14/2010	12/10/2010	25	VERTEX PHARMACEUTICALS INC	\$34.21	\$33.84	\$855.15	\$846.01	\$9.14
888-84260	05/04/2010	12/10/2010	125	COMCAST CORP-CL A	\$21.25	\$19.85	\$2,656.36	\$2,481.31	\$175.05
888-84260	04/19/2010	12/08/2010	100	ILLINOIS TOOL WORKS	\$50.54	\$48.62	\$5,054.24	\$4,861.54	\$192.70
888-84260	10/07/2010	12/07/2010	300	PEPCO HOLDINGS INC	\$18.70	\$19.09	\$5,610.15	\$5,726.16	(\$116.01)
888-84260	04/09/2010	12/01/2010	225	ROWAN COMPANIES INC	\$30.93	\$29.98	\$6,960.02	\$6,745.12	\$214.90
888-84260	02/02/2010	11/29/2010	650	MOTOROLA INC	\$7.76	\$6.45	\$5,042.70	\$4,189.38	\$853.32

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Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	06/29/2010	11/23/2010	125	PROCTER & GAMBLE CO	\$62.56	\$60.28	\$7,819.49	\$7,535.60	\$283.89
888-84260	06/15/2010	11/23/2010	500	BANK OF AMERICA CORP	\$11.15	\$15.60	\$5,573.95	\$7,799.10	(\$2,225.15)
888-84260	04/27/2010	11/23/2010	500	BANK OF AMERICA CORP	\$11.15	\$17.78	\$5,573.95	\$8,891.00	(\$3,317.05)
888-84260	04/21/2010	11/23/2010	200	BANK OF AMERICA CORP	\$11.15	\$18.65	\$2,229.58	\$3,729.36	(\$1,499.78)
888-84260	03/09/2010	11/23/2010	200	BANK OF AMERICA CORP	\$11.15	\$16.69	\$2,229.58	\$3,337.88	(\$1,108.30)
888-84260	05/04/2010	11/16/2010	150	COMCAST CORP-CL A	\$20.35	\$19.85	\$3,052.44	\$2,977.57	\$74.87
888-84260	06/29/2010	11/12/2010	100	PROCTER & GAMBLE CO	\$64.19	\$60.28	\$6,419.28	\$6,028.48	\$390.80
888-84260	06/23/2010	11/12/2010	75	PROCTER & GAMBLE CO	\$64.19	\$60.98	\$4,814.46	\$4,573.35	\$241.11
888-84260	02/01/2010	11/11/2010	150	FORD MOTOR CO	\$16.39	\$11.09	\$2,458.26	\$1,664.02	\$794.24
888-84260	11/11/2009	11/11/2010	175	GARMIN LTD	\$29.36	\$29.32	\$5,138.53	\$5,131.02	\$7.51
888-84260	08/23/2010	11/08/2010	50	POLO RALPH LAUREN CORP	\$100.47	\$83.12	\$5,023.57	\$4,155.83	\$867.74
888-84260	04/26/2010	11/05/2010	75	DOVER CORP	\$55.13	\$53.72	\$4,134.48	\$4,028.98	\$105.50
888-84260	06/22/2010	11/04/2010	75	FREEMONT-MCMORAN COPPER	\$101.09	\$67.79	\$7,581.77	\$5,084.10	\$2,497.67
888-84260	02/23/2010	11/04/2010	50	FREEMONT-MCMORAN COPPER	\$101.09	\$73.71	\$5,054.51	\$3,685.55	\$1,368.96
888-84260	01/21/2010	11/02/2010	100	ROYAL CARIBBEAN CRUISES LTD	\$39.53	\$26.73	\$3,953.16	\$2,673.11	\$1,280.05
888-84260	01/21/2010	11/01/2010	100	COVIDIEN PLC	\$39.63	\$51.39	\$3,962.61	\$5,138.70	(\$1,176.09)
888-84260	05/04/2010	10/29/2010	150	COMCAST CORP-CL A	\$20.64	\$19.85	\$3,096.45	\$2,977.58	\$118.87
888-84260	05/04/2010	10/28/2010	125	KLA-TENCOR CORPORATION	\$35.75	\$33.41	\$4,469.30	\$4,176.65	\$292.65
888-84260	11/04/2009	10/28/2010	50	TARGET CORP	\$52.33	\$49.40	\$2,616.32	\$2,469.87	\$146.45
888-84260	11/06/2009	10/26/2010	2100	SPRINT NEXTEL CORP	\$4.80	\$2.85	\$10,086.72	\$5,979.96	\$4,106.76
888-84260	05/03/2010	10/25/2010	75	FEDEX CORP	\$89.58	\$91.92	\$6,718.28	\$6,894.06	(\$175.78)
888-84260	05/04/2010	10/22/2010	75	KLA-TENCOR CORPORATION	\$36.08	\$33.41	\$2,706.20	\$2,505.99	\$200.21
888-84260	05/04/2010	10/21/2010	200	COMCAST CORP-CL A	\$19.61	\$19.85	\$3,922.44	\$3,970.10	(\$47.66)
888-84260	03/09/2010	10/21/2010	70	BANK OF AMERICA CORP	\$11.70	\$16.69	\$819.16	\$1,168.26	(\$349.10)
888-84260	02/02/2010	10/21/2010	650	MOTOROLA INC	\$7.79	\$6.45	\$5,066.69	\$4,189.38	\$877.31
888-84260	01/27/2010	10/21/2010	200	BANK OF AMERICA CORP	\$11.70	\$15.02	\$2,340.46	\$3,003.94	(\$663.48)
888-84260	01/25/2010	10/21/2010	130	BANK OF AMERICA CORP	\$11.70	\$15.06	\$1,521.30	\$1,957.59	(\$436.29)
888-84260	04/26/2010	10/19/2010	25	DOVER CORP	\$52.74	\$53.72	\$1,318.40	\$1,343.00	(\$24.60)
888-84260	02/19/2010	10/19/2010	25	DOVER CORP	\$52.74	\$46.00	\$1,318.39	\$1,150.00	\$168.39
888-84260	02/19/2010	10/19/2010	50	DOVER CORP	\$52.74	\$46.00	\$2,636.79	\$2,299.99	\$336.80



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Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260) part IV
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Line 1a

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	02/09/2010	10/19/2010	25	DOVER CORP	\$52.74	\$42.02	\$1,318.40	\$1,050.48	\$267.92
888-84260	08/23/2010	10/15/2010	125	JUNIPER NETWORKS INC	\$31.54	\$27.23	\$3,942.10	\$3,404.19	\$537.91
888-84260	08/19/2010	10/15/2010	25	FREEMPORT-MCMORAN COPPER	\$98.00	\$72.84	\$2,450.11	\$1,821.12	\$628.99
888-84260	02/23/2010	10/15/2010	7	FREEMPORT-MCMORAN COPPER	\$98.00	\$73.71	\$686.03	\$515.98	\$170.05
888-84260	02/11/2010	10/15/2010	43	FREEMPORT-MCMORAN COPPER	\$98.00	\$73.43	\$4,214.20	\$3,157.57	\$1,056.63
888-84260	02/01/2010	10/15/2010	225	FORD MOTOR CO	\$13.73	\$11.09	\$3,088.73	\$2,496.04	\$592.69
888-84260	02/11/2010	10/14/2010	25	FREEMPORT-MCMORAN COPPER	\$99.37	\$73.43	\$2,484.31	\$1,835.80	\$648.51
888-84260	02/09/2010	10/13/2010	50	DOVER CORP	\$54.80	\$42.02	\$2,739.98	\$2,100.96	\$639.02
888-84260	02/09/2010	10/12/2010	50	DOVER CORP	\$53.75	\$42.02	\$2,687.28	\$2,100.96	\$586.32
888-84260	01/11/2010	10/12/2010	25	DOVER CORP	\$53.75	\$45.48	\$1,343.64	\$1,136.99	\$206.65
888-84260	10/28/2009	10/08/2010	50	TARGET CORP	\$54.20	\$48.91	\$2,709.92	\$2,445.37	\$264.55
888-84260	06/02/2010	10/07/2010	100	COMMUNITY HEALTH SYSTEMS INC	\$31.96	\$39.49	\$3,196.28	\$3,949.05	(\$752.77)
888-84260	04/27/2010	10/07/2010	175	COMMUNITY HEALTH SYSTEMS INC	\$31.96	\$40.57	\$5,593.49	\$7,099.23	(\$1,505.74)
888-84260	06/14/2010	10/05/2010	75	HYATT HOTELS CORP - CL A	\$39.79	\$39.66	\$2,984.35	\$2,974.83	\$9.52
888-84260	12/02/2009	10/05/2010	75	HYATT HOTELS CORP - CL A	\$39.79	\$28.96	\$2,984.35	\$2,172.08	\$812.27
888-84260	07/16/2010	10/01/2010	50	VISA INC - CLASS A SHRS	\$73.39	\$72.84	\$3,669.69	\$3,641.82	\$27.87
888-84260	05/24/2010	10/01/2010	50	PROCTER & GAMBLE CO	\$60.11	\$61.51	\$3,005.31	\$3,075.28	(\$69.97)
888-84260	05/21/2010	10/01/2010	200	SARA LEE CORP	\$13.38	\$14.46	\$2,675.78	\$2,892.68	(\$216.90)
888-84260	05/20/2010	10/01/2010	150	PROCTER & GAMBLE CO	\$60.11	\$62.24	\$9,015.95	\$9,336.72	(\$320.77)
888-84260	05/17/2010	10/01/2010	200	PROCTER & GAMBLE CO	\$60.11	\$63.16	\$12,021.26	\$12,632.72	(\$611.46)
888-84260	05/07/2010	10/01/2010	550	SARA LEE CORP	\$13.38	\$13.47	\$7,358.40	\$7,406.85	(\$48.45)
888-84260	04/20/2010	10/01/2010	100	ROSS STORES INC	\$55.16	\$56.66	\$5,516.44	\$5,665.90	(\$149.46)
888-84260	03/04/2010	10/01/2010	125	ROSS STORES INC	\$55.16	\$51.12	\$6,895.55	\$6,390.50	\$505.05
888-84260	11/12/2009	10/01/2010	25	FRANKLIN RESOURCES INC	\$107.25	\$115.16	\$2,681.30	\$2,878.98	(\$197.68)
888-84260	05/04/2010	09/27/2010	125	COMCAST CORP-CL A	\$18.36	\$19.85	\$2,295.32	\$2,481.31	(\$185.99)
888-84260	05/03/2010	09/27/2010	75	COMCAST CORP-CL A	\$18.36	\$20.40	\$1,377.20	\$1,530.18	(\$152.98)
888-84260	07/16/2010	09/22/2010	50	VISA INC - CLASS A SHRS	\$70.20	\$72.84	\$3,509.78	\$3,641.82	(\$132.04)
888-84260	04/21/2010	09/17/2010	100	WELLS FARGO & COMPANY	\$25.94	\$33.17	\$2,593.71	\$3,317.48	(\$723.77)

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/19/2010	09/17/2010	12	WELLS FARGO & COMPANY	\$25.94	\$32.57	\$311.25	\$390.85	(\$79.60)
888-84260	05/03/2010	09/15/2010	150	COMCAST CORP-CL A	\$17.95	\$20.40	\$2,692.83	\$3,060.36	(\$367.53)
888-84260	04/19/2010	09/13/2010	150	WELLS FARGO & COMPANY	\$26.37	\$32.57	\$3,955.57	\$4,885.66	(\$930.09)
888-84260	04/16/2010	09/13/2010	50	WELLS FARGO & COMPANY	\$26.37	\$32.55	\$1,318.53	\$1,627.41	(\$308.88)
888-84260	04/16/2010	09/09/2010	100	WELLS FARGO & COMPANY	\$25.73	\$32.55	\$2,572.97	\$3,254.83	(\$681.86)
888-84260	11/10/2009	09/02/2010	25	FRANKLIN RESOURCES INC	\$100.81	\$113.73	\$2,520.19	\$2,843.37	(\$323.18)
888-84260	11/05/2009	09/02/2010	25	FRANKLIN RESOURCES INC	\$100.81	\$109.83	\$2,520.20	\$2,745.72	(\$225.52)
888-84260	01/22/2010	08/31/2010	7	GOLDMAN SACHS GROUP INC	\$137.20	\$156.73	\$960.40	\$1,097.08	(\$136.68)
888-84260	12/01/2009	08/31/2010	25	GOLDMAN SACHS GROUP INC	\$137.20	\$169.82	\$3,429.99	\$4,245.42	(\$815.43)
888-84260	10/16/2009	08/31/2010	25	GOLDMAN SACHS GROUP INC	\$137.20	\$185.38	\$3,429.99	\$4,634.44	(\$1,204.45)
888-84260	08/31/2009	08/31/2010	38	GOLDMAN SACHS GROUP INC	\$137.20	\$163.34	\$5,213.59	\$6,206.99	(\$993.40)
888-84260	01/25/2010	08/27/2010	770	BANK OF AMERICA CORP	\$12.60	\$15.06	\$9,701.15	\$11,594.97	(\$1,893.82)
888-84260	12/08/2009	08/27/2010	630	BANK OF AMERICA CORP	\$12.60	\$15.50	\$7,937.31	\$9,767.39	(\$1,830.08)
888-84260	04/16/2010	08/20/2010	225	WELLS FARGO & COMPANY	\$24.45	\$32.55	\$5,501.36	\$7,323.37	(\$1,822.01)
888-84260	12/31/2009	08/19/2010	75	SPX CORP	\$58.49	\$55.34	\$4,386.41	\$4,150.29	\$236.12
888-84260	04/30/2010	08/17/2010	75	DIRECTV-CLASS A	\$38.79	\$36.68	\$2,908.91	\$2,750.69	\$158.22
888-84260	10/06/2009	08/17/2010	300	DEAN FOODS CO	\$10.24	\$18.82	\$3,071.28	\$5,644.74	(\$2,573.46)
888-84260	02/25/2010	08/16/2010	75	LOCKHEED MARTIN CORP	\$71.89	\$76.16	\$5,391.70	\$5,711.82	(\$320.12)
888-84260	12/04/2009	08/13/2010	100	COVIDIEN PLC	\$38.08	\$47.49	\$3,807.87	\$4,749.05	(\$941.18)
888-84260	09/17/2009	08/12/2010	150	ARCELORMITTAL-NY REGISTERED	\$30.31	\$40.56	\$4,545.81	\$6,083.37	(\$1,537.56)
888-84260	03/01/2010	08/06/2010	150	CVS/CAREMARK CORP	\$29.63	\$33.94	\$4,443.95	\$5,090.85	(\$646.90)
888-84260	05/03/2010	08/05/2010	25	COMCAST CORP-CL A	\$19.00	\$20.40	\$475.07	\$510.06	(\$34.99)
888-84260	12/29/2009	08/05/2010	25	MICROSOFT CORP	\$25.27	\$31.36	\$631.87	\$783.98	(\$152.11)
888-84260	12/22/2009	08/05/2010	150	COMCAST CORP-CL A	\$19.00	\$17.23	\$2,850.40	\$2,583.92	\$266.48
888-84260	11/04/2009	08/05/2010	100	MICROSOFT CORP	\$25.27	\$28.11	\$2,527.47	\$2,810.91	(\$283.44)
888-84260	08/31/2009	08/03/2010	350	VALERO ENERGY CORP	\$17.64	\$18.57	\$6,174.91	\$6,500.55	(\$325.64)
888-84260	08/07/2009	08/03/2010	300	VALERO ENERGY CORP	\$17.64	\$18.65	\$5,292.78	\$5,594.56	(\$301.78)
888-84260	08/05/2009	08/03/2010	50	VALERO ENERGY CORP	\$17.64	\$18.74	\$882.13	\$937.16	(\$55.03)
888-84260	12/22/2009	08/02/2010	200	COMCAST CORP-CL A	\$19.38	\$17.23	\$3,876.56	\$3,445.22	\$431.34
888-84260	11/05/2009	08/02/2010	15	FRANKLIN RESOURCES INC	\$103.82	\$109.83	\$1,557.26	\$1,647.44	(\$90.18)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
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Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	02/01/2010	07/30/2010	400	MOTOROLA INC	\$7.51	\$6.30	\$3,005.28	\$2,519.32	\$485.96
888-84260	01/27/2010	07/30/2010	400	MOTOROLA INC	\$7.51	\$7.33	\$3,005.28	\$2,932.76	\$72.52
888-84260	01/07/2010	07/30/2010	500	MOTOROLA INC	\$7.51	\$8.07	\$3,756.60	\$4,035.15	(\$278.55)
888-84260	01/06/2010	07/30/2010	350	MOTOROLA INC	\$7.51	\$7.94	\$2,629.62	\$2,778.34	(\$148.72)
888-84260	11/04/2009	07/20/2010	100	MICROSOFT CORP	\$24.91	\$28.11	\$2,491.26	\$2,810.91	(\$319.65)
888-84260	10/27/2009	07/20/2010	200	MICROSOFT CORP	\$24.91	\$28.56	\$4,982.52	\$5,711.44	(\$728.92)
888-84260	04/30/2010	07/19/2010	50	TRANSOCEAN LTD	\$49.52	\$74.05	\$2,475.94	\$3,702.69	(\$1,226.75)
888-84260	04/21/2010	07/19/2010	50	TRANSOCEAN LTD	\$49.52	\$90.26	\$2,475.95	\$4,513.22	(\$2,037.27)
888-84260	03/04/2010	07/19/2010	25	TRANSOCEAN LTD	\$49.52	\$82.68	\$1,237.97	\$2,066.93	(\$828.96)
888-84260	07/20/2009	07/15/2010	5	ALCON INC	\$154.72	\$121.18	\$773.62	\$605.90	\$167.72
888-84260	04/20/2010	07/14/2010	125	RELANCE STEEL & ALUMINUM	\$37.19	\$52.68	\$4,648.54	\$6,584.83	(\$1,936.29)
888-84260	05/19/2010	07/13/2010	100	CAPITAL ONE FINANCIAL CORP	\$44.11	\$42.43	\$4,411.04	\$4,242.97	\$168.07
888-84260	10/01/2009	07/12/2010	50	KLA-TENCOR CORPORATION	\$29.50	\$34.37	\$1,475.15	\$1,718.37	(\$243.22)
888-84260	09/18/2009	07/12/2010	50	KLA-TENCOR CORPORATION	\$29.50	\$35.38	\$1,475.16	\$1,769.21	(\$294.05)
888-84260	12/08/2009	07/08/2010	170	BANK OF AMERICA CORP	\$14.85	\$15.50	\$2,525.06	\$2,635.65	(\$110.59)
888-84260	12/07/2009	07/08/2010	130	BANK OF AMERICA CORP	\$14.85	\$16.17	\$1,930.93	\$2,101.46	(\$170.53)
Total						\$1,106,803.91	\$1,064,209.77	\$42,594.14	

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	06/03/2010	06/23/2011	175	SMITHFIELD FOODS INC	\$21.55	\$17.79	\$3,770.78	\$3,112.87	\$657.91
888-84260	06/19/2009	06/23/2011	200	SMITHFIELD FOODS INC	\$21.55	\$12.80	\$4,309.46	\$2,560.08	\$1,749.38
888-84260	05/13/2010	06/21/2011	75	ASTRAZENECA PLC-SPONS ADR	\$49.20	\$43.12	\$3,690.16	\$3,233.73	\$456.43
888-84260	05/05/2010	06/21/2011	130	LOWE'S COS INC	\$23.58	\$26.79	\$3,064.78	\$3,482.85	(\$418.07)
888-84260	02/25/2010	06/21/2011	100	GAP INC/THE	\$18.12	\$20.10	\$1,812.21	\$2,010.15	(\$197.94)
888-84260	02/11/2010	06/21/2011	125	GAP INC/THE	\$18.12	\$20.14	\$2,265.26	\$2,517.09	(\$251.83)
888-84260	10/07/2009	06/21/2011	75	COOPER INDUSTRIES PLC	\$61.28	\$37.87	\$4,596.19	\$2,840.21	\$1,755.98
888-84260	09/21/2009	06/21/2011	175	EMC CORP/MASS	\$26.77	\$16.74	\$4,685.19	\$2,928.70	\$1,756.49
888-84260	04/24/2009	06/21/2011	33	TIME WARNER CABLE	\$76.05	\$27.47	\$2,509.55	\$906.57	\$1,602.98

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/24/2009	06/21/2011	25	TIME WARNER CABLE	\$76.05	\$27.47	\$1,901.17	\$686.80	\$1,214.37
888-84260	03/20/2009	06/21/2011	25	TIME WARNER CABLE	\$76.05	\$24.74	\$1,901.17	\$618.46	\$1,282.71
888-84260	02/18/2009	06/21/2011	33	TIME WARNER CABLE	\$76.05	\$25.20	\$2,509.55	\$831.64	\$1,677.91
888-84260	02/10/2009	06/21/2011	34	TIME WARNER CABLE	\$76.05	\$55.69	\$2,585.59	\$1,893.44	\$692.15
888-84260	04/10/2008	06/21/2011	20	APPLE INC	\$324.96	\$152.67	\$6,499.26	\$3,053.42	\$3,445.84
888-84260	02/19/2008	06/21/2011	3	APPLE INC	\$324.96	\$124.91	\$974.89	\$374.73	\$600.16
888-84260	12/11/2007	06/21/2011	74.868	BERNSTEIN EMERGING MARKETS PORTFOLIO	\$32.24	\$40.96	\$2,389.61	\$3,066.59	(\$676.98)
888-84260	11/28/2007	06/21/2011	774.193	BERNSTEIN EMERGING MARKETS PORTFOLIO	\$32.24	\$51.59	\$24,710.39	\$39,937.43	(\$15,227.04)
888-84260	07/25/2007	06/21/2011	1182.892	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	\$13.97	\$12.97	\$16,525.00	\$15,342.11	\$1,182.89
888-84260	06/29/2005	06/21/2011	3583.787	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	\$9.19	\$14.03	\$32,935.00	\$50,280.54	(\$17,345.54)
888-84260	02/13/2001	06/21/2011	4361.688	BERNSTEIN INTERNATIONAL PORTFOLIO	\$15.40	\$17.25	\$67,170.00	\$75,239.13	(\$8,069.13)
888-84260	11/09/2009	06/13/2011	238	INGERSOLL-RAND PLC	\$42.95	\$34.58	\$10,223.24	\$8,229.90	\$1,993.34
888-84260	06/26/2009	06/13/2011	37	INGERSOLL-RAND PLC	\$42.95	\$16.54	\$1,589.33	\$611.91	\$977.42
888-84260	08/20/2009	06/10/2011	17	HUNTINGTON INGALLS INDUST-WI	\$36.46	\$25.97	\$619.80	\$441.50	\$178.30
888-84260	07/29/2009	06/10/2011	14	HUNTINGTON INGALLS INDUST-WI	\$36.46	\$25.04	\$510.42	\$350.56	\$159.86
888-84260	03/26/2009	06/10/2011	2	HUNTINGTON INGALLS INDUST-WI	\$36.46	\$31.01	\$72.92	\$62.01	\$10.91
888-84260	04/21/2010	06/07/2011	25	NEWFIELD EXPLORATION CO	\$70.13	\$53.78	\$1,753.37	\$1,344.38	\$408.99
888-84260	11/17/2009	06/07/2011	75	DEVON ENERGY CORPORATION	\$80.74	\$71.14	\$6,055.33	\$5,335.86	\$719.47
888-84260	07/14/2009	06/07/2011	50	DEVON ENERGY CORPORATION	\$80.74	\$52.53	\$4,036.89	\$2,626.32	\$1,410.57
888-84260	03/31/2009	06/07/2011	25	DEVON ENERGY CORPORATION	\$80.74	\$45.40	\$2,018.45	\$1,134.95	\$883.50
888-84260	06/29/2005	06/07/2011	2389.893	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	\$9.40	\$14.03	\$22,464.99	\$33,530.20	(\$11,065.21)
888-84260	04/17/2009	06/06/2011	167	TIME WARNER INC	\$35.16	\$21.67	\$5,871.55	\$3,619.48	\$2,252.07
888-84260	03/20/2009	06/06/2011	100	TIME WARNER INC	\$35.16	\$16.29	\$3,515.90	\$1,629.02	\$1,886.88
888-84260	02/18/2009	06/06/2011	83	TIME WARNER INC	\$35.16	\$16.47	\$2,918.20	\$1,367.03	\$1,551.17
888-84260	03/31/2009	06/02/2011	50	CAMERON INTERNATIONAL CORP	\$46.30	\$22.30	\$2,314.84	\$1,114.84	\$1,200.00

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
 EIN # 52-2287352
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Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	03/31/2009	05/24/2011	75	CAMERON INTERNATIONAL CORP	\$47.52	\$22.30	\$3,563.68	\$1,672.27	\$1,891.41
888-84260	01/22/2010	05/19/2011	200	WELLS FARGO & COMPANY	\$28.58	\$28.02	\$5,715.94	\$5,603.10	\$112.84
888-84260	03/09/2010	05/18/2011	300	COMCAST CORP-CL A	\$25.14	\$17.49	\$7,543.08	\$5,248.08	\$2,295.00
888-84260	02/10/2010	05/18/2011	100	DOW CHEMICAL	\$36.88	\$27.53	\$3,688.44	\$2,752.71	\$935.73
888-84260	02/05/2010	05/18/2011	100	DOW CHEMICAL	\$36.88	\$26.35	\$3,688.44	\$2,634.59	\$1,053.85
888-84260	05/27/2009	05/18/2011	179	JPMORGAN CHASE & CO	\$44.05	\$36.29	\$7,884.48	\$6,495.58	\$1,388.90
888-84260	05/01/2009	05/18/2011	20	JPMORGAN CHASE & CO	\$44.05	\$32.93	\$880.95	\$658.63	\$222.32
888-84260	04/24/2009	05/18/2011	99	JPMORGAN CHASE & CO	\$44.05	\$33.81	\$4,360.69	\$3,347.47	\$1,013.22
888-84260	03/31/2009	05/18/2011	270	JPMORGAN CHASE & CO	\$44.05	\$25.75	\$11,892.80	\$6,952.88	\$4,939.92
888-84260	09/26/2008	05/18/2011	126	JPMORGAN CHASE & CO	\$44.05	\$40.50	\$5,549.97	\$5,103.00	\$446.97
888-84260	09/26/2008	05/18/2011	131	JPMORGAN CHASE & CO	\$44.05	\$40.50	\$5,770.21	\$5,305.50	\$464.71
888-84260	01/22/2010	05/12/2011	4	GOLDMAN SACHS GROUP INC	\$141.93	\$156.73	\$567.72	\$626.90	(\$59.18)
888-84260	10/16/2009	05/12/2011	200	MORGAN STANLEY	\$24.47	\$32.48	\$4,894.72	\$6,495.22	(\$1,600.50)
888-84260	09/16/2008	05/12/2011	18	GOLDMAN SACHS GROUP INC	\$141.93	\$130.10	\$2,554.72	\$2,341.72	\$213.00
888-84260	07/28/2008	05/12/2011	100	MORGAN STANLEY	\$24.47	\$37.01	\$2,447.36	\$3,701.47	(\$1,254.11)
888-84260	06/05/2008	05/12/2011	50	MORGAN STANLEY	\$24.47	\$44.00	\$1,223.68	\$2,199.80	(\$976.12)
888-84260	10/02/2009	05/10/2011	150	BB&T CORP	\$27.09	\$26.89	\$4,063.46	\$4,032.98	\$30.48
888-84260	09/22/2009	05/10/2011	125	BB&T CORP	\$27.09	\$28.99	\$3,386.21	\$3,623.73	(\$237.52)
888-84260	09/21/2009	05/10/2011	175	BB&T CORP	\$27.09	\$28.42	\$4,740.70	\$4,972.77	(\$232.07)
888-84260	03/31/2009	05/09/2011	75	CAMERON INTERNATIONAL CORP	\$49.13	\$22.30	\$3,684.85	\$1,672.27	\$2,012.58
888-84260	05/05/2010	05/06/2011	50	LOWE'S COS INC	\$25.70	\$26.79	\$1,285.03	\$1,339.56	(\$54.53)
888-84260	04/16/2010	05/06/2011	100	LOWE'S COS INC	\$25.70	\$26.31	\$2,570.05	\$2,630.91	(\$60.86)
888-84260	04/16/2010	05/05/2011	150	LOWE'S COS INC	\$25.82	\$26.31	\$3,873.08	\$3,946.37	(\$73.29)
888-84260	01/20/2010	05/05/2011	200	WELLS FARGO & COMPANY	\$27.89	\$28.06	\$5,577.20	\$5,612.34	(\$35.14)
888-84260	01/26/2010	05/02/2011	175	GARMIN LTD	\$34.06	\$33.53	\$5,960.90	\$5,867.65	\$93.25
888-84260	12/18/2009	04/28/2011	150	WELLS FARGO & COMPANY	\$29.27	\$26.69	\$4,391.19	\$4,004.19	\$387.00
888-84260	12/15/2009	04/28/2011	300	WELLS FARGO & COMPANY	\$29.27	\$25.00	\$8,782.38	\$7,500.00	\$1,282.38
888-84260	11/18/2009	04/27/2011	175	TE CONNECTIVITY LTD	\$35.42	\$24.33	\$6,199.25	\$4,257.70	\$1,941.55
888-84260	01/27/2010	04/25/2011	25	GOLDMAN SACHS GROUP INC	\$151.73	\$149.55	\$3,793.14	\$3,738.75	\$54.39
888-84260	01/25/2010	04/25/2011	15	GOLDMAN SACHS GROUP INC	\$151.73	\$157.13	\$2,275.88	\$2,356.93	(\$81.05)



BERNSTEIN

Global Wealth Management

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
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Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	02/08/2010	04/21/2011	25	GILEAD SCIENCES INC	\$39.26	\$46.24	\$981.56	\$1,155.90	(\$174.34)
888-84260	01/08/2010	04/21/2011	75	GILEAD SCIENCES INC	\$39.26	\$44.92	\$2,944.68	\$3,369.05	(\$424.37)
888-84260	07/25/2008	04/21/2011	300	TEVA PHARMACEUTICAL-SP ADR	\$45.97	\$45.75	\$13,792.38	\$13,726.38	\$66.00
888-84260	04/24/2008	04/21/2011	25	TEVA PHARMACEUTICAL-SP ADR	\$45.97	\$46.17	\$1,149.37	\$1,154.27	(\$4.90)
888-84260	04/20/2009	04/20/2011	240	NEWS CORP	\$17.30	\$7.81	\$4,152.31	\$1,874.28	\$2,278.03
888-84260	02/10/2009	04/20/2011	125	NEWS CORP	\$17.30	\$6.55	\$2,162.66	\$818.90	\$1,343.76
888-84260	11/17/2009	04/19/2011	238	WELLS FARGO & COMPANY	\$29.75	\$28.23	\$7,081.33	\$6,717.96	\$363.37
888-84260	11/23/2009	04/15/2011	250	DELL INC	\$14.96	\$14.69	\$3,739.10	\$3,673.50	\$65.60
888-84260	11/27/2009	04/06/2011	75	SUNCOR ENERGY INC	\$44.72	\$35.91	\$3,353.83	\$2,693.03	\$660.80
888-84260	05/08/2009	04/06/2011	25	KOHL'S CORP	\$54.34	\$43.97	\$1,358.53	\$1,099.26	\$259.27
888-84260	01/08/2007	04/06/2011	21	KOHL'S CORP	\$54.34	\$66.24	\$1,141.17	\$1,391.03	(\$249.86)
888-84260	12/26/2006	04/06/2011	25	KOHL'S CORP	\$54.34	\$69.06	\$1,358.54	\$1,726.45	(\$367.91)
888-84260	11/23/2009	04/05/2011	175	INTEL CORP	\$19.75	\$19.40	\$3,456.16	\$3,394.53	\$61.63
888-84260	06/19/2009	04/05/2011	200	SMITHFIELD FOODS INC	\$23.99	\$12.80	\$4,797.46	\$2,560.08	\$2,237.38
888-84260	05/08/2009	04/05/2011	50	KOHL'S CORP	\$54.51	\$43.97	\$2,725.31	\$2,198.53	\$526.78
888-84260	05/08/2009	03/31/2011	25	KOHL'S CORP	\$52.63	\$43.97	\$1,315.76	\$1,099.26	\$216.50
888-84260	01/23/2009	03/31/2011	25	KOHL'S CORP	\$52.63	\$37.63	\$1,315.76	\$940.77	\$374.99
888-84260	09/26/2008	03/30/2011	125	JPMORGAN CHASE & CO	\$46.58	\$40.50	\$5,822.14	\$5,062.50	\$759.64
888-84260	01/23/2009	03/28/2011	75	KOHL'S CORP	\$53.04	\$37.63	\$3,978.17	\$2,822.33	\$1,155.84
888-84260	11/06/2008	03/28/2011	50	KOHL'S CORP	\$53.04	\$33.28	\$2,652.11	\$1,664.15	\$987.96
888-84260	11/28/2007	03/28/2011	50	SCHLUMBERGER LTD	\$90.81	\$90.51	\$4,540.42	\$4,525.72	\$14.70
888-84260	09/21/2009	03/24/2011	10	OCCIDENTAL PETROLEUM CORP	\$99.80	\$76.07	\$998.01	\$760.69	\$237.32
888-84260	02/09/2010	03/23/2011	45	ALCON INC	\$164.30	\$157.14	\$7,393.48	\$7,071.16	\$322.32
888-84260	03/19/2010	03/22/2011	400	DELTA AIR LINES INC	\$9.98	\$12.81	\$3,993.64	\$5,123.08	(\$1,129.44)
888-84260	02/17/2010	03/22/2011	75	NEWFIELD EXPLORATION CO	\$75.61	\$50.99	\$5,671.04	\$3,824.03	\$1,847.01
888-84260	02/09/2010	03/22/2011	5	ALCON INC	\$164.70	\$157.14	\$823.50	\$785.68	\$37.82
888-84260	02/05/2010	03/22/2011	100	DOW CHEMICAL	\$36.63	\$26.35	\$3,663.38	\$2,634.59	\$1,028.79
888-84260	01/25/2010	03/22/2011	10	GOLDMAN SACHS GROUP INC	\$160.51	\$157.13	\$1,605.13	\$1,571.28	\$33.85
888-84260	01/22/2010	03/22/2011	21	GOLDMAN SACHS GROUP INC	\$160.51	\$156.73	\$3,370.76	\$3,291.24	\$79.52
888-84260	01/21/2010	03/22/2011	75	ROYAL CARIBBEAN CRUISES LTD	\$41.39	\$26.73	\$3,104.31	\$2,004.83	\$1,099.48

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Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2010 - 06/30/2011

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	01/14/2010	03/22/2011	175	GARMIN LTD	\$33.81	\$35.17	\$5,917.38	\$6,155.26	(\$237.88)
888-84260	01/08/2010	03/22/2011	45	ALCON INC	\$164.70	\$154.13	\$7,411.47	\$6,935.66	\$475.81
888-84260	11/23/2009	03/22/2011	200	DELL INC	\$14.69	\$14.69	\$2,937.50	\$2,938.80	(\$1.30)
888-84260	11/23/2009	03/22/2011	25	INTEL CORP	\$20.10	\$19.40	\$502.59	\$484.93	\$17.66
888-84260	11/18/2009	03/22/2011	25	TE CONNECTIVITY LTD	\$34.15	\$24.33	\$853.86	\$608.24	\$245.62
888-84260	11/13/2009	03/22/2011	375	FORD MOTOR CO	\$14.35	\$8.36	\$5,381.37	\$3,134.85	\$2,246.52
888-84260	11/11/2009	03/22/2011	25	GARMIN LTD	\$33.81	\$29.32	\$845.34	\$733.00	\$112.34
888-84260	10/16/2009	03/22/2011	175	CISCO SYSTEMS INC	\$17.57	\$23.90	\$3,075.29	\$4,182.55	(\$1,107.26)
888-84260	10/14/2009	03/22/2011	150	SUNCOR ENERGY INC	\$45.57	\$38.99	\$6,834.89	\$5,848.44	\$986.45
888-84260	10/07/2009	03/22/2011	56	COOPER INDUSTRIES PLC	\$63.52	\$37.87	\$3,557.01	\$2,120.69	\$1,436.32
888-84260	09/21/2009	03/22/2011	26	OCCIDENTAL PETROLEUM CORP	\$100.63	\$76.07	\$2,616.39	\$1,977.81	\$638.58
888-84260	08/31/2009	03/22/2011	200	INTEL CORP	\$20.10	\$20.18	\$4,020.76	\$4,035.72	(\$14.96)
888-84260	08/10/2009	03/22/2011	225	TE CONNECTIVITY LTD	\$34.15	\$22.16	\$7,684.72	\$4,986.88	\$2,697.84
888-84260	07/31/2009	03/22/2011	14	OCCIDENTAL PETROLEUM CORP	\$100.63	\$70.59	\$1,408.82	\$988.30	\$420.52
888-84260	07/27/2009	03/22/2011	7	NVR INC	\$751.01	\$618.53	\$5,257.07	\$4,329.70	\$927.37
888-84260	07/17/2009	03/22/2011	75	INTEL CORP	\$20.10	\$18.67	\$1,507.79	\$1,400.16	\$107.63
888-84260	05/29/2009	03/22/2011	150	NEXEN INC	\$26.91	\$24.81	\$4,036.35	\$3,720.81	\$315.54
888-84260	05/28/2009	03/22/2011	75	ENSCO PLC- SPON ADR	\$57.00	\$37.51	\$4,275.02	\$2,813.62	\$1,461.40
888-84260	03/31/2009	03/22/2011	75	GILEAD SCIENCES INC	\$40.48	\$46.13	\$3,036.26	\$3,459.80	(\$423.54)
888-84260	03/12/2009	03/22/2011	19	COOPER INDUSTRIES PLC	\$63.52	\$23.27	\$1,206.84	\$442.04	\$764.80
888-84260	02/10/2009	03/22/2011	49	TIME WARNER CABLE	\$69.07	\$55.69	\$3,384.39	\$2,728.79	\$655.60
888-84260	01/15/2009	03/22/2011	1	TIME WARNER CABLE	\$69.07	\$29.66	\$69.07	\$29.66	\$39.41
888-84260	11/06/2008	03/22/2011	50	KOHL'S CORP	\$52.92	\$33.28	\$2,646.01	\$1,664.15	\$981.86
888-84260	09/26/2008	03/22/2011	100	JPMORGAN CHASE & CO	\$45.47	\$40.50	\$4,547.31	\$4,050.00	\$497.31
888-84260	09/05/2008	03/22/2011	25	KOHL'S CORP	\$52.92	\$50.28	\$1,323.00	\$1,257.12	\$65.88
888-84260	11/28/2007	03/22/2011	75	CISCO SYSTEMS INC	\$17.57	\$28.23	\$1,317.98	\$2,117.30	(\$799.32)
888-84260	11/28/2007	03/22/2011	25	SCHLUMBERGER LTD	\$88.67	\$90.51	\$2,216.84	\$2,262.86	(\$46.02)
888-84260	11/26/2007	03/22/2011	100	SCHLUMBERGER LTD	\$88.67	\$92.83	\$8,867.34	\$9,283.44	(\$416.10)
888-84260	06/26/2009	03/21/2011	10	CME GROUP INC	\$286.01	\$316.90	\$2,860.14	\$3,168.97	(\$308.83)
888-84260	11/13/2008	03/21/2011	10	CME GROUP INC	\$286.01	\$223.76	\$2,860.14	\$2,237.62	\$622.52

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	02/10/2009	03/18/2011	50	COSTCO WHOLESALE CORP	\$70.47	\$44.45	\$3,523.35	\$2,222.57	\$1,300.78
888-84260	05/01/2009	03/17/2011	200	VODAFONE GROUP PLC-SP ADR	\$27.73	\$18.83	\$5,546.04	\$3,765.36	\$1,780.68
888-84260	04/28/2009	03/17/2011	350	VODAFONE GROUP PLC-SP ADR	\$27.73	\$18.08	\$9,705.57	\$6,326.71	\$3,378.86
888-84260	11/17/2009	02/22/2011	12	WELLS FARGO & COMPANY	\$31.59	\$28.23	\$379.06	\$338.72	\$40.34
888-84260	05/08/2009	02/22/2011	113	WELLS FARGO & COMPANY	\$31.59	\$22.00	\$3,569.49	\$2,486.00	\$1,083.49
888-84260	05/08/2009	02/18/2011	287	WELLS FARGO & COMPANY	\$32.65	\$22.00	\$9,369.83	\$6,314.00	\$3,055.83
888-84260	03/31/2009	02/18/2011	50	GILEAD SCIENCES INC	\$39.34	\$46.13	\$1,967.08	\$2,306.53	(\$339.45)
888-84260	11/13/2008	02/18/2011	11	CME GROUP INC	\$302.92	\$223.76	\$3,332.12	\$2,461.38	\$870.74
888-84260	11/28/2007	02/18/2011	144	GILEAD SCIENCES INC	\$39.34	\$45.32	\$5,665.19	\$6,525.71	(\$860.52)
888-84260	11/28/2007	02/16/2011	275	CISCO SYSTEMS INC	\$18.63	\$28.23	\$5,122.29	\$7,763.44	(\$2,641.15)
888-84260	11/28/2007	02/14/2011	200	CISCO SYSTEMS INC	\$18.82	\$28.23	\$3,764.34	\$5,646.14	(\$1,881.80)
888-84260	02/01/2010	02/11/2011	225	FORD MOTOR CO	\$16.08	\$11.09	\$3,619.06	\$2,496.04	\$1,123.02
888-84260	01/08/2010	02/10/2011	5	ALCON INC	\$164.15	\$154.13	\$820.74	\$770.63	\$50.11
888-84260	11/04/2009	02/10/2011	25	ALCON INC	\$164.15	\$144.83	\$4,103.70	\$3,620.84	\$482.86
888-84260	11/28/2007	02/10/2011	50	CISCO SYSTEMS INC	\$19.11	\$28.23	\$955.66	\$1,411.54	(\$455.88)
888-84260	11/26/2007	02/10/2011	275	CISCO SYSTEMS INC	\$19.11	\$27.83	\$5,256.13	\$7,652.18	(\$2,396.05)
888-84260	02/19/2008	02/09/2011	14	APPLE INC	\$357.61	\$124.91	\$5,006.50	\$1,748.73	\$3,257.77
888-84260	09/05/2008	02/08/2011	50	KOHL'S CORP	\$51.78	\$50.29	\$2,589.10	\$2,514.25	\$74.85
888-84260	04/22/2008	02/08/2011	25	KOHL'S CORP	\$51.78	\$45.79	\$1,294.55	\$1,144.73	\$149.82
888-84260	10/28/2009	01/31/2011	25	ALCON INC	\$163.30	\$145.22	\$4,082.51	\$3,630.53	\$451.98
888-84260	10/16/2009	01/31/2011	10	ALCON INC	\$163.30	\$146.51	\$1,633.01	\$1,465.06	\$167.95
888-84260	11/04/2009	01/28/2011	25	TARGET CORP	\$54.46	\$49.40	\$1,361.44	\$1,234.94	\$126.50
888-84260	03/12/2009	01/28/2011	75	COOPER INDUSTRIES PLC	\$60.95	\$23.27	\$4,571.49	\$1,744.89	\$2,826.60
888-84260	11/13/2008	01/27/2011	1	CME GROUP INC	\$310.40	\$223.76	\$310.40	\$223.76	\$86.64
888-84260	10/03/2008	01/27/2011	13	CME GROUP INC	\$310.40	\$395.31	\$4,035.23	\$5,139.05	(\$1,103.82)
888-84260	01/03/2007	01/24/2011	7	GOOGLE INC-CL A	\$607.63	\$464.87	\$4,253.44	\$3,254.10	\$999.34
888-84260	12/29/2009	01/21/2011	30	MICROSOFT CORP	\$28.10	\$31.36	\$843.11	\$940.78	(\$97.67)
888-84260	02/10/2009	01/20/2011	25	COSTCO WHOLESALE CORP	\$72.40	\$44.45	\$1,809.89	\$1,111.29	\$698.60
888-84260	12/23/2008	01/20/2011	25	COSTCO WHOLESALE CORP	\$72.40	\$52.56	\$1,809.90	\$1,314.02	\$495.88
888-84260	09/21/2009	01/19/2011	100	EMC CORP/MASS	\$24.18	\$16.74	\$2,417.96	\$1,673.54	\$744.42

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	08/10/2009	01/19/2011	100	EMC CORP/MASS	\$24.18	\$15.11	\$2,417.96	\$1,511.26	\$906.70
888-84260	11/28/2007	01/19/2011	100	GILEAD SCIENCES INC	\$38.18	\$45.32	\$3,818.00	\$4,531.74	(\$713.74)
888-84260	11/28/2007	01/19/2011	50	GILEAD SCIENCES INC	\$38.18	\$45.32	\$1,909.00	\$2,265.87	(\$356.87)
888-84260	03/14/2007	01/19/2011	105	GILEAD SCIENCES INC	\$38.18	\$34.47	\$4,008.90	\$3,619.85	\$389.05
888-84260	04/22/2008	01/18/2011	100	KOHL'S CORP	\$51.49	\$45.79	\$5,149.28	\$4,578.92	\$570.36
888-84260	12/29/2009	01/14/2011	45	MICROSOFT CORP	\$28.05	\$31.36	\$1,262.38	\$1,411.17	(\$148.79)
888-84260	10/16/2009	01/14/2011	15	ALCON INC	\$163.05	\$146.51	\$2,445.73	\$2,197.59	\$248.14
888-84260	09/24/2009	01/14/2011	25	ALCON INC	\$163.05	\$140.27	\$4,076.23	\$3,506.66	\$569.57
888-84260	08/18/2009	01/14/2011	25	ALCON INC	\$163.05	\$127.94	\$4,076.22	\$3,198.42	\$877.80
888-84260	06/12/2007	01/11/2011	75	SCHLUMBERGER LTD	\$82.03	\$79.95	\$6,152.60	\$5,996.55	\$156.05
888-84260	08/18/2009	01/10/2011	25	ALCON INC	\$162.50	\$127.94	\$4,062.47	\$3,198.43	\$864.04
888-84260	07/24/2009	01/10/2011	15	ALCON INC	\$162.50	\$127.03	\$2,437.49	\$1,905.44	\$532.05
888-84260	07/27/2009	01/06/2011	100	AT&T INC	\$29.21	\$25.60	\$2,920.92	\$2,559.92	\$361.00
888-84260	06/05/2009	01/06/2011	200	AT&T INC	\$29.21	\$24.60	\$5,841.84	\$4,920.42	\$921.42
888-84260	11/28/2007	01/06/2011	125	AT&T INC	\$29.21	\$37.58	\$3,651.15	\$4,697.17	(\$1,046.02)
888-84260	07/24/2009	01/05/2011	30	ALCON INC	\$163.15	\$127.03	\$4,894.48	\$3,810.88	\$1,083.60
888-84260	03/05/2009	12/30/2010	50	PEPSICO INC	\$65.22	\$46.86	\$3,260.92	\$2,342.88	\$918.04
888-84260	10/08/2008	12/30/2010	16	HEWLETT-PACKARD CO	\$42.32	\$39.57	\$677.19	\$633.16	\$44.03
888-84260	11/05/2009	12/27/2010	75	CONOCOPHILLIPS	\$67.07	\$51.92	\$5,030.18	\$3,893.81	\$1,136.37
888-84260	10/02/2009	12/27/2010	50	CONOCOPHILLIPS	\$67.07	\$46.30	\$3,353.45	\$2,315.20	\$1,038.25
888-84260	07/24/2009	12/22/2010	25	ALCON INC	\$162.03	\$127.03	\$4,050.83	\$3,175.74	\$875.09
888-84260	11/28/2007	12/22/2010	175	AT&T INC	\$29.02	\$37.58	\$5,078.62	\$6,576.05	(\$1,497.43)
888-84260	02/10/2009	12/21/2010	175	NEWS CORP	\$14.44	\$6.55	\$2,526.91	\$1,146.46	\$1,380.45
888-84260	07/24/2009	12/17/2010	28	ALCON INC	\$162.14	\$127.03	\$4,539.94	\$3,556.83	\$983.11
888-84260	04/24/2008	12/13/2010	50	TEVA PHARMACEUTICAL-SP ADR	\$53.43	\$46.17	\$2,671.71	\$2,308.55	\$363.16
888-84260	11/16/2009	12/10/2010	150	VERTEX PHARMACEUTICALS INC	\$34.21	\$40.76	\$5,130.90	\$6,114.56	(\$983.66)
888-84260	11/28/2007	12/09/2010	500	AT&T INC	\$28.73	\$37.58	\$14,365.50	\$18,788.70	(\$4,423.20)
888-84260	11/12/2009	12/08/2010	50	ILLINOIS TOOL WORKS	\$50.54	\$48.79	\$2,527.12	\$2,439.67	\$87.45
888-84260	10/27/2009	12/08/2010	25	ILLINOIS TOOL WORKS	\$50.54	\$47.27	\$1,263.56	\$1,181.86	\$81.70
888-84260	03/17/2008	12/07/2010	25	CELGENE CORP	\$57.17	\$54.68	\$1,429.35	\$1,367.01	\$62.34

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	12/06/2007	12/07/2010	50	CELGENE CORP	\$57.17	\$59.84	\$2,858.69	\$2,991.79	(\$133.10)
888-84260	06/22/2009	12/02/2010	500	D R HORTON INC	\$10.89	\$9.27	\$5,443.50	\$4,633.40	\$810.10
888-84260	06/22/2009	12/02/2010	50	DANAHER CORP	\$44.33	\$30.09	\$2,216.66	\$1,504.54	\$712.12
888-84260	03/06/2009	12/02/2010	75	DANAHER CORP	\$44.33	\$24.98	\$3,324.98	\$1,873.63	\$1,451.35
888-84260	11/13/2009	11/22/2010	275	FORD MOTOR CO	\$16.39	\$8.36	\$4,508.29	\$2,298.89	\$2,209.40
888-84260	11/09/2009	11/22/2010	75	FORD MOTOR CO	\$16.39	\$8.08	\$1,229.54	\$605.76	\$623.78
888-84260	11/04/2009	11/19/2010	50	TARGET CORP	\$55.33	\$49.40	\$2,766.64	\$2,469.87	\$296.77
888-84260	10/27/2009	11/19/2010	25	ILLINOIS TOOL WORKS	\$47.25	\$47.27	\$1,181.33	\$1,181.87	(\$0.54)
888-84260	10/22/2009	11/19/2010	125	ILLINOIS TOOL WORKS	\$47.25	\$48.61	\$5,906.68	\$6,076.39	(\$169.71)
888-84260	12/23/2008	11/19/2010	50	COSTCO WHOLESALE CORP	\$66.53	\$52.56	\$3,326.27	\$2,628.04	\$698.23
888-84260	07/27/2009	11/17/2010	550	PULTE GROUP INC	\$6.75	\$10.58	\$3,712.34	\$5,818.34	(\$2,106.00)
888-84260	03/05/2009	11/17/2010	20	PEPSICO INC	\$63.90	\$46.86	\$1,277.92	\$937.15	\$340.77
888-84260	11/11/2008	11/17/2010	30	PEPSICO INC	\$63.90	\$54.40	\$1,916.88	\$1,632.11	\$284.77
888-84260	01/08/2007	11/17/2010	54	KOHL'S CORP	\$52.34	\$66.24	\$2,826.21	\$3,576.95	(\$750.74)
888-84260	01/30/2009	11/12/2010	400	CBS CORP-CLASS B NON VOTING	\$16.64	\$5.80	\$6,656.08	\$2,321.24	\$4,334.84
888-84260	11/06/2008	11/12/2010	200	CBS CORP-CLASS B NON VOTING	\$16.64	\$8.38	\$3,328.04	\$1,676.28	\$1,651.76
888-84260	08/10/2009	11/10/2010	75	TYCO ELECTRONICS LTD	\$32.68	\$22.16	\$2,450.69	\$1,662.29	\$788.40
888-84260	10/08/2008	11/09/2010	75	HEWLETT-PACKARD CO	\$44.40	\$39.57	\$3,330.23	\$2,967.96	\$362.27
888-84260	11/11/2008	11/08/2010	45	PEPSICO INC	\$65.09	\$54.40	\$2,928.92	\$2,448.16	\$480.76
888-84260	09/22/2008	11/08/2010	30	PEPSICO INC	\$65.09	\$72.64	\$1,952.61	\$2,179.10	(\$226.49)
888-84260	01/15/2009	11/05/2010	32	TIME WARNER CABLE	\$62.04	\$29.66	\$1,985.31	\$949.16	\$1,036.15
888-84260	12/08/2008	11/05/2010	25	TIME WARNER CABLE	\$62.04	\$29.39	\$1,551.03	\$734.77	\$816.26
888-84260	11/06/2008	11/05/2010	25	TIME WARNER CABLE	\$62.04	\$30.47	\$1,551.03	\$761.86	\$789.17
888-84260	10/23/2008	11/05/2010	50	TIME WARNER CABLE	\$62.04	\$29.40	\$3,102.06	\$1,469.76	\$1,632.30
888-84260	06/23/2008	11/05/2010	31	TIME WARNER CABLE	\$62.04	\$46.19	\$1,923.27	\$1,431.96	\$491.31
888-84260	03/19/2004	11/05/2010	62	TIME WARNER CABLE	\$62.04	\$51.59	\$3,846.55	\$3,198.57	\$647.98
888-84260	09/10/2009	11/03/2010	75	ILLINOIS TOOL WORKS	\$46.21	\$43.38	\$3,466.10	\$3,253.63	\$212.47
888-84260	02/19/2008	11/02/2010	13	APPLE INC	\$310.03	\$124.91	\$4,030.33	\$1,623.83	\$2,406.50
888-84260	04/24/2008	10/28/2010	25	TEVA PHARMACEUTICAL-SP ADR	\$52.08	\$46.17	\$1,302.09	\$1,154.28	\$147.81
888-84260	03/05/2008	10/28/2010	50	TEVA PHARMACEUTICAL-SP ADR	\$52.08	\$49.31	\$2,604.18	\$2,465.58	\$138.60

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	01/03/2007	10/28/2010	2	GOOGLE INC-CL A	\$615.79	\$464.87	\$1,231.57	\$929.74	\$301.83
888-84260	08/15/2006	10/28/2010	2	GOOGLE INC-CL A	\$615.79	\$375.65	\$1,231.58	\$751.30	\$480.28
888-84260	12/23/2008	10/27/2010	50	COSTCO WHOLESale CORP	\$62.77	\$52.56	\$3,138.70	\$2,628.04	\$510.66
888-84260	07/14/2008	10/27/2010	100	HEWLETT-PACKARD CO	\$42.09	\$41.42	\$4,208.80	\$4,141.69	\$67.11
888-84260	08/10/2009	10/26/2010	650	SPRINT NEXTEL CORP	\$4.80	\$3.70	\$3,122.08	\$2,406.69	\$715.39
888-84260	10/01/2009	10/22/2010	25	KLA-TENCOR CORPORATION	\$36.08	\$34.37	\$902.07	\$859.18	\$42.89
888-84260	07/24/2009	10/22/2010	2	ALCON INC	\$167.34	\$127.03	\$334.69	\$254.06	\$80.63
888-84260	07/20/2009	10/22/2010	20	ALCON INC	\$167.34	\$121.18	\$3,346.85	\$2,423.61	\$923.24
888-84260	09/22/2008	10/22/2010	45	PEPSICO INC	\$65.08	\$72.64	\$2,928.82	\$3,268.65	(\$339.83)
888-84260	11/28/2007	10/22/2010	5	PEPSICO INC	\$65.08	\$76.77	\$325.42	\$383.87	(\$58.45)
888-84260	09/10/2009	10/20/2010	55	ILLINOIS TOOL WORKS	\$46.73	\$43.38	\$2,570.15	\$2,385.99	\$184.16
888-84260	06/29/2009	10/20/2010	20	ILLINOIS TOOL WORKS	\$46.73	\$37.97	\$934.60	\$759.32	\$175.28
888-84260	11/28/2007	10/20/2010	125	PEPSICO INC	\$65.26	\$76.78	\$8,157.25	\$9,596.88	(\$1,439.63)
888-84260	08/31/2009	10/14/2010	50	FREEMPORT-MCMORAN COPPER	\$99.37	\$62.91	\$4,968.61	\$3,145.50	\$1,823.11
888-84260	06/26/2009	10/08/2010	25	TARGET CORP	\$54.20	\$40.13	\$1,354.96	\$1,003.34	\$351.62
888-84260	08/10/2009	10/07/2010	325	EMC CORP/MASS	\$19.56	\$15.11	\$6,357.68	\$4,911.60	\$1,446.08
888-84260	06/26/2009	10/07/2010	50	FREEMPORT-MCMORAN COPPER	\$91.31	\$50.67	\$4,565.52	\$2,533.55	\$2,031.97
888-84260	11/11/2008	10/06/2010	75	COSTCO WHOLESale CORP	\$63.80	\$51.95	\$4,784.91	\$3,896.15	\$888.76
888-84260	06/24/2008	10/06/2010	100	HEWLETT-PACKARD CO	\$40.71	\$45.08	\$4,070.97	\$4,508.16	(\$437.19)
888-84260	06/03/2008	10/06/2010	25	HEWLETT-PACKARD CO	\$40.71	\$46.58	\$1,017.74	\$1,164.58	(\$146.84)
888-84260	02/18/2009	10/05/2010	50	TIME WARNER INC	\$30.44	\$16.47	\$1,522.13	\$823.52	\$698.61
888-84260	01/15/2009	10/05/2010	133	TIME WARNER INC	\$30.44	\$19.39	\$4,048.88	\$2,578.22	\$1,470.66
888-84260	12/08/2008	10/05/2010	100	TIME WARNER INC	\$30.44	\$19.35	\$3,044.27	\$1,935.40	\$1,108.87
888-84260	11/06/2008	10/05/2010	17	TIME WARNER INC	\$30.44	\$20.07	\$517.53	\$341.15	\$176.38
888-84260	10/01/2009	10/04/2010	100	KLA-TENCOR CORPORATION	\$34.35	\$34.37	\$3,435.33	\$3,436.73	(\$1.40)
888-84260	08/15/2006	10/04/2010	100	GILEAD SCIENCES INC	\$35.35	\$30.98	\$3,535.43	\$3,097.90	\$437.53
888-84260	06/26/2009	10/01/2010	50	TARGET CORP	\$53.46	\$40.13	\$2,673.00	\$2,006.68	\$666.32
888-84260	07/17/2009	09/30/2010	175	INTEL CORP	\$19.26	\$18.67	\$3,369.75	\$3,267.04	\$102.71
888-84260	06/29/2009	09/24/2010	50	ILLINOIS TOOL WORKS	\$46.82	\$37.97	\$2,341.12	\$1,898.30	\$442.82
888-84260	05/06/2009	09/22/2010	25	VISA INC - CLASS A SHRS	\$70.20	\$66.91	\$1,754.89	\$1,672.68	\$82.21

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
 EIN # 52-2287352
 Schedule 1
 Part IV
 Line 1a

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	08/15/2006	09/22/2010	75	GILEAD SCIENCES INC	\$36.06	\$30.98	\$2,704.67	\$2,323.42	\$381.25
888-84260	06/03/2008	09/17/2010	75	HEWLETT-PACKARD CO	\$39.47	\$46.58	\$2,960.34	\$3,493.75	(\$533.41)
888-84260	06/03/2008	09/15/2010	100	HEWLETT-PACKARD CO	\$39.81	\$46.58	\$3,981.39	\$4,658.33	(\$676.94)
888-84260	04/22/2008	09/15/2010	155	HEWLETT-PACKARD CO	\$39.81	\$48.15	\$6,171.15	\$7,462.52	(\$1,291.37)
888-84260	05/29/2009	09/14/2010	50	TARGET CORP	\$53.98	\$39.15	\$2,698.83	\$1,957.34	\$741.49
888-84260	08/15/2006	09/09/2010	7	GOOGLE INC-CL A	\$479.47	\$375.65	\$3,356.29	\$2,629.56	\$726.73
888-84260	05/29/2009	09/03/2010	15	TARGET CORP	\$52.85	\$39.15	\$792.81	\$587.20	\$205.61
888-84260	05/14/2009	09/03/2010	60	TARGET CORP	\$52.85	\$41.14	\$3,171.23	\$2,468.65	\$702.58
888-84260	09/16/2008	08/31/2010	32	GOLDMAN SACHS GROUP INC	\$137.20	\$130.10	\$4,390.39	\$4,163.05	\$227.34
888-84260	05/14/2009	08/30/2010	5	TARGET CORP	\$51.11	\$41.14	\$255.54	\$205.72	\$49.82
888-84260	05/06/2009	08/30/2010	50	VISA INC - CLASS A SHRS	\$70.11	\$66.91	\$3,505.64	\$3,345.36	\$160.28
888-84260	04/22/2009	08/30/2010	45	TARGET CORP	\$51.11	\$39.79	\$2,299.88	\$1,790.71	\$509.17
888-84260	08/10/2009	08/27/2010	75	TYCO ELECTRONICS LTD	\$25.01	\$22.16	\$1,875.65	\$1,662.29	\$213.36
888-84260	07/17/2009	08/27/2010	375	INTEL CORP	\$18.31	\$18.67	\$6,865.46	\$7,000.80	(\$135.34)
888-84260	04/28/2009	08/27/2010	350	TYCO ELECTRONICS LTD	\$25.01	\$17.03	\$8,753.05	\$5,959.50	\$2,793.55
888-84260	06/09/2008	08/24/2010	75	COSTCO WHOLESale CORP	\$54.60	\$71.59	\$4,094.83	\$5,369.37	(\$1,274.54)
888-84260	05/30/2008	08/24/2010	25	COSTCO WHOLESale CORP	\$54.60	\$72.47	\$1,364.95	\$1,811.81	(\$446.86)
888-84260	08/15/2006	08/24/2010	25	GILEAD SCIENCES INC	\$32.25	\$30.98	\$806.27	\$774.47	\$31.80
888-84260	02/22/2006	08/24/2010	99	GILEAD SCIENCES INC	\$32.25	\$30.47	\$3,192.82	\$3,016.77	\$176.05
888-84260	06/29/2009	08/18/2010	125	ILLINOIS TOOL WORKS	\$42.83	\$37.97	\$5,353.13	\$4,745.75	\$607.38
888-84260	03/06/2009	08/18/2010	15	DANAHER CORP	\$37.49	\$24.98	\$562.34	\$374.73	\$187.61
888-84260	02/18/2009	08/18/2010	160	DANAHER CORP	\$37.49	\$27.00	\$5,998.25	\$4,320.00	\$1,678.25
888-84260	06/15/2009	08/17/2010	200	MERCK & CO. INC.	\$35.13	\$25.59	\$7,025.00	\$5,117.86	\$1,907.14
888-84260	07/17/2009	08/12/2010	175	INTEL CORP	\$19.50	\$18.67	\$3,412.99	\$3,267.04	\$145.95
888-84260	05/29/2009	08/12/2010	25	INTEL CORP	\$19.50	\$15.50	\$487.57	\$387.39	\$100.18
888-84260	07/17/2009	08/11/2010	325	TEXTRON INC	\$18.91	\$10.16	\$6,145.26	\$3,302.52	\$2,842.74
888-84260	03/31/2009	08/03/2010	75	CAMERON INTERNATIONAL CORP	\$39.86	\$22.30	\$2,989.19	\$1,672.27	\$1,316.92
888-84260	11/23/2007	08/03/2010	50	CAMERON INTERNATIONAL CORP	\$39.86	\$46.70	\$1,992.80	\$2,335.04	(\$342.24)
888-84260	07/21/2009	08/02/2010	125	CIMAREX ENERGY CO	\$70.85	\$32.76	\$8,856.11	\$4,095.50	\$4,760.61
888-84260	12/06/2007	08/02/2010	35	FRANKLIN RESOURCES INC	\$103.82	\$120.79	\$3,633.62	\$4,227.72	(\$594.10)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2010 - 06/30/2011

Mental Wellness Foundation, Inc.
EIN # 52-2287352
Schedule 1
Part IV
Line 1a

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	01/02/2009	07/30/2010	1150	MOTOROLA INC	\$7.51	\$4.64	\$8,640.18	\$5,335.08	\$3,305.10
888-84260	03/17/2008	07/26/2010	75	HEWLETT-PACKARD CO	\$46.22	\$45.95	\$3,466.61	\$3,446.58	\$20.03
888-84260	01/10/2008	07/26/2010	45	HEWLETT-PACKARD CO	\$46.22	\$45.08	\$2,079.97	\$2,028.65	\$51.32
888-84260	05/29/2009	07/15/2010	275	INTEL CORP	\$21.30	\$15.50	\$5,857.17	\$4,261.29	\$1,595.88
888-84260	11/28/2007	07/15/2010	20	ALCON INC	\$154.72	\$134.64	\$3,094.50	\$2,692.79	\$401.71
888-84260	06/12/2007	07/15/2010	25	SCHLUMBERGER LTD	\$57.73	\$79.95	\$1,443.28	\$1,998.85	(\$555.57)
888-84260	01/30/2007	07/15/2010	50	SCHLUMBERGER LTD	\$57.73	\$62.75	\$2,886.55	\$3,137.45	(\$250.90)
888-84260	05/30/2008	07/13/2010	75	COSTCO WHOLESale CORP	\$56.48	\$72.47	\$4,235.92	\$5,435.42	(\$1,199.50)
888-84260	08/15/2006	07/13/2010	3	GOOGLE INC-CL A	\$491.69	\$375.65	\$1,475.08	\$1,126.95	\$348.13
888-84260	07/14/2006	07/13/2010	7	GOOGLE INC-CL A	\$491.69	\$408.14	\$3,441.85	\$2,856.99	\$584.86
888-84260	01/30/2007	07/09/2010	50	SCHLUMBERGER LTD	\$58.11	\$62.75	\$2,905.28	\$3,137.46	(\$232.18)
888-84260	05/29/2009	07/08/2010	125	INTEL CORP	\$20.03	\$15.50	\$2,504.36	\$1,936.95	\$567.41
888-84260	05/14/2009	07/06/2010	75	INTEL CORP	\$20.03	\$15.46	\$1,502.62	\$1,159.57	\$343.05
888-84260	06/26/2009	07/06/2010	350	INGERSOLL-RAND PLC	\$33.58	\$21.57	\$11,752.34	\$7,551.05	\$4,201.29
888-84260	05/14/2009	07/06/2010	200	INTEL CORP	\$19.56	\$15.46	\$3,911.38	\$3,092.20	\$819.18
888-84260	03/31/2009	07/01/2010	25	DEVON ENERGY CORPORATION	\$60.72	\$45.40	\$1,518.01	\$1,134.96	\$383.05
888-84260	03/11/2009	07/01/2010	25	DEVON ENERGY CORPORATION	\$60.72	\$41.91	\$1,518.01	\$1,047.80	\$470.21
Total						Total	\$1,158,460.90	\$1,060,282.59	\$98,178.31

Cash in Lieu Capital Gains¹

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	//	04/18/2011	0	HUNTINGTON INGALLS INDUST-WI	\$0.00	\$0.00	\$25.32	\$0.00	\$25.32
Total						Total	\$25.32	\$0.00	\$25.32

¹ Cash in Lieu Cash representing the value of fractional stock shares, generally paid out as the result of corporate mergers

The information above reflects the total gains and losses of the accounts in your relationship and therefore may include nontaxable accounts. To simplify your tax planning process, we encourage you to customize this page with a Personalized Account Analysis that aligns with your tax obligations or contact your Bernstein Advisor. Please note that prior to 2008, long-term capital gains distributions from mutual funds can be found on the Income report. Please see your Year-End Tax Report for your official tax record. You should verify the accuracy of all calculations with your tax advisor.

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF 2010
Part XV, Line 3 (a)
Grants and Contributions paid during the year

SCHEDULE 2

<u>Recipient Name</u>	<u>Recipient Address</u>	<u>Status of Recipient</u>	<u>Purpose of Grant</u>	<u>Amount</u>
A Better Chance, Inc.	253 West 35th Street New York, NY 10001	501(c)(3)	Education	\$ 1,000.00
Adams Street Foundation, Inc.	283 Adams Street Brooklyn, NY 11201	501(c)(3)	Education	\$ 16,500.00
EMDR Humanitarian Assistance Program, Inc.	2911 Dixwell Ave, Ste 201 Hamden, CT 06518	501(c)(3)	Fund HAP program	\$ 31,500.00
Free Minds Book Club and Writing Workshop	2201 P Street, NW Washington, DC 20037	501(c)(3)	Education	\$ 4,158.00
Freemont Community Therapy Project	3429 Fremont Place N, #319 Seattle, WA 98103	501(c)(3)	Social Welfare	\$ 31,500.00
Hope House DC	PO Box 60682 Washington, DC 20039	501(c)(3)	Outreach programs for prisoner families	\$ 31,500.00
Horizons Greater Washington	3000 Cathedral Ave, NW Washington, DC 20008	501(c)(3)	Education	\$ 2,500.00
House, DC, Inc.	1606 17th Street, SE Washington, DC 20020	501(c)(3)	Education	\$ 12,500.00
Inter Child Resource Institute	2095 Harrison Street San Francisco, CA 94110	501(c)(3)	Education	\$ 16,500.00
Juvenile Diabetes Research Foundation	26 Broadway New York, NY 10004	501(c)(3)	Research	\$ 1,000.00
MAHI International, Inc.	1110 Odell Ave Sunland, CA 91040	501(c)(3)	Wellness Center	\$ 1,000.00

The Mental Wellness Foundation - EIN 52-2287352
Form 990-PF 2010
Part XV, Line 3 (a)
Grants and Contributions paid during the year

SCHEDULE 2

<u>Recipient Name</u>	<u>Recipient Address</u>	<u>Status of Recipient</u>	<u>Purpose of Grant</u>	<u>Amount</u>
Pimlico Road Youth Program	4236 Pimlico Road Baltimore, MD 21215	501(c)(3)	Youth programs	\$ 5,000.00
St Francis Neighborhood Center Corp	2405 Linden Ave Baltimore, MD 21217	501(c)(3)	Youth programs	\$ 5,000.00
Tipping Point Community	703 Market Street San Francisco, CA 94103	501(c)(3)	Poverty programs	\$ 30,000.00
Turning the Page	1010 Vermont Ave, NW Washington, DC 20005	501(c)(3)	Education	\$ 12,500.00
Teen Feed	4740-B University Avenue, NE Seattle, WA 98105	501(c)(3)	Homeless Services	\$ 31,500.00
Wounded Warrior Project	7020 A C Skinner Pkwy Ste 100 Jacksonville, FL 32256	501(c)(3)	Support for soldiers	\$ 500.00
				\$ 234,158.00

Mental Wellness Foundation, Inc.

MENTAL WELLNESS FOUNDATION, INC (888-84260)

EIN # 52-2287352

Schedule 3

As of June 30, 2011

Reporting Currency: US dollars

Portfolio Valuation

Part II

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
CASH										
112,514			\$1.00	\$1.00	\$112,514.45	\$112,514.45	\$56	0.05%	2.6%	100.0%
TOTAL CASH					\$112,514.45	\$112,514.45	\$56	0.05%	2.6%	100%
MUTUAL FUNDS										
SNIDX										
15,024	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	07/25/07	\$12.97	\$13.88	\$194,866.73	\$208,538.91	\$7,611	2.94%*	4.8%	51.1%
9,273	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	11/28/07	\$13.20	\$13.88	\$122,400.00	\$128,705.45	\$4,697	2.94%*	3.0%	31.5%
157	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	04/22/08	\$13.08	\$13.88	\$2,048.66	\$2,173.96	\$79	2.94%*	0.0%	0.5%
183	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	05/22/08	\$13.07	\$13.88	\$2,392.72	\$2,541.01	\$93	2.94%*	0.1%	0.6%
152	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	07/22/08	\$12.70	\$13.88	\$1,929.81	\$2,109.12	\$77	2.94%*	0.0%	0.5%
172	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	08/22/08	\$12.72	\$13.88	\$2,189.23	\$2,388.87	\$87	2.94%*	0.1%	0.6%
182	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	09/23/08	\$12.48	\$13.88	\$2,275.20	\$2,530.44	\$92	2.94%*	0.1%	0.6%
173	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	10/22/08	\$11.83	\$13.88	\$2,048.52	\$2,403.50	\$88	2.94%*	0.1%	0.6%
384	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/09/08	\$11.46	\$13.88	\$4,397.68	\$5,326.34	\$194	2.94%*	0.1%	1.3%
168	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/19/08	\$11.78	\$13.88	\$1,979.24	\$2,332.08	\$85	2.94%*	0.1%	0.6%
55	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/31/08	\$11.85	\$13.88	\$653.34	\$765.26	\$28	2.94%*	0.0%	0.2%
98	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	01/20/09	\$11.93	\$13.88	\$1,165.58	\$1,356.10	\$49	2.94%*	0.0%	0.3%
147	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	02/20/09	\$11.81	\$13.88	\$1,736.17	\$2,040.47	\$74	2.94%*	0.0%	0.5%
133	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	03/20/09	\$11.63	\$13.88	\$1,544.33	\$1,843.10	\$67	2.94%*	0.0%	0.5%

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
131	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	04/20/09	\$12.07	\$13.88	\$1,575.50	\$1,811.76	\$66	2.94%*	0.0%	0.4%
126	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	05/20/09	\$12.47	\$13.88	\$1,577.29	\$1,755.64	\$64	2.94%*	0.0%	0.4%
137	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	06/19/09	\$12.36	\$13.88	\$1,689.41	\$1,897.17	\$69	2.94%*	0.0%	0.5%
0	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	07/02/09	\$12.50	\$13.88	\$1.10	\$1.22	\$0	2.94%*	0.0%	0.0%
118	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	07/20/09	\$12.62	\$13.88	\$1,485.20	\$1,633.48	\$60	2.94%*	0.0%	0.4%
128	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	08/20/09	\$12.90	\$13.88	\$1,656.82	\$1,782.69	\$65	2.94%*	0.0%	0.4%
121	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	09/18/09	\$13.09	\$13.88	\$1,584.69	\$1,680.33	\$61	2.94%*	0.0%	0.4%
109	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	10/20/09	\$13.27	\$13.88	\$1,445.78	\$1,512.24	\$55	2.94%*	0.0%	0.4%
123	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	11/20/09	\$13.31	\$13.88	\$1,631.08	\$1,700.92	\$62	2.94%*	0.0%	0.4%
100	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/18/09	\$13.35	\$13.88	\$1,337.64	\$1,390.75	\$51	2.94%*	0.0%	0.3%
40	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/31/09	\$13.24	\$13.88	\$526.08	\$551.51	\$20	2.94%*	0.0%	0.1%
71	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	01/20/10	\$13.43	\$13.88	\$954.43	\$986.41	\$36	2.94%*	0.0%	0.2%
115	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	02/19/10	\$13.36	\$13.88	\$1,533.46	\$1,593.15	\$58	2.94%*	0.0%	0.4%
96	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	03/19/10	\$13.51	\$13.88	\$1,297.67	\$1,333.22	\$49	2.94%*	0.0%	0.3%
100	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	04/20/10	\$13.56	\$13.88	\$1,361.62	\$1,393.75	\$51	2.94%*	0.0%	0.3%
101	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	05/20/10	\$13.64	\$13.88	\$1,373.36	\$1,397.52	\$51	2.94%*	0.0%	0.3%
106	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	06/18/10	\$13.63	\$13.88	\$1,438.11	\$1,464.49	\$53	2.94%*	0.0%	0.4%
92	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	07/20/10	\$13.83	\$13.88	\$1,278.85	\$1,283.47	\$47	2.94%*	0.0%	0.3%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
	97 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	08/20/10	\$14.06	\$13.88	\$1,363.91	\$1,346.44	\$49	2.94%*	0.0%	0.3%
	87 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	09/20/10	\$14.04	\$13.88	\$1,214.51	\$1,200.68	\$44	2.94%*	0.0%	0.3%
	89 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	10/20/10	\$14.22	\$13.88	\$1,272.03	\$1,241.62	\$45	2.94%*	0.0%	0.3%
	92 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	11/19/10	\$14.04	\$13.88	\$1,297.79	\$1,283.00	\$47	2.94%*	0.0%	0.3%
	337 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/07/10	\$13.73	\$13.88	\$4,627.34	\$4,677.89	\$171	2.94%*	0.1%	1.1%
	86 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/20/10	\$13.68	\$13.88	\$1,179.18	\$1,196.41	\$44	2.94%*	0.0%	0.3%
	35 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	12/31/10	\$13.72	\$13.88	\$478.52	\$484.11	\$18	2.94%*	0.0%	0.1%
	62 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	01/20/11	\$13.69	\$13.88	\$850.81	\$862.61	\$31	2.94%*	0.0%	0.2%
	102 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	02/18/11	\$13.67	\$13.88	\$1,400.41	\$1,421.92	\$52	2.94%*	0.0%	0.3%
	98 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	04/26/11	\$13.85	\$13.88	\$1,355.22	\$1,358.16	\$50	2.94%*	0.0%	0.3%
	99 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	05/24/11	\$13.97	\$13.88	\$1,378.57	\$1,369.69	\$50	2.94%*	0.0%	0.3%
	88 BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	06/22/11	\$13.97	\$13.88	\$1,225.00	\$1,217.11	\$44	2.94%*	0.0%	0.3%
29,386					\$383,018.59	\$407,883.97	\$14,886	2.94%	9.4%	99.9%
						\$463.23 AI				
					\$383,018.59 /	\$408,347.20 ✓	\$14,886	2.94%	9.4%	100%

TOTAL FIXED INCOME

EQUITIES

DOMESTIC

NON-FINANCIAL

HOME BUILDING

2	NVR INC	07/27/09	\$618.53	\$725.48	\$1,237.06	\$1,450.96	\$0	0.00%	0.0%	0.0%
8	NVR INC	08/21/09	\$665.29	\$725.48	\$5,322.28	\$5,803.84	\$0	0.00%	0.1%	0.2%
7	NVR INC	05/12/11	\$729.25	\$725.48	\$5,104.75	\$5,078.36	\$0	0.00%	0.1%	0.1%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Line 10 b and c

Quantity	17		Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
FINANCIAL												
PROPERTY - CASUALTY INSURANCE												
	225	TRV	TRV	11/28/07	\$51.49	\$58.38	\$11,584.71	\$13,135.50	\$369	2.81%	0.3%	0.3%
	75			07/27/10	\$50.48	\$58.38	\$3,785.69	\$4,378.50	\$123	2.81%	0.1%	0.1%
	125			03/23/11	\$58.14	\$58.38	\$7,267.50	\$7,297.50	\$205	2.81%	0.2%	0.2%
	425						\$22,637.90	\$24,811.50	\$697	2.81%	0.6%	0.6%
MISC. FINANCIAL												
	5		GS	08/03/10	\$153.55	\$133.09	\$767.73	\$665.45	\$7	1.05%	0.0%	0.0%
	20			08/24/10	\$14.98	\$133.09	\$2,899.61	\$2,661.80	\$28	1.05%	0.1%	0.1%
	53			09/21/10	\$152.98	\$133.09	\$8,107.82	\$7,053.77	\$74	1.05%	0.2%	0.2%
	25			09/23/10	\$145.80	\$133.09	\$3,645.06	\$3,327.25	\$35	1.05%	0.1%	0.1%
	25			09/28/10	\$145.02	\$133.09	\$3,625.49	\$3,327.25	\$35	1.05%	0.1%	0.1%
	50			10/22/10	\$158.18	\$133.09	\$7,909.12	\$6,654.50	\$70	1.05%	0.2%	0.2%
	25			01/11/11	\$170.11	\$133.09	\$4,252.79	\$3,327.25	\$35	1.05%	0.1%	0.1%
	25			02/09/11	\$167.03	\$133.09	\$4,175.81	\$3,327.25	\$35	1.05%	0.1%	0.1%
	228						\$35,383.43	\$30,344.52	\$319	1.05%	0.7%	0.8%
	175		MHP	05/04/11	\$40.48	\$41.91	\$7,084.82	\$7,334.25	\$175	2.39%	0.2%	0.2%
	200		MCO	03/31/11	\$14.07	\$38.35	\$6,813.10	\$7,670.00	\$112	1.46%	0.2%	0.2%
	150			06/08/11	\$19.34	\$38.35	\$5,901.56	\$5,752.50	\$84	1.46%	0.1%	0.1%
	350						\$12,714.66	\$13,422.50	\$196	1.46%	0.3%	0.3%
							\$55,182.91	\$51,101.27	\$690	1.35%	1.2%	1.3%
LIFE INSURANCE												
	300		MET	03/23/11	\$44.05	\$43.87	\$13,215.51	\$13,161.00	\$222	1.69%	0.3%	0.3%
	75			04/08/11	\$44.60	\$43.87	\$3,345.31	\$3,290.25	\$56	1.69%	0.1%	0.1%
	125			04/25/11	\$44.16	\$43.87	\$5,520.60	\$5,483.75	\$92	1.69%	0.1%	0.1%
	500						\$22,081.42	\$21,935.00	\$370	1.69%	0.5%	0.6%
MULTI-LINE INSURANCE												
	200		HNT	11/09/10	\$28.78	\$32.09	\$5,756.86	\$6,418.00	\$0	0.00%	0.1%	0.2%
	325		UNH	06/15/11	\$49.50	\$51.58	\$16,085.91	\$16,763.50	\$211	1.26%	0.4%	0.4%

Bernstein Global Wealth Management

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
175	UNITEDHEALTH GROUP INC	06/27/11	\$50.89	\$51.58	\$8,906.31	\$9,026.50	\$114	1.26%	0.2%	0.2%
500					\$24,992.22	\$25,790.00	\$325	1.26%	0.6%	0.7%
135	WELLPOINT INC	03/23/11	\$66.98	\$78.77	\$9,041.79	\$10,633.95	\$135	1.27%	0.2%	0.3%
125	WELLPOINT INC	04/18/11	\$68.16	\$78.77	\$8,519.80	\$9,846.25	\$125	1.27%	0.2%	0.3%
75	WELLPOINT INC	04/27/11	\$74.70	\$78.77	\$5,602.51	\$5,907.75	\$75	1.27%	0.1%	0.2%
75	WELLPOINT INC	04/29/11	\$76.33	\$78.77	\$5,724.43	\$5,907.75	\$75	1.27%	0.1%	0.2%
50	WELLPOINT INC	05/27/11	\$77.53	\$78.77	\$3,876.26	\$3,938.50	\$50	1.27%	0.1%	0.1%
460					\$32,764.79	\$36,234.20	\$460	1.27%	0.8%	0.9%
	Total				\$63,513.87	\$68,442.20	\$785	1.15%	1.6%	1.8%
	BANKS - NYC									
130	CITIGROUP INC	02/18/11	\$49.19	\$41.64	\$6,394.05	\$5,413.20	\$5	0.10%	0.1%	0.1%
280	CITIGROUP INC	03/23/11	\$43.63	\$41.64	\$12,215.28	\$11,659.20	\$11	0.10%	0.3%	0.3%
130	CITIGROUP INC	03/30/11	\$44.97	\$41.64	\$5,846.23	\$5,413.20	\$5	0.10%	0.1%	0.1%
70	CITIGROUP INC	04/19/11	\$44.74	\$41.64	\$3,132.01	\$2,914.80	\$3	0.10%	0.1%	0.1%
130	CITIGROUP INC	04/20/11	\$45.61	\$41.64	\$5,928.78	\$5,413.20	\$5	0.10%	0.1%	0.1%
90	CITIGROUP INC	04/28/11	\$45.57	\$41.64	\$4,100.94	\$3,747.60	\$4	0.10%	0.1%	0.1%
70	CITIGROUP INC	04/29/11	\$45.58	\$41.64	\$3,190.46	\$2,914.80	\$3	0.10%	0.1%	0.1%
300	CITIGROUP INC	05/19/11	\$41.37	\$41.64	\$12,411.81	\$12,492.00	\$12	0.10%	0.3%	0.3%
1,200					\$53,219.56	\$49,968.00	\$48	0.10%	1.1%	1.3%
405	JPMORGAN CHASE & CO	05/01/09	\$12.93	\$40.94	\$13,337.30	\$16,580.70	\$405	2.44%	0.4%	0.4%
200	JPMORGAN CHASE & CO	05/14/09	\$15.06	\$40.94	\$7,011.56	\$8,188.00	\$200	2.44%	0.2%	0.2%
52	JPMORGAN CHASE & CO	05/27/09	\$36.29	\$40.94	\$1,886.99	\$2,128.88	\$52	2.44%	0.0%	0.1%
100	JPMORGAN CHASE & CO	06/02/09	\$15.05	\$40.94	\$3,505.29	\$4,094.00	\$100	2.44%	0.1%	0.1%
75	JPMORGAN CHASE & CO	07/06/09	\$12.02	\$40.94	\$2,401.52	\$3,070.50	\$75	2.44%	0.1%	0.1%
111	JPMORGAN CHASE & CO	12/09/09	\$41.18	\$40.94	\$4,570.77	\$4,544.34	\$111	2.44%	0.1%	0.1%
100	JPMORGAN CHASE & CO	12/16/09	\$41.19	\$40.94	\$4,119.19	\$4,094.00	\$100	2.44%	0.1%	0.1%
100	JPMORGAN CHASE & CO	12/22/09	\$41.94	\$40.94	\$4,193.98	\$4,094.00	\$100	2.44%	0.1%	0.1%
112	JPMORGAN CHASE & CO	06/24/10	\$37.78	\$40.94	\$4,231.00	\$4,585.28	\$112	2.44%	0.1%	0.1%
150	JPMORGAN CHASE & CO	08/30/10	\$16.28	\$40.94	\$5,441.88	\$6,141.00	\$150	2.44%	0.1%	0.2%
145	JPMORGAN CHASE & CO	09/16/10	\$40.75	\$40.94	\$5,908.03	\$5,936.30	\$145	2.44%	0.1%	0.2%

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
100	JPMORGAN CHASE & CO	10/15/10	\$37.34	\$40.94	\$3,733.87	\$4,094.00	\$100	2.44%	0.1%	0.1%
100	JPMORGAN CHASE & CO	11/09/10	\$40.48	\$40.94	\$4,047.69	\$4,094.00	\$100	2.44%	0.1%	0.1%
1,750					\$64,389.07	\$71,645.00	\$1,750	2.44%	1.6%	1.9%
	Total				\$117,608.63	\$121,613.00	\$1,798	1.48%	2.8%	3.2%
	MAJOR REGIONAL BANKS									
100	WELLS FARGO & COMPANY	01/27/10	\$27.75	\$28.06	\$2,775.25	\$2,806.00	\$48	1.71%	0.1%	0.1%
13	WELLS FARGO & COMPANY	04/19/10	\$32.57	\$28.06	\$423.43	\$364.78	\$6	1.71%	0.0%	0.0%
78	WELLS FARGO & COMPANY	04/21/10	\$33.17	\$28.06	\$2,587.64	\$2,188.68	\$37	1.71%	0.1%	0.1%
122	WELLS FARGO & COMPANY	04/21/10	\$33.17	\$28.06	\$4,047.32	\$3,423.32	\$59	1.71%	0.1%	0.1%
100	WELLS FARGO & COMPANY	05/10/10	\$32.59	\$28.06	\$3,258.55	\$2,806.00	\$48	1.71%	0.1%	0.1%
182	WELLS FARGO & COMPANY	10/18/10	\$24.00	\$28.06	\$4,368.27	\$5,106.92	\$87	1.71%	0.1%	0.1%
595					\$17,460.46	\$16,695.70	\$286	1.71%	0.4%	0.4%
	TOTAL FINANCIAL				\$298,485.19	\$304,598.67	\$4,626	1.52%	7.0%	7.9%
	UTILITIES									
	TELEPHONE									
550	AT&T INC	03/23/11	\$28.01	\$31.41	\$15,405.45	\$17,275.50	\$946	5.48%	0.4%	0.5%
150	AT&T INC	03/31/11	\$30.70	\$31.41	\$4,605.06	\$4,711.50	\$258	5.48%	0.1%	0.1%
100	AT&T INC	04/04/11	\$30.72	\$31.41	\$3,072.15	\$3,141.00	\$172	5.48%	0.1%	0.1%
500	AT&T INC	04/07/11	\$30.48	\$31.41	\$15,241.05	\$15,705.00	\$860	5.48%	0.4%	0.4%
1,300					\$38,323.71	\$40,833.00	\$2,236	5.48%	0.9%	1.1%
275	CENTURYLINK INC	10/05/10	\$19.91	\$40.43	\$10,974.67	\$11,118.25	\$798	7.17%	0.3%	0.3%
200	CENTURYLINK INC	04/20/11	\$19.64	\$40.43	\$7,928.90	\$8,086.00	\$580	7.17%	0.2%	0.2%
475					\$18,903.57	\$19,204.25	\$1,378	7.17%	0.4%	0.5%
800	SPRINT NEXTEL CORP	03/23/11	\$4.42	\$5.39	\$3,532.40	\$4,312.00	\$0	0.00%	0.1%	0.1%
700	SPRINT NEXTEL CORP	04/14/11	\$4.91	\$5.39	\$3,435.88	\$3,773.00	\$0	0.00%	0.1%	0.1%
700	SPRINT NEXTEL CORP	04/29/11	\$5.31	\$5.39	\$3,714.48	\$3,773.00	\$0	0.00%	0.1%	0.1%
2,200					\$10,682.76	\$11,858.00	\$0	0.00%	0.3%	0.3%
	Total				\$67,910.04	\$71,895.25	\$3,614	5.03%	1.6%	1.9%
	ELECTRIC COMPANIES									
125	DTE ENERGY COMPANY	03/23/11	\$17.57	\$50.02	\$5,946.02	\$6,252.50	\$294	4.70%	0.1%	0.2%

MENTAL WELLNESS FOUNDATION, INC (888-84260)**Portfolio Valuation**

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
TOTAL UTILITIES										
			\$73,856.06		\$78,147.75		\$3,907	5.00%	1.8%	2.0%
CONSUMER GROWTH										
ENTERTAINMENT										
25	ROYAL CARIBBEAN CRUISES LTD	RCL	01/21/10	\$26.73	\$37.64	\$668.28	\$941.00	0.00%	0.0%	0.0%
100	ROYAL CARIBBEAN CRUISES LTD		03/12/10	\$30.88	\$37.64	\$3,088.27	\$3,764.00	0.00%	0.1%	0.1%
100	ROYAL CARIBBEAN CRUISES LTD		06/10/11	\$33.53	\$37.64	\$3,352.65	\$3,764.00	0.00%	0.1%	0.1%
225					\$7,109.20	\$8,469.00	\$0	0.00%	0.2%	0.2%
250	THE WALT DISNEY CO.	DIS	03/05/09	\$16.43	\$39.04	\$4,107.18	\$9,760.00	1.02%	0.2%	0.3%
200	THE WALT DISNEY CO.		05/10/10	\$15.26	\$39.04	\$7,052.12	\$7,808.00	1.02%	0.2%	0.2%
100	THE WALT DISNEY CO.		06/02/10	\$14.36	\$39.04	\$3,435.87	\$3,904.00	1.02%	0.1%	0.1%
550					\$14,595.17	\$21,472.00	\$220	1.02%	0.5%	0.6%
300	VIACOM INC-CLASS B	VIA/B	11/23/10	\$17.39	\$51.00	\$11,215.68	\$15,300.00	1.96%	0.4%	0.4%
100	VIACOM INC-CLASS B		05/31/11	\$50.20	\$51.00	\$5,019.72	\$5,100.00	1.96%	0.1%	0.1%
100	VIACOM INC-CLASS B		06/08/11	\$48.55	\$51.00	\$4,855.15	\$5,100.00	1.96%	0.1%	0.1%
500					\$21,090.55	\$25,500.00	\$500	1.96%	0.6%	0.7%
Total										
			\$42,794.92		\$55,441.00		\$720	1.30%	1.3%	1.4%
MISC. CONSUMER GROWTH										
125	HCA HOLDINGS INC	HCA	03/25/11	\$12.92	\$33.00	\$4,115.41	\$4,125.00	0.00%	0.1%	0.1%
150	HCA HOLDINGS INC		05/19/11	\$14.91	\$33.00	\$5,236.58	\$4,950.00	0.00%	0.1%	0.1%
275					\$9,351.99	\$9,075.00	\$0	0.00%	0.2%	0.2%
RADIO - TV BROADCASTING										
175	COMCAST CORP-CLA	CMCSA	03/09/10	\$17.49	\$25.34	\$3,061.38	\$4,434.50	1.78%	0.1%	0.1%
275	COMCAST CORP-CLA		03/18/10	\$17.72	\$25.34	\$4,872.40	\$6,968.50	1.78%	0.2%	0.2%
350	COMCAST CORP-CLA		04/19/10	\$18.38	\$25.34	\$6,433.14	\$8,869.00	1.78%	0.2%	0.2%
50	COMCAST CORP-CLA		05/04/10	\$19.85	\$25.34	\$992.53	\$1,267.00	1.78%	0.0%	0.0%
94	COMCAST CORP-CLA		06/02/10	\$18.34	\$25.34	\$1,723.72	\$2,381.96	1.78%	0.1%	0.1%
56	COMCAST CORP-CLA		01/27/11	\$23.44	\$25.34	\$1,312.55	\$1,419.04	1.78%	0.0%	0.0%
225	COMCAST CORP-CLA		02/22/11	\$25.27	\$25.34	\$5,685.75	\$5,701.50	1.78%	0.1%	0.1%
125	COMCAST CORP-CLA		03/24/11	\$14.54	\$25.34	\$3,067.05	\$3,167.50	1.78%	0.1%	0.1%
300	COMCAST CORP-CLA		03/29/11	\$14.56	\$25.34	\$7,368.96	\$7,602.00	1.78%	0.2%	0.2%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
1,650					\$34,517.48	\$41,811.00	\$742	1.78%	1.0%	1.1%
75	DIRECTV-CLASS A	04/30/10	\$36.68	\$50.82	\$2,750.68	\$3,811.50	\$0	0.00%	0.1%	0.1%
150	DIRECTV-CLASS A	01/07/11	\$42.00	\$50.82	\$6,300.26	\$7,623.00	\$0	0.00%	0.2%	0.2%
100	DIRECTV-CLASS A	01/18/11	\$42.63	\$50.82	\$4,262.94	\$5,082.00	\$0	0.00%	0.1%	0.1%
325					\$13,313.88	\$16,516.50	\$0	0.00%	0.4%	0.4%
29	TIME WARNER CABLE	04/24/09	\$77.47	\$78.04	\$796.68	\$2,263.16	\$0	0.00%	0.1%	0.1%
246	TIME WARNER CABLE	12/03/09	\$42.71	\$78.04	\$10,506.86	\$19,197.84	\$0	0.00%	0.4%	0.5%
275					\$11,303.54	\$21,461.00	\$0	0.00%	0.5%	0.6%
	Total				\$59,134.90	\$79,788.50	\$742	0.93%	1.8%	2.1%
	PUBLISHING - NEWSPAPERS									
400	GANNETT CO	09/13/10	\$13.48	\$14.32	\$5,392.52	\$5,728.00	\$64	1.12%	0.1%	0.1%
85	NEWS CORP	02/10/09	\$6.55	\$17.70	\$556.85	\$1,504.50	\$13	0.85%	0.0%	0.0%
260	NEWS CORP	04/20/09	\$7.81	\$17.70	\$2,030.47	\$4,602.00	\$39	0.85%	0.1%	0.1%
340	NEWS CORP	07/07/09	\$8.34	\$17.70	\$2,835.77	\$6,018.00	\$51	0.85%	0.1%	0.2%
300	NEWS CORP	07/15/09	\$8.79	\$17.70	\$2,636.82	\$5,310.00	\$45	0.85%	0.1%	0.1%
255	NEWS CORP	06/23/10	\$13.40	\$17.70	\$3,416.26	\$4,513.50	\$38	0.85%	0.1%	0.1%
525	NEWS CORP	06/24/10	\$12.94	\$17.70	\$6,791.19	\$9,292.50	\$79	0.85%	0.2%	0.2%
260	NEWS CORP	10/07/10	\$13.48	\$17.70	\$3,505.45	\$4,602.00	\$39	0.85%	0.1%	0.1%
2,025					\$21,772.81	\$35,842.50	\$304	0.85%	0.8%	0.9%
	Total				\$27,165.33	\$41,570.50	\$368	0.88%	1.0%	1.1%
	PUBLISHING									
12	GOOGLE INC-CLA	01/03/07	\$464.87	\$506.38	\$5,578.45	\$6,076.56	\$0	0.00%	0.1%	0.2%
25	GOOGLE INC-CLA	06/12/07	\$508.70	\$506.38	\$12,717.61	\$12,659.50	\$0	0.00%	0.3%	0.3%
30	GOOGLE INC-CLA	02/06/08	\$508.18	\$506.38	\$15,245.27	\$15,191.40	\$0	0.00%	0.3%	0.4%
25	GOOGLE INC-CLA	07/23/08	\$482.65	\$506.38	\$12,066.13	\$12,659.50	\$0	0.00%	0.3%	0.3%
10	GOOGLE INC-CLA	03/01/10	\$511.05	\$506.38	\$5,310.48	\$5,063.80	\$0	0.00%	0.1%	0.1%
8	GOOGLE INC-CLA	03/29/11	\$579.81	\$506.38	\$4,638.48	\$4,051.04	\$0	0.00%	0.1%	0.1%
110					\$55,556.42	\$55,701.80	\$0	0.00%	1.3%	1.5%
	DRUGS									
200	ASTRAZENECA PLC-SPONS ADR	05/13/10	\$43.12	\$50.07	\$8,623.28	\$10,014.00	\$740	7.39%	0.2%	0.3%

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
150	ASTRAZENECA PLC-SPONS ADR	06/10/10	\$43.69	\$50.07	\$6,552.87	\$7,510.50	\$555	7.39%	0.2%	0.2%
75	ASTRAZENECA PLC-SPONS ADR	06/22/10	\$45.41	\$50.07	\$3,405.82	\$3,755.25	\$278	7.39%	0.1%	0.1%
200	ASTRAZENECA PLC-SPONS ADR	11/30/10	\$46.96	\$50.07	\$9,392.88	\$10,014.00	\$740	7.39%	0.2%	0.3%
50	ASTRAZENECA PLC-SPONS ADR	12/10/10	\$47.78	\$50.07	\$2,388.75	\$2,503.50	\$185	7.39%	0.1%	0.1%
100	ASTRAZENECA PLC-SPONS ADR	02/18/11	\$49.32	\$50.07	\$4,932.01	\$5,007.00	\$370	7.39%	0.1%	0.1%
775					\$35,295.61	\$38,804.25	\$2,868	7.39%	0.9%	1.0%
75	CELGENE CORP	03/17/08	\$5.468	\$60.32	\$4,101.01	\$4,524.00	\$0	0.00%	0.1%	0.1%
75	CELGENE CORP	05/12/10	\$59.64	\$60.32	\$4,473.11	\$4,524.00	\$0	0.00%	0.1%	0.1%
75	CELGENE CORP	07/16/10	\$52.59	\$60.32	\$3,944.58	\$4,524.00	\$0	0.00%	0.1%	0.1%
75	CELGENE CORP	02/16/11	\$53.77	\$60.32	\$4,032.75	\$4,524.00	\$0	0.00%	0.1%	0.1%
75	CELGENE CORP	03/29/11	\$55.36	\$60.32	\$4,151.66	\$4,524.00	\$0	0.00%	0.1%	0.1%
75	CELGENE CORP	04/29/11	\$59.42	\$60.32	\$4,456.67	\$4,524.00	\$0	0.00%	0.1%	0.1%
450					\$25,159.78	\$27,144.00	\$0	0.00%	0.6%	0.7%
1	GILEAD SCIENCES INC	02/22/06	\$30.47	\$41.41	\$30.47	\$41.41	\$0	0.00%	0.0%	0.0%
30	GILEAD SCIENCES INC	08/15/06	\$30.98	\$41.41	\$929.37	\$1,242.30	\$0	0.00%	0.0%	0.0%
65	GILEAD SCIENCES INC	03/14/07	\$34.47	\$41.41	\$2,240.86	\$2,691.65	\$0	0.00%	0.1%	0.1%
6	GILEAD SCIENCES INC	11/28/07	\$45.32	\$41.41	\$271.90	\$248.46	\$0	0.00%	0.0%	0.0%
75	GILEAD SCIENCES INC	02/08/10	\$46.24	\$41.41	\$3,467.68	\$3,105.75	\$0	0.00%	0.1%	0.1%
100	GILEAD SCIENCES INC	03/29/10	\$46.19	\$41.41	\$4,618.67	\$4,141.00	\$0	0.00%	0.1%	0.1%
224	GILEAD SCIENCES INC	04/12/10	\$45.95	\$41.41	\$10,291.97	\$9,275.84	\$0	0.00%	0.2%	0.2%
75	GILEAD SCIENCES INC	04/15/10	\$45.52	\$41.41	\$3,414.20	\$3,105.75	\$0	0.00%	0.1%	0.1%
95	GILEAD SCIENCES INC	10/22/10	\$38.86	\$41.41	\$3,692.08	\$3,933.95	\$0	0.00%	0.1%	0.1%
75	GILEAD SCIENCES INC	03/29/11	\$41.86	\$41.41	\$3,139.76	\$3,105.75	\$0	0.00%	0.1%	0.1%
746					\$32,096.96	\$30,891.86	\$0	0.00%	0.7%	0.8%
300	PFIZER INC	05/18/07	\$27.40	\$20.60	\$8,220.42	\$6,180.00	\$240	3.88%	0.1%	0.2%
200	PFIZER INC	07/13/07	\$25.97	\$20.60	\$5,194.20	\$4,120.00	\$160	3.88%	0.1%	0.1%
1,200	PFIZER INC	11/28/07	\$23.10	\$20.60	\$27,718.32	\$24,720.00	\$960	3.88%	0.6%	0.6%
300	PFIZER INC	06/05/09	\$14.70	\$20.60	\$4,410.72	\$6,180.00	\$240	3.88%	0.1%	0.2%
300	PFIZER INC	06/26/09	\$15.28	\$20.60	\$4,583.76	\$6,180.00	\$240	3.88%	0.1%	0.2%
300	PFIZER INC	08/19/10	\$15.96	\$20.60	\$4,788.30	\$6,180.00	\$240	3.88%	0.1%	0.2%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)
Portfolio Valuation

As of June 30, 2011
Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
200	PZIFR INC	11/11/10	\$16.87	\$20.60	\$3,373.62	\$4,120.00	\$160	3.88%	0.1%	0.1%
200	PZIFR INC	06/08/11	\$20.67	\$20.60	\$4,133.30	\$4,120.00	\$160	3.88%	0.1%	0.1%
3,000					\$62,422.64	\$61,800.00	\$2,400	3.88%	1.4%	1.6%
	Total				\$154,974.99	\$158,640.11	\$5,268	3.32%	3.6%	4.1%
	HOSPITAL SUPPLIES									
25	ALLERGAN INC	11/19/10	\$68.51	\$83.25	\$1,712.79	\$2,081.25	\$5	0.24%	0.0%	0.1%
50	ALLERGAN INC	12/31/10	\$68.97	\$83.25	\$3,448.65	\$4,162.50	\$10	0.24%	0.1%	0.1%
75	ALLERGAN INC	02/10/11	\$72.78	\$83.25	\$5,458.18	\$6,243.75	\$15	0.24%	0.1%	0.2%
50	ALLERGAN INC	02/11/11	\$73.90	\$83.25	\$3,694.86	\$4,162.50	\$10	0.24%	0.1%	0.1%
50	ALLERGAN INC	03/23/11	\$68.24	\$83.25	\$3,412.04	\$4,162.50	\$10	0.24%	0.1%	0.1%
50	ALLERGAN INC	04/25/11	\$77.96	\$83.25	\$3,897.89	\$4,162.50	\$10	0.24%	0.1%	0.1%
300					\$21,624.41	\$24,975.00	\$60	0.24%	0.6%	0.7%
125	JOHNSON & JOHNSON	06/24/10	\$59.51	\$66.52	\$7,438.35	\$8,315.00	\$285	3.43%	0.2%	0.2%
275	JOHNSON & JOHNSON	06/29/10	\$59.10	\$66.52	\$16,253.14	\$18,293.00	\$627	3.43%	0.4%	0.5%
50	JOHNSON & JOHNSON	08/20/10	\$58.56	\$66.52	\$2,928.01	\$3,326.00	\$114	3.43%	0.1%	0.1%
200	JOHNSON & JOHNSON	10/04/10	\$61.56	\$66.52	\$12,311.16	\$13,304.00	\$456	3.43%	0.3%	0.3%
50	JOHNSON & JOHNSON	12/06/10	\$62.31	\$66.52	\$3,115.27	\$3,326.00	\$114	3.43%	0.1%	0.1%
100	JOHNSON & JOHNSON	03/24/11	\$58.87	\$66.52	\$5,886.72	\$6,652.00	\$228	3.43%	0.2%	0.2%
800					\$47,932.65	\$53,216.00	\$1,824	3.43%	1.2%	1.4%
	Total				\$69,557.06	\$78,191.00	\$1,884	2.41%	1.8%	2.0%
	MEDICAL PRODUCTS									
125	COVIDIEN PLC	05/23/11	\$5.77	\$53.23	\$6,971.85	\$6,653.75	\$100	1.50%	0.2%	0.2%
	OTHER MEDICAL									
100	EXPRESS SCRIPTS INC	05/04/10	\$5.03	\$53.98	\$5,003.18	\$5,398.00	\$0	0.00%	0.1%	0.1%
100	EXPRESS SCRIPTS INC	06/11/10	\$5.281	\$53.98	\$5,281.45	\$5,398.00	\$0	0.00%	0.1%	0.1%
50	EXPRESS SCRIPTS INC	09/16/10	\$46.22	\$53.98	\$2,311.11	\$2,699.00	\$0	0.00%	0.1%	0.1%
50	EXPRESS SCRIPTS INC	10/08/10	\$48.13	\$53.98	\$2,406.38	\$2,699.00	\$0	0.00%	0.1%	0.1%
50	EXPRESS SCRIPTS INC	12/09/10	\$54.13	\$53.98	\$2,706.50	\$2,699.00	\$0	0.00%	0.1%	0.1%
75	EXPRESS SCRIPTS INC	03/29/11	\$55.12	\$53.98	\$4,133.83	\$4,048.50	\$0	0.00%	0.1%	0.1%
75	EXPRESS SCRIPTS INC	05/02/11	\$58.34	\$53.98	\$4,375.15	\$4,048.50	\$0	0.00%	0.1%	0.1%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
100	EXPRESS SCRIPTS INC	05/20/11	\$60.02	\$53.98	\$6,001.76	\$5,398.00	\$0	0.00%	0.1%	0.1%
600					\$32,219.36	\$32,388.00	\$0	0.00%	0.7%	0.8%
	TOTAL CONSUMER GROWTH				\$457,726.82	\$517,449.66	\$9,082	1.76%	11.9%	13.5%
	CONSUMER STAPLES									
	SOAPS									
175	PROCTER & GAMBLE CO	03/23/11	\$60.72	\$63.57	\$10,626.58	\$11,124.75	\$368	3.30%	0.3%	0.3%
50	PROCTER & GAMBLE CO	04/14/11	\$63.20	\$63.57	\$3,159.93	\$3,178.50	\$105	3.30%	0.1%	0.1%
50	PROCTER & GAMBLE CO	04/19/11	\$63.72	\$63.57	\$3,186.14	\$3,178.50	\$105	3.30%	0.1%	0.1%
275					\$16,972.65	\$17,481.75	\$578	3.30%	0.4%	0.5%
	FOODS									
75	BUNGE LTD	04/27/09	\$46.79	\$68.95	\$3,509.02	\$5,171.25	\$69	1.33%	0.1%	0.1%
75	BUNGE LTD	11/13/09	\$58.16	\$68.95	\$4,362.26	\$5,171.25	\$69	1.33%	0.1%	0.1%
125	BUNGE LTD	07/16/10	\$53.21	\$68.95	\$6,651.04	\$8,618.75	\$115	1.33%	0.2%	0.2%
50	BUNGE LTD	08/02/10	\$52.12	\$68.95	\$2,605.76	\$3,447.50	\$46	1.33%	0.1%	0.1%
325					\$17,128.08	\$22,408.75	\$299	1.33%	0.5%	0.6%
150	GENERAL MILLS INC	05/16/11	\$39.56	\$37.22	\$5,934.08	\$5,583.00	\$183	3.28%	0.1%	0.1%
100	GENERAL MILLS INC	05/19/11	\$39.89	\$37.22	\$3,988.82	\$3,722.00	\$122	3.28%	0.1%	0.1%
250					\$9,922.90	\$9,305.00	\$305	3.28%	0.2%	0.2%
125	SMITHFIELD FOODS INC	06/03/10	\$17.79	\$21.87	\$2,223.47	\$2,733.75	\$0	0.00%	0.1%	0.1%
200	SMITHFIELD FOODS INC	05/19/11	\$20.58	\$21.87	\$4,116.76	\$4,374.00	\$0	0.00%	0.1%	0.1%
325					\$6,340.23	\$7,107.75	\$0	0.00%	0.2%	0.2%
325	TYSON FOODS INC-CLA	05/02/11	\$19.86	\$19.42	\$6,453.85	\$6,311.50	\$52	0.82%	0.1%	0.2%
275	TYSON FOODS INC-CLA	06/30/11	\$19.41	\$19.42	\$5,338.96	\$5,340.50	\$44	0.82%	0.1%	0.1%
600					\$11,792.81	\$11,652.00	\$96	0.82%	0.3%	0.3%
	Total				\$45,184.02	\$50,473.50	\$700	1.39%	1.2%	1.3%
	RESTAURANTS									
125	STARBUCKS CORP	09/07/10	\$24.81	\$39.49	\$3,101.21	\$4,936.25	\$65	1.32%	0.1%	0.1%
175	STARBUCKS CORP	10/07/10	\$26.00	\$39.49	\$4,549.62	\$6,910.75	\$91	1.32%	0.2%	0.2%
100	STARBUCKS CORP	10/29/10	\$28.56	\$39.49	\$2,855.95	\$3,949.00	\$52	1.32%	0.1%	0.1%
100	STARBUCKS CORP	11/08/10	\$30.66	\$39.49	\$3,066.36	\$3,949.00	\$52	1.32%	0.1%	0.1%

Bernstein Global Wealth Management

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	estimated Annual Income	Yield	% of Portfolio	% of Asset Class
150	STARBUCKS CORP	04/29/11	\$36.25	\$39.49	\$5,437.31	\$5,923.50	\$78	1.32%	0.1%	0.2%
650					\$19,010.45	\$25,668.50	\$338	1.32%	0.6%	0.7%
	TOTAL CONSUMER STAPLES				\$81,167.12	\$93,623.75	\$1,616	1.73%	2.1%	2.4%
	CONSUMER CYCLICALS									
	AUTOS & AUTO PARTS OEMS									
100	BORGWARNER INC	02/14/11	\$79.29	\$80.79	\$7,928.61	\$8,079.00	\$0	0.00%	0.2%	0.2%
125	BORGWARNER INC	03/23/11	\$74.56	\$80.79	\$9,320.31	\$10,098.75	\$0	0.00%	0.2%	0.3%
75	BORGWARNER INC	06/20/11	\$72.88	\$80.79	\$5,466.16	\$6,059.25	\$0	0.00%	0.1%	0.2%
300					\$22,715.08	\$24,237.00	\$0	0.00%	0.6%	0.6%
425	FORD MOTOR CO	04/21/10	\$14.08	\$13.79	\$5,984.13	\$5,860.75	\$0	0.00%	0.1%	0.2%
175	GENERAL MOTORS CO	11/18/10	\$14.00	\$30.36	\$5,949.90	\$5,313.00	\$0	0.00%	0.1%	0.1%
275	GENERAL MOTORS CO	06/08/11	\$28.91	\$30.36	\$7,949.84	\$8,349.00	\$0	0.00%	0.2%	0.2%
450					\$13,899.74	\$13,662.00	\$0	0.00%	0.3%	0.4%
225	JOHNSON CONTROLS INC	08/10/09	\$26.11	\$41.66	\$5,874.03	\$9,373.50	\$144	1.54%	0.2%	0.2%
100	JOHNSON CONTROLS INC	11/12/09	\$26.79	\$41.66	\$2,679.08	\$4,166.00	\$64	1.54%	0.1%	0.1%
100	JOHNSON CONTROLS INC	04/29/10	\$14.22	\$41.66	\$3,422.03	\$4,166.00	\$64	1.54%	0.1%	0.1%
125	JOHNSON CONTROLS INC	05/04/10	\$32.43	\$41.66	\$4,053.45	\$5,207.50	\$80	1.54%	0.1%	0.1%
100	JOHNSON CONTROLS INC	09/01/10	\$27.54	\$41.66	\$2,754.38	\$4,166.00	\$64	1.54%	0.1%	0.1%
100	JOHNSON CONTROLS INC	06/02/11	\$38.07	\$41.66	\$3,807.45	\$4,166.00	\$64	1.54%	0.1%	0.1%
750					\$22,590.42	\$31,245.00	\$480	1.54%	0.7%	0.8%
125	TRW AUTOMOTIVE HOLDINGS CORP	05/26/11	\$54.81	\$59.03	\$6,851.10	\$7,378.75	\$0	0.00%	0.2%	0.2%
	Total				\$72,040.47	\$82,383.50	\$480	0.58%	1.9%	2.1%
	RETAILERS									
50	AMAZON.COM INC	07/07/10	\$110.04	\$204.49	\$5,501.94	\$10,224.50	\$0	0.00%	0.2%	0.3%
25	AMAZON.COM INC	07/13/10	\$122.82	\$204.49	\$3,070.43	\$5,112.25	\$0	0.00%	0.1%	0.1%
30	AMAZON.COM INC	01/31/11	\$169.43	\$204.49	\$5,082.85	\$6,134.70	\$0	0.00%	0.1%	0.2%
25	AMAZON.COM INC	03/23/11	\$163.56	\$204.49	\$4,089.10	\$5,112.25	\$0	0.00%	0.1%	0.1%
130					\$17,744.32	\$26,583.70	\$0	0.00%	0.6%	0.7%
250	GAMESTOP CORP	04/18/11	\$25.91	\$26.67	\$6,476.70	\$6,667.50	\$0	0.00%	0.2%	0.2%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
200	GAP INC/THE	02/25/10	\$20.10	\$18.10	\$4,020.30	\$3,620.00	\$90	2.49%	0.1%	0.1%
200	GAP INC/THE	04/19/10	\$24.98	\$18.10	\$4,995.48	\$3,620.00	\$90	2.49%	0.1%	0.1%
400					\$9,015.78	\$7,240.00	\$180	2.49%	0.2%	0.2%
1,000	KROGER CO	02/03/11	\$21.94	\$24.80	\$21,935.40	\$24,800.00	\$420	1.69%	0.6%	0.6%
175	LIMITED BRANDS INC	11/23/10	\$33.06	\$38.45	\$5,785.32	\$6,728.75	\$822	12.22%	0.2%	0.2%
100	LIMITED BRANDS INC	01/04/11	\$30.06	\$38.45	\$3,006.06	\$3,845.00	\$470	12.22%	0.1%	0.1%
100	LIMITED BRANDS INC	01/07/11	\$28.69	\$38.45	\$2,869.28	\$3,845.00	\$470	12.22%	0.1%	0.1%
100	LIMITED BRANDS INC	03/29/11	\$32.42	\$38.45	\$3,242.23	\$3,845.00	\$470	12.22%	0.1%	0.1%
475					\$14,902.89	\$18,263.75	\$2,232	12.22%	0.4%	0.5%
220	LOWE'S COS INC	05/05/10	\$26.79	\$23.31	\$5,894.07	\$5,128.20	\$123	2.40%	0.1%	0.1%
225	LOWE'S COS INC	12/09/10	\$25.13	\$23.31	\$5,653.94	\$5,244.75	\$126	2.40%	0.1%	0.1%
250	LOWE'S COS INC	12/10/10	\$25.34	\$23.31	\$6,335.78	\$5,827.50	\$140	2.40%	0.1%	0.2%
275	LOWE'S COS INC	02/18/11	\$26.20	\$23.31	\$7,204.12	\$6,410.25	\$154	2.40%	0.1%	0.2%
150	LOWE'S COS INC	03/23/11	\$26.67	\$23.31	\$4,000.70	\$3,496.50	\$84	2.40%	0.1%	0.1%
1,120					\$29,088.61	\$26,107.20	\$627	2.40%	0.6%	0.7%
800	OFFICE DEPOT INC	10/16/09	\$7.57	\$4.22	\$6,052.40	\$3,376.00	\$0	0.00%	0.1%	0.1%
600	OFFICE DEPOT INC	12/01/09	\$6.36	\$4.22	\$3,817.38	\$2,532.00	\$0	0.00%	0.1%	0.1%
1,400					\$9,869.78	\$5,908.00	\$0	0.00%	0.1%	0.2%
Total					\$109,033.48	\$115,570.15	\$3,460	2.99%	2.7%	3.0%
TOTAL CONSUMER CYCLICALS					\$181,073.95	\$197,953.65	\$3,940	1.99%	4.5%	5.2%
INDUSTRIAL RESOURCES										
ALUMINUM										
275	ALCOA INC	11/05/10	\$13.96	\$15.86	\$3,837.85	\$4,361.50	\$33	0.76%	0.1%	0.1%
425	ALCOA INC	12/03/10	\$14.18	\$15.86	\$6,027.90	\$6,740.50	\$51	0.76%	0.2%	0.2%
200	ALCOA INC	06/02/11	\$16.21	\$15.86	\$3,241.78	\$3,172.00	\$24	0.76%	0.1%	0.1%
900					\$13,107.53	\$14,274.00	\$108	0.76%	0.3%	0.4%
CHEMICALS										
50	DOW CHEMICAL	06/07/10	\$25.03	\$36.00	\$1,251.62	\$1,800.00	\$50	2.78%	0.0%	0.0%
150	DOW CHEMICAL	06/09/10	\$26.05	\$36.00	\$3,907.40	\$5,400.00	\$150	2.78%	0.1%	0.1%

Bernstein Global Wealth Management

MENTAL WELLNESS FOUNDATION, INC (888-84260)**Portfolio Valuation**

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
200	DOW CHEMICAL	08/04/10	\$25.58	\$36.00	\$5,115.32	\$7,200.00	\$200	2.78%	0.2%	0.2%
100	DOW CHEMICAL	09/16/10	\$26.29	\$36.00	\$2,628.51	\$3,600.00	\$100	2.78%	0.1%	0.1%
275	DOW CHEMICAL	01/03/11	\$34.93	\$36.00	\$9,605.34	\$9,900.00	\$275	2.78%	0.2%	0.3%
150	DOW CHEMICAL	02/02/11	\$36.48	\$36.00	\$5,471.64	\$5,400.00	\$150	2.78%	0.1%	0.1%
100	DOW CHEMICAL	03/29/11	\$37.34	\$36.00	\$3,733.85	\$3,600.00	\$100	2.78%	0.1%	0.1%
1,025					\$31,713.68	\$36,900.00	\$1,025	2.78%	0.8%	1.0%
325	LYONDELLBASELL INDU-CLA	05/24/11	\$39.64	\$38.52	\$12,881.44	\$12,519.00	\$32	0.26%	0.3%	0.3%
75	POTASH CORP OF SASKATCHEWAN	12/20/10	\$46.50	\$56.99	\$3,487.68	\$4,274.25	\$21	0.49%	0.1%	0.1%
60	POTASH CORP OF SASKATCHEWAN	01/18/11	\$57.66	\$56.99	\$3,459.72	\$3,419.40	\$17	0.49%	0.1%	0.1%
165	POTASH CORP OF SASKATCHEWAN	05/06/11	\$53.47	\$56.99	\$8,822.62	\$9,403.35	\$46	0.49%	0.2%	0.2%
300					\$15,770.02	\$17,097.00	\$84	0.49%	0.4%	0.4%
	Total				\$60,365.14	\$66,516.00	\$1,142	1.72%	1.5%	1.7%
	FERTILIZERS									
100	MONSANTO CO	08/06/10	\$60.42	\$72.54	\$6,041.86	\$7,254.00	\$112	1.54%	0.2%	0.2%
75	MONSANTO CO	08/25/10	\$55.24	\$72.54	\$4,143.37	\$5,440.50	\$84	1.54%	0.1%	0.1%
75	MONSANTO CO	02/02/11	\$75.38	\$72.54	\$5,653.71	\$5,440.50	\$84	1.54%	0.1%	0.1%
75	MONSANTO CO	02/17/11	\$73.85	\$72.54	\$5,538.60	\$5,440.50	\$84	1.54%	0.1%	0.1%
50	MONSANTO CO	03/23/11	\$69.53	\$72.54	\$3,476.70	\$3,627.00	\$56	1.54%	0.1%	0.1%
75	MONSANTO CO	04/06/11	\$69.77	\$72.54	\$5,232.44	\$5,440.50	\$84	1.54%	0.1%	0.1%
50	MONSANTO CO	04/07/11	\$68.44	\$72.54	\$3,422.21	\$3,627.00	\$56	1.54%	0.1%	0.1%
50	MONSANTO CO	04/19/11	\$66.66	\$72.54	\$3,333.19	\$3,627.00	\$56	1.54%	0.1%	0.1%
50	MONSANTO CO	06/02/11	\$68.87	\$72.54	\$3,443.47	\$3,627.00	\$56	1.54%	0.1%	0.1%
600					\$40,285.55	\$43,524.00	\$672	1.54%	1.0%	1.1%
	TOTAL INDUSTRIAL RESOURCES				\$113,758.22	\$124,314.00	\$1,922	1.55%	2.9%	3.2%
	CAPITAL EQUIPMENT									
	ELECTRICAL EQUIPMENT									
94	COOPER INDUSTRIES PLC	10/07/09	\$37.87	\$59.67	\$3,559.72	\$5,608.98	\$109	1.94%	0.1%	0.1%
75	COOPER INDUSTRIES PLC	10/28/09	\$39.58	\$59.67	\$2,968.27	\$4,475.25	\$87	1.94%	0.1%	0.1%
56	COOPER INDUSTRIES PLC	04/29/10	\$50.55	\$59.67	\$2,830.88	\$3,341.52	\$65	1.94%	0.1%	0.1%
50	COOPER INDUSTRIES PLC	04/14/11	\$66.11	\$59.67	\$3,305.60	\$2,983.50	\$58	1.94%	0.1%	0.1%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
275					\$12,664.47	\$16,409.25	\$319	1.94%	0.4%	0.4%
75	GENERAL ELECTRIC CO	12/03/09	\$16.16	\$18.86	\$1,212.28	\$1,414.50	\$45	3.18%	0.0%	0.0%
300	GENERAL ELECTRIC CO	01/26/10	\$16.58	\$18.86	\$4,973.01	\$5,658.00	\$180	3.18%	0.1%	0.1%
300	GENERAL ELECTRIC CO	02/02/10	\$16.36	\$18.86	\$4,907.88	\$5,658.00	\$180	3.18%	0.1%	0.1%
200	GENERAL ELECTRIC CO	03/09/10	\$16.42	\$18.86	\$3,284.14	\$3,772.00	\$120	3.18%	0.1%	0.1%
875					\$14,377.31	\$16,502.50	\$525	3.18%	0.4%	0.4%
	Total				\$27,041.78	\$32,911.75	\$844	2.56%	0.8%	0.9%
	MACHINERY									
50	FLOWERVE CORP	10/25/10	\$116.12	\$109.89	\$5,805.95	\$5,494.50	\$64	1.16%	0.1%	0.1%
50	FLOWERVE CORP	12/09/10	\$113.56	\$109.89	\$5,678.04	\$5,494.50	\$64	1.16%	0.1%	0.1%
25	FLOWERVE CORP	03/23/11	\$124.14	\$109.89	\$3,103.39	\$2,747.25	\$32	1.16%	0.1%	0.1%
25	FLOWERVE CORP	04/13/11	\$127.33	\$109.89	\$3,183.35	\$2,747.25	\$32	1.16%	0.1%	0.1%
25	FLOWERVE CORP	04/25/11	\$132.98	\$109.89	\$3,324.47	\$2,747.25	\$32	1.16%	0.1%	0.1%
175					\$21,095.20	\$19,230.75	\$224	1.16%	0.4%	0.5%
	MISC. CAPITAL GOODS									
40	DANAHER CORP	06/22/09	\$10.09	\$52.99	\$1,203.64	\$2,119.60	\$3	0.15%	0.0%	0.1%
310	DANAHER CORP	09/09/09	\$12.99	\$52.99	\$10,228.00	\$16,426.90	\$25	0.15%	0.4%	0.4%
100	DANAHER CORP	04/01/10	\$40.30	\$52.99	\$4,030.44	\$5,299.00	\$8	0.15%	0.1%	0.1%
100	DANAHER CORP	05/11/10	\$41.75	\$52.99	\$4,174.63	\$5,299.00	\$8	0.15%	0.1%	0.1%
75	DANAHER CORP	11/04/10	\$44.66	\$52.99	\$3,349.61	\$3,974.25	\$6	0.15%	0.1%	0.1%
75	DANAHER CORP	03/24/11	\$51.57	\$52.99	\$3,867.88	\$3,974.25	\$6	0.15%	0.1%	0.1%
700					\$26,854.20	\$37,093.00	\$56	0.15%	0.9%	1.0%
37	INGERSOLL-RAND PLC	11/09/09	\$14.58	\$45.41	\$1,279.44	\$1,680.17	\$18	1.06%	0.0%	0.0%
238	INGERSOLL-RAND PLC	03/23/10	\$35.99	\$45.41	\$8,566.71	\$10,807.58	\$114	1.06%	0.2%	0.3%
275					\$9,846.15	\$12,487.75	\$132	1.06%	0.3%	0.3%
125	STANLEY BLACK & DECKER INC	12/22/10	\$66.87	\$72.05	\$8,359.35	\$9,006.25	\$205	2.28%	0.2%	0.2%
50	STANLEY BLACK & DECKER INC	04/05/11	\$75.50	\$72.05	\$3,774.94	\$3,602.50	\$82	2.28%	0.1%	0.1%
50	STANLEY BLACK & DECKER INC	05/09/11	\$74.05	\$72.05	\$3,702.40	\$3,602.50	\$82	2.28%	0.1%	0.1%
225					\$15,836.69	\$16,211.25	\$369	2.28%	0.4%	0.4%
	Total				\$52,537.04	\$65,792.00	\$557	0.85%	1.5%	1.7%

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
DEFENSE										
15	NOC	03/26/09	\$40.40	\$69.35	\$606.03	\$1,040.25	\$30	2.88%	0.0%	0.0%
85		07/29/09	\$40.31	\$69.35	\$3,426.17	\$5,894.75	\$170	2.88%	0.1%	0.2%
100		08/20/09	\$43.15	\$69.35	\$4,314.88	\$6,935.00	\$200	2.88%	0.2%	0.2%
150		09/09/10	\$52.01	\$69.35	\$7,802.17	\$10,402.50	\$300	2.88%	0.2%	0.3%
200		12/03/10	\$57.36	\$69.35	\$11,471.27	\$13,870.00	\$400	2.88%	0.3%	0.4%
550					\$27,620.52	\$38,142.50	\$1,100	2.88%	0.9%	1.0%
150	RTN	02/25/10	\$55.44	\$49.85	\$8,316.67	\$7,477.50	\$258	3.45%	0.2%	0.2%
100		03/23/11	\$50.51	\$49.85	\$5,051.24	\$4,985.00	\$172	3.45%	0.1%	0.1%
75		04/20/11	\$48.69	\$49.85	\$3,651.38	\$3,738.75	\$129	3.45%	0.1%	0.1%
325					\$17,019.29	\$16,201.25	\$559	3.45%	0.4%	0.4%
	Total				\$44,639.81	\$54,343.75	\$1,659	3.05%	1.2%	1.4%
AEROSPACE-DEFENSE										
50	GR	04/07/10	\$70.40	\$95.50	\$3,520.13	\$4,775.00	\$58	1.21%	0.1%	0.1%
50		08/09/10	\$75.09	\$95.50	\$3,754.54	\$4,775.00	\$58	1.21%	0.1%	0.1%
50		08/30/10	\$70.25	\$95.50	\$3,512.51	\$4,775.00	\$58	1.21%	0.1%	0.1%
50		05/12/11	\$91.95	\$95.50	\$4,597.35	\$4,775.00	\$58	1.21%	0.1%	0.1%
200					\$15,384.53	\$19,100.00	\$232	1.21%	0.4%	0.5%
50	PCP	06/13/11	\$147.95	\$164.65	\$7,397.69	\$8,232.50	\$6	0.07%	0.2%	0.2%
	Total				\$22,782.22	\$27,332.50	\$238	0.87%	0.6%	0.7%
AUTO TRUCKS - PARTS										
150	LEA	06/28/10	\$35.34	\$53.48	\$5,300.44	\$8,022.00	\$75	0.93%	0.2%	0.2%
100		10/28/10	\$44.03	\$53.48	\$4,402.52	\$5,348.00	\$50	0.93%	0.1%	0.1%
250					\$9,702.96	\$13,370.00	\$125	0.93%	0.3%	0.3%
	Total				\$177,799.01	\$212,980.75	\$3,647	1.71%	4.9%	5.5%
TECHNOLOGY										
COMMUNICATION - EQUIP. MFRS.										
200	BRCM	11/11/09	\$28.03	\$33.64	\$5,606.84	\$6,728.00	\$0	0.00%	0.2%	0.2%
175		05/11/10	\$33.77	\$33.64	\$5,910.43	\$5,887.00	\$0	0.00%	0.1%	0.2%
75		06/10/10	\$32.80	\$33.64	\$2,459.66	\$2,523.00	\$0	0.00%	0.1%	0.1%

Portfolio Valuation

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
150	BROADCOM CORP-CL A	02/22/11	\$41.19	\$33.64	\$6,178.59	\$5,046.00	\$0	0.00%	0.1%	0.1%
150	BROADCOM CORP-CL A	05/05/11	\$14.31	\$33.64	\$5,145.98	\$5,046.00	\$0	0.00%	0.1%	0.1%
750					\$25,301.50	\$25,230.00	\$0	0.00%	0.6%	0.7%
325	CORNING INC	09/30/09	\$15.28	\$18.15	\$4,964.99	\$5,898.75	\$65	1.10%	0.1%	0.2%
325	CORNING INC	11/12/10	\$18.32	\$18.15	\$5,953.16	\$5,898.75	\$65	1.10%	0.1%	0.2%
200	CORNING INC	05/19/11	\$20.11	\$18.15	\$4,022.22	\$3,630.00	\$40	1.10%	0.1%	0.1%
850					\$14,940.37	\$15,427.50	\$170	1.10%	0.4%	0.4%
375	MARVELL TECHNOLOGY GROUP LT	10/29/10	\$19.13	\$14.77	\$7,174.88	\$5,536.88	\$0	0.00%	0.1%	0.1%
125	MARVELL TECHNOLOGY GROUP LT	11/22/10	\$19.96	\$14.77	\$2,495.33	\$1,845.63	\$0	0.00%	0.0%	0.0%
250	MARVELL TECHNOLOGY GROUP LT	05/19/11	\$14.43	\$14.77	\$3,606.93	\$3,691.25	\$0	0.00%	0.1%	0.1%
750					\$13,277.14	\$11,073.75	\$0	0.00%	0.3%	0.3%
125	QUALCOMM INC	01/27/11	\$54.96	\$56.79	\$6,869.99	\$7,098.75	\$108	1.51%	0.2%	0.2%
75	QUALCOMM INC	02/04/11	\$54.86	\$56.79	\$4,114.37	\$4,259.25	\$64	1.51%	0.1%	0.1%
75	QUALCOMM INC	02/15/11	\$58.71	\$56.79	\$4,403.44	\$4,259.25	\$64	1.51%	0.1%	0.1%
175	QUALCOMM INC	03/23/11	\$52.06	\$56.79	\$9,111.04	\$9,938.25	\$150	1.51%	0.2%	0.3%
100	QUALCOMM INC	04/19/11	\$53.22	\$56.79	\$5,322.15	\$5,679.00	\$86	1.51%	0.1%	0.1%
550					\$29,820.99	\$31,234.50	\$473	1.51%	0.7%	0.8%
175	RIVERBED TECHNOLOGY INC	02/07/11	\$18.22	\$39.59	\$6,689.27	\$6,928.25	\$0	0.00%	0.2%	0.2%
75	RIVERBED TECHNOLOGY INC	02/16/11	\$41.89	\$39.59	\$3,142.05	\$2,969.25	\$0	0.00%	0.1%	0.1%
100	RIVERBED TECHNOLOGY INC	04/14/11	\$14.20	\$39.59	\$3,420.33	\$3,959.00	\$0	0.00%	0.1%	0.1%
100	RIVERBED TECHNOLOGY INC	04/28/11	\$14.84	\$39.59	\$3,484.45	\$3,959.00	\$0	0.00%	0.1%	0.1%
100	RIVERBED TECHNOLOGY INC	05/06/11	\$14.46	\$39.59	\$3,445.81	\$3,959.00	\$0	0.00%	0.1%	0.1%
100	RIVERBED TECHNOLOGY INC	05/19/11	\$18.43	\$39.59	\$3,843.36	\$3,959.00	\$0	0.00%	0.1%	0.1%
650					\$24,025.27	\$25,733.50	\$0	0.00%	0.6%	0.7%
	Total				\$107,365.27	\$108,699.25	\$643	0.59%	2.5%	2.8%
	SEMICONDUCTORS									
150	LAM RESEARCH CORP	05/09/11	\$48.39	\$44.28	\$7,258.92	\$6,642.00	\$0	0.00%	0.2%	0.2%
200	MOTOROLA SOLUTIONS INC	03/23/11	\$42.61	\$46.04	\$8,521.84	\$9,208.00	\$0	0.00%	0.2%	0.2%
75	MOTOROLA SOLUTIONS INC	05/18/11	\$46.97	\$46.04	\$3,522.83	\$3,453.00	\$0	0.00%	0.1%	0.1%

Portfolio Valuation

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
275					\$12,044.67	\$12,661.00	\$0	0.00%	0.3%	0.3%
	Total				\$19,303.59	\$19,303.00	\$0	0.00%	0.4%	0.5%
	COMPUTERS									
80	AAPL	04/10/08	\$152.67	\$335.67	\$12,213.68	\$26,853.60	\$0	0.00%	0.6%	0.7%
95	APPLE INC	10/09/08	\$91.34	\$335.67	\$8,677.64	\$31,888.65	\$0	0.00%	0.7%	0.8%
25	APPLE INC	05/14/09	\$120.88	\$335.67	\$3,021.93	\$8,391.75	\$0	0.00%	0.2%	0.2%
22	APPLE INC	02/03/10	\$197.13	\$335.67	\$4,336.85	\$7,384.74	\$0	0.00%	0.2%	0.2%
28	APPLE INC	05/11/10	\$252.13	\$335.67	\$7,059.64	\$9,398.76	\$0	0.00%	0.2%	0.2%
250					\$35,309.74	\$83,917.50	\$0	0.00%	1.9%	2.2%
100	DELL INC	10/04/10	\$12.84	\$16.67	\$1,283.97	\$1,667.00	\$0	0.00%	0.0%	0.0%
300	DELL INC	10/06/10	\$13.23	\$16.67	\$3,969.24	\$5,001.00	\$0	0.00%	0.1%	0.1%
500	DELL INC	10/14/10	\$14.21	\$16.67	\$7,104.85	\$8,335.00	\$0	0.00%	0.2%	0.2%
300	DELL INC	02/01/11	\$13.50	\$16.67	\$4,049.01	\$5,001.00	\$0	0.00%	0.1%	0.1%
1,200					\$16,407.07	\$20,004.00	\$0	0.00%	0.5%	0.5%
50	EMC CORP/MASS	09/21/09	\$16.74	\$27.55	\$836.77	\$1,377.50	\$0	0.00%	0.0%	0.0%
200	EMC CORP/MASS	12/21/09	\$17.58	\$27.55	\$3,516.42	\$5,510.00	\$0	0.00%	0.1%	0.1%
150	EMC CORP/MASS	04/12/10	\$19.18	\$27.55	\$2,877.63	\$4,132.50	\$0	0.00%	0.1%	0.1%
500	EMC CORP/MASS	04/16/10	\$19.33	\$27.55	\$9,666.10	\$13,775.00	\$0	0.00%	0.3%	0.4%
200	EMC CORP/MASS	05/28/10	\$18.71	\$27.55	\$3,741.74	\$5,510.00	\$0	0.00%	0.1%	0.1%
1,100					\$20,638.66	\$30,305.00	\$0	0.00%	0.7%	0.8%
30	HEWLETT-PACKARD CO	01/10/08	\$45.08	\$36.40	\$1,352.44	\$1,092.00	\$14	1.32%	0.0%	0.0%
25	HEWLETT-PACKARD CO	03/17/08	\$45.95	\$36.40	\$1,148.86	\$910.00	\$12	1.32%	0.0%	0.0%
45	HEWLETT-PACKARD CO	04/22/08	\$48.15	\$36.40	\$2,166.54	\$1,638.00	\$22	1.32%	0.0%	0.0%
9	HEWLETT-PACKARD CO	10/08/08	\$19.57	\$36.40	\$356.16	\$327.60	\$4	1.32%	0.0%	0.0%
250	HEWLETT-PACKARD CO	05/26/10	\$46.25	\$36.40	\$11,562.78	\$9,100.00	\$120	1.32%	0.2%	0.2%
70	HEWLETT-PACKARD CO	07/07/10	\$44.26	\$36.40	\$3,098.36	\$2,548.00	\$34	1.32%	0.1%	0.1%
171	HEWLETT-PACKARD CO	03/23/11	\$41.92	\$36.40	\$7,167.60	\$6,224.40	\$82	1.32%	0.1%	0.2%
100	HEWLETT-PACKARD CO	05/19/11	\$36.13	\$36.40	\$3,613.34	\$3,640.00	\$48	1.32%	0.1%	0.1%
700					\$30,466.08	\$25,480.00	\$336	1.32%	0.6%	0.7%
125	NETAPP INC	05/16/11	\$53.57	\$52.78	\$6,696.23	\$6,597.50	\$0	0.00%	0.2%	0.2%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

Schedule 3

Part II

Line 10 b and c

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

As of June 30, 2011

Reporting Currency: US dollars

Quantity	75 NETAPP INC	200	Total	COMPUTER SERVICES/SOFTWARE	50 ACCENTURE PLC-CLA	75 ACCENTURE PLC-CLA	125 ACCENTURE PLC-CLA	75 ACCENTURE PLC-CLA	75 ACCENTURE PLC-CLA	400	75 CITRIX SYSTEMS INC	50 CITRIX SYSTEMS INC	75 CITRIX SYSTEMS INC	50 CITRIX SYSTEMS INC	50 CITRIX SYSTEMS INC	50 CITRIX SYSTEMS INC	400	125 INTUIT INC	100 INTUIT INC	75 INTUIT INC	75 INTUIT INC	375	250 ORACLE CORP	100 ORACLE CORP	200 ORACLE CORP	150 ORACLE CORP	150 ORACLE CORP	100 ORACLE CORP	250 ORACLE CORP	
Quantity	75	200		50	75	125	75	75	75	400	75	50	75	50	50	50	400	125	100	75	75	375	250	100	200	150	150	100	250	
Ticker/Cusip																														
Trade Date	05/31/11			10/05/10	10/06/10	02/03/11	02/18/11	05/19/11			09/23/10	10/18/10	10/25/10	12/03/10	12/23/10	01/06/11	06/17/11							09/21/10	09/27/10	10/13/10	10/25/10	11/10/10	12/03/10	01/20/11
Unit Cost	\$4.58			\$44.58	\$45.18	\$52.41	\$53.85	\$56.78			\$68.71	\$58.55	\$60.88	\$70.71	\$68.47	\$68.86	\$74.02							\$27.03	\$26.85	\$28.54	\$29.09	\$28.66	\$28.67	\$31.87
Market Price	\$52.78			\$60.42	\$60.42	\$60.42	\$60.42	\$60.42			\$80.00	\$80.00	\$80.00	\$80.00	\$80.00	\$80.00	\$80.00							\$32.91	\$32.91	\$32.91	\$32.91	\$32.91	\$32.91	\$32.91
Total Cost	\$4,093.67	\$10,789.90	\$113,611.45	\$2,229.18	\$3,388.67	\$6,551.46	\$4,038.87	\$4,258.48	\$20,466.66	\$5,152.90	\$2,927.56	\$4,566.05	\$3,535.34	\$3,423.71	\$3,443.14	\$3,701.16	\$26,749.86	\$6,093.75	\$5,090.41	\$3,962.28	\$3,870.18	\$19,016.62	\$6,758.40	\$2,685.23	\$5,708.78	\$4,363.01	\$4,298.25	\$2,867.01	\$7,967.58	
Market Value	\$3,958.50	\$10,556.00	\$170,262.50	\$3,021.00	\$4,531.50	\$7,552.50	\$4,531.50	\$4,531.50	\$24,168.00	\$6,000.00	\$4,000.00	\$6,000.00	\$4,000.00	\$4,000.00	\$4,000.00	\$4,000.00	\$32,000.00	\$6,482.50	\$5,186.00	\$3,889.50	\$3,889.50	\$19,447.50	\$8,227.50	\$3,291.00	\$6,582.00	\$4,936.50	\$4,936.50	\$3,291.00	\$8,227.50	
Estimated Annual Income	\$0	\$0	\$336	\$45	\$68	\$112	\$68	\$68	\$360	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$60	\$24	\$48	\$36	\$36	\$24	\$60
Yield	0.00%	0.00%	0.20%	1.49%	1.49%	1.49%	1.49%	1.49%	1.49%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.73%	0.73%	0.73%	0.73%	0.73%	0.73%	0.73%	
% of Portfolio	0.1%	0.2%	3.9%	0.1%	0.1%	0.2%	0.1%	0.1%	0.6%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.7%	0.1%	0.1%	0.1%	0.1%	0.4%	0.2%	0.1%	0.2%	0.1%	0.1%	0.1%	0.2%	
% of Asset Class	0.1%	0.3%	4.4%	0.1%	0.1%	0.2%	0.1%	0.1%	0.6%	0.2%	0.1%	0.1%	0.1%	0.1%	0.1%	0.1%	0.8%	0.2%	0.1%	0.1%	0.1%	0.5%	0.2%	0.1%	0.2%	0.1%	0.1%	0.1%	0.2%	

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	estimated Annual Income	Yield	% of Portfolio	% of Asset Class	
100	ORACLE CORP	03/29/11	\$32.93	\$32.91	\$3,292.75	\$3,291.00	\$24	0.73%	0.1%	0.1%	
1,300					\$37,941.01	\$42,783.00	\$312	0.73%	1.0%	1.1%	
125	ROVI CORP	02/17/11	\$5.969	\$57.36	\$7,460.90	\$7,170.00	\$0	0.00%	0.2%	0.2%	
75	ROVI CORP	06/29/11	\$5.661	\$57.36	\$4,245.59	\$4,302.00	\$0	0.00%	0.1%	0.1%	
200					\$11,706.49	\$11,472.00	\$0	0.00%	0.3%	0.3%	
TOTAL TECHNOLOGY					\$115,880.64	\$129,870.50	\$672	0.52%	3.0%	3.4%	
Total					\$356,160.95	\$428,135.25	\$1,651	0.39%	9.8%	11.2%	
SERVICES											
AIR TRANSPORT											
200	DELTA AIR LINES INC	11/08/10	\$13.99	\$9.17	\$2,798.46	\$1,834.00	\$0	0.00%	0.0%	0.0%	
200	DELTA AIR LINES INC	12/13/10	\$13.06	\$9.17	\$2,611.94	\$1,834.00	\$0	0.00%	0.0%	0.0%	
300	DELTA AIR LINES INC	01/19/11	\$11.76	\$9.17	\$3,528.75	\$2,751.00	\$0	0.00%	0.1%	0.1%	
500	DELTA AIR LINES INC	02/14/11	\$11.74	\$9.17	\$5,871.70	\$4,585.00	\$0	0.00%	0.1%	0.1%	
1,200					\$14,810.85	\$11,004.00	\$0	0.00%	0.3%	0.3%	
AIR FREIGHT											
125	UNITED PARCEL SERVICE-CL B	08/13/10	\$64.59	\$72.93	\$8,073.21	\$9,116.25	\$260	2.85%	0.2%	0.2%	
75	UNITED PARCEL SERVICE-CL B	09/08/10	\$67.94	\$72.93	\$5,095.18	\$5,469.75	\$156	2.85%	0.1%	0.1%	
100	UNITED PARCEL SERVICE-CL B	10/22/10	\$69.74	\$72.93	\$6,974.07	\$7,293.00	\$208	2.85%	0.2%	0.2%	
75	UNITED PARCEL SERVICE-CL B	10/29/10	\$67.29	\$72.93	\$5,046.99	\$5,469.75	\$156	2.85%	0.1%	0.1%	
75	UNITED PARCEL SERVICE-CL B	11/09/10	\$69.44	\$72.93	\$5,207.81	\$5,469.75	\$156	2.85%	0.1%	0.1%	
50	UNITED PARCEL SERVICE-CL B	12/09/10	\$73.11	\$72.93	\$3,655.74	\$3,646.50	\$104	2.85%	0.1%	0.1%	
500					\$34,053.00	\$36,465.00	\$1,040	2.85%	0.8%	1.0%	
TOTAL SERVICES					\$48,863.85	\$47,469.00	\$1,040	2.19%	1.1%	1.2%	
ENERGY											
OFFSHORE DRILLING											
150	ENSCO PLC- SPON ADR	12/31/09	\$40.34	\$53.30	\$6,050.69	\$7,995.00	\$210	2.63%	0.2%	0.2%	
100	ENSCO PLC- SPON ADR	04/21/10	\$48.30	\$53.30	\$4,830.03	\$5,330.00	\$140	2.63%	0.1%	0.1%	
75	ENSCO PLC- SPON ADR	05/21/10	\$39.06	\$53.30	\$2,929.60	\$3,997.50	\$105	2.63%	0.1%	0.1%	
325					\$13,810.32	\$17,322.50	\$455	2.63%	0.4%	0.5%	
OIL WELL EQUIPMENT & SERVICES											

MENTAL WELLNESS FOUNDATION, INC (888-84260)**Portfolio Valuation**

As of June 30, 2011

Reporting Currency: US dollars

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
150	FMC TECHNOLOGIES INC	06/01/11	\$43.85	\$44.79	\$6,577.64	\$6,718.50	\$0	0.00%	0.2%	0.2%
225	NABORS INDUSTRIES LTD	02/18/11	\$77.90	\$24.64	\$6,276.56	\$5,544.00	\$0	0.00%	0.1%	0.1%
225	NABORS INDUSTRIES LTD	03/23/11	\$77.70	\$24.64	\$6,232.05	\$5,544.00	\$0	0.00%	0.1%	0.1%
450					\$12,508.61	\$11,088.00	\$0	0.00%	0.3%	0.3%
125	SCHLUMBERGER LTD	11/28/07	\$90.51	\$86.40	\$11,314.30	\$10,800.00	\$125	1.16%	0.2%	0.3%
100	SCHLUMBERGER LTD	10/27/08	\$46.15	\$86.40	\$4,615.34	\$8,640.00	\$100	1.16%	0.2%	0.2%
100	SCHLUMBERGER LTD	11/13/08	\$46.23	\$86.40	\$4,623.46	\$8,640.00	\$100	1.16%	0.2%	0.2%
50	SCHLUMBERGER LTD	05/08/09	\$56.38	\$86.40	\$2,819.06	\$4,320.00	\$50	1.16%	0.1%	0.1%
50	SCHLUMBERGER LTD	03/29/10	\$63.21	\$86.40	\$3,160.51	\$4,320.00	\$50	1.16%	0.1%	0.1%
50	SCHLUMBERGER LTD	04/09/10	\$66.59	\$86.40	\$3,329.38	\$4,320.00	\$50	1.16%	0.1%	0.1%
75	SCHLUMBERGER LTD	10/08/10	\$63.32	\$86.40	\$4,748.94	\$6,480.00	\$75	1.16%	0.1%	0.2%
550					\$34,610.99	\$47,520.00	\$550	1.16%	1.1%	1.2%
100	TRANSOCEAN LTD	05/18/11	\$67.75	\$64.56	\$6,775.31	\$6,456.00	\$0	0.00%	0.1%	0.2%
	Total				\$60,472.55	\$71,782.50	\$550	0.77%	1.6%	1.9%
	OIL - CRUDE PRODUCTS									
100	ANADARKO PETROLEUM CORP	06/07/11	\$75.46	\$76.76	\$7,546.45	\$7,676.00	\$36	0.47%	0.2%	0.2%
75	ANADARKO PETROLEUM CORP	06/10/11	\$73.24	\$76.76	\$5,493.35	\$5,757.00	\$27	0.47%	0.1%	0.1%
175	ANADARKO PETROLEUM CORP	06/13/11	\$71.92	\$76.76	\$12,586.07	\$13,433.00	\$63	0.47%	0.3%	0.3%
350					\$25,625.87	\$26,866.00	\$126	0.47%	0.6%	0.7%
10	EOG RESOURCES INC	05/04/10	\$109.42	\$104.55	\$1,094.20	\$1,045.50	\$6	0.61%	0.0%	0.0%
25	EOG RESOURCES INC	07/13/10	\$107.62	\$104.55	\$2,690.61	\$2,613.75	\$16	0.61%	0.1%	0.1%
50	EOG RESOURCES INC	08/25/10	\$86.03	\$104.55	\$4,301.25	\$5,227.50	\$32	0.61%	0.1%	0.1%
50	EOG RESOURCES INC	10/07/10	\$98.34	\$104.55	\$4,916.95	\$5,227.50	\$32	0.61%	0.1%	0.1%
50	EOG RESOURCES INC	01/20/11	\$99.82	\$104.55	\$4,990.95	\$5,227.50	\$32	0.61%	0.1%	0.1%
185					\$17,993.96	\$19,341.75	\$118	0.61%	0.4%	0.5%
50	NOBLE ENERGY INC	01/20/10	\$77.55	\$89.63	\$3,877.44	\$4,481.50	\$36	0.80%	0.1%	0.1%
100	NOBLE ENERGY INC	02/01/10	\$75.41	\$89.63	\$7,541.30	\$8,963.00	\$72	0.80%	0.2%	0.2%
50	NOBLE ENERGY INC	02/03/10	\$76.74	\$89.63	\$3,837.17	\$4,481.50	\$36	0.80%	0.1%	0.1%
50	NOBLE ENERGY INC	04/22/10	\$79.19	\$89.63	\$3,959.48	\$4,481.50	\$36	0.80%	0.1%	0.1%

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
50		07/14/10	\$66.96	\$89.63	\$3,347.82	\$4,481.50	\$36	0.80%	0.1%	0.1%
50		03/23/11	\$95.59	\$89.63	\$4,779.56	\$4,481.50	\$36	0.80%	0.1%	0.1%
50		05/13/11	\$87.63	\$89.63	\$4,381.38	\$4,481.50	\$36	0.80%	0.1%	0.1%
400					\$31,724.15	\$35,852.00	\$288	0.80%	0.8%	0.9%
	Total				\$75,343.98	\$82,059.75	\$532	0.65%	1.9%	2.1%
	OILS - INTEGRATED DOMESTIC									
75	COP	11/05/09	\$51.92	\$75.19	\$3,893.80	\$5,639.25	\$198	3.51%	0.1%	0.1%
100		11/09/09	\$52.92	\$75.19	\$5,291.66	\$7,519.00	\$264	3.51%	0.2%	0.2%
100		12/21/09	\$50.40	\$75.19	\$5,039.59	\$7,519.00	\$264	3.51%	0.2%	0.2%
100		04/13/11	\$77.48	\$75.19	\$7,747.94	\$7,519.00	\$264	3.51%	0.2%	0.2%
50		05/05/11	\$72.29	\$75.19	\$3,614.32	\$3,759.50	\$132	3.51%	0.1%	0.1%
175		06/07/11	\$71.60	\$75.19	\$12,529.34	\$13,158.25	\$462	3.51%	0.3%	0.3%
600					\$38,116.65	\$45,114.00	\$1,584	3.51%	1.0%	1.2%
50	DVN	11/17/09	\$71.14	\$78.81	\$3,557.24	\$3,940.50	\$34	0.86%	0.1%	0.1%
100		08/18/10	\$63.02	\$78.81	\$6,301.97	\$7,881.00	\$68	0.86%	0.2%	0.2%
125		12/28/10	\$77.62	\$78.81	\$9,701.94	\$9,851.25	\$85	0.86%	0.2%	0.3%
50		02/01/11	\$89.33	\$78.81	\$4,466.51	\$3,940.50	\$34	0.86%	0.1%	0.1%
75		03/24/11	\$92.59	\$78.81	\$6,944.46	\$5,910.75	\$51	0.86%	0.1%	0.2%
50		05/06/11	\$83.51	\$78.81	\$4,175.45	\$3,940.50	\$34	0.86%	0.1%	0.1%
450					\$35,147.57	\$35,464.50	\$306	0.86%	0.8%	0.9%
75	HES	08/03/10	\$55.96	\$74.76	\$4,197.19	\$5,607.00	\$30	0.54%	0.1%	0.1%
100		08/19/10	\$52.25	\$74.76	\$5,225.45	\$7,476.00	\$40	0.54%	0.2%	0.2%
50		11/16/10	\$67.63	\$74.76	\$3,381.37	\$3,738.00	\$20	0.54%	0.1%	0.1%
125		05/18/11	\$77.23	\$74.76	\$9,654.16	\$9,345.00	\$50	0.54%	0.2%	0.2%
350					\$22,458.17	\$26,166.00	\$140	0.54%	0.6%	0.7%
400	MRO	05/18/10	\$32.29	\$52.68	\$12,914.00	\$21,072.00	\$400	1.90%	0.5%	0.5%
100		06/30/10	\$31.71	\$52.68	\$3,171.20	\$5,268.00	\$100	1.90%	0.1%	0.1%
100		07/02/10	\$31.02	\$52.68	\$3,101.57	\$5,268.00	\$100	1.90%	0.1%	0.1%
100		07/15/10	\$32.16	\$52.68	\$3,215.69	\$5,268.00	\$100	1.90%	0.1%	0.1%
150		04/20/11	\$52.91	\$52.68	\$7,936.62	\$7,902.00	\$150	1.90%	0.2%	0.2%

Mental Wellness Foundation, Inc.

MENTAL WELLNESS FOUNDATION, INC (888-84260)
Portfolio Valuation

EIN # 52-2287352
 Schedule 3

As of June 30, 2011
 Reporting Currency: US dollars

Part II

Line 10 b and c

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
850					\$30,339.08	\$44,778.00	\$850	1.90%	1.0%	1.2%
250	NXY	05/29/09	\$24.81	\$22.50	\$6,201.35	\$5,625.00	\$50	0.89%	0.1%	0.1%
150	NXY	07/17/09	\$19.75	\$22.50	\$2,962.11	\$3,375.00	\$30	0.89%	0.1%	0.1%
300	NXY	01/25/10	\$21.70	\$22.50	\$6,511.14	\$6,750.00	\$60	0.89%	0.2%	0.2%
700					\$15,674.60	\$15,750.00	\$140	0.89%	0.4%	0.4%
25	OXY	07/09/10	\$81.16	\$104.04	\$2,029.05	\$2,601.00	\$46	1.77%	0.1%	0.1%
75	OXY	10/29/10	\$78.80	\$104.04	\$5,909.80	\$7,803.00	\$138	1.77%	0.2%	0.2%
75	OXY	04/11/11	\$101.58	\$104.04	\$7,618.48	\$7,803.00	\$138	1.77%	0.2%	0.2%
50	OXY	05/31/11	\$107.66	\$104.04	\$5,382.85	\$5,202.00	\$92	1.77%	0.1%	0.1%
225					\$20,940.18	\$23,409.00	\$414	1.77%	0.5%	0.6%
275	TSO	02/22/11	\$23.80	\$22.91	\$6,545.77	\$6,300.25	\$0	0.00%	0.1%	0.2%
Total					\$169,222.02	\$196,981.75	\$3,434	1.74%	4.5%	5.1%
TOTAL ENERGY					\$318,848.87	\$368,146.50	\$4,971	1.35%	8.4%	9.6%
MUTUAL FUNDS										
2,530	ARIIX	06/29/05	\$14.03	\$9.35	\$35,502.59	\$23,659.96	\$1,212	5.12%	0.5%	0.6%
3,040	ARIIX	07/25/07	\$16.45	\$9.35	\$50,000.00	\$28,419.46	\$1,456	5.12%	0.7%	0.7%
5,224	ARIIX	11/28/07	\$16.55	\$9.35	\$86,450.00	\$48,840.33	\$2,502	5.12%	1.1%	1.3%
5,912	ARIIX	12/27/07	\$11.57	\$9.35	\$68,401.04	\$55,276.55	\$2,832	5.12%	1.3%	1.4%
1,447	ARIIX	01/04/08	\$11.16	\$9.35	\$16,150.00	\$13,530.69	\$693	5.12%	0.3%	0.4%
201	ARIIX	06/23/08	\$10.47	\$9.35	\$2,104.39	\$1,879.28	\$96	5.12%	0.0%	0.0%
201	ARIIX	09/22/08	\$9.39	\$9.35	\$1,890.99	\$1,882.93	\$96	5.12%	0.0%	0.0%
202	ARIIX	12/26/08	\$5.96	\$9.35	\$1,203.98	\$1,888.79	\$97	5.12%	0.0%	0.0%
248	ARIIX	03/23/09	\$4.89	\$9.35	\$1,213.67	\$2,320.61	\$119	5.12%	0.1%	0.1%

Mental Wellness Foundation, Inc.

EIN # 52-2287352

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

Schedule 3

Part II

Line 10 b and c

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
232	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	06/22/09	\$6.16	\$9.35	\$1,429.85	\$2,170.31	\$111	5.12%	0.0%	0.1%
123	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	09/21/09	\$8.15	\$9.35	\$1,004.84	\$1,152.79	\$59	5.12%	0.0%	0.0%
1,235	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	12/28/09	\$7.82	\$9.35	\$9,656.38	\$11,545.67	\$591	5.12%	0.3%	0.3%
226	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	03/22/10	\$8.16	\$9.35	\$1,844.38	\$2,113.35	\$108	5.12%	0.0%	0.1%
269	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	06/21/10	\$7.78	\$9.35	\$2,090.02	\$2,511.78	\$129	5.12%	0.1%	0.1%
163	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	09/20/10	\$8.46	\$9.35	\$1,380.25	\$1,525.45	\$78	5.12%	0.0%	0.0%
1,037	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	12/27/10	\$8.69	\$9.35	\$9,012.12	\$9,696.59	\$497	5.12%	0.2%	0.3%
234	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	03/23/11	\$8.80	\$9.35	\$2,063.27	\$2,192.23	\$112	5.12%	0.1%	0.1%
68	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	06/22/11	\$9.14	\$9.35	\$625.00	\$639.36	\$33	5.12%	0.0%	0.0%
22,593					\$292,022.77	\$211,246.15	\$10,822	5.12%	4.8%	5.5%
						\$1,824.88 AI				
					\$2,411,426.90	\$2,598,223.17	\$47,223	1.05%	59.6%	67.7%

TOTAL DOMESTIC EQUITIES

INTERNATIONAL

INTERNATIONAL EQUITY MUTUAL FUNDS

SIMTX

7,577	BERNSTEIN INTERNATIONAL PORTFOLIO	02/13/01	\$17.25	\$15.74	\$130,707.68	\$119,265.99	\$2,016	1.69%**	2.7%	3.1%
859	BERNSTEIN INTERNATIONAL PORTFOLIO	03/09/01	\$17.06	\$15.74	\$14,650.00	\$13,516.47	\$228	1.69%**	0.3%	0.4%
2,215	BERNSTEIN INTERNATIONAL PORTFOLIO	11/15/01	\$14.76	\$15.74	\$32,700.00	\$34,871.14	\$589	1.69%**	0.8%	0.9%
1,207	BERNSTEIN INTERNATIONAL PORTFOLIO	12/06/01	\$14.61	\$15.74	\$17,632.36	\$18,996.12	\$321	1.69%**	0.4%	0.5%
756	BERNSTEIN INTERNATIONAL PORTFOLIO	09/12/02	\$13.23	\$15.74	\$10,000.00	\$11,897.20	\$201	1.69%**	0.3%	0.3%
438	BERNSTEIN INTERNATIONAL PORTFOLIO	12/06/02	\$12.99	\$15.74	\$5,684.28	\$6,887.65	\$116	1.69%**	0.2%	0.2%

Bernstein Global Wealth Management

Mental Wellness Foundation, Inc.

EIN # 52-2287352

MENTAL WELLNESS FOUNDATION, INC (888-84260)

Portfolio Valuation

Schedule 3

Part II

Line 10 b and c

As of June 30, 2011

Reporting Currency: US dollars

Quantity	Ticker/Cusip	Trade Date	Unit Cost	Market Price	Total Cost	Market Value	Estimated Annual Income	Yield	% of Portfolio	% of Asset Class
334	BERNSTEIN INTERNATIONAL PORTFOLIO	12/05/03	\$17.39	\$15.74	\$5,799.68	\$5,249.40	\$89	1.69%**	0.1%	0.1%
5,640	BERNSTEIN INTERNATIONAL PORTFOLIO	02/09/04	\$18.44	\$15.74	\$104,000.00	\$88,772.23	\$1,500	1.69%**	2.0%	2.3%
334	BERNSTEIN INTERNATIONAL PORTFOLIO	12/10/04	\$20.17	\$15.74	\$6,746.72	\$5,264.92	\$89	1.69%**	0.1%	0.1%
5,828	BERNSTEIN INTERNATIONAL PORTFOLIO	06/29/05	\$20.89	\$15.74	\$121,750.00	\$91,735.03	\$1,550	1.69%**	2.1%	2.4%
597	BERNSTEIN INTERNATIONAL PORTFOLIO	12/07/05	\$23.55	\$15.74	\$14,050.08	\$9,390.58	\$159	1.69%**	0.2%	0.2%
6,164	BERNSTEIN INTERNATIONAL PORTFOLIO	12/12/06	\$25.65	\$15.74	\$158,099.07	\$97,016.73	\$1,640	1.69%**	2.2%	2.5%
11,980	BERNSTEIN INTERNATIONAL PORTFOLIO	11/28/07	\$28.99	\$15.74	\$347,300.00	\$188,565.09	\$3,187	1.69%**	4.3%	4.9%
7,240	BERNSTEIN INTERNATIONAL PORTFOLIO	12/11/07	\$25.26	\$15.74	\$182,871.04	\$113,950.53	\$1,926	1.69%**	2.6%	3.0%
7,098	BERNSTEIN INTERNATIONAL PORTFOLIO	11/24/08	\$11.68	\$15.74	\$82,900.00	\$111,716.27	\$1,888	1.69%**	2.6%	2.9%
2,562	BERNSTEIN INTERNATIONAL PORTFOLIO	12/09/08	\$11.55	\$15.74	\$29,588.17	\$40,321.88	\$681	1.69%**	0.9%	1.1%
1,952	BERNSTEIN INTERNATIONAL PORTFOLIO	01/15/09	\$11.32	\$15.74	\$22,100.00	\$30,729.15	\$519	1.69%**	0.7%	0.8%
0	BERNSTEIN INTERNATIONAL PORTFOLIO	07/02/09	\$12.22	\$15.74	\$1.21	\$1.56	\$0	1.69%**	0.0%	0.0%
1,265	BERNSTEIN INTERNATIONAL PORTFOLIO	12/08/09	\$14.92	\$15.74	\$18,866.65	\$19,903.56	\$336	1.69%**	0.5%	0.5%
1,190	BERNSTEIN INTERNATIONAL PORTFOLIO	12/07/10	\$15.29	\$15.74	\$18,195.90	\$18,731.42	\$317	1.69%**	0.4%	0.5%
65,234					\$1,323,642.84	\$1,026,782.94	\$17,352	1.69%	23.6%	26.8%

EMERGING MARKETS

EMERGING MARKETS MUTUAL FUNDS

SNEMX

1,604	BERNSTEIN EMERGING MARKETS PORTFOLIO	12/11/07	\$40.96	\$33.11	\$65,717.90	\$53,123.01	\$491	0.92%**	1.2%	1.4%
824	BERNSTEIN EMERGING MARKETS PORTFOLIO	12/09/08	\$14.72	\$33.11	\$12,122.30	\$27,266.91	\$252	0.92%**	0.6%	0.7%

Bernstein Global Wealth Management

Mental Wellness Foundation, Inc.

EIN # 52-2287352

MENTAL WELLNESS FOUNDATION, INC (888-84260)

As of June 30, 2011

Schedule 3

Reporting Currency: US dollars

Part II

Portfolio Valuation

Line 10 b and c

Quantity	3,887	0	56	67	6,439								
Ticker/Cusip	0115/09	0707/09	1208/09	1207/10									
Trade Date	01/15/09	07/07/09	12/08/09	12/07/10									
Portfolios	BERNSTEIN EMERGING MARKETS PORTFOLIO	BERNSTEIN EMERGING MARKETS PORTFOLIO	BERNSTEIN EMERGING MARKETS PORTFOLIO	BERNSTEIN EMERGING MARKETS PORTFOLIO									
Uni. Cost	\$14.82	\$21.35	\$28.18	\$32.81	\$139,237.92	\$3,874,307.66	\$4,369,840.70	\$1,189	\$0	\$17	\$21	\$1,970	\$66,546
Market Price	\$33.11	\$33.11	\$33.11	\$33.11	\$213,186.97	\$3,838,195.07	\$4,359,056.72	\$128,702.41	\$3.44	\$1,863.50	\$2,229.69	\$1,970	\$66,546
Total Cost	\$57,600.00	\$2.22	\$1,586.02	\$2,209.48	\$139,237.92	\$3,874,307.66	\$4,369,840.70	\$128,702.41	\$3.44	\$1,863.50	\$2,229.69	\$1,970	\$66,546
Yield	0.92%**	0.92%**	0.92%**	0.92%**	0.92%	1.73%	1.80%	0.92%**	0.92%**	0.92%**	0.92%**	0.92%	1.73%
% of Portfolio	3.0%	0.0%	0.0%	0.1%	4.9%	88.1%	100.0%	0.92%**	0.0%	0.0%	0.1%	4.9%	88.1%
Estimated Annual Income	\$1,189	\$0	\$17	\$21	\$1,970	\$66,546	\$81,488	\$1,189	\$0	\$17	\$21	\$1,970	\$66,546
% of Asset Class	3.4%	0.0%	0.0%	0.1%	5.6%	100%	100.0%	3.4%	0.0%	0.0%	0.1%	5.6%	100%

TOTAL EQUITIES

NET PORTFOLIO VALUE

AI = Accrued Income (interest and dividends).

Total portfolio cost includes the reinvestment of interest, dividends and capital gains distributions as well as sale proceeds and therefore is not equivalent to the capital you have invested in this account.

The above quantity rounds your fund shares to the nearest whole share. For the fractional shares held, see your monthly brokerage statement.

*Fixed income fund yields are calculated using the 30 day S.E.C. yield. Municipal yields may include a portion of taxable income. Estimated annual income for the fixed income portfolios is based on the monthly income dividends and does not include capital gains distributions. Therefore yield will differ from estimated annual income.

**International and Emerging Market fund yields are estimates based on stock dividends and interest income generated from cash and securities held directly in the fund, net of estimated fund expenses. These dividends are distributed annually. Additionally, the funds may make annual distributions of short and long-term capital gains.