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Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation

OMB No 1545-0052

2010

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements

For calendar year 2010, or tax year beginning , 2010, and ending

G Check all that apply: ☐ Initial return ☐ Initial Return of a former public charity ☐ Final return
☐ Amended return ☐ Address change ☐ Name changeESSE QUAM VIDERI FOUNDATION
387 SAN FERNANDO STREET
SAN DIEGO, CA 92106

A Employer identification number

87-0570969

B Telephone number (see the instructions)

801-254-9781

C If exemption application is pending, check here ☐D 1 Foreign organizations, check here ☐2 Foreign organizations meeting the 85% test, check here and attach computation ☐E If private foundation status was terminated under section 507(b)(1)(A), check here ☐F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐H Check type of organization: ☒ Section 501(c)(3) exempt private foundation
☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundationI Fair market value of all assets at end of year
(from Part II, column (c), line 16)

\$ 1,028,122.

J Accounting method: ☒ Cash ☐ Accrual
☐ Other (specify) _____

(Part I, column (d) must be on cash basis.)

Part I Analysis of Revenue and Expenses

(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see the instructions).)

(a) Revenue and expenses per books

(b) Net investment income

(c) Adjusted net income

(d) Disbursements for charitable purposes (cash basis only)

1 Contributions, gifts, grants, etc., received (att sch)

2 Ck ☒ if the foundn is not req to att Sch B

3 Interest on savings and temporary cash investments

4 Dividends and interest from securities

5a Gross rents

b Net rental income or (loss)

6a Net gain/(loss) from sale of assets not on line 10

b Gross sales price for all assets on line 6a 1,097,587.

7 Capital gain net income (from Part IV, line 2)

8 Net short-term capital gain

9 Income modifications

10a Gross sales less returns and allowances

b Less Cost of goods sold

c Gross profit/(loss) (att sch)

11 Other income (attach schedule)

12 Total. Add lines 1 through 11

13 Compensation of officers, directors, trustees, etc

14 Other employee salaries and wages

15 Pension plans, employee benefits...

16a Legal fees (attach schedule)

b Accounting fees (attach sch) SEE ST 1

c Other prof fees (attach sch)

17 Interest

18 Taxes (attach schedule)(see instr.) SEE STM 2

19 Depreciation (attach sch) and depletion

20 Occupancy

21 Travel, conferences, and meetings

22 Printing and publications

23 Other expenses (attach schedule)

SEE STATEMENT 3

24 Total operating and administrative expenses. Add lines 13 through 23

25 Contributions, gifts, grants paid. STMT. 4

26 Total expenses and disbursements. Add lines 24 and 25

27 Subtract line 26 from line 12:

a Excess of revenue over expenses and disbursements

b Net investment income (if negative, enter -0-)

c Adjusted net income (if negative, enter -0-)

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Part II Balance Sheets

Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)

		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
ASSETS	1 Cash — non-interest-bearing	-1,727.	-3,734.	-3,734.
	2 Savings and temporary cash investments	49,632.	105,707.	105,707.
	3 Accounts receivable			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see the instructions)			
	7 Other notes and loans receivable (attach sch) ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments — U.S. and state government obligations (attach schedule) STATEMENT 5	142,206.	50,970.	51,282.
	b Investments — corporate stock (attach schedule) . STATEMENT 6	652,800.	666,697.	773,289.
	c Investments — corporate bonds (attach schedule) . STATEMENT 7		102,853.	101,578.
	11 Investments — land, buildings, and equipment: basis			
Less: accumulated depreciation (attach schedule)				
12 Investments — mortgage loans				
13 Investments — other (attach schedule)				
14 Land, buildings, and equipment: basis . ▶				
Less: accumulated depreciation (attach schedule)				
15 Other assets (describe ▶)				
16 Total assets (to be completed by all filers — see instructions. Also, see page 1, item I)	842,911.	922,493.	1,028,122.	
LIABILITIES	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, & other disqualified persons			
	21 Mortgages and other notes payable (attach schedule)			
	22 Other liabilities (describe ▶)			
23 Total liabilities (add lines 17 through 22)	0.	0.		
FUND ASSETS OR BALANCES	Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. ☐			
	24 Unrestricted			
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. ☒			
	27 Capital stock, trust principal, or current funds			
	28 Paid-in or capital surplus, or land, building, and equipment fund			
	29 Retained earnings, accumulated income, endowment, or other funds	842,911.	922,493.	
	30 Total net assets or fund balances (see the instructions)	842,911.	922,493.	
	31 Total liabilities and net assets/fund balances (see the instructions)	842,911.	922,493.	

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year — Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	842,911.
2 Enter amount from Part I, line 27a	2	79,582.
3 Other increases not included in line 2 (itemize)	3	
4 Add lines 1, 2, and 3	4	922,493.
5 Decreases not included in line 2 (itemize)	5	
6 Total net assets or fund balances at end of year (line 4 minus line 5) — Part II, column (b), line 30	6	922,493.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shares MLC Company)		(b) How acquired P — Purchase D — Donation	(c) Date acquired (month, day, year)	(d) Date sold (month, day, year)
1 a SEE STATEMENT 8				
b				
c				
d				
e				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(i) Gains (Column (h) gain minus column (k), but not less than -0-) or Losses (from column (h))
(i) Fair Market Value as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of column (i) over column (j), if any	
a			
b			
c			
d			
e			

2 Capital gain net income or (net capital loss).	If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	114,955.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6):	If gain, also enter in Part I, line 8, column (c) (see the instructions). If (loss), enter -0- in Part I, line 8	3	14,307.

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? ☐ Yes ☒ No

If 'Yes,' the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (column (b) divided by column (c))
2009	10,241.	842,728.	0.012152
2008	22,145.	1,125,187.	0.019681
2007	36,146.	925,112.	0.039072
2006	61,048.	419,620.	0.145484
2005	18,012.	407,748.	0.044174

2 Total of line 1, column (d)	2	0.260563
3 Average distribution ratio for the 5-year base period — divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0.052113
4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5	4	940,124.
5 Multiply line 4 by line 3	5	48,993.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	975.
7 Add lines 5 and 6	7	49,968.
8 Enter qualifying distributions from Part XII, line 4	8	17,941.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VII Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see the instructions)

1 a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter 'N/A' on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary – see instr.)	1	1,950.
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b		
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, column (b).		
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	2	0.
3 Add lines 1 and 2	3	1,950.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)	4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-	5	1,950.
6 Credits/Payments:		
a 2010 estimated tax pmts and 2009 overpayment credited to 2010	6a	
b Exempt foreign organizations – tax withheld at source	6b	
c Tax paid with application for extension of time to file (Form 8868)	6c	
d Backup withholding erroneously withheld	6d	
7 Total credits and payments. Add lines 6a through 6d	7	0.
8 Enter any penalty for underpayment of estimated tax. Check here ☒ if Form 2220 is attached	8	54.
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9	2,004.
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	
11 Enter the amount of line 10 to be: Credited to 2011 estimated tax ☐ Refunded ☐	11	

Part VIII Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see the instructions for definition)?		X
If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation ☐ \$ 0. (2) On foundation managers ☐ \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers ☐ \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If 'Yes,' attach a detailed description of the activities.		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If 'Yes,' attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If 'Yes,' has it filed a tax return on Form 990-T for this year?		N/A
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If 'Yes,' attach the statement required by General Instruction T		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If 'Yes,' complete Part II, column (c), and Part XIV.	X	
8a Enter the states to which the foundation reports or with which it is registered (see the instructions). UT		
b If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If 'No,' attach explanation		X
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2010 or the taxable year beginning in 2010 (see instructions for Part XIV)? If 'Yes,' complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If 'Yes,' attach a schedule listing their names and addresses.		X

SEE STATEMENT 9

Part VII A Statements Regarding Activities (Continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes', attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address: N/A	13	X	
14	The books are in care of: ROSS & WORKMAN, LLC Telephone no.: (801) 254-9781 Located at: 1223 WEST CHAVEZ DRIVE, SOUTH JORDAN, UT ZIP + 4: 84095			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year: N/A	15		N/A
16	At any time during calendar year 2010, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See the instructions for exceptions and filing requirements for Form TD F 90-22.1. If 'Yes,' enter the name of the foreign country:	16	Yes	No
				X

Part VII B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	☐ Yes ☒ No	
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	☐ Yes ☒ No	
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	☐ Yes ☒ No	
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	☐ Yes ☒ No	
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	☐ Yes ☒ No	
(6) Agree to pay money or property to a government official? (Exception. Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	☐ Yes ☒ No	
b If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see the instructions)?	1b	N/A
Organizations relying on a current notice regarding disaster assistance check here: ☐		
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2010?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2010, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2010?	☐ Yes ☒ No	
If 'Yes,' list the years: 20__ , 20__ , 20__ , 20__		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer 'No' and attach statement - see the instructions.)	2b	N/A
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here: 20__ , 20__ , 20__ , 20__		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	☐ Yes ☒ No	
b If 'Yes,' did it have excess business holdings in 2010 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2010.)	3b	N/A
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2010?	4b	X

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Part VII B Statements Regarding Activities for Which Form 4720 May Be Required (continued)**5a** During the year did the foundation pay or incur any amount to:

- (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? ☐ Yes ☒ No
- (2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? ☐ Yes ☒ No
- (3) Provide a grant to an individual for travel, study, or other similar purposes? ☐ Yes ☒ No
- (4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions) ☐ Yes ☒ No
- (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? ☐ Yes ☒ No

b If any answer is 'Yes' to 5a(1)-(5), did **any** of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?Organizations relying on a current notice regarding disaster assistance check here ☐**c** If the answer is 'Yes' to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? ☐ Yes ☐ No

If 'Yes,' attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? ☐ Yes ☒ No**b** Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? ☐ Yes ☒ No

If 'Yes' to 6b, file Form 8870

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? ☐ Yes ☒ No**b** If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?**Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors****1** List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	(b) Title and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
LYNNE RICH 387 SAN FERNANDO STREET SAN DIEGO, CA 92106	TRUSTEE 3.00	10,000.	0.	0.
DIANA LICHFIELD 387 SAN FERNANDO STREET SAN DIEGO, CA 92106	TRUSTEE 0.50	0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1— see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than \$50,000	(b) Title and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**3** Five highest-paid independent contractors for professional services (see instructions). If none, enter 'NONE'.

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services. 0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3.	0.

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	847,115.
b	Average of monthly cash balances	1b	107,326.
c	Fair market value of all other assets (see instructions)	1c	
d	Total (add lines 1a, b, and c).	1d	954,441.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	954,441.
4	Cash deemed held for charitable activities. Enter 1-1/2% of line 3 (for greater amount, see instructions).	4	14,317.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	940,124.
6	Minimum investment return. Enter 5% of line 5	6	47,006.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	47,006.
2a	Tax on investment income for 2010 from Part VI, line 5.	2a	1,950.
b	Income tax for 2010. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	1,950.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	45,056.
4	Recoveries of amounts treated as qualifying distributions	4	
5	Add lines 3 and 4	5	45,056.
6	Deduction from distributable amount (see instructions)	6	
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	45,056.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. — total from Part I, column (d), line 26	1a	17,941.
b	Program-related investments — total from Part IX-B	1b	
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	17,941.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions)	5	
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	17,941.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2009	(c) 2009	(d) 2010
1 Distributable amount for 2010 from Part XI, line 7				45,056.
2 Undistributed income, if any, as of the end of 2010:				
a Enter amount for 2009 only			16,827.	
b Total for prior years: 20__, 20__, 20__		0.		
3 Excess distributions carryover, if any, to 2010:				
a From 2005				
b From 2006				
c From 2007				
d From 2008				
e From 2009				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2010 from Part XII, line 4 ▶ \$ 17,941.				
a Applied to 2009, but not more than line 2a			16,827.	
b Applied to undistributed income of prior years (Election required — see instructions)		0.		
c Treated as distributions out of corpus (Election required — see instructions)	0.			
d Applied to 2010 distributable amount				1,114.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2010. (If an amount appears in column (d), the same amount must be shown in column (a))	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed.		0.		
d Subtract line 6c from line 6b. Taxable amount — see instructions		0.		
e Undistributed income for 2009. Subtract line 4a from line 2a. Taxable amount — see instructions			0.	
f Undistributed income for 2010. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2011				43,942.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions)	0.			
8 Excess distributions carryover from 2005 not applied on line 5 or line 7 (see instructions)	0.			
9 Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9				
a Excess from 2006				
b Excess from 2007				
c Excess from 2008				
d Excess from 2009				
e Excess from 2010				

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N/A

- (4) Gross investment income**

[illegible]

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors

Part IV Supplementary Information (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
Total				3a
b Approved for future payment				
Total				3b

Part XVI-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated.

Enter gross amounts unless otherwise indicated.		Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (see the instructions)
	(a) Business code	(b) Amount	(c) Exclu- sion code	(d) Amount		
1	Program service revenue:					
a						
b						
c						
d						
e						
f						
g	Fees and contracts from government agencies					
2	Membership dues and assessments					
3	Interest on savings and temporary cash investments			14	3,968.	
4	Dividends and interest from securities			14	11,707.	
5	Net rental income or (loss) from real estate:					
a	Debt-financed property					
b	Not debt-financed property					
6	Net rental income or (loss) from personal property					
7	Other investment income					
8	Gain or (loss) from sales of assets other than inventory			18	114,955.	
9	Net income or (loss) from special events					
10	Gross profit or (loss) from sales of inventory					
11	Other revenue:					
a						
b						
c						
d						
e						
12	Subtotal. Add columns (b), (d), and (e)				130,630.	
13	Total. Add line 12, columns (b), (d), and (e)				13	130,630.

(See worksheet in line 13 instructions to verify calculations.)

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

[illegible]

ESSE QUAM VIDERI FOUNDATION
387 SAN FERNANDO ST
SAN DIEGO CA 92106-3335

Schedule of Realized Gains and Losses

Short-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
62.000	ABBOTT LABORATORIES SYMBOL: ABT	05/18/09	01/06/10	3,367.91	2,673.19	694.72
175.000	BAXTER INTERNATIONAL INC SYMBOL: BAX	05/18/09	05/05/10	7,939.62	8,657.16	-717.54
48.000	BAXTER INTERNATIONAL INC SYMBOL: BAX	06/12/09	05/05/10	2,177.73	2,393.69	-215.96
189.000	EMC CORP MASS SYMBOL: EMC	07/02/10	11/30/10	4,082.61	3,413.06	669.55
54.000	ESTEE LAUDER COMPANIES INC CL A SYMBOL: EL	05/18/09	03/03/10	3,305.49	1,788.45	1,517.04
9,000.000	FEDERAL HOME LOAN MTG CORP 3.250% DUE 07/16/2010 ORIGINAL COST: 9,129.15, PREMIUM AMORTIZED: 129.15, ORIGINAL PRICE: 101.435 CUSIP: 3137EABQ1	02/01/10	07/16/10	9,000.00	9,000.00	0.00
12,000.000	FEDERAL HOME LOAN MTG CORP 2.875% DUE 02/09/2015 ORIGINAL COST: 12,129.72, PREMIUM AMORTIZED: 20.14, ORIGINAL PRICE: 101.081 CUSIP: 3137EACH0	02/09/10	11/30/10	12,717.30	12,109.58	607.72
3,000.000	FEDERAL HOME LOAN MTG CORP DISC NOTE 0.000% DUE 08/20/2010 CUSIP: 313397C66	03/03/10	08/20/10	3,000.00	2,997.03	2.97
9,000.000	FEDERAL NATIONAL MTG ASSN 2.625% DUE 11/20/2014 ORIGINAL COST: 9,045.18, PREMIUM AMORTIZED: 7.32, ORIGINAL PRICE: 100.502 CUSIP: 31398AZV7	02/09/10	11/30/10	9,475.67	9,037.86	437.80
12,000.000	FEDERAL NATIONAL MTG ASSN 2.625% DUE 11/20/2014 ORIGINAL COST: 12,026.52, PREMIUM AMORTIZED: 4.43, ORIGINAL PRICE: 100.221 CUSIP: 31398AZV7	02/01/10	11/30/10	12,634.22	12,022.09	612.13
10,000.000	FEDERAL NATIONAL MTG ASSN 5.375% DUE 06/12/2017 ORIGINAL COST: 11,330.70, PREMIUM AMORTIZED: 103.70, ORIGINAL PRICE: 113.307 CUSIP: 31398ADM1	05/15/09	02/01/10	11,196.50	11,227.00	-30.50
15,000.000	FEDERAL NATIONAL MTG ASSN 5.375% DUE 06/12/2017	05/15/09	02/09/10	16,821.60	16,835.59	-13.99

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	ORIGINAL COST: 16,996.05, PREMIUM AMORTIZED: 160.46, ORIGINAL PRICE: 113.307 CUSIP: 31398ADM1					
255.000	GILEAD SCIENCES INC SYMBOL: GILD	05/18/09	05/05/10	10,142.77	11,023.27	-880.50
125.000	GOODRICH CORPORATION (FRM B F GOODRICH CO) SYMBOL: GR	05/06/10	11/30/10	10,760.44	9,301.25	1,459.19
88.000	HALLIBURTON CO SYMBOL: HAL	06/21/10	11/19/10	3,335.24	2,417.35	917.89
69.000	KOHL'S CORP SYMBOL: KSS	03/03/10	11/30/10	3,926.82	3,674.18	252.64
135.000	MCKESSON CORP SYMBOL: MCK	05/13/10	11/30/10	8,676.77	9,436.97	-760.20
113.000	MERCK & CO INC NEW SYMBOL: MRK	12/01/10	12/20/10	4,127.07	3,931.26	195.81
110.000	MONSANTO CO NEW SYMBOL: MON	05/18/09	05/05/10	6,712.09	9,968.09	-3,256.00
45.000	NIKE INC-CL B SYMBOL: NKE	05/18/09	05/13/10	3,434.80	2,277.90	1,156.90
57.000	QUALCOMM INC SYMBOL: QCOM	03/03/10	11/30/10	2,676.73	2,205.89	470.84
58.000	ROCKWELL AUTOMATION INC SYMBOL: ROK	05/18/09	03/03/10	3,209.10	1,897.73	1,311.37
178.000	SCHLUMBERGER LTD SYMBOL: SLB	11/19/10	11/30/10	13,707.56	13,406.01	301.55
80.000	STATE STREET CORP SYMBOL: STT	12/22/09	11/30/10	3,468.75	3,511.94	-43.19
70.000	STATE STREET CORP SYMBOL: STT	05/13/10	11/30/10	3,035.15	2,968.69	66.46
135.000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	01/06/10	11/30/10	6,778.37	7,722.56	-944.19
53.000	THERMO FISHER SCIENTIFIC INC SYMBOL: TMO	05/18/09	01/06/10	2,560.44	1,865.92	694.52
196.000	TJX COMPANIES INC NEW SYMBOL: TJX	07/02/10	11/30/10	8,978.89	8,331.47	647.42
3,000.000	UNITED STATES TREASNTS 4.875% DUE 02/15/2012 ORIGINAL COST: 3,306.81, PREMIUM AMORTIZED: 81.13, ORIGINAL PRICE: 110.227 CUSIP: 9128277L0	05/15/09	02/09/10	3,241.17	3,225.68	15.48
4,000.000	UNITED STATES TREASURY BILL	08/13/09	04/01/10	3,998.02	3,984.10	13.92

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	REISSUE 07/01/2010 0.000% DUE 07/29/2010 CUSIP: 912795U74					
9,000,000	UNITED STATES TREASURY BILL	07/31/09	04/01/10	8,995.54	8,959.05	36.49
	REISSUE 07/01/2010 0.000% DUE 07/29/2010 CUSIP: 912795U74					
4,000,000	UNITED STATES TREASURY BONDS	05/15/09	01/04/10	5,615.92	5,784.74	-168.84
	9.000% DUE 11/15/2018 ORIGINAL COST: 5,895.00, PREMIUM AMORTIZED: 110.26, ORIGINAL PRICE: 147.375 SYMBOL: USEBJ					
6,000,000	UNITED STATES TREASURY BONDS	05/15/09	02/01/10	8,513.88	8,656.99	-143.11
	9.000% DUE 11/15/2018 ORIGINAL COST: 8,842.50, PREMIUM AMORTIZED: 185.51, ORIGINAL PRICE: 147.375 SYMBOL: USEBJ					
9,000,000	UNITED STATES TREASURY NOTE	10/01/10	11/30/10	9,155.39	9,157.24	-1.85
	1.375% DUE 10/15/2012 ORIGINAL COST: 9,170.51, PREMIUM AMORTIZED: 13.27, ORIGINAL PRICE: 101.895 CUSIP: 912828LR9					
18,000,000	UNITED STATES TREASURY NOTE	08/12/09	02/01/10	18,322.74	18,126.90	195.66
	1.750% DUE 11/15/2011 ORIGINAL COST: 18,160.31, PREMIUM AMORTIZED: 33.41, ORIGINAL PRICE: 100.891 CUSIP: 912828JU5					
6,000,000	UNITED STATES TREASURY NOTE	04/01/10	05/11/10	6,097.68	6,083.43	14.16
	1.750% DUE 11/15/2011 ORIGINAL COST: 6,089.06, PREMIUM AMORTIZED: 5.63, ORIGINAL PRICE: 101.484 CUSIP: 912828JU5					
9,000,000	UNITED STATES TREASURY NOTE	08/12/09	05/11/10	9,146.52	9,053.99	92.53
	1.750% DUE 11/15/2011 ORIGINAL COST: 9,080.15, PREMIUM AMORTIZED: 26.16, ORIGINAL PRICE: 100.891 CUSIP: 912828JU5					
3,000,000	UNITED STATES TREASURY NOTE	04/01/10	11/30/10	3,041.13	3,026.53	14.60
	1.750% DUE 11/15/2011 ORIGINAL COST: 3,044.53, PREMIUM AMORTIZED: 18.00, ORIGINAL PRICE: 101.484 CUSIP: 912828JU5					
3,000,000	UNITED STATES TREASURY NOTE	05/15/09	02/09/10	3,017.46	3,000.08	17.38
	1.125% DUE 01/15/2012 ORIGINAL COST: 3,000.12, PREMIUM AMORTIZED: 0.04, ORIGINAL PRICE: 100.004 CUSIP: 912828KB5					
3,000,000	UNITED STATES TREASURY NOTE	10/01/09	02/01/10	2,810.85	2,890.20	-79.35
	2.750% DUE 02/15/2019 CUSIP: 912828KD1					
3,000,000	UNITED STATES TREASURY NOTE	06/30/09	01/07/10	2,845.31	2,903.55	-58.24
	3.125% DUE 05/15/2019 CUSIP: 912828KQ2					

Schedule of Realized Gains and Losses (cont)

Short Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
6,000.000	UNITED STATES TREASURY NOTE 3.125% DUE 05/15/2019 CUSIP: 912828KQ2	01/04/10	01/07/10	5,690.63	5,679.84	10.79
9,000.000	UNITED STATES TREASURY NOTE 1.375% DUE 09/15/2012 ORIGINAL COST: 9,153.98, PREMIUM AMORTIZED: 18.54, ORIGINAL PRICE: 101.711 CUSIP: 912828LM0	09/01/10	11/30/10	9,150.12	9,135.44	14.68
2,000.000	UNITED STATES TREASURY NOTE 2.250% DUE 01/31/2015 CUSIP: 912828MH0	03/02/10	05/27/10	2,014.36	1,999.14	15.22
3,000.000	UNITED STATES TREASURY NOTE 2.250% DUE 01/31/2015 ORIGINAL COST: 3,003.05, PREMIUM AMORTIZED: 0.04, ORIGINAL PRICE: 100.102 CUSIP: 912828MH0	05/05/10	05/27/10	3,021.54	3,003.01	18.53
10,000.000	UNITED STATES TREASURY NOTE 2.250% DUE 01/31/2015 CUSIP: 912828MH0	02/09/10	05/27/10	10,071.80	9,971.80	100.00
27,000.000	UNITED STATES TREASURY NOTE 2.250% DUE 01/31/2015 CUSIP: 912828MH0	02/01/10	05/27/10	27,193.86	26,839.62	354.24
3,000.000	UNITED STATES TREASURY NOTE 3.625% DUE 02/15/2020 ORIGINAL COST: 3,016.86, PREMIUM AMORTIZED: 0.13, ORIGINAL PRICE: 100.562 CUSIP: 912828MP2	05/11/10	06/11/10	3,095.64	3,016.73	78.90
9,000.000	UNITED STATES TREASURY NOTE 3.625% DUE 02/15/2020 ORIGINAL COST: 9,050.58, PREMIUM AMORTIZED: 1.46, ORIGINAL PRICE: 100.562 CUSIP: 912828MP2	05/11/10	09/08/10	9,779.41	9,049.12	730.29
6,000.000	UNITED STATES TREASURY NOTE 3.500% DUE 05/15/2020 ORIGINAL COST: 6,280.80, PREMIUM AMORTIZED: 8.23, ORIGINAL PRICE: 104.680 CUSIP: 912828ND8	08/02/10	11/30/10	6,398.20	6,272.57	125.63
18,000.000	UNITED STATES TREASURY NOTE 0.625% DUE 06/30/2012 ORIGINAL COST: 18,030.78, PREMIUM AMORTIZED: 5.29, ORIGINAL PRICE: 100.171 CUSIP: 912828NS5	08/02/10	11/30/10	18,061.88	18,025.49	36.39
9,000.000	UNITED STATES TREASURY NOTE 10 YR INFLATION INDEXED NOTES 1.250% DUE 07/15/2020 ADJUSTED QUANTITY: 9,014.220, ORIGINAL COST: 9,245.68, DISTRIBUTIONS: 12.42, PURCHASE FACTOR: 1.0002, SALE FACTOR: 1.00158 CUSIP: 912828NM8	09/08/10	11/29/10	9,508.77	9,264.93	243.84
15,000.000	UNITED STATES TREASURY NOTE 2.625% DUE 08/15/2020	10/01/10	11/30/10	14,817.77	15,138.62	320.85

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	ORIGINAL COST: 15,140.63, PREMIUM AMORTIZED: 2.01, ORIGINAL PRICE: 100.938 CUSIP: 912828NT3					
9,000.000	UNITED STATES TREASURY NOTE 2.750% DUE 02/28/2013 ORIGINAL COST: 9,322.03, PREMIUM AMORTIZED: 39.73, ORIGINAL PRICE: 103.578 CUSIP: 912828HT0	08/31/09	02/09/10	9,370.17	9,282.30	87.84
3,000.000	UNITED STATES TREASURY NOTE 2.750% DUE 02/28/2013 ORIGINAL COST: 3,150.82, PREMIUM AMORTIZED: 23.35, ORIGINAL PRICE: 105.027 CUSIP: 912828HT0	06/30/10	11/30/10	3,150.24	3,127.47	22.77
2,000.000	UNITED STATES TREASURY NOTE 2.750% DUE 02/28/2013 ORIGINAL COST: 2,084.06, PREMIUM AMORTIZED: 25.22, ORIGINAL PRICE: 104.203 CUSIP: 912828HT0	12/04/09	11/30/10	2,100.15	2,058.84	41.31
4,000.000	UNITED STATES TREASURY NOTE 4.250% DUE 08/15/2015 ORIGINAL COST: 4,392.50, PREMIUM AMORTIZED: 3.51, ORIGINAL PRICE: 109.813 CUSIP: 912828EE6	05/27/10	06/11/10	4,420.80	4,388.99	31.64
14,000.000	UNITED STATES TREASURY NOTE 4.250% DUE 08/15/2015 ORIGINAL COST: 15,373.75, PREMIUM AMORTIZED: 45.96, ORIGINAL PRICE: 109.813 CUSIP: 912828EE6	05/27/10	08/02/10	15,785.00	15,327.79	457.24
21,000.000	UNITED STATES TREASURY NOTE 4.250% DUE 08/15/2015 ORIGINAL COST: 23,060.63, PREMIUM AMORTIZED: 132.71, ORIGINAL PRICE: 109.813 CUSIP: 912828EE6	05/27/10	10/01/10	24,021.21	22,927.92	1,093.29
80.000	W.W.GRAINGER INC SYMBOL: GWW	10/16/09	05/13/10	8,690.21	7,597.29	1,092.92
215.000	XTO ENERGY INC CUSIP: 98385X106	05/18/09	01/29/10	9,604.09	8,954.64	649.45
Short-Term Subtotal				471,997.10		9,987.40

Long-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
53.000	ABBOTT LABORATORIES SYMBOL: ABT	09/11/09	11/30/10	2,464.54	2,472.57	-8.03
198.000	ABBOTT LABORATORIES SYMBOL: ABT	05/18/09	11/30/10	9,207.14	8,536.97	670.17
18.000	BHP BILLITON LTD SPONSORED ADR SYMBOL: BHP	09/10/08	11/30/10	1,499.20	1,039.73	459.47
85.000	BHP BILLITON LTD	05/18/09	11/30/10	7,079.53	4,382.60	2,696.93

ESSE QUAM VIDERI FOUNDATION
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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	SPONSORED ADR SYMBOL: BHP					
287.000	BROADCOM CORP CL A SYMBOL: BRCM	09/02/09	11/30/10	12,788.79	7,932.51	4,856.28
185.000	CELGENE CORP SYMBOL: CELG	05/18/09	11/30/10	10,974.03	7,299.82	3,674.21
55.000	CISCO SYSTEMS INC SYMBOL: CSCO	02/05/09	11/30/10	1,057.69	899.35	158.34
103.000	CISCO SYSTEMS INC SYMBOL: CSCO	02/06/09	11/30/10	1,980.76	1,728.60	252.16
700.000	CISCO SYSTEMS INC SYMBOL: CSCO	05/18/09	11/30/10	13,461.47	13,117.16	344.31
230.000	COACH INC SYMBOL: COH	05/18/09	11/30/10	13,119.55	15,721.71	7,397.84
210.000	COOPER INDUSTRIES PLC NEW IRELAND SYMBOL: CBE	07/08/09	11/30/10	11,468.64	6,148.28	5,320.36
404.000	EMC CORP MASS SYMBOL: EMC	06/10/09	11/30/10	8,726.86	5,163.12	3,563.74
195.000	EMERSON ELECTRIC CO SYMBOL: EMR	05/18/09	11/30/10	10,752.40	6,783.47	3,968.93
141.000	ESTEE LAUDER COMPANIES INC CL A SYMBOL: EL	05/18/09	11/30/10	10,569.67	4,669.85	5,899.82
190.000	EXPRESS SCRIPTS INC COMMON SYMBOL: ESRX	05/18/09	11/30/10	9,965.52	5,650.32	4,315.21
36.000	GOOGLE INC CL A SYMBOL: GOOG	06/10/09	11/30/10	20,191.69	15,398.53	4,793.16
1.000	HALLIBURTON CO SYMBOL: HAL	12/14/07	11/19/10	37.90	37.98	-0.08
18.000	HALLIBURTON CO SYMBOL: HAL	12/17/07	11/19/10	682.21	663.76	18.45
79.000	HALLIBURTON CO SYMBOL: HAL	11/06/08	11/19/10	2,994.14	1,441.20	1,552.94
125.000	HALLIBURTON CO SYMBOL: HAL	05/18/09	11/19/10	4,737.56	2,744.99	1,992.57
61.000	INTEL CORP SYMBOL: INTC	01/16/08	11/30/10	1,290.74	1,218.92	71.82
209.000	INTEL CORP SYMBOL: INTC	06/26/07	11/30/10	4,422.39	4,032.66	389.73
78.000	INTEL CORP SYMBOL: INTC	12/18/08	11/30/10	1,650.46	1,149.39	501.07

Schedule of Realized Gains and Losses (cont)

Long Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
260.000	INTEL CORP SYMBOL: INTC	05/18/09	11/30/10	5,501.53	4,027.40	1,474.13
155.000	INTERNATIONAL BUSINESS MACHINES CORP SYMBOL: IBM	05/18/09	11/30/10	22,079.76	16,167.90	5,911.86
166.000	JACOBS ENGINEERING GROUP INC SYMBOL: JEC	10/16/09	11/30/10	6,429.49	7,555.39	-1,125.90
140.000	KOHL'S CORP SYMBOL: KSS	05/18/09	11/30/10	7,967.47	5,954.13	2,013.34
79.000	MICROSOFT CORP SYMBOL: MSFT	03/11/08	11/30/10	2,003.48	2,277.77	-274.29
64.000	MICROSOFT CORP SYMBOL: MSFT	03/12/08	11/30/10	1,623.08	1,860.26	-237.18
32.000	MICROSOFT CORP SYMBOL: MSFT	03/13/08	11/30/10	811.54	913.82	-102.28
207.000	MICROSOFT CORP SYMBOL: MSFT	05/18/09	11/30/10	5,249.63	4,236.98	1,012.65
135.000	NIKE INC CL B SYMBOL: NKE	05/18/09	11/30/10	11,621.96	6,833.70	4,788.26
3.000	PEPSICO INC SYMBOL: PEP	10/29/08	08/11/10	196.56	168.74	27.82
4.000	PEPSICO INC SYMBOL: PEP	11/07/08	08/11/10	262.08	222.15	39.93
6.000	PEPSICO INC SYMBOL: PEP	10/31/08	08/11/10	393.12	343.47	49.65
8.000	PEPSICO INC SYMBOL: PEP	10/30/08	08/11/10	524.17	453.46	70.71
13.000	PEPSICO INC SYMBOL: PEP	11/05/08	08/11/10	851.76	742.42	109.34
15.000	PEPSICO INC SYMBOL: PEP	11/06/08	08/11/10	982.80	826.90	155.90
6.000	PEPSICO INC SYMBOL: PEP	11/07/08	11/30/10	388.50	333.22	55.28
6.000	PEPSICO INC SYMBOL: PEP	02/05/09	11/30/10	388.50	314.48	74.02
9.000	PEPSICO INC SYMBOL: PEP	11/10/08	11/30/10	582.75	488.94	93.81
14.000	PEPSICO INC SYMBOL: PEP	02/06/09	11/30/10	906.51	745.54	160.97
51.000	PEPSICO INC SYMBOL: PEP	06/22/09	11/30/10	3,302.27	2,739.31	562.96
115.000	PEPSICO INC SYMBOL: PEP	05/18/09	11/30/10	7,446.30	5,866.84	1,579.46

Schedule of Realized Gains and Losses (cont)

Long Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
75.000	PROCTER & GAMBLE CO SYMBOL: PG	05/18/09	07/02/10	4,461.68	3,917.96	543.72
170.000	PROCTER & GAMBLE CO SYMBOL: PG	05/18/09	11/30/10	10,456.52	8,880.72	1,575.80
91.000	QUALCOMM INC SYMBOL: QCOM	05/18/09	08/11/10	3,575.41	3,815.49	-240.08
249.000	QUALCOMM INC SYMBOL: QCOM	05/18/09	11/30/10	11,693.09	10,440.20	1,252.89
132.000	ROCKWELL AUTOMATION INC SYMBOL: ROK	05/18/09	11/30/10	8,751.78	4,318.98	4,432.80
79.000	ST JUDE MEDICAL INC SYMBOL: STJ	05/18/09	08/12/10	2,928.85	2,933.19	-4.34
59.000	ST JUDE MEDICAL INC SYMBOL: STJ	07/27/09	11/30/10	2,286.22	2,281.48	4.74
116.000	ST JUDE MEDICAL INC SYMBOL: STJ	05/18/09	11/30/10	4,494.93	4,306.97	187.97
290.000	STAPLES INC SYMBOL: SPLS	05/18/09	11/30/10	6,398.31	5,843.07	555.24
110.000	STATE STREET CORP SYMBOL: STT	05/18/09	11/30/10	4,769.53	4,495.69	273.84
162.000	THERMO FISHER SCIENTIFIC INC SYMBOL: TMO	05/18/09	11/30/10	8,297.73	5,703.37	2,594.36
48.000	UNION PACIFIC CORP SYMBOL: UNP	05/18/09	11/30/10	4,337.20	2,318.21	2,018.99
9,000,000	UNITED STATES TREAS NTS 4.875% DUE 02/15/2012 ORIGINAL COST: 9,920.43, PREMIUM AMORTIZED: 513.03, ORIGINAL PRICE: 110.227 CUSIP: 9128277L0	05/15/09	11/30/10	9,495.00	9,407.40	87.60
6,000,000	UNITED STATES TREASURY NOTE 2.750% DUE 10/31/2013 ORIGINAL COST: 6,238.38, PREMIUM AMORTIZED: 80.36, ORIGINAL PRICE: 103.973 CUSIP: 912828JQ4	05/15/09	11/30/10	6,357.89	6,158.02	199.87
7,000,000	UNITED STATES TREASURY NOTE 2.750% DUE 02/28/2013 ORIGINAL COST: 7,250.47, PREMIUM AMORTIZED: 87.78, ORIGINAL PRICE: 103.578 CUSIP: 912828HT0	08/31/09	11/30/10	7,350.55	7,162.69	187.86
190.000	UNITED TECHNOLOGIES CORP SYMBOL: UTX	05/18/09	11/30/10	14,264.95	10,049.00	4,215.95
404.000	US BANCORP DEL COM NEW SYMBOL: USB	06/12/09	11/30/10	9,672.20	7,453.76	2,218.44
281.000	WAL-MART STORES INC SYMBOL: WMT	11/25/09	11/30/10	15,252.95	15,426.54	-173.59

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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
245.000	WALGREEN CO SYMBOL: WAG	05/18/09	07/02/10	6,458.11	7,484.63	-1,026.52
325.000	WALT DISNEY CO SYMBOL: DIS	05/18/09	11/30/10	11,960.28	7,808.45	4,151.83
490.000	WESTERN UNION CO SYMBOL: WU	05/18/09	11/30/10	8,668.97	8,403.26	265.71
Long-Term Subtotal				402,568.29		92,652.92
Total Gains and Losses				874,565.39		102,640.32

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Schedule of Realized Gains and Losses

Short-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
381,000	BANCO SANTANDER BRAZIL SA ADR REPR 1 COM STK NPV SYMBOL: BSBR	10/07/09	05/03/10	4,469.05	5,006.34	-537.29
87,000	BANCO SANTANDER BRAZIL SA ADR REPR 1 COM STK NPV SYMBOL: BSBR	01/05/10	05/03/10	1,020.49	1,197.80	-177.31
9,000	BAXTER INTERNATIONAL INC SYMBOL: BAX	07/02/09	01/12/10	537.74	472.84	64.90
31,000	BAXTER INTERNATIONAL INC SYMBOL: BAX	12/11/09	05/14/10	1,363.97	1,797.50	-433.53
49,000	BAXTER INTERNATIONAL INC SYMBOL: BAX	07/02/09	05/14/10	2,155.96	2,574.37	-418.41
28,000	BAXTER INTERNATIONAL INC SYMBOL: BAX	07/22/09	05/14/10	1,231.98	1,524.30	-292.32
17,000	BHP BILLITON PLC SPONSORED ADR SYMBOL: BBL	12/21/09	04/09/10	1,194.50	1,045.49	149.01
27,000	BHP BILLITON PLC SPONSORED ADR SYMBOL: BBL	12/21/09	06/14/10	1,526.05	1,660.49	-134.44
17,000	C.H. ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	10/21/09	04/09/10	957.31	1,003.00	-45.69
14,000	C.H. ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	10/21/09	10/13/10	993.98	826.00	167.98
15,000	C.H. ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	11/12/09	10/13/10	1,064.98	870.37	194.61
29,000	C.H. ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	12/11/09	10/13/10	2,058.97	1,673.79	385.17
11,000	CANADIAN NATURAL RESOURCES LTD SYMBOL: CNQ	05/14/09	01/26/10	721.17	562.21	158.96
18,000	CANADIAN NATURAL RESOURCES	05/14/09	04/29/10	1,393.53	919.98	473.55

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	LTD SYMBOL: CNQ					
5.000	CANADIAN NATURAL RESOURCES LTD	05/14/09	05/13/10	358.20	255.55	102.65
	SYMBOL: CNQ					
36.000	CANADIAN NATURAL RESOURCES LTD	08/03/09	05/13/10	2,579.01	2,290.87	288.14
	SYMBOL: CNQ					
6.000	CATERPILLAR INC	09/15/09	01/12/10	373.25	302.58	70.67
	SYMBOL: CAT					
18.000	CATERPILLAR INC	09/15/09	04/09/10	1,174.74	907.74	267.00
	SYMBOL: CAT					
30.000	CATERPILLAR INC	09/15/09	04/29/10	2,098.05	1,512.90	585.15
	SYMBOL: CAT					
19.000	CATERPILLAR INC	09/15/09	06/14/10	1,166.60	958.17	208.43
	SYMBOL: CAT					
265.000	CHARLES SCHWAB CORP NEW	09/24/09	02/10/10	4,733.20	4,914.82	-181.62
	SYMBOL: SCHW					
55.000	CHARLES SCHWAB CORP NEW	01/07/10	02/10/10	982.36	1,037.30	-54.94
	SYMBOL: SCHW					
87.000	COCA COLA ENTERPRISES INC	06/07/10	10/04/10	2,790.96	2,210.55	580.41
	CUSIP: 191219104					
120.000	CORNING INC	01/21/10	03/05/10	2,167.17	2,365.20	-198.03
	SYMBOL: GLW					
64.000	EBAY INC	04/29/10	10/27/10	1,857.91	1,530.85	327.06
	SYMBOL: EBAY					
29.000	EBAY INC	04/29/10	12/10/10	887.67	693.67	194.00
	SYMBOL: EBAY					
33.000	ECOLAB INC	04/29/10	12/13/10	1,592.01	1,580.24	11.77
	SYMBOL: ECL					
29.000	ECOLAB INC	06/29/10	12/13/10	1,399.03	1,303.23	95.80
	SYMBOL: ECL					
8.000	HSBC HOLDINGS PLC	08/04/09	01/12/10	469.59	438.70	30.89
	SPONSORED ADR NEW					
	SYMBOL: HBC					
83.000	HSBC HOLDINGS PLC	08/04/09	02/11/10	4,222.19	4,551.53	-329.34
	SPONSORED ADR NEW					
	SYMBOL: HBC					
6.000	INTERNATIONAL BUSINESS MACHINES CORP	10/21/09	01/12/10	781.79	736.07	45.72
	SYMBOL: IBM					
10.000	ITC HOLDINGS CORP	03/20/09	01/12/10	522.99	397.88	125.11
	SYMBOL: ITC					

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
39,000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	01/05/10	10/15/10	1,443.64	1,689.81	-246.17
74,000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	10/01/10	10/15/10	2,739.21	2,883.78	-144.57
71,000	MEAD JOHNSON NUTRITION COMPANY COMMON STOCK SYMBOL: MJN	01/15/10	11/10/10	4,249.99	3,280.56	969.43
54,000	MEDCO HEALTH SOLUTIONS INC SYMBOL: MHS	10/23/09	06/03/10	3,167.10	3,118.86	48.24
23,000	MEDCO HEALTH SOLUTIONS INC SYMBOL: MHS	12/11/09	09/03/10	1,034.99	1,500.66	-465.67
23,000	MEDCO HEALTH SOLUTIONS INC SYMBOL: MHS	11/27/09	09/03/10	1,034.99	1,444.14	-409.15
5,000	MEDCO HEALTH SOLUTIONS INC SYMBOL: MHS	10/23/09	09/03/10	225.00	288.78	-63.79
94,000	MICROSOFT CORP SYMBOL: MSFT	01/26/10	10/01/10	2,299.32	2,790.86	-491.54
69,000	MICROSOFT CORP SYMBOL: MSFT	02/16/10	10/01/10	1,687.80	1,938.90	-251.10
49,000	NORFOLK SOUTHERN CORP SYMBOL: NSC	10/20/09	03/08/10	2,599.52	2,429.89	169.63
4,000	NORFOLK SOUTHERN CORP SYMBOL: NSC	10/20/09	10/05/10	236.00	198.36	37.64
7,000	NORFOLK SOUTHERN CORP SYMBOL: NSC	01/07/10	10/05/10	412.99	366.96	46.03
34,000	NORFOLK SOUTHERN CORP SYMBOL: NSC	10/22/09	10/05/10	2,005.96	1,659.59	346.37
22,000	OCCIDENTAL PETE CORP SYMBOL: OXY	02/11/10	11/16/10	1,872.18	1,754.70	117.48
17,000	PARTNERRE LTD SYMBOL: PRE	11/11/09	10/04/10	1,363.09	1,309.00	54.09
34,000	PARTNERRE LTD SYMBOL: PRE	12/03/09	12/01/10	2,655.69	2,607.17	48.52
19,000	PLUM CREEK TIMBER CO INC COM SYMBOL: PCL	08/03/09	01/12/10	727.88	602.73	125.15
31,000	PLUM CREEK TIMBER CO INC COM SYMBOL: PCL	08/03/09	04/23/10	1,325.01	983.40	341.61

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Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
31.000	PRAIRIE AIR INC SYMBOL: PX	08/03/09	02/22/10	2,387.86	2,435.31	-47.45
13.000	RANGE RESOURCES CORP SYMBOL: RRC	04/09/10	12/17/10	550.39	653.50	-103.11
35.000	TEEKAY CORPORATION MARSHALL ISLAND SYMBOL: TK	09/15/09	01/12/10	914.53	719.67	194.86
53.000	VERISK ANALYTICS INC CL A SYMBOL: VRSK	10/12/09	06/22/10	1,617.43	1,445.88	171.55
13.000	VISA INC CL A COMMON STOCK SYMBOL: V	04/29/10	12/10/10	1,031.30	1,200.68	-169.38
18.000	VISA INC CL A COMMON STOCK SYMBOL: V	02/11/10	12/10/10	1,427.95	1,518.09	-90.14
37.000	VISA INC CL A COMMON STOCK SYMBOL: V	05/03/10	12/14/10	12,986.17	13,312.74	-326.57
3.000	VISA INC CL A COMMON STOCK SYMBOL: V	04/29/10	12/14/10	242.12	277.08	-34.96
38.000	VISA INC CL A COMMON STOCK SYMBOL: V	08/20/10	12/14/10	13,066.88	12,654.29	412.59
0.252	VORNADO REALTY TRUST SYMBOL: VNO	12/15/09	02/10/10	15.86	17.31	-1.45
0.421	VORNADO REALTY TRUST SYMBOL: VNO	09/15/09	02/10/10	26.52	22.84	3.68
17.000	VORNADO REALTY TRUST SYMBOL: VNO	05/14/09	02/10/10	1,071.40	772.91	298.49
32.000	VORNADO REALTY TRUST SYMBOL: VNO	07/23/09	02/10/10	2,016.75	1,576.30	440.45
235.000	YAHOO INC SYMBOL: YHOO	04/09/10	08/18/10	3,294.71	4,077.25	-782.54
Short-Term Subtotal				102,576.63		1,922.28

Long-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
10.000	AMERICAN TOWER CORP CL A SYMBOL: AMT	07/06/06	01/12/10	432.71	323.36	109.35

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Schedule of Realized Gains and Losses (cont)

Long Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
40.000	AMERICAN TOWER CORP CL A SYMBOL: AMT	08/17/07	01/12/10	1,730.84	1,583.45	147.39
14.000	AMERICAN TOWER CORP CL A SYMBOL: AMT	07/05/06	01/12/10	605.79	447.90	157.89
5.000	AMERICAN TOWER CORP CL A SYMBOL: AMT	08/17/07	12/10/10	252.50	197.93	54.57
25.000	AMERICAN TOWER CORP CL A SYMBOL: AMT	12/14/07	12/10/10	1,262.52	1,019.96	242.56
25.000	CH ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	12/03/07	04/09/10	1,407.82	1,279.04	128.78
17.000	CH ROBINSON WORLDWIDE INC NEW SYMBOL: CHRW	11/08/07	04/09/10	957.31	799.03	158.28
55.000	ENBRIDGE INC SYMBOL: ENB	09/20/07	02/16/10	2,469.46	1,974.14	495.32
52.000	ENBRIDGE INC SYMBOL: ENB	06/20/06	02/16/10	2,334.76	1,559.77	774.99
39.000	EXPEDITORS INTERNATIONAL OF WASHINGTON INC SYMBOL: EXPD	09/21/07	01/12/10	1,345.48	1,752.89	-407.41
36.000	EXPEDITORS INTERNATIONAL OF WASHINGTON INC SYMBOL: EXPD	02/14/08	01/12/10	1,241.98	1,445.40	-203.42
28.000	ITC HOLDINGS CORP SYMBOL: ITC	03/20/09	10/04/10	1,749.87	1,114.07	635.80
6.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	10/16/08	05/11/10	249.72	238.74	10.98
36.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	11/05/08	05/11/10	1,498.29	1,477.93	20.36
17.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	04/02/09	05/11/10	707.53	480.93	226.60
17.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	04/02/09	10/15/10	629.27	480.93	148.34

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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	CO					
	SYMBOL: JPM					
36,000	JPMORGAN CHASE & CO	07/06/09	10/15/10	1,332.59	1,145.38	187.21
	FORMERLY J P MORGAN CHASE AND CO					
	SYMBOL: JPM					
20,000	NEXTERA ENERGY INC	03/18/09	08/24/10	1,091.41	991.80	99.61
	SYMBOL: NEE					
22,000	NEXTERA ENERGY INC	03/18/09	10/04/10	1,195.45	1,090.98	104.47
	SYMBOL: NEE					
16,000	PARTNERRE LTD	11/11/09	12/01/10	1,249.74	1,232.00	17.74
	SYMBOL: PRE					
51,000	PHILIP MORRIS INTERNATIONAL INC	07/24/09	10/05/10	2,820.76	2,360.25	460.51
	SYMBOL: PM					
35,000	PHILIP MORRIS INTERNATIONAL INC	09/14/09	12/10/10	2,085.87	1,656.87	429.00
	SYMBOL: PM					
52,000	PHILIP MORRIS INTERNATIONAL INC	07/24/09	12/10/10	3,099.00	2,406.52	692.48
	SYMBOL: PM					
76,000	PLUM CREEK TIMBER CO INC COM	08/03/09	09/03/10	2,704.17	2,410.91	293.26
	SYMBOL: PCL					
26,000	PROCTER & GAMBLE CO	07/16/07	10/04/10	1,562.31	1,643.00	-80.69
	SYMBOL: PG					
12,000	PROCTER & GAMBLE CO	08/17/07	10/04/10	721.07	780.06	-58.99
	SYMBOL: PG					
13,000	RANGE RESOURCES CORP	10/21/09	12/17/10	550.39	776.44	-226.05
	SYMBOL: RRC					
32,000	RANGE RESOURCES CORP	03/27/09	12/17/10	1,354.80	1,365.42	-10.62
	SYMBOL: RRC					
38,000	RANGE RESOURCES CORP	05/14/09	12/17/10	1,608.82	1,578.90	29.92
	SYMBOL: RRC					
34,000	RANGE RESOURCES CORP	03/10/09	12/17/10	1,439.47	1,302.60	136.87
	SYMBOL: RRC					
33,000	SUNCOR ENERGY INC NEW	12/04/07	02/16/10	991.64	1,608.21	-616.57
	SYMBOL: SU					

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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
34.000	SUNCOR ENERGY INC NEW SYMBOL: SU	09/14/06	02/16/10	1,021.68	1,162.61	140.93
14.000	VERISK ANALYTICS INC CL A SYMBOL: VRSK	10/12/09	12/03/10	441.46	381.93	59.53
Long-Term Subtotal				44,146.48		4,077.13
Total Gains and Losses				146,723.11		5,999.41

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Schedule of Realized Gains and Losses

Short-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
6.000	ABBOTT LABORATORIES SYMBOL: ABT	09/30/10	12/09/10	282.66	313.97	31.31
6.000	ABBOTT LABORATORIES SYMBOL: ABT	08/10/10	12/09/10	282.66	306.59	-23.93
12.000	ADOBE SYSTEMS INC SYMBOL: ADBE	05/15/09	03/17/10	429.27	311.76	117.51
3.000	ALLERGAN INC SYMBOL: AGN	07/24/09	01/12/10	180.48	156.92	23.56
4.000	ALLERGAN INC SYMBOL: AGN	02/11/09	01/12/10	240.64	169.67	70.97
5.000	ALLERGAN INC SYMBOL: AGN	05/15/09	01/12/10	300.79	226.30	74.49
6.000	ALLERGAN INC SYMBOL: AGN	03/09/09	01/12/10	360.95	220.25	140.70
11.000	ARCH COAL INC SYMBOL: ACI	11/13/09	01/12/10	297.45	249.45	48.00
8.000	ARCH COAL INC SYMBOL: ACI	11/13/09	03/01/10	181.78	181.42	0.36
13.000	ARCH COAL INC SYMBOL: ACI	11/20/09	03/01/10	295.39	288.84	6.55
6.000	ARCH COAL INC SYMBOL: ACI	12/03/09	03/01/10	136.33	122.75	13.58
18.000	ARCHER DANIELS MIDLAND CO SYMBOL: ADM	12/08/09	11/10/10	551.90	552.02	-0.12
12.000	BARRICK GOLD CORP SYMBOL: ABX	09/25/09	02/19/10	475.33	432.24	43.09
16.000	BEST BUY COMPANY INC SYMBOL: BBY	05/15/09	02/22/10	583.19	567.04	16.15
7.000	CANADIAN NATIONAL RAILWAY CO SYMBOL: CNI	06/22/09	01/25/10	366.18	289.42	76.76
11.000	CARNIVAL CORP COMMON PAIRED STOCK SYMBOL: CCL	03/18/09	01/08/10	361.70	234.09	127.61
94.000	CHARLES SCHWAB CORP NEW SYMBOL: SCHW	01/27/10	11/29/10	1,409.06	1,738.95	-329.89

Schedule of Realized Gains and Losses (cont)

Short Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
27,000	CHARLES SCHWAB CORP NEW SYMBOL: SCHW	03/03/10	11/29/10	404.73	493.28	-88.55
22,000	CHARLES SCHWAB CORP NEW SYMBOL: SCHW	02/19/10	11/29/10	329.78	412.26	-82.48
19,000	CHARLES SCHWAB CORP NEW SYMBOL: SCHW	09/20/10	11/29/10	284.81	266.00	18.81
20,000	CHARLES SCHWAB CORP NEW SYMBOL: SCHW	09/10/10	11/29/10	299.80	270.00	29.80
5,000	COCA COLA ENTERPRISES INC CUSIP: 191219104	03/04/09	01/28/10	101.32	54.05	47.27
27,000	COCA COLA ENTERPRISES INC CUSIP: 191219104	05/15/09	02/17/10	529.84	453.06	76.78
17,000	COCA COLA ENTERPRISES INC CUSIP: 191219104	03/04/09	02/17/10	333.60	183.77	149.83
19,000	CONOCOPHILLIPS SYMBOL: COP	09/21/09	04/14/10	1,070.06	874.37	195.69
2,000	DEVON ENERGY CORPORATION NEW SYMBOL: DVN	06/30/09	04/05/10	134.11	108.37	25.74
6,000	DEVON ENERGY CORPORATION NEW SYMBOL: DVN	06/30/09	04/22/10	406.55	325.12	81.44
4,000	DEVON ENERGY CORPORATION NEW SYMBOL: DVN	06/30/09	05/11/10	267.99	216.74	51.25
5,000	DEVON ENERGY CORPORATION NEW SYMBOL: DVN	10/22/09	07/22/10	320.44	349.90	-29.46
4,616	EXXON MOBIL CORP SYMBOL: XOM	10/12/09	09/07/10	281.55	320.55	-39.01
49,000	FORD MOTOR CO PAR \$0.01 SYMBOL: F	05/15/09	01/26/10	560.60	262.44	298.16
7,000	FORD MOTOR CO PAR \$0.01 SYMBOL: F	05/15/09	04/19/10	95.21	37.49	57.72
5,000	FRANKLIN RESOURCES INC SYMBOL: BEN	03/18/09	02/16/10	495.65	232.77	262.88
1,000	FRANKLIN RESOURCES INC SYMBOL: BEN	05/15/09	03/09/10	107.83	60.13	47.70
4,000	FRANKLIN RESOURCES INC SYMBOL: BEN	03/18/09	03/09/10	431.33	186.22	245.11
2,000	FRANKLIN RESOURCES INC SYMBOL: BEN	05/15/09	04/22/10	232.97	120.26	112.71
16,000	GILEAD SCIENCES INC SYMBOL: GILD	02/22/10	05/05/10	643.35	763.96	-120.61

Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
10.000	GILEAD SCIENCES INC SYMBOL: GILD	02/22/10	09/13/10	344.69	477.48	-132.79
7.000	GILEAD SCIENCES INC SYMBOL: GILD	03/04/10	09/13/10	241.29	328.29	-87.00
7.000	GILEAD SCIENCES INC SYMBOL: GILD	03/25/10	09/13/10	241.29	323.40	-82.11
9.000	J CREW GROUP INC COMMON STOCK SYMBOL: JCG	06/03/09	04/13/10	426.18	232.32	193.86
7.000	KOHL'S CORP SYMBOL: KSS	02/05/09	02/02/10	364.29	266.26	98.03
6.000	KOHL'S CORP SYMBOL: KSS	03/16/10	09/14/10	299.76	328.19	-28.43
1.000	KRAFT FOODS INC CL A SYMBOL: KFT	05/15/09	01/05/10	28.33	24.72	3.61
9.000	KRAFT FOODS INC CL A SYMBOL: KFT	03/04/09	01/05/10	254.97	196.65	58.32
12.000	LOCKHEED MARTIN CORP SYMBOL: LMT	02/22/10	11/18/10	817.94	921.48	-103.54
7.000	LOCKHEED MARTIN CORP SYMBOL: LMT	05/07/10	11/18/10	477.13	565.60	-88.47
1.000	M & T BANK CORP SYMBOL: MTB	03/18/09	02/17/10	75.29	38.14	37.15
19.000	MASCO CORP SYMBOL: MAS	05/15/09	01/07/10	287.30	180.31	106.99
38.000	MASCO CORP SYMBOL: MAS	01/26/09	01/07/10	574.59	351.04	223.55
17.000	METLIFE INC SYMBOL: MET	05/15/09	02/09/10	598.25	503.54	94.71
2.000	NEWMONT MINING CORP HOLDING CO SYMBOL: NEM	06/30/10	12/14/10	122.76	124.00	-1.24
17.000	NEWMONT MINING CORP HOLDING CO SYMBOL: NEM	05/20/10	12/14/10	1,043.44	905.76	137.68
3.000	OCCIDENTAL PETE CORP SYMBOL: OXY	05/15/09	01/22/10	231.75	178.86	52.89
7.000	OCCIDENTAL PETE CORP SYMBOL: OXY	03/27/09	01/22/10	540.75	408.46	132.29
4.000	OCCIDENTAL PETE CORP SYMBOL: OXY	12/04/09	01/26/10	306.60	313.52	-6.92

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Schedule of Realized Gains and Losses (cont)

Short-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
1,000	OCCIDENTAL PETE CORP SYMBOL: OXY	05/15/09	01/26/10	76.65	59.62	17.03
7,000	OCCIDENTAL PETE CORP SYMBOL: OXY	12/04/09	02/01/10	557.68	548.65	9.03
8,000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	09/23/09	03/11/10	374.16	365.92	8.24
1,000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	10/20/09	04/14/10	43.96	49.60	-5.64
2,000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	09/23/09	04/14/10	87.91	91.48	-3.57
3,000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	01/20/10	11/15/10	102.15	133.70	-31.55
9,000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	02/05/10	11/15/10	306.46	335.87	-29.41
6,000	PG&E CORP SYMBOL: PCG	10/01/09	07/08/10	254.76	242.45	12.31
5,000	PG&E CORP SYMBOL: PCG	10/01/09	09/07/10	240.05	202.04	38.01
17,000	PPL CORPORATION SYMBOL: PPL	06/23/10	09/07/10	468.88	424.12	44.76
4,000	PPL CORPORATION SYMBOL: PPL	06/23/10	09/27/10	110.04	99.79	10.25
8,000	SUNCOR ENERGY INC NEW SYMBOL: SU	10/28/09	04/29/10	275.19	271.02	4.17
Short-Term Subtotal				24,241.77		2,397.07

Long-Term

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
14,000	ABBOTT LABORATORIES SYMBOL: ABT	02/07/08	11/12/10	682.65	809.68	-127.03
5,000	ABBOTT LABORATORIES SYMBOL: ABT	09/30/08	11/12/10	243.80	289.60	-45.80

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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
3.000	ABBOTT LABORATORIES SYMBOL: ABT	05/08/07	11/12/10	146.28	175.45	29.17
1.000	ABBOTT LABORATORIES SYMBOL: ABT	10/24/08	11/12/10	48.76	54.28	5.52
4.000	ABBOTT LABORATORIES SYMBOL: ABT	11/21/08	12/09/10	188.45	195.52	7.07
5.000	ABBOTT LABORATORIES SYMBOL: ABT	03/04/09	12/09/10	235.55	234.65	0.90
8.000	ABBOTT LABORATORIES SYMBOL: ABT	05/15/09	12/09/10	376.88	346.80	30.08
10.000	ADOBE SYSTEMS INC SYMBOL: ADBE	09/26/08	03/17/10	357.73	394.87	37.14
3.000	ADOBE SYSTEMS INC SYMBOL: ADBE	10/24/08	03/17/10	107.32	72.35	34.97
7.000	ANNALY CAPITAL MANAGEMENT INC SYMBOL: NLY	10/24/08	11/22/10	124.81	183.86	140.95
24.000	ANNALY CAPITAL MANAGEMENT INC SYMBOL: NLY	07/18/08	11/22/10	427.95	360.21	67.73
16.000	ANNALY CAPITAL MANAGEMENT INC SYMBOL: NLY	03/04/09	11/22/10	285.30	204.78	80.52
27.000	ANNALY CAPITAL MANAGEMENT INC SYMBOL: NLY	11/19/08	11/22/10	481.44	357.59	123.85
7.000	AT&T INC SYMBOL: T	02/14/06	09/10/10	194.52	200.76	6.24
28.000	BANK NEW YORK MELLON CORP SYMBOL: BK	09/11/07	12/09/10	809.74	1,141.95	332.20
7.000	BANK NEW YORK MELLON CORP SYMBOL: BK	04/02/07	12/09/10	202.44	316.27	113.83
12.000	BANK NEW YORK MELLON CORP SYMBOL: BK	04/16/07	12/09/10	347.03	423.74	76.71
1.000	BARRICK GOLD CORP SYMBOL: ABX	11/24/09	12/09/10	53.27	43.30	9.97
9.000	BARRICK GOLD CORP SYMBOL: ABX	10/21/09	12/09/10	479.43	347.39	132.04
16.000	BARRICK GOLD CORP SYMBOL: ABX	11/06/09	12/09/10	852.33	664.92	187.41
12.000	BARRICK GOLD CORP SYMBOL: ABX	09/25/09	12/09/10	639.25	432.24	207.01
14.000	BB&T CORP SYMBOL: BBT	07/18/08	09/13/10	336.71	373.74	37.03
11.000	BB&T CORP SYMBOL: BBT	07/18/08	10/20/10	251.90	293.65	41.75

Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
16.000	BB&T CORP SYMBOL: BBT	11/21/08	10/20/10	366.41	356.92	9.49
18.000	BB&T CORP SYMBOL: BBT	05/15/09	10/20/10	412.21	382.14	30.07
8.000	BB&T CORP SYMBOL: BBT	03/04/09	10/20/10	183.20	121.36	61.84
123.000	BOSTON SCIENTIFIC CORP SYMBOL: BSX	05/15/09	05/17/10	811.78	1,074.77	-262.99
29.000	BOSTON SCIENTIFIC CORP SYMBOL: BSX	02/11/09	05/17/10	191.40	251.64	-60.24
6.000	BOSTON SCIENTIFIC CORP SYMBOL: BSX	11/06/08	05/17/10	39.60	52.46	-12.87
29.000	BOSTON SCIENTIFIC CORP SYMBOL: BSX	03/04/09	05/17/10	191.40	197.78	-6.38
26.000	BOSTON SCIENTIFIC CORP SYMBOL: BSX	11/21/08	05/17/10	171.59	148.91	22.68
20.000	COCA COLA ENTERPRISES INC CUSIP: 191219104	05/16/08	01/14/10	424.79	434.95	-10.16
7.000	COCA COLA ENTERPRISES INC CUSIP: 191219104	09/30/08	01/14/10	148.68	115.21	33.47
4.000	COCA COLA ENTERPRISES INC CUSIP: 191219104	09/30/08	01/28/10	81.05	65.83	15.22
7.000	COCA COLA ENTERPRISES INC CUSIP: 191219104	10/24/08	01/28/10	141.84	62.42	79.42
33.000	COMCAST CORP NEW CL A SYMBOL: CMCSA	10/12/09	11/10/10	681.79	508.20	173.59
6.000	COVIDIEN PLC SYMBOL: COV	04/24/08	05/12/10	277.67	283.60	-5.93
27.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	09/11/07	02/02/10	351.33	480.39	-129.06
18.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	09/11/07	05/11/10	222.32	320.26	-97.94
15.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	09/11/07	09/28/10	172.23	266.89	-94.66
4.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	09/11/07	10/21/10	53.19	71.17	-17.97
11.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	10/24/08	10/21/10	146.29	192.91	-53.38

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Schedule of Realized Gains and Losses (cont)

Long Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
52.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	12/26/08	10/21/10	691.53	545.11	146.42
1.000	DELTA AIR LINES INC DEL COM NEW SYMBOL: DAL	12/26/08	11/10/10	13.75	10.48	3.27
25.000	EL PASO CORPORATION SYMBOL: EP	02/20/07	10/04/10	303.03	372.75	-69.72
8.000	EL PASO CORPORATION SYMBOL: EP	09/30/08	10/04/10	96.97	96.88	0.09
3.000	EL PASO CORPORATION SYMBOL: EP	10/24/08	10/04/10	36.36	22.35	14.01
3.000	EOG RES INC SYMBOL: EOG	04/01/08	04/01/10	284.46	363.15	-78.69
4.000	EOG RES INC SYMBOL: EOG	04/01/08	09/24/10	370.37	484.19	-113.82
1.000	EOG RES INC SYMBOL: EOG	10/24/08	09/24/10	92.59	64.34	28.25
7.000	EOG RES INC SYMBOL: EOG	05/15/09	09/24/10	648.15	474.53	173.62
0.231	EXXON MOBIL CORP SYMBOL: XOM	01/24/05	06/29/10	13.18	11.87	1.31
2.839	EXXON MOBIL CORP SYMBOL: XOM	06/27/08	07/26/10	170.52	272.34	-101.82
7.000	EXXON MOBIL CORP SYMBOL: XOM	01/19/07	07/26/10	420.41	512.09	-91.68
4.972	EXXON MOBIL CORP SYMBOL: XOM	05/15/09	07/26/10	298.64	341.60	-42.97
2.000	EXXON MOBIL CORP SYMBOL: XOM	03/04/09	07/26/10	120.12	132.30	-12.18
1.420	EXXON MOBIL CORP SYMBOL: XOM	10/24/08	07/26/10	85.26	63.71	21.55
16.769	EXXON MOBIL CORP SYMBOL: XOM	01/24/05	07/26/10	1,007.11	860.57	146.54
10.028	EXXON MOBIL CORP SYMBOL: XOM	05/15/09	09/07/10	611.67	688.90	-77.22
11.357	EXXON MOBIL CORP SYMBOL: XOM	05/15/09	09/07/10	692.75	634.72	58.03
28.000	FORD MOTOR CO PAR \$0.01 SYMBOL: F	05/15/09	06/03/10	338.83	149.97	188.86
1.000	FORD MOTOR CO	05/15/09	07/22/10	12.06	5.36	6.70

Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
	PAR \$0.01 SYMBOL: F					
5.000	FORD MOTOR CO	06/04/09	07/22/10	60.30	31.79	28.51
	PAR \$0.01 SYMBOL: F					
47.000	FORD MOTOR CO	05/19/09	07/22/10	566.85	258.03	308.82
	PAR \$0.01 SYMBOL: F					
4.000	FRANKLIN RESOURCES INC	02/05/09	02/16/10	396.52	215.47	181.05
	SYMBOL: BEN					
15.000	FRANKLIN RESOURCES INC	05/15/09	12/17/10	1,704.17	901.95	802.22
	SYMBOL: BEN					
0.373	FRONTIER COMMUNICATIONS CORP	06/19/09	07/01/10	2.75	2.87	-0.12
	SER B SYMBOL: FTR					
0.187	FRONTIER COMMUNICATIONS CORP	05/15/09	07/01/10	1.38	1.43	-0.05
	SER B SYMBOL: FTR					
0.202	FRONTIER COMMUNICATIONS CORP	05/29/09	07/01/10	1.49	1.51	-0.02
	SER B SYMBOL: FTR					
15.388	FRONTIER COMMUNICATIONS CORP	06/19/09	07/06/10	37.83	41.46	-3.63
	SER B SYMBOL: FTR					
2.694	FRONTIER COMMUNICATIONS CORP	05/15/09	07/06/10	18.91	20.60	-1.69
	SER B SYMBOL: FTR					
2.918	FRONTIER COMMUNICATIONS CORP	05/29/09	07/06/10	20.49	21.86	-1.37
	SER B SYMBOL: FTR					
15.000	GENERAL ELECTRIC CO	02/01/07	01/07/10	244.35	540.30	-295.95
	SYMBOL: GE					
13.000	GENERAL ELECTRIC CO	04/02/07	01/07/10	211.77	458.51	-246.74
	SYMBOL: GE					
12.000	GENERAL ELECTRIC CO	02/20/07	01/07/10	195.48	432.84	-237.36
	SYMBOL: GE					
12.000	GENERAL ELECTRIC CO	12/06/06	01/07/10	195.49	422.16	-226.67
	SYMBOL: GE					
10.000	GENERAL ELECTRIC CO	09/30/08	01/07/10	162.90	241.40	-78.50
	SYMBOL: GE					
12.000	GENERAL ELECTRIC CO	10/24/08	01/07/10	195.48	213.48	-18.00
	SYMBOL: GE					
36.000	GENERAL ELECTRIC CO	12/15/08	01/07/10	586.45	604.15	-17.71
	SYMBOL: GE					

Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
10.000	GOLDMAN SACHS GROUP INC SYMBOL: GS	12/04/08	01/25/10	1,567.78	692.17	875.61
4.000	GOLDMAN SACHS GROUP INC SYMBOL: GS	01/09/09	02/17/10	630.91	343.63	287.28
1.000	GOLDMAN SACHS GROUP INC SYMBOL: GS	01/09/09	04/08/10	177.62	85.91	91.71
2.000	GOLDMAN SACHS GROUP INC SYMBOL: GS	01/09/09	04/21/10	320.51	171.82	148.69
10.000	HALLIBURTON CO SYMBOL: HAL	05/15/09	07/07/10	275.69	210.80	64.89
7.000	HALLIBURTON CO SYMBOL: HAL	05/15/09	09/21/10	222.24	147.56	74.68
20.000	HALLIBURTON CO SYMBOL: HAL	06/02/09	09/21/10	634.99	472.43	162.56
16.000	HERTZ GLOBAL HLDGS INC SYMBOL: HTZ	12/24/07	03/08/10	158.40	266.31	107.92
3.000	HERTZ GLOBAL HLDGS INC SYMBOL: HTZ	10/24/08	03/08/10	29.70	12.84	16.86
51.000	HERTZ GLOBAL HLDGS INC SYMBOL: HTZ	08/26/08	03/08/10	504.89	471.90	32.99
8.000	HEWLETT PACKARD CO SYMBOL: HPQ	09/07/07	06/11/10	374.88	389.81	14.93
3.000	HEWLETT PACKARD CO SYMBOL: HPQ	09/07/07	08/09/10	128.34	146.18	17.84
3.000	HEWLETT PACKARD CO SYMBOL: HPQ	09/30/08	08/09/10	128.34	135.75	7.41
2.000	HEWLETT PACKARD CO SYMBOL: HPQ	10/24/08	08/09/10	85.56	165.20	20.36
6.000	HEWLETT PACKARD CO SYMBOL: HPQ	03/04/09	08/09/10	256.67	173.09	83.58
16.000	HEWLETT PACKARD CO SYMBOL: HPQ	05/15/09	08/09/10	684.46	558.56	125.90
9.000	HOME DEPOT INC SYMBOL: HD	03/18/09	05/14/10	315.44	191.52	123.92
3.000	HOME DEPOT INC SYMBOL: HD	03/18/09	07/01/10	83.94	63.84	20.10
19.000	HOME DEPOT INC SYMBOL: HD	05/15/09	07/01/10	531.60	460.94	70.66
10.000	J.C. PENNEY CO INC SYMBOL: JCP	11/06/08	04/09/10	317.31	238.75	78.56
9.000	J.C. PENNEY CO INC SYMBOL: JCP	11/06/08	10/01/10	246.96	214.88	32.09

Schedule of Realized Gains and Losses (cont)

Long Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
34.000	J.C. PENNEY CO INC SYMBOL: JCP	05/15/09	10/01/10	932.98	899.64	33.34
29.000	J. CREW GROUP INC COMMON STOCK SYMBOL: JCG	06/03/09	10/21/10	930.05	748.57	181.48
9.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	03/19/08	01/22/10	356.32	387.35	-31.04
21.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND CO SYMBOL: JPM	01/18/08	01/22/10	831.41	841.98	-10.57
21.000	KOHL'S CORP SYMBOL: KSS	05/15/09	09/14/10	1,049.17	867.93	181.24
10.000	KRAFT FOODS INC CL A SYMBOL: KFT	01/30/07	01/05/10	283.29	346.91	-63.62
1.000	KRAFT FOODS INC CL A SYMBOL: KFT	07/25/05	01/05/10	28.33	30.56	-2.23
11.000	KRAFT FOODS INC CL A SYMBOL: KFT	10/24/08	01/05/10	311.63	300.34	11.29
31.000	KRAFT FOODS INC CL A SYMBOL: KFT	05/15/09	07/08/10	898.36	766.32	132.04
39.000	KROGER CO SYMBOL: KR	07/18/08	08/02/10	837.71	1,102.92	-265.21
16.000	KROGER CO SYMBOL: KR	02/08/07	08/02/10	343.67	416.04	-72.37
4.000	KROGER CO SYMBOL: KR	10/24/08	08/02/10	85.92	105.14	-19.22
8.000	KROGER CO SYMBOL: KR	11/21/08	11/11/10	180.41	198.02	-17.61
4.000	KROGER CO SYMBOL: KR	10/24/08	11/11/10	90.21	105.14	-14.93
14.000	KROGER CO SYMBOL: KR	05/15/09	11/11/10	315.72	306.98	8.74
8.000	M & T BANK CORP SYMBOL: MTB	12/26/08	02/17/10	602.31	439.28	163.03
5.000	M & T BANK CORP SYMBOL: MTB	03/18/09	09/24/10	450.99	190.68	260.31

Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
7.000	MASCO CORP SYMBOL: MAS	10/13/08	01/07/10	105.85	96.70	9.15
9.000	METLIFE INC SYMBOL: MET	05/15/09	12/17/10	393.66	266.58	127.08
13.000	METLIFE INC SYMBOL: MET	06/30/09	12/17/10	568.63	390.60	178.03
10.000	MORGAN STANLEY SYMBOL: MS	03/27/09	04/29/10	313.42	246.89	66.53
7.000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	10/20/09	11/15/10	238.35	347.19	-108.85
8.000	PETROLEO BRASILEIRO SA PETROBRAS SPONSORED ADR SYMBOL: PBR	10/30/09	11/15/10	272.41	363.19	-90.78
6.000	PG&E CORP SYMBOL: PCG	10/01/09	10/18/10	284.10	242.45	41.65
3.000	PNC FINANCIAL SVCS GROUP INC SYMBOL: PNC	02/22/08	03/10/10	171.78	184.21	-12.43
2.000	PNC FINANCIAL SVCS GROUP INC SYMBOL: PNC	01/18/08	03/10/10	114.52	113.68	0.84
2.000	PNC FINANCIAL SVCS GROUP INC SYMBOL: PNC	05/12/08	05/03/10	135.68	135.92	-0.24
4.000	PNC FINANCIAL SVCS GROUP INC SYMBOL: PNC	02/22/08	05/03/10	271.35	245.62	25.74
8.000	PNC FINANCIAL SVCS GROUP INC SYMBOL: PNC	05/12/08	10/13/10	426.79	543.68	-116.89
2.000	PRAXAIR INC SYMBOL: PX	01/24/05	05/18/10	155.67	182.56	-73.11
2.000	PRAXAIR INC SYMBOL: PX	10/24/08	07/27/10	172.00	109.42	62.58
10.000	PRAXAIR INC SYMBOL: PX	05/15/09	07/27/10	859.98	701.00	158.98
23.000	PULTEGROUP INC SYMBOL: PHM	08/04/09	11/15/10	170.92	266.52	-95.60
30.000	PULTEGROUP INC SYMBOL: PHM	05/20/09	11/15/10	222.93	300.18	-77.25
14.000	PULTEGROUP INC SYMBOL: PHM	09/10/09	11/15/10	104.04	172.56	-68.52
12.000	PULTEGROUP INC SYMBOL: PHM	09/18/09	11/15/10	89.18	155.47	-66.29

Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
50,000	PULTEGROUP INC SYMBOL: PHM	06/05/09	11/15/10	371.57	435.89	-64.32
19,000	PULTEGROUP INC SYMBOL: PHM	10/02/09	11/15/10	141.20	197.19	-55.99
10,000	SCHLUMBERGER LTD SYMBOL: SLB	06/07/06	02/23/10	606.70	627.71	-21.01
3,000	SCHLUMBERGER LTD SYMBOL: SLB	01/24/05	02/23/10	182.01	99.29	82.72
5,000	SCHLUMBERGER LTD SYMBOL: SLB	06/07/06	09/08/10	292.39	313.85	-21.46
1,000	SCHLUMBERGER LTD SYMBOL: SLB	12/21/06	09/08/10	58.48	63.93	-5.45
10,000	TARGET CORP SYMBOL: TGT	10/21/08	01/06/10	495.01	386.90	108.11
2,000	TARGET CORP SYMBOL: TGT	10/21/08	01/21/10	101.04	77.38	23.66
10,000	TARGET CORP SYMBOL: TGT	12/04/08	01/21/10	505.21	343.40	161.81
3,000	TARGET CORP SYMBOL: TGT	12/04/08	07/15/10	152.09	103.02	49.07
12,000	TARGET CORP SYMBOL: TGT	01/09/09	08/10/10	631.45	434.90	196.55
7,000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	04/16/07	05/24/10	392.42	257.53	134.89
1,000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	04/16/07	06/11/10	52.79	36.79	16.00
4,000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	09/30/08	06/11/10	211.16	177.60	33.56
3,000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	11/21/08	06/11/10	158.37	121.74	36.63
3,000	TEVA PHARMACEUTICAL INDUSTRIES LTD-ADR SYMBOL: TEVA	10/24/08	06/11/10	158.37	115.80	42.57
10,000	TIME WARNER INC NEW SYMBOL: TWX	05/15/09	09/29/10	306.90	219.21	87.69
13,000	TIME WARNER INC NEW SYMBOL: TWX	01/26/09	09/29/10	398.96	270.47	128.49

ESSE QUAM VIDERI FOUNDATION
387 SAN FERNANDO ST
SAN DIEGO CA 92106-3335

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Schedule of Realized Gains and Losses (cont)

Long-Term (cont)

QUANTITY	DESCRIPTION	OPEN DATE	CLOSE DATE	NET PROCEEDS	NET COST	REALIZED GAIN/LOSS
5.000	WAL-MART STORES INC SYMBOL: WMT	09/30/08	07/23/10	258.49	290.20	-31.71
4.000	WAL-MART STORES INC SYMBOL: WMT	10/24/08	07/23/10	206.80	206.22	0.58
1.000	WAL-MART STORES INC SYMBOL: WMT	02/22/08	07/23/10	51.70	49.87	1.83
6.000	WAL-MART STORES INC SYMBOL: WMT	05/15/09	07/23/10	310.19	289.44	20.75
18.000	ZIONS BANCORPORATION SYMBOL: ZION	10/21/08	04/14/10	475.21	617.68	-142.47
6.000	ZIONS BANCORPORATION SYMBOL: ZION	10/21/08	05/13/10	174.74	205.89	-31.15
4.000	ZIONS BANCORPORATION SYMBOL: ZION	03/27/09	05/13/10	116.49	42.64	73.85
Long-Term Subtotal				51,938.39		3,799.29
Total Gains and Losses				76,180.16		6,196.36

ESSE QUAM VIDERI FOUNDATION

87-0570969

**OTHER INCOME PRODUCING ACTIVITIES
INTEREST ON SAVINGS & CASH INVESTMENTS**

RBC WEALTH MANAGEMENT - INTEREST INCOME	\$	1,606.
RBC WEALTH MANAGEMENT - US TREASURY INTEREST		4,246.
RBC WEALTH MANAGEMENT - OID		12.
RBC WEALTH MANAGEMENT - ACCRUED INTEREST		-1,896.
TOTAL	\$	<u>3,968.</u>

**OTHER INCOME PRODUCING ACTIVITIES
DIVIDENDS/INTEREST FROM SECURITIES.**

RBC WEALTH MANAGEMENT	\$	6,252.
RBC WEALTH MANAGEMENT		2,834.
RBC WEALTH MANAGEMENT		2,621.
TOTAL	\$	<u>11,707.</u>

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ESSE QUAM VIDERI FOUNDATION

87-0570969

STATEMENT 1
FORM 990-PF, PART I, LINE 16B
ACCOUNTING FEES

	(A) EXPENSES PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	\$ 3,860.	\$ 3,860.		
TOTAL	<u>\$ 3,860.</u>	<u>\$ 3,860.</u>		<u>\$ 0.</u>

STATEMENT 2
FORM 990-PF, PART I, LINE 18
TAXES

	(A) EXPENSES PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FOREIGN TAXES	\$ 16.	\$ 16.		
FOREIGN TAXES	18.	18.		
FOREIGN TAXES	21.	21.		
TOTAL	<u>\$ 55.</u>	<u>\$ 55.</u>		<u>\$ 0.</u>

STATEMENT 3
FORM 990-PF, PART I, LINE 23
OTHER EXPENSES

	(A) EXPENSES PER BOOKS	(B) NET INVESTMENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INVESTMENT MANAGEMENT FEES . . .	\$ 19,192.	\$ 19,192.		
TOTAL	<u>\$ 19,192.</u>	<u>\$ 19,192.</u>		<u>\$ 0.</u>

STATEMENT 4
FORM 990-PF, PART I, LINE 25
CONTRIBUTIONS, GIFTS, AND GRANTS

STATEMENT 4 (CONTINUED)
FORM 990-PF, PART I, LINE 25
CONTRIBUTIONS, GIFTS, AND GRANTS

AMOUNT GIVEN: \$ 2,476.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: CAPSA
DONEE'S ADDRESS: P.O. BOX 3617
LOGAN, UT 84323

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 1,000.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: WATER FOR PEOPLE
DONEE'S ADDRESS: 6666 W QUINCY AVE.
DENVER, CO 80235

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 3,000.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: ST. VINCENT DE PAUL VILLAGE
DONEE'S ADDRESS: 1501 IMPERIAL AVE.
SAN DIEGO, CA 92101

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 3,000.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: NETWORK FOR GOOD
DONEE'S ADDRESS: 7920 NORFOLK AVENUE, SUITE 520
BETHESDA, MD 20814

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 1,365.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: FREE THE SLAVES
DONEE'S ADDRESS: 1012 14TH ST NW
WASHINGTON, DC 20005

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 3,000.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: GROUNDSPRING.ORG
DONEE'S ADDRESS: P.O. BOX 29256
SAN FRANCISCO, CA 94129

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:
AMOUNT GIVEN: 3,000.

CLASS OF ACTIVITY: EXEMPT
DONEE'S NAME: KPBS PUBLIC BROADCASTING
DONEE'S ADDRESS: 5200 CAMPANILE DRIVE
SAN DIEGO, CA 92182

RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE:

STATEMENT 4 (CONTINUED)
FORM 990-PF, PART I, LINE 25
CONTRIBUTIONS, GIFTS, AND GRANTS

AMOUNT GIVEN: \$ 800.

CLASS OF ACTIVITY:

DONEE'S NAME:

DONEE'S ADDRESS:

EXEMPT

METROPOLITAN MUSEUM OF ART

1000 5TH AVE.

NEW YORK, NY 10028

NONE

RELATIONSHIP OF DONEE:

ORGANIZATIONAL STATUS OF DONEE:

AMOUNT GIVEN:

100.

TOTAL \$ 17,941.

STATEMENT 5
FORM 990-PF, PART II, LINE 10A
INVESTMENTS - U.S. AND STATE GOVERNMENT OBLIGATIONS

U.S. GOVERNMENT OBLIGATIONS	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
20,000 FEDERAL NATIONAL MTG ASSN	COST	\$ 20,328.	\$ 20,322.
14,000 UNITED STATES TREASURY NOTE	COST	14,913.	15,320.
14,000 UNITED STATES TREASURY NOTE	COST	15,729.	15,640.
		\$ 50,970.	\$ 51,282.
	TOTAL	\$ 50,970.	\$ 51,282.

STATEMENT 6
FORM 990-PF, PART II, LINE 10B
INVESTMENTS - CORPORATE STOCKS

CORPORATE STOCKS	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
157 SHS AMERICAN TOWER CORP CL A	COST	\$ 5,071.	\$ 8,107.
51 SHS BLACKROCK INC	COST	8,681.	9,720.
139 SHS BOEING CO	COST	9,049.	9,071.
92 SHS BORG WARNER AUTOMOTIVE INC	COST	4,290.	6,657.
57 SHS CATERPILLAR INC	COST	3,906.	5,339.
218 SHS COCA COLA ENTERPRISES INC NEW	COST	4,868.	5,456.
56 SHS CUMMINS INC	COST	5,038.	6,160.
76 SHS DEERE & CO	COST	6,219.	6,312.
108 SHS DISCOVERY COMMUNICATIONS INC	COST	4,000.	3,963.
172 SHS EBAY INC	COST	4,148.	4,787.
74 SHS ECOLAB INC	COST	3,325.	3,731.
42 SHS GOLDMAN SACHS GROUP INC	COST	5,462.	7,063.
50 SHS INTERNATIONAL BUS MACHINES	COST	6,134.	7,338.
65 SHS ITC HOLDINGS CORP	COST	2,705.	4,029.
139 SHS JB HUNT TRANSPORT SERVICES INC	COST	4,868.	5,672.
49 SHS LUBRIZOL CORP	COST	5,196.	5,237.
109 SHS MONSANTO CO NEW	COST	6,719.	7,591.
89 SHS NEXTERA ENERGY INC	COST	4,588.	4,627.
68 SHS NORFOLK SOUTHERN CORP	COST	3,549.	4,272.

STATEMENT 6 (CONTINUED)
FORM 990-PF, PART II, LINE 10B
INVESTMENTS - CORPORATE STOCKS

CORPORATE STOCKS	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
59 SHS OCCIDENTAL PETE CORP	COST	\$ 4,569.	\$ 5,788.
108 SHS PALL CORP	COST	3,900.	5,355.
57 SHS PRAXAIR INC	COST	4,894.	5,442.
110 SHS PROCTER & GAMBLE CO	COST	6,487.	7,076.
111 SHS ROVI CORP	COST	5,525.	6,883.
40 SHS SCHLUMBERGER LTD	COST	2,505.	3,340.
93 SHS UNITED PARCEL SVC INC CL B	COST	5,862.	6,750.
165 SHS VERISK ANALYTICS INC CL A	COST	4,644.	5,623.
80 SHS BHP BILLITON PLC SPONS ADR	COST	5,430.	6,440.
122 SHS SUNCOR ENERGY INC NEW	COST	4,265.	4,671.
201 SHS TEEKAY CORP MARSHALL ISLAND	COST	4,647.	6,649.
53 SHS AMGEN INC	COST	2,882.	2,910.
22 SHS ANADARKO PETROLEUM CORP	COST	890.	1,676.
16 SHS APACHE CORP	COST	1,541.	1,908.
63 SHS ARCHER-DANIELS-MIDLAND CO	COST	1,933.	1,895.
116 SHS AT & T INC	COST	2,948.	3,408.
123 SHS BANK NEW YORK MELLON CORP	COST	3,433.	3,715.
170 SHS BANK OF AMERICA CORP	COST	1,915.	2,268.
49 SHS CARNIVAL CORP COMMON	COST	1,287.	2,259.
40 SHS CATERPILLAR INC	COST	1,711.	3,746.
79 SHS CHEVRON CORPORATION	COST	6,045.	7,209.
47 SHS CIGNA CORP	COST	1,613.	1,723.
787 SHS CITIGROUP INC	COST	2,962.	3,723.
25 SHS CLIFFS NATURAL RESOURCES INC	COST	1,078.	1,950.
23 SHS COLGATE PALMOLIVE CO	COST	1,746.	1,849.
150 SHS COMCAST CORP NEW CL A	COST	2,530.	3,296.
107 SHS CORNING INC	COST	2,058.	2,067.
316 SHS DELTA AIR LINES INC DEL COM	COST	2,490.	3,982.
20 SHS DEVON ENERGY CORPORATION NEW	COST	1,440.	1,570.
104 SHS DOW CHEMICAL CO.	COST	2,498.	3,551.
42 SHS EATON CORP	COST	2,478.	4,263.
147 SHS EL PASO CORPORATION	COST	1,288.	2,023.
88 SHS EMC CORP-MASS	COST	1,738.	2,015.
17 SHS EMERSON ELECTRIC CO	COST	621.	972.
77 SHS EXXON MOBIL CORP	COST	5,234.	5,630.
211 SHS FORD MOTOR CO	COST	1,573.	3,543.
82 SHS GENERAL ELECTRIC CO	COST	839.	1,500.
30 SHS GOLDMAN SACHS GROUP INC	COST	3,768.	5,045.
57 SHS HALLIBURTON CO	COST	1,256.	2,327.
324 SHS HERTZ GLOBAL HLDGS INC	COST	2,469.	4,695.
25 SHS HESS CORPORATION	COST	1,591.	1,914.
131 SHS HSN INC DEL	COST	2,820.	4,015.
45 SHS HYATT HOTELS CORP CL A	COST	1,445.	2,059.
64 SHS INTEL CORP	COST	995.	1,346.
87 SHS INTERNATIONAL PAPER CO	COST	1,812.	2,370.
31 SHS JOHNSON & JOHNSON	COST	1,897.	1,917.
205 SHS JPMORGAN CHASE & CO	COST	7,124.	8,696.
272 SHS KEYCORP NEW	COST	1,958.	2,407.
115 SHS KROGER CO	COST	2,511.	2,571.
18 SHS M & T BANK CORP	COST	782.	1,567.
68 SHS MARATHON OIL CORP	COST	2,210.	2,518.
69 SHS MARRIOTT INTL INC NEW CL A	COST	1,235.	2,866.
50 SHS MERCK & CO INC	COST	1,530.	1,802.
34 SHS METLIFE INC	COST	1,256.	1,511.
93 SHS MORGAN STANLEY	COST	2,425.	2,531.

STATEMENT 6 (CONTINUED)
FORM 990-PF, PART II, LINE 10B
INVESTMENTS - CORPORATE STOCKS

CORPORATE STOCKS	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE
30 SHS MOSAIC CO	COST	\$ 1,744.	\$ 2,291.
32 SHS NEWMONT MINING CORP HOLDING CO	COST	1,865.	1,966.
17 SHS NEXTERA ENERGY INC	COST	903.	884.
53 SHS OMNICOM GROUP INC	COST	2,238.	2,427.
73 SHS ORACLE CORP	COST	1,753.	2,285.
30 SHS PEPSICO INC	COST	1,845.	1,960.
156 SHS PFIZER INC	COST	2,638.	2,732.
24 SHS PG & E CORP	COST	1,027.	1,148.
39 SHS PNC FINANCIAL SVCS GROUP INC	COST	1,861.	2,368.
27 SHS PPL CORPORATION	COST	690.	711.
37 SHS PROCTER & GAMBLE CO	COST	2,367.	2,380.
28 SHS PROGRESS ENERGY INC	COST	1,077.	1,217.
44 SHS PRUDENTIAL FINANCIAL INC	COST	2,542.	2,583.
189 SHS REGIONS FINANCIAL CORP NEW	COST	1,277.	1,323.
59 SHS SCHLUMBERGER LTD	COST	3,233.	4,926.
42 SHS STATE STREET CORP	COST	1,716.	1,946.
167 SHS SUNTRUST BANKS INC	COST	3,317.	4,928.
58 SHS TARGET CORP	COST	2,238.	3,488.
74 SHS TEXAS INSTRUMENTS INC	COST	2,462.	2,405.
16 SHS TIME WARNER CABLE INC	COST	577.	1,056.
36 SHS UNITED STATES STL CORP NEW	COST	1,576.	2,103.
114 SHS UNITEDHEALTH GROUP INC	COST	3,123.	4,116.
68 SHS VALERO ENERGY CORP NEW	COST	1,308.	1,572.
61 SHS VERIZON COMMUNICATIONS	COST	1,707.	2,183.
285 SHS WELLS FARGO & CO	COST	7,503.	8,832.
110 SHS ZIONS BANCORPORATION	COST	1,554.	2,665.
37 SHS BARRICK GOLD CORP	COST	1,599.	1,967.
17 SHS CANADIAN NATIONAL RAILWAY CO	COST	731.	1,130.
42 SHS COVIDIEN PLC	COST	1,689.	1,918.
44 SHS SUNCOR ENERGY INC NEW	COST	1,549.	1,685.
33 SHS TEVA PHARMACEUTICAL INDUSTRIES	COST	1,471.	1,720.
305 SHS AMGEN INC	COST	16,290.	16,745.
234 SHS AON CORP	COST	9,589.	10,766.
139 SHS APACHE CORP	COST	12,577.	16,573.
756 SHS CA INC	COST	17,879.	18,477.
2218 SHS CITIGROUP INC	COST	9,515.	10,491.
121 SHS CVS CAREMARK CORPORATION	COST	3,839.	4,207.
165 SHS GENERAL MOTORS COMPANY	COST	5,747.	6,082.
830 SHS GENWORTH FINANCIAL INC COM CL A	COST	10,032.	10,906.
24 SHS GOLDMAN SACHS GROUP INC	COST	3,791.	4,036.
98 SHS HALLIBURTON CO	COST	3,815.	4,001.
336 SHS HARTFORD FINANCIAL SVCS GROUP	COST	7,704.	8,901.
106 SHS HESS CORPORATION	COST	7,643.	8,113.
137 SHS INGERSOLL RAND PLC	COST	5,776.	6,451.
202 SHS JPMORGAN CHASE & CO	COST	7,647.	8,569.
92 SHS KIMBERLY CLARK CORP	COST	5,756.	5,800.
239 SHS KROGER CO	COST	5,623.	5,344.
236 SHS LINCOLN NATIONAL CORP-IND	COST	5,692.	6,563.
111 SHS LOCKHEED MARTIN CORP	COST	7,660.	7,760.
303 SHS LOEWS CORPORATION	COST	11,462.	11,790.
161 SHS MERCK & CO INC	COST	5,601.	5,802.
295 SHS METLIFE INC	COST	11,449.	13,110.
305 SHS MICROSOFT CORP	COST	6,722.	8,513.
2181 SHS MOTOROLA INC	COST	17,446.	19,782.
92 SHS NOBLE ENERGY INC	COST	7,653.	7,919.

STATEMENT 6 (CONTINUED)
FORM 990-PF, PART II, LINE 10B
INVESTMENTS - CORPORATE STOCKS

<u>CORPORATE STOCKS</u>	<u>VALUATION METHOD</u>	<u>BOOK VALUE</u>	<u>FAIR MARKET VALUE</u>
292 SHS NRG ENERGY INC NEW	COST	\$ 5,636.	\$ 5,706.
98 SHS OCCIDENTAL PETE CORP	COST	7,688.	9,614.
969 SHS PFIZER INC	COST	16,276.	16,967.
133 SHS PHILIP MORRIS INTERNATIONAL INC	COST	7,606.	7,784.
258 SHS PITNEY BOWES INC	COST	5,758.	6,238.
122 SHS RAYTHEON CO COM NEW	COST	5,719.	5,653.
248 SHS TIME WARNER INC NEW	COST	7,564.	7,978.
71 SHS UNION PACIFIC CORP	COST	3,429.	6,579.
441 SHS UNUM GROUP	COST	9,671.	10,681.
398 SHS VIACOM INC NEW CL B	COST	15,302.	15,765.
347 SHS WELLS FARGO & CO	COST	9,525.	10,754.
284 SHS ANGLOGOLD ASHANTI LTD (NEW)	COST	13,314.	13,981.
293 SHS BARRICK GOLD CORP	COST	15,197.	15,582.
242 SHS CANADIAN NATURAL RESOURCES LTD	COST	9,205.	10,750.
427 SHS SANOFI AVENTIS SPONS ADR	COST	13,373.	13,762.
357 SHS TALISMAN ENERGY INC	COST	6,947.	7,922.
	TOTAL	\$ 666,697.	\$ 773,289.

STATEMENT 7
FORM 990-PF, PART II, LINE 10C
INVESTMENTS - CORPORATE BONDS

<u>CORPORATE BONDS</u>	<u>VALUATION METHOD</u>	<u>BOOK VALUE</u>	<u>FAIR MARKET VALUE</u>
441 GOLDMAN SACHS GROUP INC	COST	\$ 10,461.	\$ 10,209.
204 ISHARES TRUST IBOX \$ INVESTOP INVES	COST	22,313.	22,122.
12,000 DEERE JOHN CAP CORP MED TERM	COST	12,401.	12,403.
8,000 GOLDMAN SACHS GROUP INC	COST	8,822.	8,820.
7,000 GENWORTH FINANCIAL INC NOTE	COST	7,258.	7,261.
9,000 GENERAL ELEC CO	COST	9,817.	9,721.
8,000 CNA FINL CORP	COST	8,891.	8,774.
9,000 ARROW ELECTRS INC NT	COST	9,453.	9,191.
12,000 MOTOROLA INC	COST	13,437.	13,077.
	TOTAL	\$ 102,853.	\$ 101,578.

STATEMENT 8
FORM 990-PF, PART IV, LINE 1
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME

<u>ITEM</u>	<u>(A) DESCRIPTION</u>	<u>(B) HOW ACQUIRED</u>	<u>(C) DATE ACQUIRED</u>	<u>(D) DATE SOLD</u>
1	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS
2	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS
3	RBC - CAPITAL GAIN DISTRIBUTIONS	PURCHASED	VARIOUS	VARIOUS
4	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS
5	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS
6	RBC - CAPITAL GAIN DISTRIBUTIONS	PURCHASED	VARIOUS	VARIOUS
7	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS
8	RBC CAPITAL MARKETS - SEE ATT'D STMT	PURCHASED	VARIOUS	VARIOUS

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ESSE QUAM VIDERI FOUNDATION

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STATEMENT 8 (CONTINUED)
 FORM 990-PF, PART IV, LINE 1
 CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME

ITEM	(E) GROSS SALES	(F) DEPREC. ALLOWED	(G) COST BASIS	(H) GAIN (LOSS)	(I) FMV 12/31/69	(J) ADJ. BAS. 12/31/69	(K) EXCESS (I) - (J)	(L) GAIN (LOSS)
1	471,997.		462,010.	9,987.				\$ 9,987.
2	402,568.		309,915.	92,653.				92,653.
3	9.		0.	9.				9.
4	24,242.		21,845.	2,397.				2,397.
5	51,938.		48,139.	3,799.				3,799.
6	110.		0.	110.				110.
7	102,577.		100,654.	1,923.				1,923.
8	44,146.		40,069.	4,077.				4,077.
							TOTAL	\$ 114,955.

STATEMENT 9
 FORM 990-PF, PART VII-A, LINE 8B
 COPIES OF FORM 990-PF TO STATE OFFICIALS

NO LONGER REQUIRED BY STATE OF UTAH.