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Return of Private Foundation

or Section 4947(a)(1) Nonexempt Charitable Trust

Treated as a Private Foundation

2010

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

For calendar year 2010, or tax year beginning

, and ending

G Check all that apply:

☐ Initial return☐ Initial return of a former public charity☐ Final return☐ Amended return☐ Address change☐ Name change

Name of foundation SAM & MARION GOLDEN HELPING HAND FOUNDATION		A Employer identification number 54-6050920
Number and street (or P.O. box number if mail is not delivered to street address) PO BOX 8278	Room/suite	B Telephone number 540 343-3667
City or town, state, and ZIP code ROANOKE, VA 24014		C If exemption application is pending, check here ☐
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		D 1. Foreign organizations, check here ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ☐
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 14,675,730.	J Accounting method: ☒ Cash ☐ Accrual ☐ Other (specify) _____	E If private foundation status was terminated under section 507(b)(1)(A), check here ☐
(Part I, column (d) must be on cash basis)		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				N/A	
2 Check ☒ if the foundation is not required to attach Sch. B					
3 Interest on savings and temporary cash investments		12.	12.		STATEMENT 1
4 Dividends and interest from securities		208,228.	208,228.		STATEMENT 2
5a Gross rents					
b Net rental income or (loss)					
6a Net gain or (loss) from sale of assets not on line 10		415,477.			
b Gross sales price for all assets on line 6a 3,935,206.					
7 Capital gain net income (from Part IV, line 2)			415,477.		
8 Net short-term capital gain					
9 Income modifications					
10a Gross sales less returns and allowances					
b Less: Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total. Add lines 1 through 11		623,717.	623,717.		
13 Compensation of officers, directors, trustees, etc		0.	0.		0.
14 Other employee salaries and wages					
15 Pension plans, employee benefits					
16a Legal fees					
b Accounting fees STMT 3		2,550.	1,275.		1,275.
c Other professional fees					
17 Interest					
18 Taxes STMT 4		2,782.	0.		0.
19 Depreciation and depletion					
20 Occupancy					
21 Travel, conferences, and meetings					
22 Printing and publications					
23 Other expenses STMT 5		40,390.	40,024.		366.
24 Total operating and administrative expenses. Add lines 13 through 23		45,722.	41,299.		1,641.
25 Contributions, gifts, grants paid		500,000.			500,000.
26 Total expenses and disbursements. Add lines 24 and 25		545,722.	41,299.		501,641.
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements		77,995.			
b Net investment income (if negative, enter -0-)			582,418.		
c Adjusted net income (if negative, enter -0-)				N/A	

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LHA For Paperwork Reduction Act Notice, see the instructions.

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Part II Balance Sheets Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing	14,902.	9,088.	9,088.
	2 Savings and temporary cash investments	1,549,214.	358,651.	358,651.
	3 Accounts receivable ▶			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations			
	b Investments - corporate stock STMT 6	5,021,980.	6,914,982.	7,707,017.
	c Investments - corporate bonds			
Liabilities	11 Investments - land, buildings, and equipment basis ▶			
	Less: accumulated depreciation ▶			
	12 Investments - mortgage loans			
	13 Investments - other STMT 7	6,802,464.	6,183,834.	6,600,974.
	14 Land, buildings, and equipment: basis ▶			
	Less: accumulated depreciation ▶			
	15 Other assets (describe ▶)			
	16 Total assets (to be completed by all filers)	13,388,560.	13,466,555.	14,675,730.
	17 Accounts payable and accrued expenses			
	18 Grants payable			
Net Assets or Fund Balances	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe ▶)			
	23 Total liabilities (add lines 17 through 22)	0.	0.	
Foundations that follow SFAS 117, check here ☐ and complete lines 24 through 26 and lines 30 and 31.				
24 Unrestricted				
25 Temporarily restricted				
26 Permanently restricted				
Foundations that do not follow SFAS 117, check here ☒ and complete lines 27 through 31.				
27 Capital stock, trust principal, or current funds	0.	0.		
28 Paid-in or capital surplus, or land, bldg., and equipment fund	0.	0.		
29 Retained earnings, accumulated income, endowment, or other funds	13,388,560.	13,466,555.		
30 Total net assets or fund balances	13,388,560.	13,466,555.		
31 Total liabilities and net assets/fund balances	13,388,560.	13,466,555.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	13,388,560.
2 Enter amount from Part I, line 27a	77,995.
3 Other increases not included in line 2 (itemize) ▶	0.
4 Add lines 1, 2, and 3	13,466,555.
5 Decreases not included in line 2 (itemize) ▶	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	13,466,555.

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Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a PUBLICLY TRADED SECURITIES	P		
b LIQUIDATION/LITIGATION PROCEEDS	P		
c CAPITAL GAINS DIVIDENDS			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 3,750,890.		3,519,729.	231,161.
b 1,386.			1,386.
c 182,930.			182,930.
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(i) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			231,161.
b			1,386.
c			182,930.
d			
e			

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	415,477.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8	{ }	3	N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2009	501,746.	12,195,125.	.041143
2008	826,731.	14,543,531.	.056845
2007	1,012,583.	16,721,280.	.060557
2006	833,014.	16,005,457.	.052046
2005	750,803.	9,879,437.	.075997

2 Total of line 1, column (d)	2	.286588
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	.057318
4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5	4	13,722,228.
5 Multiply line 4 by line 3	5	786,531.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	5,824.
7 Add lines 5 and 6	7	792,355.
8 Enter qualifying distributions from Part XII, line 4	8	501,641.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

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Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b		1	11,648.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).		2	0.
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		3	11,648.
3 Add lines 1 and 2		4	0.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		5	11,648.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		6a	4,840.
6 Credits/Payments:		6b	
a 2010 estimated tax payments and 2009 overpayment credited to 2010		6c	
b Exempt foreign organizations - tax withheld at source		6d	
c Tax paid with application for extension of time to file (Form 8868)		7	4,840.
d Backup withholding erroneously withheld		8	2.
7 Total credits and payments. Add lines 6a through 6d		9	6,810.
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached		10	
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		11	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid		Refunded	
11 Enter the amount of line 10 to be: Credited to 2011 estimated tax			

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T.		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?		X
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) <u>VA</u>		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2010 or the taxable year beginning in 2010 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

N/A

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Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address NONE	13	X	
14	The books are in care of MARY ANN WARD Located at 1917 FRANKLIN STREET, ROANOKE, VA 24014 Telephone no. 540 343-3667 ZIP+4 24014-0278			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year	15	N/A	
16	At any time during calendar year 2010, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See page 20 of the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign country	16	Yes	No X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	☐ Yes ☒ No	
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	☐ Yes ☒ No	
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	☐ Yes ☒ No	
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	☐ Yes ☒ No	
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	☐ Yes ☒ No	
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	☐ Yes ☒ No	
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 22 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here	N/A	1b
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2010?		1c
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2010, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2010? If "Yes," list the years	☐ Yes ☒ No	
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.)	N/A	2b
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. 		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	☐ Yes ☒ No	
b If "Yes," did it have excess business holdings in 2010 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2010)	N/A	3b
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?		4a
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2010?		4b

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

- (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?
- (2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?
- (3) Provide a grant to an individual for travel, study, or other similar purposes?
- (4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)?
- (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No
☐ Yes ☒ No
☐ Yes ☒ No
☐ Yes ☒ No
☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?

N/A

Organizations relying on a current notice regarding disaster assistance check here

☐

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

N/A

☐ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?

☐ Yes ☒ No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

If "Yes" to 6b, file Form 8870.

☐ Yes ☒ No

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?

N/A

b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
MARY ANN WARD PO BOX 8278 ROANOKE, VA 24014	PRES/DIR 1.00	0.	0.	0.
JOHN LICHENSTEIN 101 SOUTH JEFFERSON STREET ROANOKE, VA 24004	DIRECTOR 0.50	0.	0.	0.
DAVID TENZER 3601 PEAKWOOD DRIVE ROANOKE, VA 24014	DIRECTOR 0.50	0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	13,187,746.
b	Average of monthly cash balances	1b	743,450.
c	Fair market value of all other assets	1c	
d	Total (add lines 1a, b, and c)	1d	13,931,196.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	13,931,196.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	208,968.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	13,722,228.
6	Minimum investment return. Enter 5% of line 5	6	686,111.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	686,111.
2a	Tax on investment income for 2010 from Part VI, line 5	2a	11,648.
b	Income tax for 2010. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	11,648.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	674,463.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	674,463.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	674,463.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	501,641.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	501,641.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	0.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	501,641.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2009	(c) 2009	(d) 2010
1 Distributable amount for 2010 from Part XI, line 7				674,463.
2 Undistributed income, if any, as of the end of 2010				
a Enter amount for 2009 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2010:				
a From 2005	159,141.			
b From 2006	80,537.			
c From 2007	205,473.			
d From 2008	106,652.			
e From 2009				
f Total of lines 3a through e	551,803.			
4 Qualifying distributions for 2010 from Part XII, line 4: ▶ \$	501,641.			
a Applied to 2009, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2010 distributable amount				501,641.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2010 (If an amount appears in column (d), the same amount must be shown in column (a))	172,822.			172,822.
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	378,981.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2009. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2010. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2011				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2005 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a	378,981.			
10 Analysis of line 9:				
a Excess from 2006	66,856.			
b Excess from 2007	205,473.			
c Excess from 2008	106,652.			
d Excess from 2009				
e Excess from 2010				

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N/A

- | | | |
|---------------|--|------------|
| 4942(i)(3) or | | 4942(i)(5) |
|---------------|--|------------|

- (4) Gross investment income**

[illegible]

2010.03050 SAM & MARION GOLDEN HELPING 034450 1

**SAM & MARION GOLDEN HELPING HAND
FOUNDATION**

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a Paid during the year SEE SCHEDULE ATTACHED		PUBLIC (ALL)	ORG. CHARITY (ALL)	500,000.
Total				▶ 3a 500,000.
b Approved for future payment NONE				
Total				▶ 3b 0.

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
SUNTRUST-CHECKING	12.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	12.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
SUNTRUST (7911629)	334,061.	182,930.	151,131.
SUNTRUST (7912031)	8.	0.	8.
SUNTRUST-(7914561)	57,089.	0.	57,089.
TOTAL TO FM 990-PF, PART I, LN 4	391,158.	182,930.	208,228.

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	2,550.	1,275.		1,275.
TO FORM 990-PF, PG 1, LN 16B	2,550.	1,275.		1,275.

FORM 990-PF TAXES STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
2009 FEDERAL INCOME TAX REFUND	<1,087.>	0.		0.
2010 ESTIMATED FED INCOME TAX	3,630.	0.		0.
FOREIGN TAXES	239.	0.		0.
TO FORM 990-PF, PG 1, LN 18	2,782.	0.		0.

FORM 990-PF	OTHER EXPENSES			STATEMENT	5
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
LIABILITY INSURANCE	733.	367.		366.	
INVESTMENT FEES	39,657.	39,657.		0.	
TOTAL TO FORM 990-PF, PG 1, LN 23	40,390.	40,024.		366.	

FORM 990-PF	CORPORATE STOCK		STATEMENT	6
DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE		
INVESTMENTS-EQUITY	2,744,066.	3,206,286.		
INVESTMENTS-MUTUAL FUNDS	4,170,916.	4,500,731.		
TOTAL TO FORM 990-PF, PART II, LINE 10B	6,914,982.	7,707,017.		

FORM 990-PF	OTHER INVESTMENTS		STATEMENT	7
DESCRIPTION	VALUATION METHOD	BOOK VALUE	FAIR MARKET VALUE	
PROPRIETARY FUNDS	COST	6,183,834.	6,600,974.	
TOTAL TO FORM 990-PF, PART II, LINE 13		6,183,834.	6,600,974.	

NON-JEWISH GRANTS 2010

2,500.00	Acts 2 Ministry 406 Luck Avenue SW Roanoke, VA 24016	10,000.00	Jefferson Center 541 Luck Avenue Roanoke, VA 24016
3,000.00	American Red Cross 352 Church Avenue SW Roanoke, VA 24016	1,000.00	LOA Area Agency on Aging P. O. Box 14205 Roanoke, VA 24038
7,000.00	Apple Ridge Farm 541 Luck Avenue Roanoke, VA 24016	1,000.00	Opera Roanoke 541 Luck Avenue Suite 209 Roanoke, VA 24016
2,500.00	Big Brothers Big Sisters 124 Wells Avenue NW Roanoke, VA 24016	2,000.00	Planned Parenthood of Blue Ridge 2207 Peters Creek Road Roanoke, VA 24017
1,500.00	St. Vincent's Home dba Blue Ridge Autism and Achievement Center 312 Whitwell Drive Roanoke, VA 24019-2039	2,000.00	Presbyterian Community Center 1228 Jamison Avenue SE Roanoke, VA 24013
2,500.00	Boys and Girls Club of Roanoke Valley 1714 9th. St. SE Roanoke, VA 24013	2,000.00	Project Access 541 Luck Avenue, Suite 230 Roanoke, VA 24016
26,500.00	Bradley Free Clinic 1240 Third Street SW Roanoke, VA 24016	26,500.00	Rescue Mission P. O. Box 11525 Roanoke, VA 24022-1525
7,500.00	Center in the Square One Market Square Roanoke, VA 24016	26,500.00	Roanoke Area Ministries 824 Campbell Avenue SW Roanoke, VA 24016
2,000.00	Children's Trust Foundation 541 Luck Avenue Suite 308 Roanoke, VA 24016-5023	7,000.00	Salvation Army P. O. Box 12088 Roanoke, VA 24022-2208
5,000.00	Child Health Invertment Partnership 1201 Third Street SW Roanoke, VA 24016	1,000.00	Science Museum of Western Virginia One Market Square Roanoke, VA 24011
1,000.00	Cumterland College 6191 College Station Drive Williamsburg, KY 40769-1372	3,000.00	Southeast 4-H Educational Center 15189 Airfield Road Wakefield, VA 23888
4,000.00	Greenvale School 627 Westwood Boulevard NW Roanoke, VA 24017	26,500.00	Southeastern Virginia 2nd. Harvest Food Bank 1025 Electric Road Salem, VA 24153
2,000.00	Inter-faith Hospitality Network 1970 Roanoke Boulevard 25A Salem, VA 24016	1,000.00	Special Olympics Virginia P. O. Box 71900 Richmond, VA 23255-1900

NON-JEWISH GRANTS 2010 (continued)

1,000.00	Spinal Muscular Atrophy P. O. Box 785 Richmond, VA 23218-0785
1,000.00	St. John Newman Academy P. O. Box 11052 Blacksburg, VA 24062
2,500.00	Total Action Against Poverty 145 Campbell Avenue SW Roanoke, VA 24011
50,000.00	Taubman Museum of Art 110 Salem Avenue SE Roanoke, VA 24011
1,000.00	Turning Point 815 Salem Avenue SW Roanoke, VA 24014
2,000.00	Virginia College Fund 3122 W. Marshall St. Suite 214 Richmond, VA 23230
2,000.00	Virginia Foundation of Independent Colleges 8010 Ridge Road Richmond, VA 23229
11,000.00	West End Center for Youth 1223 Patterson Avenue SW Roanoke, VA 24016
2,000.00	YMCA 520 Church Avenue SW Roanoke, VA 24014
1,000.00	YWCA 605 First Street SW Roanoke, VA 24011

\$ 250,000.00
(A)

JEWISH GRANTS 2010

\$110,000.00	Beth Israel Congregation 920 Franklin Road Roanoke, VA 24016	\$110,000.00	Temple Emanuel 1163 Persinger Road SW Roanoke, VA 24004
1,000.00	Beth Shalom Home of Central Virginia 1600 John Rolfe Parkway Richmond, VA 23238		
2,000.00	B'nai B'rith 412 S. Jefferson St. Roanoke, VA 24011		
1,000.00	Chabad of Virginia Tech Lebescu Student Center 301 Wall Street Blacksburg, VA 24060-3819		
			Total Grants Sum (A) \$500,000
1,000.00	Chabad of University of Virginia 2014 Lewis Mountain Charlottesville, VA 22903		
5,000.00	Hillel of Virginia Tech P. O. Box 708 Blacksburg, VA 24063		
1,000.00	Hillel of Washington and Lee 204 W. Washington St. Lexington, VA 24450		
1,000.00	Hillel of University of Virginia 1824 University Circle Charlottesville, VA 22903		
1,000.00	Hillel of Lynchburg College 1501 Lakeside Drive Lynchburg, VA 24501		
8,000.00	Roanoke Jewish Community Council P. O. Box 1073 Roanoke, VA 24005		
4,000.00	Roanoke Jewish Community Religious School Temple Emanuel 1163 Persinger Road SW Roanoke, VA 24004		
4,000.00	Roanoke Jewish Community Pre-School Beth Israel Congregation 920 Franklin Road SW Roanoke, VA 24016		
1,000.00	Temple Beth Shalom - Danville 129 Sutherland Avenue Danville, VA 24541		

(A) 250,000.00