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Return of Private Foundation or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation

2010

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

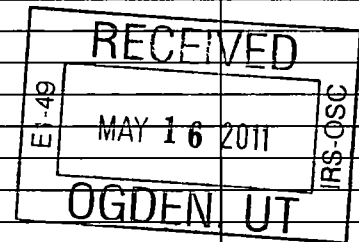
For calendar year 2010, or tax year beginning , and ending

G Check all that apply: ☐ Initial return ☐ Initial return of a former public charity ☐ Final return
☐ Amended return ☐ Address change ☐ Name change

Name of foundation L F & C FOUNDATION		A Employer identification number 54-1810269
Number and street (or P.O. box number if mail is not delivered to street address) 8 RANDOLPH F. TOTTEN, P.O. BOX 1535	Room/suite	B Telephone number 804-788-8281
City or town, state, and ZIP code RICHMOND, VA 23218-1535		C If exemption application is pending, check here ☐
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		D 1. Foreign organizations, check here ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ☐
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 219,709.	J Accounting method: ☒ Cash ☐ Accrual ☐ Other (specify)	E If private foundation status was terminated under section 507(b)(1)(A), check here ☐
(Part I, column (d) must be on cash basis)		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				N/A	
2 Check ☒ if the foundation is not required to attach Sch. B					
3 Interest on savings and temporary cash investments					
4 Dividends and interest from securities		7,020.	7,020.		Statement 1
5a Gross rents					
b Net rental income or (loss)					
6a Net gain or (loss) from sale of assets not on line 10		<1,620.>			
b Gross sales price for all assets on line 6a		30,117.			
7 Capital gain net income (from Part IV, line 2)			0.		
8 Net short-term capital gain					
9 Income modifications					
10a Gross sales less returns and allowances					
b Less Cost of goods sold					
c Gross profit or (loss)					
11 Other income		482.	0.		Statement 2
12 Total. Add lines 1 through 11		5,882.	7,020.		
13 Compensation of officers, directors, trustees, etc		0.	0.		0.
14 Other employee salaries and wages					
15 Pension plans, employee benefits					
16a Legal fees					
b Accounting fees Stmt 3		1,560.	0.		0.
c Other professional fees Stmt 4		856.	856.		0.
17 Interest					
18 Taxes Stmt 5		512.	30.		0.
19 Depreciation and depletion					
20 Occupancy					
21 Travel, conferences, and meetings					
22 Printing and publications					
23 Other expenses Stmt 6		24.	0.		0.
24 Total operating and administrative expenses. Add lines 13 through 23		2,952.	886.		0.
25 Contributions, gifts, grants paid		10,000.			10,000.
26 Total expenses and disbursements. Add lines 24 and 25		12,952.	886.		10,000.
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements		<7,070.>			
b Net investment income (if negative, enter -0-)			6,134.		
c Adjusted net income (if negative, enter -0-)				N/A	

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
				(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing			7,031.	5,460.	5,460.
	2 Savings and temporary cash investments			2,583.	11,166.	11,166.
	3 Accounts receivable ▶					
	Less: allowance for doubtful accounts ▶					
	4 Pledges receivable ▶					
	Less: allowance for doubtful accounts ▶					
	5 Grants receivable					
	6 Receivables due from officers, directors, trustees, and other disqualified persons					
	7 Other notes and loans receivable ▶					
	Less: allowance for doubtful accounts ▶					
	8 Inventories for sale or use					
	9 Prepaid expenses and deferred charges					
	10a Investments - U.S. and state government obligations					
	b Investments - corporate stock Stmt 7			131,823.	112,834.	123,716.
	c Investments - corporate bonds					
Liabilities	11 Investments - land, buildings, and equipment basis ▶					
	Less: accumulated depreciation ▶					
	12 Investments - mortgage loans					
	13 Investments - other Stmt 8			72,385.	77,292.	79,367.
	14 Land, buildings, and equipment: basis ▶					
	Less: accumulated depreciation ▶					
	15 Other assets (describe ▶)					
	16 Total assets (to be completed by all filers)			213,822.	206,752.	219,709.
	17 Accounts payable and accrued expenses					
	18 Grants payable					
Net Assets or Fund Balances	19 Deferred revenue					
	20 Loans from officers, directors, trustees, and other disqualified persons					
	21 Mortgages and other notes payable					
	22 Other liabilities (describe ▶)					
	23 Total liabilities (add lines 17 through 22)			0.	0.	
	Foundations that follow SFAS 117, check here ▶ ☐					
	and complete lines 24 through 26 and lines 30 and 31					
	24 Unrestricted					
	25 Temporarily restricted					
	26 Permanently restricted					
Net Assets or Fund Balances	Foundations that do not follow SFAS 117, check here ▶ ☒					
	and complete lines 27 through 31.					
	27 Capital stock, trust principal, or current funds			0.	0.	
	28 Paid-in or capital surplus, or land, bldg., and equipment fund			0.	0.	
	29 Retained earnings, accumulated income, endowment, or other funds			213,822.	206,752.	
	30 Total net assets or fund balances			213,822.	206,752.	
Net Assets or Fund Balances	31 Total liabilities and net assets/fund balances			213,822.	206,752.	

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	213,822.
2 Enter amount from Part I, line 27a	2	<7,070.>
3 Other increases not included in line 2 (itemize) ▶	3	0.
4 Add lines 1, 2, and 3	4	206,752.
5 Decreases not included in line 2 (itemize) ▶	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	206,752.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a			
b See Attached Statements			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e 30,117.		31,737.	<1,620.>

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
a			
b			
c			
d			
e			<1,620.>

2 Capital gain net income or (net capital loss)	If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	<1,620.>
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8	If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8 }	3	N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2009	12,046.	196,290.	.061368
2008	13,536.	243,751.	.055532
2007	12,700.	283,810.	.044748
2006	12,200.	268,204.	.045488
2005	12,200.	257,284.	.047418
2 Total of line 1, column (d)			2 .254554
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years			3 .050911
4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5			4 212,239.
5 Multiply line 4 by line 3			5 10,805.
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 61.
7 Add lines 5 and 6			7 10,866.
8 Enter qualifying distributions from Part XII, line 4			8 10,000.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)		1	123.
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☐ and enter 1% of Part I, line 27b		2	0.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).		3	123.
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
3 Add lines 1 and 2		5	123.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)			
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-			
6 Credits/Payments:			
a 2010 estimated tax payments and 2009 overpayment credited to 2010	6a	482.	
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	482.	
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9		
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	359.	
11 Enter the amount of line 10 to be: Credited to 2011 estimated tax	11	0.	

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities.		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col (c), and Part XV.	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) VA		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2010 or the taxable year beginning in 2010 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

N/A

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► <u>N/A</u>	13	X	
14	The books are in care of ► <u>RANDOLPH F. TOTTEN</u> Telephone no. ► <u>804-788-8281</u> Located at ► <u>951 E. BYRD STREET, RICHMOND, VA</u> ZIP+4 ► <u>23219-4074</u>			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year ► <u>15</u> <u>N/A</u>			
16	At any time during calendar year 2010, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See page 20 of the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign country ►	16	Yes	No X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly): (1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☐ Yes ☒ No (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No (6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) ☐ Yes ☒ No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 22 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here N/A	1b	
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2010?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)): a At the end of tax year 2010, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2010? ☐ Yes ☒ No If "Yes," list the years ► _____, _____, _____ b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.) N/A c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ► _____, _____, _____	2b	
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No b If "Yes," did it have excess business holdings in 2010 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2010.) N/A	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2010?	4b	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)**5a** During the year did the foundation pay or incur any amount to:

- (1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? ☐ Yes ☒ No
- (2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive? ☐ Yes ☒ No
- (3) Provide a grant to an individual for travel, study, or other similar purposes? ☐ Yes ☒ No
- (4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? ☐ Yes ☒ No
- (5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? ☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?N/A
▶ ☐

5b

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?N/A ☐ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?☐ Yes ☒ No**b** Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

6b

X

If "Yes" to 6b, file Form 8870.

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?☐ Yes ☒ No**b** If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?

N/A

7b

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors**1** List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Statement 9		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

Part VIII**Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors** (continued)**3 Five highest-paid independent contractors for professional services. If none, enter "NONE."**

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		
		0

Total number of others receiving over \$50,000 for professional services

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

	Amount
1 N/A	
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3	0.

Form 990-PF (2010)

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	190,399.
b	Average of monthly cash balances	1b	25,072.
c	Fair market value of all other assets	1c	
d	Total (add lines 1a, b, and c)	1d	215,471.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	215,471.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	3,232.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	212,239.
6	Minimum investment return. Enter 5% of line 5	6	10,612.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	10,612.
2a	Tax on investment income for 2010 from Part VI, line 5	2a	123.
b	Income tax for 2010. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	123.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	10,489.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	10,489.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	10,489.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	10,000.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	10,000.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	0.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	10,000.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2009	(c) 2009	(d) 2010
1 Distributable amount for 2010 from Part XI, line 7				10,489.
2 Undistributed income, if any, as of the end of 2010				
a Enter amount for 2009 only			9,754.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2010:				
a From 2005				
b From 2006				
c From 2007				
d From 2008				
e From 2009				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2010 from Part XII, line 4: ► \$ 10,000.				
a Applied to 2009, but not more than line 2a			9,754.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2010 distributable amount				246.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2010 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2009. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2010. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2011				10,243.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2005 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2006				
b Excess from 2007				
c Excess from 2008				
d Excess from 2009				
e Excess from 2010				

Part XV	Supplementary Information (continued)
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3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient		If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)					
a Paid during the year SEE ATTACHED STATEMENT					10,000.
Total					▶ 3a 10,000.
b Approved for future payment None					
Total					▶ 3b 0.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo, day, yr.)	(d) Date sold (mo, day, yr.)
1a	BERKSHIRE HATHAWAY B - CASH IN LIEU	P		
b	75 MANULIFE FINANCIAL	P	04/04/08	02/08/10
c	40 REPUBLIC SERVICES	P		02/12/10
d	60 LOWES COS	P	07/28/08	02/23/10
e	40 MORGAN STANLEY	P	04/27/09	02/23/10
f	40 PROCTER & GAMBLE	P	05/02/07	02/25/10
g	35 3M CO	P	04/24/07	02/25/10
h	70 BRISTOL MYERS SQUIBB	P	12/05/08	03/22/10
i	50 HOSPIRA	P	02/21/08	03/22/10
j	15 3M CO	P	07/27/07	03/22/10
k	75 VERIZON COMMUNICATIONS	P	04/04/08	02/08/10
l	45 QUEST DIAGNOSTICS	P	11/08/07	04/21/10
m	23 TRANSOCEAN	P		04/30/10
n	25 ANADARKO	P	10/06/09	06/02/10
o	30 RESEARCH IN MOTION	P	10/02/09	08/23/10

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 36.			36.
b 1,320.		2,926.	<1,606.>
c 1,023.		614.	409.
d 1,367.		1,644.	<277.>
e 1,106.		870.	236.
f 2,512.		2,573.	<61.>
g 2,771.		2,950.	<179.>
h 1,818.		1,473.	345.
i 2,828.		2,046.	782.
j 1,214.		1,264.	<50.>
k 2,196.		3,108.	<912.>
l 2,580.		2,431.	149.
m 1,616.		3,572.	<1,956.>
n 1,068.		1,066.	2.
o 1,426.		2,027.	<601.>

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			36.
b			<1,606.>
c			409.
d			<277.>
e			236.
f			<61.>
g			<179.>
h			345.
i			782.
j			<50.>
k			<912.>
l			149.
m			<1,956.>
n			2.
o			<601.>

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7
If (loss), enter "-0-" in Part I, line 7 }

2

3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6)
If gain, also enter in Part I, line 8, column (c)
If (loss), enter "-0-" in Part I, line 8

3

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a	35 CUMMINS	P	02/02/09	11/04/10
b	50 WILLIS GROUP HOLDINGS	P	10/02/08	11/24/10
c	BURLINGTON NORTHERN SANATA FE - MERGER	P		02/16/10
d	Capital Gains Dividends			
e				
f				
g				
h				
i				
j				
k				
l				
m				
n				
o				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 3,254.		1,664.	1,590.
b 1,611.		1,509.	102.
c 194.			194.
d 177.			177.
e			
f			
g			
h			
i			
j			
k			
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			1,590.
b			102.
c			194.
d			177.
e			
f			
g			
h			
i			
j			
k			
l			
m			
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	<1,620.>
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	N/A

Form 990-PF	Dividends and Interest from Securities	Statement	1
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Source	Gross Amount	Capital Gains Dividends	Column (A) Amount
CHARLES SCHWAB	7,197.	177.	7,020.
Total to Fm 990-PF, Part I, ln 4	7,197.	177.	7,020.

Form 990-PF	Other Income	Statement	2
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Description	(a) Revenue Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income
OVERPAY 2009 EXCISE TAX	482.	0.	
Total to Form 990-PF, Part I, line 11	482.	0.	

Form 990-PF	Accounting Fees	Statement	3
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Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
TAX SERVICES	920.	0.		0.
ACCOUNTING SERVICES	640.	0.		0.
To Form 990-PF, Pg 1, ln 16b	1,560.	0.		0.

Form 990-PF	Other Professional Fees	Statement	4
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Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
INVESTMENT ADVISORY SERVICES	856.	856.		0.
To Form 990-PF, Pg 1, ln 16c	856.	856.		0.

Form 990-PF	Taxes			Statement	5
Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes	
FOREIGN TAXES ON DIVIDENDS	30.	30.		0.	
2010 ESTIMATED EXCISE TAX	482.	0.		0.	
To Form 990-PF, Pg 1, ln 18	512.	30.		0.	

Form 990-PF	Other Expenses			Statement	6
Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes	
SERVICE CHARGES	24.	0.		0.	
To Form 990-PF, Pg 1, ln 23	24.	0.		0.	

Form 990-PF	Corporate Stock		Statement	7
Description	Book Value	Fair Market Value		
SEE ATTACHED SCHEDULE	112,834.	123,716.		
Total to Form 990-PF, Part II, line 10b	112,834.	123,716.		

Form 990-PF	Other Investments		Statement	8
Description	Valuation Method	Book Value	Fair Market Value	
SEE ATTACHED SCHEDULE	COST	77,292.	79,367.	
Total to Form 990-PF, Part II, line 13		77,292.	79,367.	

Form 990-PF

Part VIII - List of Officers, Directors
Trustees and Foundation Managers

Statement 9

Name and Address	Title and Avrg Hrs/Wk	Compen- sation	Employee Ben Plan	Expense Contrib Account
VIRGINIA H. TOTTEN 6347 RIDGEWAY ROAD RICHMOND, VA 23226	PRESIDENT & DIRECTOR <i>PART-TIME</i>	0.	0.	0.
RANDOLPH F. TOTTEN 6347 RIDGEWAY ROAD RICHMOND, VA 23226	VICE PRESIDENT & SECY. <i>PART-TIME</i>	0.	0.	0.
LOUISE T. KNABE 32 BRADDOCK PARK # 2 BOSTON, MA 02116	DIRECTOR <i>PART-TIME</i>	0.	0.	0.
FITZ R. TOTTEN 4901 WEST FRANKLIN STREET RICHMOND, VA 23226	DIRECTOR <i>PART-TIME</i>	0.	0.	0.
CAROLINE T. GARY 4845 27TH STREET N ARLINGTON, VA 22207	DIRECTOR <i>PART-TIME</i>	0.	0.	0.
Totals included on 990-PF, Page 6, Part VIII		0.	0.	0.

Thompson, Siegel & Walmsley LLC

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LF&C FOUNDATION [3748]

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Quantity	Description	Price	Cost	Value	%	Est Annual Income	Current Yield
CASH RESERVES							
CASH EQUIVALENTS							
	SCHWAB GOVERNMENT MM FUND		11,166	11,166	5.2		1
	Total CASH RESERVES		11,166	11,166	5.2		1
SENIOR SECURITIES							
MUTUAL FUNDS							
7,751	TS&W FIXED PORTFOLIO	10.24	77,292	79,367	37.0		
	Total SENIOR SECURITIES		77,292	79,367	37.0		
EQUITIES							
TECHNOLOGY							
COMPUTER SERVICES SOFTWARE & SYSTEMS							
120	ORACLE SYSTEMS	31.30	2,252	3,756	1.8		24
115	SYMANTEC CORP	16.74	1,786	1,925	9		
	Total COMPUTER SERVICES SOFTWARE & SYSTEMS		4,038	5,681	2.7		24
COMMUNICATIONS TECHNOLOGY							
165	CISCO SYSTEMS INC	20.23	4,491 4,261	3,338	1.6		
150	CORNING INC	19.32	3,831	2,898	1.4		30
	Total COMMUNICATIONS TECHNOLOGY		8,092	6,236	2.9		30
COMPUTER TECHNOLOGY							
80	EMC CORP/MASS	22.90	1,298	1,832	9		
25	INTERNATIONAL BUSINESS MACHINES	146.76	2,929	3,669	1.7		65
	Total COMPUTER TECHNOLOGY		4,227	5,501	2.6		65
SEMICONDUCTORS & COMPONENTS							
105	INTEL	21.03	1,650	2,208	1.0		66
	Total TECHNOLOGY		17,937	18,007	9.2		185
HEALTH CARE							
BIOTECHNOLOGY							
40	AMGEN INC	54.90	2,483	2,196	1.0		
50	BAXTER INTERNATIONAL	50.62	1,776	2,531	1.2		62
	Total BIOTECHNOLOGY		4,259	4,727	2.2		62
PHARMACEUTICALS							

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Adm 18

Quantity	Description	Price	Cost	Value	%	(Est Annual Income)	Current Yield
45	ABBOTT LABS	47.91	4,882 2,083	2,156	10	79	37
20	JOHNSON & JOHNSON	61.85	1,369	1,237	6	43	35
65	MERCK & CO INC	36.04	2,509	2,343	11	99	42
105	PFIZER INC	17.51	1,585	1,839	9	84	46
	Total PHARMACEUTICALS		7,955 1,546	7,575	3.5	305	4.0
	Total HEALTH CARE		44,644 11,805	12,302	5.7	367	3.0
	CONSUMER DISCRETIONARY						
	DIVERSIFIED MEDIA						
100	NEWS CORP INC-CL A	14.56	1,446	1,456	7	15	10
	ENTERTAINMENT						
80	WALT DISNEY COMPANY	37.51	2,556	3,001	14	32	11
	DIVERSIFIED RETAIL						
55	BEST BUY CO INC	34.29	2,379	1,886	9	33	17
65	GAP INC/THE	22.14	1,299	1,439	7	26	18
100	LIBERTY MEDIA-INTERACTIVE A	15.77	1,550	1,577	7		
105	MACYS	25.30	1,386	2,657	12	21	8
25	TARGET CORP	60.13	4,429 1,462	1,503	7	25	17
	Total DIVERSIFIED RETAIL		7,737 8,076	9,062	4.2	105	1.2
	TOYS						
30	NINTENDO CO LTD-UNSPONS ADR	36.33	1,297	1,090	5	30	28
	Total CONSUMER DISCRETIONARY		43,036 13,375	14,609	6.8	182	1.2
	CONSUMER STAPLES						
	FOODS						
35	H J HEINZ	49.46	1,732	1,731	8	63	36
62	NESTLE SA REG SHARES - ADR	58.82	1,606	3,647	17	56	15
	Total FOODS		3,338	5,378	2.5	119	2.2
	TOBACCO						
45	PHILIP MORRIS INTERNATIONAL	58.53	2,313	2,634	12	115	44
50	REYNOLDS AMERICAN INC	32.62	1,218	1,631	8	98	60
	Total TOBACCO		3,531	4,265	2.0	213	5.0
	Total CONSUMER STAPLES		6,869	9,643	4.5	332	3.4
	ENERGY						
	OIL WELL EQUIPMENT & SERV						
25	NATIONAL OILWELL VARCO INC	67.25	1,341	1,681	8	11	7

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Adm 18

Quantity	Description	Price	Cost	Value	%	Est Annual Income	Current Yield
OIL:CRUDE PRODUCERS							
25	EOG RESOURCES INC	91.41	1,465	2,285	1.1	16	7
25	OCCIDENTAL PETROLEUM CORP	98.10	1,631	2,453	1.1	38	15
35	NOBLE CORP	35.77	1,213	1,252	6	12	10
	Total OIL:CRUDE PRODUCERS		4,309	5,990	2.8	66	1.1
OIL: INTEGRATED							
50	BP AMOCO PLC - SPONS ADR	44.17	2,640 3,147	2,209	1.0	168	7.6
25	CHEVRON CORP	91.25	2,025	2,281	1.1	72	3.2
45	EXXON MOBIL CORPORATION	73.12	3,988	3,290	1.5	79	2.4
	Total OIL: INTEGRATED		8,653 9,160	7,780	3.6	319	4.1
	Total ENERGY		44,309 14,810	15,451	7.2	396	2.6
MATERIALS AND PROCESSING							
COPPER							
25	FREEPORT-MCMORAN COPPER	120.09	1,326	3,002	1.4	50	1.7
FERTILIZERS							
15	MONSANTO CO	69.64	1,199	1,045	5	17	1.6
STEEL							
35	UNITED STATES STEEL CORP	58.42	1,311	2,045	1.0	7	3
	Total MATERIALS AND PROCESSING		3,836	6,092	2.8	74	1.2
PRODUCER DURABLES							
AEROSPACE							
45	L-3 COMMUNICATIONS HOLDINGS	70.49	3,858	3,172	1.5	72	2.3
50	ROCKWELL COLLINS INC	58.26	3,635	2,913	1.4	48	1.6
	Total AEROSPACE		7,493	6,085	2.8	120	2.0
DIVERSIFIED MANUFACTURING OPERATIONS							
150	GENERAL ELECTRIC CO	18.29	4,330 4,504	2,744	1.3	84	3.1
25	SIEMENS AG-SPONS ADR	124.25	3,158	3,106	1.4	68	2.2
	Total DIVERSIFIED MANUFACTURING OPERATIONS		7,397 7,662	5,850	2.7	152	2.6
ENGINEERING & CONTRACTING SERVICES							
50	FOSTER WHEELER AG	34.52	3,318	1,726	8		
MACHINERY:AGRICULTURAL							
25	DEERE & COMPANY	83.05	839	2,076	1.0	35	1.7
MACHINERY:ENGINES							
25	CUMMINS INC	110.01	400 733	2,750	1.3	26	9

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Adm 18

Quantity	Description	Price	Cost	Value	%	Est Annual Income	Current Yield
RAILROADS							
50	NORFOLK SOUTHERN	62.82	2,768	3,141	15	72	23
	Total PRODUCER DURABLES		22,944 22,813	21,628	10.1	405	1.9
FINANCIAL SERVICES							
BANKS: DIVERSIFIED							
60	WELLS FARGO & COMPANY	30.99	1,965	1,859	9	12	6
DIVERSIFIED FINANCIAL SERVICES							
65	JP MORGAN CHASE & CO	42.42	2,929	2,757	13	13	5
COMMERCIAL FINANCE & MORTGAGE COMPANIES							
35	AMERIPRISE FINANCIAL INC	57.55	1,281	2,014	9	25	12
15	GOLDMAN SACHS GROUP INC	168.16	2,426	2,522	12	21	8
	Total COMMERCIAL FINANCE & MORTGAGE COMPANIES		3,707	4,536	2.1	46	1.0
INSURANCE: LIFE							
50	PRUDENTIAL FINANCIAL INC	58.71	3,668	2,936	14	58	20
INSURANCE: MULTI-LINE							
31	BERKSHIRE HATHAWAY INC-CL B	80.11	770 726	2,483	12		
100	HARTFORD FINANCIAL SVCS GRP	26.49	2,311	2,649	12	20	8
	Total INSURANCE: MULTI-LINE		3,084 3,037	5,132	2.4	20	.4
INSURANCE: PROPERTY-CASUALTY							
55	CHUBB CORP	59.64	2,308	3,280	15	81	25
	Total FINANCIAL SERVICES		17,658 17,614	20,500	9.6	230	1.1
UTILITIES							
UTILITIES: ELECTRICAL							
50	DOMINION RESOURCES INC/VA	42.72	4,070 1,896	2,136	10	92	43
UTILITIES: GAS DISTRIBUTORS							
110	CENTERPOINT ENERGY INC	15.72	4,866 1,795	1,729	8	86	50
UTILITIES: TELECOMMUNICATIONS							
1	FAIRPOINT COMMUNICATIONS INC	0.02	14			1	
	Total UTILITIES		3,858 3,705	3,865	1.8	179	4.6
Total EQUITIES							
	TOTAL ACCOUNT		444,925 112,834	123,716	57.7	2,350	1.9
			200,383 201,292	214,249	100.0	2,351	1.1

LF&C Foundation ID# 54-1810269
2010
CONTRIBUTIONS

Maymont Foundation, 1700 Hampton Street, Richmond, VA 23220	\$ 500.00
Trinity Episcopal School Annual Fund, 3850 Pittaway Road, Richmond, VA 23235	2,500.00
YMCA of Greater Richmond, 2 West Franklin Street, Richmond, VA 23220	500.00
A Grace Place Adult Care Services, 8030 Staples Mill Road, Richmond, VA 23228	300.00
Hollins University, P. O. Box 9629, Roanoke, VA 24020	200.00
University of Richmond, Richmond, VA 23173	500.00
William Byrd Community House, 224 South Cherry Street, Richmond, VA 23220	500.00
MCV Foundation, 1012 E. Marshall Street, Richmond, VA 23219	2,500.00
Westminster Canterbury Foundation, 1600 Westbrook Avenue, Richmond, VA 23227	<u>2,500.00</u>
	<u>\$10,000.00</u>

Note: None of the Foundation's contributions was made to individuals. All organizations receiving contributions are classified as public charities and all contributions are for general use, except where specified for a particular fund.