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Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation

2010

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

For calendar year 2010, or tax year beginning

, and ending

G Check all that apply:

☐ Initial return☐ Initial return of a former public charity☐ Final return☒ Amended return☐ Address change☐ Name change

Name of foundation TRUST FOR THE MEDITATION PROCESS		A Employer identification number 41-6286503
Number and street (or P O box number if mail is not delivered to street address) 2751 HENNEPIN AVENUE SOUTH	Room/suite 259	B Telephone number 612-825-3116
City or town, state, and ZIP code MINNEAPOLIS, MN 55408		C If exemption application is pending, check here ☐
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		D 1. Foreign organizations, check here ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ☐
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 4,418,946. (Part I, column (d) must be on cash basis)	J Accounting method: ☒ Cash ☐ Accrual ☐ Other (specify) _____	E If private foundation status was terminated under section 507(b)(1)(A), check here ☐
		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				N/A	
2 Check ☒ if the foundation is not required to attach Sch B					
3 Interest on savings and temporary cash investments		59,400.	59,400.		STATEMENT 1
4 Dividends and interest from securities		80,120.	80,120.		STATEMENT 2
5a Gross rents					
b Net rental income or (loss)					
6a Net gain or (loss) from sale of assets not on line 10		441,134.			
b Gross sales price for all assets on line 6a 1,783,886.					
7 Capital gain net income (from Part IV, line 2)			441,134.		
8 Net short-term capital gain					
9 Income modifications					
10a Gross sales less returns and allowances					
b Less Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total. Add lines 1 through 11		580,654.	580,654.		
13 Compensation of officers, directors, trustees, etc		30,140.	0.		30,140.
14 Other employee salaries and wages					
15 Pension plans, employee benefits					
16a Legal fees					
b Accounting fees STMT 3		5,000.	2,500.		2,500.
c Other professional fees STMT 4		33,089.	33,089.		0.
17 Interest					
18 Taxes STMT 5		4,663.	4,663.		0.
19 Depreciation and depletion					
20 Occupancy					
21 Travel, conferences, and meetings		1,729.	0.		1,729.
22 Printing and publications		350.	0.		350.
23 Other expenses STMT 6		1,872.	0.		1,872.
24 Total operating and administrative expenses. Add lines 13 through 23		76,843.	40,252.		36,591.
25 Contributions, gifts, grants paid		176,865.			176,865.
26 Total expenses and disbursements. Add lines 24 and 25		253,708.	40,252.		213,456.
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements		326,946.			
b Net investment income (if negative, enter -0-)			540,402.		
c Adjusted net income (if negative, enter -0-)				N/A	

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
				(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1	Cash - non-interest-bearing		176,640.	163,473.	163,473.
	2	Savings and temporary cash investments				
	3	Accounts receivable ▶				
		Less: allowance for doubtful accounts ▶				
	4	Pledges receivable ▶				
		Less: allowance for doubtful accounts ▶				
	5	Grants receivable				
	6	Receivables due from officers, directors, trustees, and other disqualified persons				
	7	Other notes and loans receivable ▶				
		Less: allowance for doubtful accounts ▶				
	8	Inventories for sale or use				
	9	Prepaid expenses and deferred charges				
	10a	Investments - U.S. and state government obligations				
	b	Investments - corporate stock	STMT 7	2,305,093.	2,645,206.	3,411,028.
	c	Investments - corporate bonds	STMT 8	841,398.	841,398.	844,445.
11	Investments - land, buildings, and equipment basis ▶					
	Less: accumulated depreciation ▶					
12	Investments - mortgage loans					
13	Investments - other					
14	Land, buildings, and equipment: basis ▶					
	Less: accumulated depreciation ▶					
15	Other assets (describe ▶)					
16	Total assets (to be completed by all filers)		3,323,131.	3,650,077.	4,418,946.	
Liabilities	17	Accounts payable and accrued expenses				
	18	Grants payable				
	19	Deferred revenue				
	20	Loans from officers, directors, trustees, and other disqualified persons				
	21	Mortgages and other notes payable				
	22	Other liabilities (describe ▶)				
23	Total liabilities (add lines 17 through 22)		0.	0.		
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ ☐					
	and complete lines 24 through 26 and lines 30 and 31.					
	24	Unrestricted				
	25	Temporarily restricted				
	26	Permanently restricted				
	Foundations that do not follow SFAS 117, check here ▶ ☒					
	and complete lines 27 through 31.					
	27	Capital stock, trust principal, or current funds		3,323,131.	3,650,077.	
	28	Paid-in or capital surplus, or land, bldg., and equipment fund		0.	0.	
29	Retained earnings, accumulated income, endowment, or other funds		0.	0.		
30	Total net assets or fund balances		3,323,131.	3,650,077.		
31	Total liabilities and net assets/fund balances		3,323,131.	3,650,077.		

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,323,131.
2	Enter amount from Part I, line 27a	2	326,946.
3	Other increases not included in line 2 (itemize) ▶	3	0.
4	Add lines 1, 2, and 3	4	3,650,077.
5	Decreases not included in line 2 (itemize) ▶	5	0.
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	3,650,077.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a				
b SEE ATTACHED STATEMENT				
c				
d				
e				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e 1,783,886.		1,342,752.	441,134.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
a			
b			
c			
d			
e			441,134.

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	441,134.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8	{ }	3	N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2009	166,785.	3,568,758.	.046735
2008	165,491.	4,137,226.	.040000
2007	201,114.	3,953,228.	.050873
2006	165,204.	2,625,395.	.062925
2005	123,643.	2,495,272.	.049551

2 Total of line 1, column (d)	2	.250084
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years.	3	.050017
4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5	4	4,043,701.
5 Multiply line 4 by line 3	5	202,254.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	5,404.
7 Add lines 5 and 6	7	207,658.
8 Enter qualifying distributions from Part XII, line 4	8	213,456.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate.
See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ☒ and enter 1% of Part I, line 27b		1	5,404.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b).			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0.
3 Add lines 1 and 2		3	5,404.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	5,404.
6 Credits/Payments:			
a 2010 estimated tax payments and 2009 overpayment credited to 2010	6a	5,663.	
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	5,663.	
8 Enter any penalty for underpayment of estimated tax. Check here ☐ if Form 2220 is attached	8	44.	
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9		
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10	215.	
11 Enter the amount of line 10 to be: Credited to 2011 estimated tax ☐ 0. Refunded ☒	11	0.	

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. ☒ \$ 0. (2) On foundation managers. ☒ \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. ☒ \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ☒ MN		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2010 or the taxable year beginning in 2010 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

N/A

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Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► WWW.TRUSTFORMEDITATION.ORG	13	X	
14	The books are in care of ► MARTHA BOLINGER Telephone no. ► 612-825-3116 Located at ► 3125 HOLMES AVE S #301, MINNEAPOLIS, MN ZIP+4 ► 55408			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year	15	N/A	
16	At any time during calendar year 2010, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country? See page 20 of the instructions for exceptions and filing requirements for Form TD F 90-22.1. If "Yes," enter the name of the foreign country ►	16	Yes	No
				X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

		Yes	No
1a	During the year did the foundation (either directly or indirectly):		
(1)	Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No		
(2)	Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No		
(3)	Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☐ Yes ☒ No		
(4)	Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☐ Yes ☒ No		
(5)	Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No		
(6)	Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) ☐ Yes ☒ No		
b	If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 22 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here ☐ N/A	1b	
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2010? ☐ Yes ☒ No	1c	X
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a	At the end of tax year 2010, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2010? ☐ Yes ☒ No If "Yes," list the years: _____		
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.) ☐ Yes ☒ No	2b	
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ☐ Yes ☒ No		
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No		
b	If "Yes," did it have excess business holdings in 2010 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2010) ☐ Yes ☒ No	3b	
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes? ☐ Yes ☒ No	4a	X
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2010? ☐ Yes ☒ No	4b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?

☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?

☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes?

☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)?

☒ Yes ☐ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?

Organizations relying on a current notice regarding disaster assistance check here

▶ ☐

5b

X

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

☒ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d).

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?

☐ Yes ☒ No

6b

X

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

If "Yes" to 6b, file Form 8870

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?

☐ Yes ☒ No

b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?

N/A

7b

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 12		30,140.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

▶ 0

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Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)**3** Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services

0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

	Amount
1 N/A	
2	
All other program-related investments. See instructions.	
3	

Total. Add lines 1 through 3

0.

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a Average monthly fair market value of securities	1a	3,919,140.
b Average of monthly cash balances	1b	186,140.
c Fair market value of all other assets	1c	
d Total (add lines 1a, b, and c)	1d	4,105,280.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	4,105,280.
4 Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	61,579.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	4,043,701.
6 Minimum investment return. Enter 5% of line 5	6	202,185.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	202,185.
2a Tax on investment income for 2010 from Part VI, line 5	2a	5,404.
b Income tax for 2010. (This does not include the tax from Part VI.)	2b	
c Add lines 2a and 2b	2c	5,404.
3 Distributable amount before adjustments. Subtract line 2c from line 1	3	196,781.
4 Recoveries of amounts treated as qualifying distributions	4	0.
5 Add lines 3 and 4	5	196,781.
6 Deduction from distributable amount (see instructions)	6	0.
7 Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	196,781.

Part XII Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	213,456.
b Program-related investments - total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	213,456.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	5,404.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	208,052.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2009	(c) 2009	(d) 2010
1 Distributable amount for 2010 from Part XI, line 7				196,781.
2 Undistributed income, if any, as of the end of 2010				
a Enter amount for 2009 only			17,752.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2010:				
a From 2005				
b From 2006				
c From 2007				
d From 2008				
e From 2009				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2010 from Part XII, line 4: ▶ \$ 213,456.				
a Applied to 2009, but not more than line 2a			17,752.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2010 distributable amount				195,704.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2010 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2009. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2010. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2011				1,077.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2005 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2006				
b Excess from 2007				
c Excess from 2008				
d Excess from 2009				
e Excess from 2010				

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

N/A

- i** a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2010, enter the date of the ruling

- b** Check box to indicate whether the foundation is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

Part XV Supplementary Information (continued)**3** Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year SEE SCHEDULE ATTACHED	NONE		VARIOUS	176,865.
Total				▶ 3a 176,865.
b Approved for future payment	NONE			
Total				▶ 3b 0.

Part XVII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

		Yes	No
1	Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?		
a	Transfers from the reporting foundation to a noncharitable exempt organization of:		
	(1) Cash	1a(1)	X
	(2) Other assets	1a(2)	X
b	Other transactions:		
	(1) Sales of assets to a noncharitable exempt organization	1b(1)	X
	(2) Purchases of assets from a noncharitable exempt organization	1b(2)	X
	(3) Rental of facilities, equipment, or other assets	1b(3)	X
	(4) Reimbursement arrangements	1b(4)	X
	(5) Loans or loan guarantees	1b(5)	X
	(6) Performance of services or membership or fundraising solicitations	1b(6)	X
c	Sharing of facilities, equipment, mailing lists, other assets, or paid employees	1c	X
d	If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.		

[illegible]

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527?

☐ Yes ☒ No

b If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship
N/A		

**Sign
Here**

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer or fiduciary) is based on all information of which preparer has any knowledge.

Signature of officer or trustee

Date _____

Title

Paid Preparer Use Only	Print/Type preparer's name	Preparer's signature	Date	Check ☐ if self-employed	PTIN
	STEPHEN EXLEY				
	Firm's name ▶ LEHRMAN, FLOM & CO., P.L.L.P.				Firm's EIN ▶
	Firm's address ▶ 600 HIGHWAY 169 SOUTH, SUITE 820 MINNEAPOLIS, MN 55426-1204				Phone no. (952) 546-5306

Form **990-PF** (2010)

TRUST FOR THE MEDITATION PROCESS

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a RBC ANCHOR - SEE SCHEDULE - ST	P	VARIOUS	VARIOUS
b RBC ANCHOR - SEE SCHEDULE - LT	P	VARIOUS	VARIOUS
c RBC WENTWORTH - SEE SCHEDULE - LT	P	VARIOUS	VARIOUS
d RBC SCHAFFER/METRO WEST - SEE SCHEDULE - ST	P	VARIOUS	VARIOUS
e RBC SCHAFFER/METRO WEST - SEE SCHEDULE - LT	P	VARIOUS	VARIOUS
f RBC MONTAG - SEE SCHEDULE - ST	P	VARIOUS	VARIOUS
g RBC MONTAG - SEE SCHEDULE - LT	P	VARIOUS	VARIOUS
h RBC HANSBERGER - SEE SCHEDULE - ST	P	VARIOUS	VARIOUS
i RBC HANSBERGER - SEE SCHEDULE - LT	P	VARIOUS	VARIOUS
j 7.315 SH TEMPLETON GLOBAL BOND FUND	P	12/22/08	10/20/10
k CAPITAL GAINS DIVIDENDS			
l			
m			
n			
o			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 34,879.		27,523.	7,356.
b 129,769.		81,197.	48,572.
c 77,788.		42,086.	35,702.
d 209,979.		187,156.	22,823.
e 755,665.		518,255.	237,410.
f 116,224.		121,216.	<4,992.>
g 295,078.		242,569.	52,509.
h 27,880.		27,771.	109.
i 134,341.		94,898.	39,443.
j 100.		81.	19.
k 2,183.			2,183.
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			7,356.
b			48,572.
c			35,702.
d			22,823.
e			237,410.
f			<4,992.>
g			52,509.
h			109.
i			39,443.
j			19.
k			2,183.
l			
m			
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	441,134.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	N/A

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
ZIEGLER INVESTMENTS	59,400.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	59,400.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
FIDELITY INVESTMENTS	32.	0.	32.
RBC - ANCHOR CAPITAL	13,220.	0.	13,220.
RBC - AQR	4,957.	2,183.	2,774.
RBC - HANSBERGER GLOBAL	13,884.	0.	13,884.
RBC - METRO WEST/SCHAFFER CULLEN	18,323.	0.	18,323.
RBC - MONTAG & CALDWELL	12,938.	0.	12,938.
RBC - TEMPLETON	11,403.	0.	11,403.
RBC - WENTWORTH HAUSER & VIOLICH	7,546.	0.	7,546.
TOTAL TO FM 990-PF, PART I, LN 4	82,303.	2,183.	80,120.

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	5,000.	2,500.		2,500.
TO FORM 990-PF, PG 1, LN 16B	5,000.	2,500.		2,500.

FORM 990-PF	OTHER PROFESSIONAL FEES			STATEMENT	4
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
INVESTMENT ADVISOR	33,089.	33,089.		0.	
TO FORM 990-PF, PG 1, LN 16C	33,089.	33,089.		0.	

FORM 990-PF	TAXES			STATEMENT	5
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
EXCISE TAX	1,793.	1,793.		0.	
FOREIGN TAXES	2,845.	2,845.		0.	
MN FILING FEE	25.	25.		0.	
TO FORM 990-PF, PG 1, LN 18	4,663.	4,663.		0.	

FORM 990-PF	OTHER EXPENSES			STATEMENT	6
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
DUES AND SUBSCRIPTIONS	495.	0.		495.	
OFFICE SUPPLIES	266.	0.		266.	
POSTAGE AND DELIVERY	393.	0.		393.	
MISCELLANEOUS	220.	0.		220.	
TELEPHONE	306.	0.		306.	
COMPUTER EXPENSE	192.	0.		192.	
TO FORM 990-PF, PG 1, LN 23	1,872.	0.		1,872.	

FORM 990-PF	CORPORATE STOCK	STATEMENT	7
DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE	
RBC - ANCHOR CAPITAL ADVISORS	249,882.	320,732.	
RBC - AQR	217,957.	220,340.	
RBC - HANSBERGER GLOBAL INVESTMENTS	405,390.	551,065.	
RBC - METROWEST/SCHAFFER CULLEN	675,713.	728,814.	
RBC - MONTAG & CALDWELL	636,216.	808,308.	
RBC - TEMPLETON	177,609.	213,886.	
RBC - WENTWORTH HAUSER & VIOLICH	282,439.	567,883.	
TOTAL TO FORM 990-PF, PART II, LINE 10B	2,645,206.	3,411,028.	

FORM 990-PF	CORPORATE BONDS	STATEMENT	8
DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE	
CHURCH OF THE OPEN DOOR MN	50,000.	50,255.	
CLOVER HILL ASSEMBLY OF GOD	50,000.	49,711.	
COLONIAL PRESBYTERIAN CHURCH MO	50,000.	50,213.	
CORNERSTONE CMNTY CHURCH WILDOMAR	50,006.	50,000.	
COVE CHURCH INC MOORSEVILLE	50,006.	49,874.	
EAGLE BROOK CHURCH MN	50,000.	49,711.	
FAITH COMMUNITY CHURCH MN	50,000.	50,000.	
FALLS BAPTIST CHURCH MN	50,000.	50,394.	
HOPE CHAPEL KIHEI HAWAII	47,000.	47,420.	
JUDSON BAPTIST CHURCH	50,000.	49,711.	
LIGHT GLOBAL MISSION CHURCH	96,386.	99,400.	
LOOKOUT MOUNTAIN COMMUNITY CHURCH CO	50,000.	50,394.	
MACEDONIA BAPTIST CHURCH	50,000.	50,054.	
MT ZION CHURCH	50,000.	49,896.	
NEW LIFE CHURCH WOODBURY	98,000.	97,412.	
TOTAL TO FORM 990-PF, PART II, LINE 10C	841,398.	844,445.	

FORM 990-PF

PART VIII - LIST OF OFFICERS, DIRECTORS
TRUSTEES AND FOUNDATION MANAGERS

STATEMENT 12

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN- SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
REV WARD BAUMAN HOUSE OF PRAYER, PO BOX 5888 COLLEGEVILLE, MN 56321	TRUSTEE 0.00	0.	0.	0.
CAROLE BAKER 101 MAIN ST NE #11 MINNEAPOLIS, MN 55416	CHAIR, TRUSTEE 0.00	0.	0.	0.
CHARLES WRIGHT 2788 JACKSON ST LITTLE CANADA, MN 55117	CHAIR INVESTMENTS, TRUSTEE 0.00	0.	0.	0.
HELEN WELTER ST MICHAEL, MN 55376	TRUSTEE 0.00	0.	0.	0.
MARY WHITE 196 NO MOUNDS BLVD #4 ST PAUL, MN 55106	TRUSTEE 0.00	0.	0.	0.
MARTHA BOLINGER 3125 HOLMES AVE S #301 MINNEAPOLIS, MN 55408	DIRECTOR 5.00	30,140.	0.	0.
PAUL TAYLOR EDINA, MN 55435	TRUSTEE 0.00	0.	0.	0.
DEBORAH CHERNICK 2170 HIGHLAND PARKWAY ST PAUL, MN 55116	TRUSTEE 0.00	0.	0.	0.
TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII		30,140.	0.	0.

FORM 990-PF

GRANT APPLICATION SUBMISSION INFORMATION
PART XV, LINES 2A THROUGH 2D

STATEMENT 13

NAME AND ADDRESS OF PERSON TO WHOM APPLICATIONS SHOULD BE SUBMITTED

MARTHA BOLINGER, TRUST FOR THE MEDITATION PROCESS
2751 HENNPIN AVE S #259
MINNEAPOLIS, MN 55408

TELEPHONE NUMBER

612-825-3116

FORM AND CONTENT OF APPLICATIONS

SEE ATTACHED

ANY SUBMISSION DEADLINES

MAY 1ST OF EACH YEAR

RESTRICTIONS AND LIMITATIONS ON AWARDS

501(C)3 OR FOREIGN EQUIVALENT; PROJECT SHOULD INITIATE, EXPAND, OR ENHANCE
THE PRACTICE OF MEDITATION IN THE CHRISTIAN CONTEMPLATIVE TRADITION OR
ENCOURAGE DIALOGUE AND COOPERATION AMONG CONTEMPLATIVE TRADITIONS IN ALL
RELIGIONS.

- If you are filing for an **Additional (Not Automatic) 3-Month Extension**, complete only **Part II** and check this box ☒ **X**

Note. Only complete Part II if you have already been granted an automatic 3-month extension on a previously filed Form 8868.

- If you are filing for an **Automatic 3-Month Extension**, complete only **Part I** (on page 1).

Part II	Additional (Not Automatic) 3-Month Extension of Time. Only file the original (no copies needed)	
Type or print File by the extended due date for filing your return. See instructions	Name of exempt organization	Employer identification number
	TRUST FOR THE MEDITATION PROCESS	41-6286503
	Number, street, and room or suite no. If a P.O. box, see instructions	
	2751 HENNEPIN AVENUE SOUTH, NO. 259	
	City, town or post office, state, and ZIP code. For a foreign address, see instructions	
	MINNEAPOLIS, MN 55408	

Enter the Return code for the return that this application is for (file a separate application for each return)

0 4

Application Is For	Return Code	Application Is For	Return Code
Form 990	01		
Form 990-BL	02	Form 1041-A	08
Form 990-EZ	03	Form 4720	09
Form 990-PF	04	Form 5227	10
Form 990-T (sec. 401(a) or 408(a) trust)	05	Form 6069	11
Form 990-T (trust other than above)	06	Form 8870	12

STOP! Do not complete Part II if you were not already granted an automatic 3-month extension on a previously filed Form 8868.

MARTHA BOLINGER

- The books are in the care of ☒ 3125 HOLMES AVE S #301 - MINNEAPOLIS, MN 55408

Telephone No. ☒ 612-825-3116

FAX No. ☐

- If the organization does not have an office or place of business in the United States, check this box ☐

- If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) ☐. If this is for the whole group, check this box ☐. If it is for part of the group, check this box ☐ and attach a list with the names and EINs of all members the extension is for

4 I request an additional 3-month extension of time until NOVEMBER 15, 2011

5 For calendar year 2010, or other tax year beginning , and ending

6 If the tax year entered in line 5 is for less than 12 months, check reason ☐ Initial return ☐ Final return
☐ Change in accounting period

7 State in detail why you need the extension

ALL INFORMATION NECESSARY TO FILE A TIMELY RETURN IS NOT CURRENTLY AVAILABLE.

8a If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions	8a	\$	0.
b If this application is for Form 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit and any amount paid previously with Form 8868.	8b	\$	0.
c Balance due. Subtract line 8b from line 8a. Include your payment with this form, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions	8c	\$	0.

Signature and Verification

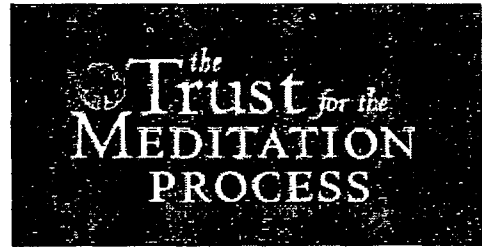
Under penalties of perjury, I declare that I have examined this form, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete, and that I am authorized to prepare this form.

Signature ☐

Title ☐

Date ☐

Form 8868 (Rev. 1-2011)



2010 Grants Awarded

Alternatives with Education Let's Start Inc.

St. Louis, MO \$13,000

For meditation programs in 5 Missouri correctional facilities

Authentic Leadership in Action Institute

Halifax Nova Scotia Canada \$12,000

For a DVD and booklet, Meditation as Leadership Practice

Canadian Christian Meditation Community

Winnipeg MB CANADA \$5,215

For 6 National Conference Scholarships and 2 Schools for Teachers

Center for Community Development

Portsmouth VA \$15,000

For retreats for youth and meditation in the public schools

Center for Counseling & Health Promotion Augsburg College

Minneapolis MN \$4,400

To furnish the Harbo Meditation Chapel

Center for Investigating Healthy Minds Waisman Center

Madison WI \$5,000

For a meditation "translational research" project in a University preschool

Center for Spirituality and Healing, University of Minnesota Foundation

Minneapolis MN \$2,500

To offer MBSR training to staff at a residential clinic for people with disabilities and brain injury recovering from substance abuse.

Christos Center for Spiritual Formation

Lino Lakes MN \$4,000

For faculty honoraria in the contemplative prayer portion of the spiritual direction program

Contemplative Outreach

Butler NJ \$10,000

For further support of web redesign

Coromandel Christian Trust

Swanson Waitakere New Zealand \$2,000

For retreat leader travel

Dominican University of California

San Rafael CA \$5,000

To establish a mediation program

Friends council on Education

Philadelphia PA \$1,500

For 10 scholarships to a 6-week course, Mindfulness for Educators

Hesed Community

Oakland CA \$7,500

For a new governance structure and leadership transition in an urban meditation community

Magis Catholic Teacher Corps Creighton University

Omaha NE \$4,000

For an academic and practicum in Christian meditation for teachers of low-income & at-risk children in Catholic schools

Meditation Chretienne du Quebec

Montreal QC \$4,000

For a retreat, a workshop and booklets in French

Missouri School of Religion Center for Rural Ministry

Jefferson City MO \$1,500

For a retreat for clergy and lay leaders

Northeast Guild for Spiritual Formation

Bass Harbor ME \$5,000

For 4 3-day retreats by recognized Christian contemplatives.

Olney Friends School

Barnesville OH \$2,750

For a workshop on mindfulness meditation by Irene McHenry

Park Day School

Oakland CA \$20,000

For a one-year pilot meditation program in low-income public school to increase sustainable practice.

Prison Dharma Network

Boulder CO \$20,000

For Path of Freedom programs and Prison Chaplain Outreach

Shalem Institute for Spiritual Formation

Washington DC \$10,000

For a meditation and contemplative prayer outreach program in South Korea

The School For Contemplative Living Parker United and Rayne Memorial Methodist Churches

New Orleans LA \$2,500

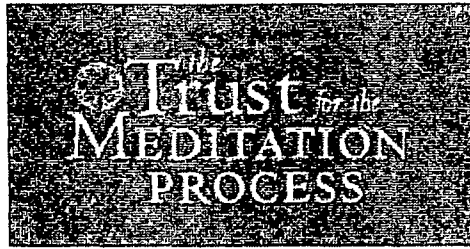
For a workshop and consultation with Richard Rohr

WCCM - USA

Oro Valley AZ \$20,000

To support the John Main Center at Georgetown University

Total: \$176,865



2751 Hennepin Ave. S. #259
Minneapolis, MN 55408
www.trustformeditation.org

There is no greater need in the church and in the world today, than for the renewed understanding that the call to deep prayer is universal. Unity among Christians as well as...unity among different races and creeds rests upon our finding the inner principle of unity as a personal experience within our own hearts.

John Main
Word into Silence

MISSION

The Trust for the Meditation Process is a charitable foundation encouraging meditation and contemplative practice among Christians. We make grants to nonprofit organizations that reclaim and teach Christian contemplative traditions, that introduce meditation in the Christian community or that further our understanding of contemplative practice in all spiritual traditions.

VISION AND VALUES

We believe contemplative practice transforms the way we see ourselves and our world. It awakens us to the sacredness of all life and to the inner stillness which reveals God's presence in us. It guides us in the process of becoming fully human and develops our capacity for compassionate action in society.

In the spiritual traditions of the West and the East, meditation is an essential way to make us fully present to God, to ourselves and to creation.

In a culture that neglects, even discourages, quiet, inner knowledge, the need to rediscover and value our contemplative traditions is very great. We need their infusion of meaning and balance to counter the relentless pace, stress and materialism of modern life.

We especially need contemplative practice in the Christian community, since that historic tradition is largely unacknowledged and the potential for impact, vast.

GRANT GUIDELINES

Our focus is short-term projects where a small grant can make a credible impact and result in clearly identifiable outcomes. We make 20 to 40 grants annually. Initial awards are typically small – \$3,000 to \$5,000 – and projects funded include:

- Workshops, lectures or retreats
- Sabbaticals, retreats and other development for meditation teachers or group leaders.
- Books, supplies and equipment for meditation and spiritual growth centers.
- Efforts to better expand and build the capacity of programs in Christian contemplation and address barriers to practice.
- Research on meditation, East/West meditation dialogue, and meditation curriculum development.
- Publications that effectively spread critical perspectives on meditation.

Because contemplative practice is a worldwide movement, we do not limit grants to the United States. Grants to endowment and capital campaigns are very rare. We do not contribute to annual fundraising or membership appeals.

WHAT WE LOOK FOR

Here are some of the key questions we ask when evaluating a proposal:

Is the project within our mission?

- Does it initiate, expand or enhance meditation instruction, practice or understanding?
- Does it have a Christian audience, draw from Christian contemplative traditions, or further dialogue and cooperation among contemplative traditions in all religions?
- Does the project focus on meditation practice rather than another aspect or method of prayer or spiritual development?

Is it of the highest quality?

- Does it use a recognized teacher, speaker or leader with appropriate training and an extensive personal meditation practice?
- Is the quality of teaching and the meditation experience central to the project?

What kind and level of impact might the project make?

- Does the project have a specific audience in mind as well as specific plans for reaching them?

- Is it reaching new or underserved audiences or audiences where the need is especially great or the potential for impact significant? Possibilities include young people, people facing illness, trauma or loss, people in poverty or in prison, and people dealing with addictions.
- For ongoing meditation groups, is the effort developing a meditation community that might ultimately be self-sustaining?
- Will a small grant such as ours make a significant difference to the project?

What is the administrative capacity of the sponsoring organization?

- Does the project have the support of the organization's leadership?
- Is the organization sufficiently organized and funded to achieve its goals?
- Where appropriate, has the organization evaluated the project's potential for income generation?
- Does the organization show efforts to evaluate and adapt their work?

HOW TO APPLY

First: review our website at www.trustformeditation.org for full guidelines and representative grants. Then call us or use our on-line inquiry form to briefly describe your project.

We're pleased to help you assess if your project falls within our mission. We can also let you know if the Trust has supported similar projects. If you haven't previously applied to the Trust, we especially encourage you to talk with our staff before submitting a full proposal.

See [contact us](#) on our website, www.trustformeditation.org, for our phone number and the online inquiry form.

However, you reach us, we'll want to know a little bit about:

- Your organization and who it serves
- What you want us to fund
- Why the project is important now
- How much it will cost and how much you want the Trust to contribute

Second: if your project meets our guidelines, send a full proposal

The Trust currently awards grants once a year. Grant applications should be postmarked by May 1st. Awards will be announced in August. Applications should follow the Proposal Checklist instructions listed on our website.



TRUST FOR THE MEDITATION PROCESS

REQUIRED STATEMENT UNDER REG. 53.4945-5 (d) TO MEET THE REQUIREMENTS OF SECTION 4945 (h)

Verification of Expenditure Responsibility

Grantee: Authentic Leadership in Action

Address: 1494 Carlton St.
Halifax, Nova Scotia
Canada B3H 3B7

Grant Date: 7-14-10

Grant Amount: US\$12,000.00

Grant Purpose: For a DVD and booklet entitled, *Meditation in Practice*

Amounts expended by grantee: US\$12,000.00

(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

Dates of any reports received from grantee: **May 2011**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger

TITLE: Director DATE: November 9, 2011

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

REQUIRED STATEMENT UNDER REG. 53.4945-5 (d) TO MEET THE REQUIREMENTS OF SECTION 4945 (h) Verification of Expenditure Responsibility

Grantee: Canadian Christian Meditation Community

**Address: 58 Thatcher Drive
Winnipeg, Manitoba
Canada R3T 2LC**

Grant Date: 7-14-2010

Grant Amount: US\$5,215.00

Grant Purpose: For six National Conference Scholarships and two Schools for Teachers.

Amounts expended by grantee: US\$4,072.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No .**

Dates of any reports received from grantee: **October 2011 Next report due March 1, 2012**

Was any verification of the grantee reports deemed necessary? **No.**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: November 9, 2011

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

REQUIRED STATEMENT UNDER REG. 53.4945-5 (d) TO MEET THE REQUIREMENTS OF SECTION 4945 (h)

Verification of Expenditure Responsibility

Grantee: Cormandel Christian Trust

**Address: 17 Welsh Hills Rd.
Swanson, Waitakere 0614
New Zealand Canada**

Grant Date: 7-14-10

Grant Amount: US\$2,000.00

Grant Purpose: For meditation retreat leader travel

Amounts expended by grantee: US\$2,000.00

(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

Dates of any reports received from grantee: **May 2011**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger

TITLE: Director DATE: November 9, 2011

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

REQUIRED STATEMENT UNDER REG. 53.4945-5 (d) TO MEET THE REQUIREMENTS OF SECTION 4945 (h)

Verification of Expenditure Responsibility

Grantee: Meditation Chretienne du Quebec

**Address: 7400 Boulevard St. Laurent #513
Montreal, Quebec
Canada H2R 2Y1**

Grant Date: 7-14-10

Grant Amount: US\$4,000.00

Grant Purpose: For an annual meditation retreat, a meditation workshop and meditation workbooks in French.

Amounts expended by grantee: US\$4,000.00

(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No**

Dates of any reports received from grantee: **May 2011**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger

TITLE: Director DATE: November 9, 2011

This form must be attached to Form 990 until grantee has reported in full on all granted funds.



SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR
Total Realized Gain or Loss		55,928.33
Short-term		7,356.15
Long-term		48,572.18

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
170,000	ACTIVISION BLIZZARD INC	ATVI	07/27/10	2,020.37	11/16/10	1,948.33	-72.04
30,000	H J HEINZ CO	HNZ	11/16/09	1,266.11	11/16/10	1,430.07	163.96
115,000	HUDSON CITY BANCORP INC	HCBK	09/23/10	1,393.10	11/16/10	1,329.49	-63.61
90,000	MCGRAW HILL COMPANIES INC	MHP	05/19/10	2,622.33	11/16/10	3,196.74	574.41
20,000	MCKESSON CORP	MCK	04/07/10	1,328.79	11/16/10	1,280.77	-48.02
130,000	NEW YORK COMMUNITY BANCORP INC	NYB	12/03/09	1,559.62	11/16/10	2,165.96	606.34
35,000	OMNICOM GROUP INC	OMC	04/27/10	1,506.38	11/16/10	1,570.77	64.39
25,000	SEADRILL LIMITED SHS US LISTED	SDRL	11/05/10	829.97	11/16/10	766.48	-63.49
18,000	SUNOCO INC	SUN	08/04/09	464.99	07/30/10	631.47	166.48
68,000	SUNOCO INC	SUN	08/05/09	1,757.76	07/30/10	2,385.55	627.79
70,000	SUNOCO INC	SUN	08/31/09	1,863.17	08/27/10	2,400.96	537.79
91,000	SYBASE INC	871130100	02/22/10	3,983.10	05/21/10	5,826.63	1,843.53
89,000	SYBASE INC	871130100	02/22/10	3,895.55	07/19/10	5,771.55	1,876.00
99,000	UDR INC COM	UDR	05/07/09	1,029.09	04/23/10	2,078.87	1,049.78
110,000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	04/30/10	2,002.79	11/16/10	2,095.63	92.84
Short Term Subtotal							7,356.15

27,523.12 34,879.29



RBC Wealth Management

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
45,000	AFFILIATED COMPUTER SERVICES INC-CL A	008190100	12/24/08	1,963.87	01/29/10	2,797.53	833.66
92,000	AFFILIATED COMPUTER SERVICES INC-CL A	008190100	12/24/08	4,015.02	02/08/10	5,559.02	1,544.00
120,000	ALLSTATE CORP	ALL	03/27/09	2,447.32	11/16/10	3,568.91	1,121.59
30,000	AMEREN CORP	AEE	12/24/08	957.95	05/13/10	765.60	-192.35
25,000	AMEREN CORP	AEE	12/24/08	798.29	11/16/10	730.48	-67.81
23,000	ANADARKO PETROLEUM CORP	APC	12/24/08	805.72	02/05/10	1,435.79	630.07
32,000	ANADARKO PETROLEUM CORP	APC	12/24/08	1,121.01	04/23/10	2,357.79	1,236.78
57,000	ANADARKO PETROLEUM CORP	APC	12/24/08	1,996.80	05/17/10	3,225.10	1,228.30
55,000	ANALOG DEVICES INC	ADI	06/12/09	1,390.40	11/16/10	1,855.66	465.26
185,000	ANNALY CAPITAL MANAGEMENT INC	NLY	12/24/08	2,942.61	11/16/10	3,258.07	315.46
93,000	ANNALY CAPITAL MANAGEMENT INC	NLY	12/24/08	1,479.26	12/13/10	1,694.38	215.12
60,000	BABCOCK & WILCOX CO NEW	BWC	12/24/08	492.83	11/16/10	1,400.37	907.54
12,000	BRANDYWINE REALTY TRUST-SBI NEW	BDN	12/24/08	82.91	02/26/10	136.79	53.88
34,000	BRANDYWINE REALTY TRUST-SBI NEW	BDN	12/24/08	234.91	03/03/10	387.59	152.68
27,000	BRANDYWINE REALTY TRUST-SBI NEW	BDN	12/24/08	186.55	03/05/10	307.79	121.24
45,000	BRANDYWINE REALTY TRUST-SBI NEW	BDN	12/24/08	310.91	11/16/10	489.14	178.23
55,000	BROADRIDGE FINANCIAL SOLUTIONS INC	BR	12/24/08	661.65	11/16/10	1,188.52	526.87
60,000	CABLEVISION SYSTEMS CORP-CL A CABLEVISION NY GROUP COM	CVC	12/24/08	745.96	11/16/10	1,729.77	983.81
410,000	CHIMERA INVESTMENT CORPORATION	CIM	05/28/09	1,351.20	11/16/10	1,639.97	288.77
25,000	CHUBB CORP	CB	06/10/09	1,030.05	11/16/10	1,425.72	395.67
137,000	CINTAS CORP	CTAS	12/24/08	2,975.37	08/25/10	3,513.07	537.70

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
20.000	CLOROX CO	CLX	11/09/09	1,226.26	11/16/10	1,258.77	32.51
194.000	COLONIAL PROPERTIES TRUST	CLP	12/24/08	1,410.38	11/16/10	3,261.37	1,850.99
30.000	CONSOLIDATED EDISON INC	ED	12/24/08	1,151.37	11/16/10	1,457.37	306.00
50.000	COVIDIEN PLC	COV	12/24/08	1,779.80	11/16/10	2,124.46	344.66
283.000	DELL INC	DELL	06/03/09	3,254.50	06/09/10	3,611.38	356.88
45.000	ENDURANCE SPECIALTY HOLDINGS LTD	ENH	12/24/08	1,298.25	11/16/10	1,950.26	652.01
30.000	GENUINE PARTS CO	GPC	12/24/08	1,101.30	11/16/10	1,403.97	302.67
50.000	GENZYME CORPORATION	GENZ	12/24/08	3,335.90	11/16/10	3,487.94	152.04
45.000	GREAT PLAINS ENERGY INC	GXP	12/24/08	842.40	11/16/10	834.73	-7.67
27.000	HASBRO INC	HAS	12/24/08	790.25	09/02/10	1,154.48	364.23
40.000	HASBRO INC	HAS	12/24/08	1,170.74	11/16/10	1,835.16	664.42
20.000	HCP INC	HCP	12/24/08	508.40	11/16/10	640.98	132.58
762.000	HUTCHISON TELECOMMUNICATNS HONG KONG HOLDINGS LTD SPONSOR	HTHKY	05/12/09	1,239.20	11/16/10	3,375.60	2,136.40
54.000	INTEGRYS ENERGY GROUP INC	TEG	12/24/08	2,203.74	02/03/10	2,282.73	78.99
91.000	INTEGRYS ENERGY GROUP INC	TEG	12/24/08	3,713.71	05/28/10	4,142.22	428.51
888.000	IVANHOE MINES LTD	IVN	12/24/08	2,060.13	07/13/10	14,359.60	12,299.47
136.000	IVANHOE MINES LTD	IVN	12/24/08	315.52	08/27/10	2,337.75	2,022.23
90.000	IVANHOE MINES LTD	IVN	12/24/08	208.80	11/16/10	2,107.76	1,898.96
74.000	MADISON SQUARE GARDEN INC CL A	MSG	12/24/08	756.96	02/12/10	1,348.63	591.67
65.000	MATTEL INC	MAT	12/24/08	985.37	11/16/10	1,578.17	592.80
334.000	MCDERMOTT INTERNATIONAL INC	MDR	12/24/08	1,497.36	09/13/10	4,566.50	3,069.14
155.000	MFA FINANCIAL INC	MFA	09/02/09	1,192.03	11/16/10	1,253.94	61.91
13.000	MILLICOM INTERNATIONAL CELLULAR SA	MICC	12/24/08	545.19	06/24/10	1,123.63	578.44



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
15,000	MILLICOM INTERNATIONAL CELLULAR SA	MICC	12/24/08	629.07	11/16/10	1,354.17	725.10
130,000	NISOURCE INC COM	NI	12/24/08	1,372.80	11/16/10	2,216.81	844.01
57,000	NOBLE ENERGY INC	NBL	12/24/08	2,552.46	06/25/10	3,594.08	1,041.62
5,000	OLD REPUBLIC INTL CORP	ORI	12/24/08	53.80	11/16/10	62.39	8.59
20,000	ROCKWELL COLLINS INC	COL	12/24/08	721.20	11/16/10	1,102.18	380.98
35,000	SEMPRA ENERGY	SRE	12/24/08	1,389.15	11/16/10	1,749.62	360.47
25,000	SPDR GOLD TR GOLD SHS	GLD	12/24/08	2,072.50	11/16/10	3,270.44	1,197.94
35,000	ST JUDE MEDICAL INC	STJ	12/24/08	1,130.15	11/16/10	1,348.52	218.37
46,000	SUNOCO INC	SUN	08/05/09	1,189.07	08/27/10	1,577.77	388.70
45,000	TELEPHONE AND DATA SYSTEMS INC SPECIAL COMMON SHARES	TDSS	12/24/08	1,241.35	11/16/10	1,346.82	105.47
15,000	TIME WARNER CABLE INC	TWC	12/24/08	914.40	11/16/10	929.38	14.98
117,000	UDR INC COM	UDR	12/24/08	1,484.63	02/12/10	1,762.03	277.40
153,000	UDR INC COM	UDR	12/24/08	1,941.43	04/23/10	3,212.81	1,271.38
30,000	ULTRA PETROLEUM CORP	UPL	12/24/08	939.30	11/16/10	1,391.67	452.37
30,000	XCEL ENERGY INC	XEL	12/24/08	535.80	11/16/10	704.38	168.58
0,020	XEROX CORP	XRK	12/24/08	0.17	02/12/10	0.18	0.01
220,000	XEROX CORP	XRK	12/24/08	1,864.50	11/16/10	2,426.57	562.07
15,000	ZIMMER HOLDINGS INC	ZMH	12/24/08	586.80	11/16/10	754.63	167.83
Long Term Subtotal							48,572.18
TOTAL REALIZED GAIN OR LOSS							55,928.33

81,196.73
129,768.91
108,719.85
164,648.18

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
45,000	BHP BILLITON LTD SPONSORED ADR	BHP	12/22/08	1,761.17	01/25/10	3,336.25	1,575.08
225,000	CADBURY PLC SPONSORED ADR	CDSCY	12/22/08	7,809.14	01/27/10	12,109.41	4,300.27
200,000	NABORS INDUSTRIES LTD NEW	NBR	12/22/08	2,121.18	01/25/10	4,868.43	2,747.25
125,000	NOBLE CORPORATION US LISTED	NE	12/22/08	2,542.72	01/25/10	5,277.54	2,734.82
775,000	NOBLE CORPORATION US LISTED	NE	12/22/08	26.43	02/26/10	26.43	0.00
150,000	NOBLE CORPORATION US LISTED	NE	12/22/08	5.12	02/26/10	5.12	0.00
125,000	NOBLE CORPORATION US LISTED	NE	12/22/08	4.26	02/26/10	4.26	0.00
775,000	NOBLE CORPORATION US LISTED	NE	12/22/08	34.33	05/20/10	34.33	0.00
775,000	NOBLE CORPORATION US LISTED	NE	12/22/08	515.12	08/19/10	515.12	0.00
775,000	NOBLE CORPORATION US LISTED	NE	12/22/08	102.43	11/18/10	102.43	0.00
50,000	RIO TINTO PLC SPONSORED ADR	RIO	12/22/08	3,998.05	01/25/10	10,497.67	6,499.62
50,000	RWE AG-SPONSORED ADR REPSTG ORD DM 50 PAR	RWEOY	12/22/08	4,282.50	12/08/10	3,190.73	-1,091.77
55,000	SCHLUMBERGER LTD	SLB	12/22/08	2,124.46	01/25/10	3,623.02	1,498.56
400,000	SMITH INTERNATIONAL INC	832110100	12/22/08	8,667.00	02/23/10	16,268.43	7,601.43
120,000	TENARIS SA SPONSORED ADR	TS	12/22/08	2,388.00	01/25/10	5,439.83	3,051.83
80,000	TRANSOCEAN LTD US LISTED	RIG	12/22/08	3,483.95	01/25/10	6,971.31	3,487.36
200,000	VALE S A SPONSORED ADR	VALE	12/22/08	2,219.75	01/25/10	5,518.10	3,298.35
Long Term Subtotal						77,788.41	35,702.80
TOTAL REALIZED GAIN OR LOSS						42,085.61	35,702.80



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SCHEDULE OF REALIZED GAINS AND LOSSES

						THIS YEAR	
Total Realized Gain or Loss						260,233.51	
Short-term						22,823.47	
Long-term						237,410.04	
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
93.000	ABBOTT LABORATORIES	ABT	05/14/10	4,467.89	08/09/10	4,725.25	257.36
374.000	ABBOTT LABORATORIES	ABT	05/14/10	17,967.63	11/26/10	17,533.38	-434.25
77.000	ADOBE SYSTEMS INC	ADBE	01/29/10	2,514.43	06/25/10	2,295.33	-219.10
0.364	BANCO SANTANDER S A ADR	STD	07/08/09	4.12	01/25/10	5.51	1.39
161.000	BANCO SANTANDER S A ADR	STD	01/29/10	2,284.45	11/26/10	1,621.24	-663.21
791.000	BANCO SANTANDER S A ADR	STD	05/26/10	7,815.08	11/26/10	7,965.23	150.15
322.000	BANK OF AMERICA CORP	BAC	12/04/09	5,182.78	11/26/10	3,590.72	-1,592.06
120.000	BANK OF AMERICA CORP	BAC	01/29/10	1,841.82	11/26/10	1,338.16	-503.66
136.000	DOW CHEMICAL CO.	DOW	02/25/10	3,937.32	11/16/10	4,135.89	198.57
558.000	DOW CHEMICAL CO.	DOW	02/25/10	16,154.60	11/26/10	17,538.48	1,383.88
248.000	EBAY INC	EBAY	08/19/10	5,689.27	11/16/10	7,378.12	1,688.85
603.000	EBAY INC	EBAY	08/19/10	13,833.18	11/26/10	18,952.56	5,119.38
27.000	H J HEINZ CO	HNZ	05/05/10	1,258.93	08/09/10	1,233.60	-25.33
53.000	H J HEINZ CO	HNZ	05/05/10	2,471.24	11/16/10	2,523.28	52.04
69.000	HESS CORPORATION	HES	06/29/10	3,554.47	08/09/10	3,847.37	292.90
104.000	HESS CORPORATION	HES	06/29/10	5,357.46	11/16/10	7,047.96	1,690.50
80.000	HESS CORPORATION	HES	06/29/10	4,121.12	11/26/10	5,603.91	1,482.79

TRUST FOR MEDITATION PROCESS
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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
170.000	HESS CORPORATION	HES	07/02/10	8,595.20	11/26/10	11,908.32	3,313.12
165.000	HOME DEPOT INC	HD	01/29/10	4,598.47	11/26/10	5,131.43	532.96
97.000	INTUIT INC	INTU	10/14/09	2,891.90	08/09/10	3,942.01	1,050.11
119.000	L OREAL CO-ADR	LRLCY	01/29/10	2,532.32	08/19/10	2,371.18	-161.14
23.000	M & T BANK CORP	MTB	02/26/09	933.20	01/25/10	1,728.56	795.36
61.000	M & T BANK CORP	MTB	10/06/10	4,818.07	11/26/10	4,717.06	-101.01
509.000	MITSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	01/29/10	2,656.83	11/26/10	2,428.18	-228.65
138.000	NORDSTROM INC	JWN	10/22/10	5,058.20	11/16/10	5,562.89	504.69
399.000	NORDSTROM INC	JWN	10/22/10	14,624.78	11/26/10	17,356.80	2,732.02
47.000	QEP RESOURCES INC	QEP	01/29/10	1,313.82	11/26/10	1,653.44	339.62
47.000	QUESTAR CORP	STR	01/29/10	673.81	11/26/10	799.53	125.72
259.000	QUESTAR CORP	STR	11/17/10	4,436.46	11/26/10	4,405.90	-30.56
33.000	SPX CORP	SPW	01/27/10	1,824.83	11/16/10	2,113.94	289.11
256.000	SPX CORP	SPW	01/27/10	14,156.23	11/26/10	17,072.38	2,916.15
70.000	TIME WARNER INC NEW	TWX	02/12/10	1,947.47	08/09/10	2,279.86	332.39
634.000	TIME WARNER INC NEW	TWX	02/12/10	17,638.51	11/26/10	19,171.89	1,533.38
Short Term Subtotal							22,823.47

187,155.89 209,979.36

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
352.000	ADOBE SYSTEMS INC	ADBE	02/19/09	6,902.72	03/02/10	12,294.71	5,391.99
256.000	ADOBE SYSTEMS INC	ADBE	02/19/09	5,020.16	06/25/10	7,631.23	2,611.07
305.000	AFLAC INC	AFL	12/19/08	13,733.69	02/12/10	14,307.12	573.43
313.000	AIR PRODUCTS & CHEMICALS INC	APD	12/19/08	14,866.40	07/02/10	20,291.38	5,424.98



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
43,000	APPLE INC	AAPL	12/19/08	3,844.03	04/30/10	11,276.07	7,432.04
11,000	APPLE INC	AAPL	12/19/08	983.36	08/09/10	2,879.42	1,896.06
49,000	APPLE INC	AAPL	12/19/08	4,380.40	11/11/10	15,520.78	11,140.38
10,000	APPLE INC	AAPL	12/19/08	893.96	11/16/10	3,008.44	2,114.48
59,000	APPLE INC	AAPL	12/19/08	5,274.36	11/26/10	18,715.07	13,440.71
627,000	BANCO SANTANDER S A ADR	STD	07/08/09	7,079.21	08/09/10	8,527.05	1,447.84
497,635	BANCO SANTANDER S A ADR	STD	07/08/09	5,618.60	11/26/10	5,011.10	-607.50
12,364	BANCO SANTANDER S A ADR	STD	11/17/09	199.38	11/26/10	124.51	-74.87
95,000	BANK OF AMERICA CORP	BAC	12/19/08	1,310.88	11/16/10	1,126.68	-184.20
582,000	BANK OF AMERICA CORP	BAC	12/19/08	8,030.86	11/26/10	6,490.06	-1,540.80
234,000	BANK OF AMERICA CORP	BAC	06/29/09	2,995.20	11/26/10	2,609.41	-385.79
35,000	BAXTER INTERNATIONAL INC	BAX	12/19/08	1,876.30	08/09/10	1,583.37	-292.93
75,000	BAXTER INTERNATIONAL INC	BAX	12/19/08	4,020.64	11/16/10	3,770.18	-250.46
310,000	BAXTER INTERNATIONAL INC	BAX	12/19/08	16,618.64	11/26/10	15,471.86	-1,146.78
64,000	BOEING CO	BA	12/19/08	2,639.87	08/09/10	4,411.44	1,771.57
65,000	CHARLES SCHWAB CORP NEW	SCHW	02/05/09	893.57	11/16/10	978.88	85.31
574,000	CHARLES SCHWAB CORP NEW	SCHW	02/05/09	7,890.95	11/26/10	8,661.57	770.62
169,000	CONAGRA FOODS INC	CAG	12/19/08	2,737.55	11/16/10	3,562.70	825.15
805,000	CONAGRA FOODS INC	CAG	12/19/08	13,039.79	11/26/10	17,356.71	4,316.92
102,000	CONOCOPHILLIPS	COP	12/19/08	5,325.27	08/09/10	5,855.73	530.46
54,000	CONOCOPHILLIPS	COP	12/19/08	2,819.26	11/16/10	3,276.66	457.40
91,000	DEERE & CO	DE	12/19/08	3,572.58	08/09/10	6,287.99	2,715.41
32,000	DEERE & CO	DE	12/19/08	1,256.29	11/16/10	2,417.87	1,161.58

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
246.000	DEERE & CO	DE	12/19/08	9,657.73	11/26/10	18,703.08	9,045.35
46.000	DIAGEO PLC-SPONSORED ADR NEW REPTG 4 ORD SHS	DEO	12/19/08	2,600.38	08/09/10	3,242.48	642.10
37.000	DIAGEO PLC-SPONSORED ADR NEW REPTG 4 ORD SHS	DEO	12/19/08	2,091.61	11/16/10	2,712.79	621.18
84.000	DOMINION RESOURCES INC VA NEW	D	12/19/08	2,997.83	08/09/10	3,690.89	693.06
451.000	DOMINION RESOURCES INC VA NEW	D	12/19/08	16,095.52	10/22/10	20,122.28	4,026.76
269.000	EAST WEST BANCORP INC	EWBC	11/12/09	3,626.44	11/16/10	4,683.48	1,057.04
87.000	EAST WEST BANCORP INC	EWBC	11/12/09	1,172.87	11/26/10	1,485.15	312.28
398.000	EAST WEST BANCORP INC	EWBC	11/13/09	5,301.80	11/26/10	6,794.15	1,492.35
58.000	ELI LILLY & CO	LLY	12/19/08	2,210.32	08/09/10	2,142.48	-67.84
277.000	EMC CORP-MASS	EMC	12/19/08	3,001.71	08/09/10	5,656.66	2,654.95
163.000	EMC CORP-MASS	EMC	12/19/08	1,766.35	11/16/10	3,418.29	1,651.94
1,048.000	EMC CORP-MASS	EMC	12/19/08	11,356.65	11/26/10	22,798.33	11,441.68
1,007.000	GENTEX CORP	GNTX	12/19/08	8,901.28	10/04/10	19,555.30	10,654.02
59.000	HERSHEY COMPANY (THE) FORMERLY HERSHEY FOODS CORP	HSY	05/22/09	2,068.07	08/09/10	2,738.14	670.07
56.000	HERSHEY COMPANY (THE) FORMERLY HERSHEY FOODS CORP	HSY	05/22/09	1,962.91	11/16/10	2,603.39	640.48
370.000	HERSHEY COMPANY (THE) FORMERLY HERSHEY FOODS CORP	HSY	05/22/09	12,969.24	11/26/10	17,623.73	4,654.49
108.000	HOME DEPOT INC	HD	12/19/08	2,605.99	08/09/10	3,103.87	497.88
155.000	HOME DEPOT INC	HD	12/19/08	3,740.07	11/17/10	4,865.38	1,125.31
396.000	HOME DEPOT INC	HD	12/19/08	9,555.28	11/26/10	12,315.43	2,760.15
60.000	HOSPIRA INC	HSP	12/19/08	1,592.40	01/25/10	3,077.26	1,484.86
56.000	HOSPIRA INC	HSP	12/19/08	1,486.24	11/16/10	3,207.06	1,720.82
325.000	HOSPIRA INC	HSP	12/19/08	8,625.50	11/26/10	18,501.31	9,875.81



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Long Term							
37.000	INTERNATIONAL BUSINESS MACHINES CORP	IBM	12/19/08	3,087.60	08/09/10	4,882.43	1,794.83
32.000	INTERNATIONAL BUSINESS MACHINES CORP	IBM	12/19/08	2,670.35	11/16/10	4,552.88	1,882.53
167.000	INTERNATIONAL BUSINESS MACHINES CORP	IBM	12/19/08	13,935.90	11/26/10	24,191.46	10,255.56
66.000	INTUIT INC	INTU	10/14/09	1,967.68	11/17/10	3,105.90	1,138.22
379.000	INTUIT INC	INTU	10/14/09	11,299.28	11/26/10	17,338.95	6,039.67
148.000	J C PENNEY CO INC	JCP	12/19/08	2,934.62	11/17/10	4,607.53	1,672.91
300.000	J C PENNEY CO INC	JCP	12/19/08	5,948.55	11/26/10	9,723.28	3,774.73
89.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	JPM	12/19/08	2,714.37	08/09/10	3,535.91	821.54
57.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	JPM	12/19/08	1,738.41	11/16/10	2,243.48	505.07
470.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	JPM	12/19/08	14,334.30	11/26/10	17,700.61	3,366.31
407.000	KELLOGG CO	K	12/19/08	17,572.58	05/05/10	22,144.90	4,572.32
112.000	L OREAL CO-ADR	LRLCY	12/19/08	1,961.12	08/09/10	2,377.71	416.59
753.000	L OREAL CO-ADR	LRLCY	12/19/08	13,185.03	08/19/10	15,004.17	1,819.14
44.000	M & T BANK CORP	MTB	02/26/09	1,785.26	08/09/10	3,864.45	2,079.19
16.000	M & T BANK CORP	MTB	02/26/09	649.19	11/16/10	1,269.42	620.23
23.000	M & T BANK CORP	MTB	05/22/09	1,082.78	11/16/10	1,824.78	742.00
144.000	M & T BANK CORP	MTB	05/22/09	6,779.15	11/26/10	11,135.34	4,356.19
519.000	MTSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	12/19/08	3,155.52	08/09/10	2,611.40	-544.12
216.000	MTSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	12/19/08	1,313.28	11/16/10	997.90	-315.38
2,102.000	MTSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	12/19/08	12,780.16	11/26/10	10,027.59	-2,752.57
796.000	MOLEX INC-CL A	MOLXA	12/19/08	9,626.27	11/26/10	13,932.96	4,306.69

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Long Term							
69.000	NEXTERA ENERGY INC	NEE	12/19/08	3,525.21	08/09/10	3,685.91	160.70
27.000	NEXTERA ENERGY INC	NEE	12/19/08	1,379.43	11/16/10	1,416.12	36.69
62.000	NORTHROP GRUMMAN CORP	NOC	12/19/08	2,621.22	08/09/10	3,708.77	1,087.55
44.000	NORTHROP GRUMMAN CORP	NOC	12/19/08	1,860.22	11/16/10	2,716.07	855.85
229.000	NORTHROP GRUMMAN CORP	NOC	12/19/08	9,681.62	11/26/10	14,228.10	4,546.48
82.000	NORTHROP GRUMMAN CORP	NOC	10/07/09	4,148.59	11/26/10	5,094.78	946.19
103.000	ORACLE CORP	ORCL	12/19/08	1,843.70	08/09/10	2,510.16	666.46
175.000	ORACLE CORP	ORCL	12/19/08	3,132.50	11/16/10	4,821.16	1,688.66
766.000	ORACLE CORP	ORCL	12/19/08	13,711.40	11/26/10	21,073.07	7,361.67
32.000	POLO RALPH LAUREN CORP-CL A	RL	12/23/08	1,364.27	08/09/10	2,764.43	1,400.16
54.000	POLO RALPH LAUREN CORP-CL A	RL	12/23/08	2,302.21	11/16/10	5,514.92	3,212.71
31.000	POLO RALPH LAUREN CORP-CL A	RL	12/23/08	1,321.64	11/26/10	3,407.27	2,085.63
136.000	POLO RALPH LAUREN CORP-CL A	RL	12/24/08	5,816.67	11/26/10	14,948.04	9,131.37
60.000	QEP RESOURCES INC	QEP	01/16/09	1,326.26	08/09/10	2,058.56	732.30
42.000	QEP RESOURCES INC	QEP	01/16/09	928.38	11/16/10	1,377.57	449.19
92.000	QEP RESOURCES INC	QEP	01/16/09	2,033.60	11/26/10	3,236.51	1,202.91
166.000	QEP RESOURCES INC	QEP	01/20/09	3,622.76	11/26/10	5,839.79	2,217.03
84.000	QUESTAR CORP	STR	01/16/09	952.26	08/09/10	1,427.13	474.87
110.000	QUESTAR CORP	STR	01/16/09	1,247.01	11/26/10	1,871.23	624.22
166.000	QUESTAR CORP	STR	01/20/09	1,857.96	11/26/10	2,823.86	965.90
102.000	SAFEWAY INC	SWY	12/19/08	2,378.49	11/16/10	2,317.55	-60.94
563.000	SAFEWAY INC	SWY	12/19/08	13,128.31	11/26/10	12,780.72	-347.59
182.000	TEXAS INSTRUMENTS INC	TXN	12/19/08	2,748.11	08/09/10	4,686.44	1,938.33
166.000	TEXAS INSTRUMENTS INC	TXN	12/19/08	2,506.52	11/16/10	5,061.27	2,554.75



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Long Term							
517,000	TEXAS INSTRUMENTS INC	TXN	12/19/08	7,806.44	11/26/10	16,776.41	8,969.97
87,000	UNILEVER N V NEW YORK SHS NEW ADR	UN	06/10/09	2,182.57	08/09/10	2,459.44	276.87
78,000	UNILEVER N V NEW YORK SHS NEW ADR	UN	06/10/09	1,956.79	11/16/10	2,322.02	365.23
100,000	VODAFONE GROUP PLC SPONSORED ADR NEW	VOD	12/19/08	1,928.85	08/09/10	2,481.05	552.20
130,000	VODAFONE GROUP PLC SPONSORED ADR NEW	VOD	12/19/08	2,507.51	11/16/10	3,532.04	1,024.53
357,000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	12/19/08	3,545.01	08/09/10	5,940.91	2,395.90
182,000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	12/19/08	1,807.26	11/17/10	3,496.43	1,689.17
631,000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	12/19/08	6,265.83	11/26/10	12,671.21	6,405.38
80,000	ZIONS BANCORPORATION	ZION	12/19/08	2,009.34	11/16/10	1,667.97	-341.37
374,000	ZIONS BANCORPORATION	ZION	12/19/08	9,393.69	11/26/10	7,267.07	-2,126.62
73,000	ZIONS BANCORPORATION	ZION	08/27/09	1,273.12	11/26/10	1,418.44	145.32
139,000	ZIONS BANCORPORATION	ZION	09/01/09	2,408.95	11/26/10	2,700.86	291.91
Long Term Subtotal				518,255.21	755,665.25		237,410.04
TOTAL REALIZED GAIN OR LOSS				705,411.10	965,644.61		260,233.51

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

SCHAFFER CULLEN CAPITAL MGMT
645 FIFTH AVE
OLYMPIC TOWER 7TH FLOOR
NEWYORK NY 10022



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SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR
Total Realized Gain or Loss		47,517.28
Short-term		-4,992.48
Long-term		52,509.76

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
8.000	ACCENTURE PLC IRELAND SHS CL A	ACN	10/05/10	359.55	11/29/10	350.31	-9.34
175.000	AMERICAN EXPRESS COMPANY	AXP	08/11/10	7,527.42	10/28/10	7,228.70	-298.72
113.000	AMERICAN EXPRESS COMPANY	AXP	08/18/10	4,710.69	10/28/10	4,667.67	-43.02
4.000	AMERICAN EXPRESS COMPANY	AXP	08/18/10	166.75	11/29/10	172.15	5.40
27.000	AMERICAN EXPRESS COMPANY	AXP	08/18/10	1,125.56	12/17/10	1,196.74	71.18
72.000	AMERICAN EXPRESS COMPANY	AXP	09/09/10	2,930.79	12/17/10	3,191.30	260.51
97.000	AMERICAN EXPRESS COMPANY	AXP	09/27/10	4,216.49	12/17/10	4,299.39	82.90
9.000	BROADCOM CORP CL A	BRCM	05/19/10	289.76	11/29/10	403.73	113.97
41.000	BURLINGTON NORTHERN SANTA FE CORP	12189T104	06/18/09	2,994.33	01/07/10	4,048.24	1,053.91
40.000	BURLINGTON NORTHERN SANTA FE CORP	12189T104	06/22/09	2,877.77	01/07/10	3,949.50	1,071.73
41.000	BURLINGTON NORTHERN SANTA FE CORP	12189T104	07/13/09	2,843.46	01/07/10	4,048.24	1,204.78
7.000	CARNIVAL CORP COMMON PAIRED STOCK	CCL	10/06/10	278.34	11/29/10	287.69	9.35
78.000	GILEAD SCIENCES INC	GILD	11/06/09	3,599.90	05/14/10	2,964.03	-635.87
101.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	JPM	06/11/09	3,576.51	03/18/10	4,391.81	815.30
67.000	KELLOGG CO	K	04/14/10	3,570.29	10/05/10	3,409.09	-161.20
51.000	KELLOGG CO	K	04/14/10	2,717.68	10/21/10	2,550.04	-167.64

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
60.000	KELLOGG CO	K	04/21/10	3,232.95	10/21/10	3,000.05	-232.90
37.000	KELLOGG CO	K	04/29/10	2,028.07	10/21/10	1,850.03	-178.04
51.000	KELLOGG CO	K	04/29/10	2,795.44	11/03/10	2,529.90	-265.54
34.000	KELLOGG CO	K	05/03/10	1,857.69	11/03/10	1,686.60	-171.09
57.000	KELLOGG CO	K	06/01/10	3,065.16	11/03/10	2,827.53	-237.63
49.000	KELLOGG CO	K	06/10/10	2,659.38	11/03/10	2,430.69	-228.69
49.000	KELLOGG CO	K	08/10/10	2,520.10	11/03/10	2,430.69	-89.41
32.000	MONSANTO CO NEW	MON	04/30/09	2,703.14	04/07/10	2,192.52	-510.62
35.000	MONSANTO CO NEW	MON	01/06/10	3,010.56	04/07/10	2,398.07	-612.49
9.000	MONSANTO CO NEW	MON	01/06/10	774.15	04/14/10	594.97	-179.18
42.000	MONSANTO CO NEW	MON	01/12/10	3,464.03	04/14/10	2,776.53	-687.50
37.000	MONSANTO CO NEW	MON	02/25/10	2,699.67	04/14/10	2,445.99	-253.68
32.000	MONSANTO CO NEW	MON	03/02/10	2,313.61	04/14/10	2,115.45	-198.16
6.000	ORACLE CORP	ORCL	09/17/10	163.25	11/29/10	163.13	-0.12
61.000	RESEARCH IN MOTION LTD	RIMM	12/18/09	4,300.13	08/16/10	3,131.23	-1,168.90
10.000	RESEARCH IN MOTION LTD	RIMM	12/18/09	704.94	08/20/10	484.45	-220.49
46.000	RESEARCH IN MOTION LTD	RIMM	12/21/09	3,248.52	08/20/10	2,228.47	-1,020.05
7.000	RESEARCH IN MOTION LTD	RIMM	04/14/10	515.64	08/20/10	339.11	-176.53
46.000	RESEARCH IN MOTION LTD	RIMM	04/14/10	3,388.48	08/27/10	2,114.06	-1,274.42
48.000	RESEARCH IN MOTION LTD	RIMM	04/26/10	3,444.14	08/27/10	2,205.98	-1,238.16
57.000	RESEARCH IN MOTION LTD	RIMM	07/14/10	3,128.27	08/27/10	2,619.60	-508.67
11.000	VISA INC CL A COMMON STOCK	V	05/04/10	984.12	09/10/10	745.37	-238.75



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Short Term							
3.000	VISA INC CL A COMMON STOCK	V	05/04/10	268.40	11/29/10	222.02	-46.38
29.000	VISA INC CL A COMMON STOCK	V	05/04/10	2,594.50	12/17/10	1,961.80	-632.70
36.000	VISA INC CL A COMMON STOCK	V	05/11/10	3,030.78	12/17/10	2,435.33	-595.45
44.000	VISA INC CL A COMMON STOCK	V	05/14/10	3,465.29	12/17/10	2,976.52	-488.77
43.000	WAL-MART STORES INC	WMT	11/12/09	2,299.28	10/27/10	2,314.10	14.82
116.000	WALT DISNEY CO	DIS	07/02/09	2,643.93	06/07/10	3,883.25	1,239.32
58.000	3M COMPANY	MMM	07/02/09	3,488.79	06/03/10	4,540.32	1,051.53
42.000	3M COMPANY	MMM	07/02/09	2,526.36	06/10/10	3,205.30	678.94
3.000	3M COMPANY	MMM	07/10/09	178.73	06/10/10	228.95	50.22
2.000	3M COMPANY	MMM	12/04/09	156.09	12/02/10	173.29	17.20
45.000	3M COMPANY	MMM	03/30/10	3,777.46	12/07/10	3,814.03	36.57
Short Term Subtotal							-4,992.48
				121,216.44	116,223.96		

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
12.000	ABBOTT LABORATORIES	ABT	12/24/08	631.23	11/29/10	557.51	-73.72
38.000	ABBOTT LABORATORIES	ABT	12/24/08	1,998.90	12/06/10	1,783.18	-215.72
82.000	ABBOTT LABORATORIES	ABT	12/24/08	4,313.41	12/27/10	3,892.22	-421.19
8.000	ALLERGAN INC	AGN	12/24/08	288.40	11/29/10	537.03	248.63
13.000	APPLE INC	AAPL	12/24/08	1,101.83	03/04/10	2,733.35	1,631.52
16.000	APPLE INC	AAPL	12/24/08	1,356.10	04/08/10	3,843.04	2,486.94
13.000	APPLE INC	AAPL	12/24/08	1,101.83	04/28/10	3,359.40	2,257.57
15.000	APPLE INC	AAPL	12/24/08	1,271.34	06/29/10	3,877.96	2,606.62

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Long Term							
16.000	APPLE INC	AAPL	12/24/08	1,356.10	07/06/10	4,000.31	2,644.21
12.000	APPLE INC	AAPL	12/24/08	1,017.07	09/27/10	3,515.59	2,498.52
14.000	APPLE INC	AAPL	12/24/08	1,186.58	10/19/10	4,310.54	3,123.96
2.000	APPLE INC	AAPL	12/24/08	169.51	11/29/10	629.80	460.29
85.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,568.38	03/17/10	3,760.76	2,192.38
86.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,586.83	06/01/10	2,924.53	1,337.70
85.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,568.38	12/07/10	4,214.35	2,645.97
222.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	3,367.38	03/15/10	4,053.93	686.55
219.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	3,321.88	05/14/10	3,703.15	381.27
267.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	4,049.96	06/16/10	4,228.85	178.89
206.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	3,124.69	06/22/10	3,117.30	-7.39
111.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	1,683.69	07/08/10	1,569.62	-114.07
180.000	CHARLES SCHWAB CORP NEW	SCHW	01/06/09	2,904.98	07/08/10	2,545.33	-359.65
212.000	CHARLES SCHWAB CORP NEW	SCHW	02/02/09	2,655.58	07/08/10	2,997.83	342.25
74.000	COCA COLA CO	KO	12/24/08	3,273.65	02/25/10	3,918.07	644.42
11.000	COCA COLA CO	KO	12/24/08	486.62	11/29/10	696.39	209.77
44.000	COLGATE PALMOLIVE CO	CL	12/24/08	2,929.19	08/16/10	3,349.34	420.15
49.000	COLGATE PALMOLIVE CO	CL	12/24/08	3,262.05	08/26/10	3,640.26	378.21
39.000	COLGATE PALMOLIVE CO	CL	12/24/08	2,596.33	10/05/10	2,915.93	319.60
3.000	COLGATE PALMOLIVE CO	CL	12/24/08	199.72	11/29/10	230.90	31.18
42.000	COLGATE PALMOLIVE CO	CL	12/24/08	2,796.04	12/06/10	3,268.49	472.45
5.000	COLGATE PALMOLIVE CO	CL	09/02/09	359.21	12/06/10	389.11	29.90
43.000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	2,227.14	08/26/10	2,425.79	198.65



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
9,000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	466.15	11/29/10	600.01	133.86
63,000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	3,263.02	12/03/10	4,307.69	1,044.67
7,000	EMERSON ELECTRIC CO	EMR	12/24/08	233.88	11/29/10	386.25	152.37
9,000	FLUOR CORP NEW	FLR	12/24/08	388.77	11/29/10	519.11	130.34
92,000	GILEAD SCIENCES INC	GILD	12/24/08	4,601.69	04/21/10	3,741.86	-859.83
194,000	GILEAD SCIENCES INC	GILD	12/24/08	9,703.57	04/30/10	7,774.04	-1,929.53
92,000	GILEAD SCIENCES INC	GILD	12/24/08	4,601.69	05/04/10	3,565.33	-1,036.36
133,000	GILEAD SCIENCES INC	GILD	12/24/08	6,652.45	05/14/10	5,054.06	-1,598.39
8,000	GOOGLE INC CL A	GOOG	12/24/08	2,425.68	10/12/10	4,325.83	1,900.15
1,000	GOOGLE INC CL A	GOOG	12/24/08	303.21	11/29/10	582.23	279.02
15,000	HEWLETT PACKARD CO	HPQ	12/24/08	517.88	04/29/10	793.05	275.17
269,000	HEWLETT PACKARD CO	HPQ	12/24/08	9,287.39	08/09/10	11,553.75	2,266.36
167,000	HEWLETT PACKARD CO	HPQ	12/24/08	5,765.78	08/12/10	6,717.05	951.27
117,000	HEWLETT PACKARD CO	HPQ	12/24/08	4,039.50	08/27/10	4,417.91	378.41
70,000	HEWLETT PACKARD CO	HPQ	04/03/09	2,395.93	08/27/10	2,643.20	247.27
11,000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND JUNIPER NETWORKS	JPM	06/11/09	389.52	11/29/10	416.89	27.37
113,000	JUNIPER NETWORKS	JNPR	12/24/08	1,897.09	03/15/10	3,380.68	1,483.59
167,000	JUNIPER NETWORKS	JNPR	12/24/08	2,803.66	06/01/10	4,288.78	1,485.12
112,000	JUNIPER NETWORKS	JNPR	12/24/08	1,880.30	09/24/10	3,367.58	1,487.28
4,000	JUNIPER NETWORKS	JNPR	12/24/08	67.15	11/29/10	135.35	68.20
49,000	MCDONALDS CORP	MCD	12/24/08	2,998.31	03/04/10	3,107.84	109.53
56,000	MCDONALDS CORP	MCD	12/24/08	3,426.64	10/26/10	4,412.03	985.39
8,000	MCDONALDS CORP	MCD	12/24/08	489.52	11/29/10	623.74	134.22



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
18.000	MERCK & CO INC NEW	MRK	12/24/08	295.73	11/29/10	620.98	325.25
10.000	MONSANTO CO NEW	MON	01/21/09	768.89	04/07/10	685.16	-83.73
28.000	MONSANTO CO NEW	MON	02/12/09	2,228.51	04/07/10	1,918.46	-310.05
19.000	MONSANTO CO NEW	MON	03/26/09	1,641.52	04/07/10	1,301.81	-339.71
6.000	NIKE INC-CL B	NKE	12/24/08	288.40	11/29/10	509.87	221.47
7.000	OCCIDENTAL PETE CORP	OXY	12/24/08	368.32	11/29/10	622.35	254.03
45.000	OCCIDENTAL PETE CORP	OXY	12/24/08	2,367.79	12/08/10	4,095.45	1,727.66
9.000	PEPSICO INC	PEP	12/24/08	490.25	11/29/10	574.10	83.85
69.000	PROCTER & GAMBLE CO	PG	12/24/08	4,174.44	01/20/10	4,165.17	-9.27
58.000	PROCTER & GAMBLE CO	PG	12/24/08	3,508.95	05/11/10	3,625.59	116.64
10.000	PROCTER & GAMBLE CO	PG	12/24/08	604.99	11/29/10	619.88	14.89
153.000	QUALCOMM INC	QCOM	12/24/08	5,223.18	05/17/10	5,706.78	483.60
113.000	QUALCOMM INC	QCOM	12/24/08	3,857.64	07/01/10	3,674.62	-183.02
14.000	QUALCOMM INC	QCOM	12/24/08	477.94	11/29/10	659.38	181.44
106.000	RESEARCH IN MOTION LTD	RIMM	12/24/08	4,408.12	08/16/10	5,441.15	1,033.03
34.000	RESEARCH IN MOTION LTD	RIMM	01/28/09	1,915.02	08/16/10	1,745.27	-169.75
79.000	RESEARCH IN MOTION LTD	RIMM	02/11/09	3,903.40	08/16/10	4,055.20	151.80
41.000	RESEARCH IN MOTION LTD	RIMM	04/03/09	2,438.19	08/16/10	2,104.60	-333.59
100.000	SCHLUMBERGER LTD	SLB	12/24/08	3,766.15	06/01/10	5,291.31	1,525.16
64.000	SCHLUMBERGER LTD	SLB	12/24/08	2,410.34	06/07/10	3,517.85	1,107.51
55.000	SCHLUMBERGER LTD	SLB	12/24/08	2,071.38	06/28/10	3,202.59	1,131.21
1.000	SCHLUMBERGER LTD	SLB	12/24/08	37.66	11/29/10	76.32	38.66
12.000	STRYKER CORP	SYK	12/24/08	478.75	11/29/10	608.38	129.63



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Long Term							
89,000	TJX COMPANIES INC NEW	TJX	07/17/09	3,109.12	07/19/10	3,683.86	574.74
9,000	TJX COMPANIES INC NEW	TJX	07/17/09	314.41	11/29/10	407.15	92.74
20,000	VISA INC CL A COMMON STOCK	V	01/15/09	982.17	01/22/10	1,665.84	683.67
16,000	VISA INC CL A COMMON STOCK	V	01/21/09	695.48	01/22/10	1,332.68	637.20
47,000	VISA INC CL A COMMON STOCK	V	01/21/09	2,042.97	06/29/10	3,390.31	1,347.34
6,000	VISA INC CL A COMMON STOCK	V	02/02/09	295.22	06/29/10	432.81	137.59
46,000	VISA INC CL A COMMON STOCK	V	02/02/09	2,263.36	07/06/10	3,329.37	1,066.01
8,000	VISA INC CL A COMMON STOCK	V	02/06/09	441.40	07/06/10	579.02	137.62
51,000	VISA INC CL A COMMON STOCK	V	02/06/09	2,813.91	07/29/10	3,661.78	847.87
40,000	VISA INC CL A COMMON STOCK	V	02/12/09	2,201.59	07/29/10	2,871.98	670.39
13,000	VISA INC CL A COMMON STOCK	V	03/26/09	704.31	07/29/10	933.39	229.08
23,000	VISA INC CL A COMMON STOCK	V	03/26/09	1,246.09	08/18/10	1,680.12	434.03
34,000	VISA INC CL A COMMON STOCK	V	05/07/09	2,243.10	08/18/10	2,483.66	240.56
15,000	VISA INC CL A COMMON STOCK	V	05/07/09	989.61	09/10/10	1,016.41	26.80
42,000	VISA INC CL A COMMON STOCK	V	06/04/09	2,946.46	09/10/10	2,845.95	-100.51
54,000	WAL-MART STORES INC	WMT	12/24/08	3,007.58	03/02/10	2,893.72	-113.86
120,000	WAL-MART STORES INC	WMT	12/24/08	6,683.52	05/06/10	6,474.27	-209.25
27,000	WAL-MART STORES INC	WMT	12/24/08	1,503.79	05/11/10	1,418.24	-85.55
51,000	WAL-MART STORES INC	WMT	12/24/08	2,840.50	05/24/10	2,619.39	-221.11
10,000	WAL-MART STORES INC	WMT	12/24/08	556.96	10/15/10	533.02	-23.94

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Long Term							
93.000	WAL-MART STORES INC	WMT	04/13/09	4,763.48	10/15/10	4,957.09	193.61
36.000	WAL-MART STORES INC	WMT	04/29/09	1,822.64	10/15/10	1,918.87	96.23
43.000	WAL-MART STORES INC	WMT	08/17/09	2,214.87	10/15/10	2,291.99	77.12
11.000	WAL-MART STORES INC	WMT	08/19/09	567.76	10/15/10	586.32	18.56
50.000	WAL-MART STORES INC	WMT	08/19/09	2,580.73	10/27/10	2,690.81	110.08
59.000	WAL-MART STORES INC	WMT	08/25/09	3,081.80	10/27/10	3,175.16	93.36
3.000	WAL-MART STORES INC	WMT	11/12/09	160.41	11/29/10	161.12	0.71
48.000	3M COMPANY	MMM	07/10/09	2,859.73	10/28/10	4,103.27	1,243.54
7.000	3M COMPANY	MMM	07/23/09	480.58	10/28/10	598.39	117.81
40.000	3M COMPANY	MMM	07/23/09	2,746.17	11/11/10	3,425.71	679.54
1.000	3M COMPANY	MMM	07/23/09	68.65	11/29/10	83.88	15.23
2.000	3M COMPANY	MMM	08/05/09	143.23	11/29/10	167.75	24.52
46.000	3M COMPANY	MMM	08/05/09	3,294.35	12/02/10	3,985.56	691.21
49.000	3M COMPANY	MMM	12/04/09	3,824.28	12/07/10	4,153.05	328.77
Long Term Subtotal				242,568.57	295,078.33		52,509.76
TOTAL REALIZED GAIN OR LOSS				363,785.01	411,302.29		47,517.28

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

MONTAG & CALDWELL INC
3455 PEACHTREE RD NE
SUITE 1200
ATLANTA GA 30326-4202

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SCHEDULE OF REALIZED GAINS AND LOSSES

Total Realized Gain or Loss		THIS YEAR							
Short-term		39,557.34							
Long-term		109.11							
39,442.25									
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS		
Short Term									
172.000	ALUMINUM CORP CHINA LTD SPONSORED ADR REPSTG H SHS	ACH	05/19/09	4,344.65	04/15/10	4,879.92	535.27		
142.000	HUANENG POWER INTL INC SPONSORED ADR REPSTG 40 ORD	HNP	05/19/09	3,688.79	03/11/10	3,391.65	-297.14		
135.000	HUANENG POWER INTL INC SPONSORED ADR REPSTG 40 ORD	HNP	11/27/09	3,466.80	03/11/10	3,224.46	-242.34		
124.000	INDUSTRIAL & COMMERCIAL BANK OF CHINA LTD REPRESENTING	IDCBY	11/11/10	N/A	12/27/10	82.23	82.23		
33.000	NETSUNSHI UFI FINL GROUP INC SPONSORED ADR	MTU	05/19/09	213.51	03/11/10	167.97	-45.54		
199.000	NETSUNSHI UFI FINL GROUP INC SPONSORED ADR	MTU	07/23/09	1,183.97	03/11/10	1,012.90	-171.07		
1.000	NETSUNSHI & CO LTD-ADR	NETS	03/19/10	339.99	10/14/10	329.70	-10.29		
210.000	NOMURA HOLDINGS INC SPONSORED ADR	NMR	10/02/09	1,312.35	09/24/10	1,052.80	-259.55		
470.000	NOMURA HOLDINGS INC SPONSORED ADR	NMR	03/11/10	3,398.08	09/24/10	2,356.26	-1,041.82		
23.000	SANDVIK AB-ADR	SDVKY	03/11/10	280.42	10/14/10	362.24	81.82		
113.000	SANDVIK AB-ADR	SDVKY	03/11/10	1,377.69	12/22/10	2,178.60	800.91		
43.000	TECK RESOURCES LIMITED SUB VOTING CL B	TCK	01/19/10	1,717.40	12/22/10	2,465.41	748.01		
61.000	TOYOTA MOTOR CORP-ADR NEW REPSTG 2 COM	TM	05/19/09	4,704.81	02/12/10	4,686.00	-18.81		
22.000	TOYOTA MOTOR CORP-ADR NEW REPSTG 2 COM	TM	07/23/09	1,742.60	02/12/10	1,690.03	-52.57		
Short Term Subtotal		27,771.06		27,880.17		109.11			



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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
263.000	ABB LTD SPONSORED ADR	ABB	12/26/08	3,642.55	03/11/10	5,460.34	1,817.79
230.000	ACERGY S A SPONSORED ADR	ACGY	12/26/08	1,168.38	01/28/10	3,512.06	2,343.68
85.000	ACERGY S A SPONSORED ADR	ACGY	12/26/08	431.79	04/09/10	1,673.12	1,241.33
184.000	ADIDAS AG SPONSORED ADR	ADDY	12/26/08	3,385.60	02/12/10	4,529.42	1,143.82
89.000	ADIDAS AG SPONSORED ADR	ADDY	12/26/08	1,637.60	09/13/10	2,448.34	810.74
120.000	AXA UNSPONSORED ADR	AXAHY	12/26/08	2,580.00	05/07/10	1,810.76	-769.24
260.000	AXA UNSPONSORED ADR	AXAHY	12/26/08	5,590.00	08/18/10	4,451.47	-1,138.53
34.000	AXA UNSPONSORED ADR	AXAHY	05/19/09	596.55	08/18/10	582.12	-14.43
0.800	BANCO BRADESCO S A SPONSORED ADR REPSTG PFD SHS	BBD	12/26/08	6.12	07/22/10	14.18	8.06
137.000	BANCO BRADESCO S A SPONSORED ADR REPSTG PFD SHS	BBD	12/26/08	1,048.34	09/29/10	2,711.19	1,662.85
72.000	BANCO BRADESCO S A SPONSORED ADR REPSTG PFD SHS	BBD	12/26/08	550.95	10/14/10	1,589.02	1,038.07
20.000	BANCO SANTANDER S A ADR	STD	12/26/08	185.38	01/28/10	281.41	96.03
81.000	BANK OF NOVA SCOTIA	BNS	12/26/08	1,989.36	03/19/10	4,008.91	2,019.55
104.000	BARCLAYS PLC-ADR	BCS	05/19/09	1,876.12	08/06/10	2,161.09	284.97
63.000	BHP BILLITON LTD SPONSORED ADR	BHP	12/26/08	2,512.82	03/11/10	4,933.47	2,420.65
24.000	BHP BILLITON LTD SPONSORED ADR	BHP	12/26/08	957.26	12/22/10	2,203.16	1,245.90
10.000	BNP PARIBAS SPONSORED ADR REPSTG 1/2 SH	BNPOY	12/26/08	208.00	01/28/10	359.29	151.29
170.000	CHINA MOBILE LIMITED SPONSORED ADR RPSTG 5 ORD SHS	CHL	12/26/08	8,241.60	11/11/10	8,811.12	569.52

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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
0.900	COMPANHIA ENERGETICA DE MINAS GERAIS CEMIG SPONS ADR	CIG	12/26/08	8.49	05/11/10	14.41	5.92
31.000	CREDICORP LTD	BAP	07/23/09	2,057.04	09/29/10	3,510.30	1,453.26
11.000	CREDICORP LTD	BAP	07/23/09	729.92	11/11/10	1,355.01	625.09
20.000	CREDIT SUISSE GROUP SPONSORED ADR	CS	12/26/08	520.80	01/28/10	890.40	369.60
0.120	DBS GROUP HOLDINGS LTD SPONSORED ADR	DBSDY	12/26/08	3.07	11/03/10	5.25	2.18
20.000	ENI S P A SPONSORED ADR REPRESENTING 5 ORD	E	12/26/08	910.20	01/28/10	936.84	26.64
38.000	ENI S P A SPONSORED ADR REPRESENTING 5 ORD	E	12/26/08	1,729.38	10/14/10	1,723.43	-5.95
180.000	FRANCE TELECOM SPONSORED ADR	FTE	12/26/08	5,027.40	04/15/10	4,292.97	-734.43
43.000	GAZPROM O A O SPONSORED ADR	OGZPY	12/26/08	612.75	04/26/10	1,051.33	438.58
47.000	GDF SUEZ SPONSORED ADR	GDFZY	12/26/08	2,164.35	01/19/10	1,950.47	-213.88
14.000	HSBC HOLDINGS PLC SPONSORED ADR NEW	HBC	12/26/08	644.84	08/06/10	739.04	94.20
288.000	ICAP PLC SPONSORED ADR	IAPLY	12/26/08	2,545.92	08/02/10	3,772.73	1,226.81
110.000	ICAP PLC SPONSORED ADR	IAPLY	12/26/08	972.40	08/06/10	1,356.27	383.87
112.000	ICAP PLC SPONSORED ADR	IAPLY	12/26/08	990.08	09/13/10	1,589.24	599.16
17.000	ICAP PLC SPONSORED ADR	IAPLY	06/10/09	247.01	09/13/10	241.22	-5.79
79.000	INFOSYS TECHNOLOGIES LTD SPONS ADR REPSTG 1 ORD SHRS	INFY	12/26/08	1,908.96	01/19/10	4,612.12	2,703.16
51.000	INFOSYS TECHNOLOGIES LTD SPONS ADR REPSTG 1 ORD SHRS	INFY	12/26/08	1,232.36	03/19/10	3,093.82	1,861.46
128.000	INFOSYS TECHNOLOGIES LTD SPONS ADR REPSTG 1 ORD SHRS	INFY	12/26/08	3,092.99	04/06/10	7,808.31	4,715.32



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Long Term							
207.000	JSC MMC NORILSK NICKEL SPONSORED ADR	NILSY	12/26/08	1,324.80	07/19/10	3,291.24	1,966.44
780.000	MTU MITSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	12/26/08	4,781.40	03/11/10	3,970.15	-811.25
21.000	NINTENDO CO LTD-ADR NEW	NTDOY	12/26/08	975.45	04/26/10	880.93	-94.52
503.000	NOMURA HOLDINGS INC SPONSORED ADR	NMR	12/26/08	4,019.90	09/24/10	2,521.69	-1,498.21
22.000	NOMURA HOLDINGS INC SPONSORED ADR	NMR	05/19/09	152.84	09/24/10	110.29	-42.55
50.000	NOVO NORDISK A/S-ADR REPSTG 1/2 CL B SH	NVO	12/26/08	2,625.50	03/19/10	3,897.73	1,272.23
4.000	NOVO NORDISK A/S-ADR REPSTG 1/2 CL B SH	NVO	02/04/09	215.44	03/19/10	311.82	96.38
26.000	NOVO NORDISK A/S-ADR REPSTG 1/2 CL B SH	NVO	02/04/09	1,400.36	03/29/10	2,031.00	630.64
40.000	NOVO NORDISK A/S-ADR REPSTG 1/2 CL B SH	NVO	03/13/09	1,876.80	03/29/10	3,124.62	1,247.82
39.000	SAP AG SPONSORED ADR	SAP	12/26/08	1,318.20	01/19/10	1,912.98	594.78
4.000	SIEMENS A G SPONSORED ADR	SI	12/26/08	284.52	10/14/10	451.67	167.15
101.000	SMITH & NEPHEW P L C SPONSORED ADR NEW	SNN	12/26/08	3,113.83	01/19/10	5,307.47	2,193.64
99.000	SMITH & NEPHEW P L C SPONSORED ADR NEW	SNN	12/26/08	3,052.17	03/19/10	5,011.32	1,959.15
352.000	SUMITOMO CORP SPONSORED ADR	SSUMY	12/26/08	2,921.60	03/19/10	3,944.89	1,023.29
33.000	SUMITOMO CORP SPONSORED ADR	SSUMY	12/26/08	273.90	10/14/10	448.46	174.56
5.000	SYNGENTA AG SPONSORED ADR	SYT	12/26/08	179.78	10/14/10	286.59	106.81
19.000	TESCO PLC-SPONSORED ADR	TSCDY	12/26/08	288.80	10/14/10	398.04	109.24
38.000	TOTAL S.A. 1 ADR REPRESENTING 1 ORD SHS	TOT	12/26/08	2,023.50	01/19/10	2,446.08	422.58

TRUST FOR MEDITATION PROCESS
HANSBERGER IV

Account number
310-72060
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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Long Term							
19.000	TOTAL S A. 1 ADR REPRESENTING 1 ORD SHS	TOT	12/26/08	1,011.75	10/14/10	1,035.70	23.95
80.000	VALE S A ADR REPSTG PFD	VALEP	12/26/08	787.20	03/11/10	2,099.98	1,312.78
14.000	VODAFONE GROUP PLC SPONSORED ADR NEW	VOD	12/26/08	264.26	10/14/10	374.35	110.09
Long Term Subtotal							
				94,898.38		134,340.63	39,442.25
				122,669.44		162,220.80	39,551.36
TOTAL REALIZED GAIN OR LOSS							

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

HANSBERGER GLOBAL INVESTORS
C/O IXIS ASSET MGMT ADVISORS
ATTN CLIENT STATEMENTS
1999 HARRISON ST SUITE 1300
OAKLAND CA 94506