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Form 990

Department of the Treasury Internal Revenue Service

Activities & Governance

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16a

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Expenses

Net Assets or Fund Balances

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

From The organization may have to use a copy of this return to satisfy state reporting requirements

l .				
A For the 2010 calendar year, or tax year beginning	g 01-01-2010 and ending 12-31-3	2010		
B Check if applicable Address change C Name of organization METROWEST YMCA INC Doing Business As	-		D Employer 04-228: E Telephon	
Initial return Number and street (or P O box if ma 280 OLD CONNECTICUT PATH	nil is not delivered to street address)	Room/suite	. ,	79-4420
Amended return City or town, state or country, and ZI FRAMINGHAM, MA 017014539 Application pending	P + 4		G Gross rece	eipts \$ 9,430,213
F Name and address of princ JEANNE MCALLISTER 280 OLD CONNECTICUT PA FRAMINGHAM, MA 017014	ХТН	H(b) Are all a	affiliates include ," attach a li	st (see instructions)
I Tax-exempt status	sert no) 4947(a)(1) or 527	H(c) Group	exemption	number ►
J Website: ► WWW METROWESTYMCA ORG				
K Form of organization ✓ Corporation ☐ Trust ☐ Association	Other 🕨	L Year of form	nation 1960	M State of legal domicile MA
Part T Summary		•		

1 Briefly describe the organization's mission or most significant activities

THE METROWEST YMCA IS ORGANIZED, AND SHALL BE OPERATED, EXCLUSIVELY FOR CHARTIABLE, EDUCATIONAL AND RECREATIONAL PURPOSES WITHIN THE MEANING OF SECTION 501 C (3) OF THE INTERNAL REVENUE CODE OF 1986 AND SHALL CONDUCT SUCH OTHER ACTIVITIES AS ARE PERMITTED FOR A CHARITABLE CORPORATION UNDER MASSACHUSETTS LAW DEDICATED TO THE DEVELOPMENT OF ALL PEOPLE REGARDLESS OF AGE, GENDER, RACE, RELIGION, INCOME, ABILITY OR SEXUAL ORIENTATION, OUR PROGRAMS ARE DESIGNED TO PROMOTE THE VALUES OF CARING, HONESTY, RESPECT AND RESPONSIBILITY, AND TO ENHANCE THE SPIRITUAL, MENTAL, PHYSICAL AND SOCIAL QUALITY OF LIFE FOR INDIVIDUALS, FAMILIES AND COMMUNITIES THROUGHOUT METROWEST IN 2010, THE YMCA SERVED 21,000 MEMBERS AND PROGRAM PARTICIPANTS, HAD OVER 450 BOARD , FUNDRAISING AND PROGRAM VOLUNTEERS AND 1250 COMMUNITY DONORS WHO DONATED FUNDS TO HELP SUPPORT THE YMCA'S FINANCIAL ASSISTANCE PROGRAM, WHICH PROVIDED \$813,137 IN Y PROGRAM AND MEMBERSHIP SCHOLARSHIPS TO LOW INCOME INDIVIDUALS AND FAMILIES

2 Check this box 🚩 if the organization discontinued its operations or disposed of more than 25% of its net assets 3 Number of voting members of the governing body (Part VI, line 1a) . . .

Number of independent voting members of the governing body (Part VI, line 1b) .

Total number of individuals employed in calendar year 2010 (Part V, line 2a) . . .

37 36 560 5 6 414 0 7a

Current Year

0

937,830

34,863

123,387

618,856

0

0

9,119,913

4,972,089

2,860,636

8,023,833

7b

1,014,803

7,106,051

28,882

184,080

8,333,816

4,668,901

2,645,109

621,000

Prior Year

6 Total number of volunteers (estimate if necessary) . . . **7a** Total unrelated business revenue from Part VIII, column (C), line 12 . **b** Net unrelated business taxable income from Form 990-T, line 34 . . .

Contributions and grants (Part VIII, line 1h) Program service revenue (Part VIII, line 2g) Investment income (Part VIII, column (A), lines 3, 4, and 7d) . 10 11

Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)

Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line Grants and similar amounts paid (Part IX, column (A), lines 1-3) . . . Benefits paid to or for members (Part IX, column (A), line 4) . Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-

Professional fundraising fees (Part IX, column (A), line 11e) Total fundraising expenses (Part IX, column (D), line 25) \blacktriangleright 153,677

Net assets or fund balances Subtract line 21 from line 20 . .

Other expenses (Part IX, column (A), lines 11a-11d, 11f-24f) Total expenses Add lines 13-17 (must equal Part IX, column (A), line 25)

Revenue less expenses Subtract line 18 from line 12 .

Total assets (Part X, line 16)

7,935,010 8,451,581 398,806 668,332 **Beginning of Current End of Year** Year

12,902,347 13,461,104 7,760,325 7,622,676 5,142,022 5,838,428

Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any

	L	*****				2011-05-12	
Sign	₩	Signature of officer				Date	
Here		JEANNE MCALLISTER PRESIDENT					
		Type or print name and title					
	l	nt/Type parer's name MATTHEW HUTT CPA	Preparer's signature	MATTHEW HUTT CPA	Date	Check if self- employed •	PTIN
Paid Preparer	Fırr	n's name 🕨 ALEXANDER ARONSON FINNING	G & CO PC				Firm's EIN
Use Only	Firr	n's address 21 EAST MAIN STREET					Phone no (508) 366- 9100
May the IE) S d	WESTBORO, MA 01581 liscuss this return with the preparei	r shown above? (see	a instructions)			✓ Yes 「No

Total program service expenses -\$

01111	220 (.	2010)				raye Z
Par	t III	Statement of Progra Check if Schedule O conta	=			
1	Brief	ly describe the organization	's mission			
THE RECF DEDI SEXU RESF FAMI PARI	METRO REATION DUCT ICATE JAL OF ONSI ILIES ATED	OWEST YMCA IS ORGANIONAL PURPOSES WITHIN SUCH OTHER ACTIVITIED TO THE DEVELOPMENT RIENTATION, OUR PROGRESILITY, AND TO ENHANCAND COMMUNITIES THROW ANTS, HAD OVER 450 BOX	ZED, AND SHALL BE OP THE MEANING OF SEC S AS ARE PERMITTED F OF ALL PEOPLE REGA RAMS ARE DESIGNED T E THE SPIRITUAL, MEN DUGHOUT METROWEST ARD, FUNDRAISING AN T THE YMCA'S FINANC	TION 501 C (3) OF THE FOR A CHARITABLE CO RDLESS OF AGE, GEND O PROMOTE THE VALU TAL, PHYSICAL AND S IN 2010, THE YMCA S D PROGRAM VOLUNTE IAL ASSISTANCE PROC	Y FOR CHARTIABLE, EDUCE INTERNAL REVENUE CON RPORATION UNDER MASSER, RACE, RELIGION, INCOMES OF CARING, HONESTY OCIAL QUALITY OF LIFE FOR SERVED 21,000 MEMBERS SERS AND 1250 COMMUNICH PROVIDED SERAM, WHICH PROVIDED SERAMILIES	DE OF 1986 AND SHALL SACHUSETTS LAW OME, ABILITY OR , RESPECT AND FOR INDIVIDUALS, AND PROGRAM TY DONORS WHO
2	the pr	ne organization undertake a rior Form 990 or 990-EZ? es," describe these new serv				Yes 🔽 No
3	servi	ne organization cease conduces?		t changes in how it cond		Yes 🗸 No
4	Secti		organizations and section	on 4947(a)(1) trusts are	rgest program services by e required to report the amou vice reported	•
4a	(Cod	e) (Exper	ises \$ 3,658,286	ıncludıng grants of \$	273,730) (Revenue \$	3,933,921)
	DIREMIND BENE HEAL YOUT RECR TEEN MAJO	CTLY FURTHER THE ORGANIZATION, BODY AND SPIRIT OF INDIVIDUA FITED FROM THESE PROGRAMS, THE AND WELLNESS, YOUTH DEVELTH THROUGH SENIORS INCLUDING SEATIONAL SWIMMING FOR ALL ACTURED THE AND LEADERSHIP DEVELOPMENT AND	ONS FOCUS ON YOUTH DEVELO ALS AND FAMILIES THROUGHOU LOUT OF 9 OF WHOM PARTIC OPMENT, SAFETY AND FAMILY S SPECIAL PROGRAMS FOCUSE SES, YOUTH SPORTS, GYMNAS PROGRAMS SPECIFICALLY DES	PMENT, HEALTHY LIVING AND JT THE METROWEST COMMUN IPATED WITH THE SUPPORT O STRENGTHENING, THESE PRO D ON FAMILIES, CARDIOVASCU IC INSTRUCTION, PRESCHOO GIGNED FOR AT-RISK YOUTH	NLTH, EDUCATIONAL AND INSTRUC SOCIAL RESPONSIBILITY AS WELL IITY IN 2010 OVER 18,000 MEMBE F YMCA FINANCIAL ASSISTANCE N OGRAMS INCLUDE HEALTH AND WE JLAR AND STRENGTH TRAINING, S OL AND YOUTH ENRICHMENT CLASS PROGRAM FEES ARE SET AT A LEV ALE FEE BASIS FOR THOSE WHO C	AS ITS GOAL TO IMPROVE THE RS AND PARTICIPANTS VITH A STRONG EMPHASIS ON LLNESS INSTRUCTION FOR WIM INSTRUCTION AND SES, OUTDOOR EDUCATION, EL THAT IS AFFORDABLE FOR A
41-	(Code	e) (Exper	uses \$ 2,264,814	including grants of \$	169.063) (Revenue \$	2,575,314)
4b	YMCA TODE FOR AND CARE MAKE THRI A SLI	A CHILD CARE AND BEFORE AND A DIER, PRE-SCHOOL AND SCHOOL CHILDREN AS WELL AS THEIR PAR HELP KIDS DEVELOP MORAL AND E PROGRAMS AND A SIGNIFICANT ES IT POSSIBLE FOR THE PARENTS VING IN A SAFE, DEVELOPMENTAL DING FEE SCALE UP TO THE LIMIT	FTER SCHOOL CARE PROGRAM AGED CHILDREN IN 2010 THE LENTS THESE EDUCATIONAL P ETHICAL BEHAVIOR, SELF-ESTE PROVIDER OF EARLY EDUCATI OF CHILDREN IN OUR PROGR LY SOUND ENVIRONMENT FOR OF CONTRIBUTED SUPPORT	MS THE YMCA PROVIDED QUAL PURPOSE OF THE YMCAS CHI ROGRAMS HELP DEVELOP AND IEM AND LEADERSHIP SKILLS ON AND CARE PROGRAMS IN AMS TO BECOME AND REMAIN RAPARENTS WHO CANNOT AFFAND FUNDING AVAILABLE FOR	TO 5,003) (REVENUE \$ ITY, LICENSED, NATIONALLY ACCE LD CARE PROGRAMS IS TO FOSTE SUPPORT COGNITIVE AND ACADE THE YMCA IS THE LARGEST PROVI THE METROWEST AREA IN MANY IN MEDIATE OF THE FORMING MEDIATE OF THE PARTICI HE THE STATE FUNDED CONTRACT	REDITED CARE TO 879 R GROWTH AND DEVELOPMENT MIC GROWTH AND LEARNING, DER OF OUT OF SCHOOL TIME NSTANCES, YMCA CHILD CARE G THAT THEIR CHILDREN ARE TIDED BELOW COST, BASED ON PATING FAMILIES RECEIVE
4c	(Code	e) (Exper	nses \$ 1,467,766	ıncludıng grants of \$	176,063) (Revenue \$	1,637,985)
	YMCA FUND AND NATU	A SUMMER CAMPYMCA SUMMER C DED FINANCIAL ASSISTANCE THE PHYSICAL WELL-BEING, SELF ESTI JRAL SURROUNDINGS, YMCA CAM	AMPS SERVED 2,075 DIFFERE SUMMER CAMP PROGRAMS, S EEM, SOCIAL GROWTH AND RE PS SEEK TO HELP PARTICIPAN	NT CHILDREN IN 2010, 1 OUT SERVING CHILDREN BETWEEN SPECT FOR THE ENVIRONMEN IS ACHIEVE THEIR FULLEST PO	OF 7 OF WHOM ATTENDED CAMP THE AGES OF 3 AND 15 ARE EDUC T THROUGH A VARIETY OF ACTIV DTENTIAL IN SPIRIT, MIND AND BO I TO REMAIN GAINFULLY EMPLOYE	WITH THE SUPPORT OF YMCA ATIONAL, PROMOTE MENTAL ITIES AND THE USE OF DDY IN MANY INSTANCES,
4d	O the	er program services (Desci	ibe in Schedule O)			
		penses \$	including grants of	· \$) (Revenue \$)

7,390,866

Part IV	Checklist of	Required	Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? <i>If "Yes,"</i> complete Schedule A	1	Yes	
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instruction)? 🤨	2	Yes	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3		Νο
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? <i>If</i> "Yes," complete Schedule C, Part II	4		No
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5		No
6	Did the organization maintain any donor advised funds or any similar funds or accounts where donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		No
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas or historic structures? If "Yes," complete Schedule D, Part II	7		No
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8		No
9	Did the organization report an amount in Part X, line 21, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9		No
10	Did the organization, directly or through a related organization, hold assets in term, permanent,or quasi- endowments? <i>If "Yes," complete Schedule D, Part V</i>	10	Yes	
11	If the organization's answer to any of the following questions is 'Yes,' then complete Schedule D, Parts VI, VII, VIII, IX, or X as applicable			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line10? If "Yes," complete Schedule D, Part VI.	11a	Yes	
b	Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII.	11b		Νο
С	Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII.	11c		Νο
d	Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX.	11d		Νο
e	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X.	11e	Yes	
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X.	11f		No
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI, XII, and XIII	12a	Yes	
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered 'No' to line 12a, then completing Schedule D, Parts XI, XII, and XIII is optional	12b		No
13	Is the organization a school described in section 170(b)(1)(A)(II)? If "Yes," complete Schedule E	13		No
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		No
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, and program service activities outside the United States? <i>If</i> " <i>Yes,"</i> complete Schedule F, Parts I and IV	14b		Νο
15	Did the organization report on Part IX, column (A), line 3, more than $$5,000$ of grants or assistance to any organization or entity located outside the U S ? If "Yes," complete Schedule F, Parts II and IV	15		Νο
16	Did the organization report on Part IX, column (A), line 3, more than $$5,000$ of aggregate grants or assistance to individuals located outside the U S ? If "Yes," complete Schedule F, Parts III and IV.	16		Νο
17	Did the organization report a total of more than \$15,000, of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? <i>If</i> "Yes," complete Schedule G, Part I (see instructions)	17		No
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18		No
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III	19		Νο
20a	Did the organization operate one or more hospitals? If "Yes," complete Schedule H	20a		No
b	If "Yes" to line 20a, did the organization attach its audited financial statement to this return? Note. Some Form 990 filers that operate one or more hospitals must attach audited financial statements (see instructions)	20b		

Par	t IV Checklist of Required Schedules (continued)			
21	Did the organization report more than \$5,000 of grants and other assistance to governments and organizations in the United States on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		No
22	Did the organization report more than \$5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22	Yes	
23	Did the organization answer "Yes" to Part VII, Section A, questions 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete Schedule J	23	Yes	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b-24d and complete Schedule K. If "No," go to line 25	24a	Yes	
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		No
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		No
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		No
25a	Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		No
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b		No
26	Was a loan to or by a current or former officer, director, trustee, key employee, highly compensated employee, or disqualified person outstanding as of the end of the organization's tax year? If "Yes," complete Schedule L, Part II	26		No
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor, or a grant selection committee member, or to a person related to such an individual? If "Yes," complete Schedule L, Part III	27		No
28	Was the organization a party to a business transaction with one of the following parties? (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions)			
	A current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28a		No
Ь	A family member of a current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28b		No
С	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? If "Yes," complete Schedule L, Part IV	28c	Yes	
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		No
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>	30		No
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		No
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32	_	No
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301 7701-2 and 301 7701-3? <i>If</i> "Yes," complete Schedule R, Part I	33		No
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Parts II, III, IV, and V, line 1	34		No
35	Is any related organization a controlled entity within the meaning of section 512(b)(13)?	35		Νο
а	Did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2 Yes $\overline{\lor}$ No			
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If "Yes," complete Schedule R, Part V, line 2	36		No
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		No
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11 and 19? Note. All Form 990 filers are required to complete Schedule O	38	Yes	
		F	orm 990	(2010)

Pa	Statements Regarding Other IRS Filings and Tax Compliance Check if Schedule O contains a response to any question in this Part V		. [
			Yes	No
1a	Enter the number reported in Box 3 of Form 1096 Enter -0 - if not applicable 1a 12			
b	Enter the number of Forms W-2G included in line 1a Enter -0- if not applicable 1b 0			
c	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable	1c		
2a	gaming (gambling) winnings to prize winners?	10		
	Statements filed for the calendar year ending with or within the year covered by this return			
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b	Yes	
	Note. If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)			
3а	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a		Νο
b	If "Yes," has it filed a Form 990-T for this year? If "No," provide an explanation in Schedule O	3b		
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		Νο
b	If "Yes," enter the name of the foreign country			
	See instructions for filing requirements for Form TD F 90-22 1, Report of Foreign Bank and Financial Accounts			
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		No
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		Νο
c	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c		
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible?	6a		Νο
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6b		
7	Organizations that may receive deductible contributions under section 170(c).			
	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?	7a		Νο
	If "Yes," did the organization notify the donor of the value of the goods or services provided? Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to	7b		
L	file Form 8282?	7c		Νo
d	If "Yes," indicate the number of Forms 8282 filed during the year			
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		Νο
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7f		Νο
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g		
h	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a	7h		
8	Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting organizations. Did the supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess business holdings at any time during the year?	8		
9	Sponsoring organizations maintaining donor advised funds.			
а	Did the organization make any taxable distributions under section 4966?	9a		
ь 10	Did the organization make a distribution to a donor, donor advisor, or related person?	9b		
	Initiation fees and capital contributions included on Part VIII, line 12 10a			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities			
	Section 501(c)(12) organizations. Enter			
	Gross income from members or shareholders			
	against amounts due or received from them)			
	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041? If "Yes," enter the amount of tax-exempt interest received or accrued during the	12a		
13	year Section 501(c)(29) qualified nonprofit health insurance issuers.			
	Is the organization licensed to issue qualified health plans in more than one state? Note. See the instructions for additional information the organization must report on Schedule O	13a		
b	Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans			
c	Enter the amount of reserves on hand			
1/1~	Did the organization receive any payments for indoor tanning services during the tax year?	14a		N o
	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation in Schedule O	14a 14b		N o
	,		orm 000	(2010

Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, and for a "No" response to lines 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.

S€	ection A. Governing Body and Management				
				Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year	37			
b	Enter the number of voting members included in line 1a, above, who are independent	36			
2	Did any officer, director, trustee, or key employee have a family relationship or a business other officer, director, trustee, or key employee?	relationship with any	2	Yes	
3	Did the organization delegate control over management duties customarily performed by o		3	165	
	supervision of officers, directors or trustees, or key employees to a management company	·	3		No
4	Did the organization make any significant changes to its governing documents since the pfiled?		4		Νο
5	Did the organization become aware during the year of a significant diversion of the organiz	atıon's assets? .	5		No
6	Does the organization have members or stockholders?		6		Νo
7a	Does the organization have members, stockholders, or other persons who may elect one of governing body?		7a		Νο
ь	Are any decisions of the governing body subject to approval by members, stockholders, o	ſ	7b		No
8	Did the organization contemporaneously document the meetings held or written actions upwear by the following	ndertaken during the			
а	The governing body?		8a	Yes	
b	Each committee with authority to act on behalf of the governing body?		8b	Yes	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who conganization's mailing address? If "Yes," provide the names and addresses in Schedule O		9		Νο
Se	ction B. Policies (This Section B requests information about policies not requ	red by the Internal			
Re	venue Code.)		1		
		ı		Yes	No
	Does the organization have local chapters, branches, or affiliates?		10a	Yes	
Ь	If "Yes," does the organization have written policies and procedures governing the activiti affiliates, and branches to ensure their operations are consistent with those of the organiz	• •	10b	Yes	
11a	Has the organization provided a copy of this Form 990 to all members of its governing boo	ly before filing the form?	11a	Yes	
b	Describe in Schedule O the process, if any, used by the organization to review this Form 9	90			
12a	Does the organization have a written conflict of interest policy? If "No," go to line 13		12a	Yes	
	Are officers, directors or trustees, and key employees required to disclose annually interesto conflicts?	ŀ	12b	Yes	
c	Does the organization regularly and consistently monitor and enforce compliance with the	nolicy? If "Yes "	140	163	
_	describe in Schedule O how this is done		12c	Yes	
13	Does the organization have a written whistleblower policy?		13	Yes	
14	Does the organization have a written document retention and destruction policy?		14	Yes	
15	Did the process for determining compensation of the following persons include a review ar independent persons, comparability data, and contemporaneous substantiation of the deli				
а	The organization's CEO, Executive Director, or top management official		15a	Yes	
b	Other officers or key employees of the organization		15b	Yes	
	If "Yes" to line 15a or 15b, describe the process in Schedule O (See instructions)				
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or sim taxable entity during the year?	ılar arrangement wıth a	16a		Νο
b	If "Yes," has the organization adopted a written policy or procedure requiring the organization				
	participation in joint venture arrangements under applicable federal tax law, and taken ste organization's exempt status with respect to such arrangements?		16b		
	ection C. Disclosure		TOD		
	List the States with which a copy of this Form 990 is required to be filed MA				
	Section 6104 requires an organization to make its Form 1023 (or 1024 if applicable), 99	n and 990-T (501(c)			

18 Section 6104 requires an organization to make its Form 1023 (or 1024 if applicable), 990, and 990-T (501(c) (3)s only) available for public inspection. Indicate how you make these available. Check all that apply

Own website 🔽 Another's website 🔽 Upon request

- 19 Describe in Schedule O whether (and if so, how), the organization makes its governing documents, conflict of interest policy, and financial statements available to the public See Additional Data Table
- State the name, physical address, and telephone number of the person who possesses the books and records of the organization CHRISTOPHER MEYERS
 280 OLD CONNECTICUT PATH
 FRAMINGHAM, MA 017014539
 (508) 879-4420

Part VIII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response to any question in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year

- List all of the organization's current officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation, and current key employees Enter -0- in columns (D), (E), and (F) if no compensation was paid
- List all of the organization's current key employees, if any See instructions for definition of "key employee"
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations
- ◆ List all of the organization's former directors or trustees that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations

List persons in the following order individual trustees or directors, institutional trustees, officers, key employees, highest compensated employees, and former such persons

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee

(A) Name and Title	(B) Average hours	Posi [†]	((tion (hat a	che		l I		(D) Reportable compensation	(E) Reportable compensation	(F) Estimated amount of other
	per week (describe hours for related organizations in Schedule O)	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated employee	Former	from the organization (W- 2/1099-MISC)	from related organizations (W- 2/1099- MISC)	compensation from the organization and related organizations
(1) PENNYE J WILLIAMS BOARD MEMBER	1 50	х						0	0	0
(2) RON FOISY VICE CHAIR	1 50	х		х				0	0	0
(3) DIEGO BETANCOURT BOARD MEMBER	1 50	х						0	0	0
(4) JAMES L BRICK BOARD MEMBER	1 00	х						0	0	0
(5) JOANNA CONNOLLY BOARD MEMBER	1 00	х						0	0	0
(6) HENRY CONNORS TREASURER	1 50	х		х				0	0	0
(7) ALEXANDRIA COX BOARD MEMBER	1 00	х						0	0	0
(8) JB DOWD BOARD MEMBER	1 30	Х						0	0	0
(9) FAITH EASTER BOARD MEMBER	1 00	х						0	0	0
(10) DWIGHT EVERETT BOARD MEMBER	1 00	х						0	0	0
(11) DAN ROMANO BOARD MEMBER	1 50	х						0	0	0
(12) TRACY GEE BOARD MEMBER	1 00	х						0	0	0
(13) GEORGE HULME BOARD MEMBER	1 00	х						0	0	0
(14) REV RICHARD HURST BOARD MEMBER	1 00	х						0	0	0
(15) PAMELA MCDONOUGH BOARD MEMBER	1 00	х						0	0	0
(16) HELEN LEMOINE BOARD MEMBER	1 00	Х						0	0	0

Part VII Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees (continued)

(A) Name and Title	(B) A verage hours	Posi t	((tion (hat a	che		II		(D) Reportable compensation from the	(E) Reportable compensation from related	(F) Estimated amount of other
	per week (describe hours for related organizations in Schedule O)	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated employee	Former	organization (W- 2/1099-MISC)	organizations (W- 2/1099- MISC)	compensation from the organization and related organizations
(17) MARYLIZ MACNEIL BOARD MEMBER	1 00	х						0	0	0
(18) ANNE MADARA BOARD MEMBER	1 00	х						0	0	0
(19) MARK MILLER BOARD MEMBER	1 00	Х						0	0	0
(20) PETER NEWMAN BOARD MEMBER	1 00	Х						0	0	0
(21) CAROLYN PYBURN BOARD MEMBER	1 00	х						0	0	0
(22) PAUL REGAN BOARD MEMBER	1 30	Х						0	0	0
(23) PAULA MARTIN BOARD MEMBER	1 00	х						0	0	0
(24) MIKE SIABA BOARD MEMBER	1 00	х						0	0	0
(25) SHARON CORREIA BOARD MEMBER	1 30	х						0	0	0
(26) LOUISE DONAHUE BOARD MEMBER	1 00	х						0	0	0
(27) MAGALI BLACK BOARD MEMBER	1 00	х						0	0	0
(28) RICK HOLMES BOARD MEMBER	1 00	х						0	0	0
(29) MARISA PIZZI BOARD MEMBER	1 00	х						0	0	0
(30) RACHEL STEWART BOARD MEMBER	1 00	х						0	0	0
(31) DAVID THOMPSON BOARD MEMBER	1 00	х						0	0	0
(32) THERESA WARD BOARD MEMBER	1 50	х						0	0	0
(33) CARLOS CUNNINGHAM BOARD MEMBER	1 00	х						0	0	0
(34) JANET DRUMMEY CHAIR	2 50	Х		х				0	0	0
(35) PATRICIA GRIGAS BOARD MEMBER	1 00	х						0	0	0
(36) CATHLEEN MCELLIGOTT BOARD MEMBER	1 00	Х						0	0	0
(37) JOYA CASEY CLERK/HR DIRECTOR	35 00	Х		х				50,978	0	13,139
(38) JEANNE MCALLISTER PRESIDENT/CEO	40 00			х				155,171	0	23,068
(39) CHRIS MEYERS DIRECTOR OF FINANCE	40 00			х				85,128	0	16,062
1b Sub-Total							Þ			
c Total from continuation sheets to					•	•				
d Total (add lines 1b and 1c)							<u> </u>	291,277	0	52,269

Total number of individuals (including but not limited to those listed above) who received more than \$100,000 in reportable compensation from the organization ►2

			165	110
3	Did the organization list any former officer, director or trustee, key employee, or highest compensated employee on line 1a? <i>If "Yes," complete Schedule J for such individual</i>	3		No
4	For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? If "Yes," complete Schedule J for such individual	4	Yes	
5	Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? If "Yes," complete Schedule I for such person	5		No

Section B. Independent Contractors

Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization

(A) Name and business address	(B) Description of services	(C) Compensation
CONSIGLI CONSTRUCTION COINC 72 SUMNER STREET MILFORD, MA 01757	CONSTRUCTION SERVICES	1,432,920

2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 in compensation from the organization ►1

Form 99						Pa	age 9
	***	Statement of Revenue		(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512, 513, or 514
Contributions, gifts, grants and other similar amounts	b c d e f	Federated campaigns	713,877 201,694	937,830			314
Program Service Revenue	g	All other program service revenue Total. Add lines 2a-2f	Business Code 713940	8,023,833 8,023,833	8,023,833		
	b c	Investment income (including dividends, interest and other similar amounts)	(II) Personal	27,085			27,085
nıe	7a b c d	Gross amount 318,078 from sales of assets other than inventory	(II) O ther	7,778			7,778
Other Revenue	c 9a b c	Net income or (loss) from gaming activities	b				
	11a	All other revenue	Business Code 900099	123,387	123,387		
		Total. Add lines 11a-11d		123,387 9,119,913	8,147,220	0 orm 990 (2	

7b, 8b, 9b, and 10b of Part VIII. 1 Grants and other assistance to governments and organizations in the U S See Part IV, line 21 2 Grants and other assistance to individuals in the U S See Part IV, line 22 3 Grants and other assistance to governments, organizations, and individuals outside the U S See Part IV, lines 15 and 16 4 Benefits paid to or for members 5 Compensation of current officers, directors, trustees, and key employees 6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	(C) ement and il expenses	(D) Fundraising expenses
All other organizations must complete column (A) but are not required to complete columns (B), (C), and (D). Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII. 1 Grants and other assistance to governments and organizations in the U S See Part IV, line 21 2 Grants and other assistance to individuals in the U S See Part IV, line 22 3 Grants and other assistance to governments, organizations, and individuals outside the U S See Part IV, lines 15 and 16 4 Benefits paid to or for members 5 Compensation of current officers, directors, trustees, and key employees 6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	ement and il expenses	Fundraising expenses
Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII. 1 Grants and other assistance to governments and organizations in the U S See Part IV, line 21 2 Grants and other assistance to individuals in the U S See Part IV, line 22 3 Grants and other assistance to governments, organizations, and individuals outside the U S See Part IV, lines 15 and 16 4 Benefits paid to or for members 5 Compensation of current officers, directors, trustees, and key employees 6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	ement and il expenses	Fundraising expenses
1 Grants and other assistance to governments and organizations in the U S See Part IV, line 21 2 Grants and other assistance to individuals in the U S See Part IV, line 22 3 Grants and other assistance to governments, organizations, and individuals outside the U S See Part IV, lines 15 and 16 4 Benefits paid to or for members 5 Compensation of current officers, directors, trustees, and key employees 6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons		
U S See Part IV, line 22 Grants and other assistance to governments, organizations, and individuals outside the U S See Part IV, lines 15 and 16 Benefits paid to or for members Compensation of current officers, directors, trustees, and key employees Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	190,310	
Grants and other assistance to governments, organizations, and individuals outside the U.S. See Part IV, lines 15 and 16 Benefits paid to or for members Compensation of current officers, directors, trustees, and key employees Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	190,310	
Compensation of current officers, directors, trustees, and key employees	190,310	
key employees Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons	190,310	_
(as defined under section 4958(f)(1)) and persons		89,119
described in section 4958(c)(3)(B)		
7 Other salaries and wages 3,869,322 3,494,857	342,907	31,558
8 Pension plan contributions (include section 401(k) and section 403(b) employer contributions)	20,156	
9 Other employee benefits	25,357	820
10 Payroll taxes	39,269	9,973
a Fees for services (non-employees) Management		
b Legal		
c Accounting	31,037	
d Lobbying		
e Professional fundraising services See Part IV, line 17		
f Investment management fees 4,733	4,733	
g Other	4,947	2,161
12 Advertising and promotion	9,577	471
13 Office expenses	29,546	11,515
14 Information technology		, , , , , , , , , , , , , , , , , , ,
15 Royalties		
16 Occupancy	30,252	1,710
17 Travel	2,459	56
18 Payments of travel or entertainment expenses for any federal, state, or local public officials	2,133	
19 Conferences, conventions, and meetings	24,771	
20 Interest	38,607	3,535
21 Payments to affiliates		·
22 Depreciation, depletion, and amortization	25,379	1,303
23 Insurance	15,891	1,125
Other expenses Itemize expenses not covered above (List miscellaneous expenses in line 24f If line 24f amount exceeds 10% of line 25, column (A) amount, list line 24f expenses on Schedule O)		
a EQUIPMENT RENTAL AND MA 238,961 199,973	38,799	189
b DUES 111,028 106,693	4,335	
c OTHER 31,292 12,424	18,726	142
d BAD DEBT 15,920 5,940	9,980	
e e		
f All other expenses		
25 Total functional expenses. Add lines 1 through 24f 8,451,581 7,390,866	907,038	153,677
Joint costs. Check here ► ☐ If following SOP 98-2 (ASC 958-720) Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation		

Pa	rt X	Balance Sheet					
					(A) Beginning of year		(B) End of year
	1	Cash—non-interest-bearing			478,518	1	518,561
	2	Savings and temporary cash investments		1,731,231	2	1,294,329	
	3	Pledges and grants receivable, net			314,020	3	201,378
	4	Accounts receivable, net			134,038	4	156,152
	5	Receivables from current and former officers, directors, trustees highest compensated employees. Complete Part II of	employees, and				
		Schedule L				5	
	6	Receivables from other disqualified persons (as defined under spersons described in section $4958(c)(3)(B)$, and contributing e sponsoring organizations of section $501(c)(9)$ voluntary employorganizations (see instructions)					
ets		Schedule L				6	
ssets	7	Notes and loans receivable, net			7		
₹	8	Inventories for sale or use				8	
	9	Prepaid expenses and deferred charges			71,760	9	85,682
	10a	Land, buildings, and equipment cost or other basis <i>Complete Part VI of Schedule D</i>	10a	14,630,118			
	ь	Less accumulated depreciation	10b	4,040,703	8,916,577	10c	10,589,415
	11	Investments—publicly traded securities			466,873	11	508,262
	12	Investments—other securities See Part IV, line 11				12	
	13	Investments—program-related See Part IV, line 11		13			
	14	Intangible assets		14			
	15	Other assets See Part IV, line 11	789,330	15	107,325		
	16	Total assets. Add lines 1 through 15 (must equal line 34) .			12,902,347	16	13,461,104
	17	Accounts payable and accrued expenses .			495,946	17	396,733
	18	Grants payable				18	
	19	Deferred revenue			366,561	19	405,700
	20	Tax-exempt bond liabilities			6,610,826	20	6,500,032
es S	21	Escrow or custodial account liability Complete Part IV of Schedul	le D .			21	
abilities	22	Payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified					
Ē		persons Complete Part II of Schedule L				22	
	23	Secured mortgages and notes payable to unrelated third parties			262,800	23	244,234
	24	Unsecured notes and loans payable to unrelated third parties				24	
	25	Other liabilities Complete Part X of Schedule D			24,192	25	75,977
	26	Total liabilities. Add lines 17 through 25			7,760,325	26	7,622,676
Fund Balances		Organizations that follow SFAS 117, check here ▶ and compared through 29, and lines 33 and 34.	olete li	ines 27			
ğ	27	Unrestricted net assets			4,601,036	27	5,547,256
<u>~</u>	28	Temporarily restricted net assets		480,986	28	231,172	
=	29	Permanently restricted net assets	60,000	29	60,000		
5		Organizations that do not follow SFAS 117, check here ▶ ☐ ar	nd com	plete			
9		lines 30 through 34.		•			
	30	Capital stock or trust principal, or current funds				30	
Assets	31	Paid-in or capital surplus, or land, building or equipment fund				31	
Ą	32	Retained earnings, endowment, accumulated income, or other fu	ınds			32	
Net	33	Total net assets or fund balances			5,142,022	33	5,838,428
2	34	Total liabilities and net assets/fund balances			12,902,347	34	13,461,104

Pal	Check if Schedule O contains a response to any question in this Part XI				
1	Total revenue (must equal Part VIII, column (A), line 12)	1		9.1	19,91
2	Total expenses (must equal Part IX, column (A), line 25)	2		•	151,58
3	Revenue less expenses Subtract line 2 from line 1	3		é	568,33
4	Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))	4		5,1	142,02
5	Other changes in net assets or fund balances (explain in Schedule O)	5			28,07
6	Net assets or fund balances at end of year Combine lines 3, 4, and 5 (must equal Part X, line 33, column (B))	6		5,8	338,42
Par	Table Transport	•		F	
1	Accounting method used to prepare the Form 990			Yes	No
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?		2a		Νo
b	Were the organization's financial statements audited by an independent accountant?	[2b	Yes	
c	If "Yes," to 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant? If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O		2c	Yes	
d	If "Yes" to line 2a or 2b, check a box below to indicate whether the financial statements for the year were is on a separate basis, consolidated basis, or both	sued			
	Separate basis Consolidated basis Both consolidated and separated basis				
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	_	3a		Νο
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the reaudit or audits, explain why in Schedule O and describe any steps taken to undergo such audits	quired	3b		

SCHEDULE A (Form 990 or 990EZ)

Department of the Treasury Internal Revenue Service

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Public Charity Status and Public Support

Attach to Form 990 or Form 990-EZ. See separate instructions.

Reason for Public Charity Status (All organizations must complete this part.) See instructions

A church, convention of churches, or association of churches described in section 170(b)(1)(A)(i).

The organization is not a private foundation because it is (For lines 1 through 11, check only one box)

OMB No 1545-0047

Inspection

Name of the organization METROWEST YMCA INC

Employer identification number

04-2281530

3		,, 50,,0,	oi described	ın section 170(b)(1)(A)(II).(A1	tach Sche	dule E)					
_	\sqcap	A hospi	tal or a coo	perative hospital ser	vice organiz	zatıon desc	rıbed ın secti	on 170 (b)(1	L)(A)(iii).			
4	Γ			ı organızatıon operat ty, and state	ed ın conjur	iction with	a hospital des	scribed in s e	ection 170(b)	(1)(A)(iii). E	nter the	
5	Γ			erated for the benefit		or univers	sity owned or	operated by	a governmen	tal unıt desc	rıbed ın	
_	_		ection 170(b)(1)(A)(iv). (Complete Part II) federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v).									
6 -	<u> </u>			-	-							_
7	1	An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in section 170(b)(1)(A)(vi) (Complete Part II)										
8	\Box			described in section	-	A)(vi) (Co	mplete Part I	ΞΙ)				
9	굣	An orga	An organization that normally receives (1) more than 331/3% of its support from contributions, membership fees, and gross								ss	
		receipts	s from activ	ities related to its ex	empt functi	ons—subje	ct to certain e	exceptions,	and (2) no mo	ore than 331/	3% of	
				oss investment incor								
			_	anızatıon after June				•		,		
.0	Г			anized and operated								
1	_			Janized and operated						to carry out t	he purpos	ses of
				y supported organiza bes the type of supp						ee section 5	09(a)(3).	Check
		_	Type I	b Type II			II - Functiona			d	III - Otl	ner
e	Γ			ox, I certify that the o								
			509(a)(2)	on managers and oth	iei tilali olle	or more po	iblicity suppor	teu organiza	ations describ	eu III sectioi	1 3 0 3 (a)(1)01
f			. , . ,	received a written de	termination	from the I	RS that it is a	Type I, Ty	pe II or Type	III supportir	ig organiz	ation,
		checkt						_				Г
g				006, has the organi	zation accei	oted any gi	ft or contribut	ion from an	y of the			
			g persons? rson who du	rectly or indirectly co	ontrols, eith	er alone or	together with	nersons de	escribed in (ii)		Yes	No
				governing body of the	· ·		_	, p = 1 = 1 = 1		11g		
			•	r of a person describ		-				11g(-
			•	led entity of a persor			ahove?			11g(\vdash
h				ig information about							/	
		1100140	the followin	ig information about	the support	cu organiza						
				(iii)	(iv)							
	/: \			Type of	Is th		Did you no		(vi	-		
N	(i) Name		/ii\	organization (described on	organizat		organiza	•	organiza		(v	ıii)
	uppor		(ii) EIN	lines 1- 9 above	col (ı) lıs		col (ı) o		col (i) or		A mo	unt of
	janıza			or IRC section	your gove docume		suppo		ın the l	-	sup	port
_				(see	docume	; iii. '				_	4	
				instructions))	Yes	No	Yes	No	Yes	No		
						 						
						1						
										+		
						+		+			-	

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1) (A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

	dider rate III. If the	organización i	ans to quanty t	maci die tests	iisted below, pie	case complet	c raic III.
S	ection A. Public Support		_				
Cale	endar year (or fiscal year beginning in)	(a) 2006	(b) 2007	(c) 2008	(d) 2009	(e) 2010	(f) Total
1	Gifts, grants, contributions, and						
	membership fees received (Do not						
	ınclude any "unusual						
	grants ")						
2	Tax revenues levied for the						
	organization's benefit and either						
	paid to or expended on its						
_	behalf						
3	The value of services or facilities						
	furnished by a governmental unit to						
	the organization without charge						
	Total. Add lines 1 through 3						
5	The portion of total contributions by						
	each person (other than a						
	governmental unit or publicly						
	supported organization) included on line 1 that exceeds 2% of the						
	amount shown on line 11, column						
	(f)						
6	Public Support. Subtract line 5 from						
Ü	line 4						
S	ection B. Total Support	1				I	
	endar year (or fiscal year beginning						
Cur	in) ►	(a) 2006	(b) 2007	(c) 2008	(d) 2009	(e) 2010	(f) Total
7	A mounts from line 4						
8	Gross income from interest,						
0	dividends, payments received on						
	securities loans, rents, royalties						
	and income from similar						
	sources						
9	Net income from unrelated						
-	business activities, whether or						
	not the business is regularly						
	carried on						
10	Other income Do not include gain						
	or loss from the sale of capital						
	assets (Explain in Part IV)						
11	Total support (Add lines 7						
	through 10)						
12	Gross receipts from related activities	es, etc (See inst	ructions)			12	
13	First Five Years If the Form 990 is f	or the organization	on's first, second	, third, fourth, or	fifth tax year as a	501(c)(3) orga	nızatıon,
	check this box and stop here	_	r		•	. , . , -	▶ ┌॔
S	ection C. Computation of Pub	lic Support P	ercentage				
14	Public Support Percentage for 2010	(lıne 6 column (f) divided by line	11 column (f))		14	
15	Public Support Percentage for 2009	Schedule A Par	rt II line 14			15	
							
16a	33 1/3% support test—2010. If the				line 14 is 33 1/3%	or more, chec	
	and stop here. The organization qua	•				2.2.4.204	▶ [
b	33 1/3% support test—2009. If the				oa, and line 15 is :	1/3% or mor	. -
17-	box and stop here. The organization				12 16 1C	handler - 4.4	▶
r/a	10%-facts-and-circumstances test-						ın.
	is 10% or more, and if the organization made			•			
	in Part IV how the organization mee	is the facts and	circumstances"	test ine organiz	acion quanifies as	a publicly supp	orted F
L	organization 10%-facts-and-circumstances test-	_2000 Ifthe era	anization did not	chack a hay an lu	no 13 165 166 5	or 17a and line	F1
ט	15 is 10% or more, and if the organ						
	Explain in Part IV how the organizat			•		<u>-</u>	clv
	supported organization	aon meets the 16	aces and circuitis	tances test life	. organization qual	iiiies as a publi	LIY ▶
18	Private Foundation If the organizati	on did not check	a box on line 13	. 16a. 16b. 17a o	r 17b. check this	box and see	- 1
	instructions	a.a not eneck		, , 0 0 , 7 0 0	. 2. 2, 511558 61115		▶ □

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 9 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Se	ction A. Public Support						
	ndar year (or fiscal year beginning in) ►	(a) 2006	(b) 2007	(c) 2008	(d) 2009	(e) 2010	(f) Total
1	Gifts, grants, contributions, and membership fees received (Do no include any "unusual grants")	t 904,058	1,595,789	1,682,143	1,014,803	956,105	6,152,89
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose	4,587,513	5,120,593	5,637,387	7,106,051	8,023,833	30,475,37
3	Gross receipts from activities that are not an unrelated trade or	:					
4	business under section 513 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5	The value of services or facilities furnished by a governmental unit to the organization without charge						
	Total. Add lines 1 through 5 A mounts included on lines 1, 2, and 3 received from disqualified persons	5,491,571	6,716,382	7,319,530	8,120,854	8,979,938	36,628,27
_	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
8	Add lines 7a and 7b Public Support (Subtract line 7c from line 6)						36,628,27
Se	ction B. Total Support					•	
	ndar year (or fiscal year beginning	(a) 2006	(b) 2007	(c) 2008	(d) 2009	(e) 2010	(f) Total
Cale	ın)	(a) 2006 5,491,571	(b) 2007 6,716,382	(c) 2008 7,319,530	(d) 2009 8,120,854	(e) 2010 8,979,938	(f) Total
					· · ·		
Cale 9 10a b	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975	5,491,571 47,851	6,716,382	7,319,530	8,120,854 38,428	8,979,938 27,085	36,628,27 256,60
Cale 9 10a	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after	5,491,571	6,716,382	7,319,530	8,120,854	8,979,938	36,628,27
Cale 9 10a b	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the	5,491,571 47,851	6,716,382	7,319,530	8,120,854 38,428	8,979,938 27,085	36,628,27 256,60
9 100a b	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c,	5,491,571 47,851 47,851	104,731	7,319,530 38,510 38,510	8,120,854 38,428 38,428	8,979,938 27,085 27,085	36,628,27 256,60 256,60
Cale 9 10a b c 11	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV)	5,491,571 47,851 47,851 83,864 5,623,286	6,716,382 104,731 104,731 63,331 6,884,444	7,319,530 38,510 38,510 64,774 7,422,814	8,120,854 38,428 38,428 184,080 8,343,362	8,979,938 27,085 27,085 123,387 9,130,410	36,628,27 256,60 256,60 519,43 37,404,31
Cale 9 10a b c 11 12	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is check this box and stop here	5,491,571 47,851 47,851 83,864 5,623,286 for the organization	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second,	7,319,530 38,510 38,510 64,774 7,422,814	8,120,854 38,428 38,428 184,080 8,343,362	8,979,938 27,085 27,085 123,387 9,130,410	36,628,27 256,60 256,60 519,43 37,404,31) organization,
Cale 9 10a b c 11 12	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is	5,491,571 47,851 47,851 83,864 5,623,286 for the organization	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second,	7,319,530 38,510 38,510 64,774 7,422,814 third, fourth, or f	8,120,854 38,428 38,428 184,080 8,343,362	8,979,938 27,085 27,085 123,387 9,130,410	36,628,27 256,60 256,60 519,43 37,404,31) organization,
Cale 9 10a b c 11 12	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is check this box and stop here	5,491,571 47,851 47,851 83,864 5,623,286 for the organization blic Support Pe 0 (line 8 column (f	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second,	7,319,530 38,510 38,510 64,774 7,422,814 third, fourth, or f	8,120,854 38,428 38,428 184,080 8,343,362	8,979,938 27,085 27,085 123,387 9,130,410 section501(c)(3	36,628,27 256,60 256,60 519,43 37,404,31) organization,
Cale 9 10a b c 11 12 13 14 See 15 16	A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is check this box and stop here	5,491,571 47,851 47,851 83,864 5,623,286 for the organization Dlic Support Pe 0 (line 8 column (f	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second, rcentage) divided by line int III, line 15	7,319,530 38,510 38,510 64,774 7,422,814 third, fourth, or f	8,120,854 38,428 38,428 184,080 8,343,362	8,979,938 27,085 27,085 123,387 9,130,410 section501(c)(3	36,628,27 256,60 256,60 519,43 37,404,31) organization,
Cale 9 10a b c 11 12 13 14 See 15 16	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is check this box and stop here	5,491,571 47,851 47,851 83,864 5,623,286 for the organization Dic Support Pe 0 (line 8 column (f 0 9 Schedule A , Pa	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second, rcentage) divided by line rt III, line 15 me Percentage	7,319,530 38,510 38,510 64,774 7,422,814 third, fourth, or f	8,120,854 38,428 38,428 184,080 8,343,362 ifth tax year as a	8,979,938 27,085 27,085 123,387 9,130,410 section501(c)(3	36,628,27 256,60 256,60 519,43 37,404,31) organization,
Cale 9 10a b c 11 12 13 14 See 15 16	In) A mounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV) Total support (Add lines 9, 10c, 11 and 12) First Five Years If the Form 990 is check this box and stop here ection C. Computation of Pul Public Support Percentage from 20	5,491,571 47,851 47,851 83,864 5,623,286 for the organization olic Support Pe 0 (line 8 column (f 0 9 Schedule A , Pa	6,716,382 104,731 104,731 63,331 6,884,444 n's first, second, rcentage) divided by line int III, line 15 me Percentage umn (f) divided b	7,319,530 38,510 38,510 64,774 7,422,814 third, fourth, or f	8,120,854 38,428 38,428 184,080 8,343,362 ifth tax year as a	8,979,938 27,085 27,085 123,387 9,130,410 section501(c)(3	36,628,27 256,60 256,60 519,43 37,404,31) organization, 97 930 % 97 840 %

more than 33 1/3%, check this box and **stop here.** The organization qualifies as a publicly supported

►V organization 33 1/3% support tests—2009. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3% and line

18 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization

Private Foundation If the organization did not check a box on line 14, 19a or 19b, check this box and see instructions

Part IV	Supplemental Information. Supplemental Information. Complete this part to provide the explanations
	required by Part II, line 10; Part II, line 17a or 17b; and Part III, line 12. Also complete this part for any
	additional information. (See instructions).

Facts And	Circumstances	Test

Explanation

SCHEDULE A, PART II, LINE 12, EXPLANATION OF OTHER INCOME OTHER INCOME SCHEDULE A, PART II, LINE 12, EXPLANATION OF OTHER INCOME OTHER INCOME

Schedule A (Form 990 or 990-EZ) 2010

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As Filed Data

DLN: 93493133045031

OMB No 1545-0047

SCHEDULE D (Form 990)

Department of the Treasury

Supplemental Financial Statements ► Complete if the organization answered "Yes," to Form 990,

Open to Public

Part IV, line 6, 7, 8, 9, 10, 11, or 12. Internal Revenue Service Inspection ► Attach to Form 990. ► See separate instructions. Name of the organization **Employer identification number** METROWEST YMCA INC 04-2281530 Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Complete if the organization answered "Yes" to Form 990, Part IV, line 6. (a) Donor advised funds (b) Funds and other accounts Total number at end of year Aggregate contributions to (during year) 3 Aggregate grants from (during year) Aggregate value at end of year Did the organization inform all donors and donor advisors in writing that the assets held in donor advised □ No funds are the organization's property, subject to the organization's exclusive legal control? Did the organization inform all grantees, donors, and donor advisors in writing that grant funds may be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit Part II Conservation Easements. Complete if the organization answered "Yes" to Form 990, Part IV, line 7. Purpose(s) of conservation easements held by the organization (check all that apply) Preservation of land for public use (e.g., recreation or pleasure) Preservation of an historically importantly land area Preservation of a certified historic structure Protection of natural habitat Preservation of open space Complete lines 2a-2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year Held at the End of the Year Total number of conservation easements 2a Total acreage restricted by conservation easements 2b Number of conservation easements on a certified historic structure included in (a) 2c Number of conservation easements included in (c) acquired after 8/17/06 Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during 3 the taxable year 🛌 Number of states where property subject to conservation easement is located **\(\mathbb{F}_{\top}\)** Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds? Staff and volunteer hours devoted to monitoring, inspecting and enforcing conservation easements during the year 🕨 A mount of expenses incurred in monitoring, inspecting, and enforcing conservation easements during the year 🕨 🛊 🔛 Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(ı) and 170(h)(4)(B)(ıı)? In Part XIV, describe how the organization reports conservation easements in its revenue and expense statement, and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets. Complete if the organization answered "Yes" to Form 990, Part IV, line 8. If the organization elected, as permitted under SFAS 116, not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education or research in furtherance of public service, provide, in Part XIV, the text of the footnote to its financial statements that describes these items If the organization elected, as permitted under SFAS 116, to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items

If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the

following amounts required to be reported under SFAS 116 relating to these items

(i) Revenues included in Form 990, Part VIII, line 1

Revenues included in Form 990, Part VIII, line 1

(ii) Assets included in Form 990, Part X

Assets included in Form 990, Part X

3	Using the organization's accession and other										continuea)
,	items (check all that apply)	records, check an	y 01 ti	16 1011	owing t	iiat a	re a significa	1111 0	ise of its conec	LIOII	
а	Public exhibition		d	Γ	Loan	orexo	:hange progr	ams			
b	Scholarly research		e	\vdash	Other						
С	Preservation for future generations										
4	Provide a description of the organization's co	llections and expla	ain ho	w they	/ furthe	r the	organızatıon	's ex	kempt purpose	ın	
5	During the year, did the organization solicit o	r receive donation:	s of ar	rt, his	toricali	treas	ures or othe	rsın	nılar		
	assets to be sold to raise funds rather than t									Yes	No
Pai	rt IV Escrow and Custodial Arrang Part IV, line 9, or reported an an						n answere	d "Y	es" to Form 9	990, 	
1a	Is the organization an agent, trustee, custod included on Form 990, Part X?					tions	or other ass	ets	not	┌ Yes	☐ No
b	If "Yes," explain the arrangement in Part XIV	and complete the	follov	ving ta	able		Г		An	nount	
c	Beginning balance						_	1c			
d	Additions during the year							1d			
e	Distributions during the year						ļ	1e			
f	Ending balance							1f			
2a	Did the organization include an amount on Fo	orm 990. Part X. lin	e 21?	,			L		L	┌ Yes	
 b	If "Yes," explain the arrangement in Part XIV									,	,
	rt V Endowment Funds. Complete		n ans	swere	ed "Yes	s" to	Form 990.	Pai	t IV. line 10.		
		(a)Current Year) Prior \			wo Years Back		Three Years Back	(e)Four	Years Back
1a	Beginning of year balance	60,000			60,000		60,00	0			
b	Contributions										
c	Investment earnings or losses										
d	Grants or scholarships										
e	Other expenditures for facilities and programs										
f	Administrative expenses										
g	End of year balance	60,000			60,000		60,00	0			
2	Provide the estimated percentage of the yea	r end balance held	as								
а	Board designated or quasi-endowment 🕨										
ь	Permanent endowment 100 000 %										
c	Term endowment ▶										
3a	Are there endowment funds not in the posses organization by	ssion of the organiz	atıon	that a	re held	and	admınıstere	d for	the	Yes	i No
	(i) unrelated organizations					•			3a	(i)	No
	(ii) related organizations								3a(ii)	No
ь	If "Yes" to 3a(II), are the related organization								3	ь	
4	Describe in Part XIV the intended uses of th										
Par	rt VI Investments—Land, Buildings	s, and Equipme	nt. S	See F	orm 99	90, P	art X, line	<u> 10.</u>	Γ	_	
	Description of investment			(a) basis	Cost or o	other nent)	(b) Cost or of basis (othe		(c) Accumulated depreciation	(d) E	Book value
1a	Land						195	,136			195,136
b	Buildings		•				13,774	,774	3,630,44	9	10,144,325
c	Leasehold improvements										
d	Equipment						623	,827	399,87	3	223,954
е	Other	<u></u>	•				36	,381	10,38	1	26,000
	il. Add lines 1a-1e <i>(Column (d) should equal Fo</i>	rm 990, Part X, colu	mn (B), line	10(c).)						10,589,415
									Schedule [) (Form	990) 2010

Part VIII Investments—Other Securities. See	FORTH 990, Part X, IIIIe 12	
(a) Description of security or category	(b)Book value	(c) Method of valuation
(including name of security)	(B)Book value	Cost or end-of-year market value
(1)Financial derivatives		
(2)Closely-held equity interests		
Other		
o ther		
Total. (Column (b) should equal Form 990, Part X, col (B) line 12)		
Part VIII Investments—Program Related. See		13
Part VIII Investments—Frogram Related. See	T	
(a) Description of investment type	(b) Book value	(c) Method of valuation Cost or end-of-year market value
		Cost of end-of-year market value
Total. (Column (b) should equal Form 990, Part X, col (B) line 13)		
Part IX Other Assets. See Form 990, Part X, lin		
(a) Descrip	tion	(b) Book value
Total. (Column (b) should equal Form 990, Part X, col.(B) line 15	5.)	
Part X Other Liabilities. See Form 990, Part X	, line 25.	
Part X Other Liabilities. See Form 990, Part X	, line 25.	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X (a) Description of Liability	, line 25.	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X 1 (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	
Part X Other Liabilities. See Form 990, Part X (a) Description of Liability Federal Income Taxes	, line 25. (b) A mount	

1	Total revenue (Form 990, Part VIII, column (A), line 12)	1	9,119,913
2	Total expenses (Form 990, Part IX, column (A), line 25)	2	8,451,581
3	Excess or (deficit) for the year Subtract line 2 from line 1	3	668,332
4	Net unrealized gains (losses) on investments	4	28,074
5	Donated services and use of facilities	5	
6	Investment expenses	6	
7	Prior period adjustments	7	
8	Other (Describe in Part XIV)	8	
9	Total adjustments (net) Add lines 4 - 8	9	28,074
10	Excess or (deficit) for the year per financial statements Combine lines 3 and 9	10	696,406
Par	t XII Reconciliation of Revenue per Audited Financial Statements With Revenue p	er Re	turn
1	Total revenue, gains, and other support per audited financial statements	1	8,524,398
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12		
а	Net unrealized gains on investments		
b	Donated services and use of facilities		
c	Recoveries of prior year grants		
d	Other (Describe in Part XIV) 2d		
e	Add lines 2a through 2d	2e	28,074
3	Subtract line 2e from line 1	3	8,496,324
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1		
а	Investment expenses not included on Form 990, Part VIII, line 7b . 4a		
Ь	Other (Describe in Part XIV)		
c	Add lines 4a and 4b	4c	623,589
5	Total Revenue Add lines 3 and 4c. (This should equal Form 990, Part I, line 12)	5	9,119,913
	Reconciliation of Expenses per Audited Financial Statements With Expenses	s per l	
1	Total expenses and losses per audited financial statements	1	7,827,992
2	A mounts included on line 1 but not on Form 990, Part IX, line 25		
а	Donated services and use of facilities		
ь	Prior year adjustments		
c	Other losses		
d	Other (Describe in Part XIV) 2d		
e	Add lines 2a through 2d	2e	0
3	Subtract line 2e from line 1	3	7,827,992
4	A mounts included on Form 990, Part IX, line 25, but not on line 1:		
а	Investment expenses not included on Form 990, Part VIII, line 7b 4a		
ь	Other (Describe in Part XIV)		
c	Add lines 4a and 4b	4c	623,589
5	Total expenses Add lines 3 and 4c. (This should equal Form 990, Part I, line 18)	5	8,451,581

Part XI Reconciliation of Change in Net Assets from Form 990 to Financial Statements

Part XIV Supplemental Information

Complete this part to provide the descriptions required for Part II, lines 3, 5, and 9, Part III, lines 1a and 4, Part IV, lines 1b and 2b, Part V, line 4, Part X, Part XI, line 8, Part XII, lines 2d and 4b, and Part XIII, lines 2d and 4b Also complete this part to provide any additional information

Ident if ier	Return Reference	Explanation
DESCRIPTION OF INTENDED USE OF ENDOWMENT FUNDS		BOARD DESIGNATED NET ASSETS REPRESENT FUNDS SET ASIDE BY THE BOARD OF DIRECTORS TO CREATE AN "ENDOWMENT FUND" IN WHICH EARNINGS WILL BE USED FOR RETIREMENT OF LONG-TERM FINANCING THE USE OF THESE FUNDS REQUIRES THE APPROVAL OF THE BOARD OF DIRECTORS
DESCRIPTION OF UNCERTAIN TAX POSITIONS UNDER FIN 48		THE YMCA FOLLOWS ACCOUNTING FOR UNCERTAINTY IN INCOME TAXES STANDARD WHICH REQUIRES THE YMCA TO REPORT UNCERTAIN TAX POSITIONS, RELATED INTEREST AND PENALTIES, AND TO ADJUST ITS ASSETS AND LIABILITIES RELATED TO UNRECOGNIZED TAX BENEFITS AND ACCRUED INTEREST AND PENALTIES ACCORDINGLY AS OF DECEMBER 31, 2010, THE YMCA DETERMINED THAT THERE ARE NO MATERIAL UNRECOGNIZED TAX BENEFITS TO REPORT
		SCHEDULE D, PAGE 4, PART XII AND XIII, LINE 4B - \$4,733 OF INVESTMENT FEES, \$618,856 OF GRANT EXPENSE ARE NETTED WITH INVESTMENT INCOME, PROGRAM FEES AND DUES RESPECTIVELY PER THE AUDITED FINANCIAL STATEMENTS

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Grants and Other Assistance to Organizations, Governments and Individuals in the United States

Inspection

Department of the Treasury Internal Revenue Service

Schedule I

(Form 990)

Complete if the organization answered "Yes," to Form 990, Part IV, line 21 or 22. ► Attach to Form 990

Employer identification number Name of the organization METROWEST YMCA INC 04-2281530 Part I General Information on Grants and Assistance Does the organization maintain records to substantiate the amount of the grants or assistance, the grantees' eligibility for the grants or assistance, and Describe in Part IV the organization's procedures for monitoring the use of grant funds in the United States Grants and Other Assistance to Governments and Organizations in the United States. Complete if the organization answered "Yes" to Form 990, Part IV, line 21 for any recipient that received more than \$5,000. Check this box if no one recipient received more than \$5,000. Part II can be 1 (a) Name and address of **(b)** EIN (c) IRC Code (d) A mount of cash (e) A mount of non-(f) Method of (a) Description of (h) Purpose of grant organization section grant valuation non-cash assistance or assistance cash or government ıf applıcable assistance (book, FMV, appraisal, other)

Part III Grants and Other Assistance to Individuals in the United States. Complete if the organization answered "Yes" to Form 990, Part IV, line 22. Use Schedule I-1 (Form 990) if additional space is needed.

(a)Type of grant or assistance	(b) Number of recipients	(c)A mount of cash grant	(d)A mount of non-cash assistance	(e)Method of valuation (book, FMV, appraisal, other)	(f)Description of non-cash assistance
(1) ASSISTANCE TO INDIVIDUALS FOR MEMBERSHIP DUES, AND PROGRAM AND CHILDCARE FEES	2499	0	618,856		MEMBERSHIP DUES, AND PROGRAM AND CHILDCARE FEES

Supplemental Information. Complete this part to provide the information required in Part I, line 2, and any other additional information.

Ident if ier	Return Reference	Explanation
	PART I, LINE 2	SCHEDULE I, PART I, LINE 2 THE METROWEST YMCA PROVIDES FINANCIAL ASSISTANCE TO LOWINCOME INDIVIDUALS ENABLING THEM TO PARTICIPATE IN YMCA PROGRAMS AND MEMBERSHIP SERVICES AT A REDUCED RATE THE RATE IS BASED ON A SLIDING FEE SCALE DETERMINATION OF THE AMOUNT OF ASSISTANCE PROVIDED IS DEPENDENT ON FAMILY INCOME, FAMILY SIZE AND OTHER SPECIAL FINANCIAL CIRCUMSTANCES APPLICANTS ARE REQUIRED TO COMPLETE A REQUEST APPLICATION AND SUBMIT ALONG WITH THAT REQUEST A COPY OF THEIR FEDERAL TAX RETURN, CURRENT PAY CHECK STUBS AND OTHER SUPPLEMENTAL INFORMATION IF NEEDED TO SUPPORT THEIR FINANCIAL POSITION DEPENDING ON PROGRAM AREA AND FAMILY CIRCUMSTANCES, FINANCIAL ASSISTANCE IS GRANTED FOR A 6 OR 12 MONTH PERIOD ALL FINANCIAL ASSISTANCE IS IN THE FORM OF PROGRAM OR MEMBERSHIP FEE SUBSIDY NO CASH IS PROVIDED TO
		INDIVIDUALS RECORDS ARE KEPT IN A SECURE FILE TO DOCUMENT THAT REQUEST APPLICATION AND FEE REDUCTION

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DLN: 93493133045031

OMB No 1545-0047

Schedule J (Form 990)

Department of the Treasury

Internal Revenue Service

Compensation Information For certain Officers, Directors, Trustees, Key Employees, and Highest

Compensated Employees ► Complete if the organization answered "Yes" to Form 990, Part IV, question 23.

► Attach to Form 990. ► See separate instructions.

Open to Public Inspection

Name of the organization METROWEST YMCA INC

Employer identification number

04-2281530

Pa	Questions Regarding Compensation	on				
					Yes	Νo
1a	Check the appropiate box(es) if the organization pr 990, Part VII, Section A, line 1a Complete Part II		ny of the following to or for a person listed in Form vide any relevant information regarding these items			
	First-class or charter travel	Г	Housing allowance or residence for personal use			
	Travel for companions	Γ	Payments for business use of personal residence			
	Tax idemnification and gross-up payments	Г	Health or social club dues or initiation fees			
	Discretionary spending account	Г	Personal services (e g , maid, chauffeur, chef)			
b	If any of the boxes in line 1a are checked, did the creimbursement orprovision of all the expenses des			1b		
2	Did the organization require substantiation prior to officers, directors, trustees, and the CEO/Executiv			2		
3	Indicate which, if any, of the following the organization organization's CEO/Executive Director Check all to		у			
	Compensation committee	<u> </u>	Written employment contract			
	Independent compensation consultant	 	Compensation survey or study			
	Form 990 of other organizations	<u> </u>	Approval by the board or compensation committee			
4	During the year, did any person listed in Form 990, or a related organization	, Part VII	I, Section A, line 1a with respect to the filing organization			
а	Receive a severance payment or change-of-contro	l paymer	nt from the organization or a related organization?	4a		Νo
Ь	Participate in, or receive payment from, a supplement	ental non	qualified retirement plan?	4b		Νo
c	Participate in, or receive payment from, an equity-	based co	mpensation arrangement?	4c		Νo
	If "Yes" to any of lines 4a-c, list the persons and p	rovide th	ne applicable amounts for each item in Part III			
	Only 501(c)(3) and 501(c)(4) organizations only m	nust comp	plete lines 5-9.			
5	For persons listed in form 990, Part VII, Section A compensation contingent on the revenues of	, line 1a,	, did the organization pay or accrue any			
а	The organization?			5a		Νo
b	Any related organization?			5b		Νo
	If "Yes," to line 5a or 5b, describe in Part III					
6	For persons listed in form 990, Part VII, Section A compensation contingent on the net earnings of	, line 1a,	, did the organization pay or accrue any			
а	The organization?			6a	<u> </u>	Νo
b	Any related organization?			6b		Νo
	If "Yes," to line 6a or 6b, describe in Part III					
7	For persons listed in Form 990, Part VII, Section Apayments not described in lines 5 and 6? If "Yes,"			7		Νo
8	Were any amounts reported in Form 990, Part VII,					
	subject to the initial contract exception described in Part III	ın Regs	section 53 4958-4(a)(3)? If "Yes," describe			l
				8		No
9	If "Yes" to line 8, did the organization also follow the section 53 4958-6(c)?	he rebutt	able presumption procedure described in Regulations	9		

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported in Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions on row (ii) Do not list any individuals that are not listed on Form 990, Part VII

Note. The sum of columns (B)(I)-(III) must equal the applicable column (D) or column (E) amounts on Form 990, Part VII, line 1a

(A) Name		(B) Breakdown of	W-2 and/or 1099-MI:	SC compensation	(C) Retirement and	(D) Nontaxable	(E) Total of columns	(F) Compensation
		(i) Base compensation	compensation compensation		other deferred compensation	benefits	(B)(ı)-(D)	reported in prior Form 990 or Form 990-EZ
(1) JEANNE MCALLISTER	(I) (II)	155,171 0	0	0	0	,	178,239 0	0
(2)								
(3)								
(4)								
(5)								
(6)								
(7)								
(8)								
(9)								
(10)								
(11)								
(12)								
(13)								
(14)								
(15)								
(16)								

Schedule J (Form 990) 2010 Page **3**

Part III Supplemental Information

Complete this part to provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 4c, 5a, 5b, 6a, 6b, 7, and 8 Also complete this part for any additional information

Identifier Return Reference Explanation

Schedule J (Form 990) 2010

DLN: 93493133045031

OMB No 1545-0047

Schedule K **Supplemental Information on Tax Exempt Bonds** (Form 990)

▶ Complete if the organization answered "Yes" to Form 990, Part IV, line 24a. Provide descriptions, explanations, and any additional information in Schedule O (Form 990). ► Attach to Form 990. ► See separate instructions.

Open to Public **Inspection**

Name of the organization METROWEST YMCA INC

Department of the Treasury

Internal Revenue Service

Employer identification number 04-2281530

P	art I Bond Issues														
	(a) Issuer Name	(b) Issuer EIN	(c) CUSIP #	(d) Date Issued	(e) Issue Pr	rice	(f)) Description	of Purpose	(g) De	feased	Beh	On alf of uer		Pool ncing
										Yes	No	Yes	No	Yes	No
A _	MASSACHUSETTS DEVELOPMENT FINANCE AGENCY	04-3431814		08-01-2007	6,700,	,000	YM CA FA C I	OVATION OF A'S FRAMINO LITY AND RI E PAYABLE			X		Х		x
_															
_															
Pa	art II Proceeds		1												
					А			E			С			D	
1	A mount of bonds retired														
2	A mount of bonds legally defea	ised													
3	Total proceeds of issue														
4	Gross proceeds in reserve fun	nds													
5	Capitalized interest from proc	eeds													
6	Proceeds in refunding escrow													,	
7	Issuance costs from proceeds	S													
8	Credit enhancement from proc	eeds													
9	Working capital expenditures	from proceeds												,	
10	Capital expenditures from pro	ceeds													
11	Other spent proceeds														
12	Other unspent proceeds													,	
13	Year of substantial completion	n						•	•				•		
					Yes	No	0	Yes	No	Yes		No	Yes		No
14	Were the bonds issued as part	t of a current refundi	ng issue?			Х									
15	Were the bonds issued as part	t of an advance refun	iding issue?			Х	:								
16	Has the final allocation of prod	ceeds been made?			Х										
17	Does the organization maintai	n adequate books ar	nd records to supp	oort the final	х										
Pa	rt IIII Private Business U	Jse	-					,							
					A			E			C			D	
	Man the second			I Carlonda d	Yes	No	0	Yes	No	Yes	-	No	Yes	$-\!\!\!\!+\!\!\!\!\!-$	No
1	Was the organization a partne	r in a partnership, or	a member of an L	LC, which owned	1	v					- 1				

Are there any lease arrangements that may result in private business use of bond-

property financed by tax-exempt bonds?

financed property?

Χ

Schedule K (Form 990) 2010

Part III Private Business Use (Continued)

			A		В		С		D
		Yes	No	Yes	No	Yes	No	Yes	No
3a	Are there any management or service contracts that may result in private business use?		х						
b	Are there any research agreements that may result in private business use of bond-financed property?		Х						
С	Does the organization routinely engage bond counsel or other outside counsel to review any management or service contracts or research agreements relating to the financed property?		x						
4	Enter the percentage of financed property used in a private business use by entities other than a section 501(c)(3) organization or a state or local government		•				•		•
5	Enter the percentage of financed property used in a private business use as a result of unrelated trade or business activity carried on by your organization, another section 501(c)(3) organization, or a state or local government								
6	Total of lines 4 and 5								
7	Has the organization adopted management practices and procedures to ensure the post-issuance compliance of its tax-exempt bond liabilities?		х						
Pa	rt IV Arbitrage		•						

		Α		В		С		D	
		Yes	No	Yes	No	Yes	No	Yes	No
1	Has a Form 8038-T, Arbitrage Rebate, Yield Reduction and Penalty in Lieu of Arbitrage Rebate, been filed with respect to the bond issue?		х						
2	Is the bond issue a variable rate issue?		Х						
3a	Has the organization or the governmental issuer entered into a hedge with respect to the bond issue?		×						
ь	Name of provider		1		1		•		1
С	Term of hedge								
d	Was the hedge superintegrated?		х						
e	Was a hedge terminated?		х						
4a	Were gross proceeds invested in a GIC?		Х						
ь	Name of provider		•		•		•		
С	Term of GIC								
d	Was the regulatory safe harbor for establishing the fair market value of the GIC satisfied?								
5	Were any gross proceeds invested beyond an available temporary period?		х						
6	Did the bond issue qualify for an exception to rebate?		х						

Part V Supplemental Information

Complete this part to provide additional information for responses to questions on Schedule K (see instructions)

Ident if ier	Return Reference	Explanat ion

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DLN: 93493133045031

OMB No 1545-0047

Schedule L

(Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service

Transactions with Interested Persons

► Complete if the organization answered
"Yes" on Form 990, Part IV, lines 25a, 25b, 26, 27, 28a, 28b, or 28c,
or Form 990-EZ, Part V lines 38a or 40b.

► Attach to Form 990 or Form 990-EZ. ► See separate instructions.

2010

Open to Public Inspection

	t the organization EST YMCA INC								mployer i	dentifica	ition numb	er
HEIROME	or morning							О	4-22815	30		
Part I	Excess Benefit Trai											
	Complete if the organizat	ion ans	wered "	Yes" on For	m 990, F T	Part IV, line 25a	or 25b,	or Form	990-EZ,	Part V , I		
1	(a) Name of disq	ualıfıed	person			(b) Desc	ription	of trans	action		<u> </u>	
											(c) Corr Yes	No
	er the amount of tax impos		_		_				ear unde	r _		
		• .								• • —		
3 Ente	er the amount of tax, ıf any	, on lin	e ∠, abo	ve, reimburs	sed by th	ie organization .			•	• •		
Part II	Loans to and/or I	From	Intere	sted Pers	sons.							
	Complete if the organiz	zation a	ans we re	d "Yes" on F	orm 990), Part IV, line 26	, or For	m 990-l		', lıne 38	а	
		(b) ∟	oan to				(e)	ſn	(f) Approv	, a d	(a)\//rit	tan
(a) Nam	e of interested person and		om the	(c)0 rig		(d)Balance due	defau		by boar		1	
	purpose	organi	ization?	principal a	amount				commit	tee?		
		То	From				Yes	No	Yes	No	Yes	No
										+		
										+		
Total .			· .		▶ \$			1		1		I
Part III					ested I	Persons.			-			
	Complete If the orga		on ansv	wered "Yes	s" on Fo	rm 990, Part IV		27.				
(;	a) Name of interested pers	on	(een interested per	rson	(c) A n	nount of a	rant or t	ype of assi	stance
`	<u> </u>			ar	nd the or	ganization	+					

Part IV	Business	Transactions	Involvina	Interested	Persons
	_ ~ ~				

Complete if the organization answered "Yes" on Form 990, Part IV, line 28a, 28b, or 28c.

Complete if the organization	ni aliswereu Tes Uli	FULLI 990, Part IV, III	ie zoa, zob, ui zoc.		
(a) Name of interested person	(b) Relationship between interested person and the (c) A mount of transaction		(d) Description of transaction	organiz	aring of zation's nues?
	organization			Yes	No
(1) GEORGE HULME	BOARD MEMBER	, ,	A PRINCIPAL AT AN ORGANIZATION THAT FUNCTIONS AS AN INSURANCE BROKER FOR THE YMCA'S INSURANCE POLICIES		No
		·			

Part V Supplemental Information

Complete this part to provide additional information for responses to questions on Schedule L (see instructions)

Identifier Return Reference Explanation

Schedule L (Form 990 or 990-EZ) 2010

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As Filed Data -

DLN: 93493133045031

Employer identification number

04-2281530

OMB No 1545-0047

2010

Open to Public Inspection

SCHEDULE O (Form 990 or 990-EZ)

Name of the organization

Department of the Treasury Internal Revenue Service

METROWEST YMCA INC

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or to provide any additional information.

► Attach to Form 990 or 990-EZ.

ldentifier	Return	Explanation
	Reference	
FORM 990, PART VI, SECTION A, LINE 2		TWO OF THE YMCA'S BOARD MEMBERS ARE RELATED AS FATHER AND DAUGHTER

ldentifier	Return Reference	Explanation
FORM 990, PART VI, SECTION B, LINE 11		THE AUDIT COMMITTEE APPROVES THE AUDITED FINANCIALS AND PRESENTS THEM TO THE FINANCE COMMITTEE AND THE EXECUTIVE COMMITTEE THE FINANCE COMMITTEE APPROVES THE 990 AND COPIES ARE GIVEN TO ALL EXECUTIVE BOARD MEMBERS

Identifier	Return Reference	Explanation
	VI, SECTION B,	ALL BOARD MEMBERS AND SENIOR STAFF COMPLETE AND SIGN A CONFLICT OF INTEREST DISCLOSURE QUESTIONNAIRE EACH QUESTIONNAIRE IS REVIEWED BY THE CEO WHO MAKES THE BOARD CHAIR AWARE OF ANY POTENTIAL AREAS OF CONFLICT BOARD MEMBERS (AND SENIOR LEADERSHIP WHO HAVE A VOTE) MUST RECUSE THEMSELVES FROM ANY VOTE AND REFRAIN FROM ANY ATTEMPT TO INFLUENCE A VOTE IN ANY SITUATION WHERE A CONFLICT OR POTENTIAL CONFLICT EXISTS

ldentifier	Return Reference	Explanation
	FORM 990, PART VI, SECTION B, LINE 15	THE CEO'S SALARY RANGE, AS WELL AS THAT OF ALL EXEMPT STAFF, IS DETERMINED BY UTILIZING A NUMBER OF CRITERIA - THE HAY PLAN METHOD, WHICH IS A SYSTEM THAT ASSIGNS POINT VALUES IN KEY AREAS OF RESPONSIBILITY, KNOW-HOW AND AUTHORITY IS UTILIZED TO DETERMINE A TOTAL POINT VALUE FOR THE SPECIFIC POSITION A DOLLAR VALUE IS THEN USED AS A MULTIPLIER FOR THE POINTS TO DETERMINE A SALARY RANGE (MINIMUMMID-POINT/MAXIMUM) THIS DOLLAR VALUE IS CONSISTENT FOR ALL EXEMPT POSITIONS ANNUALLY, SALARY RANGES ARE REVIEWED TO DETERMINE ADJUSTMENTS, IF ANY, TO THE POINT DOLLAR VALUE - THE HUMAN RESOURCE COMMITTEE OF THE BOARD OF THE METROWEST YMCA (WHICH IS COMPRISED PRIMARILY OF HUMAN RESOURCE PROFESSIONALS) ANNUALLY REVIEWS, VOTES UPON AND RECOMMENDS TO THE BOARD OF DIRECTORS ANY INCREASES IN POINT DOLLAR VALUES FOR EXEMPT POSITIONS AS A WHOLE AND THE % RANGE ALLOWED FOR SALARY INCREASES, WHICH ARE BASED ON PERFORMANCE THESE POINT VALUES AND % RANGES FOR SALARY INCREASES, WHICH ARE BASED ON PERFORMANCE THESE POINT VALUES AND % RANGES FOR SALARY INCREASES ARE THE SAME VALUES FOR THE CEO AS THEY ARE FOR THE OTHER EXEMPT STAFF POSITIONS - IN DETERMINING THE APPROPRIATE SALARY RANGES, POINTING AND SALARY INCREASES, THE HUMAN RESOURCE COMMITTEE USES AS A GUIDE, THE RECOMMENDATIONS OF THE YMCA OF THE USA HUMAN RESOURCE AND TALENT MANAGEMENT TASK FORCE, A COMMITTEE OF THE NATIONAL YMCA BOARD WHICH IS MADE UP OF YMCA LEADERS, VOLUNITEERS AND HUMAN RESOURCE OFFICERS, ASSISTED BY EXTERNAL CONSULTANTS, RSM MCGLADREY, INC THIS TASK FORCE IDENTIFIES METHODS AND RECOMMENDATIONS FOR VOLUNITEERS AND STAFF TO USE IN DEVELOPING AND MAINTAINING EFFECTIVE SALARY ADMINISTRATION PROGRAMS IN THEIR RESPECTIVE YMCA ASSOCIATIONS THE TASK FORCE ANNUALLY REVIEWS CURRENT SALARY ADDINISTRATION TRENDS IN YMCAS THOSE TRENDS ARE APPLIED TO THEN ESTABLISH RECOMMENDED GUIDELINES FOR YMCA'S TO USE FOR SALARY AND OTHER SALARY ADMINISTRATION PROFIT SECTORS THOSE TRENDS ARE APPLIED TO THEN ESTABLISH RECOMMENDED GUIDELINES FOR YMCA'S TO USE FOR SALARY RANGE VALUES AND

Identifier	Return Reference	Explanation						
	FORM 990, PART VI, SECTION C, LINE 19	IN ADDITION TO OUR 990 BEING AVAILABLE ON GUIDESTAR, IF A MEMBER OF THE GENERAL PUBLIC REQUESTS TO VIEW OR RECEIVE A COPY OF ANY OF OUR GOVERNING DOCUMENTS, FORM 990, AUDIT, CONFLICT OF INTEREST POLICY OR FINANCIAL STATEMENTS, THE REQUEST WOULD BE DIRECTED TO THE BOARD CLERK WHO WOULD PROVIDE A COPY OF THE REQUESTED DOCUMENT WITHIN 24 HOURS OR LESS						

ldentifier	Return Reference	Explanation
CHANGES IN NET ASSETS OR FUND BALANCES	FORM 990, PART XI, LINE 5	NET UNREALIZED GAINS ON INVESTMENTS 28,074

Identifier	Return Reference	Explanation
	FORM 990, PART XII, LINE 2C	METROWEST YMCAS OVERSIGHT AND SELECTION PROCESS DID NOT CHANGE DURING FY 2010

Software ID: Software Version:

EIN: 04-2281530

Name: METROWEST YMCA INC

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Compensated Employees, and Independent Contractors										
(A) Name and Title	(B) Average hours per	Posi t	tion (hat a	che	')			(D) Reportable compensation from the	(E) Reportable compensation from related	(F) Estimated amount of other compensation
	week	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated employee	Former	organization (W- 2/1099-MISC)	organizations (W- 2/1099- MISC)	from the organization and related organizations
PENNYE J WILLIAMS BOARD MEMBER	1 50	Х						0	0	0
RON FOISY VICE CHAIR	1 50	Х		х				0	0	0
DIEGO BETANCOURT BOARD MEMBER	1 50	Х						0	0	0
JAMES L BRICK BOARD MEMBER	1 00	Х						0	0	0
JOANNA CONNOLLY BOARD MEMBER	1 00	Х						0	0	0
HENRY CONNORS TREASURER	1 50	X		х				0	0	0
ALEXANDRIA COX BOARD MEMBER	1 00	X						0	0	0
JB DO WD BO A RD MEMBER	1 30	Х						0	0	0
FAITH EASTER BOARD MEMBER	1 00	X						0	0	0
DWIGHT EVERETT BOARD MEMBER	1 00	X						0	0	0
DAN ROMANO BOARD MEMBER	1 50	X						0	0	0
TRACY GEE BOARD MEMBER	1 00	X						0	0	0
GEORGE HULME BOARD MEMBER	1 00	X						0	0	0
REV RICHARD HURST BOARD MEMBER	1 00	Х						0	0	0
PAMELA MCDONOUGH BOARD MEMBER	1 00	Х						0	0	0
HELEN LEMOINE BOARD MEMBER	1 00	X						0	0	0
MARYLIZ MACNEIL BOARD MEMBER	1 00	Х						0	0	0
ANNE MADARA BOARD MEMBER	1 00	Х						0	0	0
MARK MILLER BOARD MEMBER	1 00	Х						0	0	0
PETER NEWMAN BOARD MEMBER	1 00	Х						0	0	0
CAROLYN PYBURN BOARD MEMBER	1 00	Х						0	0	0
PAUL REGAN BOARD MEMBER	1 30	Х						0	0	0
PAULA MARTIN BOARD MEMBER	1 00	Х						0	0	0
MIKE SIABA BOARD MEMBER	1 00	Х						0	0	0
SHARON CORREIA BOARD MEMBER	1 30	Х						0	0	0

Form 990, Part VII - Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

(A) Name and Title	(B) Average hours per	Posi t	(C tion (hat a	che)			(D) Reportable compensation from the organization (W- 2/1099-MISC)	(E) Reportable compensation from related organizations (W- 2/1099- MISC)	(F) Estimated amount of other compensation from the organization and related organizations
	week	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated employee	Former			
LOUISE DONAHUE BOARD MEMBER	1 00	Х						0	0	0
MAGALI BLACK BOARD MEMBER	1 00	Х						0	0	0
RICK HOLMES BOARD MEMBER	1 00	х						0	0	0
MARISA PIZZI BOARD MEMBER	1 00	Х						0	0	0
RACHEL STEWART BOARD MEMBER	1 00	Х						0	0	0
DAVID THOMPSON BOARD MEMBER	1 00	Х						0	0	0
THERESA WARD BOARD MEMBER	1 50	Х						0	0	0
CARLOS CUNNINGHAM BOARD MEMBER	1 00	Х						0	0	0
JANET DRUMMEY CHAIR	2 50	Х		х				0	0	0
PATRICIA GRIGAS BOARD MEMBER	1 00	Х						0	0	0
CATHLEEN MCELLIGOTT BOARD MEMBER	1 00	х						0	0	0
JOYA CASEY CLERK/HR DIRECTOR	35 00	х		х				50,978	0	13,139
JEANNE MCALLISTER PRESIDENT/CEO	40 00			х				155,171	0	23,068
CHRIS MEYERS DIRECTOR OF FINANCE	40 00			х				85,128	0	16,062