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**Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation**

2009

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

For calendar year 2009, or tax year beginning **DEC 1, 2009**, and ending **NOV 30, 2010**

G Check all that apply: Initial return Initial return of a former public charity Final return
 Amended return Address change Name change

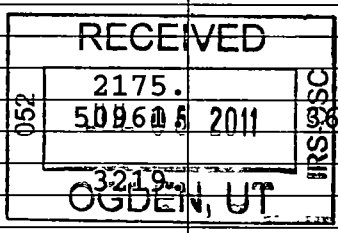
Use the IRS label. Otherwise, print or type. See Specific Instructions.	Name of foundation R A LONG FOUNDATION		A Employer identification number 44-6014081	
	600 PLAZA WEST BLDG		B Telephone number 816-410-4600	
	Number and street (or P O box number if mail is not delivered to street address) Room/suite 4600 MADISON AVE		C If exemption application is pending, check here <input type="checkbox"/>	
	City or town, state, and ZIP code KANSAS CITY, MO 64112		D 1. Foreign organizations, check here <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>	
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation				
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 6379270. (Part I, column (d) must be on cash basis)			E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>	
J Accounting method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____			F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>	

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))</small>	(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				
2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch B				
3 Interest on savings and temporary cash investments	19911.	19911.	19911.	STATEMENT 1
4 Dividends and interest from securities	182057.	182057.	182057.	STATEMENT 2
5a Gross rents				
b Net rental income or (loss)				
6a Net gain or (loss) from sale of assets not on line 10	67427.			
b Gross sales price for all assets on line 6a 511790.				
7 Capital gain net income (from Part IV, line 2)		67427.		
8 Net short-term capital gain			N/A	
9 Income modifications				
10a Gross sales less returns and allowances				
b Less Cost of goods sold				
c Gross profit or (loss)				
11 Other income	3006.	3006.	3006.	STATEMENT 3
12 Total. Add lines 1 through 11	272401.	272401.	204974.	
13 Compensation of officers, directors, trustees, etc	0.	0.	0.	0.
14 Other employee salaries and wages				
15 Pension plans, employee benefits				
16a Legal fees				
b Accounting fees STMT 4	2175.	0.	0.	2175.
c Other professional fees STMT 5	50960.	0.	0.	14269.
17 Interest				
18 Taxes STMT 6				
19 Depreciation and depletion				
20 Occupancy				
21 Travel, conferences, and meetings	18432.	0.	0.	18432.
22 Printing and publications				
23 Other expenses STMT 7	993.	0.	0.	927.
24 Total operating and administrative expenses. Add lines 13 through 23	75780.	36693.	0.	35803.
25 Contributions, gifts, grants paid	334823.			334823.
26 Total expenses and disbursements. Add lines 24 and 25	410603.	36693.	0.	370626.
27 Subtract line 26 from line 12:				
a Excess of revenue over expenses and disbursements	-138202.			
b Net investment income (if negative, enter -0-)		235708.		
c Adjusted net income (if negative, enter -0-)			204974.	

SCANNED JUL 12 2011

Revenue

Operating and Administrative Expenses



2/10

Part II Balance Sheets Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1 Cash - non-interest-bearing	28358.	32571.	32571.
	2 Savings and temporary cash investments	274575.	374608.	374608.
	3 Accounts receivable ▶ Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶ Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable ▶ Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations			
	b Investments - corporate stock STMT 8	5100196.	4963841.	5968851.
	c Investments - corporate bonds STMT 9	99900.	0.	0.
	11 Investments - land, buildings, and equipment basis ▶ Less accumulated depreciation ▶			
	12 Investments - mortgage loans			
	13 Investments - other	2673.		
14 Land, buildings, and equipment basis ▶ Less accumulated depreciation ▶				
15 Other assets (describe ▶ STATEMENT 10)	6760.	3240.	3240.	
16 Total assets (to be completed by all filers)	5512462.	5374260.	6379270.	
Liabilities	17 Accounts payable and accrued expenses			
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe ▶ _____)			
23 Total liabilities (add lines 17 through 22)	0.	0.		
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ <input checked="" type="checkbox"/> and complete lines 24 through 26 and lines 30 and 31.			
	24 Unrestricted	5512462.	5374260.	
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here ▶ <input type="checkbox"/> and complete lines 27 through 31.			
	27 Capital stock, trust principal, or current funds			
	28 Paid-in or capital surplus, or land, bldg., and equipment fund			
29 Retained earnings, accumulated income, endowment, or other funds				
30 Total net assets or fund balances	5512462.	5374260.		
31 Total liabilities and net assets/fund balances	5512462.	5374260.		

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	5512462.
2 Enter amount from Part I, line 27a	2	-138202.
3 Other increases not included in line 2 (itemize) ▶ _____	3	0.
4 Add lines 1, 2, and 3	4	5374260.
5 Decreases not included in line 2 (itemize) ▶ _____	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	5374260.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a			
b SEE ATTACHED STATEMENT			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e 511790.		444363.	67427.

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			
b			
c			
d			
e			67427.

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	67427.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8		3	27398.

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2008	305144.	5145607.	.059302
2007	306829.	7044712.	.043555
2006	524332.	8293818.	.063220
2005	407626.	7759207.	.052534
2004	408924.	7355257.	.055596

2 Total of line 1, column (d)	2	.274207
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	.054841
4 Enter the net value of noncharitable-use assets for 2009 from Part X, line 5	4	5988056.
5 Multiply line 4 by line 3	5	328391.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	2357.
7 Add lines 5 and 6	7	330748.
8 Enter qualifying distributions from Part XII, line 4	8	370626.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b		1	2357.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0.
3 Add lines 1 and 2		3	2357.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	2357.
6 Credits/Payments:			
a 2009 estimated tax payments and 2008 overpayment credited to 2009	6a	1800.	
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7	1800.	
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached	8		
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed SEE STATEMENT 11	9	557.	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10		
11 Enter the amount of line 10 to be: Credited to 2010 estimated tax Refunded	11		

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.		X
1c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T.		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV.	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) NONE		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2009 or the taxable year beginning in 2009 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

N/A

Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)			X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?			X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ▶ <u>N/A</u>	X		
14	The books are in care of ▶ <u>JAMES H. BERNARD, JR.</u> Telephone no. ▶ <u>816-410-4600</u> Located at ▶ <u>600 PLAZA WEST BLDG, 4600 MADISON AVE., KANSAS CI</u> ZIP+4 ▶ <u>64112</u>			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year		15	N/A

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

		Yes	No
1a	During the year did the foundation (either directly or indirectly):		
(1)	Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2)	Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3)	Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4)	Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
(5)	Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6)	Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 20 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here ▶ <input type="checkbox"/>	1b	X
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2009?	1c	X
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a	At the end of tax year 2009, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2009? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," list the years ▶ _____, _____, _____, _____		
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.) <u>N/A</u>	2b	
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ▶ _____, _____, _____, _____		
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b	If "Yes," did it have excess business holdings in 2009 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2009.) <u>N/A</u>	3b	
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2009?	4b	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? Yes No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive? Yes No

(3) Provide a grant to an individual for travel, study, or other similar purposes? Yes No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? Yes No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? Yes No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? **N/A** **5b**

Organizations relying on a current notice regarding disaster assistance check here

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? **N/A** Yes No

If "Yes," attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? Yes No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? **6b** Yes No **X**

If "Yes" to 6b, file Form 8870

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? Yes No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? **7b** Yes No **N/A**

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (if not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 14		0.	0.	5013.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000 **0**

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors *(continued)*

3 Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services ▶ 0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

	Amount
1 N/A	
2	
3 All other program-related investments. See instructions.	
Total. Add lines 1 through 3 ▶	0.

Form 990-PF (2009)

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	6023449.
b	Average of monthly cash balances	1b	55796.
c	Fair market value of all other assets	1c	
d	Total (add lines 1a, b, and c)	1d	6079245.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	6079245.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	91189.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	5988056.
6	Minimum investment return. Enter 5% of line 5	6	299403.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	299403.
2a	Tax on investment income for 2009 from Part VI, line 5	2a	2357.
b	Income tax for 2009. (This does not include the tax from Part VI.)	2b	
c	Add lines 2a and 2b	2c	2357.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	297046.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	297046.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	297046.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	370626.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	370626.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	2357.
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	368269.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2008	(c) 2008	(d) 2009
1 Distributable amount for 2009 from Part XI, line 7				297046.
2 Undistributed income, if any, as of the end of 2009				
a Enter amount for 2008 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2009:				
a From 2004	49735.			
b From 2005	39139.			
c From 2006	124308.			
d From 2007				
e From 2008	51464.			
f Total of lines 3a through e	264646.			
4 Qualifying distributions for 2009 from Part XII, line 4: ▶ \$	370626.			
a Applied to 2008, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2009 distributable amount				297046.
e Remaining amount distributed out of corpus	73580.			
5 Excess distributions carryover applied to 2009 (if an amount appears in column (d), the same amount must be shown in column (a))	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	338226.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2008. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2009. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2010				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2004 not applied on line 5 or line 7	49735.			
9 Excess distributions carryover to 2010. Subtract lines 7 and 8 from line 6a	288491.			
10 Analysis of line 9:				
a Excess from 2005	39139.			
b Excess from 2006	124308.			
c Excess from 2007				
d Excess from 2008	51464.			
e Excess from 2009	73580.			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9) N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2009, enter the date of the ruling ▶

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

	Tax year				(e) Total
	(a) 2009	(b) 2008	(c) 2007	(d) 2006	
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a "Assets" alternative test - enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed					
c "Support" alternative test - enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see the instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000). (See section 507(d)(2).)

NONE

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

NONE

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number of the person to whom applications should be addressed:

SEE STATEMENT 15

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year SEE ATTACHED SCHEDULE				
Total			▶ 3a	334823.
b Approved for future payment NONE				
Total			▶ 3b	0.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a COMMERCE BANCSHARES	P		
b ADVANTAGE OIL & GAS LTD	P	07/09/09	02/10/10
c BP PLC ADR	P	02/10/10	05/05/10
d ADVANTAGE OIL & GAS LTD	P	07/09/09	06/09/10
e GOLDMAN SACHS SENIOR SUBORDINATED	P	01/26/00	01/28/10
f DEVON ENERGY CORPORATION	P	11/07/05	02/10/10
g AMETEK AEROSPACE PRODS INC	P	07/11/07	06/25/10
h AMETEK AEROSPACE PRODS INC	P	08/31/07	06/25/10
i EXPEDITORS INTERNATIONAL WASH INC	P	05/14/02	06/25/10
j FASTENAL CO	P	07/19/06	06/25/10
k GENERAL DYNAMIC CORP	P	08/21/08	06/25/10
l PARKER-HANNIFIN CORP	P	01/19/06	06/25/10
m EXXON MOBIL CORPORATION	P	03/29/05	07/09/10
n			
o			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 2.			2.
b 33198.		19250.	13948.
c 50926.		53840.	-2914.
d 44469.		28105.	16364.
e 100000.		99900.	100.
f 66426.		57680.	8746.
g 32911.		32374.	537.
h 8228.		8042.	186.
i 36103.		15143.	20960.
j 51521.		34898.	16623.
k 31425.		45563.	-14138.
l 56542.		49544.	6998.
m 39.		24.	15.
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			2.
b			** 13948.
c			** -2914.
d			** 16364.
e			100.
f			8746.
g			537.
h			186.
i			20960.
j			16623.
k			-14138.
l			6998.
m			15.
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	67427.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	27398.

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
COMMERCE BANK	33.
COMMERCE TRUST CO.	19878.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	19911.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
COMMERCE TRUST CO.	182057.	0.	182057.
TOTAL TO FM 990-PF, PART I, LN 4	182057.	0.	182057.

FORM 990-PF OTHER INCOME STATEMENT 3

DESCRIPTION	(A) REVENUE PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME
SEC LIT SETTLL	3006.	3006.	3006.
TOTAL TO FORM 990-PF, PART I, LINE 11	3006.	3006.	3006.

FORM 990-PF ACCOUNTING FEES STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FRANCIS FRANKE & CO	2175.	0.	0.	2175.
TO FORM 990-PF, PG 1, LN 16B	2175.	0.	0.	2175.

FORM 990-PF **OTHER PROFESSIONAL FEES** **STATEMENT 5**

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
CONTRIBUTION CONSULTING	14269.	0.	0.	14269.
FUND MANAGEMENT FEES	30729.	30729.	0.	0.
CUSTODY FEES	5963.	5964.	0.	0.
TO FORM 990-PF, PG 1, LN 16C	50961.	36693.	0.	14269.

FORM 990-PF **TAXES** **STATEMENT 6**

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
2008 FORM 990-PF	1800.	0.	0.	0.
FOREIGN TAX ON INVESTMENT INCOME	1419.	0.	0.	0.
TO FORM 990-PF, PG 1, LN 18	3219.	0.	0.	0.

FORM 990-PF **OTHER EXPENSES** **STATEMENT 7**

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
INSURANCE	800.	0.	0.	800.
BANK CHARGES	12.	0.	0.	12.
OFFICE	181.	0.	0.	115.
TO FORM 990-PF, PG 1, LN 23	993.	0.	0.	927.

FORM 990-PF CORPORATE STOCK STATEMENT 8

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
COMMERCE BANK	4963841.	5968851.
TOTAL TO FORM 990-PF, PART II, LINE 10B	4963841.	5968851.

FORM 990-PF CORPORATE BONDS STATEMENT 9

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
COMMERCE BANK	0.	0.
TOTAL TO FORM 990-PF, PART II, LINE 10C	0.	0.

FORM 990-PF OTHER ASSETS STATEMENT 10

DESCRIPTION	BEGINNING OF YR BOOK VALUE	END OF YEAR BOOK VALUE	FAIR MARKET VALUE
ESTIMATED TAX DEPOSITS	6760.	3240.	3240.
TO FORM 990-PF, PART II, LINE 15	6760.	3240.	3240.

FORM 990-PF INTEREST AND PENALTIES STATEMENT 11

TAX DUE FROM FORM 990-PF, PART VI	557.
LATE PAYMENT INTEREST	6.
LATE PAYMENT PENALTY	8.
TOTAL AMOUNT DUE	571.

FORM 990-PF LATE PAYMENT PENALTY STATEMENT 12

DESCRIPTION	DATE	AMOUNT	BALANCE	MONTHS	PENALTY
TAX DUE	04/15/11	557.	557.	3	8.
DATE FILED	07/15/11		557.		
TOTAL LATE PAYMENT PENALTY					8.

FORM 990-PF LATE PAYMENT INTEREST STATEMENT 13

DESCRIPTION	DATE	AMOUNT	BALANCE	RATE	DAYS	INTEREST
TAX DUE	04/15/11	557.	557.	.0400	91	6.
DATE FILED	07/15/11		563.			
TOTAL LATE PAYMENT INTEREST						6.

FORM 990-PF PART VIII - LIST OF OFFICERS, DIRECTORS TRUSTEES AND FOUNDATION MANAGERS STATEMENT 14

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN-SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
ANN J. THOMPSON BOX 188 LINWOOD, KS 66052	DIRECTOR 0.00	0.	0.	0.
HAYNE ELLIS III 14927 BRIMFIELD-JUBILEE RD PEORIA, IL 61517	DIRECTOR 0.00	0.	0.	1902.
LINNA PLACE 6548 WENONGA ROAD SHAWNEE MISSION, KS 66108	VICE PRESIDENT/DIRECTOR 0.00	0.	0.	0.
JAMES H. BERNARD 4600 MADISON, STE 600 KANSAS CITY, MO 64112	TREASURER/DIRECTOR 0.00	0.	0.	0.
JAMES H. BERNARD, JR. 4600 MADISON, STE 600 KANSAS CITY, MO 64112	SECRETARY/DIRECTOR 0.00	0.	0.	0.

JAMES J. PYLE 6439 JEFFERSON KANSAS CITY, MO 64113	PRESIDENT/DIRECTOR 0.00	0.	0.	1134.
LOIS UIHLEIN 2407 WHITEHALL MANOR LAWRENCE, KS 660493912	VICE PRESIDENT/DIRECTOR 0.00	0.	0.	0.
LONG ELLIS, JR. 15 ORIOLE LANE DARIEN, CT 06820	DIRECTOR 0.00	0.	0.	1977.
BESS KESSINGER 8945 LINDEN DRIVE PRAIRIE VILLAGE, KS 66207	DIRECTOR 0.00	0.	0.	0.
TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII		0.	0.	5013.

FORM 990-PF

GRANT APPLICATION SUBMISSION INFORMATION
PART XV, LINES 2A THROUGH 2D

STATEMENT 15

NAME AND ADDRESS OF PERSON TO WHOM APPLICATIONS SHOULD BE SUBMITTED

JAMES H. BERNARD, JR.
RA LONG FOUNDATION, 600 PLAZA WEST BLDG, 4600 MADISON AVE
KANSAS CITY, MO 64112

TELEPHONE NUMBER

816-410-4600

FORM AND CONTENT OF APPLICATIONS

IN WRITING. SEE ATTACHED GUIDELINES.

ANY SUBMISSION DEADLINES

MARCH 15 FOR MAY MEETING. SEPTEMBER 15 FOR NOVEMBER MEETING.

RESTRICTIONS AND LIMITATIONS ON AWARDS

SEE ATTACHMENT.

RA LONG FOUNDATION

TIN: 44-6014081
FORM: 990-PF
TAX PERIOD: November 30, 2010
RE: Part XV, Line(s) 3A

Recipient Name	Relation	Status	Purpose	Amount
3801 Topping Avenue, Kansas City, MO 64129				
Heartland Habitat for Humanity 1049 Osage Avenue	N/A	501(c) 3	Family & Children's assistance	5,000 00
Hope House PO Box 520409, Independence, MO 64052	N/A	501(c) 3	Women's assistance	5,000 00
Horizon Academy 6100 W 127th Street, Overland Park, KS 66209	N/A	501(c) 3	Education	2,500 00
Independent Electrical Contractors Foundation (IEC) 4401 Ford Avenue, Suite 1100, Alexandria, VA 22302	N/A	501(c) 3	Education	2,100 00
Jackson County CASA 2544 Holmes, Kansas City, MO 64108	N/A	501(c) 3	Children's assistance	3,000 00
Joshua Center for Neurological Disorders 400 E Bannister Road, Kansas City, MO 64131	N/A	501(c) 3	Family & Children's assistance	3,500 00
Kansas City Academy 7933 Main St, Kansas City, MO 64114	N/A	501(c) 3	Education	5,000 00
Kansas City Ballet 5359 W 94th Ter, Prairie Village, KS 66207	N/A	501(c) 3	Special Request	5,000 00
Kansas City String Quartet Program 3965 W 83rd Street #154, Prairie Village, KS 66208	N/A	501(c) 3	Education	2,500 00
Kansas City Urban Youth Center PO Box 280414, Kansas City, MO 64128	N/A	501(c) 3	Education	3,000 00
Kansas City Young Audiences 5601 Wyandotte, Kansas City, MO 64113	N/A	501(c) 3	Education	4,000 00
KCPT Public Television 19 125 E 31st St, Kansas City, MO 64108	N/A	501(c) 3	Education	5,000 00
Kemper Museum of Contemporary Art 4420 Warwick Blvd, Kansas City, MO 64111	N/A	501(c) 3	Education	4,650 00
Longview Farm Elementary School 1001 SW Longview Park Drive, Lee's Summit, MO 64081	N/A	501(c) 3	Special Request	1,500 00
Mattie Rhodes Counseling & Arts Center 1080 Washington, Kansas City, MO 64105	N/A	501(c) 3	Education	4,000 00
Metropolitan Community Colleges Foundation 3200 Broadway, Kansas City, MO 64111	N/A	501(c) 3	Education	10,500 00
Mid-America Arts Alliance 2018 Baltimore Ave, Kansas City, MO 64108	N/A	501(c) 3	Education	4,000 00
MO KAN 20/20 Vision Inc 4223 North 127th Street, Kansas City, KS 66109	N/A	501(c) 3	Education	4,000 00
MOCSA 3100 Broadway Ste 400, Kansas City, MO 64111	N/A	501(c) 3	Education	5,000 00
National Association of Intercollegiate Athletics 1200 Grand Blvd, Kansas City, MO 64106	N/A	501(c) 3	Special Request	5,000 00
National Sports Center for the Disabled 4600 E 63rd St, Kansas City, MO 64130	N/A	501(c) 3	Education	3,000 00
National World War I Museum - Liberty Memorial 100 West 26th St, Kansas City, MO 64108	N/A	501(c) 3	Education	5,000 00
Nelson-Atkins Museum of Art 4525 Oak Street, Kansas City, MO 64111	N/A	501(c) 3	Education	4,500 00
Newhouse PO Box 240019, Kansas City, MO 64124	N/A	501(c) 3	Women's assistance	7,000 00
Niles Home for Children 1911 E 23rd Street, Kansas City, MO 64127	N/A	501(c) 3	Children's assistance	3,000 00
Ozanam 421 E 137th Street, Kansas City, MO 64145	N/A	501(c) 3	Children's assistance	3,000 00
Park University	N/A	501(c) 3	Education	4,000 00

RA LONG FOUNDATION

TIN: 44-6014081
FORM: 990-PF
TAX PERIOD: November 30, 2010
RE: Part XV, Line(s) 3A

Recipient Name	Relation	Status	Purpose	Amount
8700 NW River Park Drive, Parkville, MO 64152				
Paul Mesner Puppets, Inc 1006 Linwood Blvd , Kansas City, MO 64109	N/A	501(c) 3	Education	2,000 00
Pets for Life, Inc 7240 Wornall Road, Kansas City, MO 64114	N/A	501(c) 3	Education	5,000 00
Pilgrm Center, Inc PO Box 32383, Kansas City, MO 64171	N/A	501(c) 3	Education	1,500 00
Puppetry Arts Institute 11025 E Winner Rd, Independence, MO 64052	N/A	501(c) 3	Education	2,000 00
Rose Brooks Center PO Box 320599, Kansas City, MO 64132	N/A	501(c) 3	Abuse assistance	3,000 00
Science Pioneers, Inc 425 Volker Blvd , Kansas City, MO 64110-2299	N/A	501(c) 3	Education	4,000 00
S H A R E 7500 Mission Road, Shawnee Mission, KS 66208-4298	N/A	501(c) 3	Education	4,000 00
Sheffield Place 6604 E 12th Street, Kansas City, MO 64126	N/A	501(c) 3	Women's assistance	10,000 00
Sherwood Center for the Exceptional Child 7938 Chestnut Ave, Kansas City, MO 64132	N/A	501(c) 3	Family & Children's assistance	5,000 00
Spofford Home 9700 Grandview Rd, Kansas City, MO 64137	N/A	501(c) 3	Children's assistance	3,000 00
St Joseph Institute for the Deaf 8835 Monrovia St, Lenexa, KS 66215	N/A	501(c) 3	Education	5,000 00
Synergy Services 400 E 6th St, Parkville, MO 64152	N/A	501(c) 3	Abuse assistance	3,000 00
TLC for Children & Families 480 S Rogers Rd, Olathe, KS 66062	N/A	501(c) 3	Abuse assistance	2,873 00
Turning Point 8900 State Line Rd #240, Shawnee Mission, KS 66206	N/A	501(c) 3	Family & Children's assistance	3,000 00
Union Station Kansas City, Inc 30 West Pershing Rd, Kansas City, MO 64108	N/A	501(c) 3	Special Request	30,000 00
University of Missouri - Kansas City - Institute of Urban Education 5100 Rockhill, AC 202, Kansas City, MO 64110-2499	N/A	501(c) 3	Education	5,000 00
Wildwood Outdoor Education Center 7095 W 399th Street, Lacygne, KS 66040-4062	N/A	501(c) 3	Education	3,000 00
Women's Employment Network 920 Main Street, Kansas City, MO 64105	N/A	501(c) 3	Education	2,000 00
YMCA of Greater KC 3100 Broadway St, Kansas City, MO 64111	N/A	501(c) 3	Education	2,000 00
Youth Symphony of KC 7301 Mission Road, Ste 143, Shawnee Mission, KS 66208	N/A	501(c) 3	Education	4,000 00
Youth Volunteer Corps of America 4600 W 51st St, Ste 300, Shawnee Mission, KS 66205	N/A	501(c) 3	Education	4,000 00
YouthFriends 1800 Baltimore, Ste N1, Kansas City, MO 64108	N/A	501(c) 3	Education	3,000 00
Total Direct Grants				332,123 00
Matching Grant - Hayne Ellis, III				
Brimfield High School Box 238, Brimfield, IL 61517	N/A	501(c) 3	Matching	1,000 00
Arts Tech 1522 Holmes, Kansas City, MO 64108-1536	N/A	501(c) 3	Matching	300 00

RA LONG FOUNDATION

TIN: 44-6014081
FORM: 990-PF
TAX PERIOD: November 30, 2010
RE: Part XV, Line(s) 3A

Recipient Name	Relation	Status	Purpose	Amount
Family Conservancy 10500 Barkley Street, Overland Park, KS 66212	N/A	501(c) 3	Matching	300 00
Harvesters 3801 Topping Avenue, Kansas City, MO 64129	N/A	501(c) 3	Matching	100 00
Linwood Public Library 19649 Linwood Rd, Linwood, KS 66052	N/A	501(c) 3	Matching	1,000 00
TOTAL GRANTS				334,823 00