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**Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust
Treated as a Private Foundation**

2009

Department of the Treasury
Internal Revenue Service

Note: The foundation may be able to use a copy of this return to satisfy state reporting requirements

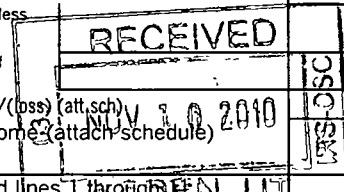
For calendar year 2009, or tax year beginning Jul 1, 2009, and ending Jun 30, 2010

G Check all that apply: Initial return Initial Return of a former public charity Final return
 Amended return Address change Name change

Use the IRS label Otherwise, print or type See Specific Instructions.	Name of foundation The Mental Wellness Foundation, Inc.		A Employer identification number 52-2287352
	Number and street (or P O box number if mail is not delivered to street address)	Room/suite	B Telephone number (see the instructions) (240) 295-1600
	8171 Maple Lawn Blvd	375	C If exemption application is pending, check here <input type="checkbox"/>
City or town	State	ZIP code	D 1 Foreign organizations, check here <input type="checkbox"/>
Fulton	MD	20759	2 Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation			E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/>
<input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation			F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>
I Fair market value of all assets at end of year (from Part II, column (c), line 16) \$ 3,691,340.		J Accounting method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d) must be on cash basis)	

	Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see the instructions))	(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
R E V E N U E	1 Contributions, gifts, grants, etc. received (att sch)				
	2 Ck <input checked="" type="checkbox"/> if the foundn is not req to att Sch B				
	3 Interest on savings and temporary cash investments	126.	126.		
	4 Dividends and interest from securities	89,945.	89,945.		
	5a Gross rents				
	b Net rental income or (loss)		L-6a Stmt		
	6a Net gain/(loss) from sale of assets not on line 10	50,549.			
	b Gross sales price for all assets on line 6a	2,042,049.			
	7 Capital gain net income (from Part IV, line 2)		50,549.		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
b Less Cost of goods sold					
c Gross profit/(loss) (att sch)					
11 Other income (attach schedule)					
12 Total. Add lines 1 through 11		140,620.	140,620		
A D M I N I S T R A T I V E E X P E N S E S	13 Compensation of officers, directors, trustees, etc				
	14 Other employee salaries and wages				
	15 Pension plans, employee benefits				
	16a Legal fees (attach schedule)				
	b Accounting fees (attach sch)	15,509.	2,365.		7,314.
	c Other prof fees (attach sch)				
	17 Interest				
	18 Taxes (attach schedule)(see instr) See Line 18 Stmt	833.	833.		
	19 Depreciation (attach sch) and depletion				
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule) See Line 23 Stmt	25,205.	24,405.		
	24 Total operating and administrative expenses. Add lines 13 through 23	41,547.	27,603.		7,314.
	25 Contributions, gifts, grants paid	198,000.			198,000.
26 Total expenses and disbursements. Add lines 24 and 25	239,547.	27,603.		205,314.	
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements	-98,927.				
b Net investment income (if negative, enter -0-)		113,017.			
c Adjusted net income (if negative, enter -0-)					

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value		
A S S E T S	1	Cash – non-interest-bearing				
	2	Savings and temporary cash investments	31,320.	13,517.	13,517.	
	3	Accounts receivable ▶				
		Less allowance for doubtful accounts ▶				
	4	Pledges receivable ▶				
		Less allowance for doubtful accounts ▶				
	5	Grants receivable				
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see the instructions)				
	7	Other notes and loans receivable (attach sch) ▶				
		Less allowance for doubtful accounts ▶				
	8	Inventories for sale or use				
	9	Prepaid expenses and deferred charges				
	10a	Investments – U S and state government obligations (attach schedule)				
		b Investments – corporate stock (attach schedule) L-10b Stmt	3,496,530.	3,275,815.	3,275,815.	
		c Investments – corporate bonds (attach schedule) L-10c Stmt		402,008.	402,008.	
	11	Investments – land, buildings, and equipment: basis ▶				
	Less accumulated depreciation (attach schedule) ▶					
12	Investments – mortgage loans					
13	Investments – other (attach schedule)					
14	Land, buildings, and equipment: basis ▶					
	Less accumulated depreciation (attach schedule) ▶					
15	Other assets (describe ▶)					
16	Total assets (to be completed by all filers – see instructions Also, see page 1, item I)	3,527,850.	3,691,340.	3,691,340.		
L I A B I L I T I E S	17	Accounts payable and accrued expenses				
	18	Grants payable				
	19	Deferred revenue				
	20	Loans from officers, directors, trustees, & other disqualified persons				
	21	Mortgages and other notes payable (attach schedule)				
	22	Other liabilities (describe ▶)				
	23	Total liabilities (add lines 17 through 22)				
N E T A S S E T S O R F U N D B A L A N C E S		Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. ▶ <input checked="" type="checkbox"/>				
	24	Unrestricted	3,527,850.	3,691,340.		
	25	Temporarily restricted				
	26	Permanently restricted				
		Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. ▶ <input type="checkbox"/>				
	27	Capital stock, trust principal, or current funds				
	28	Paid-in or capital surplus, or land, building, and equipment fund				
	29	Retained earnings, accumulated income, endowment, or other funds				
30	Total net assets or fund balances (see the instructions)	3,527,850.	3,691,340.			
31	Total liabilities and net assets/fund balances (see the instructions)	3,527,850.	3,691,340.			

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year – Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,527,850.
2	Enter amount from Part I, line 27a	2	-98,927.
3	Other increases not included in line 2 (itemize) ▶ <u>Change in unrealized gain on investment</u>	3	262,417.
4	Add lines 1, 2, and 3	4	3,691,340.
5	Decreases not included in line 2 (itemize) ▶ <u>See Other Decreases Stmt</u>	5	
6	Total net assets or fund balances at end of year (line 4 minus line 5) – Part II, column (b), line 30	6	3,691,340.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse, or common stock, 200 shares MLC Company)

(a)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (month, day, year)	(d) Date sold (month, day, year)
1a See Attached Alliance Bernstein	P	various	various
b			
c			
d			
e			

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 2,042,049.		1,991,500.	50,549.
b			
c			
d			
e			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) Fair Market Value as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of column (i) over column (j), if any	(l) Gains (Column (h) gain minus column (k), but not less than -0-) or Losses (from column (h))
a 0.	0.	0.	50,549.
b			
c			
d			
e			

2 Capital gain net income or (net capital loss). If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7	2	50,549.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6) If gain, also enter in Part I, line 8, column (c) (see the instructions) If (loss), enter -0- in Part I, line 8 	3	

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No

If 'Yes,' the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see the instructions before making any entries

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (column (b) divided by column (c))
2008	258,986.	3,950,997.	0.065550
2007	213,106.	5,856,999.	0.036385
2006	213,163.	4,564,617.	0.046699
2005	180,274.	4,241,938.	0.042498
2004	156,552.	3,767,316.	0.041555

2 Total of line 1, column (d)	2	0.232687
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	0.046537
4 Enter the net value of noncharitable-use assets for 2009 from Part X, line 5	4	4,046,316.
5 Multiply line 4 by line 3	5	188,303.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	1,130.
7 Add lines 5 and 6	7	189,433.
8 Enter qualifying distributions from Part XII, line 4	8	205,314.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate See the Part VI instructions

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see the instructions)

1 a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter 'N/A' on line 1 Date of ruling or determination letter _____ (attach copy of letter if necessary - see instr.)			
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b		1	1,130.
c All other domestic foundations enter 2% of line 27b Exempt foreign organizations enter 4% of Part I, line 12, column (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only Others enter -0-)		2	0.
3 Add lines 1 and 2		3	1,130.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only Others enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3 If zero or less, enter -0-		5	1,130.
6 Credits/Payments			
a 2009 estimated tax pmts and 2008 overpayment credited to 2009	6a	18,079.	
b Exempt foreign organizations – tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments Add lines 6a through 6d		7	18,079.
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached		8	
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		9	
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid		10	16,949.
11 Enter the amount of line 10 to be Credited to 2010 estimated tax 9,000. Refunded		11	7,949.

Part VII-A Statements Regarding Activities

	Yes	No
1 a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see the instructions for definition)? <i>If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities</i>		X
c Did the foundation file Form 1120-POL for this year?		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation \$ _____ (2) On foundation managers \$ _____		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers \$ _____		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? <i>If 'Yes,' attach a detailed description of the activities</i>		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? <i>If 'Yes,' attach a conformed copy of the changes</i>		X
4 a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If 'Yes,' has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? <i>If 'Yes,' attach the statement required by General Instruction T</i>		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? <i>If 'Yes,' complete Part II, column (c), and Part XV</i>	X	
8 a Enter the states to which the foundation reports or with which it is registered (see the instructions) MD - Maryland		
b If the answer is 'Yes' to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by <i>General Instruction G</i> ? <i>If 'No,' attach explanation</i>	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2009 or the taxable year beginning in 2009 (see instructions for Part XIV)? <i>If 'Yes,' complete Part XIV</i>		X
10 Did any persons become substantial contributors during the tax year? <i>If 'Yes,' attach a schedule listing their names and addresses</i>		X

Part VII-A Statements Regarding Activities Continued

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes', attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address <u>N/A</u>	13	X	
14	The books are in care of <u>Realty Investment Co, Inc.</u> Telephone no <u>(240) 295-1600</u> Located at <u>8171 Maple Lawn Blvd #375, Fulton MD</u> ZIP + 4 <u>20759</u>			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year <u>15</u>			

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.

	Yes	No
1 a During the year did the foundation (either directly or indirectly)		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6) Agree to pay money or property to a government official? (Exception. Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see the instructions)? Organizations relying on a current notice regarding disaster assistance check here <input type="checkbox"/>	1 b	X
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2009?	1 c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2009, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2009? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If 'Yes,' list the years <u>20__ , 20__ , 20__ , 20__ .</u>		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer 'No' and attach statement - see the instructions)	2 b	
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here <u>20__ , 20__ , 20__ , 20__ .</u>		
3 a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If 'Yes,' did it have excess business holdings in 2009 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2009)	3 b	
4 a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4 a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2009?	4 b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? Yes No

(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? Yes No

(3) Provide a grant to an individual for travel, study, or other similar purposes? Yes No

(4) Provide a grant to an organization other than a charitable, etc. organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions) Yes No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? Yes No

b If any answer is 'Yes' to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? Yes No

Organizations relying on a current notice regarding disaster assistance check here

c If the answer is 'Yes' to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? Yes No

If 'Yes,' attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? Yes No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? Yes No

If 'Yes' to 6b, file Form 8870

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? Yes No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? Yes No

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address	(b) Title and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
<u>Barbara Bainum</u> 8171 Maple Lawn Blvd, #375, Fulton MD 20759	President/Chairman 1.00	0.	0.	0.
<u>Christine A. Shreve</u> 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Sec/Treas 1.00	0.	0.	0.
<u>Wilfried Busse</u> 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
See Information about Officers, Directors, Trustees, Etc.		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1 - see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than \$50,000	(b) Title and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
None				
0				
0				
0				
0				

Total number of other employees paid over \$50,000 None

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services – (see instructions). If none, enter 'NONE'.

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
None		

Total number of others receiving over \$50,000 for professional services		None

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc	Expenses
1 None	
-----	0.
2	

3	

4	

Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 None	
-----	0.
2	

All other program-related investments See instructions	
3	

Total. Add lines 1 through 3	None

BAA

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes		
a Average monthly fair market value of securities	1a	4,072,738.
b Average of monthly cash balances	1b	35,197.
c Fair market value of all other assets (see instructions)	1c	0.
d Total (add lines 1a, b, and c)	1d	4,107,935.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	4,107,935.
4 Cash deemed held for charitable activities Enter 1-1/2% of line 3 (for greater amount, see instructions)	4	61,619.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3 Enter here and on Part V, line 4	5	4,046,316.
6 Minimum investment return. Enter 5% of line 5	6	202,316.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	202,316.
2a Tax on investment income for 2009 from Part VI, line 5	2a	1,130.
b Income tax for 2009 (This does not include the tax from Part VI)	2b	
c Add lines 2a and 2b	2c	1,130.
3 Distributable amount before adjustments Subtract line 2c from line 1	3	201,186.
4 Recoveries of amounts treated as qualifying distributions	4	
5 Add lines 3 and 4	5	201,186.
6 Deduction from distributable amount (see instructions)	6	
7 Distributable amount as adjusted Subtract line 6 from line 5 Enter here and on Part XIII, line 1	7	201,186.

Part XII Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a Expenses, contributions, gifts, etc – total from Part I, column (d), line 26	1a	205,314.
b Program-related investments – total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	205,314.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see instructions)	5	1,130.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	204,184.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2008	(c) 2008	(d) 2009
1 Distributable amount for 2009 from Part XI, line 7				201,186.
2 Undistributed income, if any, as of the end of 2009				
a Enter amount for 2008 only			195,240.	
b Total for prior years 20 __, 20 __, 20 __				
3 Excess distributions carryover, if any, to 2009				
a From 2004	0.			
b From 2005	0.			
c From 2006	0.			
d From 2007	0.			
e From 2008	0.			
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2009 from Part XII, line 4: ▶ \$ 205,314.				
a Applied to 2008, but not more than line 2a			195,240.	
b Applied to undistributed income of prior years (Election required – see instructions)				
c Treated as distributions out of corpus (Election required – see instructions)				
d Applied to 2009 distributable amount				10,074.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2009 (If an amount appears in column (d), the same amount must be shown in column (a))				
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed				
d Subtract line 6c from line 6b Taxable amount – see instructions		0.		
e Undistributed income for 2008. Subtract line 4a from line 2a Taxable amount – see instructions			0.	
f Undistributed income for 2009 Subtract lines 4d and 5 from line 1. This amount must be distributed in 2010				191,112.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions)				
8 Excess distributions carryover from 2004 not applied on line 5 or line 7 (see instructions)	0.			
9 Excess distributions carryover to 2010. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2005	0.			
b Excess from 2006	0.			
c Excess from 2007	0.			
d Excess from 2008	0.			
e Excess from 2009	0.			

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9)

N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2009, enter the date of the ruling ▶

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

	Tax year		Prior 3 years		(e) Total
	(a) 2009	(b) 2008	(c) 2007	(d) 2006	
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon:					
a 'Assets' alternative test – enter:					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b 'Endowment' alternative test – enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed					
c 'Support' alternative test – enter:					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the organization had \$5,000 or more in assets at any time during the year – see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))
Barbara Bainum; Wilfried Busse; Realty Investment Co, Inc.
 See Information Regarding Foundation Managers

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest
None

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc, Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc, (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part VII Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
<i>a Paid during the year</i>				
EMDR Humanitarian Assistance 64 Hall Street Hamden CT 06517		501(c)(3)	Fund Volunteer Coordinator for HAP program	33,000.
Homeless Prenatal Program 2500 18th Street San Francisco CA 94111		501(c)(3)	Homeless Prenatal Outreach	13,000.
Adams Street Foundation 263 Adams Street Brooklyn NY 11201		501(c)(3)	School enrichment	15,000.
Intern Child Resource Inst 2095 Harrison Street San Francisco CA 94110		501(c)(3)	Child Abuse Prevention	20,000.
University Street Ministry 4750- B University Ave NE Seattle WA 98105		501(c)(3)	Homeless Youth advocacy	33,000.
Fremont Community Therapy Project 3429 Fremont Place N #319 Seattle WA 98103		501(c)(3)	Volunteer Therapy trainee program	33,000.
Hope House 1309 Elson Court Takoma Park MD 20912		501(c)(3)	Prison Father-Child Reading Program	33,000.
La Casa de la Madres 1663 Misson Street #225 San Francisco CA 94103		501(c)(3)	Prison Father-Child Reading Program	18,000.
Total				▶ 3a 198,000.
<i>b Approved for future payment</i>				
Total				▶ 3b

Form 990-PF, Page 1, Part I, Line 18

Line 18 Stmt

Taxes (see the instructions)	Rev/Exp Book	Net Inv Inc	Adj Net Inc	Charity Disb
Excise Tax				
Foreign Tax Withheld	833.	833.		
Total	<u>833.</u>	<u>833.</u>		

Form 990-PF, Page 1, Part I, Line 23

Line 23 Stmt

Other expenses:	Rev/Exp Book	Net Inv Inc	Adj Net Inc	Charity Disb
Investment Fees	24,405.	24,405.		
Delivery/Supplies	145.			
Domain name	85.			
Subscriptions/Publications	570.			
Total	<u>25,205.</u>	<u>24,405.</u>		

Form 990-PF, Page 2, Part III, Line 5

Other Decreases Stmt

Total	

Form 990-PF, Page 6, Part VIII, Line 1

Information about Officers, Directors, Trustees, Etc.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Scott Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Katherine Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Todd Renschler 8171 Maple Lawn Blvd, #375, Fulton MD 20759	Director 0.50	0.	0.	0.
Person <input checked="" type="checkbox"/> Business <input type="checkbox"/> Amanda Renschler 8171 Maple Lawn Blvd #375 Fulton MD 20759	Director 0.50	0.	0.	0.

Form 990-PF, Page 6, Part VIII, Line 1

Continued

Information about Officers, Directors, Trustees, Etc.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
-------------------------	--	--	--	--

Total

0. 0. 0.

Form 990-PF, Page 10, Part XV, Line 1a

Information Regarding Foundation Managers

List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2))

contributed >2% of the total contributions to the Foundation.

Barbara Bainum and Todd Renschler are stockholders of Realty as well as Directors.

Scott Renschler is a stockholder of Realty. Ms. Christine Shreve

(Treasurer) is a Director of Realty.

Form 990-PF, Page 1, Part I

Line 16b - Accounting Fees

Name of Provider	Type of Service Provided	Amount Paid Per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
GJN LLC	Accounting Services	240.			240.
Realty Investment Co	Accounting Services	15,269.	2,365.		7,074.
Total		15,509.	2,365.		7,314.

Form 990-PF, Page 2, Part II, Line 10b

L-10b Stmt

Line 10b - Investments - Corporate Stock:	End of Year	
	Book Value	Fair Market Value
Alliance Bernstein - See Attached Details	3,275,815.	3,275,815.
Total	3,275,815.	3,275,815.

Form 990-PF, Page 2, Part II, Line 10c

L- 10c Stmt

Line 10c - Investments - Corporate Bonds:	End of Year	
	Book Value	Fair Market Value
<u>Alliance Bernstein - See Attached Details</u>	<u>402,008.</u>	<u>402,008.</u>
Total	<u>402,008.</u>	<u>402,008.</u>

Supporting Statement of:

Form 990-PF, p1/Line 3 (b)

Description	Amount
Wachovia Bank	50.
Alliance Bernstein	52.
Bernstein Class Action Suite - Nortel	24.
Total	<u>126.</u>

Supporting Statement of:

Form 990-PF, p1/Line 4 (b)

Description	Amount
Alliance Bernstein	89,945.
Total	<u>89,945.</u>

This report contains data for all accounts that were open as of the period ending date you selected account 888-84260 (comprised of accounts 037-35320, 037-35338, 038-72340, 038-72418, 038-72419, and 038-72420)

Cash Balances

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
Cash										
8,380.76	CASH		\$1.00	\$1.00	\$8,381	\$8,381	\$14	0.2%	0.2%	100.0%
TOTAL Cash					\$8,381	\$8,381	\$14	0.2%	0.2%	100.0%
TOTAL Cash Balances					\$8,381	\$8,381	\$14	0.2%	0.2%	100.0%

Fixed Income

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
Mutual Funds										
29,204.567	TAXABLE FUND BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	SNIDX	\$12.99	\$13.75	\$379,439	\$401,563 \$445 AI	\$16,168	3.4%	10.9%	100.0%
TOTAL Mutual Funds					\$379,439	\$402,008	\$16,168	3.4%	10.9%	100.0%
TOTAL Fixed Income					\$379,439	\$402,008	\$16,168	3.4%	10.9%	100.0%

Real Estate Securities

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
Mutual Funds										
27,063.789	TAXABLE FUND ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	ARIIX	\$13.40	\$7.30	\$362,753	\$197,566	\$15,102	7.6%	5.4%	100.0%
TOTAL Mutual Funds					\$362,753	\$197,566	\$15,102	7.6%	5.4%	100.0%

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Real Estate Securities

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
	TOTAL Real Estate Securities				\$362,753	\$197,566	\$15,102	7.6%	5.4%	100.0%

Equities

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
Capital Equipment										
AEROSPACE-DEFENSE										
	100 GOODRICH CORP	GR	\$70.40	\$66.25	\$7,040	\$6,625	\$108	1.6%	0.2%	0.2%
AUTO TRUCKS - PARTS										
	75 LEAR CORP	LEA	\$70.67	\$66.20	\$5,300	\$4,965	\$0	0.0%	0.1%	0.2%
DEFENSE										
	200 NORTHROP GRUMMAN CORP	NOC	\$46.01	\$54.44	\$9,201	\$10,888	\$376	3.5%	0.3%	0.4%
	75 LOCKHEED MARTIN CORP	LMT	\$76.16	\$74.50	\$5,712	\$5,588	\$189	3.4%	0.2%	0.2%
	150 RAYTHEON COMPANY	RTN	\$55.44	\$48.39	\$8,317	\$7,259	\$225	3.1%	0.2%	0.2%
	Total				\$23,230	\$23,734	\$790	3.3%	0.6%	0.8%
ELECTRICAL EQUIPMENT										
	450 COOPER INDUSTRIES PLC	CBE	\$36.68	\$44.00	\$16,507	\$19,800	\$486	2.5%	0.5%	0.6%
	875 GENERAL ELECTRIC CO	GE	\$16.43	\$14.42	\$14,377	\$12,618	\$350	2.8%	0.3%	0.4%
	Total				\$30,884	\$32,418	\$836	2.6%	0.9%	1.1%
MISC CAPITAL GOODS										
	650 ILLINOIS TOOL WORKS	ITW	\$44.28	\$41.28	\$28,784	\$26,832	\$806	3.0%	0.7%	0.9%
	75 SPX CORP	SPW	\$55.34	\$52.81	\$4,150	\$3,961	\$75	1.9%	0.1%	0.1%
	850 DANAHER CORP	DHR	\$32.60	\$37.12	\$27,710	\$31,552	\$68	0.2%	0.9%	1.0%
	325 DOVER CORP	DOV	\$46.80	\$41.79	\$15,211	\$13,582	\$338	2.5%	0.4%	0.4%
	900 INGERSOLL-RAND PLC	IR	\$29.36	\$34.49	\$26,425	\$31,041	\$252	0.8%	0.8%	1.0%
	325 TEXTRON INC	TXT	\$10.16	\$16.97	\$3,303	\$5,515	\$26	0.5%	0.1%	0.2%

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Equities	Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Market Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
TOTAL Capital Equipment						\$172,038	\$180,224	\$3,299	1.8%	4.9%	5.9%
Consumer Cyclical											
BUSINESS & PUBLIC SERVICES											
150 HYATT HOTELS CORP - CL A			H	\$34.31	\$37.09	\$5,147	\$5,564	\$0	0.0%	0.2%	0.2%
TOTAL Consumer Cyclical						\$5,147	\$5,564	\$0	0.0%	0.2%	0.2%
Consumer Cyclical											
AUTOS & AUTO PARTS OEMS											
550 JOHNSON CONTROLS INC			JCI	\$29.14	\$26.87	\$16,029	\$14,779	\$286	1.9%	0.4%	0.5%
2,925 FORD MOTOR CO			F	\$11.56	\$10.08	\$33,821	\$29,484	\$0	0.0%	0.8%	1.0%
Total						\$49,849	\$44,263	\$286	0.6%	1.2%	1.4%
RETAILERS											
150 CVS/CAREMARK CORP			CVS	\$33.94	\$29.32	\$5,091	\$4,398	\$53	1.2%	0.1%	0.1%
800 SAFEWAY INC			SWY	\$26.73	\$19.66	\$21,385	\$15,728	\$384	2.4%	0.4%	0.5%
500 COSTCO WHOLESALE CORP			COST	\$58.62	\$54.83	\$29,310	\$27,415	\$410	1.5%	0.7%	0.9%
225 ROSS STORES INC			ROST	\$53.58	\$53.29	\$12,056	\$11,990	\$144	1.2%	0.3%	0.4%
600 KOHLS CORP			KSS	\$46.13	\$47.50	\$27,678	\$28,500	\$0	0.0%	0.8%	0.9%
800 GAP INC/THE			GPS	\$21.33	\$19.46	\$17,067	\$15,568	\$320	2.1%	0.4%	0.5%
650 LOWE'S COS INC			LOW	\$26.61	\$20.42	\$17,294	\$13,273	\$286	2.2%	0.4%	0.4%
475 TARGET CORP			TGT	\$45.21	\$49.17	\$21,473	\$23,356	\$475	2.0%	0.6%	0.8%
0 MACY'S INC			M	\$0.00	\$17.90	\$0	\$0	\$0	0.0%	0.0%	0.0%
1,400 OFFICE DEPOT INC			ODP	\$7.05	\$4.04	\$9,870	\$5,656	\$0	0.0%	0.2%	0.2%
Total						\$161,224	\$145,884	\$2,072	1.4%	4.0%	4.7%
TOTAL Consumer Cyclical						\$211,073	\$190,147	\$2,358	1.2%	5.2%	6.2%
Consumer Growth											
DRUGS											

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Equities		Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
2,300	PFIZER INC	PFE			\$21 79	\$14 26	\$50,127	\$32,798	\$1,656	5 1%	0 9%	1 1%
500	ASTRAZENECA PLC-SPONS ADR	AZN			\$43 63	\$47 13	\$21,816	\$23,565	\$1,710	7 3%	0 6%	0 8%
200	MERCK & CO INC	MRK			\$25.59	\$34 97	\$5,118	\$6,994	\$304	4 4%	0 2%	0 2%
1,499	GILEAD SCIENCES INC	GILD			\$41 17	\$34 28	\$61,712	\$51,386	\$0	0 0%	1 4%	1 7%
450	TEVA PHARMACEUTICAL-SP ADR	TEVA			\$46 24	\$51 99	\$20,809	\$23,396	\$323	1 4%	0 6%	0 8%
225	CELGENE CORP	CELG			\$57.48	\$50 82	\$12,933	\$11,435	\$0	0 0%	0 3%	0 4%
150	VERTEX PHARMACEUTICALS INC	VRTX			\$40 76	\$32 90	\$6,115	\$4,935	\$0	0 0%	0 1%	0 2%
Total							\$178,630	\$154,508	\$3,993	2 6%	4 2%	5 0%
ENTERTAINMENT												
550	THE WALT DISNEY CO	DIS			\$26 54	\$31 50	\$14,595	\$17,325	\$193	1 1%	0 5%	0 6%
600	CBS CORP-CLASS B NON VOTING	CBS			\$6 66	\$12 93	\$3,998	\$7,758	\$120	1 6%	0 2%	0 3%
300	ROYAL CARIBBEAN CRUISES LTD	RCL			\$28 11	\$22.77	\$8,434	\$6,831	\$0	0 0%	0 2%	0 2%
650	TIME WARNER INC	TWX			\$18 91	\$28 91	\$12,294	\$18,792	\$553	2 9%	0 5%	0 6%
Total							\$39,321	\$50,706	\$865	1 7%	1 4%	1 6%
HOSPITAL MANAGEMENT												
275	COMMUNITY HEALTH SYSTEMS INC	CYH			\$40 18	\$33 81	\$11,048	\$9,298	\$0	0 0%	0 3%	0 3%
HOSPITAL SUPPLIES												
550	JOHNSON & JOHNSON	JNJ			\$59 30	\$59 06	\$32,618	\$32,483	\$1,188	3 7%	0 9%	1 1%
MEDICAL PRODUCTS												
395	ALCON INC	ACL			\$138 75	\$148 19	\$54,806	\$58,535	\$1,343	2 3%	1 6%	1 9%
350	COVIDIEN PLC	COV			\$50.05	\$40.18	\$17,516	\$14,063	\$252	1 8%	0 4%	0 5%
Total							\$72,322	\$72,598	\$1,595	2 2%	2 0%	2 4%
OTHER MEDICAL												
200	EXPRESS SCRIPTS INC	ESRX			\$51 42	\$47 02	\$10,285	\$9,404	\$0	0 0%	0 3%	0 3%
PUBLISHING												
130	GOOGLE INC-CL A	GOOG			\$480 51	\$444.95	\$62,467	\$57,844	\$0	0 0%	1 6%	1 9%
PUBLISHING - NEWSPAPERS												

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Equities

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
2,305	NEWS CORP	NWSA	\$9.59	\$11.96	\$22,107	\$27,568	\$346	1.3%	0.7%	0.9%
RADIO - TV BROADCASTING										
450	CABLEVISION SYS CORP	CVC	\$26.07	\$24.01	\$11,730	\$10,805	\$225	2.1%	0.3%	0.4%
700	TIME WARNER CABLE	TWC	\$39.35	\$52.08	\$27,545	\$36,456	\$0	0.0%	1.0%	1.2%
275	DIRECTV-CLASS A	DTV	\$36.68	\$33.92	\$10,086	\$9,328	\$0	0.0%	0.3%	0.3%
2,800	COMCAST CORP-CL A	CMCSA	\$18.62	\$17.37	\$52,126	\$48,636	\$1,058	2.2%	1.3%	1.6%
Total										
			\$101,488		\$105,225		\$1,283	1.2%	2.9%	3.4%
TOTAL Consumer Growth										
			\$530,284		\$519,632		\$9,270	1.8%	14.1%	16.9%
Consumer Staples										
BEVERAGES - SOFT, LITE & HARD										
400	PEPSICO INC	PEP	\$65.08	\$60.95	\$26,031	\$24,380	\$768	3.2%	0.7%	0.8%
FOODS										
1,500	SARA LEE CORP	SLE	\$14.19	\$14.10	\$21,290	\$21,150	\$660	3.1%	0.6%	0.7%
150	BUNGE LTD	BG	\$52.48	\$49.19	\$7,871	\$7,379	\$138	1.9%	0.2%	0.2%
300	DEAN FOODS CO	DF	\$18.82	\$10.07	\$5,645	\$3,021	\$0	0.0%	0.1%	0.1%
700	SMITHFIELD FOODS INC	SFD	\$14.94	\$14.90	\$10,457	\$10,430	\$0	0.0%	0.3%	0.3%
Total										
			\$45,262		\$41,980		\$798	1.9%	1.1%	1.4%
SOAPS										
700	PROCTER & GAMBLE CO	PG	\$61.69	\$59.98	\$43,182	\$41,986	\$1,349	3.2%	1.1%	1.4%
TOTAL Consumer Staples										
			\$114,476		\$108,346		\$2,915	2.7%	2.9%	3.5%
Emerging Markets Mutual Funds										
EMERGING MARKETS FUND										
7,220	BERNSTEIN EMERGING MARKETS PORTFOLIO	SCBMFZ	\$24.93	\$26.21	\$180,032	\$189,250	\$701	0.4%	5.1%	6.2%
TOTAL Emerging Markets Mutual Funds										
			\$180,032		\$189,250		\$701	0.4%	5.1%	6.2%
Energy										
OFFSHORE DRILLING										

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
As of June 30, 2010

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
225	ROWAN COMPANIES INC	RDC	\$29.98	\$21.94	\$6,745	\$4,937	\$0	0.0%	0.1%	0.2%
400	ENSCO PLC- SPON ADR	ESV	\$41.56	\$39.28	\$16,624	\$15,712	\$560	3.6%	0.4%	0.5%
Total					\$23,369	\$20,649	\$560	2.7%	0.6%	0.7%
OIL - CRUDE PRODUCTS										
250	NOBLE ENERGY INC	NBL	\$76.86	\$60.33	\$19,215	\$15,083	\$180	1.2%	0.4%	0.5%
50	EOG RESOURCES INC	EOG	\$109.42	\$98.37	\$5,471	\$4,919	\$31	0.6%	0.1%	0.2%
Total					\$24,686	\$20,001	\$211	1.1%	0.5%	0.7%
OIL WELL EQUIPMENT & SERVICES										
850	SCHLUMBERGER LTD	SLB	\$70.83	\$55.34	\$60,204	\$47,039	\$714	1.5%	1.3%	1.5%
125	TRANSOCEAN LTD	RIG	\$82.26	\$46.33	\$10,283	\$5,791	\$0	0.0%	0.2%	0.2%
325	CAMERON INTERNATIONAL CORP	CAM	\$26.05	\$32.52	\$8,467	\$10,569	\$0	0.0%	0.3%	0.3%
Total					\$78,954	\$63,399	\$714	1.1%	1.7%	2.1%
OILS - INTEGRATED DOMESTIC										
250	DEVON ENERGY CORPORATION	DVN	\$59.35	\$60.92	\$14,837	\$15,230	\$160	1.1%	0.4%	0.5%
500	MARATHON OIL CORP	MRO	\$32.17	\$31.09	\$16,085	\$15,545	\$500	3.2%	0.4%	0.5%
50	OCCIDENTAL PETROLEUM CORP	OXY	\$74.54	\$77.15	\$3,727	\$3,858	\$76	2.0%	0.1%	0.1%
400	CONOCOPHILLIPS	COP	\$51.09	\$49.09	\$20,434	\$19,636	\$880	4.5%	0.5%	0.6%
850	NEXEN INC	NXY	\$22.82	\$19.67	\$19,395	\$16,720	\$170	1.0%	0.5%	0.5%
700	VALERO ENERGY CORP	VLO	\$18.62	\$17.98	\$13,032	\$12,586	\$140	1.1%	0.3%	0.4%
Total					\$87,511	\$83,574	\$1,926	2.3%	2.3%	2.7%
OILS - INTEGRATED INTERNATIONAL										
150	NEWFIELD EXPLORATION CO	NFX	\$52.38	\$48.86	\$7,857	\$7,329	\$0	0.0%	0.2%	0.2%
125	CIMAREX ENERGY CO	XEC	\$32.76	\$71.58	\$4,096	\$8,948	\$40	0.5%	0.2%	0.3%
225	SUNCOR ENERGY INC	SU	\$37.96	\$29.44	\$8,541	\$6,624	\$90	1.4%	0.2%	0.2%
Total					\$20,494	\$22,901	\$130	0.6%	0.6%	0.7%
TOTAL Energy					\$235,014	\$210,523	\$3,541	1.7%	5.7%	6.8%

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	% of Portfolio	% of Asset Class
Equities										
Financial										
BANKS - NYC										
2,305	JPMORGAN CHASE & CO	JPM	\$35.68	\$36.61	\$82,233	\$84,386	\$461	0.6%	2.3%	2.7%
FINANCE - PERSONAL LOANS										
225	CAPITAL ONE FINANCIAL CORP	COF	\$42.43	\$40.30	\$9,547	\$9,068	\$45	0.5%	0.2%	0.3%
MAJOR REGIONAL BANKS										
800	FIFTH THIRD BANCORP	FITB	\$13.02	\$12.29	\$10,413	\$9,832	\$32	0.3%	0.3%	0.3%
225	COMERICA INC	CMA	\$40.26	\$36.83	\$9,059	\$8,287	\$45	0.5%	0.2%	0.3%
3,500	BANK OF AMERICA CORP	BAC	\$16.00	\$14.37	\$55,987	\$50,295	\$140	0.3%	1.4%	1.6%
450	BB&T CORP	BBT	\$28.07	\$26.31	\$12,629	\$11,840	\$270	2.3%	0.3%	0.4%
2,550	WELLS FARGO & COMPANY	WFC	\$28.42	\$25.60	\$72,468	\$65,280	\$510	0.8%	1.8%	2.1%
Total					\$160,556	\$145,533	\$997	0.7%	3.9%	4.7%
MISC. FINANCIAL										
350	MORGAN STANLEY	MS	\$35.42	\$23.21	\$12,396	\$8,124	\$70	0.9%	0.2%	0.3%
220	GOLDMAN SACHS GROUP INC	GS	\$155.79	\$131.27	\$34,274	\$28,879	\$308	1.1%	0.8%	0.9%
55	CME GROUP INC	CME	\$294.35	\$281.55	\$16,189	\$15,485	\$253	1.6%	0.4%	0.5%
125	FRANKLIN RESOURCES INC	BEN	\$114.75	\$86.19	\$14,343	\$10,774	\$110	1.0%	0.3%	0.4%
75	VISA INC - CLASS A SHRS	V	\$66.91	\$70.75	\$5,018	\$5,306	\$38	0.7%	0.1%	0.2%
Total					\$82,221	\$68,568	\$779	1.1%	1.9%	2.2%
PROPERTY - CASUALTY INSURANCE										
225	TRAVELERS COS INC/THE	TRV	\$51.49	\$49.25	\$11,585	\$11,081	\$324	2.9%	0.3%	0.4%
TOTAL Financial					\$346,142	\$318,636	\$2,606	0.8%	8.6%	10.4%
Industrial Resources										
CHEMICALS										
550	DOW CHEMICAL	DOW	\$26.24	\$23.72	\$14,433	\$13,046	\$330	2.5%	0.4%	0.4%
MISC. METALS										
300	FREPORT-MCMORAN COPPER	FCX	\$66.53	\$59.13	\$19,958	\$17,739	\$360	2.0%	0.5%	0.6%

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	% of Portfolio	% of Asset Class
Equities										
	STEEL									
125	RELIANCE STEEL & ALUMINUM	RS	\$52.68	\$36.15	\$6,585	\$4,519	\$50	1.1%	0.1%	0.1%
150	ARCELORMITTAL-NY REGISTERED	MT	\$40.56	\$26.76	\$6,083	\$4,014	\$113	2.8%	0.1%	0.1%
	Total				\$12,668	\$8,533	\$163	1.9%	0.2%	0.3%
TOTAL Industrial Resources										
	International Equity Mutual Funds				\$47,059	\$39,318	\$853	2.2%	1.1%	1.3%
	INTERNATIONAL EQUITY FUND									
68,405	BERNSTEIN INTERNATIONAL PORTFOLIO	SCBMFAX	\$20.18	\$12.72	\$1,380,686	\$870,120	\$15,186	1.8%	23.6%	28.3%
	TOTAL International Equity Mutual Funds				\$1,380,686	\$870,120	\$15,186	1.8%	23.6%	28.3%
Non-Financial										
	HOME BUILDING									
17	NVR INC	NVR	\$640.53	\$655.03	\$10,889	\$11,136	\$0	0.0%	0.3%	0.4%
550	PULTE GROUP INC	PHM	\$10.58	\$8.28	\$5,818	\$4,554	\$0	0.0%	0.1%	0.1%
500	D R HORTON INC	DHI	\$9.27	\$9.83	\$4,633	\$4,915	\$75	1.5%	0.1%	0.2%
	Total				\$21,341	\$20,605	\$75	0.4%	0.6%	0.7%
TOTAL Non-Financial										
	Services				\$21,341	\$20,605	\$75	0.4%	0.6%	0.7%
	AIR FREIGHT									
75	FEDEX CORP	FDX	\$91.92	\$70.11	\$6,894	\$5,258	\$36	0.7%	0.1%	0.2%
	AIR TRANSPORT									
950	DELTA AIR LINES INC	DAL	\$13.67	\$11.75	\$12,985	\$11,163	\$0	0.0%	0.3%	0.4%
	TOTAL Services				\$19,879	\$16,421	\$36	0.2%	0.4%	0.5%
Technology										
	COMMUNICATION - EQUIP MFRS									
1,200	CISCO SYSTEMS INC	CSCO	\$27.39	\$21.31	\$32,863	\$25,572	\$0	0.0%	0.7%	0.8%
450	BROADCOM CORP-CLA	BRCM	\$31.32	\$32.97	\$14,095	\$14,837	\$144	1.0%	0.4%	0.5%

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
As of June 30, 2010

Quantity	Holding	Ticker	Avg. Unit Cost	Market Price	Market Total Cost	Market Value	Est. Annual Income	Yield	Portfolio	% of Asset Class
325	CORNING INC	GLW	\$15.28	\$16.15	\$4,965	\$5,249	\$65	1.2%	0.1%	0.2%
Total										
COMPUTER SERVICES/SOFTWARE										
1,000	MICROSOFT CORP	MSFT	\$29.46	\$23.01	\$29,464	\$23,010	\$520	2.3%	0.6%	0.7%
COMPUTER/INSTRUMENTATION										
550	GARMIN LTD	GRMN	\$32.52	\$29.18	\$17,887	\$16,049	\$825	5.1%	0.4%	0.5%
925	TYCO ELECTRONICS LTD	TEL	\$20.69	\$25.38	\$19,137	\$23,477	\$592	2.5%	0.6%	0.8%
Total										
COMPUTERS										
1,200	HEWLETT-PACKARD CO	HPQ	\$45.76	\$43.28	\$54,912	\$51,936	\$384	0.7%	1.4%	1.7%
1,800	EMC CORP/MASS	EMC	\$17.59	\$18.30	\$31,664	\$32,940	\$0	0.0%	0.9%	1.1%
450	DELL INC	DELL	\$14.69	\$12.06	\$6,612	\$5,427	\$0	0.0%	0.1%	0.2%
300	APPLE INC	AAPL	\$140.37	\$251.53	\$42,110	\$75,459	\$0	0.0%	2.0%	2.5%
Total										
SEMICONDUCTORS										
1,900	INTEL CORP	INTC	\$17.73	\$19.45	\$33,688	\$36,955	\$1,197	3.2%	1.0%	1.2%
4,100	MOTOROLA INC	MOT	\$6.34	\$6.52	\$25,979	\$26,732	\$0	0.0%	0.7%	0.9%
425	KLA-TENCOR CORPORATION	KLAC	\$34.04	\$27.88	\$14,466	\$11,849	\$255	2.2%	0.3%	0.4%
Total										
TOTAL Technology										
Utilities										
ELECTRIC COMPANIES										
250	CONSTELLATION ENERGY GROUP	CEG	\$35.68	\$32.25	\$8,920	\$8,063	\$240	3.0%	0.2%	0.3%
TELEPHONE										
550	VODAFONE GROUP PLC-SP ADR	VOD	\$18.35	\$20.67	\$10,092	\$11,369	\$893	7.9%	0.3%	0.4%
1,100	AT&T INC	T	\$34.13	\$24.19	\$37,542	\$26,609	\$1,848	7.0%	0.7%	0.9%
Total										
TOTAL Technology										
Utilities										
ELECTRIC COMPANIES										
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Utilities										
ELECTRIC COMPANIES										
250	CONSTELLATION ENERGY GROUP	CEG	\$35.68	\$32.25	\$8,920	\$8,063	\$240	3.0%	0.2%	0.3%
TELEPHONE										
550	VODAFONE GROUP PLC-SP ADR	VOD	\$18.35	\$						

Portfolio Valuation

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 As of June 30, 2010

Equities		Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	% of Portfolio	% of Asset Class
Quantity	Holding	S	\$3.05	\$4.24	\$8,387	\$11,660	\$0	0.0%	0.3%	0.4%
2,750	SPRINT NEXTEL CORP				\$56,021	\$49,638	\$2,741	5.5%	1.3%	1.6%
TOTAL Utilities					\$64,941	\$57,700	\$2,981	5.2%	1.6%	1.9%
					\$2,275 AI					
TOTAL Equities					\$3,655,955	\$3,075,974	\$47,802	1.6%	83.4%	100.0%
NET PORTFOLIO VALUE						<u>3,078,249</u>				

Equities		Ticker	Avg. Unit Cost	Market Price	Total Cost	Market Value	Est. Annual Income	Yield	% of Portfolio	% of Asset Class
NET PORTFOLIO VALUE					\$4,406,528	\$3,686,204	\$79,085	2.1%		

Notes

- AI = Accrued Income (interest and dividends). Dynamic Asset Allocation Overlay Portfolio yields are estimates based on stock dividends and income from cash and directly held fixed income securities in the fund, net of estimated fund expenses. Actual dividends, which are distributed annually, can vary significantly due to tax treatment of foreign currency and various instruments. In addition to these dividends the funds may also make annual distributions of short and long-term capital gains.
- Fixed income fund yields are calculated using the 30 day S E C yield. Municipal yields may include a portion of taxable income. Estimated annual income for the fixed income portfolios is based on the monthly income dividends and does not include capital gains distributions. Therefore yield will differ from estimated annual income.
- International and Emerging Market fund yields are estimates based on stock dividends and interest income generated from cash and securities held directly in the fund, net of estimated fund expenses. These dividends are distributed annually. Additionally, the funds may make annual distributions of short and long-term capital gains.
- Total portfolio cost includes the reinvestment of interest, dividends and capital gains distributions as well as sale proceeds and therefore is not equivalent to the capital you have invested in this account.

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Summary

Description	Amount
Short-Term	\$120,905.85
Long-Term	(\$70,357.60)
Total	\$50,548.25

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	05/20/2010	06/28/2010	175	EXXON MOBIL CORP	\$58.84	\$61.14	\$10,297.68	\$10,699.71	(\$402.03)
888-84260	12/03/2009	06/25/2010	325	GENERAL ELECTRIC CO	\$14.97	\$16.16	\$4,866.81	\$5,253.20	(\$386.39)
888-84260	11/09/2009	06/25/2010	300	FORD MOTOR CO	\$10.59	\$8.08	\$3,176.61	\$2,423.04	\$753.57
888-84260	10/02/2009	06/25/2010	75	CONOCOPHILLIPS	\$52.08	\$46.30	\$3,905.91	\$3,472.80	\$433.11
888-84260	10/02/2009	06/24/2010	100	CONOCOPHILLIPS	\$52.25	\$46.30	\$5,224.74	\$4,630.40	\$594.34
888-84260	05/17/2010	06/23/2010	50	EXXON MOBIL CORP	\$61.35	\$63.44	\$3,067.70	\$3,171.81	(\$104.11)
888-84260	05/14/2010	06/23/2010	150	EXXON MOBIL CORP	\$61.35	\$64.08	\$9,203.12	\$9,611.87	(\$408.75)
888-84260	12/03/2009	06/23/2010	100	GENERAL ELECTRIC CO	\$15.56	\$16.16	\$1,555.74	\$1,616.37	(\$60.63)
888-84260	11/09/2009	06/23/2010	375	FORD MOTOR CO	\$11.07	\$8.08	\$4,149.71	\$3,028.80	\$1,120.91
888-84260	11/09/2009	06/23/2010	225	GENERAL ELECTRIC CO	\$15.56	\$15.88	\$3,500.42	\$3,573.76	(\$73.34)
888-84260	02/25/2010	06/22/2010	75	RAYTHEON COMPANY	\$53.02	\$55.44	\$3,976.87	\$4,158.34	(\$181.47)
888-84260	02/17/2010	06/22/2010	125	NEWFIELD EXPLORATION CO	\$55.06	\$50.99	\$6,882.64	\$6,373.39	\$509.25
888-84260	11/09/2009	06/22/2010	75	GENERAL ELECTRIC CO	\$16.04	\$15.88	\$1,202.81	\$1,191.26	\$11.55
888-84260	11/03/2009	06/22/2010	100	GENERAL ELECTRIC CO	\$16.04	\$14.40	\$1,603.75	\$1,439.97	\$163.78
888-84260	04/15/2010	06/16/2010	92	PRINCIPAL FINANCIAL GROUP	\$26.41	\$29.91	\$2,430.00	\$2,751.43	(\$321.43)
888-84260	04/05/2010	06/16/2010	125	PRINCIPAL FINANCIAL GROUP	\$26.41	\$29.90	\$3,301.63	\$3,737.04	(\$435.41)
888-84260	04/01/2010	06/16/2010	177	PRINCIPAL FINANCIAL GROUP	\$26.41	\$29.49	\$4,675.10	\$5,220.37	(\$545.27)
888-84260	03/31/2010	06/16/2010	375	NOKIA CORP-SPON ADR	\$8.78	\$15.53	\$3,292.50	\$5,824.50	(\$2,532.00)
888-84260	02/11/2010	06/16/2010	146	AOL INC	\$21.85	\$23.74	\$3,189.81	\$3,466.36	(\$276.55)
888-84260	02/01/2010	06/16/2010	300	FORD MOTOR CO	\$11.70	\$11.09	\$3,510.45	\$3,328.05	\$182.40
888-84260	01/20/2010	06/16/2010	50	NOBLE ENERGY INC	\$66.13	\$77.55	\$3,306.45	\$3,877.44	(\$570.99)
888-84260	01/11/2010	06/16/2010	125	DOVER CORP	\$46.49	\$45.48	\$5,811.84	\$5,684.94	\$126.90
888-84260	01/06/2010	06/16/2010	550	HUNTSMAN CORP	\$9.73	\$11.95	\$5,352.99	\$6,571.95	(\$1,218.96)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	12/21/2009	06/16/2010	200	SUPERVALU INC	\$12.54	\$12.75	\$2,507.98	\$2,549.92	(\$41.94)
888-84260	11/23/2009	06/16/2010	50	DELL INC	\$14.01	\$14.69	\$700.41	\$734.70	(\$34.29)
888-84260	11/20/2009	06/16/2010	200	SUPERVALU INC	\$12.54	\$15.02	\$2,507.98	\$3,003.84	(\$495.86)
888-84260	10/16/2009	06/16/2010	31	PRINCIPAL FINANCIAL GROUP	\$26.41	\$28.74	\$818.80	\$890.93	(\$72.13)
888-84260	09/18/2009	06/16/2010	125	KLA-TENCOR CORPORATION	\$30.34	\$35.38	\$3,792.50	\$4,423.04	(\$630.54)
888-84260	08/12/2009	06/16/2010	250	DELL INC	\$14.01	\$13.86	\$3,502.05	\$3,465.15	\$36.90
888-84260	07/21/2009	06/16/2010	50	CIMAREX ENERGY CO	\$80.00	\$32.76	\$3,999.88	\$1,638.20	\$2,361.68
888-84260	07/08/2009	06/16/2010	300	XL CAPITAL LTD -CLASS A	\$17.79	\$11.04	\$5,337.63	\$3,312.24	\$2,025.39
888-84260	03/04/2010	06/15/2010	25	TRANSOCEAN LTD	\$46.63	\$82.68	\$1,165.82	\$2,066.94	(\$901.12)
888-84260	03/02/2010	06/15/2010	125	TRANSOCEAN LTD	\$46.63	\$81.59	\$5,829.09	\$10,198.14	(\$4,369.05)
888-84260	06/15/2009	06/15/2010	225	MERCK & CO INC.	\$35.67	\$25.59	\$8,026.47	\$5,757.60	\$2,268.87
888-84260	06/15/2009	06/15/2010	25	MERCK & CO INC.	\$35.67	\$25.59	\$891.83	\$639.73	\$252.10
888-84260	08/31/2009	06/14/2010	150	US BANCORP	\$23.05	\$22.55	\$3,458.04	\$3,382.73	\$75.31
888-84260	11/03/2009	06/11/2010	325	GENERAL ELECTRIC CO	\$15.45	\$14.40	\$5,020.37	\$4,679.90	\$340.47
888-84260	10/16/2009	06/11/2010	375	GENERAL ELECTRIC CO	\$15.45	\$16.16	\$5,792.74	\$6,058.35	(\$265.61)
888-84260	09/17/2009	06/09/2010	50	ARCELORMITTAL-NY REGISTERED	\$27.47	\$40.56	\$1,373.58	\$2,027.79	(\$654.21)
888-84260	08/07/2009	06/09/2010	75	ARCELORMITTAL-NY REGISTERED	\$27.47	\$37.94	\$2,080.36	\$2,845.63	(\$785.27)
888-84260	11/17/2009	06/08/2010	400	STEEL DYNAMICS INC	\$13.87	\$15.87	\$5,547.36	\$6,348.00	(\$800.64)
888-84260	02/25/2010	05/27/2010	75	LOCKHEED MARTIN CORP	\$80.06	\$76.16	\$6,004.38	\$5,711.82	\$292.56
888-84260	03/16/2010	05/26/2010	75	RESEARCH IN MOTION	\$60.39	\$74.89	\$4,528.88	\$5,616.64	(\$1,087.76)
888-84260	08/10/2009	05/26/2010	450	SPRINT NEXTEL CORP	\$4.94	\$3.70	\$2,224.35	\$1,666.17	\$558.18
888-84260	11/04/2009	05/20/2010	125	AMERIPRISE FINANCIAL INC	\$39.02	\$37.53	\$4,877.11	\$4,691.04	\$186.07
888-84260	08/10/2009	05/19/2010	600	SPRINT NEXTEL CORP	\$4.57	\$3.70	\$2,740.68	\$2,221.56	\$519.12
888-84260	07/21/2009	05/19/2010	50	CIMAREX ENERGY CO	\$66.86	\$32.76	\$3,342.76	\$1,638.20	\$1,704.56
888-84260	02/23/2010	05/18/2010	250	ROWAN COMPANIES INC	\$24.98	\$24.55	\$6,244.75	\$6,137.93	\$106.82
888-84260	01/21/2010	05/18/2010	250	ROYAL CARIBBEAN CRUISES LTD	\$31.10	\$26.73	\$7,775.40	\$6,682.78	\$1,092.62
888-84260	02/19/2010	05/17/2010	150	NOBLE CORP	\$34.13	\$42.91	\$5,119.35	\$6,435.81	(\$1,316.46)
888-84260	11/04/2009	05/17/2010	175	AMERIPRISE FINANCIAL INC	\$42.45	\$37.53	\$7,429.19	\$6,567.45	\$861.74
888-84260	08/10/2009	05/13/2010	900	SPRINT NEXTEL CORP	\$4.36	\$3.70	\$3,927.78	\$3,332.34	\$595.44
888-84260	02/11/2010	05/12/2010	57	FREEPORT-MCMORAN COPPER	\$72.46	\$73.43	\$4,130.11	\$4,185.61	(\$55.50)

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	02/10/2010	05/12/2010	75	FREEPORT-MCMORAN COPPER	\$72.46	\$70.50	\$5,434.36	\$5,287.46	\$146.90
888-84260	10/16/2009	05/10/2010	169	PRINCIPAL FINANCIAL GROUP	\$30.05	\$28.74	\$5,078.86	\$4,856.97	\$221.89
888-84260	01/27/2010	05/07/2010	75	BAXTER INTERNATIONAL INC	\$45.05	\$58.23	\$3,378.57	\$4,367.53	(\$988.96)
888-84260	12/02/2009	05/04/2010	125	HYATT HOTELS CORP - CL A	\$42.12	\$28.96	\$5,265.30	\$3,620.14	\$1,645.16
888-84260	01/27/2010	05/03/2010	75	BAXTER INTERNATIONAL INC	\$47.50	\$58.23	\$3,562.35	\$4,367.54	(\$805.19)
888-84260	12/07/2009	05/03/2010	170	BANK OF AMERICA CORP	\$18.09	\$16.17	\$3,075.27	\$2,748.07	\$327.20
888-84260	08/28/2009	05/03/2010	300	BANK OF AMERICA CORP	\$18.09	\$18.04	\$5,426.94	\$5,413.35	\$13.59
888-84260	08/28/2009	05/03/2010	350	QUANTA SERVICES INC	\$20.08	\$22.94	\$7,029.09	\$8,030.44	(\$1,001.35)
888-84260	02/16/2010	04/30/2010	43	GOLDMAN SACHS GROUP INC	\$145.85	\$156.10	\$6,271.46	\$6,712.17	(\$440.71)
888-84260	10/20/2009	04/30/2010	35	GOLDMAN SACHS GROUP INC	\$145.85	\$184.94	\$5,104.68	\$6,472.90	(\$1,368.22)
888-84260	05/14/2009	04/30/2010	165	GOLDMAN SACHS GROUP INC	\$145.85	\$131.42	\$24,064.92	\$21,684.83	\$2,380.09
888-84260	08/20/2009	04/29/2010	400	AK STEEL HOLDING CORP	\$17.09	\$20.47	\$6,835.80	\$8,188.56	(\$1,352.76)
888-84260	06/24/2009	04/29/2010	175	DU PONT (E.I.) DE NEMOURS	\$40.43	\$24.89	\$7,074.85	\$4,355.21	\$2,719.64
888-84260	06/23/2009	04/29/2010	175	DU PONT (E.I.) DE NEMOURS	\$40.43	\$24.39	\$7,074.85	\$4,267.82	\$2,807.03
888-84260	08/12/2009	04/26/2010	150	DELL INC	\$17.09	\$13.86	\$2,563.25	\$2,079.09	\$484.16
888-84260	07/15/2009	04/26/2010	800	DELL INC	\$17.09	\$12.28	\$13,670.64	\$9,827.68	\$3,842.96
888-84260	10/14/2009	04/20/2010	100	AETNA INC	\$31.98	\$26.13	\$3,198.16	\$2,613.47	\$584.69
888-84260	10/02/2009	04/20/2010	50	CONOCOPHILLIPS	\$57.30	\$46.30	\$2,864.77	\$2,315.20	\$549.57
888-84260	09/28/2009	04/20/2010	450	AETNA INC	\$31.98	\$29.17	\$14,391.72	\$13,124.44	\$1,267.28
888-84260	05/06/2009	04/19/2010	5	DEUTSCHE BANK AG-REGISTERED	\$73.46	\$55.99	\$367.28	\$279.96	\$87.32
888-84260	12/21/2009	04/16/2010	165	J C PENNEY CO INC	\$31.25	\$27.74	\$5,156.57	\$4,576.39	\$580.18
888-84260	02/16/2010	04/15/2010	75	CREDIT SUISSE GROUP-SPON AD	\$53.13	\$44.83	\$3,985.03	\$3,361.92	\$623.11
888-84260	09/17/2009	04/15/2010	75	CREDIT SUISSE GROUP-SPON AD	\$53.13	\$55.58	\$3,985.04	\$4,168.31	(\$183.27)
888-84260	05/11/2009	04/15/2010	250	CREDIT SUISSE GROUP-SPON AD	\$53.13	\$41.04	\$13,283.45	\$10,259.38	\$3,024.07
888-84260	06/23/2009	04/14/2010	75	DU PONT (E.I.) DE NEMOURS	\$38.70	\$24.39	\$2,902.52	\$1,829.06	\$1,073.46
888-84260	05/29/2009	04/14/2010	175	DU PONT (E.I.) DE NEMOURS	\$38.70	\$28.05	\$6,772.55	\$4,908.54	\$1,864.01
888-84260	05/18/2009	04/14/2010	25	DU PONT (E.I.) DE NEMOURS	\$38.70	\$28.01	\$967.51	\$700.23	\$267.28
888-84260	10/20/2009	04/09/2010	600	SUPERVALU INC	\$16.39	\$16.92	\$9,834.42	\$10,153.80	(\$319.38)
888-84260	06/05/2009	04/09/2010	50	FREEPORT-MCMORAN COPPER	\$85.16	\$57.49	\$4,258.17	\$2,874.74	\$1,383.43
888-84260	05/06/2009	04/09/2010	25	FREEPORT-MCMORAN COPPER	\$85.16	\$52.29	\$2,129.09	\$1,307.21	\$821.88

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/22/2009	04/09/2010	75	TARGET CORP	\$55.80	\$39.79	\$4,185.12	\$2,984.52	\$1,200.60
888-84260	01/12/2010	04/08/2010	50	AIR PRODUCTS & CHEMICALS INC	\$73.95	\$82.39	\$3,697.35	\$4,119.42	(\$422.07)
888-84260	11/30/2009	04/08/2010	25	AIR PRODUCTS & CHEMICALS INC	\$73.95	\$82.48	\$1,848.68	\$2,061.91	(\$213.23)
888-84260	11/27/2009	04/06/2010	200	VALE SA-SP ADR	\$33.05	\$28.82	\$6,610.32	\$5,764.10	\$846.22
888-84260	07/02/2009	04/01/2010	1100	RRI ENERGY INC	\$3.69	\$4.99	\$4,063.62	\$5,492.85	(\$1,429.23)
888-84260	05/06/2009	03/31/2010	73	FREEMPORT-MCMORAN COPPER	\$83.64	\$52.29	\$6,106.01	\$3,817.07	\$2,288.94
888-84260	08/05/2009	03/23/2010	75	VALERO ENERGY CORP	\$20.25	\$18.74	\$1,518.70	\$1,405.73	\$112.97
888-84260	07/27/2009	03/23/2010	425	VALERO ENERGY CORP	\$20.25	\$18.70	\$8,605.95	\$7,947.76	\$658.19
888-84260	12/31/2009	03/19/2010	25	SPX CORP	\$60.43	\$55.34	\$1,510.76	\$1,383.43	\$127.33
888-84260	07/28/2009	03/19/2010	100	SPX CORP	\$60.43	\$54.19	\$6,043.02	\$5,419.45	\$623.57
888-84260	04/15/2009	03/17/2010	200	SYMANTEC CORP	\$17.11	\$16.38	\$3,421.68	\$3,276.60	\$145.08
888-84260	03/17/2009	03/17/2010	250	SYMANTEC CORP	\$17.11	\$13.43	\$4,277.10	\$3,358.43	\$918.67
888-84260	07/13/2009	03/12/2010	150	LOWE'S COS INC	\$24.77	\$19.25	\$3,715.53	\$2,886.96	\$828.57
888-84260	07/13/2009	03/08/2010	175	LOWE'S COS INC	\$24.02	\$19.25	\$4,204.30	\$3,368.12	\$836.18
888-84260	11/30/2009	02/26/2010	50	AIR PRODUCTS & CHEMICALS INC	\$68.80	\$82.48	\$3,439.91	\$4,123.81	(\$683.90)
888-84260	11/16/2009	02/26/2010	50	AIR PRODUCTS & CHEMICALS INC	\$68.80	\$85.00	\$3,439.91	\$4,250.02	(\$810.11)
888-84260	09/30/2009	02/25/2010	150	CORNING INC	\$17.40	\$15.28	\$2,610.14	\$2,291.54	\$318.60
888-84260	02/24/2009	02/24/2010	375	SYMANTEC CORP	\$16.58	\$14.14	\$6,217.91	\$5,300.74	\$917.17
888-84260	06/03/2009	02/23/2010	500	MASCO CORP	\$13.27	\$10.79	\$6,635.45	\$5,395.60	\$1,239.85
888-84260	06/05/2009	02/18/2010	40	AIR PRODUCTS & CHEMICALS INC	\$70.00	\$68.11	\$2,799.86	\$2,724.40	\$75.46
888-84260	03/26/2009	02/18/2010	150	NORTHROP GRUMMAN CORP	\$60.43	\$44.54	\$9,064.44	\$6,680.42	\$2,384.02
888-84260	05/18/2009	02/16/2010	75	DU PONT (E.I.) DE NEMOURS	\$32.54	\$28.01	\$2,440.77	\$2,100.71	\$340.06
888-84260	04/30/2009	02/16/2010	100	DU PONT (E.I.) DE NEMOURS	\$32.54	\$27.92	\$3,254.36	\$2,791.98	\$462.38
888-84260	04/20/2009	02/16/2010	50	DU PONT (E.I.) DE NEMOURS	\$32.54	\$27.05	\$1,627.18	\$1,352.73	\$274.45
888-84260	12/03/2009	02/10/2010	300	CONSTELLATION BRANDS INC-A	\$15.15	\$16.59	\$4,544.64	\$4,976.76	(\$432.12)
888-84260	07/29/2009	02/10/2010	400	CONSTELLATION BRANDS INC-A	\$15.15	\$13.41	\$6,059.52	\$5,363.12	\$696.40
888-84260	04/28/2009	02/10/2010	250	TYCO ELECTRONICS LTD	\$24.74	\$16.57	\$6,185.63	\$4,142.50	\$2,043.13
888-84260	04/28/2009	02/10/2010	25	TYCO ELECTRONICS LTD	\$24.74	\$16.57	\$618.56	\$414.25	\$204.31
888-84260	09/30/2009	02/09/2010	75	CORNING INC	\$17.82	\$15.28	\$1,336.67	\$1,145.77	\$190.90
888-84260	10/22/2009	02/05/2010	75	INGERSOLL-RAND PLC	\$32.06	\$34.92	\$2,404.28	\$2,619.29	(\$215.01)

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/17/2009	02/05/2010	145	BANK OF NEW YORK MELLON CORP	\$26.61	\$30.57	\$3,858.36	\$4,433.13	(\$574.77)
888-84260	08/11/2009	02/04/2010	75	FEDEX CORP	\$79.54	\$66.26	\$5,965.43	\$4,969.71	\$995.72
888-84260	07/31/2009	02/04/2010	50	OCCIDENTAL PETROLEUM CORP	\$76.98	\$70.59	\$3,849.02	\$3,529.63	\$319.39
888-84260	05/19/2009	02/02/2010	150	NATIONAL - OILWELL INC	\$42.55	\$34.91	\$6,383.04	\$5,236.40	\$1,146.64
888-84260	09/17/2009	02/01/2010	125	LOWE'S COS INC	\$21.91	\$21.59	\$2,738.63	\$2,698.70	\$39.93
888-84260	10/22/2009	01/29/2010	100	INGERSOLL-RAND PLC	\$33.17	\$34.92	\$3,316.84	\$3,492.39	(\$175.55)
888-84260	09/14/2009	01/29/2010	100	UNITED PARCEL SERVICE-CL B	\$58.31	\$58.99	\$5,830.67	\$5,899.24	(\$68.57)
888-84260	07/31/2009	01/29/2010	11	OCCIDENTAL PETROLEUM CORP	\$78.73	\$70.59	\$866.07	\$776.52	\$89.55
888-84260	06/29/2009	01/29/2010	64	OCCIDENTAL PETROLEUM CORP	\$78.73	\$66.16	\$5,038.94	\$4,234.55	\$804.39
888-84260	06/26/2009	01/29/2010	35	INGERSOLL-RAND PLC	\$33.17	\$21.57	\$1,160.90	\$755.10	\$405.80
888-84260	06/26/2009	01/29/2010	3	INGERSOLL-RAND PLC	\$33.17	\$21.57	\$99.51	\$64.72	\$34.79
888-84260	04/27/2009	01/28/2010	55	BUNGE LTD	\$60.38	\$46.79	\$3,321.00	\$2,573.29	\$747.71
888-84260	06/29/2009	01/26/2010	76	OCCIDENTAL PETROLEUM CORP	\$77.12	\$66.16	\$5,861.03	\$5,028.52	\$832.51
888-84260	06/24/2009	01/26/2010	1	OCCIDENTAL PETROLEUM CORP	\$77.12	\$63.99	\$77.12	\$63.99	\$13.13
888-84260	06/24/2009	01/26/2010	14	OCCIDENTAL PETROLEUM CORP	\$77.12	\$63.99	\$1,079.66	\$895.86	\$183.80
888-84260	06/24/2009	01/26/2010	15	OCCIDENTAL PETROLEUM CORP	\$77.12	\$63.99	\$1,156.78	\$959.85	\$196.93
888-84260	02/03/2009	01/26/2010	77	OCCIDENTAL PETROLEUM CORP	\$77.12	\$55.26	\$5,938.15	\$4,254.71	\$1,683.44
888-84260	02/11/2009	01/25/2010	225	LOWE'S COS INC	\$22.17	\$18.06	\$4,988.63	\$4,062.56	\$926.07
888-84260	04/17/2009	01/22/2010	80	ACE LTD	\$48.28	\$45.50	\$3,862.79	\$3,639.70	\$223.09
888-84260	04/17/2009	01/22/2010	50	CHEVRON CORP	\$75.33	\$66.45	\$3,766.26	\$3,322.40	\$443.86
888-84260	03/24/2009	01/22/2010	85	CHEVRON CORP	\$75.33	\$69.70	\$6,402.63	\$5,924.91	\$477.72
888-84260	03/12/2009	01/22/2010	45	ACE LTD	\$48.28	\$33.27	\$2,172.82	\$1,497.37	\$675.45
888-84260	05/13/2009	01/19/2010	250	US BANCORP	\$24.48	\$17.54	\$6,120.60	\$4,383.98	\$1,736.62
888-84260	02/25/2009	01/13/2010	175	HOME DEPOT INC	\$28.12	\$20.35	\$4,921.52	\$3,560.94	\$1,360.58
888-84260	02/10/2009	01/13/2010	175	HOME DEPOT INC	\$28.12	\$22.46	\$4,921.53	\$3,930.92	\$990.61
888-84260	06/24/2009	01/06/2010	45	OCCIDENTAL PETROLEUM CORP	\$82.40	\$63.99	\$3,708.19	\$2,879.56	\$828.63
888-84260	05/19/2009	12/31/2009	40	AMAZON COM INC	\$135.41	\$75.98	\$5,416.40	\$3,039.10	\$2,377.30
888-84260	03/12/2009	12/31/2009	31	COOPER INDUSTRIES PLC-CL A	\$42.78	\$23.27	\$1,326.25	\$721.22	\$605.03
888-84260	08/17/2009	12/29/2009	150	BLACK & DECKER CORP	\$66.08	\$40.53	\$9,912.30	\$6,079.66	\$3,832.64
888-84260	01/14/2009	12/29/2009	100	METLIFE INC	\$35.30	\$27.56	\$3,529.96	\$2,756.26	\$773.70

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	05/06/2009	12/22/2009	50	VISA INC - CLASS A SHRS	\$86.77	\$66.91	\$4,338.28	\$3,345.36	\$992.92
888-84260	08/07/2009	12/21/2009	70	ARCELORMITTAL-NY REGISTERED	\$44.17	\$37.94	\$3,091.79	\$2,655.93	\$435.86
888-84260	05/27/2009	12/21/2009	105	ARCELORMITTAL-NY REGISTERED	\$44.17	\$31.51	\$4,637.68	\$3,308.64	\$1,329.04
888-84260	03/12/2009	12/21/2009	75	ACE LTD	\$48.82	\$33.28	\$3,661.82	\$2,495.63	\$1,166.19
888-84260	09/17/2009	12/18/2009	75	LOWE'S COS INC	\$23.59	\$21.59	\$1,769.06	\$1,619.22	\$149.84
888-84260	04/27/2009	12/18/2009	150	LOWE'S COS INC	\$23.59	\$20.77	\$3,538.11	\$3,116.21	\$421.90
888-84260	01/27/2009	12/18/2009	200	CORNING INC	\$18.48	\$9.61	\$3,696.96	\$1,922.20	\$1,774.76
888-84260	01/26/2009	12/18/2009	350	CORNING INC	\$18.48	\$9.88	\$6,469.68	\$3,459.68	\$3,010.00
888-84260	09/28/2009	12/17/2009	150	AETNA INC	\$33.07	\$29.17	\$4,960.40	\$4,374.81	\$585.59
888-84260	04/15/2009	12/15/2009	100	PROCTER & GAMBLE CO	\$62.19	\$48.30	\$6,218.51	\$4,830.25	\$1,388.26
888-84260	07/28/2009	12/07/2009	75	CATERPILLAR INC	\$57.83	\$42.81	\$4,337.08	\$3,210.45	\$1,126.63
888-84260	07/09/2009	12/07/2009	100	CATERPILLAR INC	\$57.83	\$30.92	\$5,782.77	\$3,091.82	\$2,690.95
888-84260	04/24/2009	12/03/2009	50	UNION PACIFIC CORP	\$64.54	\$49.60	\$3,227.03	\$2,480.07	\$746.96
888-84260	09/18/2009	12/01/2009	35	RIO TINTO PLC-SPON ADR	\$211.96	\$179.81	\$7,418.65	\$6,293.32	\$1,125.33
888-84260	01/07/2009	12/01/2009	425	VIACOM INC-CLASS B	\$29.97	\$19.67	\$12,737.00	\$8,361.62	\$4,375.38
888-84260	02/10/2009	11/30/2009	175	GLAXOSMITHKLINE PLC-SPON AD	\$41.38	\$37.11	\$7,242.17	\$6,493.59	\$748.58
888-84260	09/28/2009	11/25/2009	225	PETROLEO BRASILEIRO-SPON AD	\$46.24	\$38.67	\$10,404.11	\$8,700.19	\$1,703.92
888-84260	05/29/2009	11/25/2009	75	PETROLEO BRASILEIRO S A--AD	\$51.92	\$44.11	\$3,893.84	\$3,308.54	\$585.30
888-84260	09/14/2009	11/18/2009	100	UNITED TECHNOLOGIES CORP	\$68.53	\$61.43	\$6,853.29	\$6,143.19	\$710.10
888-84260	04/15/2009	11/17/2009	124	PROCTER & GAMBLE CO	\$62.30	\$48.30	\$7,724.60	\$5,989.51	\$1,735.09
888-84260	02/04/2009	11/16/2009	75	EOG RESOURCES INC	\$90.69	\$68.85	\$6,801.72	\$5,163.45	\$1,638.27
888-84260	05/13/2009	11/13/2009	250	US BANCORP	\$23.66	\$17.54	\$5,915.80	\$4,383.97	\$1,531.83
888-84260	12/05/2008	11/13/2009	125	METLIFE INC	\$34.27	\$26.46	\$4,284.30	\$3,307.96	\$976.34
888-84260	05/07/2009	11/11/2009	452	TAIWAN SEMICONDUCTOR-SP ADR	\$10.24	\$10.31	\$4,628.57	\$4,659.35	(\$30.78)
888-84260	05/06/2009	11/11/2009	276	TAIWAN SEMICONDUCTOR-SP ADR	\$10.24	\$10.97	\$2,826.30	\$3,027.89	(\$201.59)
888-84260	08/07/2009	11/09/2009	275	ALTERA CORPORATION	\$20.07	\$18.80	\$5,519.11	\$5,170.44	\$348.67
888-84260	04/20/2009	11/09/2009	125	DU PONT (E I) DE NEMOURS	\$33.79	\$27.05	\$4,223.59	\$3,381.81	\$841.78
888-84260	01/23/2009	11/06/2009	50	COLGATE-PALMOLIVE CO	\$79.98	\$61.81	\$3,999.08	\$3,090.60	\$908.48
888-84260	08/17/2009	11/05/2009	75	BLACK & DECKER CORP	\$60.38	\$40.53	\$4,528.57	\$3,039.82	\$1,488.75
888-84260	02/10/2009	11/05/2009	75	GLAXOSMITHKLINE PLC-SPON AD	\$40.32	\$37.11	\$3,023.66	\$2,782.96	\$240.70

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/24/2009	11/04/2009	50	UNION PACIFIC CORP	\$59.60	\$49.60	\$2,979.81	\$2,480.06	\$499.75
888-84260	03/23/2009	11/04/2009	300	SCHERING-PLOUGH CORP	\$10.50	\$10.16	\$3,150.00	\$3,048.33	\$101.67
888-84260	02/04/2009	11/04/2009	60	EOG RESOURCES INC	\$85.83	\$68.85	\$5,150.08	\$4,130.76	\$1,019.32
888-84260	06/24/2009	11/02/2009	10	OCCIDENTAL PETROLEUM CORP	\$75.76	\$63.99	\$757.61	\$639.90	\$117.71
888-84260	02/03/2009	11/02/2009	63	OCCIDENTAL PETROLEUM CORP	\$75.76	\$55.26	\$4,772.95	\$3,481.11	\$1,291.84
888-84260	01/12/2009	10/28/2009	225	LIMITED BRANDS INC	\$17.31	\$8.98	\$3,894.03	\$2,021.55	\$1,872.48
888-84260	04/27/2009	10/27/2009	75	LOWE'S COS INC	\$19.99	\$20.77	\$1,498.97	\$1,558.10	(\$59.13)
888-84260	04/22/2009	10/27/2009	225	LOWE'S COS INC	\$19.99	\$20.80	\$4,496.89	\$4,679.87	(\$182.98)
888-84260	05/06/2009	10/26/2009	125	FREEMONT-MCMORAN COPPER	\$82.92	\$52.29	\$10,365.26	\$6,536.06	\$3,829.20
888-84260	03/31/2009	10/22/2009	25	APACHE CORP	\$101.27	\$64.73	\$2,531.74	\$1,618.23	\$913.51
888-84260	03/06/2009	10/22/2009	75	EMERSON ELECTRIC CO	\$40.00	\$25.37	\$2,999.82	\$1,902.99	\$1,096.83
888-84260	03/31/2009	10/13/2009	50	APACHE CORP	\$97.39	\$64.73	\$4,869.55	\$3,236.46	\$1,633.09
888-84260	07/12/2009	10/12/2009	195	CROWN CASTLE INTL CORP	\$31.94	\$26.59	\$6,228.53	\$5,184.17	\$1,044.36
888-84260	07/16/2009	10/12/2009	125	AMERICAN TOWER CORP-CL A	\$37.44	\$32.44	\$4,679.64	\$4,054.76	\$624.88
888-84260	07/09/2009	10/12/2009	50	CATERPILLAR INC	\$53.67	\$30.92	\$2,683.51	\$1,545.91	\$1,137.60
888-84260	05/27/2009	10/12/2009	150	CATERPILLAR INC	\$53.67	\$35.24	\$8,050.53	\$5,285.49	\$2,765.04
888-84260	03/05/2009	10/12/2009	50	MCDONALD'S CORP	\$56.79	\$52.02	\$2,839.63	\$2,600.76	\$238.87
888-84260	01/20/2009	10/12/2009	150	CAPITAL ONE FINANCIAL CORP	\$37.92	\$23.53	\$5,688.69	\$3,529.34	\$2,159.35
888-84260	11/13/2008	10/12/2009	50	MCDONALD'S CORP	\$56.79	\$53.63	\$2,839.62	\$2,681.73	\$157.89
888-84260	05/06/2009	10/06/2009	35	VISA INC - CLASS A SHRS	\$68.01	\$66.91	\$2,380.26	\$2,341.75	\$38.51
888-84260	04/30/2009	10/06/2009	60	VISA INC - CLASS A SHRS	\$68.01	\$67.09	\$4,080.45	\$4,025.23	\$55.22
888-84260	03/31/2009	09/30/2009	25	APACHE CORP	\$92.16	\$64.73	\$2,304.00	\$1,618.22	\$685.78
888-84260	03/27/2009	09/29/2009	275	ELI LILLY & CO	\$33.41	\$33.85	\$9,188.88	\$9,307.76	(\$118.88)
888-84260	05/01/2009	09/23/2009	65	TOYOTA MOTOR CORP - SPON ADR	\$82.34	\$79.01	\$5,352.37	\$5,135.35	\$217.02
888-84260	01/20/2009	09/21/2009	275	NEWS CORP	\$12.11	\$7.53	\$3,330.11	\$2,071.52	\$1,258.59
888-84260	01/20/2009	09/18/2009	200	CAPITAL ONE FINANCIAL CORP	\$38.17	\$23.53	\$7,633.64	\$4,705.78	\$2,927.86
888-84260	03/31/2009	09/16/2009	125	MICROSOFT CORP	\$25.09	\$18.46	\$3,135.90	\$2,306.88	\$829.02
888-84260	03/06/2009	09/16/2009	75	EMERSON ELECTRIC CO	\$40.50	\$25.37	\$3,037.19	\$1,902.99	\$1,134.20
888-84260	10/28/2008	09/16/2009	50	MCDONALD'S CORP	\$55.42	\$53.05	\$2,771.06	\$2,652.66	\$118.40
888-84260	10/01/2008	09/16/2009	50	MCDONALD'S CORP	\$55.42	\$62.41	\$2,771.06	\$3,120.48	(\$349.42)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	05/06/2009	09/11/2009	80	NUCOR CORP	\$46.43	\$45.01	\$3,714.26	\$3,600.67	\$113.59
888-84260	09/26/2008	09/11/2009	150	JPMORGAN CHASE & CO	\$42.58	\$40.50	\$6,387.00	\$6,075.00	\$312.00
888-84260	04/15/2009	09/10/2009	1	PROCTER & GAMBLE CO	\$55.88	\$48.30	\$55.88	\$48.30	\$7.58
888-84260	09/15/2008	09/10/2009	49	PROCTER & GAMBLE CO	\$55.88	\$73.15	\$2,737.95	\$3,584.27	(\$846.32)
888-84260	07/17/2009	09/09/2009	200	TEXTRON INC	\$18.38	\$10.16	\$3,676.36	\$2,032.32	\$1,644.04
888-84260	11/06/2008	09/09/2009	100	EASTMAN CHEMICAL COMPANY	\$51.37	\$39.84	\$5,136.67	\$3,984.12	\$1,152.55
888-84260	10/08/2008	09/09/2009	125	BAXTER INTERNATIONAL INC	\$55.97	\$62.01	\$6,996.84	\$7,751.56	(\$754.72)
888-84260	04/09/2009	08/28/2009	125	CARDINAL HEALTH INC	\$34.27	\$32.79	\$4,284.18	\$4,098.90	\$185.28
888-84260	03/12/2009	08/28/2009	150	COOPER INDUSTRIES LTD-CL A	\$33.20	\$22.18	\$4,979.40	\$3,327.26	\$1,652.14
888-84260	08/28/2008	08/28/2009	125	XL CAPITAL LTD -CLASS A	\$16.97	\$20.05	\$2,121.38	\$2,506.64	(\$385.26)
888-84260	03/31/2009	08/20/2009	75	EOG RESOURCES INC	\$73.59	\$56.93	\$5,519.29	\$4,269.73	\$1,249.56
888-84260	01/30/2009	08/19/2009	125	EMERSON ELECTRIC CO	\$34.61	\$33.40	\$4,326.31	\$4,175.60	\$150.71
888-84260	12/22/2008	08/19/2009	500	ERICSSON (LM) TEL-SP ADR	\$9.26	\$7.62	\$4,630.15	\$3,809.05	\$821.10
888-84260	10/20/2008	08/19/2009	75	ERICSSON (LM) TEL-SP ADR	\$9.26	\$7.93	\$694.52	\$595.05	\$99.47
888-84260	05/20/2009	08/07/2009	1200	REGIONS FINANCIAL CORP	\$4.74	\$4.00	\$5,687.04	\$4,800.00	\$887.04
888-84260	03/31/2009	08/07/2009	9	APACHE CORP	\$87.29	\$64.73	\$785.59	\$582.56	\$203.03
888-84260	01/20/2009	08/07/2009	300	NEWS CORP	\$10.99	\$7.53	\$3,297.84	\$2,259.84	\$1,038.00
888-84260	10/10/2008	08/07/2009	16	APACHE CORP	\$87.29	\$66.28	\$1,396.61	\$1,060.55	\$336.06
888-84260	09/15/2008	08/07/2009	73	PROCTER & GAMBLE CO	\$51.91	\$73.15	\$3,789.52	\$5,339.82	(\$1,550.30)
888-84260	01/30/2009	08/06/2009	125	EMERSON ELECTRIC CO	\$34.79	\$33.40	\$4,348.73	\$4,175.60	\$173.13
888-84260	10/27/2008	08/06/2009	75	EMERSON ELECTRIC CO	\$34.79	\$30.83	\$2,609.23	\$2,312.22	\$297.01
888-84260	12/23/2008	08/04/2009	175	THE WALT DISNEY CO.	\$25.41	\$22.20	\$4,445.98	\$3,885.03	\$560.95
888-84260	10/01/2008	08/04/2009	100	MCDONALD'S CORP	\$55.01	\$62.41	\$5,500.63	\$6,240.95	(\$740.32)
888-84260	01/05/2009	08/03/2009	375	TYSON FOODS INC-CL A	\$11.21	\$8.35	\$4,202.74	\$3,129.45	\$1,073.29
888-84260	11/24/2008	07/30/2009	400	SAFEWAY INC	\$19.12	\$19.28	\$7,646.40	\$7,710.88	(\$64.48)
888-84260	01/20/2009	07/29/2009	100	CAPITAL ONE FINANCIAL CORP	\$29.37	\$23.53	\$2,937.09	\$2,352.89	\$584.20
888-84260	11/06/2008	07/29/2009	65	EASTMAN CHEMICAL COMPANY	\$48.03	\$39.84	\$3,122.11	\$2,589.67	\$532.44
888-84260	10/10/2008	07/29/2009	34	APACHE CORP	\$76.40	\$66.28	\$2,597.43	\$2,253.65	\$343.78
888-84260	04/24/2009	07/23/2009	100	LIBERTY ENTERTAINMENT-CL A	\$26.93	\$24.12	\$2,693.40	\$2,411.76	\$281.64
888-84260	04/24/2009	07/22/2009	125	LIBERTY ENTERTAINMENT-CL A	\$26.47	\$24.12	\$3,309.18	\$3,014.68	\$294.50

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2009 - 06/30/2010

Short-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	04/15/2009	07/17/2009	78	PROCTER & GAMBLE CO	\$55.31	\$48.30	\$4,314.35	\$3,767.59	\$546.76
888-84260	12/23/2008	07/17/2009	50	THE WALT DISNEY CO	\$24.49	\$22.20	\$1,224.70	\$1,110.00	\$114.70
888-84260	12/23/2008	07/17/2009	150	THE WALT DISNEY CO	\$24.49	\$22.20	\$3,674.10	\$3,330.01	\$344.09
888-84260	12/05/2008	07/17/2009	70	METLIFE INC	\$30.65	\$26.46	\$2,145.79	\$1,852.46	\$293.33
888-84260	11/05/2008	07/17/2009	50	PROCTER & GAMBLE CO	\$55.31	\$65.10	\$2,765.61	\$3,254.97	(\$489.36)
888-84260	10/27/2008	07/17/2009	50	THE WALT DISNEY CO.	\$24.49	\$22.01	\$1,224.70	\$1,100.64	\$124.06
888-84260	10/03/2008	07/17/2009	75	PROCTER & GAMBLE CO	\$55.31	\$71.11	\$4,148.42	\$5,333.52	(\$1,185.10)
888-84260	09/15/2008	07/17/2009	28	PROCTER & GAMBLE CO	\$55.31	\$73.15	\$1,548.74	\$2,048.14	(\$499.40)
888-84260	08/15/2008	07/17/2009	75	WESTERN DIGITAL CORP	\$28.95	\$29.41	\$2,171.21	\$2,205.38	(\$34.17)
888-84260	10/01/2008	07/16/2009	100	MCDONALD'S CORP	\$57.08	\$62.41	\$5,707.85	\$6,240.95	(\$533.10)
888-84260	03/27/2009	07/14/2009	275	ELI LILLY & CO	\$32.85	\$33.85	\$9,032.51	\$9,307.76	(\$275.25)
888-84260	04/02/2009	07/13/2009	95	AMGEN INC	\$57.83	\$48.70	\$5,493.95	\$4,626.23	\$867.72
888-84260	01/23/2009	07/13/2009	90	EOG RESOURCES INC	\$62.84	\$63.32	\$5,655.54	\$5,698.74	(\$43.20)
888-84260	01/20/2009	07/08/2009	150	CAPITAL ONE FINANCIAL CORP	\$20.62	\$23.53	\$3,093.74	\$3,529.33	(\$435.59)
888-84260	07/25/2008	07/08/2009	60	EOG RESOURCES INC	\$61.66	\$103.79	\$3,699.79	\$6,227.22	(\$2,527.43)
888-84260	10/06/2008	07/02/2009	25	NOKIA CORP-SPON ADR	\$14.54	\$16.26	\$363.61	\$406.43	(\$42.82)
888-84260	10/06/2008	07/02/2009	250	NOKIA CORP-SPON ADR	\$14.54	\$16.26	\$3,636.13	\$4,064.35	(\$428.22)
Total							\$1,100,994.54	\$980,088.69	\$120,905.85

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	05/18/2007	06/24/2010	100	PFIZER INC	\$14.59	\$27.40	\$1,459.35	\$2,740.14	(\$1,280.79)
888-84260	05/15/2007	06/24/2010	125	PFIZER INC	\$14.59	\$27.17	\$1,824.19	\$3,396.19	(\$1,572.00)
888-84260	02/19/2008	06/23/2010	26	APPLE INC	\$270.88	\$124.91	\$7,042.96	\$3,247.66	\$3,795.30
888-84260	05/28/2009	06/22/2010	75	ENSCO PLC- SPON ADR	\$40.10	\$37.51	\$3,007.34	\$2,813.62	\$193.72
888-84260	05/27/2009	06/16/2010	150	ILLINOIS TOOL WORKS	\$46.49	\$33.57	\$6,973.17	\$5,035.35	\$1,937.82
888-84260	05/19/2009	06/16/2010	25	AMAZON COM INC	\$127.80	\$75.98	\$3,194.97	\$1,899.44	\$1,295.53
888-84260	04/17/2009	06/16/2010	16	AOL INC	\$21.85	\$16.66	\$349.57	\$266.56	\$83.01
888-84260	03/20/2009	06/16/2010	9	AOL INC	\$21.85	\$13.33	\$196.63	\$119.97	\$76.66

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	03/11/2009	06/16/2010	25	DEVON ENERGY CORPORATION	\$68.08	\$41.91	\$1,702.06	\$1,047.81	\$654.25
888-84260	02/20/2009	06/16/2010	200	NOKIA CORP-SPON ADR	\$8.78	\$10.19	\$1,756.00	\$2,037.52	(\$281.52)
888-84260	02/18/2009	06/16/2010	12	AOL INC	\$21.85	\$13.44	\$262.18	\$161.33	\$100.85
888-84260	02/17/2009	06/16/2010	50	DEVON ENERGY CORPORATION	\$68.08	\$49.19	\$3,404.13	\$2,459.33	\$944.80
888-84260	02/06/2009	06/16/2010	25	NOKIA CORP-SPON ADR	\$8.78	\$13.38	\$219.50	\$334.59	(\$115.09)
888-84260	01/29/2009	06/16/2010	50	DEVON ENERGY CORPORATION	\$68.08	\$63.22	\$3,404.12	\$3,160.93	\$243.19
888-84260	01/15/2009	06/16/2010	12	AOL INC	\$21.85	\$15.82	\$262.18	\$189.88	\$72.30
888-84260	12/08/2008	06/16/2010	9	AOL INC	\$21.85	\$15.84	\$196.63	\$142.54	\$54.09
888-84260	11/06/2008	06/16/2010	9	AOL INC	\$21.85	\$16.42	\$196.63	\$147.79	\$48.84
888-84260	10/27/2008	06/16/2010	75	GENERAL MILLS INC	\$38.36	\$32.12	\$2,877.00	\$2,409.24	\$467.76
888-84260	10/23/2008	06/16/2010	18	AOL INC	\$21.85	\$15.84	\$393.26	\$285.12	\$108.14
888-84260	09/16/2008	06/16/2010	200	XL CAPITAL LTD -CLASS A	\$17.79	\$16.55	\$3,558.42	\$3,309.30	\$249.12
888-84260	07/17/2008	06/16/2010	275	MACY'S INC	\$21.96	\$17.42	\$6,039.08	\$4,791.21	\$1,247.87
888-84260	06/23/2008	06/16/2010	11	AOL INC	\$21.85	\$25.25	\$240.33	\$277.78	(\$37.45)
888-84260	11/28/2007	06/16/2010	65	BERNSTEIN EMERGING MARKETS PORTFOLIO	\$27.33	\$51.59	\$1,763.66	\$3,362.57	(\$1,598.91)
888-84260	11/28/2007	06/16/2010	30	PEPSICO INC	\$63.99	\$76.78	\$1,919.68	\$2,303.25	(\$383.57)
888-84260	07/25/2007	06/16/2010	1693	BERNSTEIN INTERMEDIATE DURATION PORTFOLIO	\$13.58	\$12.97	\$23,000.00	\$21,966.86	\$1,033.14
888-84260	04/30/2007	06/16/2010	20	PEPSICO INC	\$63.99	\$66.37	\$1,279.79	\$1,327.35	(\$47.56)
888-84260	12/12/2006	06/16/2010	862	BERNSTEIN EMERGING MARKETS PORTFOLIO	\$27.33	\$36.69	\$23,336.34	\$31,645.07	(\$8,308.73)
888-84260	06/29/2005	06/16/2010	554	ALLIANCEBERNSTEIN GLOBAL REAL ESTATE INVT FD II CL I	\$7.85	\$14.03	\$4,350.00	\$7,774.58	(\$3,424.58)
888-84260	03/19/2004	06/16/2010	8	AOL INC	\$21.85	\$27.88	\$174.78	\$223.06	(\$48.28)
888-84260	03/23/2009	06/15/2010	173	MERCK & CO. INC	\$35.67	\$24.01	\$6,171.46	\$4,153.02	\$2,018.44
888-84260	01/12/2009	06/15/2010	250	LIMITED BRANDS INC	\$25.97	\$8.98	\$6,492.28	\$2,246.18	\$4,246.10
888-84260	07/25/2008	06/15/2010	200	MERCK & CO INC	\$35.67	\$32.69	\$7,134.64	\$6,538.44	\$596.20
888-84260	07/03/2008	06/15/2010	252	MERCK & CO. INC.	\$35.67	\$19.85	\$8,989.65	\$5,001.49	\$3,988.16
888-84260	05/27/2009	06/14/2010	150	US BANCORP	\$23.05	\$18.62	\$3,458.04	\$2,792.72	\$665.32
888-84260	05/13/2009	06/14/2010	200	US BANCORP	\$23.05	\$17.54	\$4,610.72	\$3,507.18	\$1,103.54

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	01/29/2009	06/14/2010	25	DEVON ENERGY CORPORATION	\$68.85	\$63.22	\$1,721.35	\$1,580.47	\$140.88
888-84260	10/27/2008	06/14/2010	75	GENERAL MILLS INC	\$37.94	\$32.12	\$2,845.61	\$2,409.24	\$436.37
888-84260	10/01/2008	06/14/2010	25	DEVON ENERGY CORPORATION	\$68.85	\$69.39	\$1,721.36	\$2,234.66	(\$513.30)
888-84260	06/05/2008	06/14/2010	50	MORGAN STANLEY	\$25.75	\$44.00	\$1,287.52	\$2,199.80	(\$912.28)
888-84260	12/21/2007	06/14/2010	150	MORGAN STANLEY	\$25.75	\$53.90	\$3,862.58	\$8,085.48	(\$4,222.90)
888-84260	12/06/2007	06/10/2010	50	FRANKLIN RESOURCES INC	\$90.43	\$120.79	\$4,521.33	\$6,039.60	(\$1,518.27)
888-84260	05/14/2009	06/08/2010	25	INTEL CORP	\$20.03	\$15.46	\$500.68	\$386.53	\$114.15
888-84260	03/31/2009	06/08/2010	150	INTEL CORP	\$20.03	\$15.14	\$3,004.11	\$2,271.26	\$732.85
888-84260	09/05/2008	06/08/2010	125	INTEL CORP	\$20.03	\$20.37	\$2,503.43	\$2,546.35	(\$42.92)
888-84260	02/19/2008	06/01/2010	24	APPLE INC	\$263.63	\$124.91	\$6,327.05	\$2,997.84	\$3,329.21
888-84260	07/17/2008	05/20/2010	25	MACY'S INC	\$20.79	\$17.42	\$519.66	\$435.57	\$84.09
888-84260	06/02/2008	05/20/2010	100	MACY'S INC	\$20.79	\$22.93	\$2,078.63	\$2,293.07	(\$214.44)
888-84260	05/30/2008	05/20/2010	330	MACY'S INC	\$20.79	\$23.81	\$6,859.48	\$7,855.82	(\$996.34)
888-84260	06/04/2007	05/20/2010	170	MACY'S INC	\$20.79	\$40.33	\$3,533.67	\$6,855.76	(\$3,322.09)
888-84260	02/06/2009	05/19/2010	275	NOKIA CORP-SPON ADR	\$10.08	\$13.38	\$2,771.45	\$3,680.49	(\$909.04)
888-84260	02/05/2009	05/19/2010	500	NOKIA CORP-SPON ADR	\$10.08	\$13.00	\$5,039.00	\$6,500.65	(\$1,461.65)
888-84260	01/12/2009	05/19/2010	125	LIMITED BRANDS INC	\$24.61	\$8.98	\$3,076.30	\$1,123.09	\$1,953.21
888-84260	11/24/2008	05/19/2010	300	NOKIA CORP-SPON ADR	\$10.08	\$13.74	\$3,023.40	\$4,121.04	(\$1,097.64)
888-84260	10/06/2008	05/19/2010	25	NOKIA CORP-SPON ADR	\$10.08	\$16.26	\$251.95	\$406.44	(\$154.49)
888-84260	05/04/2009	05/18/2010	325	UNUM GROUP	\$22.38	\$16.87	\$7,274.22	\$5,483.82	\$1,790.40
888-84260	05/06/2009	05/14/2010	125	DEUTSCHE BANK AG-REGISTERED	\$60.75	\$55.99	\$7,593.78	\$6,998.96	\$594.82
888-84260	01/02/2009	05/14/2010	1100	MOTOROLA INC	\$6.77	\$4.64	\$7,444.14	\$5,103.12	\$2,341.02
888-84260	02/10/2009	05/13/2010	15	NEWS CORP	\$14.48	\$6.55	\$217.18	\$98.27	\$118.91
888-84260	01/20/2009	05/13/2010	360	NEWS CORP	\$14.48	\$7.53	\$5,212.30	\$2,711.81	\$2,500.49
888-84260	09/22/2008	05/13/2010	150	SPRINT NEXTEL CORP	\$4.36	\$6.89	\$654.63	\$1,033.50	(\$378.87)
888-84260	05/06/2009	05/12/2010	18	FREEPORT-MCMORAN COPPER	\$72.46	\$52.29	\$1,304.25	\$941.19	\$363.06
888-84260	05/06/2009	05/12/2010	9	FREEPORT-MCMORAN COPPER	\$72.46	\$52.29	\$652.12	\$470.60	\$181.52
888-84260	09/05/2008	05/10/2010	200	INTEL CORP	\$22.39	\$20.37	\$4,477.80	\$4,074.16	\$403.64
888-84260	09/26/2008	05/07/2010	75	JPMORGAN CHASE & CO	\$40.36	\$40.50	\$3,027.20	\$3,037.50	(\$10.30)
888-84260	02/04/2009	05/05/2010	350	ARCHER-DANIELS-MIDLAND CO	\$26.08	\$25.44	\$9,127.58	\$8,904.67	\$222.91

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	01/14/2009	05/05/2010	165	ARCHER-DANIELS-MIDLAND CO	\$26.08	\$24.28	\$4,303.00	\$4,005.51	\$297.49
888-84260	03/31/2009	05/03/2010	50	BAXTER INTERNATIONAL INC	\$47.50	\$51.06	\$2,374.90	\$2,553.10	(\$178.20)
888-84260	11/11/2008	05/03/2010	50	BAXTER INTERNATIONAL INC	\$47.50	\$60.84	\$2,374.90	\$3,041.98	(\$667.08)
888-84260	10/08/2008	05/03/2010	50	BAXTER INTERNATIONAL INC	\$47.50	\$62.01	\$2,374.90	\$3,100.63	(\$725.73)
888-84260	09/16/2008	05/03/2010	25	XL CAPITAL LTD -CLASS A	\$17.74	\$16.55	\$443.45	\$413.66	\$29.79
888-84260	08/28/2008	05/03/2010	125	XL CAPITAL LTD -CLASS A	\$17.74	\$20.05	\$2,217.25	\$2,506.64	(\$289.39)
888-84260	03/05/2008	05/03/2010	100	MEDCO HEALTH SOLUTIONS INC	\$57.85	\$42.81	\$5,784.69	\$4,280.72	\$1,503.97
888-84260	04/17/2009	04/30/2010	35	GOLDMAN SACHS GROUP INC	\$145.85	\$121.20	\$5,104.68	\$4,241.88	\$862.80
888-84260	02/10/2009	04/30/2010	25	GOLDMAN SACHS GROUP INC	\$145.85	\$96.90	\$3,646.20	\$2,422.39	\$1,223.81
888-84260	01/23/2009	04/30/2010	50	WAL-MART STORES INC	\$53.92	\$48.11	\$2,696.04	\$2,405.68	\$290.36
888-84260	11/03/2008	04/30/2010	57	GOLDMAN SACHS GROUP INC	\$145.85	\$92.94	\$8,313.34	\$5,297.51	\$3,015.83
888-84260	03/31/2009	04/28/2010	100	QUALCOMM INC	\$38.23	\$39.14	\$3,823.04	\$3,913.60	(\$90.56)
888-84260	03/19/2009	04/28/2010	100	QUALCOMM INC	\$38.23	\$37.82	\$3,823.04	\$3,782.31	\$40.73
888-84260	01/23/2009	04/28/2010	25	QUALCOMM INC	\$38.23	\$36.01	\$955.76	\$900.17	\$55.59
888-84260	09/26/2008	04/28/2010	55	JPMORGAN CHASE & CO	\$42.93	\$40.50	\$2,361.00	\$2,227.50	\$133.50
888-84260	11/28/2007	04/28/2010	2	JPMORGAN CHASE & CO	\$42.93	\$43.74	\$85.85	\$87.48	(\$1.63)
888-84260	11/28/2007	04/28/2010	11	JPMORGAN CHASE & CO	\$42.93	\$43.74	\$472.20	\$481.12	(\$8.92)
888-84260	11/28/2007	04/28/2010	27	JPMORGAN CHASE & CO	\$42.93	\$43.74	\$1,159.04	\$1,180.93	(\$21.89)
888-84260	12/11/2007	04/23/2010	23	APPLE INC	\$270.25	\$195.97	\$6,215.81	\$4,507.41	\$1,708.40
888-84260	11/03/2008	04/21/2010	45	GOLDMAN SACHS GROUP INC	\$160.10	\$92.94	\$7,204.30	\$4,182.24	\$3,022.06
888-84260	03/05/2008	04/20/2010	100	TEVA PHARMACEUTICAL-SP ADR	\$62.23	\$49.31	\$6,222.64	\$4,931.16	\$1,291.48
888-84260	12/11/2007	04/20/2010	2	APPLE INC	\$245.29	\$195.98	\$490.57	\$391.95	\$98.62
888-84260	11/28/2007	04/20/2010	30	ALCON INC	\$159.26	\$134.64	\$4,777.77	\$4,039.19	\$738.58
888-84260	07/14/2006	04/20/2010	23	APPLE INC	\$245.29	\$51.21	\$5,641.56	\$1,177.83	\$4,463.73
888-84260	06/03/2008	04/19/2010	100	DEUTSCHE BANK AG-REGISTERED	\$73.46	\$103.39	\$7,345.52	\$10,339.09	(\$2,993.57)
888-84260	02/14/2008	04/19/2010	20	DEUTSCHE BANK AG-REGISTERED	\$73.46	\$111.22	\$1,469.11	\$2,224.40	(\$755.29)
888-84260	11/10/2008	04/16/2010	60	J.C. PENNEY CO INC	\$31.25	\$20.26	\$1,875.11	\$1,215.84	\$659.27
888-84260	11/03/2008	04/16/2010	23	GOLDMAN SACHS GROUP INC	\$161.72	\$92.94	\$3,719.54	\$2,137.59	\$1,581.95
888-84260	09/12/2008	04/16/2010	50	GOLDMAN SACHS GROUP INC	\$161.72	\$157.36	\$8,085.94	\$7,868.02	\$217.92
888-84260	09/09/2008	04/16/2010	38	GOLDMAN SACHS GROUP INC	\$161.72	\$162.35	\$6,145.32	\$6,169.18	(\$23.86)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
07/01/2009 - 06/30/2010

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	08/29/2007	04/16/2010	7	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$1,132.03	\$1,200.44	(\$68.41)
888-84260	08/29/2007	04/16/2010	11	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$1,778.91	\$1,886.40	(\$107.49)
888-84260	08/29/2007	04/16/2010	6	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$970.31	\$1,028.94	(\$58.63)
888-84260	08/29/2007	04/16/2010	1	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$161.72	\$171.49	(\$9.77)
888-84260	08/29/2007	04/16/2010	5	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$808.59	\$857.45	(\$48.86)
888-84260	08/29/2007	04/16/2010	5	GOLDMAN SACHS GROUP INC	\$161.72	\$171.49	\$808.59	\$857.45	(\$48.86)
888-84260	05/05/2005	04/16/2010	4	GOLDMAN SACHS GROUP INC	\$161.72	\$106.61	\$646.87	\$426.42	\$220.45
888-84260	07/14/2006	04/15/2010	4	GOOGLE INC-CL A	\$595.13	\$408.14	\$2,380.53	\$1,632.56	\$747.97
888-84260	02/22/2006	04/15/2010	11	GOOGLE INC-CL A	\$595.13	\$366.53	\$6,546.45	\$4,031.79	\$2,514.66
888-84260	09/22/2008	04/13/2010	450	SPRINT NEXTEL CORP	\$4.20	\$6.89	\$1,890.72	\$3,100.50	(\$1,209.78)
888-84260	09/22/2008	04/13/2010	100	SPRINT NEXTEL CORP	\$4.20	\$6.89	\$420.16	\$689.00	(\$268.84)
888-84260	04/08/2008	04/13/2010	300	SPRINT NEXTEL CORP	\$4.20	\$6.68	\$1,260.48	\$2,002.59	(\$742.11)
888-84260	11/06/2008	03/30/2010	200	CBS CORP-CLASS B	\$14.09	\$8.38	\$2,818.48	\$1,676.28	\$1,142.20
888-84260	01/23/2008	03/30/2010	100	CONOCOPHILLIPS	\$51.21	\$71.21	\$5,121.45	\$7,120.72	(\$1,999.27)
888-84260	11/28/2007	03/30/2010	50	CONOCOPHILLIPS	\$51.21	\$77.40	\$2,560.72	\$3,870.04	(\$1,309.32)
888-84260	11/28/2007	03/30/2010	150	CONOCOPHILLIPS	\$51.21	\$77.40	\$7,682.18	\$11,610.10	(\$3,927.92)
888-84260	10/29/2007	03/30/2010	100	CONOCOPHILLIPS	\$51.21	\$84.81	\$5,121.45	\$8,480.76	(\$3,359.31)
888-84260	08/29/2007	03/30/2010	75	CONOCOPHILLIPS	\$51.21	\$81.05	\$3,841.09	\$6,078.95	(\$2,237.86)
888-84260	05/12/2006	03/30/2010	50	CBS CORP-CLASS B	\$14.09	\$25.87	\$704.62	\$1,293.41	(\$588.79)
888-84260	01/23/2009	03/26/2010	50	QUALCOMM INC	\$41.82	\$36.01	\$2,091.02	\$1,800.35	\$290.67
888-84260	10/27/2008	03/26/2010	100	QUALCOMM INC	\$41.82	\$34.88	\$4,182.03	\$3,487.59	\$694.44
888-84260	10/09/2008	03/26/2010	100	QUALCOMM INC	\$41.82	\$40.97	\$4,182.03	\$4,096.93	\$85.10
888-84260	02/24/2009	03/17/2010	75	SYMANTEC CORP	\$17.11	\$14.14	\$1,283.13	\$1,060.15	\$222.98
888-84260	09/26/2008	03/17/2010	33	JPMORGAN CHASE & CO	\$43.54	\$40.50	\$1,436.77	\$1,336.50	\$100.27
888-84260	11/28/2007	03/17/2010	17	JPMORGAN CHASE & CO	\$43.54	\$43.74	\$740.15	\$743.55	(\$3.40)
888-84260	11/28/2007	03/17/2010	48	JPMORGAN CHASE & CO	\$43.54	\$43.74	\$2,089.84	\$2,099.43	(\$9.59)
888-84260	07/14/2006	03/12/2010	30	APPLE INC	\$226.79	\$51.21	\$6,803.55	\$1,536.30	\$5,267.25
888-84260	02/11/2009	03/08/2010	75	LOWE'S COS INC	\$24.02	\$18.06	\$1,801.85	\$1,354.18	\$447.67
888-84260	10/01/2008	03/08/2010	25	DEVON ENERGY CORPORATION	\$69.35	\$89.39	\$1,733.81	\$2,234.66	(\$500.85)
888-84260	09/16/2008	03/08/2010	55	DEVON ENERGY CORPORATION	\$69.35	\$90.80	\$3,814.38	\$4,994.24	(\$1,179.86)

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	09/15/2008	03/08/2010	45	DEVON ENERGY CORPORATION	\$69.35	\$89.72	\$3,120.86	\$4,037.49	(\$916.63)
888-84260	10/24/2007	03/03/2010	100	AT&T INC	\$24.93	\$41.17	\$2,492.98	\$4,116.54	(\$1,623.56)
888-84260	10/22/2007	03/03/2010	200	AT&T INC	\$24.93	\$41.09	\$4,985.96	\$8,218.56	(\$3,232.60)
888-84260	09/28/2007	03/03/2010	150	AT&T INC	\$24.93	\$42.38	\$3,739.47	\$6,357.19	(\$2,617.72)
888-84260	11/10/2008	03/01/2010	225	J.C PENNEY CO INC	\$27.81	\$20.26	\$6,256.24	\$4,559.39	\$1,696.85
888-84260	09/15/2008	02/24/2010	100	QUALCOMM INC	\$37.92	\$47.21	\$3,791.84	\$4,720.99	(\$929.15)
888-84260	07/28/2008	02/24/2010	50	QUALCOMM INC	\$37.92	\$54.42	\$1,895.92	\$2,720.98	(\$825.06)
888-84260	09/28/2007	02/24/2010	50	AT&T INC	\$24.89	\$42.38	\$1,244.51	\$2,119.07	(\$874.56)
888-84260	09/17/2007	02/24/2010	400	AT&T INC	\$24.89	\$40.36	\$9,956.04	\$16,143.24	(\$6,187.20)
888-84260	01/22/2009	02/22/2010	100	METLIFE INC	\$35.04	\$24.89	\$3,504.18	\$2,489.19	\$1,014.99
888-84260	01/14/2009	02/22/2010	75	METLIFE INC	\$35.04	\$27.56	\$2,628.14	\$2,067.20	\$560.94
888-84260	08/29/2008	02/22/2010	200	WESTERN DIGITAL CORP	\$42.59	\$27.45	\$8,518.80	\$5,490.84	\$3,027.96
888-84260	11/28/2007	02/18/2010	10	AIR PRODUCTS & CHEMICALS INC	\$70.00	\$96.07	\$699.97	\$960.67	(\$260.70)
888-84260	07/28/2008	02/12/2010	175	QUALCOMM INC	\$38.73	\$54.42	\$6,777.61	\$9,523.43	(\$2,745.82)
888-84260	11/06/2008	02/11/2010	83	TIME WARNER INC	\$27.23	\$20.07	\$2,259.71	\$1,665.59	\$594.12
888-84260	10/23/2008	02/11/2010	42	TIME WARNER INC	\$27.23	\$19.36	\$1,143.47	\$812.99	\$330.48
888-84260	11/28/2007	02/11/2010	50	AIR PRODUCTS & CHEMICALS INC	\$68.39	\$96.07	\$3,419.49	\$4,803.34	(\$1,383.85)
888-84260	01/27/2009	02/09/2010	100	CORNING INC	\$17.82	\$9.61	\$1,782.22	\$961.10	\$821.12
888-84260	01/20/2009	02/09/2010	250	NEWS CORP	\$12.91	\$7.53	\$3,226.85	\$1,883.20	\$1,343.65
888-84260	07/28/2008	02/05/2010	50	QUALCOMM INC	\$37.81	\$54.42	\$1,890.60	\$2,720.98	(\$830.38)
888-84260	06/24/2008	02/05/2010	150	QUALCOMM INC	\$37.81	\$47.58	\$5,671.80	\$7,136.67	(\$1,464.87)
888-84260	01/23/2009	01/28/2010	5	WAL-MART STORES INC	\$52.68	\$48.11	\$263.38	\$240.57	\$22.81
888-84260	01/20/2009	01/28/2010	95	BUNGE LTD	\$60.38	\$43.60	\$5,736.26	\$4,141.71	\$1,594.55
888-84260	10/23/2008	01/28/2010	158	TIME WARNER INC	\$26.79	\$19.36	\$4,233.10	\$3,058.39	\$1,174.71
888-84260	10/09/2008	01/28/2010	95	WAL-MART STORES INC	\$52.68	\$54.58	\$5,004.32	\$5,185.29	(\$180.97)
888-84260	06/23/2008	01/28/2010	42	TIME WARNER INC	\$26.79	\$30.17	\$1,125.26	\$1,267.33	(\$142.07)
888-84260	05/15/2007	01/26/2010	75	PFIZER INC	\$18.76	\$27.17	\$1,406.93	\$2,037.71	(\$630.78)
888-84260	03/26/2007	01/26/2010	200	PFIZER INC	\$18.76	\$25.50	\$3,751.82	\$5,100.00	(\$1,348.18)
888-84260	03/09/2007	01/26/2010	200	PFIZER INC	\$18.76	\$25.44	\$3,751.82	\$5,087.56	(\$1,335.74)
888-84260	07/03/2008	01/25/2010	36	MERCK & CO INC.	\$39.30	\$19.85	\$1,414.67	\$714.50	\$700.17

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	07/02/2008	01/25/2010	100	MERCK & CO. INC.	\$39.30	\$38.45	\$3,929.63	\$3,845.13	\$84.50
888-84260	06/19/2008	01/25/2010	64	MERCK & CO. INC.	\$39.30	\$35.65	\$2,514.96	\$2,281.51	\$233.45
888-84260	08/15/2008	01/22/2010	150	WESTERN DIGITAL CORP	\$41.39	\$29.41	\$6,209.04	\$4,410.78	\$1,798.26
888-84260	06/23/2008	01/22/2010	83	TIME WARNER INC	\$27.45	\$30.17	\$2,278.14	\$2,504.49	(\$226.35)
888-84260	11/28/2007	01/22/2010	15	CHEVRON CORP	\$75.33	\$85.78	\$1,129.88	\$1,286.64	(\$156.76)
888-84260	03/19/2004	01/22/2010	87	TIME WARNER INC	\$27.45	\$34.81	\$2,387.94	\$3,028.85	(\$640.91)
888-84260	01/20/2009	01/21/2010	675	NEWS CORP	\$13.11	\$7.53	\$8,849.52	\$5,084.64	\$3,764.88
888-84260	01/20/2009	01/21/2010	100	NEWS CORP	\$13.11	\$7.53	\$1,311.04	\$753.28	\$557.76
888-84260	10/03/2008	01/20/2010	11	CME GROUP INC	\$329.38	\$395.31	\$3,623.16	\$4,348.43	(\$725.27)
888-84260	06/05/2008	01/20/2010	9	CME GROUP INC	\$329.38	\$389.22	\$2,964.40	\$3,502.98	(\$538.58)
888-84260	10/17/2008	01/13/2010	75	HOME DEPOT INC	\$28.12	\$19.53	\$2,109.23	\$1,464.52	\$644.71
888-84260	12/06/2007	01/13/2010	125	CELGENE CORP	\$57.55	\$59.84	\$7,194.17	\$7,479.48	(\$285.31)
888-84260	11/16/2007	01/13/2010	25	CELGENE CORP	\$57.55	\$64.95	\$1,438.83	\$1,623.76	(\$184.93)
888-84260	03/05/2008	01/07/2010	50	MEDCO HEALTH SOLUTIONS INC	\$63.85	\$42.81	\$3,192.65	\$2,140.36	\$1,052.29
888-84260	11/28/2007	01/07/2010	50	MEDCO HEALTH SOLUTIONS INC	\$63.85	\$49.39	\$3,192.66	\$2,469.31	\$723.35
888-84260	07/14/2006	01/07/2010	23	APPLE INC	\$210.86	\$51.21	\$4,849.68	\$1,177.83	\$3,671.85
888-84260	12/05/2008	12/29/2009	75	METLIFE INC	\$35.30	\$26.46	\$2,647.47	\$1,984.79	\$662.68
888-84260	02/22/2006	12/17/2009	5	GOOGLE INC-CLA	\$594.59	\$366.53	\$2,972.94	\$1,832.63	\$1,140.31
888-84260	04/08/2008	12/14/2009	1000	SPRINT NEXTEL CORP	\$4.04	\$6.68	\$4,038.50	\$6,675.30	(\$2,636.80)
888-84260	04/08/2008	12/14/2009	300	SPRINT NEXTEL CORP	\$4.04	\$6.68	\$1,211.55	\$2,002.59	(\$791.04)
888-84260	01/07/2008	12/14/2009	400	SPRINT NEXTEL CORP	\$4.04	\$12.90	\$1,615.40	\$5,160.52	(\$3,545.12)
888-84260	12/03/2007	12/14/2009	500	SPRINT NEXTEL CORP	\$4.04	\$15.67	\$2,019.25	\$7,835.00	(\$5,815.75)
888-84260	06/19/2008	12/10/2009	75	MERCK & CO. INC.	\$37.62	\$35.65	\$2,821.32	\$2,673.65	\$147.67
888-84260	03/07/2008	12/01/2009	175	ALLSTATE CORP	\$28.53	\$47.02	\$4,992.66	\$8,228.52	(\$3,235.86)
888-84260	06/19/2008	11/20/2009	75	MERCK & CO. INC.	\$36.10	\$35.65	\$2,707.43	\$2,673.65	\$33.78
888-84260	05/12/2006	11/20/2009	125	CBS CORP-CLASS B	\$12.85	\$25.87	\$1,606.61	\$3,233.51	(\$1,626.90)
888-84260	04/19/2006	11/20/2009	125	CBS CORP-CLASS B	\$12.85	\$24.60	\$1,606.62	\$3,074.49	(\$1,467.87)
888-84260	06/19/2008	11/13/2009	175	MERCK & CO. INC.	\$33.25	\$35.65	\$5,817.96	\$6,238.50	(\$420.54)
888-84260	03/07/2008	11/13/2009	25	ALLSTATE CORP	\$28.89	\$47.02	\$722.36	\$1,175.50	(\$453.14)
888-84260	11/28/2007	11/13/2009	190	ALLSTATE CORP	\$28.89	\$51.66	\$5,489.94	\$9,815.16	(\$4,325.22)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	11/26/2007	11/13/2009	25	CISCO SYSTEMS INC	\$23.56	\$27.83	\$589.04	\$695.65	(\$106.61)
888-84260	10/18/2007	11/13/2009	125	CISCO SYSTEMS INC	\$23.56	\$32.58	\$2,945.22	\$4,072.50	(\$1,127.28)
888-84260	04/19/2006	11/11/2009	375	CBS CORP-CLASS B	\$13.07	\$24.60	\$4,900.31	\$9,223.46	(\$4,323.15)
888-84260	03/23/2006	11/11/2009	25	CBS CORP-CLASS B	\$13.07	\$24.92	\$326.69	\$622.98	(\$296.29)
888-84260	05/22/2007	11/10/2009	350	FIDELITY NATIONAL CL A	\$13.74	\$25.77	\$4,810.68	\$9,020.20	(\$4,209.52)
888-84260	04/24/2006	11/09/2009	75	SCHLUMBERGER LTD	\$65.15	\$68.33	\$4,886.13	\$5,124.90	(\$238.77)
888-84260	09/29/2008	11/06/2009	45	COLGATE-PALMOLIVE CO	\$79.98	\$77.01	\$3,599.18	\$3,465.58	\$133.60
888-84260	06/19/2008	11/06/2009	211	MERCK & CO. INC.	\$32.62	\$35.65	\$6,882.90	\$7,521.85	(\$638.95)
888-84260	04/21/2008	11/06/2009	115	MERCK & CO. INC.	\$32.62	\$17.21	\$3,751.35	\$1,978.98	\$1,772.37
888-84260	04/18/2008	11/06/2009	50	MERCK & CO. INC.	\$32.62	\$39.59	\$1,631.02	\$1,979.62	(\$348.60)
888-84260	04/17/2008	11/06/2009	150	MERCK & CO. INC.	\$32.62	\$40.10	\$4,893.06	\$6,014.40	(\$1,121.34)
888-84260	03/13/2008	11/06/2009	50	MERCK & CO. INC.	\$32.62	\$42.12	\$1,631.02	\$2,106.02	(\$475.00)
888-84260	07/03/2008	11/04/2009	500	SCHERING-PLOUGH CORP	\$10.50	\$8.39	\$5,250.00	\$4,195.56	\$1,054.44
888-84260	04/21/2008	11/04/2009	200	SCHERING-PLOUGH CORP	\$10.50	\$7.26	\$2,100.00	\$1,452.58	\$647.42
888-84260	10/09/2008	11/03/2009	5	WAL-MART STORES INC	\$49.59	\$54.58	\$247.95	\$272.90	(\$24.95)
888-84260	10/01/2008	11/03/2009	95	WAL-MART STORES INC	\$49.59	\$59.77	\$4,711.09	\$5,678.04	(\$966.95)
888-84260	07/25/2008	11/03/2009	138	APACHE CORP	\$97.56	\$109.41	\$13,463.03	\$15,098.25	(\$1,635.22)
888-84260	11/16/2007	11/03/2009	100	CELGENE CORP	\$50.52	\$64.95	\$5,052.13	\$6,495.03	(\$1,442.90)
888-84260	03/05/2008	10/21/2009	50	TEVA PHARMACEUTICAL-SP ADR	\$51.24	\$49.31	\$2,561.87	\$2,465.58	\$96.29
888-84260	11/28/2007	10/21/2009	100	MEDCO HEALTH SOLUTIONS INC	\$56.75	\$49.39	\$5,674.83	\$4,938.61	\$736.22
888-84260	11/28/2007	10/21/2009	50	TEVA PHARMACEUTICAL-SP ADR	\$51.24	\$44.19	\$2,561.86	\$2,209.58	\$352.28
888-84260	11/23/2007	10/21/2009	150	CAMERON INTERNATIONAL CORP	\$41.89	\$46.70	\$6,283.82	\$7,005.12	(\$721.30)
888-84260	02/22/2006	10/19/2009	10	GOOGLE INC-CLA	\$551.19	\$366.53	\$5,511.90	\$3,665.25	\$1,846.65
888-84260	02/22/2006	10/15/2009	170	GILEAD SCIENCES INC	\$46.56	\$30.47	\$7,915.00	\$5,180.29	\$2,734.71
888-84260	11/28/2007	10/12/2009	160	JPMORGAN CHASE & CO	\$45.93	\$43.74	\$7,349.07	\$6,998.10	\$350.97
888-84260	01/10/2008	10/05/2009	25	HEWLETT-PACKARD CO	\$45.58	\$45.08	\$1,139.44	\$1,127.02	\$12.42
888-84260	12/06/2007	10/05/2009	50	HEWLETT-PACKARD CO	\$45.58	\$51.71	\$2,278.87	\$2,585.26	(\$306.39)
888-84260	02/22/2008	10/01/2009	150	EXXON MOBIL CORP	\$67.75	\$86.60	\$10,162.73	\$12,989.69	(\$2,826.96)
888-84260	01/23/2008	10/01/2009	160	BP PLC-SPONS ADR	\$52.16	\$61.19	\$8,345.43	\$9,790.02	(\$1,444.59)
888-84260	11/05/2007	10/01/2009	60	BP PLC-SPONS ADR	\$52.16	\$78.66	\$3,129.53	\$4,719.72	(\$1,590.19)

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	07/25/2008	09/30/2009	35	APACHE CORP	\$92.16	\$109.41	\$3,225.59	\$3,829.27	(\$603.68)
888-84260	07/14/2006	09/21/2009	19	APPLE INC	\$182.14	\$51.21	\$3,460.72	\$972.99	\$2,487.73
888-84260	06/19/2008	09/16/2009	75	COCA-COLA CO/THE	\$52.34	\$53.41	\$3,925.15	\$4,006.09	(\$80.94)
888-84260	11/13/2007	09/16/2009	100	MEDCO HEALTH SOLUTIONS INC	\$55.76	\$49.39	\$5,576.15	\$4,938.65	\$637.50
888-84260	05/10/2007	09/16/2009	25	MEDCO HEALTH SOLUTIONS INC	\$55.76	\$37.10	\$1,394.04	\$927.48	\$466.56
888-84260	05/05/2005	09/11/2009	23	GOLDMAN SACHS GROUP INC	\$174.69	\$106.60	\$4,017.87	\$2,451.86	\$1,566.01
888-84260	07/09/2002	09/11/2009	25	GOLDMAN SACHS GROUP INC	\$174.69	\$72.89	\$4,367.24	\$1,822.34	\$2,544.90
888-84260	06/07/2006	09/09/2009	30	APPLE INC	\$174.22	\$59.94	\$5,226.60	\$1,798.26	\$3,428.34
888-84260	06/02/2008	08/28/2009	125	CARDINAL HEALTH INC	\$34.27	\$55.70	\$4,284.17	\$6,962.18	(\$2,678.01)
888-84260	12/06/2007	08/28/2009	150	HEWLETT-PACKARD CO	\$44.82	\$51.71	\$6,723.68	\$7,755.78	(\$1,032.10)
888-84260	04/13/2005	08/28/2009	125	XL CAPITAL LTD -CLASS A	\$16.97	\$69.32	\$2,121.37	\$8,664.98	(\$6,543.61)
888-84260	05/01/2008	08/27/2009	125	NIKE INC -CL B	\$56.01	\$67.69	\$7,001.00	\$8,461.04	(\$1,460.04)
888-84260	08/15/2008	08/25/2009	75	MONSANTO CO	\$84.11	\$112.36	\$6,308.54	\$8,427.33	(\$2,118.79)
888-84260	02/22/2008	08/18/2009	50	EXXON MOBIL CORP	\$66.53	\$86.60	\$3,326.50	\$4,329.89	(\$1,003.39)
888-84260	11/28/2007	08/18/2009	65	JPMORGAN CHASE & CO	\$41.60	\$43.74	\$2,703.84	\$2,842.98	(\$139.14)
888-84260	03/26/2007	08/18/2009	100	EXXON MOBIL CORP	\$66.53	\$75.20	\$6,653.01	\$7,520.21	(\$867.20)
888-84260	03/22/2007	08/18/2009	55	EXXON MOBIL CORP	\$66.53	\$73.90	\$3,659.16	\$4,064.54	(\$405.38)
888-84260	11/28/2007	08/10/2009	150	CHEVRON CORP	\$69.25	\$85.78	\$10,387.56	\$12,866.32	(\$2,478.76)
888-84260	04/29/2008	08/07/2009	100	CARDINAL HEALTH INC	\$33.22	\$52.95	\$3,322.36	\$5,295.44	(\$1,973.08)
888-84260	11/16/2007	08/07/2009	75	CELGENE CORP	\$55.29	\$64.95	\$4,146.90	\$4,871.27	(\$724.37)
888-84260	07/10/2008	08/05/2009	200	HARTFORD FINANCIAL SVCS GRP	\$16.35	\$62.47	\$3,269.48	\$12,494.28	(\$9,224.80)
888-84260	07/08/2008	08/05/2009	75	HARTFORD FINANCIAL SVCS GRP	\$16.35	\$64.36	\$1,226.06	\$4,826.83	(\$3,600.77)
888-84260	06/10/2008	08/05/2009	25	HARTFORD FINANCIAL SVCS GRP	\$16.35	\$71.91	\$408.68	\$1,797.84	(\$1,389.16)
888-84260	10/18/2007	08/04/2009	10	CISCO SYSTEMS INC	\$22.35	\$32.58	\$223.45	\$325.80	(\$102.35)
888-84260	10/18/2007	08/04/2009	50	CISCO SYSTEMS INC	\$22.35	\$32.58	\$1,117.27	\$1,629.00	(\$511.73)
888-84260	03/14/2007	08/04/2009	200	CISCO SYSTEMS INC	\$22.35	\$25.62	\$4,469.08	\$5,123.66	(\$654.58)
888-84260	01/22/2007	08/04/2009	200	CISCO SYSTEMS INC	\$22.35	\$26.51	\$4,469.08	\$5,301.20	(\$832.12)
888-84260	07/25/2008	07/29/2009	2	APACHE CORP	\$76.40	\$109.41	\$152.79	\$218.82	(\$66.03)
888-84260	07/18/2008	07/29/2009	50	APACHE CORP	\$76.40	\$111.25	\$3,819.75	\$5,562.41	(\$1,742.66)
888-84260	01/07/2008	07/24/2009	375	KROGER CO	\$21.27	\$25.63	\$7,975.99	\$9,611.63	(\$1,635.64)

Capital Gains

Account: MENTAL WELLNESS FOUNDATION, INC (888-84260)
 07/01/2009 - 06/30/2010

Long-Term Capital Gains

Account No.	Open Date	Close Date	Quantity	Description	Sale Price	Unit Cost	Total Proceeds	Total Cost	Gain/(Loss)
888-84260	12/06/2007	07/22/2009	80	MONSANTO CO	\$79.72	\$105.35	\$6,377.83	\$8,428.15	(\$2,050.32)
888-84260	11/28/2007	07/16/2009	10	CHEVRON CORP	\$64.64	\$85.78	\$646.40	\$857.75	(\$211.35)
888-84260	06/29/2007	07/16/2009	100	CHEVRON CORP	\$64.64	\$84.70	\$6,464.00	\$8,469.66	(\$2,005.66)
888-84260	05/29/2007	07/16/2009	70	CHEVRON CORP	\$64.64	\$80.44	\$4,524.80	\$5,630.58	(\$1,105.78)
888-84260	03/23/2007	07/16/2009	200	HEWLETT-PACKARD CO	\$39.00	\$40.34	\$7,800.00	\$8,068.50	(\$268.50)
888-84260	08/18/2006	07/16/2009	20	CHEVRON CORP	\$64.64	\$66.52	\$1,292.80	\$1,330.33	(\$37.53)
888-84260	04/08/2008	07/13/2009	175	ROYAL DUTCH SHELL PLC-ADR	\$47.19	\$72.59	\$8,258.18	\$12,702.80	(\$4,444.62)
888-84260	11/28/2007	07/13/2009	40	ROYAL DUTCH SHELL PLC-ADR	\$47.19	\$81.31	\$1,887.58	\$3,252.22	(\$1,364.64)
888-84260	03/22/2007	07/10/2009	145	EXXON MOBIL CORP	\$65.09	\$73.90	\$9,438.66	\$10,715.60	(\$1,276.94)
888-84260	02/22/2006	07/10/2009	30	EXXON MOBIL CORP	\$65.09	\$60.49	\$1,952.83	\$1,814.72	\$138.11
888-84260	04/29/2008	07/08/2009	125	CARDINAL HEALTH INC	\$29.83	\$52.95	\$3,728.99	\$6,619.30	(\$2,890.31)
Total							\$941,054.34	\$1,011,411.94	(\$70,357.60)

The information above reflects the total gains and losses of the accounts in your relationship and therefore may include nontaxable accounts. To simplify your tax planning process, we encourage you to customize this page with a Personalized Account Analysis that aligns with your tax obligations or contact your Bernstein Advisor. Please note that prior to 2008, long-term capital gains distributions from mutual funds can be found on the Income report. Please see your Year-End Tax Report for your official tax record. You should verify the accuracy of all calculations with your tax advisor.