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Form 990-PF

Return of Private Foundation or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation

OMB No 1545-0052

2009

Department of the Treasury Internal Revenue Service

Note: The foundation may be able to use a copy of this return to satisfy state reporting requirements

For calendar year 2009, or tax year beginning 06/01, 2009, and ending 05/31, 2010

G Check all that apply: Initial return, Amended return, Initial return of a former public charity, Address change, Name change, Final return

Name of foundation: LEWIS S. HOWLAND CHARITABLE TRUST 115118036. Address: 21 E MARKET STREET, YORK, PA 17401-1205. Employer identification number: 14-6077831. Telephone number: (717) 852-3011.

H Check type of organization: Section 501(c)(3) exempt private foundation. I Fair market value of all assets at end of year: \$ 318,954. J Accounting method: Cash.

Table with 5 columns: (a) Revenue and expenses per books, (b) Net investment income, (c) Adjusted net income, (d) Disbursements for charitable purposes. Rows include Revenue (1-12) and Operating and Administrative Expenses (13-27).

ENVELOPE OCT 06 2010 POSTMARK DAT

SCANNED OCT 15 2010 Revenue

Operating and Administrative Expenses

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value		
Assets	1	Cash - non-interest-bearing				
	2	Savings and temporary cash investments		6,536.	11,182.	11,182.
	3	Accounts receivable				
		Less: allowance for doubtful accounts				
	4	Pledges receivable				
		Less: allowance for doubtful accounts				
	5	Grants receivable				
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see page 16 of the instructions)				
	7	Other notes and loans receivable (attach schedule)				
		Less: allowance for doubtful accounts	NONE			
	8	Inventories for sale or use				
	9	Prepaid expenses and deferred charges				
	10 a	Investments - U S and state government obligations (attach schedule)				
	b	Investments - corporate stock (attach schedule)				
	c	Investments - corporate bonds (attach schedule)				
	11	Investments - land, buildings, and equipment basis				
	Less: accumulated depreciation (attach schedule)					
12	Investments - mortgage loans					
13	Investments - other (attach schedule) STMT 4		337,154.	319,410.	307,772.	
14	Land, buildings, and equipment basis					
	Less: accumulated depreciation (attach schedule)					
15	Other assets (describe)					
16	Total assets (to be completed by all filers - see the instructions Also, see page 1, item I)		343,690.	330,592.	318,954.	
Liabilities	17	Accounts payable and accrued expenses				
	18	Grants payable				
	19	Deferred revenue				
	20	Loans from officers, directors, trustees, and other disqualified persons				
	21	Mortgages and other notes payable (attach schedule)				
	22	Other liabilities (describe)				
23	Total liabilities (add lines 17 through 22)					
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31. <input type="checkbox"/>					
	24	Unrestricted				
	25	Temporarily restricted				
	26	Permanently restricted				
	Foundations that do not follow SFAS 117, check here and complete lines 27 through 31. <input checked="" type="checkbox"/>					
	27	Capital stock, trust principal, or current funds		343,690.	330,592.	
	28	Paid-in or capital surplus, or land, bldg, and equipment fund				
	29	Retained earnings, accumulated income, endowment, or other funds				
30	Total net assets or fund balances (see page 17 of the instructions)		343,690.	330,592.		
31	Total liabilities and net assets/fund balances (see page 17 of the instructions)		343,690.	330,592.		

Part III Analysis of Changes in Net Assets or Fund Balances			
1	Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	343,690.
2	Enter amount from Part I, line 27a	2	-13,106.
3	Other increases not included in line 2 (itemize) SEE STATEMENT 5	3	8.
4	Add lines 1, 2, and 3	4	330,592.
5	Decreases not included in line 2 (itemize)	5	
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	330,592.

Part IV Capital Gains and Losses for Tax on Investment Income

Table with 4 columns: (a) List and describe the kind(s) of property sold, (b) How acquired, (c) Date acquired, (d) Date sold. Row 1a: SEE PART IV DETAIL.

Table with 4 columns: (e) Gross sales price, (f) Depreciation allowed, (g) Cost or other basis plus expense of sale, (h) Gain or (loss) plus (f) minus (g). Rows a-e.

Table with 4 columns: (i) F.M.V. as of 12/31/69, (j) Adjusted basis as of 12/31/69, (k) Excess of col (i) over col (j), (l) Gains (Col (h) gain minus col (k), but not less than -0-) or Losses (from col (h)). Rows a-e.

Summary rows: 2 Capital gain net income or (net capital loss) -8,971. 3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6).

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? Yes No

1 Enter the appropriate amount in each column for each year; see page 18 of the instructions before making any entries.

Table with 4 columns: (a) Base period years, (b) Adjusted qualifying distributions, (c) Net value of noncharitable-use assets, (d) Distribution ratio. Rows 2008-2004.

Summary rows for Part V: 2 Total of line 1, column (d) 0.03862895222. 3 Average distribution ratio for the 5-year base period 0.03862895222. 4 Enter the net value of noncharitable-use assets for 2009 from Part X, line 5 315,719. 5 Multiply line 4 by line 3 12,196. 6 Enter 1% of net investment income (1% of Part I, line 27b) 23. 7 Add lines 5 and 6 12,219. 8 Enter qualifying distributions from Part XII, line 4 6,734.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see page 18 of the instructions)

Table with 11 rows for excise tax calculations. Includes categories like 'Exempt operating foundations', 'Domestic foundations', 'Tax under section 511', 'Credits/Payments', and 'Total credits and payments'. Values include 46, 48, NONE, and 2.

Part VII-A Statements Regarding Activities

Table with 10 rows of activity statements and a Yes/No column. Questions include 'Did the foundation attempt to influence any national, state, or local legislation?', 'Did it spend more than \$100 during the year for political purposes?', and 'Did the foundation have at least \$5,000 in assets at any time during the year?'.

Part VII-A Statements Regarding Activities (continued)

11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see page 20 of the instructions) 11 X

12 Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008? 12 X

13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application? 13 X

Website address N/A

14 The books are in care of M & T BANK Telephone no (717) 852-3011
 Located at 21 EAST MARKET STREET, YORK, PA ZIP + 4 17401

15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year 15

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 20 of the instructions)? <input type="checkbox"/> Organizations relying on a current notice regarding disaster assistance check here <input type="checkbox"/>	1b	
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2009?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))		
a At the end of tax year 2009, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2009? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," list the years <input type="checkbox"/>		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see page 20 of the instructions)	2b	X
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here <input type="checkbox"/>		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If "Yes," did it have excess business holdings in 2009 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2009)	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2009?	4b	X

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? Yes No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive? Yes No

(3) Provide a grant to an individual for travel, study, or other similar purposes? Yes No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see page 22 of the instructions) Yes No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? Yes No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see page 22 of the instructions)? Yes No
Organizations relying on a current notice regarding disaster assistance check here

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? Yes No
If "Yes," attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? Yes No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? Yes No
If "Yes" to 6b, file Form 8870.

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? Yes No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? Yes No

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see page 22 of the instructions).

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (if not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 7		4,542.	-0-	-0-

2 Compensation of five highest-paid employees (other than those included on line 1 - see page 23 of the instructions). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE		NONE	NONE	NONE

Total number of other employees paid over \$50,000 NONE

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services (see page 23 of the instructions). If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		NONE

Total number of others receiving over \$50,000 for professional services **NONE**

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 NONE	
2	
3	
4	

Part IX-B Summary of Program-Related Investments (see page 23 of the instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2	Amount
1 NONE	
2	
All other program-related investments. See page 24 of the instructions	
3 NONE	
Total. Add lines 1 through 3	

Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see page 24 of the instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	310,228.
b	Average of monthly cash balances	1b	10,299.
c	Fair market value of all other assets (see page 24 of the instructions)	1c	NONE
d	Total (add lines 1a, b, and c)	1d	320,527.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	
2	Acquisition indebtedness applicable to line 1 assets	2	NONE
3	Subtract line 2 from line 1d	3	320,527.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see page 25 of the instructions)	4	4,808.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	315,719.
6	Minimum investment return. Enter 5% of line 5	6	15,786.

Part XI Distributable Amount (see page 25 of the instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	15,786.
2a	Tax on investment income for 2009 from Part VI, line 5	2a	46.
b	Income tax for 2009 (This does not include the tax from Part VI)	2b	
c	Add lines 2a and 2b	2c	46.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	15,740.
4	Recoveries of amounts treated as qualifying distributions	4	NONE
5	Add lines 3 and 4	5	15,740.
6	Deduction from distributable amount (see page 25 of the instructions)	6	NONE
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	15,740.

Part XII Qualifying Distributions (see page 25 of the instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	6,734.
b	Program-related investments - total from Part IX-B	1b	
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	NONE
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	NONE
b	Cash distribution test (attach the required schedule)	3b	NONE
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	6,734.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b (see page 26 of the instructions)	5	N/A
6	Adjusted qualifying distributions. Subtract line 5 from line 4	6	6,734.

Note: The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see page 26 of the instructions)

	(a) Corpus	(b) Years prior to 2008	(c) 2008	(d) 2009
1 Distributable amount for 2009 from Part XI, line 7				15,740.
2 Undistributed income, if any, as of the end of 2009				
a Enter amount for 2008 only			3,113.	
b Total for prior years: 20 07, 20		NONE		
3 Excess distributions carryover, if any, to 2009				
a From 2004	NONE			
b From 2005	NONE			
c From 2006	NONE			
d From 2007	NONE			
e From 2008	NONE			
f Total of lines 3a through e	NONE			
4 Qualifying distributions for 2009 from Part XII, line 4: ► \$ 6,734.				
a Applied to 2008, but not more than line 2a			3,113.	
b Applied to undistributed income of prior years (Election required - see page 26 of the instructions)		NONE		
c Treated as distributions out of corpus (Election required - see page 26 of the instructions)	NONE			
d Applied to 2009 distributable amount				3,621.
e Remaining amount distributed out of corpus	NONE			
5 Excess distributions carryover applied to 2009 (If an amount appears in column (d), the same amount must be shown in column (a))	NONE			NONE
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e Subtract line 5	NONE			
b Prior years' undistributed income Subtract line 4b from line 2b		NONE		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		NONE		
d Subtract line 6c from line 6b Taxable amount - see page 27 of the instructions		NONE		
e Undistributed income for 2008 Subtract line 4a from line 2a Taxable amount - see page 27 of the instructions				
f Undistributed income for 2009 Subtract lines 4d and 5 from line 1 This amount must be distributed in 2010				12,119.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see page 27 of the instructions)	NONE			
8 Excess distributions carryover from 2004 not applied on line 5 or line 7 (see page 27 of the instructions)	NONE			
9 Excess distributions carryover to 2010. Subtract lines 7 and 8 from line 6a	NONE			
10 Analysis of line 9:				
a Excess from 2005	NONE			
b Excess from 2006	NONE			
c Excess from 2007	NONE			
d Excess from 2008	NONE			
e Excess from 2009	NONE			

Part XIV Private Operating Foundations (see page 27 of the instructions and Part VII-A, question 9) **NOT APPLICABLE**

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2009, enter the date of the ruling

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b Check box to indicate whether the foundation is a private operating foundation described in section

--	--

 4942(j)(3) or

--	--

 4942(j)(5)

	Tax year	Prior 3 years			(e) Total
	(a) 2009	(b) 2008	(c) 2007	(d) 2006	
2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon					
a "Assets" alternative test - enter					
(1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i).					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed					
c "Support" alternative test - enter					
(1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year - see page 28 of the instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000) (See section 507(d)(2).)

N/A

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

N/A

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see page 28 of the instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number of the person to whom applications should be addressed

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XV Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
<p>a <i>Paid during the year</i></p> <p>SEE STATEMENT 8</p>				
Total				6,734.
b <i>Approved for future payment</i>				
Total				3b

**FORM 990-PF - PART IV
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME**

Kind of Property		Description				P or D	Date acquired	Date sold
Gross sale price less expenses of sale	Depreciation allowed/ allowable	Cost or other basis	FMV as of 12/31/69	Adj basis as of 12/31/69	Excess of FMV over adj basis		Gain or (loss)	
		TOTAL SHORT-TERM CAPITAL GAIN DIVIDENDS					85.	
		TOTAL LONG-TERM CAPITAL GAIN DIVIDENDS					153.	
2,237.00		134.191 ALPINE INTL REAL ESTATE EQ FD PROPERTY TYPE: SECURITIES 4,312.00					06/21/2006 -2,075.00	06/25/2009
818.00		43.503 ALPINE INTL REAL ESTATE EQ FD PROPERTY TYPE: SECURITIES 1,398.00					06/21/2006 -580.00	07/28/2009
100.00		4.441 ALPINE INTL REAL ESTATE EQ FD PROPERTY TYPE: SECURITIES 97.00					09/25/2008 3.00	09/24/2009
3,626.00		160.741 ALPINE INTL REAL ESTATE EQ FD PROPERTY TYPE: SECURITIES 5,091.00					07/25/2008 -1,465.00	09/24/2009
2,556.00		122.783 ALPINE INTL REAL ESTATE EQ FD PROPERTY TYPE: SECURITIES 2,694.00					09/25/2008 -138.00	05/11/2010
3,625.00		536.996 GOLDMAN SACHS TR HIGH YIELD FD I PROPERTY TYPE: SECURITIES 3,029.00					10/13/2008 596.00	09/24/2009
3,339.00		488.124 GOLDMAN SACHS TR HIGH YIELD FD I PROPERTY TYPE: SECURITIES 2,743.00					10/16/2008 596.00	02/11/2010
874.00		27.945 GUINNESS ATKINSON - CHINA & HK FD PROPERTY TYPE: SECURITIES 929.00					07/14/2008 -55.00	07/28/2009
2,427.00		75.424 GUINNESS ATKINSON - CHINA & HK FD PROPERTY TYPE: SECURITIES 1,650.00					10/13/2008 777.00	09/24/2009
952.00		29.584 GUINNESS ATKINSON - CHINA & HK FD PROPERTY TYPE: SECURITIES 983.00					07/14/2008 -31.00	09/24/2009

**FORM 990-PF - PART IV
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME**

Kind of Property		Description				P or D	Date acquired	Date sold
Gross sale price less expenses of sale	Depreciation allowed/ allowable	Cost or other basis	FMV as of 12/31/69	Adj basis as of 12/31/69	Excess of FMV over adj basis		Gain or (loss)	
2,007.00		42.837 HARBOR FD INTL FD PROPERTY TYPE: SECURITIES 2,952.00					12/19/2007	07/28/2009
							-945.00	
5,581.00		107.129 HARBOR FD INTL FD PROPERTY TYPE: SECURITIES 4,043.00					04/17/2009	09/24/2009
							1,538.00	
4,054.00		77.806 HARBOR FD INTL FD PROPERTY TYPE: SECURITIES 5,361.00					05/25/2007	09/24/2009
							-1,307.00	
1,182.00		41.37 HARBOR CAPITAL APPRECIATION FD PROPERTY TYPE: SECURITIES 1,543.00					12/11/2007	07/28/2009
							-361.00	
4,839.00		154.709 HARBOR CAPITAL APPRECIATION FD PROPERTY TYPE: SECURITIES 5,771.00					12/11/2007	02/11/2010
							-932.00	
2,230.00		67.483 HARBOR CAPITAL APPRECIATION FD PROPERTY TYPE: SECURITIES 2,517.00					12/11/2007	05/11/2010
							-287.00	
2,207.00		183.929 T ROWE PRICE INST L/C GROWTH PROPERTY TYPE: SECURITIES 2,588.00					10/27/2006	07/28/2009
							-381.00	
5,514.00		411.16 T ROWE PRICE INST L/C GROWTH PROPERTY TYPE: SECURITIES 5,785.00					10/27/2006	02/11/2010
							-271.00	
2,205.00		151.981 T ROWE PRICE INST L/C GROWTH PROPERTY TYPE: SECURITIES 2,138.00					10/27/2006	05/11/2010
							67.00	
1,260.00		83.914 MTB SM CAP GRWTH-INST I-FD #555 PROPERTY TYPE: SECURITIES 2,621.00					01/26/2004	04/27/2010
							-1,361.00	
666.00		68.918 MTB MID CAP GRWTH-INST I-FD #401 PROPERTY TYPE: SECURITIES 890.00					07/14/2008	07/28/2009
							-224.00	

**FORM 990-PF - PART IV
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME**

Kind of Property		Description				P or D	Date acquired	Date sold
Gross sale price less expenses of sale	Depreciation allowed/ allowable	Cost or other basis	FMV as of 12/31/69	Adj basis as of 12/31/69	Excess of FMV over adj basis		Gain or (loss)	
336.00		38.862 MTB LGE CAP VAL-INST I #327 PROPERTY TYPE: SECURITIES 513.00					10/27/2006	08/25/2009 -177.00
1,534.00		167.115 MTB LGE CAP VAL-INST I #327 PROPERTY TYPE: SECURITIES 2,204.00					10/27/2006	01/25/2010 -670.00
96.00		14.451 MTB LGE CAP GRWTH-INST I #299 PROPERTY TYPE: SECURITIES 149.00					09/27/2004	07/28/2009 -53.00
304.00		40.505 MTB LGE CAP GRWTH-INST I #299 PROPERTY TYPE: SECURITIES 405.00					01/25/2006	01/25/2010 -101.00
1,609.00		198.21 MTB LGE CAP GRWTH-INST I #299 PROPERTY TYPE: SECURITIES 1,968.00					01/25/2006	04/27/2010 -359.00
1,695.00		228.12 MTB INTL EQ-INST I-FD #270 PROPERTY TYPE: SECURITIES 2,254.00					01/26/2004	07/28/2009 -559.00
461.00		55.59 MTB INTL EQ-INST I-FD #270 PROPERTY TYPE: SECURITIES 549.00					01/26/2004	10/27/2009 -88.00
1,040.00		105.357 MTB INCOME FUND-INST I-FD #143 PROPERTY TYPE: SECURITIES 1,019.00					09/24/2009	05/11/2010 21.00
532.00		45.436 MASTERS SELECT INTERNATIONAL FD # PROPERTY TYPE: SECURITIES 956.00					08/10/2007	07/28/2009 -424.00
3,482.00		35.233 VANGUARD #94 INSTITUTIONAL INDEX PROPERTY TYPE: SECURITIES 3,561.00					09/27/2004	02/11/2010 -79.00
2,532.00		23.902 VANGUARD #94 INSTITUTIONAL INDEX PROPERTY TYPE: SECURITIES 2,416.00					09/27/2004	05/11/2010 116.00

**FORM 990-PF - PART IV
CAPITAL GAINS AND LOSSES FOR TAX ON INVESTMENT INCOME**

Kind of Property		Description				P or D	Date acquired	Date sold
Gross sale price less expenses of sale	Depreciation allowed/ allowable	Cost or other basis	FMV as of 12/31/69	Adj basis as of 12/31/69	Excess of FMV over adj basis		Gain or (loss)	
TOTAL GAIN (LOSS)							----- -8,971. =====	

FORM 990PF, PART I - OTHER INCOME
=====

DESCRIPTION -----	REVENUE AND EXPENSES PER BOOKS -----	NET INVESTMENT INCOME -----
TOTALS	1,321.	950.
	=====	=====

FORM 990PF, PART I - TAXES

=====

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME
FOREIGN TAXES ON QUALIFIED FOR	164.	164.
FOREIGN TAXES ON NONQUALIFIED	8.	8.
TOTALS	172.	172.

=====

FORM 990PF, PART I - OTHER EXPENSES

=====

DESCRIPTION	REVENUE AND EXPENSES PER BOOKS	NET INVESTMENT INCOME
OTHER NON-ALLOCABLE EXPENSE -	100.	100.
TOTALS	100.	100.

=====

FORM 990PF, PART II - OTHER INVESTMENTS
 =====

DESCRIPTION	COST/ FMV C OR F	ENDING BOOK VALUE	ENDING FMV
GOLDMAN SACHS	C		
MTB INCOME FD #143	C	36,523.	39,246.
MTB INTERM TERM #220	C	14,498.	15,537.
MTB SHORT TERM #518	C	18,142.	18,719.
RIDGEWORTH SEIX FLOATING	C	12,756.	12,169.
CRM MID CAP	C	5,977.	6,102.
HARBOR CAPITAL APPREC	C	15,578.	14,466.
MTB LARGE CAP #299	C	18,191.	14,532.
MTB LARGE CAP VALUE #327	C	33,914.	28,897.
MTB MID CAP GROWTH #401	C	7,491.	7,249.
MTB SMALL CAP #555	C	20,123.	12,182.
T ROWE PRICE	C	12,347.	12,843.
VANGUARD #94	C	6,836.	6,872.
ALPINE INTERN'L	C	5,277.	8,107.
GUINNESS ATKINSON	C	2,386.	3,564.
HARBOR INT'L	C	13,780.	17,514.
LAZARD EMERGING MRKT	C	11,468.	10,512.
MASTERS SELECT INT'L#306	C	9,111.	9,443.
MTB INT'L EQ #270	C	32,491.	27,942.
DREYFUS INT'L BD FD	C	9,881.	9,504.
MFS EMERGING MARKETS	C	6,508.	6,540.
ARTIO GLOBAL HIGH	C	3,177.	3,146.
LSV VALUE	C	11,790.	11,619.
MAINSTAY EPOCH	C	4,811.	4,583.
RS GLOBAL NATURAL	C	6,354.	6,484.
TOTALS		319,410.	307,772.

FORM 990PF, PART III - OTHER INCREASES IN NET WORTH OR FUND BALANCES
=====

DESCRIPTION -----	AMOUNT -----
MUTUAL FUND ROUNDING OF SALES	8.

TOTAL	8.
	=====

STATE(S) WHERE THE FOUNDATION IS REGISTERED

NY

FORM 990PF, PART VIII - LIST OF OFFICERS, DIRECTORS, AND TRUSTEES

OFFICER NAME:

MANUFACTURERS & TRADERS TRUST CO.

ADDRESS:

21 EAST MARKET STREET

YORK, PA 17401

TITLE:

TRUSTEE

AVERAGE HOURS PER WEEK DEVOTED TO POSITION: 1

COMPENSATION 4,542.

TOTAL COMPENSATION: 4,542.

=====

RECIPIENT NAME:

FIRST METH CHURCH-MECHANICVILLE

C/O GARY ISLES, CHAIRMAN

ADDRESS:

19 DEWEY AVENUE

MECHANICVILLE, NY 12118

RELATIONSHIP:

NONE

PURPOSE OF GRANT:

GENERAL PURPOSES

FOUNDATION STATUS OF RECIPIENT:

N/A

AMOUNT OF GRANT PAID 6,734.

TOTAL GRANTS PAID:

6,734.

=====

**SCHEDULE D
(Form 1041)**

Department of the Treasury
Internal Revenue Service

Capital Gains and Losses

▶ Attach to Form 1041, Form 5227, or Form 990-T. See the instructions for Schedule D (Form 1041) (also for Form 5227 or Form 990-T, if applicable).

OMB No 1545-0092

2009

Name of estate or trust

LEWIS S. HOWLAND CHARITABLE TRUST 115118036

Employer identification number

14-6077831

Note: Form 5227 filers need to complete *only* Parts I and II

Part I Short-Term Capital Gains and Losses - Assets Held One Year or Less

(a) Description of property (Example 100 shares 7% preferred of "Z" Co)	(b) Date acquired (mo, day, yr)	(c) Date sold (mo, day, yr)	(d) Sales price	(e) Cost or other basis (see page 4 of the instructions)	(f) Gain or (loss) for the entire year Subtract (e) from (d)
1a SHORT-TERM CAPITAL GAIN DIVIDENDS		STMT 1			85.

b Enter the short-term gain or (loss), if any, from Schedule D-1, line 1b	1b	2,935.
2 Short-term capital gain or (loss) from Forms 4684, 6252, 6781, and 8824	2	
3 Net short-term gain or (loss) from partnerships, S corporations, and other estates or trusts	3	
4 Short-term capital loss carryover. Enter the amount, if any, from line 9 of the 2008 Capital Loss Carryover Worksheet	4	()
5 Net short-term gain or (loss) Combine lines 1a through 4 in column (f) Enter here and on line 13, column (3) on the back ▶	5	3,020.

Part II Long-Term Capital Gains and Losses - Assets Held More Than One Year

(a) Description of property (Example 100 shares 7% preferred of "Z" Co)	(b) Date acquired (mo, day, yr)	(c) Date sold (mo, day, yr)	(d) Sales price	(e) Cost or other basis (see page 4 of the instructions)	(f) Gain or (loss) for the entire year Subtract (e) from (d)
6a LONG-TERM CAPITAL GAIN DIVIDENDS		STMT 1			153.

b Enter the long-term gain or (loss), if any, from Schedule D-1, line 6b	6b	-12,144.
7 Long-term capital gain or (loss) from Forms 2439, 4684, 6252, 6781, and 8824	7	
8 Net long-term gain or (loss) from partnerships, S corporations, and other estates or trusts	8	
9 Capital gain distributions	9	
10 Gain from Form 4797, Part I	10	
11 Long-term capital loss carryover Enter the amount, if any, from line 14 of the 2008 Capital Loss Carryover Worksheet	11	()
12 Net long-term gain or (loss) . Combine lines 6a through 11 in column (f) Enter here and on line 14a, column (3) on the back ▶	12	-11,991.

For Paperwork Reduction Act Notice, see the Instructions for Form 1041.

Schedule D (Form 1041) 2009

Part III Summary of Parts I and II

Caution: Read the instructions before completing this part

	(1) Beneficiaries' (see page 5)	(2) Estate's or trust's	(3) Total
13 Net short-term gain or (loss)	13		3,020.
14 Net long-term gain or (loss):			
a Total for year	14a		-11,991.
b Unrecaptured section 1250 gain (see line 18 of the wrksh.)	14b		
c 28% rate gain	14c		
15 Total net gain or (loss). Combine lines 13 and 14a	15		-8,971.

Note: If line 15, column (3), is a net gain, enter the gain on Form 1041, line 4 (or Form 990-T, Part I, line 4a). If lines 14a and 15, column (2), are net gains, go to Part V, and do not complete Part IV. If line 15, column (3), is a net loss, complete Part IV and the **Capital Loss Carryover Worksheet**, as necessary.

Part IV Capital Loss Limitation

16 Enter here and enter as a (loss) on Form 1041, line 4 (or Form 990-T, Part I, line 4c, if a trust), the smaller of:	16	(3,000)
a The loss on line 15, column (3) or		
b \$3,000		

Note: If the loss on line 15, column (3), is more than \$3,000, or if Form 1041, page 1, line 22 (or Form 990-T, line 34), is a loss, complete the **Capital Loss Carryover Worksheet** on page 7 of the instructions to figure your capital loss carryover.

Part V Tax Computation Using Maximum Capital Gains Rates

Form 1041 filers. Complete this part only if both lines 14a and 15 in column (2) are gains, or an amount is entered in Part I or Part II and there is an entry on Form 1041, line 2b(2), and Form 1041, line 22, is more than zero.

Caution: Skip this part and complete the worksheet on page 8 of the instructions if:

- Either line 14b, col. (2) or line 14c, col. (2) is more than zero, or
- Both Form 1041, line 2b(1), and Form 4952, line 4g are more than zero

Form 990-T trusts. Complete this part only if both lines 14a and 15 are gains, or qualified dividends are included in income in Part I of Form 990-T, and Form 990-T, line 34, is more than zero. Skip this part and complete the worksheet on page 8 of the instructions if either line 14b, col. (2) or line 14c, col. (2) is more than zero.

17 Enter taxable income from Form 1041, line 22 (or Form 990-T, line 34)	17		
18 Enter the smaller of line 14a or 15 in column (2) but not less than zero	18		
19 Enter the estate's or trust's qualified dividends from Form 1041, line 2b(2) (or enter the qualified dividends included in income in Part I of Form 990-T)	19		
20 Add lines 18 and 19	20		
21 If the estate or trust is filing Form 4952, enter the amount from line 4g; otherwise, enter -0-	21		
22 Subtract line 21 from line 20. If zero or less, enter -0-	22		
23 Subtract line 22 from line 17. If zero or less, enter -0-	23		
24 Enter the smaller of the amount on line 17 or \$2,300	24		
25 Is the amount on line 23 equal to or more than the amount on line 24? <input type="checkbox"/> Yes. Skip lines 25 and 26; go to line 27 and check the "No" box. <input type="checkbox"/> No. Enter the amount from line 23	25		
26 Subtract line 25 from line 24	26		
27 Are the amounts on lines 22 and 26 the same? <input type="checkbox"/> Yes. Skip lines 27 thru 30, go to line 31 <input type="checkbox"/> No. Enter the smaller of line 17 or line 22	27		
28 Enter the amount from line 26 (if line 26 is blank, enter -0-)	28		
29 Subtract line 28 from line 27	29		
30 Multiply line 29 by 15% (.15)		30	
31 Figure the tax on the amount on line 23. Use the 2009 Tax Rate Schedule for Estates and Trusts (see the Schedule G instructions in the instructions for Form 1041)		31	
32 Add lines 30 and 31		32	
33 Figure the tax on the amount on line 17. Use the 2009 Tax Rate Schedule for Estates and Trusts (see the Schedule G instructions in the instructions for Form 1041)		33	
34 Tax on all taxable income. Enter the smaller of line 32 or line 33 here and on Form 1041, Schedule G, line 1a (or Form 990-T, line 36)		34	

Name of estate or trust as shown on Form 1041 Do not enter name and employer identification number if shown on the other side LEWIS S. HOWLAND CHARITABLE TRUST 115118036	Employer identification number 14-6077831
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Part II Long-Term Capital Gains and Losses - Assets Held More Than One Year

(a) Description of property (Example 100 sh 7% preferred of "Z" Co)	(b) Date acquired (mo, day, yr)	(c) Date sold (mo, day, yr)	(d) Sales price (see page 4 of the instructions)	(e) Cost or other basis (see page 4 of the instructions)	(f) Gain or (loss) Subtract (e) from (d)
6a 134.191 ALPINE INTL REAL ESTATE EQ FD	06/21/2006	06/25/2009	2,237.00	4,312.00	-2,075.00
43.503 ALPINE INTL REAL ESTATE EQ FD	06/21/2006	07/28/2009	818.00	1,398.00	-580.00
160.741 ALPINE INTL REAL ESTATE EQ FD	07/25/2008	09/24/2009	3,626.00	5,091.00	-1,465.00
122.783 ALPINE INTL REAL ESTATE EQ FD	09/25/2008	05/11/2010	2,556.00	2,694.00	-138.00
488.124 GOLDMAN SACHS TR HIGH YIELD FD INSTL SHS	10/16/2008	02/11/2010	3,339.00	2,743.00	596.00
27.945 GUINNESS ATKINSON - CHINA & HK FD	07/14/2008	07/28/2009	874.00	929.00	-55.00
29.584 GUINNESS ATKINSON - CHINA & HK FD	07/14/2008	09/24/2009	952.00	983.00	-31.00
42.837 HARBOR FD INTL FD	12/19/2007	07/28/2009	2,007.00	2,952.00	-945.00
77.806 HARBOR FD INTL FD	05/25/2007	09/24/2009	4,054.00	5,361.00	-1,307.00
41.37 HARBOR CAPITAL APPRECIATION FD	12/11/2007	07/28/2009	1,182.00	1,543.00	-361.00
154.709 HARBOR CAPITAL APPRECIATION FD	12/11/2007	02/11/2010	4,839.00	5,771.00	-932.00
67.483 HARBOR CAPITAL APPRECIATION FD	12/11/2007	05/11/2010	2,230.00	2,517.00	-287.00
183.929 T ROWE PRICE INST L/C GROWTH	10/27/2006	07/28/2009	2,207.00	2,588.00	-381.00
411.16 T ROWE PRICE INST L/C GROWTH	10/27/2006	02/11/2010	5,514.00	5,785.00	-271.00
151.981 T ROWE PRICE INST L/C GROWTH	10/27/2006	05/11/2010	2,205.00	2,138.00	67.00
83.914 MTB SM CAP GRWTH-INST I-FD #555	01/26/2004	04/27/2010	1,260.00	2,621.00	-1,361.00
68.918 MTB MID CAP GRWTH-INST I-FD #401	07/14/2008	07/28/2009	666.00	890.00	-224.00
38.862 MTB LGE CAP VAL-INST I #327	10/27/2006	08/25/2009	336.00	513.00	-177.00
167.115 MTB LGE CAP VAL-INST I #327	10/27/2006	01/25/2010	1,534.00	2,204.00	-670.00
14.451 MTB LGE CAP GRWTH-INST I #299	09/27/2004	07/28/2009	96.00	149.00	-53.00
40.505 MTB LGE CAP GRWTH-INST I #299	01/25/2006	01/25/2010	304.00	405.00	-101.00
198.21 MTB LGE CAP GRWTH-INST I #299	01/25/2006	04/27/2010	1,609.00	1,968.00	-359.00
228.12 MTB INTL EQ-INST I-FD #270	01/26/2004	07/28/2009	1,695.00	2,254.00	-559.00
55.59 MTB INTL EQ-INST I-FD #270	01/26/2004	10/27/2009	461.00	549.00	-88.00
45.436 MASTERS SELECT INTERNATIONAL FD #306	08/10/2007	07/28/2009	532.00	956.00	-424.00

6b Total. Combine the amounts in column (f) Enter here and on Schedule D, line 6b

FEDERAL CAPITAL GAIN DIVIDENDS
=====

SHORT-TERM CAPITAL GAIN DIVIDENDS

DREYFUS INTL BOND FD -I

85.00

TOTAL SHORT-TERM CAPITAL GAIN DIVIDENDS

85.00
=====

LONG-TERM CAPITAL GAIN DIVIDENDS

15% RATE CAPITAL GAIN DIVIDENDS

DREYFUS INTL BOND FD -I

36.00

GUINNESS ATKINSON - CHINA & HK FD

117.00

TOTAL 15% RATE CAPITAL GAIN DIVIDENDS

153.00

TOTAL LONG-TERM CAPITAL GAIN DIVIDENDS

153.00
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