Form 990-PF

Department of the Treasury
Internal Revenue Service

Return of Private Foundation
or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

OMB No. 1545-0052

2009

For calendar year 2009, or tax year beginning , and ending

G Check all that apply: [ ] Initial return [ ] Initial return of a former public charity [ ] Final return [ ] Amended return [ ] Address change [ ] Name change

Use the IRS label. Otherwise, print or type. See Specific Instructions

Name of foundation: MID IOWA HEALTH FOUNDATION

A Employer identification number: 42-1235348

Number and street (or P O box number if mail is not delivered to street address): 3900 INGERSOLL AVE — Room/suite: 104

B Telephone number: (515)277-6411

City or town, state, and ZIP code: DES MOINES, IA 50312-3535

C If exemption application is pending, check here ▶ [ ]

D 1. Foreign organizations, check here ▶ [ ]
2. Foreign organizations meeting the 85% test, check here and attach computation ▶ [ ]

H Check type of organization: [X] Section 501(c)(3) exempt private foundation [ ] Section 4947(a)(1) nonexempt charitable trust [ ] Other taxable private foundation

E If private foundation status was terminated under section 507(b)(1)(A), check here ▶ [ ]

I Fair market value of all assets at end of year (from Part II, col (c), line 16) ▶$ 13,583,962.

J Accounting method: [ ] Cash [X] Accrual [ ] Other (specify) (Part I, column (d) must be on cash basis.)

F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ▶ [ ]

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a))

		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received	2,500.			
	2 Check ▶ [X] if the foundation is not required to attach Sch B				
	3 Interest on savings and temporary cash investments	991.	991.		STATEMENT 1
	4 Dividends and interest from securities	359,389.	359,389.		STATEMENT 2
	5a Gross rents				
	b Net rental income or (loss)				
	6a Net gain or (loss) from sale of assets not on line 10	-1,199,289.			
	b Gross sales price for all assets on line 6a 8,532,643.				
	7 Capital gain net income (from Part IV, line 2)		0.		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
	b Less Cost of goods sold				
	c Gross profit or (loss)				
	11 Other income				
	12 **Total.** Add lines 1 through 11	-836,409.	360,380.	0.	
Operating and Administrative Expenses	13 Compensation of officers, directors, trustees, etc	36,400.	36,000.	0.	400.
	14 Other employee salaries and wages	160,912.	7,708.	0.	154,353.
	15 Pension plans, employee benefits	24,468.	3,229.	0.	9,837.
	16a Legal fees				
	b Accounting fees STMT 3	8,403.	0.	0.	8,403.
	c Other professional fees STMT 4	83,025.	78,275.	0.	4,750.
	17 Interest				
	18 Taxes STMT 5	9,437.	7,137.	0.	0.
	19 Depreciation and depletion	2,193.	0.	2,193.	
	20 Occupancy	15,124.	0.	0.	15,124.
	21 Travel, conferences, and meetings	11,042.	0.	0.	11,042.
	22 Printing and publications	8,167.	0.	0.	8,167.
	23 Other expenses STMT 6	10,528.	0.	0.	10,528.
	24 **Total operating and administrative expenses.** Add lines 13 through 23	369,699.	132,349.	2,193.	222,604.
	25 Contributions, gifts, grants paid	554,356.			554,356.
	26 **Total expenses and disbursements.** Add lines 24 and 25	924,055.	132,349.	2,193.	776,960.
	27 Subtract line 26 from line 12:				
	a Excess of revenue over expenses and disbursements	-1,760,464.			
	b **Net investment income** (if negative, enter -0-)		228,031.		
	c **Adjusted net income** (if negative, enter -0-)			0.	

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923501 02-02-10 LHA **For Privacy Act and Paperwork Reduction Act Notice, see the instructions.** Form **990-PF** (2009)

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Part II Balance Sheets Attached schedules and amounts in the description column should be for end-of-year amounts only

		Beginning of year (a) Book Value	End of year (b) Book Value	End of year (c) Fair Market Value
Assets	1 Cash - non-interest-bearing	21,494.	63,985.	63,985.
	2 Savings and temporary cash investments	287,576.	280,246.	280,246.
	3 Accounts receivable ▶			
	Less: allowance for doubtful accounts ▶			
	4 Pledges receivable ▶			
	Less: allowance for doubtful accounts ▶			
	5 Grants receivable			
	6 Receivables due from officers, directors, trustees, and other disqualified persons			
	7 Other notes and loans receivable ▶			
	Less: allowance for doubtful accounts ▶			
	8 Inventories for sale or use			
	9 Prepaid expenses and deferred charges			
	10a Investments - U.S. and state government obligations STMT 8	2,750,885.	2,509,142.	2,509,142.
	b Investments - corporate stock STMT 9	7,071,754.	9,183,639.	9,183,639.
	c Investments - corporate bonds STMT 10	1,727,725.	1,481,157.	1,481,157.
	11 Investments - land, buildings, and equipment basis ▶			
	Less accumulated depreciation ▶			
	12 Investments - mortgage loans			
	13 Investments - other			
	14 Land, buildings, and equipment basis ▶ 36,224.			
	Less accumulated depreciation STMT 11 ▶ 28,571.	9,846.	7,653.	7,653.
	15 Other assets (describe ▶ STATEMENT 12)	75,716.	58,140.	58,140.
	16 **Total assets** (to be completed by all filers)	11,944,996.	13,583,962.	13,583,962.
Liabilities	17 Accounts payable and accrued expenses	999.	720.	
	18 Grants payable			
	19 Deferred revenue			
	20 Loans from officers, directors, trustees, and other disqualified persons			
	21 Mortgages and other notes payable			
	22 Other liabilities (describe ▶)			
	23 **Total liabilities** (add lines 17 through 22)	999.	720.	
Net Assets or Fund Balances	**Foundations that follow SFAS 117, check here ▶ [X] and complete lines 24 through 26 and lines 30 and 31.**			
	24 Unrestricted	11,943,997.	13,583,242.	
	25 Temporarily restricted			
	26 Permanently restricted			
	Foundations that do not follow SFAS 117, check here ▶ [ ] and complete lines 27 through 31.			
	27 Capital stock, trust principal, or current funds			
	28 Paid-in or capital surplus, or land, bldg., and equipment fund			
	29 Retained earnings, accumulated income, endowment, or other funds			
	30 **Total net assets or fund balances**	11,943,997.	13,583,242.	
	31 **Total liabilities and net assets/fund balances**	11,944,996.	13,583,962.	

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	11,943,997.
2	Enter amount from Part I, line 27a	2	-1,760,464.
3	Other increases not included in line 2 (itemize) ▶ SEE STATEMENT 7	3	3,399,709.
4	Add lines 1, 2, and 3	4	13,583,242.
5	Decreases not included in line 2 (itemize) ▶	5	0.
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	13,583,242.

Part IV Capital Gains and Losses for Tax on Investment Income

	(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a	SALES OF PUBLICLY TRADED STOCKS			
b	SALES OF PUBLICLY TRADED BONDS			
c	SALES OF PUBLICLY TRADED MUTUAL FUNDS			
d				
e				

	(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a	6,309,036.		7,579,315.	-1,270,279.
b	2,176,132.		2,103,775.	72,357.
c	47,475.		48,842.	-1,367.
d				
e				

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

	(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
a				-1,270,279.
b				72,357.
c				-1,367.
d				
e				

2 Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 / If (loss), enter -0- in Part I, line 7 }	2	-1,199,289.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter -0- in Part I, line 8		3	N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period? ☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2008	835,583.	14,510,704.	.057584
2007	976,170.	17,060,336.	.057219
2006	912,563.	15,842,617.	.057602
2005	889,224.	15,662,918.	.056773
2004	879,009.	15,592,085.	.056375

2 **Total** of line 1, column (d)	2	.285553
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years	3	.057111
4 Enter the net value of noncharitable-use assets for 2009 from Part X, line 5	4	12,160,790.
5 Multiply line 4 by line 3	5	694,515.
6 Enter 1% of net investment income (1% of Part I, line 27b)	6	2,280.
7 Add lines 5 and 6	7	696,795.
8 Enter qualifying distributions from Part XII, line 4	8	776,960.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here ▶ ☐ and enter "N/A" on line 1. Date of ruling or determination letter: ______ **(attach copy of letter if necessary-see instructions)**				
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here ▶ [X] and enter 1% of Part I, line 27b			1	2,280.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)				
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)			2	0.
3 Add lines 1 and 2			3	2,280.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)			4	0.
5 **Tax based on investment income.** Subtract line 4 from line 3. If zero or less, enter -0-			5	2,280.
6 Credits/Payments:				
a 2009 estimated tax payments and 2008 overpayment credited to 2009	6a	2,800.		
b Exempt foreign organizations - tax withheld at source	6b			
c Tax paid with application for extension of time to file (Form 8868)	6c			
d Backup withholding erroneously withheld	6d			
7 Total credits and payments. Add lines 6a through 6d			7	2,800.
8 Enter any **penalty** for underpayment of estimated tax. Check here ☐ if Form 2220 is attached			8	
9 **Tax due.** If the total of lines 5 and 8 is more than line 7, enter **amount owed** ▶			9	
10 **Overpayment.** If line 7 is more than the total of lines 5 and 8, enter the **amount overpaid** ▶			10	520.
11 Enter the amount of line 10 to be: **Credited to 2010 estimated tax** ▶	520.	**Refunded** ▶	11	0.

Part VII-A Statements Regarding Activities

		Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?	1a		X
b Did it spend more than $100 during the year (either directly or indirectly) for political purposes (see instructions for definition)?	1b		X
If the answer is "Yes" to **1a** *or* **1b**, *attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.*			
c Did the foundation file **Form 1120-POL** for this year?	1c		X
d Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. ▶ $ 0. (2) On foundation managers. ▶ $ 0.			
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. ▶ $ 0.			
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? *If "Yes," attach a detailed description of the activities.*	2		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? *If "Yes," attach a conformed copy of the changes*	3		X
4a Did the foundation have unrelated business gross income of $1,000 or more during the year?	4a		X
b If "Yes," has it filed a tax return on **Form 990-T** for this year? N/A	4b		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? *If "Yes," attach the statement required by General Instruction T.*	5		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6	X	
7 Did the foundation have at least $5,000 in assets at any time during the year? *If "Yes," complete Part II, col. (c), and Part XV.*	7	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) ▶ IA			
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by *General Instruction G? If "No," attach explanation*	8b	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2009 or the taxable year beginning in 2009 (see instructions for Part XIV)? *If "Yes," complete Part XIV*	9		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses	10		X

Part VII-A Statements Regarding Activities *(continued)*

			Yes	No
11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application?	13	X	

Website address ▶ WWW.MIDIOWAHEALTH.ORG

14 The books are in care of ▶ KATHRYN BRADLEY Telephone no. ▶ (515)277-6411

Located at ▶ 3900 INGERSOLL AVE, SUITE 104, DES MOINES, IA ZIP+4 ▶ 50312-3535

15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of **Form 1041** - Check here ▶ ☐

and enter the amount of tax-exempt interest received or accrued during the year ▶ 15 N/A

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

			Yes	No
1a	During the year did the foundation (either directly or indirectly):			
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person? ☐ Yes ☒ No			
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? ☐ Yes ☒ No			
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? ☒ Yes ☐ No			
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? ☒ Yes ☐ No			
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? ☐ Yes ☒ No			
	(6) Agree to pay money or property to a government official? (**Exception.** Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) ☐ Yes ☒ No			
b	If any answer is "Yes" to 1a(1)-(6), did **any** of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 20 of the instructions)?	1b		X
	Organizations relying on a current notice regarding disaster assistance check here ▶ ☐			
c	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2009?	1c		X
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):			
a	At the end of tax year 2009, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2009? ☐ Yes ☒ No			
	If "Yes," list the years ▶ ____ , ____ , ____ , ____			
b	Are there any years listed in 2a for which the foundation is **not** applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to **all** years listed, answer "No" and attach statement - see instructions.) N/A	2b		
c	If the provisions of section 4942(a)(2) are being applied to **any** of the years listed in 2a, list the years here. ▶ ____ , ____ , ____ , ____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? ☐ Yes ☒ No			
b	If "Yes," did it have excess business holdings in 2009 as a result of **(1)** any purchase by the foundation or disqualified persons after May 26, 1969; **(2)** the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or **(3)** the lapse of the 10-, 15-, or 20-year first phase holding period? *(Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2009.)* N/A	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		X
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2009?	4b		X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required *(continued)*

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? ☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive? ☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes? ☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? ☐ Yes ☒ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? ☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did **any** of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)? N/A | 5b |

Organizations relying on a current notice regarding disaster assistance check here ▶ ☐

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? N/A ☐ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? ☐ Yes ☒ No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? | 6b | | X

If "Yes" to 6b, file Form 8870.

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? ☐ Yes ☒ No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? N/A | 7b |

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 13		36,400.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than $50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
KATHRYN K BRADLEY - 3900 INGERSOLL AVENUE, STE 104, DES MOINES, IA	PRESIDENT 40.00	89,500.	5,783.	0.

Total number of other employees paid over $50,000 ▶ 0

Part VIII **Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors** *(continued)*

3 Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than $50,000	(b) Type of service	(c) Compensation
NONE		
Total number of others receiving over $50,000 for professional services ▶		0

Part IX-A **Summary of Direct Charitable Activities**

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 N/A	
2	
3	
4	

Part IX-B **Summary of Program-Related Investments**

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
All other program-related investments. See instructions. 3	
Total. Add lines 1 through 3 ▶	0.

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Part X Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities	1a	11,984,676.
b	Average of monthly cash balances	1b	361,304.
c	Fair market value of all other assets	1c	
d	**Total** (add lines 1a, b, and c)	1d	12,345,980.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation) — 1e: 0.		
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	12,345,980.
4	Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	185,190.
5	**Net value of noncharitable-use assets.** Subtract line 4 from line 3. Enter here and on Part V, line 4	5	12,160,790.
6	**Minimum investment return.** Enter 5% of line 5	6	608,040.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ▶ ☐ and do not complete this part.)

1	Minimum investment return from Part X, line 6	1	608,040.
2a	Tax on investment income for 2009 from Part VI, line 5 — 2a: 2,280.		
b	Income tax for 2009. (This does not include the tax from Part VI.) — 2b:		
c	Add lines 2a and 2b	2c	2,280.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	605,760.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	605,760.
6	Deduction from distributable amount (see instructions)	6	0.
7	**Distributable amount** as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	605,760.

Part XII Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	776,960.
b	Program-related investments - total from Part IX-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	**Qualifying distributions.** Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	776,960.
5	Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	2,280.
6	**Adjusted qualifying distributions.** Subtract line 5 from line 4	6	774,680.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2008	(c) 2008	(d) 2009
1 Distributable amount for 2009 from Part XI, line 7				605,760.
2 Undistributed income, if any, as of the end of 2009:				
a Enter amount for 2008 only			0.	
b Total for prior years: ______ , ______ , ______		0.		
3 Excess distributions carryover, if any, to 2009:				
a From 2004 114,187.				
b From 2005 118,256.				
c From 2006 197,432.				
d From 2007 148,857.				
e From 2008 115,626.				
f **Total** of lines 3a through e	694,358.			
4 Qualifying distributions for 2009 from Part XII, line 4: ▶ $ 776,960.				
a Applied to 2008, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2009 distributable amount				605,760.
e Remaining amount distributed out of corpus	171,200.			
5 Excess distributions carryover applied to 2009 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 **Enter the net total of each column as indicated below:**				
a Corpus Add lines 3f, 4c, and 4e. Subtract line 5	865,558.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2008. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2009. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2010				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2004 not applied on line 5 or line 7	114,187.			
9 **Excess distributions carryover to 2010.** Subtract lines 7 and 8 from line 6a	751,371.			
10 Analysis of line 9:				
a Excess from 2005 118,256.				
b Excess from 2006 197,432.				
c Excess from 2007 148,857.				
d Excess from 2008 115,626.				
e Excess from 2009 171,200.				

Part XIV Private Operating Foundations (see instructions and Part VII-A, question 9) N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2009, enter the date of the ruling ▶

b Check box to indicate whether the foundation is a private operating foundation described in section ☐ 4942(j)(3) or ☐ 4942(j)(5)

	Tax year	Prior 3 years			
	(a) 2009	(b) 2008	(c) 2007	(d) 2006	(e) Total
2 a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed					
b 85% of line 2a					
c Qualifying distributions from Part XII, line 4 for each year listed					
d Amounts included in line 2c not used directly for active conduct of exempt activities					
e Qualifying distributions made directly for active conduct of exempt activities. Subtract line 2d from line 2c					
3 Complete 3a, b, or c for the alternative test relied upon: a "Assets" alternative test - enter: (1) Value of all assets					
(2) Value of assets qualifying under section 4942(j)(3)(B)(i)					
b "Endowment" alternative test - enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed					
c "Support" alternative test - enter: (1) Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)					
(2) Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(iii)					
(3) Largest amount of support from an exempt organization					
(4) Gross investment income					

Part XV Supplementary Information (Complete this part only if the foundation had $5,000 or more in assets at any time during the year-see the instructions.)

1 **Information Regarding Foundation Managers:**

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than $5,000). (See section 507(d)(2).)

NONE

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

NONE

2 **Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:**

Check here ▶ ☐ if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d.

a The name, address, and telephone number of the person to whom applications should be addressed:

KATHRYN BRADLEY, MID-IOWA HEALTH FOUNDATION, 515-277-6411
3900 INGERSOLL AVE, SUITE 104, DES MOINES, IA 503123535

b The form in which applications should be submitted and information and materials they should include:

AN APPLICATION FORM IS AVAILABLE FROM THE ORGANIZATION.

c Any submission deadlines:

APPLICATIONS ARE ACCEPTED AT ANY TIME AND ARE REVIEWED SEMI ANNUALLY.

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

GRANTS WILL BE FOR HEALTH SERVICE PROJECTS TO QUALIFIED GROUPS WITHIN POLK COUNTY, IOWA AND THE EIGHT SURROUNDING COUNTIES.

Part XV Supplementary Information (continued)

3 Grants and Contributions Paid During the Year or Approved for Future Payment

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
a *Paid during the year*				
SEE ATTACHED SCHEDULE B				554,356.
Total			▶ 3a	554,356.
b *Approved for future payment*				
NONE				
Total			▶ 3b	0.

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Part XVI-A **Analysis of Income-Producing Activities**

Enter gross amounts unless otherwise indicated.	Unrelated business income (a) Business code	Unrelated business income (b) Amount	Excluded by section 512, 513, or 514 (c) Exclusion code	Excluded by section 512, 513, or 514 (d) Amount	(e) Related or exempt function income
1 Program service revenue:					
a					
b					
c					
d					
e					
f					
g Fees and contracts from government agencies					
2 Membership dues and assessments					
3 Interest on savings and temporary cash investments			14	991.	
4 Dividends and interest from securities			14	359,389.	
5 Net rental income or (loss) from real estate:					
a Debt-financed property					
b Not debt-financed property					
6 Net rental income or (loss) from personal property					
7 Other investment income					
8 Gain or (loss) from sales of assets other than inventory			18	-1,199,289.	
9 Net income or (loss) from special events					
10 Gross profit or (loss) from sales of inventory					
11 Other revenue:					
a					
b					
c					
d					
e					
12 Subtotal. Add columns (b), (d), and (e)		0.		-838,909.	0.

13 Total. Add line 12, columns (b), (d), and (e) 13 -838,909.

(See worksheet in line 13 instructions to verify calculations.)

Part XVI-B **Relationship of Activities to the Accomplishment of Exempt Purposes**

Line No. ▼	Explain below how each activity for which income is reported in column (e) of Part XVI-A contributed importantly to the accomplishment of the foundation's exempt purposes (other than by providing funds for such purposes).

Part XVII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

		Yes	No
1 Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?			
a Transfers from the reporting foundation to a noncharitable exempt organization of:			
(1) Cash	1a(1)		X
(2) Other assets	1a(2)		X
b Other transactions:			
(1) Sales of assets to a noncharitable exempt organization	1b(1)		X
(2) Purchases of assets from a noncharitable exempt organization	1b(2)		X
(3) Rental of facilities, equipment, or other assets	1b(3)		X
(4) Reimbursement arrangements	1b(4)		X
(5) Loans or loan guarantees	1b(5)		X
(6) Performance of services or membership or fundraising solicitations	1b(6)		X
c Sharing of facilities, equipment, mailing lists, other assets, or paid employees	1c		X

d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.

(a) Line no	(b) Amount involved	(c) Name of noncharitable exempt organization	(d) Description of transfers, transactions, and sharing arrangements
		N/A	

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship
N/A		

Sign Here

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete Declaration of preparer (other than taxpayer or fiduciary) is based on all information of which preparer has any knowledge.

Kathryn Bradley | 4-5-2010 | PRESIDENT

Signature of officer or trustee | Date | Title

Paid Preparer's Use Only

Preparer's signature	Date 04/02/10	Check if self-employed ☐	Preparer's identifying number
Firm's name (or yours if self-employed), address, and ZIP code: CORWIN REICHTER & COMPANY, PC 1055 JORDAN CREEK PKWY, SUITE 120 WEST DES MOINES, IA 50266-5821		EIN	Phone no. 515.309.0215

2009 DEPRECIATION AND AMORTIZATION REPORT

FORM 990-PF PAGE 1 990-PF

Asset No	Description	Date Acquired	Method	Life	Conv	Line No	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
1	FURNITURE & EQUIPMENT	12/01/84	SL	5.00	HY	16	3,554.				3,554.	3,554.		0.	3,554.
2	FILE CABINET	07/01/85	SL	5.00	HY	16	405.				405.	405.		0.	405.
4	LASER PRINTER	09/13/90	SL	5.00	HY	16	1,045.				1,045.	1,045.		0.	1,045.
5	OFFICE CHAIR	10/01/90	SL	7.00	HY	16	113.				113.	113.		0.	113.
6	BOOKCASE	12/06/91	SL	7.00	HY	16	101.				101.	101.		0.	101.
9	2 CHAIRS	08/05/93	SL	7.00	HY	16	284.				284.	284.		0.	284.
10	FILE CABINET	09/01/93	SL	7.00	HY	16	429.				429.	429.		0.	429.
11	CONFERENCE TABLE WITH 6 CHAIRS	08/25/95	SL	7.00	HY	16	1,408.				1,408.	1,408.		0.	1,408.
12	HP COMPUTER AND MONITOR	08/06/98	SL	5.00	HY	16	2,291.				2,291.	2,291.		0.	2,291.
13	FILE CABINET	08/03/98	SL	10.00	HY	16	114.				114.	114.		0.	114.
14	MICROEDGE SOFTWARE	09/19/98	SL	3.00	HY	16	5,000.				5,000.	5,000.		0.	5,000.
15	HP 1100 PRINTER	07/06/99	SL	5.00	HY	16	400.				400.	400.		0.	400.
16	EXTERNAL ZIP DRIVE 100MB USB	07/06/99	SL	5.00	HY	16	90.				90.	90.		0.	90.
17	FAX MACHINE	12/21/99	SL	5.00	HY	16	229.				229.	229.		0.	229.
18	OFFICE FURNITURE	05/04/00	SL	10.00	HY	16	1,081.				1,081.	936.		108.	1,044.
19	COMPUTER	06/02/00	SL	5.00	HY	16	2,162.				2,162.	2,162.		0.	2,162.
20	FURNITURE	06/04/02	SL	10.00	HY	16	468.				468.	309.		47.	356.
32	FURNITURE	04/01/04	SL	10.00	HY	16	2,587.				2,587.	1,230.		259.	1,489.

928111
04-24-09

(D) - Asset disposed

* ITC, Salvage, Bonus, Commercial Revitalization Deduction, GO Zone

2009 DEPRECIATION AND AMORTIZATION REPORT

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Asset No	Description	Date Acquired	Method	Life	C o n v	Line No	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
33	FURNITURE	05/06/04	SL	10.00	HY	16	1,577.				1,577.	737.		158.	895.
34	COMPUTER BACKUP SYSTEM	05/03/04	SL	5.00	HY	16	1,773.				1,773.	1,656.		117.	1,773.
35	FURNITURE	09/01/04	SL	10.00	HY	16	372.				372.	160.		37.	197.
36	FURNITURE	09/01/04	SL	10.00	HY	16	152.				152.	65.		15.	80.
48	COMPUTER PRINTER	02/14/06	SL	5.00	HY	16	1,978.				1,978.	1,155.		396.	1,551.
49	OFFICE FURNITURE	11/27/06	SL	10.00	HY	16	3,156.				3,156.	658.		316.	974.
50	QUICKBOOKS PRO 2007	12/08/06	SL	3.00	HY	16	177.				177.	123.		54.	177.
61	COMPUTER	02/14/06	SL	5.00	HY	16	1,578.				1,578.	921.		316.	1,237.
62	LANIER COPIER	10/03/06	SL	10.00	HY	16	3,180.				3,180.	716.		318.	1,034.
73	OFFICE FURNITURE	05/07/07	SL	10.00	HY	16	520.				520.	87.		52.	139.
	* TOTAL 990-PF PG 1 DEPR						36,224.				36,224.	26,378.		2,193.	28,571.

928111
04-24-09

(D) - Asset disposed

* ITC, Salvage, Bonus, Commercial Revitalization Deduction, GO Zone

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
VARIOUS	991.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	991.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
CURRENT YEAR ACCRUED INTEREST	57,740.	0.	57,740.
PRIOR YEAR ACCRUED INTEREST INCOME	-67,355.	0.	-67,355.
VARIOUS DIVIDENDS	166,467.	0.	166,467.
VARIOUS INTEREST	202,537.	0.	202,537.
TOTAL TO FM 990-PF, PART I, LN 4	359,389.	0.	359,389.

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST-MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
CORWIN, REICHTER & COMPANY, P.C.	7,800.	0.	0.	7,800.
PAYROLL PROCESSING FEE	603.	0.	0.	603.
TO FORM 990-PF, PG 1, LN 16B	8,403.	0.	0.	8,403.

FORM 990-PF | OTHER PROFESSIONAL FEES | STATEMENT 4

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST-MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
COMPENSATION CONSULTANT	4,500.	0.	0.	4,500.
401K PLAN ADMIN	250.	0.	0.	250.
INVESTMENT FEES	78,275.	78,275.	0.	0.
TO FORM 990-PF, PG 1, LN 16C	83,025.	78,275.	0.	4,750.

FORM 990-PF | TAXES | STATEMENT 5

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST-MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
FEDERAL EXCISE TAX	2,300.	0.	0.	0.
FOREIGN TAXES	7,137.	7,137.	0.	0.
TO FORM 990-PF, PG 1, LN 18	9,437.	7,137.	0.	0.

FORM 990-PF | OTHER EXPENSES | STATEMENT 6

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST-MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
DUES & SUBSCRIPTIONS	1,031.	0.	0.	1,031.
INSURANCE	4,627.	0.	0.	4,627.
SUPPLIES & POSTAGE	2,043.	0.	0.	2,043.
REPAIRS AND MAINTENANCE	322.	0.	0.	322.
TELEPHONE	1,854.	0.	0.	1,854.
OTHER	651.	0.	0.	651.
TO FORM 990-PF, PG 1, LN 23	10,528.	0.	0.	10,528.

FORM 990-PF OTHER INCREASES IN NET ASSETS OR FUND BALANCES STATEMENT 7

DESCRIPTION	AMOUNT
UNREALIZED GAINS (LOSSES) ON INVESTMENTS	3,399,709.
TOTAL TO FORM 990-PF, PART III, LINE 3	3,399,709.

FORM 990-PF U.S. AND STATE/CITY GOVERNMENT OBLIGATIONS STATEMENT 8

DESCRIPTION	U.S. GOV'T	OTHER GOV'T	BOOK VALUE	FAIR MARKET VALUE
SCHEDULE A - TOTAL US AND STATE GOVERNMENT OBLIGATIONS OWNED	X		2,509,142.	2,509,142.
TOTAL U.S. GOVERNMENT OBLIGATIONS			2,509,142.	2,509,142.
TOTAL STATE AND MUNICIPAL GOVERNMENT OBLIGATIONS				
TOTAL TO FORM 990-PF, PART II, LINE 10A			2,509,142.	2,509,142.

FORM 990-PF CORPORATE STOCK STATEMENT 9

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
SCHEDULE A - TOTAL CORPORATE STOCKS OWNED	9,183,639.	9,183,639.
TOTAL TO FORM 990-PF, PART II, LINE 10B	9,183,639.	9,183,639.

FORM 990-PF CORPORATE BONDS STATEMENT 10

DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
SCHEDULE A - TOTAL CORPORATE BONDS OWNED	1,481,157.	1,481,157.
TOTAL TO FORM 990-PF, PART II, LINE 10C	1,481,157.	1,481,157.

FORM 990-PF DEPRECIATION OF ASSETS NOT HELD FOR INVESTMENT STATEMENT 11

DESCRIPTION	COST OR OTHER BASIS	ACCUMULATED DEPRECIATION	BOOK VALUE
FURNITURE & EQUIPMENT	3,554.	3,554.	0.
FILE CABINET	405.	405.	0.
LASER PRINTER	1,045.	1,045.	0.
OFFICE CHAIR	113.	113.	0.
BOOKCASE	101.	101.	0.
2 CHAIRS	284.	284.	0.
FILE CABINET	429.	429.	0.
CONFERENCE TABLE WITH 6 CHAIRS	1,408.	1,408.	0.
HP COMPUTER AND MONITOR	2,291.	2,291.	0.
FILE CABINET	114.	114.	0.
MICROEDGE SOFTWARE	5,000.	5,000.	0.
HP 1100 PRINTER	400.	400.	0.
EXTERNAL ZIP DRIVE 100MB USB	90.	90.	0.
FAX MACHINE	229.	229.	0.
OFFICE FURNITURE	1,081.	1,044.	37.
COMPUTER	2,162.	2,162.	0.
FURNITURE	468.	356.	112.
FURNITURE	2,587.	1,489.	1,098.
FURNITURE	1,577.	895.	682.
COMPUTER BACKUP SYSTEM	1,773.	1,773.	0.
FURNITURE	372.	197.	175.
FURNITURE	152.	80.	72.
COMPUTER PRINTER	1,978.	1,551.	427.
OFFICE FURNITURE	3,156.	974.	2,182.
QUICKBOOKS PRO 2007	177.	177.	0.
COMPUTER	1,578.	1,237.	341.
LANIER COPIER	3,180.	1,034.	2,146.
OFFICE FURNITURE	520.	139.	381.
TOTAL TO FM 990-PF, PART II, LN 14	36,224.	28,571.	7,653.

FORM 990-PF OTHER ASSETS STATEMENT 12

DESCRIPTION	BEGINNING OF YR BOOK VALUE	END OF YEAR BOOK VALUE	FAIR MARKET VALUE
ACCRUED INTEREST INCOME	67,355.	57,740.	57,740.
REFUNDABLE FEDERAL EXCISE TAX	8,361.	400.	400.
TO FORM 990-PF, PART II, LINE 15	75,716.	58,140.	58,140.

FORM 990-PF PART VIII - LIST OF OFFICERS, DIRECTORS TRUSTEES AND FOUNDATION MANAGERS STATEMENT 13

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN-SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
IVAN JOHNSON 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	CHAIR 10.00	36,000.	0.	0.
DON C GREEN 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	VICE CHAIR 1.00	0.	0.	0.
THOMAS JESCHKE 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	SECRETARY/TREASURER 1.00	0.	0.	0.
NOLDEN GENTRY 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	0.	0.	0.
ROB HAYES 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	0.	0.	0.
TERRY CALDWELL-JOHNSON 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	400.	0.	0.
JUDITH VOGEL 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	0.	0.	0.
BECKY MILES-POLKA 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	0.	0.	0.
MATTHEW MCGARVEY 3900 INGERSOLL AVENUE, STE 104 DES MOINES, IA 50312	DIRECTOR 1.00	0.	0.	0.
TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII		36,400.	0.	0.

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
<u>Community Response</u>				
AID Greater Des Moines, Inc. Des Moines, IA *Be the Cure*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	11/9/2009
Catholic Charities Des Moines, IA *Hispanic Community Outreach Program/Spanish-Language Counseling*	$32,000.00	$32,000.00	Cash Grants *Active Grant*	11/9/2009
Children and Families of Iowa Des Moines, IA *Cornerstone Recovery's Outpatient Treatment Program*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	5/13/2009
Des Moines Health Center Des Moines, IA *Smile Squad Oral Health Program*	$30,000.00	$30,000.00	Cash Grants *Active Grant*	5/13/2009
Des Moines Pastoral Counseling Center West Des Moines, IA *Counseling Assistance*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	5/13/2009
Employee and Family Resources Des Moines, IA *Re-Thinking Drinking and Chance 4 Change Restorative Justice Youth Programs*	$20,000.00	$20,000.00	Cash Grants *Active Grant*	5/13/2009
The Homestead Pleasant Hill, IA *Autism Clinic*	$30,000.00	$30,000.00	Cash Grants *Active Grant*	11/9/2009

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
Iowa Caregivers Association West Des Moines, IA *Health Care for Health Care Workers*	$30,201.00	$30,201.00	Cash Grants *Active Grant*	11/9/2009
Iowa Dental Foundation Johnston, IA *Iowa Mission of Mercy*	$7,500.00	$7,500.00	Cash Grants *Active Grant*	5/13/2009
Iowa Kidstrong, Inc. Des Moines, IA *Students Run Des Moines (SRDM) - Pilot*	$5,000.00	$5,000.00	Cash Grants *Active Grant*	11/9/2009
Lutheran Services in Iowa Des Moines, IA *Healthy Opportunities for Familes to Experience Success (HOPES)*	$10,000.00	$10,000.00	Cash Grants *Active Grant*	11/9/2009
Mainstream Living Ames, IA *Transition Age Youth (TAY)*	$5,000.00	$5,000.00	Cash Grants *Active Grant*	11/9/2009
Mentor Iowa Des Moines, IA *One on One Program*	$5,000.00	$5,000.00	Cash Grants *Active Grant*	11/9/2009
Passageway, Inc. Des Moines, IA *Healthy Connections*	$5,000.00	$5,000.00	Cash Grants *Active Grant*	11/9/2009
Planned Parenthood of the Heartland Des Moines, IA *Sexuality Heatlh Education for High-Risk Youth*	$16,357.00	$16,357.00	Cash Grants *Active Grant*	11/9/2009
Polk County Extension Altoona, IA *Polk County Healthy Schools - Centers of Excellence*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	5/13/2009

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
Prevent Blindness Iowa Des Moines, IA *Children's Vision Screening*	$7,500.00	$7,500.00	Cash Grants *Active Grant*	11/9/2009
Proteus Des Moines, IA *Proteus Mobile Health Initiative*	$20,000.00	$20,000.00	Cash Grants *Active Grant*	11/9/2009
Shalom Zone Ministries Des Moines, Iowa *combined Shalom Zone & Healthcare Coverage for Kids Coalition (HCKC) Back to School Health Fair*	$15,500.00	$15,500.00	Cash Grants *Active Grant*	11/9/2009
YMCA Des Moines, IA *Trim Kids*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	11/9/2009
Young Women's Resource Center Des Moines, IA *Childbirth Education and Doula Programs (Perinatal Services)*	$15,000.00	$15,000.00	Cash Grants *Active Grant*	5/13/2009
Youth Emergency Services & Shelter of Iowa Des Moines, IA *Crisis Assessment and Counseling Services*	$25,000.00	$25,000.00	Cash Grants *Active Grant*	5/13/2009
Total Community Response (22 items)	$354,058.00	$354,058.00		
Health Initiatives				
Primary Health Care, Inc. Urbandale, Iowa *OB Case Management for the Uninsured - 2nd half of grant approved 12/08*	$25,000.00	$25,000.00	Cash Grants *Closed Grant*	1/1/2009

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
Primary Health Care, Inc. Urbandale, Iowa *Diabetes Pro-Active Care Project*	$53,300.00	$53,300.00	Cash Grants *Active Grant*	11/9/2009
Child and Family Policy Center Des Moines, IA *Growing Advocacy for Children's Health - 2nd part of grant approved 12/08*	$10,000.00	$10,000.00	Cash Grants *Closed Grant*	1/1/2009
Child and Family Policy Center Des Moines, IA *Growing Advocacy and Guiding Implementation of Health Care Policy*	$20,000.00	$20,000.00	Cash Grants *Active Grant*	11/9/2009
Healthcare Coverage for Kids Coalition Des Moines, IA *Healthcare Coverage for Kids Coalition (HCKC)*	$30,000.00	$30,000.00	Cash Grants *Active Grant*	5/13/2009
Iowa Health Foundation Des Moines, IA *La Clinica de la Esperanza (The Clinic of Hope) - Apoya su Salud Integral (ASI - "in this way") - Support Your Integral Health*	$30,000.00	$30,000.00	Cash Grants *Active Grant*	5/13/2009
Orchard Place Des Moines, IA *Early Childhood Mental Health Consultation (ECMHC)*	$29,750.00	$29,750.00	Cash Grants *Active Grant*	11/9/2009
Polk County Health Department Des Moines, IA *Healthy Polk 2020 implementation - 2nd half of grant approved 12/08*	$10,000.00	$10,000.00	Cash Grants *Active Grant*	1/1/2009
Polk County Health Department Des Moines, IA *Healthy Polk 2020 implementation*	$25,000.00	$25,000.00	Cash Grants *Active Grant*	9/4/2009

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
Total Health Initiatives (9 items)	$233,050.00	$233,050.00		
Membership				
Association of Small Foundations Washington, DC *Evaluation & dues*	$4,505.00	$4,505.00	Cash Grants *Active Grant*	2/16/2009
Grantmakers in Health Washington, DC *2009 Funding Partner Contribution*	$2,500.00	$2,500.00	Cash Grants *Closed Grant*	10/5/2009
Total Membership (2 items)	$7,005.00	$7,005.00		
Mini-grant				
Children and Family Urban Ministries Des Moines, IA *2009 Back to School Health Fair*	$5,000.00	$5,000.00	Cash Grants *Closed Grant*	2/16/2009
Community Food Security Coalition, Inc. Portland, OR *Community Food Security 13th Annual Conference: Commodity to Community, Food Polotics and Projects in the Heartland*	$5,000.00	$5,000.00	Cash Grants *Closed Grant*	8/19/2009
Healthcare Coverage for Kids Coalition Des Moines, IA *McKinley Back to School Health Fair*	$3,000.00	$3,000.00	Cash Grants *Active Grant*	4/14/2009
Prevent Child Abuse Iowa Des Moines, IA *AmeriCorps Partnering to Protect Children*	$5,000.00	$5,000.00	Cash Grants *Active Grant*	5/13/2009

Mid Iowa Health Foundation
Schedule B - 2009 Grants Paid Out

Organization Project Description	Grant Amount	Paid To Date	Type Status	Grant Date
Total Mini-grant (4 items)	$18,000.00	$18,000.00		
Grand Total (37 items)	$612,113.00	$612,113.00		
Grants refunded		($57,757.00)		
Net Total		**$554,356.00**		

Two grants were refunded. Health Access Partnership was dissolved, and refunded its remaining funds to grantors ($32,757). A grant paid out for 2008 flood relief recovery was not spent due to a lack of projects specified by the purpose of the grant ($25,000).