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Return of Private Foundation

or Section 4947(a)(1) Nonexempt Charitable Trust

Treated as a Private Foundation

2009

Department of the Treasury
Internal Revenue Service

Note. The foundation may be able to use a copy of this return to satisfy state reporting requirements.

For calendar year 2009, or tax year beginning

, and ending

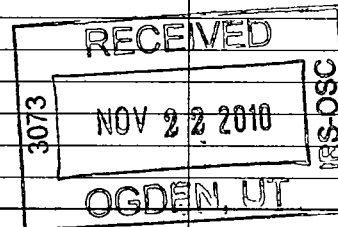
G Check all that apply:

☐ Initial return☐ Initial return of a former public charity☐ Final return☐ Amended return☐ Address change☐ Name change

Use the IRS label Otherwise, print or type. See Specific Instructions.	Name of foundation TRUST FOR THE MEDITATION PROCESS		A Employer identification number 41-6286503
	Number and street (or P O box number if mail is not delivered to street address)	Room/suite	B Telephone number
	2751 HENNEPIN AVENUE SOUTH	259	612-825-3116
	City or town, state, and ZIP code MINNEAPOLIS, MN 55408		C If exemption application is pending, check here <input type="checkbox"/> D 1 Foreign organizations, check here <input type="checkbox"/> 2 Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/> E If private foundation status was terminated under section 507(b)(1)(A), check here <input type="checkbox"/> F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here <input type="checkbox"/>
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation			
I Fair market value of all assets at end of year (from Part II, col (c), line 16) \$ 4,086,357.		J Accounting method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d) must be on cash basis)	

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				N/A	
2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch B					
3 Interest on savings and temporary cash investments		61,283.	61,283.		STATEMENT 1
4 Dividends and interest from securities		70,267.	70,267.		STATEMENT 2
5a Gross rents					
b Net rental income or (loss)					
6a Net gain or (loss) from sale of assets not on line 10		70,868.			
b Gross sales price for all assets on line 6a 604,182.					
7 Capital gain net income (from Part IV, line 2)			70,868.		
8 Net short-term capital gain					
9 Income modifications					
10a Gross sales less returns and allowances					
b Less Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total Add lines 1 through 11		202,418.	202,418.		
13 Compensation of officers, directors, trustees, etc		29,543.	0.		29,543.
14 Other employee salaries and wages					
15 Pension plans, employee benefits					
16a Legal fees					
b Accounting fees STMT 3		6,000.	3,000.		3,000.
c Other professional fees STMT 4		28,823.	28,823.		0.
17 Interest					
18 Taxes STMT 5		5,096.	5,096.		0.
19 Depreciation and depletion					
20 Occupancy					
21 Travel, conferences, and meetings		1,632.	0.		1,632.
22 Printing and publications		135.	0.		135.
23 Other expenses STMT 6		1,729.	0.		1,730.
24 Total operating and administrative expenses. Add lines 13 through 23		72,958.	36,919.		36,040.
25 Contributions, gifts, grants paid		132,400.			132,400.
26 Total expenses and disbursements. Add lines 24 and 25		205,358.	36,919.		168,440.
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements		<2,940.>			
b Net investment income (if negative, enter -0-)			165,499.		
c Adjusted net income (if negative, enter -0-)				N/A	

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Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value		
Assets	1 Cash - non-interest-bearing			246,291.	176,640.	176,640.
	2 Savings and temporary cash investments					
	3 Accounts receivable ▶					
	Less: allowance for doubtful accounts ▶					
	4 Pledges receivable ▶					
	Less: allowance for doubtful accounts ▶					
	5 Grants receivable					
	6 Receivables due from officers, directors, trustees, and other disqualified persons					
	7 Other notes and loans receivable ▶					
	Less: allowance for doubtful accounts ▶					
	8 Inventories for sale or use					
	9 Prepaid expenses and deferred charges					
	10a Investments - U.S. and state government obligations					
	b Investments - corporate stock STMT 7	2,186,382.	2,305,093.	3,143,608.		
	c Investments - corporate bonds STMT 8	893,398.	841,398.	766,109.		
11 Investments - land, buildings, and equipment basis ▶						
Less: accumulated depreciation ▶						
12 Investments - mortgage loans						
13 Investments - other						
14 Land, buildings, and equipment: basis ▶						
Less: accumulated depreciation ▶						
15 Other assets (describe ▶)						
16 Total assets (to be completed by all filers)			3,326,071.	3,323,131.	4,086,357.	
Liabilities	17 Accounts payable and accrued expenses					
	18 Grants payable					
	19 Deferred revenue					
	20 Loans from officers, directors, trustees, and other disqualified persons					
	21 Mortgages and other notes payable					
	22 Other liabilities (describe ▶)					
23 Total liabilities (add lines 17 through 22)			0.	0.		
Net Assets or Fund Balances	Foundations that follow SFAS 117, check here ▶ <input type="checkbox"/>					
	24 Unrestricted					
	25 Temporarily restricted					
	26 Permanently restricted					
	Foundations that do not follow SFAS 117, check here ▶ <input checked="" type="checkbox"/>					
	27 Capital stock, trust principal, or current funds	3,326,071.	3,323,131.			
	28 Paid-in or capital surplus, or land, bldg, and equipment fund	0.	0.			
	29 Retained earnings, accumulated income, endowment, or other funds	0.	0.			
30 Total net assets or fund balances	3,326,071.	3,323,131.				
31 Total liabilities and net assets/fund balances	3,326,071.	3,323,131.				

Part III Analysis of Changes in Net Assets or Fund Balances

1 Total net assets or fund balances at beginning of year - Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year's return)	1	3,326,071.
2 Enter amount from Part I, line 27a	2	<2,940.>
3 Other increases not included in line 2 (itemize) ▶	3	0.
4 Add lines 1, 2, and 3	4	3,323,131.
5 Decreases not included in line 2 (itemize) ▶	5	0.
6 Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 30	6	3,323,131.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a			
b SEE ATTACHED STATEMENT			
c			
d			
e			
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			
b			
c			
d			
e 604,182.		533,314.	70,868.
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(i) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			
b			
c			
d			
e			70,868.
2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }			2 70,868.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6). If gain, also enter in Part I, line 8, column (c) If (loss), enter -0- in Part I, line 8 }			3 N/A

Part V Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income.)

If section 4940(d)(2) applies, leave this part blank.

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?

☐ Yes ☒ No

If "Yes," the foundation does not qualify under section 4940(e). Do not complete this part.

1 Enter the appropriate amount in each column for each year; see instructions before making any entries.

(a) Base period years Calendar year (or tax year beginning in)	(b) Adjusted qualifying distributions	(c) Net value of noncharitable-use assets	(d) Distribution ratio (col. (b) divided by col. (c))
2008	165,491.	4,137,226.	.040000
2007	201,114.	3,953,228.	.050873
2006	165,204.	2,625,395.	.062925
2005	123,643.	2,495,272.	.049551
2004	32,966.	2,255,299.	.014617
2 Total of line 1, column (d)			2 .217966
3 Average distribution ratio for the 5-year base period - divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years			3 .043593
4 Enter the net value of noncharitable-use assets for 2009 from Part X, line 5			4 3,568,758.
5 Multiply line 4 by line 3			5 155,573.
6 Enter 1% of net investment income (1% of Part I, line 27b)			6 1,655.
7 Add lines 5 and 6			7 157,228.
8 Enter qualifying distributions from Part XII, line 4			8 168,440.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

Part VI Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary-see instructions)		1	1,655.
b Domestic foundations that meet the section 4940(e) requirements in Part V, check here <input checked="" type="checkbox"/> and enter 1% of Part I, line 27b		2	0.
c All other domestic foundations enter 2% of line 27b. Exempt foreign organizations enter 4% of Part I, line 12, col. (b)		3	1,655.
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0.
3 Add lines 1 and 2		5	1,655.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)			
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-			
6 Credits/Payments:			
a 2009 estimated tax payments and 2008 overpayment credited to 2009	6a		
b Exempt foreign organizations - tax withheld at source	6b		
c Tax paid with application for extension of time to file (Form 8868)	6c		
d Backup withholding erroneously withheld	6d		
7 Total credits and payments. Add lines 6a through 6d	7		0.
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached	8		48.
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed	9		1,703.
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid	10		
11 Enter the amount of line 10 to be Credited to 2010 estimated tax	11		

Part VII-A Statements Regarding Activities

	Yes	No
1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		X
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes (see instructions for definition)? If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities		X
1c Did the foundation file Form 1120-POL for this year?		X
2 Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0. (2) On foundation managers. \$ 0.		
e Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0.		
2 Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities		X
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes		X
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?		X
b If "Yes," has it filed a tax return on Form 990-T for this year?		
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T		X
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	X	
7 Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XV	X	
8a Enter the states to which the foundation reports or with which it is registered (see instructions) <u>MN</u>		
b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation	X	
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2009 or the taxable year beginning in 2009 (see instructions for Part XIV)? If "Yes," complete Part XIV		X
10 Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses		X

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Part VII-A Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule (see instructions)	11		X
12	Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?	12		X
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► <u>WWW.TRUSTFORMEDITATION.ORG</u>	13	X	
14	The books are in care of ► <u>MARTHA BOLINGER</u> Telephone no. ► <u>612-825-3116</u> Located at ► <u>3125 HOLMES AVE S #301, MINNEAPOLIS, MN</u> ZIP+4 ► <u>55408</u>			
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - Check here and enter the amount of tax-exempt interest received or accrued during the year	15		N/A

Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
(6) Agree to pay money or property to a government official? (Exception Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance (see page 20 of the instructions)? Organizations relying on a current notice regarding disaster assistance check here <input type="checkbox"/> N/A	1b	
c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2009?	1c	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2009, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2009? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," list the years: _____		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.) <input type="checkbox"/> N/A	2b	
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ► _____		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		
b If "Yes," did it have excess business holdings in 2009 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2009.) <input type="checkbox"/> N/A	3b	
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2009?	4b	X

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Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to:

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?

☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?

☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes?

☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc., organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)?

☒ Yes ☐ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?

☐ Yes ☒ No

b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance (see instructions)?

Organizations relying on a current notice regarding disaster assistance check here

☐

5b

X

c If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant?

☒ Yes ☐ No

If "Yes," attach the statement required by Regulations section 53.4945-5(d)

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?

☐ Yes ☒ No

6b

X

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract?

If "Yes" to 6b, file Form 8870

☐ Yes ☒ No

7b

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?

N/A

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction?

Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
SEE STATEMENT 9		29,543.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000

0

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Part VII**Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors** *(continued)***3 Five highest-paid independent contractors for professional services. If none, enter "NONE."**

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services

0

Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

	Expenses
1 N/A	
2	
3	
4	

Part IX-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

	Amount
1 N/A	
2	
3 All other program-related investments. See instructions.	
Total. Add lines 1 through 3	0.

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Part X. Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a Average monthly fair market value of securities	1a	3,387,138.
b Average of monthly cash balances	1b	235,967.
c Fair market value of all other assets	1c	
d Total (add lines 1a, b, and c)	1d	3,623,105.
e Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2 Acquisition indebtedness applicable to line 1 assets	2	0.
3 Subtract line 2 from line 1d	3	3,623,105.
4 Cash deemed held for charitable activities. Enter 1 1/2% of line 3 (for greater amount, see instructions)	4	54,347.
5 Net value of noncharitable-use assets. Subtract line 4 from line 3. Enter here and on Part V, line 4	5	3,568,758.
6 Minimum investment return. Enter 5% of line 5	6	178,438.

Part XI Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1 Minimum investment return from Part X, line 6	1	178,438.
2a Tax on investment income for 2009 from Part VI, line 5	2a	1,655.
b Income tax for 2009. (This does not include the tax from Part VI.)	2b	
c Add lines 2a and 2b	2c	1,655.
3 Distributable amount before adjustments. Subtract line 2c from line 1	3	176,783.
4 Recoveries of amounts treated as qualifying distributions	4	0.
5 Add lines 3 and 4	5	176,783.
6 Deduction from distributable amount (see instructions)	6	0.
7 Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XIII, line 1	7	176,783.

Part XII Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	168,440.
b Program-related investments - total from Part IX-B	1b	0.
2 Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:		
a Suitability test (prior IRS approval required)	3a	
b Cash distribution test (attach the required schedule)	3b	
4 Qualifying distributions. Add lines 1a through 3b. Enter here and on Part V, line 8, and Part XIII, line 4	4	168,440.
5 Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income. Enter 1% of Part I, line 27b	5	1,655.
6 Adjusted qualifying distributions. Subtract line 5 from line 4	6	166,785.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.

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Part XIII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2008	(c) 2008	(d) 2009
1 Distributable amount for 2009 from Part XI, line 7				176,783.
2 Undistributed income, if any, as of the end of 2009				
a Enter amount for 2008 only			9,409.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2009:				
a From 2004				
b From 2005				
c From 2006				
d From 2007				
e From 2008				
f Total of lines 3a through e	0.			
4 Qualifying distributions for 2009 from Part XII, line 4. ▶ \$ 168,440.				
a Applied to 2008, but not more than line 2a			9,409.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2009 distributable amount				159,031.
e Remaining amount distributed out of corpus	0.			
5 Excess distributions carryover applied to 2009 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:				
a Corpus Add lines 3f, 4c, and 4e. Subtract line 5	0.			
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2008. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2009. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2010				17,752.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3)	0.			
8 Excess distributions carryover from 2004 not applied on line 5 or line 7	0.			
9 Excess distributions carryover to 2010. Subtract lines 7 and 8 from line 6a	0.			
10 Analysis of line 9:				
a Excess from 2005				
b Excess from 2006				
c Excess from 2007				
d Excess from 2008				
e Excess from 2009				

Part XV **Supplementary Information** (continued)**3 Grants and Contributions Paid During the Year or Approved for Future Payment**

Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year SEE SCHEDULE ATTACHED VARIOUS VARIOUS	NONE		VARIOUS	132,400.
Total			▶ 3a	132,400.
b Approved for future payment	NONE			
Total			▶ 3b	0.

Part XVI-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated.

Enter gross amounts unless otherwise indicated.	Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income
	(a) Business code	(b) Amount	(c) Exclu- sion code	(d) Amount	
1 Program service revenue.					
a _____					
b _____					
c _____					
d _____					
e _____					
f _____					
g Fees and contracts from government agencies					
2 Membership dues and assessments					
3 Interest on savings and temporary cash investments			14	61,283.	
4 Dividends and interest from securities			14	70,267.	
5 Net rental income or (loss) from real estate:					
a Debt-financed property					
b Not debt-financed property					
6 Net rental income or (loss) from personal property					
7 Other investment income					
8 Gain or (loss) from sales of assets other than inventory			18	70,868.	
9 Net income or (loss) from special events					
10 Gross profit or (loss) from sales of inventory					
11 Other revenue.					
a _____					
b _____					
c _____					
d _____					
e _____					
12 Subtotal. Add columns (b), (d), and (e)		0.		202,418.	0.
13 Total. Add line 12, columns (b), (d), and (e)					

(See worksheet in line 13 instructions to verify calculations.)

13 202,418.

Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

[illegible]

TRUST FOR THE MEDITATION PROCESS

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold, e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a	50,000 CITICHURCH INTL INC SCOTTSDALE		05/02/06	04/09/09
b	2,000 NEW LIFE CHUCH WOODBURY		12/19/07	08/03/09
c	RBC - ANCHOR CAPITAL - ST		VARIOUS	VARIOUS
d	RBC - WENTWORTH HAUSER - ST		VARIOUS	VARIOUS
e	RBC - METROPOLITAN WEST - ST		VARIOUS	VARIOUS
f	RBC - MONTAG & CALDWELL - ST		VARIOUS	VARIOUS
g	RBC - HANSBERGER GLOBAL - ST		VARIOUS	VARIOUS
h				
i				
j				
k				
l				
m				
n				
o				

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a 50,000.		50,000.	0.
b 2,000.		2,000.	0.
c 33,372.		25,379.	7,993.
d 37,325.		20,326.	16,999.
e 98,551.		93,661.	4,890.
f 301,407.		270,414.	30,993.
g 81,527.		71,534.	9,993.
h			
i			
j			
k			
l			
m			
n			
o			

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	(l) Losses (from col. (h)) Gains (excess of col. (h) gain over col. (k), but not less than "-0-")
a			0.
b			0.
c			7,993.
d			16,999.
e			4,890.
f			30,993.
g			9,993.
h			
i			
j			
k			
l			
m			
n			
o			

2 Capital gain net income or (net capital loss) { If gain, also enter in Part I, line 7 If (loss), enter "-0-" in Part I, line 7 }	2	70,868.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). If (loss), enter "-0-" in Part I, line 8 }	3	N/A

FORM 990-PF INTEREST ON SAVINGS AND TEMPORARY CASH INVESTMENTS STATEMENT 1

SOURCE	AMOUNT
ZIEGLER INVESTMENTS	61,283.
TOTAL TO FORM 990-PF, PART I, LINE 3, COLUMN A	61,283.

FORM 990-PF DIVIDENDS AND INTEREST FROM SECURITIES STATEMENT 2

SOURCE	GROSS AMOUNT	CAPITAL GAINS DIVIDENDS	COLUMN (A) AMOUNT
FIDELITY INVESTMENTS	186.	0.	186.
RBC - ANCHOR CAPITAL	9,894.	0.	9,894.
RBC - CORPORATE ACCT	8,288.	0.	8,288.
RBC - HANSBERGER GLOBAL	14,194.	0.	14,194.
RBC - METROPOLITAN WEST CAPITAL	15,324.	0.	15,324.
RBC - MONTAG & CALDWELL	9,486.	0.	9,486.
RBC - WEALTH MGMT	1.	0.	1.
RBC - WENTWORTH HAUSER & VIOLICH	12,760.	0.	12,760.
ZIEGLER	134.	0.	134.
TOTAL TO FM 990-PF, PART I, LN 4	70,267.	0.	70,267.

FORM 990-PF ACCOUNTING FEES STATEMENT 3

DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES
ACCOUNTING FEES	6,000.	3,000.		3,000.
TO FORM 990-PF, PG 1, LN 16B	6,000.	3,000.		3,000.

FORM 990-PF	OTHER PROFESSIONAL FEES			STATEMENT	4
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
INVESTMENT ADVISOR	28,823.	28,823.		0.	
TO FORM 990-PF, PG 1, LN 16C	28,823.	28,823.		0.	

FORM 990-PF	TAXES			STATEMENT	5
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
EXCISE TAX	2,758.	2,758.		0.	
FOREIGN TAXES	2,338.	2,338.		0.	
TO FORM 990-PF, PG 1, LN 18	5,096.	5,096.		0.	

FORM 990-PF	OTHER EXPENSES			STATEMENT	6
DESCRIPTION	(A) EXPENSES PER BOOKS	(B) NET INVEST- MENT INCOME	(C) ADJUSTED NET INCOME	(D) CHARITABLE PURPOSES	
DUES AND SUBSCRIPTIONS	495.	0.		495.	
OFFICE SUPPLIES	115.	0.		404.	
POSTAGE AND DELIVERY	355.	0.		67.	
MISCELLANEOUS	325.	0.		174.	
TELEPHONE	439.	0.		590.	
TO FORM 990-PF, PG 1, LN 23	1,729.	0.		1,730.	

FORM 990-PF	CORPORATE STOCK	STATEMENT	7
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DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
RBC - ANCHOR CAPITAL ADVISORS	260,883.	335,600.
RBC - CORPORATE ACCOUNT	166,287.	189,372.
RBC - HANSBERGER GLOBAL INVESTMENTS	358,988.	494,351.
RBC - METROPOLITAN WEST CAPITAL	611,446.	803,111.
RBC - MONTAG & CALDWELL	601,744.	783,032.
RBC - WENTWORTH HAUSER & VIOLICH	305,745.	538,142.
TOTAL TO FORM 990-PF, PART II, LINE 10B	2,305,093.	3,143,608.

FORM 990-PF	CORPORATE BONDS	STATEMENT	8
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DESCRIPTION	BOOK VALUE	FAIR MARKET VALUE
CHURCH OF THE OPEN DOOR MN	50,000.	46,452.
CITICHURCH INTL INC SCOTTSDALE AZ	0.	0.
CLOVER HILL ASSEMBLY OF GOD	50,000.	45,844.
COLONIAL PRESBYTERIAN CHURCH MO	50,000.	44,187.
CORNERSTONE CMNTY CHURCH WILDOMAR	50,006.	46,374.
COVE CHURCH INC MOORSEVILLE	50,006.	45,489.
EAGLE BROOK CHURCH MN	50,000.	46,643.
FAITH COMMUNITY CHURCH MN	50,000.	46,502.
FALLS BAPTIST CHURCH MN	50,000.	45,419.
HOPE CHAPEL KIHEI HAWAII	47,000.	42,639.
JUDSON BAPTIST CHURCH	50,000.	44,316.
LIGHT GLOBAL MISSION CHURCH	96,386.	85,872.
LOOKOUT MOUNTAIN COMMUNITY CHURCH CO	50,000.	45,433.
MACEDONIA BAPTIST CHURCH	50,000.	44,320.
MT ZION CHURCH	50,000.	45,834.
NEW LIFE CHURCH WOODBURY	98,000.	90,785.
TOTAL TO FORM 990-PF, PART II, LINE 10C	841,398.	766,109.

TRUST FOR THE MEDITATION PROCESS

41-6286503

FORM 990-PF PART VIII - LIST OF OFFICERS, DIRECTORS STATEMENT 9
 TRUSTEES AND FOUNDATION MANAGERS

NAME AND ADDRESS	TITLE AND AVRG HRS/WK	COMPEN- SATION	EMPLOYEE BEN PLAN CONTRIB	EXPENSE ACCOUNT
REV WARD BAUMAN HOUSE OF PRAYER, PO BOX 5888 COLLEGEVILLE, MN 56321	TRUSTEE 0.00	0.	0.	0.
CAROLE BAKER 101 MAIN ST NE #11 MINNEAPOLIS, MN 55413	CHAIR, TRUSTEE 0.00	0.	0.	0.
CHARLES WRIGHT 2788 JACKSON ST LITTLE CANADA, MN 55117	CHAIR INVESTMENTS, TRUSTEE 0.00	0.	0.	0.
HELEN WELTER 921 COTTAGE AVE E ST PAUL, MN 55100	TRUSTEE 0.00	0.	0.	0.
MARY WHITE 196 NO MOUNDS BLVD #4 ST PAUL, MN 55106	TRUSTEE 0.00	0.	0.	0.
MARTHA BOLINGER 3125 HOLMES AVE S #301 MINNEAPOLIS, MN 55408	DIRECTOR 5.00	29,543.	0.	0.
PAUL TAYLOR 2010 JAMES AVE S MINNEAPOLIS, MN 55405	TRUSTEE 0.00	0.	0.	0.
DEBORAH CHERNICK 2170 HIGHLAND PARKWAY ST PAUL, MN 55116	TRUSTEE 0.00	0.	0.	0.
TOTALS INCLUDED ON 990-PF, PAGE 6, PART VIII		29,543.	0.	0.

FORM 990-PF

GRANT APPLICATION SUBMISSION INFORMATION
PART XV, LINES 2A THROUGH 2D

STATEMENT 10

NAME AND ADDRESS OF PERSON TO WHOM APPLICATIONS SHOULD BE SUBMITTED

MARTHA BOLINGER, TRUST FOR THE MEDITATION PROCESS
2751 HENNPIN AVE S #259
MINNEAPOLIS, MN 55408

TELEPHONE NUMBER

612-825-3116

FORM AND CONTENT OF APPLICATIONS

SEE ATTACHED

ANY SUBMISSION DEADLINES

MAY 1ST OF EACH YEAR

RESTRICTIONS AND LIMITATIONS ON AWARDS

501(C)3 OR FOREIGN EQUIVALENT; PROJECT SHOULD INITIATE, EXPAND, OR ENHANCE
THE PRACTICE OF MEDITATION IN THE CHRISTIAN CONTEMPLATIVE TRADITION OR
ENCOURAGE DIALOGUE AND COOPERATION AMONG CONTEMPLATIVE TRADITIONS IN ALL
RELIGIONS.



RBC Wealth Management

ANCHOR CAPITAL

RBC Wealth Management, a division of
RBC Capital Markets Corporation, Member NYSE/FINRA/SIPC

**CONSULTING SOLUTIONS
ACCOUNT STATEMENT
2009 ANNUAL STATEMENT**

Account number -
310-72059
Page 15 of 15

SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR
Total Realized Gain or Loss		7,993.32
Short-term		7,993.32
Long-term		0.00

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
30,000	AMEREN CORP	AEE	12/24/08	957.95	02/18/09	794.48	-163.47
54,000	ANADARKO PETROLEUM CORP	APC	12/24/08	1,891.70	10/16/09	3,615.74	1,724.04
23,000	CONSOLIDATED EDISON INC	ED	12/24/08	882.72	10/27/09	956.08	73.36
10,000	HENRY SCHEIN INC	HSIC	12/24/08	355.80	06/10/09	452.18	96.38
73,000	HENRY SCHEIN INC	HSIC	12/24/08	2,597.34	06/11/09	3,308.27	710.93
762,000	HUTCHISON TELECOMMUNICATION INTL LTD SPONSORED ADR	HTX	12/24/08	2,984.42	12/04/09	2,301.18	-683.24
23,000	MILLICOM INTERNATIONAL CELLULAR SA	MICC	12/24/08	964.57	07/13/09	1,311.27	346.70
8,000	NOBLE ENERGY INC	NBL	12/24/08	358.24	02/19/09	405.23	46.99
63,000	PENTAIR INC	PNR	12/24/08	1,458.80	07/10/09	1,508.81	50.01
131,000	PENTAIR INC	PNR	12/24/08	3,033.37	11/04/09	3,904.33	870.96
100,000	PIONEER NATURAL RESOURCES CO	PXD	12/24/08	1,451.00	04/02/09	1,749.99	298.99
144,000	ROWAN COMPANIES INC	RDC	12/24/08	2,098.01	07/27/09	3,062.08	964.07
157,000	ROWAN COMPANIES INC	RDC	12/24/08	2,287.41	08/21/09	3,486.88	1,199.47
0.666	TIME WARNER CABLE INC	TWC	12/24/08	40.65	03/19/09	17.06	-23.59
78,000	UDR INC COM	UDR	12/24/08	989.75	11/04/09	1,133.49	143.74
316,000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	12/24/08	3,027.28	05/01/09	5,365.26	2,337.98
Short Term Subtotal						33,378.33	7,993.32
TOTAL REALIZED GAIN OR LOSS						7,993.32	7,993.32

TRUST FOR MEDITATION PROCESS
WENTWORTH IC

SCHEDULE OF REALIZED GAINS AND LOSSES

	THIS YEAR
Total Realized Gain or Loss	16,998.87
Short-term	16,998.87
Long-term	0.00

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
20.000	BHP BILLITON LTD SPONSORED ADR	BHP	12/22/08	782.74	08/13/09	1,302.76	520.02
180.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/22/08	3,293.46	08/13/09	6,314.95	3,021.49
550.000	ENISIGN ENERGY SERVICES INC	ESVIF	12/22/08	5,062.09	08/13/09	8,521.10	3,459.01
5.000	FOSTER WHEELER AG US LISTED	FWLT	12/30/08	116.55	08/13/09	151.04	34.49
210.000	NABORS INDUSTRIES LTD NEW	NBR	12/22/08	2,227.23	08/13/09	3,832.48	1,605.25
150.000	NOBLE CORPORATION US LISTED	NE	12/22/08	3,056.37	08/13/09	5,273.46	2,217.09
150.000	NOBLE CORPORATION US LISTED	NE	12/22/08	14.12	08/27/09	14.12	0.00
900.000	NOBLE CORPORATION US LISTED	NE	12/22/08	84.73	08/27/09	84.73	0.00
20.000	RIO TINTO PLC SPONSORED ADR	RTP	12/22/08	1,599.22	08/13/09	3,261.51	1,662.29
100.000	VALE S A SPONSORED ADR	VALE	12/22/08	1,109.88	08/13/09	2,083.03	973.15
330.000	WEATHERFORD INTERNATIONAL LTD SWITZERLAND	WFT	12/22/08	2,979.90	08/13/09	6,485.98	3,506.08
Short Term Subtotal						37,325.16	16,998.87
TOTAL REALIZED GAIN OR LOSS						16,998.87	16,998.87

TRUST FOR MEDITATION PROCESS
METWEST LV

SCHEDULE OF REALIZED GAINS AND LOSSES

		THIS YEAR
Total Realized Gain or Loss		4,890.12
Short-term		4,890.12
Long-term		0.00

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
57.000	APPLE INC	AAPL	12/19/08	5,095.57	08/25/09	9,667.77	4,572.20
595.000	ARCHER-DANIELS-MIDLAND CO	ADM	12/19/08	16,813.81	03/17/09	16,929.20	115.39
0.286	BANK OF AMERICA CORP	BAC	12/19/08	3.95	01/05/09	4.27	0.32
358.000	EAST WEST BANCORP INC	EWBC	12/19/08	5,548.35	09/11/09	3,312.84	-2,235.51
284.000	EAST WEST BANCORP INC	EWBC	12/19/08	4,401.49	09/14/09	2,606.03	-1,795.46
382.000	MORGAN STANLEY	MS	12/19/08	6,222.78	06/29/09	11,076.45	4,853.67
225.000	ORACLE CORP	ORCL	12/19/08	4,027.50	07/23/09	5,002.76	975.26
59.000	POLO RALPH LAUREN CORP-CL A	RL	12/23/08	2,515.38	12/01/09	4,652.55	2,137.17
1,590.000	SYNOVUS FINANCIAL CORP	SNV	12/19/08	12,720.00	11/24/09	2,333.27	-10,386.73
450.000	THOMAS & BETTS CORP	TNB	12/19/08	10,570.50	03/25/09	11,072.00	501.50
142.000	TIME WARNER CABLE INC	TWC	12/19/08	4,205.92	04/01/09	3,482.80	-723.12
0.573	TIME WARNER CABLE INC	TWC	12/19/08	16.99	04/03/09	14.57	-2.42
0.999	TIME WARNER INC NEW	TWX	12/19/08	22.56	04/07/09	20.97	-1.59
567.000	TIME WARNER INC NEW	TWX	12/19/08	12,794.16	06/05/09	14,036.74	1,242.58
18.000	UNIVERSAL HEALTH SERVICES INC CL B	UHS	12/19/08	658.14	05/21/09	966.75	308.61
220.000	UNIVERSAL HEALTH SERVICES INC CL B	UHS	12/19/08	8,043.97	10/29/09	13,372.22	5,328.25
Short Term Subtotal							4,890.12
TOTAL REALIZED GAIN OR LOSS							4,890.12

93661.07

98551.19



SCHEDULE OF REALIZED GAINS AND LOSSES

	THIS YEAR
Total Realized Gain or Loss	30,993.15
Short-term	30,993.15
Long-term	0.00

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
42.000	ABBOTT LABORATORIES	ABT	12/24/08	2,209.31	02/03/09	2,381.73	172.42
16.000	ABBOTT LABORATORIES	ABT	12/24/08	841.64	08/13/09	707.82	-133.82
21.000	ALLERGAN INC	AGN	12/24/08	757.05	08/13/09	1,148.46	391.41
29.000	APPLE INC	AAPL	12/24/08	2,457.92	03/19/09	2,940.44	482.52
25.000	APPLE INC	AAPL	12/24/08	2,118.90	04/17/09	3,096.97	978.07
22.000	APPLE INC	AAPL	12/24/08	1,864.63	07/23/09	3,470.98	1,606.35
17.000	APPLE INC	AAPL	12/24/08	1,440.85	08/13/09	2,847.76	1,406.91
10.000	APPLE INC	AAPL	12/24/08	847.56	08/19/09	1,642.64	795.08
17.000	APPLE INC	AAPL	12/24/08	1,440.85	11/02/09	3,225.38	1,784.53
7.000	BURLINGTON NORTHERN SANTA FE CORP	BNI	06/18/09	511.23	08/13/09	582.45	71.22
39.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	719.61	08/13/09	1,361.45	641.84
99.000	CAMERON INTERNATIONAL CORPORATION	CAM	12/24/08	1,826.70	09/10/09	3,647.79	1,821.09
98.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	1,486.50	08/13/09	1,823.73	337.23
188.000	CHARLES SCHWAB CORP NEW	SCHW	12/24/08	2,851.66	10/05/09	3,492.76	641.10
38.000	COCA COLA CO	KO	12/24/08	1,681.06	08/13/09	1,826.23	145.17
85.000	COLGATE PALMOLIVE CO	CL	12/24/08	5,658.66	07/10/09	6,082.70	424.04
11.000	COLGATE PALMOLIVE CO	CL	12/24/08	732.30	08/13/09	789.22	56.92
24.000	COSTCO WHOLESALE CORP-NEW	COST	12/24/08	1,243.06	08/13/09	1,171.40	-71.66
174.000	CVS CAREMARK CORPORATION	CVS	12/24/08	4,626.66	01/21/09	4,552.04	-74.62
111.000	CVS CAREMARK CORPORATION	CVS	12/24/08	2,951.49	07/16/09	3,553.38	601.89
21.000	CVS CAREMARK CORPORATION	CVS	12/24/08	558.39	08/13/09	732.67	174.28



CONSULTING SOLUTIONS ACCOUNT STATEMENT 2009 ANNUAL STATEMENT

RBC Wealth Management



RBC Wealth Management, a division of
RBC Capital Markets Corporation, Member NYSE/FINRA/SIPC

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
324 000	CVS CAREMARK CORPORATION	CVS	12/24/08	8,615.16	12/15/09	10,317.22	1,702.06
83 000	DEVON ENERGY CORPORATION NEW	DVN	12/24/08	5,173.39	02/11/09	4,483.27	-690.12
48 000	DEVON ENERGY CORPORATION NEW	DVN	12/24/08	2,991.84	05/05/09	2,605.22	-386.62
62 000	DEVON ENERGY CORPORATION NEW	DVN	12/24/08	3,864.46	07/02/09	3,259.27	-605.19
70 000	DEVON ENERGY CORPORATION NEW	DVN	03/19/09	3,466.37	07/02/09	3,679.83	213.46
95 000	EMERSON ELECTRIC CO	EMR	12/24/08	3,174.12	03/12/09	2,581.58	-592.54
79 000	EMERSON ELECTRIC CO	EMR	12/24/08	2,639.53	03/26/09	2,307.17	-332.36
77 000	EMERSON ELECTRIC CO	EMR	12/24/08	2,572.71	05/20/09	2,591.58	18.87
85 000	EMERSON ELECTRIC CO	EMR	12/24/08	2,840.00	08/05/09	2,959.64	119.64
13 000	EMERSON ELECTRIC CO	EMR	12/24/08	434.35	08/13/09	467.59	33.24
131 000	FLUOR CORP NEW	FLR	12/24/08	5,658.84	04/03/09	4,920.84	-738.00
85 000	FLUOR CORP NEW	FLR	12/24/08	3,671.76	04/30/09	3,330.35	-341.41
20 000	FLUOR CORP NEW	FLR	12/24/08	863.94	08/13/09	1,115.37	251.43
51 000	FLUOR CORP NEW	FLR	12/24/08	2,203.06	09/02/09	2,610.79	407.73
32 000	GILEAD SCIENCES INC	GILD	12/24/08	1,600.59	08/13/09	1,443.80	-156.79
4 000	GOOGLE INC CL A	GOOG	12/24/08	1,212.84	06/15/09	1,661.71	448.87
3 000	GOOGLE INC CL A	GOOG	12/24/08	909.63	07/16/09	1,306.73	397.10
5 000	GOOGLE INC CL A	GOOG	12/24/08	1,516.05	07/17/09	2,151.34	635.29
4 000	GOOGLE INC CL A	GOOG	12/24/08	1,212.84	08/13/09	1,846.19	633.35
3 000	GOOGLE INC CL A	GOOG	12/24/08	909.63	12/09/09	1,759.36	849.73
3 000	GOOGLE INC CL A	GOOG	12/24/08	909.63	12/10/09	1,776.31	866.68
130 000	HALLIBURTON CO	HAL	12/24/08	2,143.57	06/18/09	2,816.68	673.11
219 000	HALLIBURTON CO	HAL	12/24/08	3,611.09	06/25/09	4,506.35	895.26
335 000	HALLIBURTON CO	HAL	12/24/08	5,523.82	07/02/09	6,566.40	1,042.58
70 000	HEWLETT PACKARD CO	HPQ	12/24/08	2,416.79	08/13/09	3,094.62	677.83
41 000	HEWLETT PACKARD CO	HPQ	12/24/08	1,415.55	08/25/09	1,841.83	426.28

TRUST FOR MEDITATION PROCESS
MONTAG LG



QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
84.000	HEWLETT PACKARD CO	HPQ	12/24/08	2,900.15	12/18/09	4,312.61	1,412.46
206.000	JOHNSON CONTROLS INC	JCI	12/24/08	3,436.60	01/21/09	2,911.58	-525.02
389.000	JOHNSON CONTROLS INC	JCI	12/24/08	6,489.49	03/26/09	5,025.89	-1,463.60
24.000	JPMORGAN CHASE & CO FORMERLY J P MORGAN CHASE AND	JPM	06/11/09	849.86	08/13/09	1,023.57	173.71
231.000	JUNIPER NETWORKS	JNPR	12/24/08	3,878.12	01/30/09	3,296.14	-581.98
109.000	JUNIPER NETWORKS	JNPR	12/24/08	1,829.94	07/24/09	2,808.80	978.86
46.000	JUNIPER NETWORKS	JNPR	12/24/08	772.27	08/13/09	1,156.87	384.60
109.000	JUNIPER NETWORKS	JNPR	12/24/08	1,829.94	09/25/09	2,876.87	1,046.93
29.000	MCDONALDS CORP	MCD	12/24/08	1,774.51	08/13/09	1,614.09	-160.42
169.000	MCGRRAW HILL COMPANIES INC	MHP	05/06/09	5,517.39	08/05/09	5,161.74	-355.65
86.000	MCGRRAW HILL COMPANIES INC	MHP	05/18/09	2,709.69	08/05/09	2,626.68	-83.01
73.000	MCGRRAW HILL COMPANIES INC	MHP	06/02/09	2,337.87	08/05/09	2,229.62	-108.25
72.000	MCGRRAW HILL COMPANIES INC	MHP	06/18/09	2,171.58	08/05/09	2,199.08	27.50
0.480	MERCK & CO INC NEW	MRK	12/24/08	7.90	11/06/09	15.68	7.78
46.000	MONSANTO CO NEW	MON	01/07/09	3,835.20	06/01/09	3,824.85	-10.35
29.000	MONSANTO CO NEW	MON	01/07/09	2,417.84	06/19/09	2,373.75	-44.09
9.000	MONSANTO CO NEW	MON	01/07/09	750.37	07/02/09	652.31	-98.06
41.000	MONSANTO CO NEW	MON	01/08/09	3,379.57	07/02/09	2,971.62	-407.95
2.000	MONSANTO CO NEW	MON	01/08/09	164.86	08/13/09	167.97	3.11
6.000	MONSANTO CO NEW	MON	01/12/09	470.14	08/13/09	503.93	33.79
29.000	MONSANTO CO NEW	MON	01/12/09	2,272.34	09/10/09	2,282.11	9.77
18.000	MONSANTO CO NEW	MON	01/21/09	1,384.00	09/10/09	1,416.48	32.48
38.000	NIKE INC-CL B	NKE	12/24/08	1,826.52	05/07/09	2,020.16	193.64
46.000	NIKE INC-CL B	NKE	12/24/08	2,211.05	05/15/09	2,324.05	113.00



RBC Wealth Management

RBC Wealth Management, a division of
RBC Capital Markets Corporation, Member NYSE/FINRA/SIPC



CONSULTING SOLUTIONS ACCOUNT STATEMENT 2009 ANNUAL STATEMENT

Account number
310-72056
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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
19,000	NIKE INC-CL B	NKE	12/24/08	913.26	08/13/09	1,090.00	176.74
49,000	NIKE INC-CL B	NKE	12/24/08	2,355.25	09/25/09	2,883.01	527.76
18,000	OCCIDENTAL PETE CORP	OXY	12/24/08	947.11	08/13/09	1,273.10	325.99
60,000	OCCIDENTAL PETE CORP	OXY	12/24/08	3,157.05	10/09/09	4,792.48	1,635.43
61,000	PEPSICO INC	PEP	12/24/08	3,322.81	01/07/09	3,331.25	8.44
24,000	PEPSICO INC	PEP	12/24/08	1,307.34	08/13/09	1,354.04	46.70
52,000	PROCTER & GAMBLE CO	PG	12/24/08	3,145.95	01/15/09	2,972.79	-173.16
63,000	PROCTER & GAMBLE CO	PG	12/24/08	3,811.44	01/30/09	3,506.23	-305.21
35,000	PROCTER & GAMBLE CO	PG	12/24/08	2,117.47	02/06/09	1,877.19	-240.28
77,000	PROCTER & GAMBLE CO	PG	12/24/08	4,658.43	06/23/09	3,905.33	-753.10
19,000	PROCTER & GAMBLE CO	PG	12/24/08	1,149.48	08/13/09	990.44	-159.04
50,000	PROCTER & GAMBLE CO	PG	12/24/08	3,024.96	08/25/09	2,671.30	-353.66
102,000	QUALCOMM INC	QCOM	12/24/08	3,482.12	02/26/09	3,491.61	9.49
43,000	QUALCOMM INC	QCOM	12/24/08	1,467.95	08/13/09	1,996.43	528.48
64,000	QUALCOMM INC	QCOM	12/24/08	2,184.86	08/25/09	3,044.05	859.19
24,000	RESEARCH IN MOTION LTD	RIMM	12/24/08	998.06	06/15/09	1,929.14	931.08
2,000	RESEARCH IN MOTION LTD	RIMM	12/24/08	83.17	08/13/09	143.05	59.88
33,000	RESEARCH IN MOTION LTD	RIMM	12/24/08	1,372.34	09/23/09	2,884.71	1,512.37
50,000	RESEARCH IN MOTION LTD	RIMM	12/24/08	2,079.30	09/25/09	3,529.51	1,450.21
78,000	RESEARCH IN MOTION LTD	RIMM	12/24/08	3,243.71	10/28/09	4,854.50	1,610.79
97,000	SCHERING PLOUGH CORP	806605101	12/24/08	1,593.66	08/13/09	2,616.02	1,022.36
474,519	SCHERING PLOUGH CORP	806605101	12/24/08	7,796.11	11/05/09	11,770.50	3,974.39
66,000	SCHLUMBERGER LTD	SLB	12/24/08	2,485.66	04/24/09	3,291.51	805.85
32,000	SCHLUMBERGER LTD	SLB	12/24/08	1,205.17	08/13/09	1,751.95	546.78
64,000	SCHLUMBERGER LTD	SLB	12/24/08	2,410.34	10/05/09	3,703.38	1,293.04
94,000	STRYKER CORP	SYK	12/24/08	3,750.21	01/06/09	3,664.02	-86.19
90,000	STRYKER CORP	SYK	12/24/08	3,590.63	05/22/09	3,469.01	-121.62
82,000	STRYKER CORP	SYK	12/24/08	3,271.46	05/28/09	3,076.00	-195.46
15,000	STRYKER CORP	SYK	12/24/08	598.44	08/13/09	603.13	4.69
17,000	TJX COMPANIES INC NEW	TJX	07/17/09	593.88	08/13/09	599.57	5.69

TRUST FOR MEDITATION PROCESS
MONTAG LG



QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
26.000	VISA INC CL A COMMON STOCK	V	01/15/09	1,276.82	08/13/09	1,777.57	500.75
54.000	VISA INC CL A COMMON STOCK	V	01/15/09	2,651.85	12/21/09	4,717.75	2,065.90
17.000	WAL-MART STORES INC	WMT	12/24/08	946.83	01/08/09	871.83	-75.00
75.000	WAL-MART STORES INC	WMT	12/24/08	4,177.20	01/20/09	3,808.55	-368.65
59.000	WAL-MART STORES INC	WMT	12/24/08	3,286.06	05/20/09	2,918.48	-367.58
55.000	WAL-MART STORES INC	WMT	12/24/08	3,063.28	06/17/09	2,674.04	-389.24
70.000	WAL-MART STORES INC	WMT	12/24/08	3,898.72	07/16/09	3,373.08	-525.64
26.000	WALT DISNEY CO	DIS	07/02/09	592.61	08/13/09	674.42	81.81
139.000	WELLS FARGO & CO	WFC	12/24/08	3,811.38	01/15/09	2,898.53	-912.85
293.000	WELLS FARGO & CO	WFC	12/24/08	8,034.06	02/12/09	4,592.31	-3,441.75
16.000	3M COMPANY	MMM	07/02/09	962.42	08/13/09	1,159.49	197.07
Short Term Subtotal						301,406.79	30,993.15
TOTAL REALIZED GAIN OR LOSS							30,993.15

DUPLICATE STATEMENTS

As you requested, copies of this statement have been sent to

MONTAG & CALDWELL INC
3455 PEACHTREE RD NE
SUITE 1200
ATLANTA GA 30326-4202



CONSULTING SOLUTIONS ACCOUNT STATEMENT 2009 ANNUAL STATEMENT

RBC Wealth Management
HANSBERGER GLOBAL



RBC Wealth Management, a division of
RBC Capital Markets Corporation, Member NYSE/FINRA/SIPC.

SCHEDULE OF REALIZED GAINS AND LOSSES

					THIS YEAR			
					9,993.22			
					9,993.22			
					0.00			
QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS	
Short Term								
19,000	ACERGY S A SPONSORED ADR	ACGY	12/26/08	96.52	05/19/09	172.70	76.18	
15,000	ACERGY S A SPONSORED ADR	ACGY	12/26/08	76.20	06/10/09	166.19	89.99	
187,000	ACERGY S A SPONSORED ADR	ACGY	12/26/08	949.94	06/17/09	1,808.26	858.32	
23,000	ADIDAS AG SPONSORED ADR	ADDYY	12/26/08	423.20	05/19/09	420.65	-2.55	
94,000	AMERICA MOVIL S A B C V SPONSORED ADR REPSTG SER L SHS	AMX	12/26/08	2,945.02	05/19/09	3,610.47	665.45	
180,000	ASTRAZENECA PLC SPONSORED ADR	AZN	12/26/08	7,085.70	05/19/09	7,256.87	171.17	
14,000	BANCO SANTANDER S A ADR	STD	12/26/08	129.77	05/19/09	141.25	11.48	
0.660	BANCO SANTANDER S A ADR	STD	12/26/08	6.12	12/10/09	10.90	4.78	
62,000	BAYER AKTIENGESELLSCHAFT ADR	BAYRY	12/26/08	3,403.80	05/19/09	3,254.91	-148.89	
5,000	BHP BILLITON LTD SPONSORED ADR	BHP	12/26/08	199.43	05/19/09	268.09	68.66	
0.500	CEMIG (COMPANHIA ENERGETICA DE MINAS GERAIS)-SPONS ADR NEW	CIG	12/26/08	5.19	05/20/09	6.40	1.21	
230,000	CHINA MED TECHNOLOGIES INC SPONSORED ADR	CMED	12/26/08	4,058.76	05/19/09	4,432.80	374.04	
36,000	DANONE SPONSORED ADR	DANOY	01/20/09	390.96	06/10/09	361.79	-29.17	



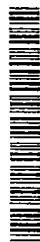
TRUST FOR MEDITATION PROCESS
HANSBERGER IV

QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
361.000	DATANG INTERNATIONAL POWER GENERATION CO LTD SPONSORED	DIPGY	05/19/09	3,678.59	11/27/09	3,050.36	-628.23
11.000	DATANG INTERNATIONAL POWER GENERATION CO LTD SPONSORED	DIPGY	06/10/09	134.31	11/27/09	92.95	-41.36
13.000	DBS GROUP HOLDINGS LTD SPONSORED ADR	DBSDY	12/26/08	331.50	05/19/09	442.63	111.13
73.000	FOMENTO ECONOMICO MEXICANO SAB DE CV SPON ADR(NEW)-1 UNIT	FMX	12/26/08	2,169.36	05/19/09	2,416.81	247.45
127.000	FOMENTO ECONOMICO MEXICANO SAB DE CV SPON ADR(NEW)-1 UNIT	FMX	12/26/08	3,774.10	10/29/09	5,593.27	1,819.17
110.000	FRANCE TELECOM SPONSORED ADR	FTE	12/26/08	3,072.30	05/19/09	2,526.81	-545.49
44.000	GAZPROM O A O SPONSORED ADR	OGZPY	12/26/08	627.00	05/19/09	978.09	351.09
41.000	HDFC BK LTD ADR REPSTG 3 SHS	HDB	05/19/09	3,811.16	09/03/09	3,975.87	164.71
97.000	HENKEL AG AND CO KCAA SPONSORED ADR REPRESENTING	HENGY	12/26/08	3,089.45	12/16/09	5,170.93	2,081.48
0.079	HSBC HOLDINGS PLC SPONSORED ADR NEW	HBC	12/26/08	3.67	05/14/09	3.22	-0.45
0.811	HSBC HOLDINGS PLC SPONSORED ADR NEW	HBC	12/26/08	37.37	07/21/09	37.51	0.14
49.000	INFOSYS TECHNOLOGIES LTD SPONS ADR REPSTG 1/2 EQUITY SH	INFY	12/26/08	1,184.04	02/17/09	1,234.79	50.75
13.000	INFOSYS TECHNOLOGIES LTD SPONS ADR REPSTG 1/2 EQUITY SH	INFY	12/26/08	314.13	06/10/09	482.30	168.17
58.000	JSC MMC NORILSK NICKEL SPONSORED ADR	NILSY	12/26/08	371.20	05/19/09	606.08	234.88
10.000	MITSUBISHI UFJ FINL GROUP INC SPONSORED ADR	MTU	12/26/08	61.30	06/10/09	65.19	3.89
112.000	NESTLE SA-SPONSORED ADR REPSTG REGD ORD (SF 10 PAR)	NSRGY	12/26/08	4,256.00	05/19/09	4,082.29	-173.71
26.000	NOKIA CORPORATION SPONSORED ADR REPSTG 1 SER A	NOK	03/13/09	280.54	05/19/09	397.00	116.46
434.000	NOKIA CORPORATION SPONSORED ADR REPSTG 1 SER A	NOK	03/13/09	4,682.79	07/31/09	5,785.23	1,102.44



RBC Wealth Management

RBC Wealth Management, a division of
RBC Capital Markets Corporation, Member NYSE/FINRA/SIPC



CONSULTING SOLUTIONS ACCOUNT STATEMENT 2009 ANNUAL STATEMENT

Account number
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QUANTITY	DESCRIPTION	SYMBOL	OPEN DATE	NET COST	CLOSE DATE	NET PROCEEDS	REALIZED GAIN/LOSS
Short Term							
15.000	NOKIA CORPORATION SPONSORED ADR REPSTG 1 SER A	NOK	06/10/09	238.79	07/31/09	199.95	-38.84
37.000	NOMURA HOLDINGS INC SPONSORED ADR	NMR	12/26/08	295.70	06/10/09	323.74	28.04
30.000	NOVARTIS AG-SPONSORED ADR	NVS	12/26/08	1,433.40	03/13/09	1,067.92	-365.48
5.000	OIL CO LUKOIL-SPONSORED ADR	LUKOY	12/26/08	165.50	05/19/09	241.49	75.99
105.000	SAP AG SPONSORED ADR	SAP	12/26/08	3,549.00	05/19/09	4,325.91	776.91
288.000	SUMITOMO TRUST & BANKING CO LTD SPONSORED ADR	STBUY	12/26/08	1,598.40	10/02/09	1,451.48	-146.92
330.000	TAIWAN SEMICONDUCTOR MFG CO LTD-SPONSORED ADR REPSTG 5 COM	TSM	12/26/08	2,481.60	05/19/09	3,565.06	1,083.46
0.149	TAIWAN SEMICONDUCTOR MFG CO LTD-SPONSORED ADR REPSTG 5 COM	TSM	12/26/08	1.12	08/17/09	1.53	0.41
73.000	TESCO PLC-SPONSORED ADR	TSCDY	12/26/08	1,109.60	05/19/09	1,202.27	92.67
230.000	TOKIO MARINE HLDGS INC ADR	TKOMY	12/26/08	6,578.00	07/23/09	6,347.83	-230.17
5.000	TOKIO MARINE HLDGS INC ADR	TKOMY	05/19/09	150.70	07/23/09	138.00	-12.70
207.000	VALE S A ADR REPSTG PFD	VALEP	12/26/08	2,036.88	06/11/09	3,570.65	1,533.77
13.000	VODAFONE GROUP PLC SPONSORED ADR NEW	VOD	12/26/08	245.39	06/10/09	238.28	-7.11
Short Term Subtotal							9,993.22
TOTAL REALIZED GAIN OR LOSS							9,993.22

71,533.50 81,526.72

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Canadian Christian Meditation Community

**Address: 58 Thatcher Drive
Winnipeg, Manitoba
Canada R3T 2LC**

Grant Date: 8-13-09

Grant Amount: US\$4,500.00

**Grant Purpose: For Caribbean outreach, regional community development, and two
Schools for Teachers.**

Amounts expended by grantee: US\$4,500.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No .**

Dates of any reports received from grantee: **May 2010**

Was any verification of the grantee reports deemed necessary? **No.**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: September 8, 2010

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Meditation Chretienne du Quebec

**Address: 7400 Boulevard St. Laurent #513
Montreal, Quebec
Canada H2R 2Y1**

Grant Date: 8-13-09

Grant Amount: US\$3,000.00

Grant Purpose: For an annual retreat and production of meditation CD's in French.

Amounts expended by grantee: US\$3,000.00

(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No .**

Dates of any reports received from grantee: **May 2010**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger

TITLE: Director DATE: September 8, 2010

This form must be attached to Form 990 until grantee has reported in full on all granted funds.

TRUST FOR THE MEDITATION PROCESS

**REQUIRED STATEMENT UNDER REG. 53.4945-5 (d)
TO MEET THE REQUIREMENTS OF SECTION 4945 (h)**
Verification of Expenditure Responsibility

Grantee: Centre Emmaus

**Address: 3774 Chemin Queen Mary
Montreal, Quebec
Canada H3V 1A6**

Grant Date: 8-13-09

Grant Amount: US\$3,000.00

**Grant Purpose: For teacher training and a joint program with Meditation Chretienne
du Quebec**

Amounts expended by grantee: US\$3,000.00
(Based on last report received)

Has the grantee diverted any portion of the funds from the purpose of the grant? **No .**

Dates of any reports received from grantee: **May 2010**

Was any verification of the grantee reports deemed necessary? **No**

If so, state the date and results of such verification:

BY: Martha Bolinger
TITLE: Director DATE: September 8, 2010

This form must be attached to Form 990 until grantee has reported in full on all granted funds.



2009 Grants Awarded

Alternatives with Education, Let's Start Inc

St. Louis MO \$10,000

For meditation in five Missouri correctional facilities

Canadian Christian Meditation Community

Winnipeg MB CANADA \$4,500

For Caribbean outreach, regional community development, and two Schools for Teachers

Center for Community Development

Portsmouth VA \$10,000

For meditation retreats for youth and teens

Center for Spirituality and Healing, University of Minnesota Foundation

Minneapolis MN \$3,850

For Mantrapalooza, a city wide 2-day celebration of meditation and music

Centre Emmaus

Montreal QC \$3,000

For teacher training and a joint program with Meditation Chrétien du Quebec

Christos Center for Spiritual Formation

Lino Lakes MN \$4,000

For faculty honoraria in the contemplative prayer portion of the spiritual direction program

Contemplative Outreach

Butler NJ \$15,000

To re-engineer a web presence for Contemplative Outreach

Fellowship in Prayer

Princeton NJ 4,000

For two meditation workshops at the 60th anniversary conference

Graymoor Spiritual Life Center, Franciscan Friars of the Atonement

Garrison NY \$1,000

For a retreat: Mysticism and the spiritual Quest

Kira Institute

Westborough MA \$3,000

For a retreat for members of Second Life, a virtual meditation community

Meditation Chrétien du Quebec

Montreal QC \$3,000

For an annual retreat, CD's in French and remaindered copies in French of Paul Harris' book,
La Meditation Chrétien

Park Day School

Oakland CA \$10,000

For an 8 week follow up meditation course for 1000 K-3 low income students

Prison Dharma Network

Boulder CO \$30,000

For development of the Path to Freedom facilitator's program, including online training and outreach to prison chaplains, including downloadable resources.

St Joseph Family Center

Spokane WA \$2,400

For a meditation program at a counseling and spirituality center

The Interdependence Project

New York NY \$9,000

For year two of a lecture series, *Sit Down, Rise Up*, featuring contemplatives working to change our world.

The Interdependence Project

New York NY \$4,650

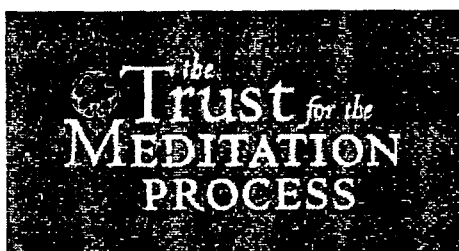
Balance on 2008 lecture series

World Community for Christian Meditation – USA

Oro Valley AZ \$15,000

To support the John Main Center for Meditation and Inter-religious Dialogue at Georgetown University

Total: \$132,400



2751 Hennepin Ave. S. #259
Minneapolis, MN 55408
www.trustformeditation.org

There is no greater need in the church and in the world today, than for the renewed understanding that the call to deep prayer is universal. Unity among Christians as well as...unity among different races and creeds rests upon our finding the inner principle of unity as a personal experience within our own hearts.

John Main

Word into Silence

MISSION

The Trust for the Meditation Process is a charitable foundation encouraging meditation and contemplative practice among Christians. We make grants to nonprofit organizations that reclaim and teach Christian contemplative traditions, that introduce meditation in the Christian community or that further our understanding of contemplative practice in all spiritual traditions.

VISION AND VALUES

We believe contemplative practice transforms the way we see ourselves and our world. It awakens us to the sacredness of all life and to the inner stillness which reveals God's presence in us. It guides us in the process of becoming fully human and develops our capacity for compassionate action in society.

In the spiritual traditions of the West and the East, meditation is an essential way to make us fully present to God, to ourselves and to creation.

In a culture that neglects, even discourages, quiet, inner knowledge, the need to rediscover and value our contemplative traditions is very great. We need their infusion of meaning and balance to counter the relentless pace, stress and materialism of modern life.

We especially need contemplative practice in the Christian community, since that historic tradition is largely unacknowledged and the potential for impact, vast.

GRANT GUIDELINES

Our focus is short-term projects where a small grant can make a credible impact and result in clearly identifiable outcomes. We make 20 to 40 grants annually. Initial awards are typically small – \$3,000 to \$5,000 – and projects funded include:

- Workshops, lectures or retreats
- Sabbaticals, retreats and other development for meditation teachers or group leaders.
- Books, supplies and equipment for meditation and spiritual growth centers.
- Efforts to better expand and build the capacity of programs in Christian contemplation and address barriers to practice.
- Research on meditation, East/West meditation dialogue, and meditation curriculum development.
- Publications that effectively spread critical perspectives on meditation.

Because contemplative practice is a worldwide movement, we do not limit grants to the United States. Grants to endowment and capital campaigns are very rare. We do not contribute to annual fundraising or membership appeals.

WHAT WE LOOK FOR

Here are some of the key questions we ask when evaluating a proposal:

Is the project within our mission?

- Does it initiate, expand or enhance meditation instruction, practice or understanding?
- Does it have a Christian audience, draw from Christian contemplative traditions, or further dialogue and cooperation among contemplative traditions in all religions?
- Does the project focus on meditation practice rather than another aspect or method of prayer or spiritual development?

Is it of the highest quality?

- Does it use a recognized teacher, speaker or leader with appropriate training and an extensive personal meditation practice?
- Is the quality of teaching and the meditation experience central to the project?

What kind and level of impact might the project make?

- Does the project have a specific audience in mind as well as specific plans for reaching them?

- Is it reaching new or underserved audiences or audiences where the need is especially great or the potential for impact significant? Possibilities include young people, people facing illness, trauma or loss, people in poverty or in prison, and people dealing with addictions.
- For ongoing meditation groups, is the effort developing a meditation community that might ultimately be self-sustaining?
- Will a small grant such as ours make a significant difference to the project?

What is the administrative capacity of the sponsoring organization?

- Does the project have the support of the organization's leadership?
- Is the organization sufficiently organized and funded to achieve its goals?
- Where appropriate, has the organization evaluated the project's potential for income generation?
- Does the organization show efforts to evaluate and adapt their work?

HOW TO APPLY

First: review our website at www.trustformeditation.org for full guidelines and representative grants. Then call us or use our on-line inquiry form to briefly describe your project.

We're pleased to help you assess if your project falls within our mission. We can also let you know if the Trust has supported similar projects. If you haven't previously applied to the Trust, we especially encourage you to talk with our staff before submitting a full proposal.

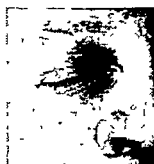
See [contact us](#) on our website, www.trustformeditation.org, for our phone number and the online inquiry form.

However, you reach us, we'll want to know a little bit about:

- Your organization and who it serves
- What you want us to fund
- Why the project is important now
- How much it will cost and how much you want the Trust to contribute

Second: if your project meets our guidelines, send a full proposal

The Trust currently awards grants once a year. Grant applications should be postmarked by May 1st. Awards will be announced in August. Applications should follow the Proposal Checklist instructions listed on our website.



Form **8868**

(Rev. April 2009)

Department of the Treasury
Internal Revenue Service**Application for Extension of Time To File an
Exempt Organization Return**

OMB No 1545-1709

▶ File a separate application for each return

- If you are filing for an **Automatic 3-Month Extension**, complete only **Part I** and check this box ☒
- If you are filing for an **Additional (Not Automatic) 3-Month Extension**, complete only **Part II** (on page 2 of this form).

Do not complete **Part II** unless you have already been granted an automatic 3-month extension on a previously filed Form 8868**Part I Automatic 3-Month Extension of Time.** Only submit original (no copies needed)

A corporation required to file Form 990-T and requesting an automatic 6-month extension - check this box and complete

Part I only ☐

All other corporations (including 1120-C filers), partnerships, REMICs, and trusts must use Form 7004 to request an extension of time to file income tax returns

Electronic Filing (e-file). Generally, you can electronically file Form 8868 if you want a 3-month automatic extension of time to file one of the returns noted below (6 months for a corporation required to file Form 990-T). However, you cannot file Form 8868 electronically if (1) you want the additional (not automatic) 3-month extension or (2) you file Forms 990-BL, 6069, or 8870, group returns, or a composite or consolidated Form 990-T. Instead, you must submit the fully completed and signed page 2 (Part II) of Form 8868. For more details on the electronic filing of this form, visit www.irs.gov/efile and click on e-file for Charities & Nonprofits

Type or print	Name of Exempt Organization	Employer identification number
	TRUST FOR THE MEDITATION PROCESS	41-6286503
File by the due date for filing your return. See instructions	Number, street, and room or suite no. If a P.O. box, see instructions.	
	2751 HENNEPIN AVENUE SOUTH, NO. 259	
	City, town or post office, state, and ZIP code. For a foreign address, see instructions.	
	MINNEAPOLIS, MN 55408	

Check type of return to be filed (file a separate application for each return).

- | | | |
|---|---|------------------------------------|
| <input type="checkbox"/> Form 990 | <input type="checkbox"/> Form 990-T (corporation) | <input type="checkbox"/> Form 4720 |
| <input type="checkbox"/> Form 990-BL | <input type="checkbox"/> Form 990-T (sec. 401(a) or 408(a) trust) | <input type="checkbox"/> Form 5227 |
| <input type="checkbox"/> Form 990-EZ | <input type="checkbox"/> Form 990-T (trust other than above) | <input type="checkbox"/> Form 6069 |
| <input checked="" type="checkbox"/> Form 990-PF | <input type="checkbox"/> Form 1041-A | <input type="checkbox"/> Form 8870 |

COPY**MARTHA BOLINGER**

- The books are in the care of ▶ **3125 HOLMES AVE S #301 - MINNEAPOLIS, MN 55408**

Telephone No. ▶ **612-824-7270**

FAX No ▶

- If the organization does not have an office or place of business in the United States, check this box ☐
- If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) _____. If this is for the whole group, check this box ☐. If it is for part of the group, check this box ☐ and attach a list with the names and EINs of all members the extension will cover.

- 1 I request an automatic 3-month (6-months for a corporation required to file Form 990-T) extension of time until **AUGUST 15, 2010**, to file the exempt organization return for the organization named above. The extension is for the organization's return for:
- ▶ ☒ calendar year **2009** or
- ▶ ☐ tax year beginning _____, and ending _____

- 2 If this tax year is for less than 12 months, check reason ☐ Initial return ☐ Final return ☐ Change in accounting period

3a If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions.	3a	\$	0.
b If this application is for Form 990-PF or 990-T, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit.	3b	\$	0.
c Balance Due. Subtract line 3b from line 3a. Include your payment with this form, or, if required, deposit with FTD coupon or, if required, by using EFTPS (Electronic Federal Tax Payment System) See instructions.	3c	\$	0.

Caution. If you are going to make an electronic fund withdrawal with this Form 8868, see Form 8453-EO and Form 8879-EO for payment instructions.

LHA For Privacy Act and Paperwork Reduction Act Notice, see Instructions.

Form 8868 (Rev. 4-2009)

- If you are filing for an **Additional (Not Automatic) 3-Month Extension**, complete only **Part II** and check this box ☒

Note. Only complete Part II if you have already been granted an automatic 3 month extension on a previously filed Form 8868

- If you are filing for an **Automatic 3-Month Extension**, complete only **Part I** (on page 1)

Part II	Additional (Not Automatic) 3-Month Extension of Time. Only file the original (no copies needed)	
Type or print File by the extended due date for filing the return See instructions	Name of Exempt Organization	Employer identification number
	TRUST FOR THE MEDITATION PROCESS	41-6286503
	Number, street, and room or suite no. If a P.O. box, see instructions	For IRS use only
	2751 HENNEPIN AVENUE SOUTH, NO. 259	
	City, town or post office, state, and ZIP code. For a foreign address, see instructions.	
	MINNEAPOLIS, MN 55408	

Check type of return to be filed (File a separate application for each return):

- ☐ Form 990 ☐ Form 990-EZ ☐ Form 990-T (sec 401(a) or 408(a) trust) ☐ Form 1041-A ☐ Form 5227 ☐ Form 8870
☐ Form 990-BL ☒ Form 990-PF ☐ Form 990-T (trust other than above) ☐ Form 4720 ☐ Form 6069

STOP! Do not complete Part II if you were not already granted an automatic 3-month extension on a previously filed Form 8868.

MARTHA BOLINGER

- The books are in the care of ☒ 3125 HOLMES AVE S #301 - MINNEAPOLIS, MN 55408

Telephone No. ☒ 612-824-7270

FAX No. ☐

- If the organization does not have an office or place of business in the United States, check this box ☐

- If this is for a Group Return, enter the organization's four digit Group Exemption Number (GEN) ☐. If this is for the whole group, check this box ☐. If it is for part of the group, check this box ☐ and attach a list with the names and EINs of all members the extension is for.

4 I request an additional 3-month extension of time until NOVEMBER 15, 2010

5 For calendar year 2009, or other tax year beginning _____, and ending _____

6 If this tax year is for less than 12 months, check reason ☐ Initial return ☐ Final return ☐ Change in accounting period

7 State in detail why you need the extension

ALL OF THE INFORMATION NECESSARY TO FILE A TIMELY RETURN IS NOT CURRENTLY AVAILABLE.

8a	If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions	8a	\$	1,666.
b	If this application is for Form 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit and any amount paid previously with Form 8868.	8b	\$	0.
c	Balance Due. Subtract line 8b from line 8a. Include your payment with this form, or, if required, deposit with FTD coupon or, if required, by using EFTPS (Electronic Federal Tax Payment System). See instructions	8c	\$	1,666.

Signature and Verification

Under penalties of perjury, I declare that I have examined this form, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete, and that I am authorized to prepare this form.

Signature ☒

Title ☒ CPA

Date ☒

Form 8868 (Rev. 4-2009)

COPY