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Form **990**

Department of the Treasury

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

OMB No 1545-0047

Open to Public

_	eck if applica	able -	r, or tax year beginning 01-01-2009 and ending 12-31-2009 C Name of organization		D Employer ide	ntification number		
Auu	еск іт аррііса dress change	i icasc	METROWEST YMCA INC		04-228153	0		
	me change	label or print or	Doing Business As		E Telephone nu			
Inıt	tial return	type. See Specific	Number and street (or P O box if mail is not delivered to street address	3) Room/suite	(508) 879-4	1420		
	mınated	Instruc- tions.	280 OLD CONNECTICUT PATH	y Room, saice	G Gross receipts	\$ 8,728,108		
	ended returi plication pend		City or town, state or country, and ZIP + 4 FRAMINGHAM, MA 017014539					
			ne and address of principal officer	H(a) Is th	■ ıs a group return			
			E MCALLISTER LD CONNECTICUT PATH	affilia	ites?	⊤Yes ▼ No		
		FRAMI	NGHAM,MA 017014539	H(b) Are al	l affiliates include	ed?		
Tax	x-exempt st	tatus 🔽 501(c)) (3) ◀ (insert no)		o," attach a list ip exemption nui	(see instructions)		
			WESTYMCA ORG	H(C) GIOC	ip exemption nu	mber P		
Forr	n of organiz	zation 🔽 Corporat	tion Trust Association Other ►	L Year of fo	rmation 1960 M	State of legal domicile I		
Pa		ummary	e organization's mission or most significant activities					
	2 Che 3 Nur 4 Nur	eck this box ► mber of voting r mber of indeper	172 in Y program and membership scholarships to low incom — if the organization discontinued its operations or disposed of members of the governing body (Part VI, line 1a)	of more than	25% of its net a 3 . 4	ssets 5		
			olunteers (estimate if necessary)		6	4		
	7a Tot	tal gross unrela	ted business revenue from Part VIII, column (C), line 12 .					
	b Net	t unrelated busi	ness taxable income from Form 990-T, line 34		7b			
	8 Co		d	Prio	r Year	Current Year		
			d grants (Part VIII, line 1h)		1,682,143 5,637,387	1,014,80 7,106,05		
!			ne (Part VIII, column (A), lines 3, 4, and 7d)		1,120	28,88		
			art VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)		64774	184,08		
					64,774	184,08		
	12 To	otal revenue—a	dd lines 8 through 11 (must equal Part VIII, column (A), line		7,385,424	·		
	12 To	otal revenue—a 2)			,	8,333,81		
	12 To 12 13 Gr 14 Be	otal revenue—a 2) rants and simila enefits paid to c	dd lines 8 through 11 (must equal Part VIII, column (A), line ar amounts paid (Part IX, column (A), lines 1-3)		,	8,333,81		
	12 To 12 13 Gr 14 Be	otal revenue—a 2) rants and simila enefits paid to c alaries, other co	dd lines 8 through 11 (must equal Part VIII, column (A), line ar amounts paid (Part IX, column (A), lines 1-3)		,	8,333,81 621,00		
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Part III Statement of Program Service Accomplishments

1 Briefly describe the organization's mission

THE METROWEST YMCA IS ORGANIZED, AND SHALL BE OPERATED, EXCLUSIVELY FOR CHARTIABLE, EDUCATIONAL AND RECREATIONAL PURPOSES WITHIN THE MEANING OF SECTION 501 C (3) OF THE INTERNAL REVENUE CODE OF 1986 AND SHALL CONDUCT SUCH OTHER ACTIVITIES AS ARE PERMITTED FOR A CHARITABLE CORPORATION UNDER MASSACHUSETTS LAW DEDICATED TO THE DEVELOPMENT OF ALL PEOPLE REGARDLESS OF AGE, GENDER, RACE, RELIGION, INCOME, ABILITY OR SEXUAL ORIENTATION, OUR PROGRAMS ARE DESIGNED TO PROMOTE THE VALUES OF CARING, HONESTY, RESPECT AND RESPONSIBILITY, AND TO ENHANCE THE SPIRITUAL, MENTAL, PHYSICAL AND SOCIAL QUALITY OF LIFE FOR INDIVIDUALS, FAMILIES AND COMMUNITIES THROUGHOUT METROWEST In 2009, the YMCA served 20,190 members and program participants, had over 450 board, fundraising and program volunteers and 1200 community donors WHO DONATED FUNDS TO HELP SUPPORT THE YMCA'S FINANCIAL ASSISTANCE PROGRAM, WHICH PROVIDED \$795,172 in Y program and membership scholarships to low income individuals and families

2	Did the organization underta the prior Form 990 or 990-E					┌ Yes ┌ No
	If "Yes," describe these new	services on Schedule	e O			
3	Did the organization cease of services?				nducts, any program	┌ Yes ┌ No
	If "Yes," describe these cha	nges on Schedule O				
4	Describe the exempt purpos Section 501(c)(3) and 501(allocations to others, the to	c)(4) organizations ai	nd section	n 4947(a)(1) trusts a	are required to report the an	
4a	(Code) (Expenses \$ 3,	316,762	ıncludıng grants of \$	228,332) (Revenue \$	3,572,802)
	organizational goal to improve th participants benefited from these wellness, safety and family stren families, youth obesity preventior preschool and youth enrichment	e mind, body and spint of programs, 1 out of 8 of v gthening, these programs i, cardiovascular and streniclasses, outdoor education	individuals hom partic include hea gth training, , teen leade	and families throughout to pated with the support o lth and wellness instruction swim instruction and rec ership development and p	educational and instructional prog he MetroWest Community In 200 f YMCA financial assistance With a on for youth through seniors include reational swimming for all ages, y programs specifically designed for ovided on a sliding scale fee basis	9 over 17,500 members and a strong emphasis on health and ing special programs focused on outh sports, gymnastic instruction, at-risk youth Program fees are set
	/C-1-		205 024		212 (20.) (D	1.016.004.)
4b	, ,	• • •	•	including grants of \$	212,628) (Revenue \$	1,916,884)
	assistance, and 1 out of 6 of who development for children as well develop moral and ethical behav provider of Early Education and C programs to become and remain afford the full fee, care is provide	om received State voucher as their parents These ed ior, self-esteem and leade Care programs in the Metro gainfully employed, know ed below cost, based on a	or contractor ucational progression of the West Area ung that the sliding fee s	ed slot assistance. The purograms help develop and The YMCA is the largest purious and in many instances, YMCA in children are thriving in scale up to the limit of co	irpose of the YMCA's Child Care P I support cognitive and academic provider of Out of School Time Cai A child care makes it possible for t a safe, developmentally sound er ntributed support and funding ava	growth and learning, and help kids re programs and a significant he parents of children in our ivironment For parents who cannot
	(Code)(Expenses \$ 1,	348 451	ıncludıng grants of \$	180,040) (Revenue \$	1,800,445)
-T-C	YMCA SUMMER CAMPYMCA Sum assistance The Summer Camp P and respect for the environment	mer Camps served 1574 d rograms, serving children Through a variety of activ	ifferent child between the ottes and th	dren in 2009, 1 out of 5 c e ages of 3 and 15 are ed e use of natural surround	of whom attended camp with the successful functional, promote mental and plungs, YMCA Camps seek to help parents in the summertime, allow	support of YMCA funded financial nysical well-being, social growth articipants achieve their fullest
4d	Other program services (C (Expenses \$	escribe in Schedule () including (•	ŧ) (Revenue \$)
) (ivevenue à	,
4e	Total program service expe	enses⊭\$ 6	,961,134			

Dart TV	Chackli	ct of Do	auirad	Schedules
2 II T 1 A	CHECKII	SL UI KE	:uuii eu	Scileuule:

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1	Yes	
2	Is the organization required to complete Schedule B, Schedule of Contributors? 🕏	2	Yes	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3		No
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities? If "Yes," complete Schedule C, Part II	4		No
5	Section 501(c)(4), 501(c)(5), and 501(c)(6) organizations. Is the organization subject to the section 6033(e) notice and reporting requirement and proxy tax? If "Yes," complete Schedule C, Part III	5		No
6	Did the organization maintain any donor advised funds or any similar funds or accounts where donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		No
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas or historic structures? If "Yes," complete Schedule D, Part II	7		Νο
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8		No
9	Did the organization report an amount in Part X, line 21, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV	9		No
10	Did the organization, directly or through a related organization, hold assets in term, permanent,or quasi- endowments? If "Yes," complete Schedule D, Part V	10	Yes	
11	Is the organization's answer to any of the following questions "Yes"? If so,complete Schedule D, Parts VI, VII, VIII, IX, or X as applicable	11	Yes	
	◆ Did the organization report an amount for land, buildings, and equipment in Part X, line10? If "Yes," complete Schedule D, Part VI.			
	◆ Did the organization report an amount for investments—other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII.			
	◆ Did the organization report an amount for investments—program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII.			
	◆ Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX.			
	◆ Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X.			
	◆ Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48? If "Yes," complete Schedule D, Part X.			
12	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI, XII, and XIII	12	Yes	
12A	Was the organization included in consolidated, independent audited financial statements for the tax year? Yes No			
	If "Yes," completing Schedule D, Parts XI, XII, and XIII is optional	Į		
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		No
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		Νο
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, and program service activities outside the United States? <i>If</i> " <i>Yes,"</i> complete Schedule F, Part I	14b		No
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or assistance to any organization or entity located outside the U S? <i>If "Yes," complete Schedule F, Part II</i>	15		No
16	Did the organization report on Part IX, column (A), line 3, more than $$5,000$ of aggregate grants or assistance to individuals located outside the U S ? If "Yes," complete Schedule F, Part III	16		No
17	Did the organization report a total of more than \$15,000, of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I	17		No
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II	18		No
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III	19		N o
20	Did the organization operate one or more hospitals? If "Yes," complete Schedule H	20		Νo

Par	t IV Checklist of Required Schedules (continued)			
21	Did the organization report more than \$5,000 of grants and other assistance to governments and organizations in the United States on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		No
22	Did the organization report more than \$5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22	Yes	
23	Did the organization answer "Yes" to Part VII, Section A, questions 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete Schedule J	23	Yes	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer questions 24b-24d and complete Schedule K. If "No," go to line 25	24a	Yes	
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		Νo
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		No
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		Νο
25a	Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		No
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b		Νο
26	Was a loan to or by a current or former officer, director, trustee, key employee, highly compensated employee, or disqualified person outstanding as of the end of the organization's tax year? If "Yes," complete Schedule L, Part II	26		No
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor, or a grant selection committee member, or to a person related to such an individual? If "Yes," complete Schedule L, Part III	27		No
28	Was the organization a party to a business transaction with one of the following parties? (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions)			
а	A current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28a		No
b	A family member of a current or former officer, director, trustee, or key employee? If "Yes," complete Schedule L, Part IV	28b		No
c	An entity of which a current or former officer, director, trustee, or key employee of the organization (or a family member) was an officer, director, trustee, or owner? If "Yes," complete Schedule L, Part IV	28c	Yes	
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		Νo
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? If "Yes," complete Schedule M	30		No
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		N o
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32		No
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301 7701-2 and 301 7701-3? <i>If</i> "Yes," complete Schedule R, Part I	33		N o
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Parts II, III, IV, and V, line 1	34		N o
35	Is any related organization a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35		N o
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If "Yes," complete Schedule R, Part V, line 2	36		N o
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		No
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11 and 19? Note. All Form 990 filers are required to complete Schedule O	38	Yes	
		F	orm 990	(2009)

art V	Statements	Regarding	Other 1	IRS Filings	and Tax	Compliance
-------	------------	-----------	---------	-------------	---------	------------

			Yes	No
la	Enter the number reported in Box 3 of Form 1096, Annual Summary and Transmittal of U.S. Information Returns. Enter -0- if not applicable			
b	Enter the number of Forms W-2G included in line 1a Enter -0- if not applicable 1b 0			
С	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	1 c		
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements filed for the calendar year ending with or within the year covered by this return			
ь	If at least one is reported on line 2a, did the organization file all required federal employment tax returns? Note: If the sum of lines 1a and 2a is greater than 250, you may be required to e-file this return (see	2b	Yes	
а	Did the organization have unrelated business gross income of \$1,000 or more during the year covered by this	3-		N. o
h	return?	3a 3b		Νο
a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		Νo
b	If "Yes," enter the name of the foreign country See the instructions for exceptions and filing requirements for Form TD F 90-22 1, Report of Foreign Bank and Financial Accounts			
а	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		Νο
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		Νo
c	If "Yes" to line 5a or 5b, did the organization file Form 8886-T, Disclosure by Tax-Exempt Entity Regarding Prohibited Tax Shelter Transaction?	5c		
1	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible?	6a		Νo
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6b		
	Organizations that may receive deductible contributions under section 170(c).			
	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?	7a		Νο
	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b		
	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?	7c		Νο
	Did the organization, during the year, receive any funds, directly or indirectly, to pay premiums on a personal			
	benefit contract?	7e		Νo
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7f		Νo
g	For all contributions of qualified intellectual property, did the organization file Form 8899 as required?	7g		
h	For contributions of cars, boats, airplanes, and other vehicles, did the organization file a Form 1098-C as required?	7h		
	Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting organizations. Did the supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess business holdings at any time during the year?	8		
	Sponsoring organizations maintaining donor advised funds.			
а	Did the organization make any taxable distributions under section 4966?	9a		
b	Did the organization make a distribution to a donor, donor advisor, or related person?	9b		
)	Section 501(c)(7) organizations. Enter			
а	Initiation fees and capital contributions included on Part VIII, line 12 10a			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities			
L	Section 501(c)(12) organizations. Enter			
а	Gross income from members or shareholders			
b	Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them)			
2a	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	12a		
b	If "Yes," enter the amount of tax-exempt interest received or accrued during the year			

280 OLD CONNECTICUT PATH FRAMINGHAM, MA 017014539

(508) 879-4420

Part VI Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, and for a "No" response to lines 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.

Se	ction A. Governing Body and Management					
	ction A. Governing Body and Flanagement				Yes	No
					_	
1a	Enter the number of voting members of the governing body	1a	38			
b	Enter the number of voting members that are independent	1b	37			
2	Did any officer, director, trustee, or key employee have a family relationship or a busin other officer, director, trustee, or key employee?	ness •	relationship with any	2	Yes	
3	Did the organization delegate control over management duties customarily performed l supervision of officers, directors or trustees, or key employees to a management comp			3		Νo
4	$ \hbox{Did the organization make any significant changes to its organizational documents sinfiled?} \\$	ice t	ne prior Form 990 was	4		Νo
5	Did the organization become aware during the year of a material diversion of the organi	ızatı	on's assets?	5		Νο
6	Does the organization have members or stockholders?			6		Νο
7a	Does the organization have members, stockholders, or other persons who may elect or governing body?	ne o	more members of the	7a		Νo
b	Are any decisions of the governing body subject to approval by members, stockholders	s, or	other persons?	7b		Νo
8	Did the organization contemporaneously document the meetings held or written actions year by the following	ıs un	dertaken during the			
а	The governing body?			8a	Yes	
b	Each committee with authority to act on behalf of the governing body?			8b	Yes	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, whorganization's mailing address? If "Yes," provide the names and addresses in Schedule		annot be reached at the	9		Νo
	ction B. Policies (This Section B requests information about policies not re	equi	red by the Internal			
Re	venue Code.)				Yes	No
100	Does the organization have local chapters, branches, or affiliates?			10a	Yes	NO
	If "Yes," does the organization have written policies and procedures governing the acti	• IVITIE	s of such chapters	IUa	163	
_	affiliates, and branches to ensure their operations are consistent with those of the orga	anıza	ation?	10b	Yes	
11	Has the organization provided a copy of this Form 990 to all members of its governing	bod	y before filing the form?	11	Yes	
11A	Describe in Schedule O the process, if any, used by the organization to review the Form	m 99	00			
12a	Does the organization have a written conflict of interest policy? If "No," go to line 13.			12a	Yes	
Ь	Are officers, directors or trustees, and key employees required to disclose annually in	tere	sts that could give rise			
c	to conflicts?			12b	Yes	
	describe in Schedule O how this is done			12c	Yes	
13	Does the organization have a written whistleblower policy?			13	Yes	
14	Does the organization have a written document retention and destruction policy?			14	Yes	
15	Did the process for determining compensation of the following persons include a review independent persons, comparability data, and contemporaneous substantiation of the contemporaries of the contem	delıb	peration and decision?			
	The organization's CEO, Executive Director, or top management official	•		15a	Yes	
b	Other officers or key employees of the organization			15b		Νο
	If "Yes" to line a or b, describe the process in Schedule O (See instructions)					
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or taxable entity during the year?			16a		Νo
b	If "Yes," has the organization adopted a written policy or procedure requiring the organ participation in joint venture arrangements under applicable federal tax law, and taken	nızatı	on to evaluate its			
	organization's exempt status with respect to such arrangements?		<u> </u>	16b		
Se	ction C. Disclosure					
17	List the States with which a copy of this Form 990 is required to be filed ►MA					
18	Section 6104 requires an organization to make its Form 1023 (or 1024 if applicable), (3)s only) available for public inspection. Indicate how you make these available. Check Own website. Another's website. Upon request					
19	Describe in Schedule O whether (and if so, how), the organization makes its governing interest policy, and financial statements available to the public See Additional Data T		•			
20	State the name, physical address, and telephone number of the person who possesses			e orga	nızatıor	n)
	Christopher meyers			=		

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

1a Complete this table for all persons required to be listed Report compensation for the calendar year ending with or within the organization's tax year Use Schedule J-2 if additional space is needed

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation, and **current** key employees Enter -0- in columns (D), (E), and (F) if no compensation was paid
- List all of the organization's current key employees. See instructions for definition of "key employee."
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations
- List all of the organization's **former** officers, key employees, or highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations
- List all of the organization's former directors or trustees that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations

List persons in the following order individual trustees or directors, institutional trustees, officers, key employees, highest compensated employees, and former such persons

Check this box if the organization did not compensate any current or former officer, director, trustee or key employee

(A) Name and Title	(B) A verage hours	Posit	(C	:) chec	:kal	I		(D) Reportable compensation	(E) Reportable compensation	(F) Estimated amount of other
	per week	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated	Former	from the organization (W- 2/1099-MISC)	from related organizations (W- 2/1099- MISC)	compensation from the organization and related organizations
JOYA CASEY Clerk/HR Director	35 00	Х		Х				48,955	0	12,026
Pennye J Williams BOARD MEMBER	1 00	Х						0	0	0
Janet Drummey Chaır	2 50	Х						0	0	0
Ron Foisy Vice Chair	1 00	Х						0	0	0
Mark Baptista Board Member	1 00	Х						0	0	0
Diego Betancourt BOARD MEMBER	1 00	Х						0	0	0
James L Brick BOARD MEMBER	1 00	Х						0	0	0
Joanna Connolly BOARD MEMBER	1 00	Х						0	0	0
Henry Connors Treasurer	1 30	Х						0	0	0
Woolsey Conover BOARD MEMBER	1 00	х						0	0	0
Alexandria Cox BoARD MEMBER	1 00	Х						0	0	0
JB Dowd BOARD MEMBER	1 30	Х						0	0	0
Faith easter Board Member	1 00	Х						0	0	0
Dwight Everett BOARD MEMBER	1 00	Х						0	0	0
Dan Romano BOARD MEMBER	1 30	х						0	0	0
Tracy Gee BOARD MEMBER	1 00	Х						0	0	0
GEORGE HULME BOARD MEMBER	1 00	Х						0	0	0

Part VII Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees (continued)

(A) Name and Title	(B) A verage hours	Posi t	((tion (hat a	che		I		(D) Reportable compensation	(E) Reportable compensation	(F) Estimated amount of other
	per week	Individual trustee or director	Institutional Trustee	Officei	Key employee	Highest compensated employee	Former	from the organization (W- 2/1099-MISC)	from related organizations (W- 2/1099- MISC)	compensation from the organization and related organizations
REV RICHARD HURST BOARD MEMBER	1 00	Х						0	0	0
Pamela McDonough BOARD MEMBER	1 00	Х						0	0	0
HeLEN LEMOINE BOARD MEMBER	1 00	Х						0	0	0
Steve Levine BOARD MEMBER	1 00	Х						О	0	0
MaryLiz MacNeil BOARD MEMBER	1 00	Х						0	0	0
Anne Madara BOARD MEMBER	1 00	Х						0	0	0
MARK MILLER BOARD MEMBER	1 00	Х						0	0	0
PETER NEWMAN BOARD MEMBER	1 00	х						0	0	0
Carolyn Pyburn BOARD MEMBER	1 00	х						0	0	0
PAUL REGAN BOARD MEMBER	1 00	X						0	0	0
Paula Martin BOARD MEMBER	1 00	X						0	0	0
MIKE SIABA BOARD MEMBER	1 00	X						0	0	0
WEBER TORRES BOARD MEMBER	1 00	X						0	0	0
Sharon Correia BOARD MEMBER	1 00	Х						0	0	0
Louise Donahue BOARD MEMBER	1 00	Х						0	0	0
Magalı Fernandez BOARD MEMBER	1 00	Х						0	0	0
Rick Holmes BOARD MEMBER	1 00	Х						0	0	0
Marisa Pizzi BOARD MEMBER	1 00	Х						0	0	0
Rachel Stewart BOARD MEMBER	1 00	Х						0	0	0
David Thompson BOARD MEMBER	1 00	Х						0	0	0
Theresa Ward BOARD MEMBER	1 00	Х						0	0	0
JEANNE MCALLISTER PRESIDENT/CEO	40 00			х				149,525	0	19,097
chris meyers director of finance	40 00			Х				80,145	0	15,145
1b Total							•	278,625	0	46,268

Total number of individuals (including but not limited to those listed above) who received more than \$100,000 in reportable compensation from the organization ►1

			Yes	No
3	Did the organization list any former officer, director or trustee, key employee, or highest compensated employee on line 1a? <i>If</i> "Yes," complete Schedule J for such individual	3		Νο
4	For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? If "Yes," complete Schedule J for such individual	4	Vas	
		4	Yes	
5	Did any person listed on line 1a receive or accrue compensation from any unrelated organization for services rendered to the organization? If "Yes," complete Schedule J for such person	5		Νo

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization

(A) Name and business address	(B) Description of services	(C) Compensation
Consigli Construction CoInc 72 Sumner Street Milford, MA 01757	Construction services	260,095
JCalnan & Associates Inc Presidents Place 1250 Hancock Stre Quincy, MA 02169	Construction services	256,797
ADI Contracting Inc 4 Orton Street Worcester, MA 01604	Construction services	102,829

2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 in compensation from the organization ►3

Part V		Statement o	or kevenue					
					(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512,513,or 514
##	1a	Federated camp	paigns 1a	41,448				
≅ ≘	ь	Membership du	es 1b					
ಕಾರಿ								
क्री हें	C		ents 1c					
≅_ਰੋ	d	Related organiz	ations 1d					
∞ં≣	e	Government grants	s (contributions) 1e	724,022				
등교	f	All other contribution	ons, gifts, grants, and 1f	249,333	i			
黄萝	-	sımılar amounts no	ot included above					
운동	g	Noncash contri	butions included in					
Contributions, gifts, grants and other similar amounts		lines 1a-1f\$_		_	4 044 000			
ठॅ व	h	Total. Add lines	3 1a-1f	• • • •	1,014,803			
nu n				Business Code				
È	2a	PROGRAM FEES AN	ND DUES	713,940	7,106,051	7,106,051		
9 9	ь			,	. ,			
Œ.								
ž	C							
<u>.</u>	d							
=	e							
Program Serwce Revenue	f	All other progra	ım service revenue					
٥								
Δ	g	Total. Add lines	s 2a – 2f		7,106,051			
	3	Investment inc	ome (ıncludıng dıvıden	ds, interest				
		and other simila	aramounts)	▶ [38,428			38,428
	4	Income from inves	tment of tax-exempt bond	proceeds 🕨				
	5	Royalties		▶ │				
			(ı) Real	(II) Personal				
	6a	Gross Rents		. ,				
	ь	Less rental						
	-	expenses						
	C	Rental income or (loss)						
	d		me or (loss)					
			(ı) Securities	(II) O ther				
	7a	Gross amount	384,746	, ,				
		from sales of assets other						
		than inventory						
	ь	Less cost or other basis and	394,292					
		sales expenses						
	С	Gain or (loss)	-9,546					
	d	Net gaın or (los	s)		-9,546			-9,546
	8a	Gross income fi						
π¢		events (not incl	luding					
Other Revenue		of contributions	reported on line 1c)					
<u>\$</u>		See Part IV, lin						
<u>.</u>			а					
<u>=</u>	ь	Less direct exp	penses b					
ŏ	С		loss) from fundraising	events 🕨				
	9a		rom gaming activities					
		See Part IV, lin						
			а					
	ь	Less direct exp	penses b					
	С	Net income or ((loss) from gamıng actı	vities				
	10a	Gross sales of						
		returns and allo						
			а					
	ь		oods sold b					
	С	Net income or (loss) from sales of inv	entory 🕨				
		Miscellaneous	s Revenue	Business Code				
	11a	OTHER INCOM	1E	900,099	184,080	184,080		
	ь							
	c							
		Λ II ο+hο=====						
	d	All other revenu						
	e	Total. Add lines	s 11a-11d		184,080			
	12	Total series :	See Instructions .	▶				
	12	rotal revenue.	See Instructions .		8,333,816	7,290,131	0	28,882

Part IX Statement of Functional Expenses

	Section 501(c)(3) and 501(c)(4) organizations ma			(D)	
	Il other organizations must complete column (A) but are not required to		(B)	(D).	(D)
	ot include amounts reported on lines 6b, b, 9b, and 10b of Part VIII.	(A) Total expenses	Program service expenses	Management and general expenses	Fundraising expenses
1	Grants and other assistance to governments and organizations in the U S $$ See Part IV , line 21 $$				
2	Grants and other assistance to individuals in the U.S. See Part IV, line 22	621,000	621,000		
3	Grants and other assistance to governments, organizations, and individuals outside the U.S. See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors, trustees, and key employees	335,143		292,653	42,490
6	Compensation not included above, to disqualified persons (as defined under section $4958(f)(1)$) and persons described in section $4958(c)(3)(B)$				
7	Other salaries and wages	3,588,747	3,310,850	221,457	56,440
8	Pension plan contributions (include section 401(k) and section 403(b) employer contributions)	154,680	135,258	19,422	
9	Other employee benefits	217,840	192,680	24,712	448
10	Payroll taxes	372,491	319,050	44,781	8,660
11	Fees for services (non-employees)				
а	Management				
ь	Legal	7,057		7,057	
С	Accounting	29,175		29,175	
d	Lobbying				
e	Professional fundraising See Part IV, line 17				
f	Investment management fees	5,684		5,684	
g	Other	278,003	274,326	247	3,430
12	Advertising and promotion	79,146	69,811	8,537	798
13	Office expenses	316,424	288,736	16,098	11,590
14	Information technology				
15	Royalties				
16	Occupancy	571,172	537,810	31,673	1,689
17	Travel	108,726	106,597	2,108	21
18	Payments of travel or entertainment expenses for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	59,653	33,630	26,023	
20	Interest	347,799	326,195	20,096	1,508
21	Payments to affiliates				
22	Depreciation, depletion, and amortization	328,942	301,194	26,608	1,140
23	Insurance	63,563	45,904	17,598	61
24	Other expenses Itemize expenses not covered above (Expenses grouped together and labeled miscellaneous may not exceed 5% of total expenses shown on line 25 below)				
а	equipment rental and ma	212,053	186,562	25,276	215
b	DUES	101,890	93,831	7,794	265
С	BANK CHARGES	89,382	79,733	8,099	1,550
d	BAD DEBT	31,261	31,261		
е	OTHER	15,179	6,706	5,759	2,714
f	All other expenses				
25	Total functional expenses. Add lines 1 through 24f	7,935,010	6,961,134	840,857	133,019
26	Joint costs. Check here ► ☐ If following SOP 98-2 Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation			-	,

Pa	rt X	Balance Sheet					
					(A) Beginning of year		(B) End of year
	1	Cash—non-interest-bearing			315,293	1	478,518
	2	Savings and temporary cash investments			1,545,095	2	1,731,231
	3	Pledges and grants receivable, net			451,185	3	314,020
	4	Accounts receivable, net			129,892	4	134,038
	5	Receivables from current and former officers, directors, trustees highest compensated employees. Complete Part II of	s, key	employees, and			
		Schedule L				5	
	6	Receivables from other disqualified persons (as defined under spersons described in section $4958(c)(3)(B)$ Complete Part II of		4958(f)(1)) and			
		Schedule L				6	
Assets	7	Notes and loans receivable, net				7	
8	8	Inventories for sale or use				8	
⋖	9	Prepaid expenses and deferred charges			44,482	9	71,760
	10a	Land, buildings, and equipment cost or other basis <i>Complete Part VI of Schedule D</i>	10a	12,588,131			
	ь	Less accumulated depreciation	10b	3,671,554	8,988,652	10c	8,916,577
	11	Investments—publicly traded securities			364,184	11	466,873
	12	Investments—other securities See Part IV, line 11				12	
	13	Investments—program-related See Part IV, line 11				13	
	14	Intangible assets				14	
	15	Other assets See Part IV, line 11	220,752	15	789,330		
	16	Total assets. Add lines 1 through 15 (must equal line 34)	12,059,535	16	12,902,347		
	17	Accounts payable and accrued expenses .	371,774	17	495,946		
	18	Grants payable		18			
	19	Deferred revenue	327,089	19	366,561		
	20	Tax-exempt bond liabilities			6,700,000	20	6,610,826
jes	21	Escrow or custodial account liability Complete Part IV of Schedul	eD.			21	
Liabilities	22	Payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified					
ä		persons Complete Part II of Schedule L				22	
	23	Secured mortgages and notes payable to unrelated third parties			6,738	23	262,800
	24	Unsecured notes and loans payable to unrelated third parties				24	
	25	Other liabilities Complete Part X of Schedule D			11,362	25	24,192
	26	Total liabilities. Add lines 17 through 25			7,416,963	26	7,760,325
Fund Balances		Organizations that follow SFAS 117, check here ► $\sqrt{}$ and comp through 29, and lines 33 and 34.	lete li	ines 27			
an(27	Unrestricted net assets			3,758,420	27	4,601,036
8 0	28	Temporarily restricted net assets			824,152	28	480,986
포	29	Permanently restricted net assets			60,000	29	60,000
Fur		Organizations that do not follow SFAS 117, check here ▶ ┌ an	d com	plete			
or		lines 30 through 34.					
Ş	30	Capital stock or trust principal, or current funds				30	
Assets	31	Paid-in or capital surplus, or land, building or equipment fund				31	
	32	Retained earnings, endowment, accumulated income, or other fu	nds			32	
Net	33	Total net assets or fund balances			4,642,572	33	5,142,022
	34	Total liabilities and net assets/fund balances			12,059,535	34	12,902,347

Part XI Financial Statements and Reporting

			Yes	No
1	Accounting method used to prepare the Form 990			
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?	2a		Νo
b	Were the organization's financial statements audited by an independent accountant?	2b	Yes	
c	If "Yes," to 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant? If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O	2c	Yes	
d	If "Yes" to line 2a or 2b, check a box below to indicate whether the financial statements for the year were issued on a consolidated basis, separate basis, or both			
	▼ Separate basis			
3а	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?	3a		No
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why in Schedule O and describe any steps taken to undergo such audits	3b		

Form **990** (2009)

OMB No 1545-0047

15 NO 1343-00

2009

Open to Public

Inspection

SCHEDULE A

(Form 990 or 990EZ)

Department of the Treasury Internal Revenue Service

Name of the organization METROWEST YMCA INC Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Public Charity Status and Public Support

Attach to Form 990 or Form 990-EZ. See separate instructions.

Employer identification number

04-2281530

Pai	τI	Reaso	n for Pub	olic Charity Stat	us (All org	anızatıons	must comp	lete this pa	rt.) See in	struction	 S		
he o	rganız	zation is	not a private	foundation because	ıtıs (Forlı	nes 1 throu	gh 11, check	only one box	()				
1	Γ	A churc	h, conventio	n of churches, or as:	sociation of	churches s	ection 170(b)	(1)(A)(i).					
2	Γ	A schoo	l described	ın section 170(b)(1)	(A)(ii). (Att	ach Schedu	ıle E)						
3	Γ			erative hospital serv				170(b)(1)(A)(iii).				
4	Γ	A medic		organization operate						L)(A)(iii).	Enter th	е	
5	Г	An orga	nızatıon ope	rated for the benefit	of a college	or universit	y owned or op	perated by a	governmenta	al unit des	cribed ii	า	
		section	170(b)(1)(A	\)(iv). (Complete Pa	rt II)								
6	Γ	A federa	al, state, or l	ocal government or	governmenta	al unit desci	rıbed ın sectic	on 170(b)(1)	(A)(v).				
7	Γ	describe	ed in	t normally receives a		part of its s	support from a	a governmen	tal unit or fro	om the ger	neral pul	olic	
8	\vdash			described in section		.)(vi) (Com	nplete Part II)					
9	Ţ			t normally receives					utions, meml	pership fee	es, and o	iros	s
_	•			ties related to its ex									_
		•		ss investment incom	•	-			` '				
				anızatıon after June 3						un,			
10	\vdash	•		anized and operated	•			•	•				
11	,	-	_	anized and operated	•	-	•			carry out	the pur	DOS	es of
	,	one or n	nore publicly	supported organization states the type of supported by Type II	tions describ	bed in secti zation and c	on 509(a)(1)	or section 5 11e throug	09(a)(2) Se	e section	•	3). (Check
e f g	1	other th section If the or check th Since A	an foundation 509(a)(2) Iganization r Inis box Ugust 17, 20	x, I certify that the o on managers and othe eceived a written de 006, has the organiz	er than one o	or more pub	licly supporte	ype I, Type	ons describe	d in section	on 509 (a	a)(1) or
			g persons? rson who dur	ectly or indirectly co	ntrols aitha	ralone orto	ngether with n	arsons dasc	rihed in (ii)		Ye	- T	No
				overning body of the	•			ersons dese	mbed iii (ii)	11	g(i)	-	
			, -	r of a person describ		-					g(ii)	\dashv	
		` '	•	ed entity of a person	` ,		hove?				y(iii)	\dashv	
h				g information about t						[,,,		
				9		· 3 - · · · - · · ·	(- /						
(i) Name of supported organization		of rted	ed EIN lines 1-9 abo		(iv) Is the organization in col (i) listed in your governing document?		(v) Did you no organiza: col (i) o suppo	otify the tion in f your	(vi Is t organiza col (i) or in the l	he ition in ganized		mo	rii) unt of port?
				(see instructions))	Yes	No	Yes	No	Yes	No			
								1	1				

ınstructions

P	Support Schedule (Complete only if yo					and 170(b)	(1)(A)(vi)
S	ection A. Public Support	a checked tile	DOX OII IIIC 3,	,, or o or rare.	÷·/		
	endar year (or fiscal year beginning	(a) 2005	(b) 2006	(c) 2007	(d) 2008	(e) 2009	(f) Total
	ın)	(a) 2005	(b) 2006	(6) 2007	(d) 2008	(e) 2009	(I) Total
1	Gifts, grants, contributions, and						
	membership fees received (Do not						
	include any "unusual						
_	grants ") Tax revenues levied for the						
2	organization's benefit and either						
	paid to or expended on its						
	behalf						
3	The value of services or facilities						
-	furnished by a governmental unit to						
	the organization without charge						
4	Total. Add lines 1 through 3						
5	The portion of total contributions by						
	each person (other than a						
	governmental unit or publicly						
	supported organization) included on						
	line 1 that exceeds 2% of the						
	amount shown on line 11, column						
_	(f) Dublic Support Subtract line F from						
6	Public Support. Subtract line 5 from line 4						
S	ection B. Total Support	1		-			
	endar year (or fiscal year beginning	(a) 2005	(b) 2006	(c) 2007	(d) 2008	(e) 2009	(f) Total
	ın)	(a) 2005	(b) 2000	(6) 2007	(d) 2008	(e) 2009	(1) Total
7	A mounts from line 4						
8	Gross income from interest,						
	dividends, payments received on						
	securities loans, rents, royalties						
	and income from similar						
9	sources Net income from unrelated						
9	business activities, whether or						
	not the business is regularly						
	carried on						
10	Other income (Explain in Part						
	IV) Do not include gain or loss						
	from the sale of capital assets						
11	Total support (Add lines 7						
4.5	through 10)	/5					
12	Gross receipts from related activities	,	•			12	
13	First Five Years If the Form 990 is f	or the organizati	on's first, second	, third, fourth, or	fifth tax year as a	501(c)(3) orga	inization, ▶□
	check this box and stop here						-1
S	ection C. Computation of Pub	lic Support P	ercentage				
14	Public Support Percentage for 2009			11 column (f))		14	
15	Public Support Percentage for 2008	Schedule A . Pa	rt II. line 14			15	
	33 1/3% support test—2009. If the	•	,	v on line 13 and	line 14 is 33 1/30		k this hox
	and stop here. The organization qua	-		·	IIIIC 14 13 33 1/3/	o or more, ence	▶ □
ь	33 1/3% support test—2008. If the				5a, and line 15 is	33 1/3% or moi	
	box and stop here. The organization				,		▶
17a	10%-facts-and-circumstances test-	-2009. If the org	anızatıon dıd not	check a box on lı	ne 13, 16a, or 16	b and line 14	
	ıs 10% or more, and ıf the organizat						
	in Part IV how the organization mee	ts the "facts and	l cırcumstances"	test The organiz	ration qualifies as	a publicly supp	
L	organization	_2009 Ifthe c==	onization did net	chack a bay as li	no 12 165 164	or 17a and line	▶□
D	10%-facts-and-circumstances test- 15 is 10% or more, and if the organ	_					
	Explain in Part IV how the organizat						clv
	supported organization						▶ ┌
10	Deiveta Farmdation Ifthe averages	on did not obselv	a hay an line 12	16- 16- 17-	17	hay and cas	•

▶□

Part III Support Schedule for Organizations Described in IRC 509(a)(2)

(Complete	only if you	checked the	box on line	9 of Part I.

	(Complete only if you	i checked the b	ox on line 9 of	Part I.)				
	ction A. Public Support ndar year (or fiscal year beginning	(-) 2005	4122006	(-) 2007	(1) 2000	(-) 20	<u> </u>	(6) Talal
	ın)	(a) 2005	(b) 2006	(c) 2007	(d) 2008	(e) 20	09	(f) Total
1	Gifts, grants, contributions, and membership fees received (Do not include any "unusual grants")	812,688	904,058	1,595,789	1,682,143	1,	014,803	6,009,481
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt	4,165,882	4,587,513	5,120,593	5,637,387	7,	106,051	26,617,426
3	purpose Gross receipts from activities that are not an unrelated trade or business under section 513							
4	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf							
5	The value of services or facilities furnished by a governmental unit to the organization without							
6	charge Total. Add lines 1 through 5	4,978,570	5,491,571	6,716,382	7,319,530	8,	120,854	32,626,907
	A mounts included on lines 1, 2, and 3 received from disqualified persons					·		0
b	A mounts included on lines 2 and 3 received from other than disqualified persons that exceed							0
	the greater of \$5,000 or 1% of the amount on line 13 for the year							
С	Add lines 7a and 7b							0
8	Public Support (Subtract line 7c from line 6)							32,626,907
Se	ction B. Total Support	1	l					
	ndar year (or fiscal year beginning	(a) 2005	(b) 2006	(c) 2007	(d) 2008	(e) 20	n a	(f) Total
•	(n)	4,978,570	5,491,571	6,716,382	7,319,530		120,854	32,626,907
9 10a	A mounts from line 6 Gross income from interest,	4,978,370	3,491,371	0,710,362	7,319,330	0,	120,034	32,020,307
104	dividends, payments received on securities loans, rents, royalties and income from similar sources	24,094	47,851	104,731	38,510		38,428	253,614
b	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975							
С	Add lines 10a and 10b	24,094	47,851	104,731	38,510		38,428	253,614
11	Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on							
12	Other income Do not include gain or loss from the sale of capital assets (Explain in Part IV)	69,267	83,864	63,331	64,774		184,080	465,316
13	Total support (Add lines 9, 10c,	5,071,931	5,623,286	6,884,444	7,422,814	8,	343,362	33,345,837
14	11 and 12) First Five Years If the Form 990 is f check this box and stop here	, ,						
Se	ction C. Computation of Publ	ic Support Pe	ercentage					
15	Public Support Percentage for 2009			13 column (f))		15		97 840 %
16	Public support percentage from 200	8 Schedule A, Pa	art III, line 15			16		98 050 %
	ction D. Computation of Inve				(5)			
17	Investment income percentage for 2	2009 (line 10c co	liimn (f) divided h	v line 13 column	(t))	17		0.760.0%

15	97 840	%
16	98 050	%

Investment income percentage for 2009 (line 10c column (f) divided by line 13 column (f)) 17

18 Investment income percentage from 2008 Schedule A, Part III, line 17

17	0 760 %	%
18	0 770 %	%

19a 33 1/3% support tests—2009. If the organization did not check the box on line 14, and line 15 is more than 33 1/3% and line 17 is not more than 33 1/3%, check this box and **stop here.** The organization qualifies as a publicly supported organization

33 1/3% support tests-2008. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3% and line 18 is not more than 33 1/3%, check this box and **stop here.** The organization qualifies as a publicly supported organization

Private Foundation If the organization did not check a box on line 14, 19a or 19b, check this box and see instructions

Part IV

Supplemental Information. Supplemental Information. Complete this part to provide the explanation required by Part II, line 10; Part II, line 17a or 17b; or Part III, line 12. Provide any other additional information. See instructions

Schedule A (Form 990 or 990-EZ) 2009

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DLN: 93493208008170

OMB No 1545-0047

(Form 990)

Department of the Treasury Internal Revenue Service

SCHEDULE D

Supplemental Financial Statements

► Complete if the organization answered "Yes," to Form 990, Part IV, line 6, 7, 8, 9, 10, 11, or 12. ► Attach to Form 990. ► See separate instructions.

Open to Public

	e of the organization DWEST YMCA INC		Emp	loyer identifica	ation numbe	r
Dari	I Organizations Maintaining Donor Ac	dvised Funds or Other Similar		2281530	Complet	o if the
Pari	organizations Maintaining Donor Ado organization answered "Yes" to Form 99		runus	or Accounts	. Complet	e ii uie
		(a) Donor advised funds	((b) Funds and (other accour	nts
Т	otal number at end of year					
A	ggregate contributions to (during year)					
4	ggregate grants from (during year)					
A	ggregate value at end of year					
	Old the organization inform all donors and donor adviunds are the organization's property, subject to the	-	onor adv	sed	☐ Yes	┌ No
ı	Old the organization inform all grantees, donors, and ised only for charitable purposes and not for the ben conferring impermissible private benefit				☐ Yes	┌ No
art	Conservation Easements. Complete	ıf the organizatıon answered "Yes"	to Forn	n 990, Part I'	V, line 7.	
]]]	Purpose(s) of conservation easements held by the oi Preservation of land for public use (e g , recreati Protection of natural habitat Preservation of open space Complete lines 2a-2d if the organization held a qualicatement on the last day of the tax year	on or pleasure) Preservation of a	a certifie	d historic struc	•	ā
•	easement on the last day of the tax year			Held at the	End of the	Vear
	otal number of conservation easements		2a	ricia at the	Lind of the	- Cui
	otal acreage restricted by conservation easements		2b			
	Number of conservation easements on a certified his		2c			
	Number of conservation easements included in (c) a		2d			
t	Number of conservation easements modified, transfe he taxable year • Number of states where property subject to conserva		·	ie organization	auring	
	Does the organization have a written policy regarding inforcement of the conservation easements it holds?		ndling of	violations, and	☐ Yes	┌ No
9	Staff and volunteer hours devoted to monitoring, insp	pecting and enforcing conservation ease	ments d	uring the year	-	
/	Amount of expenses incurred in monitoring, inspecti	ng, and enforcing conservation easemer	nts durin	g the year ► \$		
	Does each conservation easement reported on line 2 .70(h)(4)(B)(i) and 170(h)(4)(B)(ii)?	(d) above satisfy the requirements of se	ection		☐ Yes	┌ No
I	n Part XIV, describe how the organization reports co palance sheet, and include, if applicable, the text of t he organization's accounting for conservation easen	he footnote to the organization's financi				
ırt	Organizations Maintaining Collection Complete if the organization answered '		, or Ot	her Similar	Assets.	
	f the organization elected, as permitted under SFAS art, historical treasures, or other similar assets held provide, in Part XIV, the text of the footnote to its fin	for public exhibition, education or resea	rch in fu			,
١	f the organization elected, as permitted under SFAS nistorical treasures, or other similar assets held for porovide the following amounts relating to these items	public exhibition, education, or research				
(i) Revenues included in Form 990, Part VIII, line 1			► \$		
(ii) Assets included in Form 990, Part X					
]	f the organization received or held works of art, histoollowing amounts required to be reported under SFA		for finan			
,	Revenues included in Form 990, Part VIII, line 1			► \$		
	•					

b Assets included in Form 990, Part X

Till Organizations Maintaining Co	llections of Art	, HIS	toric	cal Tr	<u>easu</u>	ires, or C	<u>ithe</u>	<u>r Similar</u>	ASSE	ets (co	ntınued)
Using the organization's accession and othe items (check all that apply)	r records, check any	ofth	e foll	owing t	hat ar	e a signific	ant u	se of its co	llectio	n	
Public exhibition		d	Γ	Loan	orexc	hange prog	rams				
Scholarly research		e	Γ	Other							
Preservation for future generations											
Provide a description of the organization's co Part XIV	ollections and explai	n how	they	furthe	r the o	organizatior	ı's ex	empt purp	ose in		
. ,			,					ıılar	Г	Yes	┌ No
						n answere	d "Y	es" to For	m 990),	
<u> </u>											
included on Form 990, Part X?					tions	or other ass	ets r	not	Γ	Yes	Г No
If "Yes," explain the arrangement in Part XI\	/ and complete the 1	follow	ıng ta	ble		г					
									A mou	ınt	
						-	1c				
Additions during the year							1d				
Distributions during the year							1e				
Ending balance							1 f				
Did the organization include an amount on Fo	orm 990, Part X, line	21?							Γ	Yes	┌ No
	,										
rt V Endowment Funds. Complete											
	` '	(b)	Prior Y		<u> </u>	vo Years Back	(d)	Three Years E	Back (e)Four Ye	ears Back
	60,000			60,000							
							+				
							_				
·							_				
·											
•							+				
·	60,000			60,000			+				
,	· L	<u> </u>		<u> </u>							
		3									
, ,											
Permanent endowment F 100 000 76 %											
			L-4-	استامت			J 6	46.			
	ssion of the organiza	ition t	nata	re neia	and a	iaministere	а тог	tne		Yes	No
(i) unrelated organizations									3a(i)		Νο
(ii) related organizations									3a(ii)		Νo
If "Yes" to 3a(11), are the related organizatio	ns listed as required	on S	ched	ule R?					3b		
t VI Investments—Land, Buildings	s, and Equipme	nt. S	ee Fo	orm 99	90, P	art X, line	10.	ı			
Description of investment						· •				(d) Bo	ok value
Land						19	5,136				195,136
Buildings						11,74	2,383	3,2	59,486		3,482,897
Leasehold improvements											
Equipment						50	8,654	3	52,545		156,109
Other						14	1,958		59,523		82,435
	Using the organization's accession and other items (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's corporation assets to be sold to raise funds rather than the session of the organization solicition assets to be sold to raise funds rather than the session of the organization and included on Form 990, Part X? If "Yes," explain the arrangement in Part XIV Beginning balance Additions during the year Distributions during the year Ending balance Did the organization include an amount on Form "Yes," explain the arrangement in Part XIV TV Endowment Funds. Complete in the arrangement in Part XIV TV Endowment Funds. Complete in the arrangement in Part XIV Figure 1. Section 1.	Using the organization's accession and other records, check any items (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain part XIV During the year, did the organization solicit or receive donations assets to be sold to raise funds rather than to be maintained as it. IV Escrow and Custodial Arrangements. Complee Part IV, line 9, or reported an amount on Form 99 Is the organization an agent, trustee, custodian or other interme included on Form 990, Part X? If "Yes," explain the arrangement in Part XIV and complete the following balance Additions during the year Distributions during the year Ending balance Did the organization include an amount on Form 990, Part X, line If "Yes," explain the arrangement in Part XIV **IV** Endowment Funds. Complete If the organization and programs are considered by the following in the part of the par	Using the organization's accession and other records, check any of the items (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain how Part XIV During the year, did the organization solicit or receive donations of art assets to be sold to raise funds rather than to be maintained as part of the organization and Custodial Arrangements. Complete if Part IV, line 9, or reported an amount on Form 990, Part IV, line 9, or reported an amount on Form 990, Part II', line 9, part X? If "Yes," explain the arrangement in Part XIV and complete the follow Beginning balance Additions during the year Distributions during the year Ending balance Did the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV TeV Endowment Funds. Complete if the organization ans Good of the organization and Good of the organization and Good of the part of the organization and Good of the expenditures for facilities and programs Administrative expenses End of year balance Provide the estimated percentage of the year end balance held as Board designated or quasi-endowment Are there endowment funds not in the possession of the organization to organization by (i) unrelated organizations (ii) related organizations Permanent endowment funds not in the possession of the organization to organization by (ii) unrelated organizations Describe in Part XIV the intended uses of the organization's endowment organization by Investments—Land, Buildings, and Equipment. So Describe in Part XIV the intended uses of the organization's endowment to part XIV the intended uses of the organization's endowment to part XIV the intended uses of the organization's endowment to part XIV the intended uses of the organization's endowment to part XIV the intended uses of the organization's endowment to part XIV the intended uses of the organization's endowment to part XIV the intended uses of the o	Using the organization's accession and other records, check any of the folliters (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain how they Part XIV During the year, did the organization solicit or receive donations of art, hist assets to be sold to raise funds rather than to be maintained as part of the Part IV, line 9, or reported an amount on Form 990, Part X, is the organization an agent, trustee, custodian or other intermediary for conscious of a part IV, line 9, or reported an amount on Form 990, Part X, is the organization an agent, trustee, custodian or other intermediary for conscious diving the arrangement in Part XIV and complete the following ta designation during the year Beginning balance Additions during the year Ending balance Did the organization include an amount on Form 990, Part X, line 217 If "Yes," explain the arrangement in Part XIV Findowment Funds. Complete if the organization answere and the organization include an amount on Form 990, Part X, line 217 If "Yes," explain the arrangement in Part XIV Findowment Funds. Complete if the organization answere and balance Ocontributions Investment earnings or losses Grants or scholarships Other expenditures for facilities and programs Administrative expenses Cend of year balance Provide the estimated percentage of the year end balance held as Board designated or quasi-endowment Permanent endowment Mare there endowment funds not in the possession of the organization that a organization by (i) unrelated organizations If "Yes" to 3a(ii), are the related organizations listed as required on Sched Describe in Part XIV the intended uses of the organization's endowment funds based organization in the possession of the organization sendowment funds in the	Using the organization's accession and other records, check any of the following titems (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain how they furthe Part XIV During the year, did the organization solicit or receive donations of art, historical assets to be sold to raise funds rather than to be maintained as part of the organizative IV, line 9, or reported an amount on Form 990, Part X, line 2 Is the organization an agent, trustee, custodian or other intermediary for contribution duded on Form 990, Part X? If "Yes," explain the arrangement in Part XIV and complete the following table Beginning balance Additions during the year Distributions during the year Ending balance Did the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV **TV*** Endowment Funds. Complete if the organization answered "Yes Endowment Funds." Beginning of year balance 60,000 60,000 Contributions 60,000 60,000 Contributions 60,000 60,000 Contributions 60,000 60,000 Provide the estimated percentage of the year end balance held as Board designated or quasi-endowment Administrative expenses 60,000 60,000 Provide the estimated percentage of the year end balance held as Board designated or quasi-endowment Are there endowment funds not in the possession of the organization that are held organization by (i) unrelated organizations If "Yes" to 3a(ii), are the related organizations listed as required on Schedule R? Describe in Part XIV the intended uses of the organization's endowment funds Land 60,000 60,000 Description of investment Equipment 60,000 60,000 Buildings 60,000 60,000 Cappendia 60,000 60	Using the organization's accession and other records, check any of the following that aritems (check all that apply) Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain how they further the organization that are held and a organization of a part XIV During the year, did the organization solicit or receive donations of art, historical treast assets to be sold to raise funds rather than to be maintained as part of the organization Part IV, line 9, or reported an amount on Form 990, Part X, line 21. Is the organization an agent, trustee, custodian or other intermediary for contributions included on Form 990, Part X? If "Yes," explain the arrangement in Part XIV and complete the following table Beginning balance Additions during the year Distributions during the year Distributions during the year Ending balance Did the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV Findowment Funds. Complete if the organization answered "Yes" to describe a part of the organization answered "Yes" to describe a part of the organization and programs and prog	Using the organization's accession and other records, check any of the following that are a signification (check all that apply) Public exhibition Public exhibition Scholarly research Preservation for future generations Provide a description of the organization's collections and explain how they further the organization for receive donations of art, historical treasures or other assets to be sold to raise funds rather than to be maintained as part of the organization or other assets to be sold to raise funds rather than to be maintained as part of the organization answere Part IV, line 9, or reported an amount on Form 990, Part X, line 21. It we organization an agent, trustee, custodian or other intermediary for contributions or other asset included on Form 990, Part X? If "Yes," explain the arrangement in Part XIV and complete the following table Beginning balance Did the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV If "Yes," explain the arrangement in Part XIV Fordowment Funds. Complete if the organization answered "Yes" to Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV Fordowment Funds. Complete if the organization answered "Yes" to Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV Fordowment Funds. Complete if the organization answered "Yes" to Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV Fordowment Funds. Complete if the organization answered "Yes" to Form 990, Part X, line 21? If "Yes " to 36(n) of 0,000	Using the organization's accession and other records, check any of the following that are a significant upterms (check all that apply) Public exhibition Public exhibition Public exhibition Provide a description of thure generations Provide a description of the organization's collections and explain how they further the organization's exportance of the organization's collections and explain how they further the organization's exportance of the organization's collection and explain how they further the organization's exportance of the organization's exportance of the organization's collection? Part IV, During the year, did the organization solicit or receive donations of art, historical treasures or other sims assets to be sold to raise funds rather than to be maintained as part of the organization's collection? Part IV, line 9, or reported an amount on Form 990, Part X, line 21. If the organization an agent, trustee, custodian or other intermediary for contributions or other assets included on Form 990, Part X? If "Yes," explain the arrangement in Part XIV and complete the following table Beginning balance Beginning balance Id the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV PLY Endowment Funds. Complete if the organization answered "Yes" to Form 990, Part X, line 21? Beginning of year balance Go,000 Go,	Using the organization's accession and other records, check any of the following that are a significant use of its conterns (check all that apply) Public exhibition Scholarly research Preservation for future generations Contingent for the organization answered "yes" to Form 990, Part X, line 21. If "Yes," explain the arrangement in Part XIV and complete the following table Beginning balance Did the organization include an amount on Form 990, Part X, line 21? If "Yes," explain the arrangement in Part XIV Put Endowment Funds. Complete if the organization answered "Yes" to Form 990, Part IV, line Goloute of the organization include an amount on Form 990, Part X, line 21. If "Yes," explain the arrangement in Part XIV To the expenditures for facilities and programs Other expenditures for facilities and programs for the organization in the possession of the organization funds and interest for the organiz	Using the organization's accession and other records, check any of the following that are a significant use of its collection terms (check all that apply) Public skhibition	Supplies organization's accession and other records, check any of the following that are a significant use of its collection items (check all that apply) Public exhibition

8,916,577

Part VII Investments—Other Securities. See	Form 990, Part X, line 1		<u> </u>
(a) Description of security or category (including name of security)	(b) Book value	(c) Method of v Cost or end-of-year	
Financial derivatives			
Closely-held equity interests			
Other			
			_
Total. (Column (b) should equal Form 990, Part X, col (B) line 12)	•		
Part VIII Investments—Program Related. Se		13	
		(c) Method of v	valuation
(a) Description of investment type	(b) Book value	Cost or end-of-yea	
	•		
Part IX Other Assets. See Form 990, Part X, II			
(a) Descri	ption		(b) Book value
Construction in Progress			675,543
BOND FINANCING FEES			113,787
Total. (Column (b) should equal Form 990, Part X, col.(B) line			789,330
Part X Other Liabilities. See Form 990, Part X			
1 (a) Description of Liability	(b) A mount		
Federal Income Taxes			
CAPITAL LEASE OBLIGATIONS	24,192		
	1		
Total. (Column (b) should equal Form 990, Part X, col (B) line 25)	24,192		

-61	t XI Reconciliation of Change in Net Assets from Form 990 to Financial Statemen	nts	
1	Total revenue (Form 990, Part VIII, column (A), line 12)	1	8,333,816
2	Total expenses (Form 990, Part IX, column (A), line 25)	2	7,935,010
3	Excess or (deficit) for the year Subtract line 2 from line 1	3	398,806
4	Net unrealized gains (losses) on investments	4	100,644
5	Donated services and use of facilities	5	
6	Investment expenses	6	
7	Prior period adjustments	7	
8	Other (Describe in Part XIV)	8	
9	Total adjustments (net) Add lines 4 - 8	9	100,644
10		10	499,450
	Excess or (deficit) for the year per financial statements Combine lines 3 and 9 t XII Reconciliation of Revenue per Audited Financial Statements With Revenue p		· · · · · · · · · · · · · · · · · · ·
1	Total revenue, gains, and other support per audited financial Statements With Revenue p	1	7,807,776
2	A mounts included on line 1 but not on Form 990, Part VIII, line 12	-	7,007,770
ے a	Net unrealized gains on investments		
b	Donated services and use of facilities		
c	Recoveries of prior year grants		
d	Other (Describe in Part XIV) 2d		
e	Add lines 2a through 2d	2e	100,644
3	Subtract line 2e from line 1	3	7,707,132
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
a	Investment expenses not included on Form 990, Part VIII, line 7b . 4a		
b	Other (Describe in Part XIV) 4b 626,684		
c	Add lines 4a and 4b	4c	626,684
5	Total Revenue Add lines 3 and 4c. (This should equal Form 990, Part I, line 12)	5	8,333,816
	Reconciliation of Expenses per Audited Financial Statements With Expenses		
1	Total expenses and losses per audited financial statements	1	7,308,326
2	A mounts included on line 1 but not on Form 990, Part IX, line 25		
а	Donated services and use of facilities		
b	Prior year adjustments		
c	Other losses		
d	Other (Describe in Part XIV) 2d		
e	Add lines 2a through 2d	2e	o
3	Subtract line 2e from line 1	3	7,308,326
4	Amounts included on Form 990, Part IX, line 25, but not on line 1:		
а	Investment expenses not included on Form 990, Part VIII, line 7b 4a		
b	Other (Describe in Part XIV) 4b 626,684		
c	Add lines 4a and 4b	4c	626,684
5	Total expenses Add lines 3 and 4c. (This should equal Form 990, Part I, line 18)	5	7,935,010
Par	t XIV Supplemental Information		

additional information

Ident if ier	Return Reference	Explanation
		Schedule D, Page 4, Part XII and XIII, Line 4b - \$5,684 of Investment Fees and \$621,000 of grant expense are netted with investment income and program fees and dues, respectively
	1	per the audited financial statements

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Schedule I (Form 990)

Grants and Other Assistance to Organizations, Governments and Individuals in the United States

OMB No 1545-0047

DLN: 93493208008170

Department of the Treasury

Complete if the organization answered "Yes," to Form 990, Part IV, line 21 or 22. Attach to Form 990

Open to Public

Internal Revenue Service								Thispection
Name of the organization						Employe	r identificat	tion number
METROWEST YMCA INC						04-228	31530	
Part I General Infor	mation on Grai	nts and Assistance						
the selection criteria use	ed to award the grar	ubstantiate the amount of t nts or assistance?edures for monitoring the us			, ,	,		「Yes 「N
Form 990, Part	IV, line 21 for ar	to Governments and ny recipient that receive 990) if additional space	d more than \$5,000	. Check this box if no		ed more th	an \$5,000	0. Use
(a) Name and address of organization or government	(b) EIN	(c) IRC Code section if applicable	(d) A mount of cash grant	(e) A mount of non- cash assistance	(f) Method of valuation (book, FMV, appraisal, other)	/		(h) Purpose of grant or assistance

For Privacy Act and Paperwork Reduction Act Notice, see the Instructions for Form 990.

Part III Grants and Other Assistance to Individuals in the United States. Complete if the organization answered "Yes" to Form 990, Part IV, line 22. Use Schedule I-1 (Form 990) if additional space is needed.

(a)Type of grant or assistance	(b) Number of recipients	(c) A mount of cash grant	(d)A mount of non-cash assistance	(e)Method of valuation (book, FMV, appraisal, other)	(f)Description of non-cash assistance
ASSISTANCE TO INDIVIDUALS FOR MEMBERSHIP DUES, AND PROGRAM AND CHILDCARE FEES	1359		621,000	IFSIABIISHFI) FFF	MEMBERSHIP DUES, AND PROGRAM AND CHILDCARE FEES
See Addıtıonal Data Table					

Part IV	Supplemental Information. Complete	this part to provide the information required in Part I, line 2, and any other additional information.
Ident if ier	Return Reference	Explanation

efile GRAPHIC print - DO NOT PROCESS | As Filed Data -**Compensation Information**

DLN: 93493208008170

Employer identification number

OMB No 1545-0047

Schedule J (Form 990)

Department of the Treasury Internal Revenue Service

Name of the organization

For certain Officers, Directors, Trustees, Key Employees, and Highest **Compensated Employees**

► Complete if the organization answered "Yes" to Form 990, Part IV, question 23.

► Attach to Form 990. ► See separate instructions.

Open to Public Inspection

MET	ROWEST YMCA INC	' '			
		04-2281530			
Pa	rt I Questions Regarding Compensation	<u> </u>			
				Yes	Νo
1a		rided any of the following to or for a person listed in Form to provide any relevant information regarding these items			
	First-class or charter travel	Housing allowance or residence for personal use			
	Travel for companions	Payments for business use of personal residence			
	Tax idemnification and gross-up payments	Health or social club dues or initiation fees			
	Discretionary spending account	Personal services (e.g., maid, chauffeur, chef)			
) Discretionary spending account	, reisonal services (e.g., maid, chadhear, cher)			
b	If any of the boxes in line 1a are checked, did the org reimbursement orprovision of all the expenses descri	ganization follow a written policy regarding payment or ibed above? If "No," complete Part III to explain	1b		
2	Did the organization require substantiation prior to reofficers, directors, trustees, and the CEO/Executive		2		
3	Indicate which, if any, of the following the organizatio organization's CEO/Executive Director Check all the				
	Compensation committee	Written employment contract			
	Independent compensation consultant	Compensation survey or study			
	Form 990 of other organizations	A pproval by the board or compensation committee			
4	During the year, did any person listed in Form 990, P or a related organization	art VII, Section A, line 1a with respect to the filing organization			
а	Receive a severance payment or change-of-control p	payment?	4a		No
b	Participate in, or receive payment from, a supplemen	tal nonqualified retirement plan?	4b		Νo
c	Participate in, or receive payment from, an equity-ba	sed compensation arrangement?	4c		Νo
	If "Yes" to any of lines 4a-c, list the persons and pro	ovide the applicable amounts for each item in Part III			
	Only 501(c)(3) and 501(c)(4) organizations only mus	st complete lines 5-9.			
5	For persons listed in form 990, Part VII, Section A, I compensation contingent on the revenues of	ine 1a, did the organization pay or accrue any			
а	The organization?		5a		Νo
b	Any related organization?		5b		Νo
	If "Yes," to line 5a or 5b, describe in Part III				
6	For persons listed in form 990, Part VII, Section A, I compensation contingent on the net earnings of	ine 1a, did the organization pay or accrue any			
а	The organization?		6a		Νo
Ь	Any related organization?		6b		Νo
	If "Yes," to line 6a or 6b, describe in Part III				
7	For persons listed in Form 990, Part VII, Section A, payments not described in lines 5 and 6? If "Yes," de		7		No
8	Were any amounts reported in Form 990, Part VII, pa subject to the initial contract exception described in				
	ın Part III	· // / · · · · / · · · · · · · · ·	8		No
9	If "Yes" to line 8, did the organization also follow the section 53 4958-6(c)?	rebuttable presumption procedure described in Regulations	9		

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use Schedule J-1 if additional space needed.

For each individual whose compensation must be reported in Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions on row (ii) Do not list any individuals that are not listed on Form 990, Part VII

Note. The sum of columns (B)(1)-(111) must equal the applicable column (D) or column (E) amounts on Form 990, Part VII, line 1a

					ı			
(A) Name		(B) Breakdown of W-2 and/or 1099-MISC compensation			(C) Retirement and	(D) Nontaxable	(E) Total of columns	(F) Compensation
		(i) Base compensation	(i) Base (ii) Bonus & (iii) Other reportable compensation compensation		other deferred compensation	benefits	(B)(ı)-(D)	reported in prior Form 990 or Form 990-EZ
JEANNE MCALLISTER	(1)	149,525 0	0	0		19,097	168,622	0 0
	(11)		0	0	0	0	0	0

Part III Supplemental Information

Complete this part to provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 4c, 5a, 5b, 6a, 6b, 7, and 8 Also complete this part for any additional information

]	Ident if ier	Ret urn Ref erence	Explanation
]	Ident if ier	Reference	Explanation

Schedule J (Form 990) 2009

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Schedule K

For Privacy Act and Paperwork Reduction Act Notice, see the Instructions for Form 990.

(Form 990)

Department of the Treasury

Internal Revenue Service

Name of the organization

Supplemental Information on Tax Exempt Bonds

► Complete if the organization answered "Yes" to Form 990, Part IV, line 24a. Provide descriptions, explanations, and any additional information in Schedule O (Form 990).

► Attach to Form 990. ► See separate instructions.

OMB No 1545-0047

DLN: 93493208008170

2009

Open to Public Inspection

Schedule K (Form 990) 2009

Employer identification number

METROWEST YMCA INC 04-2281530 **Bond Issues** (h) O n (g) Defeased Behalf of (a) Issuer Name (b) Issuer EIN (c) CUSIP # (d) Date Issued (e) Issue Price (f) Description of Purpose Issuer Yes No Yes massachusetts development RENOVATION OF THE YMCA'S finance agency 04-3431814 08-01-2007 6.700.000 FRAMINGHAM FACILITY AND Х Х REPYMT OF A NOTE PAYABLE **Proceeds** Α В C D Ε Total proceeds of issue Gross proceeds in reserve funds 2 Proceeds in refunding or defeasance escrows 3 Other unspent proceeds Issuance costs from proceeds Working capital expenditures from proceeds Capital expenditures from proceeds Year of substantial completion Yes No Yes No Yes Yes No Yes No Were the bonds issued as part of a current refunding issue? Х 9 Were the bonds issued as part of an advance refunding issue? Χ 10 Has the final allocation of proceeds been made? Х 11 Does the organization maintain adequate books and records to support the 12 Х final allocation of proceeds? Part III **Private Business Use** В С Ε Α D Yes No Yes No No Yes No No Yes Yes Was the organization a partner in a partnership, or a member of an LLC, 1 Х which owned property financed by tax-exempt bonds? Are there any lease arrangements with respect to the financed property Х which may result in private business use?

Cat No 50193E

Schedule K (Form	990)2009	
Part III Priv	ate Business Use	(Continued)

Par	Private Business Use (Continuea)								
			Α	В		C		D	E
a -	Are there any management or service contracts with respect to the	Yes	No	Yes	No	Yes	No	Yes No	Yes No
3a	financed property which may result in private business use?		X						
3b	Are there any research agreements with respect to the financed property which may result in private business use?		×						
3с	Does the organization routinely engage bond counsel or other outside counsel to review any management or service contracts or research agreements relating to the financed property?		X						
4	Enter the percentage of financed property used in a private business use by entities other than a section 501(c)(3) organization or a state or local government								
5	Enter the percentage of financed property used in a private business use as a result of unrelated trade or business activity carried on by your organization, another section 501(c)(3) organization, or a state or local government								
6	Total of lines 4 and 5								
7	Has the organization adopted management practices and procedures to ensure the post-issuance compliance of its tax-exempt bond liabilities?		×						
Par	TIV Arbitrage								
		A		В		С		D	E
	Yes	No	Yes	No	Yes	No	Y	es No	Yes No
1	Has a Form 8038-T, Arbitrage Rebate, Yield Reduction and Penalty in Lieu of Arbitrage Rebate, been filed with respect to								
	the bond issue?	X							
2	Is the bond issue a variable rate issue?	Х							
3a	Has the organization or the governmental issuer identified a								
	hedge with respect to the bond issue on its books and records?	X							
		^							
b	Name of provider								
С	Term of hedge								
4a	Were gross proceeds invested in a GIC?	X							
b	Name of provider								
c	Term of GIC								
d	Was the regulatory safe harbor for establishing the fair market								
	value of the GIC satisfied?	X							
5	Were any gross proceeds invested beyond an available								
	temporary period?	Х							
6	Did the bond issue qualify for an exception to rebate?								
	2.2 mg 20.6 ibbad quam, for an exception to repute	X							

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DLN: 93493208008170

OMB No 1545-0047

Open to Public

Schedule L

(Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service

► Complete if the organization answered "Yes" on Form 990, Part IV, lines 25a, 25b, 26, 27, 28a, 28b, or 28c, or Form 990-EZ, Part V lines 38a or 40b.

Transactions with Interested Persons

► Attach to Form 990 or Form 990-EZ. ► See separate instructions.

Inspection

	the organization EST YMCA INC					Employer identificat	ion number
Part I	Excess Benefit Tran Complete if the organizati						20 40h
1	(a) Name of disqu		on i oim 990, i		ption of trar		(c) Correcte Yes No
sect	er the amount of tax impose tion 4958 er the amount of tax, if any,					e year under ••• \$ ••• \$	
Part II	Loans to and/or F Complete if the organize). Part IV. line 26. c	or Form 990	-EZ. Part V. line 38a	1
(a) Name	e of interested person and	(b) Loan to or from the	(c)O riginal		(e) In default?	(f) Approved by board or committee?	(g)Written agreement?
		To From			res No	Yes No	Yes No
Total . Part III	Grants or Assistan Complete If the orga				l.ma 27		
(2	a) Name of interested perso	(h)Ral:	ationship betw	een interested perso	n n	mount of grant or ty	pe of assistance
Part IV	Business Transacti Complete if the orgai				lıne 28a, 2	28b, or 28c.	
(a)	Name of interested person	(b) Rela	tionship nterested and the	(c) A mount of transaction		cription of transaction	(e) Sharing organization revenues? Yes No
GEORGE	HULME	board memb		63,546	ORGANI FUNCTIO INSURAI	IPAL AT AN ZATION THAT DNS AS AN NCE BROKER FOR T INSURANCE S	No
scott rich	ardson	former board	l member	42,563		partner at an Ion that provided	No

YMCA

architectural services to the

OMB No 1545-0047

SCHEDULE 0

(Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Information to Form 990

Complete to provide information for responses to specific questions on Form 990 or to provide any additional information. ► Attach to Form 990.

Open to Public Inspection

Name of the organization METROWEST YMCA INC

Employer identification number

04-2281530

ldentifier	Return Reference	Explanation
Form 990, Part VI, Section A, line 2		TWO OF THE YMCA'S BOARD MEMBERS ARE RELATED AS FATHER AND DAUGHTER
Form 990, Part VI, Section B, line 11		The audit committee, finance committee, and board of directors are provided with and review the audited financials. The 990 is reviewed by the treasurer and is available to all board members who would like a copy
Form 990, Part VI, Section B, line 12c		All Board Members and Senior Staff complete and sign a Conflict of Interest Disclosure Questionnaire Each Questionnaire is reviewed by the CEO who makes the Board Chair aware of any potential areas of conflict Board Members (and Senior Leadership who have a vote) must recuse themselves from any vote and refrain from any attempt to influence a vote in any situation where a conflict or potential conflict exists
Form 990, Part VI, Section B, line 15a		The CEO's salary range, as well as that of all exempt staff, is determined by utilizing a number of criteria - The HAY Plan method, which is a system that assigns point values in key areas of responsibility, know-how and authority is utilized to determine a total point value for the specific position. A dollar value is then used as a multiplier for the points to determine a salary range (minimum/md-point/maximum). This dollar value is consistent for all exempt positions. Annually, salary ranges are reviewed to determine adjustments, if any, to the point dollar value. The Human Resource Committee of the Board of the MetroWest YMCA (which is comprised primarily of Human Resource professionals) annually reviews, votes upon and recommends to the Board of Directors any increases in point dollar values for exempt positions as a whole and the % range allowed for salary increases, which are based on performance. These point values and % ranges for salary increases are the same values for the CEO as they are for the other exempt staff positions. In determining the appropriate salary ranges, pointing and salary increases, the Human Resource Committee uses as a guide, the recommendations of the YMCA of the USA Human Resource and Talent Management Task Force, a committee of the National YMCA Board which is made up of YMCA leaders, volunteers and Human Resource Officers, assisted by external consultants, RSM McGladrey, inc. This Task Force identifies methods and recommendations for volunteers and staff to use in developing and maintaining effective Salary Administration Programs in their respective YMCA Associations. The Task Force annually reviews current salary administration trends in YMCAs and other organizations throughout the country in both for-profit and non-profit sectors. Those trends are applied to then establish recommended guidelines for YMCA's to use for salary range values and raise percentages. The MetroWest YMCA uses this as a key tool in determining the CEO salary in crease each year is based on the result
Form 990, Part VI, Section C, line 19		In addition to our 990 being available on GuideStar, if a member of the general public requests to view or receive a copy of any of our governing documents, Form 990, audit, Conflict of Interest Policy or Financial Statements, the request would be directed to the Board Clerk who would provide a copy of the requested document within 24 hours or less
Form 990, Part XI, Line 2c		The audit committee of the YMCA assumes responsibility for oversight of the audit of its financial statements and the selection of its independent accountant

Additional Data

Software ID:

Software Version:

EIN: 04-2281530

Name: METROWEST YMCA INC

Form 990, Part IX - Statement of Functional Expenses - 24a - 24e Other Expenses

Do not include amounts reported on line 6b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
equipment rental and ma	212,053	186,562	25,276	215
DUES	101,890	93,831	7,794	265
BANK CHARGES	89,382	79,733	8,099	1,550
BAD DEBT	31,261	31,261		
OTHER	15,179	6,706	5,759	2,714