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Form 990

## Return of Organization Exempt From Income Tax

OMB No. 1545-0047

2006

Open to Public Inspection

Department of the Treasury  
Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

The organization may have to use a copy of this return to satisfy state reporting requirements

A For the 2006 calendar year, or tax year beginning 10/01, 2006, and ending 09/30/2007

B Check if applicable

☐ Address change

☐ Name change

☐ Initial return

☐ Final return

☒ Amended return

☐ Application pending

Please use IRS label or print or type. See Specific Instructions

C Name of organization

SCRIPPS HEALTH

Number and street (or P.O. box if mail is not delivered to street address)

4275 CAMPUS POINT COURT

City or town, state or country, and ZIP + 4

SAN DIEGO, CA 92121

D Employer identification number

95-1684089

E Telephone number

(858) 678-7000

F Accounting method ☐ Cash ☒ Accrual

Other (specify) \_\_\_\_\_

Section 501(c)(3) organizations and 4947(a)(1) nonexempt charitable trusts must attach a completed Schedule A (Form 990 or 990-EZ).

H and I are not applicable to section 527 organizations

H(a) Is this a group return for affiliates? ☐ Yes ☒ NoH(b) If "Yes," enter number of affiliates ☐H(c) Are all affiliates included? ☐ Yes ☒ No

(If "No," attach a list. See instructions.)

H(d) Is this a separate return filed by an organization covered by a group ruling? ☐ Yes ☒ NoI Group Exemption Number ☐M Check ☐ if the organization is not required to attach Sch. B (Form 990, 990-EZ, or 990-PF)

G Website WWW.SCRIPPSHEALTH.ORG

J Organization type (check only one) ☒ 501(c)(3) (insert no) 4947(a)(1) or 527K Check here ☐ if the organization is not a 509(a)(3) supporting organization and its gross receipts are normally not more than \$25,000. A return is not required, but if the organization chooses to file a return, be sure to file a complete return.

L Gross receipts. Add lines 6b, 8b, 9b, and 10b to line 12 2,199,174,644.

## Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (See the instructions)

|     |                                                                                                                    |                |              |                |             |
|-----|--------------------------------------------------------------------------------------------------------------------|----------------|--------------|----------------|-------------|
| 1   | Contributions, gifts, grants, and similar amounts received                                                         |                |              |                |             |
| a   | Contributions to donor advised funds                                                                               | 1a             |              |                |             |
| b   | Direct public support (not included on line 1a)                                                                    | 1b             | 71,078,866.  |                |             |
| c   | Indirect public support (not included on line 1a)                                                                  | 1c             | 1,816,205.   |                |             |
| d   | Government contributions (grants) (not included on line 1a)                                                        | 1d             |              |                |             |
| e   | Total (add lines 1a through 1d) (cash \$ 59,745,490. noncash \$ 13,149,581.)                                       | 1e             |              | 72,895,071.    |             |
| 2   | Program service revenue including government fees and contracts (from Part VII, line 93)                           | 2              |              | 1,675,724,300. |             |
| 3   | Membership dues and assessments                                                                                    | 3              |              |                |             |
| 4   | Interest on savings and investments                                                                                | 4              |              | 210,924.       |             |
| 5   | Dividends and interest from securities                                                                             | 5              |              | 25,721,023.    |             |
| 6a  | Gross rents                                                                                                        | 6a             | 1,192,854.   |                |             |
| b   | Less rental expenses                                                                                               | 6b             | 686,974.     |                |             |
| c   | Net rental income or (loss). Subtract line 6b from line 6a                                                         | 6c             |              | 505,880.       |             |
| 7   | Other investment income                                                                                            | 7              |              | 2,776,688.     |             |
| 8a  | Gross amount from sales of assets other than inventory                                                             | (A) Securities | 399,815,084. | 8a             | 2,285,000.  |
| b   | Less cost or other basis and sales expenses                                                                        | 354,246,970.   | 8b           | 1,506,139.     |             |
| c   | Gain or (loss) (attach schedule)                                                                                   | 45,568,114.    | 8c           | 778,861.       |             |
| d   | Net gain or (loss). Combine line 8c, columns (A) and (B)                                                           |                |              | 8d             | 46,346,975. |
| 9   | Special events and activities (attach schedule). If any amount is from gaming, check here <input type="checkbox"/> |                |              |                |             |
| a   | Gross revenue (not including \$ 1,671,799. of STMT 9 contributions reported on line 1b)                            | 9a             | 144,340.     |                |             |
| b   | Less direct expenses other than fundraising expenses                                                               | 9b             | 668,389.     |                |             |
| c   | Net income or (loss) from special events. Subtract line 9b from line 9a                                            | 9c             |              | -524,049.      |             |
| 10a | Gross sales of inventory, less returns and allowances                                                              | 10a            |              |                |             |
| b   | Less cost of goods sold                                                                                            | 10b            |              |                |             |
| c   | Gross profit or (loss) from sales of inventory (attach schedule). Subtract line 10b from line 10a                  | 10c            |              |                |             |
| 11  | Other revenue (from Part VII, line 103)                                                                            | 11             |              | 18,409,360.    |             |
| 12  | Total revenue. Add lines 1e, 2, 3, 4, 5, 6c, 7, 8d, 9c, 10c, and 11                                                | 12             |              | 1,842,066,172. |             |
| 13  | Program services (from line 44, column (B))                                                                        | 13             |              | 1,459,383,840. |             |
| 14  | Management and general (from line 44, column (C))                                                                  | 14             |              | 141,451,698.   |             |
| 15  | Fundraising (from line 44, column (D))                                                                             | 15             |              | 9,608,905.     |             |
| 16  | Payments to affiliates (attach schedule)                                                                           | 16             |              |                |             |
| 17  | Total expenses. Add lines 16 and 44, column (A)                                                                    | 17             |              | 1,610,444,443. |             |
| 18  | Excess or (deficit) for the year. Subtract line 17 from line 12                                                    | 18             |              | 231,621,729.   |             |
| 19  | Net assets or fund balances at beginning of year (from line 73, column (A))                                        | 19             |              | 966,034,473.   |             |
| 20  | Other changes in net assets or fund balances (attach explanation)                                                  | 20             |              | 3,264,415.     |             |
| 21  | Net assets or fund balances at end of year. Combine lines 18, 19, and 20                                           | 21             |              | 1,200,920,617. |             |

For Privacy Act and Paperwork Reduction Act Notice, see the separate instructions.

Form 990 (2006)

3 917

**Part II Statement of Functional Expenses** All organizations must complete column (A). Columns (B), (C), and (D) are required for section 501(c)(3) and (4) organizations and section 4947(a)(1) nonexempt charitable trusts but optional for others. (See the instructions.)

| Do not include amounts reported on line 6b, 8b, 9b, 10b, or 16 of Part I                                                                                                                          | (A) Total      | (B) Program services | (C) Management and general | (D) Fundraising |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----------------------|----------------------------|-----------------|
| <b>22a</b> Grants paid from donor advised funds (attach schedule)                                                                                                                                 |                |                      |                            |                 |
| (cash \$ _____ noncash \$ _____)<br>If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                   |                |                      |                            |                 |
| <b>22b</b> Other grants and allocations (attach schedule)                                                                                                                                         |                |                      |                            |                 |
| (cash \$ _____ noncash \$ _____)<br>If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                   |                |                      |                            |                 |
| <b>23</b> Specific assistance to individuals (attach schedule)                                                                                                                                    |                |                      |                            |                 |
| <b>24</b> Benefits paid to or for members (attach schedule)                                                                                                                                       |                |                      |                            |                 |
| <b>25a</b> Compensation of current officers, directors, key employees, etc. listed in Part V-A (attach schedule)                                                                                  | 3,340,980.     |                      | 3,340,980.                 |                 |
| <b>b</b> Compensation of former officers, directors, key employees, etc. listed in Part V-B (attach schedule)                                                                                     | 1,148,850.     |                      | 1,148,850.                 |                 |
| <b>c</b> Compensation and other distributions, not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B) (attach schedule) |                |                      |                            |                 |
| <b>26</b> Salaries and wages of employees not included on lines 25a, b, and c                                                                                                                     | 586,710,150.   | 519,249,833.         | 62,944,685.                | 4,515,632.      |
| <b>27</b> Pension plan contributions not included on lines 25a, b, and c                                                                                                                          | 20,557,961.    | 16,924,575.          | 3,553,889.                 | 79,497.         |
| <b>28</b> Employee benefits not included on lines 25a - 27                                                                                                                                        | 81,737,970.    | 70,781,232.          | 10,513,763.                | 442,975.        |
| <b>29</b> Payroll taxes                                                                                                                                                                           | 42,545,848.    | 38,282,855.          | 3,981,817.                 | 281,176.        |
| <b>30</b> Professional fundraising fees                                                                                                                                                           |                |                      |                            |                 |
| <b>31</b> Accounting fees                                                                                                                                                                         | 680,178.       | 26,966.              | 653,212.                   |                 |
| <b>32</b> Legal fees                                                                                                                                                                              | 3,691,374.     | 2,329,910.           | 1,350,513.                 | 10,951.         |
| <b>33</b> Supplies                                                                                                                                                                                | 17,098,336.    | 14,082,943.          | 2,864,259.                 | 151,134.        |
| <b>34</b> Telephone                                                                                                                                                                               | 3,583,395.     | 2,510,499.           | 1,071,228.                 | 1,668.          |
| <b>35</b> Postage and shipping                                                                                                                                                                    | 1,573,094.     | 243,805.             | 1,189,410.                 | 139,879.        |
| <b>36</b> Occupancy                                                                                                                                                                               | 42,145,110.    | 38,199,174.          | 3,845,171.                 | 100,765.        |
| <b>37</b> Equipment rental and maintenance                                                                                                                                                        | 26,382,248.    | 15,594,894.          | 10,745,532.                | 41,822.         |
| <b>38</b> Printing and publications                                                                                                                                                               | 4,729,074.     | 2,976,886.           | 1,075,815.                 | 676,373.        |
| <b>39</b> Travel                                                                                                                                                                                  |                |                      |                            |                 |
| <b>40</b> Conferences, conventions, and meetings                                                                                                                                                  |                |                      |                            |                 |
| <b>41</b> Interest                                                                                                                                                                                | 11,883,730.    | 8,894,470.           | 2,989,260.                 |                 |
| <b>42</b> Depreciation, depletion, etc. (attach schedule)                                                                                                                                         | 66,818,509.    | 63,296,828.          | 3,521,681.                 |                 |
| <b>43</b> Other expenses not covered above (itemize)                                                                                                                                              |                |                      |                            |                 |
| <b>a</b> STMT 13                                                                                                                                                                                  | 695,817,636.   | 665,988,970.         | 26,661,633.                | 3,167,033.      |
| <b>b</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>c</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>d</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>e</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>f</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>g</b>                                                                                                                                                                                          |                |                      |                            |                 |
| <b>44</b> Total functional expenses. Add lines 22a through 43g. (Organizations completing columns (B)-(D), carry these totals to lines 13-15).                                                    | 1,610,444,443. | 1,459,383,840.       | 141,451,698.               | 9,608,905.      |

Joint Costs. Check ☐ if you are following SOP 98-2.

Are any joint costs from a combined educational campaign and fundraising solicitation reported in (B) Program services? ☐ Yes ☒ No

If "Yes," enter (i) the aggregate amount of these joint costs \$ \_\_\_\_\_, (ii) the amount allocated to Program services \$ \_\_\_\_\_,

(iii) the amount allocated to Management and general \$ \_\_\_\_\_, and (iv) the amount allocated to Fundraising \$ \_\_\_\_\_

**Part III** Statement of Program Service Accomplishments (See the instructions.)

Form 990 is available for public inspection and, for some people, serves as the primary or sole source of information about a particular organization. How the public perceives an organization in such cases may be determined by the information presented on its return. Therefore, please make sure the return is complete and accurate and fully describes, in Part III, the organization's programs and accomplishments.

| What is the organization's primary exempt purpose? <b>SEE STATEMENT 15</b><br>All organizations must describe their exempt purpose achievements in a clear and concise manner. State the number of clients served, publications issued, etc. Discuss achievements that are not measurable (Section 501(c)(3) and (4) organizations and 4947(a)(1) nonexempt charitable trusts must also enter the amount of grants and allocations to others.) | Program Service Expenses<br>(Required for 501(c)(3) and (4) orgs., and 4947(a)(1) trusts, but optional for others.) |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>a</b> <u>IN FY 2007, SCRIPPS HEALTH ACCOMPLISHED THE FOLLOWING, WHICH REFLECTS THE ORGANIZATION'S EXEMPT PURPOSE:</u><br><u>1. PROVISION OF \$236,915,167 IN CHARITY CARE / UN-REIMBURSED CARE. *</u><br><br>(Grants and allocations \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                                                  |                                                                                                                     |
| <b>b</b> <u>2. TRAINING AND SUPPORT OF GRADUATE MEDICAL EDUCATION WITH \$9,126,526 IN MONETARY CONTRIBUTIONS.</u><br><br>(Grants and allocations \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                                                                                                                                         |                                                                                                                     |
| <b>c</b> <u>3. CONTRIBUTIONS TO RESEARCH IN THE FORM OF CLINICAL RESEARCH AND OUTCOME MEASUREMENT OF MODELS OF SERVICE DELIVERY TO UNDERSERVED AND VULNERABLE POPULATIONS.</u><br><br>(Grants and allocations \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                                                                            |                                                                                                                     |
| <b>d</b> <u>4. WELLNESS, HEALTH EDUCATION AND SUPPORT GROUP SERVICES TO HUNDREDS OF THOUSANDS OF INDIVIDUALS TOTALING \$3,270,281.</u><br><br><u>* THE AMOUNT IS VALUED AT COST. PLEASE SEE ATTACHED COMMUNITY BENEFIT REPORT OR OUR WEBSITE WWW.SCRIPPSHEALTH.ORG</u><br>(Grants and allocations \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                                                        | 1,459,383,840.                                                                                                      |
| <b>e</b> Other program services (attach schedule)<br>(Grants and allocations \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                                                                                                                                                                                                                                                                             |                                                                                                                     |
| <b>f</b> Total of Program Service Expenses (should equal line 44, column (B), Program services) . . . . .                                                                                                                                                                                                                                                                                                                                      | 1,459,383,840.                                                                                                      |

Form 990 (2006)



**Part IV Balance Sheets** (See the instructions)**Note:** Where required, attached schedules and amounts within the description column should be for end-of-year amounts only

|                                                                                                    |                                                                                                                                                          | (A)<br>Beginning of year |                  | (B)<br>End of year |
|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------|--------------------|
| <b>Assets</b>                                                                                      | 45 Cash - non-interest-bearing                                                                                                                           |                          | 45               |                    |
|                                                                                                    | 46 Savings and temporary cash investments                                                                                                                | 167,028,610.             | 46               | 98,992,277.        |
|                                                                                                    | 47a Accounts receivable                                                                                                                                  | 47a 876,706,440.         |                  |                    |
|                                                                                                    | b Less allowance for doubtful accounts                                                                                                                   | 47b 611,011,626.         | 224,065,371.     | 47c 265,694,814.   |
|                                                                                                    | 48a Pledges receivable                                                                                                                                   | 48a 56,463,752.          |                  |                    |
|                                                                                                    | b Less allowance for doubtful accounts                                                                                                                   | 48b 8,406,065.           | 18,807,953.      | 48c 48,057,687.    |
|                                                                                                    | 49 Grants receivable                                                                                                                                     |                          | 49               |                    |
|                                                                                                    | 50a Receivables from current and former officers, directors, trustees, and key employees (attach schedule).                                              |                          | 50a              |                    |
|                                                                                                    | b Receivables from other disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B) (attach schedule)     |                          | 50b              |                    |
|                                                                                                    | 51a Other notes and loans receivable (attach schedule)                                                                                                   | 51a                      |                  |                    |
|                                                                                                    | b Less allowance for doubtful accounts                                                                                                                   | 51b                      | 51c              |                    |
|                                                                                                    | 52 Inventories for sale or use                                                                                                                           | 16,759,786.              | 52               | 18,411,243.        |
|                                                                                                    | 53 Prepaid expenses and deferred charges                                                                                                                 | 7,585,781.               | 53               | 8,085,230.         |
|                                                                                                    | 54a Investments - publicly-traded securities STMT 16 <input type="checkbox"/> Cost <input checked="" type="checkbox"/> FMV                               | 614,455,123.             | 54a              | 803,274,294.       |
|                                                                                                    | b Investments - other securities (attach schedule) <input type="checkbox"/> Cost <input checked="" type="checkbox"/> FMV                                 | 17,949,135.              | 54b              | 18,476,281.        |
|                                                                                                    | 55a Investments - land, buildings, and equipment: basis STMT 17                                                                                          | 55a 10,050,000.          |                  |                    |
|                                                                                                    | b Less accumulated depreciation (attach schedule)                                                                                                        | 55b                      | 335,000.         | 55c 10,050,000.    |
|                                                                                                    | 56 Investments - other (attach schedule)                                                                                                                 |                          | 56               |                    |
| 57a Land, buildings, and equipment basis                                                           | 57a 1,269,799,018.                                                                                                                                       |                          |                  |                    |
| b Less accumulated depreciation (attach schedule)                                                  | 57b 670,263,567.                                                                                                                                         | 543,292,484.             | 57c 599,535,451. |                    |
| 58 Other assets, including program-related investments (describe <input type="checkbox"/> STMT 18) | 111,357,343.                                                                                                                                             | 58                       | 112,184,996.     |                    |
| 59 Total assets (must equal line 74). Add lines 45 through 58                                      | 1,721,636,586.                                                                                                                                           | 59                       | 1,982,762,273.   |                    |
| <b>Liabilities</b>                                                                                 | 60 Accounts payable and accrued expenses                                                                                                                 | 197,074,864.             | 60               | 233,298,569.       |
|                                                                                                    | 61 Grants payable                                                                                                                                        |                          | 61               |                    |
|                                                                                                    | 62 Deferred revenue                                                                                                                                      | 28,281,283.              | 62               | 26,429,642.        |
|                                                                                                    | 63 Loans from officers, directors, trustees, and key employees (attach schedule)                                                                         |                          | 63               |                    |
|                                                                                                    | 64a Tax-exempt bond liabilities (attach schedule) STMT. 19                                                                                               | 446,350,000.             | 64a              | 437,015,000.       |
|                                                                                                    | b Mortgages and other notes payable (attach schedule) STMT. 20                                                                                           | 9,406,197.               | 64b              | 7,275,070.         |
|                                                                                                    | 65 Other liabilities (describe <input type="checkbox"/> STMT 22)                                                                                         | 74,489,769.              | 65               | 77,823,375.        |
| 66 Total liabilities. Add lines 60 through 65                                                      | 755,602,113.                                                                                                                                             | 66                       | 781,841,656.     |                    |
| <b>Net Assets or Fund Balances</b>                                                                 | Organizations that follow SFAS 117, check here <input checked="" type="checkbox"/> and complete lines 67 through 69 and lines 73 and 74                  |                          |                  |                    |
|                                                                                                    | 67 Unrestricted                                                                                                                                          | 798,989,646.             | 67               | 988,274,862.       |
|                                                                                                    | 68 Temporarily restricted                                                                                                                                | 106,616,250.             | 68               | 144,639,080.       |
|                                                                                                    | 69 Permanently restricted                                                                                                                                | 60,428,577.              | 69               | 68,006,675.        |
|                                                                                                    | Organizations that do not follow SFAS 117, check here <input type="checkbox"/> and complete lines 70 through 74.                                         |                          |                  |                    |
|                                                                                                    | 70 Capital stock, trust principal, or current funds                                                                                                      |                          | 70               |                    |
|                                                                                                    | 71 Paid-in or capital surplus, or land, building, and equipment fund                                                                                     |                          | 71               |                    |
|                                                                                                    | 72 Retained earnings, endowment, accumulated income, or other funds                                                                                      |                          | 72               |                    |
|                                                                                                    | 73 Total net assets or fund balances (add lines 67 through 69 or lines 70 through 72. (Column (A) must equal line 19 and column (B) must equal line 21). | 966,034,473.             | 73               | 1,200,920,617.     |
|                                                                                                    | 74 Total liabilities and net assets/fund balances. Add lines 66 and 73                                                                                   | 1,721,636,586.           | 74               | 1,982,762,273.     |



**Part V-A Current Officers, Directors, Trustees, and Key Employees (continued)**

**75a** Enter the total number of officers, directors, and trustees permitted to vote on organization business at board meetings . . . . . 14

**b** Are any officers, directors, trustees, or key employees listed in Form 990, Part V-A, or highest compensated employees listed in Schedule A, Part I, or highest compensated professional and other independent contractors listed in Schedule A, Part II-A or II-B, related to each other through family or business relationships? If "Yes," attach a statement that identifies the individuals and explains the relationship(s) . . . . .

**75b** Yes ☐ No ☒

**c** Do any officers, directors, trustees, or key employees listed in Form 990, Part V-A, or highest compensated employees listed in Schedule A, Part I, or highest compensated professional and other independent contractors listed in Schedule A, Part II-A or II-B, receive compensation from any other organizations, whether tax exempt or taxable, that are related to the organization? See the instructions for the definition of "related organization" . . . . .

**75c** Yes ☐ No ☒

If "Yes," attach a statement that includes the information described in the instructions.

**d** Does the organization have a written conflict of interest policy? . . . . .

**75d** Yes ☒ No ☐

**Part V-B Former Officers, Directors, Trustees, and Key Employees That Received Compensation or Other Benefits**  
(If any former officer, director, trustee, or key employee received compensation or other benefits (described below) during the year, list that person below and enter the amount of compensation or other benefits in the appropriate column. See the instructions.)

| (A) Name and address | (B) Loans and Advances | (C) Compensation (if not paid, enter -0-) | (D) Contributions to employee benefit plans & deferred compensation plans | (E) Expense account and other allowances |
|----------------------|------------------------|-------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|
| SEE STATEMENT 31     | NONE                   | 1,100,559.                                | 48,291.                                                                   | NONE                                     |
|                      |                        |                                           |                                                                           |                                          |
|                      |                        |                                           |                                                                           |                                          |
|                      |                        |                                           |                                                                           |                                          |
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|                      |                        |                                           |                                                                           |                                          |
|                      |                        |                                           |                                                                           |                                          |
|                      |                        |                                           |                                                                           |                                          |

**Part VI Other Information (See the instructions.)**

|                                                                                                                                                                                                                                                | Yes                                            | No                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|-------------------------------------|
| <b>76</b> Did the organization make a change in its activities or methods of conducting activities? If "Yes," attach a detailed statement of each change . . . . .                                                                             | <b>76</b> <input type="checkbox"/>             | <input checked="" type="checkbox"/> |
| <b>77</b> Were any changes made in the organizing or governing documents but not reported to the IRS? . . . . .<br>If "Yes," attach a conformed copy of the changes.                                                                           | <b>77</b> <input type="checkbox"/>             | <input checked="" type="checkbox"/> |
| <b>78a</b> Did the organization have unrelated business gross income of \$1,000 or more during the year covered by this return? . . . . .                                                                                                      | <b>78a</b> <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <b>b</b> If "Yes," has it filed a tax return on Form 990-T for this year? . . . . .                                                                                                                                                            | <b>78b</b> <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <b>79</b> Was there a liquidation, dissolution, termination, or substantial contraction during the year? If "Yes," attach a statement . . . . .                                                                                                | <b>79</b> <input type="checkbox"/>             | <input checked="" type="checkbox"/> |
| <b>80a</b> Is the organization related (other than by association with a statewide or nationwide organization) through common membership, governing bodies, trustees, officers, etc., to any other exempt or nonexempt organization? . . . . . | <b>80a</b> <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <b>b</b> If "Yes," enter the name of the organization <u>STMT 32</u><br>and check whether it is <input checked="" type="checkbox"/> exempt or <input checked="" type="checkbox"/> nonexempt                                                    |                                                |                                     |
| <b>81a</b> Enter direct and indirect political expenditures. (See line 81 instructions.) . . . . . <b>81a</b> NONE                                                                                                                             |                                                |                                     |
| <b>b</b> Did the organization file Form 1120-POL for this year? . . . . .                                                                                                                                                                      | <b>81b</b> <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

**Part VI Other Information (continued)**

|      |                                                                                                                                                                                                                                                                      | Yes | No |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| 82 a | Did the organization receive donated services or the use of materials, equipment, or facilities at no charge or at substantially less than fair rental value?                                                                                                        |     | X  |
| b    | If "Yes," you may indicate the value of these items here. Do not include this amount as revenue in Part I or as an expense in Part II. (See instructions in Part III)                                                                                                |     |    |
| 82 b | N/A                                                                                                                                                                                                                                                                  |     |    |
| 83 a | Did the organization comply with the public inspection requirements for returns and exemption applications?                                                                                                                                                          | X   |    |
| b    | Did the organization comply with the disclosure requirements relating to <i>quid pro quo</i> contributions?                                                                                                                                                          | X   |    |
| 83 b |                                                                                                                                                                                                                                                                      |     |    |
| 84 a | Did the organization solicit any contributions or gifts that were not tax deductible?                                                                                                                                                                                |     | X  |
| b    | If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?                                                                                                                        |     |    |
| 84 b | N/A                                                                                                                                                                                                                                                                  |     |    |
| 85   | 501(c)(4), (5), or (6) organizations a Were substantially all dues nondeductible by members?                                                                                                                                                                         |     |    |
| 85 a |                                                                                                                                                                                                                                                                      | N/A |    |
| b    | Did the organization make only in-house lobbying expenditures of \$2,000 or less?                                                                                                                                                                                    |     |    |
| 85 b |                                                                                                                                                                                                                                                                      | N/A |    |
|      | If "Yes" was answered to either 85a or 85b, do not complete 85c through 85h below unless the organization received a waiver for proxy tax owed for the prior year.                                                                                                   |     |    |
| c    | Dues, assessments, and similar amounts from members                                                                                                                                                                                                                  |     |    |
| 85 c | N/A                                                                                                                                                                                                                                                                  |     |    |
| d    | Section 162(e) lobbying and political expenditures                                                                                                                                                                                                                   |     |    |
| 85 d | N/A                                                                                                                                                                                                                                                                  |     |    |
| e    | Aggregate nondeductible amount of section 6033(e)(1)(A) dues notices                                                                                                                                                                                                 |     |    |
| 85 e | N/A                                                                                                                                                                                                                                                                  |     |    |
| f    | Taxable amount of lobbying and political expenditures (line 85d less 85e)                                                                                                                                                                                            |     |    |
| 85 f | N/A                                                                                                                                                                                                                                                                  |     |    |
| g    | Does the organization elect to pay the section 6033(e) tax on the amount on line 85f?                                                                                                                                                                                |     |    |
| 85 g | N/A                                                                                                                                                                                                                                                                  |     |    |
| h    | If section 6033(e)(1)(A) dues notices were sent, does the organization agree to add the amount on line 85f to its reasonable estimate of dues allocable to nondeductible lobbying and political expenditures for the following tax year?                             |     |    |
| 85 h | N/A                                                                                                                                                                                                                                                                  |     |    |
| 86   | 501(c)(7) orgs Enter a Initiation fees and capital contributions included on line 12                                                                                                                                                                                 |     |    |
| 86 a | N/A                                                                                                                                                                                                                                                                  |     |    |
| b    | Gross receipts, included on line 12, for public use of club facilities                                                                                                                                                                                               |     |    |
| 86 b | N/A                                                                                                                                                                                                                                                                  |     |    |
| 87   | 501(c)(12) orgs Enter a Gross income from members or shareholders                                                                                                                                                                                                    |     |    |
| 87 a | N/A                                                                                                                                                                                                                                                                  |     |    |
| b    | Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them)                                                                                                                                          |     |    |
| 87 b | N/A                                                                                                                                                                                                                                                                  |     |    |
| 88 a | At any time during the year, did the organization own a 50% or greater interest in a taxable corporation or partnership, or an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If "Yes," complete Part IX | X   |    |
| b    | At any time during the year, did the organization, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Part XI                                                                                              | X   |    |
| 88 b |                                                                                                                                                                                                                                                                      |     |    |
| 89 a | 501(c)(3) organizations Enter Amount of tax imposed on the organization during the year under section 4911                                                                                                                                                           |     |    |
|      | NONE, section 4912                                                                                                                                                                                                                                                   |     |    |
|      | NONE, section 4955                                                                                                                                                                                                                                                   |     |    |
|      | NONE                                                                                                                                                                                                                                                                 |     |    |
| b    | 501(c)(3) and 501(c)(4) orgs Did the organization engage in any section 4958 excess benefit transaction during the year or did it become aware of an excess benefit transaction from a prior year? If "Yes," attach a statement explaining each transaction          |     | X  |
| 89 b |                                                                                                                                                                                                                                                                      |     |    |
| c    | Enter Amount of tax imposed on the organization managers or disqualified persons during the year under sections 4912, 4955, and 4958                                                                                                                                 |     |    |
|      | NONE                                                                                                                                                                                                                                                                 |     |    |
| d    | Enter Amount of tax on line 89c, above, reimbursed by the organization                                                                                                                                                                                               |     |    |
|      | N/A                                                                                                                                                                                                                                                                  |     |    |
| e    | All organizations At any time during the tax year, was the organization a party to a prohibited tax shelter transaction?                                                                                                                                             |     | X  |
| 89 e |                                                                                                                                                                                                                                                                      |     |    |
| f    | All organizations Did the organization acquire a direct or indirect interest in any applicable insurance contract?                                                                                                                                                   |     | X  |
| 89 f |                                                                                                                                                                                                                                                                      |     |    |
| g    | For supporting organizations and sponsoring organizations maintaining donor advised funds Did the supporting organization, or a fund maintained by a sponsoring organization, have excess business holdings at any time during the year?                             |     |    |
| 89 g | N/A                                                                                                                                                                                                                                                                  |     |    |
| 90 a | List the states with which a copy of this return is filed                                                                                                                                                                                                            |     |    |
|      | CA                                                                                                                                                                                                                                                                   |     |    |
| b    | Number of employees employed in the pay period that includes March 12, 2006 (See instructions)                                                                                                                                                                       |     |    |
| 90 b | 10067                                                                                                                                                                                                                                                                |     |    |
| 91 a | The books are in care of                                                                                                                                                                                                                                             |     |    |
|      | SCRIPPS HEALTH                                                                                                                                                                                                                                                       |     |    |
|      | Telephone no                                                                                                                                                                                                                                                         |     |    |
|      | 858-678-7000                                                                                                                                                                                                                                                         |     |    |
|      | Located at                                                                                                                                                                                                                                                           |     |    |
|      | 4275 CAMPUS POINT COURT SAN DIEGO, CA                                                                                                                                                                                                                                |     |    |
|      | ZIP + 4                                                                                                                                                                                                                                                              |     |    |
|      | 92121                                                                                                                                                                                                                                                                |     |    |
| b    | At any time during the calendar year, did the organization have an interest in or a signature or other authority over a financial account in a foreign country (such as a bank account, securities account, or other financial account)?                             |     | X  |
| 91 b |                                                                                                                                                                                                                                                                      |     |    |
|      | If "Yes," enter the name of the foreign country                                                                                                                                                                                                                      |     |    |
|      | See the instructions for exceptions and filing requirements for Form TD F 90-22.1, Report of Foreign Bank and Financial Accounts                                                                                                                                     |     |    |

**Part VI Other Information (continued)**

Yes No

c At any time during the calendar year, did the organization maintain an office outside of the United States? . . . . . 91c ☐ Yes ☒ No

If "Yes," enter the name of the foreign country ▶

92 Section 4947(a)(1) nonexempt charitable trusts filing Form 990 in lieu of Form 1041 - Check here . . . . . ☐

and enter the amount of tax-exempt interest received or accrued during the tax year . . . . ▶ 92 | N/A

**Part VII Analysis of Income-Producing Activities (See the instructions.)**

Note: Enter gross amounts unless otherwise indicated

|                                                                        | Unrelated business income |               | Excluded by section 512, 513, or 514 |               | (E)<br>Related or<br>exempt function<br>income |
|------------------------------------------------------------------------|---------------------------|---------------|--------------------------------------|---------------|------------------------------------------------|
|                                                                        | (A)<br>Business code      | (B)<br>Amount | (C)<br>Exclusion code                | (D)<br>Amount |                                                |
| 93 Program service revenue                                             |                           |               |                                      |               |                                                |
| a STMT 33                                                              |                           | 637,856.      |                                      |               | 1,675,086,444.                                 |
| b                                                                      |                           |               |                                      |               |                                                |
| c                                                                      |                           |               |                                      |               |                                                |
| d                                                                      |                           |               |                                      |               |                                                |
| e                                                                      |                           |               |                                      |               |                                                |
| f Medicare/Medicaid payments . . . . .                                 |                           |               |                                      |               |                                                |
| g Fees and contracts from government agencies . . . . .                |                           |               |                                      |               |                                                |
| 94 Membership dues and assessments . . . . .                           |                           |               |                                      |               |                                                |
| 95 Interest on savings and temporary cash investments . . . . .        |                           |               | 14                                   | 210,924.      |                                                |
| 96 Dividends and interest from securities . . . . .                    |                           |               | 14                                   | 25,721,023.   |                                                |
| 97 Net rental income or (loss) from real estate                        |                           |               |                                      |               |                                                |
| a debt-financed property . . . . .                                     |                           |               |                                      |               |                                                |
| b not debt-financed property . . . . .                                 |                           |               | 16                                   | 427,823.      |                                                |
| 98 Net rental income or (loss) from personal property . . . . .        | 900002                    | 78,057.       |                                      |               |                                                |
| 99 Other investment income . . . . .                                   | 523000                    | 48,473.       | 14                                   | 2,728,215.    |                                                |
| 100 Gain or (loss) from sales of assets other than inventory . . . . . |                           |               | 18                                   | 46,346,975.   |                                                |
| 101 Net income or (loss) from special events . . . . .                 |                           |               | 01                                   | -524,049.     |                                                |
| 102 Gross profit or (loss) from sales of inventory . . . . .           |                           |               |                                      |               |                                                |
| 103 Other revenue a STMT 34                                            |                           |               |                                      | 18,409,360.   |                                                |
| b                                                                      |                           |               |                                      |               |                                                |
| c                                                                      |                           |               |                                      |               |                                                |
| d                                                                      |                           |               |                                      |               |                                                |
| e                                                                      |                           |               |                                      |               |                                                |
| 104 Subtotal (add columns (B), (D), and (E)) . . . . .                 |                           | 764,386.      |                                      | 93,320,271.   | 1,675,086,444.                                 |
| 105 Total (add line 104, columns (B), (D), and (E)) . . . . .          |                           |               |                                      |               | 1,769,171,101.                                 |

Note: Line 105 plus line 1e, Part I, should equal the amount on line 12, Part I

**Part VIII Relationship of Activities to the Accomplishment of Exempt Purposes (See the instructions.)**

| Line No. | Explain how each activity for which income is reported in column (E) of Part VII contributed importantly to the accomplishment of the organization's exempt purposes (other than by providing funds for such purposes) |
|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ▼        | STMT 35                                                                                                                                                                                                                |
|          |                                                                                                                                                                                                                        |
|          |                                                                                                                                                                                                                        |
|          |                                                                                                                                                                                                                        |

**Part IX Information Regarding Taxable Subsidiaries and Disregarded Entities (See the instructions.)**

| (A)<br>Name, address, and EIN of corporation, partnership, or disregarded entity | (B)<br>Percentage of ownership interest | (C)<br>Nature of activities | (D)<br>Total income | (E)<br>End-of-year assets |
|----------------------------------------------------------------------------------|-----------------------------------------|-----------------------------|---------------------|---------------------------|
| STMT 36                                                                          | %                                       |                             | 604,300,083.        | 72,332,653.               |
|                                                                                  | %                                       |                             |                     |                           |
|                                                                                  | %                                       |                             |                     |                           |
|                                                                                  | %                                       |                             |                     |                           |

**Part X Information Regarding Transfers Associated with Personal Benefit Contracts (See the instructions.)**(a) Did the organization, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? . . . . . ☐ Yes ☒ No(b) Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract? . . . . . ☐ Yes ☒ No

Note: If "Yes" to (b), file Form 8870 and Form 4720 (see instructions).

**Part XI Information Regarding Transfers To and From Controlled Entities.** Complete only if the organization is a controlling organization as defined in section 512(b)(13)

**106** Did the reporting organization make any transfers to a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity.

| Yes | No |
|-----|----|
|     | X  |

|        | (A)<br>Name, address, of each<br>controlled entity | (B)<br>Employer Identification<br>Number | (C)<br>Description of<br>transfer | (D)<br>Amount of transfer |
|--------|----------------------------------------------------|------------------------------------------|-----------------------------------|---------------------------|
| a      |                                                    |                                          |                                   |                           |
| b      |                                                    |                                          |                                   |                           |
| c      |                                                    |                                          |                                   |                           |
| Totals |                                                    |                                          |                                   |                           |

**107** Did the reporting organization receive any transfers from a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity.

| Yes | No |
|-----|----|
| X   |    |

|        | (A)<br>Name, address, of each<br>controlled entity | (B)<br>Employer Identification<br>Number | (C)<br>Description of<br>transfer | (D)<br>Amount of transfer |
|--------|----------------------------------------------------|------------------------------------------|-----------------------------------|---------------------------|
| a      | SEE STATEMENT 38                                   |                                          |                                   |                           |
| b      |                                                    |                                          |                                   |                           |
| c      |                                                    |                                          |                                   |                           |
| Totals |                                                    |                                          |                                   | 44,384,143.               |

**108** Did the organization have a binding written contract in effect on August 17, 2006, covering the interest, rents, royalties, and annuities described in question 107 above?

| Yes | No  |
|-----|-----|
|     | N/A |

|                                 |                                                                                                                                                                                                                                                                                                                      |                    |                                                 |                                         |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-------------------------------------------------|-----------------------------------------|
| <b>Please Sign Here</b>         | Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge. |                    |                                                 |                                         |
|                                 | Signature of officer <i>[Signature]</i>                                                                                                                                                                                                                                                                              |                    | Date <i>6-29-2010</i>                           |                                         |
| <b>Paid Preparer's Use Only</b> | Type or print name and title <i>Richard Rothberg</i>                                                                                                                                                                                                                                                                 |                    | <i>EVP/CFO</i>                                  |                                         |
|                                 | Preparer's signature <i>[Signature]</i>                                                                                                                                                                                                                                                                              | Date <i>4-5-10</i> | Check if self-employed <input type="checkbox"/> | Preparer's SSN or PTIN (See Gen Inst X) |
|                                 | Firm's name (or yours if self-employed), address, and ZIP + 4 <i>ERNST &amp; YOUNG U.S. LLP</i>                                                                                                                                                                                                                      |                    | EIN <i>34-6565596</i>                           | Phone no <i>949-794-2300</i>            |
|                                 | <i>18111 VON KARMAN AVENUE, SUITE 1000</i>                                                                                                                                                                                                                                                                           |                    | <i>IRVINE, CA 92612</i>                         |                                         |

Form 990 (2006)

**SCHEDULE A**  
**(Form 990 or 990-EZ)**

Department of the Treasury  
Internal Revenue Service

**Organization Exempt Under Section 501(c)(3)**

(Except Private Foundation) and Section 501(e), 501(f), 501(k), 501(n),  
or 4947(a)(1) Nonexempt Charitable Trust

**Supplementary Information - (See separate instructions.)**

▶ **MUST** be completed by the above organizations and attached to their Form 990 or 990-EZ

OMB No 1545-0047

**2006**

Name of the organization

SCRIPPS HEALTH

Employer identification number

95-1684089

**Part I Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees**  
(See page 2 of the instructions. List each one. If there are none, enter "None.")

| (a) Name and address of each employee paid more than \$50,000 | (b) Title and average hours per week devoted to position | (c) Compensation | (d) Contributions to employee benefit plans & deferred compensation | (e) Expense account and other allowances |
|---------------------------------------------------------------|----------------------------------------------------------|------------------|---------------------------------------------------------------------|------------------------------------------|
| SEE STATEMENT 39                                              |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
|                                                               |                                                          |                  |                                                                     |                                          |
| Total number of other employees paid over \$50,000 . . ▶      |                                                          | 4624             |                                                                     |                                          |

**Part II-A Compensation of the Five Highest Paid Independent Contractors for Professional Services**  
(See page 2 of the instructions. List each one (whether individuals or firms). If there are none, enter "None.")

| (a) Name and address of each independent contractor paid more than \$50,000          | (b) Type of service | (c) Compensation |
|--------------------------------------------------------------------------------------|---------------------|------------------|
| SEE STATEMENT 41                                                                     |                     |                  |
|                                                                                      |                     |                  |
|                                                                                      |                     |                  |
|                                                                                      |                     |                  |
|                                                                                      |                     |                  |
|                                                                                      |                     |                  |
|                                                                                      |                     |                  |
| Total number of others receiving over \$50,000 for professional services . . . . . ▶ |                     | 156              |

**Part II-B Compensation of the Five Highest Paid Independent Contractors for Other Services**  
(List each contractor who performed services other than professional services, whether individuals or firms. If there are none, enter "None." See page 2 of the instructions.)

| (a) Name and address of each independent contractor paid more than \$50,000              | (b) Type of service | (c) Compensation |
|------------------------------------------------------------------------------------------|---------------------|------------------|
| SEE STATEMENT 42                                                                         |                     |                  |
|                                                                                          |                     |                  |
|                                                                                          |                     |                  |
|                                                                                          |                     |                  |
|                                                                                          |                     |                  |
|                                                                                          |                     |                  |
|                                                                                          |                     |                  |
| Total number of other contractors receiving over \$50,000 for other services . . . . . ▶ |                     | 808              |

For Paperwork Reduction Act Notice, see the Instructions for Form 990 and Form 990-EZ.

Schedule A (Form 990 or 990-EZ) 2006

**Part III** Statements About Activities (See page 2 of the instructions.)

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Yes | No   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|------|
| 1 During the year, has the organization attempted to influence national, state, or local legislation, including any attempt to influence public opinion on a legislative matter or referendum? If "Yes," enter the total expenses paid or incurred in connection with the lobbying activities ► \$ <u>191,726.</u> (Must equal amounts on line 38, Part VI-A, or line i of Part VI-B) . . . . .                                                                                               | X   |      |
| Organizations that made an election under section 501(h) by filing Form 5768 must complete Part VI-A. Other organizations checking "Yes" must complete Part VI-B AND attach a statement giving a detailed description of the lobbying activities                                                                                                                                                                                                                                              |     |      |
| 2 During the year, has the organization, either directly or indirectly, engaged in any of the following acts with any substantial contributors, trustees, directors, officers, creators, key employees, or members of their families, or with any taxable organization with which any such person is affiliated as an officer, director, trustee, majority owner, or principal beneficiary? (If the answer to any question is "Yes," attach a detailed statement explaining the transactions) |     |      |
| a Sale, exchange, or leasing of property? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                           |     | X    |
| b Lending of money or other extension of credit? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                    |     | X    |
| c Furnishing of goods, services, or facilities? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                     |     | X    |
| d Payment of compensation (or payment or reimbursement of expenses if more than \$1,000)? . FORM 990, PART V . .                                                                                                                                                                                                                                                                                                                                                                              | X   |      |
| e Transfer of any part of its income or assets? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                     |     | X    |
| 3a Did the organization make grants for scholarships, fellowships, student loans, etc.? (If "Yes," attach an explanation of how the organization determines that recipients qualify to receive payments) . . . . . STMT 43                                                                                                                                                                                                                                                                    | X   |      |
| b Did the organization have a section 403(b) annuity plan for its employees? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                        | X   |      |
| c Did the organization receive or hold an easement for conservation purposes, including easements to preserve open space, the environment, historic land areas or historic structures? If "Yes," attach a detailed statement . . . . .                                                                                                                                                                                                                                                        |     | X    |
| d Did the organization provide credit counseling, debt management, credit repair, or debt negotiation services? . . . . .                                                                                                                                                                                                                                                                                                                                                                     |     | X    |
| 4a Did the organization maintain any donor advised funds? If "Yes," complete lines 4b through 4g If "No," complete lines 4f and 4g . . . . .                                                                                                                                                                                                                                                                                                                                                  |     | X    |
| b Did the organization make any taxable distributions under section 4966? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                           | N/A |      |
| c Did the organization make a distribution to a donor, donor advisor, or related person? . . . . .                                                                                                                                                                                                                                                                                                                                                                                            | N/A |      |
| d Enter the total number of donor advised funds owned at the end of the tax year . . . . . ►                                                                                                                                                                                                                                                                                                                                                                                                  |     |      |
| e Enter the aggregate value of assets held in all donor advised funds owned at the end of the tax year . . . . . ►                                                                                                                                                                                                                                                                                                                                                                            |     |      |
| f Enter the total number of separate funds or accounts owned at the end of the tax year (excluding donor advised funds included on line 4d) where donors have the rights to provide advice on the distribution or investment of amounts in such funds or accounts . . . . . ►                                                                                                                                                                                                                 |     | NONE |
| g Enter the aggregate value of assets held in all funds or accounts included on line 4f at the end of the tax year . . . . . ►                                                                                                                                                                                                                                                                                                                                                                |     | NONE |



**Part IV Reason for Non-Private Foundation Status** (See pages 4 through 7 of the instructions)I certify that the organization is not a private foundation because it is (Please check only **ONE** applicable box.)

- 5 ☐ A church, convention of churches, or association of churches Section 170(b)(1)(A)(i)
- 6 ☐ A school Section 170(b)(1)(A)(ii) (Also complete Part V)
- 7 ☒ A hospital or a cooperative hospital service organization Section 170(b)(1)(A)(iii)
- 8 ☐ A federal, state, or local government or governmental unit Section 170(b)(1)(A)(v)
- 9 ☐ A medical research organization operated in conjunction with a hospital Section 170(b)(1)(A)(iii) Enter the hospital's name, city, and state ►
- 10 ☐ An organization operated for the benefit of a college or university owned or operated by a governmental unit. Section 170(b)(1)(A)(iv) (Also complete the **Support Schedule** in Part IV-A.)
- 11a ☐ An organization that normally receives a substantial part of its support from a governmental unit or from the general public Section 170(b)(1)(A)(vi). (Also complete the **Support Schedule** in Part IV-A.)
- 11b ☐ A community trust Section 170(b)(1)(A)(vi). (Also complete the **Support Schedule** in Part IV-A.)
- 12 ☐ An organization that normally receives (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its charitable, etc., functions - subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See section 509(a)(2). (Also complete the **Support Schedule** in Part IV-A.)
- 13 ☐ An organization that is not controlled by any disqualified persons (other than foundation managers) and otherwise meets the requirements of section 509(a)(3) Check the box that describes the type of supporting organization
- ☐ Type I ☐ Type II ☐ Type III - Functionally Integrated ☐ Type III - Other

Provide the following information about the supported organizations. (See page 7 of the instructions.)

| (a)<br>Name(s) of supported organization(s) | (b)<br>Employer<br>identification<br>number (EIN) | (c)<br>Type of<br>organization<br>(described in lines<br>5 through 12<br>above or IRC<br>section) | (d)<br>Is the supported<br>organization listed in<br>the supporting<br>organization's<br>governing documents? |    | (e)<br>Amount of<br>support |
|---------------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----|-----------------------------|
|                                             |                                                   |                                                                                                   | Yes                                                                                                           | No |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
|                                             |                                                   |                                                                                                   |                                                                                                               |    |                             |
| <b>Total</b> .....                          |                                                   |                                                                                                   |                                                                                                               |    | ►                           |

- 14 ☐ An organization organized and operated to test for public safety Section 509(a)(4) (See page 7 of the instructions.)

Schedule A (Form 990 or 990-EZ) 2006

**Part IV-A Support Schedule** (Complete only if you checked a box on line 10, 11, or 12) **Use cash method of accounting.****Note:** You may use the worksheet in the instructions for converting from the accrual to the cash method of accounting. **NOT APPLICABLE**

| Calendar year (or fiscal year beginning in)                                                                                                                                                                                                                                   | (a) 2005 | (b) 2004 | (c) 2003 | (d) 2002 | (e) Total |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|-----------|
| 15 Gifts, grants, and contributions received. (Do not include unusual grants. See line 28) . . . . .                                                                                                                                                                          |          |          |          |          |           |
| 16 Membership fees received . . . . .                                                                                                                                                                                                                                         |          |          |          |          |           |
| 17 Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to the organization's charitable, etc., purpose . . . . .                                                                              |          |          |          |          |           |
| 18 Gross income from interest, dividends, amounts received from payments on securities loans (section 512(a)(5)), rents, royalties, and unrelated business taxable income (less section 511 taxes) from businesses acquired by the organization after June 30, 1975 . . . . . |          |          |          |          |           |
| 19 Net income from unrelated business activities not included in line 18 . . . . .                                                                                                                                                                                            |          |          |          |          |           |
| 20 Tax revenues levied for the organization's benefit and either paid to it or expended on its behalf . . . . .                                                                                                                                                               |          |          |          |          |           |
| 21 The value of services or facilities furnished to the organization by a governmental unit without charge. Do not include the value of services or facilities generally furnished to the public without charge . . . . .                                                     |          |          |          |          |           |
| 22 Other income. Attach a schedule. Do not include gain or (loss) from sale of capital assets . . . . .                                                                                                                                                                       |          |          |          |          |           |
| 23 Total of lines 15 through 22 . . . . .                                                                                                                                                                                                                                     |          |          |          |          |           |
| 24 Line 23 minus line 17. . . . .                                                                                                                                                                                                                                             |          |          |          |          |           |
| 25 Enter 1% of line 23. . . . .                                                                                                                                                                                                                                               |          |          |          |          |           |

26 Organizations described on lines 10 or 11: a Enter 2% of amount in column (e), line 24. **NOT APPLICABLE** . . . ▶ **26a**

b Prepare a list for your records to show the name of and amount contributed by each person (other than a governmental unit or publicly supported organization) whose total gifts for 2002 through 2005 exceeded the amount shown in line 26a. Do not file this list with your return. Enter the total of all these excess amounts . . . ▶ **26b**

c Total support for section 509(a)(1) test. Enter line 24, column (e) . . . . . ▶ **26c**

d Add: Amounts from column (e) for lines 18 \_\_\_\_\_ 19 \_\_\_\_\_  
22 \_\_\_\_\_ 26b \_\_\_\_\_ . . . . . ▶ **26d**

e Public support (line 26c minus line 26d total) . . . . . ▶ **26e**

f Public support percentage (line 26e (numerator) divided by line 26c (denominator)) . . . . . ▶ **26f** %

27 Organizations described on line 12: a For amounts included in lines 15, 16, and 17 that were received from a "disqualified person," prepare a list for your records to show the name of, and total amounts received in each year from, each "disqualified person." Do not file this list with your return. Enter the sum of such amounts for each year.

NOT APPLICABLE

(2005) \_\_\_\_\_ (2004) \_\_\_\_\_ (2003) \_\_\_\_\_ (2002) \_\_\_\_\_

b For any amount included in line 17 that was received from each person (other than "disqualified persons"), prepare a list for your records to show the name of, and amount received for each year, that was more than the larger of (1) the amount on line 25 for the year or (2) \$5,000. (Include in the list organizations described in lines 5 through 11b, as well as individuals.) Do not file this list with your return. After computing the difference between the amount received and the larger amount described in (1) or (2), enter the sum of these differences (the excess amounts) for each year.

(2005) \_\_\_\_\_ (2004) \_\_\_\_\_ (2003) \_\_\_\_\_ (2002) \_\_\_\_\_

c Add: Amounts from column (e) for lines 15 \_\_\_\_\_ 16 \_\_\_\_\_  
17 \_\_\_\_\_ 20 \_\_\_\_\_ 21 \_\_\_\_\_ . . . . . ▶ **27c**

d Add: Line 27a total \_\_\_\_\_ and line 27b total \_\_\_\_\_ . . . . . ▶ **27d**

e Public support (line 27c total minus line 27d total) . . . . . ▶ **27e**

f Total support for section 509(a)(2) test. Enter amount from line 23, column (e) . . . . . ▶ **27f**

g Public support percentage (line 27e (numerator) divided by line 27f (denominator)) . . . . . ▶ **27g** %

h Investment income percentage (line 18, column (e) (numerator) divided by line 27f (denominator)) . . . . . ▶ **27h** %

28 Unusual Grants: For an organization described in line 10, 11, or 12 that received any unusual grants during 2002 through 2005, prepare a list for your records to show, for each year, the name of the contributor, the date and amount of the grant, and a brief description of the nature of the grant. Do not file this list with your return. Do not include these grants in line 15.

**Part V Private School Questionnaire** (See page 9 of the instructions.)

NOT APPLICABLE

(To be completed ONLY by schools that checked the box on line 6 in Part IV)

|                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Yes | No |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| 29 Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing instrument, or in a resolution of its governing body? . . . . .                                                                                                                                                                                                                                          | 29  |    |
| 30 Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues, and other written communications with the public dealing with student admissions, programs, and scholarships? . . . . .                                                                                                                                                                                 | 30  |    |
| 31 Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known to all parts of the general community it serves? . . . . .<br>If "Yes," please describe; if "No," please explain (If you need more space, attach a separate statement ) | 31  |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| 32 Does the organization maintain the following                                                                                                                                                                                                                                                                                                                                                                                                 |     |    |
| a Records indicating the racial composition of the student body, faculty, and administrative staff? . . . . .                                                                                                                                                                                                                                                                                                                                   | 32a |    |
| b Records documenting that scholarships and other financial assistance are awarded on a racially nondiscriminatory basis? . . . . .                                                                                                                                                                                                                                                                                                             | 32b |    |
| c Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student admissions, programs, and scholarships? . . . . .                                                                                                                                                                                                                                                                     | 32c |    |
| d Copies of all material used by the organization or on its behalf to solicit contributions? . . . . .                                                                                                                                                                                                                                                                                                                                          | 32d |    |
| If you answered "No" to any of the above, please explain. (If you need more space, attach a separate statement.)                                                                                                                                                                                                                                                                                                                                |     |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| 33 Does the organization discriminate by race in any way with respect to:                                                                                                                                                                                                                                                                                                                                                                       |     |    |
| a Students' rights or privileges? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                     | 33a |    |
| b Admissions policies? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                | 33b |    |
| c Employment of faculty or administrative staff? . . . . .                                                                                                                                                                                                                                                                                                                                                                                      | 33c |    |
| d Scholarships or other financial assistance? . . . . .                                                                                                                                                                                                                                                                                                                                                                                         | 33d |    |
| e Educational policies? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                               | 33e |    |
| f Use of facilities? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                  | 33f |    |
| g Athletic programs? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                  | 33g |    |
| h Other extracurricular activities? . . . . .                                                                                                                                                                                                                                                                                                                                                                                                   | 33h |    |
| If you answered "Yes" to any of the above, please explain (If you need more space, attach a separate statement )                                                                                                                                                                                                                                                                                                                                |     |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| 34 a Does the organization receive any financial aid or assistance from a governmental agency? . . . . .                                                                                                                                                                                                                                                                                                                                        | 34a |    |
| b Has the organization's right to such aid ever been revoked or suspended? . . . . .                                                                                                                                                                                                                                                                                                                                                            | 34b |    |
| If you answered "Yes" to either 34a or b, please explain using an attached statement.                                                                                                                                                                                                                                                                                                                                                           |     |    |
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |    |
| 35 Does the organization certify that it has complied with the applicable requirements of sections 4 01 through 4.05 of Rev. Proc. 75-50, 1975-2 C.B. 587, covering racial nondiscrimination? If "No," attach an explanation . . . . .                                                                                                                                                                                                          | 35  |    |

**Part VI-A Lobbying Expenditures by Electing Public Charities** (See page 10 of the instructions.)(To be completed **ONLY** by an eligible organization that filed Form 5768) **NOT APPLICABLE**Check ☐ **a** if the organization belongs to an affiliated group Check ☐ **b** if you checked "a" and "limited control" provisions apply**Limits on Lobbying Expenditures**

(The term "expenditures" means amounts paid or incurred)

|    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | (a)<br>Affiliated group<br>totals | (b)<br>To be completed<br>for all electing<br>organizations |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------|
| 36 | Total lobbying expenditures to influence public opinion (grassroots lobbying) . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 36                                |                                                             |
| 37 | Total lobbying expenditures to influence a legislative body (direct lobbying) . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 37                                |                                                             |
| 38 | Total lobbying expenditures (add lines 36 and 37) . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 38                                |                                                             |
| 39 | Other exempt purpose expenditures . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 39                                |                                                             |
| 40 | Total exempt purpose expenditures (add lines 38 and 39) . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 40                                |                                                             |
| 41 | Lobbying nontaxable amount. Enter the amount from the following table -<br>If the amount on line 40 is - The lobbying nontaxable amount is -<br>Not over \$500,000 . . . . . 20% of the amount on line 40 . . . . .<br>Over \$500,000 but not over \$1,000,000 . . . . . \$100,000 plus 15% of the excess over \$500,000<br>Over \$1,000,000 but not over \$1,500,000 . . . . . \$175,000 plus 10% of the excess over \$1,000,000<br>Over \$1,500,000 but not over \$17,000,000 . . . . . \$225,000 plus 5% of the excess over \$1,500,000<br>Over \$17,000,000 . . . . . \$1,000,000 . . . . . | 41                                |                                                             |
| 42 | Grassroots nontaxable amount (enter 25% of line 41) . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 42                                |                                                             |
| 43 | Subtract line 42 from line 36. Enter -0- if line 42 is more than line 36 . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 43                                |                                                             |
| 44 | Subtract line 41 from line 38. Enter -0- if line 41 is more than line 38 . . . . .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 44                                |                                                             |

**Caution:** If there is an amount on either line 43 or line 44, you must file Form 4720**4-Year Averaging Period Under Section 501(h)**

(Some organizations that made a section 501(h) election do not have to complete all of the five columns below.

See the instructions for lines 45 through 50 on page 13 of the instructions.)

|                                                             | Lobbying Expenditures During 4-Year Averaging Period |             |             |             |              |
|-------------------------------------------------------------|------------------------------------------------------|-------------|-------------|-------------|--------------|
| Calendar year (or fiscal year beginning in) ►               | (a)<br>2006                                          | (b)<br>2005 | (c)<br>2004 | (d)<br>2003 | (e)<br>Total |
| 45 Lobbying nontaxable amount . . . . .                     |                                                      |             |             |             |              |
| 46 Lobbying ceiling amount (150% of line 45(e)) . . . . .   |                                                      |             |             |             |              |
| 47 Total lobbying expenditures                              |                                                      |             |             |             |              |
| 48 Grassroots nontaxable amount . . . . .                   |                                                      |             |             |             |              |
| 49 Grassroots ceiling amount (150% of line 48(e)) . . . . . |                                                      |             |             |             |              |
| 50 Grassroots lobbying expenditures . . . . .               |                                                      |             |             |             |              |

**Part VI-B Lobbying Activity by Nonelecting Public Charities**

(For reporting only by organizations that did not complete Part VI-A) (See page 13 of the instructions.)

| During the year, did the organization attempt to influence national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of | Yes | No | Amount   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|----------|
| a Volunteers . . . . .                                                                                                                                                                                       |     | X  |          |
| b Paid staff or management (Include compensation in expenses reported on lines c through h) . . . . .                                                                                                        |     | X  |          |
| c Media advertisements . . . . .                                                                                                                                                                             |     | X  |          |
| d Mailings to members, legislators, or the public . . . . .                                                                                                                                                  |     | X  |          |
| e Publications, or published or broadcast statements . . . . .                                                                                                                                               |     | X  |          |
| f Grants to other organizations for lobbying purposes . . . . .                                                                                                                                              | X   |    | 191,726. |
| g Direct contact with legislators, their staffs, government officials, or a legislative body . . . . .                                                                                                       |     | X  |          |
| h Rallies, demonstrations, seminars, conventions, speeches, lectures, or any other means . . . . .                                                                                                           |     | X  |          |
| i Total lobbying expenditures (Add lines c through h.) . . . . .                                                                                                                                             |     |    | 191,726. |

If "Yes" to any of the above, also attach a statement giving a detailed description of the lobbying activities **STMT 44**

**Part VII** Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations (See page 13 of the instructions.)

51 Did the reporting organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?

a Transfers from the reporting organization to a noncharitable exempt organization of

|          |                                                                                     | Yes           | No |
|----------|-------------------------------------------------------------------------------------|---------------|----|
| <b>a</b> | Transfers from the reporting organization to a noncharitable exempt organization of |               |    |
|          | (i) Cash                                                                            | <b>51a(i)</b> | X  |
|          | (ii) Other assets                                                                   | <b>a(ii)</b>  | X  |
| <b>b</b> | Other transactions                                                                  |               |    |
|          | (i) Sales or exchanges of assets with a noncharitable exempt organization           | <b>b(i)</b>   | X  |
|          | (ii) Purchases of assets from a noncharitable exempt organization                   | <b>b(ii)</b>  | X  |
|          | (iii) Rental of facilities, equipment, or other assets                              | <b>b(iii)</b> | X  |
|          | (iv) Reimbursement arrangements                                                     | <b>b(iv)</b>  | X  |
|          | (v) Loans or loan guarantees                                                        | <b>b(v)</b>   | X  |
|          | (vi) Performance of services or membership or fundraising solicitations             | <b>b(vi)</b>  | X  |
| <b>c</b> | Sharing of facilities, equipment, mailing lists, other assets, or paid employees    | <b>c</b>      | X  |

d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting organization. If the organization received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.

[illegible]

**52a** Is the organization directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527? ▶ ☐ Yes ☒ No

**b** If "Yes," complete the following schedule:

[illegible]

## FORM 990 - GENERAL EXPLANATION ATTACHMENT

SUPPLEMENTAL INFORMATION  
PART V-A

SCRIPPS HEALTH HAS ESTABLISHED A PROGRAM THAT PROVIDES FOR SUPPLEMENTAL RETIREMENT BENEFITS FOR SELECTED KEY EXECUTIVES WHO ATTAIN RETIREMENT AGE AND COMPLETE A CERTAIN NUMBER OF YEARS OF SERVICE. THE CONTINUED PARTICIPATION OF ANY EMPLOYEE, AND THE PAYMENT OF BENEFIT FROM THE PROGRAM, HAS BEEN UNDERSTOOD TO BE IN THE SOLE DISCRETION OF THE BOARD OF TRUSTEES.

## FORM 990 - GENERAL EXPLANATION ATTACHMENT

LAND, BUILDINGS, AND EQUIPMENT  
PART IV, LINE 57

| ASSETS                                             | BEG OF YEAR   | END OF YEAR   |
|----------------------------------------------------|---------------|---------------|
| LAND                                               | 75,171,817    | 76,678,155    |
| BUILDING AND IMPROVEMENTS                          | 564,081,267   | 613,528,971   |
| EQUIPMENT                                          | 428,358,146   | 493,126,800   |
| CONSTRUCTION IN PROGRESS                           | 81,698,723    | 80,203,129    |
| ASSET RETIREMENT/CLEARING                          | 4,847,772     | 6,261,963     |
| TOTAL COST BASIS                                   | 1,154,157,725 | 1,269,799,018 |
| LESS: ACCUMULATED DEPRECIATION AND<br>AMORTIZATION | 610,865,241   | 670,263,567   |
| ADJUSTED BASIS                                     | 543,292,484   | 599,535,451   |

## FORM 990 - GENERAL EXPLANATION ATTACHMENT

OTHER INVESTMENT INCOME  
FORM 990, PART 1, LINE 7

|                                                  |           |
|--------------------------------------------------|-----------|
| ATOC LP                                          | 19,343    |
| WATTSHEALTH FOUNDATION CREDITORS TRUST           | 33        |
| COMMONFUND CAPITAL PRIVATE EQUITY PARTNERS V, LP | 179,032   |
| COMMONFUND CAPITAL VENTURE PARTNERS VI, LP       | -10,364   |
| HELIX 1960 LTD.                                  | 84        |
| INTECH RISK-MANAGED LARGE CAP GROWTH FUND, LLC   | 1,514,642 |
| REKEB LIMITED PARTNERSHIP                        | 1,393     |
| SAN MARCOS LAKE-OCEAN VIEW PARTNERSHIP           | 41,192    |
| SAN DIEGO GAMMA KNIFE CENTER LP                  | 378,983   |
| S. F. E. A. P. LLC                               | 2,472     |
| SHELTER COVE MARINA, LTD.                        | 31,687    |
| SCRIPPS MEMORIAL-XIMED MEDICAL CENTER, LP (GP)   | 64,743    |
| SCRIPPS MEMORIAL-XIMED MEDICAL CENTER, LP (LP)   | 133,423   |
| SCRIPPS MERCY AMBULATORY SURGERY CENTER (LP)     | 418,662   |
| SCRIPPS MERCY AMBULATORY SURGERY CENTER (GP)     | 6,297     |
| HELIX LAND CO, LTD.                              | 98        |
| WILLIAM E. SIMON & SONS SPECIAL                  | -5,032    |
| TOTAL                                            | 2,776,688 |



[illegible]

SUPPLEMENT TO RENT AND ROYALTY SCHEDULE  
=====

OTHER INCOME

427,823.  
-----  
427,823.  
=====

**SCHEDULE FOR DEPRECIATION CLAIMED**

|     |        |       |             |
|-----|--------|-------|-------------|
| JSA | Totals | ..... |             |
|     |        |       | 27596Y 2020 |

AMENDED

SUPPLEMENT TO RENT AND ROYALTY SCHEDULE  
=====

OTHER INCOME

765,031.  
-----  
765,031.  
=====

OTHER DEDUCTIONS

686,974.  
-----  
686,974.  
=====

## RENT AND ROYALTY SUMMARY

=====

| PROPERTY<br>-----    | TOTAL<br>INCOME<br>----- | DEPLETION/<br>DEPRECIATION<br>----- | OTHER<br>EXPENSES<br>----- | ALLOWABLE<br>NET<br>INCOME<br>----- |
|----------------------|--------------------------|-------------------------------------|----------------------------|-------------------------------------|
| SCRIPPS MEM-XIMED ME | 427,823.                 |                                     |                            | 427,823.                            |
| RENTAL OF PERSONAL P | 765,031.                 |                                     | 686,974.                   | 78,057.                             |
|                      | -----                    | -----                               | -----                      | -----                               |
| TOTALS               | 1,192,854.               |                                     | 686,974.                   | 505,880.                            |
|                      | =====                    | =====                               | =====                      | =====                               |

FORM 990, PART I - EXCLUDED CONTRIBUTIONS  
=====

| DESCRIPTION<br>-----           | AMOUNT<br>-----     |
|--------------------------------|---------------------|
| BALLS, AUCTIONS, GOLF TOURNAMT | 1,671,799.<br>----- |
| TOTAL                          | 1,671,799.<br>===== |

FORM 990, PART I - SPECIAL FUNDRAISING EVENTS AND ACTIVITIES

=====

| DESCRIPTION<br>-----           | GROSS<br>REVENUE<br>----- | DIRECT<br>EXPENSES<br>----- | NET<br>INCOME<br>----- |
|--------------------------------|---------------------------|-----------------------------|------------------------|
| BALLS, AUCTIONS, GOLF TOURNAMT | 144,340.                  | 668,389.                    | -524,049.              |
| TOTALS                         | 144,340.                  | 668,389.                    | -524,049.              |
|                                | =====                     | =====                       | =====                  |

FORM 990, PART I - OTHER INCREASES IN FUND BALANCES  
=====

| DESCRIPTION<br>-----                    | AMOUNT<br>----- |
|-----------------------------------------|-----------------|
| MARKET ADJUSTMENT ON INTERST RATE SWAPS | 505,269.        |
| EQUITY METHOD FOR SUBSIDIARY - WHITTIER | 89,631.         |
| EQUITY METHOD FOR SUBSIDIARY - SCHPS    | 201,863.        |
| EQUITY METHOD FOR SUBSIDIARY - SMASC    | 469,621.        |
| EQUITY METHOD FOR SUBSIDIARY - SMPP     | 14,098.         |
| UNREALIZED GAINS ON INVESTMENTS         | 53,086,977.     |
| CHANGE IN VALUE OF INTEREST RATE SWAPS  | 188,222.        |
| PRIOR PERIOD ADJUSTMENT                 | 63,034.         |
|                                         | -----           |
| TOTAL                                   | 54,618,715.     |
|                                         | =====           |



## FORM 990, PART I - OTHER DECREASES IN FUND BALANCES

=====

## DESCRIPTION

-----

## AMOUNT

-----

CUMULATIVE EFFECT OF CHANGE IN

ACCOUNTING METHOD

47,271,463.

CHANGE IN VALUE OF DEFERRED GIFTS

198,460.

OTHER CHANGES IN NET ASSETS

1,254,121.

BK-TAX DIFFERENCE FOR PARTNERSHIPS

2,630,256.

TOTAL

-----  
51,354,300.  
=====

## FORM 990, PART II - OTHER EXPENSES

| DESCRIPTION                    | TOTAL        | PROGRAM<br>SERVICES | MANAGEMENT<br>AND GENERAL | FUNDRAISING |
|--------------------------------|--------------|---------------------|---------------------------|-------------|
| -----                          | ----         | -----               | -----                     | -----       |
| PHYSICIAN FEES                 | 158,096,429. | 155,398,067.        | 2,698,362.                |             |
| CONSULTING/MGMT FEES           | 4,665,495.   | 2,012,887.          | 2,149,428.                | 503,180.    |
| TEMPORARY LABOR                | 3,935,775.   | 2,786,731.          | 1,007,770.                | 141,274.    |
| AWARDS & HONORARIA             | 861,086.     | 539,772.            | 321,314.                  |             |
| PROSTHESIS                     | 88,417,520.  | 88,417,520.         |                           |             |
| MEDICAL SUPPLIES               | 122,462,406. | 122,309,887.        | 152,519.                  |             |
| FOOD & SUPPLEMENTS             | 9,096,858.   | 8,932,784.          | 89,924.                   |             |
| LINENS                         | 5,624,359.   | 5,623,748.          | 611.                      |             |
| PURCHASED MEDICAL SERVICES     | 57,469,482.  | 57,456,734.         | 12,748.                   |             |
| COLLECTION AGENCIES FEES       | 2,622,597.   | 2,622,597.          |                           |             |
| AMMA FEES                      | 2,243,016.   |                     | 2,243,016.                |             |
| NON MEDICAL PURCH SERVICES     | 68,218,967.  | 57,905,514.         | 9,875,756.                | 437,697.    |
| INSURANCE                      | 11,094,055.  | 10,632,134.         | 461,921.                  |             |
| LICENSES & TAXES               | 3,057,569.   | 2,245,596.          | 811,973.                  |             |
| PATIENT STUDY COSTS            | 844,080.     | 828,030.            | 16,050.                   |             |
| DUES, SUBSCRIPTIONS & BOOKS    | 3,152,646.   | 2,339,118.          | 744,150.                  | 69,378.     |
| TRAINING & SEMINARS            | 2,536,854.   | 2,079,961.          | 388,452.                  | 68,441.     |
| FUEL & MILEAGE                 | 1,538,674.   | 945,303.            | 531,887.                  | 61,484.     |
| OTHER EXPENSES                 | 4,361,746.   | 3,257,149.          | 989,163.                  | 115,434.    |
| RECRUITING                     | 598,124.     | 187,341.            | 410,783.                  |             |
| ADVERTISING                    | 3,589,027.   | 1,487,109.          | 2,076,143.                | 25,775.     |
| PROVISION-UNCOLLECTIBLE ACCTS  | 61,838,666.  | 61,838,666.         |                           |             |
| BANK CHARGES                   | 3,176,093.   | 1,506,217.          | 1,630,238.                | 39,638.     |
| FUNDRAISING COSTS              | 1,169,367.   | 57,169.             | 19,398.                   | 1,092,800.  |
| PROFESSIONAL CLAIMS EXPENSE    | 752,419.     | 677,523.            | -462,886.                 | 537,782.    |
| MISO FEES                      | 6,334,424.   | 6,334,424.          |                           |             |
| MISCELLANEOUS EXPENSES         | 966,450.     | 966,450.            |                           |             |
| LOSS ON EXTINGUISHMENT OF DEBT | 297,183.     |                     | 297,183.                  |             |
| LOSS ON DISPOSITION OF ASSETS  | 120,726.     |                     | 120,726.                  |             |
| PHARMACEUTICALS                | 67,362,517.  | 67,287,513.         | 75,004.                   |             |
| PERSONAL PROPERTY RENTAL EXPS  | -686,974.    | -686,974.           |                           |             |

FORM 990, PART II - OTHER EXPENSES  
=====

| DESCRIPTION<br>----- | TOTAL<br>-----        | PROGRAM<br>SERVICES<br>----- | MANAGEMENT<br>AND GENERAL<br>----- | FUNDRAISING<br>----- |
|----------------------|-----------------------|------------------------------|------------------------------------|----------------------|
| TOTALS               | 695,817,636.<br>===== | 665,988,970.<br>=====        | 26,661,633.<br>=====               | 3,167,033.<br>=====  |

FORM 990, PART III - ORGANIZATION'S PRIMARY EXEMPT PURPOSE  
=====

SCRIPPS HEALTH IS A COMMUNITY-BASED HEALTH CARE DELIVERY NETWORK IN SAN DIEGO, CALIFORNIA, THAT INCLUDES FOUR ACUTE-CARE HOSPITALS ON FIVE CAMPUSES, MORE THAN 2,600 AFFILIATED PHYSICIANS, AN EXTENSIVE AMBULATORY CARE NETWORK, HOME HEALTH CARE, AND ASSOCIATED SUPPORT SERVICES.

SCRIPPS HEALTH'S MISSION STATEMENT IS AS FOLLOWS:

SCRIPPS STRIVES TO PROVIDE SUPERIOR HEALTH SERVICES IN A CARING ENVIRONMENT AND TO MAKE A POSITIVE MEASURABLE DIFFERENCE IN THE HEALTH OF INDIVIDUALS IN THE COMMUNITIES WE SERVE.

WE DEVOTE OUR RESOURCES TO DELIVERING QUALITY, SAFE, COST-EFFECTIVE, SOCIALLY RESPONSIBLE HEALTH CARE SERVICES. WE ADVANCE CLINICAL RESEARCH, COMMUNITY HEALTH EDUCATION, EDUCATION OF PHYSICIANS AND HEALTH CARE PROFESSIONALS AND SPONSOR GRADUATE MEDICAL EDUCATION.

WE COLLABORATE WITH OTHERS TO DELIVER THE CONTINUUM OF CARE THAT IMPROVES THE HEALTH OF OUR COMMUNITY.

## FORM 990, PART IV - INVESTMENTS - PUBLICLY TRADED SECURITIES

| DESCRIPTION<br>-----                      | BEGINNING<br>BOOK VALUE<br>----- | ENDING<br>BOOK VALUE<br>----- |
|-------------------------------------------|----------------------------------|-------------------------------|
| EQUITY & OTHER SECURITIES                 | 277,666,907.                     | 428,515,064.                  |
| FIXED INCOME SECURITIES                   | 258,826,639.                     | 308,506,112.                  |
| OTHER INVESTMENTS                         | NONE                             | 19,000.                       |
| UNEXPENDED BOND PROCEEDS HELD<br>IN TRUST | 71,805,246.                      | 60,300,589.                   |
| SUPPLEMENTAL RETIREMENT PLAN              | 6,156,331.                       | 5,933,529.                    |
|                                           | -----                            | -----                         |
| TOTALS                                    | 614,455,123.                     | 803,274,294.                  |
|                                           | =====                            | =====                         |

FORM 990, PART IV - INVESTMENTS - OTHER SECURITIES  
=====

| DESCRIPTION<br>-----          | BEGINNING<br>BOOK VALUE<br>----- | ENDING<br>BOOK VALUE<br>----- |
|-------------------------------|----------------------------------|-------------------------------|
| DEBT SERV FUNDS HELD BY TRUST | 9,521,736.                       | 10,101,969.                   |
| STRATEGIC CAPITAL RESERVE     | 8,427,399.                       | 8,374,312.                    |
|                               | -----                            | -----                         |
| TOTALS                        | 17,949,135.                      | 18,476,281.                   |
|                               | =====                            | =====                         |

## FORM 990, PART IV - OTHER ASSETS

=====

| DESCRIPTION<br>-----          | BEGINNING<br>BOOK VALUE<br>----- | ENDING<br>BOOK VALUE<br>----- |
|-------------------------------|----------------------------------|-------------------------------|
| ANNUITIES/UNITRUSTS           | 43,936,085.                      | 44,276,157.                   |
| ART                           | 404,013.                         | 509,313.                      |
| DEFERRED RENT RECEIVABLE      | NONE                             | 530,572.                      |
| DEFERRED DEBT/REFINANCE COSTS | 10,536,530.                      | 9,436,835.                    |
| INTANGIBLE ASSETS, NET        | 37,829,450.                      | 35,820,807.                   |
| INVESTMENT IN WHITTIER        | 12,662,012.                      | 12,824,643.                   |
| INVESTMENT IN SCHPS           | 3,591,242.                       | 3,792,901.                    |
| INVESTMENT IN SMASC           | 399,504.                         | 2,219,125.                    |
| SWAP HEDGE RECEIVABLE         | NONE                             | 228,355.                      |
| OTHER ASSETS                  | 1,998,507.                       | 2,546,288.                    |
|                               | -----                            | -----                         |
| TOTALS                        | 111,357,343.                     | 112,184,996.                  |
|                               | =====                            | =====                         |

## FORM 990, PART IV - TAX-EXEMPT BOND LIABILITIES

| DESCRIPTION<br>-----                              | BEGINNING<br>BOOK VALUE<br>----- | ENDING<br>BOOK VALUE<br>----- |
|---------------------------------------------------|----------------------------------|-------------------------------|
| 2005A (CHFFA)-FINANCE CAPITAL/BOND ISSUANCE COSTS | 40,975,000.                      | 40,975,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 2005B-F (CHFFA)-FINANCE CAPITAL FOR HOSPITALS     | 249,025,000.                     | 241,945,000.                  |
| UNEXPENDED PROCEEDS:                              | 60,300,585.                      |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 1991B (CHFFA)-PURCHASE EQUIPMENT                  | 31,500,000.                      | 31,500,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 2005A (SWEEP)-FINANCE CAPITAL/BOND ISSUANCE COSTS | 50,000,000.                      | NONE                          |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 1998A (CHFFA)-REFINANCE 1985A/CHW LOAN            | 30,500,000.                      | 30,500,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 1998B (CHFFA)-REFINANCE 1985A/CHW LOAN            | 30,400,000.                      | 30,400,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 2001A (CHFFA)-FINANCE CAPITAL                     | 13,950,000.                      | 11,700,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| 2007A (SWEEP)-REFINANCE 2005A                     | NONE                             | 49,995,000.                   |
| UNEXPENDED PROCEEDS:                              | NONE                             |                               |
| THIRD PARTY PERCENTAGE:                           | <5%                              |                               |
| TOTALS                                            | 446,350,000.                     | 437,015,000.                  |



FORM 990, PART IV - MORTGAGES AND OTHER NOTES PAYABLE

LENDER: GENERAL ELECTRIC  
 ORIGINAL AMOUNT: 2,489,025.  
 INTEREST RATE: 6.120000  
 DATE OF NOTE: 09/01/2006  
 MATURITY DATE: 08/01/2011  
 REPAYMENT TERMS: MONTHLY PRINCIPLE & INTEREST  
 SECURITY PROVIDED: SECURITY INTEREST IN THE EQUIPMENT  
 PURPOSE OF LOAN: EQUIPMENT PURCHASE  
 DESCRIPTION AND FMV OF CONSIDERATION: SCANNER - \$2,489,025

|                             |            |
|-----------------------------|------------|
| BEGINNING BALANCE DUE ..... | 2,489,025. |
| ENDING BALANCE DUE .....    | 2,002,056. |

LENDER: GENERAL ELECTRIC  
 ORIGINAL AMOUNT: 2,524,540.  
 INTEREST RATE: 4.890000  
 DATE OF NOTE: 10/01/2004  
 MATURITY DATE: 09/01/2009  
 REPAYMENT TERMS: MONTHLY PRINCIPLE & INTEREST  
 SECURITY PROVIDED: SECURITY INTEREST IN THE EQUIPMENT  
 PURPOSE OF LOAN: EQUIPMENT PURCHASE  
 DESCRIPTION AND FMV OF CONSIDERATION: SCANNER - \$2,524,540

|                             |            |
|-----------------------------|------------|
| BEGINNING BALANCE DUE ..... | 1,540,634. |
| ENDING BALANCE DUE .....    | 1,036,926. |

LENDER: PHILLIPS MEDICAL  
 ORIGINAL AMOUNT: 582,328.  
 INTEREST RATE: 4.100000  
 DATE OF NOTE: 06/01/2006  
 MATURITY DATE: 01/01/2009  
 REPAYMENT TERMS: MONTHLY PRINCIPLE & INTEREST  
 SECURITY PROVIDED: SECURITY INTEREST IN THE EQUIPMENT  
 PURPOSE OF LOAN: EQUIPMENT PURCHASE  
 DESCRIPTION AND FMV OF CONSIDERATION: MRI & FUJI CAMERA - \$582,328

|                             |          |
|-----------------------------|----------|
| BEGINNING BALANCE DUE ..... | 512,059. |
| ENDING BALANCE DUE .....    | 299,992. |

LENDER: PHILLIPS MEDICAL  
 ORIGINAL AMOUNT: 59,548.  
 INTEREST RATE: 4.100000  
 DATE OF NOTE: 06/01/2006  
 MATURITY DATE: 01/01/2009  
 REPAYMENT TERMS: MONTHLY PRINCIPLE & INTEREST  
 SECURITY PROVIDED: SECURITY INTEREST IN THE EQUIPMENT  
 PURPOSE OF LOAN: EQUIPMENT PURCHASE  
 DESCRIPTION AND FMV OF CONSIDERATION: ULTRASOUND - \$59,548

|                             |         |
|-----------------------------|---------|
| BEGINNING BALANCE DUE ..... | 52,363. |
| ENDING BALANCE DUE .....    | 30,677. |

LENDER: PYXIS  
 ORIGINAL AMOUNT: 7,911,754.  
 INTEREST RATE: 6.390000  
 DATE OF NOTE: VAR  
 MATURITY DATE: VAR  
 REPAYMENT TERMS: MTHLY PRIN&INT(INT RATE ABOVE: AVRGE FOR ALL NOTES)  
 SECURITY PROVIDED: SECURITY INTEREST IN THE EQUIPMENT  
 PURPOSE OF LOAN: EQUIPMENT PURCHASE  
 DESCRIPTION AND FMV OF CONSIDERATION: VRS EQUIPMENT - \$7,911,754

|                             |            |
|-----------------------------|------------|
| BEGINNING BALANCE DUE ..... | 4,812,116. |
| ENDING BALANCE DUE .....    | 3,905,419. |

|                                                   |            |
|---------------------------------------------------|------------|
| TOTAL BEGINNING MORTGAGES AND OTHER NOTES PAYABLE | 9,406,197. |
|---------------------------------------------------|------------|

|                                                |            |
|------------------------------------------------|------------|
| TOTAL ENDING MORTGAGES AND OTHER NOTES PAYABLE | 7,275,070. |
|------------------------------------------------|------------|

## FORM 990, PART IV - OTHER LIABILITIES

=====

| DESCRIPTION<br>-----          | BEGINNING<br>BOOK VALUE<br>----- | ENDING<br>BOOK VALUE<br>----- |
|-------------------------------|----------------------------------|-------------------------------|
| ANNUITY AND UNITRUSTS         | 14,064,878.                      | 13,387,042.                   |
| DEFERRED RETIREMENT LIABILITY | 8,131,426.                       | 7,976,248.                    |
| DEPOSITS AND CONTINGENCIES    | 68,382.                          | 65,474.                       |
| PROFESSIONAL SELF-INSURANCE   | 16,253,037.                      | 16,446,789.                   |
| OTHER LONG TERM LIABILITIES   | 24,039,604.                      | 27,418,763.                   |
| ARO LIABILITIES               | 11,932,442.                      | 12,529,059.                   |
|                               | -----                            | -----                         |
| TOTALS                        | 74,489,769.                      | 77,823,375.                   |
|                               | =====                            | =====                         |

FORM 990, PART IV-A - OTHER REVENUE ON BOOKS BUT NOT ON RETURN  
=====

| DESCRIPTION<br>-----                                | AMOUNT<br>----- |
|-----------------------------------------------------|-----------------|
| REVENUE OF SUBSIDIARIES                             | 183,899,920.    |
| MARKET ADJ. ON INT. RATE SWAP                       | 505,269.        |
| CHANGE IN VAL - INT. RATE SWAP                      | 188,222.        |
| CONSOLIDATION ELIMINATION                           | -113,463,840.   |
| CHANGE IN VAL - DEFERRED GIFTS                      | -198,460.       |
| CUMULATIVE EFFECT OF CHANGE IN<br>ACCOUNTING METHOD | -47,271,463.    |
| EXTINGUISHMENT OF DEBT-RECLASS                      | -297,183.       |
| OTHER CHANGES IN NET ASSETS                         | -1,254,121.     |
| LOSS ON DISPOSALS-RECLASS                           | -120,726.       |
|                                                     | -----           |
| TOTAL                                               | 21,987,618.     |
|                                                     | =====           |

FORM 990, PART IV-A - OTHER REVENUE ON RETURN BUT NOT ON BOOKS  
=====DESCRIPTION  
-----AMOUNT  
-----

SPECIAL EVENT EXPENSES-RECLASS  
BK-TAX DIFF. FOR PARTNERSHIPS  
RENT FROM PERSONAL PROPERTY

-668,389.  
2,630,256.  
-686,974.

TOTAL

-----  
1,274,893.  
=====

FORM 990, PART IV-B - OTHER EXPENSES ON BOOKS BUT NOT ON RETURN  
=====

| DESCRIPTION<br>-----           | AMOUNT<br>----- |
|--------------------------------|-----------------|
| EXPENSES OF SUBSIDIARIES       | 183,124,707.    |
| SPECIAL EVENT EXPENSES-RECLASS | 668,389.        |
| EXTINGUISHMENT OF DEBT-RECLASS | -297,183.       |
| CONSOLIDATION ELIMINATION      | -113,527,876.   |
| RENT FROM PERSONAL PROPERTY    | 686,974.        |
|                                | -----           |
| TOTAL                          | 70,655,011.     |
|                                | =====           |

FORM 990, PART IV-B - OTHER EXPENSES ON RETURN BUT NOT ON BOOKS

| DESCRIPTION<br>-----      | AMOUNT<br>----- |
|---------------------------|-----------------|
| LOSS ON DISPOSALS-RECLASS | 120,726.        |
|                           | -----           |
| TOTAL                     | 120,726.        |
|                           | =====           |

FORM 990, PART V-A - CURRENT OFFICERS, DIRECTORS, AND TRUSTEES

| NAME AND ADDRESS | TITLE AND TIME<br>DEVOTED TO POSITION | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE ACCT<br>AND OTHER<br>ALLOWANCES |
|------------------|---------------------------------------|--------------|-----------------------------------------------|-----------------------------------------|
|------------------|---------------------------------------|--------------|-----------------------------------------------|-----------------------------------------|

|                                                                                               |                          |            |          |        |
|-----------------------------------------------------------------------------------------------|--------------------------|------------|----------|--------|
| CHRIS D VAN GORDER EX-OFFICIO<br>SEE STMT 1<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | PRESIDENT & CEO<br>40.00 | 1,257,575. | 343,174. | 9,600. |
|-----------------------------------------------------------------------------------------------|--------------------------|------------|----------|--------|

THE AMOUNT IN COLUMN D INCLUDES \$259,886 FOR AN ESTIMATED INCREASE IN THE VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION PART V-A.

|                                                                      |                      |          |          |        |
|----------------------------------------------------------------------|----------------------|----------|----------|--------|
| RICHARD ROTHBERGER<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | EXEC VP/CFO<br>40.00 | 811,150. | 130,338. | 9,600. |
|----------------------------------------------------------------------|----------------------|----------|----------|--------|

|                                                                                    |                    |          |          |        |
|------------------------------------------------------------------------------------|--------------------|----------|----------|--------|
| RICHARD R SHERIDAN<br>SEE STMT 1<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | SECRETARY<br>40.00 | 477,246. | 123,154. | 9,600. |
|------------------------------------------------------------------------------------|--------------------|----------|----------|--------|

THE AMOUNT IN COLUMN D INCLUDES \$62,014 FOR AN ESTIMATED INCREASE IN THE VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION



FORM 990, PART V-A - CURRENT OFFICERS, DIRECTORS, AND TRUSTEES  
=====

| NAME AND ADDRESS<br>-----                                               | TITLE AND TIME<br>DEVOTED TO POSITION<br>----- | COMPENSATION<br>----- | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS<br>----- | EXPENSE ACCT<br>AND OTHER<br>ALLOWANCES<br>----- |
|-------------------------------------------------------------------------|------------------------------------------------|-----------------------|--------------------------------------------------------|--------------------------------------------------|
| PART V-A                                                                |                                                |                       |                                                        |                                                  |
| VIRGINIA LEARY<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121        | ASSISTANT SECRETARY<br>40.00                   | 77,007.               | 15,502.                                                | NONE                                             |
| GALE D KEEL<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121           | ASSISTANT SECRETARY<br>40.00                   | 67,500.               | 9,534.                                                 | NONE                                             |
| JEFF BOWMAN<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121           | CHAIRMAN<br>5.00                               | NONE                  | NONE                                                   | NONE                                             |
| RICHARD VORTMANN<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121      | VICE CHAIRMAN<br>5.00                          | NONE                  | NONE                                                   | NONE                                             |
| MARY JO ANDERSON CHS<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121  | TRUSTEE<br>5.00                                | NONE                  | NONE                                                   | NONE                                             |
| DOUGLAS A BINGHAM ESQ<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | TRUSTEE<br>5.00                                | NONE                  | NONE                                                   | NONE                                             |

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FORM 990, PART V-A - CURRENT OFFICERS, DIRECTORS, AND TRUSTEES

| NAME AND ADDRESS                                                          | TITLE AND TIME<br>DEVOTED TO POSITION | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE ACCT<br>AND OTHER<br>ALLOWANCES |
|---------------------------------------------------------------------------|---------------------------------------|--------------|-----------------------------------------------|-----------------------------------------|
| -----                                                                     | -----                                 | -----        | -----                                         | -----                                   |
| MARTIN C DICKINSON<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121      | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| VIRGINIA GILLIS RSM EDD<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| RICHARD L HALL MD<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121       | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| FRED HOWE<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121               | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| WESTCOTT W PRICE III<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121    | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| ERNEST S RADY<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121           | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |

FORM 990, PART V-A - CURRENT OFFICERS, DIRECTORS, AND TRUSTEES

| NAME AND ADDRESS                                                    | TITLE AND TIME<br>DEVOTED TO POSITION | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE ACCT<br>AND OTHER<br>ALLOWANCES |
|---------------------------------------------------------------------|---------------------------------------|--------------|-----------------------------------------------|-----------------------------------------|
| MAUREEN STAPLETON<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| ROBERT TJOSVOLD<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121   | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| KAYE WOLTMAN<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121      | TRUSTEE<br>5.00                       | NONE         | NONE                                          | NONE                                    |
| GRAND TOTALS                                                        |                                       | 2,690,478.   | 621,702.                                      | 28,800.                                 |

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FORM 990, PART V-B - FORMER OFFICERS, DIRECTORS, AND TRUSTEES

| NAME AND ADDRESS                                                                 | LOANS AND ADVANCES | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE ACCT<br>AND OTHER<br>ALLOWANCES |
|----------------------------------------------------------------------------------|--------------------|--------------|-----------------------------------------------|-----------------------------------------|
| CLYDE H BECK JR<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                | NONE               | 719,264.     | NONE                                          | NONE                                    |
| JEAN A BALGROSKY<br>SEE STMT 1<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121 | NONE               | 381,295.     | 48,291.                                       | NONE                                    |

THE AMOUNT IN COLUMN D INCLUDES \$48,291 FOR AN ESTIMATED INCREASE IN THE VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION PART V-A.

GRAND TOTALS

|      |            |         |      |
|------|------------|---------|------|
| NONE | 1,100,559. | 48,291. | NONE |
|------|------------|---------|------|

## FORM 990, PART VI - NAMES OF RELATED ORGANIZATIONS

=====

|                               |                                             |
|-------------------------------|---------------------------------------------|
| RELATED ORGANIZATION NAME:    | MERCY HOSPITAL FOUNDATION                   |
| EXEMPT: X      NONEXEMPT:     |                                             |
| RELATED ORGANIZATION NAME:    | SC PHYSICIANS ORGANIZATION                  |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS HEALTH PLAN SERVICES                |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS FOUNDATION FOR MEDICINE AND SCIENCE |
| EXEMPT: X      NONEXEMPT:     |                                             |
| RELATED ORGANIZATION NAME:    | THE WHITTIER INSTITUTE FOR DIABETES         |
| EXEMPT: X      NONEXEMPT:     |                                             |
| RELATED ORGANIZATION NAME:    | SMPP SERVICES, INC.                         |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS MEDICAL LABORATORY                  |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS HEALTH AND HEALING                  |
| EXEMPT: X      NONEXEMPT:     |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS MERCY BILLING LLC                   |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS CLINIC BILLING LLC                  |
| EXEMPT:          NONEXEMPT: X |                                             |
| RELATED ORGANIZATION NAME:    | SCRIPPS MERCY AMBULATORY SURGERY CTR        |
| EXEMPT:          NONEXEMPT: X |                                             |

FORM 990, PART VII - PROGRAM SERVICE REVENUE

| DESCRIPTION            | BUSINESS<br>CODE | AMOUNT   | EXCLUSION<br>CODE | AMOUNT | RELATED OR EXEMPT<br>FUNCTION INCOME |
|------------------------|------------------|----------|-------------------|--------|--------------------------------------|
| HEALTHCARE SERVICE     | 621500           | 637,856. |                   |        | 1639450677.                          |
| MEDICAL OFF BLDGS      |                  |          |                   |        | 12,440,883.                          |
| FITNESS CENTER         |                  |          |                   |        | 383,570.                             |
| HEALTH EDUCATION       |                  |          |                   |        | 4,833,442.                           |
| EXECUTIVE HEALTH       |                  |          |                   |        | 3,129,674.                           |
| CONTRACTED RESEARCH    |                  |          |                   |        | 6,589,946.                           |
| RESEARCH GRANTS        |                  |          |                   |        | 4,154,093.                           |
| JV-CHILDREN'S HOSPITAL |                  |          |                   |        | 4,104,159.                           |
| TOTALS                 |                  | 637,856. |                   |        | 1675086444.                          |

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FORM 990, PART VII - OTHER REVENUE  
=====

| DESCRIPTION<br>----- | BUSINESS<br>CODE<br>---- | AMOUNT<br>----- | EXCLUSION<br>CODE<br>---- | AMOUNT<br>----- | RELATED OR EXEMPT<br>FUNCTION INCOME<br>----- |
|----------------------|--------------------------|-----------------|---------------------------|-----------------|-----------------------------------------------|
| CAFETERIA            |                          |                 | 03                        | 5,734,676.      |                                               |
| GIFT SHOP            |                          |                 | 03                        | 1,440,202.      |                                               |
| PARKING              |                          |                 | 03                        | 2,437,003.      |                                               |
| MEDICAL RECORDS      |                          |                 | 03                        | 142,396.        |                                               |
| VENDING MACHINES     |                          |                 | 03                        | 182,858.        |                                               |
| PATIENT A/R INT      |                          |                 | 14                        | 1,477,792.      |                                               |
| OTHER OP/NONOP REV   |                          |                 | 01                        | 5,336,763.      |                                               |
| MANAGEMENT REVENUE   |                          |                 | 01                        | 1,065,241.      |                                               |
| CASH DISCOUNTS       |                          |                 | 01                        | 115,579.        |                                               |
| REBATES & REFUNDS    |                          |                 | 01                        | 476,850.        |                                               |
| TOTALS               |                          | -----           |                           | 18,409,360.     | -----                                         |
|                      |                          | =====           |                           | =====           | =====                                         |

FORM 990, PART VIII - ACCOMPLISHMENT OF EXEMPT PURPOSES

| LINE<br>NO. | EXPLANATION OF HOW EACH ACTIVITY FOR WHICH INCOME<br>IS REPORTED IN COLUMN (E) OF PART VII CONTRIBUTED<br>IMPORTANTLY TO THE ACCOMPLISHMENT OF EXEMPT PURPOSES |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|

|     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 93A | REVENUE DERIVED FROM PROVIDING MEDICAL CARE TO THE COMMUNITY<br>INCLUDING SUPPORT SERVICES TO THE UNINSURED AND UNDERSERVED<br>INCLUDING THE FOLLOWING:<br>PROVISION OF SERVICES TO MEDI-CAL PATIENTS<br>PROVISION OF SERVICES TO MEDICARE PATIENTS<br>WELLNESS AND PREVENTION EDUCATION<br>RENTAL INCOME FROM MEDICAL OFFICE BUILDING ADJACENT TO<br>SCRIPPS HEALTH'S HOSPITALS WHICH ENABLE DOCTORS TO BE IN<br>CLOSE PROXIMITY IN ORDER TO ASSIST THE HOSPITAL IN ITS<br>EXEMPT PURPOSE, IN ACCORDANCE WITH REVENUE RULINGS 69-463<br>AND 69-464. |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



## FORM 990, PART IX - INFORMATION REGARDING TAXABLE SUBSIDIARIES

| NAME AND ADDRESS<br>EMPLOYER IDENTIFICATION NUMBER                                           | PERCENTAGE<br>OWNERSHIP<br>INTEREST | NATURE OF<br>BUSINESS ACTIVITIES | TOTAL<br>INCOME | ENDING<br>ASSETS |
|----------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------|-----------------|------------------|
| -----                                                                                        | -----                               | -----                            | -----           | -----            |
| SC PHYSICIANS ORGANIZATION<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>33-0796247   | 100.000000                          | HOLDING COMPANY                  | 145,620,579.    | 68,400,008.      |
| SCRIPPS MERCY AMBUL SURG CTR<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>45-0503246 | 67.500000                           | OUTPATIENT SURGERY               | 6,100,649.      | 3,349,335.       |
| SMPP SERVICES, INC.<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>02-0668534          | 100.000000                          | ADMIN SUPPORT SERVICES           | 289,241.        | 583,310.         |
| SCRIPPS MEDICAL LABORATORY<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>91-2156239   | 100.000000                          | MEDICAL LAB SERVICES             | NONE            | NONE             |
| SCRIPPS CLINIC BILLING, LLC<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>87-0737749  | 100.000000                          | CLINIC BILLING                   | 445,152,358.    | NONE             |
| SCRIPPS MERCY BILLING, LLC<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121<br>87-0737748   | 100.000000                          | CLINIC BILLING                   | 7,137,256.      | NONE             |

FORM 990, PART IX - INFORMATION REGARDING TAXABLE SUBSIDIARIES

| NAME AND ADDRESS<br>EMPLOYER IDENTIFICATION NUMBER | PERCENTAGE |          | NATURE OF<br>BUSINESS ACTIVITIES | TOTAL<br>INCOME | ENDING<br>ASSETS |
|----------------------------------------------------|------------|----------|----------------------------------|-----------------|------------------|
|                                                    | OWNERSHIP  | INTEREST |                                  |                 |                  |
|                                                    |            |          |                                  | 604,300,083.    | 72,332,653.      |
|                                                    |            |          |                                  | =====           | =====            |
|                                                    |            |          |                                  | TOTAL INCOME    |                  |

FORM 990, PART XI - TRANSFERS FROM CONTROLLED ENTITIES STATEMENT  
=====

CONTROLLED ENTITY'S NAME: THE WHITTIER INSTITUTE FOR DIABETES  
CONTROLLED ENTITY'S ADDRESS: 9894 GENESEE AVENUE  
CITY, STATE & ZIP: LA JOLLA, CA 92037  
EIN: 95-3621314  
TRANSFER AMOUNT: 3,242,308.  
EXPLANATION OF TRANSFER FROM CONTROLLED ENTITY:  
INTERCOMPANY TRANSFER FOR EXPENSES PAID BY SCRIPPS HEALTH

CONTROLLED ENTITY'S NAME: SCRIPPS HEALTH PLAN SERVICES, INC.  
CONTROLLED ENTITY'S ADDRESS: 4275 CAMPUS POINT COURT  
CITY, STATE & ZIP: SAN DIEGO, CA 92121  
EIN: 33-0782099  
TRANSFER AMOUNT: 3,564,919.  
EXPLANATION OF TRANSFER FROM CONTROLLED ENTITY:  
INTERCOMPANY TRANSFER FOR EXPENSES PAID BY SCRIPPS HEALTH

CONTROLLED ENTITY'S NAME: SCRIPPS HEALTH PLAN SERVICES, INC.  
CONTROLLED ENTITY'S ADDRESS: 4275 CAMPUS POINT COURT  
CITY, STATE & ZIP: SAN DIEGO, CA 92121  
EIN: 33-0782099  
TRANSFER AMOUNT: 37,576,916.  
EXPLANATION OF TRANSFER FROM CONTROLLED ENTITY:  
SUB-CAPITATION PAYMENTS

=====

SCHEDULE A, PART I - COMPENSATION OF THE FIVE HIGHEST PAID EMPLOYEES

=====

| NAME AND ADDRESS                                                                                                                                                                                                                                                                                                                                                                                                                                                      | TITLE AND TIME<br>DEVOTED TO POSITION | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE<br>ACCOUNT |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|--------------|-----------------------------------------------|--------------------|
| -----                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | -----                                 | -----        | -----                                         | -----              |
| ARNOLD B EASTMAN MD<br>SEE STMT 1<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                                                                                                                                                                                                                                                                                                                                                                                   | CHIEF MED. OFFICER<br>40.00           | 621,028.     | 577,976.                                      | 9,600.             |
| <p>THE AMOUNT IN COLUMN D INCLUDES \$467,221 FOR AN ESTIMATED INCREASE IN THE VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION PART V-A.</p> |                                       |              |                                               |                    |
| VICTOR V BUZACHERO<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                                                                                                                                                                                                                                                                                                                                                                                                  | SENIOR VP, HR<br>40.00                | 553,341.     | 131,692.                                      | 9,600.             |
| JUNE E KOMAR<br>SEE STMT 1<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                                                                                                                                                                                                                                                                                                                                                                                          | SNR VP, PLANNING/DEV<br>40.00         | 512,580.     | 236,999.                                      | 9,600.             |
| <p>THE AMOUNT IN COLUMN D INCLUDES \$183,778 FOR AN ESTIMATED INCREASE IN THE VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION PART V-A.</p> |                                       |              |                                               |                    |

SCHEDULE A, PART I - COMPENSATION OF THE FIVE HIGHEST PAID EMPLOYEES

| NAME AND ADDRESS                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | TITLE AND TIME<br>DEVOTED TO POSITION | COMPENSATION | CONTRIBUTIONS<br>TO EMPLOYEE<br>BENEFIT PLANS | EXPENSE<br>ACCOUNT |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|--------------|-----------------------------------------------|--------------------|
| LARRY J HARRISON<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                                                                                                                                                                                                                                                                                                                                                                                                               | CHIEF EXECUTIVE<br>40.00              | 563,119.     | 108,041.                                      | 9,600.             |
| ROBIN BROWN<br>4275 CAMPUS POINT COURT<br>SAN DIEGO, CA 92121                                                                                                                                                                                                                                                                                                                                                                                                                    | HOSP. ADMINISTRATOR<br>40.00          | 465,665.     | 218,392.                                      | 9,600.             |
| THE AMOUNT IN COLUMN D INCLUDES \$143,995 FOR AN ESTIMATED INCREASE IN THE<br>VALUE OF A SUPPLEMENTAL RETIREMENT PLAN ("SERP"). THE SERP IS SUBJECT TO<br>SUBSTANTIAL RISK OF FORFEITURE AND THESE AMOUNTS MAY NEVER BE RECEIVED BY<br>THE INDIVIDUAL. IF ANY AMOUNTS ARE PAID OUT UNDER THE SERP, THE AMOUNT<br>WILL ALSO BE REPORTED AS COMPENSATION IN THE YEAR PAID. SEE ADDITIONAL<br>INFORMATION AT GENERAL EXPLANATION ATTACHMENT - SUPPLEMENTAL INFORMATION<br>PART V-A. |                                       |              |                                               |                    |
| TOTAL COMPENSATION                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                       | 2,715,733.   | 1,273,100.                                    | 48,000.            |

SCH. A, PART II-A COMPENSATION OF THE 5 HIGHEST PAID FOR PROF. SERV.  
=====

|                                                                                  |                     |                                |
|----------------------------------------------------------------------------------|---------------------|--------------------------------|
| SCRIPPS CLINIC MEDICAL GROUP<br>4275 CAMPUS POINT CT<br>SAN DIEGO, CA 92121      | PHYSICIAN SERVICES  | 114,247,416.                   |
| CARDINAL PHARMACY MANAGEMENT<br>21377 NETWORK PL<br>CHICAGO, IL 60673            | PHARMACY MANAGEMENT | 40,554,851.                    |
| AMERICAN MOBILE NURSES HEALTHCARE<br>12235 EL CAMINO REAL<br>SAN DIEGO, CA 92130 | NURSE STAFFING      | 15,360,814.                    |
| EMERGENCY ACUTE CARE MED CORPORATION<br>PO BOX 9350<br>RANCHO SANTA FE, CA 92067 | PHYSICIAN SERVICES  | 8,433,566.                     |
| SCRIPPS MERCY MED GROUP<br>501 WASHINGTON SUITE 60<br>SAN DIEGO, CA 92103        | PHYSICIAN SERVICES  | 7,140,711.                     |
| TOTAL COMPENSATION                                                               |                     | -----<br>185,737,358.<br>===== |

SCH. A, PART II-B COMPENSATION OF THE 5 HIGHEST PAID FOR OTHER SERV.  
=====

|                                                                                |                     |                               |
|--------------------------------------------------------------------------------|---------------------|-------------------------------|
| ARB STRUCTURES INC<br>26000 COMMERCENTRE DRIVE<br>LAKE FOREST, CA 92630        | CONSTRUCTION        | 11,503,048.                   |
| DPR CONSTRUCTION INC<br>6333 GREENWICH DRIVE SUITE 170<br>SAN DIEGO, CA 92122  | CONSTRUCTION        | 7,990,542.                    |
| ASTRO MECHANICAL CONTRACTOR<br>603 SOUTH MARSHALL AVENUE<br>EL CAJON, CA 92020 | MECHANICAL SERVICES | 7,896,322.                    |
| COAST ENVIRONMENTAL INC<br>2221 LAS PALMAS SUITE J<br>CARLSBAD, CA 92011       | INDOOR AIR QUALITY  | 6,338,416.                    |
| BSD BUILDERS<br>8825 RECHO ROAD SUITE A<br>SAN DIEGO, CA 92121                 | CONSTRUCTION        | 4,404,639.                    |
| TOTAL COMPENSATION                                                             |                     | -----<br>38,132,967.<br>===== |

## SCHEDULE A, PART III - EXPLANATION FOR LINE 3A

=====

THE PRESIDENT'S SCHOLARSHIP PROGRAM IS AVAILABLE TO ALL EMPLOYEES REGARDLESS OF JOB POSITION OR EDUCATION. APPLICANTS ARE SCREENED BY A SELECTION COMMITTEE WITH FINAL SELECTION AND CONFIRMATION TO BE MADE BY THE PRESIDENT/CEO.



SCHEDULE A, PART VI-B - LOBBYING ACTIVITY EXPLANATION

=====

TO INFLUENCE FEDERAL, STATE AND LOCAL LEGISLATION AS IT AFFECTS SCRIPPS  
HEALTH REIMBURSEMENT AND REGULATIONS.

**SCHEDULE D**  
**(Form 1041)**

Department of the Treasury  
Internal Revenue Service

# Capital Gains and Losses

► **Attach to Form 1041, Form 5227, or Form 990-T. See the separate instructions for Form 1041 (also for Form 5227 or Form 990-T, if applicable).**

OMB No 1545-0092

**2006**

Name of estate or trust

Employer identification number

SCRIPPS HEALTH

95-1684089

**Note:** Form 5227 filers need to complete *only* Parts I and II

**Part I Short-Term Capital Gains and Losses - Assets Held One Year or Less**

|   | (a) Description of property<br>(Example 100 shares 7% preferred of "Z" Co)                                            | (b) Date acquired<br>(mo, day, yr) | (c) Date sold<br>(mo, day, yr) | (d) Sales price | (e) Cost or other basis<br>(see page 35) | (f) Gain or (Loss)<br>for the entire year<br>(col. (d) less col. (e)) |
|---|-----------------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------|-----------------|------------------------------------------|-----------------------------------------------------------------------|
| 1 |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|   |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|   |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|   |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|   |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
| 2 | Short-term capital gain or (loss) from Forms 4684, 6252, 6781, and 8824                                               |                                    |                                |                 |                                          | 2                                                                     |
| 3 | Net short-term gain or (loss) from partnerships, S corporations, and other estates or trusts                          |                                    |                                |                 |                                          | 3                                                                     |
| 4 | Short-term capital loss carryover. Enter the amount, if any, from line 9 of the 2005 Capital Loss Carryover Worksheet |                                    |                                |                 |                                          | 4 ( )                                                                 |
| 5 | Net short-term gain or (loss). Combine lines 1 through 4 in column (f). Enter here and on line 13, column (3) below   |                                    |                                |                 |                                          | 5                                                                     |

**Part II Long-Term Capital Gains and Losses - Assets Held More Than One Year**

|    | (a) Description of property<br>(Example 100 shares 7% preferred of "Z" Co)                                            | (b) Date acquired<br>(mo, day, yr) | (c) Date sold<br>(mo, day, yr) | (d) Sales price | (e) Cost or other basis<br>(see page 35) | (f) Gain or (Loss)<br>for the entire year<br>(col. (d) less col. (e)) |
|----|-----------------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------|-----------------|------------------------------------------|-----------------------------------------------------------------------|
| 6  | SEE STATEMENT 1                                                                                                       |                                    |                                | 399,815,084.    | 354,246,970.                             | 45,568,114.                                                           |
|    |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|    |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
|    |                                                                                                                       |                                    |                                |                 |                                          |                                                                       |
| 7  | Long-term capital gain or (loss) from Forms 2439, 4684, 6252, 6781, and 8824                                          |                                    |                                |                 |                                          | 7                                                                     |
| 8  | Net long-term gain or (loss) from partnerships, S corporations, and other estates or trusts                           |                                    |                                |                 |                                          | 8                                                                     |
| 9  | Capital gain distributions                                                                                            |                                    |                                |                 |                                          | 9                                                                     |
| 10 | Gain from Form 4797, Part I                                                                                           |                                    |                                |                 |                                          | 10                                                                    |
| 11 | Long-term capital loss carryover. Enter the amount, if any, from line 14 of the 2005 Capital Loss Carryover Worksheet |                                    |                                |                 |                                          | 11 ( )                                                                |
| 12 | Net long-term gain or (loss). Combine lines 6 through 11 in column (f). Enter here and on line 14a, column (3) below  |                                    |                                |                 |                                          | 12 45,568,114.                                                        |

**Part III Summary of Parts I and II**

**Caution:** Read the instructions *before* completing this part.

|                                                                             | (1) Beneficiaries'<br>(see page 36) | (2) Estate's<br>or trust's | (3) Total   |
|-----------------------------------------------------------------------------|-------------------------------------|----------------------------|-------------|
| 13 Net short-term gain or (loss)                                            | 13                                  |                            |             |
| 14 Net long-term gain or (loss):                                            |                                     |                            |             |
| a Total for year                                                            | 14a                                 |                            | 45,568,114. |
| b Unrecaptured section 1250 gain (see line 18 of the worksheet on page 36). | 14b                                 |                            |             |
| c 28% rate gain                                                             | 14c                                 |                            |             |
| 15 Total net gain or (loss). Combine lines 13 and 14a                       | 15                                  |                            | 45,568,114. |

**Note:** If line 15, column (3), is a net gain, enter the gain on Form 1041, line 4. If lines 14a and 15, column (2), are net gains, go to Part V, and **do not** complete Part IV. If line 15, column (3), is a net loss, complete Part IV and the **Capital Loss Carryover Worksheet**, as necessary.

For Paperwork Reduction Act Notice, see the Instructions for Form 1041.

Schedule D (Form 1041) 2006

**Part IV Capital Loss Limitation**

16 Enter here and enter as a (loss) on Form 1041, line 4, the smaller of:

a The loss on line 15, column (3) or

b \$3,000

16 ( )

If the loss on line 15, column (3), is more than \$3,000, or if Form 1041, page 1, line 22, is a loss, complete the **Capital Loss Carryover Worksheet** on page 39 of the instructions to determine your capital loss carryover**Part V Tax Computation Using Maximum Capital Gains Rates** (Complete this part only if both lines 14a and 15 in column (2) are gains, or an amount is entered in Part I or Part II and there is an entry on Form 1041, line 2b(2), and Form 1041, line 22 is more than zero.)

Note: If line 14b, column (2) or line 14c, column (2) is more than zero, complete the worksheet on page 38 of the instructions and skip Part V. Otherwise, go to line 17.

|    |                                                                                                                                                                                                                                      |    |  |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|--|
| 17 | Enter taxable income from Form 1041, line 22                                                                                                                                                                                         | 17 |  |
| 18 | Enter the smaller of line 14a or 15 in column (2) but not less than zero                                                                                                                                                             | 18 |  |
| 19 | Enter the estate's or trust's qualified dividends from Form 1041, line 2b(2)                                                                                                                                                         | 19 |  |
| 20 | Add lines 18 and 19                                                                                                                                                                                                                  | 20 |  |
| 21 | If the estate or trust is filing Form 4952, enter the amount from line 4g, otherwise, enter -0-                                                                                                                                      | 21 |  |
| 22 | Subtract line 21 from line 20. If zero or less, enter -0-                                                                                                                                                                            | 22 |  |
| 23 | Subtract line 22 from line 17. If zero or less, enter -0-                                                                                                                                                                            | 23 |  |
| 24 | Enter the smaller of the amount on line 17 or \$2,050                                                                                                                                                                                | 24 |  |
| 25 | Is the amount on line 23 equal to or more than the amount on line 24?<br><input type="checkbox"/> Yes. Skip lines 25 through 27; go to line 28 and check the "No" box.<br><input type="checkbox"/> No. Enter the amount from line 23 | 25 |  |
| 26 | Subtract line 25 from line 24                                                                                                                                                                                                        | 26 |  |
| 27 | Multiply line 26 by 5% (.05)                                                                                                                                                                                                         | 27 |  |
| 28 | Are the amounts on lines 22 and 26 the same?<br><input type="checkbox"/> Yes. Skip lines 28 through 31, go to line 32.<br><input type="checkbox"/> No. Enter the smaller of line 17 or line 22                                       | 28 |  |
| 29 | Enter the amount from line 26 (If line 26 is blank, enter -0-)                                                                                                                                                                       | 29 |  |
| 30 | Subtract line 29 from line 28                                                                                                                                                                                                        | 30 |  |
| 31 | Multiply line 30 by 15% (.15)                                                                                                                                                                                                        | 31 |  |
| 32 | Figure the tax on the amount on line 23. Use the 2006 Tax Rate Schedule on page 23 of the instructions                                                                                                                               | 32 |  |
| 33 | Add lines 27, 31, and 32                                                                                                                                                                                                             | 33 |  |
| 34 | Figure the tax on the amount on line 17. Use the 2006 Tax Rate Schedule on page 23 of the instructions                                                                                                                               | 34 |  |
| 35 | Tax on all taxable income. Enter the smaller of line 33 or line 34 here and on line 1a of Schedule G, Form 1041                                                                                                                      | 35 |  |

Schedule D (Form 1041) 2006

| Description                                  | Date<br>Acquired | Date<br>Sold | Gross Sales<br>Price | Cost or Other<br>Basis | Long-term<br>Gain/Loss |
|----------------------------------------------|------------------|--------------|----------------------|------------------------|------------------------|
| CAPITAL GAINS (LOSSES) FROM SECURITIES       |                  |              |                      |                        |                        |
| PUBLICLY TRADED SECURITIES                   | VAR              | VAR          | 399,815,084.         | 354,246,970.           | 45,568,114.            |
| TOTAL CAPITAL GAINS (LOSSES) FROM SECURITIES |                  |              | 399,815,084.         | 354,246,970.           | 45,568,114.            |
|                                              |                  |              |                      |                        |                        |
|                                              |                  |              |                      |                        |                        |
|                                              |                  |              |                      |                        |                        |
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|                                              |                  |              |                      |                        |                        |
|                                              |                  |              |                      |                        |                        |
|                                              |                  |              |                      |                        |                        |
| Totals                                       |                  |              | 399,815,084.         | 354,246,970.           | 45,568,114.            |

**Sales of Business Property**  
**(Also Involuntary Conversions and Recapture Amounts**  
**Under Sections 179 and 280F(b)(2))**

▶ Attach to your tax return. ▶ See separate instructions.

Name(s) shown on return

Identifying number

SCRIPPS HEALTH

95-1684089

1 Enter the gross proceeds from sales or exchanges reported to you for 2006 on Form(s) 1099-B or 1099-S (or substitute statement) that you are including on line 2, 10, or 20 (see instructions) . . . . .

1

**Part I Sales or Exchanges of Property Used in a Trade or Business and Involuntary Conversions From Other Than Casualty or Theft - Most Property Held More Than 1 Year (see instructions)**

| (a) Description of property                                                                                                                                                                                                                                                                                                                                                                                                                  | (b) Date acquired (mo., day, yr.)                                                                                                                                                                                                                                                                                          | (c) Date sold (mo., day, yr.) | (d) Gross sales price | (e) Depreciation allowed or allowable since acquisition | (f) Cost or other basis, plus improvements and expense of sale | (g) Gain or (loss) Subtract (f) from the sum of (d) and (e) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|---------------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------------|
| 2                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                            |                               |                       |                                                         |                                                                |                                                             |
| 3                                                                                                                                                                                                                                                                                                                                                                                                                                            | Gain, if any, from Form 4684, line 42                                                                                                                                                                                                                                                                                      |                               |                       |                                                         |                                                                | 3                                                           |
| 4                                                                                                                                                                                                                                                                                                                                                                                                                                            | Section 1231 gain from installment sales from Form 6252, line 26 or 37                                                                                                                                                                                                                                                     |                               |                       |                                                         |                                                                | 4                                                           |
| 5                                                                                                                                                                                                                                                                                                                                                                                                                                            | Section 1231 gain or (loss) from like-kind exchanges from Form 8824                                                                                                                                                                                                                                                        |                               |                       |                                                         |                                                                | 5                                                           |
| 6                                                                                                                                                                                                                                                                                                                                                                                                                                            | Gain, if any, from line 32, from other than casualty or theft                                                                                                                                                                                                                                                              |                               |                       |                                                         |                                                                | 6                                                           |
| 7                                                                                                                                                                                                                                                                                                                                                                                                                                            | Combine lines 2 through 6. Enter the gain or (loss) here and on the appropriate line as follows:                                                                                                                                                                                                                           |                               |                       |                                                         |                                                                | 7                                                           |
| <b>Partnerships (except electing large partnerships) and S corporations.</b> Report the gain or (loss) following the instructions for Form 1065, Schedule K, line 10, or Form 1120S, Schedule K, line 9. Skip lines 8, 9, 11, and 12 below.                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                            |                               |                       |                                                         |                                                                |                                                             |
| <b>Individuals, partners, S corporation shareholders, and all others.</b> If line 7 is zero or a loss, enter the amount from line 7 on line 11 below and skip lines 8 and 9. If line 7 is a gain and you did not have any prior year section 1231 losses, or they were recaptured in an earlier year, enter the gain from line 7 as a long-term capital gain on the Schedule D filed with your return and skip lines 8, 9, 11, and 12 below. |                                                                                                                                                                                                                                                                                                                            |                               |                       |                                                         |                                                                |                                                             |
| 8                                                                                                                                                                                                                                                                                                                                                                                                                                            | Nonrecaptured net section 1231 losses from prior years (see instructions)                                                                                                                                                                                                                                                  |                               |                       |                                                         |                                                                | 8                                                           |
| 9                                                                                                                                                                                                                                                                                                                                                                                                                                            | Subtract line 8 from line 7. If zero or less, enter -0-. If line 9 is zero, enter the gain from line 7 on line 12 below. If line 9 is more than zero, enter the amount from line 8 on line 12 below and enter the gain from line 9 as a long-term capital gain on the Schedule D filed with your return (see instructions) |                               |                       |                                                         |                                                                | 9                                                           |

**Part II Ordinary Gains and Losses (see instructions)**

10 Ordinary gains and losses not included on lines 11 through 16 (include property held 1 year or less)

|                                                                                                                                                                                                                                                                                                                                                                           |                                                                    |  |  |  |  |             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--|--|--|--|-------------|
| SEE STATEMENT 1                                                                                                                                                                                                                                                                                                                                                           |                                                                    |  |  |  |  | 778,861.    |
| 11                                                                                                                                                                                                                                                                                                                                                                        | Loss, if any, from line 7                                          |  |  |  |  | 11 ( )      |
| 12                                                                                                                                                                                                                                                                                                                                                                        | Gain, if any, from line 7 or amount from line 8, if applicable     |  |  |  |  | 12          |
| 13                                                                                                                                                                                                                                                                                                                                                                        | Gain, if any, from line 31                                         |  |  |  |  | 13          |
| 14                                                                                                                                                                                                                                                                                                                                                                        | Net gain or (loss) from Form 4684, lines 34 and 41a                |  |  |  |  | 14          |
| 15                                                                                                                                                                                                                                                                                                                                                                        | Ordinary gain from installment sales from Form 6252, line 25 or 36 |  |  |  |  | 15          |
| 16                                                                                                                                                                                                                                                                                                                                                                        | Ordinary gain or (loss) from like-kind exchanges from Form 8824    |  |  |  |  | 16          |
| 17                                                                                                                                                                                                                                                                                                                                                                        | Combine lines 10 through 16                                        |  |  |  |  | 17 778,861. |
| 18 For all except individual returns, enter the amount from line 17 on the appropriate line of your return and skip lines a and b below. For individual returns, complete lines a and b below:                                                                                                                                                                            |                                                                    |  |  |  |  |             |
| a If the loss on line 11 includes a loss from Form 4684, line 38, column (b)(ii), enter that part of the loss here. Enter the part of the loss from income-producing property on Schedule A (Form 1040), line 27, and the part of the loss from property used as an employee on Schedule A (Form 1040), line 22. Identify as from "Form 4797, line 18a." See instructions |                                                                    |  |  |  |  |             |
| 18a                                                                                                                                                                                                                                                                                                                                                                       |                                                                    |  |  |  |  |             |
| b Redetermine the gain or (loss) on line 17 excluding the loss, if any, on line 18a. Enter here and on Form 1040, line 14                                                                                                                                                                                                                                                 |                                                                    |  |  |  |  |             |
| 18b                                                                                                                                                                                                                                                                                                                                                                       |                                                                    |  |  |  |  |             |

For Paperwork Reduction Act Notice, see separate instructions.

Form **4797** (2006)

**Part III Gain From Disposition of Property Under Sections 1245, 1250, 1252, 1254, and 1255**  
(see instructions)

| 19 (a) Description of section 1245, 1250, 1252, 1254, or 1255 property                                                                                                            |     | (b) Date acquired<br>(mo., day, yr.) | (c) Date sold<br>(mo., day, yr.) |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|--------------------------------------|----------------------------------|
| A                                                                                                                                                                                 |     |                                      |                                  |
| B                                                                                                                                                                                 |     |                                      |                                  |
| C                                                                                                                                                                                 |     |                                      |                                  |
| D                                                                                                                                                                                 |     |                                      |                                  |
| These columns relate to the properties on lines 19A through 19D. ►                                                                                                                |     | Property A                           | Property B                       |
| 20 Gross sales price (Note: See line 1 before completing)                                                                                                                         | 20  |                                      |                                  |
| 21 Cost or other basis plus expense of sale                                                                                                                                       | 21  |                                      |                                  |
| 22 Depreciation (or depletion) allowed or allowable                                                                                                                               | 22  |                                      |                                  |
| 23 Adjusted basis Subtract line 22 from line 21                                                                                                                                   | 23  |                                      |                                  |
| 24 Total gain Subtract line 23 from line 20                                                                                                                                       | 24  |                                      |                                  |
| 25 If section 1245 property:                                                                                                                                                      |     |                                      |                                  |
| a Depreciation allowed or allowable from line 22                                                                                                                                  | 25a |                                      |                                  |
| b Enter the smaller of line 24 or 25a                                                                                                                                             | 25b |                                      |                                  |
| 26 If section 1250 property. If straight line depreciation was used, enter -0- on line 26g, except for a corporation subject to section 291                                       |     |                                      |                                  |
| a Additional depreciation after 1975 (see instructions)                                                                                                                           | 26a |                                      |                                  |
| b Applicable percentage multiplied by the smaller of line 24 or line 26a (see instructions)                                                                                       | 26b |                                      |                                  |
| c Subtract line 26a from line 24. If residential rental property or line 24 is not more than line 26a, skip lines 26d and 26e                                                     | 26c |                                      |                                  |
| d Additional depreciation after 1969 and before 1976                                                                                                                              | 26d |                                      |                                  |
| e Enter the smaller of line 26c or 26d                                                                                                                                            | 26e |                                      |                                  |
| f Section 291 amount (corporations only)                                                                                                                                          | 26f |                                      |                                  |
| g Add lines 26b, 26e, and 26f                                                                                                                                                     | 26g |                                      |                                  |
| 27 If section 1252 property: Skip this section if you did not dispose of farmland or if this form is being completed for a partnership (other than an electing large partnership) |     |                                      |                                  |
| a Soil, water, and land clearing expenses                                                                                                                                         | 27a |                                      |                                  |
| b Line 27a multiplied by applicable percentage (see instructions)                                                                                                                 | 27b |                                      |                                  |
| c Enter the smaller of line 24 or 27b                                                                                                                                             | 27c |                                      |                                  |
| 28 If section 1254 property:                                                                                                                                                      |     |                                      |                                  |
| a Intangible drilling and development costs, expenditures for development of mines and other natural deposits, and mining exploration costs (see instructions)                    | 28a |                                      |                                  |
| b Enter the smaller of line 24 or 28a                                                                                                                                             | 28b |                                      |                                  |
| 29 If section 1255 property:                                                                                                                                                      |     |                                      |                                  |
| a Applicable percentage of payments excluded from income under section 126 (see instructions)                                                                                     | 29a |                                      |                                  |
| b Enter the smaller of line 24 or 29a (see instructions)                                                                                                                          | 29b |                                      |                                  |

**Summary of Part III Gains.** Complete property columns A through D through line 29b before going to line 30.

|                                                                                                                                                                            |    |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|--|
| 30 Total gains for all properties. Add property columns A through D, line 24                                                                                               | 30 |  |
| 31 Add property columns A through D, lines 25b, 26g, 27c, 28b, and 29b. Enter here and on line 13                                                                          | 31 |  |
| 32 Subtract line 31 from line 30. Enter the portion from casualty or theft on Form 4684, line 36. Enter the portion from other than casualty or theft on Form 4797, line 6 | 32 |  |

**Part IV Recapture Amounts Under Sections 179 and 280F(b)(2) When Business Use Drops to 50% or Less**  
(see instructions)

|                                                                                              | (a) Section 179 | (b) Section 280F(b)(2) |
|----------------------------------------------------------------------------------------------|-----------------|------------------------|
| 33 Section 179 expense deduction or depreciation allowable in prior years                    | 33              |                        |
| 34 Recomputed depreciation (see instructions)                                                | 34              |                        |
| 35 Recapture amount. Subtract line 34 from line 33. See the instructions for where to report | 35              |                        |

| Description          | Date<br>Acquired | Date<br>Sold | Gross Sales<br>Price | Depreciation Allowed<br>or Allowable | Cost or Other<br>Basis | Gain or (Loss)<br>for entire year |
|----------------------|------------------|--------------|----------------------|--------------------------------------|------------------------|-----------------------------------|
| HOUSE PAINTING HOUSE | 01/31/1994       | 11/27/2006   | 1,100,000.           | NONE                                 | 335,000.               | 765,000.                          |
|                      |                  | 12/07/2006   | 150,000.             | NONE                                 | NONE                   | 150,000.                          |
|                      | 08/21/2006       | 10/30/2006   | 700,000.             | NONE                                 | 772,352.               | -72,352.                          |
|                      | 09/07/2005       | 03/22/2007   | 335,000.             | NONE                                 | 398,787.               | -63,787.                          |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
|                      |                  |              |                      |                                      |                        |                                   |
| Totals               |                  |              |                      |                                      |                        | 778,861.                          |

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# Fulfilling the Scripps Mission

This report was developed in response to Senate Bill 697. Passed in 1994, the bill requires California's community, not-for-profit hospitals to annually describe and document the full range of community benefits they provide. Scripps has taken this legislative requirement a step further. This report incorporates not only documentation of community benefits, but also a more detailed explanation of the specific community benefit activities provided on our five acute care hospital campuses, through home health care, our wellness centers and clinics.

The report details programs and services that provide benefit to the community over and above standard practices of care. It is categorized into three primary areas:

- Uncompensated Health Care
- Community-based Health Improvement Activities
- Professional Education and Research

Scripps devoted  
\$249,311,974 to  
community benefit  
programs and  
services during  
Fiscal Year 2007.

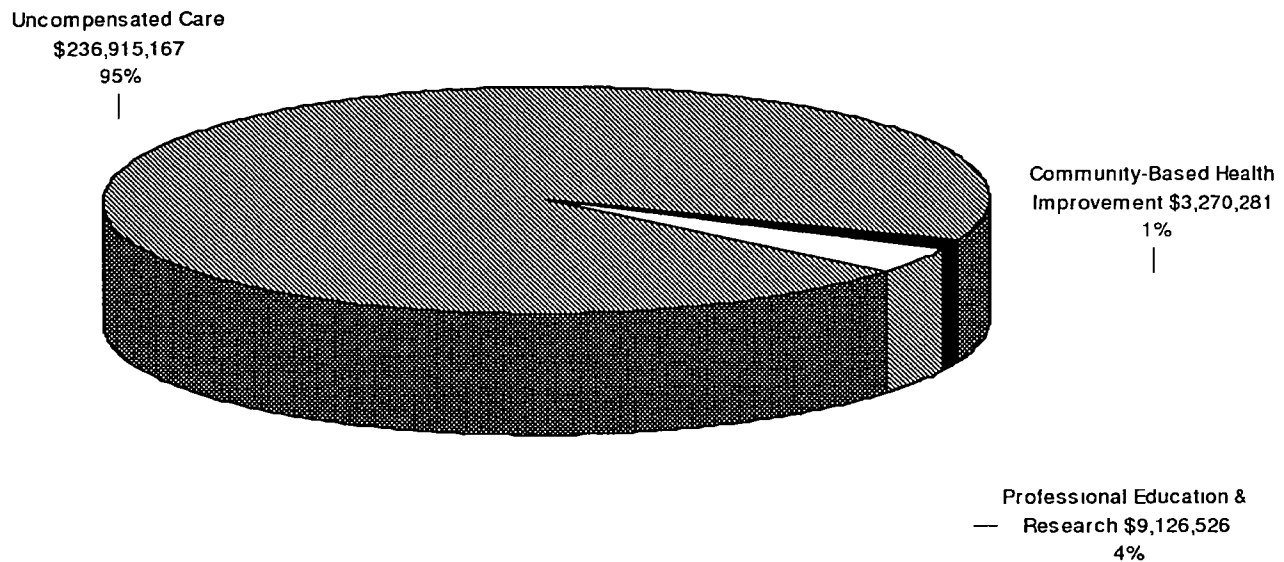
The report covers the period of Oct. 2006 through Sept. 2007 (Fiscal Year 2007). During this fiscal year, Scripps devoted \$249,311,974 to community benefit programs and services in the three above areas (see figures 1:1 and 1:2). Our programs emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Definitions of terms used in this report can be found within Appendix A.

The documentation and activities described in this report are commitments we make in order to improve the health of our patients and our San Diego communities. As a long-standing member of these communities, and as a not-for-profit community resource, our goal and responsibility is to provide help and assistance for all who come to us for care, and to reach out especially to those who find themselves vulnerable and without support. This responsibility is an intrinsic part of our mission. Through our continued actions and community partnerships, we strive to raise the quality of life in the community as a whole.

FIGURE 1:1

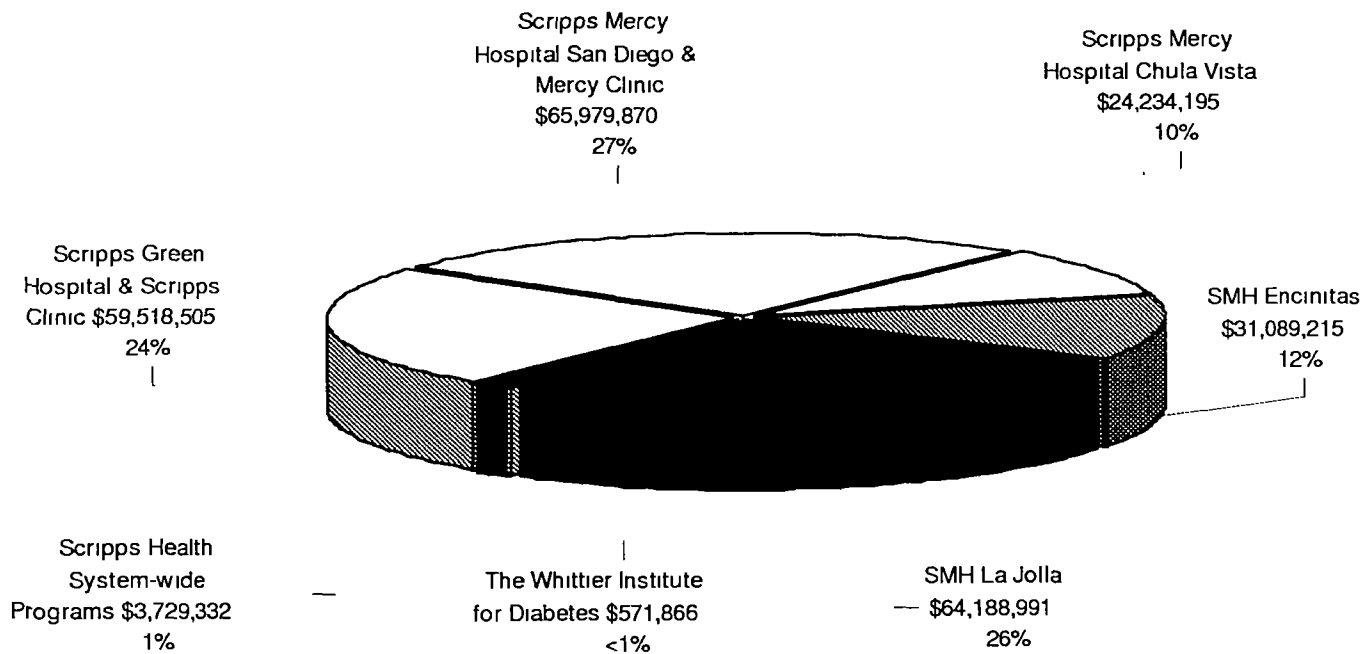
FY07 SCRIPPS COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$249,311,974



**Community Benefit Services:**

Community benefit services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps categorizes community benefit services in three categories, including uncompensated health care, community-based health improvement activities, and professional education and research.

FIGURE 1:2  
 FY07 SCRIPPS COMMUNITY BENEFIT SERVICES DISTRIBUTION  
 BY OPERATING UNIT, \$249,311,974



**Community Benefit Services:**

Community benefit services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps categorizes community benefit services in three categories, including uncompensated health care, community-based health improvement activities, and professional education and research.

## Assessing Community Need

Senate Bill 697 requires the updating of a community health needs assessment at least every three years. Identifying San Diego County's health priorities is a complex process outlined in the following pages.

Scripps strives to improve community health through collaboration. Working with other health systems, community groups, government agencies, businesses and grassroots movements, we are better able to build upon existing assets to achieve broad community health goals.

### COMMUNITY HEALTH IMPROVEMENT PARTNERS

Scripps is an active participant and executive partner in Community Health Improvement Partners (CHIP). Twenty-five community health-related organizations that come together to jointly address the county's health needs. Through CHIP, Scripps works with other health care systems and partners to develop a comprehensive county health needs assessment updated every three years, including county, state and national health statistic comparisons. The collaborative assessment process is one of the most respected in California.

To gain a full understanding of Scripps'/San Diego County's health assessment and analysis of community need, we recommend reviewing the CHIP 2007 "Charting the Course V" San Diego County Needs Assessment at <http://www.sdchip.org>.

### 2007 PRIORITY-SETTING PROCESS

A group of 48 CHIP members and guests, representing a broad cross-section of San Diego County health experts, participated in scoring 14 previously identified key health issues faced in San Diego County. The group scored health issues using the following criteria:

- Size: Incidence and/or prevalence and number of persons affected
- Seriousness: Level of severity as indicated by case fatality rate, years of productive life lost, economic and/or social impact
- Community Concern: Level of concern as evidenced by the results of the seven focus groups and surveyors' knowledge of the issues.

The priority setting process helped identify 14 key San Diego County health issues:<sup>1</sup>

- Access to health care services
- Arthritis, Osteoporosis, & Chronic Back Conditions
- Oral Health
- Substance abuse
- Infectious Diseases
- Diabetes
- Nutrition & Obesity, Physical Activity & Fitness
- Heart Disease & Stroke
- Maternal & Child Health
- Injury & Violence Prevention
- Chronic Respiratory Diseases
- Mental Health & Mental Disorders
- Cancer
- Tobacco Use

Scoring of these health issues by CHIP members and San Diego County health experts resulted in the findings represented in Figures 2:1-2:2. Each health issue was scored separately for each of four age categories. Results are presented both by the three criteria and overall. Additionally, overall results are presented for each age category.

#### Community Need Index (CNI)

The Community Need Index (CNI) is a standardized tool developed by Catholic Healthcare West, San Francisco, to help identify barriers to care (CHW 2005). The index is based on five socioeconomic indicators known to contribute significantly to health differences in the community:

- Income
- Culture/language
- Education
- Housing status
- Medical insurance coverage

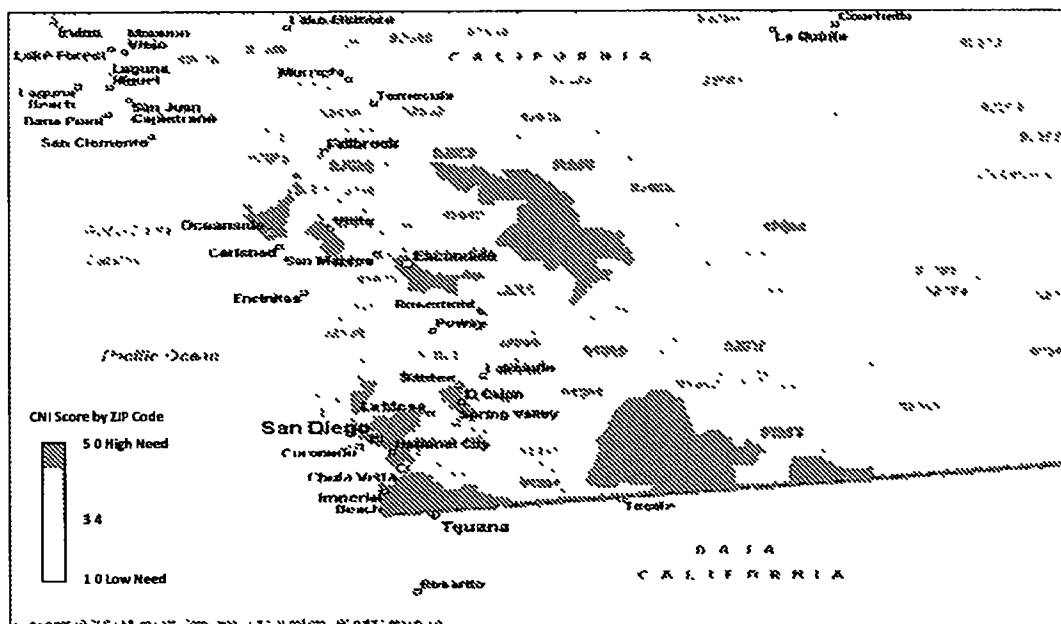
Scoring each postal zip code from 1 (low need) to 5 (high need) based on these indicators, assessment results indicate slightly over 9 percent of San Diego County's 97 studied zip code areas have a CNI score between 4.5 and 5.0, with the majority of high-need areas located in the Central San Diego region.

<sup>1</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

Zip code areas with the highest need, based on CNI scores between 4.5 and 5.0 include:

| Community       | Zip Code | CNI Score |
|-----------------|----------|-----------|
| Escondido       | 92025    | 4.6       |
| North Park      | 92104    | 4.6       |
| College Grove   | 92115    | 4.6       |
| Jacumba         | 91934    | 4.8       |
| National City   | 91950    | 5.0       |
| Sherman Heights | 92102    | 5.0       |
| City Heights    | 92105    | 5.0       |
| Logan Heights   | 92113    | 5.0       |
| San Ysidro      | 92173    | 5.0       |

## San Diego Community Need Index



### Meeting the Challenges of a Diverse Border Community

San Diego County is an international border community comprised of 3 million people. Geographically dispersed over 4,300 square miles, they represent multiple ethnic groups. The San Diego Association of Government's (SANDAG) population growth projections are just over 1 percent per year, extending out 25 years to the year 2030. The North Central region is the most populated (19.5 percent of total). 28 percent of the county population is Hispanic, 9.9 percent Asian and 5.3 percent Black. The county population of those 0-19 years old is 28.5 percent, while 11 percent is 65 years of age or older. Scripps serves a quarter of the total county population, concentrating services in the North Coastal, North Central, Central and South regions of San Diego County where Scripps facilities are located (Appendices D and E).

Figure 2:1  
Top Health Issues for San Diego County—By Scoring Criteria Overall <sup>2</sup>

## Health Issues by Scoring Criteria and Overall

| Rank | Size                        | Serious                     | Community Concern           | Overall                     |
|------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| 1    | Overweight & Obesity        | Overweight & Obesity        | Access to Care              | Overweight & Obesity        |
| 2    | Access to Care              | Access to Care              | Overweight & Obesity        | Access to Care              |
| 3    | Diabetes                    | Mental Health               | Cancer                      | Diabetes                    |
| 4    | Mental Health               | Diabetes                    | Diabetes                    | Heart & Stroke              |
| 5    | Heart & Stroke              | Substance Abuse             | Injury & Violence           | Injury & Violence           |
| 6    | Cancer                      | Heart & Stroke              | Heart & Stroke              | Mental Health               |
| 7    | Injury & Violence           | Injury & Violence           | Substance Abuse             | Cancer                      |
| 8    | Chronic Respiratory Disease | Cancer                      | Chronic Respiratory Disease | Substance Abuse             |
| 9    | Substance Abuse             | Tobacco Use                 | Tobacco Use                 | Tobacco Use                 |
| 10   | Infectious Disease          | Chronic Respiratory Disease | Maternal Health             | Chronic Respiratory Disease |
| 11   | Maternal Health             | Infectious Disease          | Infectious Disease          | Infectious Disease          |
| 12   | Oral Health                 | Oral Health                 | Mental Health               | Maternal Health             |
| 13   | Tobacco Use                 | Maternal Health             | Oral Health                 | Oral Health                 |
| 14   | Arthritis                   | Arthritis                   | Arthritis                   | Arthritis                   |

<sup>2</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

Figure 2:2  
Top Health Issues for San Diego County—By Age Category <sup>3</sup>

## Health Issues by Age Category & Overall

| Rank | Ages 0 to 14                | Ages 15 to 24               | Ages 25 to 64               | Age 65 & over               | Overall                     |
|------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| 1    | Overweight & Obesity        | Overweight & Obesity        | Overweight & Obesity        | Heart & Stroke              | Overweight & Obesity        |
| 2    | Access to Care              | Injury & Violence           | Cancer                      | Cancer                      | Access to Care              |
| 3    | Oral Health                 | Substance Abuse             | Diabetes                    | Diabetes                    | Diabetes                    |
| 4    | Injury & Violence           | Infectious Disease          | Access to Care              | Arthritis                   | Heart & Stroke              |
| 5    | Diabetes                    | Maternal Health             | Heart & Stroke              | Overweight & Obesity        | Injury & Violence           |
| 6    | Chronic Respiratory Disease | Mental Health               | Substance Abuse             | Chronic Respiratory Disease | Cancer                      |
| 7    | Maternal Health             | Tobacco Use                 | Mental Health               | Mental Health               | Mental Health               |
| 8    | Substance Abuse             | Access to Care              | Infectious Disease          | Access to Care              | Substance Abuse             |
| 9    | Tobacco Use                 | Diabetes                    | Tobacco Use                 | Injury & Violence           | Tobacco Use                 |
| 10   | Mental Health               | Oral Health                 | Injury & Violence           | Oral Health                 | Chronic Respiratory Disease |
| 11   | Cancer                      | Chronic Respiratory Disease | Maternal Health             | Tobacco Use                 | Infectious Disease          |
| 12   | Infectious Disease          | Cancer                      | Chronic Respiratory Disease | Substance Abuse             | Maternal Health             |
| 13   | Heart & Stroke              | Heart & Stroke              | Arthritis                   | Infectious Disease          | Oral Health                 |
| 14   | Arthritis                   | Arthritis                   | Oral Health                 | Maternal Health             | Arthritis                   |

<sup>3</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>



Figure 2.3  
Regional Summary, LEADING Causes of Death for 2002-2004  
(Age-adjusted rates for regions and San Diego County residents)<sup>4</sup>

LEADING CAUSES OF DEATH AMONG SAN DIEGO COUNTY RESIDENTS, 2002-2004  
Rank, Number and Percent of Deaths, and Age-adjusted Rates

| RANK in<br>2004 <sup>a</sup> | RANK in<br>2003 <sup>a</sup> | CAUSE OF DEATH <sup>b</sup>                                   | NUMBER AND PERCENT OF DEATHS |       |        |       |        |       | AGE-ADJUSTED RATES <sup>c</sup> |       |       |       |
|------------------------------|------------------------------|---------------------------------------------------------------|------------------------------|-------|--------|-------|--------|-------|---------------------------------|-------|-------|-------|
|                              |                              |                                                               | 2002                         |       | 2003   |       | 2004   |       | 2002-2004                       |       | 2002  |       |
|                              |                              |                                                               | n                            | %     | n      | %     | n      | %     | n                               | %     | n     | %     |
| 1                            | 1                            | Diseases of heart                                             | 5,314                        | 27.5  | 5,404  | 27.2  | 5,228  | 26.5  | 15,946                          | 27.1  | 203.5 | 200.0 |
| 2                            | 2                            | Cancer (any)                                                  | 4,584                        | 23.7  | 4,715  | 23.7  | 4,631  | 23.5  | 13,930                          | 23.6  | 175.7 | 176.4 |
| 3                            | 3                            | Cerebrovascular diseases                                      | 1,459                        | 7.5   | 1,521  | 7.7   | 1,423  | 7.2   | 4,403                           | 7.5   | 55.7  | 56.3  |
| 4                            | 5                            | Alzheimer's disease                                           | 909                          | 4.7   | 1,004  | 5.1   | 1,106  | 5.6   | 3,019                           | 5.1   | 34.6  | 36.9  |
| 5                            | 4                            | COPD/Chronic lower respiratory diseases                       | 1,006                        | 5.2   | 1,067  | 5.4   | 1,066  | 5.4   | 3,139                           | 5.3   | 38.6  | 39.8  |
| 6                            | 6                            | Unintentional injuries                                        | 790                          | 4.1   | 807    | 4.1   | 863    | 4.4   | 2,460                           | 4.2   | 27.6  | 27.7  |
| 7                            | 8                            | Diabetes mellitus                                             | 475                          | 2.5   | 499    | 2.5   | 531    | 2.7   | 1,505                           | 2.6   | 18.2  | 18.6  |
| 8                            | 7                            | Influenza & pneumonia                                         | 585                          | 3.0   | 579    | 2.9   | 477    | 2.4   | 1,641                           | 2.8   | 22.3  | 21.3  |
| 9                            | 9                            | Suicide                                                       | 308                          | 1.6   | 326    | 1.6   | 311    | 1.6   | 945                             | 1.6   | 10.8  | 11.2  |
| 10                           | 11                           | Essential (primary) hypertension & hypertensive renal disease | 220                          | 1.1   | 227    | 1.1   | 262    | 1.3   | 709                             | 1.2   | 8.4   | 8.3   |
| 11                           | 12                           | Parkinson's disease                                           | 174                          | 0.9   | 206    | 1.0   | 258    | 1.3   | 638                             | 1.1   | 6.6   | 7.6   |
| 12                           | 10                           | Chronic liver disease & cirrhosis                             | 296                          | 1.5   | 296    | 1.5   | 247    | 1.3   | 839                             | 1.4   | 11.2  | 10.8  |
| 13                           | 13                           | Nephritis, nephrotic syndrome & nephrosis                     | 124                          | 0.6   | 149    | 0.8   | 185    | 0.9   | 458                             | 0.8   | 4.7   | 5.6   |
| 14                           | 14                           | Homicide                                                      | 96                           | 0.5   | 136    | 0.7   | 138    | 0.7   | 370                             | 0.6   | 3.2   | 4.3   |
| 15                           | 19                           | HIV                                                           | 131                          | 0.7   | 102    | 0.5   | 131    | 0.7   | 364                             | 0.6   | 4.6   | 3.6   |
|                              |                              | All Other Causes                                              | 2,885                        | 14.9  | 2,826  | 14.2  | 2,844  | 14.4  | 8,555                           | 14.5  |       |       |
|                              |                              | TOTAL DEATHS                                                  | 19,356                       | 100.0 | 19,864 | 100.0 | 19,701 | 100.0 | 58,921                          | 100.0 | 733.8 | 731.2 |
|                              |                              |                                                               |                              |       |        |       |        |       |                                 |       |       | 703.2 |

<sup>a</sup> Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories

<sup>b</sup> The top 15 leading causes of death presented here are based on the county-wide rank among San Diego residents in 2004

<sup>c</sup> Underlying cause of death

<sup>d</sup> All rates are per 100,000 population and are adjusted to 2000 Standard U.S. Population

Source: California Department of Health Services, Death Statistical Master Files SANDAG January 1 population estimates  
Prepared by Community Epidemiology, Health & Human Services Agency, County of San Diego, 05/18/2006

<sup>4</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web  
<http://www.sdcchip.org>

Scripps contributes significant resources to provide low and no-cost health care services to populations in need. During FY07, Scripps contributed \$236,915,167 in uncompensated health care including \$28,391,349 in charity care, \$171,837,467 in under-reimbursed care, \$16,052,769 in emergency physician coverage and \$20,633,582 in bad debt. Figures 3:2 and 3:3 report total community benefits with and without Medicare shortfall.

Scripps provides hospital services to one quarter of the County's uninsured patient population. Of this, Scripps Mercy Hospital (including the San Diego and Chula Vista campuses) provides 60 percent of the charity care from within the Scripps system (refer to figure 3:4).

#### County Overview

According to a 2006 San Diego County Healthcare Safety Net Study, nearly one-third of San Diego County's population (909,661) is uninsured or underinsured, with the highest concentration – half of the total – south of interstate 8. The hospitals and community clinics that provide health care to this population are the safety net. The health care safety net in San Diego County is highly dependent upon hospitals and community health clinics to provide care to uninsured and medically underserved populations. Finding more effective ways to coordinate and enhance the current safety net is a critical policy challenge.

#### Financial Assistance Assisting Low Income Uninsured Patients

Nearly 7 million people – one out of five Californians – have no health insurance. The number of uninsured patients is the single biggest pressure point on hospitals, costing California hospitals more than \$9.7 billion a year in uncompensated care <sup>5</sup>.

The Scripps financial assistance policy is consistent with the AB774 "Fair Pricing Policy" legislation. The practices established reflect our commitment with respect to assisting low-income uninsured patients with discounted hospital charges, charity care, billing and debt collection practices.

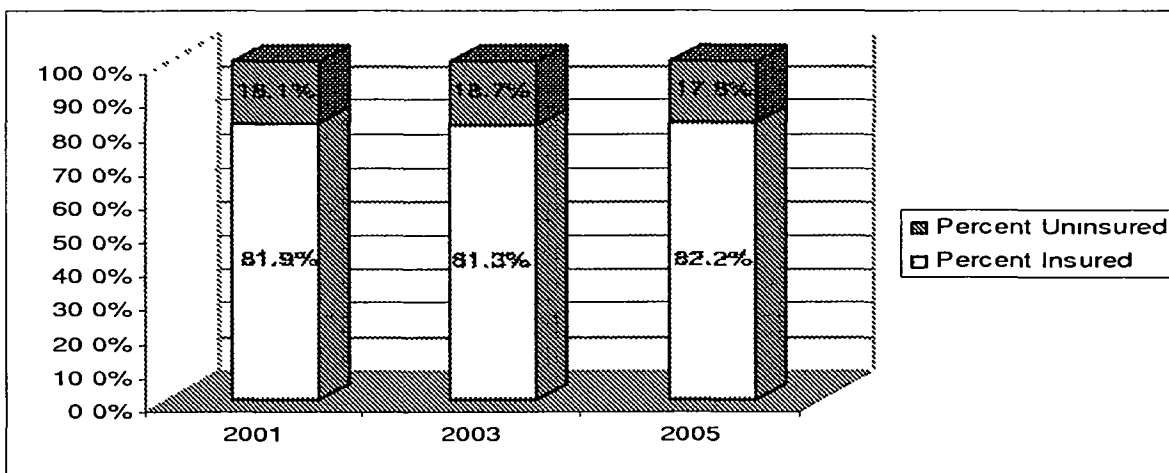
Scripps provides full financial assistance to low-income and uninsured patients earning less than 200 percent of the federal poverty level guidelines. For individuals who qualify between 201-400 percent of the poverty level, financial assistance is based on a discount schedule. For 2007, Health and Human Services defined the 400 percent Federal Poverty Level of a family of four as \$82,600.

<sup>5</sup> California Hospital Association, 2007

While public subsidies (e.g., County Medical Services) help finance services for San Diego County's uninsured populations, these subsidies do not cover the full cost of care. Combined with Medi-Cal and Medicare funding shortfalls, Scripps and other local hospitals are left to absorb the cost involved in caring for the uninsured in their operating budgets. The financial burden placed on hospitals and physicians to care for uninsured patients is significant.

San Diego has experienced a brief improvement in the number of insured residents from 2003 to 2005 (refer to figure 3:1). Today 17.8 percent of the adult (19 to 64 & non-military) population in San Diego County lacks health insurance coverage. During 2005, an estimated 510,000 children and adults living in San Diego were uninsured for all or part of the year. Approximately 95,000 were uninsured children and 415,000 uninsured nonelderly adults.

Figure 3:1  
Percent of Adults (age 19 to 64 and Non-Military) With Health Insurance Coverage



San Diego County, 2001-2005<sup>6</sup>

<sup>6</sup> California Health Interview Survey, 2005, [www.chis.ucla.edu](http://www.chis.ucla.edu)

## Scripps System Uncompensated Health Care Summary (FY07)

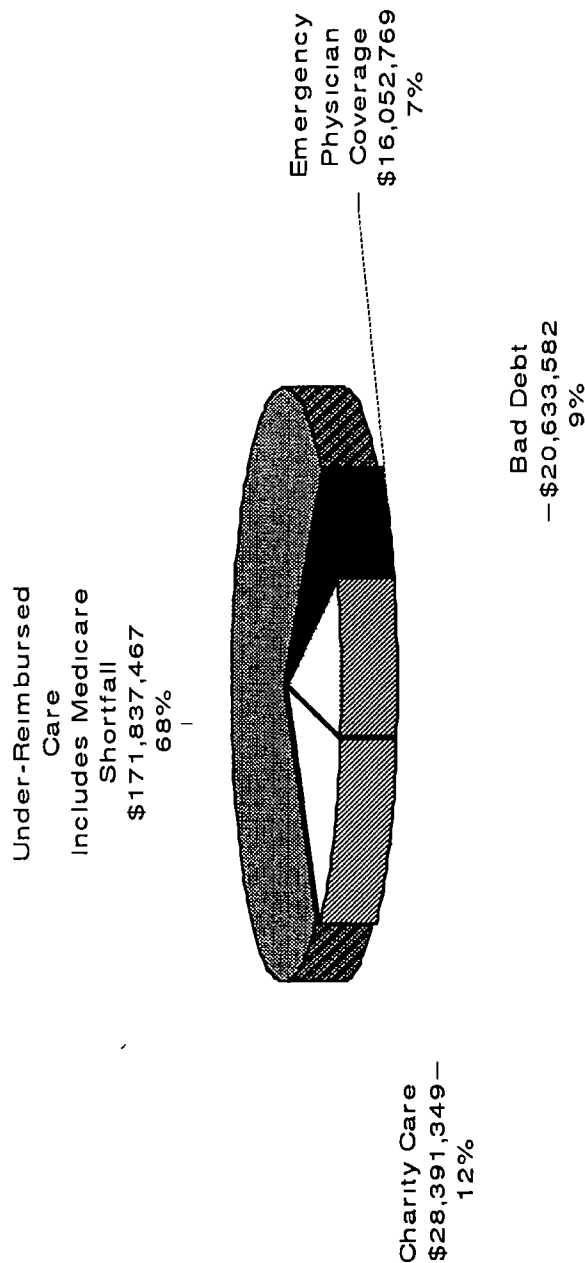
| <u>Title</u>                                           | <u>Financial Support*</u> |
|--------------------------------------------------------|---------------------------|
| Charity Care                                           | \$28,391,349              |
| Emergency Physician Coverage                           | \$16,052,769              |
| Under-Reimbursed Care                                  |                           |
| • Medi-Cal and County Medical Services (CMS) Shortfall | \$48,191,924              |
| • Medicare Shortfall                                   | \$123,645,543             |
| Bad Debt                                               | \$20,633,582              |
| <b>TOTAL FY07 UNCOMPENSATED CARE</b>                   | <b>\$236,915,167</b>      |

*Total Without Medicare Shortfall* \$113,269,624

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" = Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care. Calculations for under-reimbursed care are derived using the payor based cost allocation methodology

Figure 3:2  
 FY07 Scripps Uncompensated Health Care distribution, \$236,915,167 <sup>7</sup>  
*(Includes Medicare Shortfall)*



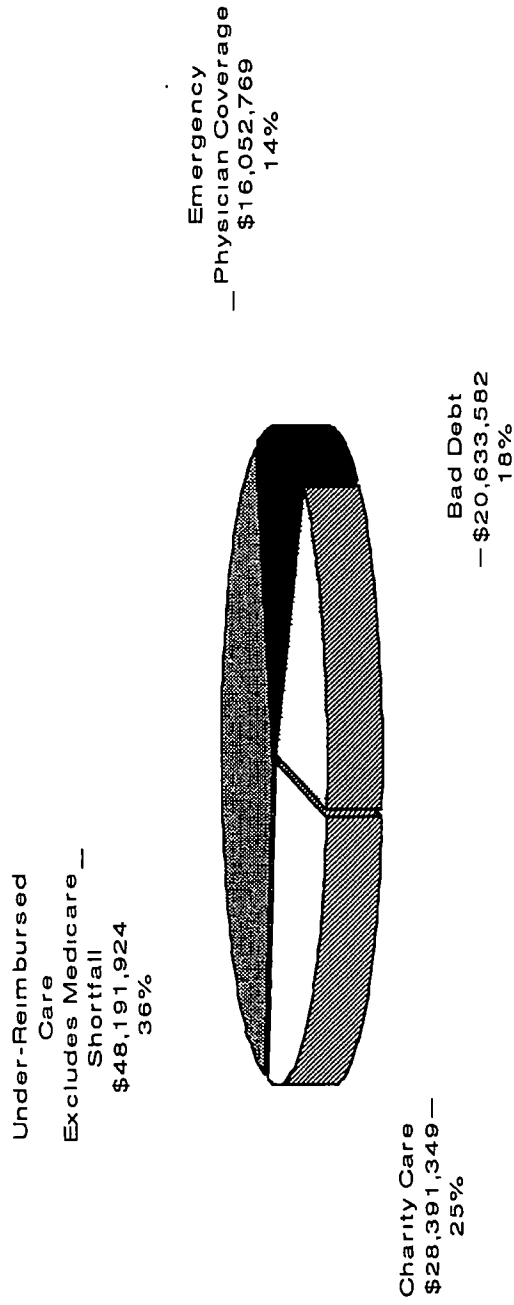
Uncompensated Health Care (Includes Medicare Shortfall):  
 Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt. A detailed account of Scripps FY07 charity care, under-reimbursed care, emergency physician coverage, research subsidy and bad debt expenditures are contained in the following four graphs.

<sup>7</sup> Calculations for under-reimbursed care are derived using the payor based cost allocation methodology. Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care. Calculations for physician back-up services reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

Figure 3:3

FY07 Scripps Uncompensated Health Care distribution, \$113, 269,624 <sup>8</sup>

(Excludes Medicare Shortfall)

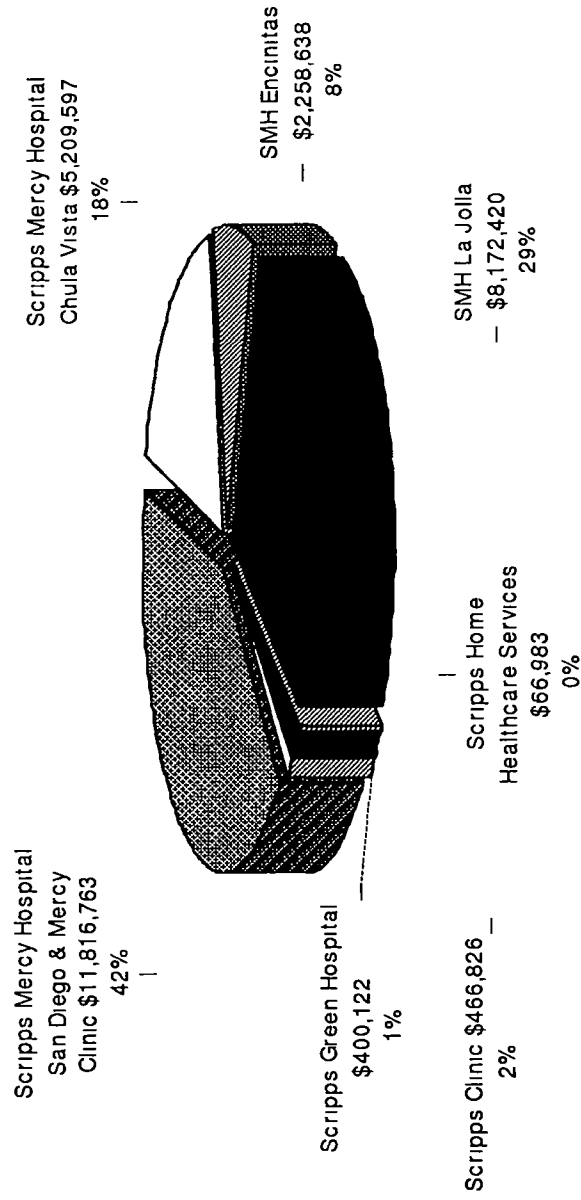


#### Uncompensated Health Care (Excludes Medicare Shortfall):

Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, bad debt and research subsidy. A detailed account of Scripps FY07 charity care, under-reimbursed care, emergency physician coverage and bad debt expenditures are contained in the following four graphs. The number for Medi-Cal shortfall has increased by 29 percent from FY06.

<sup>8</sup> Calculations for under-reimbursed care are derived using the payor based cost allocation methodology. Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care. Calculations for physician back-up services reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

Figure 3:4  
FY07 Scripps Charity Care Distribution by operating unit, \$28,391,349<sup>9</sup>

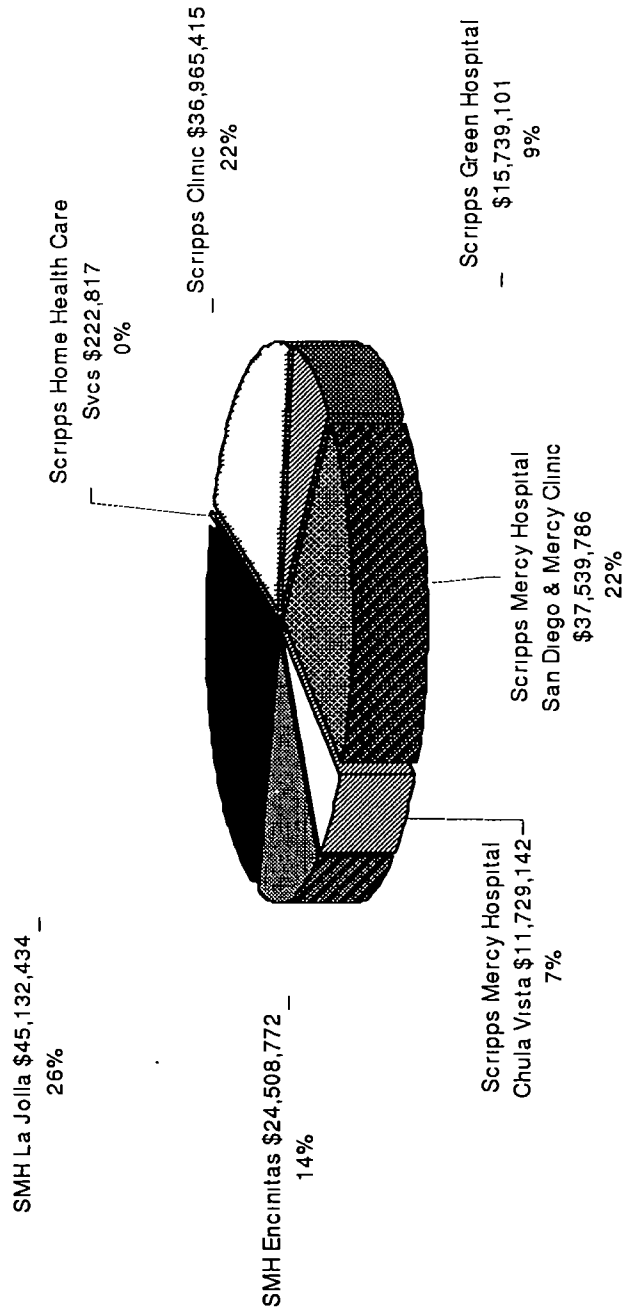


#### Charity Care:

Embedded within the Scripps legacy of providing quality care for all, there continues to be a commitment to providing services to vulnerable populations. Scripps provides charity care at all of the system's hospitals to those with little or no resources. The number for charity care has increased by 7.5 percent from FY06.

<sup>9</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

Figure 3:5  
 FY07 Scripps Under-Reimbursed Care Distribution  
 By operating unit, \$171,837,467<sup>10</sup> (Medicare Shortfall Included)



**Under-Reimbursed Care (Medicare Shortfall Included):**

In addition to providing charity care services, Scripps accepts patients for whom it is reimbursed under various county, state and federal indigent care programs (GMS, Medi-Cal and Medi-Cal HMO, Medicare, Medicare HMO) at amounts that, in some cases, do not cover the full cost of care. The number for Medicare shortfall has increased by 24 percent from FY06.

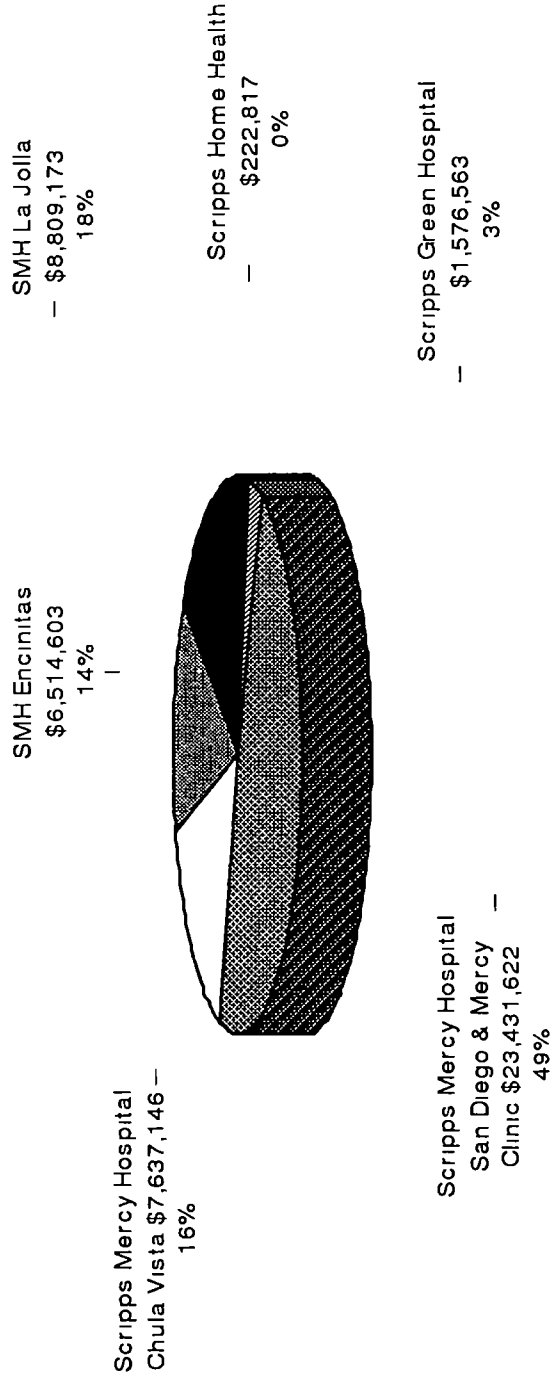
<sup>10</sup> Calculations for under-reimbursed care are derived using the payor based cost allocation methodology



Figure 3:6

# FY07 Scripps Under-Reimbursed Care Distribution

By operating unit, \$48,191,924 <sup>11</sup> (Excludes Medicare Shortfall)



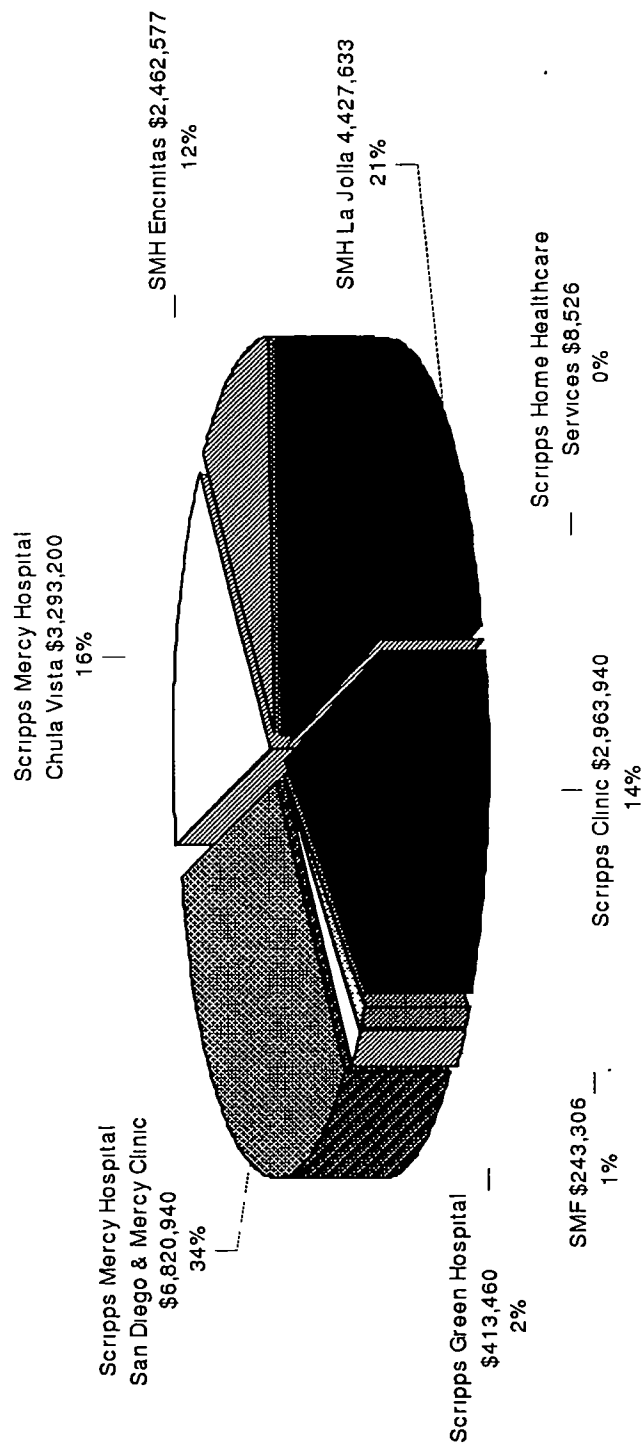
## Under-Reimbursed Care (Excludes Medicare Shortfall):

In addition to providing charity care services, Scripps accepts patients for whom it is reimbursed under various county, state and federal indigent care programs (CMS, Medi-Cal and Medi-Cal HMO) at amounts that, in some cases, do not cover the full cost of care.

<sup>11</sup> Calculations for under-reimbursed care are derived using the payor based cost allocation methodology Excludes Medicare shortfalls

Figure 3:7

FY07 Scripps Bad Debt Distribution by operating unit, \$20,633,582 <sup>12</sup>



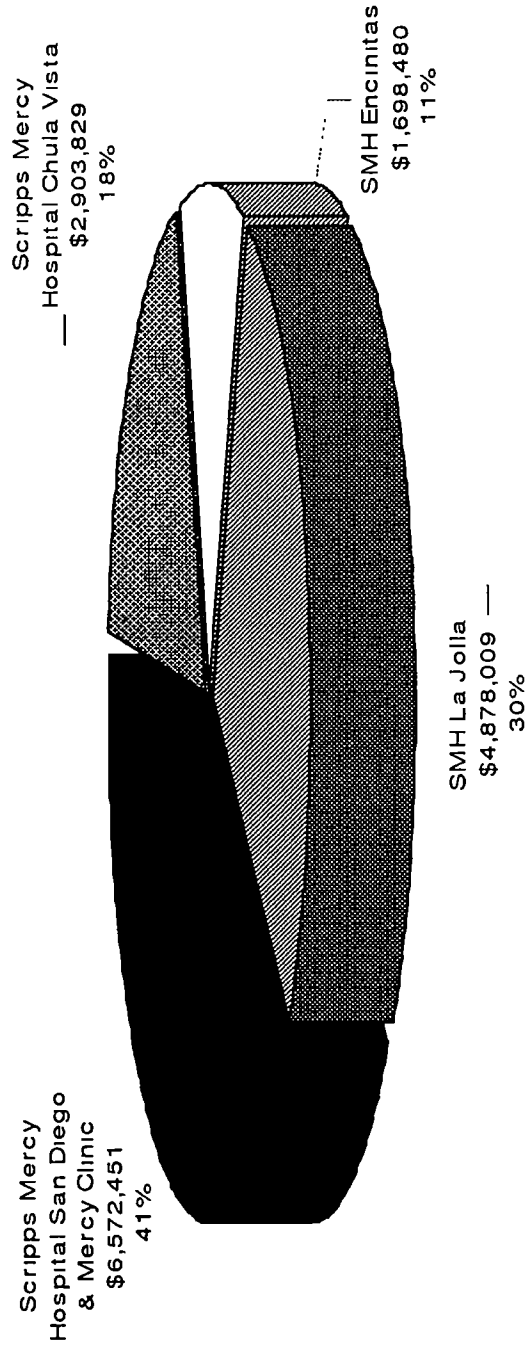
#### Bad Debt:

Scripps also provides benefits to the broader community, including services provided to individuals who do not qualify for charity care but who need special services and support. Each year Scripps provides care for which no compensation is received to persons who do not meet the criteria for charity care, are not covered by a third-party payer or have a co-payment obligation that is not met.

<sup>12</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

Figure 3:8

FY07 Scripps Emergency Physician Coverage by operating unit, \$16,052,769 <sup>13</sup>



#### Emergency Physician Coverage:

Operating a hospital including a 24-hour emergency department and trauma center requires that physicians in all specialties remain on call to provide patient care services as needed. In order to ensure that physician coverage is available, Scripps guarantees payment to physicians to care for obstetric, emergency room and trauma patients regardless of the patients' ability to pay. The calculation for emergency physician coverage reflects the total cost associated with medical care provided to patients for which no payment or insufficient payment was received. The number for emergency physician coverage has increased by 23% from FY06.

<sup>13</sup> Calculations reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

## Community Health Improvements

Community-Based Health Improvement activities include prevention and wellness programs such as screenings, health education, support groups and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (Refer to page 4).

During FY07 (October 2006 to September 2007), Scripps invested \$3,270,281 in community-based health improvement activities. This figure reflects the cost associated with providing such activities, including salaries, materials and supplies, minus revenue.

Following are highlights of just some of the activities conducted by Scripps during FY07. Refer to figure 4:1 for a graphical representation of the FY07 Scripps System Community-Based Health Improvement program distribution.

### ACCESS TO CARE

A lack of health insurance and access to specialty and primary care providers are two of the primary barriers to health care on both a local and national level. Without access to basic health care services, individuals suffer from more acute episodes of illness, injury, and mortality. It is also an increased burden on hospitals and health providers resulting from providing uncompensated care to the uninsured.<sup>14</sup> In an effort to provide for populations in need, Scripps assisted in FY07 with the following health care programs and projects.

- ✓ Mercy Outreach Surgical Team (MOST) – The Mercy Outreach Surgical Team (MOST) works to mitigate the effects physical deformities have on children by providing reconstructive surgeries at no cost to children in need. In special circumstances, surgeries also are provided for adults. During FY07, the MOST team provided reconstructive surgeries for 700-plus children. *(Sponsored by Scripps Mercy Hospital San Diego and affiliated physicians)*

<sup>14</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

- ✓ St. Vincent de Paul Village Medical Center and Mid-City Community Clinics – Weekly community clinics were held at the St. Vincent de Paul and Mid-City Community Clinics. Staffed by the Scripps Green Hospital and Scripps Clinic Internal Medicine Residents, these clinics provided medical care to approximately 2,000 of our county's most vulnerable residents during FY07.
- ✓ Community Health Worker Regional Development Center – Recruited and trained 800-plus Community Health Workers/Promotoras on critical community health issues. *(Led by Scripps Mercy Hospital Chula Vista Community Benefit Services)*
- ✓ Scripps Health Community Benefit Fund – In 2007, Scripps awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 each. The projects that received funding address some of San Diego County's high-priority health needs with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Since the Community Benefit Fund began, Scripps has awarded \$1.2 million dollars. Programs funded during FY07 include:
  - INFO LINE/ 2-1-1 New Access System – 2-1-1 San Diego is the new dialing code for information about community, health and disaster services. Locally, 2-1-1 San Diego was launched in June 2005 as a multilingual and confidential service committed to providing access 24/7. 2-1-1 connects people with resources over the phone, online, and in print. INFO LINE/2-1-1 San Diego received \$20,000 from the Scripps Community Benefit Fund for ongoing operations of its telephone dialing code, which provides the public with information about community, health and disaster services.
  - Family Health Centers of San Diego – The Hillcrest Counseling Center provides psychiatric evaluation, medication management, and case management/therapy services to mental health patients recently discharged from Scripps' inpatient unit and to persons with mental health needs recently seen in Scripps Mercy's Emergency room. The clinic serves all patients, including those who are indigent or covered by public insurance.
  - Consumer Center for Health Education and Advocacy (CCEA) – Funding provides low income uninsured Scripps Mercy Hospital patients with assistance in obtaining health care benefits and services. Simultaneously, it

reduces uncompensated care expenses for the hospital. This project provides advocacy services for the time-intensive government benefit cases.

- The Whittier Institute for Diabetes – Funding awarded to the Screening for Diabetic Retinopathy in High Risk San Diegans program. Diabetic retinopathy has long been the leading cause of blindness in working age adults. It results when unmanaged diabetes leads to damage of the tiny blood vessels that nourish the retina. This program will provide a regional program offering access to retinal screenings, glaucoma testing and diabetic vision education to economically disadvantaged San Diegans with diabetes.
- Norman Park Center – Funding awarded to the Senior Wellness Project. The project will increase awareness and prevention for seniors by respectfully addressing components of health and wellness for persons 50-plus through health presentations, supervised fitness center activity (to include a walking program) and extended hours for existing fitness program and health fairs.
- Partnership for Smoke Free Families – The Partnership for Smoke-Free Families Program (PSF) is a comprehensive tobacco control program to reduce tobacco smoke exposure among pregnant women and small children. The program systematically screens pregnant women and new parents for tobacco use in their obstetrician's and pediatrician's office, and links them with tailored interventions. PSF has become a standard of care in San Diego County and a nationally recognized model. PSF provides a valuable resource for physicians, and smoking cessation services specifically for pregnant women and new parents – previously non-existent in San Diego.
- San Ysidro Health Center – Funding awarded to purchase and implement a disease management/patient tracking software program. The goal is to facilitate improved case management of established health center patients with chronic conditions. The program also addresses new, unassigned hospital-referred patients (post-discharge emergency patients) in need of continuing primary care services, and walk-in patients seeking episodic or acute care services.
- Catholic Charities – Funding awarded to provide short-term emergency shelter to medically fragile homeless patients being discharged from Scripps Mercy Hospital San Diego.

- ✓ Scripps Health-Fiji Alliance Project – In partnership with the International Relief Teams of San Diego, Scripps employees, Scripps Clinic physicians and other Scripps affiliated physicians provided medical and surgical services in Fiji to persons in need. In FY07, 60 surgeries were performed. Procedures included cleft lip and palate repairs; repairs of deformities of eyelids, face and feet; burn scar revision; breast masses, and hernia repairs. Surgical supplies were donated by Professional Hospital Supply Corp (PHS), the supplier for Scripps Health. Supplies included surgical gowns, gloves, drapes, dressings, bandages, sutures, etc. Cardinal Health Systems, which provides pharmaceuticals and other supplies to Scripps Health, donated all the medications necessary.

## CANCER/ONCOLOGY

Cancer is the second leading cause of death in the U.S. exceeded only by heart diseases and accounts for almost one quarter of all deaths in San Diego County. During 2007, an estimated 559,650 will die as a result of cancer, making it the second leading cause of death in the United States. <sup>15</sup> In response to this serious health concern, Scripps has developed a series of prevention and wellness programs designed to educate people on the importance of early detection and treatment for some of the most common forms of cancer. During FY07, Scripps engaged in the following cancer control activities.

### Breast and Cervical Cancer

- ✓ Scripps Breast Cancer Diagnosis Project (Scripps Project) – Provides free diagnostic imaging services for low income, medically uninsured or underinsured residents of San Diego and Imperial counties between the ages of 20 and 39 who do not qualify for state funded services, as well as men of any age. This project is funded in part by the San Diego Chapter of the Susan G. Komen for the Cure San Diego and the Scripps Cancer Center. In FY07, 380 qualified community members participated in the program, 295 received diagnostic mammograms, 511 received breast ultrasounds, and 53 received biopsies. Four cases of cancer were detected. *(Initiative led by Scripps Cancer Center)*
- ✓ Community Education – In FY07, cancer early detection outreach and marketing activities provided to community based organizations and businesses reached 38,756 community members. Community education activities include breast cancer, cervical cancer, skin cancer, colorectal cancer and prostate cancer. *(Initiative led by Scripps Cancer Center).*

<sup>15</sup>Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

- ✓ Cancer Detection Programs: Every Woman Counts – This is a California State program that provides free breast cancer screening and diagnostic services to low-income women over the age of 40. Additionally, cervical cancer screening and diagnostic services are provided to low-income women over the age of 25. Scripps Cancer Center is responsible for operating the program in San Diego County. During FY07 the following outcomes were achieved:
  - Counseling – One thousand qualified women were provided one-to-one breast cancer early detection and prevention counseling.
  - Screening Services – 22,555 qualified women received breast and cervical cancer screening services.
- ✓ The Scripps Women in Action Breast Health Outreach and Education program – This program reached 6,592 underserved women with breast health education, improving awareness of early breast cancer detection services. In addition, 3,570-plus underserved women received access to breast health screening and mammographies *(Led by Scripps Mercy Hospital Chula Vista Community Benefit Services)*

#### Prostate Health

- ✓ Community Education – In FY07, prostate cancer early detection outreach and marketing activities provided to community based organizations and businesses reached 2,230 community members. *(Initiatives led by Scripps Cancer Center)*

#### Skin Cancer

- ✓ 'Sun Sense' Program – In FY07, Scripps provided skin cancer early detection and prevention outreach and marketing activities to community based organizations and businesses (including lifeguards, police and firefighters). The program reached 1,210 community members. *(Initiative led by Scripps Cancer Center)*

#### CARDIOVASCULAR DISEASE

Coronary Heart Disease and Stroke are the number one (1) and number three (3) causes of death in the nation for both men and women. Heart disease is our nation's leading cause of death, claiming more than 950,000 American lives every year. Stroke is America's #3 killer and is a leading cause of serious, long-term disability. Diseases of the heart are the leading cause of death in San Diego for both men and women. In 2004, the age-adjusted rate for



disease of the heart for the total San Diego County population was 187.2 deaths per 100,000 population. <sup>16</sup>During FY07, Scripps engaged in the following heart health/ cardiovascular disease prevention and treatment activities.

- ✓ American Heart Walk –Scripps allocated \$55,665 in operational funds to support the American Heart Association's efforts to fight Heart Disease and Stroke. In addition, the ScrippsAssists employee volunteer program coordinated walker participation and fund raising efforts. The San Diego Heart Walk exceeded its goal by raising more than \$1.2 million. In 2007, more than 2,200 Scripps Heart Walk participants – employees, families and friends – walked to help raise more than \$165,000. Additionally, Scripps reached out to the community at the event by providing blood pressure screenings, health education materials, and more.
- ✓ Heart Health Education Efforts
  - Offered an education symposium targeting women ages 40-65, helping to increase public awareness about the risks of heart disease in women.
  - Offered cardiac education program for the community at large, focusing on current heart treatment options and new screening technologies.
  - Offered cardiac screenings (blood pressure and body fat) at four (4) health fairs located throughout San Diego County.

*(Initiatives led by Scripps Memorial Hospital La Jolla, Community Benefit Services and Cardiac Rehabilitation)*

## OTHER CHRONIC DISEASE (DIABETES)

More than 90 million Americans (33%) live with a chronic disease. While there are many disabling chronic diseases, diabetes has been identified as one of the primary chronic conditions in San Diego County. As the sixth leading cause of death in America, diabetes was responsible for 3.1 percent (74,817) of deaths in 2005. More than six million Americans are unaware that they have diabetes. The complications related to diabetes are serious and can be reduced with preventive practices. Diabetes was the seventh leading cause of death in San Diego County, accounting for 529 deaths. Leading to school and work absenteeism, an elevated rate of hospitalization, frequent emergency room visits, permanent physical disabilities and sometimes death, diabetes is a serious community health problem. <sup>17</sup> During FY07, Scripps engaged in the following diabetes management initiatives.

<sup>16</sup>Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

<sup>17</sup>Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

- ✓ Project Dulce – Formed through a collaboration between The Whittier Institute for Diabetes, the Council of Community Clinics, and Community Health Improvement Partners (CHIP), Project Dulce is a comprehensive, culturally competent diabetes management program for underserved and uninsured populations in San Diego County. This innovative program combines the state-of-the-art in clinical diabetes management with proven educational and behavioral interventions. During FY07, Project Dulce engaged in the following:
  - Training – Provided training to organizations in San Diego, Los Angeles, New Jersey, Virginia and Michigan.
  - Health Improvements of Participants – Achieved improvements in the health of participants as indicated by an average reduction of 1 percent in HbA1c, a measure of diabetes control, over a 12 month period.
  - Enrollment – During FY07, Project Dulce served 1,260 patients: 66 percent Latino; 13 percent White; 12 percent Asian American; and 4 percent African-American; more than 4,380 patient visits. 372 people received diabetes self-management education delivered in various community sites, including Scripps Wellness Centers.

## HEALTH BEHAVIORS

Understanding that personal behaviors play a significant role in an individual's overall health status, Scripps has developed a series of prevention and wellness programs that help people take charge of their own health and that of their families. During FY07, Scripps participated in a number of health behavior modification efforts.

- ✓ Flu Vaccination Campaign – Accounting for more than 36,000 deaths in the U.S. annually, pneumonia and influenza are a serious health concern for high-risk populations. In an effort to minimize the number of persons that contract pneumonia and influenza, Scripps is committed to ensuring high-risk populations have access to flu vaccinations regardless of ability to pay. In partnership with the County of San Diego and the Community Health Improvement Partners (CHIP), Scripps administered over 4,000 doses of county and Scripps influenza (flu) vaccine to high risk populations throughout San Diego County in FY07.

Note: Represents vaccinations provided through community outreach efforts and does not include vaccine provided to patients being treated within Scripps hospitals or receiving care from a Scripps affiliated physician.

*(Vaccine provided by Cardinal Health located at Scripps Memorial Hospital La Jolla Pharmacy and the San Diego Health and Human Services Agency. Scripps participation led by Scripps Memorial Hospital Encinitas, Community Benefit Services with additional support provided by Scripps Memorial Hospital La Jolla, Community Benefit Services)*

- ✓ Maternal Child Health Education Programs for Low-Income Women – Continued to enhance prenatal education offerings for low-income women in San Diego County:
  - Offered 50 additional childbirth preparation classes designed to enhance the parenting skills of low-income women in the North Central and North Coastal regions of the county.
  - Maintained the existing prenatal education services in the South and Central regions of the County, ensuring that programs continued to demonstrate a greater than 90 percent satisfaction rating.
  - Offered a Maternal Child series for the North County community on Preconception Education and Baby Sitter Safety.
  - Offered 17 educational programs on Orthopedics, Osteoporosis, Macular Degeneration and other Ophthalmological Conditions, Women's Health Issues, and Alternative and Complimentary Medicine.

*(Operated by Scripps Memorial Hospital La Jolla, Community Benefit Services)*

- ✓ Nutrition Services – According to the 2006 Behavioral Risk Factor Surveillance System (BRFSS), more than 61 percent of Americans aged 18 years or older are overweight (36.5 percent) or obese (25.1 percent). Obesity increases the health risk for chronic diseases, such as heart disease, type 2 diabetes, high blood pressure, stroke and some forms of cancer. At even greater risk are the nation's low-income minority populations. In an effort to address this critical health concern, staff members based at the City Heights Wellness Center have established a variety of nutrition education and counseling services, designed specifically to meet the needs of low-income minority populations. During FY07, more than 5,000 people accessed nutrition education and counseling services at the City Heights Wellness Center.  
*(Initiative led by Scripps Mercy Hospital, Community Benefit Services)*

## SUBSTANCE ABUSE

Substance abuse has a major impact on individuals, their families, and their communities. The effects of substance abuse are cumulative, contributing to costly social, physical, mental, and public health problems. These problems include teenage pregnancy, HIV/AIDS, other sexually transmitted diseases (STDs), domestic violence, child abuse, motor vehicle crashes, physical fights, crime, homicide, and suicide. <sup>18</sup> In an effort to encourage more people to take steps to prevent substance abuse, Scripps engaged in the following activities:

- ✓ Every 15 Minutes – Alcohol can be attributed to more than 100,000 deaths in the U.S. annually, including 41 percent of all traffic fatalities. <sup>19</sup> The Every 15 Minutes program is a two-day event that exposes high school students to the consequences of drinking and driving through a dramatic reenactment of an alcohol related traffic accident. The “injured” students are taken to Scripps Mercy Trauma Center. This program is sponsored jointly by local high schools, county police and sheriff’s departments, ambulance services, and emergency departments. During FY07, Scripps Mercy Hospital participated in three Every 15 Minutes programs, reaching more than 1,650 high school students in San Diego County’s East and Central regions. *(Led by Scripps Mercy San Diego Hospital’s Emergency Department and Trauma Center)*
- ✓ Partnership for Smoke Free Families – Cigarette smoking has been identified as the most important source of preventable morbidity and premature mortality worldwide. While the prevalence of smoking in the United States has declined 49 percent since 1965, an estimated 371 billion cigarettes were consumed in the U.S. during 2006. Cigarette smoking causes heart disease, several kinds of cancer (lung, larynx, esophagus, pharynx, mouth, and bladder), and chronic lung disease. In 2005, the estimated direct medical costs related to smoking in the U.S. were \$75.5 billion and productivity costs were \$92 billion.

Attributed to low birth weight in newborns, sudden infant death syndrome (SIDS), respiratory infections, asthma, and middle ear disease in infants and children, second-hand smoke is clearly a community health risk. The Partnership for Smoke Free Families (PSF) is a collaborative effort supported by Scripps, Sharp HealthCare, and Children’s Hospital and focuses on improving the health and well being of children by reducing their exposure to second-hand smoke.

<sup>18</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

<sup>19</sup> Community Health Improvement Partners (CHIP) Charting the Course III 2001 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

The Partnership for Smoke-Free Families Program has become a standard of care in San Diego County and a nationally recognized model for systematically screening and linking pregnant women and their families with small children exposed to tobacco smoke with interventions. As of October 2007, a network of more than 500 obstetricians, nurse home-visitors, and pediatricians from across San Diego County participate in PSF. More than 185,000 pregnant women and parents of young children have been screened for tobacco use/exposure and nearly 40,000 were proactively linked to targeted interventions. *(Funded by Scripps Health System, Community Benefit Services)*

- ✓ Youthful Drinking and Driving Program – Considering that at least 74.3 percent of high school students in the U.S. report drinking alcohol, it is imperative that students understand the risks associated with alcohol abuse. In an effort to educate at-risk students about the dangers associated with drinking and driving, Scripps Mercy Hospital's Emergency Department and Trauma Center participated in the Corrective Behavior Institute's Youthful Drinking and Driving Program, providing 128 teens with a trauma center visitation experience. *(Led by Scripps Mercy Hospital's Emergency Department and Trauma Center)*

## Fostering Volunteerism

Scripps believes that health improvement begins when a community's members taken an active role in making a positive impact on their community. For this reason, Scripps supports volunteer programs for Scripps employees and affiliated physicians who want to help make even more of a difference in the health of their community. The ScrippsAssists employee volunteer club is one avenue through which Scripps matches the talents and interests of employees and physicians with community needs. This includes, but is not limited to, mentoring partnerships with local schools and efforts to provide free medical and surgical care to patients in need.

In addition to the financial community benefit contributions made during FY07, Scripps employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps-sponsored community benefit programs and services.

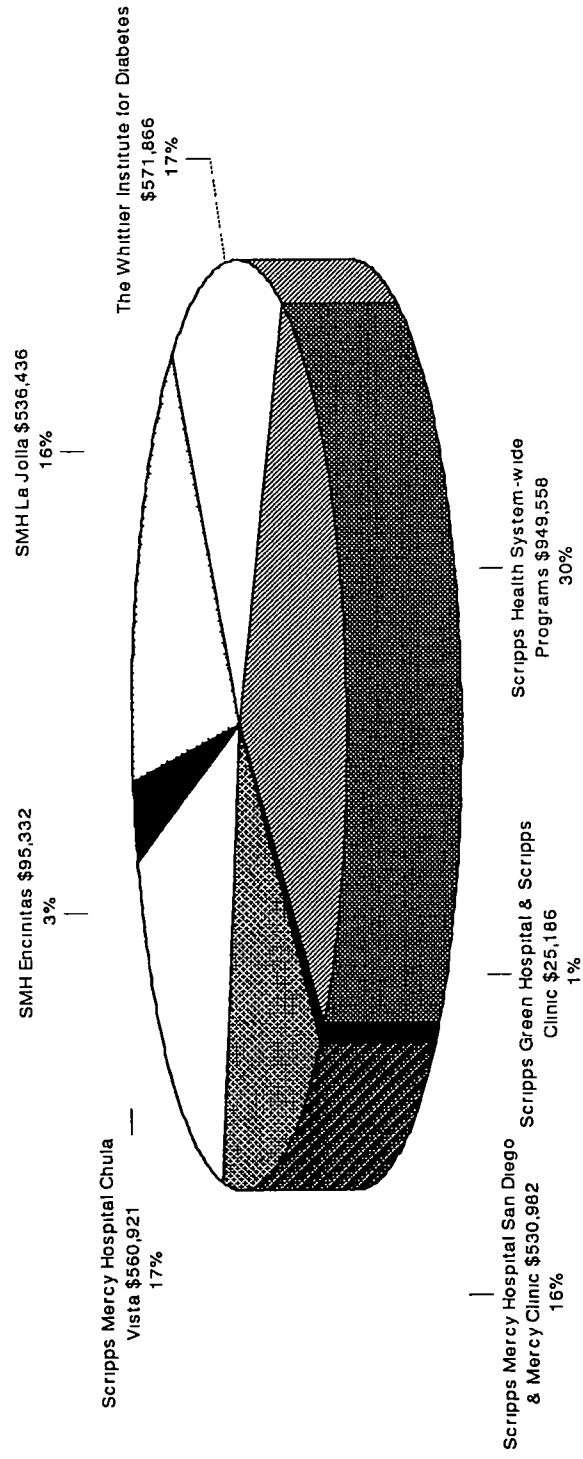
With close to 23,782 hours of volunteer time, the estimated dollar value of this volunteer labor exceeds \$897,777.63.<sup>20</sup> *This amount is not included in Scripps' FY07 community benefit programs and services total.*

<sup>20</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

Figure 4:1

# FY07 Scripps Community-Based Health Improvement Programs & Services

By operating unit, \$3,270,281



## Community-Based Health Improvement Activities:

Includes prevention and wellness programs as well as other community health improvement services (screenings, health education, support groups, and health fairs) supported by operational funds, grants, and in-kind donations. Calculations based on cost less direct revenue.

## Scripps Community-Based Health Improvement Activity Summary (FY07)

| <u>Program Title</u>                                                                | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|-------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Adopt A Family                                                                      | 140                        | 30                     | \$1,133                       |
| Alcohol and Drug Education Program                                                  | N/A                        | 160                    | \$18,182                      |
| American Cancer Society Daffodil Days                                               | N/A                        | 22                     | \$830                         |
| American Heart Association - Heart Walk                                             | 5,403                      | 1,315                  | \$105,308                     |
| American Heart Association, Healing Hearts                                          | 3                          | N/A                    | N/A                           |
| Annual 2-1-1 Day Luncheon                                                           | N/A                        | N/A                    | \$1,000                       |
| A-VISIONS Service Program                                                           | 1,000                      | 500                    | \$20,325                      |
| Beach Area Community Court Program                                                  | N/A                        | 19                     | \$717                         |
| Blood Drive for San Diego Blood Bank                                                | N/A                        | 13                     | \$490                         |
| Blood Drives for the American Red Cross                                             | N/A                        | 154                    | \$6,414                       |
| Breast and Ovarian Cancer - Genetic Education and Risk Assessment                   | N/A                        | 300                    | \$11,325                      |
| Breast Cancer Support Services                                                      | 300                        | 110                    | \$4,153                       |
| Breast Health - Young Women's Program                                               | N/A                        | 200                    | \$7,550                       |
| Breast Health General Program                                                       | N/A                        | 416                    | \$15,704                      |
| Breastfeeding Education - Telephone Services, Scripps Memorial<br>Hospital La Jolla | N/A                        | N/A                    | N/A                           |
| Breastfeeding Education - Telephone Services, Scripps Mercy Hospital                | N/A                        | 240                    | \$9,060                       |
| Brighter Futures Through Fitness – Council Member Ben Hueso's<br>Obesity Program    | N/A                        | N/A                    | \$5,000                       |

| <u>Program Title</u>                                                | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|---------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Cancer Control - Breast Cancer Diagnosis Project                    | N/A                        | 1,040                  | \$116,827                     |
| Cancer Control - Breast Cancer Education                            | N/A                        | 137                    | \$5,172                       |
| Cancer Control – Colorectal Cancer Education                        | N/A                        | 41                     | \$1,547                       |
| Cancer Control – Community Education                                | N/A                        | N/A                    | N/A                           |
| Cancer Control - General Health Fairs                               | N/A                        | 366                    | \$13,817                      |
| Cancer Control - Prostate Cancer Education                          | N/A                        | 28                     | \$1,057                       |
| Cancer Control - Prostate Cancer Screenings                         | N/A                        | 260                    | \$23,005                      |
| Cancer Control - Sun Sense Skin Cancer Education                    | N/A                        | 37                     | \$1,397                       |
| Cancer Control – Women in Action Breast Health Outreach & Education | N/A                        | N/A                    | N/A                           |
| Cancer Detection Programs Every Woman Counts (CDP EWC)              | 500                        | 3,120                  | \$117,781                     |
| Cardiac Risk Screenings                                             | N/A                        | 72                     | \$2,718                       |
| CB Fund - 2-1-1 New Access System                                   | N/A                        | N/A                    | \$20,000                      |
| CB Fund – Catholic Charities                                        | N/A                        | N/A                    | \$40,000                      |
| CB Fund – Consumer Center for Health Education and Advocacy (CCHEA) | N/A                        | N/A                    | \$100,000                     |
| CB Fund – Family Health Center of San Diego                         | N/A                        | N/A                    | \$40,000                      |
| CB Fund – Norman Park Senior Center                                 | N/A                        | N/A                    | \$39,800                      |
| CB Fund - Partnership for Smoke Free Families                       | N/A                        | N/A                    | \$15,000                      |
| CB Fund – San Ysidro Health Center                                  | N/A                        | N/A                    | \$40,000                      |
| CB Fund – The Whittier Institute for Diabetes                       | N/A                        | N/A                    | \$30,200                      |
| Childhood Diabetes and Obesity Prevention Program                   | N/A                        | 3,320                  | N/A                           |
| CHIP – Community Health Improvement Partners                        | N/A                        | 780                    | \$61,072                      |



| <u>Program Title</u>                                                        | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|-----------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Chronic Disease Management Programs – City Heights Wellness Center          | N/A                        | N/A                    | N/A                           |
| City Heights Wellness Center                                                | N/A                        | 2,675                  | \$119,125                     |
| City of Hope Breast Cancer Walk                                             | 12                         | N/A                    | N/A                           |
| Community Collaboration – City Heights Wellness Center                      | N/A                        | N/A                    | N/A                           |
| Community Development and Outreach Services – Scripps Mercy Hospital        | N/A                        | 1,870                  | \$131,003                     |
| Community Education Programs - Community Benefit Svcs SMH La Jolla          | N/A                        | 2,501                  | \$140,029                     |
| Community Educational Presentations - Mericos Eye Center                    | N/A                        | 10                     | N/A                           |
| Community Outreach Programs - Community Benefit Service Encinitas           | N/A                        | 448                    | \$4,885                       |
| CPR Classes for Patients and Families of the Cardiac Treatment Ctr          | N/A                        | 32                     | \$1,209                       |
| Disaster Preparedness - Community Outreach & Education                      | 760                        | 120                    | \$4,530                       |
| Food, Toiletry and Toy Drives                                               | N/A                        | 95                     | \$3,587                       |
| Fund for Innovation in Healthcare Excellence                                | N/A                        | N/A                    | \$5,000                       |
| “Happy Hearts” Cardiac Support Group                                        | 10                         | 100                    | \$3,775                       |
| Health Careers Promotion and Continuing Education                           | N/A                        | 3,304                  | \$471,273                     |
| Health Physical’s – Executive Health, Scripps Memorial Hospital La Jolla    | N/A                        | N/A                    | \$42,500                      |
| Health Screenings at Community Events – Scripps Memorial Hospital Encinitas | N/A                        | 500                    | \$18,875                      |
| Health Services Administration Alumni Association                           | N/A                        | N/A                    | \$1,000                       |
| Healthy Lifestyle Education – City Heights Wellness Center                  | N/A                        | N/A                    | N/A                           |
| Hearing and Speech/Dysphagia Screening                                      | N/A                        | 10                     | N/A                           |
| Heart Check                                                                 | N/A                        | N/A                    | N/A                           |

| <u>Program Title</u>                                                      | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|---------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Holiday Senior Basket Project                                             | 400                        | 8                      | \$302                         |
| Holiday Sing-A-Long                                                       | 3                          | 1                      | \$38                          |
| Hooyo Health Program – City Heights Wellness Center                       | N/A                        | 1,574                  | \$6,523                       |
| Increase Awareness of Geriatric Psychiatric Issues                        | N/A                        | 154                    | \$8,115                       |
| Influenza Immunization Campaign                                           | N/A                        | 374                    | \$28,164                      |
| Influenza Vaccine – Scripps Mercy Hospital Emergency Department           | N/A                        | N/A                    | \$115                         |
| International Village Celebration                                         | N/A                        | N/A                    | \$3,000                       |
| La Roca Orphanage - Tijuana, Mexico                                       | 13                         | 113                    | \$10,766                      |
| Lactation Programs                                                        | N/A                        | 205                    | \$42,009                      |
| Leukemia Light up the Night                                               | N/A                        | N/A                    | N/A                           |
| Making Strides Against Breast Cancer                                      | 14                         | N/A                    | N/A                           |
| Martin Luther King All Peoples Breakfast                                  | N/A                        | N/A                    | \$250                         |
| Maternal Child Health Services – City Heights Wellness Center             | N/A                        | N/A                    | N/A                           |
| Mental Health Education & Support Services                                | N/A                        | N/A                    | N/A                           |
| Mercy Outreach Surgical Team (MOST)                                       | 4,673                      | 2,300                  | \$238,754                     |
| National Depression Screening Day                                         | 8                          | 5                      | \$193                         |
| Navigating the System – City Heights Wellness Center                      | N/A                        | N/A                    | N/A                           |
| Nutrition Services – City Heights Wellness Center ( <i>Grant Funded</i> ) | N/A                        | 1,574                  | N/A                           |
| OASIS Adult Learning Seminar for Seniors                                  | N/A                        | 125                    | \$4,718                       |
| Parent Connection                                                         | 2,000                      | 1,040                  | \$97,813                      |
| Parent Connection Community Resource Fund                                 | 60                         | 40                     | \$11,509                      |

| <u>Program Title</u>                                                     | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|--------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Parent Connection Madison's Fund                                         | 20                         | 10                     | \$878                         |
| Parent Connection Monarch School Project                                 | 20                         | 10                     | \$378                         |
| Parent Connection School Supplies Drive                                  | 6                          | 6                      | \$226                         |
| Parkinson's Disease Program                                              | N/A                        | 16                     | \$604                         |
| Perinatal Education Classes                                              | N/A                        | 1,451                  | \$98,021                      |
| Polinsky Children's Center Holiday Toy Drive                             | N/A                        | 16                     | \$5,604                       |
| Preventive Services and Health Education                                 | N/A                        | 9,570                  | \$86,175                      |
| Project Dulce                                                            | N/A                        | 34,840                 | \$120,326                     |
| Safety & Injury Prevention                                               | N/A                        | N/A                    | N/A                           |
| San Dieguito Boys & Girls Club                                           | 240                        | N/A                    | \$5,000                       |
| Scripps Encinitas Senior Fair                                            | N/A                        | 5                      | \$188                         |
| Scripps Health System Community Benefit Planning and Outreach            | N/A                        | 2,496                  | \$119,090                     |
| Scripps Mercy Hospital WIC Program                                       | N/A                        | 30,105                 | N/A                           |
| Scripps Whittier Diabetes Program                                        | 100                        | 18,845                 | \$421,059                     |
| Senior Share and Care                                                    | 180                        | 20                     | \$955                         |
| Signs & Symptoms of Alcohol Abuse & Chemical Dependency                  | N/A                        | 144                    | \$5,436                       |
| Southwestern College Nursing Training and Education Collaboration        | N/A                        | N/A                    | \$25,000                      |
| St Vincent de Paul Village Medical Clinic and Mid-City Community Clinics | 1,502                      | N/A                    | N/A                           |
| St Vincent de Paul's International Triathlon                             | 20                         | N/A                    | N/A                           |
| Staff and Physician Breast Health Education Program                      | N/A                        | 75                     | \$2,832                       |
| The START Community Program                                              | 20                         | 1,000                  | \$38,500                      |

| <u>Program Title</u>                                          | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|---------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Trauma Awareness Day                                          | N/A                        | 16                     | \$604                         |
| The Whittier Mobile Medical Unit (MMU)                        | N/A                        | 500                    | \$30,481                      |
| United Way CHAD Campaign                                      | N/A                        | 10                     | \$29,530                      |
| YWCA Tribute to Women and Industry                            | N/A                        | 2                      | \$3,750                       |
| <b>TOTAL FY07 COMMUNITY-BASED HEALTH IMPROVEMENT PROGRAMS</b> | <b>17,407</b>              | <b>130,995</b>         | <b>\$3,270,281</b>            |

## Section 5

# Professional Education & Research

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished. Medical research also plays an important role in improving the community's overall health through the development of new and innovative treatment options.

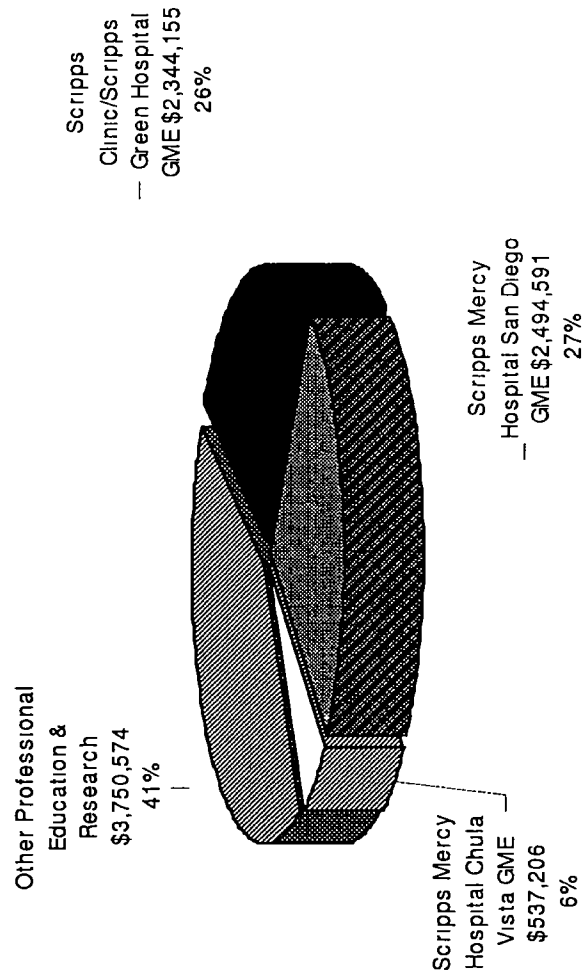
Each year Scripps allocates resources to the advancement of health care services through clinical research and medical education programs. To enhance service delivery and treatment practices for San Diego County, Scripps invested \$9,126,526 <sup>21</sup> in professional training programs and clinical research during FY07 (October 2006 to September 2007). This section highlights some of our professional education and research activities.

Figure 5:1, on the following page is a more detailed overview of the FY07 Scripps System Professional Education & Research distribution.

<sup>21</sup> Reflects clinical research as well as professional education of non-Scripps employees including graduate medical education, nursing resource development, and other health care professional education. Calculations based on total program expenses. The total expense for graduate medical education for FY07 was \$10,715,820 less the amount included in the Medicare shortfall methodology of (\$5,339,868) equals a net expense of \$5,375,953. Clinical research includes the subsidy which is the operating Income/(Loss) of Scripps three research entities, Scripps Research Services, Whittier Institute, Genomic and Translational Medicine.

FIGURE 5:1

FY07 SCRIPPS PROFESSIONAL EDUCATION AND RESEARCH DISTRIBUTION, \$9,126,526



#### Expenditures Reflect Total Cost

#### Professional Education and Research:

Reflects clinical research as well as professional education of non-Scripps employees including graduate medical education (GME), nursing resource development, and other health care professional training. Calculations based on total program expense. The total expense for graduate medical education for FY07 was \$10,715,820 less the amount included in the Medicare shortfall methodology of (\$5,339,868) equals a net expense of \$5,375,953. Clinical research includes the subsidy which is the operating Income/(Loss) of Scripps three research entities; Scripps Research Services, Whittier Institute, Genomic and Translational Medicine.

## Scripps System Professional Education & Research Summary (FY07)

| <u>Program Title</u>                                                                               | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|----------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| AARP Driver Safety Program                                                                         | N/A                        | 6                      | \$5,626                       |
| American Association for the Surgery of Trauma (AAST)<br>Annual Conference                         | 40                         | 30                     | \$1,133                       |
| Annual San Diego Day of Trauma                                                                     | 100                        | 235                    | \$9,041                       |
| Basic Trauma Orientation                                                                           | N/A                        | 200                    | \$11,625                      |
| Brain Injury Rehabilitation Conference                                                             | N/A                        | 1,000                  | \$37,750                      |
| California Screening, Brief Intervention, Referral & Treatment<br>Program                          | N/A                        | 18                     | \$679                         |
| Cardiac Education Programs                                                                         | N/A                        | 60                     | \$2,266                       |
| Children's Hospital Pediatric Emergency Medicine (PEM)<br>Fellowship Program Trauma Rotation       | 182                        | 7                      | \$264                         |
| Code Trauma Critical Care Nursing Symposium                                                        | 4                          | N/A                    | N/A                           |
| Community Health Improvement Partners (CHIP) Committees<br>and Work Teams – Scripps Mercy Hospital | N/A                        | 300                    | \$11,325                      |
| Emergency Department Discharge Data Surveillance Project                                           | N/A                        | 4                      | \$150                         |
| Every 15 Minutes Program - Mercy                                                                   | 16                         | 54                     | \$2,038                       |
| Exploratory Work Experience Educational Program                                                    | N/A                        | 480                    | \$25,100                      |
| Fiji Alliance                                                                                      | 1,500                      | N/A                    | \$200,000                     |
| Fiji Alliance – School of Medicine Training                                                        | 600                        | N/A                    | N/A                           |
| Grossmont College, School of Nursing Support                                                       | N/A                        | N/A                    | \$297,000                     |
| Hot Trauma Topics The Thomas Swann Memorial Seminar<br>"Abdominal Vascular Trauma"                 | 8                          | N/A                    | N/A                           |

| <u>Program Title</u>                                                                                                    | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|-------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Hot Trauma Topics The Thomas Swann Memorial Seminar<br>"Shock and Awe" on the Trauma Service"                           | 8                          | N/A                    | N/A                           |
| Joint Field Care Audit – Scripps Mercy Hospital Emergency<br>Department                                                 | N/A                        | 4                      | \$150                         |
| MICN Course                                                                                                             | N/A                        | 33                     | \$2,045                       |
| San Diego County Methamphetamine Strike Force (MSF)                                                                     | 2                          | 36                     | \$1,559                       |
| San Diego County Policy Panel on Youth Access to Alcohol                                                                | 8                          | 116                    | \$4,879                       |
| San Diego Nursing Service/Education Consortium                                                                          | N/A                        | 60                     | \$3,766                       |
| SDSU Nurses Now                                                                                                         | N/A                        | N/A                    | \$125,000                     |
| Senior Adult Fall Prevention Task Force                                                                                 | N/A                        | 25                     | \$943                         |
| The Kenneth B Schwartz Rounds                                                                                           | 96                         | 480                    | \$18,120                      |
| TNTL Policies and Journal Review                                                                                        | 21                         | 19                     | \$1,592                       |
| Trauma 101                                                                                                              | N/A                        | 100                    | \$6,310                       |
| Trauma, Critical Care, and Acute Care Surgery Conference<br>"Acute Care Surgery 2am or 7am Start Can You<br>Temporize?" | 30                         | N/A                    | N/A                           |
| Trauma, Critical Care, and Acute Care Surgery Conference<br>"Annual Trauma Debate"                                      | 30                         | N/A                    | N/A                           |
| Trauma, Critical Care, and Acute Care Surgery Conference<br>"Leaking Abdominal Aortic Aneurysm"                         | 30                         | N/A                    | N/A                           |
| Trauma Journal Club                                                                                                     | 12                         | 4                      | \$750                         |
| Trauma Nurse Core Curriculum                                                                                            | N/A                        | 236                    | \$8,909                       |
| Trauma Resuscitation Interdisciplinary Programs                                                                         | 45                         | 40                     | \$3,109                       |
| U S Navy Nursing Orientation Introduction to Critical Care                                                              | N/A                        | 52                     | \$2,763                       |



| <u>Program Title</u>                                                                     | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| U S Navy Nursing Preceptorship                                                           | N/A                        | 119                    | \$4,492                       |
| U S Navy Resident Trauma Training Program                                                | 2,730                      | 113                    | \$8,644                       |
| U S Navy Trauma Training Programs                                                        | 364                        | 15                     | \$566                         |
| University College Dublin Medical Student Rotation                                       | 182                        | 8                      | \$3,302                       |
| USC Trauma/Critical Care Symposium "Iliac Vascular Injuries"                             | 8                          | N/A                    | N/A                           |
| USC Trauma/Critical Care Symposium "Pack and Go To Angiography"                          | 8                          | N/A                    | N/A                           |
| War Surgery Course "Vascular Trauma"                                                     | 4                          | N/A                    | N/A                           |
| Welcome Back Center                                                                      | N/A                        | N/A                    | \$180,000                     |
| Wichita State University College of Health Professionals Physician Assistant Program     | 182                        | 7                      | \$264                         |
| Work Force Development - Non-Nursing - SMH LJ                                            | N/A                        | 176                    | \$6,644                       |
| Work Force Development - Nursing - SMH LJ                                                | N/A                        | 27,360                 | \$1,032,849                   |
| Youthful Drinking and Driving Program                                                    | N/A                        | 70                     | \$2,642                       |
| <b>TOTAL FY07 PROFESSIONAL EDUCATION</b>                                                 | <b>6,210</b>               | <b>31,467</b>          | <b>\$2,023,295</b>            |
| Research Adopting Pelvic Packing for Major Hemorrhage Associated with Fracture           | 40                         | 1,030                  | \$38,883                      |
| Research Conventional Chest X-Ray in the Initial Assessment of the Stable Trauma Patient | 5                          | 5                      | \$188                         |
| Research Methamphetamine Use in Trauma Patients                                          | 20                         | 70                     | \$2,642                       |
| Research Resuscitation Outcomes Consortium (ROC) Study EPISTRY                           | N/A                        | 20                     | \$755                         |
| Research Resuscitation Outcomes Consortium (ROC) Study Hypertonic Saline                 | 30                         | 120                    | \$4,530                       |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives.

| <u>Program Title</u>                                                                                   | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> |
|--------------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|
| Research Study to Correlate Crash Data                                                                 | 20                         | 40                     | \$1,009                       |
| Research Subsidy Scripps Research Services, Whittier<br>Institute, Genomics and Translational Medicine | N/A                        | N/A                    | \$1,636,142                   |
| Research The Role of Early Repeat CT Scan Following<br>Emergent Craniotomy                             | 40                         | 1,030                  | \$38,883                      |
| Research Tube Thoracostomy for Chest Trauma                                                            | 10                         | 70                     | \$4,247                       |
| <b>TOTAL FY07 RESEARCH</b>                                                                             | <b>165</b>                 | <b>2,385</b>           | <b>\$1,727,279</b>            |
| Scripps Clinic - Scripps Green Hospital Department of GME                                              | N/A                        | N/A                    | \$2,344,155                   |
| Scripps Family Medicine Residency Program                                                              | N/A                        | N/A                    | \$537,206                     |
| Scripps Mercy Hospital's GME Program                                                                   | N/A                        | N/A                    | \$2,494,591                   |
| <b>TOTAL FY07 GRADUATE MEDICAL EDUCATION</b>                                                           | <b>N/A</b>                 | <b>N/A</b>             | <b>\$5,375,952</b>            |
| <b>TOTAL FY07 PROFESIONAL EDUCATION &amp;<br/>RESEARCH</b>                                             | <b>6,375</b>               | <b>33,852</b>          | <b>\$9,126,526</b>            |

**About Scripps Memorial Hospital (SMH) La Jolla**

Located in the North Central region of San Diego County, Scripps Memorial Hospital (SMH) La Jolla provides health care services to 18.0% of the inpatient population living within the hospital's 50% service area. Today the hospital has 357 licensed beds and more than 2,390 employees. SMH La Jolla provides a wide range of clinical and surgical services including intensive care; interventional cardiology and radiology; radiation oncology; cardiothoracic and orthopedic services; neurology; ophthalmology; mental health and psychology services; as well as skilled nursing services. As one of six designated trauma centers and one of nineteen emergency departments in San Diego County, SMH La Jolla makes up a critical part of the County's emergency service network. Within the hospital's service area, SMH La Jolla cares for 16.9% of Medicare patients, 4.1% of Medi-Cal patients, 22.9% of commercially insured patients, and 16.1% of patients with other payment sources including self-pay and charity care.

In addition to acute care services, a wide range of specialty services and programs are located on the hospital's campus including the Cardiac Treatment Center, Imaging Center, the Whittier Institute for Diabetes and the Scripps Polster Breast Care Center.

*Distinguishing Programs and Services*

- Crivello Cardiovascular Center
- Gamma Knife Center of San Diego
- Neonatal Intensive Care Nursery (operated by Children's Hospital)
- Scripps Polster Breast Care Center
- Scripps Center for Women's Health
- Scripps McDonald Center
- Scripps Mende Well Being Center
- Scripps Mericos Eye Institute
- Scripps Stevens Cancer Center (Programs/Services Referenced in Section 12)
- The Whittier Institute for Diabetes (Programs/Services Referenced in Section 11)
- Trauma Center

## SMH La Jolla 2008 Community Benefit Plan (FY08)

The SMH La Jolla 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the hospital's objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

## **SMH La Jolla's FY08 Community Benefit Objectives**

### Community-Based Health Improvement Activities

#### Cancer Outreach, Education and Support

- The Polster Breast Care Center will offer a series of breast health education, support and treatment programs including:
  - Continue to provide education and support services to those in the community experiencing Lymphedema as well as those who are at risk for Lymphedema.
  - Provide outreach, education and support in breast health by participating in community events and health fairs.
  - Continue to support the volunteer Breast Buddy program, matching newly diagnosed breast cancer patients with a breast cancer survivor trained to be a mentor.
  - A Young Women's Support Group meeting twice a month for woman under the age of (40) forty years old and community support for the continuation of a Young Women's Survivor Coalition, San Diego chapter.
  - Provide music as medicine and mindfulness series designed to enhance the healing process for cancer patients. This program will be offered free of charge to cancer patients and their loved ones.
  - Continue to offer risk assessment education to high-risk women for the BRCA genes mutation free of charge.
  - Provide education outreach to physicians on the genetic risks associated with breast and ovarian cancer.

#### General Health Education and Wellness Initiatives

- Offer flu clinics in conjunction with XIMED medical group to provide immunizations for patients, their families and the community.
- Continue to sponsor community-based support groups for Parkinson's, Infertility, Bereavement, Battered Women, Breastfeeding, Cardiac, Cancer, Ostomy, Lymphedema, Bariatrics, Joint Replacement, Ovarian Cancer, Kids Connected Children with Parents in Cancer Care, Multiple Sclerosis, Compassionate Friends,

Parkinson's Research, Post Partum Depression, Bereavement, Huntington's and Diabetes patients at the Scripps Mende Well Being Center and at Scripps Memorial Hospital La Jolla.

- Provide meeting space at the Scripps Mende Well Being Center to community groups such as Domestic Violence Coalition, faith communities, Mothers of Twins, Parent Connection, Every One a Reader, Susan B. Komen, SD City Schools, SD County Social Workers, Mental Health Alliance, Battered Women, Autism/STAR organization and SD Hospice facility.
- Provide community CPR training courses weekly at each of the Scripps Well Being centers located throughout San Diego County.
- Offer 15 to 20 educational programs on orthopedics, diabetes, osteoporosis, macular degeneration and other ophthalmological conditions, women's health issues, cancer, stroke, alternative and complimentary medicine, heart health and exercise and nutrition.
- Continue to provide smoking cessation program for all of SMH La Jolla's in-patients, cardiac and pulmonary out-patients, and staff.
- Coordinate four (4) blood drives on behalf of the American Red Cross at the SMH La Jolla campus.
- Work with other non-profit community organizations such as American Heart Association, the March of Dimes, and the Susan B. Komen Foundation to promote healthy behaviors.
- Work with OASIS adult senior learning program, offering 10 health education seminars on a variety.
- Provide health information and screenings (body fat and blood pressure) at 3+ health fairs in San Diego County.
- Continue to offer hearing screenings through the Center for Voice and Swallowing.
- Offer quarterly vascular screening programs at SMH La Jolla Campus.
- Offer daily Blood Pressures through the kiosk program at the University Town Center Mall.
- Support School and Community bases medical outreach activities.
- Offer monthly Nutrition education programs on Weight Management, Pre-Diabetes and Heart Healthy Eating.
- Offer Quarterly Vascular Screening Program for the community.

#### Heart Health/Cardiovascular Disease

- Enhanced Cardiac health education and prevention efforts in the North Central Region of San Diego County by:
  - Offer an education symposium targeting women ages 40-65, helping to increase public awareness about the risks of heart disease in women.

- Offer four (4) cardiac education programs for the community at large, focusing on current heart treatment options and new screening technologies.
- Offer monthly cardiac screenings (blood pressure and body fat, lipid panel and cardiac risk assessment) at SMH La Jolla.
- Offer cardiac screenings (blood pressure and body fat) at two (2) to four (4) health fairs located throughout San Diego County.
- Coordinate two (2) to four (4) cardiac education programs at local colleges, business and other locations.
- Offer a seven (7) week cardiac education class on a quarterly basis (4 times) for newly diagnosed patients, titled "Straight to the Heart".
- Offer a continuous six (6) week pulmonary education program.
- Offer a four (4) week stress management course on a quarterly basis ("Seven Steps to Stress Mastery").
- Offer a continuous education course for CHF patients, titled "Taking Control of Heart Failure".
- Offer a continuous four (4) week exercise program for heart patients titled "Exercise for Healthy Body".
- Provide monthly programs for heart patients including lectures, dinner, grocery store tours, walks and social events through the Happy Hearts Club.
- Work with young women's groups (sororities, civic clubs and volunteer organizations) to provide heart health information, screenings, etc.

#### Maternal Child Health Education

- Continue to provide prenatal, postpartum and parenting education programs for low-income women through out San Diego County.
  - Offer a minimum of 50 childbirth preparation classes designed to enhance parenting skills of low-income women in the North Central and North Coastal regions of the county.
  - Maintain the existing prenatal education services in the South and Central regions of the County ensuring that programs continued to demonstrate a >90% satisfaction rating.
  - Offer ten (10) maternal child health education series covering issues such as preconception and baby sitter safety in the North County.
  - Offer infant massage classes at Mommy and Me Yoga programs at two (2) locations weekly in the North County.
  - Offer Dogs and Babies Education Program for expectant Parents quarterly.
  - Offer Nursing Students from (5) five programs, rotation experience with Childbirth Education Program.

### Substance Abuse Prevention and Treatment Programs

- Participate in at least one (1) Every 15 Minutes event, targeting over 400 high school students.
- Scripps McDonald Center will offer a series of drug and alcohol abuse prevention and treatment programs including:
  - Provide county-wide lectures and respond to speaking requests from the community.
  - Speaking engagements on "Alcohol Drugs, and Post Traumatic Stress Disorder" and "Brain Injury and the potential for Chemical Abuse, Assessment, Intervention and Treatment"
  - Maintain a speaker's bureau able to accommodate requests for presentations on drug abuse and prevention from community organizations throughout San Diego County.
  - Offer monthly intervention trainings for persons suffering from addiction.
  - Maintain and enhance web-based self-assessment tools for drug addiction in addition to a list of resources for care.
  - Increase chemical dependency intervention and family systems education in the community and continue to speak to parents and school systems.

### Unintentional Injury and Violence

- Provide at least two (2) safety education programs for students and teachers on topics including bike and skateboard safety and car seat safety.
- Provide at least two (2) safety education programs for older adults.

### Professional Education and Research

- Continue to function as a premier site for nursing clinical rotations for all nursing programs in San Diego County; expand student exposure to outpatient and nontraditional patient care areas.
- Provide preceptor experiences to nursing students in several nursing practice roles: educator, clinical specialist, manager, staff nurse.
- Continue to offer a robust student nurse extern program.
- Provide clinical coop student experiences for nursing students from Northeastern University.
- Provide clinical education experiences for allied health students such as OT, PT, RCP, radiographers, surgical technicians, clinical social workers, etc.

### Uncompensated Health Care

- SMH La Jolla will continue to provide health care services to vulnerable patients who are unable to pay for services.
  - Maintain, communicate and effectively administer Scripps' financial assistance policy in a manner that meets the needs of patients.
  - Assure that care is available through the emergency department and trauma center, regardless of a person's ability to pay.

## SMH La Jolla 2008 Community Benefit Report (FY07)

The SMH La Jolla Community Benefit Report is an account of the hospital's dedication and commitment to improving the health of the community, detailing the hospital's programs and services that have provided benefit over an above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, SMH La Jolla employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps sponsored community benefit programs and services. With close to 4,033 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$152,246,96<sup>22</sup>.

### *Making A Financial Commitment*

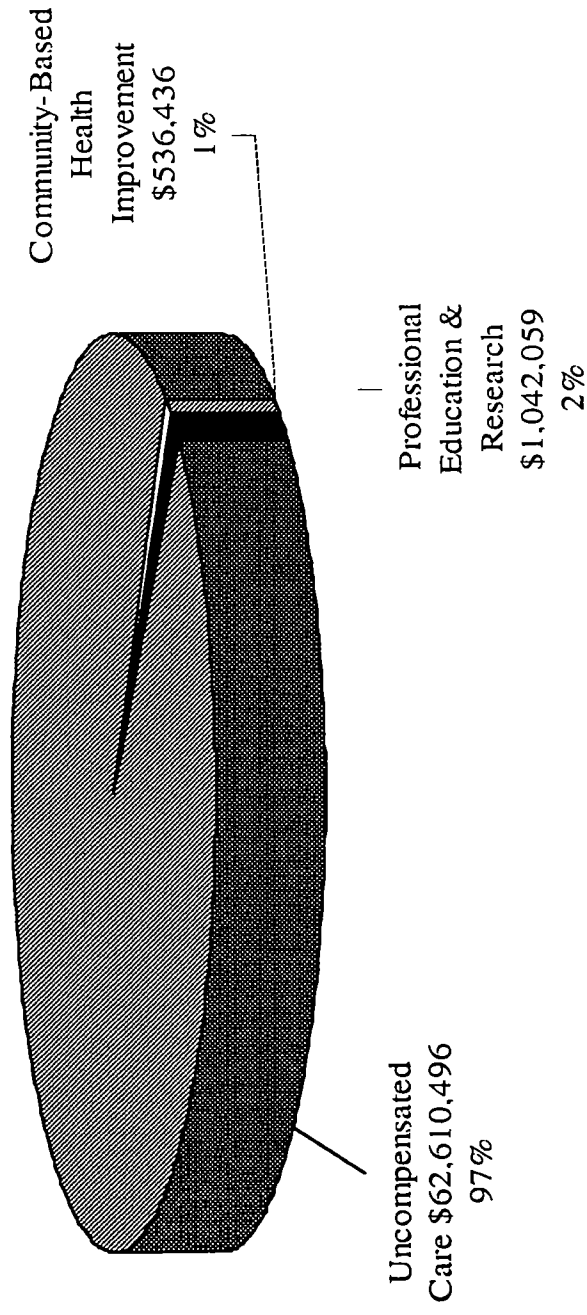
During FY07, SMH La Jolla devoted \$64,188,991 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 6:1 presented on the following page for a more detailed overview of the SMH La Jolla FY07 Community Benefit distribution.

<sup>22</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits



FIGURE 6:1 - FY07 SMH LA JOLLA COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$64,188,991



Community Benefit Services:  
Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities, and professional education and research.

## SMH La Jolla's FY07 Uncompensated Health Care Highlights

During FY07, SMH La Jolla contributed \$62,610,495 to uncompensated health care including, \$8,172,420<sup>23</sup> in charity care, \$45,132,434<sup>24</sup> in under-reimbursed care, \$4,878,009<sup>25</sup> in emergency physician coverage, and \$4,427,633<sup>23</sup> in bad debt.

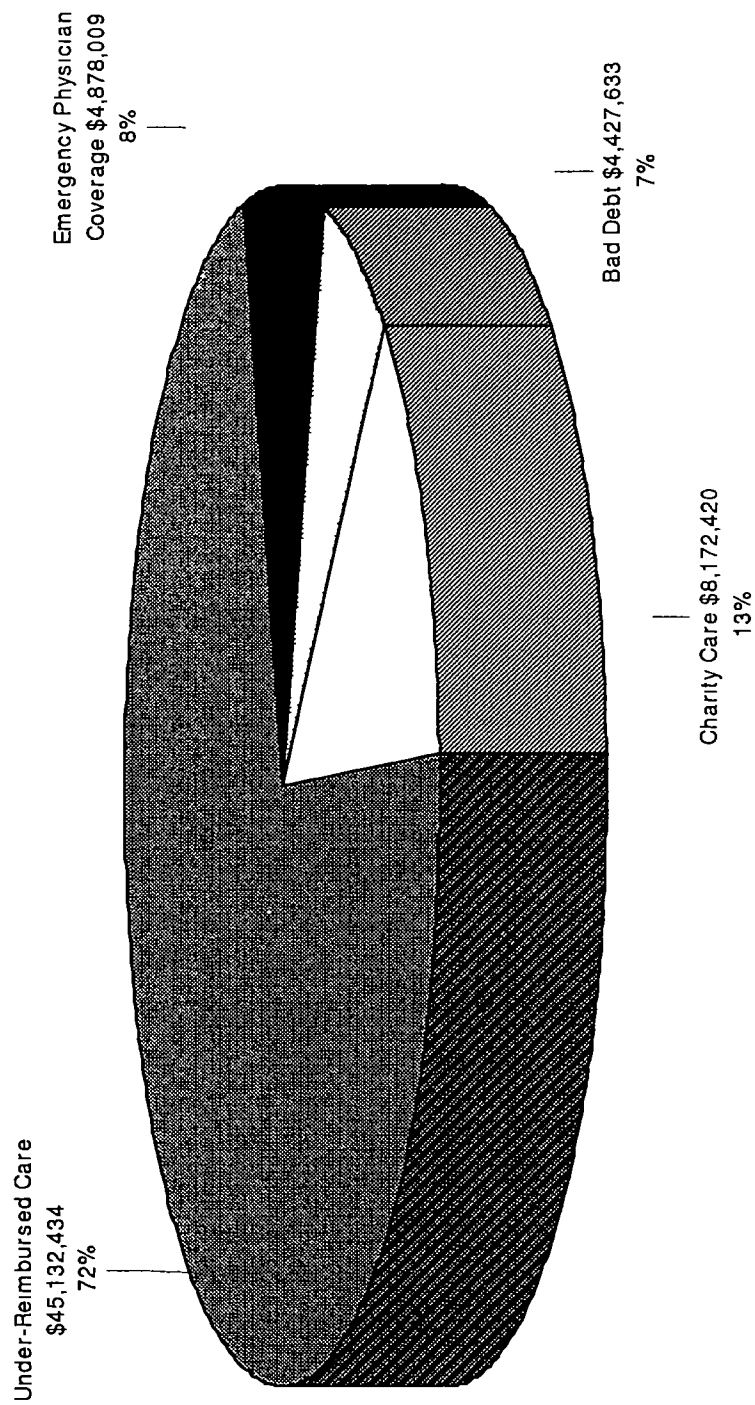
Refer to figure 6:2 presented on the following page for a graphical representation of the FY07 SMH La Jolla Uncompensated Health Care distribution.

<sup>23</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>24</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology

<sup>25</sup> Calculations for physician back-up services reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

**FIGURE 6:2 - FY07 SMH LA JOLLA'S UNCOMPENSATED HEALTH CARE DISTRIBUTION BY CATEGORY, \$62,610,496**



**Uncompensated Health Care:**  
 Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt.

### *SMH La Jolla's FY07 Community-Based Health Improvement Highlights*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007), SMH La Jolla invested \$536,436 in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of SMH La Jolla's FY07 Community-Based Health Improvement achievements.

### **Breast Cancer Outreach, Education and Support**

- ✓ Scripps Polster Breast Care Center provided multiple community cancer prevention and treatment programs including:
  - Offered a Music as Medicine mindfulness series designed to enhance the healing process for cancer patients. This program was offered free of charge to cancer patients and their loved ones.
  - Operated the Volunteer Breast Buddy Program, matching newly diagnosed breast cancer patients with a breast cancer survivor trained to be a mentor. Also offered a bi-monthly Young Women's Support Group to women under the age of 40 years old.
  - Through the Young Women's Breast Health program, The Polster Breast Care Center worked to increase awareness of breast cancer prevention and treatment in young women.

### **Community Based School Partnerships**

- ✓ Continued to develop relationships with local schools, encouraging students to enter into health careers.
  - Sponsored and supported the Point Loma Nazarene University. Funding was provided to recognize and support nursing students.
  - Contributed to the San Diego Nursing Service/Education Consortium to support the coordinating work of this nonprofit organization. San Diego Nursing Service Education Consortium coordinates student's clinical placement.
  - Supported 190 Nursing Students from four Nursing Schools through 600 hours of perinatal education requirements.
  - Partnered with San Dieguito Boys and Girls Club, providing five (5) scholarships to area youth pursuing an education in a healthcare field. Additionally five (5) staff members committed to acting as mentors for the selected students. The mentors will maintain contact with the students through the course of the training program.

## **Community Support Programs**

- ✓ Continued to sponsor community-based support groups for AA, Clinical Addictions, Alzheimer's, Parkinson's, Infertility, Bereavement, Battered Women, Breastfeeding, Cardiac, Cancer, Ostomy, Lymphedema, Bariatrics, Joint Replacement and Diabetes patients at the Scripps Mende Well Being Center and at Scripps Memorial Hospital La Jolla. In addition, the following new programs were added, Post Partum Depression, Infertility, Huntington's, and Autism. Additionally offered Multiple Sclerosis Support Group, Parkinson Research Organization, Ovarian Cancer Support Group, Compassionate Friends Support Group and Kids Konected – For children with parents in Cancer treatment.
- ✓ Provided meeting space at the Scripps Mende Well Being Center to community groups such as Domestic Violence Coalition, faith communities, Mothers of Twins, Parent Connection, Retired Senior Volunteer Patrol, Rolling Readers, Susan B. Komen, SD City Schools, SD County Social Workers, and SD Hospice facility. As well, the Mental Health Alliance, Battered Women and Autism/Star Program began meeting at the facility.
- ✓ Held five (5) blood drives at Scripps La Jolla with over 100 units of blood collected.
- ✓ Continued Vascular Program in which forty-eight (48) patients were screened.
- ✓ Offered quarterly Speech & Hearing Screenings with twenty (20) patients screened.
- ✓ Provided community CPR training courses weekly at each of the Scripps Well Being centers located throughout San Diego County.
- ✓ Offered two (2) eight week series Cancer Cooking classes for the community.

## **Heart Health/Cardiovascular Disease**

- ✓ Enhanced Cardiac health education and prevention efforts in the North Central Region of San Diego County by:
  - Increased public awareness about the risks of heart disease in women, offering an education symposium targeting middle aged women.
  - Offered Cardiac Program for the community at large focusing on current care options and new screening technologies available for heart health.
  - Offered monthly support groups staffed by an RN or Exercise Physiologist.
  - Offered four (4) cardiac screenings (blood pressure and body fat) at health fairs located throughout San Diego County.
  - Cardiac risk screenings monthly program continued and one hundred (100) patients screened.
  - Offered CPR programs at no charge for patients and their families four (4) times per year.
  - Offered music therapy and stress reduction classes four (4) times per year.
  - Offered a seven (7) week cardiac education class on a quarterly basis (4 times) for newly diagnosed patients, titled "Straight to The Heart".
  - Offered a continuous six (6) week pulmonary education program.

- Offered a four (4) week stress management course on a quarterly basis ("Seven Steps to Stress Mastery")
- Offered a continuous education course for CHF patients, titled "Taking Control of Heart Failure".
- Offered a continuous four (4) week exercise program for heart patients titled "Exercise for Healthy Body".
- Provided monthly programs for heart patients including lectures, dinner, grocery store tours, walks and social events through the Happy Hearts Club.
- The Center for Voice & Swallowing developed and initiated a hearing screening program and three (3) patients have been screened to date. This program will continue on a quarterly basis.

## Health Behaviors

- ✓ Continued to enhance prenatal education offerings for low-income women in San Diego County by:
  - Offered 50 additional childbirth preparation classes designed to enhance the parenting skills of low-income women in the North Central and North Coastal regions of the county.
  - Maintained the existing prenatal education services in the South and Central regions of the County ensuring that programs continued to demonstrate a >90% satisfaction rating.
  - Offered a maternal child health education series covering issues such as preconception and baby sitter safety in the North County.
  - Offered the following maternal child health classes at the Mende Well Being Center: Basic training for dads, Breastfeeding classes, Child birth preparation classes, Getting ready for the baby, Infant CPR and Safety program, Parent Connections programs, Redirecting children's behavior, Sibling classes, Smart Start – Preconception classes.
  - Offered Dogs & Babies program quarterly with over 80 attendees.
  - Offered bi-weekly, Mommy & Me Yoga & Infant Massage Programs to new parents.
- ✓ Offered 30 educational programs covering various health issues including orthopedics, osteoporosis, cancer, cardiac, stroke, macular degeneration and other ophthalmological conditions, diabetes, hearing, sleep, chronic cough, women's health, nutrition, arthritis memory loss, and dermatological conditions.
- ✓ Continued support for smoking cessation program for all hospital in-patients and for cardiac and pulmonary out-patients as well as staff.
- ✓ Provided health education information and health screenings on heart disease, bike and skateboard safety, nutrition and exercise to the broader community at health fairs located throughout San Diego County.

## Substance Abuse Prevention and Treatment Programs

- ✓ Scripps McDonald Center offered a series of drug and alcohol abuse prevention and treatment programs including:
  - Lectures at the McDonald Center, Scripps Mercy San Diego and Chula Vista, Encinitas and El Cajon. Offered trainings at Palomar College, and City College, Cal State San Marcos, Rancho Santa Fe Presbyterian Church and a symposium on 'Adolescent Alcohol and Drug Use' at the Schaetzel Center. The symposium was attended by over 150 professionals and parents. A total of 1,695 people attended these lectures, which generated 66 admissions to the McDonald Center.
  - Provided lectures to all patients in 'Detox' on a weekly basis.
  - Provided lectures to all residential patients on a monthly basis.
  - Enhanced the existing web-based self-assessment tools for drug addiction and maintained a list of resources for care on the Scripps web site. For 2007, there was an average of 6-8 calls daily, seven days a week. The total number of actual calls handled was over 2,190. This was in addition to email inquiries, and countless internal requests for staff education, counseling, education and support.
  - Participated in a Nurse Wellness Program and gave two (2) classes on Chemical Dependency, Intervention and Family Systems.

## Unintentional Injury and Violence

- ✓ Provided two (2) safety education programs for students and teachers on bike & skateboard safety as well as car seat safety and water safety.
- ✓ Provided two (2) safety education programs for older adults on fall prevention and home safety.

### *SMH La Jolla's FY07 Professional Education Highlights*

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished.

Each year SMH La Jolla allocates resources to the advancement of health care services through health professional education programs. To enhance service delivery and treatment practices for San Diego County, SMH La Jolla invested \$1,042,059<sup>26</sup> in professional training programs during FY07 (October 2006 to September 2007). This section highlights some of SMH La Jolla's professional education activities conducted in FY07.

<sup>26</sup> Reflects clinical research as well as professional education of non-Scripps employees nursing resource development, and other health care professional education. Calculations based on total program expenses

- ✓ Functioned as a clinical rotation site for nursing students in virtually all clinical areas of the hospital. Forty-six (46) clinical groups for a total of 410 nursing students. (Each nursing clinical group includes approximately 10 students. An instructor supervises the students so they are not paired one to one with a nurse.)
- ✓ Provided preceptorships for 102 senior nursing students in clinical and leadership experiences in virtually all clinic areas. Under this model, students work on a one to one basis with a staff nurse, nurse manager, advance practice nurse, and/or nurse educator. Preceptorships do involve a one to one assignment with a nurse and include approximately 100-180 hours of supervision per preceptorship.
- ✓ Maintained 50 student nurse externs during the fiscal year. This is an elective work study college course which enables students to take on a paid position with the hospital and earn college credit. Student nurse externs typically work about 160-180 hours per semester.
- ✓ Functioned as a clinical rotation site for the following non nursing, clinical professions students:
  - 3 Clinical Nutrition
  - 4 Food Service
  - 11 Radiology students
  - 2 Sonography student
  - 27 Respiratory students
  - 16 PCAT students
  - 6 CV Technician students
  - 7 Occupational Therapy students
  - 12 Physical Therapy students



## SMH La Jolla Community Benefit Services Summary List (FY07)

| <u>Program Title</u>                                                                | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Alcohol and Drug Education Program                                                  | N/A                        | 160                    | \$18,182                      | 10,300                    |
| American Heart Association - Heart Walk                                             | 1,194                      | 144                    | \$5,436                       | N/A                       |
| Bad Debt                                                                            | N/A                        | N/A                    | \$4,427,633                   | N/A                       |
| Beach Area Community Court                                                          | N/A                        | 19                     | \$717                         | 950                       |
| Blood Drives for the American Red Cross                                             | N/A                        | 12                     | \$453                         | 354                       |
| Breast and Ovarian Cancer - Genetic Education<br>and Risk Assessment                | N/A                        | 300                    | \$11,325                      | 125                       |
| Breast Cancer Support Services                                                      | 300                        | 110                    | \$4,153                       | 200                       |
| Breast Health - Young Women's Program                                               | N/A                        | 200                    | \$7,550                       | 1,000                     |
| Breast Health General Program                                                       | N/A                        | 416                    | \$15,704                      | 2,000                     |
| Breastfeeding Education - Telephone Services,<br>Scripps Memorial Hospital La Jolla | N/A                        | N/A                    | N/A                           | 520                       |
| Breastfeeding Education - Telephone Services,<br>Scripps Mercy Hospital             | N/A                        | 240                    | \$9,060                       | 100                       |
| Cardiac Education Program                                                           | N/A                        | 60                     | \$2,266                       | 500                       |
| Cardiac Risk Screenings                                                             | N/A                        | 72                     | \$2,718                       | 80                        |
| Charity Care                                                                        | N/A                        | N/A                    | \$8,172,420                   | N/A                       |
| Community Education Programs - Community<br>Benefit Svcs SMH La Jolla               | N/A                        | 2,501                  | \$140,029                     | 8,086                     |
| Community Educational Presentations - Mericos<br>Eye Center                         | N/A                        | 10                     | N/A                           | 87                        |
| CPR Classes for Patients and Families of the<br>Cardiac Treatment Ctr               | N/A                        | 32                     | \$1,209                       | 50                        |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                                        | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Emergency Physician Coverage                                                | N/A                        | N/A                    | \$4,878,009                   | N/A                       |
| Food, Toiletry and Toy Drives                                               | N/A                        | 64                     | \$2,416                       | 216                       |
| "Happy Hearts" Cardiac Support Group                                        | 10                         | 100                    | \$3,775                       | 360                       |
| Health Physical's – Executive Health, Scripps<br>Memorial Hospital La Jolla | N/A                        | N/A                    | \$42,500                      | N/A                       |
| Hearing and Speech/Dysphagia Screening                                      | N/A                        | 10                     | N/A                           | 14                        |
| Heart Check                                                                 | N/A                        | N/A                    | N/A                           | 35,405                    |
| Holiday Sing - A-Long                                                       | 3                          | 1                      | \$38                          | 4                         |
| Lactation Programs                                                          | N/A                        | 205                    | \$42,009                      | 4119                      |
| OASIS Adult Learning Seminar for Seniors                                    | N/A                        | 125                    | \$4,718                       | 186                       |
| Parent Connection                                                           | 2,000                      | 1,040                  | \$97,813                      | 5,992                     |
| Parent Connection Community Resource Fund                                   | 60                         | 40                     | \$11,509                      | 20                        |
| Parent Connection Madison's Fund                                            | 20                         | 10                     | \$878                         | 1                         |
| Parent Connection Monarch School Project                                    | 20                         | 10                     | \$378                         | 80                        |
| Parent Connection School Supplies Drive                                     | 6                          | 6                      | \$226                         | 80                        |
| Parkinson's Disease Program                                                 | N/A                        | 16                     | \$604                         | 130                       |
| Perinatal Education Classes                                                 | N/A                        | 1,451                  | \$98,021                      | 13,395                    |
| San Diego Nursing Service/Education Consortium                              | N/A                        | N/A                    | \$300                         | N/A                       |
| San Dieguito Boys & Girls Club                                              | 240                        | NA                     | \$5,000                       | 5                         |
| Scripps Encinitas Senior Fair                                               | N/A                        | 5                      | \$188                         | 125                       |
| Senior Share and Care                                                       | 180                        | 20                     | \$955                         | 1,080                     |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                    | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|---------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Signs & Symptoms of Alcohol Abuse & Chemical Dependency | N/A                        | 144                    | \$5,436                       | 7,369                     |
| Staff and Physician Breast Health Education Program     | N/A                        | 75                     | \$2,832                       | 50                        |
| Trauma Awareness Day                                    | N/A                        | 16                     | \$604                         | 125                       |
| Under-Reimbursed Care                                   | N/A                        | N/A                    | \$45,132,434                  | N/A                       |
| Work Force Development - Non-Nursing - SMH LJ           | N/A                        | 176                    | \$6,644                       | 88                        |
| Work Force Development - Nursing - SMH LJ               | N/A                        | 27,360                 | \$1,032,849                   | 562                       |
| <b>TOTAL</b>                                            | <b>4,033</b>               | <b>35,150</b>          | <b>\$64,188,991</b>           | <b>\$93,758</b>           |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

**About Scripps Memorial Hospital (SMH) Encinitas**

Scripps Memorial Hospital (SMH) Encinitas, located along the coast of San Diego's North County, has 138 licensed beds, more than 1,000 employees and provides health care services to 20.4% of the inpatient population living within the hospital's North County West service area. SMH Encinitas provides a wide range of acute clinical care services including, but not limited to, 24-hour emergency services, intensive care, cancer/oncology, nuclear medicine, radiology, orthopedics, neurology, and urology. Within the hospital's service area, SMH Encinitas cares for 20.9% of Medicare patients, 24.3% of Medi-Cal patients, 19.0% of commercially insured patients, and 18.5% of patients with other payment sources including self-pay, and charity care.

*Distinguishing Programs and Services*

- Ambulatory Surgery Center
- Comprehensive Perinatal Support Program
- Leichtag Women's Health & Birth Pavilion
- Outpatient Rehabilitation Day Treatment Program
- Scripps Rehabilitation Center
- Spine Program
- Leichtag Family Birth Pavilion
- Outpatient Imaging Center and Kidney Dialysis
- Accredited Brain Injury Program
- Certified Primary Stroke Center
- Level II Neonatal Nursery

## The SMH Encinitas 2008 Community Benefit Plan (FY08)

The SMH Encinitas 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the hospital's objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

## **SMH Encinitas' FY08 Community Benefit Objectives**

### Community-Based Health Improvement Activities

- Offer 50+ health education classes/seminars focusing on key health topics such as heart disease, stroke, diabetes, medication management, skin cancer, and depression.
- Community rehabilitation programs (e.g. the START program) will provide counseling, crisis intervention, education, support groups, exercise groups and communication enhancement groups to 800 people throughout the North Coastal region of San Diego County.
- Community rehabilitation programs will hold two community conferences on PTSD and stress disorders resulting from brain injury and other major illnesses and a brain injury conference.
- Distribute and administer >4,000 doses of county and Scripps influenza (flu) vaccine to high-risk populations throughout San Diego County.

### Professional Education and Research

- Accommodate 22+ students in the Exploratory Work Experience Education.

### Uncompensated Health Care

- SMH Encinitas will continue to provide health care services to vulnerable patients who are unable to pay for services.
  - Maintain, communicate and effectively administer Scripps' financial assistance policy in a manner that meets the needs of patients.
  - Assure that care is available through the emergency department, regardless of a person's ability to pay.

## SMH Encinitas 2008 Community Benefit Report (FY07)

The SMH Encinitas Community Benefit Report is an account of the hospital's dedication and commitment to improving the health of the community, detailing the hospital's programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *SMH Encinitas Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, SMH Encinitas employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps sponsored community benefit programs and services. With close to 442 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$16,685.63<sup>27</sup>.

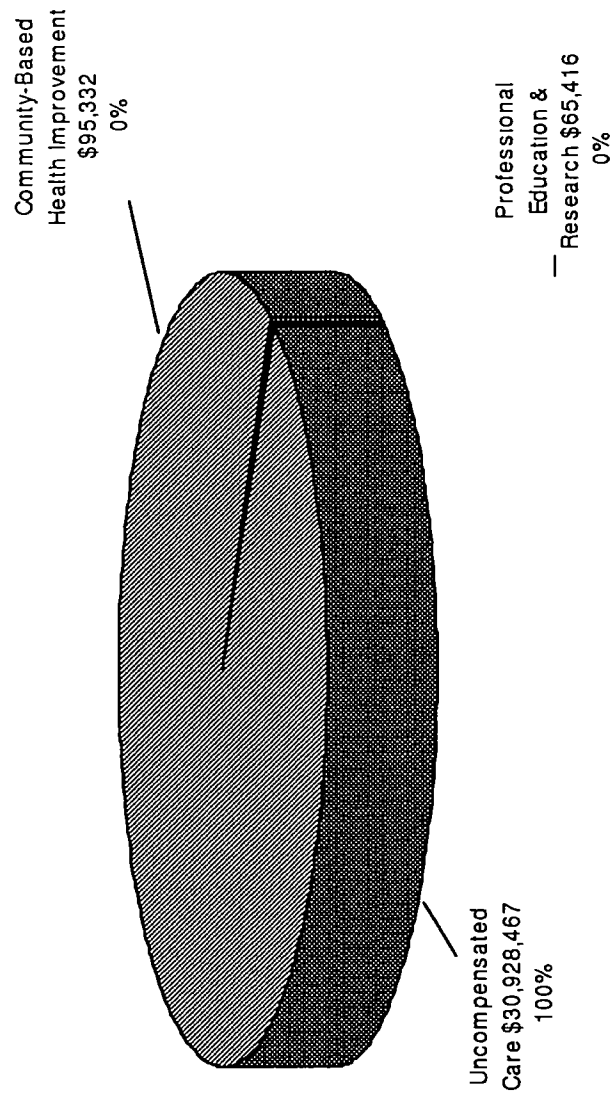
### *SMH Encinitas Making A Financial Commitment*

During FY07, SMH Encinitas devoted \$31,089,215 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 7:1 presented on the following page for a more detailed overview of the SMH Encinitas FY07 Community Benefit distribution.

<sup>27</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

**FIGURE 7:1 - FY07 SMH ENCINITAS COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$31,089,215**



Community Benefit Services: Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities, and professional education and research.

## SMH Encinitas' FY07 Uncompensated Health Care Highlights

During FY07, SMH Encinitas contributed \$30,928,467 to uncompensated health care including, \$2,258,638<sup>28</sup> in charity care, \$24,508,772<sup>29</sup> in under-reimbursed care, \$1,698,480<sup>30</sup> in emergency physician coverage, and \$2,462,577<sup>28</sup> in bad debt.

Refer to figure 7:2 presented on the following page for a graphical representation of the FY07 SMH Encinitas Uncompensated Health Care distribution.

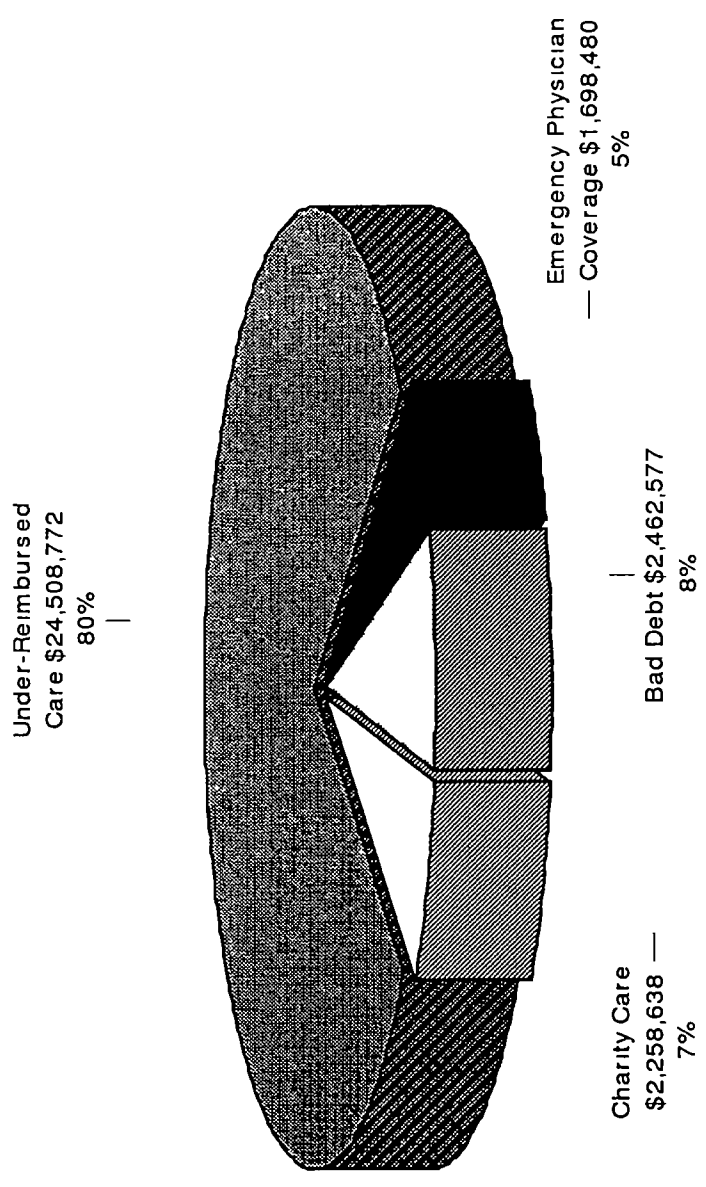
<sup>28</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>29</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology

<sup>30</sup> Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients



FIGURE 7:2 - FY07 SMH ENCINITAS' UNCOMPENSATED HEALTH CARE DISTRIBUTION, \$30,928,467



Uncompensated Health Care:  
Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt.

### *SMH Encinitas' FY07 Community-Based Health Improvement Highlights*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007), SMH Encinitas invested \$95,332 in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of SMH Encinitas' FY07 Community-Based Health Improvement achievements.

### **Community Health Education and Support Programs**

- ✓ Provided 50+ health education classes/seminars focusing on key health topics such as heart disease, stroke, diabetes, medication management, skin cancer, and depression.
- ✓ Participated in 17 community events providing health information and offering screening services including blood pressure, cholesterol, and blood sugar checks.
- ✓ The Scripps Encinitas Rehabilitation Unit START Community program, provided education, counseling, support groups, resource referral, and communication enhancement groups to more than 800 people in the North Coastal region of San Diego County.
- ✓ The Rehabilitation Center at Scripps Memorial Hospital Encinitas conducted a community conference titled "Brain Injury Rehabilitation: Beyond the Hospital, Into the Community". This two-and-a-half day course was designed to provide strategies and a framework for the management of brain injured patients both within and outside the clinical setting. Treatments are focused on the total care continuum – physical, cognitive, perceptual, emotional and social – in a multi-disciplinary format. The course was taught by an interdisciplinary team of specialists in brain injury. Eighty-three (83) individuals attended the conference.

### **Influenza Vaccination Campaign**

- ✓ Distributed and administered 4,000 doses of flu vaccine to vulnerable populations throughout San Diego County.
  - o Note: The number of vaccines indicated above includes those vaccinations provided through community outreach efforts and does not include vaccine provided to Scripps employees or patients being treated within Scripps hospitals or receiving care from a Scripps affiliated physician.

### *SMH Encinitas' FY07 Professional Education & Research Highlights*

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished. Medical research also plays an important role in improving the community's overall health through the development of new and innovative treatment options.

Each year SMH Encinitas allocates resources to the advancement of health care services through health professional education programs. To enhance service delivery and treatment practices for San Diego County, SMH Encinitas invested \$65,416<sup>31</sup> in professional training programs and clinical research during FY07 (October 2006 to September 2007). This section highlights some of SMH Encinitas' professional education activities conducted in FY07.

- ✓ Accommodated 22 students in the Exploratory Work Experience Education program. In partnership with the San Dieguito High School District and Carlsbad High School, Scripps Memorial Hospital Encinitas provides students (juniors and seniors) with an opportunity to observe professionals working in the health care environment. Students are paired with a mentor in their area of interest and are given the opportunity to observe hospital operations.

<sup>31</sup> Reflects clinical research as well as professional education of non-Scripps employees, nursing resource development, and other health care professional education. Calculations based on total program expenses

## SMH Encinitas Community Benefit Services Summary List (FY07)

| <u>Program Title</u>                                                        | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Adopt A Family                                                              | 140                        | 30                     | \$1,133                       | 93                        |
| American Heart Association - Heart Walk                                     | 282                        | 80                     | \$3,020                       | N/A                       |
| Bad Debt                                                                    | N/A                        | N/A                    | \$2,462,577                   | N/A                       |
| Brain Injury Rehabilitation Conference                                      | N/A                        | 1,000                  | \$37,750                      | 83                        |
| Blood Drives for the American Red Cross                                     | N/A                        | 20                     | \$755                         | 405                       |
| Charity Care                                                                | N/A                        | N/A                    | \$2,258,638                   | N/A                       |
| Community Outreach Programs - Community Benefit Service Encinitas           | N/A                        | 448                    | \$4,885                       | N/A                       |
| Emergency Physician Coverage                                                | N/A                        | N/A                    | \$1,698,480                   | N/A                       |
| Exploratory Work Experience Educational Program                             | N/A                        | 480                    | \$25,100                      | 22                        |
| Health Screenings at Community Events – Scripps Memorial Hospital Encinitas | N/A                        | 500                    | \$18,875                      | 190,000                   |
| Influenza Immunization Campaign                                             | N/A                        | 374                    | \$28,164                      | 4,000                     |
| San Diego Nursing Service/Education Consortium                              | N/A                        | 60                     | \$2,566                       | 600                       |
| The START Community Program                                                 | 20                         | 1,000                  | \$38,500                      | 800                       |
| Under-Reimbursed Care                                                       | N/A                        | N/A                    | \$24,508,772                  | N/A                       |
| <b>TOTAL</b>                                                                | <b>442</b>                 | <b>3,992</b>           | <b>\$31,089,215</b>           | <b>196,003</b>            |

\*\*\*FINANCIAL SUPPORT\*\* reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

Section  
**8**

## **Scripps Mercy Hospital San Diego & Mercy Clinic**

### **About Scripps Mercy Hospital San Diego and Mercy Clinic**

#### **Scripps Mercy Hospital San Diego**

Scripps Mercy Hospital is San Diego's longest-operating and only Catholic hospital. Along with its tradition of caring for the underserved population, Scripps Mercy Hospital features a shared decision-making culture that encourages staff input and participation. Located in the Central region of San Diego County, Scripps Mercy Hospital San Diego (Mercy) has 517 licensed beds, more than 2,360 employees and provides health care services to 22.5% of the inpatient population living within the hospital's Central services area. Mercy is designated as a disproportionate share hospital providing care to a large number of patients that either lack health insurance coverage or are covered through a government subsidy program (26.1% are Medicare patients, 21.3% are Medi-Cal patients, 16.9% are commercially insured patients, and 27.6% have another payment source including self-pay, CMS and charity care). Mercy hospital provides a wide range of acute medical care services including, but not limited to, intensive care, cancer care, cardiac treatment, endoscopy, neurology, nuclear medicine, orthopedics, radiology, rehabilitation, respiratory care and urology services plus a variety of support services for low-income patients. As one of six trauma centers and one of nineteen emergency departments in San Diego County, Mercy Hospital San Diego makes up a critical part of the County's' emergency service network.

#### *Distinguishing Programs and Services*

- Bariatric Surgery Program
- Behavioral Health Services
- Robotics Program
- Heart Care Center
- City Heights Wellness Center
- Family Birth Unit
- Graduate Medical Education
- Lithotripsy
- Mercy Clinic
- Robotic Surgery Program
- Maternal Child Health
- Neonatal Intensive Care Nursery
- Neurological Institute
- Orthopedic Center
- Spiritual Care Services
- Trauma Center
- WIC (Women, Infants and Children) Program

## **Mercy Clinic of Scripps Mercy Hospital San Diego**

Founded in 1930 and adopted by the Sisters of Mercy in 1961 Mercy Clinic of Scripps Mercy Hospital is a primary care clinic that treats more than 2,000 patients each month. Total patient visits for primary and subspecialty care at the Clinic in FY07 were 20,598.

Established with the intent of caring for the poor, Mercy Clinic has become a critical source of medical care for San Diego's "working poor." Eighty percent of the patient visits each year are paid through Medi-Cal, Medicare or some other insurance plan. The remaining 20 percent pay what, and if, they can. Thousands of people in the region rely on Mercy Clinic, most of them women, children and seniors who otherwise would have no other access to health care.

A permanent clinic staff of nurses and other personnel work hand-in-hand with more than 100 physicians from Scripps Mercy Hospital who volunteer their time. As an integral part of treating its patients, Mercy Clinic serves as a training ground for more than 50 residents each year from the Scripps Mercy Hospital Graduate Medical Education Program. *Note: Mercy Clinic expenses are included within Scripps Mercy Hospital financials.*

## **Scripps Mercy Hospital San Diego & Mercy Clinic 2008 Community Benefit Plan (FY08)**

The Scripps Mercy Hospital San Diego and Mercy Clinic 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the hospital's and Clinic's objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

## **Scripps Mercy Hospital San Diego and Mercy Clinic's FY08 Objectives**

### **Community-Based Health Improvement Activities**

- Mercy Outreach Surgical Team (MOST) – Through volunteerism, provide reconstructive surgeries to 500+ children (under 18 years of age) with physical deformities caused by birth defects or accidents in Mexico.
- City Heights Wellness Center Teaching Kitchen – Educate and motivate residents of San Diego's City Center Heights Neighborhood to prevent and manage conditions such as high blood pressure, obesity, high cholesterol, asthma and diabetes through healthy eating and exercise. Activities will include:
  - Providing individual counseling, classes and support groups aimed at improving specific dietary practices for individuals managing chronic health problems.

- Providing information and education to seniors, parents, teens and young children aimed at preventing chronic disease through improved nutrition and exercise.
- Working with local schools, community groups, businesses and other entities to increase access to healthy foods and opportunities for physical activity in the City Center Heights Neighborhood.
- WIC Services – Provide nutrition education, counseling services and food vouchers to a minimum of 5,000 low-income women, infants and children monthly.
- Project Dulce – Provide educational and support groups at the Wellness Center for individual and families who are living with diabetes. Classes include information about the disease and strategies for prevention and disease management.
- Car Seat Safety – Provide infant car seats along with education to postpartum women with newborns.
- Mercy Clinic – Through the Mercy Clinic, provide preventive and primary health care service visits including adult medicine and women's health.
- Family Health Centers Partnership/Behavioral Health Clinic - In partnership with the Family Health Centers of San Diego we intend to continue the support of the "Hillcrest Counseling Center" (an outpatient behavioral health clinic designed to support and enhance the existing mental health services continuum of care).
- Increase Awareness of Mental Health and Geriatric Psychiatric Issues - Improve awareness of mental health and geriatric psychiatric issues, providing information and support services at community events.
- Improve services offered to the public during National Depression Screening Day by:
  - Increasing the number of people assessed, educated, and referred to services.
  - Improving resource lists specific to region, levels of care, and provider groups.
- Community Education – Continue to Provide the Community with Education and Awareness regarding mental illness in an effort to reduce stigma and expand resources to the mentally ill. Provide at least 1 in-service a month.
- Participate in at least three Every 15 Minutes events, targeting over 1,000 high school students in San Diego County.
- Participate in the Corrective Behavior Institute's Youthful Drinking and Driving Program, providing 100+ teens with a trauma center visitation experience.
- Increase the availability of injury prevention services (e.g., suicide prevention) throughout San Diego County.

## Professional Education and Research

- Continue to serve as training site for Scripps Mercy Hospital San Diego and Chula Vista Graduate Medical Education residents and UC San Diego Medical Students and Residents, and San Diego Naval Hospital clinicians as indicated below:
  - Provide comprehensive graduate medical education training for thirty-two (32) internal medicine residents and three (3) chief residents.
  - Provide comprehensive graduate medical education training for six (6) podiatry students.
  - Provide a portion of graduate medical education training for six (6) family medicine residents from Chula Vista Campus.
  - Provide a portion of graduate medical education training for ten (10) U.C. San Diego pediatric residents and twelve (12) U.C San Diego internal medicine residents,
  - Provide a portion of undergraduate medical education training for approximately seventy-five (75) U.C. San Diego 3<sup>rd</sup> and 4<sup>th</sup> year medical students.
  - Provide a comprehensive graduate medical education program in trauma and surgical critical care for sixty-two (62) San Diego Naval Hospital surgery and emergency medicine physicians.
  - Provide a comprehensive didactic and clinical nursing education program in trauma care for eight (8) San Diego Naval Emergency Department nurses.
  - Provide a comprehensive training program in trauma and critical care for ten (10) San Diego Naval Hospital physicians assistants-in-training.
  - Continue the partnership with the Welcome Back Center by providing placement opportunities of thirty (30) new RNs into student extern and new graduate roles and evaluate the program for its success in terms of nurses who pass their boards and performance.

## Uncompensated Health Care

- Scripps Mercy Hospital San Diego and Mercy Clinic will continue to provide health care services to vulnerable patients who are unable to pay for services.
  - Maintain, communicate and effectively administer Scripps' financial assistance policy in a manner that meets the needs of patients.
  - Assure that care is available through the emergency department and trauma center, regardless of a person's ability to pay.



## Scripps Mercy Hospital San Diego & Mercy Clinic 2008 Community Benefit Report (FY07)

The Scripps Mercy Hospital San Diego Community Benefit Report is an account of the hospital's dedication and commitment to improving the health of the community, detailing the hospital's programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, Scripps Mercy Hospital employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps-sponsored community benefit programs and services. With close to 10,557 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$398,529.92<sup>32</sup>.

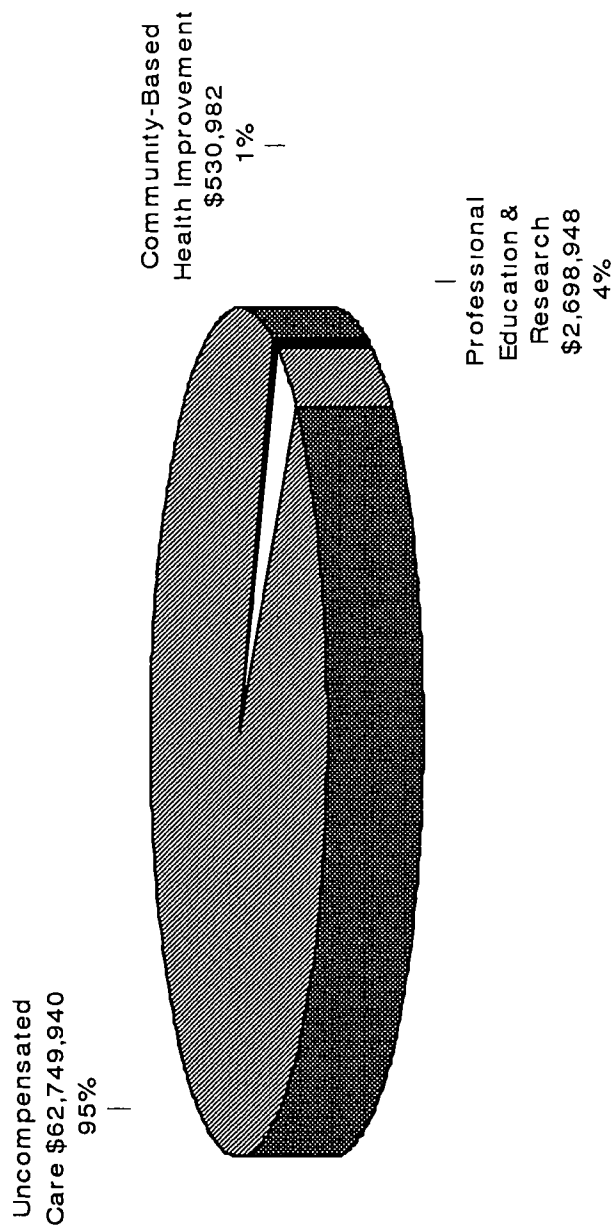
### *Making A Financial Commitment*

During FY07, Scripps Mercy Hospital San Diego and Mercy Clinic devoted \$65,979,870 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 8:1 presented on the following page for a more detailed overview of the Scripps Mercy Hospital San Diego and Mercy Clinic FY07 Community Benefit distribution.

<sup>32</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

**FIGURE 8:1 - FY07 SCRIPPS MERCY HOSPITAL SAN DIEGO & MERCY CLINIC COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$65,979,870**



Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities, and professional education and research.

## **Scripps Mercy Hospital San Diego and Mercy Clinic's FY07 Uncompensated Health Care**

During FY07, Scripps Mercy Hospital San Diego and Mercy Clinic contributed \$62,749,940 to uncompensated health care including, \$11,816,763<sup>33</sup> in charity care, \$37,539,786<sup>34</sup> in under-reimbursed care, \$6,572,451<sup>35</sup> in emergency physician coverage, and \$6,820,940<sup>33</sup> in bad debt.

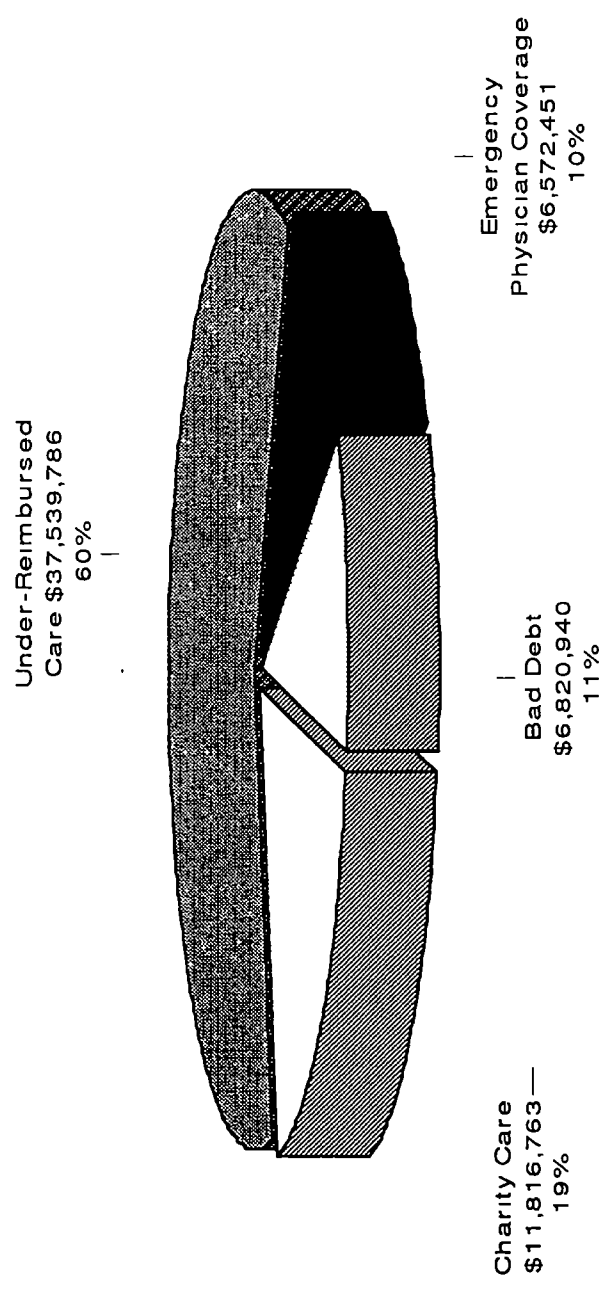
Refer to figure 8:2 presented on the following page for a graphical representation of the FY07 Scripps Mercy Hospital San Diego and Mercy Clinic Uncompensated Health Care distribution.

<sup>33</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>34</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology

<sup>35</sup> Calculations for physician back-up services reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

FIGURE 8:2 - FY07 SCRIPPS MERCY HOSPITAL SAN DIEGO AND MERCY CLINIC UNCOMPENSATED HEALTH CARE DISTRIBUTION \$62,749,940



Uncompensated Health Care:  
 Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt.

### *Scripps Mercy Hospital San Diego and Mercy Clinic's FY07 Community-Based Health Improvement Activities*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007), Scripps Mercy Hospital and Mercy Clinic invested \$530,982 in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of Scripps Mercy Hospital's and Mercy Clinic's FY07 Community-Based Health Improvement achievements.

### **Access to Care**

- ✓ Mercy Outreach Surgical Team (MOST) – This program provides reconstructive surgeries to persons, primarily children, who have physical deformities caused by birth defects or accidents. Surgeries are performed in Mexico. Sponsored by Scripps Mercy Hospital San Diego and affiliated physicians. In FY07, 700 individuals were served and 4,673 volunteer hours were spent on this program.
- ✓ Distributed thirty-eight (38) Infant Car Seats to low-income women without resources for the newborn safety seats.

### **Nutrition Services**

- ✓ The City Heights Wellness Center provides health promotion and education services at low -and no-cost to residents in the City of San Diego. The 'hub' of the Center is a teaching kitchen, which serves as a hands-on learning environment for dietary education and counseling services. The Center provided 916 Health Promotion and Educational Sessions to 16,515 participants in FY07. The Center provided nutrition education and counseling services to more than 5,000 individuals in City Heights, providing them with increased knowledge and skills. Initiatives included the following:
  - Scripps Mercy's Supplemental Nutrition Program for Women, Infants and Children (WIC). Scripps Mercy Hospital is one of five regional organizations that administer the State-funded WIC program, serving 6 locations that are conveniently situated either in or next to community clinics and/or hospitals in the Central San Diego area of San Diego County. WIC's target population is low-income pregnant and postpartum women, infants (0 to 1 year of age) and children (less than five years of age). On an annual basis, Scripps Mercy WIC serves approximately 9,000 women and children with 44% in the City Heights community. The client base in City Heights is 91% Hispanic and made up of pregnant and postpartum women (24%), infants (20%) and children (56%). In FY07, the program provided nutrition services and food vouchers to 105,538 women and children in the South and Central regions of San Diego.

Scripps Mercy's WIC program held its annual Toys for Tots campaign, garnering and distributing gifts to 400 children

- Healthy Live Healthy – Family Nutrition Program. Using the Cooperative Extension's research-based curriculums and bilingual staff, a Registered Dietitian supervised the implementation of weekly nutrition education classes in Spanish. Program targets low-income, food stamp population. The program consists of a series of eight (8) weekly classes and the primary goal is to increase knowledge, skills and motivational level of area residents to practice healthy eating and related behaviors. Class topics focus on nutrition, physical fitness, food safety, meal planning and food shopping. The program is grant funded.
- Latino Family Nutrition Program – “Viva Mas Viva Mejor”. This series of weekly classes was designed for Latino families and focused on nutrition and physical fitness. This series of classes present basic nutritional information and suggestions for developing individualized, healthy eating and physical activity habits. The series assists the participants in developing strategies for the prevention and management of chronic disease such as heart diseases, high blood pressure, elevated cholesterol, diabetes and cancer.
- Sahaja Yoga Meditation Program - Sahaja Yoga is a weekly class that is offered at the Center that combines stretching exercises with meditation. The class promotes relaxation and flexibility, which contributes to overall healthy living.
- Adult Exercise Class – A weekly exercise program designed to help keep in shape and to increase flexibility.
- Walking Club – A weekly program that empowered women to get together and walk as a group three times per week. Women who walk at a moderate pace for just three hours per week cut their risk of both stroke and heart attacks by about a third.
- Nutrition and fitness education to Somali Teens conducted on Monday evenings. Classes are designed around a combination of information the population has requested and what the dietician assesses is important for their health and well being.
- Breastfeeding/Lactation/Nutrition Program - The program was designed to address a large unmet access- to-care need among the medically underserved Latino and white populations living in City Heights. The program provides weekly instruction and support for mothers and their babies designed to encourage breastfeeding through the infant's first year of life. The group is led by a breastfeeding consultant who offers weekly activities that incorporate “hands-on” instruction, support, infant nutrition, as well as health education.
- Let's Dance For Fun - The program employs a simple and effective philosophy. The six-week after-school program will introduce children to various dance styles and skills in a fun environment. The classes give them the experience of movement, exercise, creativity, flexibility and self-confidence. The classes also incorporate the importance of healthy eating for a stronger body. The classes are offered to two different age groups, 2-5 and 6-10 year olds and meet weekly.

- Worked with healthcare organizations to ensure patients are linked to community resources for primary and secondary prevention and disease management services.
- Hooyo Health Program (Cultural Nutrition Program for Somali Women) is supported by a grant from the California Endowment Foundation and is designed to strengthen the capacity to deliver culturally and religiously competent health promotion services to Somali and East African women and their families. The Hooyo Health program provided forty-four (44) educational sessions to a total of 590 East African women. Completed nine (9) Somali Family Nutrition classes with a total of one-hundred and eighteen (118) attendees, seventeen (17) Somali Breastfeeding Support sessions for a total of two-hundred and thirty-five (235) attendees, and thirteen (13) Infant and Health and Safety classes with a total of one-hundred and seventy-three (173) attendees.
- Conducted three (3) "Cultural Competency Training Sessions" for work with Somali families with WIC and Wellness Center Staff. A baseline assessment of knowledge and skills will be repeated at the end of the training session.
- Conducted six (6) community presentations with a total of one-hundred and sixty-four (164) attendees.

## **Mental Health Outreach Services**

The Behavioral Health Department actively supports community programs designed to reduce the stigma of mental illness and help affected individuals live and work in the community.

- ✓ A-Visions Service Program – The Visions Center provides social and vocational rehabilitation services to help people living with mental illness and/or psychiatric disabilities rejoin the community through volunteerism and/or employment. This year, the program increased participation in the A-Visions program (social rehabilitation and prevocational services for people living with mental illness). Currently 45 individuals are enrolled: 29 as volunteers and 16 as employees.
- ✓ Hillcrest Counseling Center – In partnership with the Family Health Centers of San Diego, continued to support an Outpatient Behavioral Health Clinic. The clinic is designed to support and enhance the existing mental health services' continuum of care. During FY07, over 290 patients visited the clinic for mental health services each month (588 unduplicated patients).
- ✓ Increase Awareness of Mental Health and Geriatric Psychiatric Issues – Improved awareness of mental health and geriatric psychiatric issues, providing information and support services to 2,300+ people at community events.
- ✓ National Depression Screening Day - Improved services offered to the public on National Depression Screening Day by:
  - Increasing the number of people assessed, educated and referred to services.
  - Improving resource lists to be specific to region, levels of care, and provider groups.

## **Substance Abuse**

- ✓ Scripps Mercy's San Diego work in the Every 15 Minutes program achieved milestones by educating over 20,000 students to date by Trauma Center and E.D. staff.
- ✓ Participated in the Corrective Behavior Institute's Youthful Drinking and Driving Program, providing 128 teens with a trauma center visitation experience.



### *Scripps Mercy Hospital San Diego and Mercy Clinic's FY07 Professional Education & Research Highlights*

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished. Medical research also plays an important role in improving the community's overall health through the development of new and innovative treatment options.

Each year Scripps Mercy Hospital San Diego and Mercy Clinic allocate resources to the advancement of health care services through clinical research and medical education programs. To enhance service delivery and treatment practices for San Diego County, Scripps Mercy Hospital and Mercy Clinic invested \$2,698,948<sup>36</sup> in professional training programs and clinical research during FY07 (October 2006 to September 2007). This section highlights some of Scripps Mercy Hospital's and Mercy Clinic's professional education and research activities conducted in FY07.

### **Graduate Medical Education Program**

Scripps Mercy Hospital San Diego is a major teaching hospital with the longest existing medical education program in San Diego County. The program has been recognized nationally for its impressive results and innovative curriculum. Founded in 1949, Scripps Mercy Hospital San Diego and Mercy Clinic's Graduate Medical Education program has served as training ground for more than a thousand future physicians, many of who have assumed leadership positions in our community. There are currently 31 internal medicine residents and 2 chief residents enrolled in the program. There are also 18 Transitional Year Residents, 18 Family Medicine Residents and 6 Podiatry Residents enrolled in the program.

In 2006, the Internal Medicine Program at Scripps Mercy Hospital became one of 17 programs nationwide to be invited to participate in a multiyear Educational Innovation Project, linking measurable improvement in Resident education to measurable improvement in patient care. Since 1986, Scripps Mercy Hospital Trauma Services has provided graduate medical education in trauma and critical care for the Naval Medical Center (NMCSO) General Surgery Residency Program. In 1999, the Accreditation Council for Graduate Medical Education Residency Review Committee for Surgery officially integrated Scripps Mercy with the NMCSO General Surgery Residency Program. Today, the Trauma Service also provides training opportunities to residents in several other programs, including: NMCSO Oromaxillofacial Surgery, Otolaryngology, Emergency Medicine, and Transitional Year Residencies; Scripps Mercy Hospital Transitional Year Residency; and Children's Specialists of San Diego Pediatric Emergency Medicine Fellowship. All these residents play a key role in managing and maintaining the continuity of care for patients in the Central region.

<sup>36</sup> Reflects clinical research as well as professional education on non-Scripps employees including graduate medical education, nursing resource development, and other health care professional education. Calculations based on total program expenses

In addition to providing medical services to indigent and unassigned patients at Scripps Mercy Hospital, the residents and interns staff Mercy Clinic of Scripps Mercy Hospital, a primary care clinic. With over 20,000 patient contacts each year, Mercy Clinic provides adult and prenatal care to underserved patient populations as well as subspecialty care for clinic and community clinic patients. The clinic participates in multiple projects to meet the needs of this population including health screening, childhood immunizations, WIC (Women, infants and children), CHDP (Child Health and Disability Prevention), CPSP (Comprehensive Prenatal Services Program), BCEDP (Breast Cancer Early Detection Program), and Project Dulce to name a few.

In 2002, Mercy Clinic assumed the medical directorship of the Hoover High Clinic in partnership with the San Diego school district, San Diego State University (SDSU), and Price Charities. Located in the diverse community of City Heights, Hoover High serves 2,200 students, some 1,300 of whom are without health insurance. To meet the health care needs of this student population and maximize their educational potential, the Hoover Clinic is staffed with two nurse practitioners, ancillary personnel, and is supported by the medical director and backup staff and physicians from Mercy Clinic.

These inpatient and outpatient facilities provide residents and interns with an opportunity to acquire knowledge and experience in a real-life setting, while providing primary care, specialty services, and tertiary care referrals to the Central region's underserved populations. The FY07 cost of operating the Scripps Mercy Hospital San Diego Graduate Medical Education program totaled \$2,494,591.<sup>37</sup>

## **Other Professional Education Training Programs**

In FY07, Scripps Mercy Hospital San Diego and Mercy Clinic served as a training site for San Diego Naval Hospital and UCSD clinicians as indicated below.

- ✓ Provided rotations to the Internal Medicine inpatient service for UCSD Internal Medicine and Psychiatry Residents, and Medical Students, as well as to the Mercy Clinic for Pediatrics and Psychiatry Residents and Medical Students.
- ✓ Provided a comprehensive graduate medical education program in trauma and surgical critical care for 62 San Diego Naval Hospital surgery and emergency medicine physicians.
- ✓ Provided a comprehensive didactic and clinic nursing education program in trauma care for fourteen (14) San Diego Naval Emergency Department nurses.
- ✓ Provided a comprehensive training program in trauma and critical care for ten (10) San Diego Naval Hospital physicians assistants-in-training.

<sup>37</sup> GME Calculations based on total program expenses The total expense for graduate medical education for FY07 was \$10,715,820 less the amount included in the Medicare shortfall methodology of (\$5,339,868) equals a net expense of \$5,375,953

- ✓ Welcome Back Center - During FY07, Scripps Mercy Hospital San Diego continued a partnership with the Welcome Back Center to enhance a program that has been successful at Grossmont Hospital. The Welcome Back Center is an International Health Worker Assistance Center that addresses racial and ethnic disparities in the healthcare workforce by training internationally-trained immigrants. In FY07, Scripps sponsored thirty (30) internationally-trained health care professionals, participating in the interviewing and screening process to enable them to acquire an Associate Degree in Nursing in a fourteen-month (14) time frame.

## Scripps Mercy Hospital and Mercy Clinic Community Benefit Services Summary List (FY07)

| <u>Program Title</u>                                                                            | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| AARP Driver Safety Program                                                                      | N/A                        | 6                      | \$5,626                       | 150                       |
| American Association for the Surgery of Trauma (AAST) Annual Conference                         | 40                         | 30                     | \$1,133                       | 1,000                     |
| American Heart Association - Heart Walk                                                         | 555                        | 115                    | \$4,341                       | N/A                       |
| Annual San Diego Day of Trauma                                                                  | 100                        | 235                    | \$9,041                       | 207                       |
| A-VISIONS Service Program                                                                       | 1,000                      | 500                    | \$20,325                      | 286                       |
| Bad Debt                                                                                        | N/A                        | N/A                    | \$6,820,940                   | N/A                       |
| Basic Trauma Orientation                                                                        | N/A                        | 200                    | \$11,625                      | 100                       |
| Blood Drive for the American Red Cross                                                          | N/A                        | 50                     | \$2,488                       | 366                       |
| California Screening, Brief Intervention, Referral & Treatment (CASBIRT) Program                | N/A                        | 18                     | \$679                         | 2,300                     |
| Charity Care                                                                                    | N/A                        | N/A                    | \$11,816,763                  | N/A                       |
| Children's Hospital Pediatric Emergency Medicine (PEM) Fellowship Program Trauma Rotation       | 182                        | 7                      | \$264                         | 1                         |
| Chronic Disease Management Programs - City Heights Wellness Center                              | N/A                        | N/A                    | N/A                           | 735                       |
| Community Health Improvement Partners (CHIP) Committees and Work Teams – Scripps Mercy Hospital | N/A                        | 300                    | \$11,325                      | N/A                       |
| City Heights Wellness Center                                                                    | N/A                        | 2,675                  | \$119,125                     | 16,515                    |
| City of Hope Breast Cancer Walk                                                                 | 12                         | N/A                    | N/A                           | N/A                       |
| Code Trauma Critical Care Nursing Symposium                                                     | 4                          | N/A                    | N/A                           | 200                       |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                                                       | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|--------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Community Collaboration -- City Heights Wellness Center                                    | N/A                        | N/A                    | N/A                           | 5,051                     |
| Community Development and Outreach Services -- Scripps Mercy Hospital                      | N/A                        | 1,870                  | \$131,003                     | 5,524                     |
| Emergency Department Discharge Data Surveillance Project                                   | N/A                        | 4                      | \$150                         | N/A                       |
| Emergency Physician Coverage                                                               | N/A                        | N/A                    | \$6,572,451                   | N/A                       |
| Every 15 Minutes Program - Mercy                                                           | 16                         | 54                     | \$2,038                       | 1,650                     |
| Healthy Lifestyle Education -- City Heights Wellness Center                                | N/A                        | N/A                    | N/A                           | 1,741                     |
| Hooyo Health Program -- City Heights Wellness Center                                       | N/A                        | 1,574                  | \$6,523                       | 590                       |
| Hot Trauma Topics The Thomas Swann Memorial Seminar "Abdominal Vascular Trauma"            | 8                          | N/A                    | N/A                           | 300                       |
| Hot Trauma Topics The Thomas Swann Memorial Seminar "Shock and Awe' on the Trauma Service" | 8                          | N/A                    | N/A                           | 300                       |
| Increase Awareness of Geriatric Psychiatric Issues                                         | N/A                        | 154                    | \$8,115                       | 1,016                     |
| Influenza Vaccine -- Scripps Mercy Hospital Emergency Department                           | N/A                        | N/A                    | \$115                         | 7                         |
| Joint Field Care Audit -- Scripps Mercy Hospital Emergency Department                      | N/A                        | 4                      | \$150                         | 50                        |
| Lactation Programs                                                                         | N/A                        | N/A                    | N/A                           | 894                       |
| Leukemia Light up the Night                                                                | N/A                        | N/A                    | N/A                           | 10                        |
| Making Strides Against Breast Cancer                                                       | 14                         | N/A                    | N/A                           | N/A                       |
| Maternal Child Health Services - City Heights Wellness Center                              | N/A                        | N/A                    | N/A                           | 2,825                     |
| Mental Health Education and Support Services                                               | N/A                        | N/A                    | N/A                           | 111                       |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                                              | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Mercy Outreach Surgical Team (MOST)                                               | 4,673                      | 2,300                  | \$238,754                     | 708                       |
| MICN Course                                                                       | N/A                        | 33                     | \$2,045                       | 14                        |
| National Depression Screening Day                                                 | 8                          | 5                      | \$193                         | 25                        |
| Navigating the System – City Heights Wellness Center                              | N/A                        | N/A                    | N/A                           | 366                       |
| Nutrition Services – City Heights Wellness Center<br>(Program Staff Funded )      | N/A                        | 1,574                  | N/A                           | 3,585                     |
| Research Adopting Pelvic Packing for Major<br>Hemorrhage Associated with Fracture | 40                         | 1,030                  | \$38,883                      | N/A                       |
| Research Conventional Chest X-Ray in the Initial<br>Assessment                    | 5                          | 5                      | \$188                         | N/A                       |
| Research, Methamphetamine Use in Trauma Patients                                  | 20                         | 70                     | \$2,642                       | N/A                       |
| Research Resuscitation Outcomes Consortium (ROC)<br>Study EPISTRY                 | N/A                        | 20                     | \$755                         | N/A                       |
| Research Resuscitation Outcomes Consortium (ROC)<br>Study Hypertonic Saline       | 30                         | 120                    | \$4,530                       | N/A                       |
| Research Study to Correlate Crash Data                                            | 20                         | 40                     | \$1,009                       | N/A                       |
| Research The Role of Early Repeat CT Scan<br>Following Emergent Craniotomy        | 40                         | 1,030                  | \$38,883                      | N/A                       |
| Research Tube Thoracostomy for Chest Trauma                                       | 10                         | 70                     | \$4,247                       | N/A                       |
| Safety and Injury Prevention                                                      | N/A                        | N/A                    | N/A                           | 59                        |
| San Diego County Methamphetamine Strike Force<br>(MSF)                            | 2                          | 36                     | \$1,559                       | N/A                       |
| San Diego County Policy Panel on Youth Access to<br>Alcohol                       | 8                          | 116                    | \$4,879                       | N/A                       |
| San Diego Nursing Service/Education Consortium                                    | N/A                        | N/A                    | \$300                         | N/A                       |

Refer to Appendix F for a complete program description (listed in alphabetical order)

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| <u>Program Title</u>                                                                                                      | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|---------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Scripps Mercy Hospital WIC Program                                                                                        | N/A                        | 30,105                 | N/A                           | 105,538                   |
| Scripps Mercy Hospital's GME Program                                                                                      | N/A                        | N/A                    | \$2,494,591                   | N/A                       |
| Senior Adult Fall Prevention Task Force                                                                                   | N/A                        | 25                     | \$943                         | N/A                       |
| St Vincent de Paul's International Triathlon                                                                              | 20                         | N/A                    | N/A                           | 60                        |
| The Kenneth B Schwartz Rounds                                                                                             | 96                         | 480                    | \$18,120                      | 900                       |
| TNTL Policies and Journal Review                                                                                          | 21                         | 19                     | \$1,592                       | 14                        |
| Trauma 101                                                                                                                | N/A                        | 100                    | \$6,310                       | 27                        |
| Trauma, Critical Care, and Acute Care Surgery<br>Conference "Acute Care Surgery 2am or 7am Start<br>Can You Temporarily?" | 30                         | N/A                    | N/A                           | 1,257                     |
| Trauma, Critical Care, and Acute Care Surgery<br>Conference "Annual Trauma Debate"                                        | 30                         | N/A                    | N/A                           | 1,257                     |
| Trauma, Critical Care, and Acute Care Surgery<br>Conference "Leaking Abdominal Aortic Aneurysm"                           | 30                         | N/A                    | N/A                           | 1,257                     |
| Trauma Journal Club                                                                                                       | 12                         | 4                      | \$750                         | 33                        |
| Trauma Nurse Core Curriculum                                                                                              | N/A                        | 236                    | \$8,909                       | 192                       |
| Trauma Resuscitation Interdisciplinary Programs                                                                           | 45                         | 40                     | \$3,109                       | 104                       |
| U S Navy Nursing Orientation Introduction to Critical<br>Care                                                             | N/A                        | 52                     | \$2,763                       | 17                        |
| U S Navy Nursing Preceptorship                                                                                            | N/A                        | 119                    | \$4,492                       | 3                         |
| U S Navy Resident Trauma Training Program                                                                                 | 2,730                      | 113                    | \$8,644                       | 74                        |
| U S Navy Trauma Training Programs                                                                                         | 364                        | 15                     | \$566                         | 7                         |
| Under-Reimbursed Care                                                                                                     | N/A                        | N/A                    | \$37,539,786                  | N/A                       |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*\*\*FINANCIAL SUPPORT\*\* reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                                                 | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|--------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| USC Trauma/Critical Care Symposium "Iliac Vascular Injuries"                         | 8                          | N/A                    | N/A                           | 200                       |
| USC Trauma/Critical Care Symposium "Pack and Go To Angiography"                      | 8                          | N/A                    | N/A                           | 200                       |
| University College Dublin Medical Student Rotation                                   | 182                        | 8                      | \$3,302                       | 4                         |
| War Surgery Course "Vascular Trauma"                                                 | 4                          | N/A                    | N/A                           | 15                        |
| Wichita State University College of Health Professionals Physician Assistant Program | 182                        | 7                      | \$264                         | 1                         |
| Youthful Drinking and Driving Program                                                | N/A                        | 70                     | \$2,642                       | 128                       |
| <b>TOTAL</b>                                                                         | <b>10,557</b>              | <b>45,638</b>          | <b>\$65,979,870</b>           | <b>157,974</b>            |

Refer to Appendix F for a complete program description (listed in alphabetical order)

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## Section

## 9

## Scripps Mercy Hospital Chula Vista

## About Scripps Mercy Hospital (SMH) Chula Vista

Located approximately 4 miles from the United States—Mexico border in the South region of San Diego County, Scripps Mercy Hospital (SMH) Chula Vista has 183-licensed care beds and more than 1,000 employees and provides health care services to 18.5% of the inpatient population living within the hospital's South Suburban services area. It became a campus of Scripps Mercy Hospital in October 2004 and, together with the Scripps Mercy facility in Hillcrest, the hospital is growing as needed to care for San Diego's Metro and South Bay communities. SMH Chula Vista is designated as a disproportionate share hospital providing care to a large number of patients that either lack health insurance coverage or are covered through a government subsidy program (23.2% are Medicare patients, 22.0% are Medi-Cal patients, 10.0% are commercially insured patients, and 21.4% have another payment source including self-pay, CMS and charity care). SMH Chula Vista provides a wide range of acute clinical care services including, but not limited to, obstetrics and gynecology, rehabilitation (physical, occupational and speech therapies), cancer care services, inpatient and outpatient radiology, neurology and a full range of surgical services (orthopedic, thoracic/vascular, urology and general surgery). With an 83% intensive care bed occupancy rate and one of the busiest 24-hour emergency departments in the County, SMH Chula Vista makes up an important part of the County's critical care network.

*Distinguishing Programs and Services*

- Breast Health Outreach and Education Services
- Neonatal Intensive Care Nursery
- San Diego Border Area Health Education Center (AHEC)
- Cultural Competency & Language Services
- Emergency Preparedness Training for Health Professionals
- Youth Health Careers Development Programs
- Health Education Programs
- Scripps Family Practice Residency Program
- Scripps Outpatient Imaging Center
- Scripps Rehabilitation Services
- Scripps Well Being Center, Chula Vista

## The SMH Chula Vista 2007 Community Benefit Plan (FY08)

The SMH Chula Vista 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the hospital's objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

## **SMH Chula Vista's FY08 Objectives**

### **Community-Based Health Improvement Activities**

- Improve health care access, education, job training and placement for youth and adults in the South region of San Diego County:
  - Provide senior health activities for 2,000 seniors through health and education activities in partnership with senior agencies.
  - Provide preventative health and well-being classes, "meet the doc/specialists", support groups and educational forums for 10,000 individuals.
  - Increase breast health education and awareness to 5,000 women via educational strategies and clinical early detection and screening.
  - Increase health professions educational sessions.
  - Prenatal/Postnatal services – 360 women will be case managed up to two years and 24,000 women will be reached via mass media and through education and outreach.

### **Professional Education and Research**

- Health Careers Promotion and Continuing Education (San Diego Border Area Health Education Center AHEC). The primary mission of the San Diego Border AHEC Program is to build and support a diverse, culturally competent primary health care workforce in San Diego's medically underserved communities. Through this program it will improve health care access, education, job training and placement for youth and adults in the South region of San Diego County:
  - Implement youth into health career activities for 4,000 youth. Activities will include mentoring, camps, job shadowing, health education classes, health chats, support groups, health fairs as well as a variety of other activities. Curriculum developed for youth into health careers.
  - Provide health professionals training in the area of emergency preparedness and education for 1,500 individuals.
  - Partner with the Continuing Education Dept. to provide a variety of health professions training for at least 1,000 health professionals.

- Expand community medicine opportunities for Family Practice Residents to provide services and reach at least 3,000 individuals.
- Continue to work closely with Scripps Family Practice Residency Program to place medical students in community health activities.
- Work together with UCSD and SDSU to prepare at least two scientific journal articles related to AHEC.
- Continue to train, recruit and educate 3+ Community Health Workers/Promotoras on necessary community health issues.

#### Uncompensated Health Care

- Located near the United States - Mexico border SMH Chula Vista plays a pivotal role in the health care delivery network for the underserved in San Diego County. During FY08 SMH Chula Vista will continue to provide health care services to vulnerable patients who are unable to pay for services.
  - Maintain, communicate and effectively administer Scripps' financial assistance policy in a manner that meets the needs of patients.
  - Assure that care is available through the emergency department, regardless of a person's ability to pay.

## SMH Chula Vista 2008 Community Benefit Report (FY07)

The SMH Chula Vista Community Benefit Report is an account of the hospital's dedication and commitment to improving the health of the community, detailing the hospital's programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, SMH Chula Vista employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps sponsored community benefit programs and services. With close to 345 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$13,023.85<sup>38</sup>

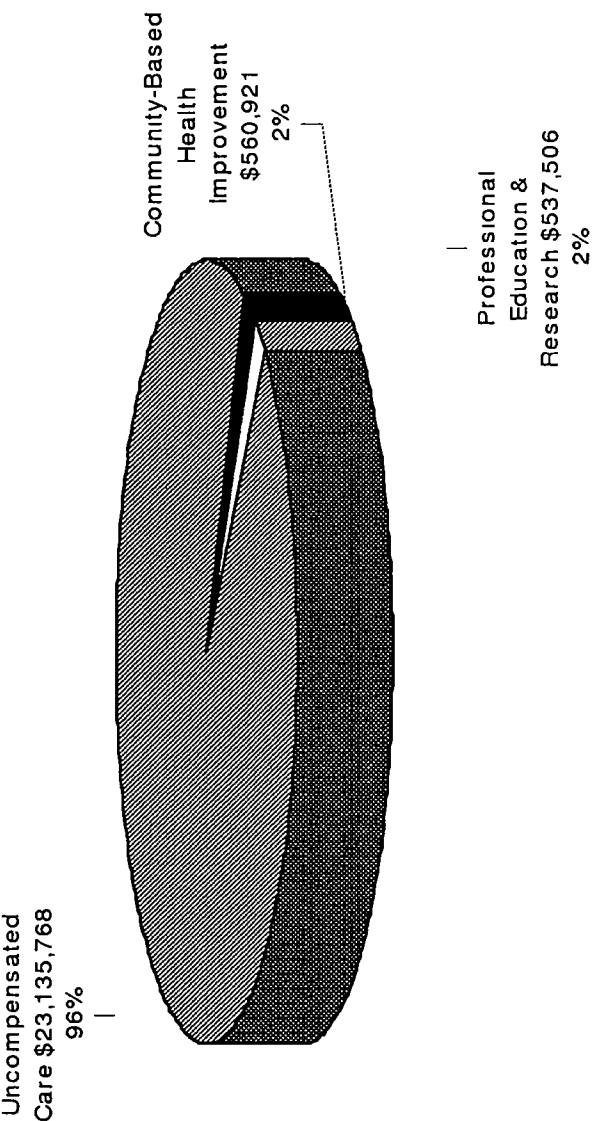
### *Making A Financial Commitment*

During FY07, SMH Chula Vista devoted \$24,234,195 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 9:1 presented on the following page for a more detailed overview of the SMH Chula Vista FY07 Community Benefit distribution.

<sup>38</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

FIGURE 9:1 - FY07 SMH CHULA VISTA COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$24,234,195



Community Benefit Services: Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities and professional education and research.

*SMH Chula Vista's FY07 Uncompensated Health Care Highlights*

During FY07, SMH Chula Vista contributed \$23,135,768 to uncompensated health care including, \$5,209,597<sup>39</sup> in charity care, \$ 11,729,142<sup>40</sup> in under-reimbursed care, \$2,903,829<sup>41</sup> in emergency physician coverage, and \$3,293,200<sup>39</sup> in bad debt.

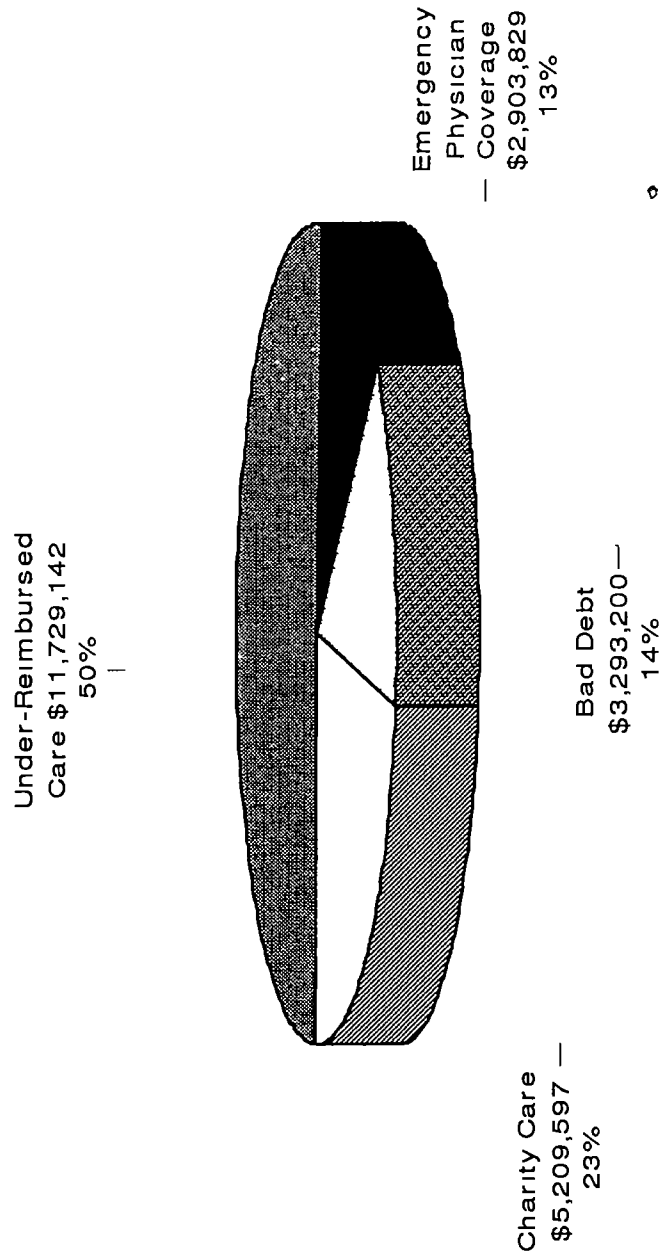
Refer to figure 9:2 presented on the following page for a graphical representation of the FY07 SMH Chula Vista Uncompensated Health Care distribution.

<sup>39</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>40</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology FY05 is the first year that Scripps reports Medicare and Medicare HMO Shortfalls

<sup>41</sup> Calculations for emergency physician coverage reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients

**FIGURE 9:2 - FY07 SMH CHULA VISTA UNCOMPENSATED HEALTH CARE DISTRIBUTION, \$23,135,768**



**Uncompensated Health Care:**  
 Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt.

### *SMH Chula Vista's FY07 Community-Based Health Improvement Highlights*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007), SMH Chula Vista invested \$560,921 in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of SMH Chula Vista's FY07 Community-Based Health Improvement achievements.

### **Health Careers Promotion and Continuing Education (San Diego Border Area Health Education Center - AHEC)**

- ✓ For FY07 3,957 youth were reached via San Diego Border AHEC, Healthy Youth Healthy Futures, Mentoring, Health Professions 101, DOC presentations and Camp Scripps.
- ✓ A total of 1,120 health professionals from community clinics working in underserved areas were provided emergency preparedness trainings and educational services.
- ✓ More than 922 educational service contacts were made in community medicine by residents. Some of these activities included school-based clinics.
- ✓ 800 Community Health Workers/Promotoras received health education and awareness training/education.
- ✓ 500 health professionals were provided cultural awareness training and health professionals participated in Spanish medical terminology courses.
- ✓ Collaborated with the National Promotora Conference organizers to implement a conference for 2007 which reached more than 600 Community Health Workers.

### **Improved Access to Preventive Services and Health Education**

- ✓ For FY07 offered health education and awareness programs that improved participant knowledge and utilization of preventive health services.
- ✓ Participated in School-to-Health Career Mentoring Program with Southwest High School, Sweetwater High School and Castle Park High School.
- ✓ Participated in the mentorship program developed with Southwestern College to increase student retention and promote recruitment.
- ✓ A total of 1,905 seniors participated in a variety of monthly senior program activities, including senior health chats, men's groups, health fairs, flu vaccine events, blood pressure clinics and senior health and housing presentations. Two-hundred (200) seniors were provided flu shots.



- ✓ Provided health education courses to 6,442 individuals at the Scripps Well Being Center, Chula Vista. Each course was designed to increase participant knowledge of health issues and awareness of treatment options. More than fifteen (15) support groups and classes held monthly.
- ✓ Through the Poison Control Outreach and Education program, 1,877 individuals were reached through group and individual educational contacts regarding poison control prevention.
- ✓ California Emergency Preparedness Network (cal-PEN): seventy-five (75) modules presented to 1,722 healthcare professionals. Modules included General Disaster Preparedness, Emerging Infection Diseases, Bioterrorism Preparedness, Infectious Diseases and Natural Disasters, Chemical and Radiological Agents and Pandemic influenza. More than 10 tabletop exercises were conducted with community clinics and other locations.
- ✓ Through the Scripps Women in Action Breast Health Outreach and Education program, 6,592 group and individual educational contacts were provided to community members on early breast health education and screening and awareness with approximately 12,000 reached in media including radio and newspapers. A total of 3,570 women received clinical breast health screening services.

### *SMH Chula Vista's FY07 Professional Education Highlights*

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished.

Each year SMH Chula Vista allocates resources to the advancement of health care services through professional health education programs. To enhance service delivery and treatment practices for San Diego County, Scripps SMH Chula Vista invested \$537,506<sup>42</sup> in professional training programs during FY07 (October 2006 to September 2007). This section highlights some of SMH Chula Vista's professional education and research activities conducted in FY07.

### **Family Practice Residency Program**

This is a unique community-based residency program with a strong affiliation with the University of California, San Diego School of Medicine. Accredited since January 1998, the mission of the residency program is to train family practice physicians to provide comprehensive primary medical care to patients in underserved communities. Emphasis is placed on the care of the underserved; primarily the Latino population within San Diego's border region. Several accomplishments for FY07 include:

- ✓ Southwest High School Clinic was established in FY07. This clinic was developed to help medical students gain skills in adolescent medicine while exposing school participants to the abilities needed for a career in healthcare. Residents and students interact twice a week during the clinic. More than 300 clinic services have been provided at Palomar High School and Southwest Clinic. At Southwest High School, twenty (20) students are seen for clinical services weekly. Over sixty (60) referrals made to behavioral health and other health services. Multiple community health projects and rotations established. New UCSD Pharmacy rotation established in FY07.
- ✓ Provided family practice training for eighteen (18) Family Practice Medical Residents, placement for five (5) Physician Assistants and six (6) medical students
- ✓ Implemented binational health experiences for more than seven (7) interns during the community medicine curriculum
- ✓ Supported a school-based clinic at Palomar High School. During 2007, residents provided medical care to nine-hundred and twenty-two (922) youth and their families students and provided health education.
- ✓ Worked with the San Diego Workforce Partnership to provide 'Job Skills' training for sixty (60) youth enrolled in the mentoring program

<sup>42</sup> Reflects clinical research as well as professional education of non-Scripps employees including graduate medical education, nursing resource development, and other health care professional education. Calculations based on total program expenses. The total expense for graduate medical education for FY07 was \$10,715,820 less the amount included in the Medicare shortfall methodology of (\$5,339,868) equals a net expense of \$5,375,953

- ✓ Scripps Family Practice Residency Program and the Primary Care Clerkship Program at UCSD's School of Medicine placed a total of six (6) medical students in several South Bay Community-based settings.
- ✓ There were seven (7) graduates that have secured jobs in underserved communities.

## SMH Chula Vista's Community Benefit Services List (FY07)

| <u>Program Title</u>                              | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|---------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| American Cancer Society Daffodil Days             | N/A                        | 6                      | \$226                         | N/A                       |
| American Heart Association - Heart Walk           | 345                        | 50                     | \$1,888                       | N/A                       |
| Bad Debt                                          | N/A                        | N/A                    | \$3,293,200                   | N/A                       |
| Blood Drive for San Diego Blood Bank              | N/A                        | 5                      | \$188                         | 96                        |
| Charity Care                                      | N/A                        | N/A                    | \$5,209,597                   | N/A                       |
| Emergency Physician Coverage                      | N/A                        | N/A                    | \$2,903,829                   | N/A                       |
| Scripps Family Medicine Residency Program         | N/A                        | N/A                    | \$537,206                     | 20,000                    |
| Food, Toiletry and Toy Drives                     | 0                          | 31                     | \$1,171                       | 130                       |
| Health Careers Promotion and Continuing Education | N/A                        | 3,304                  | \$471,273                     | 558                       |
| Preventive Services and Health Education          | N/A                        | 9,570                  | \$86,175                      | 1,741                     |
| San Diego Nursing Service/Education Consortium    | N/A                        | N/A                    | \$300                         | N/A                       |
| Under-Reimbursed Care                             | N/A                        | N/A                    | \$11,729,142                  | N/A                       |
| <b>TOTAL</b>                                      | <b>345</b>                 | <b>12,966</b>          | <b>\$24,234,195</b>           | <b>22,525</b>             |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

## Section 10 Scripps Green Hospital and Scripps Clinic

### About Scripps Green Hospital

Scripps Green Hospital located on Torrey Pines Mesa above La Jolla, has 173 licensed beds, more than 1,250 employees and provides health care services to 8.6% of the inpatient population living within the hospital's 50% service area. Within the hospital's service area, Scripps Green Hospital cares for 12.1% of Medicare patients, 0.4% of Medi-Cal patients, 8.3% of commercially insured patients, and 1.5% of patients with other payment sources including self-pay, and charity care. Scripps Green Hospital offers a wide range of clinical and surgical services including intensive care, cancer/oncology, cardiothoracic and orthopedic surgeries. Among the specialty services located on the campus are interventional cardiology, orthopedics, blood and bone marrow transplants, solid organ transplants, and clinical research. Additionally, Scripps Center for Integrative Medicine, located on the campus, was established in 1999.

#### *Distinguishing Programs and Services*

- Bone Marrow Transplant Program
- Brain and Stroke Research and Treatment Center
- Heart-Lung-Vascular Center
- Ida M. and Cecil H. Green Cancer Center
- Musculoskeletal Center
- Organ Transplantation & Liver Disease Center
- Scripps Center for Integrative Medicine
- Shiley Sports and Health Center
- William F. Black Family General Clinical Research Center (GCRC)

## About Scripps Clinic

Founded in 1924, Scripps Clinic is a multi-specialty outpatient care facility caring for patients at multiple locations throughout San Diego County including Del Mar, Encinitas, Rancho Bernardo, San Diego, Rancho San Diego, San Marcos, Santee, and La Jolla. Scripps Clinic and its physicians are world-renown for research-driven care and medical specialty expertise.

## Scripps Green Hospital and Scripps Clinic 2008 Community Benefit Plan (FY08)

The Scripps Green Hospital and Scripps Clinic 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the hospital's and clinic's objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

## **Scripps Green Hospital and Scripps Clinic's FY08 Objectives**

### **Community-Based Health Improvement Activities**

- St. Vincent de Paul Village Medical Center and Mid-City Community Clinics - Staffed by Internal Medicine Residents and Scripps Clinic Internal Medicine attending staff, these clinics offer medical care to approximately 2,000 of our county's most vulnerable residents each year. Sponsored by Scripps Clinic/Scripps Green Hospital, Department of Graduate Medical Education.

### **Professional Education and Research**

- Fiji Alliance (School of Medicine Training) – Scripps Clinic physicians will provide specialty medicine training and supervision to undergraduate and post graduate students attending the Fiji School of Medicine.

### **Uncompensated Health Care**

- Scripps Green Hospital and Scripps Clinic will continue to provide health care services to vulnerable patients who are unable to pay for services.
- Maintain, communicate and effectively administer Scripps' financial assistance policy in a manner that meets the needs of patients.

## Scripps Green Hospital and Scripps Clinic 2008 Community Benefit Report (FY07)

The Scripps Green Hospital and Scripps Clinic Community Benefit Report is an account of the hospital's dedication and commitment to improving the health of the community, detailing the hospitals programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, Scripps Green Hospital and Scripps Clinic employees and affiliated physicians contributed a significant portion of their personal time volunteering to support Scripps sponsored community benefit programs and services. With close to 6,127 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$231,296.09.<sup>43</sup>

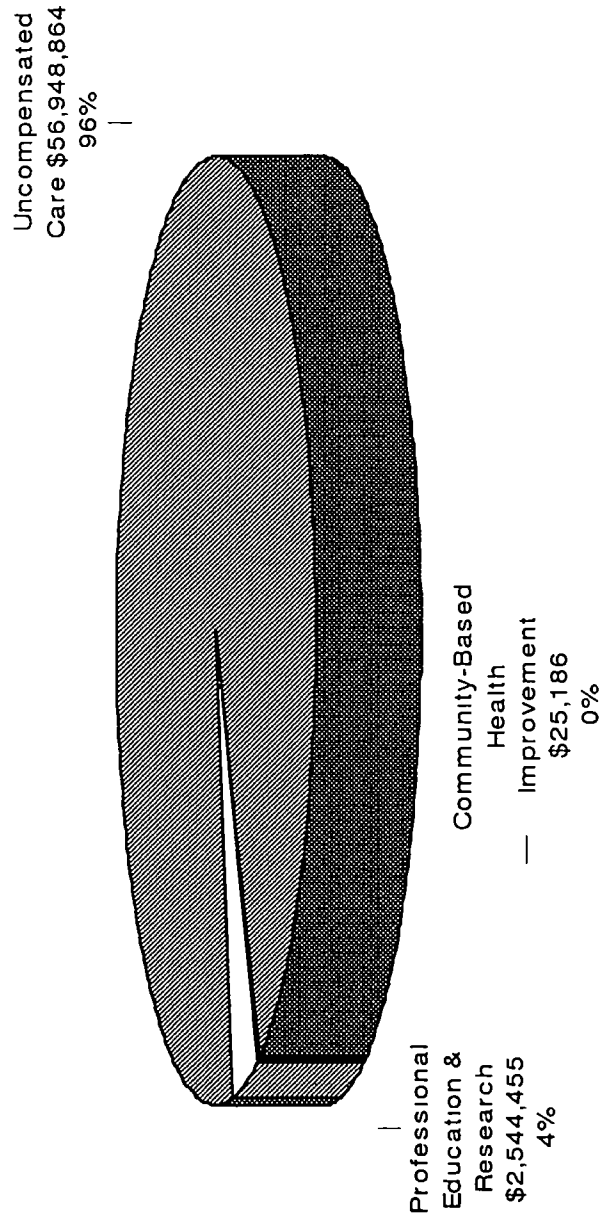
### *Making A Financial Commitment*

During FY07, Scripps Green Hospital and Scripps Clinic devoted \$59,518,505 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 10:1 presented on the following page for a more detailed overview of the Scripps Green Hospital and Scripps Clinic FY07 Community Benefit distribution.

<sup>43</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

**FIGURE 10:1 - FY07 SCRIPPS GREEN HOSPITAL AND SCRIPPS CLINIC COMMUNITY BENEFIT SERVICES DISTRIBUTION, \$59,518,505**



**Community Benefit Services:** Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities, and professional education and research.



*Scripps Green Hospital and Scripps Clinic's FY07 Uncompensated Health Care Highlights*

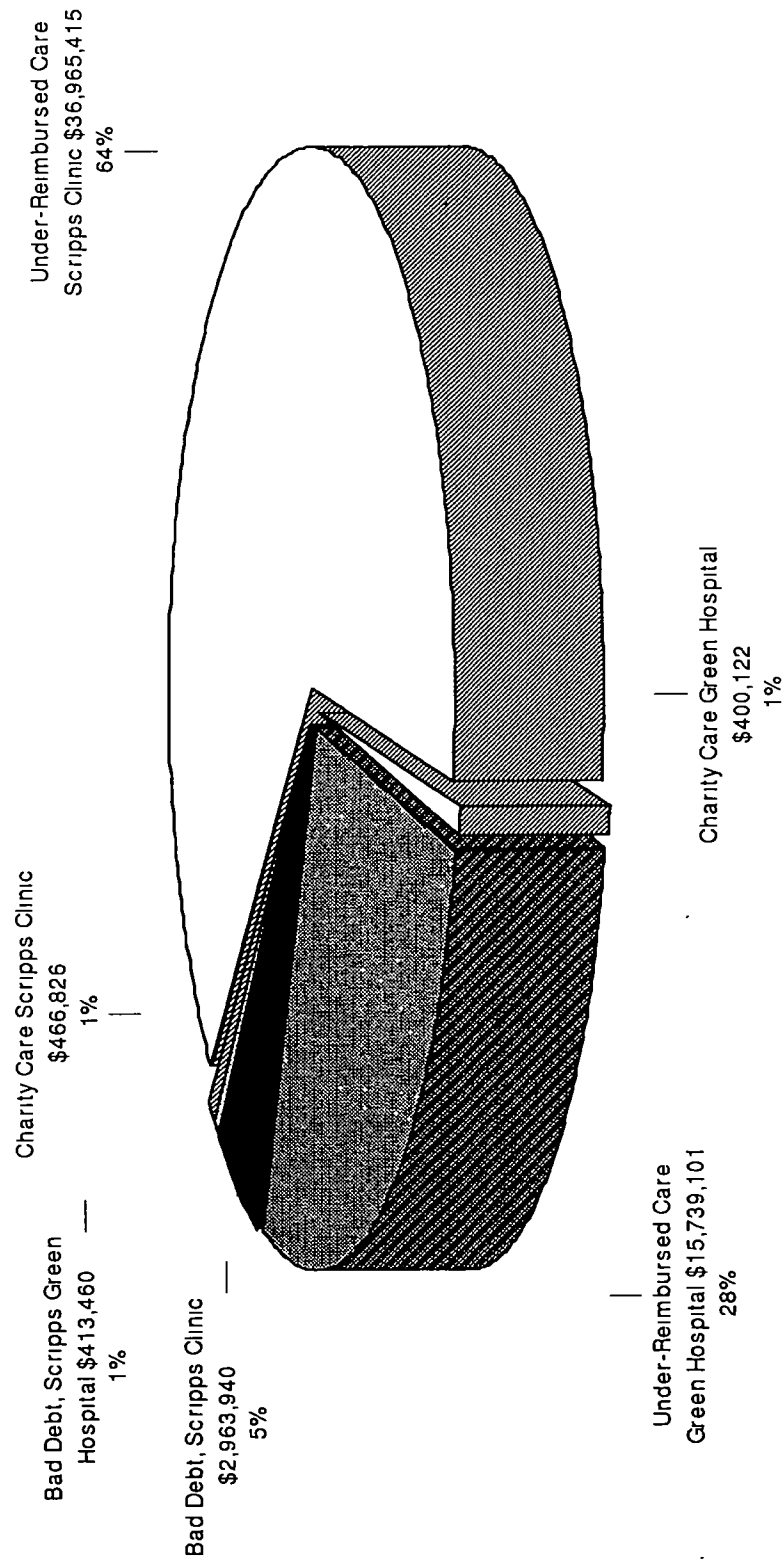
During FY07, Scripps Green Hospital and Scripps Clinic contributed \$56,948,864 to uncompensated health care including, \$866,948<sup>44</sup> in charity care, \$52,704,516<sup>45</sup> in under-reimbursed care, and \$3,377,400<sup>44</sup> in bad debt.

Refer to figure 10:2 presented on the following page for a graphical representation of the FY07 Scripps Green Hospital and Scripps Clinic Uncompensated Health Care distribution.

<sup>44</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>45</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology

**FIGURE 10:2 - FY07 SCRIPPS GREEN HOSPITAL AND SCRIPPS CLINIC UNCOMPENSATED HEALTH CARE DISTRIBUTION, \$56,948,864**



**Uncompensated Health Care:**  
 Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care, emergency physician coverage, and bad debt.

*Scripps Green Hospital and Scripps Clinic's FY07 Community-Based Health Improvement Highlights*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007), Scripps Green Hospital and Scripps Clinic invested \$25,186 in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of Green Hospital's and Scripps Clinic's FY07 Community-Based Health Improvement achievements.

- ✓ Scripps Health-Fiji Alliance Project – In partnership with the International Relief Teams of San Diego, Scripps employees, Scripps Clinic physicians and other Scripps affiliated physicians provided medical and surgical services in Fiji to persons in need. In FY07, sixty (60) surgeries were performed. Some example of procedures included cleft lip and palate repairs, repairs of deformities of eyelids, face and feet, burn scar revision, breast masses and hernia repairs. All surgical supplies were donated by Professional Hospital Supply Corp (PHS), the supplier for Scripps Health system. The supplies included surgical gowns, gloves, drapes, dressings, bandages, sutures, etc. Cardinal Health Systems, which provides pharmaceuticals and other supplies to Scripps Health, donated all the medications necessary.
- ✓ La Roca Orphanage - Scripps Green Hospital supports a medical clinic at the La Roca orphanage located in Tijuana Mexico. A family practice physician provides medical care to the children living within the orphanage as well as to residents of the surrounding community. Additionally Scripps Green Hospital helps to purchase badly needed medications including antibiotics and diabetic and blood pressure medications. The medical clinic is open three half days per week, providing for over 700 patient encounters annually.
- ✓ St. Vincent de Paul Village Medical Center and Mid-City Community Clinics - Staffed by internal medicine residents and Scripps Clinic Internal Medicine attending staff, these clinics offer medical care to approximately 2,000 of our county's most vulnerable residents each year. All of the residents and many of the attending physicians in the program demonstrate a strong commitment to community service by maintaining an evening clinic at the St. Vincent de Paul Village Medical Clinic. Supplies and prescription drugs are provide to the clinics from outside sources including hospitals and pharmacies. Sponsored by Scripps Clinic/Scripps Green Hospital Department of Graduate Medical Education.

- ✓ American Heart Walk – Fitness and fund raising event to support the American Heart Association. The ScrippsAssists employee volunteer program coordinated walker participation and fund raising efforts. In FY07, over 401 Scripps Green Hospital and Scripps Clinic Heart Walk participants helped to raise \$34,764.

*Scripps Green Hospital and Scripps Clinic's FY07 Professional Education & Research Highlights*

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished. Medical research also plays an important role in improving the community's overall health through the development of new and innovative treatment options.

Each year Scripps Green Hospital and Scripps Clinic allocate resources to the advancement of health care services through clinical research and medical education programs. To enhance service delivery and treatment practices for San Diego County, Scripps Green Hospital and Scripps Clinic invested \$2,544,455 in professional training programs and clinical research during FY07 (October 2006 to September 2007). This section highlights some of Scripps Green Hospital's and Scripps Clinic's professional education and research activities conducted in FY07.

- ✓ Internal Medicine Residency Program - With Twenty-five (25) residents and Thirty-three (33) fellows, the Scripps Clinic – Scripps Green Hospital Department of Graduate Medical Education serve several hundred thousand San Diegans each year. Many of the residents and attending physicians in the program demonstrate a strong commitment to community service by maintaining an evening clinic at the St. Vincent de Paul Village Medical Clinic and Mid-City Community Clinics in San Diego County. With a commitment to community health, these health care providers are working to improve the overall health of San Diegans.
- ✓ Fiji/Scripps Alliance (School of Medicine Training) – Education is critical to the Fiji Alliance's mission. Many of the local physicians lack specialty training, so the group sent subspecialists in endocrinology, ophthalmology, infectious diseases and anesthesiology. Eight (8) Scripps physicians and nurses provided specialty medicine training and supervision to undergraduate and post graduate students attending the Fiji School of Medicine. Four (4) Scripps nurses went to the main hospital and nursing school to teach nursing techniques and CPR. Scripps is one of only a few freestanding health systems in the U.S. to assist in such overseas academic training programs.

## Scripps Green Hospital and Scripps Clinic Community Benefit Services Summary List (FY07)

| <u>Program Title</u>                                                     | <u>Volunteer Hours</u> | <u>Staff Hours</u> | <u>Financial Support*</u> | <u>Persons Served</u> |
|--------------------------------------------------------------------------|------------------------|--------------------|---------------------------|-----------------------|
| American Cancer Society Daffodil Days                                    | N/A                    | 16                 | \$604                     | N/A                   |
| American Heart Association - Heart Walk                                  | 2,112                  | 310                | \$11,703                  | N/A                   |
| Bad Debt                                                                 | N/A                    | N/A                | \$3,377,400               | N/A                   |
| Blood Drive for San Diego Blood Bank                                     | N/A                    | 8                  | \$302                     | 53                    |
| Blood Drives for the American Red Cross                                  | N/A                    | 40                 | \$1,509                   | 486                   |
| Charity Care                                                             | N/A                    | N/A                | \$866,948                 | N/A                   |
| Fiji Alliance                                                            | 1,500                  | N/A                | \$200,000                 | 600                   |
| Fiji Alliance – School of Medicine Training                              | 600                    | N/A                | N/A                       | 2,000                 |
| Holiday Senior Basket Project                                            | 400                    | 8                  | \$302                     | 150                   |
| La Roca Orphanage - Tijuana, Mexico                                      | 13                     | 113                | \$10,766                  | 700                   |
| San Diego Nursing Service/Education Consortium                           | N/A                    | N/A                | \$300                     | N/A                   |
| Scripps Clinic - Scripps Green Hospital Department of GME                | N/A                    | N/A                | \$2,344,155               | N/A                   |
| St Vincent de Paul Village Medical Clinic and Mid-City Community Clinics | 1,502                  | N/A                | N/A                       | 2,000                 |
| Under-Reimbursed Care                                                    | N/A                    | N/A                | \$52,704,516              | N/A                   |
| <b>TOTAL</b>                                                             | <b>6,127</b>           | <b>495</b>         | <b>\$59,518,505</b>       | <b>5,989</b>          |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

## About The Whittier Institute for Diabetes

The Whittier Institute for Diabetes is a subsidiary of Scripps Health and is dedicated to caring for and educating people with diabetes through diabetes management and support programs. Through cutting-edge research, the Whittier Institute strives to find a cure for this chronic disease.

Founded in 1982, The Whittier Institute for Diabetes stands alone as the San Diego region's leading comprehensive organization for diabetes. The Whittier accomplishes its mission by collaborating with other institutions, their researchers, and physicians - such as Scripps Health; University of California, San Diego; Children's Hospital, San Diego; San Diego Community Clinics; and The Scripps Research Institute.

### *Distinguishing Programs and Services*

- Administration of a comprehensive, internationally recognized Center for Excellence in diabetes care and prevention, professional education, and research.
- Credited with the first successful replication of insulin-producing human islet cells outside the human body. Dr. Alberto Hayek's achievement is a milestone on the pathway to making a cure widely available.
- Led to the establishment of Project Dulce, a diabetes care program for the underserved, heralded as a model program by the U.S. Secretary of Health and Human Services.
- Operation of the Mobile Medical Unit, a 40-foot mobile unit, providing diabetes prevention, screening and education services, as well as community disaster relief communications systems.

## **The Whittier Institute for Diabetes 2008 Community Benefit Plan (FY08)**

The Whittier Institute for Diabetes 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and The Whittier Institute for Diabetes' objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

### **The Whittier Institute for Diabetes' FY08 Objectives**

**The Whittier Diabetes Program** – A diabetes self-management training and education program offered at eight (8) Scripps locations throughout San Diego County. During FY08, the Scripps Whittier Diabetes program will continue to offer a number of diabetes management courses and support groups to the broader San Diego County community including nutrition and self management programs.

**Mobile Medical Unit** – Continue the Mobile Medical Unit (MMU) operations, designed to provide diabetes prevention, screening and education services directly to the communities served by Scripps. During FY08, the unit will continue to accommodate patient encounters and community outreach events. This 40 foot mobile unit is equipped with two exam rooms, a lab, and a retinal camera. State-of-the-art telecommunications equipment enables unit staff to send test results to a physician's office for review in minutes. The unit is also equipped with triage and specialized communications systems so that the unit can be used by the community during disaster situations.

**Project Dulce** – A comprehensive, culturally competent diabetes management program for underserved and uninsured populations. Accessed through numerous community clinics, the program has made a significant impact on the health status of those enrolled and has become a model for the nation.

- During FY08 Project Dulce will expand the number of clinics it serves.
- Continue to provide diabetes care and education to ethnically diverse and underserved populations throughout San Diego County, specifically provide clinical care to 2,500 individuals and diabetes education to an additional 1,000.
- Provide consultation, training and technical assistance related to providing chronic care to underserved populations.



## The Whittier Institute for Diabetes 2008 Community Benefit Report (FY07)

The Whittier Institute for Diabetes Community Benefit Report is an account of the Institute's dedication and commitment to improving the health of the community, detailing the Institute's programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *The Whittier Institute for Diabetes Making A Financial Commitment*

During FY07, The Whittier Institute for Diabetes (The Whittier) devoted \$571,866 to community benefit programs and services including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by The Whittier emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Approximately 110,700 people in San Diego County suffer from diabetes. Leading to school and work absenteeism, an elevated rate of hospitalization, frequent emergency room visits, permanent physical disabilities, and sometimes death, diabetes is a serious community health problem.<sup>46</sup> During FY07, The Whittier engaged in the following diabetes management initiatives.

- ✓ Project Dulce - Formed through collaboration between The Whittier Institute for Diabetes, the Council of Community Clinics, and Community Health Improvement Partners (CHIP). Project Dulce is a comprehensive, culturally competent diabetes management program for underserved and uninsured populations in San Diego County. Project Dulce incorporates the Chronic Care Model in its team-based approach to care. Nurse educators lead multidisciplinary teams that provide clinical management; and peer educators from each cultural group, known as *promotoras*, provide public and patient education to their perspective communities. This innovative program combines the state-of-the-art in clinical diabetes management with proven educational and behavioral interventions. During FY07 Project Dulce engaged in the following:
  - Training – Provided training to organizations in San Diego, Los Angeles, New Jersey, Virginia and Michigan.
  - Health Improvements of Participants – Achieved improvements in the health of participants as indicated by an average reduction of 1% in HbA1c, a measure of diabetes control, over a 12 month period.
  - Enrollment – During FY07 Project Dulce served 1260 patients: 66% Latino; 13% White; 12% Asian American; and 4% African-American; Over 4,380 patient visits. 372 people received diabetes self-management education delivered in various community sites - including Scripps Wellness Centers.

<sup>46</sup> Community Health Improvement Partners (CHIP) Charting the Course IV 2004 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

- ✓ The Whittier Diabetes Resource Center – The Whittier offers a number of diabetes management courses and support groups to the broader San Diego County community including nutrition and self-management programs. During FY07, 5,182 individual patients were served by the Scripps Whittier Diabetes Team and had 15,400 total visits to the program countywide.
- ✓ Mobile Medical Unit (MMU) – The Mobile Medical Unit brings diabetes education, care and clinical research directly to the community via a custom 40-foot motor coach. For FY07 there were 800 patient screenings, 400 retinal screenings and 5 large scale community health fairs to promote Scripps programs and provide preventative health awareness.
- ✓ Professional Education and Training Programs – The Whittier Institute's professional education teams provide state-of-the-art education and training for people who wish to increase their diabetes management knowledge and skills. Led by a team of experts that include endocrinologists, nurses, dieticians, psychologists, and other diabetes specialists, these individuals train practicing professionals to deliver the best care possible for their patients with diabetes. There were 33 programs conducted in FY07 with 710 participants attending various programs.
- ✓ Childhood Obesity and Diabetes Prevention Program – The Whittier Institute currently has childhood obesity and diabetes prevention programs underway in the City Heights community and at A. Horton Elementary School in Southeastern San Diego. The program targets high-risk children (who already demonstrate clinical indicators of pre-diabetes) and their families for intensive behavior change intervention programs focusing on increasing physical activity and promoting good nutrition. In FY07, The Whittier Institute conducted 4 childhood obesity and diabetes prevention series of classes, 1,500 children and adults received information about obesity and diabetes risk and prevention strategies and 64 families attended a ten-week (10) series of childhood obesity and diabetes prevention classes. In addition, 22 students from the Elementary Institute of Science were trained to make diabetes presentations in their community.

## The Whittier Institute for Diabetes Community Benefit Services List (FY07)

| <u>Program Title</u>                              | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|---------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Childhood Diabetes and Obesity Prevention Program | N/A                        | 3,320                  | N/A                           | 1,586                     |
| Project Dulce                                     | N/A                        | 34,840                 | \$120,326                     | 4,872                     |
| Scripps Whittier Diabetes Program                 | 100                        | 18,845                 | \$421,059                     | 15,400                    |
| The Whittier Mobile Medical Unit (MMU)            | N/A                        | 500                    | \$30,481                      | 1,200                     |
| TOTALS                                            | 100                        | 57,505                 | \$571,866                     | 23,058                    |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

## Section

# 12

## Scripps System-Wide Programs

### About Scripps System-Wide Programs and Services

Scripps supports a number of programs and services that meet the health care needs of patients and community members throughout San Diego County. These include programs operated by Scripps Home Healthcare, Scripps Cancer Services, Scripps Research and Clinical Services and Scripps System Community Benefit Services.

#### *Scripps Home Health Care Services*

Scripps Home Health Care Services provides a range of health care services in people's homes. During FY07 this multidisciplinary team of caregivers provided professional home care services as well as education on disease prevention and management, medications, diet, and exercise to approximately 5,000 patients throughout San Diego County. More than 155 nurses, therapists and support staff work closely with the patient's physicians and family to offer a variety of services including nursing care, physical, occupational and speech therapy 365 days a year.

Home Health includes the following distinguished programs and services; Cardiovascular Care, Wound Management, Diabetic Care, Physical Therapy, Occupational Therapy, Speech Therapy, Dietary Services, and Medical Social Services.

#### *Scripps Cancer Center*

Scripps Cancer Center (SCC) unites major elements of The Scripps Research Institute (TSRI), Scripps Health and Scripps Clinic cancer care. At SCC, clinicians, scientists and health care professionals with expertise in research, treatment, education and prevention have come together to create a powerful cancer resource in San Diego County. Today, Scripps adds 100 new clinical trials each year at its five hospitals, the Scripps Clinic medical group and Scripps Cancer Center. In addition, there are major contributions from investigator-initiated research projects, some of which have produced new, state-of-the-art medical devices and technologies that are used worldwide.

Scripps Cancer Center includes the following distinguished programs and services; Screening Services, Diagnostic Services, Ultrasound and ultrasound-guided breast biopsy, Stereotatic-guided core breast biopsy, Breast needle localization biopsy, Computed tomography (CT), Magnetic resonance imaging (MRI), and Positron emission tomography (PET).

#### *Scripps Clinical Research Services*

Research and clinical discovery have been part of Scripps Health's mission since its founding in 1924. Today, Scripps adds 100 new clinical trials each year. In December 2006, Dr. Brian F. Issell was named to fill the new position of Vice President, Clinical Research to

consolidate and expand access to clinical research for physicians and patients across the Scripps system and in all the communities Scripps serves. The Clinical Research mission is to provide comprehensive, expert support to Scripps physicians and staff so that they may provide our patients with access to the best research treatments and our health care providers with cutting-edge continuing education programs.

#### *Type of Scripps Clinical Research Services Trials*

- Arthritis
- Breast Cancer
- Chronic Obstructive Pulmonary Disease
- Cosmetic Procedures
- Dermatology
- Epilepsy
- Eye Infections
- Eye – Macular Degeneration
- Eye – Cataracts
- Genomic Medicine
- Growth Hormone Deficiency
- Hepatitis C
- High Cholesterol
- Liver Disease
- Migraine Headaches
- Obesity/Weight Loss
- Organ Transplant
- Osteoporosis
- Parkinson's Disease
- Stroke
- Translational Science

#### *Scripps Translational Research and Advanced Clinical Trials*

In 2006, Scripps announced the creation of three new programs: the Scripps Genomic Medicine Program; Translational Science Institute; and Scripps Advanced Clinical Trials. All programs are led by noted cardiologist Eric J. Topol, M.D.

Genomics is the study of the architecture of an individual's genes, including interactions of those genes with each other and the individual's environment. Knowledge of the specific genomic basis of health and disease sets up the potential for individualized medicine and will transform the way health care is delivered.

By identifying the specific genetic factors associated with disease, it will be possible to design more effective medications; prescribe personalized treatment for each patient; identify and monitor those at high risk of disease; and avoid adverse drug reactions.

- Scripps Genomic Medicine, an initiative of Scripps Health in collaboration with The Scripps Research Institute, will support basic research and clinical programs focused on defining the genes that underlie susceptibility to disease, and take these findings into drug discovery programs and ultimately into clinical trials.

The program's work will involve genotyping tens of thousands of individuals of diverse ancestry in an attempt to identify and define genes responsible for major disease and the underpinnings of health. The identification of these genes will lead to drug discovery and gene-specific clinical trials.

The rich diversity of the San Diego population – the primary patient base of the Scripps program – provides unparalleled opportunities for this research.

- The Scripps Translational Science Institute will initiate research that moves basic science from the lab to the patient bedside, bridging the gap between basic science and clinical trials. The institute will identify promising opportunities among existing research efforts at Scripps to provide seed funding to physician researchers across the system that supports the researcher in preparation for the pursuit of National Institutes of Health grant funding or other non-pharmaceutical associated grants. In addition, the institute's goal is to recruit more physician investigators to Scripps who will divide their time between conducting clinical research and caring for patients.
- Scripps Advanced Clinical Trials will provide stewardship of national and international trials to test individualized treatment and prevention strategies in collaboration with pharmaceutical, medical device, biotechnology and diagnostic companies.

*Scripps System Community Benefit Services*

Scripps System Community Benefit Services provides oversight, support, guidance and coordination of Scripps community health and outreach program initiatives, helping to ensure that they are in accordance with the Scripps mission, values and strategic goals/objectives. This program also supports the Strategic Planning Committee, a committee of the Scripps Board of Trustees, in assessing and planning to meet community need. Additionally, this program is responsible for developing the triennial health needs assessment in collaboration with the Community Health Improvement Partners (CHIP) and through the Community Benefit Fund provides funding to support community programs that address San Diego's County's high-priority health needs.

## **Scripps System-Wide Programs and Services 2008 Community Benefit Plan (FY08)**

The Scripps System-Wide 2008 Community Benefit Plan provides a description of the overall Scripps community benefit goal and the system-wide objectives/strategies to support community health improvement during Fiscal Year 2008 (October 2007 to September 2008).

### *Scripps' 2008 Community Benefit Goal:*

Make a measurable impact on the health status of the community through improved access to care, health improvement programs, and professional education and research.

### **Community-Based Health Improvement Activities**

- Community Benefit Fund – Provide \$300,000 in grant funding to support community programs that address San Diego County's high-priority health needs. (Funded by Scripps Health System, Community Benefit Services).
- School Partnerships – Partner with the San Dieguito Academy to offer the following activities; job shadowing, mentoring, guest speakers bureau, internships, volunteer opportunities, health facility tours, strategies for student success in health occupations and reviewing student portfolios and/or senior exhibitions. (Initiative led by Scripps Health System, Community Benefit Services).
- Disaster Preparedness: Community Outreach & Education - Having the ability to provide emergency services to those injured in a local disaster while continuing to care for hospitalized patients is a critical community need. To this end, Scripps together with other first responder agencies (public and private), will engage in a variety of training, outreach and planning initiatives during FY08 including:
  - Conduct twelve (12) Cal Pen disaster preparedness training courses open to the broader San Diego County community.
  - Offer one (1) disaster preparedness community fairs
  - Collaboration with State of CA Emergency Medical Authority on several State projects, Scripps selected as project lead.
  - Provide three (3) disaster preparedness/business continuity presentations to local and state education seminars.
  - Collaborate with Emergency Medical Services, County of San Diego to provide disaster preparedness training curriculum to San Diego Healthcare Organizations.
  - Available to provide Scripps Medical Response teams and Scripps Hospital Administrative Support teams to any California disaster event.

(Initiative led by the Disaster Preparedness program under the direction of the Chief Medical Officer)

- Scripps Breast Cancer Diagnosis Project (Scripps Project) - Continue to provide free diagnostic imaging services and breast biopsies to low income, medically uninsured or under insured women with a breast mass or abnormality. (Initiative led by the Scripps Cancer Center).
- Cancer Detection Programs: Every Woman Counts – Continue to coordinate the State of California's Cancer Detection Program (CDP) providing free breast cancer screening and diagnostic services to low-income women over the age of 40. Additionally, cervical cancer screening and diagnostic services will be provided to low-income women over the age of 25.
  - Counseling – Provide one-to-one breast and cervical cancer early detection and prevention counseling to 600+ qualified women.
  - Screening Services –Provide at least 20,000 qualified women with breast and cervical cancer screening services.
 (Initiative led by the Scripps Cancer Center)
- Scripps African and African American Prostate Cancer Outreach and Screening Program. Prostate Program – Conduct screenings as needed in San Diego County. (Initiative led by the Scripps Cancer Center)
- 'Sun Sense' Program - Continue to provide skin cancer presentations throughout the community, reaching 600+ children and adults. (Initiative led by the Scripps Cancer Center)
- American Heart Walk – The ScrippsAssists employee volunteer program will again coordinate walker participation and fund raising efforts in support of the American Heart Association's Annual Heart Walk. Scripps Health will also allocate operational funds to support the American Heart Association's efforts to fight Heart Disease and Stroke

## **Professional Education and Research**

- SDSU Nurses Now – Provide nursing staff (.5 FTE) to act as clinical instructors in the San Diego University (SDSU) School of Nursing. This will help support increased student enrollment. (Funded by Scripps Health System Operations)
- Grossmont College, School of Nursing – Continue to contribute funding to support the Grossmont College, School of Nursing. These funds will help to ensure that additional faculty members remain on staff allowing for increased student enrollment. (Funded by Scripps Health System Operations)
- Welcome Back Program – Continue a partnership with the Welcome Back Center, a program that has been successful at Grossmont Hospital. The Welcome Back Center is an International Health Worker Assistance Center that addresses racial and ethnic disparities in the healthcare workforce by training internationally trained immigrants. (Funded by Scripps Health System Operations)



## Uncompensated Health Care

- Scripps Home Health Care will continue to provide health care services to vulnerable patients who are unable to pay for services.

## Scripps System-Wide Programs and Services 2008 Community Benefit Report (FY07)

This section is an account of Scripps' dedication and commitment to improving the health of the community, detailing the System-Wide programs and services that have provided benefit over and above standard health care practices in Fiscal Year 2007 (October 2006 to September 2007).

### *Fostering Volunteerism*

In addition to the financial community benefit contributions made during FY07, Scripps System employees contributed a significant portion of their personal time volunteering to support Scripps sponsored community benefit programs and services. With 2,178 hours of volunteer time, it is estimated that the dollar value associated with this volunteer labor would exceed \$82,220.15<sup>47</sup>

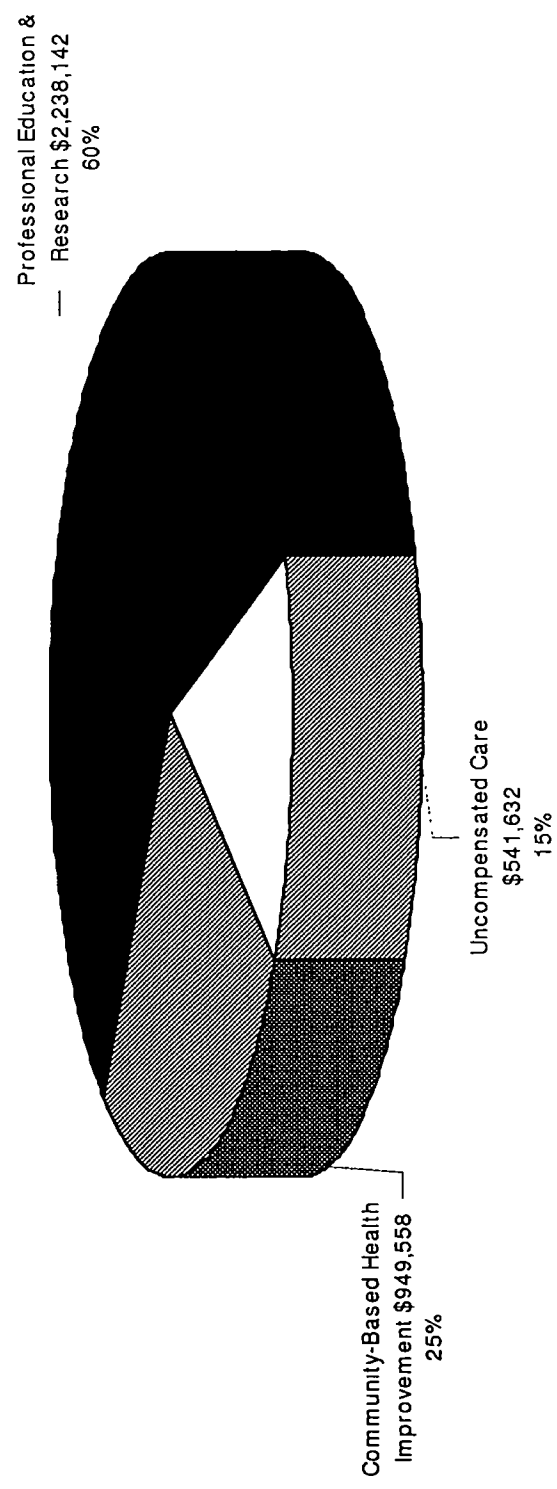
### *Making A Financial Commitment*

During FY07, \$3,729,332 was devoted by Scripps system-Wide programs to community activities including uncompensated health care, community-based health improvement activities, professional education, and clinical research. The programs offered by Scripps emphasize community-based prevention efforts and use innovative approaches to reach residents at greatest risk for health problems.

Refer to figure 12:1 presented on the following page for a more detailed overview of the Scripps System-Wide Programs and Services FY07 Community Benefit distribution.

<sup>47</sup> Calculation based upon an average hourly wage for the Scripps Health system plus benefits

**FIGURE 12:1 - FY07 SCRIPPS SYSTEM-WIDE PROGRAMS AND SERVICES COMMUNITY BENEFIT DISTRIBUTION.**  
\$3,729,332



Community Benefit Services:  
 Community Benefit Services include those programs and services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes community benefit services in three categories including uncompensated health care, community-based health improvement activities and professional education and research.

*Scripps System-Wide (Home Health Care Services and Scripps Medical Foundation)  
FY07 Uncompensated Health Care Highlights*

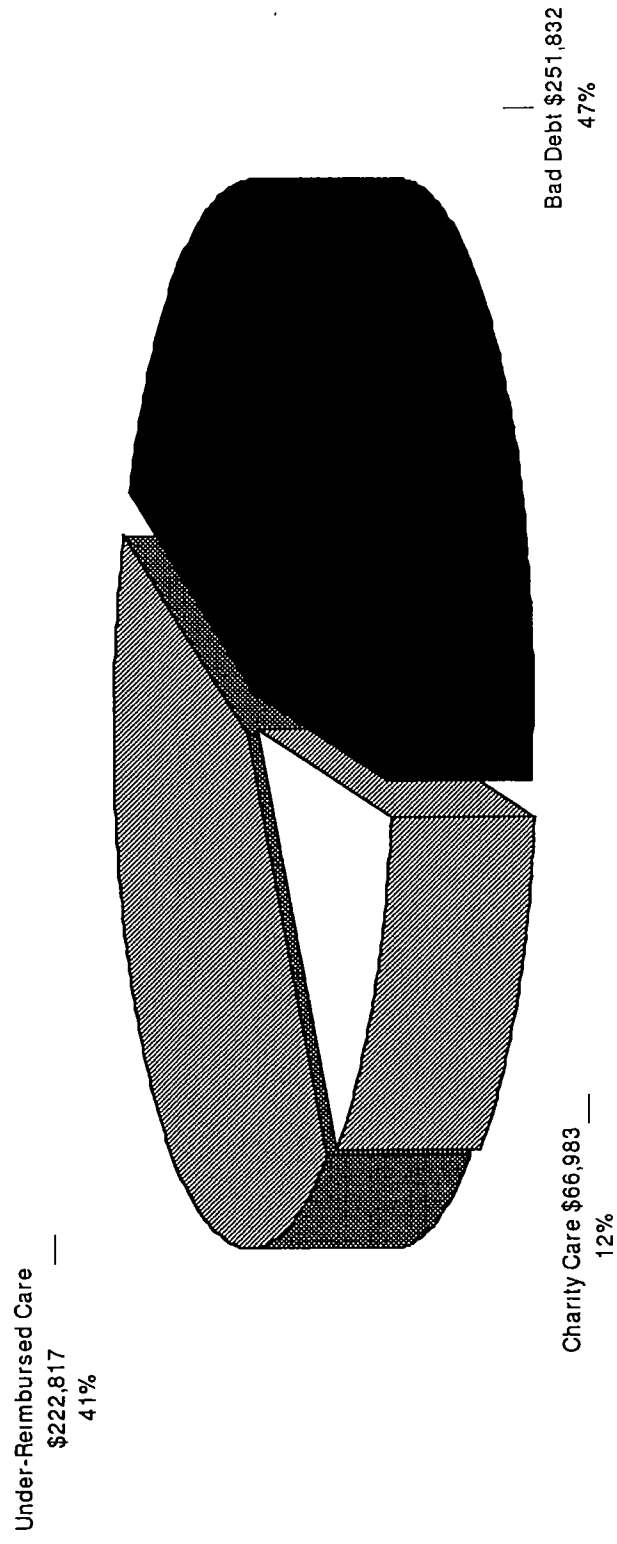
During FY07, Scripps Home Health Care Services and Scripps Medical Foundation contributed \$541,632 to uncompensated health care including, \$66,983<sup>48</sup> in charity care, \$222,817<sup>49</sup> in under-reimbursed care, and \$251,832<sup>48</sup> in bad debt.

Refer to figure 12:2 presented on the following page for a graphical representation of the FY07 Scripps Home Health Care and Scripps Medical Foundation Uncompensated Health Care distribution.

<sup>48</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care

<sup>49</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology

FIGURE 12:2 - FY07 SCRIPPS HOME HEALTH CARE SERVICES & SCRIPPS MEDICAL FOUNDATION  
UNCOMPENSATED HEALTH CARE DISTRIBUTION, \$541,632



Uncompensated Health Care:  
Uncompensated health care includes the sum of expenses associated with charity care, under-reimbursed care and bad debt.

### *Scripps System-Wide FY07 Community-Based Health Improvement Highlights*

Community-based health improvement activities include prevention and wellness programs such as screenings, health education, support groups, and health fairs, which are supported by operational funds, grants, in-kind donations, and philanthropy. These programs are designed to raise public awareness, understanding of and access to identified community health needs (refer to figures 2:1-2:2, pages 7-8).

During FY07 (October 2006 to September 2007) \$949,558 was invested by Scripps System-Wide programs and services in community-based health improvement activities. This figure reflects the cost associated with providing community health improvement activities including salaries, materials and supplies, minus revenue. This section highlights some of the Scripps system-wide FY07 community-based health improvement achievements.

- ✓ Scripps Health Community Benefit Fund - In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 each. The projects that received funding address some of San Diego County's high-priority health needs with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. The programs funded during FY07 include:
  - INFO LINE/ 2-1-1 New Access System – 2-1-1 San Diego is the new dialing code for information about community, health and disaster services. Locally, 2-1-1 San Diego was launched in June 2005 as a multilingual and confidential service committed to providing access 24/7. 2-1-1 connects people with resources over the phone, online, and in print. INFO LINE/2-1-1 San Diego received \$20,000 for ongoing operations of its telephone dialing code, which provides the public with information about community, health and disaster services
  - Family Health Centers of San Diego – Funding awarded to the Hillcrest Counseling Center which provides psychiatric evaluation, medication management, and case management/therapy services to mental health patients recently discharged from Scripps' inpatient unit and to persons recently seen in Scripps Mercy's Emergency room with mental health needs. The clinic serves all patients, including those who are indigent or covered by public insurance.
  - Consumer Center for Health Education and Advocacy (CCEA) – Funding provides low income uninsured Mercy patients assistance in obtaining healthcare benefits and services, while simultaneously reducing uncompensated care expenses for Mercy. This project provides advocacy services for the time-intensive government benefit cases.
  - The Whittier Institute for Diabetes – Funding awarded to the Screening for Diabetic Retinopathy in High Risk San Diegans program. Diabetic retinopathy has long been the leading cause of blindness in working age adults. It results when unmanaged diabetes leads to damage of the tiny blood vessels that nourish the retina. This program will provide a regional program offering access

to retinal screenings, glaucoma testing and diabetic vision education to economically disadvantaged San Diegans with diabetes.

- Norman Park Center – Funding awarded to the Senior Wellness Project. The project will increase awareness and prevention for seniors by respectfully addressing components of health and wellness for persons 50+ through health presentations, supervised fitness center activity to include a walking program and extended hours for existing fitness program and health fairs.
- Partnership for Smoke Free Families – The Partnership for Smoke-Free Families Program (PSF) is a comprehensive tobacco control program to reduce tobacco smoke exposure among pregnant women and small children by systematically screening pregnant women and new parents for tobacco use in their obstetrician's and pediatrician's office and linking them with tailored interventions. PSF has become a standard of care in San Diego County and a nationally recognized model. PSF provides a valuable resource for physicians and smoking cessation services specifically for pregnant women and new parents - previously non-existent in San Diego.
- San Ysidro Health Center - Funding awarded to purchase and implement a disease management/patient tracking software program. The goal is to facilitate improved case management of established health center patients with chronic conditions, and new unassigned hospital-referred patients (post-discharge emergency patients) in need of continuing primary care services, or walk-in patients seeking episodic or acute care services.
- Catholic Charities - Funding awarded to provide short-term emergency shelter to medically fragile homeless patients being discharged from Scripps Mercy Hospital San Diego.

## Cancer /Oncology

During 2007, 559,650 Americans are expected to die of cancer, making it the second leading cause of death in the U.S. <sup>50</sup> In response to this serious health concern, Scripps has developed a series of prevention and wellness programs designed to educate people on the importance of early detection and treatment for some of the most common forms of cancer. During FY07 Scripps engaged in the following cancer control activities.

### Breast and Cervical Cancer

- ✓ Scripps Breast Cancer Diagnosis Project (Scripps Project) - Provides free diagnostic imaging services for low income, medically uninsured or underinsured residents of San Diego and Imperial counties between the ages of 20 and 39 who do not qualify for State funded services and men of any age. This project is funded in part by the San Diego Chapter of the Susan G. Komen for the Cure San Diego and the Scripps Cancer Center. In FY07, 380 qualified community members participated in the program, 295 received diagnostic mammograms, 511 received breast ultrasounds, and 53 received biopsies and four cases of cancer were detected. (Initiative led by Scripps Cancer Center)
- ✓ Community Education - In FY07, cancer early detection outreach and marketing activities provided to community based organizations and businesses reached 38,756 community members. Community education activities include breast cancer, cervical cancer, skin cancer, colorectal cancer and prostate cancer. (Initiative led by Scripps Cancer Center)
- ✓ Cancer Detection Programs: Every Woman Counts - This is a California State program that provides free breast cancer screening, and diagnostic services to low-income women over the age of 40. Additionally, cervical cancer screening and diagnostic services are provided to low-income women over the age of 25. Scripps Cancer Center is responsible for operating the program in San Diego County. During FY07 the following outcomes were achieved:
  - Counseling – One thousand (1,000) qualified women were provided one-to-one breast cancer early detection and prevention counseling.
  - Screening Services – Twenty-two thousand five hundred fifty-five (22,555) qualified women received breast and cervical cancer screening services.
- ✓ The Scripps Women in Action Breast Health Outreach and Education program reached 6,592 underserved women with breast health education, improving awareness of early breast cancer detection services. In addition, 3,570+ underserved women received access to breast health screening and mammography's. (Led by Scripps Mercy Hospital Chula Vista Community Benefit Services)

<sup>50</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

## Prostate Health

- ✓ Scripps African and African American Prostate Cancer Outreach and Screening Program (Prostate Program) – Provides free prostate cancer screenings and community health education, primarily targeting African-American men over the age of 40. The Scripps Cancer Center works with local faith centers and community leaders to educate men and provide free screenings.
- ✓ Community Education - In FY07, prostate cancer early detection outreach and marketing activities provided to community based organizations and businesses reached 2,230 community members.

(Initiatives led by Scripps Cancer Center)

## Skin Cancer

- ✓ 'Sun Sense' Program - In FY07, skin cancer early detection & prevention outreach and marketing activities provided to community based organizations and businesses (including lifeguards, police and firefighters) reached 1,210 community members. (Initiative led by Scripps Cancer Center)

## Cardiovascular Disease

Coronary Heart Disease and Stroke are the number one (1) and number three (3) causes of death in the nation for both men and women. Heart disease is our nation's leading cause of death, claiming more than 950,000 American lives every year. Stroke is America's # 3 killer and is a leading cause of serious, long-term disability.<sup>51</sup> During FY07 Scripps engaged in the following heart health/cardiovascular disease prevention and treatment activities.

- ✓ American Heart Walk – Scripps Health allocated \$55,665 in operational funds to support the American Heart Association's efforts to fight Heart Disease and Stroke. In addition, the ScrippsAssists employee volunteer program coordinates walker participation and fund raising efforts. The San Diego Heart Walk exceeded its goal by raising more than \$1,200,000. In 2007, more than 2,200 Scripps Heart Walk participants – employees, families and friends walked to help raise more than \$165,000. Additionally, Scripps reached out to the community at the event by providing blood pressure screenings, health education materials, and much more.
- ✓ Partnership for Smoke Free Families - Attributed to low birth weight in newborns, sudden infant death syndrome (SIDS), respiratory infections, asthma, and middle ear disease in infants and children, second-hand smoke is clearly a community health risk.<sup>52</sup> The Partnership for Smoke Free Families (PSF) is a collaborative effort supported by Scripps, Sharp HealthCare, and Children's Hospital and focuses on improving the health and well

<sup>51</sup> Community Health Improvement Partners (CHIP) Charting the Course V 2007 A San Diego County Health Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>

<sup>52</sup> Community Health Improvement Partners (CHIP) Charting the Course III 2001 A Community Needs Assessment Retrieved from the World Wide Web <http://www.sdchip.org>



being of children by reducing their exposure to second-hand smoke. The Partnership for Smoke Free Families Program has become a standard of care in San Diego County and a nationally recognized model for systematically screening and linking pregnant women and their families with small children exposed to tobacco smoke with interventions. As of October 2007, a network of more than 500 obstetricians, nurse home-visitors, and pediatricians from across San Diego County participate in PSF. More than 185,000 pregnant women and parents of young children have been screened for tobacco use/exposure and nearly 40,000 proactively linked to targeted interventions. (Funded by Scripps Health System, Community Benefit Services)

#### Emergency/Disaster Preparedness

- ✓ Disaster Preparedness: Community Outreach & Education - Having the ability to provide emergency services to those injured in a local disaster while continuing to care for hospitalized patients is a critical community need. Disaster response and collaboration with community partners, was the theme this year for the Disaster Preparedness program. Scripps together with other first responder agencies (public and private), engaged in a variety of training, outreach and planning initiatives. Scripps provided 44 hours of free decontamination training to the community, which served 120 people. Scripps co-chairs the Sorrento Valley Consortium, made up of neighboring businesses. Together, this consortium develops and plans response strategy during disaster. Scripps collaborated with San Diego County Public Health in providing the first San Diego County Business Continuity Summit which served 100 people. Scripps provided outreach education on pandemic flu and business continuity during disaster to our San Diego health and business partners, Jack in the Box, IFMA, Association of Convalescent Board and Care and Home Care providers. Scripps presented at California Hospital Association annual Emergency Preparedness Conference, serving 100 people. (Initiative led by the Disaster Preparedness program under the direction of the Chief Medical Officer)
- ✓ San Diego County Emergency Medical Services and Office of Emergency Services – Scripps provided expertise on multiple county advisory committees including policy development, grant funding, training and education and planning.
- ✓ State of California Surge Capacity Plan – Scripps was asked to provide expertise for the Consulting Firm, Price Waterhouse Coopers, during development of the State of California's Surge Capacity Plan.
- ✓ Mobile Field Hospital - Scripps was asked by the state to help develop and implement administrative processes and procedures for a mobile field hospital. Scripps Health assisted the state Emergency Medical Services Administration's roll-out of this new disaster response tool. The 220-bed mobile field hospital is one of three purchased by the state for available deployment within 72 hours following a major disaster. More than 40 employees from across the Scripps system traveled to Los Alamitos to tour this hospital for the first time and to discuss organizational planning for the mobile field hospitals administrative support units (HASU) with state officials.
- ✓ San Diego Wildfires - Scripps Physicians and staff demonstrated their commitment to patients and the community during the 2007 Wildfires. More than 1,000 Scripps Health

employees were evacuated from their homes and at least 15 lost homes during the crisis. Many of these individuals continued to work to fulfill the Scripps mission to deploy the Scripps Medical Response Team to Rancho Bernardo to provide basic medical care to firestorm survivors, caring for more than 700 patients at the mobile clinic. The volunteer Scripps team of physicians, nurses and administrative staff worked under the auspices of the San Diego Fire Department, along with other service providers such as FEMA and the American Red Cross, as part of a city-sponsored Local Assistance Center for fire victims. The medical team provided first aid and basic medical services such a treatment of minor cuts, assessment of respiratory problems, over-the-counter medication, prescriptions, diabetes screenings and flu shots. Patients presenting more serious medical issues were referred to nearby emergency rooms. The Scripps EAP staff of mental health professionals also helped patients with stress and grief issues. As a first responder and provider of essential services, Scripps maintained operations throughout the crisis providing medical care to those hurt and injured as well as the community at large. Scripps established eight (8) emergency operations centers (EOC) at its five acute care hospitals, Scripps Clinics, Home Health and corporate office. Scripps Health supported the system wide office of disaster preparedness, which deploys the Scripps Medical Response Team and Hospital Administrative Support in times of medical emergency.<sup>53</sup>

<sup>53</sup> Expenses for the Wildfires will be documented in the FY08 Community Benefit Report as the Wildfires took place after the end of the FY07 fiscal year

## Scripps System-Wide FY07 Professional Education & Research Highlights

Quality health care is highly dependent upon health education systems and medical research programs. Without the ability to train and inspire a new generation of health care providers or to offer continuing education to existing health care professionals, the quality of health care would be greatly diminished.

Each year resources are allocated by Scripps system-wide programs and services to the advancement of health care services through professional health education programs and research. To enhance service delivery and treatment practices for San Diego County, \$2,238,142<sup>54</sup> was invested by Scripps System-Wide programs and services in professional training programs and research during FY07 (October 2006 to September 2007). This section highlights some of the Scripps system-wide professional education and research activities conducted in FY07.

- ✓ SDSU Nurses Now – During FY07 Scripps allocated \$125,000 in funding and provided nursing staff (.5 FTE) to act as clinical instructors in the San Diego State University (SDSU) School of Nursing. These resources enabled increased student enrollment (94 students). (Funded by Scripps Health System Operations)
- ✓ Grossmont College, School of Nursing – During FY07 Scripps allocated \$297,000 to cover some of the cost associated with clinical instruction. These funds enable Grossmont College to enroll 30 additional students in the nursing program. (Funded by Scripps Health System Operations)
- ✓ Welcome Back Program – During FY07, Mercy Hospital San Diego continued a partnership with the Welcome Back Center and allocated \$180,000 to enhance a program that has been successful at Grossmont Hospital. The Welcome Back Center is an International Health Worker Assistance Center that addresses racial and ethnic disparities in the healthcare workforce by training internationally trained immigrants. In FY07 Scripps sponsored 30 internationally trained health care professionals, participating in the interviewing and screening process to enable them to acquire an Associate Degree in Nursing in an eighteen-month time frame. (Funded by Scripps Health System Operations)
- ✓ Southwestern College Nursing Training and Education Collaboration – The goal of the Nursing Training and Education Collaboration at Southwestern College is to increase viable RNs who are diverse and culturally competent. This program will help to create a new pool of nurses to help decrease the region's nursing shortage. (Funded by Scripps Health System Operations)
- ✓ Research Subsidy – Operating Income/(Loss) of Scripps three research entities; Scripps Research Services, Whittier Institute, Genomic and Translational Medicine. Other operating

<sup>54</sup> Reflects clinical research as well as professional education of non-Scripps employees, nursing resource development, and other health care professional education. Calculations based on total program expenses. Clinical research includes the subsidy which is the operating Income/(Loss) of Scripps three research entities, Scripps Research Services, Whittier Institute, Genomic and Translational Medicine

revenue and restricted funds released for operations less labor, supplies and services, and overhead allocations.

## System-Wide Community Benefit Services Summary List (FY07)

| <u>Program Title</u>                                                         | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| American Heart Association - Heart Walk                                      | 915                        | 616                    | \$78,920                      | 2,200                     |
| American Heart Association, Healing Hearts                                   | 3                          | N/A                    | N/A                           | 12                        |
| Annual 2-1-1 Day Luncheon                                                    | N/A                        | N/A                    | \$1,000                       | N/A                       |
| Bad Debt                                                                     | N/A                        | N/A                    | \$251,832                     | N/A                       |
| Blood Drives for the American Red Cross                                      | N/A                        | 32                     | \$1,209                       | 564                       |
| Brighter Futures Through Fitness – Councilmember Ben Hueso's Obesity Program | N/A                        | N/A                    | \$5,000                       | N/A                       |
| Cancer Control - Breast Cancer Diagnosis Project                             | N/A                        | 1,040                  | \$116,827                     | 380                       |
| Cancer Control - Breast Cancer Education                                     | N/A                        | 137                    | \$5,172                       | 68,405                    |
| Cancer Control - General Health Fairs                                        | N/A                        | 366                    | \$13,817                      | 38,756                    |
| Cancer Control – Colorectal Cancer Education                                 | N/A                        | 41                     | \$1,547                       | 1,435                     |
| Cancer Control – Community Education                                         | N/A                        | N/A                    | N/A                           | 38,756                    |
| Cancer Control - Prostate Cancer Education                                   | N/A                        | 28                     | \$1,057                       | 2,230                     |
| Cancer Control - Prostate Cancer Screenings                                  | N/A                        | 260                    | \$23,005                      | 8                         |
| Cancer Control - Sun Sense Skin Cancer Education                             | N/A                        | 37                     | \$1,397                       | 1,210                     |
| Cancer Control – Women in Action Breast Health Outreach & Education          | N/A                        | N/A                    | N/A                           | 6,337                     |
| Cancer Detection Programs Every Woman Counts (CDP EWC)                       | 500                        | 3,120                  | \$117,781                     | 22,555                    |
| CB Fund - 2-1-1 New Access System                                            | N/A                        | N/A                    | \$20,000                      | N/A                       |

| <u>Program Title</u>                                                                                 | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| CB Fund – Norman Park Center                                                                         | N/A                        | N/A                    | \$39,800                      | N/A                       |
| CB Fund – The Whittier Institute for Diabetes                                                        | N/A                        | N/A                    | \$30,200                      | N/A                       |
| CB Fund – San Ysidro Health Center                                                                   | N/A                        | N/A                    | \$40,000                      | N/A                       |
| CB Fund – Consumer Center for Health Education and Advocacy (CCHEA)                                  | N/A                        | N/A                    | \$100,000                     | N/A                       |
| CB Fund – Catholic Charities                                                                         | N/A                        | N/A                    | \$40,000                      | N/A                       |
| CB Fund – Family Health Center of San Diego                                                          | N/A                        | N/A                    | \$40,000                      | N/A                       |
| CB Fund - Partnership for Smoke Free Families                                                        | N/A                        | N/A                    | \$15,000                      | N/A                       |
| Charity Care                                                                                         | N/A                        | N/A                    | \$66,983                      | N/A                       |
| CHIP - Community Health Improvement Partners                                                         | N/A                        | 780                    | \$61,072                      | N/A                       |
| Disaster Preparedness - Community Outreach & Education                                               | 760                        | 120                    | \$4,530                       | 1,200                     |
| Fund for Innovation in Healthcare Excellence                                                         | N/A                        | N/A                    | \$5,000                       | N/A                       |
| Grossmont College, School of Nursing Support                                                         | N/A                        | N/A                    | \$297,000                     | 129                       |
| Health Services Administration Alumni Association                                                    | N/A                        | N/A                    | \$1,000                       | N/A                       |
| International Village Celebration                                                                    | N/A                        | N/A                    | \$3,000                       | N/A                       |
| Martin Luther King All Peoples Breakfast                                                             | N/A                        | N/A                    | \$250                         | N/A                       |
| Polinsky Children's Center Holiday Toy Drive                                                         | N/A                        | 16                     | \$5,604                       | 250                       |
| Research Subsidy Clinical Research Services, Whittier Institute, Genomics and Translational Medicine | N/A                        | N/A                    | \$1,636,142                   | N/A                       |
| Southwestern College Nursing Training and Education Collaboration                                    | N/A                        | N/A                    | \$25,000                      | N/A                       |
| Scripps Health System Community Benefit Planning and Outreach                                        | N/A                        | 2,496                  | \$119,090                     | N/A                       |
| SDSU Nurses Now                                                                                      | N/A                        | N/A                    | \$125,000                     | 94                        |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>               | <u>Volunteer<br/>Hours</u> | <u>Staff<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------|----------------------------|------------------------|-------------------------------|---------------------------|
| Under-Reimbursed Care              | N/A                        | N/A                    | \$222,817                     | N/A                       |
| United Way CHAD Campaign           | N/A                        | 10                     | \$29,530                      | 188                       |
| Welcome Back Center                | N/A                        | N/A                    | \$180,000                     | 30                        |
| YWCA Tribute to Women and Industry | N/A                        | 2                      | \$3,750                       | N/A                       |
| TOTALS                             | 2,178                      | 9,101                  | \$3,729,332                   | 184,739                   |

Refer to Appendix F for a complete program description (listed in alphabetical order)

\*"FINANCIAL SUPPORT" reflects the cost (labor, supplies, etc ) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for charity, under-reimbursed care and bad debt are based upon Scripps' audited financial statement and reflect charges reduced to cost. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

## Appendix A: Definition of Terms

**BAD DEBT** – Unpaid costs for care that is provided to persons who do not meet the criteria for charity care, are not covered by a third-party payer or have a co-payment obligation that is not met.

**CHARITY CARE** – The portion of patient care services provided by Scripps for which a third-party payer is not responsible and a patient has the inability to pay. Charity care does not include bad debt, contractual adjustments, or under-reimbursed costs (payment shortfalls). Charity care may include unpaid coinsurance, deductibles, and non-covered services if the patient meets the Scripps charity care eligibility criteria.

**COMMUNITY BENEFIT SERVICES** - Programs/services offered to the community that go above and beyond what is provided as a normal part of patient care. Scripps Health categorizes Community Benefit services in three categories:

**UNCOMPENSATED HEALTH CARE** – Includes charity, under-reimbursed care and emergency physician coverage as well as bad debt. Shortfalls are derived using the payor based cost allocation methodology. Bad debt and charity care are estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated cost.

**COMMUNITY-BASED HEALTH IMPROVEMENT ACTIVITIES** – Includes prevention and wellness programs as well as other community health improvement services (screenings, health education, support groups, and health fairs) supported by operational funds, grants, in-kind donations, and philanthropy. Calculations based on cost less direct revenue.

**PROFESSIONAL EDUCATION AND RESEARCH** – Includes clinical research as well as professional education of non-Scripps employees including graduate medical education (GME), nursing resource development, and other health care professional training. Calculations based on total program expense.

**PAYER** - Insurance companies, health care service plans, Medicare, Medi-Cal and other private or public entities that pay hospitals for health care provided to their sponsored patients.

**EMERGENCY PHYSICIAN COVERAGE** – Reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.



RESEARCH - Health related research, such as studies and papers on alternative health care delivery methods, testing of medical equipment and controlled studies of therapeutic protocols.

UNDER-REIMBURSED CARE - care that is reimbursed below cost by CMS (County Medical Services), Medi-Cal and Medi-Cal HMO, Medicare and Medicare HMO.

UNCOMPENSATED HEALTH CARE - Includes the sum of expenses associated with charity care, under-reimbursed care, bad debt and emergency physician coverage.

VOLUNTEER HOURS – includes the labor hours contributed by Scripps employees and affiliated physicians in support of Scripps sponsored activities for which no compensation is received. The dollar value is not included in Scripps' "community benefit contribution".

## Appendix B: Scripps Uncompensated Care FY2007 Methodology

Scripps continues to contribute resources to provide low and no-cost health care services to populations in need. During FY07, Scripps contributed \$236,915,167 to uncompensated health care including, \$28,391,349<sup>55</sup> in charity care, \$171,837,467<sup>57</sup> in under-reimbursed care, \$16,052,769<sup>55</sup> in emergency physician coverage, \$20,633,582<sup>56</sup> in bad debt.

### Shortfall Methodology-Hospital

The shortfall is derived by computing operating margin at the patient level and summarizing the patients with Medicare, Medicare HMO, Medi-Cal, Medi-Cal HMO and CMS primary insurance carriers. Operating Margin is defined as Net Revenue less all variable, fixed and overhead costs. Profitability is estimated as follows: Net Revenue is equivalent to payments plus an estimation of the account balance for all open accounts, plus any settlements including Medi-Cal DSH, Medicare DSH, bad debt, and capitation. Cost is derived using the Relative Value Allocation methodology per the Trendstar Cost Accounting system.

### Bad Debt and Charity Care Methodology-Hospital

The uncompensated cost is estimated by applying ratio-cost-to-charge (RCC) percentages for the hospital to the gross bad debt and charity adjustments.

### Shortfall Methodology-Scripps Clinic

The shortfall was derived by extracting the Medicare and Medicare HMO gross charges and net revenue from the patient billing system. The cost was estimated by applying the ratio-cost-to-charges for Scripps Clinic (excluding Clinical Research) to the gross charges. Shortfall is equal to Net Revenue less estimated cost using RCC methodology.

### Bad Debt and Charity Care Methodology-Scripps Clinic

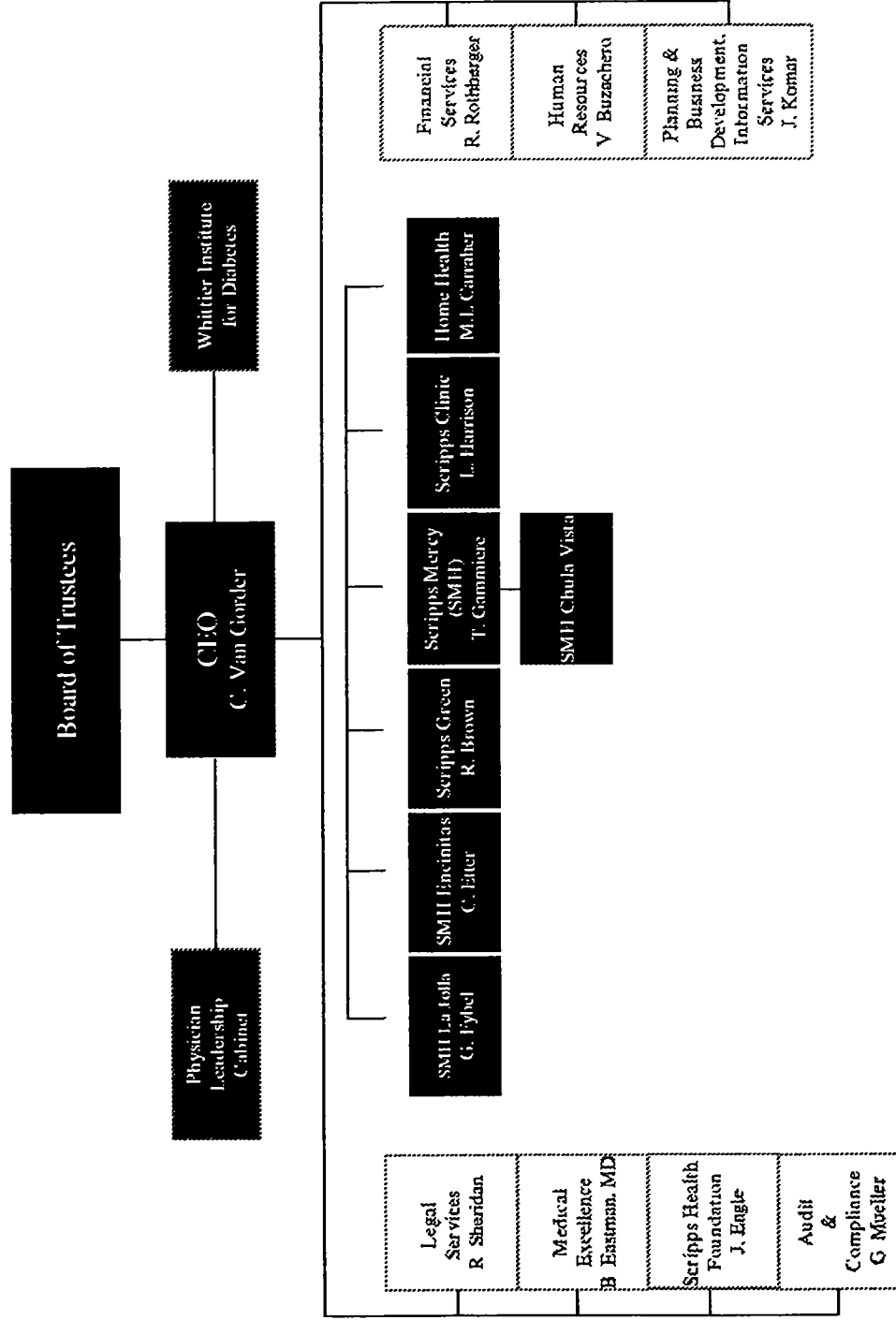
The adjustments for bad debt and charity are posted directly to the general ledger.

<sup>55</sup> Calculations for physician back-up services reflects the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients. This is a 23% increase from FY06.

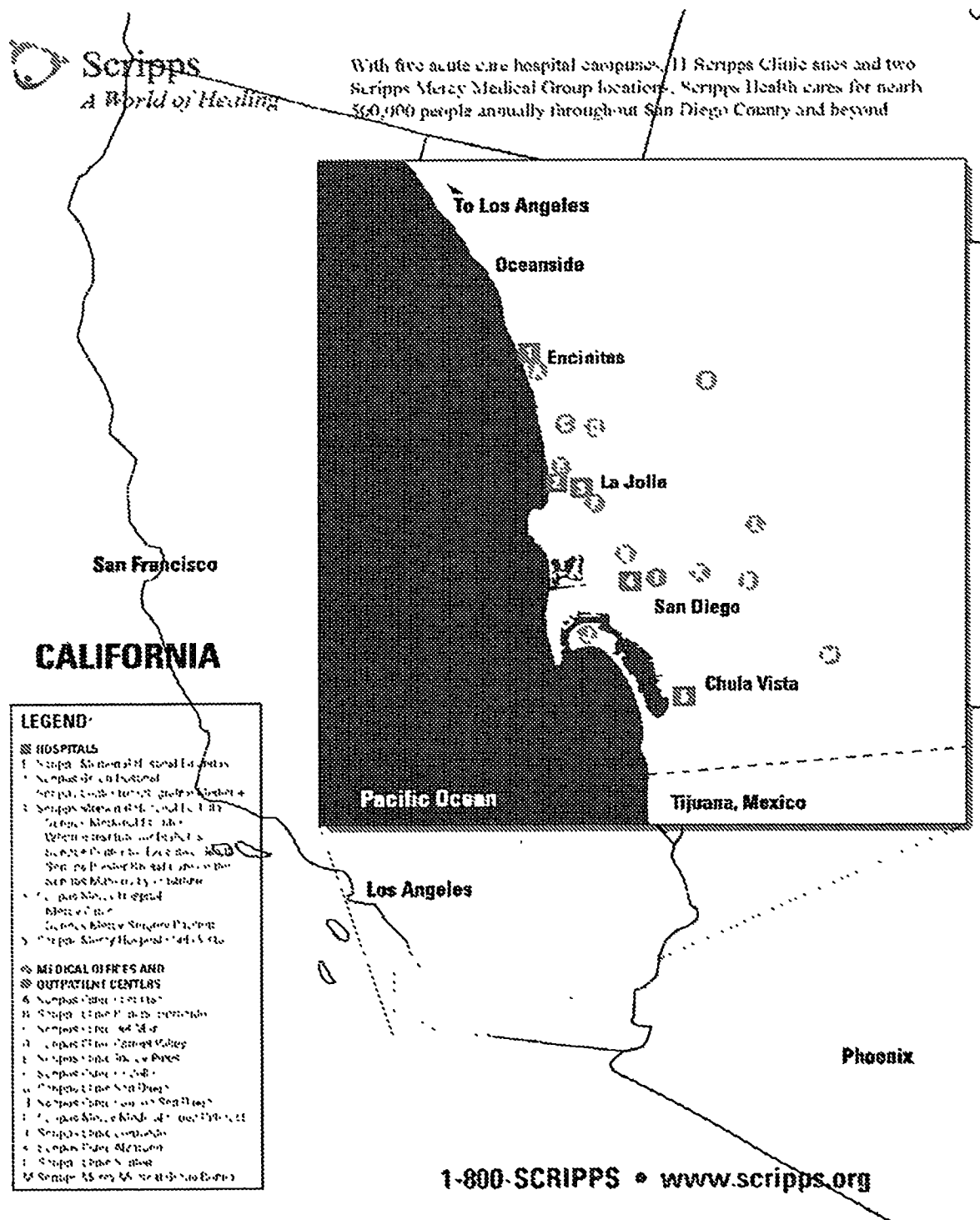
<sup>56</sup> Calculations for bad debt and charity care is estimated by extracting the gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care.

<sup>57</sup> Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology.

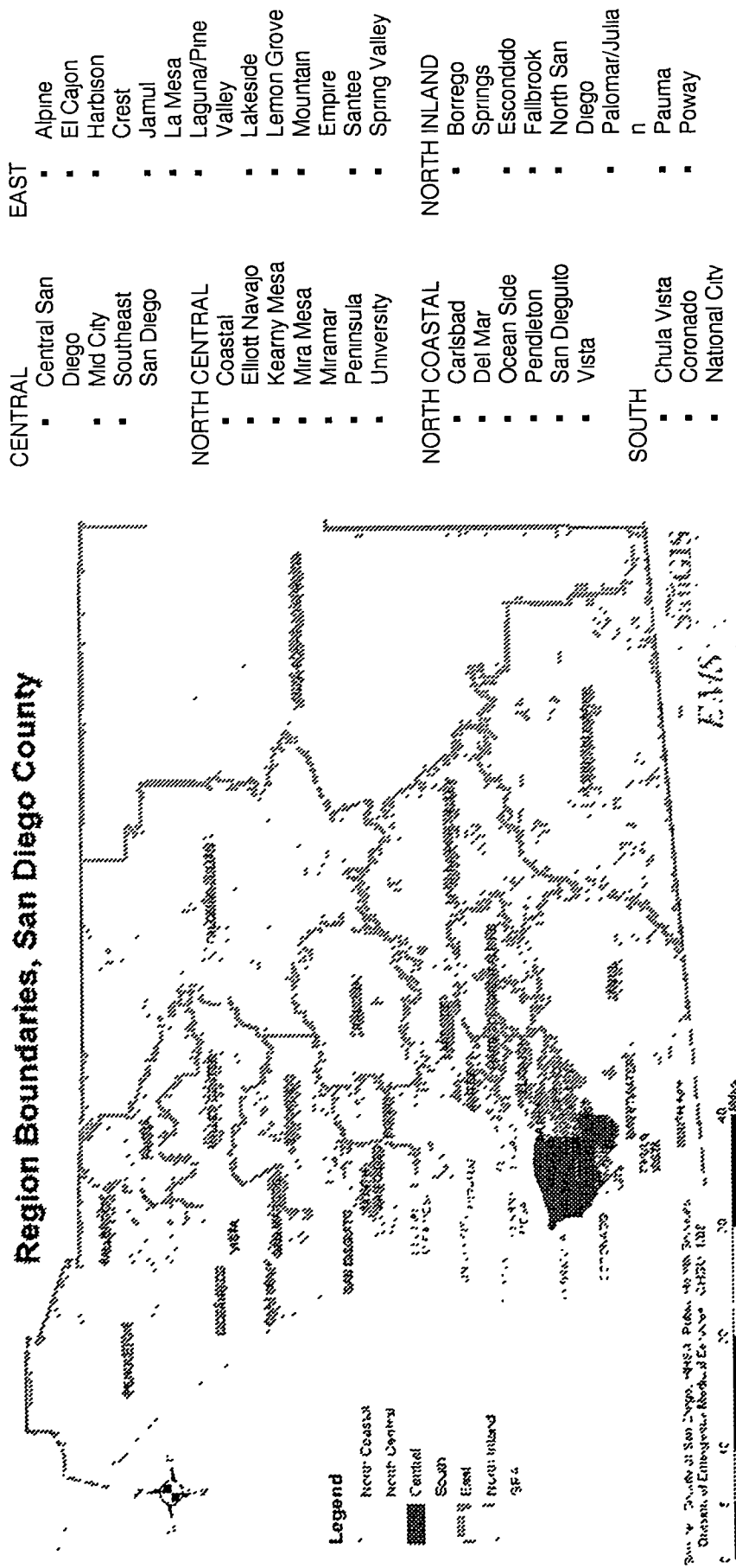
# Appendix C: Organizational Chart



## Appendix D: Scripps Health, Scripps Clinic & SMMG Locations



## Appendix E: San Diego County HHSA Geographic Services Regions



Note: These regions have been designated by the County of San Diego Health and Human Services Agency (HHSA) for the purpose of service delivery. The regions include different sub-regional area (SRA) groupings than the regions designated by the San Diego Association of Governments (SANDAG).

## Appendix F: FY07 Scripps Community Benefit Services List

| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <b>A-VISIONS Service Program</b><br>Social rehabilitation and prevocational services for people living with mental illness. Initiative led by Scripps Memorial Hospital, Behavioral Health Center. Office space provided by Scripps Mercy Hospital, San Diego.                                                                                                                                                                                                       | 500                    | 1,000                      | \$20,325                      | 286                       |
| <b>AARP Driver Safety Program</b><br>An eight hour driver improvement course especially designed for motorists age 50 and older. The course helps drivers refine existing skills and develop safe, defensive driving techniques. Open to AARP members and non members alike. Supported in part by Scripps Mercy Hospital, Trauma Services.                                                                                                                           | 6                      | N/A                        | \$5,626                       | 150                       |
| <b>Adopt A Family</b><br>The Parent Connection sponsored families through the countrywide domestic violence shelter agencies. Approximately 15 families were adopted.                                                                                                                                                                                                                                                                                                | 30                     | 140                        | \$1,133                       | 93                        |
| <b>Alcohol and Drug Education Program</b><br>The SMH La Jolla Trauma department staff offered two alcohol and drug education programs. Sponsored by SMH La Jolla, Trauma department.                                                                                                                                                                                                                                                                                 | 160                    | N/A                        | \$18,182                      | 10,300                    |
| <b>American Association for the Surgery of Trauma (AAST) Annual Conference</b><br>Scripps Mercy Trauma Medical Director Michael Sise, M.D., presented a research paper "The need for immediate CT scan following emergency craniotomy for head injury". Scripps Mercy Trauma research team presented a poster presentation on their research on "Retroperitoneal packing for pelvic fractures: Who needs it?". Supported by Scripps Mercy Hospital, Trauma Services. | 30                     | 40                         | \$1,133                       | 1,000                     |

\* FINANCIAL SUPPORT reflects the cost (labor, supplies, etc.) associated with the program/service less direct revenue. This figure does not include a calculation for physician and staff volunteer labor hours. In some instances an entire community benefit program cost center has been divided between several initiatives. Calculations for bad debt and charity care is estimated by extracting gross write offs of bad debt and charity care charges and applying the hospital RCC to estimate net uncompensated care. Calculations for under-reimbursed costs are derived using the payor based cost allocation methodology. Calculations for physician back-up services reflect the uncompensated cost associated with providing medical care for obstetric, emergency and trauma patients.

| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                     | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| American Cancer Society Daffodil Days<br>Fundraising event for the American Cancer Society (funding cancer research and treatment). Scripps helped to raise over \$2,761. Initiative led by the ScrippsAssists employee volunteer club at SMH Chula Vista and Scripps Green Hospital.                                                                                                                                    | 22                     | N/A                        | \$830                         | N/A                       |
| American Heart Association - Heart Walk<br>Fitness and fund raising event to support the American Heart Association. The ScrippsAssists employee volunteer program coordinates walker participation and fund raising efforts. In FY07 over 2,200 Scripps Heart Walk participants helped to raise over \$165,000. Scripps Marketing and Communications provided blood pressure screenings and health education materials. | 1,315                  | 5,403                      | \$105,308                     | 2,200                     |
| American Heart Association, Healing Hearts<br>A lecture given to the local chapter of the American Heart Association, Healing Hearts. The lecture included a discussion on lab tests commonly ordered for cardiac events, new blood tests being developed to determine cardiac risk and cardiac damage & how testing has changed over the years. Sponsored by the ScrippsAssists employee volunteer program.             | N/A                    | 3                          | N/A                           | 12                        |
| Annual 2-1-1 Day Luncheon<br>Donation given to 2-1-1 San Diego, the new dialing code for free 24-hour access to information about community, health and disaster services. Sponsored by Scripps Office of the President.                                                                                                                                                                                                 | N/A                    | N/A                        | \$1,000                       | N/A                       |
| Annual San Diego Day of Trauma<br>This one-day conference is co-sponsored by Scripps Mercy Trauma Services. It is designed to inform trauma care professionals about some of the most difficult clinical and systems challenging us today.                                                                                                                                                                               | 235                    | 100                        | \$9,041                       | 207                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                   | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Bad Debt<br>Each year Scripps provides care for which no compensation is received to persons who are not covered by a third-party payer and do not meet the criteria for charity care.                                                                                                                                                                                                                                 | N/A                    | N/A                        | \$20,633,582                  | N/A                       |
| Basic Trauma Orientation<br>One day educational program designed for nurses providing care to trauma patients in the resuscitation phase. Patient assessment, diagnostic tests and management are presented and discussed. Sponsored by Scripps Mercy Hospital, Trauma Services.                                                                                                                                       | 200                    | N/A                        | \$11,625                      | 100                       |
| Beach Area Community Court Program<br>Beach Area Community Court held presentations on alcohol related information, including effects of alcohol and injuries sustained as a result of alcohol. Sponsored by Scripps Hospital La Jolla, Trauma Services.                                                                                                                                                               | 19                     | N/A                        | \$717                         | 950                       |
| Blood Drive for San Diego Blood Bank<br>Blood Drives on behalf of the San Diego Blood Bank. Sponsored by Scripps Memorial Hospital Chula Vista, Scripps Green Hospital and Scripps Clinic.                                                                                                                                                                                                                             | 13                     | N/A                        | \$490                         | 149                       |
| Blood Drives for the American Red Cross<br>Employee blood drives on behalf of the American Red Cross. Sponsored by the ScrippsAssists employee volunteer program.                                                                                                                                                                                                                                                      | 154                    | N/A                        | \$6,414                       | 2,175                     |
| Brain Injury Rehabilitation Conference<br>A two and a half day course designed to provide strategies and a framework for the management of a brain injured patients both within and outside the clinical setting. Treatments are focused on the total care continuum - physical, cognitive, perceptual, emotional and social - in a multi-disciplinary format. Sponsored by Scripps Encinitas Rehabilitation Services. | 1,000                  | N/A                        | \$37,750                      | 83                        |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Breast and Ovarian Cancer - Genetic Education and Risk Assessment<br>The program's goal is to provide genetic education, risk assessment and coordination of genetic testing services to high risk women seeking information on Hereditary Breast and Ovarian Cancer Syndrome. Liaison nurse from the Polster Breast Care Center provides education classes and one on one patient risk assessment. These services are provided as a community service, free of charge.                            | 300                    | N/A                        | \$11,325                      | 125                       |
| Breast Cancer Support Services<br>Community outreach program which includes nurse liaison services, Breast Buddy program, complementary on-going educational series for breast cancer patients and survivors, Lymph-edema program and support group and the community resource library. All resources are open to the community and are offered at no expense to the attendee or patient. Sponsored by Polster Cancer Center.                                                                      | 110                    | 300                        | \$4,153                       | 200                       |
| Breast Health - Young Women's Program<br>The goal of this program is to increase awareness of the incidence of breast cancer in women ages 19-39 and to promote breast health and the importance of early detection and diagnosis. This goal is met through several community outreach objectives. For example, annual "Breastival" community event at a local university, university health centers, church youth groups, etc. The program is operated by the Scripps Polster Breast Care Center. | 200                    | N/A                        | \$7,550                       | 1,000                     |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                    | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Breast Health General Program<br>Community outreach program designed to educate men and women on general breast health concepts such as BSE, mammography, breast cancer statistics and the importance of early detection as the best prevention. The Scripps Polster Breast Care Center Education Coordinator makes presentations to diverse community groups such as churches, corporations and multi-cultural groups. | 416                    | N/A                        | \$15,704                      | 2,000                     |
| Breastfeeding Education – Telephone Services, Scripps Memorial Hospital La Jolla<br>Centralized 7-day a week 24 hour a day telephone service that provides breastfeeding education information and advice, referral and follow-up for expectant and new parents, especially adolescent mothers. Sponsored by Scripps Community Benefit Services, La Jolla.                                                              | N/A                    | N/A                        | N/A                           | 520                       |
| Breastfeeding Education - Telephone Services, Scripps Mercy Hospital<br>Centralized through Mercy Nursing Notions 5-days a week from 9 a.m. - 2 p.m. telephone service that provides breastfeeding education information and advice, referral and follow-up for expectant and new parents. Breastfeeding products and Rental pump information also available.                                                           | 240                    | N/A                        | \$9,060                       | 100                       |
| Brighter Futures Through Fitness - Council Member Ben Hueso's Obesity<br>Athletes for Education and Council Member Ben Hueso join to create the "Brighter Futures Through Fitness" - a program to fight childhood obesity and diabetes. Sponsored by Scripps Office of the President.                                                                                                                                   | N/A                    | N/A                        | \$5,000                       | N/A                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| California Screening, Brief Intervention, Referral & Treatment (CASBIRT) Program<br>Trained bilingual (English/Spanish) peer health educators provide routine preventive alcohol and drug screening, education, referral and brief counseling services to adult emergency and trauma department patients. Program supported by a grant from SAMHSA through a sub-grant with the State Dept. of Alcohol & Drug Programs. Services are provided under a contract with the county of San Diego. Supported by Scripps Mercy Hospital's Trauma and Emergency Department. | 18                     | N/A                        | \$679                         | 2,300                     |
| Cancer Control - Breast Cancer Diagnosis Project<br>Provides free diagnostic imaging services and breast biopsies for woman aged 20 to 39 and men of any age who have a breast mass or abnormality and do not qualify for other sources of funding. Services are provided at the Polster Breast Care Center in La Jolla and the Scripps Chula Vista Imaging Center. This program is funded in part by a grant from Susan G. Komen for the Cure San Diego and administered by Scripps Cancer Center.                                                                 | 1,040                  | N/A                        | \$116,827                     | 380                       |
| Cancer Control - Breast Cancer Education<br>Community breast health presentations offering education on breast cancer early detection and prevention. Presentations include information about breast anatomy, breast cancer statistics, risk factors, symptoms, hereditary breast cancer, screening guidelines, proper breast self examinations, mammograms and community programs. Sponsored by Scripps Cancer Center.                                                                                                                                             | 137                    | N/A                        | \$5,172                       | 68,405                    |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                          | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Cancer Control - Colorectal Cancer Education<br>Community education presentations about cancer of the colon or rectum. Presentations include information on statistics, risk factors, prevention, screening guidelines, and treatment options. Presentations are offered throughout San Diego County at no cost to participants. Initiative led by the Scripps Cancer Center. | 41                     | N/A                        | \$1,547                       | 1,435                     |
| Cancer Control - Community Education<br>Community cancer education offered on breast, cervical, skin, colorectal & prostate cancers. Initiative led by Scripps Cancer Center.                                                                                                                                                                                                 | N/A                    | N/A                        | N/A                           | 38,756                    |
| Cancer Control - General Health Fairs<br>General health fairs, exhibits and open enrollments at which information is provided to the community on the early detection of breast, skin, prostate, colorectal and other cancers. Sponsored by Scripps Cancer Center.                                                                                                            | 366                    | N/A                        | \$13,817                      | 38,756                    |
| Cancer Control - Prostate Cancer Education<br>Community education presentations include information about prostate anatomy, statistics, risk factors, symptoms, screening guidelines, treatment options and community programs. Presentations are offered throughout San Diego County at no cost to participants. Initiative led by the Scripps Cancer Center.                | 28                     | N/A                        | \$1,057                       | 2,230                     |
| Cancer Control - Prostate Cancer Screenings<br>Free prostate cancer screenings and community health education, primarily targeting African-American men over the age of 40. Sponsored by the Scripps Cancer Center.                                                                                                                                                           | 260                    | N/A                        | \$23,005                      | 8                         |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Cancer Control - Sun Sense Skin Cancer Education<br>Presentations designed to increase public awareness and alter public behavior regarding exposure to the damaging effects of ultraviolet (UV) light. Presentations are offered throughout San Diego County and include information about: skin cancer facts, identification of skin cancer, risk factors, ultraviolet radiation, and prevention tips. Initiative led by the Scripps Cancer Center.                                                                                                                  | 37                     | N/A                        | \$1,397                       | 1,210                     |
| Cancer Control - Women in Action Breast Health Outreach and Education<br>An outreach and education program that offers underserved women with breast health education and improving awareness of early breast cancer detection services. In addition underserved women received access to breast health screening's and mammography's. Led by Scripps Cancer Center. Sponsored by Scripps Mercy Hospital Chula Vista Community Benefit Services.                                                                                                                       | N/A                    | N/A                        | N/A                           | 6,337                     |
| Cancer Detection Programs: Every Woman Counts<br>Formerly known as the Breast Cancer Early Detection Program (BCEDP), this is a California Department of Public Health grant program that provides free breast cancer screening and diagnostic services to women over age 40 and cervical cancer screening and diagnostic services to women age 25 and over, who are low-income (at or below 200% of the poverty level) and who are uninsured or underinsured. Scripps Health acts as the fiscal agent for the program which is operated by the Scripps Cancer Center. | 3,120                  | 500                        | \$117,781                     | 22,555                    |
| Cardiac Education Programs<br>Education programs held weekly staffed by RN, Exercise Physiologist or Dietician. Sponsored by Scripps La Jolla's Cardiac Treatment Center.                                                                                                                                                                                                                                                                                                                                                                                              | 60                     | N/A                        | \$2,266                       | 500                       |

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Program Title

Staff  
Hours  
72

Volunteer  
Hours  
N/A

Financial  
Support\*  
\$2,718

Persons  
Served  
80

Cardiac Risk Screenings

A monthly preventative heart risk screening that includes blood pressure, blood glucose, lipid profile (total cholesterol, HDL, LDL and triglycerides), body fat measurement and cardiac risk factors. Sponsored by the Cardiac Treatment Center at Scripps Memorial Hospital, La Jolla.

CB Fund - 2-1-1 New Access System

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Locally 2-1-1 San Diego was launched in June 2005 as a multilingual and confidential service committed to providing access 24/7. 2-1-1 connects people with resources over the phone, online and in print. INFO LINE/2-1-1 San Diego received \$20,000 for ongoing operations of its telephone dialing code, which provides the public with information about community, health and disaster services.

N/A

N/A

\$20,000

N/A

CB Fund - Catholic Charities

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Catholic Charities in downtown San Diego received \$40,000 to provide short-term emergency shelter to medically fragile homeless patients being discharged from Scripps Mercy Hospital San Diego.

N/A

N/A

\$40,000

N/A

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>CB Fund - Consumer Center for Health Education and Advocacy (CCEA)</p> <p>In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Funding provides low income uninsured Mercy Patients' assistance in obtaining healthcare benefits and services, while simultaneously reducing uncompensated care expenses for Mercy. This project provides advocacy services for the time-intensive government benefit cases.</p>                                                                                                                          | N/A                    | N/A                        | \$100,000                     | N/A                       |
| <p>CB Fund - Family Health Centers of San Diego</p> <p>In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Family Health Centers of San Diego was awarded \$40,000 for its Hillcrest Counseling Center to provide psychiatric evaluation, medication management, case management and therapy services to patients with mental health needs recently discharged from Scripps Mercy Hospital San Diego's inpatient unit, as well as persons recently seen in Scripps Mercy San Diego's emergency department who have mental health needs.</p> | N/A                    | N/A                        | \$40,000                      | N/A                       |

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Program Title

Staff  
Hours  
N/A

Volunteer  
Hours  
N/A

Financial  
Support\*  
\$39,800

Persons  
Served  
N/A

CB Fund - Norman Park Senior Center

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Funding awarded to the Senior Wellness Project. The project will increase awareness and prevention for seniors by respectfully addressing components of health and wellness for person 50+ through health presentations, supervised fitness center activity to include a walking program and extended hours for existing fitness program and health fairs.

CB Fund - Partnership for Smoke Free Families

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. The Partnership for Smoke Free Families (PSF) is a comprehensive tobacco control program to reduce tobacco smoke exposure among pregnant women and small children by systematically screening pregnant women and new parents for tobacco use in their obstetrician's and pediatrician's office and linking them with tailored interventions. PSF has become a standard of care in San Diego County and a nationally recognized model. PSF provides a valuable resource for physicians and smoking cessation services specifically for pregnant women and new parents - previously non-existent in San Diego.

N/A

N/A

\$15,000

N/A

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Program Title

Staff  
Hours  
N/A

Volunteer  
Hours  
N/A

Financial  
Support\*  
\$40,000

Persons  
Served  
N/A

CB Fund - San Ysidro Health Center

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. San Ysidro Health Center was awarded \$40,000 to purchase and implement a disease management/patient tracking software program. The goal is to facilitate improved case management of established health center patients with chronic conditions and new unassigned hospital-referred patients (post-discharge emergency patients) in need of continuing primary care services, or walk-in patients seeking episodic or acute care services.

CB Fund –The Whittier Institute for Diabetes

In 2007, Scripps Health awarded a total of \$300,000 in community grants to programs based throughout San Diego. Out of 16 applications, Scripps awarded eight grants ranging from \$15,000 to \$100,000 located throughout San Diego County, with the goal of improving access to vital health care services for a variety of at-risk populations, including the elderly, homeless, economically disadvantaged, mentally ill and others. Funding awarded to the Screening for Diabetic Retinopathy in the High Risk San Diegans program. Diabetic retinopathy has long been the leading cause of blindness in working age adults. It results when unmanaged diabetes leads to damage of the tiny blood vessels that nourish the retina. The Whittier Institute for Diabetes was awarded \$30,200 to provide a regional program offering access to retinal screenings, glaucoma testing and diabetic vision education to economically disadvantaged San Diegans with diabetes.

N/A

N/A

\$30,200

N/A

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Charity Care</p> <p>Each year Scripps provides health care services at all of the system's hospitals and community-based clinics to persons of low-economic status for which no compensation or insufficient compensation, relative to the cost of care, is received (does not include under-reimbursed care or bad debt).</p>                                                                                                                                                                                                                                                                                                                                           | N/A                    | N/A                        | \$28,391,349                  | N/A                       |
| <p>Childhood Diabetes and Obesity Prevention Program</p> <p>The Whittier Institute for Diabetes provides diabetes and obesity prevention education to mothers and children in low-income and high risk communities in San Diego. The Institute collaborates closely with schools, Rady Children's Hospital Center for Healthier Communities, Scripps Mercy WIC and other partners in this effort. Community education and outreach regarding the link between obesity and diabetes, environmental and policy change that encourages healthy lifestyles, as well as intensive behavior change classes for high risk families comprise the core services of this program.</p> | 3,320                  | N/A                        | N/A                           | 1,586                     |
| <p>Children's Hospital Pediatric Emergency Medicine (PEM) Fellowship Program Trauma Rotation</p> <p>Comprehensive graduate medical education in trauma and surgical critical care for PEM fellows at the Post Graduate Years levels 4, 5, 6, and 7. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                                                                                                                                                                                                                                                                               | 7                      | 182                        | \$264                         | 1                         |
| <p>CHIP - Community Health Improvement Partners</p> <p>A collaboration of San Diego healthcare systems, hospitals, community clinics, insurers, physicians, universities, community benefit organizations and the County of San Diego. The partners are dedicated to a common vision and mission of improved health for all of San Diego County's communities through collaboration and assessment. Partnership contribution and associated staff support provided by Scripps Community Benefit Services.</p>                                                                                                                                                               | 780                    | N/A                        | \$61,072                      | N/A                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
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| Community Health Improvement Partners (CHIP)<br>Committees and Work Teams - Scripps Mercy<br>Hospital<br>CHIP is a collaboration of San Diego hospitals, clinics,<br>schools and the County of San Diego, which seeks to<br>increase awareness of community health needs and<br>expand coordination among health improvement<br>projects. CHIP's Suicide Prevention Committee<br>chaired by Beth Sise, seeks to reduce suicide, now<br>the leading cause of non-natural death among all<br>ages combined in San Diego County. Supported by<br>Scripps Mercy Hospital, Trauma Services. | 300                    | N/A                        | \$11,325                      | N/A                       |
| Chronic Disease Management Programs – City<br>Heights Wellness Center<br>Outreach education, instruction and referral services<br>for people with chronic health problems including<br>Asthma, Diabetes, Cancer, Heart Disease and<br>HIV/AIDS prevention.                                                                                                                                                                                                                                                                                                                             | N/A                    | N/A                        | N/A                           | 735                       |
| City Heights Wellness Center<br>The City Heights Wellness Center is a unique<br>resource as there is no other community-based facility<br>for the promotion of health and wellness in central<br>San Diego. The overall goal of the City Heights<br>Wellness Center is to prevent disease and promote<br>health, strengthen community partnerships and<br>provide opportunities to residents to become self<br>empowered as they are more involved in managing<br>their own health. The Center is operated jointly by<br>Scripps Mercy Hospital and Children's Hospital.               | 2,675                  | N/A                        | \$119,125                     | 16,515                    |
| City of Hope Breast Cancer Walk<br>Fundraising event to support breast cancer research<br>and treatment. Sponsored by ScrippsAssists<br>employee volunteer program, Scripps Mercy Hospital<br>San Diego.                                                                                                                                                                                                                                                                                                                                                                               | N/A                    | 12                         | N/A                           | N/A                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                  | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Code Trauma Critical Care Nursing Symposium<br>Two-day educational program focusing on the role of emergency department and critical care nurses in the care of critically ill trauma patients. Scripps Mercy Hospital Trauma physicians provided one-hour presentations.                                                                                             | N/A                    | 4                          | N/A                           | 200                       |
| Community Collaboration – City Heights Wellness Center<br>The City Heights Wellness Center and its associated staff serve as a convener and facilitator of multiple community benefit partnership. In conjunction with other community organizations, center staff works to coordinate community health resources and/or services in the central region of San Diego. | N/A                    | N/A                        | N/A                           | 5,051                     |
| Community Development and Outreach Services – Scripps Mercy Hospital<br>The planning, coordination and implementation of community health improvement activities in partnership with community clinics and schools in the central region of San Diego County.                                                                                                         | 1,870                  | N/A                        | \$131,003                     | 5,524                     |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
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| Community Education Programs - Community Benefit Services SMH La Jolla<br>The Scripps Mende Well Being Center has been a fixture at the University Towne Center Mall for 25 years. The centers staff offers educational programs running the gamut from comprehensive Maternal Child Health to Living with Heart Disease. Flu shots are available during the fall. Meeting space for community groups, support programs and professional organizations is provided by the Center seven days a week. Outreach activities to the community are organized through the Mende Well Being. Needs of the community include education on infertility, cardiac disease, senior issues such as macular degeneration and appropriate exercise. Currently over 85 classes per month are offered by the Mende Well Being staff. Services provided by Scripps Community Benefit Services based at SMH La Jolla. | 2,501                  | N/A                        | \$140,029                     | 8,086                     |
| Community Education Programs – Mericos Eye Center<br>Mericos Eye Center participated in three Educational Presentations for the Community. The programs were on Conductive Macular Degeneration, Low Vision & the experience of living with blindness.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 10                     | N/A                        | N/A                           | 87                        |
| Community Outreach Programs - Community Benefit Service Encinitas<br>The planning, coordination and implementation of community health improvement activities including on-going health education classes and screening services. Services provided by Scripps Community Benefit Services based at SMH Encinitas.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 448                    | N/A                        | \$4,885                       | N/A                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| CPR Classes for Patients and Families of the Cardiac Treatment Center<br>CPR Classes offered to Cardiac Treatment Center patients and their families. Sponsored by Cardiac Treatment Center at Scripps Memorial Hospital La Jolla.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 32                     | N/A                        | \$1,209                       | 50                        |
| Disaster Preparedness - Community Outreach & Education<br>Having the ability to provide emergency services to those injured in a local disaster while continuing to care for hospitalized patients is a critical community need. To this end, Scripps together with other first responder agencies (public and private), engage in a variety of training, outreach and planning initiatives throughout the year. This includes, but is no limited to, the Cal Pen awareness training program which is designed to provide disaster preparedness training to health care providers in San Diego County. Scripps also maintains medical strike teams and equipment available to the California region in time of disaster. Efforts led by the Disaster Preparedness program under the direction of the Chief Medical Officer. | 120                    | 760                        | \$4,530                       | 1,200                     |
| Emergency Department Discharge Data Surveillance Project<br>A countywide ED patient discharge data registry, generating quarterly reports in aggregate form describing all patients treated and discharged from the county's EDs. The registry forms the basis for community health assessments and surveillance of specific problems (e.g., injuries). Beth Sise serves on the CHIP committee overseeing the project. Supported by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                                                                                                                | 4                      | N/A                        | \$150                         | N/A                       |

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Program Title

Staff  
Hours  
N/A

Volunteer  
Hours  
N/A

Financial  
Support\*  
\$16,052,769

Persons  
Served  
N/A

Emergency Physician Coverage

Operating a hospital including a 24-hour emergency department and trauma center requires that physicians in all specialties remain on call to provide patient care services as needed. Due in part to decreasing rates of reimbursement, increased patient care demands and growing physician shortages it is becoming increasingly difficult to locate physicians willing to be on-call. In order to ensure that physician coverage is available, Scripps guarantees payment to physicians to care for emergency and trauma patients regardless of the patient's ability to pay. The calculation for physician back-up services reflects the total cost associated with medical care provided to patients for which no payment or insufficient payment was received.

Every 15 Minutes Program – Mercy

Alcohol can be attributed to more than 100,000 deaths in the U.S. annually, including 41% of all traffic fatalities. The Every 15 Minutes program is a two-day immersion experience for teens on the realistic consequences of drinking and driving, which involves the schools, law enforcement, courts, emergency service providers, and the mortuary. The injured students are taken to Scripps Mercy Trauma Center. This program is sponsored jointly by local high schools, county police and sheriffs departments, ambulance services, and emergency departments. During FY07, Scripps Mercy Hospital participated in three (3) Every 15 Minutes programs, reaching over 1,650 high school students in San Diego County's east and central regions. Led by Scripps Mercy San Diego Hospital's Emergency Department and Trauma Center.

54

16

\$2,038

1,650

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Exploratory Work Experience Educational Program</p> <p>In partnership with the San Dieguito High School District, Scripps Memorial Hospital Encinitas is providing students (juniors and seniors) with an opportunity to observe professionals working in the health care environment. Students are paired with a mentor in their area of interest and are given the opportunity to observe hospital operations in action. There are currently twelve students participating in the program.</p>                                                                                                                                                                                                                                                                                                                               | 480                    | N/A                        | \$25,100                      | 22                        |
| <p>Fiji Alliance</p> <p>In partnership with the International Relief Teams of San Diego, Scripps employees, Scripps Clinic physicians and other Scripps affiliated physicians provided medical and surgical services in Fiji to persons in need. In FY07, sixty (60) surgeries were performed. Some example of procedures included cleft lip and palate repairs, repairs of deformities of eyelids, face and feet, burn scar revision, breast masses and hernia repairs. All surgical supplies were donated by Professional Hospital Supply Corp (PHS), the supplier for Scripps Health system. The supplies included surgical gowns, gloves, drapes, dressings, bandages, sutures, etc. Cardinal Health Systems, which provides pharmaceuticals and other supplies to Scripps Health, donated all the medications necessary.</p> | N/A                    | 1,500                      | \$200,000                     | 600                       |

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Fiji Alliance - School of Medicine Training</p> <p>Education is critical to the Fiji Alliance's mission. Many of the local physicians lack specialty training, so the group sent subspecialists in endocrinology, ophthalmology, infectious disease and anesthesiology. Eight (8) Scripps physicians and nurses provided specialty medicine training and supervision to undergraduate and post graduate students attending the Fiji School of Medicine. Four (4) Scripps nurses went to the main hospital and nursing school to teach nursing techniques and CPR. Scripps is one of only a few freestanding health systems in the U.S. to assist in such overseas academic training programs.</p> | N/A                    | 600                        | N/A                           | 2,000                     |
| <p>Food, Toiletry and Toy Drives</p> <p>Food, toiletry and toy drive for people in need. Sponsored by the ScrippsAssists employee volunteer program. Twenty-four (24) boxes of food were donated to Operation Homefront, thirty-two (32) boxes of food were donated to Mama's Kitchen and twenty-two (22) boxes of food were donated to San Ysidro Health Center families. Approximately 260 toys were donated to the Ronald McDonald House, Southbay Community Services, Operation Homefront, Starbucks San Diego Toy Drive, Polinsky Center and Toys for Tots. The Parent Connection provided photographs of the children with or without Santa Claus.</p>                                         | 95                     | N/A                        | \$3,587                       | 346                       |
| <p>Fund for Innovation in Healthcare Excellence</p> <p>Donation made to the Fund for Innovation in Healthcare Excellence. This donation will help fund the implementation and application of health services research and to help develop leadership for the future. Sponsored by Scripps Office of the President.</p>                                                                                                                                                                                                                                                                                                                                                                               | N/A                    | N/A                        | \$5,000                       | N/A                       |

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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Grossmont College, School of Nursing Support<br>In an effort to address the current nursing shortage, Scripps provides funding to support the Grossmont College School of Nursing, allowing for additional clinical instructors. These funds enabled the college to enroll 30 additional nursing students in the nursing program. Funded by Scripps Health Operations.                                                                                                                                                                                                                    | N/A                    | N/A                        | \$297,000                     | 129                       |
| Happy Hearts Cardiac Support Group<br>A cardiac patient and family support group led by registered nurses or exercise physiologists. Sponsored by the Cardiac Treatment Center at Scripps Memorial Hospital, La Jolla.                                                                                                                                                                                                                                                                                                                                                                    | 100                    | 10                         | \$3,775                       | 360                       |
| Health Careers Promotion and Continuing Education<br>Each year, a variety of programs are offered that promote health careers, job placement and continuing education. These programs include job shadow opportunities, youth mentoring programs, health education classes, cultural competency and Spanish language medical terminology courses. In addition there are emergency preparedness trainings provided to health professionals in underserved communities. Programs sponsored by Scripps Mercy Hospital Chula Vista, Community Benefit Services and the San Diego Border AHEC. | 3,304                  | N/A                        | \$471,273                     | 558                       |
| Health Physical's – Executive Health, Scripps Memorial Hospital La Jolla<br>Donations of health physical's through the Executive Health program based at SMH La Jolla.                                                                                                                                                                                                                                                                                                                                                                                                                    | N/A                    | N/A                        | \$42,500                      | N/A                       |
| Health Screenings at Community Events – Scripps Memorial Hospital Encinitas<br>Detected cardiovascular disease and diabetes at three major community fairs in North County. Provided health education brochures and counseling along with physician referral as needed. Sponsored by Scripps Memorial Hospital Encinitas.                                                                                                                                                                                                                                                                 | 500                    | N/A                        | \$18,875                      | 190,000                   |

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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Health Services Administration Alumni Association<br>Donation to the Health Services Administration Alumni Association (HSAAA). The HSAAA provides a variety of resources to their Master of Health Administration and Executive MHA students in the form of scholarships, special programs, Student Health Council assistance, and activities support. Sponsored by Scripps Office of the President. | N/A                    | N/A                        | \$1,000                       | N/A                       |
| Healthy Lifestyle Education – City Heights Wellness Center<br>Skill building activities and educational sessions focus on the promotion of healthy lifestyles. Sponsored by Scripps Community Benefit Services, City Heights. Services and support groups are conducted by local community agencies and include various topics.                                                                       | N/A                    | N/A                        | N/A                           | 1,741                     |
| Hearing and Speech/Dysphagia Screening<br>Audiologist conducts speech and dysphagia screenings to determine whether patients are experiencing difficulties with speech, language and cognition and swallowing. Sponsored by Scripps Memorial Hospital, La Jolla.                                                                                                                                      | 10                     | N/A                        | N/A                           | 14                        |
| Heart Check<br>A state of the art Blood Pressure Station sponsored by Scripps Memorial Hospital La Jolla at the University Towne Center - Westfield Mall. It offers blood pressure screenings at no charge on a year round basis. Education information on Heart Disease is also available at the kiosk.                                                                                              | N/A                    | N/A                        | N/A                           | 35,405                    |
| Holiday Senior Basket Project<br>Collection of donations and assembly of 150 gift baskets (with an estimated total value of \$5,250) for homebound seniors served by Senior Community Center in downtown San Diego. Sponsored by Scripps Green Hospital Volunteer Services.                                                                                                                           | 8                      | 400                        | \$302                         | 150                       |

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Holiday Sing-A-Long<br>Old Fashion caroling organized by The Parent Connection and held at several senior living homes throughout the county.                                                                                                                                                                                                                                                                                                                                                                                                     | 1                      | 3                          | \$38                          | 4                         |
| Hooyo Health Program – City Heights Wellness Center<br>Hooyo Health Program is supported by a grant from the California Endowment Foundation and is designed to strengthen the capacity to deliver culturally and religiously competent health promotion services to Somali and East African women and their families. This program addresses unmet access to care needs like prenatal outreach and education, culturally adapted nutrition and fitness education, breastfeeding education, early childhood health, nutrition and safety classes. | 1,574                  | N/A                        | \$6,523                       | 590                       |
| Hot Trauma Topics: The Thomas Swann Memorial Seminar: "Abdominal Vascular Trauma"<br>This course, "Abdominal Vascular Trauma", is offered by Michael Sise, M.D., to surgeons and nurses to update their knowledge and skill in trauma care. Supported Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                    | N/A                    | 8                          | N/A                           | 300                       |
| Hot Trauma Topics: The Thomas Swann Memorial Seminar: "Shock & Awe' on the Trauma Service"<br>This course, "Shock & Awe' on the Trauma Services", is offered by Michael Sise, M.D., to surgeons and nurses to update their knowledge and skill in trauma care. Supported Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                 | N/A                    | 8                          | N/A                           | 300                       |
| Increase Awareness of Geriatric Psychiatric Issues<br>Program provides information and support services at community events to improve awareness of geriatric psychiatric issues. Initiative led by Scripps Mercy Hospital, Behavioral Health Center.                                                                                                                                                                                                                                                                                             | 154                    | N/A                        | \$8,115                       | 1,016                     |

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| <p>Influenza Immunization Campaign</p> <p>Collaborative effort to administer influenza vaccine to high risk populations throughout San Diego County. Scripps participation is led by Scripps Community Benefit Services, Encinitas. Vaccine provided by Scripps Memorial Hospital La Jolla Pharmacy and the San Diego County Health and Human Services Agency. Note: represents vaccinations provided through community outreach efforts and does not include vaccine provided to patients being treated within Scripps hospitals or receiving care from a Scripps affiliated physician.</p> | 374                    | N/A                        | \$28,164                      | 4,000                     |
| <p>Influenza Vaccine – Scripps Mercy Hospital Emergency Department</p> <p>Scripps Mercy Hospital Emergency Department offered free influenza vaccines to Imperial Beach Fire Personnel &amp; Lifeguards.</p>                                                                                                                                                                                                                                                                                                                                                                                 | N/A                    | N/A                        | \$115                         | 7                         |
| <p>International Village Celebration</p> <p>Participation and sponsorship given to the City Heights Community Development Corporation for their Annual International Village Celebration. The City Heights Community Development's mission is to enhance the quality of life in City Heights by working with our community to create quality affordable housing and livable neighborhoods, foster economic self-sufficiency and stimulate investment.</p>                                                                                                                                    | N/A                    | N/A                        | \$3,000                       | N/A                       |
| <p>Joint Field Care Audit – Scripps Mercy Hospital Emergency Department</p> <p>Provides Joint Field Care Audit classes free to all interested MICN's, paramedics, EMT's, etc. Sponsored by Scripps Mercy Hospital Emergency Department.</p>                                                                                                                                                                                                                                                                                                                                                  | 4                      | N/A                        | \$150                         | 50                        |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| La Roca Orphanage - Tijuana, Mexico<br>Scripps Green Hospital supports a medical clinic at the La Roca orphanage located in Tijuana Mexico. A family practice physician provides medical care to the children living within the orphanage as well as to residents of the surrounding community. Additionally Scripps Green Hospital helps to purchase badly needed medications including antibiotics. The medical clinic is open three half days per week, providing for 1400 patient encounters annually. | 113                    | 13                         | \$10,766                      | 700                       |
| Lactation Programs<br>Breastfeeding Basics classes and Breastfeeding Support Group sessions held at Scripps Memorial Hospital, La Jolla, Encinitas and Scripps Mercy Hospital San Diego and Chula Vista, Scripps Mende Well Being in University Towne Centre and Scripps Chula Vista Well Being Center. Sponsored by Scripps La Jolla Community Benefit Services.                                                                                                                                          | 205                    | N/A                        | \$42,009                      | 5,013                     |
| Leukemia Light up the Night<br>Fundraiser for Leukemia. Sponsored by ScrippsAssists employee volunteer program, Scripps Mercy Hospital San Diego.                                                                                                                                                                                                                                                                                                                                                          | N/A                    | N/A                        | N/A                           | 10                        |
| Making Strides Against Breast Cancer<br>Sports event to raise money for breast cancer research. ScrippsAssists volunteers at Scripps Mercy Hospital San Diego assisted with registration and participated as walkers. Sponsored by ScrippsAssists employee volunteer program, Scripps Mercy Hospital San Diego.                                                                                                                                                                                            | N/A                    | 14                         | N/A                           | N/A                       |
| Martin Luther King All Peoples Breakfast<br>Program by Community Visions and Voices for Peace and Justice joined with local community leaders responding to injustice, violence and abuse. Sponsored by Scripps Office of the President.                                                                                                                                                                                                                                                                   | N/A                    | N/A                        | \$250                         | N/A                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                         | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Maternal Child Health Services - City Heights Wellness Center<br>Childbirth education and support services, parenting and well child education. Sponsored by Scripps Community Benefit Services at City Heights Wellness Center.                                                                                                                                                                                                                             | N/A                    | N/A                        | N/A                           | 2,825                     |
| Mental Health Education and Support Services<br>In partnership with numerous community organizations, the City Heights Wellness Center staff provides ongoing mental health education and support services.                                                                                                                                                                                                                                                  | N/A                    | N/A                        | N/A                           | 111                       |
| Mercy Outreach Surgical Team (MOST)<br>This program provides reconstructive surgeries to persons, primarily children, who have physical deformities caused by birth defects or accidents. Surgeries are performed in Mexico. Sponsored by Scripps Mercy Hospital and affiliated physicians.                                                                                                                                                                  | 2,300                  | 4,673                      | \$238,754                     | 708                       |
| MICN Course<br>Comprehensive course offered to the community that results in certification as Mobile Intensive Care Nurse. A one day dedicated course to trauma triage, mechanisms of injury and trauma systems. Sponsored by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                       | 33                     | N/A                        | \$2,045                       | 14                        |
| National Depression Screening Day<br>In an effort to increase public awareness and assist people with identifying resources that can be utilized to combat depression, Scripps Behavioral Health provides free confidential depression screenings and treatment referral at sites throughout San Diego County on National Depression Screening Day. Led by the Scripps Mercy Behavioral Health Center. Supported by Scripps Mercy Hospital, Trauma Services. | 5                      | 8                          | \$193                         | 25                        |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Navigating the System – City Heights Wellness Center</p> <p>The City Heights Wellness Center supports the infrastructure (space, etc.) needs of multiple organizations that assist the community in gaining access to health care. Services provided at the Wellness Center include, but are not limited to, health insurance eligibility counseling and application assistance.</p>                                                                                                                                                        | N/A                    | N/A                        | N/A                           | 366                       |
| <p>Nutrition Services – City Heights Wellness Center Outreach, education and intervention counseling services related to diet and physical exercise. Financial contribution reflected within City Heights Wellness Center.</p>                                                                                                                                                                                                                                                                                                                 | 1,574                  | N/A                        | N/A                           | 3,585                     |
| <p>OASIS Adult Learning Seminar for Seniors</p> <p>Monthly health education seminars are offered to older adults affiliated with the OASIS program on topics ranging from fall safety to medication management. Programs coordinated by Community Benefit Services at SMH La Jolla and supported by departments throughout the hospital.</p>                                                                                                                                                                                                   | 125                    | N/A                        | \$4,718                       | 186                       |
| <p>Parent Connection</p> <p>A program for parents which includes parent support groups and classes designed to enhance family health and well being. Some program samples include Redirecting Children's Behavior, Baby Sign Language, Baby Proof Your Home, Consequences that Work, Baby Sleep Patterns, Couples Communication, Potty Training Made Easy, Basic Training for Dads to Be, etc. Approximately 75 programs are presented each month by staff of the Maternal Child Health Department at Scripps Memorial Hospital, La Jolla.</p> | 1,040                  | 2,000                      | \$97,813                      | 5,992                     |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                     | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Parent Connection Community Resource Fund<br>The Parent Connection established the Parent Connection Community Resource Fund to provide support to families of Parent Connection who are facing a crisis.                                                                                                                                                                                                                | 40                     | 60                         | \$11,509                      | 20                        |
| Parent Connection Madison's Fund<br>The Parent Connection established the Madison's Fund to help offer financial support to those Parent Connection members who are suffering from a loss of a child.                                                                                                                                                                                                                    | 10                     | 20                         | \$878                         | 1                         |
| Parent Connection Monarch School Project<br>The Parent Connection collected items for the Monarch School Project, including school supplies, personal hygiene products and gift cards.                                                                                                                                                                                                                                   | 10                     | 20                         | \$378                         | 80                        |
| Parent Connection School Supplies Drive<br>The Parent Connection collected school supplies for needy schools. They were delivered to the 9th District PTA to be distributed.                                                                                                                                                                                                                                             | 6                      | 6                          | \$226                         | 80                        |
| Parkinson's Disease Program<br>Educational lectures on a variety of topics related to Parkinson's Disease such as: medical aspects, treatment options, nutrition and research. Offered to care givers and patients affected by Parkinson's Disease. Exercise classes are also part of the program. Scripps' Dr. Dee Silver, M.D. provides lectures. Facilities provided by Scripps Community Benefit Services, La Jolla. | 16                     | N/A                        | \$604                         | 130                       |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Perinatal Education Classes</p> <p>Childbirth preparation and other classes such as Infant and Toddler Massage, Hospital Orientation and Sibling held at Scripps Memorial Hospitals, La Jolla, Encinitas and Scripps Mercy Hospital San Diego and Chula Vista, Scripps Mende Well Being in University Towne Centre and Scripps Chula Vista Well Being Center. Sponsored by Scripps La Jolla Community Benefit Services.</p>                                                                                                                                                                                                                                                                | 1,451                  | N/A                        | \$98,021                      | 13,395                    |
| <p>Polinsky Children's Center Holiday Toy Drive</p> <p>Holiday Toy Drive to benefit the Polinsky Children's Center, an emergency shelter for children in San Diego County. Polinsky Children's Center provides services to children who have been physically, sexually, and/or emotionally abused, medically or physically neglected, and/or have no parent or guardian. Each month more than 400 children ages birth to seventeen are brought to the Center because it has been determined by law enforcement or an emergency response social worker that the need for protection exists.</p>                                                                                                | 16                     | N/A                        | \$5,604                       | 250                       |
| <p>Preventive Services and Health Education</p> <p>Programs and services are offered throughout the year that focus on increasing access/utilization and awareness of preventive services through health education and outreach. This includes: promotora/community health worker outreach and education (e.g., breast cancer awareness); health forums (e.g., cardiovascular disease prevention, mental health, HIV/AIDS); community health education classes (e.g., maternal child health, diabetes management, healthy lifestyles); and support groups (e.g., diabetes, stroke rehabilitation, epilepsy). Sponsored by Scripps Mercy Hospital Chula Vista, Community Benefit Services.</p> | 9,570                  | N/A                        | \$86,175                      | 1,741                     |

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| <p>Project Dulce</p> <p>A culturally competent, comprehensive diabetes management program for underserved and uninsured populations in San Diego County. The program makes a significant positive impact on the health status of people enrolled. Patients have access through many community clinics. There are also community-based diabetes education classes and support groups offered with open access to the community.</p> | 34,840                 | N/A                        | \$120,326                     | 4,872                     |
| <p>Research: Adopting Pelvic Packing for Major Hemorrhage Associated with Fracture</p> <p>This retrospective study aims to analyze the hypothetical use of packing the pelvis to control pelvic hemorrhage associated with fracture. Principal investigator: Michael J. Sise, M. D., for Scripps Hospital, Trauma Services.</p>                                                                                                    | 1,030                  | 40                         | \$38,883                      | N/A                       |
| <p>Research: Conventional Chest X-Ray in the Initial Assessment of Stable Trauma Patient</p> <p>Retrospective study aims to evaluate the utility and cost effectiveness of conventional chest X-ray in the initial assessment of the stable trauma patient. Principal Investigator: Michael J. Sise, M.D., of Scripps Mercy Hospital Trauma Team Medical Group. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>          | 5                      | 5                          | \$188                         | N/A                       |
| <p>Research: Methamphetamine Use in Trauma Patients</p> <p>This retrospective study aims to analyze the impact of methamphetamine using patients on an urban Level 1 trauma center. Principal investigator: Michael J. Sise, M. D., for Scripps Hospital, Trauma Services.</p>                                                                                                                                                     | 70                     | 20                         | \$2,642                       | N/A                       |

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Research: Resuscitation Outcomes Consortium (ROC) Study: EPISTRY<br>The primary goal of the Epistry Database working group is to develop the rationale and methods for a standard reliable and valid Epidemiologic databank of out of hospital cardiac arrest and life threatening trauma cases with in-hospital outcomes after 5 years enabling the identification of best practices. Principal Investigator: Michael J. Sise, M.D.                                                                                                                                                  | 20                     | N/A                        | \$755                         | N/A                       |
| Research: Resuscitation Outcomes Consortium (ROC) Study: Hypertonic Saline<br>This proposal is for two multicenter trials of hypertonic resuscitation in two populations of trauma patients to be conducted simultaneously using the same intervention and infrastructure. Principal Investigator: Michael J. Sise, M.D.                                                                                                                                                                                                                                                              | 120                    | 30                         | \$4,530                       | N/A                       |
| Research: Study to Correlate Crash Data<br>Study to Correlate Crash Data: Matching Human Injuries with Vehicular Damage. This national collaborative study, part of the Crash Injury Research and Engineering Network (CIREN), is designed to reduce the impact of traffic injuries. For every crash investigated, three variables are analyzed: events preceding the crash; damage to the vehicle; and injuries to the passengers. Principal investigator: Michael Sise, M.D., for Scripps Mercy Hospital, Trauma Services. Co-sponsored by Scripps Mercy Hospital, Trauma Services. | 40                     | 20                         | \$1,009                       | N/A                       |
| Research: The Role of Early Repeat CT Scan Following Emergent Craniotomy<br>This retrospective study aims to evaluate the conditions under which trauma patients require emergency craniotomy, the associated risks of this procedure, and need for Postop head CT after craniotomy. Supported by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                            | 1,030                  | 40                         | \$38,883                      | N/A                       |

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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>Research: Tube Thoracostomy for Chest Trauma<br/>This retrospective study aims to evaluate the impact of the integration of the interventional radiology as part of the management of traumatic hemo-pneumothorax. Principal Investigator: Michael J. Sise, M.D., of Scripps Mercy Hospital Trauma Team Medical Group. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                                                                                                                                                                                                                                            | 70                     | 10                         | \$4,247                       | N/A                       |
| <p>Research Subsidy<br/>Operating Income/(Loss) of Scripps three research entities; Scripps Research Services, Whittier Institute, Genomic and Translational Medicine.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | N/A                    | N/A                        | \$1,636,142                   | N/A                       |
| <p>Safety and Injury Prevention<br/>Outreach and education services that address injury prevention. Sponsored by City Heights Wellness Center. Financial contribution reflected within City Heights Wellness Center.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | N/A                    | N/A                        | N/A                           | 59                        |
| <p>San Diego County Methamphetamine Strike Force (MSF)<br/>Convened in 1996 by the County Board of Supervisors, this multi-agency group is tasked with the development of a regional prevention and treatment strategy to address the problems of methamphetamine abuse. Beth Sise of Scripps Mercy Trauma Services is on the Coordinating Committee and the Information and Education (Research) Team which studies and monitors regional substance abuse trends. The Strike Force tracks its progress with an annual Report Card of ten indicators. The Strike Force programs have been duplicated in several other parts of the United States. Co-sponsored by Scripps Mercy Hospital, Trauma Services.</p> | 36                     | 2                          | \$1,559                       | N/A                       |

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| <p>San Diego County Policy Panel on Youth Access to Alcohol</p> <p>This panel works to shape and monitor local, state and national policies that affect underage drinking. It is the lead organization for the San Diego State University Foundation's Combating Underage Drinking Initiative, a project of the Office of Juvenile Justice and Delinquency Prevention, and provides structure to support the project's strategies through media advocacy, data collection, and responsible beverage service training and youth participation. Beth Sise of Scripps Mercy Hospital, Trauma Services is Chair and serves on the Executive Committee. Co-sponsored by Scripps Mercy Hospital, Trauma Services.</p> | 116                    | 8                          | \$4,879                       | N/A                       |
| <p>San Diego Nursing Service/Education Consortium</p> <p>Scripps Hospitals contributed to the San Diego Nursing Service/Education Consortium to support the coordinating work of this nonprofit organization. San Diego Nursing Service/Education Consortium coordinates student's clinical placement.</p>                                                                                                                                                                                                                                                                                                                                                                                                      | 60                     | N/A                        | \$3,766                       | 600                       |
| <p>San Dieguito Boys &amp; Girls Club</p> <p>Scripps Ancillary Services La Jolla partnered with San Dieguito Boys &amp; Girls Club to offer 5 scholarships to area youth pursuing education in healthcare. Five staff members mentored the students and maintained contact with them to support their success in college.</p>                                                                                                                                                                                                                                                                                                                                                                                   | N/A                    | 240                        | \$5,000                       | 5                         |
| <p>Scripps Clinic - Scripps Green Hospital Department of GME</p> <p>With 25 residents and 33 fellows, the Scripps Clinic - Scripps Green Hospital Department of Graduate Medical Education serves several hundred thousand San Diegans each year. Many of the residents in the program demonstrate a strong commitment to community service by maintaining an evening clinic at the St. Vincent de Paul Community Care Clinic and at the Mid-City Community Clinic in San Diego County.</p>                                                                                                                                                                                                                     | N/A                    | N/A                        | \$2,344,155                   | N/A                       |

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Scripps Encinitas Senior Fair<br>Provided information on falls & medical safety.<br>Sponsored by SMH La Jolla, Trauma department.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 5                      | N/A                        | \$188                         | 125                       |
| Scripps Family Medicine Residency Program<br>Based at Scripps Mercy Hospital Chula Vista, the Family Medicine Residency Program is closely affiliated with the San Ysidro Health Center (SYHC), the University of California San Diego (UCSD) School of Medicine and the San Diego Border AHEC. With an emphasis on community/public health, the program's residents work extensively with community organizations in addressing the health needs of the South Bay. With over 20,000 (including community education, outpatient and inpatient services) contacts in 2007 these health care providers are working to improve the health of San Diegans through direct patient care and community education. It should also be noted that six medical students and five physician's assistants (PA's) worked together with the family practice residents to support a variety of community health outreach initiatives during FY07. | N/A                    | N/A                        | \$537,206                     | 20,000                    |
| Scripps Health System Community Benefit Planning and Outreach<br>Each year Scripps devotes resources toward assessing community needs, planning community health improvement efforts and reporting system-wide progress towards improving community health status. These efforts include coordination of the Scripps Health Community Benefit Fund grants initiative, participation in the compilation of the CHIP community health needs assessment and compilation of the annual community benefit plan and report for all of Scripps Health                                                                                                                                                                                                                                                                                                                                                                                    | 2,496                  | N/A                        | \$119,090                     | N/A                       |

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Program Title

Staff  
Hours  
N/A

Volunteer  
Hours  
N/A

Financial  
Support\*  
\$2,494,591

Persons  
Served  
N/A

Scripps Mercy Hospital's GME Program

Since 1949, Scripps Mercy Hospital's Graduate Medical Education (GME) program has served as a training site for more than a thousand future physicians. There are currently 32 internal medicine residents and 3 chief residents enrolled in the program. There are also 17 Transitional Year residents and 4 Podiatry residents enrolled in the program. Trained largely in the area of primary medicine, they are increasingly assuming a role in management and maintaining continuity of care for patients. In addition to providing medical services at Scripps Mercy Hospital, the GME residents treat more than 20,000 patients each year at Mercy Clinic.

Scripps Mercy Hospital WIC Program

Scripps Mercy Hospital is one of five regional organizations that administer the State-funded WIC program, serving 6 locations that are conveniently situated either in or next to community clinics and/or hospitals in the Central San Diego and South Bay areas of San Diego County. WIC's target population is low-income pregnant and postpartum women, infants (0 to 1 year of age) and children (less than five years of age). On an annual basis, Scripps Mercy WIC serves approximately 9,000 women and children with 44% in the City Heights community. The client base in City Heights is 91% Hispanic and made up of pregnant and postpartum women (24%), infants (20%) and children (56%). In FY07, the program provided nutrition services and food vouchers to 105,538 women and children in the South and Central regions of San Diego.

30,105

N/A

N/A

105,538

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
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| <p>Scripps Whittier Diabetes Program</p> <p>The Scripps Whittier Diabetes Program is a comprehensive approach to managing diabetes. Provided are a customized diabetes management program including individualized health assessments, diabetes education classes on blood glucose monitoring, dietary principles and meal planning, exercise guidelines, stress reduction, etc.; medication monitoring, monthly support groups and reminders for lab tests, retinal exams, foot exams and other diabetes services. Program operated by the Whittier Institute for Diabetes. Scripps Memorial Hospital La Jolla, Scripps Mercy Hospital and Scripps Clinic each contributed funds to support program operations during FY07.</p> | 18,845                 | 100                        | \$421,059                     | 15,400                    |
| <p>SDSU Nurses Now</p> <p>A community partnership program that has been established to address the nursing shortage. This partnership calls on local hospitals to provide clinical instructors and support the cost associated with hiring additional faculty. Scripps' resources enabled increased student enrollment of 70 students. Funded by Scripps Health Operations.</p>                                                                                                                                                                                                                                                                                                                                                  | N/A                    | N/A                        | \$125,000                     | 94                        |
| <p>Senior Adult Fall Prevention Task Force</p> <p>This Task Force seeks to educate senior adults and their caregivers about the dangers of falling, a leading cause of injury and death in this age group. Supported by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 25                     | N/A                        | \$943                         | N/A                       |
| <p>Senior Share and Care</p> <p>Activity organized by The Parent Connection and held at numerous senior living homes and locations throughout the county.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 20                     | 180                        | \$955                         | 1,080                     |

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| <u>Program Title</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <u>Staff<br/>Hours</u> | <u>Volunteer<br/>Hours</u> | <u>Financial<br/>Support*</u> | <u>Persons<br/>Served</u> |
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| <p>Signs &amp; Symptoms of Alcohol Abuse &amp; Chemical Dependency</p> <p>The McDonald Center offers a weekly no-charge program covering basic information on the signs &amp; symptoms of alcohol abuse &amp; chemical dependency. The program deals with why it's a disease and how denial occurs. It reviews delusional thinking around alcohol and drug dependency and how this type of thinking is protected by a rigid defense system. It reviews the need for intervention in order to break down a person's denial to give them insights to gain the help they need.</p> | 144                    | N/A                        | \$5,436                       | 7,369                     |
| <p>Southwestern College Nursing Training and Education Collaboration</p> <p>The goal of the Nursing Training and Education Collaboration at Southwestern College is to increase viable RN's who are diverse and culturally competent. Funding for this proposal will help to create a new pool of nurses to help decrease the region's nursing shortage. Funded by Scripps Health System Operations.</p>                                                                                                                                                                        | N/A                    | N/A                        | \$25,000                      | N/A                       |
| <p>St. Vincent de Paul Village Medical Clinic and Mid-City Community</p> <p>Weekly community clinics held at the St. Vincent de Paul Village Medical Clinic and Mid-City Community Clinics. Staffed by Internal Medicine Residents and Scripps Clinic internal medicine attending staff, these clinics offer medical care to approximately 2,000 of our county's most vulnerable residents each year. Sponsored by Scripps Clinic/Scripps Green Hospital, Department of Graduate Medical Education.</p>                                                                         | N/A                    | 1,502                      | N/A                           | 2,000                     |
| <p>St. Vincent de Paul's International Triathlon</p> <p>St. Vincent de Paul's International Triathlon. Sponsored by ScrippsAssists employee volunteer program, Scripps Mercy Hospital San Diego.</p>                                                                                                                                                                                                                                                                                                                                                                            | N/A                    | 20                         | N/A                           | 60                        |

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| <p>Staff and Physician Breast Health Education Program</p> <p>This program provides breast health, breast cancer and genetic pre-disposition testing information to physicians, staff and hospital departments. The goal of this program is to provide the medical community and staff with the most updated information on early detection, diagnosis and treatment options. Sponsored by Scripps Polster Breast Care Center.</p>                                                                                                                                                                                                                      | 75                     | N/A                        | \$2,832                       | 50                        |
| <p>The Kenneth B. Schwartz Rounds</p> <p>The Schwartz Center Rounds are a unique forum in which multidisciplinary caregivers have the opportunity in a safe, supportive setting to focus on, explore and discuss the difficult social and emotional issues that inevitably arise in patient care. The Rounds are a proven model; the format and structure are basically the same in every setting. The Rounds which differ from medical or ethics rounds, offer caregivers a safe, open and relaxed place where they can share their concerns and fears, both for their patients and for themselves. Sponsored by Scripps Mercy Hospital San Diego.</p> | 480                    | 96                         | \$18,120                      | 900                       |
| <p>The START Community Program</p> <p>Provide services including support groups, educational lectures, counseling, coping skills practice, and other resource referral to adults (and their loved ones) who have suffered a stroke, brain injury, spinal cord injury, Parkinson's disease, and/or other Neurological conditions. Sponsored by Scripps Encinitas Rehabilitation Services.</p>                                                                                                                                                                                                                                                            | 1,000                  | 20                         | \$38,500                      | 800                       |

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| <p>The Whittier Mobile Medical Unit (MMU)</p> <p>This 40 foot mobile unit is equipped with two exam rooms, a lab and a retinal camera. State of the art telecommunications equipment enables unit staff to send test results to a physician's office for review in minutes. Each year the unit provides dietary education, random blood glucose, BMI, cholesterol, retinal, blood pressure and body fat analysis screenings throughout San Diego County. During FY07 there were 800 patient screenings, 400 retinal screenings and 5 large scale community health fairs to promote Scripps programs and provide preventative health awareness.</p> | 500                    | N/A                        | \$30,481                      | 1,200                     |
| <p>TNTL Policies and Journal Review</p> <p>One day educational program to review current evidence based information pertinent to the trauma resuscitation phase of care. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                                                                                                                                                                                                                                                                                                                                 | 19                     | 21                         | \$1,592                       | 14                        |
| <p>Trauma 101</p> <p>One day educational program designed for nurses new to the care of the trauma patients. This course covers concepts related to providing care to trauma patients in the resuscitation phase. Patient assessment, diagnostic tests, and management are presented and discussed. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                                                                                                                                                                                                      | 100                    | N/A                        | \$6,310                       | 27                        |
| <p>Trauma Awareness Day</p> <p>Trauma Awareness Day is held to promote national awareness of trauma prevention. Participants from the SD County Sherriff's office Search and Rescue Team, Del Mar Life Guards, and AMR ambulance displayed information regarding their specialty. In addition, there were multiple displays that dealt with car child safety restraints, beach, ocean and water safety; bike, skateboard and helmet safety. Sponsored by SMH La Jolla, Trauma department.</p>                                                                                                                                                      | 16                     | N/A                        | \$604                         | 125                       |

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| <p>Trauma Journal Club</p> <p>This 1 1/2-hour educational program is designed for all health care personnel involved in the care of trauma patients. Journal articles on a specific trauma patient care topic are selected for an in-depth discussion by members of the Trauma Team. Sponsored by Scripps Mercy Hospital, Trauma Services.</p>                   | 4                      | 12                         | \$750                         | 33                        |
| <p>Trauma Nurse Core Curriculum</p> <p>Two day educational program designed for nurses requiring an advanced curriculum in the care of trauma patients. Faculty includes trauma nurse specialists. Supported by Scripps Mercy Hospital, Trauma Services.</p>                                                                                                     | 236                    | N/A                        | \$8,909                       | 192                       |
| <p>Trauma Resuscitation Interdisciplinary Conference</p> <p>Educational program designed for all health care personnel involved in the care of trauma patients. Specific topics relating to trauma patients including patient assessment, diagnostic tests and management are presented and discussed. Sponsored by Scripps Mercy Hospital, Trauma Services.</p> | 40                     | 45                         | \$3,109                       | 104                       |
| <p>Trauma, Critical Care, and Acute Care Surgery Conference: Acute Care Surgery: 2am or 7am state: Can you Temporalize?"</p> <p>This presentation by Michael J. Sise, M.D., discusses the reasons for and against the postponement of a surgical procedure. Supported Scripps Mercy Hospital, Trauma Services.</p>                                               | N/A                    | 30                         | N/A                           | 1,257                     |

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| Trauma, Critical Care, and Acute Care Surgery<br>Conference: "Leaking Abdominal Aortic<br>Aneurysm"<br>This panel presentation by Michael J. Sise, M.D.,<br>describes the medical-surgical management a leaking<br>abdominal aneurysm. Supported Scripps Mercy<br>Hospital, Trauma Services.                                                                                                                                                            | N/A                    | 30                         | N/A                           | 1,257                     |
| Trauma, Critical Care, and Acute Care Surgery<br>Conference: "Annual Trauma Debate"<br>This presentation, moderated by Michael J. Sise M.D.,<br>discusses the pros and cons of using the open<br>extraperitoneal pelvic packing surgical procedure in<br>the management of pelvic fracture with serious<br>hemorrhage. Supported by Scripps Mercy Hospital,<br>Trauma Services.                                                                         | N/A                    | 30                         | N/A                           | 1,257                     |
| U.S. Navy Nursing Orientation: Introduction to<br>Critical Care<br>Two day educational program designed for navy<br>nurses and clinicians new to the care of the trauma<br>patient. This 16-hour course covers concepts related<br>to providing care to trauma patients in the<br>resuscitation phase. Patient assessment, diagnostics<br>tests and management are presented and discussed.<br>Sponsored by Scripps Mercy Hospital, Trauma<br>Services. | 52                     | N/A                        | \$2,763                       | 17                        |
| U.S. Navy Nursing Preceptorship<br>An intense clinical immersion program for Navy<br>Nurses preparing to deploy to "forward platforms".<br>This program emphasizes trauma resuscitation<br>priority setting and clinical leadership skills. Supported<br>by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                    | 119                    | N/A                        | \$4,492                       | 3                         |

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| U.S. Navy Resident Trauma Training Program<br>Comprehensive graduate medical education in trauma and surgical critical care for Naval Hospital San Diego surgery and emergency medicine residents at the Post Graduate Year levels 1, 2, and 4. Sponsored by Scripps Mercy Hospital, Trauma Services. | 113                    | 2,730                      | \$8,644                       | 74                        |
| U.S. Navy Trauma Training Program<br>Comprehensive education program in trauma and surgical critical care for Navy Physicians Assistants students enrolled at the Naval School of Health Sciences, San Diego. Sponsored by Scripps Mercy Hospital, Trauma Services.                                   | 15                     | 364                        | \$566                         | 7                         |
| Under-Reimbursed Care<br>Each year Scripps accepts CMS, Medi-Cal and Medi-Cal HMO, Medicare and Medicare HMO patients for whom health care services are reimbursed below the cost of care.                                                                                                            | N/A                    | N/A                        | \$171,837,467                 | N/A                       |
| United Way CHAD Campaign<br>Fundraiser to fund social service agencies supported by the United Way. Sponsored by the ScrippsAssists employee volunteer program. During FY07, 188 Scripps employees contributed to the United Way CHAD campaign, helping to raise over \$29,530.                       | 10                     | N/A                        | \$29,530                      | 188                       |
| University College Dublin Medical Student Rotation<br>A comprehensive month long medical education rotation in trauma and surgical critical care for medical students enrolled at the University College of Dublin, Ireland. Sponsored by Scripps Mercy Hospital, Trauma Services.                    | 8                      | 182                        | \$3,302                       | 4                         |

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| USC Trauma/Critical Care Symposium: "Iliac Vascular Injuries"<br>This course, "Iliac Vascular Trauma", is offered by Michael J. Sise, M.D., to surgeons and nurses to update their knowledge and skill in trauma care. Supported Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                                                                                                                                             | N/A                    | 8                          | N/A                           | 200                       |
| USC Trauma/Critical Care Symposium: "Pack and Go: To Angiography"<br>This course, "Pack and Go: To Angiography", is offered by Michael J. Sise, M.D., to surgeons and nurses to update their knowledge and skill in trauma care. Supported Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                                                                                                                                   | N/A                    | 8                          | N/A                           | 200                       |
| War Surgery Course "Vascular Trauma"<br>This course, "Vascular Trauma" is offered by Michael J. Sise, M.D., to Navy surgeons to update their knowledge and skill in trauma care. Supported Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                                                                                                                                                                                   | N/A                    | 4                          | N/A                           | 15                        |
| Welcome Back Center<br>During FY07, Scripps Mercy Hospital San Diego continued a partnership with the Welcome Back Center to enhance a program that has been successful at Grossmont Hospital. The Welcome Back Center is an International Health Worker Assistance Center that addresses racial and ethnic disparities in the healthcare workforce by training internationally-trained immigrants. In FY07, Scripps sponsored thirty (30) internationally - trained health care professionals, participating in the interviewing and screening process to enable them to acquire an Associate Degree in Nursing in a fourteen-month (14) time frame. | N/A                    | N/A                        | \$180,000                     | 30                        |

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------|-------------------------------|---------------------------|
| Wichita State University College of Health Professions Physician Assistant Program<br>Comprehensive 8 weeks of medical education in trauma and surgical critical care for Physicians Assistants students enrolled at the Wichita State University College of Health Professions Physician Assistant Program. Sponsored by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                  | 7                      | 182                        | \$264                         | 1                         |
| Work Force Development - Non-Nursing - SMH LJ<br>Scripps Memorial Hospital La Jolla provides training for students in various clinical and non-clinical courses of study and from numerous learning institutions within the departments of the hospital. Some of the departments hosting such students are Rehab Services, Respiratory Care, Radiology, Cardiovascular Lab, Social Services, Food and Nutrition Services, Executive Health, Cardiac Treatment Center and the Operating Room.                                                                                                                        | 176                    | N/A                        | \$6,644                       | 88                        |
| Work Force Development - Nursing - SMH LJ<br>Scripps Memorial Hospital La Jolla provides clinical sites for nursing student clinical rotations in virtually all clinical areas of the hospital such as Radiation Oncology, Cardiac Treatment Center, ICU, Labor and Delivery, Breast Care Center, Emergency Dept., Operating Room, etc. Also provided are preceptorships for senior nursing students in the same clinical areas. This year Scripps also hired 50 nurse externs, an elective course with the college which enables the student to take on a paid position with the hospital and earn college credit. | 27,360                 | N/A                        | \$1,032,849                   | 562                       |
| Youthful Drinking and Driving Program<br>A four-hour supervised trauma visitation program for young drivers ages 14 and up to show them the realistic consequences of driving under the influence. Participants visit the Trauma Room, ER, ICU, CAT Scan and other hospital areas. Co-sponsored by Scripps Mercy Hospital, Trauma Services.                                                                                                                                                                                                                                                                         | 70                     | N/A                        | \$2,642                       | 128                       |

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| YWCA Tribute to Women and Industry<br>Funding to benefit victims of domestic violence.<br>Funding supports shelter services for women and<br>their families, violence prevention programs and child<br>care services. Sponsored by Scripps Community<br>Benefit Services. | 2                      | N/A                        | \$3,750                       | N/A                       |
| Totals                                                                                                                                                                                                                                                                    | 164,847                | 23,782                     | \$249,311,974                 | 684,046                   |

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